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**Lectures for Physicians**

- 1 \_\_\_\_ “Prescribing Creativity\*” **Lara Salyer, DO, IFMCP**
- 2 \_\_\_\_ “Ayurveda and Osteopathy\*” **Wesley C. Lockhart, DO**
- 3 \_\_\_\_ “Osteopathic Considerations in Voice Disorders\*”  
**Sajid A. Surve, DO**
- 4 \_\_\_\_ “Osteopathic Principles and the Energy Body\*”  
**Dana Christopher Anglund, DO**
- 5 \_\_\_\_ “Fascia\*” **Frank H. Willard, PhD**
- 6 \_\_\_\_ “Gait Analysis and Treatment of the Foot\*”  
**Lino Cedros, ATC, CAMTC, SP, MT**
- 7 \_\_\_\_ “Movement Is Medicine: Developmental Movement  
Patterns and Muscle Imbalance\*”  
**Jordan Ann Keys, DO; Susan Milani, DO**
- 8 \_\_\_\_ “FDM Unifying Osteopathy—How the Model Fits Today”  
**Todd A. Capistrant, DO, MHA**
- 9 \_\_\_\_ “Sculpt Your Brain: Nutrition\*” **Lara Salyer, DO, IFMCP**
- 10 \_\_\_\_ “Reintegration of Functional Movement of the Upper  
Quarter\*” **Lisa Ann DeStefano, DO**
- 11 \_\_\_\_ “Techniques of the Masters\*” **R. Todd Dombroski, DO**
- 12 \_\_\_\_ “Prolotherapy\*” **Mark S. Cantieri, DO, FAAO**

**Lectures for Physicians and Students**

- 13 \_\_\_\_ “An Osteopathic Approach to Soft Tissue Pain Syndromes\*”  
**Karen T. Snider, DO, FAAO, FNAOME**
- 14 \_\_\_\_ “An Osteopathic Approach to Palliative and Hospice Care”  
**Veera Neville Motashaw, DO**
- 15 \_\_\_\_ “Re-exploring the Osteopathic Lesion”  
**John C. Coppinger, DO**
- 16 \_\_\_\_ “A Concept and Application of Myofascial Release and  
Integrated Neuromuscular Release\*”  
**Darren L. Grunwaldt, DO**
- 17 \_\_\_\_ Evening With the FAAO’s: “Making Osteopathy Work for  
You: Creative Approaches to Manipulative Techniques”  
**Laura E. Griffin, DO, FAAO, moderator**

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- 18 \_\_\_\_ Harold A. Blood, DO, FAAO, Memorial Lecture:  
“Osteopathic Approach to Patient Care\*”  
**Karen T. Snider, DO, FAAO, FNAOME**

**Lectures for Students**

- S 1 \_\_\_\_ “Osteopathic Approach to Medical Acupuncture”  
**Yein Lee, DO, MMS, FAAPMR** (Includes Welcome and  
Introduction, **Danielle D. Dukes, OMS IV, SAAO Executive  
Council chair**)
- S 2 \_\_\_\_ “Sutural Cranial Osteopathic Technique\*”  
**Lisa Ann DeStefano, DO**
- S 3 \_\_\_\_ “Neuroanatomy Behind Acupuncture\*”  
**Frank H. Willard, PhD**
- S 4 \_\_\_\_ “Medicinal Plants That Complement OMT\*”  
**David Beatty, DO**
- S 5 \_\_\_\_ “Supplemental Modalities for Pain Relief in Out-Patient  
Practice\*” **Joshua Heath Dalton, DO**
- S 6 \_\_\_\_ “Sculpt Your Brain: Nutrition\*” **Lara Salyer, DO, IFMCP**
- S 7 \_\_\_\_ “Osteopathy and the Energy Body\*”  
**Dana Christopher Anglund, DO**

*\*Indicates lecture slides are available.*



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Lectures for Physicians

- 1 \_\_\_\_ "Effects of CV4 on Rodent Model of Alzheimer's Disease," **Blaise M. Costa, MPharm, PhD** (Includes Welcome and Introduction, **Rebecca E. Giusti, DO**, program chair)
- 2 \_\_\_\_ "Visceral Motion: The Evidence," **Kenneth J. Lossing, DO**
- 3 \_\_\_\_ "Update on Research in Plagiocephaly," **Hollis H. King, DO, PhD, FAAO, FCA**
- 4 \_\_\_\_ "In-Patient OMT," **Brian Loveless, DO**
- 5 \_\_\_\_ "Anatomy and Pathophysiology of Head Trauma," **Frank H. Willard, PhD**
- 6 \_\_\_\_ "Concussion Research Update: Why OMT Is Necessary for Our Athletes," **P. Gunnar Brolinson, DO**
- 7 \_\_\_\_ "OMT in the NICU: A New Frontier in Osteopathic Medicine," **Gianfranco Pizzolorusso, DO (Italy)**
- 8 \_\_\_\_ "Exploring the Neurobiology of Mind-Body-Spirit Unity," **Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME**
- 9 \_\_\_\_ "Innovations in Education: How Our Students Are Learning," **Forum: Jesús Sanchez Jr., DO; Eric J. Snider, DO; Yein Lee, DO, MMS; Kevin D. Treffer, DO**
- 10 \_\_\_\_ "Living Anatomy: Implications of Respiration," **Pamela Lee Wilson, DO**
- 11 \_\_\_\_ "Coccydynia: Evaluation and Treatment," **Bobby Nourani, DO**
- 12 \_\_\_\_ "Limitless DOs," **Alexandra Myers, DO**

Lectures for Physicians and Students

- 13 \_\_\_\_ "Is Osteopathic Scholarly Work Possible?" **Robert W. Hostoffer, DO, LhD, FAAP, FACOP, FACOI, FCCP**
- 14 \_\_\_\_ "Multiple Modality Care for Chronic Low Back Pain: A Quality Improvement Project," **Bobby Nourani, DO**
- 15 \_\_\_\_ "DO-Touch.NET Update," **Brian F. Degenhardt, DO**
- 16 \_\_\_\_ "State of the Osteopathic Profession: Where Are We Now and How Do We Expand Into the Future," **Brian Loveless, DO**

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- 17 \_\_\_\_ Evening With the FAAO's: "Elementary, my dear Watson,"—Finding Osteopathic Edges in Patient Care, **David B. Fuller, DO, FAAO, moderator**
- 18 \_\_\_\_ Harold A. Blood, DO, FAAO, Memorial Lecture: "The Joy in Our Hands: Osteopathy as the Key to Lifelong Practice Satisfaction," **Laura E. Griffin, DO, FAAO**

Lectures for Students

- S 1 \_\_\_\_ "ABC's of Osteopathic Medicine: How to Organize Your Patient Approach," **Victor Nuño, DO** (Includes Welcome and Introduction, **Paula M. Archer, OMS IV, SAAO Executive Council chair**)
- S 2 \_\_\_\_ "Anatomy and Pathophysiology of Head Trauma," **Frank H. Willard, PhD**
- S 3 \_\_\_\_ "Fascial Distortion Model," **Angela Lim, DO**
- S 4 \_\_\_\_ "Private Osteopathic Medical Practice: Is It for You?" **Francois (Frank) Cyr**
- S 5 \_\_\_\_ "Area of Greatest Restriction," **Edward G. Stiles, DO, FAAODist**
- S 6 \_\_\_\_ "Ligamentous Articular Strain of the Shoulder," **David M. Kanze, DO**
- S 7 \_\_\_\_ "OMT in Practice," **RAAO and NUFA panel**
- S 8 \_\_\_\_ "Osteopathic Approach to Scoliosis," **Richard G. Schuster, DO**



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- 1 \_\_\_\_ “The Integration of Legend and Evidence,” **Brian F. Degenhardt, DO** (Includes Welcome and Introduction, **David R. Boesler, DO**, program chair)
- 2 \_\_\_\_ “Legacies From Anne Wales, DO,” **Jane E. Carreiro, DO**
- 3 \_\_\_\_ “Legacies From Viola Frymann,” **Hollis H. King, DO, PhD, FAAO**
- 4 \_\_\_\_ “Myofascial Release: The Beginnings of an Osteopathic Renaissance,” **Judith A. O’Connell, DO, MHA, FAAO**
- 5 \_\_\_\_ “Neuroanatomy: An Osteopathic Approach,” **Andrew Vosko, PhD**
- 6 \_\_\_\_ “Direct or Indirect: The Influences of Drs. Lawrence Jones and David Patriquin,” **John C. Glover, DO, FAAO**
- 7 \_\_\_\_ “The Legacy of Stanley Schiowitz, DO, FAAO,” **Dennis J. Dowling, DO, MA, FAAO**
- 8 \_\_\_\_ “Legacies From Sara Sutton,” **Richard G. Schuster, DO**
- 9 \_\_\_\_ “Legacies from Greenman/Michigan,” **Lisa Ann DeStefano, DO**
- 10 \_\_\_\_ “Chicago Legacies: Kappler/Larson/Walton/Nelson,” **Ann L. Habenicht, DO, FAAO, FACOFP**
- 11 \_\_\_\_ “Legacies of Zink/TePoorten,” **Mark S. Cantieri, DO, FAAO**
- 12 \_\_\_\_ “Legacies of Nicholas/Heilig/Cathie/D’Alonzo,” **Alexander S. Nicholas, DO, FAAODist**

**Lectures for Physicians and Students**

- 13 \_\_\_\_ “Korr and Denslow: Stretch Receptors in Facilitation and Recent Research,” **Mark A.W. Andrews, PhD**
- 14 \_\_\_\_ “Spiritual Principles of Osteopathy and Legacies Via Texas,” **John M. Jones, DO**
- 15 \_\_\_\_ “Great Lessons From My Two Greatest Mentors: James R. Stookey, DO, and Richard H. Still, DO,” **Karen M. Steele, DO, FAAO**
- 16 \_\_\_\_ “Past Legacies and the Future of Our Profession,” **Boyd R. Buser, DO, FACOFP**
- 17 \_\_\_\_ Evening With the FAAO’s: Something Different, **Dennis J. Dowling, DO, MA, FAAO**, moderator
- 18 \_\_\_\_ Harold A. Blood, DO, FAAO, Memorial Lecture: “Is Osteopathy Relevant Today?” **John C. Glover, DO, FAAO**

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**Lectures for Students**

- S 1 \_\_\_\_ “Legends’ Technique: The Techniques of Stan Schiowitz/ Giovanna and Their Application Today,” **Dennis J. Dowling, DO, MA, FAAO** (Includes Welcome and Introduction, **Amber M. Brown, OMS IV, SAAO Executive Council chair**)
- S 2 \_\_\_\_ “Fascial Distortion Model: Changing Paradigms and Expanding Your Toolbox,” **Todd A. Capistrant, DO, MHA**
- S 3 \_\_\_\_ “Osteopathic Approach to the Immune System,” **William H. Devine, DO**
- S 4 \_\_\_\_ “Prolotherapy,” **Mark S. Cantieri, DO, FAAO**
- S 5 \_\_\_\_ “Legends’ Technique—Chapman’s Reflexes: A Whole Body Approach,” **John D. Capobianco, DO, FAAO**
- S 6 \_\_\_\_ “Visceral Osteopathy and Techniques,” **Kenneth J. Lossing, DO**
- S 7 \_\_\_\_ “Integrative Medicine,” **Robert N. Agnello, DO, FACOFP**
- S 8 \_\_\_\_ “Neuroanatomy—An Osteopathic Approach,” **Andrew Vosko, PhD**
- S 9 \_\_\_\_ Harold A. Blood, DO, Memorial Lecture: “Is Osteopathy Relevant Today?” **John C. Glover, DO, FAAO**
- S 10 \_\_\_\_ “Legends’ Technique: The Techniques of Sara Sutton and Their Application Today,” **Richard G. Schuster, DO**



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**Lectures for Physicians**

- 1 \_\_\_\_ Welcome and Introduction, **Natalie Ann Nevins, DO, MSHPE**, program chair, and “The Glymphatic System in the Aging Brain: Sleep, Waste and Neurodegeneration,” **Jeffrey Illiff, PhD**
- 2 \_\_\_\_ “An Overview of Cranial and Cervical Lymphatic Drainage,” **Frank Willard, PhD**
- 3 \_\_\_\_ “The Art and Science of OMT During Pregnancy,” **Kendi L. Hensel, DO, PhD**
- 4 \_\_\_\_ “Impact of OMT on GI Tract Conditions,” **Hollis H. King, DO, PhD, FAAO**
- 5 \_\_\_\_ “Using Advanced Technology to Better Diagnose Somatic Dysfunction,” **Larry Smarr, PhD, and Michael James Kurisu, DO**
- 6 \_\_\_\_ “Being an Osteopathic Physician in the 21st Century,” **Brian F. Degenhardt, DO**
- 7 \_\_\_\_ “Treating the Sole: the Effects of Gait on Energy Expenditure,” **Millicent King Channell, DO, FAAO**
- 8 \_\_\_\_ “OMT for Tinnitus: Evidence-Based Applications,” **Joshua Alexander, DO, MPH**
- 9 \_\_\_\_ “A Rational Approach to Diagnosing and Treating Somatic Dysfunction,” **Raymond J. Hurby, DO, FAAODist**
- 10 \_\_\_\_ “Utilizing Embryology in Osteopathy,” **David M. Kanze, DO**
- 11 \_\_\_\_ “Exploring Fluid Dynamics of the Cranium and OMT,” **Rebecca E. Giusti, DO**
- 12 \_\_\_\_ “Chronic Myofascial Pain, Spinal Segmental Sensitization and Needling Strategies,” **Jay P. Shah, MD**

**Lectures for Physicians and Students**

- 1 \_\_\_\_ Evening With the FAAO’s: The Balance Point: Bridging the Science and Art of Osteopathic Medicine Across Generations, **George J. Pasquarello, DO, FAAO**, moderator, with distinguished panelists
- 14 \_\_\_\_ Harold A. Blood, DO, FAAO, Memorial Lecture, **Michael P. Rowane, DO, MS, FAAO, FAAFP**, 2016-17 AAO President-elect
- 15 \_\_\_\_ “Osteopathic Research: Costs and Public Health Requirements: Need for ‘Balance,’” **Francesco Cerritelli**
- 16 \_\_\_\_ “Exploring the Effect of Osteopathic Medicine on the Lymphatic System,” **Lisa Hodge, PhD**

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- 17 \_\_\_\_ “Food as Medicine,” **Lynn Lafferty, PharmD, ND, MBA**
- 18 \_\_\_\_ Research panel discussion, **Francesco Cerritelli; Lisa Hodge, PhD; and Lynn Lafferty, PharmD, ND, MBA**

**Lectures for Students**

- S 1 \_\_\_\_ “Cervical Lymphatic Anatomy,” **Frank Willard, PhD**
- S 2 \_\_\_\_ “Introduction to the Fascial Distortion Model,” **Todd A. Capistrant, DO**
- S 3 \_\_\_\_ “OMT in the Acute Care Setting,” **David C. Mason, DO, MBA, FACFP**
- S 4 \_\_\_\_ “A Residency Director Panel on the Single Accreditation and How to be Competitive,” **Lisa Ann DeStefano, DO**
- S 5 \_\_\_\_ “Osteopathic Problem Solving: A Complex Adaptive Science and Tensegrity Approach,” **Edward G. Stiles, DO, FAAO**
- S 6 \_\_\_\_ “Exploring A.T. Still’s Key Lesion Concept Through Modern Science,” **Charles A. Beck, DO, FAAO**
- S 7 \_\_\_\_ “PAAO Self Care,” **Leah M. Welsh, DO; Anthony C. Bianco II, DO; and Travis J. Gordon, DO**
- S 8 \_\_\_\_ “Perform Like a Rock Star on the Boards and the Wards,” **Joshua Courtney, DO**



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#### Lectures for Physicians

- 1 \_\_\_\_ Welcome and Introduction, **Millicent King Channel, DO, FAAO**, and "Fascia and Headache," **Frank H. Willard, PhD**
- 2 \_\_\_\_ "A Specific Osteopathic Treatment for Chronic Fatigue and Fibromyalgia: Six Fundamental Osteopathic Lesions and One Constant 'Emotional' Lesion," **Bruno J. Chikly, MD, DO**
- 3 \_\_\_\_ "Neuroanatomic and Neurophysiologic Understanding of Mood Disorders," **Teodor Huzij, DO**
- 4 \_\_\_\_ "Postpartum Depression and the Core Link," **Candice C. Boyer, DO**
- 5 \_\_\_\_ "Adversity, Trauma, Resiliency and Health: Recent Findings and Developments," **David L. Corwin, MD**
- 6 \_\_\_\_ "Osteopathic Clinical Approaches to Emotion," **Kenneth J. Lossing, DO**
- 7 \_\_\_\_ "Nutrition and Mood," **Kellie Hill**
- 8 \_\_\_\_ "The Headache of Getting Paid for What You Do," **Douglas J. Jorgensen, DO, CPC, FAAO, FACOFP**
- 9 \_\_\_\_ Magoun Memorial FAAO-NUFA Forum, **George J. Pasquarello, DO, FAAO, moderator**
- 10 \_\_\_\_ "Sleep and Somatic Dysfunction," **Heather P. Ferrill, DO, MS MEDL**
- 11 \_\_\_\_ "An Osteopathic Approach to Mental Health Through Exercise and Movement," **Stacey L. Pierce-Talsma, DO, MS, FNAOME**
- 12 \_\_\_\_ "Neurovisceral Integration and OMT," **Michael L. Kuchera, DO, FAAO**

#### Lectures for Physicians and Students

- 13 \_\_\_\_ "Homeopathy and Mood Disorders," **Jill E. Moorcroft, DO**
- 14 \_\_\_\_ "Single Accreditation Update," **AOA President-elect Boyd R. Buser, DO, FACOFP**
- 15 \_\_\_\_ "Psychological Considerations in Pain: Supraspinal Pain Modulation and Implications for Optimal Treatment of the Patient in Pain," **Amy Williams, PhD**
- 16 \_\_\_\_ "Is It Better to Burn Out Than to Fade Away?" **Eric J. Snider, DO**

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- 18 \_\_\_\_ "Evening With the FAAOs: Where to Begin," **G. Bradley Klock, DO, FAAO, and panelists**

#### Lectures for Students

- S 1 \_\_\_\_ "The Power of Vulnerability," a TED Talk by Brene Brown and discussion with **Lisa Ann DeStefano, DO**
- S 2 \_\_\_\_ "Bullying: It Doesn't End After Grade School—A Discussion of OMS and Resident Abuse," **R. William Taylor, DO**
- S 3 \_\_\_\_ "Preparing for the Residency and Match," **Joshua Courtney, DO**
- S 4 \_\_\_\_ "Postpartum Depression and the Core Link," **Candice C. Boyer, DO**
- S 5 \_\_\_\_ "Allostasis and the Link of Mind-Body to Autonomics and the Immune System," **Frank H. Willard, PhD**
- S 6 \_\_\_\_ "It Hurts So Good: An Introduction to the Fascial Distortion Model (FDM)," **Todd A. Capistrant, DO, MHA**
- S 7 \_\_\_\_ "Sleep Hygiene," **Heather P. Ferrill, DO, MS MEDL**
- S 8 \_\_\_\_ "Osteopathic Research," **Paul Standley, PhD**



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- 1 \_\_\_\_ Welcome and Introduction, **Richard G. Schuster, DO**, program chair; and “The Evolution of the Human Pelvis,” **Tafline Arbor, PhD**
- 2 \_\_\_\_ “The Function of the Spine—Part I,” **Serge Gracovetsky, PhD**
- 3 \_\_\_\_ “Transforming Health and Healing,” **Matthew W. Sanford**
- 4 \_\_\_\_ “Analysis and Correction of Locomotor Dysfunction as It Applies to Autonomic Nervous System Dysregulation,” **Lino Cedros, ATC, CAMTC, SP, MT**
- 5 \_\_\_\_ “The Science of Motor Control Assessment: From Janda to Greenman to the Present,” **Albert J. Kozar, DO, FAOASM, R-MSK**
- 6 \_\_\_\_ “Goethean Science and Osteopathic Research,” **Edward G. Stiles, DO, FAAO**
- 7 \_\_\_\_ “Perspectives on Clinical Osteopathic Teaching,” **Stefan Hagopian, DO, FAAO**
- 8 \_\_\_\_ “Osteopathic Medicine and Ayurveda: Exploring the Intersections of Health and Healing,” **Heather P. Ferrill, DO, MS MEDL**
- 9 \_\_\_\_ “The Timeless Teachings of A.T. Still,” **John R. Lewis, BSc Ost Med (Honors), MSCCO**
- 10 \_\_\_\_ “Promoting Osteopathic Thought in Clinical Education—Every Patient, Every Day,” **Robert A. Cain, DO**
- 11 \_\_\_\_ “What Is Our Future?” **Barbara Ross-Lee, DO, FACOFP**

**Lectures for Physicians and Students**

- 12 \_\_\_\_ Evening With the FAAOs: OMT Techniques Forgotten But Not Lost, **Brett P. Thomas, DO, FAAO**, and panelists
- 13 \_\_\_\_ Harold A. Blood, DO, FAAO, Memorial Lecture, **Hugh M. Ettlinger, DO, FAAO**
- 14 \_\_\_\_ “Complex Science and Osteopathic Practice,” **Edward G. Stiles, DO, FAAO**
- 15 \_\_\_\_ “The Beauty of Simple Osteopathy: Lessons I Have Learned,” **Karen M. Steele, DO, FAAO**
- 16 \_\_\_\_ “Be Where You Are When You Are There,” **Anthony G. Chila, DO, FAAODist, FCA**
- 17 \_\_\_\_ “Life in Motion: A Conclusion,” **Richard G. Schuster, DO**

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- S 1 \_\_\_\_ “Integration of OMM With an MD Preceptor,” **Michael P. Rowane, DO, FAAO**
- S 2 \_\_\_\_ “Total Body Adjustment for Children With Neurological Conditions: Beyond the Treatment Table,” **Jorge Aranda, BSc Ost Med (Honors), MSc Ped Ost**
- S 3 \_\_\_\_ “The Still Technique,” **Dennis J. Dowling, DO, FAAO**
- S 4 \_\_\_\_ “Assessment of OMM and OPP in the COMPLEX-USA Examination Series,” **John R. Gimpel, DO, MEd, FACOFP, FAAFP**
- S 5 \_\_\_\_ “The OMM Standardized Question,” **Lori A. Dolinski, DO, PhD, MSc**
- S 6 \_\_\_\_ “OMT Integration in a Busy Clinical Setting: Making It Happen When There Is Little Time!” **Michael P. Rowane, DO, FAAO**
- S 7 \_\_\_\_ “ACGME Unified Accreditation System: What Will Happen to OMT?” **Boyd R. Buser, DO, FACOFP**
- S 8 \_\_\_\_ “The Future of Osteopathic Medicine—the Single Accreditation System and AOA Rebranding,” **Carisa Champion-Lippmann, OMS V**



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**Lectures for Physicians**

- 1 \_\_\_\_\_ Evening With the FAAOs: Treating Trauma Osteopathically Through the Experts' Eyes, **Michael P. Rowane, DO, FAAO and panelists D. Coffey, DO, FAAO; B. Klock, DO, FAAO; W. Ehrenfeuchter, DO, FAAO; L. Griffin, DO, FAAO; E. Stiles, DO, FAAO; K. Heinking, DO, FAAO; M. Channell, DO, FAAO**
- 2 \_\_\_\_\_ "Mechanism of Injury: The Physics of Trauma and Somatic Dysfunction," **Dennis J. Dowling, DO, FAAO**
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