Embracing Integration: Creativity in Osteopathic Medicine

J’Aimee Anne Lippert, DO
program chair

March 11-15 • The Broadmoor • Colorado Springs
A luxurious retreat conveniently located just minutes from downtown Colorado Springs, The Broadmoor is the pinnacle of meeting locations in North America. The lush 3,000 acres are easily accessible, with nonstop flights from Los Angeles, San Francisco, Chicago, Atlanta, Dallas and Phoenix directly to Colorado Springs Airport, or from anywhere in the United States through Denver International Airport, just 90 minutes away.

Non-student attendees should make their Broadmoor reservations online at book.passkey.com/go/AAO2020.

Student attendees should make their Broadmoor reservations online at book.passkey.com/go/AAOSTUD.

To make your reservations by phone, call 855-634-7711 and use booking code AAO2020.

AAO rates start at $189 per night plus the daily resort fee. All reservations have a 1-night nonrefundable deposit and an additional 1-night penalty if canceled fewer than 7 days in advance.
Osteopathic medicine provides patients, physicians and communities the opportunity to explore health from all perspectives, and it integrates mind, body and spirit into the provision of care and education. The 2020 Convocation, in the inherently inspirational setting of Colorado Springs, will provide experiences for integrating such concepts as nutrition, functional medicine, movement therapy, exercise prescription, injection modalities, and team care approaches into the osteopathic care of patients and self-care of physicians.

Attendees will learn through energizing lectures and interactive workshops how to implement innovations in their own practice of osteopathic medicine, and they will leave with practical knowledge and confidence in implementing these ideas directly with their patients. There also will be time dedicated to expanding personal wellness and exploring individual health transformation.

Additionally, osteopathic educators will have opportunities to explore innovations in the changing environment of medical education as we extend osteopathic medicine into a broader arena.

Although Convocation doesn’t officially start until Wednesday evening, we hope you will consider attending one of the three optional pre-Convocation courses that run from Sunday through Tuesday. Separate registration is required.

Daylight saving time starts Sunday, March 8, so don’t forget to set your clocks forward one hour on Saturday night!

**Sunday, March 8**  
(All times are Mountain)

8:30 a.m.–6 p.m.  
Pre-Convocation Course—Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model—Bruno Chikly, MD, DO (France), course director (Separate registration required. See Page 21.)

8:30 a.m.–6 p.m.  
Pre-Convocation Course—Cranial Nerve Course—Kenneth J. Lossing, DO (Separate registration required. See Page 23.)

1–5 p.m.  
Pre-Convocation Course—Pediatric Manual Medicine—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEdL. (Separate registration required. See Page 22.)

**Monday, March 9**

8 a.m.–5 p.m.  
Pre-Convocation Course—Pediatric Manual Medicine—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEdL. (Separate registration required. See Page 22.)

8:30 a.m.–6 p.m.  
Pre-Convocation Course—Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model—Bruno Chikly, MD, DO (France), course director (Separate registration required. See Page 21.)

8:30 a.m.–4:30 p.m.  
Pre-Convocation Course—Cranial Nerve Course—Kenneth J. Lossing, DO (Separate registration required. See Page 23.)

**Tuesday, March 10**

8 a.m.–5 p.m.  
Committee on Fellowship in the AAO meeting and interviews

8 a.m.–5 p.m.  
Pre-Convocation Course—Pediatric Manual Medicine—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEdL. (Separate registration required. See Page 22.)

8:30 a.m.–4 p.m.  
Pre-Convocation Course—Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model—Bruno Chikly, MD, DO (France), course director (Separate registration required. See Page 21.)

8:30 a.m.–4:30 p.m.  
Pre-Convocation Course—Cranial Nerve Course—Kenneth J. Lossing, DO (Separate registration required. See Page 23.)

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AAO Annual Business Meeting and Luncheon

The AAO’s full members should plan to attend the AAO’s annual business meeting and luncheon on Thursday, March 12, from 11:45 a.m. to 2:15 p.m. At the meeting, AAO officers will present annual reports, and voting members will have the opportunity to elect new leaders. In addition, 2019-20 AAO President Kendi L. Hensel, DO, PhD, FAAO, will present the Academy Award, which recognizes individuals outside of the Academy who have profoundly contributed to the profession, and the AAO’s Resident of the Year award.

To cast your vote for the Academy’s leaders, bring a cell phone, tablet or other mobile device with texting capabilities. The AAO will not provide paper ballots this year.

Submit your registration no later than Feb. 20 to ensure your lunch reservation. Members who register after Feb. 20 are invited to attend the meeting, but they will not be served a meal.

Members not registered for Convocation but wishing to attend the business meeting should email AAO Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org by March 1.

Embracing Integration: Creativity in Osteopathic Medicine

DO-Touch.NET’s Annual Meeting at Convocation

The A.T. Still Research Institute in Kirksville, Missouri, will host its annual meeting of its practice-based research network, DO-Touch.NET, at The Broadmoor on Tuesday, March 10, from 6 to 9 p.m. and on Wednesday, March 11, from 8 a.m. to noon.

Current members and those interested in promoting or conducting practice-based research with an emphasis on osteopathic manipulative medicine are welcome to attend. The Tuesday evening program will be designed specifically for residents and residency directors who are interested in promoting research in their programs.

Registration and payment for the DO-Touch.NET Annual Meeting and Educational Seminar is separate from that of Convocation. Please visit www.DO-Touch.NET to learn more about registration and programming.

AAO Annual Business Meeting and Luncheon

The AAO’s full members should plan to attend the AAO’s annual business meeting and luncheon on Thursday, March 12, from 11:45 a.m. to 2:15 p.m. At the meeting, AAO officers will present annual reports, and voting members will have the opportunity to elect new leaders. In addition, 2019-20 AAO President Kendi L. Hensel, DO, PhD, FAAO, will present the Academy Award, which recognizes individuals outside of the Academy who have profoundly contributed to the profession, and the AAO’s Resident of the Year award.

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Members not registered for Convocation but wishing to attend the business meeting should email AAO Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org by March 1.

Physicians register online at www.academyofosteopathy.org

Tuesday, March 10 (continued from Page 3)

6–9 p.m. DO-Touch.NET meeting (Separate registration required. See Page 4.)

Wednesday, March 11

8 a.m.–noon AAO Board of Trustees’ meeting
8 a.m.–noon DO-Touch.NET meeting (Separate registration required. See information to the right.)
8 a.m.–6 p.m. American Fascial Distortion Model Association examinations
10 a.m.–8 p.m. Convocation registration open
11 a.m.–1 p.m. Residents’ in-training written exam
Noon–1 p.m. AAO leadership luncheon (invitation only)
Noon–4 p.m. Ed Stiles study group
All attendees are invited to hear Dr. Stiles’ update on the latest data he has gathered on sequencing.
1–4 p.m. AAO Board of Governors’ meeting
2–5 p.m. Residents’ in-training practical exam
4–5 p.m. AAO Investment Committee’s meeting
4–7 p.m. National Undergraduate Fellows Association’s program (NUFA members only)
5–7 p.m. Opening reception in the exhibit hall
5–7 p.m. Osteopathic Education Service open (see Page 8)
5–7 p.m. SAAO silent auction (see Page 13)
7–9 p.m. Evening With the FAAOs, Laura E. Griffin, DO, FAAO (moderator)
All registered attendees are invited to this event to learn tips and tricks from some of the luminaries of the profession.
9–10 p.m. Mentorship meeting
The AAO Membership Committee will facilitate connecting physician mentors with student protégés. See Page 15.
9–10 p.m. Train the Trainers Workshop
Breakout session facilitators will brief their table trainers on how they want techniques taught at the treatment tables. DOs who would like to volunteer as table trainers are also invited to attend to make arrangements with facilitators.
9–11 p.m. Evening With the Stars
Practicing DOs will share with students pearls that are not taught in osteopathic medical school.

Thursday, March 12

6:30–7:15 a.m. Morning yoga
Wake up with beginner yoga, a gentle, flowing class focused on breath and alignment. Attendees are encouraged to bring mats or towels to use for floor postures.
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Thursday, March 12 (continued from Page 4)

6:30–8 a.m. SAAO Fun Run (Check-in begins at 6 a.m. See Page 13.)
7 a.m.–11:30 a.m. Convocation registration open
7:30 a.m.–7 p.m. Exhibit hall open
7:30–11:30 a.m. Osteopathic Education Service open (see Page 8)
8 a.m.–6 p.m. SAAO silent auction (see Page 13)

Lectures
8–8:05 a.m. Welcome and Introduction, J’Aimee Anne Lippert, DO, program chair
8:05–8:45 a.m. “Prescribing Creativity,” Lara Salyer, DO, IFMCP
8:45–9:30 a.m. “Ayurveda and Yoga With Osteopathy,” Heather P. Ferrill, DO, MS MEdL
9:30–10:15 a.m. “Addressing Inflammation Through the Lymphatic System: Treatment of the Piston,” David M. Kanze, DO, FAAO
10:15–11 a.m. “Osteopathic Principles and the Energy Body,” Dana Christopher Anglund, DO
11 a.m.–1:30 p.m. Lunch in the exhibit hall
Get lunch on the go. Purchase prepaid lunch vouchers or use cash on-site. See Page 10.
11:45 a.m.–2:15 p.m. AAO annual business meeting and luncheon (ticket required)
Register by Feb. 20 to reserve your meal. To vote for elected officials, each full AAO member should bring a cell phone, tablet or other mobile device with texting capabilities. Paper ballot will not be available.
2–7 p.m. Osteopathic Education Service open (see Page 8)
2–8 p.m. Convocation registration open
2:30–4 p.m.—Breakout sessions (ticket required)
01a: “Creative Healing and OMT for the Physician,” Lara Salyer, DO, IFMCP
01b: “Ayurveda and Osteopathic Medicine,” Heather P. Ferrill, DO, MS MEdL
01c: “Osteopathic Principles and the Energy Body,” Dana Christopher Anglund, DO
01d: “Yoga and Osteopathic Manipulation,” Carrie R. Janiski, DO, MS, ATC, NASM-PES
01e: “Addressing Inflammation Through the Lymphatic System,” David M. Kanze, DO, FAAO
4–4:30 p.m. Visit with the exhibitors
4:30–6 p.m.—Breakout sessions (ticket required)
02a: “Creative Healing and OMT for the Physician,” Lara Salyer, DO, IFMCP
02b: “Ayurveda and Osteopathic Medicine,” Heather P. Ferrill, DO, MS MEdL
02c: “Osteopathic Principles and the Energy Body,” Dana Christopher Anglund, DO
02d: “Yoga and Osteopathic Manipulation,” Carrie R. Janiski, DO, MS, ATC, NASM-PES
02e: “Addressing Inflammation Through the Lymphatic System,” David M. Kanze, DO, FAAO
5–6:30 p.m. Foundation for Osteopathic Research and Continuous Education’s board meeting
6–7 p.m. Judging the Research Poster Presentation of the Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association (see Page 18)
6:30–7:30 p.m. Gavel Club reception (former AAO presidents and guests only)
7–8:30 p.m. Louisa Burns Osteopathic Research Committee’s research forum (see Page 6)

Continuing Medical Education

Attendees are responsible for placing the correct attendance tickets in the boxes outside the meeting rooms to verify their attendance at the lectures and breakout sessions.

The AAO anticipates the Convocation will be approved for as many as 34.5 credits of AOA Category 1-A CME.

Anticipated Credits
Lectures and workshops (Thursday through Sunday) 24 credits
Evening With the FAAOs (Wednesday) 2 credits
Evening With the Stars (Wednesday) 2 credits
LBORC research forum (Thursday) 1.5 credits
Evening With the Stars and Stripes (Thursday) 2 credits
Conclave of Fellows (FAAOs only, Saturday) 2 credits
Judging the A. Hollis Wolf Competition (Saturday) 1 credit

Additional Credits for Pre-Convocation Courses
March 8-10
“Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model” 21 credits
“Pediatric Manual Medicine” 20 credits
“Cranial Nerve Course” 21 credits

Additional Credits for Post-Convocation Course
March 15
Program Directors’ Workshop 5.5 credits

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Physicians register online at www.academyofosteopathy.org

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Thursday, March 12 (continued from Page 5)

7–9 p.m. Pediatric special interest group
All attendees interested in pediatric medicine are invited to attend this event.

8–9 p.m. Mentorship meeting
The AAO Membership Committee will facilitate connecting physician mentors with student protégés. See Page 15.

9–11 p.m. Evening With the Stars and Stripes
Practicing DOs and residents will share pearls with students.

Friday, March 13

6:30–7:15 a.m. Morning qigong
Qigong is a holistic system of coordinated body posture and movement, breathing and meditation used for the purpose of health, spirituality and martial arts training. Attendees are encouraged to bring mats or towels to use for floor postures.

7–8 a.m. AAO Osteopathic Education Service Committee’s meeting

7 a.m.–6 p.m. Convocation registration open

7:30 a.m.–noon SAAO silent auction (see Page 13)

7:30 a.m.–5 p.m. Exhibit hall open

8 a.m.–5 p.m. Osteopathic Education Service open (see Page 8)

Lectures

8 a.m.–noon Resident track lectures (see Page 7)

8–9 a.m. “Fascia,” Frank H. Willard, PhD

9–9:45 a.m. “Gait Analysis and Treatment of the Foot,” Lino Cedros, ATC, CAMTC, SP, MT

9:45–10:15 a.m. Visit with the exhibitors


11–11:45 a.m. “FDM Unifying Osteopathy—How the Model Fits Today,” Todd A. Capistrant, DO, MHA

11:45 a.m.–12:30 p.m. “Sculpt Your Brain: Nutrition,” Lara Salyer, DO, IFMCP

11 a.m.–1:30 p.m. Lunch in the exhibit hall

12 noon–3 p.m. SAAO auction item collection (see Page 13)

3 p.m.–3:30 p.m. Get lunch on the go. Purchase prepaid lunch vouchers or use cash on-site. See Page 10.

3:30–4 p.m. Visit with the exhibitors

4–5 p.m. Resident American Academy of Osteopathy’s annual business meeting and luncheon

4–5 p.m. Resident of the American Academy of Osteopathy’s mixer

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LBORC Research Forum: Research Proposal and Mentorship Grand Rounds

On Thursday, March 12, the Louisa Burns Osteopathic Research Committee (LBORC) will host its annual research forum, Research Proposal and Mentorship (RPM) Grand Rounds from 7 to 8:30 p.m. The purpose of this program is to assist physicians and osteopathic medical students in assessing research proposals and to facilitate the outcome of osteopathic research.

The format for this evening is similar to the TV show “Shark Tank” where aspiring investigators at any stage of their careers present their research proposals to the audience and a panel of experienced researchers. The audience directly engages both the investigators and the panelists to help audience members gain valuable pearls to refine their own research questions and identify ways to improve osteopathic research projects. Presenters will receive advice on their projects to increase the rigor of their study, and they have the opportunity for one of the experts to help mentor them during their study. Presenters from previous RPM Grand Rounds will provide status updates on their projects at the beginning of this session.

Researchers interested in presenting proposals should download and submit an application no later than Jan. 31, 2020, to DCole@academyofosteopathy.org. Proposals should clearly define the clinical relevance, research question, and testable hypothesis. They should include an overview of the study design, cohort to be studied, recruitment strategy, methodology, and projected timeline and budget. Learn more at www.academyofosteopathy.org.

Please sign up for the forum when you register online for Convocation. Alternatively, physicians can use the form on Page 11 of this brochure to register for the research forum. Student registration is on Page 19.

You are encouraged to join the members of the LBORC for a very interactive, entertaining session to experience the process of research project development.
Attention Residents:
Look for these RAAO events at the 2020 Convocation!

The RAAO Executive Council is thrilled to announce significant expansions to resident activities based on the well-received inaugural resident lecture track held last year at Convocation 2019!

The 2020 Resident Track will consist of a full day of resident-focused activities at Convocation on Friday, March 13:

★ 8 a.m. to noon • Morning lectures developed specifically for residents based on feedback from last year’s survey. Topics include board certification, integrating scholarly activity into practice, medical innovations, and more. Speakers are David R. Boesler, DO, FAAO; Eileen M. Conaway, DO; Brian F. Degenhardt, DO; R. Todd Dombroski, DO; and Luther D. Quarles IV, DO.

★ 12:30 to 2 p.m. • The RAAO Annual Business Meeting and Luncheon where you have the opportunity to elect your new Executive Council and vote on other important RAAO matters. Please note that space is limited for the luncheon, so register early!

★ 2:30 to 4 p.m. • A combined mixer and job fair, where representatives from schools, hospitals, private practices, and other osteopathic facilities nationwide will be invited to discuss future job opportunities for upcoming graduates. We will also be drawing winners for our fundraising raffle at this event. Enjoy time with your colleagues and plan for the future!

★ 4 to 7 p.m. • The Residency Information Session, an annual event hosted by the AAO’s Postdoctoral Training Committee, where ONMM residency representatives introduce interested students and residents to our ONMM programs and provide opportunities to meet with the program directors, faculty, and current residents.

Look for these events when registering for Convocation 2020! Please also stop by our table in the exhibit hall if you have any questions, to check out our raffle items, or just to say hello.

In the meantime, watch for important updates and announcements and more details of how your RAAO Executive Council is working for you!
Embracing Integration: Creativity in Osteopathic Medicine

Friday, March 13 (continued from Page 7)
8–10 p.m. FAAO dinner (FAAOs and guests only)
9–11 p.m. National Undergraduate Fellows Association’s social (NUFA members only)

Saturday, March 14
6:30–7:15 a.m. Morning yoga
Wake up with beginner yoga, a gentle, flowing class focused on breath and alignment. Attendees are encouraged to bring mats or towels to use for floor postures.

Lectures
8–9 a.m. “Reintegration of Functional Movement of the Upper Quarter,” Lisa Ann DeStefano, DO
9–10 a.m. “Techniques of the Masters,” R. Todd Dombroski, DO
10–11 a.m. “Prolotherapy,” Mark S. Cantieri, DO, FAAO
10 a.m.–noon Conclave of Fellows (FAAOs only)
This event allows FAAOs to present innovative approaches to their peers.
11 a.m.–12:30 p.m. Lunch on your own
11 a.m.–2 p.m. AAO Board of Trustees’ meeting
Noon–3:30 p.m. The Osteopathic Cranial Academy’s board meeting

Have Hands, Will Teach: OES Volunteers Receive CME and Chance to Win Convocation Registration
At the Academy’s Osteopathic Education Service (OES), volunteer physicians provide hands-on demonstrations of osteopathic diagnostic and treatment techniques in both private and group sessions.

DOs from all specialties are invited to volunteer to demonstrate their palpatory and treatment skills at the OES. Volunteers receive 0.5 credit of AOA Category 1-B CME for each demonstration. In addition, for each demonstration a physician provides during the 2020 Convocation, his or her name will be entered into a drawing for complimentary registration for the 2021 Convocation at the Hilton Anatole in Dallas.

After the 2019 Convocation, Andrew I. Schwartz, DO, won the raffle for complimentary registration to the 2020 Convocation. Dr. Schwartz provided 15 demonstrations at the 2019 Convocation.

Contact Bev Searcy, the AAO’s finance and membership liaison, at (317) 879-1881, ext. 212, or at BSearcy@academyofosteopathy.org to volunteer in advance for the OES at the 2020 Convocation.

This is a great opportunity for DOs to share valuable skills and experiences with their peers in a relaxed setting.

Volunteers must have their own professional liability coverage. Demonstrations are for educational purposes only.

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President’s Banquet
You are cordially invited to the 2020 President’s Banquet
Saturday, March 14
7:15 p.m.
1920s • Black tie optional

Purchase your tickets when you register for Convocation.

Find a flapper dress or get out your greatest Gatsby get-up because we are celebrating in 1920s style!
**Post-Convocation Course**

**Residency Program Directors’ Workshop**

On Sunday, March 15, 2020, from 1 to 7 p.m., members of the Postdoctoral Training Committee will facilitate the residency program directors’ workshop. The workshop is designed to address key concepts to assist residency program directors and administrators in their roles as educators. The workshop is open to anyone with an interest in osteopathic neuromusculoskeletal medicine (ONMM) residencies, not just ONMM residency program directors. We also encourage the attendance of program coordinators.

All ONMM residency programs accredited by the American Osteopathic Association (AOA) or by the Accreditation Council for Graduate Medical Education (ACGME) are required to send their program directors or a designated physician faculty to this annual workshop. ONMM residency directors must attend this workshop at least every two years, and new program directors must attend within one year from when their appointment is acknowledged by either the AOA or the ACGME. Intended topics at the 2020 program directors’ workshop will include updates from the American Osteopathic Association and the Accreditation Council for Graduate Medical Education, preparing for the oral portion of the OMM Board Exam, and more.

**Register online** or contact AAO Postdoctoral Liaison Amber Rausch at (317) 879-1881, ext. 216, or at ARausch@academyofosteopathy.org for more information about the workshop.

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**Saturday, March 14 (continued from Page 8)**

**12:30–2:30 p.m.**—Breakout sessions (ticket required)

05a: “Reintegration of Functional Movement,” Lisa Ann DeStefano, DO

05b: “Prolotherapy,” Mark S. Cantieri, DO, FAAO

05c: “Neural Therapy,” Gerald R. Harris, DO

05d: “Techniques of the Masters,” R. Todd Dombroski, DO

05e: “Faculty Development Workshop—Supporting Osteopathic Scholarly Activity,” Robert W. Hostoffer, DO, Lhd, FAAP, FACOP, FACOI, FCCP; Brian Patrick Peppers, DO, PhD; Michael P. Rowane, DO, MS, FAAFP, FAAO

1–2 p.m. Harold A. Blood, DO, FAAO, Memorial Lecture: “Osteopathic Approach to Patient Care,” Karen T. Snider, DO, FAAO

2–4:30 p.m. A. Hollis Wolf Case Presentation Competition (see Page 13)

3–5 p.m.—Breakout sessions (ticket required)

06a: “Reintegration of Functional Movement,” Lisa Ann DeStefano, DO

06b: “Prolotherapy,” Mark S. Cantieri, DO, FAAO

06c: “Neural Therapy,” Gerald R. Harris, DO

06d: “Techniques of the Masters,” R. Todd Dombroski, DO

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**Sunday, March 15**

6:30–8 a.m. The Osteopathic Cranial Academy’s board meeting

**Lectures**

8–9 a.m. “Optimizing Physician Mental Health While Providing OMM,” Teodor Huzij, DO, FACN, AOBFP

9–10 a.m. “An Osteopathic Approach to Palliative and Hospice Care,” Veera Neville Motashaw, DO

10–11 a.m. “Inflammation—Keep It or Treat It? An Evidence-Based Review,” Brianna M. Seefeldt, DO

11 a.m.–noon “Osteopathic Centeredness,” J’Aimee Anne Lippert, DO

Noon Convocation adjourns

1–7 p.m. Post-Convocation Course—Residency Program Directors’ Workshop (Separate registration required. See Page 9.)

*For the most up-to-date schedule, visit www.academyofosteopathy.org.*

Physicians register online at www.academyofosteopathy.org  AAO’s 2020 Convocation • 9
Convocation Meals

Opening Reception
Your registration fee for Convocation includes admittance to the opening reception on Wednesday, March 11. The opening reception is an ideal time to preview exhibits and catch up with old friends. Hot and cold hors d’oeuvres will be served, and a cash bar will be available. In addition, the AAO’s Osteopathic Education Service will be available.

Annual Business Meeting and Luncheon
Academy members in good standing are invited to attend the AAO’s annual business meeting and luncheon on Thursday, March 12. Submit your registration no later than Feb. 20 to ensure your lunch reservation. Members who register after Feb. 20 are invited to attend the meeting, but they will not be served a meal.

Members who are not registered for Convocation but wish to attend the meeting should email AAO Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org by March 1. In this case, meals will not be provided.

Lunch Vouchers
Limited lunch options will be available in the exhibit hall on Thursday and Friday. Pre-sale lunch vouchers, which provide a sandwich or salad along with chips and drink, are available when you register for Convocation online or using Pages 11 or 19 of this brochure. On-site cashiers will accept vouchers or cash only.

President’s Banquet
All tickets for the AAO’s annual president’s banquet, which will take place on Saturday, March 14, must be purchased by Wednesday, March 11.

At the president’s banquet, honorees are recognized, and the incoming president is inaugurated.

The president’s banquet is a formal event. Be mindful if you are bringing young children.

Additional Information
No outside food or beverages are permitted at meal events.

The Academy will provide only those meals that you select when you register online or that you choose when you fill out the forms on Pages 11 and 19. All other meals are on your own. It is strongly recommended that you make dinner reservations well in advance of Convocation if you wish to dine at a specific restaurant on a specific night.

Who May Attend Convocation?
The AAO’s primary educational objective is to provide programs that enhance the philosophical foundation, palpatory diagnostic skills and manipulative techniques of AAO members, nonmember DOs, other individuals who are licensed for the unlimited scope of practice of medicine, and those in programs leading to such licensure.

Although other health care professionals are welcome to learn about osteopathic manipulative medicine (OMM) at AAO programs, attending the AAO’s Convocation or its pre-Convocation courses is not a substitute for graduating from osteopathic medical school and completing graduate medical education. Simply participating in continuing medical education programs in manual techniques does not provide the necessary training and skills to practice OMM.

Support Tomorrow’s Osteopathic Physicians
Contribute to the Nicholas S. Nicholas Fund and subsidize student registration fees. You can donate online, or you can use the mail-in registration form on Page 11 of this brochure.

Convocation Refund Policy
All cancellations must be received in writing.

An administrative fee of 20 percent of the total registration fee will be charged for cancellations made by Feb. 11, 2020.

After Feb. 11, registrants who cancel may apply up to 50 percent of their registration fee to another AAO continuing medical education course that is scheduled within the next 12 months. The remainder of the fee will not be refunded or applied to other AAO courses.

Meal tickets are nonrefundable, and there is no discount for not attending food functions covered by the main registration fee.

To cancel your registration for the 2020 Convocation, the pre-Convocation courses, or the post-Convocation Residency Directors’ Workshop, contact AAO Executive Director Sherri L. Quarles by emailing her at SQuarles@academyofosteopathy.org, faxing her at (317) 879-0563 or writing to her at the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

Physicians register online at www.academyofosteopathy.org
Physician Registration Form
2020 AAO Convocation • March 11-15 • The Broadmoor in Colorado Springs

INSTRUCTIONS IF YOU CHOOSE NOT TO REGISTER ONLINE AT WWW.ACADEMYOFOSTEOPATHY.ORG

1. Type or print clearly in the spaces below.
2. Submit one completed form per registrant by:
   • emailing the form and credit card information to BSearcy@academyofosteopathy.org.
   • faxing the form with your credit card information to (317) 879-0563.
   • mailing it with the appropriate fee to 2020 Convocation, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.
3. By registering for Convocation, you agree to abide by the AAO’s code of conduct, photo and video release and Convocation cancellation policy.

If you have any questions or want additional program information, call (317) 879-1881, ext. 212, or email BSearcy@academyofosteopathy.org.

To complete your registration, choose breakout sessions on next page.

Physicians register online at www.academyofosteopathy.org
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Physician Lectures and Breakout Sessions

Lectures

- **General session:** Thursday, March 12, 8–11 a.m. (3 CME)
- **RAAO Resident Track Program (RAAOs only):** Friday, March 13, 8 a.m.–noon (4 CME)
- **General session:** Friday, March 13, 8 a.m.–12:30 p.m. (4 CME)
- **General session:** Saturday, March 14, 8–11 a.m. (3 CME)
- **Magoun Memorial Forum (FAAOs and NUFAs only):** Saturday, March 14, 8–9:30 a.m. (1.5 CME)
- **Conclave of Fellows (FAAOs only):** Saturday, March 14, 10 a.m.–noon, (2 CME)
- **Joint session with students:** Sunday, March 15, 8 a.m.–noon (4 CME)

Indicate all lecture and breakout sessions you plan to attend. You will receive CME attendance tickets for all of the lecture and breakout sessions you select. To obtain CME, you will need to place the appropriate ticket in one of the boxes outside the lecture hall for each session you attend.

Breakout sessions

For each set of concurrent sessions, pick three, numbering them from 1 to 3. Please note that in most cases, the breakout sessions in the early afternoon are repeated in the late afternoon. Descriptions of the breakout sessions will be posted online as they are provided.

### Thursday, March 12 • 2:30–4 p.m. (1.5 CME)

- **01a:** “Creative Healing and OMT for the Physician,” Dr. Salyer
- **01b:** “Ayurveda and Osteopathic Medicine,” Dr. Ferrill
- **01c:** “Osteopathic Principles and the Energy Body,” Dr. Anglund
- **01d:** “Yoga and Osteopathic Manipulation,” Dr. Janiski
- **01e:** “Addressing Inflammation Through the Lymphatic System,” Dr. Kanze

### Thursday, March 12 • 4:30–6 p.m. (1.5 CME)

- **02a:** “Creative Healing and OMT for the Physician,” Dr. Salyer
- **02b:** “Ayurveda and Osteopathic Medicine,” Dr. Ferrill
- **02c:** “Osteopathic Principles and the Energy Body,” Dr. Anglund
- **02d:** “Yoga and Osteopathic Manipulation,” Dr. Janiski
- **02e:** “Addressing Inflammation Through the Lymphatic System,” Dr. Kanze

### Friday, March 13 • 2–3:30 p.m. (1.5 CME)

- **03a:** “Fascial Articulatory Technique,” Dr. Carnes
- **03b:** “Movement Is Medicine: Muscle Imbalance,” Dr. Keys
- **03c:** “Fascial Distortion Model: Hands-on Tools for a Modern OMM Practice,” Dr. Capistrant
- **03d:** “Movement Is Medicine: Infant Developmental Movement Patterns,” Dr. Milani
- **03e:** “Gait Analysis and Treatment of the Foot,” Dr. Cedros

### Friday, March 13 • 4–5:30 p.m. (1.5 CME)

- **04a:** “Fascial Articulatory Technique,” Dr. Carnes
- **04b:** “Movement Is Medicine: Muscle Imbalance,” Dr. Keys
- **04c:** “Fascial Distortion Model: Hands-on Tools for a Modern OMM Practice,” Dr. Capistrant
- **04d:** “Movement Is Medicine: Infant Developmental Movement Patterns,” Dr. Milani
- **04e:** “Gait Analysis and Treatment of the Foot,” Dr. Cedros

### Saturday, March 14 • 12:30–2:30 p.m. (2 CME)

- **05a:** “Reintegration of Functional Movement,” Dr. DeStefano
- **05b:** “Prolotherapy,” Dr. Cantieri
- **05c:** “Neural Therapy,” Dr. Harris
- **05d:** “Techniques of the Masters,” Dr. Dombroski
- **05e:** “Faculty Development Workshop: Supporting ACGME Osteopathic Recognition,” Dr. O’Connell, Dr. Cymet, Dr. Schwalenberg and Dr. Rowane

### Saturday, March 14 • 3–5 p.m. (2 CME)

- **06a:** “Reintegration of Functional Movement,” Dr. DeStefano
- **06b:** “Prolotherapy,” Dr. Cantieri
- **06c:** “Neural Therapy,” Dr. Harris
- **06d:** “Techniques of the Masters,” Dr. Dombroski
- **06e:** “Faculty Development Workshop: Supporting Osteopathic Scholarly Activity,” Dr. Hostoffer, Dr. Peppers and Dr. Rowane
- **06f:** International track (no CME)
Judges Needed: A. Hollis Wolf Case Presentation Competition

The Student American Academy of Osteopathy’s annual A. Hollis Wolf Case Presentation Competition will take place Saturday, March 14, from 2 to 4:30 p.m.

During the competition, students chosen from each SAAO chapter will have five minutes to present their cases. Students will demonstrate their understanding and application of osteopathic principles and treatment, their knowledge of pathophysiology and clinical aspects of their cases, and the impact of osteopathic care. Presenters will be judged on their presentation style, skill and slide design in addition to the students’ involvement in decision-making and delivering treatment.

The SAAO needs physicians to volunteer to judge the competition. Judges earn Category 1-A CME for participating. Indicate your willingness to volunteer when you register for Convocation 3 or using the form on Page 11. If selected, you will be contacted by the SAAO Executive Council to confirm your appointment to the judging panel.

Judges’ comments, but not scores, will be shared with presenters.

For more information, contact SAAO Vice Chair Sarae Sager, OMS IV, at saaovchair@gmail.com.

2020 SAAO Fun Run

Jump start your Convocation experience with the SAAO’s fourth annual Fun Run at 6:30 a.m. on Thursday, March 12. Check-in begins at 6 a.m. On-site registration will not be available this year.

The SAAO will award medals to the first three male and female physician finishers and to the first three male and female student finishers.

All attendees and guests are encouraged to participate. There is an additional $20 fee for physicians, $10 for students. Register for the Fun Run when you register online or use the forms on Page 11 for physicians or Page 19 for students.

Start training now!

SAAO Silent Auction Runs Wednesday–Friday

In 2016, the Student American Academy of Osteopathy established a new format for the annual auction. Instead of the semi-silent auction offered in years past, the auction is a fully silent auction. Stop by to see all the offerings available and bid frequently!

- Wednesday, March 11, 5 to 7 p.m.
- Thursday, March 12, 8 a.m. to 6 p.m.
- Friday, March 13, 7:30 a.m. to noon

For information on donating items to the auction, contact Stephanie Davenport, OMS IV, the SAAO Executive Council’s secretary-treasurer, at saaosect@gmail.com. Auction offerings often include medical devices, books, artwork and tasty treats.

Proceeds from the silent auction help to support the SAAO’s Convocation program for the following year.

Items should be collected on Friday between noon and 3 p.m.
The SAAO Executive Council has designed a program that explores novel topics, treatments, and integrating concepts that aren’t normally included in the traditional medical curriculum while remaining true to our osteopathic principles and practice. Our student program provides an introduction to innovative topics like herbal medicine, acupuncture, percussion hammer, nutrition, functional medicine, and movement therapy.

To assist students in choosing what to attend, breakout sessions have been categorized as intermediate, intermediate-advanced and advanced. Students are invited to register for any courses regardless of OMS year.

**Sunday, March 8**  
*(All times are Mountain)*

8:30 a.m.–6 p.m. Pre-Convocation Course—Cranial Nerve Course—Kenneth J. Lossing, DO (Separate registration required. See Page 23.)

1–5 p.m. Pre-Convocation Course—Pediatric Manual Medicine—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEdL. (Separate registration required. See Page 22.)

**Monday, March 9**

8 a.m.–5 p.m. Pre-Convocation Course—Pediatric Manual Medicine—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEdL. (Separate registration required. See Page 22.)

8:30 a.m.–6 p.m. Pre-Convocation Course—Cranial Nerve Course—Kenneth J. Lossing, DO (Separate registration required. See Page 23)

**Tuesday, March 10**

8 a.m.–5 p.m. Pre-Convocation Course—Pediatric Manual Medicine—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEdL. (Separate registration required. See Page 22.)

8:30 a.m.–4:30 p.m. Pre-Convocation Course—Cranial Nerve Course—Kenneth J. Lossing, DO (Separate registration required. See Page 23)

**Wednesday, March 11**

10 a.m.–8 p.m. Convocation registration open

Noon–4 p.m. Ed Stiles’ study group

All attendees are invited to hear Dr. Stiles’ update on the latest data he has gathered on sequencing.

Noon–5 p.m. SAAO Board of Governors’ meeting

4–7 p.m. National Undergraduate Fellows Association’s program

5–7 p.m. Opening reception in the exhibit hall

5–7 p.m. Osteopathic Education Service open (see Page 8)

5–7 p.m. SAAO silent auction (see Page 13)

7–9 p.m. Evening With the FAAOs, Laura E. Griffin, DO, FAAO (moderator)

All registered attendees are invited to this event to learn tips and tricks from some of the luminaries of the profession.

9–10 p.m. Mentorship meeting

The AAO Membership Committee will facilitate connecting physician mentors with student protégés. (See Page 15)

9–11 p.m. Evening With the Stars

Practicing DOs will share with students pearls that are not taught in osteopathic medical school.

**Thursday, March 12**

6:30–7:15 a.m. Morning yoga

Wake up with beginner yoga, a gentle, flowing class focused on breath and alignment. Attendees are encouraged to bring mats or towels to use for floor postures.

*(continued on Page 15)*
Embracing Integration:
Exploring the Limitless Applications of Osteopathy

Thursday, March 12 (continued from Page 14)

6:30–8 a.m. SAAO Fun Run (Check-in starts at 6 a.m. See Page 13.)
7–11:30 a.m. Convocation registration open
7:30 a.m.–7 p.m. Exhibit hall open
7:30–11:30 a.m. Osteopathic Education Service open (see Page 8)
8 a.m.–6 p.m. SAAO silent auction (see Page 13)

8–9:30 a.m.—Breakout sessions (ticket required)
1As: “Introduction to Osteopathic Cranial Manipulative Medicine,”
Annette E. Hulse, DO, and Dennis Burke, DO
1Bs: “OMT for Trigger Points Causing Neck Pain and Headaches,” José S. Figueroa, DO, FAOCMPMR, FAAPMR, and Drew D. Lewis, DO, FAAO
1Cs: “Incorporating OMM Into the Treatment of Mental Health Disorders,” Millicent King Channell, DO, FAAO
1Ds: “Inpatient Medicine,” Hugh M. Ertlinger, DO, FAAO, FCA
1Es: “Long Distance Palpation,” Damon Matthew Whitfield, DO
9:30–10 a.m. Visit with the exhibitors
10–11:30 a.m.—Breakout sessions (ticket required)
2As: “Introduction to Osteopathic Cranial Manipulative Medicine,”
Annette E. Hulse, DO, and Dennis Burke, DO
2Bs: “OMT for Trigger Points Causing Neck Pain and Headaches,” José S. Figueroa, DO, FAOCMPMR, FAAPMR, and Drew D. Lewis, DO, FAAO
2Cs: “Incorporating OMM Into the Treatment of Mental Health Disorders,” Millicent King Channell, DO, FAAO
2Ds: “Inpatient Medicine,” Hugh M. Ertlinger, DO, FAAO, FCA

2Es: “Long Distance Palpation,” Damon Matthew Whitfield, DO
11 a.m.–1:30 p.m. Lunch in the exhibit hall
Get lunch on the go. Purchase prepaid lunch vouchers or use cash on-site. See Page 10.
11:30 a.m.–1:30 p.m. Visit with the exhibitors and lunch on your own
Noon–4 p.m. SAAO Board of Governors’ meeting

Lectures
1:30–1:40 p.m. Welcome and Introduction, Danielle D. Dukes, OMS IV, SAAO Executive Council chair
1:40–2:30 p.m. “Integrating Acupuncture Into OMM Practice”
Stevan A. Walkowski, DO
2–7 p.m. Osteopathic Education Service open (see Page 8)
2–8 p.m. Convocation registration open
2:30–3:30 p.m. “Sutural Approach to Cranial Manipulation,”
Edward G. Stiles, DO, FAAODist
3:30–4:30 p.m. “Neuroanatomy Behind Acupuncture,” Frank H. Willard, PhD
4:30–5:30 p.m. “Medicinal Plants That Complement OMT,”
David Beatty, DO
6–7 p.m. Judging the Research Poster Presentation
6–7 p.m. of the Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association (see Page 18)
7–8 p.m. Pediatric special interest group
All attendees interested in pediatric medicine are invited to attend this event.
7–8:30 p.m. Louisa Burns Osteopathic Research Committee’s research forum (see Page 6)

AAO Mentor Program

The mission of the American Academy of Osteopathy’s Mentor Program is to provide guidance and leadership to members of the Student American Academy of Osteopathy. This program is designed to increase osteopathic-specific education during the clinical years of osteopathic medical school by:

• reaching out to osteopathic medical students early in their education to positively influence their careers.
• providing educational and career guidance on choosing hospital sites for third- and fourth-year rotations, selecting internships and residencies and, ultimately, incorporating osteopathic philosophy into all aspects of medicine.

All osteopathic medical students and osteopathic physicians who belong to the Academy are invited to participate in the AAO Mentor Program. This is an excellent opportunity for students to obtain career advice from seasoned clinicians and for physicians to contribute to making the profession stronger.

Join us Wednesday, March 11, from 9 to 10 p.m., and Thursday, March 12, from 8 to 9 p.m. to learn more and to meet prospective mentors and protégés.

Physicians should sign up for the Mentor Program when they register for Convocation online or by using the form on Page 11 of this brochure. Students should sign up when they register online or by using the form on Page 19.

For more information, contact Bev Searcy, the AAO’s finance and membership assistant, at (317) 879-1881, ext. 212, or at Bsearcy@academyofosteopathy.org.

Students register online at www.academyofosteopathy.org

AAO’s 2020 Convocation • 15
Thursday, March 12 (continued from Page 15)

8–9 p.m. Mentorship meeting
The AAO Membership Committee will facilitate connecting physician mentors with student protégés. See Page 15.

9–11 p.m. Evening With the Stars and Stripes
Practicing DOs and residents will share pearls with students.

10 p.m.–1 a.m. SAAO mixer (see below)

SAAO is going

Thursday, March 12 • 10 p.m. to 1 a.m.

Grab your shoulder pads, power suits and/or leg warmers, my dudes! The SAAO mixer is going to be a totally bodacious party!

Come hang out with all your totally rad friends and enjoy games, grub and grog!

Friday, March 13

6:30–7:15 a.m. Morning qigong
Qigong is a holistic system of coordinated body posture and movement, breathing and meditation used for the purpose of health, spirituality and martial arts training. Attendees are encouraged to bring mats or towels to use for floor postures.

7 a.m.–6 p.m. Convocation registration open
7:30 a.m.–noon SAAO silent auction (see Page 13)
7:30 a.m.–5 p.m. Exhibit hall open
8 a.m.–5 p.m. Osteopathic Education Service open (see Page 8)

8–9:30 a.m.—Breakout sessions (ticket required)

3As: “5-Minute Approach to Osteopathic Medicine,” David C. Mason, DO, MBA, FACOFP

3Bs: “Neurovisceral OMT: Integrating Polyvagal Concepts,” Michael L. Kuchera, DO, FAAO, FNAOME

3Cs: “Osteopathic Education and Treatment of the Newborn,” Kimberly J. Wolf, DO

3Ds: “OMT, Exercise Prescription, and Cupping to Optimize Musculoskeletal Care,” Benjamin V. Bring, DO, CAQSM, FAAFP

3Es: “Sutural Approach to Cranial Manipulation,” Edward G. Stiles, DO, FAAODist

9:30–10 a.m. Visit with the exhibitors

10–11:30 a.m.—Breakout sessions (ticket required)

4As: “5-Minute Approach to Osteopathic Medicine,” David C. Mason, DO, MBA, FACOFP

4Bs: “Neurovisceral OMT: Integrating Polyvagal Concepts,” Michael L. Kuchera, DO, FAAO, FNAOME

4Cs: “Osteopathic Education and Treatment of the Newborn,” Kimberly J. Wolf, DO

4Ds: “OMT, Exercise Prescription, and Cupping to Optimize Musculoskeletal Care,” Benjamin V. Bring, DO, CAQSM, FAAFP

4Es: “Sutural Approach to Cranial Manipulation,” Edward G. Stiles, DO, FAAODist

11 a.m.–1:30 p.m. Lunch in the exhibit hall
Get lunch on the go. Purchase prepaid lunch vouchers or use cash on-site. See Page 10.

11:30 a.m.–1 p.m. Visit with the exhibitors and lunch on your own

Noon–3 p.m. SAAO auction item collection (see Page 13)

Lectures

1–2 p.m. “Supplemental Modalities for Pain Relief in Out-Patient Practice,” Joshua Heath Dalton, DO

2–3 p.m. “Sculpt Your Brain: Nutrition,” Lara Salyer, DO, IFMCP

3–4:15 p.m. “Introduction to Robert C. Fulford, DO, and the Percussion Hammer,” Richard W. Koss, DO
Embracing Integration:  
Exploring the Limitless Applications of Osteopathy

Friday, March 13 (continued from Page 16)

4:15–5:30 p.m.  
"Exploring the Neurobiology of Mind-Body-Spirit Unity,"  
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME

4–7 p.m.  
NMM-OMM Certification and Residency Program Information Session
Students and residents can learn about residency opportunities and meet residency program directors.

7–8:30 p.m.  
Alumni receptions

9–11 p.m.  
National Undergraduate Fellows Association’s social (NUFA members only)

9–11 p.m.  
Practice for A. Hollis Wolf Case Presentation Competition (presenters only)

Saturday, March 14

6:30–7:15 a.m.  
Morning yoga
Wake up with beginner yoga, a gentle, flowing class focused on breath and alignment. Attendees are encouraged to bring mats or towels to use for floor postures.

7:30–11:30 a.m.  
Convocation registration open

8 a.m.–noon  
Osteopathic Education Service open (see Page 8)

8–9:30 a.m.—Breakout sessions (ticket required)

5As:  
Magoun Memorial FAAO-NUFA Forum, Hugh M. Ettlinger, DO, FAAO, moderator (FAAOs and NUFA members only)

5Bs:  
"Still Technique for the Lumbar Spine / Pelvis / Sacrum," Cheryl Hammes, DO

5Cs:  
"You Too Can Master Thoracic/Lumbar HVLA," Warren W. Chin, DO

5Ds:  
"Exercise Prescription and Concept of Muscle Imbalance," Amber Gruber, DO

5Es:  
"OMM in the Performing Arts," Sajid A. Surve, DO

10–11:30 a.m.—Breakout sessions (ticket required)

6Bs:  
"Still Technique for the Lumbar Spine / Pelvis / Sacrum," Cheryl Hammes, DO

6Cs:  
"You Too Can Master Thoracic/Lumbar HVLA," Warren W. Chin, DO

6Ds:  
"Exercise Prescription and Concept of Muscle Imbalance," Amber Gruber, DO

6Es:  
"OMM in the Performing Arts," Sajid A. Surve, DO

11:30 a.m.–1 p.m.  
Lunch on your own

1–2 p.m.  
Harold A. Blood, DO, FAAO, Memorial Lecture: "Osteopathic Approach to Patient Care," Karen T. Snider, DO, FAAO

2–4:30 p.m.  
A. Hollis Wolf Case Presentation Competition (see Page 13)

4:30–5 p.m.  
Student awards presentation

6:30–7:15 p.m.  
President’s reception

7:15–10 p.m.  
President’s banquet (ticket required, see Page 8)

10 p.m.–1 a.m.  
President’s entertainment

Sunday, March 15

Lectures

8 a.m.–9 a.m.  
"Optimizing Physician Mental Health While Providing OMM," Teodor Huzij, DO, FACN, AOBFP

9–10 a.m.  
"An Osteopathic Approach to Palliative and Hospice Care," Veera Neville Motashaw, DO

10–11 a.m.  
To be determined, Brianna M. Seefeldt, DO

11 a.m.–noon  
"Osteopathic Centeredness," J’Aimee Anne Lippert, DO

Noon Convocation adjourns

For the most up-to-date schedule, visit www.academyofosteopathy.org.
LBORC-NUFA Research Poster Presentations

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to their annual Research Poster Presentation. Posters will be displayed in the exhibit area on Thursday, March 12, and Friday, March 13, during the 2020 Convocation at The Broadmoor.

Interested AAO and SAAO members should download and submit their poster entry form and abstracts to the AAO. Early bird poster abstract submissions submitted by Jan. 8 will be notified by Jan. 15, and Jan. 15 will be the final deadline for all applications. For full details on the criteria for the poster, see the Academy’s website at www.academyofosteopathy.org.

Poster judging will take place Thursday, March 12, 2020, between 6 and 7 p.m. Mountain time, and winners will be announced at the student awards ceremony and at the president’s banquet on Saturday, March 14. Please indicate your willingness to volunteer as a judge when you register for Convocation online or using the form on Page 11 for physician registration or on Page 19 for student registration.

The LBORC-NUFA Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. The first author of each poster must be a member of the AAO or the Student American Academy of Osteopathy. The first author of student and resident posters must be present during the judging at Convocation. All presenters should register for Convocation.

Submit your completed poster entry form and abstract no later than Jan. 15, 2020, to Kimberly Wolf, DO, c/o Debbie Cole at DCole@academyofosteopathy.org.

Find 2019 Posters Online

The winning posters and abstracts for the American Academy of Osteopathy’s LBORC-NUFA 2019 poster presentation can be viewed online at www.academyofosteopathy.org.

Outstanding Opportunities to Learn From Experts

Evening With the FAAOs

All registrants are encouraged to attend the annual Evening With the FAAOs, which will be held Wednesday, March 11, from 7 to 9 p.m.

This annual event features Fellows of the AAO sharing their experiences and ideas. Throughout their careers, these FAAOs have dedicated themselves to refining osteopathic manipulative medicine and applying it more effectively, and this is a marvelous opportunity for attendees to benefit from their insights.

Laura E. Griffin, DO, FAAO, moderator

Evening With the Stars & Evening With the Stars and Stripes

Two of the most popular events at Convocation each year are the Evening With the Stars and the Evening With the Stars and Stripes. These events offer unstructured time to teach, learn and practice osteopathic manipulative treatment techniques with your peers.

Wednesday, March 11, 9-11 p.m.
Thursday, March 12, 9-11 p.m.

Experienced clinicians who do not often have the opportunity to share their unique perspectives can interact with students from around the country. Students have the opportunity to meet and learn from clinicians they otherwise may not have access to. Everyone has the opportunity to refine their hands-on skills!

Please note that treatment tables may not be removed from the Convocation area.
I WOULD LIKE A PHYSICIAN MENTOR IN THE FOLLOWING SPECIALTY (check one):
- NMM
- FP
- IM
- Peds
- Sports med
- PM&R
- EM
- OB/gyn
- Ortho
- Gen surgery
- Other: __________

Are you interested in osteopathic cranial manipulative medicine?
- Yes
- No

Will you attend the mentorship event on
- Wed., March 11
- Thurs., March 12

Lunch vouchers are available for students who register for them. The voucher will provide a sandwich or salad along with chips and a drink. The Academy will provide only those meals that you select when you register online or that you choose when you fill out this form. All other meals are on your own. Meal tickets are nonrefundable, and there is no discount for not attending food functions covered by the main registration fee.

Please consider me as a judge for the LBORC-NUFA Poster Presentation.

REGISTRATION FEES
Registration Type Early (by 1/9) Regular (1/10–2/13) Late* (2/14–2/20)
SAAO member $255 $355 $405
NUFA member** $255 $355 $405
Student nonmember $295 $395 $445

*Registrations received after Feb. 20 will be processed as on-site registration. On-site registration will be charged at the late rate plus $150.
** NUFA members have the option to register for the student program or the physician program. This is the NUFA registration fee for the student program.

EVENTS
- NUFAs program (March 11, no fee) (NUFAs only)
- Opening reception (March 11, no fee)
- Evening With the FAAOs (March 11, no fee)
- Evening With the Stars (March 11, no fee)
- SAAO’s Fun Run (March 12, $10)
- Thursday lunch voucher (March 12, $30)
- LBORC’s research forum (March 12, no fee)
- Evening With the Stars and Stripes (March 12, no fee)
- SAAO mixer (March 12, no fee)
- Friday lunch voucher (March 13, $30)
- NUFA social (NUFA members only) (March 13, no fee)
- President’s banquet (March 14) (Not included in registration fee.)

Meals provided: Beef, Fish, Vegan, Gluten-free (hotel’s choice)

PAYMENT
- Visa
- MasterCard
- Discover
- Check made payable to the AAO

Please consider me as a judge for the LBORC-NUFA Poster Presentation.
## Student Lectures and Breakout Sessions

**Lectures**
- Thursday, March 12, 1:30–5:30 p.m.
- Friday, March 13, 1–5:30 p.m.
- Saturday, March 14, 1–2 p.m.
- Sunday, March 15, 8 a.m.–noon (joint session with physicians)

**Breakout sessions**
For each set of concurrent sessions, pick three, numbering them from 1 to 3. Although the staff will make every effort to add you to your first choice, attendance may not exceed room capacity. Descriptions of the breakout sessions will be posted online as they are provided.

To assist students in determining which sessions are right for them, the sessions have been categorized as follows:

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
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<tbody>
<tr>
<td>(I)</td>
<td>Intermediate</td>
</tr>
<tr>
<td>(I/A)</td>
<td>Intermediate-Advanced</td>
</tr>
<tr>
<td>(A)</td>
<td>Advanced</td>
</tr>
</tbody>
</table>

**Thursday, March 12 • 8–9:30 a.m.**
- 1As: “Introduction to Osteopathic Cranial Manipulative Medicine,” Dr. Hulse and Dr. Burke (I)
- 1Bs: “OMT for Trigger Points Causing Neck Pain and Headaches,” Dr. Figueroa and Dr. Lewis (I/A)
- 1Cs: “Incorporating OMM Into the Treatment of Mental Health Disorders,” Dr. Channell (I/A)
- 1Ds: “Inpatient Medicine,” Dr. Ettlinger (A)
- 1Es: “Long-Distance Palpation,” Dr. Whitfield (A)

**Thursday, March 12 • 10–11:30 a.m.**
- 2As: “Introduction to Osteopathic Cranial Manipulative Medicine,” Dr. Hulse and Dr. Burke (I)
- 2Bs: “OMT for Trigger Points Causing Neck Pain and Headaches,” Dr. Figueroa and Dr. Lewis (I/A)
- 2Cs: “Incorporating OMM Into the Treatment of Mental Health Disorders,” Dr. Channell (I/A)
- 2Ds: “Inpatient Medicine,” Dr. Ettlinger (A)
- 2Es: “Long-Distance Palpation,” Dr. Whitfield (A)

**Friday, March 13 • 10–11:30 a.m.**
- 4As: “5-Minute Approach to Osteopathic Medicine,” Dr. Mason (I)
- 4Bs: “Neurovisceral OMT: Integrating Polyvagal Concepts,” Dr. Kuchera (I/A)
- 4Cs: “Osteopathic Evaluation and Treatment of the Newborn,” Dr. Wolf (I/A)
- 4Ds: “OMT, Exercise Prescription, and Cupping to Optimize Musculoskeletal Care,” Dr. Bring (A)
- 4Es: “Sutural Approach to Cranial Manipulation,” Dr. Stiles (I/A)

**Saturday, March 14 • 8–9:30 a.m.**
- 5As: Magoun Memorial FAAO-NUFA Forum, Dr. Ettlinger, moderator (FAAOs and NUFAQs only)
- 5Bs: “Still Technique for the Lumbar Spine / Pelvis / Sacrum,” Dr. Hammes (I)
- 5Cs: “You Too Can Master Thoracic/Lumbar HVLA,” Dr. Chin (I)
- 5Ds: “Exercise Prescription and Concept of Muscle Imbalance,” Dr. Gruber (I/A)
- 5Es: “OMM in the Performing Arts,” Dr. Surve (I/A)

**Saturday, March 14 • 10–11:30 a.m.**
- 6Bs: “Still Technique for the Lumbar Spine / Pelvis / Sacrum,” Dr. Hammes (I)
- 6Cs: “You Too Can Master Thoracic/Lumbar HVLA,” Dr. Chin (I)
- 6Ds: “Exercise Prescription and Concept of Muscle Imbalance,” Dr. Gruber (I/A)
- 6Es: “OMM in the Performing Arts,” Dr. Surve (I/A)

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To record your attendance, place the appropriate ticket in one of the boxes outside the room for each session you attend.
Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model

Course Description
Releasing the intracranial meninges is an essential and very powerful application for conditions such as motor vehicle accidents, concussions, strokes, chronic meningitis, surgeries, chronic headaches as well as cerebral palsy, ASD, etc. It can be a challenging endeavor to work on every fiber of the intracranial meninges in 3-D.

In this course, we will use a curved biotensegrity model with 23 labs to release the meninges of the cranium and spinal cord.

The change of tension inside the cranium will modify the tension in the thorax, pelvis and abdomen and, ultimately, the whole-body. This model has been effectively used for patients of all ages, from newborns to the elderly.

Prerequisite
Registrants must have completed an approved 40-hour introductory cranial course or Dr. Chikly’s Brain 1 course.

Continuing Medical Education
21 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Director
Bruno Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry. Dr. Chikly also has the French equivalent of a master’s degree in psychology.

In 2009, he received a doctorate in osteopathy from CROMON (Holistic Research Center for Osteopathic and Natural Medicine) and AIROP (Italian Association for Postural Occlusion Re-education) in Italy, and he is on the French National Registry of Osteopathy.

Dr. Chikly is an internationally renowned educator, lecturer and writer. He is the author of the book Silent Waves: The Theory and Practice of Lymph Drainage Therapy, as well as the creator of a DVD titled Dissection of the Brain and Spinal Cord, and he is working on a book about osteopathic manipulation and the brain. He lives in Scottsdale, Arizona, with his wife and partner, Alaya.

Registration Form
Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model
March 8-10, 2020

Name: ___________________________________________ AOA No.: __________

Nickname for badge: _____________________________

Street address: ___________________________________________________________

City: ___________________ State: _______ ZIP: __________

Phone: ___________________ Fax: ___________________

Email: __________________________

☐ I will attend the AAO’s 2020 Convocation.
☐ I will not attend the AAO’s 2020 Convocation.
☐ I am a practicing health care professional.
☐ I am a resident or intern.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Expiration date: ___________ 3-digit CVV No.: ____________

Cardholder’s name: _____________________________

Billing address (if different): ____________________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
A Pre-Convocation Course • March 8-10, 2020 • The Broadmoor in Colorado Springs

Course Description
In this course, we will approach infant development from the perspective of three integrated systems; visual, vestibular and somatosensory. We will touch on diagnoses such as developmental delay, motor impairments, musculoskeletal dysfunction, altered nervous system processing, somatic dysfunction, and sensory integration difficulties. In the process, we will treat plagiocephaly, torticollis, various shoulder and pelvic girdle dysfunctions as well as autonomic nervous system alterations.

Continuing Medical Education
20 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday from 1 to 5 p.m.
Monday and Tuesday from 8 a.m. to 5 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Registration Fees
<table>
<thead>
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<th></th>
<th>On or before Jan. 8, 2020</th>
<th>Jan. 9 through Feb. 20, 2020¹</th>
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<tr>
<td></td>
<td>With Conv.</td>
<td>Without Conv.</td>
</tr>
<tr>
<td>Academy member in practice²</td>
<td>$828</td>
<td>$920</td>
</tr>
<tr>
<td>Resident or intern member</td>
<td>$648</td>
<td>$720</td>
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<tr>
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</tr>
<tr>
<td>Nonmember student</td>
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<td>$720</td>
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</tbody>
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¹ Registrations received after Feb. 20 will be processed on-site, incurring a $150 late fee.
² The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Course Directors
Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at MSUCOM since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook Greenman’s Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and Guiding Principles Award from MSUCOM. She has lectured widely in the U.S. and internationally.

Heather P. Ferrill, DO, MS MEdL, a 2000 graduate of the Michigan State University College of Osteopathic Medicine (MSUCOM), is the department of chair and a professor of osteopathic principles and practices (OPP) at the Rocky Vista University College of Osteopathic Medicine. Board-certified in family practice and neuromusculoskeletal medicine/OMM, her practice emphasizes osteopathic manipulative treatment in the pediatric population. Dr. Ferrill serves on the AAO’s Board of Governors and the International Affairs Advisory Council.

Course Location
The Broadmoor
1 Lake Ave.
Colorado Springs, CO 80906
Make your reservations online with the physician link or student link.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200.

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
CRANIAL NERVE COURSE

A Pre-Convocation Course • March 8-10, 2020 • The Broadmoor in Colorado Springs

Course Description
This course will cover the functional associations between the cranial nerves, the sutures, the dura, and the brain. By directly palpating the peripheral branches of cranial nerves, we can evaluate/palpate them for abnormal tension. The nerves are 50% to 90% connective tissue. For example, all three branches of the trigeminal nerve have palpable parts. The maxillary and mandibular branches are often irritated in teeth problems, such as cavities, infections, bite malocclusion, tooth sensitivity, and improper fillings. These branches also supply sensation to the anterior and middle cranial fossa dura. We find osteopathically that teeth problems can affect dural tension. Besides having electrical conduction, the nerves also have fluid flow and nutritive functions.

Prerequisite
A basic understanding of functional anatomy and one basic cranial course.

Course Director
A 1994 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine, Kenneth J. Lossing, DO, served an internship and combined residency in neuromusculoskeletal medicine and family practice through the Ohio University Heritage College of Osteopathic Medicine in Athens. He is board certified in both neuromusculoskeletal medicine and family medicine.

Dr. Lossing studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second through fourth editions of the American Osteopathic Association’s Foundations of Osteopathic Medicine textbook.

As the AAO’s 2014-15 president, Dr. Lossing was featured in a segment of “American Health Front!” that focused on osteopathic manipulative medicine.

Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

Continuing Medical Education
21 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 am to 6 p.m.
Tuesday from 8:30 am to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
The Broadmoor
1 Lake Ave.
Colorado Springs, CO 80906

Make your reservations online with the physician link or student link.

Registration Form
Cranial Nerve Course
March 8-10, 2020

Name: ___________________________ AOA No.: ____________

Nickname for badge: ___________________________

Street address: ___________________________

City: __________________________ State: _______ ZIP: ____________

Phone: __________________________ Fax: __________________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.
Save the date
for the AAO’s 2021 Convocation
at the Hilton Anatole in Dallas

March 17-21, 2021

Barbara Ann Zajdel, DO, FAAO,
program chair
Paul R. Rennie, DO, FAAO,
2020-21 AAO president