Chapman’s Reflex OMT Lab

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YES, WE ARE GOING TO "CUDDLE"
VIEWS OF THE VARIOUS CHAPMAN REFLEX POINTS (look to handout)

- **FOR DIAGNOSIS**: Note the cardiac, pancreas, small bowel, stomach, gall bladder and appendix sites.

- **For Treatment**: note the nasal, sinusitis, tonsillitis, bronchitis, upper and lower lung, colitis, otitis media, neurasthenia (for chronic fatigue), kidney, bladder, cardiac for arrhythmias.
Chapman’s Reflexes: anterior points.

Kuchera as in FOM 2nd ed.
Chapman’s Reflexes: posterior points
Figure 67.1 Often anterior Chapman’s reflex points have corresponding posterior points.

T5-T11 somatic dysfunctions
GERD/Peptic Ulcer

- Dx / Tx Thoracal Columna
- Rib Raising
- C2-Suboccipital Release
- Doming the Diaphragm
- Linea Alba Release = Collateral Ganglion Inhibition
- Chapman’s Reflekser
- Visceral manipulasjon

CR funn vil være Primært på venstre side
Common Treatment Expectations – Symptomatic Relief: Lower GI System

Patient with Irritable Bowel Dysfunction

a. Bilateral iliotibial band tenderness and TTC (Chapman’s)
b. Thoracolumbar SD and TTC
c. Left SI TTC
d. Post. Chapman’s, lumbar TTC, (low-back pain)
e. Lower rectus abdominis muscle TP and pain pattern
f. Inferior mesenteric ganglion TTC
g. Sigmoid loop palpable

Pattern of Multiple Somatic Dysfunctions Associated with 1° (Viscerosomatic) or 2° (Somatovisceral) Irritable Bowel Syndrome
Intestine Chapman Reflex Diagnosis and Treatment Sites
Colon "flipped" anatomically on this axis

- Ileocecal area
- Ascending colon
- Hepatic flexure
- Right half of transverse colon
- Iliotibial bands
- Sigmoid colon
- Descending colon
- Splenic flexure
- Left half of transverse colon

Chapman's reflex areas for the colon
Upper GI, Liver and Pancreas Chapman’s Sites

Anterior Sites
- Pylorus
- Stomach acid
- Stomach peristalsis

Posterior Sites

Liver
Liver, Gall B
Pancreas
Chapman’s reflexes: Upper Respiratory Tract
Chapman Points to Remember

- Heart
- Upper Lung
- Lower Lung
- Sinus
- Eye
- Liver
- Pancreas
- Small Bowel
- Kidney
- Adrenal
- Bladder
- Uterus
SOME THINGS

ARE BEST LEARNED IN TIMES OF CALM.
OTHERS CAN ONLY BE LEARNED PASSING THROUGH THE STORM.
A SHOW OF HANDS
Any Questions?
Thank You All!