Somatic Dysfunction and Emotional Well-being: An Osteopathic Approach to Mental Health
Evidence-Based Visceral Function and Dysfunction
Kenneth J. Lossing, DO, course director
March 12-15, 2016
32 credits of NMM- and FP-specific AOA Category 1-A CME anticipated
During this four-day course, attendees of all experience levels will learn techniques for palpating, diagnosing and treating patients with a wide array of visceral dysfunctions. Trained by Jean-Pierre Barral, DO (France), Dr. Lossing is a widely acclaimed educator with more than 20 years of experience treating patients with visceral dysfunctions. He is also the AAO’s immediate past president.

Brain 2: Brain Tissue, Nuclei, Fluid and Reticular Alarm System (RAS)
Bruno J. Chikly, MD, DO (France), course director
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated
The form, function and response mechanisms of the brain’s various components will be the focus of this course. Attendees will learn hands-on techniques to effectively release many primary restrictions that can affect the whole body.

Fascial Distortion Model—Treatment of the Upper Extremities, Lower Extremities and Head Region
Todd A. Capistrant, DO, MHA, course director
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated
To provide a solid foundation for understanding this model, Dr. Capistrant will teach attendees how to diagnose and treat six fascial distortions in the head and extremities.

See a complete listing of upcoming CME programs at www.academyofosteopathy.org.
**Physician Schedule**

**Somatic Dysfunction and Emotional Well-being: An Osteopathic Approach to Mental Health**

**Millicent King Channell, DO, FAAO, 2016 Convocation program chair**

The AAO’s 2016 Convocation will be dedicated to exploring the connections between patients’ psychological and physiological health.

Reflecting the first tenet of osteopathic medicine—the body is a unit; the person is a unit of body, mind and spirit—the Convocation’s lectures and breakout sessions will explore how lifestyle and life challenges affect patients’ overall health. Attendees will learn how to apply what they learn to diagnosing and treating patients with mental disease, chronic health conditions and somatic dysfunctions.

**Wednesday, March 16** (All times are Eastern)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8–11 a.m.</td>
<td>American Osteopathic Board of Neuromusculoskeletal Medicine’s recertification written exam</td>
</tr>
<tr>
<td>8 a.m.–noon</td>
<td>AAO Board of Trustees’ meeting</td>
</tr>
<tr>
<td>8 a.m.–5 p.m.</td>
<td>DO-Touch.NET’s annual meeting</td>
</tr>
<tr>
<td>10 a.m.–8 p.m.</td>
<td>Convocation registration open</td>
</tr>
<tr>
<td>11 a.m.–1 p.m.</td>
<td>Residents’ in-service written exam</td>
</tr>
<tr>
<td>1–5 p.m.</td>
<td>AAO Board of Governors’ meeting</td>
</tr>
<tr>
<td>2–5 p.m.</td>
<td>Residents’ in-service practical exam</td>
</tr>
<tr>
<td>4–7 p.m.</td>
<td>NUFA program</td>
</tr>
<tr>
<td>4:30–6 p.m.</td>
<td>Postgraduate American Academy of Osteopathy (PAAO) mixer</td>
</tr>
<tr>
<td>5–6 p.m.</td>
<td>AAO Investment Committee’s meeting</td>
</tr>
<tr>
<td>5–7 p.m.</td>
<td>Opening reception in the exhibit hall</td>
</tr>
<tr>
<td>7–9 p.m.</td>
<td>Evening With the FAAOs, G. Bradley Klock, DO, FAAO, facilitiator</td>
</tr>
<tr>
<td>9–9:30 p.m.</td>
<td>Train the Trainers Workshop (Breakout session facilitators will brief their table trainers on how they want techniques taught at the treatment tables. DOs who would like to volunteer as table trainers are also invited to attend to make arrangements with facilitators.)</td>
</tr>
<tr>
<td>9–10 p.m.</td>
<td>Mentorship meeting (The AAO Membership Committee will facilitate connecting physician mentors with student protégés. See Page 16.)</td>
</tr>
<tr>
<td>9–11 p.m.</td>
<td>Evening With the Stars (Practicing DOs will share with students pearls that are not taught in osteopathic medical school.)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:30–4 p.m.</td>
<td><strong>Breakout sessions (ticket required)</strong></td>
</tr>
<tr>
<td>01a:</td>
<td>“Poking Nervous and Sad People: Acupressure for Anxiety and Depression,” Sajid A. Surve, DO</td>
</tr>
<tr>
<td>01b:</td>
<td>“Palpation of the Brain: Cerebellum, Brain Stem, Pons and Midbrain—Essential Lesions in CSF and FM,” Bruno J. Chikly, MD, DO (France)</td>
</tr>
<tr>
<td>01c:</td>
<td>“OMM for Mood Disorders: Osteopathic Psychiatry,” Teodor Huzij, DO</td>
</tr>
</tbody>
</table>

**(continued on Page 4)**

**Thursday, March 17 • Anatomy and Physiology**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.–5 p.m.</td>
<td>Exhibit hall open</td>
</tr>
<tr>
<td>7:30 a.m.–7 p.m.</td>
<td>Convocation registration open</td>
</tr>
<tr>
<td>8 a.m.–5 p.m.</td>
<td>Osteopathic Education Service open (see Page 7)</td>
</tr>
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</table>

**Lectures**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8–8:10 a.m.</td>
<td>Welcome and Introduction, Millicent King Channell, DO, FAAO, program chair</td>
</tr>
<tr>
<td>8:10–9:10 a.m.</td>
<td>“Fascia and Headache,” Frank H. Willard, PhD</td>
</tr>
</tbody>
</table>

**DO-Touch.NET’s Annual Meeting at Convocation**

The A.T. Still Research Institute in Kirksville, Missouri, will conduct the annual meeting of its practice-based research network, DO-Touch.NET, on Wednesday, March 16, from 8 a.m. to 5 p.m. at Rosen Shingle Creek. Anyone interested in promoting or conducting practice-based research on osteopathic manipulative medicine is welcome to register to attend. Registration for the DO-Touch.NET meeting is separate from that for Convocation. All arrangements for this meeting are being made by the Still Institute, not the Academy.
Attendees are responsible for placing the correct attendance tickets in the boxes outside the meeting rooms to verify their attendance at the lectures and breakout sessions.

**Continuing Medical Education**

The AAO anticipates the Convocation will be approved for as many as 31.5 credits of AOA Category 1-A CME.

**Anticipated Credits**

<table>
<thead>
<tr>
<th>Event</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures and workshops (Thursday through Sunday)</td>
<td>24 credits</td>
</tr>
<tr>
<td>Evening With the FAAOs (Wednesday)</td>
<td>2 credits</td>
</tr>
<tr>
<td>Evening With the Stars (Wednesday)</td>
<td>2 credits</td>
</tr>
<tr>
<td>LBORC research forum (Thursday)</td>
<td>1.5 credits</td>
</tr>
<tr>
<td>Evening With the Stars and Stripes (Thursday)</td>
<td>2 credits</td>
</tr>
</tbody>
</table>

**Additional Credits for Pre- and Post-Convocation Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Evidence-Based Visceral Function and Dysfunction” (March 12-15)</td>
<td>32 credits</td>
</tr>
<tr>
<td>“Brain 2: Brain Tissue, Nuclei, Fluid and the Reticular Alarm System (RAS)” (March 13-15)</td>
<td>24 credits</td>
</tr>
<tr>
<td>“Fascial Distortion Model: Treating the Upper Extremities, Lower Extremities and Head Regions” (March 13-15)</td>
<td>24 credits</td>
</tr>
<tr>
<td>Program Directors’ Workshop (March 20)</td>
<td>5.5 credits</td>
</tr>
</tbody>
</table>

**Thursday, March 17 (continued from Page 3)**

01d: “Fascial Distortion Model in the ER,” Todd A. Capistrant, DO, MHA

01e: “Healing Somatization by Restoring Fluid Flow,” Maud H. Nerman, DO

4–4:30 p.m. Visit with the exhibitors

4:30–6 p.m.—Breakout sessions (ticket required)

02a: “Poking Nervous and Sad People: Acupressure for Anxiety and Depression,” Sajid A. Surve, DO

02b: “Palpation of the Brain: Cerebellum, Brain Stem, Pons and Midbrain—Essential Lesions in CSF and FM,” Bruno J. Chikly, MD, DO (France)

02c: “OMM for Mood Disorders: Osteopathic Psychiatry,” Teodor Huzij, DO

02d: “Fascial Distortion Model in the ER,” Todd A. Capistrant, DO, MHA

02e: “Healing Somatization by Restoring Fluid Flow,” Maud H. Nerman, DO

6:30–7:30 p.m. Gavel Club reception (former AAO presidents and guests only)

6:30–8 p.m. Pediatric Special Interest Group

6:30–8 p.m. Louisa Burns Osteopathic Research Committee’s research forum (see Page 7)

8–9 p.m. Mentorship meeting (The AAO Membership Committee will facilitate connecting physician mentors with student protégés. See Page 16.)

8–10 p.m. Evening With the Stars and Stripes (Practicing DOs and residents will share pearls with students.)

**Friday, March 18 • Population Applications**

6:30–8 a.m. AAO Membership Committee’s meeting

7:30 a.m.–5 p.m. Exhibit hall open

7:30 a.m.–6 p.m. Convocation registration open

8 a.m.–5 p.m. Osteopathic Education Service open (see Page 7)

**Lectures**

8–8:45 a.m. “Postpartum Depression and the Core Link,” Candice C. Boyer, DO

8:45–9:45 a.m. “Adversity, Trauma, Resiliency and Health: Recent Findings and Developments,” David L. Corwin, MD

9:45–10:15 a.m. Visit with the exhibitors

10:15–11 a.m. “Osteopathic Clinical Approaches to Emotion,” Kenneth J. Lossing, DO

11–11:45 a.m. “Nutrition and Mood,” Kellie Hill

11:45 a.m.–12:30 p.m. “The Headache of Getting Paid for What You Do,” Douglas J. Jorgensen, DO, CPC, FAAO, FACOFP

12:30–1:30 p.m. Judging the Research Poster Presentation of the Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association

12:30–1:45 p.m. PAAO’s annual business meeting and luncheon

12:30–2 p.m. Visit with the exhibitors and lunch on your own

12:30–2:30 p.m. AAO Postdoctoral Standards and Accreditation Committee’s meeting

12:30–2:30 p.m. AAO Publications Committee’s meeting

2:30–3:30 p.m. AAO Postdoctoral Training Committee’s meeting

2–3:30 p.m.—Breakout sessions (ticket required)

03a: “Postpartum Depression,” Candice C. Boyer, DO

03b: “Nutrition Cases and Questions,” Kellie Hill

03c: “OMT for Primary Care Patients With Mental Health Issues,” David C. Mason, DO, FACOFP

03d: “Osteopathic Clinical Approaches to Emotions,” Kenneth J. Lossing, DO

03e: Louisa Burns Osteopathic Research Committee’s Interactive Research Training Seminar, Paul R. Standley, PhD

3:30–4 p.m. Visit with the exhibitors

4–5:30 p.m.—Breakout sessions (ticket required)

04a: “Postpartum Depression,” Candice C. Boyer, DO

(continued on Page 5)
The Evening With the Stars and the Evening With the Stars and Stripes provide opportunities for physicians, residents and students to engage in casual, free-form learning and practice. Here, Daniel Lopez, DO (seated), of New York City fields a question from an osteopathic medical student at the Evening With the Stars on March 23, 2015, in Louisville, Kentucky.

Friday, March 18 (continued from Page 4)

04b: “Adverse Childhood Experiences Study (ACES) and Best Practices,” David L. Corwin, MD

04c: “OMT for Primary Care Patients With Mental Health Issues,” David C. Mason, DO, FACOFP

04d: “Osteopathic Clinical Approaches to Emotions,” Kenneth J. Lossing, DO

04e: Component Society Forum, Laura E. Griffin, DO, FAAO, 2015-16 AAO president-elect

4:30–5:30 p.m. NMM-OMM Certification and Residency Program Information Session, Eric Hunter Sharp, DO (Students and residents can learn about residency opportunities and meet residency program directors.)

5:30–6:45 p.m. Student American Academy of Osteopathy’s semisilent auction

7–8:30 p.m. Alumni receptions

8–10 p.m. FAAO dinner (AAO fellows and guests only)

8–10 p.m. NUFA social (NUFA members only)

Saturday, March 19 • Eat, Sleep and Exercise

7:30–11 a.m. Convocation registration open

8–9:30 a.m. 05a: Magoun Memorial FAAO-NUFA Forum, George J. Pasquarello, DO, FAAO (moderator) (FAAOs and NUFA members only)

8 a.m.–noon Osteopathic Education Service open (see Page 7)

Lectures

8–9 a.m. “Sleep and Somatic Dysfunction,” Heather P. Ferrill, DO, MS MEdL

9–10 a.m. “An Osteopathic Approach to Mental Health Through Exercise and Movement,” Stacey L. Pierce-Talsma, DO, MS, FNAOME

10–11 a.m. “Neurovisceral Integration and OMT,” Michael L. Kuchera, DO, FAAO

11 a.m.–12:30 p.m. Lunch on your own

11 a.m.–2 p.m. AAO Board of Trustees’ meeting

12:30–2:30 p.m.—Breakout sessions (ticket required)

05b: “Stuff My Mentors Taught Me About Treating Kidz,” Jane E. Carreiro, DO

05c: “Treating Sleep Disorders,” Heather P. Ferrill, DO, MS MEdL

05d: “Putting It Into Practice: An Exercise and Movement Modality Experience for Mental Health and Well-being,” Stacey L. Pierce-Talsma, DO, MS, FNAOME and Carrie R. Janiski, DO, MS, ATC, NASM-PES

05e: “Neurovisceral Integration and OMT,” Michael L. Kuchera, DO, FAAO

05f: “Faculty Development Workshop—Part I,” Polly E. Leonard, DO, MS, FNAOME

1:30–3:30 p.m. A. Hollis Wolf Case Presentation Competition (see Page 7)

3–5 p.m.—Breakout sessions (ticket required)

06b: “Stuff My Mentors Taught Me About Treating Kids,” Jane E. Carreiro, DO

06c: “Treating Sleep Disorders,” Heather P. Ferrill, DO, MS MEdL

06d: “Putting It Into Practice: An Exercise and Movement Modality Experience for Mental Health and Well-being,” Stacey L. Pierce-Talsma, DO, MS, FNAOME and Carrie R. Janiski, DO, MS, ATC, NASM-PES

(continued on Page 6)
Saturday, March 19 (continued from Page 5)

06e: “Neurovisceral Integration and OMT,” Michael L. Kuchera, DO, FAAO

06f: “Faculty Development Workshop—Part II,” Michael P. Rowane, DO, FAAO, FAAFP, and Evelyn Schwalenberg, DO, MS, FACP, FACOI

06g: New Ideas Forum

6:30–7:15 p.m. President’s reception
7:15–10 p.m. President’s banquet (ticket required)
10 p.m.–midnight President’s entertainment (dance competition judged by Michael A. Seffinger, DO, FAAFP)

Sunday, March 20 • Potpourri

Lectures

8–9 a.m. “Homeopathy and Mood Disorders,” Gregory Ahern Thompson, DO

9–10 a.m. “Single Accreditation Update,” AOA President-elect Boyd R. Buser, DO, FACOFP

10–11 a.m. “Psychological Considerations in Pain: Supraspinal Pain Modulation and Implications for Optimal Treatment of the Patient in Pain,” Amy Williams, PhD

11 a.m.–noon “Is It Better to Burn Out Than to Fade Away?” Eric J. Snider, DO

Noon Convocation adjourns

Post-Convocation workshop

1–7 p.m. Residency Program Directors’ Workshop (see Page 12)

New Ideas Forum

On Saturday, March 19, from 3 to 5 p.m., members of the AAO’s Education Committee will facilitate a new ideas forum, and all AAO members are invited to submit their ideas.

Those with the most promising proposals for advancing osteopathic manipulative medicine will be given 15 to 30 minutes to outline their thoughts, demonstrate their techniques and field questions from their peers.

The AAO’s Education Committee is looking to fill the forum with briefings on new ideas, trends in medicine, research updates, old ideas applied in a new context, and forgotten ideas that should be resurrected.

Interested parties are invited to submit written abstracts by email to D Cole@academyofosteopathy.org before Jan. 29.

For the most up-to-date schedule, visit www.academyofosteopathy.org.

Attend the LBORC Research Forum

On Thursday, March 17, the Louisa Burns Osteopathic Research Committee (LBORC) will conduct its annual research forum from 6:30 to 8 p.m. to assist physicians, basic scientists and osteopathic medical students develop research proposals and conduct research.

Paul R. Standley, PhD, an intentionally renowned vascular physiologist and a recipient of several prestigious research and writing awards, will facilitate.

Brief presentations will be made by representatives of the LBORC, LBORC’s Student Osteopathic Academic Research group, the Developing Osteopathic Resident Research group, the Foundation for Osteopathic Research and Continuous Education, the American Osteopathic Association and DO-Touch.NET.

In addition, the LBORC will gather feedback for future research training conferences and supplement its database of research topics, mentors and mentees.

Join us for this congenial learning and social event with light refreshments.

To complement the research forum, the LBORC will conduct an interactive training seminar with Dr. Standley on Friday, March 18, from 2 to 3:30 p.m.

You can sign up for both the forum and the interactive seminar when you register online for Convocation. Alternatively, physicians can use the form on Page 10 of this brochure to register for these sessions, and students can use the form on Page 18.

Whether you are an experienced researcher or trying to figure out how to get started with research, you are encouraged to attend these sessions.
SAAO Chapters Send Reps to A. Hollis Wolf Competition

The Student American Academy of Osteopathy’s annual A. Hollis Wolf Case Presentation Competition will take place Saturday, March 19, from 1:30 to 3:30 p.m.

During the competition, students chosen from each SAAO chapter will have five minutes to present their cases. Students will demonstrate their understanding and application of osteopathic principles and treatment, their knowledge of pathophysiology and clinical aspects of their cases, and the impact of osteopathic care. Presenters will be judged on their presentation style, skill and slide design in addition to the students’ involvement in decision-making and delivering treatment.

The SAAO needs physicians to volunteer to judge the competition. Sign up online, or use the registration on Page 9. Judges’ comments will be provided to the presenters.

For more information, contact SAAO Vice Chair Sierra Autumn Grasso, OMS II, at saavchair@gmail.com.

OES Volunteers Receive CME and Chance to Win Convocation Registration

At the Academy’s Osteopathic Education Service (OES), volunteer physicians provide hands-on demonstrations of osteopathic diagnostic and treatment techniques in both private and group sessions.

DOs from all specialties are invited to volunteer to demonstrate their palpatory and treatment skills at the OES. Volunteers receive 0.5 credit of AOA Category 1-B CME for each demonstration. In addition, for each demonstration a physician provides during the 2016 Convocation, his or her name will be entered into a drawing for complimentary registration for the 2017 Convocation at The Broadmoor in Colorado Springs, Colorado.

At the 2015 Convocation, Nate DeLisi, DO, who provided 27 demonstrations, won the raffle for complimentary registration at the 2016 Convocation.

Contact AAO Associate Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, or SQuarles@academyofosteopathy.org to volunteer in advance for the OES at the 2016 Convocation.

Volunteers must have their own professional liability coverage. Demonstrations are for educational purposes only.
Who May Attend Convocation?

The AAO’s primary educational objective is to provide programs that enhance the philosophical foundation, palpatory diagnostic skills and manipulative techniques of AAO members, nonmember DOs, other individuals who are licensed for the unlimited scope of practice of medicine, and those in programs leading to such licensure.

Although other health care professionals are welcome to learn about osteopathic manipulative medicine (OMM) at AAO programs, attending the AAO’s Convocation or its Pre-Convocation courses is not a substitute for graduating from osteopathic medical school and completing graduate medical education. Simply participating in continuing medical education programs in manual techniques does not provide the necessary training and skills to practice OMM.

AAO Refund Policy

All cancellations must be received in writing.

An administrative fee of 20 percent of the total registration fee will be charged for cancellations made by Feb. 16, 2016.

After Feb. 16, registrants who cancel may apply up to 50 percent of their registration fee to another AAO continuing medical education course that is scheduled within the next 12 months. The remainder of the fee will not be refunded or applied to other AAO courses.

Meal tickets are nonrefundable, and there is no discount for not attending food functions covered by the main registration fee.

To cancel your registration for the 2016 Convocation, the pre-Convocation courses, or the post-Convocation Residency Directors’ Workshop, contact AAO Associate Executive Director Sherri L. Quarles by emailing her at S Quarles@academyofosteopathy.org, faxing her at (317) 879-0563 or writing to her at the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

Support Tomorrow’s Osteopathic Physicians

Contribute to the Nicholas S. Nicholas Fund and subsidize student registration fees. You can donate online, or you can use the mail-in registration form on Page 9 of this brochure.

Meals

Your registration fee for Convocation includes admittance to the opening reception and one ticket for the AAO’s annual business meeting and luncheon.

Tickets for the president’s banquet must be purchased separately.

For meals sponsored by the AAO, every attempt will be made to meet participants’ dietary needs. However, we cannot guarantee to satisfy all requests.

The Academy will provide only those meals that you select when you register online or that you pick when you fill out the form on Page 9. All other meals are on your own. It is strongly recommended that you make dinner reservations well in advance of Convocation if you wish to dine at a specific restaurant on a specific night in Orlando.
INSTRUCTIONS IF YOU CHOOSE NOT TO REGISTER ONLINE AT WWW.ACADEMYOFOSTEOPATHY.ORG

1. Type or print clearly within boxes below.
2. Complete one form per registrant.
3. Submit the completed form for each registrant by:
   • emailing the form and credit card information to SQuarles@academyofosteopathy.org.
   • faxing the form with your credit card information to (317) 879-0563.
   • mailing it with the appropriate fee to 2016 Convocation, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.
4. Read the AAO’s cancellation policy and photo release statement online.

If you have any questions or want additional program information, call (317) 879-1881, ext. 220, or email EventPlanner@academyofosteopathy.org.

REGISTRATION FEES

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Early (by 1/16)</th>
<th>Regular (1/17–2/28)</th>
<th>Late* (2/29/3/10)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active full member</td>
<td>$665</td>
<td>$765</td>
<td>$815</td>
</tr>
<tr>
<td>Retired member</td>
<td>$485</td>
<td>$585</td>
<td>$635</td>
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<tr>
<td>First two years in practice</td>
<td>$485</td>
<td>$585</td>
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<tr>
<td>Resident, intern or NUFA**</td>
<td>$460</td>
<td>$560</td>
<td>$610</td>
</tr>
<tr>
<td>Associate member</td>
<td>$665</td>
<td>$765</td>
<td>$815</td>
</tr>
<tr>
<td>International affiliate</td>
<td>$665</td>
<td>$765</td>
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<tr>
<td>PhD or other basic scientist</td>
<td>$345</td>
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<tr>
<td>Supporter member</td>
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<tr>
<td>Nonmember</td>
<td>$965</td>
<td>$1,065</td>
<td>$1,115</td>
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*On-site registration will be charged at the late rate plus $150.

**NUFA members have the option to register for the physician program or the student program. This registration is for the physician program.

MEALS AND EVENTS

<table>
<thead>
<tr>
<th>Event</th>
<th>Will attend</th>
<th>Will not attend</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opening reception (March 16, no fee)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Evening With the FAAOs (March 16, no fee)</td>
<td>☐</td>
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</tr>
<tr>
<td>Evening With the Stars (March 16, no fee)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Evening With the Stars and Stripes (March 17, no fee)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>AAO annual business meeting and luncheon (March 17)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>One ticket per member. Extra tickets are $50 each. #</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Meal preference: ☐ Chicken ☐ Vegan ☐ Gluten-free (hotel’s choice)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Gavel Club (March 17, $35 each) (former presidents and guests only) #</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>PAAO business meeting and luncheon (March 18, no fee)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>(Residents, interns and residency directors only) Buffet with vegan option.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Fellows dinner (March 18, $100 each) (FAAOs and guests only) #</td>
<td>☐</td>
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<tr>
<td>Meal preference: ☐ Beef ☐ Vegan ☐ Gluten-free (hotel’s choice)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>NUFA social (NUFA members only) (March 18, no fee)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>President’s banquet (March 19) (Not included in registration fee.)</td>
<td>☐</td>
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<td>Banquet tickets are $10 each.</td>
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</table>

PAYMENT

☐ Visa ☐ MasterCard ☐ Discover
☐ Check made payable to the AAO

BECOME A PHYSICIAN MENTOR

(Learn more on Page 16.)

Specialty (check one) ☐ NMM ☐ FP ☐ IM ☐ Peds ☐ Sports med ☐ PM&R ☐ EM ☐ OB/gyn ☐ Ortho ☐ Gen surgery ☐ Other: __________

Maximum number of protégés you are willing to mentor at one time (circle one): 1 2 3

Do you use osteopathic cranial manipulative medicine in your practice? ☐ Yes ☐ No

(continued on the next page)
**Physician Lectures and Breakout Sessions**

### Lectures

1. **01:** Thursday, March 17, 8–11 a.m.
   - “Poking Nervous and Sad People: Acupressure for Anxiety and Depression,” *Sajid A. Surve, DO*

2. **03:** Friday, March 18, 8 a.m.–12:30 p.m.
   - “Palpation of the Brain: Cerebellum, Brain Stem, Pons and Midbrain—Essential Lesions in CSF and FM,” *Bruno J. Chikly, MD, DO (France)*

3. **05:** Saturday, March 19, 8–9:30 a.m., Magoun Memorial Forum
   - “OMM for Mood Disorders: Osteopathic Psychiatry,” *Teodor Huzij, DO*

4. **08:** Saturday, March 19, 8–9 a.m., regular session
   - “OMM for Mood Disorders: Osteopathic Psychiatry,” *Teodor Huzij, DO*

5. **10:** Sunday, March 20, 8 a.m.–noon (joint session with students)
   - “OMM for Mood Disorders: Osteopathic Psychiatry,” *Teodor Huzij, DO*

### Breakout sessions

For each set of concurrent sessions, pick three, numbering them from 1 to 3. Please note that in most cases, the breakout sessions in the early afternoon are repeated in the late afternoon. Descriptions of the breakout sessions will be posted online as they are provided.

#### Thursday, March 17

2:30–4 p.m.

- **FULL 01a:** “Poking Nervous and Sad People: Acupressure for Anxiety and Depression,” *Sajid A. Surve, DO*
- **FULL 01b:** “Palpation of the Brain: Cerebellum, Brain Stem, Pons and Midbrain—Essential Lesions in CSF and FM,” *Bruno J. Chikly, MD, DO (France)*
- **FULL 01c:** “OMM for Mood Disorders: Osteopathic Psychiatry,” *Teodor Huzij, DO*
- **01d:** “Fascial Distortion Model in the ER,” *Todd A. Capistrant, DO, MHA*
- **01e:** “Healing Somatization by Restoring Fluid Flow,” *Maud H. Nerman, DO*

4:30–6 p.m.

- **02a:** “Poking Nervous and Sad People: Acupressure for Anxiety and Depression,” *Sajid A. Surve, DO*
- **02b:** “Palpation of the Brain: Cerebellum, Brain Stem, Pons and Midbrain—Essential Lesions in CSF and FM,” *Bruno J. Chikly, MD, DO (France)*
- **FULL 02c:** “OMM for Mood Disorders: Osteopathic Psychiatry,” *Teodor Huzij, DO*
- **02d:** “Fascial Distortion Model in the ER,” *Todd A. Capistrant, DO, MHA*
- **FULL 02e:** “Healing Somatization by Restoring Fluid Flow,” *Maud H. Nerman, DO*

#### Friday, March 18

2–3:30 p.m.

- **FULL 03a:** “Postpartum Depression,” *Candice C. Boyer, DO*
- **FULL 03b:** “Nutrition Cases and Questions,” *Kellie Hill*
- **03c:** “OMT for Primary Care Patients With Mental Health Issues,” *David C. Mason, DO, FACOFP*
- **FULL 03d:** “Osteopathic Clinical Approaches to Emotions,” *Kenneth J. Lossing, DO*
- **03e:** *LBORC Interactive Research Forum, Paul Standley, PhD*

4–5:30 p.m.

- **04a:** “Postpartum Depression,” *Candice C. Boyer, DO*
- **04b:** “Adverse Childhood Experiences Study (ACES) and Best Practices,” *David L. Corwin, MD*
- **FULL 04c:** “OMT for Primary Care Patients With Mental Health Issues,” *David C. Mason, DO, FACOFP*

#### Friday, March 18 (continued)

3–5 p.m.

- **FULL 04d:** “Osteopathic Clinical Approaches to Emotions,” *Kenneth J. Lossing, DO*
- **FULL 04e:** Component Society Forum, *Laura E. Griffin, DO, FAO, 2015-16 AAO president-elect* (This breakout session will not be repeated.)

12:30–2:30 p.m.

- **FULL 05b:** “Stuff My Mentors Taught Me About Treating Kidz,” *Jane E. Carreiro, DO*
- **05c:** “Treating Sleep Disorders,” *Heather P. Ferrill, DO, MS MEdL*
- **05d:** “Putting It Into Practice: An Exercise and Movement Modality Experience for Mental Health and Well-being,” *Stacey L. Pierce-Talsma, DO, MS, FNAOME and Carrie R. Janiski, DO, MS, ATC, NASM-PES*
- **FULL 05e:** “Neurovisceral Integration and OMT,” *Michael L. Kuchera, DO, FAAO*
- **05f:** “Faculty Development Workshop—Part I,” *Polly E. Leonard, DO, MS, FNAOME* (This session differs from the late-afternoon session.)

#### Saturday, March 19

3–5 p.m.

- **FULL 06b:** “Stuff My Mentors Taught Me About Treating Kidz,” *Jane E. Carreiro, DO*
- **FULL 06c:** “Treating Sleep Disorders,” *Heather P. Ferrill, DO, MS MEdL*
- **FULL 06d:** “Putting It Into Practice: An Exercise and Movement Modality Experience for Mental Health and Well-being,” *Stacey L. Pierce-Talsma, DO, MS, FNAOME and Carrie R. Janiski, DO, MS, ATC, NASM-PES*
- **FULL 06e:** “Neurovisceral Integration and OMT,” *Michael L. Kuchera, DO, FAAO*
- **06f:** “Faculty Development Workshop—Part II,” *Michael P. Roweane, DO, FAO, FAAPF, and Evelyn Schwalenberg, DO, MS, FACP, FACOI* (This session differs from the early-afternoon session.)
- **06g:** New Ideas Forum

#### Sunday, March 20

1–7 p.m.

- **09:** "Residency Program Directors’ Workshop" (Separate registration fee of $100. See Page 12.)
Have you ever been denied or expelled from membership in a national, state or district medical society or a component society of the AAO?

- Yes
- No

Have you ever been convicted of violating any state or federal narcotics act or committing any other felony?

- Yes
- No

Has your license ever been surrendered, suspended, or revoked?

- Yes
- No

(If you answered yes to any of the three questions above, please explain on a separate sheet.)

Education

<table>
<thead>
<tr>
<th>Institute or program</th>
<th>City and state</th>
<th>Year graduated</th>
<th>Degree</th>
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<tbody>
<tr>
<td>Premed college</td>
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<td>Medical college</td>
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<td>Internship</td>
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<tr>
<td>Residency</td>
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</table>

Specialty

License (state and number)

Membership in other medical societies

- American Osteopathic Association: Yes/No
- Osteopathic Cranial Academy: Yes/No
- Former SAAO member: Yes/No
- Former NUFA: Yes/No
- AAO-approved international registry: Yes/No
- Other:

Have you ever been denied or expelled from membership in a national, state or district medical society or a component society of the AAO?

- Yes
- No

Have you ever been convicted of violating any state or federal narcotics act or committing any other felony?

- Yes
- No

Has your license ever been surrendered, suspended, or revoked?

- Yes
- No

(After answering yes to any of the three questions above, please explain on a separate sheet.)

Membership categories (please select one)

- Full member: $274
- Second year in practice: $194
- First year in practice: $98
- Resident or intern (one year): $42
- Resident (three years): $111
- Resident (four years): $139
- Associate (MD, DDS, etc.): $274
- International affiliate: $302
- Supporter member: $274

Membership in other medical societies

- American Osteopathic Association: Yes/No
- Osteopathic Cranial Academy: Yes/No
- Former SAAO member: Yes/No
- Former NUFA: Yes/No
- AAO-approved international registry: Yes/No
- Other:

By providing the contact information above, you are giving the AAO permission to send marketing information regarding courses to your preferred mailing address, email address, and fax number.

Signature

Date
Residency Program Directors’ Workshop Open to All

On Sunday, March 20, 2016, from 1 to 7 p.m., AAO Trustee Michael P. Rowane, DO, FAAO, FAAFP, will facilitate a residency program directors’ workshop. Designed to address key concepts and practical pearls that will aid residency directors, their faculty and administrators in their roles as educators, this workshop is open to anyone with an interest in neuromusculoskeletal medicine (NMM) residencies, not just NMM residency directors.

As did the 2015 workshop, the 2016 workshop will focus on the single accreditation system for residencies that is being developed by the Accreditation Council for Graduate Medical Education (ACGME). Plans call for including a presentation by Laura Edgar, EdD, CAE, the ACGME’s executive director of milestone development, and conducting a roundtable discussion of the most recent program requirements issued by the ACGME Review Committee on Osteopathic Neuromusculoskeletal Medicine.

All NMM residency programs approved by the American Osteopathic Association (AOA) must send their program directors or designated physician faculty to this annual workshop. Residency directors must attend at least every two years, and new directors must attend within one year from when their appointment is acknowledged by the AOA.

For more information about the workshop, contact AAO Postdoctoral Liaison Amber Rausch at (317) 879-1881, ext. 216, or at ARausch@academyofosteopathy.org.

Sign up for the program directors’ workshop when you register online for Convocation or when you fill out the form on Pages 9-10 of this brochure. This workshop has a separate registration fee of $100.

Recently Graduated?
Join the Postgraduate American Academy of Osteopathy

If you are a recent graduate of an osteopathic medical college, consider rejoining the American Academy of Osteopathy as a member of the Postgraduate American Academy of Osteopathy (PAAO). The membership in the Academy you enjoyed as a member of the Student American Academy of Osteopathy does not automatically roll over into PAAO membership. PAAO membership is open to interns, residents and postdoctoral fellows in all specialties, not just those training in neuromusculoskeletal medicine (NMM).

The PAAO and the AAO are here to protect your interests, just as we did when we identified and responded to concerns about the Accreditation Council for Graduate Medical Education’s proposed program requirements for what are currently the Plus One residencies in NMM.

One of the greatest benefits the PAAO and AAO can provide you during your GME training is helping you to maintain and enhance your skills in osteopathic manipulative medicine (OMM) through the AAO Convocation and other CME courses.

You will find the Stars and Stripes Nights at Convocation just as exciting and inspiring now as they were when you were a student. And during the physicians’ workshops and lectures, you will learn from and alongside many of the most skilled OMM experts in the world.

After having your “osteopathic spirit” refreshed at Convocation, you will return to your GME program with a competitive edge regardless of what specialty you are training in.

As a PAAO member, your $505 discount on Convocation registration alone will pay for your annual dues more than 12 times over. And that does not take into account that your residency program may be willing to pay your PAAO dues.

By staying connected to the PAAO through the AAO, you remain part of a community that is passionate about your education and the growth of osteopathy. And you get a voice in shaping that growth because you are also a voting member of the AAO, and you have a resident representative on both the AAO’s Board of Trustees and its Board of Governors.

At the upcoming Convocation, you can exercise your voting privileges at the Academy’s annual business meeting on Thursday, March 17, 2016, from 11:45 a.m. to 2:15 p.m. At that meeting, you will help select officers, trustees and governors for the Academy. Be sure to bring a mobile phone, tablet or another device with texting capabilities so that you cast digital ballots.

On Friday, March 18, 2016, the PAAO will hold its own business meeting from 12:30 to 1:45 p.m. At this meeting, you will vote in new members of the PAAO Executive Council.

Visit www.academyofosteopathy.org to learn about the many other benefits the PAAO has to offer, including research opportunities, networking and professional development.

To join the PAAO, you can fill out the form on Page 11, or you can download the PAAO’s membership application.
Student Schedule

Removing the Stigma From Mental Illness: An Osteopathic Approach

The following schedule is for the Student American Academy of Osteopathy (SAAO) and the National Undergraduate Fellows Association (NUFA). NUFA members, however, can register for either the student program or the physician program. For NUFA members, the registration fee for the physician program is $235 more than the registration fee for the student program.

**Wednesday, March 16 (All times are Eastern)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>8 a.m.–5 p.m.</td>
<td>SAAO Board of Governors’ meeting</td>
</tr>
<tr>
<td>10 a.m.–8 p.m.</td>
<td>Convocation registration open</td>
</tr>
<tr>
<td>4–7 p.m.</td>
<td>NUFA program</td>
</tr>
<tr>
<td>5–7 p.m.</td>
<td>Opening reception in the exhibit hall</td>
</tr>
<tr>
<td>7–9 p.m.</td>
<td>Evening With the FAAOs, G. Bradley Klock, DO, FAAO, facilitator</td>
</tr>
<tr>
<td>9–10 p.m.</td>
<td>Mentorship meeting (The AAO Membership Committee will facilitate connecting physician mentors with student protégés. See Page 16.)</td>
</tr>
<tr>
<td>9–11 p.m.</td>
<td>Evening With the Stars (Practicing DOs will share with students pearls that are not taught in osteopathic medical school.)</td>
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**Thursday, March 17**

<table>
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<tr>
<td>7:30 a.m.–5 p.m.</td>
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</tr>
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<td>Convocation registration open</td>
</tr>
<tr>
<td>8 a.m.–5 p.m.</td>
<td>Osteopathic Education Service open (see Page 7)</td>
</tr>
<tr>
<td>8–9:30 a.m.</td>
<td>Breakout sessions (ticket required)</td>
</tr>
<tr>
<td>1As:</td>
<td>“The Art of HVLA,” Robert C. Clark, DO, MS</td>
</tr>
<tr>
<td>1Bs:</td>
<td>“Acupressure for Anxiety and Depression,” Sajid A. Surve, DO</td>
</tr>
<tr>
<td>1Cs:</td>
<td>“Stuff My Mentors Taught Me About Treating Kidz,” Jane E. Carreiro, DO</td>
</tr>
<tr>
<td>1Ds:</td>
<td>“Introduction to Osteopathy in the Cranial Field,” Thomas A. Moorcroft, DO, and Annette E. Hulse, DO</td>
</tr>
<tr>
<td>9:30–10 a.m.</td>
<td>Visit with the exhibitors</td>
</tr>
<tr>
<td>10–11:30 a.m.</td>
<td>Breakout sessions (ticket required)</td>
</tr>
<tr>
<td>2As:</td>
<td>“The Art of HVLA,” Robert C. Clark, DO, MS</td>
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<td>2Bs:</td>
<td>“Acupressure for Anxiety and Depression,” Sajid A. Surve, DO</td>
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<td>2Ds:</td>
<td>“Introduction to Osteopathy in the Cranial Field,” Thomas A. Moorcroft, DO, and Annette E. Hulse, DO</td>
</tr>
<tr>
<td>11:30 a.m.–1 p.m.</td>
<td>SAAO Board of Governors’ meeting, general elections, and elections for SAAO Executive Council</td>
</tr>
<tr>
<td>11:30 a.m.–1:30 p.m.</td>
<td>Visit with the exhibitors and lunch on your own</td>
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**Lectures**

<table>
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<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:30–2:30 p.m.</td>
<td>“The Power of Vulnerability,” a TED Talk by Brene Brown and discussion with Lisa Ann DeStefano, DO</td>
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</table>

2:30–3 p.m.  “Bullying: It Doesn’t End After Grade School—A Discussion of OMS and Resident Abuse,” Wm. Thomas Crow, DO, FAAO
3–3:30 p.m.  Visit with the exhibitors
3:30–4:30 p.m.  “Preparing for the Residency and Match,” Joshua Courteney, Combank
4:30–5:30 p.m.  “Postpartum Depression and the Core Link,” Candice C. Boyer, DO
6:30–8 p.m.  Louisa Burns Osteopathic Research Committee’s research forum (see Page 7)
6:30–8 p.m.  Pediatric Special Interest Group
8–9 p.m.  Mentorship meeting (The AAO Membership Committee will facilitate connecting physician mentors with student protégés. See Page 16.)
8–10 p.m.  Evening With the Stars and Stripes (Practicing DOs and residents will share pearls with students.)
10 p.m.–1 a.m.  SAAO mixer

**Friday, March 18**

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</tr>
<tr>
<td>3As:</td>
<td>“Refreshing the Still Technique,” Kelley J. Joy, DO</td>
</tr>
<tr>
<td>3Bs:</td>
<td>“Celiac and Midline Structures: The Role of Vagus and Midline Viscera,” Michael L. Kuchera, DO, FAAO</td>
</tr>
<tr>
<td>3Cs:</td>
<td>“Restoring Optimal Function for the Active Patient,” Richard G. Schuster, DO</td>
</tr>
<tr>
<td>3Ds:</td>
<td>“OMT Without an OMT Table,” Ann L. Habenicht, DO, FAAO, FACOFP, CS</td>
</tr>
<tr>
<td>9:30–10 a.m.</td>
<td>Visit with the exhibitors</td>
</tr>
<tr>
<td>10–11:30 a.m.</td>
<td>Breakout sessions (ticket required)</td>
</tr>
<tr>
<td>4As:</td>
<td>“Refreshing the Still Technique,” Kelley J. Joy, DO</td>
</tr>
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<td>4Bs:</td>
<td>“Celiac and Midline Structures: The Role of Vagus and Midline Viscera,” Michael L. Kuchera, DO, FAAO</td>
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</tr>
<tr>
<td>11:30 a.m.–1:30 p.m.</td>
<td>SAAO Board of Governors’ meeting</td>
</tr>
<tr>
<td>11:30 a.m.–12:30 p.m.</td>
<td>Visit with the exhibitors and lunch on your own</td>
</tr>
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(continued on Page 14)
Friday, March 18 (continued from Page 13)

12:30–1:30 p.m. Judging the Research Poster Presentation of the Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association

Lectures

1:30–2:30 p.m. “Allostasis and the Link of Mind-Body to Autonomics and the Immune System,” Frank H. Willard, PhD

2–3:30 p.m. “Interactive Research Training Seminar,” Paul Standley, PhD (optional breakout session with physicians)

2:30–3:15 p.m. “It Hurts So Good: An Introduction to the Fascial Distortion Model (FDM),” Todd A. Capistrant, DO, MHA

3:15–3:45 p.m. Visit with the exhibitors

3:45–4:30 p.m. “Sleep Hygiene,” Heather P. Ferrill, DO, MS MEdL

4:30–5:30 p.m. “Osteopathic Research,” Paul Standley, PhD

4:30–5:30 p.m. NMM-OMM Certification and Residency Program Information Session. Eric Hunter Sharp, DO (Students and residents can learn about residency opportunities and meet residency program directors.)

5:30–6:45p.m. SAAO semisilent auction

7–8 p.m. Practice for A. Hollis Wolf Case Presentation Competition (presenters only)

7–8:30 p.m. Alumni receptions

8–10 p.m. NUFA social (NUFA members only)

Saturday, March 19

7:30–11 a.m. Convocation registration open

8 a.m.–noon Osteopathic Education Service open (see Page 7)

8–9:30 a.m.—Breakout sessions (ticket required)

5As: Magoun Memorial FAAO-NUFA Forum, George J. Pasquarello, DO, FAAO (moderator) (FAAOs and NUFA members only)

5Bs: “Osteopathic Treatment of the Extremities,” James W. Binkerd, DO

5Cs: “It Hurts So Good: An Introduction to the Fascial Distortion Model (FDM),” Todd A. Capistrant, DO, MHA

5Ds: “Chapman’s Points,” William H. Devine, DO

5Es: “Visceral Manipulation,” Daniel G. Williams, DO

10–11:30 a.m.—Breakout sessions (ticket required)

6Bs: “Osteopathic Treatment of the Extremities,” James W. Binkerd, DO

6Cs: “It Hurts So Good: An Introduction to the Fascial Distortion Model (FDM),” Todd A. Capistrant, DO, MHA

6Ds: “Chapman’s Points,” William H. Devine, DO

6Es: “Visceral Manipulation,” Daniel G. Williams, DO

6Fs: Visit with the exhibitors

11:30 a.m.–1:30 p.m. Lunch on your own

1:30–3:30 p.m. A. Hollis Wolf Case Presentation Competition (see Page 7)

3:30 pm - 4:30 p.m. Harold A. Blood, DO, FAAO, Memorial Lecture, David R. Boesler, DO

4:30–5 p.m. Presentation of awards

6:30–7:15 p.m. President’s reception

7:15–10 p.m. President’s banquet (ticket required)

10 p.m.–midnight President’s entertainment (dance competition judged by Michael A. Seffinger, DO, FAAFP)

Sunday, March 20

Lectures (joint session with physicians)

8–9 a.m. “Homeopathy and Mood Disorders,” Gregory Ahern Thompson, DO

9–10 a.m. “Single Accreditation Update,” AOA President-elect Boyd R. Buser, DO, FACOP, facilitator

10–11 a.m. “Psychological Considerations in Pain: Supraspinal Pain Modulation and Implications for Optimal Treatment of the Patient in Pain,” Amy Williams, PhD

11 a.m.–noon “Is It Better to Burn Out Than to Fade Away?” Eric J. Snider, DO

Noon Convocation adjourns

For the most up-to-date schedule, visit www.academyofosteopathy.org.

At the AAO’s Convocation, attendees will learn from clinicians whom they might not otherwise meet. In addition, attendees who work hard all year get to relax and have fun with friends and other colleagues.

After the president’s reception on Saturday, March 19, Michael A. Seffinger, DO, FAAFP, will host an informal dance contest. Physicians, students, singles, couples, and groups are invited to compete for bragging rights. (Lewd behavior is strongly discouraged.)
At the president’s banquet during the AAO’s 2015 Convocation, Janice Upton Blumer, DO (right), and Sandra L. Slezynski, DO, FAAO, announced the winners of the LBORC poster competition.

**LBORC-NUFA Research Poster Presentations**

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to their annual Research Poster Presentation. Posters will be displayed in the exhibit hall on Thursday, March 17, and Friday, March 18, during the 2016 Convocation at Rosen Shingle Creek.

The LBORC-NUFA Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. The primary author of each poster must be a member of the AAO or the Student American Academy of Osteopathy. Ram’s head trophies will be presented to SAAO members who win first place in each of the three poster categories: original research, clinical research (single case study), and education and public health.

Primary authors will be asked to sign an AAO copyright agreement so that the Academy may post all of the posters on the AAO’s website. Signing the agreement does not prevent investigators from submitting full articles on their research to peer-reviewed journals, such as *The AAO Journal* and *The Journal of the American Osteopathic Association*.

Interested AAO and SAAO members should submit their poster titles and abstracts to the AAO by Friday, Jan. 15 2016. For full details on the criteria for the poster, see the Academy’s website at [www.academyofosteopathy.org](http://www.academyofosteopathy.org).

Poster judging will take place Friday, March 18, 2016, between 12:30 and 1:30 p.m., and winners will be announced at the student awards ceremony and at the president’s banquet on Saturday, March 19, 2016.

Submit poster title and abstract by Jan. 15, 2016, to Janice Upton Blumer, DO, c/o Debbie Cole at [DCole@academyofosteopathy.org](mailto:DCole@academyofosteopathy.org).

**Find 2015 Posters Online**

The winning posters and abstracts for the American Academy of Osteopathy’s LBORC-NUFA 2015 poster competition can be viewed online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org).

The 2015 competition was open to osteopathic medical students, interns, residents, postdoctoral fellows, researchers and practicing physicians, and it drew 35 posters on topics ranging from cranial oscillation to nontraditional teaching of osteopathic manipulative medicine.

The online versions of the posters and abstracts have not been edited to conform to the AAO’s style guidelines.

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At the AAO’s 2015 Convocation, Jessica B. Smith-Kelly, DO (left), answered questions about her poster presentation before earning first place in the residents’ clinical research category.
AAO Mentor Program

The mission of the American Academy of Osteopathy’s Mentor Program is to provide guidance and leadership to members of the Student American Academy of Osteopathy. This program is designed to increase osteopathic-specific education during the clinical years of osteopathic medical school by:

- reaching out to osteopathic medical students early in their education to positively influence their careers.
- providing educational and career guidance on choosing hospital sites for third- and fourth-year rotations, selecting internships and residencies and, ultimately, incorporating osteopathic philosophy into all aspects of medicine.

All osteopathic medical students and osteopathic physicians who belong to the Academy are invited to participate in the AAO Mentor Program. This is an excellent opportunity for students to obtain career advice from seasoned clinicians and for physicians to contribute to making the profession stronger.

Join us Wednesday, March 16, from 9 to 10 p.m., and Thursday, March 17, from 8 to 9 p.m. to learn more and to meet prospective mentors and protégés.

Physicians can sign up for the Mentor Program when they register for Convocation online or by using the form on Page 9 of this brochure. Students can sign up online or use the registration form on Page 17.

For more information, contact AAO Associate Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, or SQuarles@academyosteopathy.org.

Register for Convocation Online Now

For your convenience, you can register for the student program at Convocation online, or you can use the form on Page 17. Online registration offers a number of advantages: You pick your sessions in real time so you will know right away whether you will get the sessions you want. You automatically receive an electronic receipt, confirming your registration. You save time filling out the registration form and faxing or emailing it.
Students register online at www.academyofosteopathy.org

INSTRUCTIONS IF YOU CHOOSE NOT TO REGISTER ONLINE AT WWW.ACADEMYOFOSTEOPATHY.ORG

1. Type or print clearly within boxes below.
2. Complete one form per registrant.
3. Submit the completed form for each registrant by:
   • emailing the form and credit card information to SQuarles@academyofosteopathy.org.
   • faxing the form with your credit card information to (317) 879-0563.
   • mailing it with the appropriate fee to 2016 Convocation, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.
4. Read the AAO’s cancellation policy and photo release statement online.

If you have any questions or want additional program information, call (317) 879-1881, ext. 220, or email EventPlanner@academyofosteopathy.org.

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YEAR OF TRAINING (OMS I, II, III, IV, or V) AND GRADUATE DEGREES (PhD, MS, MA, etc.)

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*On-site registration will be charged at the late rate plus $150.
**NUFA members have the option to register for the student program or the physician program. This is the NUFA registration fee for the student program.

I AM: (check all that apply) ☐ SAAO chapter officer
☐ OMM fellow ☐ SAAO regional coordinator

I WOULD LIKE A PHYSICIAN MENTOR IN THE FOLLOWING
SPECIALTY (check one): ☐ NMM ☐ FP ☐ IM ☐ Peds
☐ Sports med ☐ PM&R ☐ EM ☐ OB/gyn ☐ Ortho
☐ Gen surgery ☐ Other: ___________________________

Are you interested in osteopathic cranial manipulative medicine? ☐ Yes ☐ No

T-SHIRT SIZE
☐ X Small ☐ Small ☐ Medium
☐ Large ☐ X Large ☐ XX Large ☐ XXX Large

EVENTS

NUFA program (March 16, no fee) (NUFA members only) ☐ ☐
Opening reception (March 16, no fee) ☐ ☐
Evening With the FAAOs (March 16, no fee) ☐ ☐
Evening With the Stars (March 16, no fee) ☐ ☐
LBORC’s research forum (March 17, no fee) ☐ ☐
Evening With the Stars and Stripes (March 17, no fee) ☐ ☐
SAAO mixer (March 17, no fee) ☐ ☐
NUFA social (NUFA members only) (March 18, no fee) ☐ ☐
President’s banquet (March 19) (Not included in registration fee.) ☐ ☐

Banquet tickets are $110 each. # _______

Meal preference: ☐ Beef ☐ Fish ☐ Vegan ☐ Gluten-free (hotel’s choice)

PAYMENT ☐ Visa ☐ MasterCard ☐ Discover
☐ Check made payable to the AAO

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Admission to the president’s banquet is not included in the general registration fee.
All who wish to attend the banquet must purchase tickets.
Student Lectures and Breakout Sessions

Lectures

_______ Thursday, March 12, 1:30–5:30 p.m.
_______ Friday, March 13, 1:30–5:30 p.m.
_______ Saturday, March 14, 1:30–5 p.m.
_______ Sunday, March 15, 8 a.m.–noon (joint session with physicians)

Breakout sessions
For each set of concurrent sessions, pick three, numbering them from 1 to 3. Please note that in most cases, the breakout sessions in the early afternoon are repeated in the late afternoon. Descriptions of the breakout sessions will be posted online as they are provided.

Thursday, March 17
8–9:30 a.m.
_______ 1As: Level 1: “The Art of HVLA,” Robert C. Clark, DO, MS
_______ FULL 1Bs: Level 2: “Acupressure for Anxiety and Depression,” Sajid A. Surve, DO
_______ 1Cs: Level 2: “Stuff My Mentors Taught Me About Treating Kidz,” Jane E. Carreiro, DO
_______ 1Ds: Level 2: “Introduction to Osteopathy in the Cranial Field,” Thomas A. Moorcroft, DO, and Annette E. Hulse, DO

Thursday, March 17
10–11:30 a.m.
_______ 2As: Level 1: “The Art of HVLA,” Robert C. Clark, DO, MS
_______ 2Bs: Level 2: “Acupressure for Anxiety and Depression,” Sajid A. Surve, DO
_______ 2Cs: Level 2: “Stuff My Mentors Taught Me About Treating Kidz,” Jane E. Carreiro, DO
_______ 2Ds: Level 2: “Introduction to Osteopathy in the Cranial Field,” Thomas A. Moorcroft, DO, and Annette E. Hulse, DO

Friday, March 18
8–9:30 a.m.
_______ 3As: Level 1: “Refreshing the Still Technique,” Kelley J. Joy, DO
_______ 3Bs: Level 2: “Celiac and Midline Structures: The Role of Vagus and Midline Viscera,” Michael L. Kuchera, DO, FAAO
_______ 3Cs: Level 2: “Restoring Optimal Function for the Active Patient,” Richard G. Schuster, DO
_______ 3Ds: Level 1: “OMT Without an OMT Table,” Ann L. Habenicht, DO, FAAO, FACOFP, CS

Friday, March 18
10–11:30 a.m.
_______ 4As: Level 1: “Refreshing the Still Technique,” Kelley J. Joy, DO
_______ 4Bs: Level 2: “Celiac and Midline Structures: The Role of Vagus and Midline Viscera,” Michael L. Kuchera, DO, FAAO
_______ FULL 4Cs: Level 2: “Restoring Optimal Function for the Active Patient,” Richard G. Schuster, DO
_______ 4Ds: Level 1: “OMT Without an OMT Table,” Ann L. Habenicht, DO, FAAO, FACOFP, CS

Indicate all lecture and breakout sessions you plan to attend.
You will receive attendance tickets for all of the lecture sessions and breakout sessions you select, as well as for the SAAO mixer. To record your attendance, place the appropriate ticket in one of the boxes outside the room for each session you attend.

Friday, March 18
2–3:30 p.m.
_______ 03e: “Interactive Research Training Seminar,” Paul Standley, PhD (optional breakout session with physicians)

Saturday, March 19
8–9:30 a.m.
_______ 5As: Magoun Memorial FAAO-NUFA Forum, George J. Pasquarello, DO, FAAO (moderator) (FAAOs and NUFA members only. This session will not be repeated.)
_______ 5Bs: Level 1: “Osteopathic Treatment of the Extremities,” James W. Binkerd, DO
_______ 5Cs: Level 2: “It Hurts So Good: An Introduction to the Fascial Distortion Model,” Todd A. Capistrant, DO, MHA
_______ 5Ds: Level 2: “Chapman’s Points,” William H. Devine, DO
_______ 5Es: Level 3: “Visceral Manipulation,” Daniel G. Williams, DO

Saturday, March 19
10–11:30 a.m.
_______ 6Bs: Level 1: “Osteopathic Treatment of the Extremities,” James W. Binkerd, DO
_______ 6Cs: Level 2: “It Hurts So Good: An Introduction to the Fascial Distortion Model,” Todd A. Capistrant, DO, MHA
_______ 6Ds: Level 2: “Chapman’s Points,” William H. Devine, DO
_______ 6Es: Level 3: “Visceral Manipulation,” Daniel G. Williams, DO

Level 1 breakout sessions are appropriate for students of all experience levels. Level 2 sessions are intended for students of intermediate and advanced learning. And Level 3 sessions are best suited for advanced students.
Resort Information

Stay at Rosen Shingle Creek for as little as $199 per night. Make your reservations online, or call (866) 996-6338. Mention that you are attending the 2016 AAO Convocation to get the best rate.

Situated on 230 acres just 15 minutes from Orlando International Airport, Rosen Shingle Creek boasts 1,501 guest rooms and suites and 490,000 square feet of dedicated, flexible meeting space. In addition, guests enjoy access to the Shingle Creek Golf Club, home of the Brad Brewer Golf Academy; a full-service spa; an extensive array of leisure facilities, including four heated pools, two hot tubs, two lighted tennis courts, a basketball court, a sand volleyball court, nature trails, walking trails and a video game room; a dozen dining options, including two AAA four-diamond restaurants, a taqueria, a sushi bar, a café, an ice creamery and poolside dining.

So much to do in Orlando

Shingle Creek Golf Club
Home of the Brad Brewer Golf Academy, this challenging yet playable course was designed by David Harman. The course lies along historic Shingle Creek and features interconnected waterways, undulating fairways and breathtaking views.

The Spa at Shingle Creek
Enjoy a workout in the sleek fitness studio overlooking scenic views, or experience the warmth of a mud wrap or the tranquility of the spa’s signature facials.

Walt Disney World Theme Parks and Resorts
Rosen Shingle Creek is just 8.3 miles from the world-famous Walt Disney World.

Universal Studios
Enjoy the movie- and TV-based theme park at Universal Studios, the five themed islands at Universal’s Islands of Adventure and sizzling nightlife at CityWalk.

Madame Tussaud’s
Visit the world-renowned museum of startlingly lifelike wax figures. With images from Abraham Lincoln to Selena Gomez, this museum features a wide variety of figures from many eras.

Wet ’n’ Wild
Make a splash at Orlando’s original water park with group rides such as a four-passenger bobsled and daring rides such as the pitch-black twists and turns of the Black Hole.

Central Florida Nature Adventures LLC
Offering kayak, birding and eco tours year-round, this outfitter also conducts guided manatee tours November through March. A variety of tours accommodates all kinds of guests, whether you are a novice or experienced paddler or a casual birder or a serious photographer.

SeaWorld Orlando
Play side by side with sea creatures at SeaWorld, Discovery Cove and Aquatica, all conveniently located just 2.7 miles away from Rosen Shingle Creek.

Gatorland
Gatorland provides affordable family fun. It showcases thousands of alligators and crocodiles, including four extremely rare leucistic “white” alligators. The free-flight aviary, petting zoo, one-of-a-kind animal shows, natural breeding marsh for alligators, and the “thrilling” Screamin’ Gator Zip Line will ensure your day will be filled with fun, smiles and special memories.

Photos courtesy of the Orlando Convention and Visitors Bureau
Save the date
for the AAO’s 2017 Convocation
at The Broadmoor
in Colorado Springs, Colorado

March 22-26, 2017

2016-17 AAO president:
Laura E. Griffin, DO, FAAO