Life in Motion
2015 AAO Convocation

The Science, Philosophy and Art of Osteopathic Medicine
Richard G. Schuster, DO, program chair

Didactic program for osteopathic physicians and other practicing health care professionals

March 11-15, 2015
Louisville Marriott Downtown and the Kentucky International Convention Center
Pre-Convocation Course: Brain, Vision, Membranes and Cerebrospinal Fluid

March 8-10, 2015 • Kentucky International Convention Center in Louisville

Course Description
This pre-Convocation course will cover numerous approaches and techniques for the eyes and the intracranial membranes, as well as techniques for affecting cerebrospinal fluid (CSF) in three different compartments of the cranium. Participants will discover how to balance the central nervous system, specifically the optic pathways; find out how manipulation of membranes benefits patients with cerebral palsy, Down syndrome and autistic spectrum disorders; learn about a new scientific model for CSF; and work on the intrinsic electricity of the brain and the brain’s electromagnetic field.

Course registrants are required to have previously completed Dr. Chikly’s Brain 1 course and a 40-credit introductory course in osteopathic cranial manipulative medicine that was approved by The Osteopathic Cranial Academy or a comparable course approved by Dr. Chikly.

Continuing Medical Education
24 credits of AOA Category 1-A CME are anticipated, all of which are anticipated to count as specialty-specific for neuromusculoskeletal medicine.

Course Times
Sunday, Monday and Tuesday: 8 a.m. to 5:30 p.m.
Breakfast and lunch are on your own. Coffee will be provided.

Registration Fees

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Register by Feb. 22, 2015, to ensure your reservation.

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Pre-Convocation Course: FDM of the Axial Spine—Module 2

March 8-10, 2015 • Kentucky International Convention Center in Louisville

Course Description
The fascial distortion model (FDM), an anatomical perspective developed by the late Stephen P. Typaldos, DO, addresses musculoskeletal injury by identifying and treating fascial distortions. According to the model, six distortions are responsible for most musculoskeletal injuries and pain. Correcting these distortions restores biotensegrity and symmetrical motion. The FDM provides health care professionals with insight into fascial function and relieving patients’ pain.

Course participants will be instructed in body language and verbal cues that describe pain caused by fascial distortions, and they will learn how to resolve those distortions. This course will focus on applying the FDM to treat the axial spine. The course will have separate sections on the cervical spine, thoracic spine, lumbar spine, sacrum and pelvis, and it will cover inversion treatments based on the FDM.

Completion of the first FDM module is not required.

Continuing Medical Education
24 credits of AOA Category 1-A CME are anticipated, all of which are anticipated to count as specialty-specific for neuromusculoskeletal medicine.

Course Times
Sunday, Monday and Tuesday: 8 a.m. to 5:30 p.m.
Breakfast and lunch are on your own. Coffee will be provided.

Registration Fees

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Register by Feb. 22, 2015, to ensure your reservation.

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.
Life in Motion: The Science, Philosophy and Art of Osteopathic Medicine

Richard G. Schuster, DO, 2015 Convocation program chair

Built around Andrew Taylor Still’s concept that every human being is a combination of mind, matter and motion, the AAO’s 2015 Convocation will explore motion as it relates to the science, philosophy and art of osteopathic medicine. Each day will focus on one aspect. The first day will explore the science of what we do. The second will explore how we practice the art of osteopathy in its various forms. The next day will focus on the osteopathic medical profession in motion by addressing such questions as: “Where have we been? Where are we going?” The last day will bring these disparate aspects together through osteopathic philosophy so that we better understand who we are and why we are here.

Physician Schedule

Wednesday, March 11 (All times are Eastern)

8–11 a.m. American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) recertification written exam
8 a.m.–noon AAO Board of Trustees’ meeting
10 a.m.–6 p.m. Registration open
11 a.m.–1 p.m. Residents’ in-service written exam
1–5 p.m. AAO Board of Governors’ meeting
2–5 p.m. Residents’ in-service practical exam
5–6:30 p.m. Postgraduate American Academy of Osteopathy (PAAO) mixer
5–6 p.m. Investment Committee’s meeting
5–7 p.m. Opening reception
7–9 p.m. Evening With the FAAOs
9–11 p.m. Evening With the Stars

Thursday, March 12—The Science of What We Do

7:30 a.m.–5 p.m. Registration open
7:30 a.m.–5 p.m. Exhibit hall open
8 a.m.–5 p.m. Osteopathic Education Service open

Morning lectures

8–8:10 a.m. Welcome and Introduction, Richard G. Schuster, DO, program chair
8:10–9 a.m. “The Evolution of the Human Pelvis,” Tafline Arbor, PhD
9–10 a.m. “The Function of the Spine—Part I,” Serge Gracovetsky, PhD
10–11 a.m. “Transforming Health and Healing,” Matthew W. Sanford, featured speaker
11–12:15 p.m. Visit with the exhibitors
12:15–2:30 p.m. AAO annual business meeting and luncheon

(continued on Page 4)

Health Pioneer Matthew W. Sanford to Kick Off Convocation as Featured Speaker

Because a devastating car accident at age 13 rendered him paraplegic, Matthew W. Sanford dedicates himself to helping individuals and society at large realize the practical importance of mind-body integration, focusing on people living with trauma, disabilities and other losses.

Sanford is a sought-after public speaker, a nationally recognized yoga teacher, the founder of the nonprofit Mind Body Solutions and the author of the critically acclaimed Waking: A Memoir of Trauma and Transcendence. He leads groundbreaking training for health care professionals on integrating mind-body principles into health care, and he has emerged as a leading voice in the integrated health movement, winning the 2010 Pioneer of Integrative Medicine Award from the California Pacific Medical Center’s Institute of Health and Healing. Previous recipients include Deepak Chopra, MD; Dean Ornish, MD; and Mehmet Oz, MD.

Sanford also has been featured on NBC’s “Today” show, in People magazine, and on American Public Media’s “On Being.” Drawing on his unique experience as a patient, paraplegic and yoga teacher, Sanford will use the featured lecture and his two breakout sessions at the AAO’s 2015 Convocation to share his mind-body approach to health and healing. He envisions a health care system in which both patients and caregivers are more connected to their bodies and in which the long-term journey of healing is shared.

Learning to manage the mind-body relationship is a secret to living well. It means refining and enhancing the quality of sensation that is experienced between mind and body.

In Sanford’s breakout sessions, participants will learn specific techniques to refine this level of sensation in themselves and others.
Thursday, March 12 (continued from Page 3)

2:30–4 p.m.—Breakout sessions (ticket required)

01a: “An Integrated Approach for Flexion and Gait—Part II,” Serge Gracovetsky, PhD

01b: “Waking Mind and Body,” Matthew W. Sanford

01c: “Osteopathic Lymphatic Techniques: Physical and Spiritual Transformations and Applications to the GI Tract and to Acute and Chronic Appendicitis,” Bruno J. Chikly, MD, DO (France)

01d: “Original Manipulative Techniques of A.T. Still, MD, DO, for the Foot and Ankle,” Rue Tikker, DPM

01e: “Osteopathy Through the Lens of Ayurveda: A Palpatory Experience,” Heather P. Ferrill, DO, MS MEdL

4–4:30 p.m. Visit with the exhibitors

4:30–6 p.m.—Breakout sessions (ticket required)

02a: “Application to the Detection of Spinal Injuries and the Clinical Assessment of Spinal Function—Part III,” Serge Gracovetsky, PhD

02b: “Waking Mind and Body,” Matthew W. Sanford

02c: “Osteopathic Lymphatic Techniques: Physical and Spiritual Transformations and Applications to the GI Tract and to Acute and Chronic Appendicitis,” Bruno J. Chikly, MD, DO (France)

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02e: “Osteopathy Through the Lens of Ayurveda: A Palpatory Experience,” Heather P. Ferrill, DO, MS MEdL

6–9 p.m. AOBNNM board meeting

6:30–7:30 p.m. Gavel Club reception
(former AAO presidents and guests only)

6:30–8 p.m. Pediatric Special Interest Group

6:30–8 p.m. Louisa Burns Osteopathic Research Committee’s Research Forum

7:30–11:30 p.m. FAAO forum (FAAOs and invited guests only)

8–10 p.m. Evening With the Stars and Stripes

Academy Legend to Offer Advice on ‘Where You Are’

As he approaches his 50th anniversary of becoming an osteopathic physician in 2015, Anthony G. Chila, DO, FAAODist, FCA, will share with his Academy colleagues how his thoughts, practices and teachings evolved during the past five decades. He will provide these insights during two breakout sessions on Saturday titled “Welcome to Wherever You Are” and a Sunday lecture titled “Be Where You Are When You Are There.”

A graduate of what is now the Kansas City (Missouri) University of Medicine and Biosciences College of Osteopathic Medicine (KCUMB-COM), Dr. Chila began his academic career in 1977 at the Michigan State University College of Osteopathic Medicine in East Lansing. In 1978, he transferred to the Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) at Athens. Dr. Chila retired from OU-HCOM in 2011, at which time he was named a professor emeritus of family medicine.

Dr. Chila has been extremely active with the Academy, serving as its president in 1983-84 and again in 1985-87, serving as scientific editor of The AAO Journal from 2000 to 2007, overseeing the Academy’s golden anniversary in 1987, editing the Academy’s 75th anniversary commemorative publication, and presenting frequently at Convocation. In 1997, Dr. Chila received the Academy’s highest award, the Andrew Taylor Still Medallion of Honor. Eleven years later, he received the inaugural Distinguished Service Award from the fellows of the American Academy of Osteopathy and the Distinguished Service Award from The Osteopathic Cranial Academy.

In addition, Dr. Chila chaired for five years what is now the American Osteopathic Board of Neuromusculoskeletal Medicine. Dr. Chila has also been active with the American Osteopathic Association. Most recently, he served as the executive editor for the third edition of the AOA’s Foundations of Osteopathic Medicine textbook. He also served on both the Editorial Advisory Board and the Editorial Board of The Journal of the American Osteopathic Association, as well as on the AOA Council on Research. In 1995, he received the AOA Council on Research’s Gutensohn-Denslow Award.

Dr. Chila has been the author or co-author of articles published in such journals as the AAOJ, the JAOA, Osteopathic Annals, the Journal of Applied Physiology, the Journal of Manual Medicine and the Journal of Musculoskeletal Pain.


Dr. Chila was named Alumnus of the Year by KCUMB-COM 1997 and Educator of the Year by the American Osteopathic Foundation in 2013.
Biographer Explores Spiritual Side of Still’s Work

The author of the 2012 biography *A.T. Still: From the Dry Bone to the Living Man*, John R. Lewis, BSc Ost Med (Honors), MSCCO, was introduced to osteopathy while working as a masseur at a health spa in Surrey, England. Although he had earned a diploma in remedial massage in 1987, Lewis enrolled in the British School of Osteopathy (BSO) in London in 1991. In his fourth year at the BSO, Lewis was awarded the R.K. Hardy Prize for the best dissertation. He graduated with a bachelor of science in osteopathic medicine (honors) in 1995.

Inspired by the writings of Andrew Taylor Still, MD, DO, that he had studied at the BSO, Lewis traveled to the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri to investigate the spiritual aspects of osteopathy in Dr. Still’s work. Lewis immersed himself in Kirksville’s history and archive collection for more than four years.

Lewis returned to Wales in 2002, and in 2009, he completed a nine-course pathway to become a member of the Sutherland Cranial College of Osteopathy (MSCCO). He has been the editor of the cranial college’s magazine since 2010.

Lewis practices osteopathy in Bangor, Gwynedd, in Wales, and he is a world-renowned lecturer on Andrew Taylor Still and osteopathy.

Friday, March 13—Practicing the Art of Osteopathy

7:30 a.m.–5 p.m.  Registration open
7:30 a.m.–5 p.m.  Exhibit hall open
8 a.m.–5 p.m.  Osteopathic Education Service open

Morning lectures

8–9 a.m.  “Analysis and Correction of Locomotor Dysfunction as It Applies to Autonomic Nervous System Dysregulation,” Lino Cedros, ATC, CAMTC, SP, MT
9:45–10:15 a.m.  Visit with the exhibitors
10:15–11 a.m.  “Goethean Science and Osteopathic Research,” Edward G. Stiles, DO, FAAO
11–11:45 a.m.  “Perspectives on Clinical Osteopathic Teaching,” Stefan Hagopian, DO, FAAO
11:45 a.m.–12:30 p.m.  “Osteopathic Medicine and Ayurveda: Exploring the Intersections of Health and Healing,” Heather P. Ferrill, DO, MS MedL
12:30–1:30 p.m.  Judging the Research Poster Presentation of the Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association
12:30–1:45 p.m.  PAAO’s annual business meeting and luncheon
12:30–2 p.m.  Visit with the exhibitors and lunch on your own
12:30–3:30 p.m.  Postdoctoral Standards and Evaluation Committee’s meeting

2–3:30 p.m.—Breakout sessions (ticket required)

03a:  “Assessing Motor Control Before and After OMT: The Implication for Corrective Exercise for Uncontrolled Movement,” Albert J. Kozar, DO, FAOASM, R-MSK
03b:  “An Osteopathic Approach to Gait Dysfunctions,” Edward G. Stiles, DO, FAAO
03c:  “Methods of Mentoring in Clinical Osteopathic Medicine,” Stefan Hagopian, DO, FAAO
03d:  “Lower Extremity Treatment and Regulation of Fluid Drive,” Lino Cedros, ATC, CAMTC, SP, MT
03e:  “Interactive Research Training Seminar—Part I,” Charles J. Smutny III, DO, FAAO
3:30–4 p.m.  Visit with the exhibitors

4–5:30 p.m.—Breakout sessions (ticket required)

04a:  “Assessing Motor Control Before and After OMT: The Implication for Corrective Exercise for Uncontrolled Movement,” Albert J. Kozar, DO, FAOASM, R-MSK
04c:  “Methods of Mentoring in Clinical Osteopathic Medicine,” Stefan Hagopian, DO, FAAO
04d:  “Lower Extremity Treatment and Regulation of Fluid Drive,” Lino Cedros, ATC, CAMTC, SP, MT

4:30–5:30 p.m.  NMM/OMM Certification and Residency Program Information Session
5:30–6:45 p.m.  Student American Academy of Osteopathy’s semi-silent auction
7–8:30 p.m.  Alumni receptions
8–10 p.m.  FAAO dinner (AAO fellows and guests only)

(continued on Page 6)
Saturday, March 14—The Osteopathic Medical Profession in Motion

8–9:30 a.m.  Magoun Memorial FAAO/NUFA Forum, Hugh M. Ettlinger, DO, FAAO (moderator)
8 a.m.–noon  Osteopathic Education Service open

Morning lectures
8–9 a.m.  “The Timeless Teachings of A.T. Still,” John R. Lewis, BSc Ost Med (Honors), MSCCO
9–10 a.m.  “Promoting Osteopathic Thought in Clinical Education—Every Patient, Every Day,” Robert A. Cain, DO
10–11 a.m.  “What Is Our Future?” Barbara Ross-Lee, DO, FACOFP
11 a.m.–12:30 p.m.  Lunch on your own
11 a.m.–2 p.m.  AAO Board of Trustees’ meeting
12:30–2:30 p.m.—Breakout sessions (ticket required)
  05a: “Dr. Still and Osteopathy: Why the Profession Needs to Get Back to Its Roots,” John R. Lewis, BSc Ost Med (Honors), MSCCO
  05b: “Welcome to Wherever You Are—Part I,” Anthony G. Chila, DO, FAAODist, FCA
  05c: “Use of Seated Facet Release in Children,” Karen M. Steele, DO, FAAO
  05d: “Visionary Leaders: Harnessing Inspiration and Imagination,” Judith A. O’Connell, DO, MHA, FAAO
  05e: “Faculty Development Workshop,” Michael P. Rowane, DO, FAAO, and Evelyn A. Schwalenberg, DO, MS, FACP, FACOI
2:30–5 p.m.—Breakout sessions (ticket required)
  06a: “Dr. Still and Osteopathy: Why the Profession Needs to Get Back to Its Roots,” John R. Lewis, BSc Ost Med (Honors), MSCCO
  06b: “Welcome to Wherever You Are—Part II,” Anthony G. Chila, DO, FAAODist, FCA
  06c: “Use of Seated Facet Release in Children,” Karen M. Steele, DO, FAAO
  06e: “Interactive Research Training Seminar—Part II,” Charles J. Smunty III, DO, FAAO
6:30–7:15 p.m.  President’s reception
7:15–9:30 p.m.  President’s banquet (ticket required)
9:30 p.m.–midnight  President’s entertainment

Sunday, March 15—Osteopathic Philosophy: Who We Are and Why We Are Here

Morning lectures
8–9 a.m.  “Complex Science and Osteopathic Practice,” Edward G. Stiles, DO, FAAO
9–10 a.m.  “The Beauty of Simple Osteopathy: Lessons I Have Learned,” Karen M. Steele, DO, FAAO
10–11 a.m.  “Be Where You Are When You Are There,” Anthony G. Chila, DO, FAAODist, FCA
11 a.m.–noon  “Life in Motion: A Conclusion,” Richard G. Schuster, DO, program chair
Noon  Convocation adjourns

Afternoon workshop
1–7 p.m.  Residency Program Directors’ Workshop

Support Tomorrow’s Osteopathic Physicians

Contribute to the Nicholas S. Nicholas fund and help subsidize student registration fees. You can donate online or on the mail-in registration form on Page 11 of this brochure.

Continuing Medical Education

The AAO anticipates the Convocation will be approved for a maximum of 30.5 credits of AOA Category 1-A CME, 25.5 of which are anticipated to count as specialty-specific for neuromusculoskeletal medicine.

Anticipated Credits

Lectures and workshops (Thursday through Sunday)  24.5 credits
Evening With the FAAOs (Wednesday)  2 credits
Evening With the Stars (Wednesday)  2 credits
Evening With the Stars and Stripes (Thursday)  2 credits

Additional Credits for Pre- and Post-Convocation Courses

“Brain, Vision, Membranes and Cerebrospinal Fluid” (March 8-10)  24 credits
“FDM of the Axial Spine—Module 2” (March 8-10)  24 credits
“Program Directors’ Workshop” (March 15)  5.5 credits

Attendees are responsible for placing the correct attendance tickets in the boxes outside the meeting rooms to verify their attendance at the lectures and breakout sessions.
Attend the LBORC Research Forum

On Thursday, March 12, the Louisa Burns Osteopathic Research Committee (LBORC) will host a research forum to raise awareness of available resources for developing research proposals and conducting research. The forum will be held in the Louisville Downtown Marriott from 6:30 p.m. to 8 p.m.

Brief presentations will be made by representatives of the LBORC, the Student Osteopathic Academic Research group, the Resident Osteopathic Academic Research group, the Foundation for Osteopathic Research and Continuous Education, the American Osteopathic Association’s Council on Research and DO-Touch.NET.

In addition, the LBORC will gather feedback for future research training conferences and will begin developing a database of research topics, mentors and mentees.

Join us for this convivial learning and social event with light refreshments. To ensure we have enough refreshments, please RSVP by emailing Debbie Cole at dcole@academyofosteopathy.org by Feb. 15.

To complement the research forum, the LBORC will conduct two interactive training seminars on research at Convocation. The first will be held Friday, March 13, from 2 p.m. to 3:30 p.m. in the Kentucky International Convention Center, and the second will be held Saturday, March 14, from 2:30 p.m. to 5 p.m. in the convention center.

Whether you are an experienced researcher or trying to figure out how to get started with research, join us for these three sessions.

AAO Refund Policy

All cancellations must be received in writing.

An administrative fee of 20 percent of the total registration fee will be charged for cancellations made by Feb. 11, 2015.

After Feb. 11, registrants who cancel may apply up to 50 percent of their registration fee to another AAO continuing medical education course that is scheduled within the next 12 months. The remainder of the fee will not be refunded or applied to other AAO courses.

Meal tickets are nonrefundable. There is no discount for not attending prepaid food functions.

To cancel your registration for the 2015 Convocation, the pre-Convocation courses, or the post-Convocation “Residency Directors’ Workshop,” contact AAO Associate Executive Director Sherri L. Quarles by emailing her at sqarles@academyofosteopathy.org or by writing to her at the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

Who May Attend Convocation?

The AAO’s primary educational objective is to provide programs that improve understanding of osteopathic philosophy and diagnostic and manipulative skills of AAO members, nonmember DOs, other individuals who are licensed for the unlimited scope of practice of medicine, and those in programs leading to such licensure.

Attending the AAO’s Convocation or its Pre-Convocation courses is not a substitute for graduating from osteopathic medical school and completing graduate medical education. Simply participating in continuing medical education programs in manual techniques does not provide the necessary training and skills to practice osteopathic manipulative medicine.

OES Volunteers Receive CME and Chance to Win Complimentary Registration to the AAO’s 2016 Convocation

The Academy’s Osteopathic Education Service (OES) provides volunteers with an opportunity to demonstrate their manipulative skills to other Convocation attendees. Volunteers receive 0.5 credit of AOA Category 1-B CME for each session. In addition, for each demonstration a DO provides during the 2015 Convocation, his or her name will be entered into a drawing for complimentary registration for the 2016 Convocation in Orlando, Florida.

In 2014, OES volunteer R. Paul Lee, DO, FAAO, FCA, won the raffle for the 2015 Convocation.

Contact AAO Event Planner Sherrie Warner at (317) 879-1881, ext. 220, or swarner@academyofosteopathy.org to sign up in advance for the OES at the 2015 Convocation.
Concurrent Breakout Sessions
The following descriptions are provided to assist Convocation attendees in selecting which breakout sessions to register for online or on Page 12 of this brochure.

Thursday, March 12

01a: “An Integrated Approach for Flexion and Gait—Part II,” Serge Gracovetsky, PhD
Building on ideas he will present in his Thursday-morning lecture, Dr. Gracovetsky will encourage participants to perceive the musculoskeletal system as one machine subjected to clear physical laws. He will emphasize the role of Earth’s gravitational field in locomotion. Participants also will learn to visualize the integration of fascia and muscle during motion, and they will learn how this integration minimizes the overall energy consumption and the stresses on bone, ligament and muscle tissue during movement.

02a: “Application to the Detection of Spinal Injuries—Part III,” Serge Gracovetsky, PhD
Building further on the ideas he will present in his Thursday-morning lecture and in his first afternoon workshop, Dr. Gracovetsky will focus on the two main basic pathological processes affecting the function of the spine. He will show how an automaton has made it possible to differentiate between these two processes using functional data without any pain, clinical or radiological data. Dr. Gracovetsky also will discuss why so many philosophically different rehabilitation techniques exist to treat patients with similar pathologies.

01b and 02b:
“Waking Mind and Body,” Matthew W. Sanford
Learning to manage the mind-body relationship is a secret to living well. It requires learning to refine and enhance the quality of sensation that is experienced between mind and body. In this experiential workshop, participants will learn specific techniques to refine this level of sensation in both themselves and others.

01c and 02c:
“Osteopathic Lymphatic Techniques: Physical and Spiritual Transformations and Applications to the GI Tract and to Acute and Chronic Appendicitis,” Bruno J. Chikly, MD, DO (France)
Participants will review the basic anatomy and physiology of the lymphatic system, including the novel primo-vascular system inside lymph vessels. Dr. Chikly will demonstrate specific palpation of the lymph flow, lymph-fascia release and their applications to the gastrointestinal tract, especially for treating patients with acute or chronic appendicitis.

01d and 02d:
“Original Manipulative Techniques of A.T. Still, MD, DO, for the Foot and Ankle,” Rue Tikker, DPM
Dr. Tikker will highlight the historical significance of eight manual techniques he learned from John Martin Hiss, DO, a student of Andrew Taylor Still, MD, DO. A brief review of the pertinent anatomy and physiology of the foot and ankle will follow. During the hands-on portion of each of these breakout sessions, Dr. Tikker will teach the eight techniques to participants. Upon completing either session, participants should be able to perform these eight techniques on patients, explain the clinical relevance of performing these techniques and appreciate their historical significance.

Friday, March 13

03a and 04a:
“Assessing Motor Control Before and After OMT: The Implication for Corrective Exercise for Uncontrolled Movement,” Albert J. Kozar, DO, FAOASM, R-MSK
Participants will review the principles of functional motor control assessment from the models of Vladimir Janda, MD, DSc; Grey Cook, MSPT, OCS, CSCS; and Mark Comerford, BPhy, MCSP, MAPA. Dr. Kozar will discuss the similarities and differences in these approaches, and he will demonstrate how to assess functional movement in patients, apply corrective osteopathic manipulative treatment to regional somatic dysfunction, and reassess patients movement.

03b and 04b:
“An Osteopathic Approach to Gait Dysfunctions,” Edward G. Stiles, DO, FAAO
Dr. Stiles will demonstrate diagnostic and treatment tools for evaluating gait and for treating patients’ diagnosed dysfunctions.
Great differences exist between introductory and advanced levels of osteopathic teaching in the clinical setting. The first few years of training necessarily focus on developing basic diagnostic and coordination skills. Those skills can be taught in large group settings with minimal individual guidance. However, the same is not always true when students seek to develop the clinical skills that outperform other medical and manual methods of health care. Osteopathic teaching at this advanced level requires tailoring instructions to students’ attentive skills and other strengths. Dr. Hagopian will outline teaching methods for third-year osteopathic medical students and beyond, which is the period of training with the greatest potential for altering students’ learning curve for osteopathic skills.

In each of these breakout sessions, Cedros will explain how plantar venous pump dysfunction relates to regulation of fluid drive through the venous circulatory system and how the dysfunction affects immunity through increased sympathetic tone.

Kick-start your research project by developing a researchable question and hypothesis, and learn how to choose an appropriate research design. Participants will work in small groups, and experienced researchers will guide the process. This seminar is open to all interested in osteopathic medical research.

Leaders of the AAO’s component societies are invited to meet with the Academy’s incoming president to discuss current concerns and developments.

These breakout sessions will expand on the themes Lewis raises in his Friday-morning lecture. Lewis will explore the original philosophy and principles of osteopathy as formulated by Andrew Taylor Still, MD, DO, and he will explain why they are as relevant today as they were during Dr. Still’s lifetime.

Dr. Chila will describe the development of his thoughts, practices and teachings during his 50 years as an osteopathic physician. In this breakout session, Dr. Chila will focus on how to relieve pain in the lower body using inferior thoracic aperture release, iliococcygeus fascia release, pelvic diaphragm release, sacropelvic assessment, lower-extremity compartmentalization and more.

In this breakout session, Dr. Chila will focus on how to relieve pain in the upper body, using inferior thoracic aperture release, superior thoracic aperture release, scapulofascial reconciliation, upper-extremity compartmentalization and more.

Dr. Steele will demonstrate a technique she learned from Richard Still Jr., DO, a great-grandson of Andrew Taylor Still, MD, DO. The technique is a combination of gentle articulatory technique and myofascial release targeted at facet joints. Dr. Steele uses seated facet release to treat children aged 6 months and older. During each of these breakout sessions, Dr. Steele will review using seated facet release to treat children with cervical, thoracic, lumbar and pelvic disorders.

Participants will continue to develop research projects by identifying potential threats to validity and by starting research proposals, including setting budgets and drafting grant requests. Like Friday’s research seminar, this one is open to all who are interested in osteopathic medical research.
Become a Mentor

The mission of the American Academy of Osteopathy’s Mentor Program is to provide guidance and leadership to members of the Student American Academy of Osteopathy. This program was designed to help address the lack of osteopathic-specific education during the clinical years of osteopathic medical school by:

• reaching out to osteopathic medical students early in their education and providing a positive influence on their careers.
• providing educational and career guidance on choosing hospital sites for third- and fourth-year rotations, selecting internships and residencies and, ultimately, incorporating osteopathic philosophy into all aspects of medicine.

All osteopathic medical students and osteopathic physicians who belong to the Academy are strongly encouraged to participate in the AAO Mentor Program. This is an excellent opportunity for students to become active proponents of osteopathic medicine and for physicians to contribute to making the profession stronger.

Sign up for the Mentor Program using the Convocation registration form on Page 11 of this brochure. For more information, contact SAAO Liaison Sherrie Warner at (317) 879-1881, ext. 220, or swarner@academyofosteopathy.org.

Registration Packet Distribution

If you register in advance for Convocation, your complete registration packet will be available to pick up at the AAO registration desk beginning at 10 a.m. on Wednesday, March 11.

Daily registration hours

10 a.m. to 6 p.m.—Wednesday, March 11
7:30 a.m. to 5 p.m.—Thursday, March 12
7:30 a.m. to 5 p.m.—Friday, March 13

Meals

Your registration fee for Convocation includes admittance to the opening reception and one ticket for the AAO’s annual membership meeting and luncheon. Tickets for the president’s banquet must be purchased separately.

For meals sponsored by the AAO, every attempt will be made to meet participants’ dietary needs. However, we cannot guarantee to satisfy all requests.

Only meals selected on the registration form on Page 11 of this brochure will be provided. All other meals are on your own. It is strongly recommended that you make dinner reservations well in advance of Convocation if you wish to dine at a specific restaurant on a specific night in Louisville.

LBORC/NUFA Research Poster Presentations

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to the LBORC/NUFA Research Poster Presentation. The presentation will be held Friday, March 13, during the 2015 AAO Convocation at the Louisville Marriott Downtown in Kentucky.

The Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. The primary author of each poster must be a member of the AAO or the Student American Academy of Osteopathy. Ram’s head trophies will be presented to SAAO members who win first place in each of the three poster categories: original research, clinical research (single case study), and education and public health.

Primary authors will be asked to sign an AAO copyright agreement so that the Academy may publish the winning posters in The AAO Journal (AAOJ) and post all of the posters on the AAO’s website. Signing the agreement does not prevent investigators from submitting full articles on their research to other peer-reviewed journals, such as The Journal of the American Osteopathic Association.

Interested AAO and SAAO members should submit their poster title and abstract to the AAO by Thursday, Jan. 15, 2015. For full details on the criteria for the poster, see the Academy’s website at www.academyofosteopathy.org.

Poster judging will take place Friday, March 13, 2015, between 12:30 and 1:30 p.m., and winners will be announced at the president’s banquet on Saturday, March 14, 2015.

Submit poster title and abstract by Jan. 15, 2015, to Janice Upton Blumer, DO, c/o Debbie Cole at dcole@academyofosteopathy.org.
**Physician Registration Form**

2015 AAO Convocation • March 11-15 • Louisville, Kentucky

**INSTRUCTIONS**
1. Type or print clearly within boxes, or register online at www.academyofosteopathy.org.
2. Complete one form per registrant.
3. Submit the completed form for each registrant by:
   - mailing it with the appropriate fee to 2015 Convocation, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136,
   - faxing the form with your credit card information to (317) 879-0563, or
   - emailing the form and credit card information to squarles@academyofosteopathy.org.
4. Read the AAO’s cancellation policy.

If you have any questions or want additional program information, call (317) 879-1881, ext. 220, or email swarner@academyofosteopathy.org.

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**REGISTRATION FEES**

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Early* (on or before 1/10)</th>
<th>Regular (1/11-2/10)</th>
<th>Late* (2/11-3/10)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active full member</td>
<td>$665</td>
<td>$765</td>
<td>$815</td>
</tr>
<tr>
<td>Retired member</td>
<td>$485</td>
<td>$585</td>
<td>$635</td>
</tr>
<tr>
<td>Second year in practice</td>
<td>$485</td>
<td>$585</td>
<td>$635</td>
</tr>
<tr>
<td>First year in practice</td>
<td>$485</td>
<td>$585</td>
<td>$635</td>
</tr>
<tr>
<td>Resident, intern or NUFA**</td>
<td>$460</td>
<td>$560</td>
<td>$610</td>
</tr>
<tr>
<td>Associate member</td>
<td>$665</td>
<td>$765</td>
<td>$815</td>
</tr>
<tr>
<td>International affiliate</td>
<td>$665</td>
<td>$765</td>
<td>$815</td>
</tr>
<tr>
<td>PhD or other basic scientist</td>
<td>$435</td>
<td>$445</td>
<td>$495</td>
</tr>
<tr>
<td>Supporter member</td>
<td>$665</td>
<td>$765</td>
<td>$815</td>
</tr>
<tr>
<td>Nonmember</td>
<td>$925</td>
<td>$1,025</td>
<td>$1,175</td>
</tr>
</tbody>
</table>

*On-site registration will be charged at the late rate plus $150.

**NICHOLAS S. NICHOLAS FUND**

- $100 donation
- $50 donation
- $10 donation
- Other Amount: $__________

**PAYMENT**

- Visa
- MasterCard
- Discover
- Check made payable to the AAO

**MEALS AND EVENTS**

<table>
<thead>
<tr>
<th>Event</th>
<th>Will attend</th>
<th>Will not attend</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evening With the FAAOs (3/11, no fee)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evening With the Stars (3/11, no fee)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evening With the Stars and Stripes (3/12, no fee)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AAO annual membership meeting and luncheon (3/12)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>One ticket per member. Extra tickets are $50 each. #________</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Meal preference:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken</td>
<td>Vegan</td>
<td>Gluten-free (hotel’s choice)</td>
</tr>
<tr>
<td>Gavel Club (3/12, $35 each) (former presidents and guests only)</td>
<td>#________</td>
<td></td>
</tr>
<tr>
<td>PAAO business meeting and luncheon (3/13, no fee)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Residents, interns and residency directors only) Menu: Buffet with vegan option</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fellows dinner (3/13, $100 each) (FAAOs and guests only)</td>
<td>#________</td>
<td></td>
</tr>
<tr>
<td><strong>Meal preference:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beef</td>
<td>Vegan</td>
<td>Gluten-free (hotel’s choice)</td>
</tr>
<tr>
<td>President’s banquet (3/14) (Not included in registration fee.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Banquet tickets are $110 each. #________</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Meal preference:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beef</td>
<td>Fish</td>
<td>Vegan</td>
</tr>
</tbody>
</table>

**BILLING ADDRESS IF DIFFERENT FROM ABOVE**

**BECOME A PHYSICIAN MENTOR**

Specialty (check one)  
- NMM  
- FP  
- IM  
- Peds  
- Sports Med  
- PM&R  
- EM  
- OB/Gyn  
- Ortho  
- Gen Surgery  
- Other: __________

Maximum number of protégés willing to mentor at one time (circle one): 1 2 3

Do you use osteopathic cranial manipulative medicine in your practice? Yes  No

(continued on the next page)
Physician Lectures and Breakout Sessions

You will receive CME-attendance tickets for all of the lecture and breakout sessions you select. To obtain CME, you will need to place the appropriate ticket in one of the boxes outside the lecture hall for each session you attend.

Please indicate all lectures you plan to attend.

<table>
<thead>
<tr>
<th>Thursday, March 12</th>
<th>2:30–4 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>01a: Thursday, March 12, 8–11:30 a.m.</td>
<td></td>
</tr>
<tr>
<td>01b: Thursday, March 12, 2:30–4 p.m.</td>
<td></td>
</tr>
<tr>
<td>02a: Thursday, March 12, 4:30–6 p.m.</td>
<td></td>
</tr>
<tr>
<td>03a: Friday, March 13, 8 a.m.–12:30 p.m.</td>
<td></td>
</tr>
<tr>
<td>03b: Friday, March 13, 2–3:30 p.m.</td>
<td></td>
</tr>
<tr>
<td>04a: Friday, March 13, 4–5:30 p.m.</td>
<td></td>
</tr>
</tbody>
</table>

Please number your breakout session choices from 1 to 3 for each session.

(For descriptions of the breakout sessions, see Pages 8–9 of this brochure.)

<table>
<thead>
<tr>
<th>Thursday, March 12 (continued)</th>
</tr>
</thead>
<tbody>
<tr>
<td>05a: Saturday, March 14, 8–9:30, Magoun Memorial Forum</td>
</tr>
<tr>
<td>05b: Saturday, March 14, 8–11 a.m.</td>
</tr>
<tr>
<td>08: Sunday, March 15, 8 a.m.–noon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday, March 13 (continued)</th>
</tr>
</thead>
<tbody>
<tr>
<td>04c: “Methods of Mentoring in Clinical Osteopathic Medicine,” Stefan Hagopian, DO, FAAO</td>
</tr>
<tr>
<td>04d: “Lower Extremity Treatment and Regulation of Fluid Drive,” Lino Cedros, ATC, CAMTC, SP, MT</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday, March 14</th>
<th>12:30–2:30 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
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<td></td>
</tr>
<tr>
<td>05b: Saturday, March 14, 8–11 a.m.</td>
<td></td>
</tr>
<tr>
<td>08: Sunday, March 15, 8 a.m.–noon</td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday, March 14 (continued)</th>
</tr>
</thead>
<tbody>
<tr>
<td>05c: “Use of Seated Facet Release in Children,” Karen M. Steele, DO, FAAO</td>
</tr>
<tr>
<td>05d: “Visionary Leaders: Harnessing Inspiration and Imagination,” Judith A. O’Connell, DO, MHA, FAAO</td>
</tr>
<tr>
<td>05e: “Faculty Development Workshop,” Michael P. Rowane, DO, FAAO, and Evelyn A. Schwalenberg, DO, MS, FACP, FACOI</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday, March 14</th>
<th>2:30–5 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>06a: “Dr. Still and Osteopathy,” John R. Lewis, BSc Ost Med (Honors), MSCCO</td>
<td></td>
</tr>
<tr>
<td>06b: “Welcome to Wherever You Are—Part I,” Anthony G. Chila, DO, FAAODist, FCA</td>
<td></td>
</tr>
<tr>
<td>06c: “Use of Seated Facet Release in Children,” Karen M. Steele, DO, FAAO</td>
<td></td>
</tr>
<tr>
<td>06e: “Interactive Research Training Seminar—Part II,” Charles J. Smutny III, DO, FAAO</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sunday, March 15</th>
<th>1–7 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>09: “Residency Program Directors’ Workshop” (Separate registration fee of $100)</td>
<td></td>
</tr>
</tbody>
</table>
AOA No. ____________ Date of birth ____________ Place of birth (city/state) ____________ Citizenship ____________

Full name, including degrees ____________________________________________________________________________________________
Gender: □ Male □ Female

Practice name ____________________________________________________________________________________________________________
Street address __________________________________________________________________________________________________________
City and state ___________________________________________________________ ZIP code ____________ Country ________________
Phone ________________________ Fax ________________________ Email ________________________________________________________________
By releasing your fax number and email address, you are giving the AAO permission to send marketing information regarding courses via fax and email.

Home address ____________________________________________________________________________________________________________
City and state ___________________________________________________________ ZIP code ____________ Country ________________
Phone ________________________ Fax ________________________ Email ________________________________________________________________
By releasing your fax number and email address, you are giving the AAO permission to send marketing information regarding courses via fax and email.

Preferred mailing address: □ Office □ Home Preferred email: □ Office □ Home Preferred phone: □ Office □ Home

Please indicate where the AAO may publish online your preferred mailing address and telephone number (check all that apply):
□ Find a DO □ Membership directory □ Do not publish

Medical education

Institute or program ____________________________________________________________________________________________
City and state ___________________________________________________________ Degree __________________________ Year graduated __________

Premed college ____________________________________________________________________________________________
Medical college ____________________________________________________________________________________________
Internship ____________________________________________________________________________________________
Residency ____________________________________________________________________________________________
Specialty ____________________________________________________________________________________________
License (state and number) __________________________

Other medical societies

American Osteopathic Association □ Yes □ No Osteopathic Cranial Academy □ Yes □ No Former SAAO member □ Yes □ No
International (AAO-approved registry) □ Yes □ No Former NUFA □ Yes □ No Other ________________

Have you ever been denied or expelled from membership in a national, state or district medical society or a component society of the AAO? □ Yes □ No
Have you ever been convicted of a felony or violation of any state or federal narcotics act? □ Yes □ No
Has your license ever been surrendered, suspended, or revoked? □ Yes □ No
(If you answered yes to any of the three questions above, please explain on an separate sheet.)

AAO sponsor or reference
(Not required if you graduated from an accredited U.S. osteopathic medical college)

Membership categories (please select one)

Full member.......................... $274 Resident or intern (one year).... $42
Associate (MD, DDS, etc.)...... $274 Resident (three years) ............. $111
International affiliate ............ $302 Resident (four years)............. $139
Second year in practice.......... $194 Supporter member ............... $274
First year in practice ............. $98

Payment by Visa, MasterCard, Discover, or personal check in U.S. dollars only. Please make checks payable to the American Academy of Osteopathy.

Name as it appears on card ________________________________________________________________
Card No. ____________ 3-digit CVV No. ____________
Type: □ Visa □ MasterCard □ Discover

Expiration date ____________

In signing this application, I certify that the above information is correct and complete, and I hereby agree to abide by the constitution and bylaws of the American Academy of Osteopathy. I agree to accept the AAO Board of Trustees as the sole judge of my qualifications to be and remain a member. I hereby authorize the American Academy of Osteopathy to charge the above credit card for the membership dues selected above. I understand that any money submitted will be refunded if my application is not approved.

Signature ____________________________________________________________________________ Date ________________
Recently Graduated? Join the Postgraduate American Academy of Osteopathy

If you are a recent graduate of an osteopathic medical college, consider rejoining the American Academy of Osteopathy as a member of the Postgraduate American Academy of Osteopathy (PAAO). The membership in the Academy you enjoyed as a member of the Student American Academy of Osteopathy does not automatically roll over into PAAO membership. PAAO membership is open to interns, residents and postdoctoral fellows in all specialties, not just those training in neuromusculoskeletal medicine.

The purpose of the PAAO is to:

• promote osteopathic principles and practice (OPP) in graduate medical education.
• maintain a network for interns, residents and postdoctoral fellows interested in OPP.
• bring interns, residents and postdoctoral fellows together at the AAO Convocation.
• provide a mechanism for interns, residents and postdoctoral fellows to express their concerns to the AAO.

Other benefits of joining the PAAO include:

• substantial discounts on AAO educational programs, including Convocation.
• savings on books and other publications offered through the AAO online store.
• complimentary subscriptions to The AAO Journal, AAO Member News and “OsteoBlast.”
• access to the PAAO’s representative on the AAO Board of Trustees and the AAO Board of Governors, who provides interns, residents and postdoctoral fellows with a greater voice in AAO policymaking.

At the upcoming Convocation, the PAAO will hold its annual business meeting and elect its 2015-16 officers on Friday, March 13, 2015, from noon to 1:45 pm.

Visit www.academyofosteopathy.org to obtain more information and to download the PAAO’s membership application.

Now Available in the AAO’s Online Store

**New Manual Articular Approach: Upper Extremity**
Jean-Pierre Barral, DO (UK), PT, and Alain Croibier, DO (France)
263 pages, hardcover, $79.95
The original techniques presented in this book are simple, precise and not at all forceful.

**Manual Therapy for the Peripheral Nerves**
Jean-Pierre Barral, DO (UK), PT, and Alain Croibier, DO (France)
288 pages, hardcover, $72.95
The authors introduce new evaluation and therapy concepts for the peripheral nerves with step-by-step descriptions of examination and treatment techniques.

**Manual Therapy for the Cranial Nerves**
Jean-Pierre Barral, DO (UK), PT, and Alain Croibier, DO (France)
320 pages, hardcover, $80.95
This essential guide incorporates new techniques that affect the most precious part of the cranium: the brain.

**At the Still Point of the Turning World**
Robert Lever, DO (UK)
204 pages, paperback, $45
The author makes important contributions to the ongoing debate about the scope of and approach to osteopathy.

Members receive a 10% discount. • www.academyofosteopathy.org
Location Information

If you need to make hotel reservations, you can obtain up-to-date information on available hotels by contacting the AAO at (317) 879-1881 or SWarner@academyofosteopathy.org.

Events will take place at the Louisville Marriott Downtown and at the Kentucky International Convention Center.

So much to do in Louisville

No visit to Louisville is complete without a visit to Churchill Downs, home of the Kentucky Derby.
www.churchilldowns.com

Fourth Street Live! is Louisville’s premier dining, entertainment and retail destination. Located on Fourth Street between Liberty Street and Muhammad Ali Boulevard, it is in the heart of historic downtown Louisville.
www.4thstlive.com

Discover the area’s only interactive art environment at the Speed Art Museum, where you’ll find ancient, classical and modern art spanning 6,000 years.
www.speedmuseum.org

While the sun is shining, take a ride on the historic Belle of Louisville, the oldest operating steamboat in the nation.
www.belleoflouisville.org

Experience history in the making at the Louisville Slugger Museum and Factory, which has been making baseball bats since 1884.
www.sluggermuseum.com

Located in the heart of downtown Louisville, the Muhammad Ali Center is a cultural attraction and international education center inspired by the ideals of its founder, Muhammad Ali.
www.alicenter.org

Visit www.gotolouisville.com for more information.

Photos courtesy of the Louisville Convention and Visitors Bureau
Save the date
for the AAO’s 2016 Convocation
at the Rosen Shingle Creek
in Orlando, Florida

March 16-20, 2016

2015-16 AAO president:
Doris B. Newman, DO, FAAO

Program chair:
Millicent King Channell, DO, FAAO