The Next Step

Residency and the Match

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So, am I a doctor?

- Degree from AOA-COCA accredited school.
- Doctorate
- Licensure
  - State Laws
  - General Practice
- Certification
  - Specialty Boards
  - AOA/ACGME
  - B.E. vs. B.C.
How long will I be in postgraduate training?

OVERVIEW OF TRAINING STRUCTURE
Postdoctoral Training

- THREE YEAR PROGRAMS (examples)
  - IM
  - FM
  - Pediatrics
Postdoctoral Training

**FOUR YEAR PROGRAMS (examples)**

- Anesthesiology
- Emergency Medicine
- OB/GYN
- Psychiatry
- Diagnostic Radiology
- Neurology
- Ophthalmology
- Dermatology
Postdoctoral Training

- **FIVE YEAR PROGRAMS** (examples)
  - General Surgery
  - Orthopedic Surgery
  - IM/EM
  - FM/EM
  - IM/PEDS
  - Urologic Surgery (can be six years)
  - Neurologic Surgery (can be six years)
Fellowship Training-examples

- Medical Fellowships/Pediatric Fellowships
  - Allergy/Immunology
  - Hem/Onc
  - Endocrinology
  - Cardiology
  - Pulmonology
  - Infectious Diseases
  - Nephrology
  - Rheumatology
  - Critical Care
  - Palliative Care
  - Geriatrics (*generally not done by peds)
Fellowship Training-examples

- Surgical Fellowships
  - Colorectal
  - Thoracic
  - Cardiothoracic
  - Vascular
  - Trauma
Fellowship Training-examples

- Family Medicine
  - Sports Medicine
  - Geriatrics
  - NMM/OMT
  - Addiction Medicine
Fellowship Training-examples

- Orthopedic Surgery
  - Spine
  - Hand
  - Sports

- Ophthalmology
  - Cornea
  - Retina

- Diagnostic Radiology
  - Interventional Radiology
  - Neuro-radiology
How to Pick a Specialty?

- “Careers in Medicine” program
- Cutting or Non-Cutting?
- Shadow that specialty
- Keep an open mind
Differences in first year training

WHAT IS AN INTERN?
OPTION “1” Programs

- Match directly into residency
  - First year is as an **OGME-1R**
    - Anesthesiology
    - Emergency Medicine
    - Family Practice and OMT
    - Family Practice/Emergency Medicine
    - Family Practice Integrated NMM
    - General Surgery
    - Internal Medicine
    - Internal Medicine/Emergency Medicine
    - Internal Medicine/Pediatrics
    - Neurology
    - Neurological Surgery
    - Obstetrics and Gynecology
    - Orthopedic Surgery
    - Otolaryngology/Facial Plastic Surgery
    - Otolaryngology
    - Pediatrics
    - Psychiatry
    - Urological Surgery
OPTION “2” Programs

- Match simultaneously into a preliminary internship and training program
  - OGME-1P
    - Diagnostic Radiology
    - Neuromuscular Medicine and OMT
    - Ophthalmology
    - Pathology
    - Radiation Oncology
  - Internship is not necessarily at same institution
OPTION “3” and “Traditional”

- Residencies not offered to students through the match
  - Also for the “undecided”
  - Must apply separately for the residency program (OGME -1T)
    - Dermatology
    - Physical Medicine and Rehabilitation
    - Public Health and Preventive Medicine
    - Proctologic Surgery
Match Process
## Match Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>July 1</td>
<td>ERAS open for AOA programs.</td>
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<tr>
<td>Sept 15</td>
<td>ERAS opens for ACGME programs</td>
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<tr>
<td>Feb</td>
<td>AOA Match (NMS)</td>
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<tr>
<td>March</td>
<td>ACGME Match (NRMP)</td>
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How the Match works…

- Student Rank List
  - Program A
  - Program B
  - Program C
  - Program D
  - Program E
  - Program F
  - Program G

- Program Rank List
  - Applicant 1
  - Applicant 2
  - Applicant 3
  - Applicant 4
  - Applicant 5
  - Applicant 6
  - Applicant 7
The Match – AOA/NMS

- The Match implies a contract:
  - Program has 10 days after the match to issue the contract.
  - The applicant has 30 days after receipt to sign it.
  - Failure to sign the contract is considered a breach and the AOA will not allow any other contract for that year.

The Match – ACGME/NRMP

- The Match implies a contract:
  - The program sends a letter verifying the match
  - You must send back a copy of the letter signed by the deadline provided by the program

ACGME/NRMP Process

- January Recertification from your COM
  - Eligibility for a July 1\textsuperscript{st} start.
    - COMLEX-USA Level 2 CE/PE passed?
    - Good academic standing?
  - Without re-certification:
    - Cannot submit a rank list
    - Cannot participate in SOAP
AOA vs. ACGME Match

- You can participate in both simultaneously.
- If you match AOA/NMS, you will automatically be withdrawn from the ACGME/NRMP.
Pre-Match Offers

- ACGME/NRMP Loophole
  - D.O.’s and IMG’s only
  - Going away in 2013

- AOA accredited programs cannot offer contracts prior to the match.
Top 6 Factors for Residency Interview Offers

- 73% COMLEX Level 1/USMLE Step 1
- 71% Letters of Recommendation
- 68% Personal Statement
- 62% Grades in clerkships
- 61% COMLEX Level 2 CE, PE and/or USMLE Step 2 CK, CS
- 60% MSPE (important for competitive specialties)
The “Other” Factor

“NWTH”
Top 6 Factors Programs use for Ranking

- Interview – 4.7/5.0
- Interaction with people – 4.6/5.0
- Professionalism and ethics – 4.4/5.0
- Grades in desired specialty – 4.2/5.0
- Board scores – 4.1/5.0
- MSPE – 3.9/5.0
The 2010 DO Match

- 2443 available spots
  - 1473 students matched
- The open spots were in TRI – traditional rotating internship
  FM
  IM
The 2010 MD Match

- MD Match
  - 22,809 PGY1 spots
  - ~ 14,000 MD
  - ~ 2,000 DOs
  - ~ 15,000 IMGs entered this match

- MD Match
  - 93-94% MD students matched
  - 70% DO students matched

- 1060 available MD spots
  - 1078 MD’s scrambled
  - 600 DO’s scrambled
The 2010 MD Match

- Almost $\frac{1}{2}$ of the unfilled spots were in Transitional year
- Preliminary year – IM
- Preliminary year - Surgery
Word on the street…

- Program directors insist on passing Level 2/Step 2 scores before they will rank an applicant.
- Must see passing CE and PE (or CK and CS).
The COMLEX perspective

- For the Level 2 CE, the national mean score is ~ 500
What is your back-up plan?

- Increase your applications
  - Minimum of 6

- Expand your locations
  - But ONLY where you will agree to go
What is your back-up plan?

- Consider a back-up specialty
  - But ONLY what you would consider doing
  - Sports Medicine
    - Family Medicine
    - Orthopedics
    - PM/R
AOA SCRAMBLE:

- NMS posts a vacancy list.
- Most applicants placed within 36 hours.
Supplemental Offer & Acceptance Program (SOAP):
- A “second match”
- Uses ERAS
- Rank lists submitted
- Daily offers with 2 hour responses
- Historically 2/3 of spots are filled in first day. This is to “slow it down”.

“The Scramble” - ACGME
Some states require completion of an Osteopathic first year of training for licensure (FL, MI, PA, OK).

Leadership positions within our profession require Osteopathic training and certification.

While avenues at the AOA exist to recognize ACGME training; they are not guaranteed.
Will there be enough residency spots for me?

**Osteopathic**
- ~4,400 graduates
- ~3,000 OGME – 1 spots
  - 70% ACGME match
  - 95% AOA match

**Allopathic**
- ~18,000 graduates
- ~30,000 PGY – 1 spots
Will there be enough residency spots for me?

**Osteopathic**
- ~4,400 graduates
- ~3,000 OGME – 1 spots
  - 70% ACGME match
  - 95% AOA match

**Allopathic**
- ~18,000 graduates
- ~30,000 PGY – 1 spots

**International Medical Graduates**
- ~15,000
  - US citizens
    - 60% match
  - Non-US citizens
    - 40% match
What about the “ACGME change” rumors?

- **PROPOSED** rule
  - For 2014 or 2015 or 2016
- Either all in or all out
- To finish in MD residency/fellowship, you would have to start in MD internship or residency
- Much opposition
  - DO and MD organizations and RPD’s
More Osteopathic Positions?

- 340 positions **NET** increase
  - In 2010-2011
  - In **NEW** residencies
- 120 additional positions **NET** increase
  - In 2010-2011
  - In **CURRENT** residencies
Questions?