Executive Director’s Message: Those Year-End Appeals

Diana L. Finley, CMP

With roughly one million charities operating in the United States – and most of them seeking year-end contributions—it’s no wonder your mailbox bulges with appeal letters as the calendar winds down. Seems like everybody wants your money!

Sorting through the mail, you find familiar organizations and some you don’t recognize. You wonder, “How did these people get my name?”

And to adding to the onslaught of mail, your telephone rings more often. “Help us avoid a financial crisis.” “We’ll have to close the doors if we can’t pay our bills.” “Children will starve unless you give.” “The sky is falling!”

It’s downright irritating, isn’t it? As you consider the variety and intensity of the financial appeals you receive, we hope you will remember at least five things about the American Academy of Osteopathy (AAO).

1. The Academy leadership counts you as part of their family.
   Whether you are a recent or longtime member of the AAO, the Academy leadership values your interest and involvement. They consider you a partner in this great profession. You are part of their family and together share a common commitment and mission.

2. The Academy remains true to its mission.
   As you know, the Academy’s mission is to teach, advocate and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles, practices and manipulative treatment in patient care. We want you to know that we have not veered from this, nor do we intend to. We lay our plans, building our budgets and monitor our results to better achieve this mission. You can have confidence we are staying the course.

3. We depend on your faithful giving.
   The Foundation for Osteopathic Research and Continuous Education (FORCE) was incorporated in February 2011 as the fundraising arm of the American Academy of Osteopathy. For the past 75 years, the AAO has supported research in OMT and OPP, and sponsored educational programs to teach practitioners how to use these techniques with their patients.

   With the creation of FORCE, the Academy offers an independent organization whose sole focus and purpose is to research and educate with the ultimate goal of translating research findings into clinical practice. Thus, the foundation has been charged to come full circle from research design and management, publication and ultimately clinical practice to benefit the human community.

   FORCE’s mission is to support and sponsor research and education in OMT and OPP, as well as to improve the quality of health and well-being in communities around the world. Whether through a small annual gift or a larger estate gift, we rely on your financial support to help us accomplish our important mission. The more you give, the more we do. It’s that simple. On the other hand, without you, we could not exist.
We pledge financial fidelity.
We wince when we hear of scandals involving non-profit organizations because this casts a shadow over all charities. So we want to affirm to you that financial integrity is extremely important to us. We maintain strict accounting and reporting rules. Our books are open and we invite any donor to scrutinize us to the limit. Please know that your contribution to the AAO through FORCE is treated carefully and with a keen sense of stewardship.

We offer personalized service.
The Foundation will provide personal and confidential consultation on your gift planning ideas. We can make legal counsel available to design a giving program that supports your interests and our financial needs, including proper tax planning. For more information or to speak with a Foundation representative, please contact:

Dave Massello
FORCE Vice President
(847) 922-6694
djmassello@bpiecgl.net

Guy A. DeFeo, DO
Campaign Chair
(207) 467-5932
guydefeo@yahoo.com

Jennifer Ernst
Senior Research Analyst
(847) 217-3093
jernsthpd@aol.com

OU-HCOM CORE Osteopathic Principles and Practices Committee and Ohio Regional Chapter of American Association of Osteopathy present

OMM SKILLS ENHANCEMENT COURSE for PRACTICING PHYSICIANS

Refine your OMM skills in a course taught by faculty from the Ohio University Heritage College of Osteopathic Medicine and our partner hospitals in the Centers for Osteopathic Research and Education. Anatomy labs will be conducted prior to each lecture, with OMM skills practice after each lecture. **Earn an anticipated 6.5 to 13 1-A CME credits.**

- **Friday, Nov. 30, 2012, from 10 a.m. – 6 p.m.**
- **Saturday, Dec. 1, 2012, from 8 a.m. – 4 p.m.**
- **Ohio University Heritage College of Osteopathic Medicine, Athens, Ohio**

For information and/or to download a registration form, go to:

www.oucom.ohiou.edu/omm/ommrefreshercourse
Prolotherapy Weekend

October 25-27, 2012, at UNECOM in Biddeford, ME

Course Outline

**Thursday, October 25, 5:00 pm - 10:00 pm:** Physicians who have not taken a prior course in prolotherapy are required to attend this session. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.

**Friday and Saturday, October 26-27, 8:00 am - 5:30 pm:** Participants will be divided into two groups—beginners and advanced. These two groups will alternate between lectures in anatomy and injection technique, and time in the anatomy lab performing injections under supervision and reviewing prosections.

*Principles of Prolotherapy* by Cantieri MS, Pasquarello GJ and Ravin TH, will serve as the course syllabus. Please see [http://principlesofprolotherapy.com/index.html](http://principlesofprolotherapy.com/index.html) for details.

**Prerequisites**

Functional anatomy: (1) Level I course or equivalent. Participants must indicate upon registration whether they are a beginner or advanced prolotherapy student. If you are unsure, please contact Lisa Susemichel at the AAO.

**CME**

20 hours of AOA Category 1-A credit is anticipated

**Travel Arrangements**

Call Tina Callahan of Globally Yours Travel at (800) 274-5975. A rental car is recommended since the campus is located about 15-20 minutes from most hotels and restaurants.

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### Registration Form

**Prolotherapy Weekend**  
October 25-27, 2012

Name: ____________________________  AOA#: _____________

Nickname for Badge: __________________________

Street Address: __________________________

________________________________________

City: __________________________ State: ________  Zip: ___________

Phone: __________________________ Fax: __________________________

E-mail: __________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): __________________________

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**Registration Rates**

☐ $1,500 - I already own a copy of *Principles of Prolotherapy*

☐ $1,810 - Please order me a copy of *Principles of Prolotherapy*

I am a ☐ Beginner  ☐ Advanced prolotherapy student.

Please notify us of any special dietary restrictions.

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars.

Credit Card #: __________________________

Cardholder’s Name: __________________________

Expiration Date: __________  3-digit CVV#________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: __________________________

Click here to view the [AAO’s Cancellation and Refund Policy](#)

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.

Or register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)
Mark your calendar for these upcoming Academy meetings and educational courses.

October 6
FORCE Board of Directors Meeting, 9 am PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 7
AAO Board of Trustees Meeting, 8 am PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 8
LBOR Committee Meeting, 6:30 am PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 8-10
AAO Program at the AOA Convention: Osteopathic Considerations for Head and Neck Disorders
Millicent K. Channell, DO, FAAO, Program Chair—San Diego Convention Center, San Diego, CA

October 9
Education Committee Meeting, 12 pm PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 25-27
Prolotherapy Weekend—Mark S. Cantieri, DO, FAAO; George J. Pasquarello, DO, FAAO
UNECON, Biddeford, ME

November 7
Fellowship Committee Teleconference, 8:30 pm EDT

November 9
AOBNMM Meeting—Wyndham Hotel West, Indianapolis, IN

November 10
AOBNMM Oral & Practical Exams—Wyndham Hotel West, Indianapolis, IN

November 11
AOBNMM Written Exam—Wyndham Hotel West, Indianapolis, IN

Nov. 30-Dec. 2
Oscillatory & Energetically Integrated Osteopathic Medicine in a Contemporary Setting
Zachary J. Comeaux, DO, FAAO—NSUCOM, Fort Lauderdale, FL

January 1, 2013
Fellowship applications due

Jan. 18-20, 2013
Osteopathic Approach to Clinically Relevant Myofascial Trigger Points
Michael Kuchera, DO, FAAO—AZCOM, Glendale, AZ

Feb. 1-2, 2013
Education Committee Meeting—Indianapolis, IN

February 7, 2013
Membership Committee Teleconference, 8:30 pm EDT

March 2-9, 2013
AOA Mid-year Meeting, Fairmont Kea Lani Hotel, Wailai, Maui, Hawaii

March 4-6, 2013
AOA Board of Trustees Meeting, Fairmont Kea Lani Hotel, Wailai, Maui, Hawaii

March 17-19, 2013
Peripheral Nerve: Upper Body (Pre-Convocation)—Kenneth J. Lossing, DO
Rosen Shingle Creek Resort, Orlando, FL

March 18-19, 2013
Treating Children with Common Developmental and Neurological Issues: An International Osteopathic Perspective (Pre-Convocation)—Jane E. Carreiro, DO—Rosen Shingle Creek Resort, Orlando, FL

March 18-19, 2013
Osteopathic Considerations in Systemic Dysfunction of the Geriatric Patient (Pre-Convocation)
Michael L. Kuchera, DO, FAAO; Hugh M. Ettlinger, DO, FAAO—Rosen Shingle Creek Resort, Orlando, FL

March 20, 2013
Cellular Biology and the Cellular Matrix (Pre-Convocation)—Frank H. Willard, PhD
Rosen Shingle Creek Resort, Orlando, FL

March 20-24, 2013
AAO Convocation—Mechanotransduction and the Interstitium: The World In Between
Gregg C. Lund, DO—Rosen Shingle Creek Resort, Orlando, FL

May 17-19, 2013
Palpating and Treating the Brain: The Ventricular System and the Brain Nuclei—Bruno Chikly, MD, DO
AZCOM, Glendale, AZ

June 14-16, 2013
Normalization of Muscle Function—Jay B. Danto, DO—UMDNJSOM, Stratford, NJ
Oscillatory and Energetically Integrated Osteopathic Medicine in a Contemporary Setting

November 30-December 2, 2012, at NSUCOM in Fort Lauderdale, FL

Course Description
The course will give practitioners an introduction to, or an organized context in which to use, rhythmic force in the application of osteopathic manipulation—either to complement their current methods or as a new alternative strategy. Three major trains of thought emerge, namely the use of the mechanical percussion vibrator updated from Dr. Fulford’s introductory view; a purely manual application (Facilitated Oscillatory Release); and a phenomenological approach to mindfulness in manipulation. Contemporary neuroscience and cognitive science pertinent to these skills will be reviewed. Each of the three areas will be dealt with conceptually, but also with practical exercises intended to integrate them rapidly into practice.

Dr. Comeaux’s attitude toward each is that vibratory methods should be most appropriately viewed not as separate models, but as part of an eclectic, integrated approach to the intended end, facilitating normal function. This includes engagement on multiple levels of dynamic physiology. Integration relies on having strategies and skills, but also a perceptive, mindful approach. The use of oscillation and managed perception, furthermore, develop insight into the common features of many approaches to subtle Osteopathy and advanced practice.

CME
20 hours of AOA Category 1-A credit is anticipated

Course Directors
Zachary J. Comeaux, DO, FAAO, a student/protegé of Robert C. Fulford, DO, has researched neuroscience/cognitive science relevant to Dr. Fulford’s “energetic” patient/practitioner interaction. The result is an integrative synthesis taught to avid osteopathic communities overseas for years. As president of the World Osteopathic Health Organization and active in the Osteopathic International Alliance, he has a broad view of osteopathic history, concept and practice. A 1988 graduate of OUCOM, he is certified in FM and NMM, and carries this integrative perspective into workshops.

Prerequisites
Level I course and basic understanding of functional anatomy.

Course Times
Friday and Saturday: 8:00 am - 5:30 pm (lunch provided)
Sunday: 8:00 am - 12:30 pm (lunch on your own)

Course Location
NSUCOM
3301 College Ave.
Fort Lauderdale, FL 33314
(800) 541-6682

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Course Description
The course will give practitioners an introduction to, or an organized context in which to use, rhythmic force in the application of osteopathic manipulation—either to complement their current methods or as a new alternative strategy. Three major trains of thought emerge, namely the use of the mechanical percussion vibrator updated from Dr. Fulford’s introductory view; a purely manual application (Facilitated Oscillatory Release); and a phenomenological approach to mindfulness in manipulation. Contemporary neuroscience and cognitive science pertinent to these skills will be reviewed. Each of the three areas will be dealt with conceptually, but also with practical exercises intended to integrate them rapidly into practice.

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CME
20 hours of AOA Category 1-A credit is anticipated

Registration Form
Oscillatory & Energetically Integrated Osteopathic Medicine November 30-December 2, 2012

Name: ________________________________ AOA#: __________________
Nickname for Badge: _______________________________________________
Street Address: _____________________________________________________
_______________________________________________________________________
City: ____________________________ State: ________ Zip: ___________
Phone: ___________________________ Fax: ___________________________
E-mail: ____________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): ____________________________________________________________

Registration Rates

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Please notify us of any special dietary restrictions.

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: _______________________________________________________
Cardholder’s Name: ___________________________________________________
Expiration Date: _____________________ 3-digit CVV#_________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ___________________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org

October 2012 AAO Member Newsletter
**AAO Committees to Convene at OMED**

The chairpersons of select AAO committees have scheduled meetings during the American Osteopathic Association Convention (OMED) in San Diego, CA. Most meetings will take place at the assigned AAO meeting rooms at the Marriott Marquis Hotel. Please check the monitor at the hotel for the specific rooms assigned to the Academy.

Some chairpersons have sent agendas to committee members via e-mail, while others plan to hand out the agenda and supporting documents at the beginning of the meeting. If you are unable to attend your committee’s meeting in San Diego, please notify the chairperson so you have an opportunity to provide input on the issues that will be discussed.

**Saturday, October 6**
FORCE Board of Directors Meeting– 9:00 am to 11:30 am

**Sunday, October 7**
AAO Board of Trustees Meeting– 8:00 am to 5:00 pm

**Monday, October 8**
Louisa Burns Osteopathic Research Committee Meeting– 6:30 am to 8:00 am
AAO Northup Lecture (Room 6C of San Diego Convention Center)– 11:30 am to 12:00 pm

**Tuesday, October 9**
Education Committee Meeting– 12:00 pm to 2:00 pm

**AAO to Provide Osteopathic Diagnosis & Treatment Education Service at OMED**

Ever year at OMED, the Academy offers free Osteopathic Diagnosis & Treatment Education (OD & TE) sessions to convention goers, including students, guests and exhibitors. These sessions are provided for educational purposes only. DOs from all specialties are invited to take advantage of this unique opportunity. OD & TE Chairperson Clay Walsh, DO, respectfully requests that all AAO-member physicians attending OMED consider donating one-half to one hour of their time to this service. Participating physicians can earn one-half hour Category 1-B AOA CME credit for each individual they treat.

The AAO prefers advance notice from osteopathic physicians who would like to volunteer, but will accept volunteers on site. The OD & TE service will be offered Sunday, October 7, from 9:00 am to 5:00 pm; Monday, October 8, from 10:00 am to 4:30 pm; and Tuesday, November 9, from 9:00 am to 3:00 pm. The treatment center will be located in the Exhibit Hall of the San Diego Convention Center. Volunteers must have their own professional liability coverage. If you are interested in volunteering, please contact Lisa Susemichel, AAO Meeting Planner and CME Coordinator at (317) 879-1881 or lsusemichel@academyofosteopathy.org.

**Plan Now to Attend the 2013 AAO Convocation**

The Convocation marketing flyer has gone to press! The AAO Education Committee recently mailed all AAO-member physicians the detailed program and registration information for the AAO Convocation March 20-24, 2013, at Rosen Shingle Creek Hotel in Orlando, FL. The Committee encourages you to mark these dates on your calendar now! Chairperson Gregg C. Lund, DO, has organized the Convocation program around the theme “Mechanotransduction and the Interstitium: The World in Between.” In addition to an impressive list of speakers, Dr. Lund continues the long-standing series of hands-on workshops presented by masters of the profession. We are proud to offer a 26-hour program; four additional Category 1-A AOA CME hours can be earned by participating in Evening with the Stars on Wednesday and Thursday nights.

This year’s Convocation will bring together experts in many inter-related fields to further evaluate the structure-function relationship. It will marry concepts and perspectives that have been part of osteopathic medicine since the days of A.T. Still with those at the cutting edge. At the core, participants will investigate how the gross physical interface of clinician and patient is used not only to
affect change at that level, but how this affects the patient on many levels. The goal is for participants to understand this integration from the cell to the whole person, and to improve their ability to help their patients find health.

The AAO staff encourages members to make their hotel reservations early, as prime accommodations are likely to go quickly. You may phone your reservation in at (888) 996-6338 or (407) 996-6338; fax it to (407) 996-3157; or make your reservation online at https://booking.ihoteler.com/istay/istay.jsp?hotelid=6840&groupID=801772.

The following is a preview of the speakers and topics for **Thursday, March 21**:

**Frank H. Willard, PhD**

Dr. Willard earned a PhD in Anatomy from the University of Vermont. He is a professor in the Anatomy Department at the University of New England College of Osteopathic Medicine (UNECOM), where he was named Professor of the Year in 1989. That same year, he was selected as the American Academy of Osteopathy’s Visiting Scholar. Dr. Willard is a current member of the Society of Neuroscience, Sigma Xi, the International Society for Developmental Neuroscience, the International Brain Research Organization and the American College of Neuropsychiatrists. He is the author of *Medical Neuroanatomy: A Problem-Oriented Manual with Annotated Atlas* and *Nociception and the Neuroendocrine-Immune Connection*. Dr. Willard is an honorary member of the AAO.

**Lecture:** Describe Anatomy Skin to Cell

**Donald Ingber, MD, PhD**

Dr. Ingber simultaneously received his MD and PhD from Yale University, and was the Anna Fuller Research Fellow at Children’s Hospital Boston and Harvard Medical School. He is Founding Director of the Wyss Institute and a leader in the emerging field of biologically inspired engineering. He oversees a multifaceted effort to identify the mechanisms that living organisms use to self assemble and to apply these design principles to develop advanced materials and devices. Within this overall effort, he also leads the Biomimetic Microsystems platform, in which microfabrication techniques from the computer industry are used to build functional circuits with living cells as components.

Dr. Ingber has authored more than 325 publications and 70 patents, and has received numerous distinctions, including the Pritzker Award from the Biomedical Engineering Society; Lifetime Achievement Award from the Society of In Vitro Biology; the Rous-Whipple Award from the American Society for Investigative Pathology; and the Department of Defense Breast Cancer Innovator Award. He holds the Judah Folkman Professorship of Vascular Biology at Harvard Medical School and Children’s Hospital Boston, and is a Professor of Bioengineering at the Harvard School of Engineering and Applied Sciences. Dr. Ingber also serves on the Board of Directors of the National Space Biomedical Research Institute, and was recently elected to the College of Fellows of the American Institute for Medical and Biological Engineering.

**Lecture:** Tensegrity: Mechanosensing from Molecule to Man

This lecture will introduce participants to molecular mechanisms by which mechanical forces applied to the body influence cellular biochemistry and gene expression.

**Hugh M. Ettlinger, DO, FAAO**

Dr. Ettlinger is a 1987 graduate of New York College of Osteopathic Medicine (NYCOM), and is board-certified in NMM/OMM. He is an Associate Professor of OMM at NYCOM and Director of the NYCOM/St. Barnabas NMM/OMT Residency Program. He currently serves on the Board of Trustees of the Sutherland Cranial Teaching Foundation (SCTF) and is a faculty member and Program Chair for the SCTF and the Osteopathic Cranial Academy. Dr. Ettlinger is a member of the AAO Board of Governors, Vice Chair of the C-NMM/OMM Committee, Advisor for the National Undergraduate Fellows Association and member of the Postdoctoral Standards & Evaluation Committee.

continued on page 9
Course Description
This course will emphasize linking muscular dysfunction to common clinical complaints, and providing practical approaches to diagnose and treat these complaints using osteopathic principles. It will integrate primary manual techniques (counterstrain, FPR, soft tissue OMT, muscle energy, etc.,) and introduce adjunctive release-enhancing maneuvers and modalities (such as vapocoolant spray & stretch) to accomplish therapeutic goals in an osteopathic fashion. Basic principles and anatomical review will be reinforced by discussing direct treatment of a muscle trigger point (e.g., spray & stretch or muscle energy) with an indirect treatment (e.g., counterstrain, FPR).

The course will include a discussion of other non-manual interventions (acupuncture, injections, etc.) and the role of prevention and eliminating perpetuating factors. It will also feature a strong evidence base and discussion of the unique neurobiology of muscle pain, neurogenic inflammation and sensitization. Emphasis on the most clinically relevant trigger points and a practical discussion on billing and coding should be attractive to practitioners and also encourage application of the course content.

Course Location
Arizona College of Osteopathic Medicine
19555 North 59th Avenue
Glendale, AZ 85308
(623) 572-3215

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Registration Form
Osteopathic Approach... Myofascial Trigger Points
January 18-20, 2013

Name: ___________________________________________   AOA#: _____________
Nickname for Badge: _________________________________________________
Street Address: _______________________________________________________
_________________________________________________________________________
City: __________________________________   State: ________   Zip: ___________
Phone: _______________________________   Fax: ___________________________
E-mail: ________________________________________________________________
By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.
Billing Address (if different than above): ____________________________________________

Program Chair
Michael L. Kuchera, DO, FAAO, graduated from Kirksville College of Osteopathic Medicine, where he later served as Chairperson of OMM, OMM Residency Director, Vice President for International Osteopathic Research and Education, Vice President for Academic Affairs and Dean. He then directed the OMM Research and Human Performance and Biomechanics Laboratory at Philadelphia College of Osteopathic Medicine, and was Clinical Director of the Center for Chronic Disorders of Aging. Dr. Kuchera recently took the position of Chair of the OMM Department at Marian University College of Osteopathic Medicine in Indianapolis, IN.

Presenter
Jay P. Shah, is a physiatrist and clinical investigator in Bethesda, Maryland. His interests include the pathophysiology of myofascial pain and the integration of physical medicine techniques with promising complementary approaches in the management of neuromusculoskeletal pain and dysfunction. Dr. Shah lectures extensively on mechanisms of chronic pain, myofascial pain, acupuncture techniques and other related topics.

CME
20 hours of AOA Category 1-A credit is anticipated.
Application for CME credit has been filed with the AAFP. Determination of credit is pending.

Course Times
Friday and Saturday: 8:00 am - 5:30 pm (lunch provided)
Sunday: 8:00 am - 12:30 pm (lunch on your own)

Registration Rates

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Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Or register online at www.academyofosteopathy.org
Lecture: *Fascial Movements of Breathing as a Force for Mechanotransduction*

Workshop: *Breathing and Mechanotransduction*

This workshop will explore the use of respiration in both diagnosis and treatment. Participants will learn to sense respiratory motion in various parts of the body, and use this intrinsic motion to diagnosis somatic dysfunction. Respirator assistance for treatment will be discussed and applied to the treatment of somatic dysfunction of the spine and extremities.

**Fred L. Mitchell, Jr., DO, FAAO; Jay Sandweiss, DO; and Kai Mitchell**

Dr. Mitchell, a graduate of Chicago College of Osteopathy, is a Professor Emeritus of Osteopathic Manipulative Medicine at Michigan State University College of Osteopathic Medicine (MSUCOM). Board certified in Neuromusculoskeletal Medicine, he is a Fellow of both the AAO and the Osteopathic Cranial Academy. He is also a Past President of the Osteopathic Cranial Academy and recipient of its Sutherland Memorial Lecturer Award. For more than 45 years, he has been active in developing, teaching, researching and publishing extensively in the fields of research, Muscle Energy and Cranial Osteopathy. He has taught many workshops on these subjects throughout North America and Europe. Dr. Mitchell, following in the footsteps of his father, Fred L. Mitchell, Sr., DO, FAAO, was awarded the Andrew Taylor Still Medallion of Honor in 2005. His most recent publications include the definitive texts, *The Muscle Energy Manual*, Volume 1 (1995), Volume 2 (1998) and Volume 3 (1999).

Dr. Sandweiss graduated from MSUCOM, and is board certified in NMM/OMM by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) and in medical acupuncture by the American Board of Medical Acupuncture. He is currently in private osteopathic medical practice in Ann Arbor, MI. He is extensively trained in the fields of Osteopathy, Applied Kinesiology, Applied Nutrition and Chinese Medicine, and has been teaching courses to medical doctors, osteopathic physicians, chiropractors, physical therapists, acupuncturists, massage therapists, registered nurses and other health professionals since 1979.

Kai Mitchell was trained in OMT by his father, Fred L. Mitchell, Jr., DO, FAAO. Since 1994, Kai has served as assistant faculty for Dr. Mitchell’s courses, is co-author of *The Muscle Energy Manual* (three-volume set) and is currently a therapist in Dr. Mitchell’s practice.

**Workshop: Mentor and Protégé: Updated Muscle Energy Techniques for O-A and A-A Segments - a,b,c,d**

This workshop will present reliable diagnosis and treatment for the occipito-atlantal joints and the atlanto-axial joints. The participant will be able to conduct segmental dysfunctions with updated Muscle Energy Procedures. *(This workshop will be repeated on Friday. Dr. Lund wanted to give all participants the chance to learn from this master.)*

**Richard G. Schuster, DO**

Dr. Schuster, a 1993 graduate of Ohio University College of Osteopathic Medicine, is board certified in Family Practice and NMM/OMM. Prior to going into private practice in Family Medicine, Sports Medicine and OMM at the Erie Osteopathic Clinic in Sandusky, OH, he served as a Lieutenant Commander in the United States Navy. He has also served as Associate Director and Osteopathic Site Director of Sports Care at the Toledo Hospital in Toledo, OH, and Director of the NMM/OMM Plus-One Residency at Firelands Regional Medical Center in Sandusky, OH. Currently an Assistant Professor in the OMM Department at Des Moines University College of Osteopathic Medicine (DMUCOM), he serves on the AAO Board of Governors, Education Committee, Postdoctoral Standards & Evaluation Committee and the Student Academies Committee.

**Workshop: Some of What I Learned from My Mentor, Sara (Sally) E. Sutton, DO, FAAO**

Muscle Energy is taught as a basic, beginner technique. However, it was not meant as such. When Fred Mitchell, Sr., DO, FAAO, initially tried to teach it, people failed to understand it. Finally, he offered it to a small group of six students, held at the house of Sara (Sally) Sutton, DO, FAAO. This program is an opportunity to see and learn Muscle Energy as it was originally meant to be done.
**Boyd R. Buser, DO**

Dr. Buser is a 1981 graduate of DMUCOM, and is board certified in NMM/OMM and Family Practice. He currently serves as Vice President and Dean of the University of Pikeville Kentucky College of Osteopathic Medicine, where he is also a Professor of Osteopathic Principles and Practices. He previously served as Department Chair, Associate Dean, Interim Dean and Vice President of UNECOM. Dr. Buser is a former Chair of the National Board of Osteopathic Medical Examiners (NBOME). He was named Educator of the Year by the AOA and the American Osteopathic Foundation in 1994. He received the Distinguished Service Award from the Maine Osteopathic Association in 1996 and 2007. In 2007, Dr. Buser was also elected by the American Medical Association Board of Trustees to a position on the Current Procedural Terminology (CPT) Editorial Panel, the first osteopathic physician to be so elected. He is a member of the Kentucky Institute of Medicine, the Kentucky Board of Medical Licensure, the AOA Board of Trustees and the Board of Directors of the Osteopathic International Alliance. A Past President of the AAO, Dr. Buser currently serves as Chair of the Nominating Committee and as a member of the Board of Governors, International Affairs Committee and Osteopathic Medical Economics Committee.

**Workshop: Interface Between the Fascial System and the Fluid System - The Junctional Areas**

The importance of the spinal transitional areas in the respiratory-circulatory model of care, with treatment techniques for junctional areas and associated diaphragms, will be discussed in this workshop.

**Judith A. O’Connell, DO, FAAO**

Dr. O’Connell received a DO degree from Midwestern University Chicago College of Osteopathic Medicine (CCOM) in 1980, and is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. She is in private practice in Dayton, OH, where she specializes in Neuromusculoskeletal Medicine and pain management. Dr. O’Connell served as President of the AAO from 1992 to 1993, and has also been a member of the Board of Trustees and Chair of the Education Committee. She is a current member of the Board of Governors, Chair of the Fellowship Committee and an advisor to the Osteopathic Medical Economics Committee. She received the A.T. Still Medallion of Honor in 2008.

**Workshop: Interface of the Biomechanical, Bioenergetic and Biological in the Fascia**

The focus of this workshop will be diagnosing and treating in the fascia using the concepts of a portal of entry, intelligent palpation and the confluence of external and internal events accessible in the fascia. Participants will identify somatic dysfunction within the fascia and follow patterns produced through mechanotransduction, identify and access portals of entry into the fascial continuum and apply bioenergetic principles to fascial release (bioelectric activation and release). Participants will learn to apply fascial release techniques to identified somatic dysfunction and to aid in diagnosing macro to micro dysfunction.

**Sue Turner, DO, MA (Hons) MSCC (UK) and Julie Fendall, DO, MOstSc (Paeds) (Australia)**

Dr. Fendall graduated from the British School of Osteopathy in London, and has been in practice for 30 years. She is currently in private practice in Sydney, Australia, with a largely pediatric patient base. She is a breastfeeding counselor, and treats many infants for feeding and digestive issues. She has also taught osteopathic pediatrics throughout her career and currently teaches for a postgraduate program at the Victorian University in Melbourne, Australia. A longstanding faculty member of the Sutherland Cranial Teaching Foundation, Dr. Fendall has lectured extensively in Osteopathy in the Cranial Field in the U.K., New Zealand and Australia.

Dr. Turner has been in practice in London since graduating from the European School of Osteopathy in 1979, where she taught from 1979 until 2000, establishing the Cranial and Pediatric Osteopathy programs, continued on page 12
Peripheral Nerves: Upper Body
March 17-19, 2013 at Rosen Shingle Creek in Orlando, FL

Course Description
This Level 4 course will examine the peripheral nerves of the upper body per Jean-Pierre Barral, DO. It will explore/cover:

- the general anatomy, vascular supply, innervation, axonal transport, mechanical aspects, lesions, and trauma.
- palpation methods, evaluation, effects of treatment, indication, contraindications, and treatment approaches.
- the cervical plexus, brachial plexus, accessory nerve, suprascapular nerve, axillary nerve, radial nerve, musculoskeletal nerve, medial cutaneous nerve of the forearm, median nerve, and ulnar nerve.
- the innervation of the shoulder girdle, elbow joint and wrist. Time permitting, we will also cover the costal nerves.
- the decrease in range of motion with nerve dysfunction (for instance in the shoulder area) and see improvement with treatment.

CME
24 hours of AOA Category 1-A credit are anticipated.

Registration Form
Peripheral Nerves: Upper Body
March 17-19, 2013

Name: ________________________________ AOA#: _____________
Nickname for Badge: _______________________________________________
Street Address: _____________________________________________________
_______________________________________________________________________
City: ________________________________   State: ________   Zip: _________
Phone: _______________________________   Fax: ___________________________
E-mail: ______________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): _______________________________________________

Program Chair
Kenneth J. Lossing, DO, is a 1994 graduate of Kirksville College of Osteopathic Medicine. Dr. Lossing completed an internship and residency program at the Ohio University College of Osteopathic Medicine. He studied under the French Osteopath, Jean-Pierre Barral, DO, and has become an internationally known speaker on visceral manipulation. Dr. Lossing is a member of the AAO Board of Trustees.

Course Times
Monday and Tuesday: 8:00 am - 5:30 pm
Breakfast and lunch on your own, coffee provided

Course Location
Rosen Shingle Creek Hotel
9939 Universal Boulevard, Orlando, FL 32819
You may call the 24-hour reservations line at 1-888-996-6338 or make your reservation online.

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Course Rates

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The AAO accepts checks, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ________________________________________________________

Cardholder’s Name: ____________________________________________________

Expiration Date: __________   3-digit CVV#_______________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ___________________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy,
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Or register online at www.academyofosteopathy.org

October 2012 AAO Member Newsletter
and founding and directing the undergraduate children’s clinic. She was also part of the founding team of the Osteopathic Centre for Children in London (1990-1994).

**Workshop: Osteopathy Across the Ponds**

The presenters will share “Jewels from our Teachers” - how things that have been shown to us have given us inspiration and a place to work from. It will explore how our osteopathic practices have evolved from the insights shared from many diverse teachers, including our patients. It will discuss palpation, centring, contact and accessing therapeutic change.

**Robert E. Kappler, DO, FAAO and Ann L. Habenicht, DO, FAAO**

Dr. Kappler graduated from CCOM, and began his many years of service on the CCOM faculty as an instructor in Osteopathic Theory and Practice, eventually becoming Professor and Chair in the Department of Osteopathic Manipulative Medicine and Director of the Center for Osteopathic Research and Educational Development. He has served as president of several professional societies, including the AAO and the Illinois Association of Osteopathic Physicians and Surgeons (IAOPS). He has also been the recipient of many professional awards, including the AAO’s A.T. Still Medallion of Honor, the IAOPS’s Distinguished Service Award and the CCOM Alumni Association’s Outstanding Achievement Award. Dr. Kappler has represented osteopathic medicine at various professional and community levels as a consultant, and has treated a number of celebrities and professional athletes in the Chicago area.

Dr. Habenicht, a 1982 graduate of CCOM, is certified by the American Osteopathic Board of Family Physicians and the AOBNM. She is a Professor of OMM at CCOM, and is in private practice in Oak Forest, IL, and urgent care in Orland Park, IL. Dr. Habenicht is a member of the AOA House of Delegates and a Past President of the AAO. She is currently a member of the AAO Board of Governors, Chair of the Bylaws and Education Committees, the SAAO Advisor for CCOM and a member of the Awards Committee and the AOBNNM.

**Workshop: Mentor and Protégé: Dr. Kappler’s Favorite Techniques - Chicago Style**

Dr. Kappler will present many of his favorite techniques including HVLA, fascial and indirect balancing. Participants will be able to demonstrate new HVLA techniques and new fascial and indirect balancing techniques. (This workshop will be repeated on Friday. Dr. Lund wanted to give all participants the chance to learn from this master.)

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**CLASSIFIED ADVERTISEMENTS**

**NEW NMM PLUS 1 RESIDENCY PROGRAM IN NEW YORK**

There is a new NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Denise K. Burns, DO, FAAO, at drdenise@optonline.net or Education Department Secretary Karen Roberts at (631) 726-0409.

**PRACTICE OSTEOPATHY IN BEAUTIFUL COLORADO**

Successful integrative practice seeks a board-certified/eligible NMM/OMM physician for its busy Denver office. Preferably someone comfortable with a broad variety of techniques. Very competitive compensation. Friendly and professional atmosphere. Please call (303) 781-7862 or e-mail CV to mgentile@cointegrative.com. Our Web site is www.cointegrative.com.

**DO SOUGHT IN BOSTON**

Innovative primary care practice seeks primary care physician also interested in OMM. Balanced lifestyle, work with academically trained MDs, started by original designer of Epocrates. Additional opportunities available in the San Francisco Bay Area (SF, South and East Bay), NYC and Washington, DC. If interested, please send a brief intro and CV to jobs@onemedical.com.
Committee Requests Aid in Recruiting Exhibitors

The Academy’s Education Committee seeks your assistance in recruiting exhibitors for the 2013 AAO Convocation in Orlando. Please inform your favorite vendor that the exhibition is scheduled for Wednesday, March 20, through Friday, March 22, at The Rosen Shingle Creek Hotel. The exhibition fee ranges from $1,050-1,200, and includes complimentary advertising in the Convocation workbook that is distributed to more than 1,200 DOs and osteopathic medical students.

The AAO Convocation is the premier gathering of the world’s most gifted practitioners in osteopathic manipulative medicine. Tell the company representative that you expect them either to be present for the exhibition or to provide an unrestricted educational grant to support the program. Surely they will benefit from this exposure! Refer the representative to Meeting Planner and CME Coordinator Lisa Susemichel, who can provide additional information and registration materials. They can also download the exhibit prospectus from the AAO website.

AAFP Touts Benefits of Physician-Led Teams

The American Academy of Family Physicians (AAFP) has released Patient Care for the 21st Century: Ensuring a Quality Physician-Led Team for Every Patient, a report validating the position that team-based care is key to improving patients’ access to care. In the paper, the AAFP warns against substituting nurse practitioners for physicians as a stop-gap answer to the primary care physician shortage. Multiple studies have shown that the best, most efficient care is provided by physician-led teams of health professionals, such as in the patient-centered medical home. The AOA Board of Trustees officially endorsed the paper during its Executive Committee meeting. Click here to download a copy of the paper.

PS&E Reports on Residency Program Inspections

Until January 1, 2013, the Academy’s Postdoctoral Standards and Evaluation (PS&E) Committee will continue to provide the needed volunteer inspectors for the AOA’s inspections of AAO residency programs. After that time, the AOA has announced it will take over all program and site inspections, utilizing a staff independent of the specialty colleges.

Chairperson Michael Carnes, DO, FAAO, reports that the AAO PS&E committee will still review the reports and make a recommendation to the AOA Program & Trainee Review Council regarding the number of years of continuing approval for each program. When a program has deficiencies that require correction, the PS&E Committee will review the corrective action plan submitted by the program and either approve it, or work with the program and their Osteopathic Postdoctoral Teaching Institute to appropriately resolve the deficiencies. The scale by which the approval period is determined is as follows:

- 100 - 95% compliance = 5 year approval
- 94 - 90% compliance = 4 year approval
- 89 - 85% compliance = 3 year approval
- 84 - 71% compliance = 2 year approval
- 0 - 70% compliance = 1 year approval (probation without the ability to recruit)

Sutherland Cranial Teaching Foundation
Upcoming Courses

SCTF Basic Course:
Osteopathy in the Cranial Field
May 31–June 4, 2013
NYCOM
New York City, New York
Course Director: Michael Burruano, DO

Visit our website for enrollment forms and course details: www.sctf.com
Contact: Joy Cunningham 509-758-8090
Email: jcunningham4715@yahoo.com
Treating Children with Common Developmental and Neurological Issues: An International Osteopathic Perspective

March 18-19, 2013 at Rosen Shingle Creek in Orlando, FL

Course Description
This two-day interactive workshop will present British, Australian and American perspectives on the treatment of children with neurological and developmental conditions.

All the faculty work in pediatric practices that emphasize osteopathic manipulative treatment but integrate other medical, alternative and complimentary modalities.

CME
16 hours of AOA Category 1-A credit are anticipated.

Course Times
Monday and Tuesday: 8:00 am - 5:30 pm
Breakfast and lunch on your own, coffee provided

Course Location
Rosen Shingle Creek Hotel
9939 Universal Boulevard, Orlando, FL 32819
You may call the 24-hour reservations line at 1-888-996-6338 or make your reservation online

Meet the Faculty

Jane E. Carreiro, DO is a 1988 graduate of the University of New England College of Osteopathic Medicine (UNECOM), and is board-certified in Osteopathic Manipulative Medicine (OMM) and Family Practice. She is Department Chair and Associate Professor of OMM at UNECOM, and Director of Medical Education at the UNECOM +1 residency program. Dr. Carreiro specializes in OMM, pain management, pediatric musculoskeletal and sports medicine, and otitis media. She is involved in research on osteopathic manipulation in otitis media, as well as innervation patterns in the pelvis and sacral areas.

Julie Fendall, DO, M.OstSc(Paeds), graduated from the British School of Osteopathy in London, and has been in practice for 30 years. She is currently in private practice in Sydney, Australia, with a largely pediatric patient base. She is also a breastfeeding counselor, and treats many infants for feeding and digestive issues. A longstanding faculty member of the Sutherland Cranial Teaching Foundation, she has lectured extensively in Osteopathy in the Cranial Field in the U.K., New Zealand and Australia.

Sue Turner, DO, MA (Hons), M.SCC, has been in practice in London since graduating from the European School of Osteopathy in 1979, where she taught from 1979 until 2000, establishing the cranial and pediatric Osteopathy programs, and founding and directing the undergraduate children’s clinic. She was also part of the founding team of the Osteopathic Centre for Children in London (1990-1994).

Doris Newman, DO graduated from UNECOM in 1998. Following her certification in OMM, Dr. Newman was appointed Assistant Professor in the Department of Osteopathic Principles and Practices (OPP) at UNECOM, where she also served as Residency Program Director and Interim Director of Medical Education. She is currently a faculty member in the OPP Department at Nova Southeastern University College of Osteopathic Medicine.

Heather Ferrill, DO is a 2000 Michigan State University College of Osteopathic Medicine graduate, and an Associate Professor of OMM at UNECOM. Board certified in Family Practice and OMM, her practice emphasizes OMT in the pediatric population. She also has a special interest in osteopathic management of headaches, vision and dental issues, and is currently involved in osteopathic educational research.

Registration Form
Treating Children with Common ... An Int’l Perspective
March 18-19, 2013, 8:00 am - 5:30 pm

Name: _______________________________ AOA#: ____________________
Nickname for Badge: ________________________________________________
Street Address: _____________________________________________________
City: ___________________ State: _______ Zip: ____________
Phone: ___________________ Fax: ________________________________
E-mail: __________________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

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Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteo.org

AAO's Cancellation and Refund Policy
Membership Announcements

The Academy’s fiscal year is from August 1 to July 31...which means it’s time to renew your AAO membership! Dues notices were sent out June 8, July 13, August 9, September 6 and October 4. Dues payments were due and payable by July 31, 2012. The Academy accepts checks, as well as Visa, Mastercard and Discover. We do not, however, take American Express. As of September 29, 87 percent of dues billed for the 2012-2013 fiscal year had been paid, compared to 78 percent paid at this time last year.

If you have not received a dues notice, please contact Susan at slightle@academyofosteopathy.org or (317) 879-1881. Reminder: In order to serve on any AAO committee, board, etc., you must be in good standing, with your dues paid in full.

Don’t make a move...without notifying the AAO! We don’t want to lose track of any of our members when they relocate. Please remember to inform Susan of any changes in your contact information.

Please make sure e-mails from the AAO are not going to your junk mail folder! Adjust your spam filter to allow e-mails from @academyofosteopathy.org so you can continue to receive the AAO Journal, AAO Member Newsletter, the OsteoBlast, updates on courses, etc. Also, be sure to let Susan know of any e-mail address changes.

Once you graduate from osteopathic medical school, you do not automatically become a member of the AAO. Therefore, SAAO members who have graduated, or those who will be graduating soon, should strongly consider re-joining the AAO as a Postgraduate American Academy of Osteopathy (PAAO) member, and continue to get discounts on courses and attend Convocation each year. Information is always available at www.academyofosteopathy.org/paao/home. No matter what field of medicine you choose and what residency you attend, the AAO has much to offer in your development as an osteopathic physician. If you know an intern or resident who is not a member of the PAAO, please pass this information along!

The AAO now has a Facebook page. Check it out. Like us!

Can You Believe It?

Believe it or not, many of the faculty at osteopathic medical schools and residency programs are not AAO members! The Academy is asking for your assistance in its recruiting campaign. OMM department chairs, OMM faculty members, residency program directors, state association board members, please talk to your colleagues! Find out what they know and don’t know about the AAO. Show them our mission statement and tell them about the courses we offer. Share your personal story of how the Academy has helped you grow.

If anyone you speak with has a question about how to join or rejoin the AAO, please direct them to Susan at slightle@academyofosteopathy.org or (317) 879-1881.

In Memoriam

Herbert C. Miller, DO, FAAO, passed away on August 22. He was born on June 11, 1928, in Ford Cliff, PA, and was a 1956 graduate of Des Moines University of Osteopathic Medicine and Surgery. After teaching at Kirksville College of Osteopathic Medicine, he was brought to Indianapolis, IN, to take part in the development and opening of Westview Hospital. He then established private practices in Zionsville, IN, and Carmel, IN, for the remainder of his career.

Dr. Miller was a two-time president of the Indiana Association of Osteopathic Physicians, President of the Cranial Academy, Governor of the American Academy of Osteopathy, member of the American Osteopathic Association House of Delegates, and instructor and lecturer for many courses and seminars throughout the world. He was also the recipient of the Cranial Academy’s W.G. Sutherland Award and various other honors throughout his medical career. He was married to Nancy and the father of D’Ann, Bruce, Ian, Emily, Eric, Brian and Ardath. He was also grandfather to four granddaughters and three grandsons.
Ray D. Heaton, DO, passed away on September 4. He was born in Parkersburg, WV, on September 5, 1929, and grew up in Clifton, WV. He graduated from Wahama High School in 1947 and West Virginia University in 1951. He enrolled in the United States Air Force (USAF) Reserve Officers’ Training Corps in Morgantown, WV, and served with the USAF as a Second Lieutenant in the capacity of Hospital Administrator at Bolling Air Force Base in Washington, DC. He was a graduate of the Air Force Aviation School of Medicine and earned his Doctor of Osteopathic Medicine degree from Kansas City School of Osteopathic Medicine in 1958.

Dr. Heaton was in private practice in Pomeroy, OH, from 1959 through 1970, then worked for Veterans Administration hospitals in Chillicothe, OH, and Perry Point, MD. He re-entered private practice in Arlington, VA, from 1973 through 1994. In addition to the AAO, he was a member of the American Osteopathic Association and member emeritus of the Virginia Osteopathic Medical Association. He was also a member of the Masons and Kena Shrine, and was recognized for 50 years in each organization. Dr. Heaton was predeceased by his wife of 35 years, Patricia J. (Heap) Heaton. He is survived by his partner Joan V. Malcolm, brother Kenneth Bass, step-daughter Susan (Eames) Nutt, daughter Patricia (Heaton) Holmgren and sons Roy E. Heaton, DO, and K. Joseph Heaton, DO, nine grandchildren and four great grandchildren.

Members in the News

John B. Caramagna, DO, was featured in the September 6 issue of the American Osteopathic Association’s The DO magazine. The article discusses how September 11, 2001, influenced disaster response training in medical education. Dr. Caramagna, who provided osteopathic manipulative treatment at ground zero after 9/11, believes all medical students should learn basic disaster response skills, although he did not receive such training in medical school. Click here to read the full article.
**Course Description**
This is an advanced (Level 5) class that uses different paradigms by working extensively with the brain parenchyma, its gray and white substance. It trains practitioners to address very specific structures and physiology of the brain and spinal cord. These structures are often unaddressed primary/key lesions in somatic dysfunctions.

The participant will learn:
- how to work with the autonomic nervous system and alleviate the physical symptoms of post-traumatic trauma in the tissue;
- how to release lesions of the brain ventricular system and central canal of the spinal cord;
- how to safely release nuclei in the central nervous system;
- how to release lesions in the parenchyma of the brain and spinal cord.

**Course Location**
Arizona College of Osteopathic Medicine  
19555 North 59th Avenue, Glendale, AZ 85308  
(623) 572-3215

**Travel Arrangements**
Call Tina Callahan of Globally Yours Travel at 1-800-274-5975. Locals hotels include the Country Inn & Suites in Phoenix (1-800-230-4134) and the Quality Inn & Suites in Glendale (1-800-230-4134).

**Course Times**
Friday, Saturday and Sunday: 8:00 am - 5:30 pm
Includes (2) 15-minute breaks and a (1) hour-long lunch.

**Breakfast, lunch and coffee breaks will be provided**
_____ I require a vegetarian option  
_____ I require a gluten-free option

**CME**
24 hours of AOA Category 1-A credit are anticipated.

**Registration Form**
Palpating and Treating the Brain  
May 17-19, 2013 at AZCOM

Name: ______________________________________ AOA#: ____________________

Nickname for Badge: _______________________________________________________

Street Address: _____________________________________________________________  
_________________________________________________________________________

City: __________________________ State: _______ Zip: __________________________

Phone: __________________________ Fax: ______________________________________

E-mail: _________________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

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Signature: ____________________________________________________________

Click here to view the [AAO’s Cancellation and Refund Policy](#).

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at [www.academyofosteostructure.org](http://www.academyofosteostructure.org)
Golden Ram Donations Fuel Campaign

AAO members’ “dues check-off” donations to the Golden Ram Society have laid the foundation of the 2012-2013 campaign. The Academy’s leadership encourages all members to support this annual fundraising program. As of September 22, 58 donors have contributed a total of $12,623—25 percent of the $50,000 goal. Thanks to all for their loyal support!

Golden Ram donations can be made online by logging on to www.academyofosteopathy.org. Click “Contribute” on the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes this system will ease your ability to donate to the Academy. Keep in mind you can also make a recurring monthly donation of $25 or more. Call Sherri L. Quarles at (317) 879-1881 to set up your rolling donation today!

A.T. Still Club - $1,000-$2,499
John E. Balmer, DO &
Patricia Balmer, RN
Paula M. Grimaldi, DO
Akiyoshi Shimomura (Japan)

T.L. Northup Club - $500-$999
Robert N. Agnello, DO &
Kerry S. Agnello, DO
Stephen P. Cavanaugh, DO
Lori A. Dillard, DO
William J. Garrity, DO, MPH
John G. Hohner, DO, FAAO
Beverly I. Maliner, DO
Jeanne R. Roll, MD

Louisa Burns Club - $250-$499
Juan F. Acosta, DO
Dennis A. Burke, DO
Stefan L.J. Hagopian, DO, FAAO
J’Aimee A. Lippert, DO
Tamara McReynolds, DO
Sonia Rivera-Martinez, DO
Jean Ann Swift, DO
Adrian L. Woolley, DO

Vicki Dyson Club - $100-$249
Thomas R. Byrnes, DO
Elizabeth C. Clark, DO
des Anges Cruser, PhD
Stephen M. Ellestad, DO
Jeffrey K. Etemad, DO &
Elizabeth L. Etemad, DO
Hannah M. Eucker, DO
Jerel H. Glassman, DO
Ellice K. Goldberg, DO
Andrew M. Goldman, DO
Stephen I. Goldman, DO, FAAO
Eric A. Hegybeli, DO
Carol L. Lang, DO
Maria A Coffman Katsaros, DO
Paul S. Miller, DO
William F. Morris, DO
Wendy S. Neal, DO, ND
Michael J. Porvaznik, DO
Eric L. Schneider, DO &
Therese M. Schneider
Jacqueline M. Stoken, DO
David E. Teitelbaum, DO
Negash K. Tesemma, DO
Kenten P. Wang, DO

Supporter - Up to $99
Charles A. Beck, DO, FAAO
Joel Berenbeim, DO
Haifan Chen, DO
Jeffrey R. Greenfield, DO
Paul K. Hume, ND, DO (New Zeland)
John H. Juhl, DO
Laura Liles, DO
Masayoshi Midorikawa (Japan)
Merideth C. Norris, DO
Jana H. Prevratska (Canada)
Stacey L. Pierce Talsma, DO
Bradley D. Rosen, DO
Ian Schofeld, DO (UK)
Heather A. Sharkey, DO
Beth Thompson, DO
Jeanne Wahl, DO
David P. Yens, DO
Normalization of Muscle Function
June 14-16, 2013 at UMDNJ-SOM in Stratford, NJ

Course Description
The most beautiful symphony played... the most graceful ballet performed... the greatest athletic feat... these all have in common one simple thing: Muscles firing in synchronous and fluid motion with harmony, power and beauty. Yet any musician, ballerina or athlete will tell you that an injury severely hampers their performance. An instrument as amazing as the human body deserves an approach to diagnosis and treatment that recognizes its complexity and inherent healing capacity.

This course is Level 2 course is high yield, with a focus on common muscle dysfunctions and dysfunctionally related problems. It will explore the relationship between chief complaint and specific pain referral patterns, mechanism of injury and symptoms. The participant will perform specific neurologic, orthopedic and palpatory examination techniques to determine the neuromuscular dysfunction. These examination techniques will lead to a comprehensive and elegant treatment.

The treatment approaches that will be covered include osteopathic manipulative treatment (counterstrain, myofascial release and muscle energy techniques), spray and stretch, medical acupuncture and injections. It will also explore the exercise prescription utilizing stretching, strengthening and neuromuscular rebalancing. Participants’ newly expanded diagnostic and treatment skills will allow for immediate success in treating patients upon return to practice. The result will be improved patient outcomes and a more enriching practice experience. Physicians and physicians-in-training, especially those involved in primary care, should be interested in attending this course.

CME
20 hours of AOA Category 1-A credit is anticipated.

Program Chair
Jay B. Danto, DO, is a 1994 graduate of Michigan State University College of Osteopathic Medicine. He is board certified in Neumusculoskeletal Medicine/Osteopathic Manipulative Medicine and Family Practice, and serves as an associate professor at Kirksville College of Osteopathic Medicine. Dr. Danto has obtained a Certificate of Special Proficiency in Osteopathy in the Cranial Field and training from the Helm's-UCLA Medical Acupuncture Training Program. He is the author of many articles on osteopathic philosophy and education, including the textbook Normalization of Muscle Function and a book for patients called Healing & Anti-Aging for Your Back & Neck Pain.

Course Times
Friday and Saturday: 8:00 am - 5:30 pm (breakfast and lunch provided)
Sunday: 8:00 am - 12:30 pm (breakfast provided)

_____ I require a vegetarian option
_____ I require a gluten-free option

Course Location
University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine
One Medical Center Drive, Stratford, NJ 08084
(623) 572-3215

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at 1-800-274-5975.
Area hotels include the Hampton Inn (856-346-4500) and the Wingate Hotel (856-627-1000), both located in Voorhees, NJ.

Registration Form
Normalization of Muscle Function
June 14-16, 2013

Name: ___________________________ AOA#: ______________
Nickname for Badge: ___________________________
Street Address: ____________________________________________________________
City: ___________________________ State: _______ Zip: ______________
Phone: ___________________________ Fax: ___________________________
E-mail: ___________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): ____________________________________________

Registration Rates

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Dr. Danto is providing his book, Normalization of Muscle Function at no charge to the participants.

The AAO accepts check, Visa, Mastercard or Discover payments.

Cardholder's Name: ____________________________________________________________
Credit Card #: _____________________________________________________________
Expiration Date: ______________________ 3-digit CVV#_____________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: __________________________________________________________________

Click here to view the AAO's Cancellation and Refund Policy.

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Or register online at www.academyofosteopathy.org

October 2012 AAO Member Newsletter
Component Societies and Affiliated Organizations

Upcoming Calendar of Events

October 25-28
Georgia Osteopathic Medical Association
Fall CME Conference
PCOM-GA, Suwanee, GA
CME: 25 Category 1-A AOA credits anticipated
Phone: (678) 225-7571   Fax: (678) 225-7579
E-mail: exdir@goma.org
Web site: http://www.goma.org

October 25-29
Advance Muscle Energy with Clinical Correlation
Course Chairperson: Carl Steele, DO, MS, PT
MSUCOM, East Lansing, MI
CME: 34 Category 1-A AOA credits anticipated
Phone: (517) 353-9714   Fax: (517) 432-9873
E-mail: cme@com.msu.edu

October 26-28
UNECOM/UNECOM Alumni Association
Premier Primary Care Fall Weekend Update
UNECOM, Biddeford, ME
CME: 17.5 Category 1-A AOA credits anticipated
Phone: (207) 602-2589   Fax: (207) 602-5957
E-mail: cme@une.edu
Web site: www.une.edu/com/cme

November 3
Stanley Schiowitz Memorial OMM Workshop
Introduction to Facilitated Positional Release
Presented by Ellen Phyllis Ellis, DO
NYCOM, Old Westbury, NY
CME: 7.5 Category 1-A AOA credits anticipated
Phone: (212) 261-1784   Fax: (212) 261-1786
E-mail: nysoms@nysoms.org
Web site: http://www.nysoms.org

November 29-December 2
Illinois Osteopathic Medical Society Annual Winter Scientific Seminar: Clinical Updates & Communication Strategies for Enhanced Patient Care
The Westin, Lombard, IL
CME: 30 Category 1-A AOA credits anticipated
Phone: (312) 202-8174   Fax: (312) 202-8224
E-mail: ioms@ioms.org
Web site: http://www.ioms.org/

November 30-December 1
OMM Skills Enhancement Course for Practicing Physicians
OUHCOM, Athens, OH
CME: 6.5 to 13 Category 1-A AOA credits anticipated
Phone: (614) 544-1681   Fax: (614) 544-2188
E-mail: martinb4@ohio.edu
Web site: http://www.outofmedcom.ohiou.edu/omm/ommrefreshercourse.htm

November 30-December 3
Principles of Manual Medicine
Course Chairperson: Lisa DeStefano, DO
MSUCOM, East Lansing, MI
CME: 30 Category 1-A AOA credits anticipated
Phone: (517) 353-9714   Fax: (517) 432-9873
E-mail: cme@com.msu.edu

December 6
Indiana Academy of Osteopathy Pre-Convention OMT Workshop
Muscle Energy: Principles, Diagnosis and Treatment for the Lower Half of the Body
Marriott Hotel Downtown, Indianapolis, IN
CME: 8 Category 1-A AOA credits anticipated
Phone: (317) 926-3009   Fax: (317) 926-3984
E-mail: info@inosteo.org
Web site: http://www.inosteo.org/

December 7-9
Indiana Osteopathic Association 31st Annual Winter Update
Marriott Hotel Downtown, Indianapolis, IN
CME: 33 Category 1-A AOA credits anticipated
Phone: (317) 926-3009   Fax: (317) 926-3984
E-mail: info@inosteo.org
Web site: http://www.inosteo.org/

December 7-9
Northern California Academy of Osteopathy
The Biophysics of Fulford Techniques: Introduction to Percussor Methods and Applications
The Holonomic Institute Teaching Annex, Sebastopol, CA
CME: 20 Category 1-A AOA credits anticipated
Phone: (707) 824-8764   Fax: (707) 824-8766
E-mail: holonomic@sbcglobal.net
Web site: http://www.holonomicinstitute.org/