Executive Director’s Message

Diana L. Finley, CMP

During the July Board of Trustees meeting at the American Osteopathic Association (AOA) Headquarters in Chicago, Dr. Carreiro outlined her plans for restructuring AAO committees, and reported that the restructuring would take place by the 2013 Convocation. Her idea is to create bureaus, councils and committees similar to those of the AOA. Stay tuned for additional information.

The Postdoctoral Standards and Evaluation (PSE) Committee reported that it approved a new integrated Internal Medicine (IM)/Neuromusculoskeletal Medicine (NMM) program at KCOM/Northeast Regional Hospital at its last meeting. PSE also welcomes the following new residency program directors: Mark Sutherland, DO: NMM +1, Maine Dartmouth in Augusta, ME; Steven Licata, DO: Family Practice (FP)/NMM and NMM +1, Larkin Community Hospital in South Miami, FL; Brian Browning, DO: NMM +1: Florida Hospital East in Orlando, FL; Katherine Emily Redding, DO: NMM +1, University of New England College of Osteopathic Medicine/Eastern Maine Medical Center in Bangor, ME; Jonathan Bruner, DO: NMM/Osteopathic Manipulative Medicine (OMM), Michigan State University College of Osteopathic Medicine in East Lansing, MI; David Mason, DO: NMM+1 and NMM/OMM, University of North Texas Health Science Center-Texas College of Osteopathic Medicine in Fort Worth, TX; and Denise Burns, DO, FAAO: NMM/OMM, Southampton Hospital in Southampton, NY.

AAO President Jane E. Carreiro, DO, has established a tentative schedule of meetings to take place during the OMED 2012 in San Diego. Board and committee meetings will be conducted at the San Diego Marriott Marquis & Marina. Please check the hotel monitors on site for the specific rooms assigned to the Academy.

Some committee chairpersons choose to send their agenda to members via e-mail prior to the meeting, while others choose to hand out the agenda and supporting documents at the meeting itself. If you are unable to attend your committee’s meeting in San Diego, please advise the chairperson in advance so you have opportunity to provide input on the issues that will be discussed.

Tentative AAO Committee Schedule

**Friday, October 5**
Foundation for Osteopathic Research and Continuous Education (FORCE) Reception (6:00 pm – 7:30 pm)

**Saturday, October 6**
FORCE Board of Directors Meeting (9:00 am – 11:30 am)

**Sunday, October 7**
AAO Board of Trustees Meeting (8:00 am – 5:00 pm)

**Monday, October 8**
Louisa Burns Osteopathic Research Committee Meeting (6:00 am – 7:30 am)
Postdoctoral Standards & Evaluation Committee Meeting (6:00 am – 7:30 am)

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AAO Northup Lecture in Room 2 of San Diego Convention Center (11:30 am - 12:00 pm)

Tuesday, Oct 2
Education Committee Meeting (12:00 pm – 2:00 pm)

AOBNMM Preparing for OCC

All osteopathic specialty certifying boards are currently developing Osteopathic Continuous Certification (OCC), and the OCC process will be implemented by January 1, 2013. If a certified osteopathic physician holds a time-limited certificate, he/she will be required to participate in the five components of the OCC process in order to maintain their board certification.

**Five Components of OCC**

- **Component 1- Unrestricted Licensure:** Requires physicians who are board-certified by the AOA hold a valid, unrestricted license to practice medicine in one of the 50 states. In addition, these physicians are required to adhere to the [AOA Code of Ethics](#).

- **Component 2- Lifelong Learning/Continuing Medical Education:** Consistent with osteopathic physician’s current commitment to lifelong learning, this component requires all recertifying physicians to fulfill a minimum of **120 hours of continuing medical education (CME) credit** during each three-year CME cycle—though some certifying boards have higher requirements. Of these 120+ CME credit hours, a minimum of **50 credit hours must be in the specialty area of certification**. Self-assessment activities will be designated by each of the specialty certifying boards.

- **Component 3- Cognitive Assessment:** Requires the provision of one (or more) psychometrically valid and proctored examinations that assess a physician’s specialty medical knowledge, as well as core competencies in the provision of health care.

- **Component 4- Practice Performance Assessment and Improvement:** Requires physicians to engage in continuous quality improvement through the comparison of personal practice performance measured against national standards for their medical specialty.

- **Component 5- Continuous AOA Membership:** Membership in the professional osteopathic community through the AOA provides physicians with online technology, practice management assistance, national advocacy for DOs and the profession, access to professional publications and continuing medical education opportunities.

Component 4 requires the diplomate to select 10 medical records that are representative of his/her practice that would demonstrate an encounter related to a health and wellness visit or consultation for the purpose of addressing the patient’s condition utilizing osteopathic diagnosis and treatment. The physician will submit HIPAA-compliant information. He/she will maintain a separate and independent patient index should it become necessary to access patient data for future reference.

Chrissy Clark, a senior at Marian University (MU) in Indianapolis, began working with AOBNMM Coordinator Amber Rausch on July 30, and will serve as the AOBNMM assistant. An education major, she loves teaching all grades and would like to be a special education teacher after graduating. She also plays the clarinet in the MU Marching Band. She will assist with all administrative tasks related to AOBNMM, including getting candidates through the application process, tracking their progress and processing paperwork. She will also help with gathering and tracking all the information and documentation required for OCC beginning in 2013.
Course Description
This course is designed for physicians who are novices at sonographic guidance for injections. Under the direction of physiatrist Sajid Surve, DO, course participants will be introduced to the basic principles of ultrasound, learn proper injection techniques with ultrasound guidance and learn proper billing and coding for this procedure. Cadavers will be available for practice, and table trainers will facilitate a low faculty-to-participant ratio. The course will focus on the injection of the major joints: glenohumeral, sacroiliac, hip, and knee.

Course Objectives
Upon completion of this course, participants will be able to:
• Apply the basic principles of musculoskeletal ultrasound
• Comfortably navigate the necessary equipment required for sonographic guidance of injections
• Utilize proper injection techniques under sonographic guidance for the glenohumeral, sacroiliac, hip and knee joints.
• Bill, code and document correctly for ultrasound-guided injections
• Avoid common pitfalls associated with the above procedures

CME
16 hours of AOA Category 1-A credit is anticipated

Course Directors
Millicent K. Channell, DO, FAAO, is a 2001 graduate of the Philadelphia College of Osteopathic Medicine. After completing her Family Medicine residency and Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMM) residency, she joined the faculty of UMDNJ-SOM in the departments of OMM and Family Medicine. She has made numerous scholarly contributions to osteopathic medicine, most notably as co-author of the book The 5-Minute Osteopathic Manipulative Medicine Consult.

Sajid A. Surve, DO, is a 2005 graduate of the UMDNJ-SOM. After completing a traditional rotating internship at Delaware County Memorial Hospital in Drexel Hill, PA, he became an inaugural resident, and the first Chief Resident, of the Physical Medicine and Rehabilitation residency at Long Beach Medical Center in Long Beach, NY. He joined the faculty of UMDNJ-SOM in 2009, and completed an NMM/OMM residency in 2010.

Course Location
UMDNJ-SOM
One Medical Center Drive
Stratford, NJ 08084

Course Times
Friday and Saturday: 8:00 am - 5:30 pm (lunch provided)

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Registration Form
Ultrasound-Guided Injections
September 7-9, 2012

Name: ____________________________  AOA#: ____________
Nickname for Badge: ____________________________________________
Street Address: ___________________________________________________
City: ____________________________ State: ________  Zip: ___________
Phone: __________________________ Fax: ___________________________
E-mail: _________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): __________________________________________

Registration Rates

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The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ________________________________________________
Cardholder’s Name: ____________________________________________
Expiration Date: ______________  3-digit CVV# ______________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ____________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org
Academy Trustees Adopt Balanced Budget

AAO President Jane E. Carreiro, DO, convened the Board of Trustees for their summer meeting July 9 at the American Osteopathic Association (AOA) headquarters in Chicago, IL. The trustees continued the precedent of adopting a balanced budget for the 2012-2013 fiscal year that began on August 1. The Board worked with a proposed operational document submitted by Secretary-Treasurer Kenneth H. Johnson, DO, FAAO, to arrive at the final version. This budget will enable the Academy to continue building its reserves, and eventually meet its goal of maintaining at least six months operating expenses in reserve.

Dr. Carreiro also developed a new strategy for the working agenda. She assigned agenda items to three reference committees for their review and recommendations to the full board. This action enabled the board to work through and complete the agenda in less than eight hours. Significant agenda items included the selection of a recipient for the 2013 Academy Award; approval of new member applications; the restructuring of Academy boards and committee; a management agreement with the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM); approval of course budgets; appointment of an associate editor for the American Academy of Osteopathy Journal; recertification of component societies; and the Capital Campaign.

AAO leaders attend 2012 AOA House of Delegates

AAO President Jane E. Carreiro, DO, served as the Academy’s delegate at this year’s AOA House of Delegates Meeting at the Fairmont Hotel in Chicago July 20-22. All resolutions were sent to reference committees, where members held a forum for public testimony prior to meeting in an executive session to formulate a recommendation for action by the full house.

AAO President-Elect David Coffey, DO, FAAO; AAO Immediate Past President Michael A. Seffinger, DO; and AAO Secretary-Treasurer Kenneth Johnson, DO, FAAO, were delegates for their respective state associations and were there to support Dr. Carreiro.

Thank you to the 78 student and physician members of the Academy who served as delegates for their respective state associations or specialty societies: Ethan R. Allen, DO; Douglas H. Anderson, OMS; Nicholas T. Barnes, OMS; Craig Hall Bethunem, DO; John E. Bodell, DO; Kristina L. Braunlich, OMS; Steve P. Buchanan, DO; Mark S. Cantieri, DO, FAAO; Michael K. Cooper, DO; Kevin A. Cope, OMS; Tyler C. Cymet, DO; Nate DeLisi, DO; Linda Delo, DO; Robert C. Deluca, DO; Jerome A. Dixon, DO; Michael W. Doerrler, OMS; R. Todd Dombroski, DO; Dennis J. Dowling, DO, FAAO; Anthony D. Elkins, DO; Richard A. Feely, DO, FAAO; Leigh (Jack) Forbush, DO; Maria T. Gentile, DO; Eric E. Gish, DO; Mary G. Goldman, DO; Thomas E. Grawey, OMS; Pamela L. Grimaldi, DO; Ann L. Habenicht, DO, FAAO; Deborah M. Heath, DO; John G. Hohner, DO, FAAO; Tara Blalock Hughes, OMS; Robert L. Hunter, DO; Kenneth H. Johnson, DO, FAAO; Virginia Marie Johnson, DO; Anna K. Jonas, OMS; Elyse Julian, OMS; Daniel J. Kary, DO, FAAO; Joel A. Kase, DO; John M. Kauffman Jr., DO; Lori Alane Kemper, DO; Jonathon R. Kirsch, DO; John Bennett Kurish, DO; Carisa R. C. Lippmann, DO; Randy G. Litman, DO, FAAO; David L. Lukens, DO; Danielle E. Maholtz, DO; Kathleen J. Meyer, DO; Charles D. Milligan, DO; Katherine Naymick, DO; George J. Pasquarello, DO, FAAO; Ruchi A. Patel, OMS; Jeremy W. Ransdell, OMS; Leo E. Reap, OMS; Sonia Rivera-Martinez, DO; Hallie Jo Robbins, DO; Monica M. Rogalski, DO; Laura M. Rosch, DO; Steven F. Rubin, DO; Kegan M. Rummel, OMS; Danielle J. Schehr-Kimble, DO; Michael A. Seffinger, DO; Philip L. Shettle, DO; Lauren N. Snyder, DO; Robert (Bob) Soucy, DO; Joel D. Stein, DO, FAAO; Stephen M. Swetech, DO; Michael C. Swift, OMS; Kevin D. Treffer, DO; James E. Tucker, DO; Katelin A. Turner, OMS; Elisa E. H. Vinyard, DO; Brian J. Waldrum, DO; Barbara E. Walker, DO; Sarah J. Walter, OMS; David B. Winter, DO; Christopher Jason Wolf, DO; and Adrian Lynne Woolley, DO.

In addition to the delegates, AAO member Boyd R. Buser, DO, serves on the AOA Board of Trustees.

It’s never too early to begin planning for next year’s AOA House of Delegates, which is scheduled for July 19-21, 2013, in Chicago! Now is the time for Academy members to express their willingness to serve as delegates for their state organizations. The AAO leadership encourages members to volunteer their time to participate in this important political activity and help shape policy to include a strong presence of osteopathic principles and practice within the profession.
Academy Volunteers Deliver Treatment at Chicago meeting

Osteopathic Diagnosis and Treatment Education Committee Chair Clay Walsh, DO recruited Kenneth E. Nelson, DO, FAAO, to staff the AAO treatment service at this year’s AOA House of Delegates meeting. Fifteen volunteers from among the delegates joined Dr. Nelson in providing 41 individual educational workshops to fellow DOs (26), osteopathic medical students (3), AOA staff (7) and guests (5). This was an incredible accomplishment due to the fact that the service was only open for nine hours.

Thanks to the following volunteers for devoting their time to teaching and advocating OMM to this special group: Thomas Barone, DO; Boyd R. Buser, DO; David Coffey, DO, FAAO; Christopher Davis, DO; Nate DeLisi, DO; Dennis J. Dowling, DO, FAAO; Robert Fedor, DO; Richard A. Feely, DO, FAAO; Mary G. Goldman, DO; Daniel J. Kary, DO, FAAO; Kenneth E. Nelson, DO, FAAO; George J. Pasquarello, DO, FAAO; Lawrence Prokop, DO; Michael A. Seffinger, DO; Joel D. Stein, DO, FAAO; and Stephen M. Swetech, DO.

AOA Inaugurates New President

On July 21, the AOA inaugurated Ray E. Stowers, DO, as its 116th president. In a ceremony emceed by David Hitzeman, DO, the nearly 1,000 delegates learned about Dr. Stowers’ roots as a “country doc” and his emergence as a leader in health care policy and medical education. Expressing pride in the fact that the AOA is “ahead of the curve” on many issues of importance to the practice doctor and promising the AOA will always be there for all DOs, President Stowers’ inaugural address urged physicians to be innovative and remain connected to the AOA.

Although Dr. Stowers has helped groom future generations of DOs as the vice president for health sciences and founding dean of Lincoln Memorial University-DeBusk College of Osteopathic Medicine (LMU-DCOM) in Harrogate, TN, since it was established in 2005, he fondly recalls his time practicing medicine in rural Oklahoma after graduating from what is now Kansas City University of Medicine and Biosciences College of Osteopathic Medicine.

Prior to joining LMU-DCOM, Dr. Stowers was an associate professor of family medicine and director of the Division of Rural Health at Oklahoma State University Center for Health Sciences College of Osteopathic Medicine in Tulsa, OK. He then served as the founding director of the Oklahoma Rural Health Policy and Research Center.

A longstanding member of the AOA, Dr. Stowers has served on the Board of Trustees since 2000. In addition, he has been involved with several other osteopathic medical organizations. He is a past president of the Oklahoma Osteopathic Association, which honored him with the A.T. Still Award of Excellence in 2008, and a Board member of the Tennessee Osteopathic Medical Association (TOMA). In 2006, he was named Family Physician of the Year by the American College of Osteopathic Family Physicians. In 2011, TOMA honored Dr. Stowers with the Paul Grayson Smith, Sr., Physician of the Year Award.

Advocating for the osteopathic medical profession at the national level, Dr. Stowers advised Congress on healthcare issues through his appointments to the Medicare Payment Advisory Commission, better known as MedPAC, and the Physician Payment Review Commission. He was also a policy board member of the National Rural Health Association, and still serves as a member of the Rural Health Works National Advisory Council.

[Watch a video](http://www.osteopathic.org) of President Stowers’ oath of office and Inaugural Address on osteopathic.org.

Source: AOA Web site
California DO to Serve as AOA President-Elect

Norman E. Vinn, DO, graduated from Philadelphia College of Osteopathic Medicine, and is a long time member of the AOA Board of Trustees. He is the founder and chief medical officer of Housecall Doctors Medical Group, Inc., a house call network that provides on-site clinical services to high-risk and homebound elderly patients in Orange County, CA. He is also president of The Residentialist Group, Inc., in Laguna Hills, CA, a management group specializing in the development and operation of house call programs.

In addition to his involvement with the AOA, Dr. Vinn is a past president of the Osteopathic Physicians and Surgeons of California and a founding member of the American Osteopathic Academy of Medical Informatics. A fellow of the American College of Osteopathic Family Physicians, Dr. Vinn received the Orange County Senior Care Humanitarian Award in 2011 and the Lifetime Achievement Award from the Osteopathic Physicians and Surgeons of California in 2008.

In 2008, Dr. Vinn was also recognized for his work in fulfilling the healthcare needs of senior citizens at the South County Senior Services’ 8th Annual Captain’s Ball Gala. Each year, the Captain’s Ball honors individuals and corporations who exemplify outstanding service and commitment to seniors in the local community. Dr. Vinn was chosen for the collaborative clinical model he created to coordinate the care of homebound patients with other members of the healthcare delivery team.

Source: AOA Web site

PROLOTHERAPY PHYSICIAN NEEDED FOR CHICAGO-AREA PAIN PRACTICE

Caring Medical and Rehabilitation Services, S.C., in Oak Park, IL, practice of Ross A. Hauser, MD, has an opening for a Pain Physician who desires to specialize in Hackett-Hemwall Prolotherapy for the treatment of pain and sports injuries. Prior Prolotherapy experience optimal, however, will train the appropriate candidate with the eventual goal of a long-term association. The ideal candidate should not only have a passion for Prolotherapy and utilize it as his/her primary treatment therapy for pain, but desire to provide holistic care to the patient, including addressing structural abnormalities with manual medicine, diet and natural supplements, and exercise, as well as the emotional and spiritual aspects of healing. We utilize Hackett-Hemwall dextrose Prolotherapy, as well as platelet rich plasma and stem cell Prolotherapy. We see a wide array of athlete patients, thus knowledge of sports medicine, as well as personal participation in a sport is preferred. As regular producers of written material for the Web and medical publications, the ideal candidate will have strong writing skills and the ability to regularly contribute to Caring Medical’s written publications. Caring Medical is a tremendously busy and fast-paced environment. The ideal candidate should thrive in this environment and be able to work closely with a large support staff.

Clinic hours: M-F, 8AM to 5PM, no weekends or holidays. Doctor on call is accessible to patients via cell phone, but calls are typically minimal. Salary commensurate with experience and level of training required. Located just outside of Chicago, Oak Park, IL is a well-established, urban, multi-cultural city for those who love the city life, but on a slightly smaller scale than Chicago. Close proximity to public transportation and two major airports. Please review information at www.caringmedical.com and www.prolotherapy.org for more information about our clinic. Send inquiries, questions, resume and/or cover letter to Mandi Jones, Executive Assistant, JonesM@caringmedical.com.
AAO Calendar of Events 2012-2013

Mark your calendar for these upcoming Academy meetings and educational courses.

August 16  
Membership Committee Teleconference, 8:30 pm EDT

August TBD  
Postdoctoral Standards & Evaluation Committee Teleconference

September 1  
AOBNMM certification application due for November 10-11 exams

September 7-8  
*Ultrasound Guided Injections*—Millicent K. Channell, DO, FAAO; Sajid Surve, DO 
UMDNJ SOM, Stratford, NJ

October 5  
FORCE Reception, 6 pm PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 6  
FORCE Board of Directors Meeting, 9 am PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 7  
AAO Board of Trustees Meeting, 8 am PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 8-10  
AAO Program at the AOA Convention: *Osteopathic Considerations for Head and Neck Disorders* 
Millicent K. Channell, DO, FAAO, Program Chair—San Diego Convention Center, San Diego, CA

October 9  
Education Committee Meeting, 12 pm PDT—San Diego Marriott Marquis & Marina, San Diego, CA

October 25-27  
*Prolotherapy Weekend*—Mark S. Cantieri, DO, FAAO; George J. Pasquarello, DO, FAAO 
UNECON, Biddeford, ME

November 7  
Fellowship Committee Teleconference, 8:30 pm EDT

November 9  
AOBNMM Meeting—Wyndham Hotel West, Indianapolis, IN

November 10  
AOBNMM Oral & Practical Exams—Wyndham Hotel West, Indianapolis, IN

November 11  
AOBNMM Written Exam—Wyndham Hotel West, Indianapolis, IN

Nov. 30-Dec. 2  
*Oscillatory & Energetically Integrated Osteopathic Medicine in a Contemporary Setting* 
Zachary J. Comeaux, DO, FAAO—NSUCOM, Fort Lauderdale, FL

January 1, 2013  
Fellowship applications due

Jan. 18-20, 2013  
*Osteopathic Approach to Clinically Relevant Myofascial Trigger Points* 
Michael Kuchera, DO, FAAO—AZCOM, Glendale, AZ

Feb. 1-2, 2013  
Education Committee Meeting—Indianapolis, IN

Mar. 17-19, 2013  
Peripheral Nerve course (Pre-Convocation)—Kenneth J. Lossing, DO—Rosen Shingle Creek Resort, Orlando, FL

Mar. 18-19, 2013  
Pediatric ENT course (Pre-Convocation)—Program Chair TBD—Rosen Shingle Creek Resort, Orlando, FL

Mar. 18-19, 2013  
*Osteopathic Considerations in Systemic Dysfunction of the Geriatric Patient* (Pre-Convocation) 
Drs. Kuchera and Ettlinger—Rosen Shingle Creek Resort, Orlando, FL

Mar. 20, 2013  
*Cellular Biology and the Cellular Matrix* (Pre-Convocation)—Frank H. Willard, PhD 
Rosen Shingle Creek Resort, Orlando, FL

Mar. 20-24, 2013  
AAO Convocation—*Mechanotransduction and the Interstitium: The World In Between* 
Gregg C. Lund, DO—Rosen Shingle Creek Resort, Orlando, FL
Past President Delivers Prestigious Lecture

AOA Past President George Thomas, DO, of Bentleyville, OH, served as the speaker for this year’s A.T. Still Memorial Address to the AOA House of Delegates in Chicago. His speech focused on DOs of yesterday and today, imagining how Dr. Still would view today’s osteopathic medical profession, as well as examining the ways Dr. Still’s spirit lives on today. Dr. Thomas explained that we face many of the same concerns A.T. Still did, only with a modern twist, and identified five ways in which he believes A.T. Still would distinguish himself and osteopathic medicine if he were practicing medicine in 2012. [Click here](#) to read the full speech online.

*Source: AOA Daily Report, July 26, 2012*

AOA Delegates Choose New Officers

At the July meeting of the AOA House of Delegates in Chicago, the assembly elected their leadership for the 2012-2013 year. Ray E. Stowers, DO, automatically assumed the post of AOA President. Congratulations are also in order for the following physicians:

- **Martin S. Levine, DO** Immediate Past President
- **Karen J. Nichols, DO** Treasurer
- **Richard R. Thacker, DO** First Vice President
- **Ernest R. Gelb, DO** Second Vice President
- **Craig L. Magnatta, DO** Third Vice President
- **John F. Dery, DO** New Physician in Practice
- **Bradford W. Landry, DO** Intern/Resident Representative
- **Bridget E. McIlwee, OMS** Student Representative
- **Mark A. Baker, DO** Trustee
- **John W. Becher, DO** Trustee
  
  **John E. Bodell, DO** Trustee
- **William J. Burke, DO** Trustee
- **Ronald R. Burns, DO** Trustee
- **Boyd R. Buser, DO** Trustee
- **Joel B. Cooperman, DO** Trustee
- **James J. Dearing, DO** Trustee
- **Thomas L. Ely, DO** Trustee
- **Joseph A. Giaimo, DO** Trustee
- **Robert S. Juhasz, DO** Trustee
- **Suzanne K. Kelley, DO** Trustee
- **William S. Mayo, DO** Trustee
- **Carol L. Monson, DO** Trustee
Membership Committee Chair Introduces New Members

The heart and soul of every association are its members. Sheldon Yao, DO, Chair of the AAO Membership Committee, realizes this and wishes to introduce the latest Academy members. The AAO leadership and staff welcome each new member and look forward to their involvement. The following physicians joined the AAO between March 5 and May 29, 2012: John Baber, DO; Kris S. Gordon, DO; Allison L. Hetland, DO; John M. Kauffman, Jr., DO; Gabrielle Marie Koczab, DO; Lindsay R. LaCorte, DO; Melchiorra M. Mangiaracina, DO; Meghna M. Shah, DO; Sarah Lynley Rader, DO; Kenneth J. Richter, DO; Anthony D. Rotella, DO; Ryan C. Singerman, DO; Jennifer E. Wilson, DO; and Zhigang Yang, DO.

Membership Announcements

The Academy’s fiscal year is from August 1 to July 31...which means it’s time to renew your AAO membership! Dues notices were sent out June 8 and July 13, and will be sent again on August 9. Dues payments were due and payable by July 31, 2012. We take checks, as well as Visa, Mastercard and Discover. We do not, however, accept American Express. As of July 27, 61 percent of dues billed for the 2012-2013 fiscal year had been paid.
If you have not received a dues notice, please contact Susan at slightle@academyofosteopathy.org or (317) 879-1881. Reminder: In order to serve on any AAO committee, board, etc., you must be in good standing, with your dues paid in full.

Don’t make a move...without notifying the AAO! We don’t want to lose track of any of our members when they relocate. Please remember to inform Susan of any changes in your contact information.

Please make sure e-mails from the AAO are not going to your junk mail folder! Adjust your spam filter to allow e-mails from @academyofosteopathy.org so you can continue to receive the AAO Journal, AAO Member Newsletter, the OsteoBlast, updates on courses, etc. Also, be sure to let Susan know of any e-mail address changes.

Once you graduate from osteopathic medical school, you do not automatically become a member of the AAO. Therefore, SAAO members who have graduated, or those who will be graduating soon, should strongly consider re-joining the AAO as a Postgraduate American Academy of Osteopathy (PAAO) member, and continue to get discounts on courses and attend Convocation each year. Information is always available at www.academyofosteopathy.org/paao/home. No matter what field of medicine you choose and what residency you attend, the AAO has much to offer in your development as an osteopathic physician. If you know an intern or resident who is not a member of the PAAO, please pass this information along!

The AAO Membership Committee continues to break down and further analyze the results of the Membership Survey sent in January. With the addition of two new subcommittees (New Physicians in Practice and Mentorship), they will meet via teleconference in August to further develop their goals of recruiting and retaining members.

The AAO now has a Facebook page. Check it out. Like us!
Prolotherapy Weekend

October 25-27, 2012, at UNECOM in Biddeford, ME

Course Directors

Mark S. Cantieri, DO, FAAO, is a 1981 graduate of Des Moines University College of Osteopathic Medicine, and is board certified in NMM/OMM. He has served on various hospital staffs as a consultant in OMM—treating newborns, post-operative patients and patients in intensive care units. He currently operates a private practice, Corrective Care, PC, in Mishakawa, IN, which specializes in the treatment of chronic musculoskeletal pain. Dr. Cantieri is a Past President and Secretary-Treasurer of the AAO.

George J. Pasquarello, DO, FAAO, graduated from UNECOM in 1993. Board-certified in NMM/OMM, he has served as a Residency Program Director and Associate Professor of OMM at UNECOM. He has also worked as a clinical specialist at Maine Spine & Rehabilitation and University Healthcare. He is currently in private practice at East Greenwich Spine & Sport in East Greenwich, RI. Dr. Pasquarello is a Past President of the AAO.

Course Outline

Thursday, October 25, 5:00 pm - 10:00 pm: Physicians who have not taken a prior course in prolotherapy are required to attend this session. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.

Friday and Saturday, October 26-27, 8:00 am - 5:30 pm: Participants will be divided into two groups—beginners and advanced. These two groups will alternate between lectures in anatomy and injection technique, and time in the anatomy lab performing injections under supervision and reviewing prosections.

Principles of Prolotherapy by Cantieri MS, Pasquarello GJ and Ravin TH, will serve as the course syllabus. Please see http://principlesofprolotherapy.com/index.html for details.

Prerequisites

Functional anatomy: (1) Level I course or equivalent.
Participants must indicate upon registration whether they are a beginner or advanced prolotherapy student. If you are unsure, please contact Lisa Susemichel at the AAO.

CME
20 hours of AOA Category 1-A credit is anticipated

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975. A rental car is recommended since the campus is located about 15-20 minutes from most hotels and restaurants.

Registration Form

Prolotherapy Weekend
October 25-27, 2012

Name: ____________________________ AOA#: _____________
Nickname for Badge: _____________________________
Street Address: ____________________________________________
City: _______________________ State: ________ Zip: __________
Phone: ______________________ Fax: _______________________
E-mail: ____________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): ____________________________

Registration Rates

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**Dr. Channell Provides Sneak Peek at AAO OMED Program**

Program Chair **Millicent King Channell**, DO, FAAO, has themed the 2012 AAO program at the AOA Osteopathic Medical Conference and Exposition (OMED) “Osteopathic Considerations for Head and Neck Disorders.” The program will focus on Osteopathic Manipulative Treatment (OMT) and injection treatments for common conditions affecting the head and neck, including traumatic brain injury, otitis media, temporomandibular joint (TMJ) disorders and sinusitis. Featured topics and speakers include:

**Myofascial Pain Patterns for Head and Neck Disorders**

**Sajid A. Surve, DO**

Dr. Surve is a 2005 graduate of the University of Medicine and Dentistry of New Jersey-School of Osteopathic Medicine (UMDNJ-SOM). After completing a traditional rotating internship at Delaware County Memorial Hospital in Drexel Hill, PA, he became an inaugural resident, and the first Chief Resident, of the Physical Medicine and Rehabilitation (PM&R) residency at Long Beach Medical Center in Long Beach, NY. He also completed a Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMM) residency in 2010. Board certified in PM&R and NMM/OMM, he is currently an Assistant Professor in both specialties at UMDNJ-SOM.

**Safety and Efficacy of Cervical HVLA**

**Hollis H. King, DO, PhD, FAAO**

Dr. King, a 1983 graduate of Texas College of Osteopathic Medicine, is Osteopathic Principles and Practices (OPP) Program Director at the University of Wisconsin Department of Family Medicine Residency in Madison, WI. He has previously served as a professor of OPP at A.T. Still University School of Osteopathic Medicine in Mesa, AZ. He is a Past President of the AAO and has served on the Board of Directors of the Osteopathic Cranial Academy. Dr. King is the Chief Editor and a contributor for the 2011 book *The Science and Clinical Application of Manual Therapy*, which delineates the research supportive of OMT for systemic disorders and musculoskeletal conditions. Dr. King has been the editor of numerous AAO publications, including the works of leading osteopathic researchers and clinicians—Irvin Korr in 1997, Viola Frymann in 1998 and 2005, and Philip Greenman in 2010. He is also the author of the chapter on Osteopathy in the Cranial Field in the textbook *Foundations for Osteopathic Medicine*, 3rd Edition, and co-editor of the *Journal of the American Osteopathic Association* column “Somatic Connection.” Dr. King serves as Associate Director of the Osteopathic Research Center’s Consortium for Collaborative Osteopathic Research Development—Practice-Based Research Network.

**Five-Minute OMM Protocols for Respiratory Infection**

**David C. Mason, DO**

Dr. Mason is a 1996 graduate of the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine (UMDNJ-SOM). He is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) and the American Osteopathic Board of Family Physicians. He is currently an Associate Professor and Chair in the Department of OMM at the University of North Texas Health Science Center Texas College of Osteopathic Medicine. Dr. Mason has served as Course Director for OMM courses, Residency Director for NMM/OMM programs, and is involved in teaching at local and national graduate medical education and continuing medical education programs. He is co-author of the book *5-Minute Osteopathic Manipulative Medicine Consult* and is a former Chair of the AAO Education Committee. He is also a member of the AAO Education Committee and the AOBNMM.
OMT for Hospitalized Premature Infants with Nipple Feeding Dysfunction

Heather P. Ferrill, DO

Dr. Ferrill, a 2000 Michigan State University College of Osteopathic Medicine (MSUCOM) graduate, is an Associate Professor of OMM at the University of New England College of Osteopathic Medicine (UNECOM). Board-certified in Family Practice and NMM/OMM, her practice emphasizes Osteopathic Manipulative Treatment in the pediatric population. Dr. Ferrill also has a special interest in the osteopathic management of headache, vision and dental issues, and is currently involved in osteopathic educational research. She serves on the AAO Education Committee and as the Student American Academy of Osteopathy Chapter Advisor for UNECOM.

Botox Update for Migraine Headache

Richard T. Jermyn, DO, FAAPMR

Dr. Jermyn graduated from Philadelphia College of Osteopathic Medicine in 1992, and is board certified in PM&R. He serves as Director of the Neuromusculoskeletal Institute, and Associate Professor and Chair of Rehabilitation Medicine at UMDNJ-SOM. His research areas include HIV-associated neuropathy, fibromyalgia, postherpetic neuralgia, osteoarthritis, end-stage joint disease and breakthrough pain in cancer patients. He has also published numerous scholarly articles on pain management in the elderly. Dr. Jermyn was inducted into the AOA Mentor Hall of Fame in 2005, and received the Purdue Partners Against Pain Award from the American Osteopathic Foundation in 2008.

Osteopathic Considerations for Neck Pain

George J. Pasquarello, DO, FAAO

Dr. Pasquarello is a 1993 graduate of the University of New England College of Osteopathic Medicine (UNECOM), where he served a one-year Anatomy/Osteopathic Principles and Practices Undergraduate Teaching Fellowship prior to graduation. Board certified in NMM/OMM, he served as Director of the NMM Residency and Co-Director of the Family Practice/NMM Residency at UNECOM from 1998 to 2003. He also worked as an Associate Professor of OMM at UNECOM, and as a clinical specialist at Maine Spine and Rehabilitation and University Healthcare. Dr. Pasquarello is currently in private practice at East Greenwich Spine & Sport in East Greenwich, RI, and is President of the Rhode Island Society of Osteopathic Physicians and Surgeons. He is a member of the American Osteopathic Association House of Delegates, and a Past President of the American Academy of Osteopathy. He also serves as President of the Foundation for Osteopathic Research and Continuous Education. He lectures to physicians and students at the national and international level on the application of OMM, myofascial pain and trigger point injection, prolotherapy and chronic pain management.

Osteopathic Considerations in Sinusitis

Michael L. Kuchera, DO, FAAO

Dr. Kuchera graduated from Kirksville College of Osteopathic Medicine, where he later served as Chairperson of OMM, OMM Residency Director, Vice President for International Osteopathic Research and Education, Vice President for Academic Affairs, and Dean. He currently directs the OMM Research and Human Performance and Biomechanics Laboratory at the Philadelphia College of Osteopathic Medicine. He is also the Clinical Director of the Center for Chronic Disorders of Aging. Dr. Kuchera represents the United States in the International Federation of Manual/Musculoskeletal Medicine, for which he serves as Secretary General. He has been invited to lecture in Europe, Japan and Australia, and is a founding member of the AOA's Bureau on International Osteopathic Medical Education and Affairs (BIOMEA). A past president of the American Academy of Osteopathy, he currently serves on its Board of Governors and Louisa Burns Osteopathic Research Committee, as well as the chair and AOA BIOMEA Liaison for the International Affairs Committee. In addition to co-editing and writing numerous articles and chapters in Foundations for Osteopathic Medicine, he co-authored Osteopathic Considerations in Systemic Dysfunction with his father, as well as two other textbooks. In 2002, the AOA Council of Research honored Dr. Kuchera with their highest honor for a career of research and research mentorship—the Gutenshohn-Denslow Award.
OMT for TMJ Syndrome

Eric J. Dolgin, DO

Upon his graduation from Ohio University College of Osteopathic Medicine in 1982, Dr. Dolgin received the Osteopathic Heritage Award, and went on to serve as Assistant Director of the Osteopathic Center for Children in San Diego, CA. In 1985, he established a private practice in Santa Monica, CA, that has grown to five physicians. Over the past 25 years, he has been a Clinical Assistant Professor at Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Touro University College of Osteopathic Medicine (California and Nevada campuses). Dr. Dolgin is a Past President of the Cranial Academy, for which he has been an officer and board member for more than two decades. He is also a Fellow of the Cranial Academy, and received its Distinguished Service Award in 2007. Dr. Dolgin has also served on the faculty of the Sutherland Cranial Teaching Foundation. He is co-chair of the AAO Informational Technologies Committee and a member of the Publications Committee.

Osteopathic Approach to Dizziness

Harriet H. Shaw, DO

Dr. Shaw received her DO degree from MSUCOM in 1975, and completed an internship at Grandview Hospital in Dayton, OH. After working in rural family practice in the upper peninsula of Michigan for three years, she joined the faculty of Oklahoma State University College of Osteopathic Medicine (OSUCOM), where she is currently a professor in the OMM Department. Board certified in NMM/OMM and family practice, she is also Director of the NMM/OMM Plus One Residency Program at OSUCOM. Staying active in medical education, she also had a private OMM practice for 24 years. She and her husband live in Tulsa and have two daughters, who are both DOs.

AAO Closed for Labor Day

The AAO headquarters will be closed on Monday, September 3, in observance of the Labor Day holiday. We appreciate your understanding and hope this schedule does not inconvenience you.

New AOA Mobile App Launches

Looking for an easier way to plan for upcoming osteopathic events or check your CME report? Download the new AOA App today, which puts your exclusive member resources right at your fingertips! Search through a complete list of osteopathic events, access your latest CME information instantly, learn how to get involved in federal grassroots legislative efforts, locate key contacts, read AOA publications and news impacting the profession, and much more, all on your smart phone or tablet! The AOA App is currently available for download in both the Apple and Android stores. Enter “AOA” in the Apple App Store search field. For Androids, visit the Google Android Market.

Source: AOA Daily Report, July 26, 2012
Oscillatory and Energetically Integrated Osteopathic Medicine in a Contemporary Setting

November 30-December 2, 2012, at NSUCOM in Fort Lauderdale, FL

Course Description
The course will give practitioners an introduction to, or an organized context in which to use, rhythmic force in the application of osteopathic manipulation—either to complement their current methods or as a new alternative strategy. Three major trains of thought emerge, namely the use of the mechanical percussion vibrator updated from Dr. Fulford’s introductory view; a purely manual application (Facilitated Oscillatory Release); and a phenomenological approach to mindfulness in manipulation. Contemporary neuroscience and cognitive science pertinent to these skills will be reviewed. Each of the three areas will be dealt with conceptually, but also with practical exercises intended to integrate them rapidly into practice.

Dr. Comeaux’s attitude toward each is that vibratory methods should be most appropriately viewed not as separate models, but as part of an eclectic, integrated approach to the intended end, facilitating normal function. This includes engagement on multiple levels of dynamic physiology. Integration relies on having strategies and skills, but also a perceptive, mindful approach. The use of oscillation and managed perception, furthermore, develop insight into the common features of many approaches to subtle Osteopathy and advanced practice.

CME
20 hours of AOA Category 1-A credit is anticipated

Course Directors
Zachary J. Comeaux, DO, FAAO, a student/protegé of Robert C. Fulford, DO, has researched neuroscience/cognitive science relevant to Dr. Fulford’s “energetic” patient/practitioner interaction. The result is an integrative synthesis taught to avid osteopathic communities overseas for years. As president of the World Osteopathic Health Organization and active in the Osteopathic International Alliance, he has a broad view of osteopathic history, concept and practice. A 1988 graduate of OUCOM, he is certified in FM and NMM, and carries this integrative perspective into workshops.

Prerequisites
Level I course and basic understanding of functional anatomy.

Course Times
Friday and Saturday: 8:00 am - 5:30 pm (lunch provided)
Sunday: 8:00 am - 12:30 pm (lunch on your own)

Course Location
NSUCOM
3301 College Ave.
Fort Lauderdale, FL 33314
(800) 541-6682

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Course Description
The course will give practitioners an introduction to, or an organized context in which to use, rhythmic force in the application of osteopathic manipulation—either to complement their current methods or as a new alternative strategy. Three major trains of thought emerge, namely the use of the mechanical percussion vibrator updated from Dr. Fulford’s introductory view; a purely manual application (Facilitated Oscillatory Release); and a phenomenological approach to mindfulness in manipulation. Contemporary neuroscience and cognitive science pertinent to these skills will be reviewed. Each of the three areas will be dealt with conceptually, but also with practical exercises intended to integrate them rapidly into practice.

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CME
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Registration Rates

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Passing on the Tradition
David M. Kanze, DO

[Editor’s Note: The AAO continues the series conducted by Charlotte H. Greene, PhD, with editorial assistance provided by Donald R. Eaton, Jr. Dr. Greene conceived this project—an ongoing series of interviews—to convey some of the rewards and challenges encountered during a career in osteopathic medicine, to highlight the role and contributions of mentors, and to provide accounts that might otherwise be lost.]

It was my mom who first brought osteopathic medicine to my attention. I had gone to Temple University as an undergraduate and wanted to apply to medical school, but to do so, it was required that you apply to their medical school. My interview with Temple Medical School turned out not to be very welcoming at all. When I was relating this experience to my mom, she suggested that I might be interested in applying to Philadelphia College of Osteopathic Medicine (PCOM). I was born right down the street at Lankaneau Hospital, and had passed PCOM thousands of times without even knowing anything about it at all. I went on their Web site, read about it, and thought, “that is what all doctors did or should do,” and that was the beginning of my osteopathic journey.

I was interviewed by Chief Admissions Officer Deborah A. Benvenger, and it went great! Two other physician-interviewers should have been there, but the cardiologist was called out on an emergency and the gastroenterologist got stuck in traffic. It was Deb and me, and we talked about music for about an hour. She asked what album I would take to a desert island. I asked, “Can it be live?” She said, “No,” so I said “American Beauty” by the Grateful Dead. I think it probably came about because the first line in my essay for medical school was a lyric from a Phish song. “If you can heal the symptoms and not affect the cause, it is quite a bit like trying to heal a gunshot wound with gauze (Farmhouse 1996).”

My first “Ah ha” moment came during my second week of school and was with Todd Bezilla, DO. I wanted to see what osteopathic manipulative treatment (OMT) was all about, so I went over to the OMT office to shadow Dr. Bezilla. He had an opening the next day, so I put on my white coat and tie—which was very hard for me as I hate ties—and went back. When one of his patients didn’t show up, he said, “Treat me.” I told him I didn’t know how, and he said, “Yes you do, your hands know what to do.”

He told me about myofascial release and said, “Go up. Go down. Go clockwise. Go counter-clockwise.” When I reached the restriction, he said to hold it there. As I did, I felt something happen and asked what it was. He replied, “That was the release, and it was awesome!” That experience and others encountered while shadowing Wm. Thomas Crow, DO, FAAO, cemented my interest.

I went to a cranial course in Arizona with 15 other students from PCOM during my second year in medical school. My then future wife, Kylie Johnston—now Kylie Kanze, DO—convinced me to go. There were lots of PCOM students there, so many that they spread us out so we wouldn’t be with each other. Richard A. Feely, DO, FAAO, was the Program Director and Raymond J. Hruby, DO, FAAO, was the Assistant Program Director. I ended up with Therese M. Scott, DO, as my table trainer, among others. It was an amazing experience. And it all began when Dr. Feely came in wearing a kilt and playing bagpipes!

The first time I saw Dr. Crow do his myofascial unwinding, I thought I could never master that technique, because he is a giant, his hands are twice the size of mine, and he’s a lot stronger than me. He told me that yes, I could do it, and showed me how when I did a clinical rotation with him. He doesn’t really speak when he teaches, he just points his head or his eyes and says, “okay, now,” “there it goes,” or “what do you feel?” That is how I got started with the technique.

Following the cranial course, a group of students from PCOM were doing some myofascial unwinding during the Evening with the Stars at the AAO Convocation in Ottawa, and Dr. Crow said, “do the technique on me.” So there we were—Kylie, Lauren Noto Bell, DO, and I believe Richard Jason Hartman, DO, and I—treating Dr. Crow! He was shaky and wanted to flip over, but we couldn’t manage this, so we took him into the position he wanted to go as much as we were able. Then we felt his whole body take a giant, deep breath, and he suddenly became calm. We just sat there in amazement, as we’d just done for Dr. Crow what he does for others.

The clinical years were very different for me, as I never really knew what I wanted to do except that I wanted to do OMT with it. (When I first came to medical school, I wanted to do Pediatric Emergency Medicine because George Clooney was so awesome on ER. As a first-year medical student I actually did a week of Peds ER with a doctor at
I decided that specialty was not for me.) I really enjoyed family medicine and rural rotations, and also my rotations with Dr. Crow. I did a month’s rotation in Alaska, where I did a lot of OMT with the Indian Health Service at Metlakatla—the last Indian reservation in Alaska.

Kylie and I jumped into the car and went from Philadelphia to Seattle in two and a half days. Then we flew up to the Indian Health Service clinic in Metlakatla, located on Annette Island across from Ketchikan. They had two MDs there, a nurse practitioner and a pharmacist who was also the x-ray tech and used a machine from the Vietnam War era. Evacuations were done via float planes and fishing trawlers. Not much is more rural than that.

So there I was, a fourth-year student doing OMT on people in pain, and I was told to stop by the MDs. They had never seen it before. I tried to explain to them what I was doing, and how I was helping their patients get off chronic meds, and that they really didn’t need to be on them if the actual cause of the problem was treated. One of them was okay with it, but the other, the director of the clinic, said that if I mentioned it again, he would send me home, and I would fail my rotation. When I asked why, he said, “because we don’t know how to do it (OMT).”

I actually stopped telling the patients what I was doing and just kind of included it in my exam. Prior to the excursion to Alaska, I had recently completed the Still Technique Course with Richard L. Van Buskirk, DO, PhD. The Still Technique is indirectly direct—basically you take the joint through a range of motion with compression or distraction to reset it. I did a shoulder exam on people with shoulder pain for example, and I’d use the Still Technique. They’d say they didn’t hurt anymore, and they’d no longer need their Vicodin. I thought that was a good thing!

When I graduated from PCOM in 2005, I knew I wanted to do OMT. I wanted to do the combined residency (at PCOM), but it didn’t exist there and still doesn’t exist. After a mixture of Family Practice and OMT rotations, including one with Laura Griffin, DO, FAAO, who is now in Pikeville, KY, then one with Stephen Goldman, DO, at Botsford Hospital in Michigan. I ended up going to Michigan, where I did my residency at Botsford with Dr. Goldman. I am now at Rocky Vista University in Parker, CO. I am the Fellowship Director there, work in the health center and teach at the school. It is awesome—the best of all worlds.

I play music for my patients, but I’m not sure whether the music is more for me or for them—we both benefit. I play the Grateful Dead, jazz and classical... If someone comes in with their iPod and says, “Hey, this is what I want to listen to while you treat me,” that is what we do. If it helps settle them, so we can get a better treatment, or if it helps settle me, so I can give a better treatment, or if it helps settle the room, it is a positive factor. Setting the room is a hard thing to do, especially if there are a lot of distractions from the multi-specialty clinic—doors slamming, ECG machines going off, or people knocking on the door needing this or that while you are trying to treat your patient. It can be distracting, and sometimes the music can really help.

My message to students is “dig on.” Viola M. Frymann, DO, FAAO, wrote this in a book she autographed for me when I did a month’s rotation with her during residency. Michael L. Kuchera, DO, FAAO, wrote the same thing in a book that was addressed to my wife and I. Jane E. Carreiro, DO, also wrote the same phrase in a book to us. While it means something different to different people, it basically means you have to figure out what you can do to make your patient feel better and find health. When you “dig on,” it is not digging on in the patient, but digging on in yourself to figure out how you can best treat in your own way and the best way for your patient. It is very hard to explain, and is even harder to accomplish, but it is your responsibility to your patient—find the cause and you will help the patient. That is what matters.

To my peers, my mentors, my future peers, my patients, you have taught me so much that I can’t repay you. The only way I think I can try is to teach you what I know. Keep on keeping on and doing it—Osteopathy is the future of medicine.

OREGON CLINIC SEEKS PHYSICIAN

Family practitioner wanted who loves OB or OMT. Portland, Oregon- nestled just over an hour from the coast and from the mountains in the Pacific Northwest- is a wonderful place to live and work! We are looking for a half- to full-time physician to join a 22-year old, thriving, successful practice. We have a broad-based clinic, which includes Family Physicians, Certified Nurse Midwives, Family Nurse Practitioners, Physician Assistants, Physical Therapists, as well as an Acupuncturist, Mental Health Nurse Practitioner, embedded Licensed Counselors and a team of providers committed to true primary, preventive care. Join a team that is inspired to help patients embrace healthy lifestyles! We include providers who've become board-certified specialists in Obesity Medicine, supported by a comprehensive team of nutritionists, behaviorists and fitness trainers. Check out our Web site at www.swfamilyphysicians.com. The Pacific Northwest is a favorite for skiing, boating, fishing, kayaking and wind surfing, and a foodie haven with some of the finest, innovative restaurants, wineries and breweries in the country. Contact Nancy at 503 597-1250 or send CV to: brstutz@gmail.com.
Golden Ram Donations Kickstart Campaign Year

AAO members’ “dues check-off” donations to the Golden Ram Society have begun to build the foundation of the 2012-2013 campaign. The Academy’s leadership encourages all members to support this annual fundraising program. As of July 6, 45 donors have contributed a total of $9,977–20 percent of the $50,000 goal. Thanks to all for their loyal support!

Golden Ram donations can be made online by logging on to www.academyofosteopathy.org. Click “Contribute” on the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes this system will ease your ability to donate to the Academy. Keep in mind you can also make a recurring monthly donation of $25 or more. Call Sherri L. Quarles at (317) 879-1881 to set up your rolling donation today!

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NEW NMM PLUS 1 RESIDENCY PROGRAM IN NEW YORK

There is a new NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Denise K. Burns, DO, FAAO, at drdenise@optonline.net or Education Department Secretary Karen Roberts at (631) 726-0409.

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Successful integrative practice seeks a board-certified/eligible NMM/OMM physician for its busy Denver office. Preferably someone comfortable with a broad variety of techniques. Very competitive compensation. Friendly and professional atmosphere. Please call (303) 781-7862 or e-mail CV to mgentile@cointegrative.com. Our Web site is www.cointegrative.com.

DO SOUGHT IN BOSTON

Innovative primary care practice seeks primary care physician also interested in OMM. Balanced lifestyle, working with academically trained MDs, started by original designer of Epocrates. If interested, please send a brief intro and CV to: jobs@onemedical.com.
Course Description
This course will emphasize linking muscular dysfunction to common clinical complaints, and providing practical approaches to diagnose and treat these complaints using osteopathic principles. It will integrate primary manual techniques (counterstrain, FPR, soft tissue OMT, muscle energy, etc.), and introduce adjunctive release-enhancing maneuvers and modalities (such as vapocoolant spray & stretch) to accomplish therapeutic goals in an osteopathic fashion. Basic principles and anatomical review will be reinforced by discussing direct treatment of a muscle trigger point (e.g., spray & stretch or muscle energy) with an indirect treatment (e.g., counterstrain, FPR).

The course will include a discussion of other non-manual interventions (acupuncture, injections, etc.) and the role of prevention and eliminating perpetuating factors. It will also feature a strong evidence base and a leading NIH-based clinician who researches trigger points. Emphasis on the most clinically relevant trigger points and a practical discussion on billing and coding should be attractive to practitioners and also encourage application of the course content.

Program Chair
Michael L. Kuchera, DO, FAAO, graduated from Kirksville College of Osteopathic Medicine, where he later served as Chairperson of OMM, OMM Residency Director, Vice President for International Osteopathic Research and Education, Vice President for Academic Affairs and Dean. He currently directs the OMM Research and Human Performance and Biomechanics Laboratory at the Philadelphia College of Osteopathic Medicine, and is the Clinical Director of the Center for Chronic Disorders of Aging.

Presenter
Jay P. Shah, MD, is a senior staff physiatrist in the Rehabilitation Medicine Department at the NIH Clinical Center. His research interests include the pathophysiology of myofascial pain and the integration of physical medicine techniques with promising complementary approaches in the management of neuromusculoskeletal pain and dysfunction. Dr. Shah lectures extensively on mechanisms of chronic pain, myofascial pain, acupuncture techniques and other related topics.

CME
20 hours of AOA Category 1-A credit is anticipated.
Application for CME credit has been filed with the AAFP. Determination of credit is pending.

Course Times
Friday and Saturday: 8:00 am - 5:30 pm (lunch provided)
Sunday: 8:00 am - 12:30 pm (lunch on your own)

Course Location
Arizona College of Osteopathic Medicine
19555 North 59th Avenue
Glendale, AZ 85308
(623) 572-3215

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Registration Form
Osteopathic Approach... Myofascial Trigger Points
January 18-20, 2013

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<th>On or before Nov. 20</th>
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<tr>
<td>AAO Member</td>
<td>$ 680.00</td>
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<td>AAO Non-Member</td>
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<td>Student/Intern/Resident</td>
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The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars.

Credit Card #: ________________________________
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I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

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Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org

August 2012 AAO Member Newsletter 19
Component Societies and Affiliated Organizations
Upcoming Calendar of Events

August 16-19
Rocky Mountain Academy of Osteopathy & RVUCOM: Introduction to the Osteopathic Paradigm of Muscle Function - In Search of Optimal Health
Program Chairs: Adrienne Kania, DO; Ellice Goldberg, DO
Featured Faculty: Judith Lewis, DO
RVUCOM, Parker, CO
CME: 24 Category 1-A AOA credits anticipated
Call (719) 648-0788 or (303) 423-1360 to register

August 17-19
Indiana Academy of Osteopathy & Indiana Osteopathic Association: A Sutural Approach to Osteopathy in the Cranial Field
Program Chair: Charles A. Beck, DO, FAAO
Faculty: Edward G. Stiles, DO, FAAO
Holiday Inn Indianapolis North, Carmel, IN
CME: 20 Category 1-A AOA credits anticipated
Phone: (317) 926-3009 Fax: (317) 926-3984
E-mail: info@inosteo.org Web site: http://www.inosteo.org

September 7-9
Integrated Neuromuscular and Myofascial Release
Course Chairperson: Lisa DeStefano, DO
MSUCOM, East Lansing, MI
CME: 19 Category 1-A AOA credits anticipated
Phone: (517) 353-9714 Fax: (517) 432-9873
E-mail: cme@com.msu.edu Web site: http://www.com.msu.edu/cme/courses.html

September 14-16
Osteopathic Physicians & Surgeons of California 23rd Annual Fall Conference - CME by the Bay
Intercontinental Clement Monterey Hotel, Monterey, CA
CME: 22 Category 1-A AOA credits anticipated
Phone: (916) 822-5246 Fax: (916) 822-5247
E-mail: opsc@opsc.org Web site: http://www.opsc.org/

September 21-23
Manual Medicine: An Osteopathic Approach
Introduction to Osteopathic Medicine and Evaluation & Treatment: Thorax & Rib Cage
UNECOM, Biddeford, ME
CME: 20 Category 1-A AOA credits anticipated
Phone: (207) 602-2589 E-mail: cme@une.edu Web site: www.une.edu/com/cme/manualmedicine.cfm

September 21-23
ACOFP Intensive Update & Board Review in Osteopathic Family Medicine
Intercontinental Chicago O’Hare Hotel, Rosemont, IL
CME: 21 Category 1-A AOA credits anticipated
Phone: (800) 323-0794 Fax: (847) 228-9755
Web site: http://www.acofp.org/CME_Center/Conventions/Workshops/

September 21-23
Orthopedics, Posture and the Primary Respiratory Mechanism
Course Chairperson: Mark Bookhout, MS, PT
MSUCOM, East Lansing, MI
CME: 26 Category 1-A AOA credits anticipated
Phone: (517) 353-9714 Fax: (517) 432-9873
E-mail: cme@com.msu.edu Web site: http://www.com.msu.edu/cme/courses.html

September 30-October 4
American College of Osteopathic Obstetricians & Gynecologists Fall Conference
Hilton DFW Lakes Hotel, Grapevine, TX
CME: 25 Category 1-A AOA credits anticipated
Phone: (817) 377-0421 Fax: (817) 377-0439
E-mail: info@acoog.org Web site: http://www.acoog.org/

October 5-9
Craniosacral Techniques: Part II
Course Chairperson: Barbara Briner, DO
MSUCOM, East Lansing, MI
CME: 35 Category 1-A AOA credits anticipated
Phone: (509) 469-1520 Fax: (509) 453-1808
E-mail: info@sctf.com Web site: http://sctf.com

October 12-14
Sutherland Cranial Teaching Foundation: The Pelvis
Course Director: Andrew M. Goldman, DO
UNECOM, Biddeford, ME
CME: 19.5 Category 1-A AOA credits anticipated
Phone: (509) 469-1520 Fax: (509) 453-1808
E-mail: info@sctf.com Web site: http://sctf.com

October 19-22
Exercise Prescription as a Complement to Manual Medicine
Course Chairperson: Mark Bookhout, MS, PT
MSUCOM, East Lansing, MI
CME: 26 Category 1-A AOA credits anticipated
Phone: (517) 353-9714 Fax: (517) 432-9873
E-mail: cme@com.msu.edu Web site: http://www.com.msu.edu/cme/courses.html