

President's Message



Make Sure Your Voice Is Heard:

The American Academy of Osteopathy (AAO) and the American Osteopathic Association (AOA) are conducting a survey of osteopathic physicians to develop accurate and unbiased information on the relative value for physician work utilized in performing osteopathic manipulative treatment (OMT). In order to meet the requirements of the Relative Update Value Committee (RUC) for a valid survey, the participating physicians must be randomly selected. If you are selected to participate, the survey will be provided to you via e-mail; the deadline for completing the survey is November 15, 2010.

The Survey: The survey will take approximately 30 minutes to complete. We understand that we are asking you to make a serious commitment, but we want to assure you that the time you invest in this project is necessary for the osteopathic medical profession and the patients we serve.

It has been my pleasure to serve you as President of the American Academy of Osteopathy since March 20, 2010. This year has been very eventful for the Academy and me. Key components have been the strategic plan and the Capital Campaign initiative under the direction of Carlton & Company. The development of a national osteopathic educational research center in conjunction with housing the Academy offices is definitely a bold and courageous move for our organization as we transform the Academy and the osteopathic profession into a more dynamic, influential and interactive profession. The Capital Campaign will be chaired by Guy A. DeFeo, DO with honorary chair Boyd R. Buser, DO. On August 20-22, I attended the Yankee Conference in Newport, Rhode Island, where I represented the Academy in front of the osteopathic state associations of Massachusetts, Rhode Island, and Connecticut.

The last week of August, a controversy arose regarding Blue Cross and Blue Shield (BCBS) of Vermont. They decided that they will no longer pay for osteopathic manipulative treatment as a member benefit. I was participating along with several others in the AOA socioeconomic affairs committee in a dialogue with BCBS of Vermont vice presidents.

The Academy Board of Trustees held a strategic planning meeting with several past presidents on September 19 in Chicago to formulate a plan for the Academy to move forward. The result of that meeting was to develop a business plan relative to the location of the AAO headquarters, the development of an educational research facility, and the capital campaign necessary to achieve such goals.

I had the pleasure of attending the FIMM meeting as the President of the American Academy of Osteopathy, the US official delegate to the meeting. There were approximately 20 countries represented. Each country had one person and one vote, though many countries had more than one person around the table, only one person per country could speak. Michael Kuchera, DO is the secretary general of FIMM and as an officer may not speak as an official representative for the U.S. unless otherwise authorized. A good discussion was had about the development of a diplomatic status for FIMM members and the development of international CME credit units that would be acceptable from country to country. The development of further definitions in the FIMM glossary were discussed. One of the outcomes of the meeting was a nice surprise in that a couple of countries were keen on employing the Academy to present a 300-hour FIMM acceptable diplomat course in manual/musculoskeletal medicine.

Meanwhile, the Academy committees have been busy, particularly the IT committee, which has refined the AAO website and developed a Facebook page. The goals for the remainder of my presidency, as we continue the year of the osteopathic spirit, reviving and restoring the "osteopathicness" of our profession is to have the Capital Campaign started, the strategic plan fleshed out with the business plan finished.

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Other immediate items that need to be addressed include the RUC survey to DOs that will occur in November, compliance with the survey is critical for our specialty. Communication has increased, at least from this president's standpoint, as I try to go around the country and communicate physically and electronically by email to our members and our friends through presidential notes and personal appearances.

In summary, the American Academy of Osteopathy is in good shape administratively, financially, and professionally. It is moving forward in this dynamic development of becoming the international source for osteopathic education research and training. As we look to our new frontiers, let us build the infrastructure to facilitate this worldwide service to members and friends.

I look forward to seeing you at the 2011 Annual Convocation in Colorado Springs, CO on March 16-20. James Binker, DO, Program chair has created an excellent program, Integrative Osteopathy: The Legacy of the Integrative Work of William G. Sutherland, DO. I encourage you to make your hotel reservations early as well as register before the early bird rate disappears on January 31, 2011.

In Memoriam

Richard M. Bachrach, DO, FAOASM, who treated many prominent personalities in the performing arts during his long career, passed away on May 18, 2010. He was born in New York, NY on October 10, 1929. After graduating from the University of Oklahoma and Philadelphia College of Osteopathic Medicine, he returned to New York to join his father's practice, whose patients included film actors, writers and directors. Dr. Bachrach worked with New York City Ballet and American Ballet Theatre dancers, as well as several modern dance companies and Broadway musical casts. He also served as the attending physician for the City Center Joffrey Ballet, which he accompanied on a tour of the former Soviet Union in 1974.

Dr. Bachrach was the President and Medical Director of the Center for Sports and Osteopathic Medicine. He was a Fellow of the American Osteopathic Academy of Sports Medicine, the American Osteopathic Academy of Pain Management & Sclerotherapy, the American Medical Academy of Medical Acupuncture and the American Back Society. He was a member of the American Association of Orthopedic Medicine, the American College of Sports Medicine, the American Academy of Osteopathy, the American Osteopathic Association, American Medical Association, as well as many state and local osteopathic and medical societies. Dr. Bachrach's scientific papers were published in many medical journals and textbooks, and he lectured internationally on dance medicine and back pain.

Trustees Meet at AOA Convention

President Richard A. Feely, DO, FAAO convened AAO officers and trustees for their fall meeting the day before the opening of the AOA Convention in San Francisco. Significant actions were (1) approval of the Nominating Committee's recommended slate of candidates for 2011-2012; (2) appointment of members to serve on the AOBNMM/Board of Governors nominating committee; (3) review and acceptance of the audit of the 2009-2010 fiscal year; (4) selection of the recipient of the 2011 A. T. Still Medallion of Honor; and (5) approval of applications for Associate membership, retired membership and waiver of dues for 2010-2011.

Chairperson **Boyd R. Buser**, DO presented the Nominating Committee's slate of candidates for 2011-2012 to the Trustees. The AAO Bylaws allow nominations from the floor to supplement the approved slate listed below.

President-elect (elect one for one-year term)
Jane E. Carreiro, DO

Trustee (elect two for three-year terms each)
Kendi L. Hensel, DO, PhD
Kenneth J. Lossing, DO *
Doris B. Newman, DO
Laura T. Rampil, DO

Governor (elect ten for three-year terms each)
Brian F. Degenhardt, DO*
Lisa A. DeStefano, DO
Dennis J. Dowling, DO, FAAO*
Ann L. Habenicht, DO, FAAO*
Kenneth H. Johnson, DO, FAAO*
John M. Jones, DO*
Kenneth J. Lossing, DO
Gregg Lund, DO
Judith A. O'Connell, DO, FAAO*
George J. Pasquarello, DO, FAAO
Laura T. Rampil, DO*
Paul R. Rennie, DO, FAAO*
Sonia Rivera-Martinez, DO*
Stephanie Waecker, DO*

Nominating Committee (elect four for one-year terms)
Boyd R. Buser, DO*
Dennis J. Dowling, DO, FAAO*
John C. Glover, DO, FAAO
Ann L. Habenicht, DO, FAAO
Kenneth H. Johnson, DO, FAAO
George J. Pasquarello, DO, FAAO*
Melicien A. Tettambel, DO, FAAO*

(Richard A. Feely, DO, FAAO, ex-officio)

* Incumbents

Board Seeks AOBNMM Nominees

The AAO Board of Trustees has appointed the AOBNMM/Board of Governors Nominating Committee, which is charged to develop a slate of nominees who will be recommended to the AOA Bureau of Osteopathic Specialists to serve three year terms on the American Osteopathic Board of Neuromusculoskeletal Medicine. The AAO *Manual of Procedures* dictates that AOBNMM Chairperson, **Melicien A. Tettambel, DO, FAAO**, will chair the Nominating Committee, assisted by **Catherine Kimball, DO**; **John Glover, DO, FAAO**; and **William Thomas Crow, DO, FAAO**. The Committee is currently soliciting suggestions from AAO leaders.

Eligibility criteria for AOBNMM members are that (1) they must be AAO members and (2) they must be certified in either special proficiency of osteopathic manipulative medicine (includes FAAOs certified under the former AOBFAAO) or be certified in neuromusculoskeletal medicine and OMM. This volunteer service requires considerable commitment on the part of Board members, who must (1) actively participate in the examinations process, i.e., attend one weekend meeting annually (November) in Indianapolis, and attend one AOBNMM meeting during the AAO Annual Convocation; (2) serve on one of the AOBNMM committees, i.e. credentials or test construction; and (3) attend an AOA item writing seminar and write new test questions in the required format. If you are interested in serving on the AOBNMM, or if you know of an eligible colleague willing to make a commitment to this important service, please forward your suggestions to the AOBNMM headquarters to the attention of Chairperson Dr. Tettambel.

Dr. Nelson Delivers Northup Lecture



If you participated in the AOA Convention in San Francisco, you may have attended the Academy's *Thomas L. Northup, DO, FAAO, Lecture* delivered by **Kenneth E. Nelson, DO, FAAO**, "Low Frequency Oscillations in Human Physiology and Cranial Osteopathy" on October 25. If you were unable to attend, you will have an opportunity to read the lecture in the December edition of the *AAO Journal*. Congratulations, Dr. Nelson!

Strategic Planning Session Held During AOA Convention

The AAO Board of Trustees invited interested AAO members to join them in a two-hour strategic planning session on Tuesday morning of the AOA Convention. The Board had previously met three times during the past two years to work on the Strategic Plan for 2011-2014. This session provided the opportunity for additional Academy members to offer their input into this important process. The following AAO members accepted the invitation: **Doris B. Newman, DO**; **Tracy L. Bretl, DO**; **Gretta A. Gross, DO**; **Walter C. Ehrenfeuchter, DO, FAAO**; **Anthony G. Chila, DO, FAAO**; **Frank A. Paul, DO**; **Judith A. O'Connell, DO, FAAO**; **OMS Jonathan N. Bruner**; **Ann L. Habenicht, DO, FAAO**; **Douglas J. Jorgensen, DO**; **Melicien A. Tettambel, DO, FAAO**; **Elena Timoshkin, DO**; **Dennis J. Dowling, DO, FAAO**; **David Coffey, DO, FAAO**; **Guy A. DeFeo, DO**; **Gregg Lund, DO**; **Angela B. Wagner, DO**; **Kendi L. Hensel, DO, PhD**; **William H. Devine, DO**; **Michael L. Kuchera, DO, FAAO**; **Ellice Goldberg, DO**; and Mrs. **Kathy Landrum**. The Board extends their thanks to all of the above for their participation and contributions to this very important task.

During this session, Mr. **David Massello**, President of Business Performance Institute presented a draft of a business plan for fulfillment of the Academy's mission. Mr. Massello had been retained as a consultant to review current business activities and how they relate to the long term strategic planning process. In addition to presenting details important to the budget process, he presented a recommendation to form a foundation to address funding issues for education and research activities addressed in our mission statement. As a result, the Board of Trustees has agreed that the Academy will be creating a Foundation for Osteopathic Research and Clinical Education (FORCE). This foundation will serve to provide a funding stream to supplement our education offerings as well as foster and promote clinical research in the fields of Osteopathic Manipulative Medicine and Osteopathic Principles and Practices. Additional benefits will be the development of a think tank for research as well as developing training programs to complement new research projects.

Official Call to Annual Business Meeting

To the officers and members of the American Academy of Osteopathy: You are hereby notified that the Annual Business Meeting of the membership will be held at 12:15 pm on Thursday, March 17, 2011 at The Broadmoor Hotel in Colorado Springs, CO during the AAO's annual Convocation. There were no Bylaw amendments submitted for this meeting.

Education Committee Invites Convocation Paper Presentations

The Academy's Education Committee has directed that the AAO's Annual "New Ideas Forum" be included in the 2011 AAO Convocation in Colorado Springs. Program Chairperson **James Binkerd**, DO, has scheduled the "New Ideas Forum" as a workshop from 2 p.m. to 5 p.m. on Saturday, March 19, 2011. The Committee has also issued a "Call for Papers" to be submitted for consideration at their winter meeting.

Presentations by leading clinicians and researchers are planned for the main sessions at the annual convocation. However, it is the policy of the Education Committee to invite additional contributions to be considered for presentation at the convocation from all interested parties. Paper presentations are designed to allow presenters to show, tell, and question a large audience of peers on (1) new ideas, (2) new presentations of old ideas in a new context, or (3) forgotten ideas for resurrection. Each of the four presenters will be allotted a maximum of 15 minutes, including time for discussion.

LBORC/NUFA Calls for Convocation Research Posters

The American Association of Colleges of Osteopathic Medicine has joined the Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Teaching Fellows Association (NUFA) as a sponsor of the Eleventh Annual Scientific LBORC/NUFA Poster Session that will take place during the 2011 AAO Convocation in Colorado Springs. The contest is open to students, physicians, researchers and any combination thereof, but only students will be eligible to compete for one of four Ram Head trophies. A panel of judges will review students' posters during the afternoon of Friday, March 18, and the winners will be announced at the President's Banquet on Saturday (March 19) evening.

Please consider representing your school or institution. You can do so by send your name and abstract title to **Janet Burns**, DO, at janet.burns@tu.edu. The first 20 entries with students as authors, or as significant contributors or co-authors, will be registered and will receive full contest instructions. The Academy's leadership encourages readers to take advantage of this unique opportunity for research mentoring. Send your entry to Dr. Burns immediately!

Osteopathic Physicians Provide Educational Treatment Sessions to Convention Attendees

During the AOA Convention in San Francisco, the Academy's Osteopathic Diagnosis and Treatment Education Service brought in 29 volunteers to provide a total of 101 educational treatment sessions in 18 hours. The Academy leaders and the OD&TE committee would like to thank all of the volunteers who offered this service. They will receive .5 CME Category 1B credits for each session they delivered. Thanks again to the following physicians:

Latricia Arnold, DO
Sanjeev Batra, DO
Murray R. Berkowitz, DO, MA, MS,
MPH
Mila Bocalbos, DO
Nate DeLisi, DO
Lisa Ann DeStefano, DO
Dawn C. Dillinger, DO
Tony J. DiPalma, DO
Keira Duvernoy, DO

Richard A. Feely, DO, FAAO
José S. Figueroa, DO
John G. Hohner, DO, FAAO
Daniel J. Kary, DO, FAAO
J. Kloeffler-Howze, DO
Michael A. Landrum, DO
David Z. Levine, DO
James Lui, DO
Keith K. Ly, DO
Kenneth E. Nelson, DO, FAAO

Doris B. Newman, DO
George J. Pasquarello, DO, FAAO
Mark E. Rosen, DO
Michael P. Rowane, DO, MS, FAAO
Andrew I. Schwartz, DO
Gregory D. Strelbel, DO
George Adam Vascellaro, DO
R. Clay Walsh, Jr., DO
Mark Wenneker, DO
Newton Yco, DO

2011 Annual Convocation in Colorado Springs, CO
Integrative Osteopathy:
The Legacy of the Integrative Work of William G. Sutherland, DO
James W. Binkerd, DO, Program Chair

Dr. Binkerd Introduces Physician Breakout Sessions for Thursday, March 17, 2011

The following is a description of the sessions that will take place on Thursday afternoon at the 2011 AAO Convocation in Colorado Springs. All afternoon workshops on Thursday are hands-on! Dr. Binkerd has added an additional OMT workshop on Thursday to alleviate crowding. AAO staff encourages you to register early in order to be guaranteed the workshops of your choice. As you know, registering for the OMT workshops are on a first-come-first-serve basis, however, each workshop is repeated. Please register today by clicking on the following link: <http://www.academyofosteopathy.org/node/13507>.



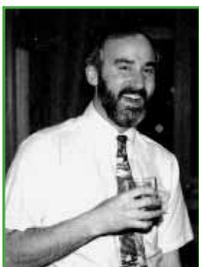
Mark E. Rosen, DO, will deliver *The primary respiratory mechanism: Clinical efficacy and nuanced perception*. The Primary Respiratory Mechanism is a familiar friend for many of us, but for some it is an unknown entity. Regardless, a relationship with this physiologic mechanism provides a constant clinical challenge, as well as constant opportunity for growth as an osteopathic physician. This workshop will provide an introduction to perception of inherent motion and potency; distinct metabolic signatures of bone, membrane and fluid; the inherent motility of the central nervous system and; the presence of the Primary Respiratory Mechanism throughout the body.

Dr. Rosen is a 1979 graduate of Michigan State University College of Osteopathic Medicine. He is a Clinical Assistant Professor at Western University of Health Sciences College of Osteopathic Medicine of the Pacific and Touro University College of Osteopathic Medicine (CA and NV). Dr. Rosen is the Immediate Past President and a Fellow of the Cranial Academy, and a current member of the organization's Executive Committee, as well as various other committees. Dr. Rosen also serves on the Board of Governors for the American Academy of Osteopathy, in addition to its Information Technology and Publications Committees.



Melicien A. Tettambel, DO, FAAO, will lecture on *Balanced membranous tension versus still point*. Participants will experience concepts of "balance," "still point," and "Principles of treatment of the Primary Respiratory Mechanism" as developed by William Garner Sutherland, DO. They will diagnose and treat the cranial base using articular, membrane, and fluid approaches. Participants will develop decision-making skills in order to utilize the various diagnostic and treatment tools in patient care. "Multiple hand" approaches to treatment will also be employed.

Dr. Tettambel is a 1978 graduate of Kirksville College of Osteopathic Medicine. She serves as the Chair of the Department of Osteopathic Principles and Practice, as well as Director of Research and Development at Pacific Northwest University of Health Sciences. She is also a visiting professor and lecturer at many other colleges of osteopathic medicine. Dr. Tettambel is certified by the American College of Osteopathic Obstetricians and Gynecologists and by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. She is a Fellow and Past President of the American Academy of Osteopathy, and currently serves on its Board of Governors, and International Affairs and Nominating Committees. Dr. Tettambel is the president of the Sutherland Cranial Teaching Foundation and is also active in the American Osteopathic Association, the American College of Osteopathic Obstetricians and Gynecologists and the Cranial Academy.



Hugh M. Ettlenger, DO, FAAO, will discuss *Sutherland's approach to the axial skeleton*. Dr. Sutherland viewed the cooperation of synovial joints and their ligamentous attachments as a ligamentous-articular mechanism. He termed somatic dysfunction "ligamentous articular strain." His principle of treatment of spinal and extremity somatic dysfunction is called "balanced ligamentous tension" (BLT). Balanced membranous/ligamentous tension is a treatment principle in which an area of strain is brought to a point of balanced tension to engage and utilize the inherent forces within the patient's body to make the correction. Dr. Sutherland's methods offer precise, gentle, and effective treatments. This session will explore the application of BLT to the axial spine and rib cage, and will focus on developing the palpatory/perceptual skills to appreciate the physiological response of the body during the treatment process.

Dr. Ettlinger is a 1987 graduate of New York College of Osteopathic Medicine, and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine. He is an Associate Professor of OMM at New York College of Osteopathic Medicine and the Director of the NYCOM/St. Barnabas NMM/OMT Residency Program. Dr. Ettlinger became a Fellow of the American Academy of Osteopathy in 1998. He currently serves on the Board of Trustees of the Sutherland Cranial Teaching Foundation.

Michael P. Burruano, DO, will lecture on *HVLA and the Sutherland model*. In the 1949 AAO Yearbook, dedicated to William Garner Sutherland, DO, Thomas L. Northup, DO wrote that Dr. Sutherland “has made the greatest single contribution to the advancement of manipulative osteopathy since Dr. Andrew Taylor Still established it...” This contribution of thought continues to challenge researchers, teaching departments in COMs, and elicit significant resistance, even among physicians practicing OMM. The challenges may be as simple as language - even in that of this workshop title. Dr. Sutherland did not create a “model,” and he very reluctantly accepted the adjective emblazing the title for his cranial work - “Cranial” Osteopathy.” Apparently, an abyss is perceived between “HVLA” and Dr. Sutherland’s contribution. This perception will be engaged by “thinking Osteopathy” in lecture and practice. As Dr. H.L. Chiles stated in 1936, “If one can think Osteopathy, he is bound to practice it on and on.”

Dr. Burruano graduated from Philadelphia College of Osteopathic Medicine in 1982. He is certified the American Osteopathic Board of Neuromusculoskeletal Medicine. Dr. Burruano is a Past President of Sutherland Cranial Teaching Foundation, for which he currently serves on the Board of Trustees. He was selected by the Cranial Academy to deliver the Sutherland Memorial Lecture in 2003. He now serves on the organization’s Credentials Committee. Dr. Burruano practices neuromusculoskeletal medicine in Brewster, NY.

Ann L. Habenicht, DO, FAAO, and Dennis J. Dowling, DO, FAAO, will deliver *OMT without an OMT table*. Many physicians work in an outpatient setting with high tables or carts on which to examine and treat their patients. This raises the question, “how can the patient be effectively treated with OMT?” This workshop is designed to offer solutions for treating patients in an outpatient setting without an OMT table. This workshop is for primary care, urgent care, and emergency medicine physicians who want to treat their patients with OMT, but have been frustrated by the office equipment. Participants will treat on chairs and inadequate height tables. It will include OMT utilizing high velocity/low amplitude, facilitated positional release, Still, muscle energy, and myofascial release techniques. Common patient complaints will also be addressed.



Dr. Habenicht is a 1982 graduate of Midwestern University/Chicago College of Osteopathic Medicine. She is certified in both Osteopathic Manipulative Medicine and Osteopathic Family Practice. She is a Professor of OMM at Midwestern University/CCOM, and is in private practice in Oak Forest, IL and Urgent Care in Orland Park, IL. Dr. Habenicht is a Fellow of the American Academy of Osteopathy and the American College of Osteopathic Family Practitioners. She is a Past President of the AAO, and is currently a member of the AAO Board of Governors. She serves on its Education, Bylaws and Undergraduate Academies Committees, and is the UAAO advisor for Midwestern University/CCOM. Dr. Habenicht has also been the program chairperson for the Fall OMT Update for the past 16 years.



Dr. Dowling is a 1989 graduate of New York College of Osteopathic Medicine. He specializes in OMT in private practice in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at Nassau University Medical Center in Long Island, NY. He is the former chairman of Osteopathic Manipulative Medicine at NYCOM, and a Past President of the American Academy of Osteopathy. Dr. Dowling is also Director of OMM Assessment for the NBOME Clinical Skills Testing Center. In addition to co-editing *An Osteopathic Approach to Diagnosis and Treatment*, he is a contributor and illustrator for several other textbooks and journals. Dr. Dowling received the David Heilig, DO, FAAO, Memorial Lecturer Award in 2001, the Scott Memorial Lecture Award in 2004, and the Thomas L. Northup Memorial Lecture Award in 2005. He is a past president of the AAO, and currently serves on its Board of Governors and Education and Nominating Committees.

Friday and Saturday’s workshop speakers will appear in the January and February 2011 Member Newsletters.

BAY

REGIONAL MEDICAL CENTER

A McLAREN HEALTH SERVICE

**PHYSICIAN / PHYSICIAN/CLINICAL TRAINER
GRADUATE MEDICAL EDUCATION**

32 HOUR FULL TIME

COMPETITIVE SALARY WITH FULL HOSPITAL BENEFITS

TEACHING EXPERIENCE REQUIRED

MUST BE COMFORTABLE WITH ALL PROCEDURAL SKILLS INCLUDING
FLEX SIGMOID, COLOSCOPIES, EDG, ETC.

MUST HAVE EXCELLENT OSTEOPATHIC MANIPULATIVE MEDICINE SKILLS

PREFER FELLOWSHIP TRAINED IN NEUROMUSCULAR MANIPULATIVE MEDICINE

NOT REQUIRED TO HAVE A PRIVATE PRACTICE

PRIMARY RESPONSIBILITIES WILL BE TEACHING, MAY HAVE SOME PATIENT CONTACT

10 RESIDENTS

3 INTERNS

10 – 15 STUDENTS AT ANY GIVEN TIME

PRACTICE PATIENT CENSUS IS 8500 AT THIS TIME

WELL-EQUIPPED MODERN FACILITY

Bay Regional Medical Center is fortunate to be located in Bay County, one of the finest educational, recreational and cultural areas in the Great Lakes. Located in east central Michigan on Lake Huron's Saginaw Bay, Bay County enjoys a very low crime rate, affordable housing and great schools. Colleges and Universities are within commuting distances, and diverse geography allows for a home on the river or bay, in the country, city or suburbs.

Bay County offers a wide variety of sporting and recreational activities, with golf on public and private courses, a civic arena with two rinks, tennis, softball, active running and biking clubs, camping, water sports, and some of the best fishing in the world. Winter sports are just as plentiful, with nearby cross-country and downhill skiing, snowmobiling, and hunting.

If you would like more information on this opportunity, please contact Konnie Licavoli, Physician Recruiter, at 989-894-9534 or by email at kmlicavoli@bhsnet.org. You can also check out our program further by logging on to www.bayregional.org and click on Graduate Medical Education. Community information is available at www.baycityarea.com.

Members in the News

Three AAO member physicians have been named directors of the Consortium for Collaborative Osteopathic Research Development: A Practice-Based Research Network (CONCORD-PBRN). All three have worked collaboratively with the Osteopathic Research Center (ORC) on various projects, and are board certified in family medicine and neuromusculoskeletal/osteopathic manipulative medicine.

Hollis H. King, DO, PhD, FAAO, will serve as Associate Director. Dr. King is a professor of osteopathic principles and practices at the A.T. Still University School of Osteopathic Medicine in Mesa, Arizona. Prior to joining the faculty at ATSU Mesa, he served as Associate Executive Director of the ORC. Dr. King is also a past-president of the AAO.

William Thomas Crow, DO, FAAO, will serve as Eastern Regional Director of the network. He is the director of the neuromusculoskeletal medicine residency program at Florida Hospital East in Orlando, Florida.

Michael A. Seffinger, DO, FAAFP, will serve as Western Regional Director of the CONCORD-PBRN. He is president-elect of the AAO, and serves on the Bureau of Osteopathic Clinical Education and Research for the American Osteopathic Association. He is also chair of the neuromusculoskeletal/osteopathic manipulative medicine department at the Western University of Health Sciences College of Osteopathic Medicine of the Pacific.

“We are delighted to have Doctors King, Crow and Seffinger work with us to implement the CONCORD-PBRN,” John C. Licciardone, DO, MS, MBA, Executive Director of the ORC, said. “All three of these physicians are well respected and well known throughout the profession. We are fortunate to have their expertise and experience as we expand clinical research training and conduct research across the profession.”

Reprinted with permission from the Osteopathic Research Center.

ORC Announces Consortium for Collaborative Osteopathic Research Development – A Practice Based Research Network (CONCORD-PBRN)

CONCORD-PBRN is a new pathway for physicians who are interested in conducting clinical research, but do not have the training to carry out the daily activities it requires. Historically, the osteopathic profession has struggled to conduct large clinical studies that evaluate the outcomes and mechanisms of osteopathic medical care, including osteopathic manipulative treatment. The Osteopathic Research Center (ORC) is currently the only research center in the world that is conducting clinical studies large enough to potentially demonstrate definitive results.

A network of trained physician-researchers working in partnership with the ORC would substantially increase the impact of clinical research on developing a base of evidence for osteopathic medicine. For example, one major study that will be conducted through the CONCORD-PBRN will look at how OMT is used in clinical practice to treat patients with chronic low back pain. Over a period of five years, the ORC, along with 24 physician-researchers trained through the CONCORD-PBRN, anticipates recruiting and collecting data on more than 5,000 subjects. Having a network of trained physician researchers means that no one practice or individual bears an unrealistic burden to recruit subjects for a study.

CONCORD-PBRN is a unique approach to developing a practice-based research network for the osteopathic profession because it focuses on a realistic method of training physician-researchers. CONCORD-PBRN uses Extended Weekend Seminars as the foundation of its training component. Each fellow selected for the program commits to attending six Extended Weekend Seminars at the ORC, located on the University of North Texas Health Science Center campus in Fort Worth, Texas. Workshops begin Thursday at noon and end at noon on Sunday. The six workshops will be take place in February, April, June, August, October and December. Eight fellows will be recruited each year for the next three years to develop the core group of 24 physician-researchers for the PBRN.

Excerpt reprinted with permission from the Osteopathic Research Center.

AOA Schedules 17th National CME Sponsors Conference

Scheduled for Thursday, January 13 - Saturday, January 15, 2011, the 17th National CME Sponsors Conference will be held at the Paris Hotel in Las Vegas, NV. The CME Sponsors Conference provides information on the latest changes in CME, information technology, collaboration, and management for maintaining AOA Category 1A Sponsor status.

21st Annual Osteopathic Medical Education Leadership Conference Scheduled

Part of the cluster concept, the 21st Annual Osteopathic Medical Education Leadership Conference OME XXI will be held in conjunction with the CME Sponsors Conference and CCAT Accreditation Training Workshop. It is designed to be a forum for educators and leaders in osteopathic medical education to come together to exchange information and ideas. Discussions and presentations will take place to facilitate conversation so that attendees leave with new methods and techniques to take back to their training programs, hospitals, and colleges.

The Conference is typically attended by osteopathic educators who are: deans of colleges, OPTI officers, hospital and college administrators, directors and administrative directors of medical education, residency program directors and specialty college representatives. Anyone interested in medical education is invited to participate.

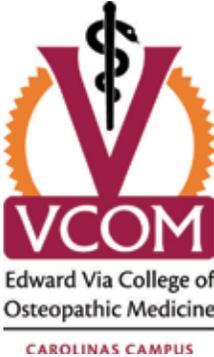
AAO Membership Committee Chair Introduces New Members

The heart and soul of every Association are its members. Sharon Gustowski, DO, MPH, Chair of the AAO Membership Committee realizes this and wishes to introduce the latest members of the AAO:

Paula D. Ackerman-Kibbey, DO
Robert M. Baker, DO
Maurice Bensoussan, MD, DO
Leslie M. Ching, DO
Eileen M. Conaway, DO
Sue C. Dillon, DO

Alan G. Ghaly, DO
Jeremy A. Jacobs, DO
Jeffrey W. Johns, DO
Michael T. Kolinski, DO
Tuvien Le, DO
Iris Lee, DO
Catherine Alanna Liebman, DO
Samantha Lin May, DO
Jennifer Anne Lorine, DO
Matthew W. McClanahan, DO

Tina M. Metropoulos, DO
Kristen N. Mitchell, DO
Teanna J. Moore, DO
Karen Nielsen, DO
Annaliese E. Noack, DO
Heather A. Olex, DO
Umpai Poopat, DO
Kate E. Quinn, DO
Thomas H. Reece, DO
Crystal G. Rivell, DO



Recruiting Department Chairs

<p>The Edward Via College of Osteopathic Medicine (VCOM) Carolinas Campus recently received full accreditation status as a branch campus in Spartanburg, South Carolina. The first class will matriculate in August of 2011.</p> <p>We are currently recruiting for the Chairs listed.</p> <p>Interviews will begin immediately and will remain open through December 1, 2010 or until the position is filled.</p> <p>VCOM is an Affirmative Action/Equal Opportunity Employer and seeks a diverse faculty.</p> <p>For more detailed information, contact Dr. Januchowski at rjanuchowski@vcom.vt.edu or http://www.vcom.vt.edu/</p>	<p>Family Medicine Internal Medicine Underserved Care OMM Surgery</p>	<p>Geriatrics Psychiatry Pediatrics Emergency Medicine OB/GYN</p> <p>Ronald Januchowski, D.O. Associate Dean for Clinical Affairs 364 Magnolia Street Spartanburg, SC 29303 864.398.5000</p>
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Cornerstone Progressive Health
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7th Interdisciplinary
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Los Angeles, CA
November 9-12, 2010
Hyatt Regency Century Plaza

info@worldcongress.com
www.worldcongress.com

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TOURO UNIVERSITY- CALIFORNIA

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The Department of Osteopathic Manipulative Medicine (OMM) has a full time position available. The applicant should have interest and experience in clinical practice and teaching osteopathic manipulative medicine in a variety of settings.

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Letters of interest and current curriculum vitae are being accepted at this time and will continue until a suitable candidate is hired. The position will begin the fall of 2010. Information and inquiries should be sent to:

John C. Glover, DO, FFAO
Chairman, Department of
Osteopathic Manipulative Medicine
Touro University-California
1310 Johnson Lane
Vallejo, CA 94592
(707) 638-6219, Fax (707) 638-6256,
e-mail: jglover@touro.edu



Touro University is an Equal Opportunity/Affirmative Action Employer

AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

- November 2010** **20-21:** AOBNMM Exams- Wyndham Indianapolis West Hotel,
Indianapolis, Indiana
- December 2010** **10-12:** *The Cranial Approach of Beryl Arbuckle, DO* - UMDNJSOM,
Stratford, New Jersey
- January 2011** **28-29:** Education Committee Meeting - University Place Conference Center and Hotel,
Indianapolis, Indiana
- February 2011** **9:** PS&E Committee Teleconference
- March 2011** **12-15:** *New Manual Articular Approaches to the Spine*, Featured Speaker
Jean Pierre Barral, DO (France) - Broadmoor Hotel, Colorado Springs, Colorado
- 14-15:** *OMM for Pediatric Gastrointestinal Conditions* - Broadmoor Hotel, Colorado Springs,
Colorado
- 15:** Fellowship Committee Meeting - Broadmoor Hotel, Colorado Springs, Colorado
- 16:** Investment Committee Meeting - Broadmoor Hotel, Colorado Springs, Colorado
- 16:** Board of Governors Meeting - Broadmoor Hotel, Colorado Springs, Colorado
- 16 & 19:** Board of Trustees Meeting - Broadmoor Hotel, Colorado Springs, Colorado

Now available at the AAO Bookstore!

Osteopathic Management of the Female Patient. A Pocket Reference Guide.

JP Maganito, DO; Anita Showalter, DO; and
Melicien Tettambel, DO, FAAO

Purchase your copy at

www.academyofosteopathy.org

(Select "AAO Store" from the left-hand menu.)

AAO-Member price: \$31.50

List price: \$35.00

Plus shipping and handling



Leonardo da Vinci
Public Domain

Golden Ram Campaign Surpasses Thirty-Nine Percent of Goal

AAO members “dues check-off” donations to Golden Ram Society have steadily increased total contributions to this annual fundraising campaign. The Academy’s leadership encourages all AAO members to support this annual fund. As of November 4, 106 donors have already contributed a total of \$31,834.33 – 39.7% of the \$80,000 goal. Thanks to all AAO members for their loyal support of this annual fundraising program!

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SEATTLE OMT PRACTICE OPPORTUNITY

Contact Stephen Cavanaugh, DO at seattledo@gmail.com or (206) 834-5438. Website for the practice is SeattleDO.com.

The Cranial Approach of Beryl Arbuckle, DO

December 10-12, 2010 at UMDNJ SOM

Course Description:

This course traces the cranial approaches of early Drs. William G. Sutherland, Beryl Arbuckle, and Robert Fulford.

Dr. Arbuckle was one of Dr. Sutherland's earliest students, studying with him before he taught using primary respiration as a therapeutic force. This style was described in the 1939 edition of "The Cranial Bowl". Diagnosis was performed by palpating the position of the cranial bones, and motion testing. Since Dr. Arbuckle treated mainly children, the treatment approach she used was mostly direct technique. Dr. Arbuckle was able to attend hundreds of autopsies, mostly on pediatric neurological cases. She observed that the dura had regularly arranged fibers which she called "stress fibers". These stress fibers were thought to be normal fibers that reflected embryological development, but could also transmit abnormal amounts of tension. Interestingly enough, nearly half a world away, Eric Bleckshmidt described almost exactly the same phenomenon, which he called dural girdles. Dr. Arbuckle also noticed that the skull was reinforced in certain places, which she called buttresses. The stress bands and buttresses are used in both diagnosis and treatment.

Dr. Fulford was a student of both Drs. Sutherland and Arbuckle. His cranial approach was a reflection of his training. Dr. Lossing was fortunate to be able to study with Dr. Fulford over a nine year period, and through years of practice has been able to recreate many of the diagnostic and treatment approaches.

Course Objectives: Explore the embryology of the head, motion test the SBS, motion test the cranial base, motion test the face, motion test the buttresses, motion test the cranial/cervical junction, motion test the sacrum, unlock the boney skull, unlock the membranes, work with stress bands, and explore the significance of thoracic respiration.

CME: The program anticipates being approved for 24 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Program Time Table:

Friday, December 10, 2010 9:00 am - 5:30 pm
Saturday, December 11, 2010 9:00 am - 5:30 pm
Sunday, December 12, 2010 9:00 am - 5:00 pm

Course Location:

University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine
One Medical Center Drive
Stratford, New Jersey 08084-1501
<http://som.umdj.edu/>

Program Chair: Kenneth J. Lossing, DO

Dr. Lossing is a 1994 graduate of the Kirksville College of Osteopathic Medicine. Dr. Lossing completed an internship and residency program at the Ohio University College of Osteopathic Medicine. He studied under the French Osteopath, Jean-Pierre Barral, DO and has become an internationally known speaker on Visceral Manipulation. Dr. Lossing is a member of the AAO's Board of Trustees.

Travel Arrangements:

Globally Yours Travel
Tina Callahan
(800) 274-5975

Registration Form

The Cranial Approach of Beryl Arbuckle, DO December 10-12, 2010

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I require a vegetarian meal

(AAO makes every attempt to provide snacks/meals that will meet participant's needs, but, we cannot guarantee to satisfy all requests.)

Registration Rates

Registration Fee	Before	On or after	Onsite
	11/10/10	11/10/10	12/10/10
AAO Member	\$960	\$1,060	\$1,110
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Passing on the Tradition

Alan Becker, DO, FAAO

[Editor's note: *The AAO continues the series conducted by Charlotte H. Greene, PhD, with editorial assistance provided by Donald R. Eaton, Jr. Dr. Greene conceived this project to convey some of the rewards and challenges encountered during a career in osteopathic medicine and to highlight the role and contributions mentors can provide, accounts that might otherwise be lost. Dr. Becker passed away in 2000.*]



I have experienced the development of osteopathic medicine from a unique position as a son of Arthur D. Becker, DO, FAAO, who was Dean in the Kirksville College of Osteopathic Medicine, (known then as the American School of Osteopathy), and later on President of the Des Moines College of Osteopathic Medicine. Unfortunately, I never had the privilege of meeting Dr. Still who died in 1917, when I was only four years old.

My father graduated from the SS Still School in Des Moines in 1903, upon successful completion of the three-year curriculum (incidentally, the length of the contemporary Harvard Medical School curriculum). He was born in Austin, Minnesota, and after graduation, went back to practice in Preston, Southern Minnesota, where I was born. In 1907, they put the fourth year into the curriculum at Kirksville, and my father decided in 1908 to re-enroll so that he could learn the additional material being taught. Dr. Still was very active in the teaching program at that time, and he persuaded Dad to stay on after he completed the school year to teach in the medical school for an additional year (1909-1910). My brother, Rollin E. Becker, DO, FAAO, was born during this time. Dad had many, many opportunities to work and talk with Dr. Still about his teachings during his stay.

I remember one incident when father was called to the Traveler's Hotel to see a patient with 'cardiac asthma'. He ran to the old infirmary after evaluating the patient to find something to relieve his breathing. On the way he met Dr. Still, who asked, "Where are you going Dutchman?" (That was his favorite name for Dad.) "Going to get something to give this man some relief," he replied. Dr. Still shook his head and told him, "Go on back and fix his fourth rib on the right"! So back he went, and fixed his fourth rib on the right. Immediately, the patient's difficulty in breathing straightened out. My Dad told lots of similar stories about Dr. Still's incredible ability to read data without being present at the scene.

There was another case where my wife's uncle was driving into town in a spring wagon from up in Liberty, North of Kirksville, when Dr. Still happened to be walking in the square. He immediately ran out, jumped into the wagon, grabbed the reins, turned the horse around, and started heading out of town. "Where are you going Doc?" the startled man inquired. Dr. Still told him that his brother was injured and needed help. They arrived at the farm to discover that his brother had fallen in the hay mow. Dr. Still proceeded to fix him.

My Dad was very close to Dr. Still in those days, and shared the old Doc's various interests. Dr. Still always carried a six-foot walking stick cut while rambling around in the woods; it was always exactly six feet. One day before my Dad left Kirksville, he turned to Dr. Still and said, "Pap, I want one of your walking sticks." Dr. Still said, "Sure Dutchman", and pulling a pen out of his pocket, he proceeded to write across the cut surface at the top of that walking stick: 'I love you'.

I have spoken to many individuals who knew Dr. Still, and each was awed by his diagnostic ability as well as his ability to treat. Interestingly, Dr. Still never talked about his treatment approaches in his books. He would take great pains to bring out the rationale and the thought processes in his writing, but he assiduously avoided describing procedures or techniques. His emphasis was always on the reason *why* you do something, and he gave great attention to the mechanisms that were operating in the body. His frequently repeated statement was: "If you don't understand what is going on in the body, there is no sense in me trying to teach you how to fix the problem; if you understand that, then you know how to fix it!"

My own father illustrated this concept to me much later when I was a sophomore in college. (Dad would say, "You can always tell a sophomore, but you can't tell them much.") I frequently treated Dad at home, and one day I made the remark: "Well, Dad, by this time I guess I know all the techniques that you do." He smiled, and said, "Ya son, you do alright." After I finished he said, "Come here, and sit down on the table." He proceeded to treat me, and didn't use a single

solitary technique that I had ever seen before. I said, "You're making them up"! He said, "Of course I am. The techniques that you have learned by imitation are only the techniques I use because I'm comfortable with them. I know exactly what they do, and how they work. I don't have to use them; I can create a technique because I understand why the technique works. If one of them isn't suitable I create another one." I did learn something as a sophomore! That is precisely what Dr. Still taught - to understand the mechanism. He left it up to his students to devise the method they would apply.

I had heard from Father and others that Dr Still's techniques were very specific; much of them were what we now call functional techniques. He said popping doesn't mean a thing; find out what is wrong, why it is wrong, and fix it! Once Perrin Wilson was treating a patient in the old infirmary when Dr. Still walked in, as he did frequently in those days, just to watch what the students were doing. Perrin worked up one side of the patient and didn't seem to be getting what he was looking for, then started down the other side and did some more. Finally, Dr. Still pushed him aside and said, "You damn fool, just fix it!" and he did, then turned and walked out. That was that. Dr. Ginny Chase, who was perhaps one of the last students taught by Dr. Still, told similar stories. She said that his treatment approach was of the indirect or functional type, that his direct interventions were very infrequent, and that he preferred to let the body work itself out.

Dr. Still was keen on being very specific, he looked at the patient as a totality, and he looked for that elusive key lesion that people have quoted for years and years; it is a matter of finding what I call the point of entry into the pattern that a patient is manifesting. John H. Harakal, DO, FAAO, called it the fulcrum around which all of these forces are oriented; where everything comes together - the point of entry. That is what Dr. Still looked for, and when he found it, he fixed it, and then he left it alone. He said that once done, the body will do its own work, because it is designed to do its own work. "To find the key restriction to homeostatic integrity, and once restoring that to normalcy, to rest assured that the body will take care of the rest of the work."

Dad was asked by George M. Laughlin, DO, to move from Minneapolis to Kirksville in 1922, and assume the Co-Deanship at the newly formed Andrew Taylor Still College of Osteopathy and Surgery (ATSCOS) along with Stanley O. Bandeen, DO. The American School of Osteopathy (ASO) had by that time become less and less osteopathically oriented, and more and more interested in all other contemporary medicine. Some of the old-timers were very annoyed because the school curriculum seemed to be abandoning the Osteopathic Concept of Medicine, so they started the ATSCOS. Then, in 1924, they put the two schools together, due in part to the AOA Convention being held in Kirksville that year. The new school became known first as the Kirksville College of Osteopathy, then Kirksville College of Osteopathy and Surgery, and finally the Kirksville College of Osteopathic Medicine (KCOM).

I was a grade school student in 1924, attending the experimental elementary school at the Northeast Missouri Teachers College (which is now the Northeast Missouri State University). My teachers were their students and a few faculty from the College. My dad's position as Dean, and my mother's intense interest in the profession and support for dad, resulted in our house being constantly filled with students - for lunch, for dinner, during the evenings for popcorn; just a steady stream of students in and out. That is how I made many acquaintances with the soon-to-be physicians of the day. I also attended the national conventions with my parents almost every year as dad was on the Board of Trustees of the AOA. There I met all the old-timers in the profession who were the peers of my father; Riley D. Moore, DO, George W. Riley, DO, John A. MacDonald, DO, and many other early pioneers. There were a lot of second generation sons and daughters that attended those meetings too; we were the sub-teen osteopathic families, and we all were acquainted.

I was very interested in the sciences in high school and my intention at that time was to become a chemical engineer. During my third year in college I came to the realization that my future would involve working with things, and that I really wanted to work with people. I went home and told my parents that I changed my career goals, and now wanted to study osteopathy. Dad said, "OK", but never did he try to influence me one way or another. My brother was more than three years older and at that time already studying osteopathy.

I spent two years at the Kirksville College, when in 1935, my dad was asked by Dr. John P. Schwartz to take over the presidency of the Des Moines College, and I decided to transfer there as they had a more extensive clinical program than Kirksville. It was a much larger city with a busy obstetrical department - in Kirksville if you saw a couple of babies delivered in the pit by Dr. Denby that became your whole obstetrical experience. If you delivered less than 25 babies in Des Moines with the help of a crew or perhaps without, you were just not trying. This was in part why I decided to transfer, and then there was the advantage of living at home, and of course being able to get along on the President's reputation. Seriously though, while I was attending Kirksville and father was teaching, it never failed that he would come

home each semester and toss down all the blue examination books from his classes and say, "Grade 'em Son". "But Dad, those are classes that I haven't had yet!" He'd reply, "But you know where the answers are, don't you?" So I graded all of his tests from the time I was a freshman but, when I took his class, I never graded my own; I just left it on top of the pile. I'd say, "You grade this one," and he would say, "Is it any good?" None of the students ever knew I was grading their tests.

He was in my opinion one of the greatest Osteopathic Principles teachers to ever come down the pike. In fact, at every meeting or convention I have attended, someone has come up to me and proudly said, "I knew your Daddy, he taught me Principles!" I think that is a pretty good memorial after more than 50 years have passed. I can give you an idea of how he taught by telling this little story: Once when I was taking his class he said to me, "You make me so damn mad! I am up there lecturing for 50 minutes and everyone in the class is sitting there madly writing down all my important sentences except you. You sit there, paying attention, but never opening your notebook until 5 minutes before the class is over. Then you open your notebook, write down my whole lecture in one sentence and close your notebook!" I said, "But Dad, I know what you do; you state a principle, then you go to one side of the table and illustrate it, describe how it is applied, and restate it. Then you come around the table, and from a completely different perspective, you illustrate it, describe how it is applied, and restate it. If I can figure out what that principle is after you restate it a couple of times, then that is all I have to write down!" That is how he taught.

I graduated from Des Moines in 1937, and went to Wichita, Kansas for a year to intern under H.C. Wallace, DO. In September 1938, I went back home to Des Moines. One day thereafter, Dr. Bandeen called my father. This was after he left Kirksville and settled in Shelbyville, Kentucky. "Arthur", he said, "There is a very good opportunity over in Winchester, Kentucky. Do you know of any young doctor who would be interested in going down there to practice?" That is how I came to take the Kentucky Boards, and to subsequently open an office in Winchester the following December. After the World War II started in 1941, I could see how the draft was taking all the young people out of this primarily farming area, and how I was going to have a hard time building up my practice. It was during this time I received notice that a successful osteopathic physician in Jackson, Michigan had been injured and was unable to continue in practice. I decided to take over his practice, believing that locating to an industrial area would afford me more stability than my present practice in Kentucky. I stayed there for 17 years, and then got smart; I went to Hawaii in 1958, and never looked back. I have received numerous offers to come to Michigan, Des Moines, and Kirksville to teach, but I always said that I have lived in those locations before, and consider them very nice places to go back to and visit.

When I went to Kentucky, I took over the practice of a doctor who had died suddenly. I started cold in this general practice, delivering babies in the country, and that sort of thing. I snuck into the local county hospital which at that time had no DO's on staff. There were 110 M.D.'s in the county and one osteopath - me, so I didn't even bother to make an application; just took a patient in one night with a chest full of fluid which I aspirated, and then sent him home the next day. I did something similar two or three times at night when the same nurse was on duty and she just assumed I was on staff. That is how I got 'on staff'.

I attended the AOA Convention in Cincinnati in 1939, when the Academy of Applied Osteopathy was just getting started, and spoke to Dr. Northup, who I had known for years as a friend of my father's, about joining. (My father served on the committee that formulated the Academy guidelines.) When I read the application I saw that I could become a life-time member for \$100, and I reasoned that this group is the one I want to be associated with for the rest of my professional career, so I dipped into what was at that time my limited income, and became a life-time member. Looking back it sure was an incredible bargain!

Over the years I have been extremely proud to witness the expansion of the profession, and all the people who have become involved, but my orientation has always been from the perspective of the Academy because it seems to me the bulwark which held all osteopathic thinking and ideals in place while the rest of the profession was expanding and becoming more and more what it is today. I have been concerned for the last 25 to 30 years that the 'Me too' attitude of the National Osteopathic Association, and their 'We're just as good as that other profession' pronouncements are detrimental to the point where they cause them to forget that we are different, unique or possibly better than that 'other' medical profession. It presents a sad appearance when the strongest group in the affiliated organizations is the one that seems to pay the least attention to osteopathic principles and thinking, while one of the smallest groups, the American Academy of Osteopathy, seems to be the only one really trying to maintain the basic philosophy and understandings within the osteopathic profession. It seems to me that the real problem today stems from this attitude and the resulting

neglect to maintain the uniqueness and the distinctiveness, and the ability of the osteopathic profession to treat the whole person rather than to focus on a symptomatic approach. It has led to a great schism within the profession, and the AOA hierarchy in the past few years has been treating the members of the Academy very much as the AMA treated the osteopaths in the early days. They have become a closed society implying that we do not meet their criteria; therefore, we will not be allowed to participate in their community; that unless we come up to their standards they will not deal with us.

The result is that we are creating two osteopathic professions: one in the United States that is becoming more closely aligned with allopathic medicine with very little effort devoted to maintaining osteopathic thinking and principles, but instead intent on being 'good doctors', and a profession elsewhere in the world that is keenly interested in the basic principles as taught by Andrew Taylor Still and by William Garner Sutherland's 'Osteopathy in the Cranial Field' (which was to Dr. Sutherland, an extension of osteopathy, not at all a substitution for osteopathy in any sense). Now in France, England, Belgium, New Zealand, and various other places, we have thousands who have studied and are completely dedicated to osteopathy. They don't just want to be 'good doctors' they want to be good osteopaths, and they are being denied the privilege because they do not meet the standards of the AOA. It may be in a few years from now, you will be able to get a good osteopathic treatment anywhere but in the United States. However, I do not think the damage is irreparable; some steps are already being taken: the expansion of the Academy through its educational programs, and the recertification mechanism which is now persuading physicians from various specialties in the profession to decide that they too can demonstrate that they are proficient in osteopathic manipulative and diagnostic procedures. The new certifying board is now opening things up and moving the profession away from the idea that you have to be a Fellow of the Academy in order to reach this level of certification. I think these efforts are going to infuse osteopathic thinking back into the profession - but it is going to take time for the surgeons, the obstetricians and the other specialty groups to realize that they need their own people who are skilled in osteopathic diagnosis and manipulative management. When this happens they are going to start referring patients to these specialists within their own disciplines, just as they now refer them to specialists in other disciplines within the profession. Broadening the base of the educational program combined with the invitation to participate in the certification program may finally be the yeast that will get the loaf rising and possibly reinstate osteopathic principles and thinking back into the rest of the profession.

I am confident that it *can* happen because I have seen so many things develop in our profession that no one thought possible, thus I am willing to believe that with the proper input and the proper reinstallation of enthusiasm it *will* happen. I see the interest of the students that come to our Academy Convocations. I recently had a conversation with a student concerned that he could not build an economically satisfactory practice on the basis of osteopathic manipulative treatment because of the great debt that he was amassing. He came to Convocation and watched the Fellows taking 20-30 minutes treating a patient, and thought, "I can't make a living taking that kind of time." But, I told him, I started my practice on a 15-minute schedule, seeing four patients in an hour and treating them all manipulatively. I run a half-hour schedule now, but, most of my treatment is finished in five minutes; the rest of the time I am simply monitoring the changes that are occurring as the result of my treatment. I take 30 minutes because I like to talk to patients and explain what I am doing and why. I am senior enough to be able to take this extra time. A young person starting out can run a very effective practice on a 15-minute basis. If he can help four patients in an hour in contrast to an allopathic physician who is seeing six or eight patients in an hour, but only writing a prescription or having his nurse give a shot, and never touching the patient, I think it is possible to run not only a sound economic practice, but one that is a heck of a lot more satisfying!

New Manual Articular Approach to the Spine

March 12-15, 2011 in Colorado Springs, CO

Course Description:

The spine is composed of discs, vertebral bodies, facets, rib heads, ligaments, nerves, muscles, and vascular supply. Any of these can compromise vertebral motion and health.

In this course we will palpate, diagnose, and treat all of these structures, in order to understand their interaction.

This approach enables one to relieve disc pressures, and relieve symptoms even on patients that have near surgical disc herniations. We will also cover the hip.

We will cover the following topics: cartilage, labrum, capsule and synovial, passive ligaments, active ligaments, arterial system, nervous system, visceral connections, emotional connections, the thoracic spine and the ribs, intervertebral joints, costovertebral joints, costotransversal joints, rib posterior angle, ribs lateral angle, ribs costal arc, infrasternal angle, chondrocostal joints, chondrosternal joints, sternosternal joint, lumbar spine and pelvis, discs manipulations, perforaminal venous system manipulations, lumbar vein, reno-hemi-azygos system, azygos and hemi-azygos junction, lumbar intertransverse ligament, connection with the last disc, iliolumbar ligaments, sacro-iliac ligaments, level of S1;S2;S3, sacrospinous and sacrotuberous ligaments, and sacrococcygeal joint.

Objectives:

1. Identify and treat disc herniations
2. Identify and treat rib heads, Costovertebral joints, levator costorum muscles, intercostal muscles, and costosternal articulations
3. Identify and treat the venous system relative to the spine
4. Identify and treat the components of the hip: nerves, muscles, vascular system, ligaments, and capsules.

CME:

The program anticipates being approved for 25.5 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Course Location:

The Broadmoor, 1 Lake Avenue, Colorado Springs, CO 80906

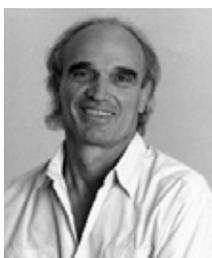
Kenneth J. Lossing, DO, Program chair

Dr. Lossing is a 1994 graduate of the Kirksville College of Osteopathic Medicine. Dr. Lossing completed an internship and residency program at the Ohio University College of Osteopathic Medicine. He studied under the French Osteopath, Jean-Pierre Barral, DO and has become an internationally known speaker on Visceral Manipulation. Dr. Lossing is a member of the AAO's Board of Trustees.



Jean-Pierre Barral, DO, Featured speaker

Jean-Pierre Barral is an Osteopath and Registered Physical Therapist who serves as Director (and Faculty) of the Department of Osteopathic Manipulation at the University of Paris School of Medicine in Paris, France. He earned his diploma in Osteopathic Medicine in 1974 from the European School of Osteopathy in Maidstone, England, and went on to teach spinal biomechanics at the Barral Institute from 1975-1982.



He developed the modality of Visceral Manipulation based on his innovative theory that each internal organ rotates on a physiological axis. In collaboration with Alain Croibier, DO, Jean-Pierre Barral has also developed the modalities of Neural Manipulation and Global Joint Treatment based on their on-going clinical research.

Dr. Barral has written ten books, translated in seven languages, for the public helping them to understand the messages in their body and what the pain in their joints mean. He practices in the south of France and is well-known for his teaching around the world. His teachings come from working with his patients and developing personal techniques which are effective in helping patients feel better.

Dr. Barral has taught courses prior to Convocation for several years and we are fortunate to have him with us again in 2011.

Registration Form

New manual articular approaches to the spine March 12-15, 2011

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

Lunch on your own

Registration Rates

	On or before 1/30/11	After 1/30/11
AAO member	\$1280.00	\$1380.00
AAO Non-Member	\$1380.00	\$1480.00
Convocation Package	\$1152.00	\$1242.00

AAO accepts Check, Visa, Mastercard, or Discover (in US dollars)

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____ 3 digit CVV# _____

I authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature _____

American Academy of Osteopathy

3500 DePauw Blvd. Suite 1080

Indianapolis, IN 46268

Phone: 317-879-1881 Fax: 317-879-0563

Register online at www.academyofosteopathy.org

OMM for pediatric gastrointestinal conditions

March 14-15, 2011 in Colorado Springs, CO

Course Description:

Children are the group of patients that we have the greatest opportunity to help. But for those using OMM already, how do you get started treating children and what courses will advance your skills? This course OMM for pediatric gastrointestinal conditions is the latest installment of The Pediatric OMM series. This series is designed to bring a balanced curriculum for those utilizing OMM and want to start treating children, already treat children and want to do more, or clinicians with extensive experience treating children wanting to take their skills and understanding to the next level.

This course will use a robust mix of stimulating lectures and practical hands-on labs to cover a wide range of clinical topics including: suck and swallowing/feeding dysfunction, MALT, food sensitivities, gastro-esophageal reflux, mobility/motility disorders, constipation, functional bowel disease, irritable bowel syndrome, hepatobiliary system (hyperbilirubinemia). Also background information on GI system development, viscerosomatic integration, relationship between the gut and immune system development will be covered to better understand and augment the clinical materials. Additionally, adjunctive interventions to augment OMM will be discussed.

Objectives:

1. To understand the development of the GI system (anatomy, neural and hormonal control and function)
2. To understand the interaction of the immune system on the GI system
3. To understand the basics of clinical presentation, evaluation and basic care of common pediatric GI conditions
4. To understand an approach and specific OMM interventions in the treatment of pediatric GI conditions.

CME:

The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Course Location:

The Broadmoor
1 Lake Avenue
Colorado Springs, CO 80906

Jane E. Carreiro, DO, Co-program chair

Dr. Carreiro is a 1988 graduate of the University of New England College of Osteopathic Medicine, and is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. She specializes in OMM, pain management, pediatric musculoskeletal and sports medicine and otitis media. Her research interests include osteopathic manipulation in otitis media and innervation patterns in the pelvis and sacral areas.

Gregg Lund, DO, Co-program chair

Dr. Lund is a Pediatric Osteopathic Manipulative Medicine specialist and founder of the Restorative Health Center in Salt Lake City, UT. Clinically, he focuses on OMM in the care of infants and children. He is a graduate of the Texas College of Osteopathic Medicine, and completed his Pediatric Residency, Neonatology and Developmental Respiratory Muscle Physiology Fellowship at the Cincinnati Children's Hospital Medical Center, his MS in Health Care Informatics from the University of Texas Health Science Center at Houston, and an Osteopathic Manipulative Medicine Residency at the University of New England College of Osteopathic Medicine. He is board certified in Pediatrics and Neonatology.

Hugh M. Ettlinger, DO, FAAO, Featured speaker

Dr. Ettlinger is a 1987 graduate of the New York College of Osteopathic Medicine and is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. He received his FAAO in 1998. Dr. Ettlinger is the director of the NYCOM/St. Barnabas NMM/OMT residency and is Associate Professor in OMM at the New York College of Osteopathic Medicine.

Ali M. Carine, DO, Featured speaker

Dr. Carine provides osteopathic primary care in Columbus, Ohio. She received her certification in pediatrics from the AOBP and in neuromuscular medicine and osteopathic manipulative medicine from the AOBNMM. She is passionate about the preventative potential of osteopathic care, and integrates OMM and nutrition into the routine care of all newborns in a hope of preventing many of the current diseases that plague American children. In addition to the healthy children in her practice, she serves children with a wide range of special needs such as autism, asthma, immune dysfunction and neurological conditions.

Registration Form

**OMM for pediatric gastrointestinal conditions
March 14-15, 2011**

Name: _____

Nickname for Badge: _____

Street Address _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

Lunch on your own

Registration Rates

	<u>On or before 1/30/11</u>	<u>After 1/30/11</u>
AAO member	\$650.00	\$750.00
AAO Non-Member	\$750.00	\$850.00
Convocation Package	\$585.00	\$675.00

AAO accepts Check, Visa, Mastercard, or Discover (in US dollars)

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____ 3 digit CVV# _____

I authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature _____

American Academy of Osteopathy

3500 DePauw Blvd. Suite 1080, Indianapolis, IN 46268

Phone: 317-879-1881 Fax: 317-879-0563

Register online at www.academyofosteopathy.org

Component Societies and Affiliated Organizations

Upcoming Calendar of Events

November 5-7, 2010

The Inherent Motility of the Brain and Spinal Cord- Part

I: Brain Parenchyma, Nuclei and Fluid

Course Director: Bruno Chikly, MD, DO

PCOM, Philadelphia, Pennsylvania

The Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

Phone: 317/594-0411 Fax: 317/594-9299

E-mail: info@cranialacademy.org

Web site: www.cranialacademy.org

December 3-5, 2010

29th Annual Winter Update

Marriott Hotel, Downtown Indianapolis

Indiana Osteopathic Association

Registration Deadline: November 12, 2010

Phone: 317/926-3009

January 14-17, 2011

Phase V—

The Embryological Development of the Face. Evaluation and Treatment of the Face and Cranium through

Embryological Segments

AT Still, Mesa, Arizona

Arizona Academy of Osteopathy

Tuition: \$650.00

Payment Deadline: November 14, 2010

January 15-17, 2011

The Face: An Intermediate Course

Course Director: Douglas Vick, DO

TUCOM/NV, Henderson, Nevada

Sutherland Cranial Teaching Foundation

CME: 20 hours of Category 1A

Contact: Joyce Cunningham, Executive Secretary

Phone: 509/469-1520

E-mail: jcunningham4715@yahoo.com

Web site: www.sctf.com

February 12-16, 2011

Introductory Course:

Osteopathy in the Cranial Field

Course Director: William Lemley, DO, FAAO

Hilton, Lake Buena Vista, Florida

Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

Phone: 317/594-0411 Fax: 317/594-9299

E-mail: info@cranialacademy.org

Web site: www.cranialacademy.org

February 17, 2011

Treating the Viscera Using the Primary Respiratory Mechanism, Part I

Course Director: Maurice Bensoussan, MD

Hilton, Lake Buena Vista, Florida

Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

Phone: 317/594-0411 Fax: 317/594-9299

E-mail: info@cranialacademy.org

Web site: www.cranialacademy.org

February 18-20, 2011

Treating the Viscera Using the Primary Respiratory Mechanism, Part II

Course Director: Maurice Bensoussan, MD

Hilton, Lake Buena Vista, Florida

Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

Phone: 317/594-0411 Fax: 317/594-9299

E-mail: info@cranialacademy.org

Web site: www.cranialacademy.org

April 6-9, 2011

International Osteopathy Congress

Florence, Italy

Submit scientific works online by 11/30/10

Web site: www.osteopatia2011.it