Executive Director’s Message: Why Attend Convocation? Continuing Medical Education and Camaraderie

Diana L. Finley, CMP

Participants attend the annual AAO Convocation to recharge their passion for Osteopathy. It’s always been an unparalleled opportunity to rub shoulders with colleagues who share their commitment to osteopathic principles and practice, and learn a few clinical pearls to take home to enrich their unique practices of osteopathic manipulative medicine. This year, Chairperson Gregg C. Lund, DO has organized an electrifying program around the theme, Mechanotransduction and the Interstitium: The World in Between.

Dr. Lund promises the 2013 Convocation will bring together experts in many interrelated fields to further evaluate the structure-function relationship. It will marry concepts and perspectives that have been part of osteopathic medicine since the days of A.T. Still with those at the cutting-edge. At its core, participants will investigate how the gross physical interface of clinician and patient is used to not only affect change at that level, but on many levels. The goal is for participants to understand this integration, from the cell to the whole person, and to improve their ability to help their patients find health.

To start the Convocation off on the right foot, participants are invited to spend two hours with the exhibitors, as well as complimentary hot and cold hors d’oeuvres from 5 pm – 7 pm on Wednesday, March 20. A cash bar will be available for those who prefer something stronger.

Following the reception, Evening with the FAAOs Chairperson George J. Pasquarello, DO, FAAO, invites physicians and students alike to join him and his appointed panel to discuss the Biomechanical Forces: A Discussion of Development and Pathology from 7 pm – 9 pm. This program will include insights from several FAAOs on the relationship of structure and function in the human form. It will begin with a review of the forces that originate in the embryo and develop into the foundations of adult structures. Next, several perspectives on mechanical models will be presented to illustrate the palpatory experience in osteopathic practice. Finally, the panel will have an open dialogue with the audience about their thoughts and experiences on diagnosing altered mechanics, and incorporating osteopathic principles to interface with the biologic system of a patient.

For the past few months, Tessa Boeing Skidmore, Publications Liaison and AAOJ Managing Editor, has done an outstanding job getting the word out about all of the lecture and workshop topics that will be presented by a renowned group of national and international speakers. If you haven’t had time to read the October, November or January AAO Member Newsletters, you must at least review the Convocation brochure.

Have you registered for Convocation? The deadline for receiving the Early Bird rate is February 20. Have you made your hotel reservations? February 19 is the cut-off date for reservations at the AAO’s special rate. Have you made your flight reservations? Convocation falls during many schools’ spring breaks, so available flights are scarce. Don’t wait another minute – register online, or with the form on pages 17-18, today and join President Jane E. Carreiro, DO, and Dr. Lund in Orlando!
Why Rosen Shingle Creek Hotel?

Rosen Shingle Creek, which opened on September 9, 2006, is one of the largest full-service convention hotels in Central Florida. The resort offers 1,500 guest rooms and suites, and 462,000 square feet of dedicated meeting/event space that includes one of the nation’s largest column-free ballrooms at 95,000 sq. ft. Awarded the AAA Four Diamond designation annually since 2008, the hotel offers an array of amenities such as The Spa at Shingle Creek, a full-service, 13,000-square-foot spa with nine treatment rooms and a state-of-the-art fitness center, an 18-hole, par 72 (7,149-yard) championship golf course ranked one of the “Top 40 Best New Courses in the U.S.” by Golfweek magazine, fourteen dining/lounging options, four outdoor swimming pools, two lighted tennis courts, basketball, nature and jogging trails, seasonal fishing, a sand volleyball court and more.

Situated on 230-acres of land in the heart of Orlando, the 14-story hotel is:

- Within one mile of the Orlando Orange County Convention Center North/South building
- Nestled along Shingle Creek, headwaters of the Florida Everglades
- Ten minutes from the Orlando International Airport
- Less then five minutes to SeaWorld Orlando® and Aquatica®
- Ten minutes from Universal Studios Florida® and Wet n’ Wild®
- Ten minutes from world-class shopping
- Less than an hour from the Atlantic Ocean
- Two hours from the Gulf Coast

Created as an impressive example of the 1900s Spanish Revival style architecture, the hotel’s high-carved arches accented by the natural warm earth tones illustrate the sense of casual elegance and the grace of Florida in the early years. Guests are inspired by the natural environment, which includes a backdrop of dense oaks and pines along historic Shingle Creek, the headwaters of the Florida Everglades.

A Bit of Orlando History

Some historians date Orlando’s name to around 1836 when a soldier named Orlando Reeves allegedly died in the area, during the war against the Seminole Indian tribe. It seems, however, that Orlando Reeves (sometimes Rees) operated a sugar mill and plantation about 30 miles to the north at Spring Garden in Volusia County, and pioneer settlers simply found his name carved into a tree and assumed it was a marker for a grave site. They thus referred to the area as “Orlando’s grave” and later simply “Orlando.”

During the Second Seminole War, the U.S. Army established an outpost at Fort Gatlin, a few miles south of the modern downtown, in 1838. But it was quickly abandoned when the war came to an end.

The first permanent settler was cattleman Aaron Jernigan, who acquired land along Lake Holden by the terms of the Armed Occupation Act of 1842. But most pioneers did not arrive until after the Third Seminole War in the 1850s. Most of the early residents made their living by cattle ranching.

Orlando remained a rural backwater during the American Civil War, and suffered greatly during the Federal Blockade. The Reconstruction Era brought a population explosion, which led to the city’s incorporation in 1875.

The period from 1875 to 1895 is remembered as Orlando’s “Gilded Era,” when it became the hub of Florida’s citrus industry. But a great freeze in 1894-1895 forced many owners to give up their independent groves, thus consolidating holdings in the hands of a few “citrus barons” which shifted operations south, primarily around Lake Wales in Polk County.

Orlando, as Florida’s largest inland city, became a popular resort during the years between the Spanish-American War and World War I.

During World War II, a number of Army personnel were stationed at the Pine Castle AAF. Some of these servicemen stayed in Orlando to settle and raise families. In1956, the aerospace/defense company Martin Marietta (now Lockheed Martin) established a plant in Orlando. In 1958, Pine Castle AAF was renamed McCoy Air Force Base after Colonel Michael N.W. McCoy.

continued on page 6
Osteopathy and Swedenborg
by David B. Fuller, DO, FAAO

Now available in the AAO bookstore!

Osteopathy & Swedenborg demonstrates the previously unrecognized influence of Swedenborg’s ideas on the creation and development of osteopathic medicine, especially in regards to body/mind/spirit and the anatomical inter-relationship of the nervous system, fascia and fluids throughout the body. This includes a study of cranial osteopathy and Swedenborg’s paradigm of the brain and soul-body interaction, comparing concepts such as Swedenborg’s spirituous fluid and Sutherland’s Primary Respiratory Mechanism.

In the process of making these connections, the book traces the influence of Swedenborg’s ideas through and across the America of the 1800s, specifically through the metaphysical/healing movements of Transcendentalism, Spiritualism, New Thought and Theosophy.

624 pp. Hardback

David Fuller’s text, Osteopathy and Swedenborg, is a thorough analysis of the influence the writings of eighteenth-century Swedish scientist and theologian, Emanuel Swedenborg, had on Andrew Taylor Still, William Garner Sutherland and other seminal osteopathic thinkers. It behooves any serious osteopathic practitioner, scholar or educator to read this thought-provoking work.

—Kenneth E. Nelson, DO, FAAO, FACOFP (Dist.), Professor, Department of Osteopathic Manipulative Medicine, Chicago College of Osteopathic Medicine, and Editor of Somatic Dysfunction in Osteopathic Family Medicine

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AAO 2013 Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

March 2-9 AOA Mid-year Meeting—Fairmont Kea Lani Hotel, Wailai, Maui, Hawaii
March 4-6 AOA Board of Trustees Meeting—Fairmont Kea Lani Hotel, Wailai, Maui, Hawaii
March 17-19 *Peripheral Nerve: Upper Body* (Pre-Convocation)—Kenneth J. Lossing, DO
Rosen Shingle Creek Resort, Orlando, FL
March 18-19 *Treating Children with Common Developmental and Neurological Issues: An International Osteopathic Perspective* (Pre-Convocation)—Jane E. Carreiro, DO—Rosen Shingle Creek Resort, Orlando, FL
March 18-19 *Osteopathic Considerations in Systemic Dysfunction of the Geriatric Patient* (Pre-Convocation)
Michael L. Kuchera, DO, FAAO; Hugh M. Ettlinger, DO, FAAO—Rosen Shingle Creek Resort, Orlando, FL
March 19 Fellowship Committee Meeting/Exams, 8 am - 5 pm—Rosen Shingle Creek Resort, Orlando, FL
March 19 Board of Trustees Meeting, 1 pm - 5 pm—Rosen Shingle Creek Resort, Orlando, FL
March 19 Education Committee Meeting, 6 pm - 8 pm—Rosen Shingle Creek Resort, Orlando, FL
March 20 *Cellular Biology and the Cellular Matrix* (Pre-Convocation)—Frank H. Willard, PhD
Rosen Shingle Creek Resort, Orlando, FL
March 20-24 AAO Convocation—*Mechanotransduction and the Interstitium: The World in Between*
Gregg C. Lund, DO—Rosen Shingle Creek Resort, Orlando, FL
March 20 Board of Governors Meeting, 8 am - 12 pm—Rosen Shingle Creek Resort, Orlando, FL
March 20 Residents’ In-Service Exam, 11 am - 5 pm—Rosen Shingle Creek Resort, Orlando, FL
March 20 AOBNNM Written Re-Certification Exam, 11 am - 2 pm—Rosen Shingle Creek Resort, Orlando, FL
March 20 Membership Committee Meeting, 2:30 pm - 4 pm—Rosen Shingle Creek Resort, Orlando, FL
March 20 Investment Committee Meeting, 4 pm - 5 pm—Rosen Shingle Creek Resort, Orlando, FL
March 21 Annual Business Meeting, 12 pm - 2:15 pm—Rosen Shingle Creek Resort, Orlando, FL
March 21 Osteopathic Continuous Certification Forum, 5:30 pm - 6:30 pm, Rosen Shingle Creek Resort, Orlando, FL
March 22 International Affairs Committee Meeting, 6:30 am - 8 am—Rosen Shingle Creek Resort, Orlando, FL
March 22 PS&E Committee Meeting, 12:30 pm - 2 pm—Rosen Shingle Creek Resort, Orlando, FL
March 22 Publications Committee Meeting, 12:30 am - 2 pm—Rosen Shingle Creek Resort, Orlando, FL
March 23 AOBNNM Meeting, 8 am - 11 am—Rosen Shingle Creek Resort, Orlando, FL
March 23 Board of Trustees Meeting, 1:30 pm - 3 pm—Rosen Shingle Creek Resort, Orlando, FL
March 24 Residency Program Directors’ Workshop, 1 pm - 6 pm—Rosen Shingle Creek Resort, Orlando, FL
May 17-19 *Palpating and Treating the Brain: The Ventricular System and the Brain Nuclei*—Bruno Chikly, MD, DO
AZCOM, Glendale, AZ
June 14-16 *Normalization of Muscle Function*—Jay B. Danto, DO—UMDNJSOM, Stratford, NJ
September 29 *Case-Based Osteopathic Sports Medicine* (Pre-OMED)—Kurt P. Heinking, DO, FAAO—Las Vegas, NV
Sep. 30-Oct. 2 *Osteopathic Approach to Common Office Complaints* (AAO Program at OMED)
Laura E. Griffin, DO, FAAO—Las Vegas, NV
October 10-12 *Prolotherapy Weekend*—George J. Pasquarello, DO, FAAO; Mark S. Cantieri, DO, FAAO
UNECON, Biddeford, ME
December 6-8 *Heart and Vascular Course*—Kenneth J. Lossing, DO—AZCOM, Glendale, AZ
Peripheral Nerves: Upper Body
March 17-19, 2013 at Rosen Shingle Creek in Orlando, FL

Course Description
This Level 4 course will examine the peripheral nerves of the upper body per Jean-Pierre Barral, DO. It will explore/cover:

- the general anatomy, vascular supply, innervation, axonal transport, mechanical aspects, lesions, and trauma.
- palpation methods, evaluation, effects of treatment, indication, contraindications, and treatment approaches.
- the cervical plexus, brachial plexus, accessory nerve, suprascapular nerve, axillary nerve, radial nerve, musculoskeletal nerve, medial cutaneous nerve of the forearm, median nerve, and ulnar nerve.
- the innervation of the shoulder girdle, elbow joint and wrist. Time permitting, we will also cover the costal nerves.
- the decrease in range of motion with nerve dysfunction (for instance in the shoulder area) and see improvement with treatment.

CME
24 hours of AOA Category 1-A credit are anticipated.

Program Chair
Kenneth J. Lossing, DO, is a 1994 graduate of Kirksville College of Osteopathic Medicine. Dr. Lossing completed an internship and residency program at the Ohio University College of Osteopathic Medicine. He studied under the French Osteopath, Jean-Pierre Barral, DO, and has become an internationally known speaker on visceral manipulation. Dr. Lossing is a member of the AAO Board of Trustees.

Course Times
Sun., Mon. and Tues.: 8:00 am - 5:30 pm
Breakfast and lunch on your own, coffee provided

Course Location
Rosen Shingle Creek Hotel
9939 Universal Boulevard, Orlando, FL 32819
You may call the 24-hour reservations line at 1-866-996-6338 or make your reservation online.

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Course Description
This Level 4 course will examine the peripheral nerves of the upper body per Jean-Pierre Barral, DO. It will explore/cover:

- the general anatomy, vascular supply, innervation, axonal transport, mechanical aspects, lesions, and trauma.
- palpation methods, evaluation, effects of treatment, indication, contraindications, and treatment approaches.
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- the innervation of the shoulder girdle, elbow joint and wrist. Time permitting, we will also cover the costal nerves.
- the decrease in range of motion with nerve dysfunction (for instance in the shoulder area) and see improvement with treatment.

CME
24 hours of AOA Category 1-A credit are anticipated.

Registration Form
Peripheral Nerves: Upper Body
March 17-19, 2013

Name: ____________________________ AOA#: __________________
Nickname for Badge: _____________________________________________
Street Address: ___________________________________________________
_______________________________________________________________________
City: ____________________________ State: ________ Zip: __________
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Signature: _____________________________________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org
Orlando is close enough to Patrick Air Force Base, Cape Canaveral Air Force Station and Kennedy Space Center for residents to commute to work from the city’s suburbs. It also allows easy access to Port Canaveral, an important cruise ship terminal. Because of its proximity to the “Space Coast” near the Kennedy Space Center, many high-tech companies have migrated to the Orlando area.

Perhaps the most critical event for Orlando’s economy occurred in 1965 when Walt Disney announced plans to build Walt Disney World. Although Disney had considered the cities of Miami and Tampa for his park, one of the major reasons behind his decision not to locate in those cities was the threat of hurricanes. The famous vacation resort opened in October 1971, ushering in explosive population and economic growth for the Orlando metropolitan area, which now encompasses Orange, Seminole, Osceola, and Lake counties. As a result, tourism became the centerpiece of the area’s economy, and Orlando is consistently ranked as one of the top vacation destinations in the world.

Another major factor in Orlando’s growth occurred in 1970, when the new Orlando International Airport was built from a portion of the McCoy Air Force Base. Four airlines began providing scheduled flights in 1970. The military base officially closed in 1974, and most of it is now part of the airport. The airport still retains the former Air Force Base airport code (MCO). It is considered a world-class facility, and it is one of the most heavily travelled airports in the world.

Call to Meeting

The American Academy of Osteopathy will have its Annual Business Meeting in the Panzacola Room at Rosen Shingle Creek Hotel in Orlando, FL, at 12 pm on March 21. The AAO Membership is called together to elect officers for the 2013-2014 presidential year. Please note the proposed Bylaws amendments listed below. You may access the full AAO Constitution and Bylaws at the following link: [http://files.academyofosteopathy.org/files/AAO_ConstitutionBylaws.pdf](http://files.academyofosteopathy.org/files/AAO_ConstitutionBylaws.pdf)

Proposed Bylaws Amendments

(deleted items are strike through, additions are boldfaced)

The Board reviewed the proposed AAO Constitution and Bylaws amendments as recommended by the Bylaws Committee.

Motion: Move to accept the Bylaws Committee recommended amendments with the editorial changes.

Seconded Carried

reference – Section A. Constitution, Article VIII. Membership, Section 1, page 2, lines 108-111 {adding lines 113-121}:

ARTICLE VIII. Membership

SECTION 1

Members of this corporation shall be those individuals who:

a.) are graduates of an approved osteopathic college—HAVE GRADUATED FROM A US-ACCREDITED COLLEGE OF OSTEOPATHIC MEDICINE.

b.) are members of the American Osteopathic Association.

c.) have made proper application for membership in the Academy.

d.) have paid their current dues and all assessments.

IN ADDITION, THE BOARD OF TRUSTEES MAY, AT ITS DISCRETION, MAINTAIN A LIST OF SUPPORTERS WHO ARE NOT MEMBERS AND/OR NOT ELIGIBLE FOR MEMBERSHIP, AND INTERESTED IN THE ASSOCIATION, WHO MAY MAKE CONTRIBUTIONS ANNUALLY EQUAL TO THE DUES PAID BY FULL MEMBERS. SUCH INDIVIDUALS SHALL HAVE NO RIGHTS OR PRIVILEGES OF MEMBERSHIP, BUT THEY SHALL BE ENTITLED TO ANY NOTICE, PUBLICATIONS, OR REPORTS, ON THE SAME BASIS AS FULL MEMBERS.

reference – Section B. Bylaws, Article I. Membership, Section 2, page 3, lines 156-171 {adding lines 172-174}:
SECTION 2

Membership shall be available in the following categories, the requirements for which are found under the appropriate headings in Section 3:

A. **Active FULL**  C. Student  E. International Affiliate  G. Honorary Life
B. Retired  D. Associate  F. **Life HONORARY LIFE**  H. Honorary

In addition, the Board of Trustees may, at its discretion, maintain a list of supporters who are not members and/or not eligible for membership, and interested in the association, who may make contributions annually equal to the dues paid by Active Members. Such individuals shall have no rights or privileges of membership, but they shall be entitled to any notice, publications, or reports, on the same basis as Active Members.

SECTION 3

A. **Active FULL** Members shall be those who meet the requirements listed below:


b. **HAVE MADE PROPER APPLICATION FOR MEMBERSHIP IN THE ACADEMY.**

c. **HAVE PAID THEIR CURRENT DUES AND ASSESSMENTS.**

d. **HAVE PAID THEIR CURRENT DUES AND ASSESSMENTS.**

**Active FULL Members may vote, hold office, serve on committees or as committee chairmen, and in other capacities as the Academy deems useful or necessary.**

reference – Section B. Bylaws, Article I. Membership, Section 2, page 4, lines 183-217:

D. By action of the Board of Trustees, Associate Membership may be granted to the following: graduates of accredited schools of medicine, dentistry, or podiatry who have made written application; doctors of philosophy or education and other nondoctoral personnel holding teaching, research and administrative positions in AOA accredited hospitals and colleges; administrative employees of affiliated organizations and divisional societies; and any other professionals as determined by the Board of Trustees.

Associate Members shall pay dues equal to the dues of **Active FULL** Members and receive all Academy publications, newsletters and announcements given to **Active FULL** Members. Associate Members may attend all Academy educational meetings by paying the registration fee for **Active FULL** Members. Associate Members shall be entitled to the privileges of the **Active FULL** Membership except the right to vote or hold office.

E. International Affiliate may be granted by the Board of Trustees to those persons who have made written application, who shall pay dues equal to the amount of **Active FULL** members (plus postage), and who have met the criteria and approval of the Board of Trustees. Such individuals shall be members of an American Academy of Osteopathy® approved registry and are entitled to the privileges of **Active FULL** membership except the right to vote or hold office.

F. Life Membership may be conferred upon any Active or Associate Member who has been in good standing, paying regular dues for a minimum of five consecutive years immediately prior to application and who has paid his or her lifetime dues in one payment of the sum of 12 times the current membership dues at the time of the AAO member’s application for life membership. Life members shall continue to hold all rights and privileges they held with their previous membership status.

G.F. Honorary Life Membership may be awarded by the Board of Governors upon a member(s) selected by the Membership Committee and recommended by the Board of Trustees in recognition of outstanding service to the osteopathic profession. (See Criteria for Academy Awards in the Directory.) Such members shall have the privileges and duties of **Active FULL** members but shall not be required to pay dues or assessments. Honorary Life Members may vote, hold office, serve on committees or as committee chairmen, or in other capacities as the Academy deems useful or necessary.

*continued on page 9*
Treating Children with Common Developmental and Neurological Issues: An International Osteopathic Perspective

March 18-19, 2013 at Rosen Shingle Creek in Orlando, FL

Course Description
This two-day interactive workshop will present British, Australian and American perspectives on the treatment of children with neurological and developmental conditions.

All the faculty work in pediatric practices that emphasize osteopathic manipulative treatment but integrate other medical, alternative and complimentary modalities.

CME
16 hours of AOA Category 1-A credit are anticipated.

Course Times
Monday and Tuesday: 8:00 am - 5:30 pm
Breakfast and lunch on your own, coffee provided

Course Location
Rosen Shingle Creek Hotel
9939 Universal Boulevard, Orlando, FL 32819
You may call the 24-hour reservations line at 1-866-996-6338 or make your reservation online.

Meet the Faculty

Jane E. Carreiro, DO, is a 1988 graduate of the University of New England College of Osteopathic Medicine (UNECOM), and is board certified in Osteopathic Manipulative Medicine (OMM) and Family Practice. She is Department Chair and Associate Professor of OMM at UNECOM, and Director of Medical Education at the UNECOM +1 residency program. Dr. Carreiro specializes in OMM, pain management, pediatric musculoskeletal and sports medicine, and otitis media. She is involved in research on osteopathic manipulation in otitis media, as well as innervation patterns in the pelvis and sacral areas.

Julie Fendall, DO, M ostSc(Paeds), graduated from the British School of Osteopathy in London, and has been in practice for 30 years. She is currently in private practice in Sydney, Australia, with a largely pediatric patient base. She is also a breastfeeding counselor; and treats many infants for feeding and digestive issues.

A longstanding faculty member of the Sutherland Cranial Teaching Foundation, she has lectured extensively in Osteopathy in the Cranial Field in the U.K., New Zealand and Australia.

Sue Turner, DO, MA (Hons), M SCC, has been in practice in London since graduating from the European School of Osteopathy in 1979, where she taught from 1979 until 2000, establishing the cranial and pediatric Osteopathy programs, and founding and directing the undergraduate children’s clinic. She was also part of the founding team of the Osteopathic Centre for Children in London (1990-1994).

Doris Newman, DO, graduated from UNECOM in 1998. Following her certification in OMM, Dr. Newman was appointed Assistant Professor in the Department of Osteopathic Principles and Practices (OPP) at UNECOM, where she also served as Residency Program Director and Interim Director of Medical Education. She is currently a faculty member in the OPP Department at Nova Southeastern University College of Osteopathic Medicine.

Heather Ferrill, DO, is a 2000 Michigan State University College of Osteopathic Medicine graduate, and an Associate Professor of OMM at UNECOM. Board certified in Family Practice and OMM, her practice emphasizes OMT in the pediatric population. She also has a special interest in osteopathic management of headaches, vision and dental issues, and is currently involved in osteopathic educational research.

Registration Form
Treating Children with Common ... An Int’l Prespective
March 18-19, 2013, 8:00 am - 5:30 pm

Name: ____________________________________________ AOA #: _______________________

Nickname for Badge: _________________________________________________________________

Street Address: ________________________________________________________________

City: __________________________________ State: _______ Zip: ______________

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Or register online at www.academyofosteopathy.org

AAO Member Newsletter February 2013
Honorary Membership. This association may elect to bestow Honorary Membership on those persons who are not members of the osteopathic profession who have performed a sufficiently meritorious service to the osteopathic profession, or have, in the judgment of the Board of Trustees, rendered services in the promotion of the osteopathic profession warranting such an honor. Individuals so selected by the Board of Trustees, or by a committee appointed by the Board of Trustees for that purpose, shall be nominated to the general membership for election to Honorary Membership, without vote or dues.

reference – Section B. Bylaws, Article I. Membership, Section 6, page 5, lines 257-259:

SECTION 6

To be eligible for any elective office, the individual candidate must be an Active FULL Member or a Life Member. To be eligible for membership on a committee, the individual candidate must be either an Active FULL Member, a Life Member, an Honorary Life Member, or an Associate Member of this association.

Board Schedules Committee Meetings

The AAO Board of Trustees has tentatively scheduled the committee meetings at the annual Convocation in Orlando, FL. Committee members and chairpersons should review the following itinerary and mark their calendars accordingly to ensure attendance at these important meetings:

**Tuesday, March 19**
- Fellowship Committee (FAAO exams), 8:00 am – 5:00 pm
- Board of Trustees, 1:00 pm – 5:00 pm
- Education Committee, 6:00 pm – 8:00 pm

**Wednesday, March 20**
- Board of Governors Meeting, 8:00 am – 12:00 pm
- Membership Committee Meeting, 2:30 pm – 4
- Investment Committee, 4:00 pm – 5:00 pm

**Thursday, March 21**
- Annual Business Meeting, 12:00 pm – 2:15 pm

**Friday, March 22**
- International Affairs Committee, 6:30 am – 8:00 am
- Postdoctoral Standards & Evaluations Committee, 12:30 pm – 2:00 pm
- Publications Committee, 12:30 pm – 2:00 pm

**Saturday, March 23**
- American Osteopathic Board of Neuromusculoskeletal Medicine, 8:00 am – 11:00 am
- Board of Trustees, 1:30 pm – 3:00 pm

Meet the Candidates

At the request of Academy members, brief biographies of the physicians seeking elected office for 2013-2014 are provided below. Please take a moment to look over this information prior to the AAO Annual Business Meeting, which will take place at the Rosen Shingle Creek Hotel on March 21.

**President-Elect** (elect one for a one-year term)

**Kenneth J. Lossing, DO**

Dr. Lossing is a 1994 graduate of Kirksville College of Osteopathic Medicine (KCOM). He completed internship and residency programs at Ohio University College of Osteopathic Medicine (OUCOM), and is certified in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMM) and Family Practice. Dr. Lossing studied under French osteopath Jean-Pierre Barral, DO, and is known internationally as a lecturer on visceral manipulation. He is a current member of the AAO Board of Trustees (BOT), and serves as the BOT Liaison for the Osteopathic Medical Economics and Osteopathic Diagnosis Education Committees.

**Secretary-Treasurer** (elect one for a three-year term)

**Judith A. O’Connell, DO, FAAO**

Dr. O’Connell received her DO degree from Chicago College of Osteopathic Medicine (CCOM) in 1980, and is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine
(AOBPSOMM). She is in private practice in Dayton, OH, where she specializes in NMM/OMM and pain management. A Past President of the AAO, Dr. O’Connell has served on the Board of Trustees and as Chair of the Education Committee. She is a current member of the Board of Governors, Chair of the Fellowship Committee and an advisor to the Osteopathic Medical Economics Committee. She received the A.T. Still Medallion of Honor in 2008.

**Trustee (elect two for a three-year term)**

**Stephanie W. Collins, DO**

Dr. Collins graduated from Philadelphia College of Osteopathic Medicine (PCOM) in 1993, and completed internship and residency programs with the Maine Dartmouth Family Practice Program. She is board certified in NMM/OMM and Family Practice, and currently practices at Osteopathic Family Care, LLC, in Freeport, ME. Dr. Collins serves on the AAO Board of Governors and Osteopathic Diagnosis Education Committee. She is also a member of the Maine Osteopathic Association.

**Kendi L. Hensel, DO, PhD**

Dr. Hensel graduated from Oklahoma State University College of Osteopathic Medicine (OSUCOM) in 1998. She completed a combined residency in family practice and NMM/OMM at the University of New England College of Osteopathic Medicine (UNECOM), and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) and the American Osteopathic Board of Family Physicians (AOBFP). In 2009, Dr. Hensel received her PhD in OMM Clinical Research and Education from the University of North Texas Health Science Center (UNTHSC). She currently serves as an Assistant Professor in the Department of Manipulative Medicine at UNTHSC Texas College of Osteopathic Medicine (TCOM). She also conducted a National Institutes of Health-funded study on OMM in pregnancy as a Postdoctoral Fellow. Dr. Hensel serves as a member of the AAO Board of Trustees, as well as BOT Liaison to the Louis Burns Osteopathic Research Committee and the Informational Technologies Committee. She is also a member of the Osteopathic Cranial Academy and the American College of Osteopathic Family Physicians.

**John G. Hohner, DO, FAAO**

Dr. Hohner, a 1987 graduate of CCOM, is certified by the AOBSPOMM and AOBFP, and is in private practice in Oak Forest, IL. He is a professor of OMM and Family Practice at CCOM, where he is also Division Director for the OMM Department’s MS-I curriculum. Dr. Hohner was Program Chair of the 2008 AAO Convocation in Dallas, TX. He currently serves on the AAO Board of Trustees and is a former chair of the Education Committee. He is also a member of the Awards Committee and BOT Liaison to the Osteopathic Postdoctoral Training Institutes Liaison Committee.

**Catherine M. Kimball, DO**

Dr. Kimball graduated from KCOM in 1985. She is board certified in NMM/OMM and Family Practice. She has been in private practice in Waterville, ME, for more than 20 years. In addition to her family medicine practice, she sees patients in OMM consultation for a wide range of problems including headache, newborn feeding difficulties, ear infections and back pain. Dr. Kimball has served as Chief of Staff, as well as on the Board of Trustees, for Inland Hospital for many years. She has also been a member of the AAO Board of Governors since 2001, and serves on the Osteopathic Medical Economics Committee.

**Michael P. Rowane, DO, FAAO**

Dr. Rowane graduated from Des Moines University College of Osteopathic Medicine (DMUCOM) in 1989, where he completed a predoctoral fellowship in OMM. He also completed a postdoctoral master’s degree in Family Medicine at Case Western Reserve University (CWRU), and a fellowship with the National Institute for Program Directors. Dr. Rowane is Director of Medical Education at University Hospitals Richmond Medical Center in Richmond Heights, OH, where he oversees all osteopathic medical education for the University Hospitals (UH) system. He is also an Associate Clinical Professor of Family Medicine and Psychiatry at CWRU, and previously served as Residency Director of the CWRU/UH Medical Center Family Medicine Residency Program. He is a current member of the AAO Board of Governors, and also serves on the Education, C-NMM/OMM and Postdoctoral Standards & Evaluation Committees. Dr. Rowane has presented nationally and published multiple articles and book chapters on family medicine and osteopathic-oriented topics. He is co-author of the 2012 book, Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter.

*continued on page 12*
Osteopathic Considerations in Systemic Dysfunction of the Geriatric Patient

March 18-19, 2013 at Rosen Shingle Creek in Orlando, FL

Course Description
This course presents a practical, hands-on osteopathic manipulative treatment (OMT) approach to everyday patient systemic complaints—ranging from sinusitis to pneumonia, gastritis to irritable bowel syndrome and headache to angina. The program centers on designing rational osteopathic care that integrates the five osteopathic care models and can be delivered in a clinically-effective, time-efficient manner.

It will teach clinicians to seek regional and segmental diagnostic somatic clues to enhance and speed differential diagnosis. Participants will learn to integrate Chapman’s reflexes, collateral abdominal ganglia, and segmental diagnosis of the entire spine and sacroiliac joint. In treatment, the course will center on skills used to enhance homeostasis. Participants will master skills including sphenopalatine ganglia technique; collateral ganglia inhibition; spleen pump; myofascial spray and stretch; ischial rectal fossa technique; mesenteric lifts; rib raising; lymph pumps; liver pump; diaphragm redoming; and direct and indirect OMT techniques to remove somatic dysfunction in the cranial, cervical, thoracic, costal, lumbar and sacral regions.

While a number of techniques will be taught, emphasis will be placed on developing skills and strategies to speed diagnosis and recovery. Residents, residency trainers and directors of medical education will be accorded special tips for maximizing integration of these skills and strategies into their specific programs.

Program Chair
Michael L. Kuchera, DO, FAAO, graduated from Kirksville College of Osteopathic Medicine, where he later served as Chairperson of OMM, OMM Residency Director, Vice President for International Osteopathic Research and Education, Vice President for Academic Affairs and Dean. He then directed the OMM Research and Human Performance and Biomechanics Laboratory at Philadelphia College of Osteopathic Medicine, and was Clinical Director of the Center for Chronic Disorders of Aging. Dr. Kuchera recently took the position of Chair of the OMM Department at Marian University College of Osteopathic Medicine in Indianapolis, IN.

CME
16 hours of AOA Category 1-A credit are anticipated.

Course Times
Monday and Tuesday: 8:00 am - 5:30 pm
Breakfast and lunch on your own, coffee provided

Course Location
Rosen Shingle Creek Hotel
9939 Universal Boulevard, Orlando, FL 32819
You may call the 24-hour reservations line at 1-866-996-6338 or make your reservation online.

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Registration Form
Osteopathic Considerations in Systemic Dysfunction...Geriatric
March 18-19, 2013, 8:00 am - 5:30 pm

Name: ____________________________________________  AOA#: ________________
Nickname for Badge: _______________________________________________________
Street Address: _____________________________________________________________
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City: ___________________________________   State: _________   Zip: ______________
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The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

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Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy,
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Or register online at www.academyofosteopathy.org
Governor (elect ten for a three-year term)

Millicent King Channell, DO, FAAO

Dr. Channell is a 2001 graduate of PCOM. After completing residencies in NMM/OMM and Family Medicine, she joined the faculty of the University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine (UMDNJ-SOM) in the Departments of OMM and Family Medicine. Dr. Channell has made numerous scholarly contributions to osteopathic literature, most notably co-authoring the book, *The 5-Minute Osteopathic Manipulative Medicine Consult* (Lippincott, Williams & Wilkins, 2008). She has received several teaching awards, including the Christian R. and Mary F. Lindback Distinguished Teaching Award in 2011 and the American Osteopathic Foundation (AOF) 2009 Emerging Leader Award. Board certified in OMM and Family Practice, Dr. Channell is currently an Associate Professor and Acting Chair of the Department of OMM at UMDNJ-SOM. She serves on several AAO committees, and is a member of the Board of Directors for the National Board of Osteopathic Medical Examiners (NBOME).

Stephanie W. Collins, DO*

See above

Guy A. DeFeo, DO*

Dr. DeFeo, a 1988 graduate of UNECOM, is board certified in NMM/OMM and family practice. He was a faculty member at UNECOM from 1990 to 2003, and the first OMM Department Chair at the Virginia College of Osteopathic Medicine from 2003 to 2005. He is now in private practice in Kennebunk, ME. Dr. DeFeo has served as president of the AAO and on numerous AAO committees. He currently serves as a member of the Board of Governors and Chair of the External Fundraising Committee. He is also Capital Campaign Chair for the Foundation for Osteopathic Research and Continuous Education (FORCE).

William H. Devine, DO*

Dr. Devine received his Doctor of Osteopathic Medicine degree from the University of Health Sciences in Kansas City, MO, in 1970, and is certified by the AOBNNMM and the AOBFP. He is currently the Director of Postgraduate OMM, Neuroromusculoskeletal Medicine Residency Program Director, Osteopathic Specialty Clinic Coordinator, and a full-time Clinical Professor of OMM at Midwestern University (MWU) Arizona College of Osteopathic Medicine (AZCOM). Dr. Devine is the osteopathic representative to the Arizona Medicare Carrier Advisory Committee, and serves the Health Services Advisory Group as a consultant on OMM case investigation and review. He serves as the Arizona Osteopathic Medical Association (AOMA) District 1 Representative and as President of the Arizona Academy of Osteopathy. He is a member of the AAO Board of Governors and Education Committee, and serves as the Student American Academy of Osteopathy (SAAAO) Chapter Advisor for AZCOM. Dr. Devine has received many educational and service awards, including the Littlejohn Award—the highest honor bestowed on MWU professors. He has also received the Top Educator Award from MWU and the Excellence in Osteopathic Medical Education Award from the AOMA.

Kendi L. Hensel, DO, PhD

See above

John G. Hohner, DO, FAAO

See above

Raymond J. Hruby, DO, FAAO*

Upon his graduation from the College of Osteopathic Medicine and Surgery in Des Moines, IA, in 1973, Dr. Hruby interned at the Osteopathic Hospital of Maine, where he later became a member of the Service of Osteopathic Medicine. He served as Director of the service from 1981 to 1985. After working in private practice in San Diego, CA, he became an associate professor in the Department of Osteopathic Principles and Practice (OPP) at UNECOM, where he was appointed Director of Predoctoral Education in 1993. Dr. Hruby went on to serve as Professor and Chair of the Departments of OMM at Michigan State University College of Osteopathic Medicine (MSUCOM) and Western University of Health Sciences College of Osteopathic Medicine of the Pacific (COMP). Although officially retired from Western University, he continues to work as a consultant to the Department of OMM, and on special projects with the Interprofessional Education Program and the Graduate School of Basic Medical Sciences. Dr. Hruby is certified in NMM/OMM and family practice. A Past President of the AAO, he currently serves on the Board of Governors, International Affairs Committee and Publications Committee. He is also the former Scientific Editor of the *AAO Journal* and co-author of the book *Evidence-Based Manual Medicine.*
Douglas J. Jorgensen, DO, FAAO*

Dr. Jorgensen is a graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine (KCUMBCOM) and the Maine Dartmouth Family Practice Residency Program. Currently practicing in Central Maine, he is certified by the AOBNNMM, the AOBFP and the American Academy of Professional Coders. Dr. Jorgensen lectures nationally on medical billing issues and is the author of numerous peer-reviewed articles, two books and several academic chapters on topics ranging from osteopathic medicine, pain management and medical economics. He is also a Past President of the Maine Osteopathic Association and a Clinical Faculty Member at Dartmouth Medical School and the University of New England. Dr. Jorgensen is a lifetime member of the AAO and serves on the Board of Governors.

Catherine M. Kimball, DO*

See above

Hollis H. King, DO, PhD, FAAO

Dr. King, a 1983 graduate of TCOM, is OPP Program Director at the University of Wisconsin Department of Family Medicine Residency in Madison, WI. He has previously served as a professor of OPP at A.T. Still University School of Osteopathic Medicine in Mesa, AZ. Dr. King is the Chief Editor and a contributor for the 2011 book, *The Science and Clinical Application of Manual Therapy*, which delineates the research supportive of OMT for systemic disorders and musculoskeletal conditions. He has served as editor of numerous AAO publications, including the works of leading osteopathic researchers and clinicians—Irvin Korr in 1997, Viola Frymann in 1998 and 2005, and Philip Greenman in 2010. He is also the author of the chapter on Osteopathy in the Cranial Field in the textbook *Foundations for Osteopathic Medicine*, 3rd Edition, and co-editor of the *Journal of the American Osteopathic Association* column “Somatic Connection.” Dr. King serves as Associate Director of the Osteopathic Research Center’s Consortium for Collaborative Osteopathic Research Development—Practice-Based Research Network. A Past President of the AAO and former member of the Board of Directors for the Osteopathic Cranial Academy, he currently serves as Chair of the AAO Publications Committee and a member of the Louisa Burns Osteopathic Research Committee. He is also the Secretary-Treasurer for FORCE.

Michael L. Kuchera, DO, FAAO*

Dr. Kuchera graduated from KCOM, where he later served as Chair of OMM, OMM Residency Director, Vice President for International Osteopathic Research and Education, Vice President for Academic Affairs and Dean. He then directed the OMM Research and Human Performance and Biomechanics Laboratory at PCOM, and was Clinical Director of the Center for Chronic Disorders of Aging. Dr. Kuchera recently took the position of Chair of the OMM Department at Marian University College of Osteopathic Medicine in Indianapolis, IN.

Dr. Kuchera represents the United States in the International Federation of Manual/Musculoskeletal Medicine, for which he serves as Secretary General. He has been invited to lecture in Europe, Japan and Australia, and is a founding member of the American Osteopathic Association (AOA)’s Bureau on International Osteopathic Medical Education and Affairs (BIOMEA). A Past President of the AAO, he currently serves on its Board of Governors, Louisa Burns Osteopathic Research Committee and Education Committee. He is also Chair and BIOMEA Liaison for the International Affairs Committee. In addition to co-editing and writing numerous articles and chapters in *Foundations for Osteopathic Medicine*, he co-authored *Osteopathic Considerations in Systemic Dysfunction* with his father, as well as two other textbooks. In 2002, the AOA Council of Research awarded Dr. Kuchera its highest honor for a career in research and research mentorship— the Gutenshohn-Denslow Award.

Gregg C. Lund, DO*

Dr. Lund graduated from TCOM, and completed his Pediatric Residency, and Neonatology and Respiratory Muscle Physiology Fellowships at Children’s Hospital Medical Center in Cincinnati, OH. He also completed a master’s program in Health Informatics at UNTHSC. He is certified by the AOBNNMM and the American Board of Pediatrics. As a neonatologist, he participated in the formation of a national practice. As a medical informatician, he has worked with newborn intensive care unit data warehouses, online parent education and electronic medical records. Dr. Lund retired in 2007, only to later finish an NMM/OMM Residency at UNECOM. After a short stint in private practice, he joined the Department of OMM faculty at Touro University College of Osteopathic Medicine in Vallejo, CA, where he currently serves as Associate Dean of Academic Affairs. Dr. Lund has taught numerous workshops for the AAO, for which he serves on the Board of Governors, the Louisa Burns Osteopathic Research Committee and the Education Committee. He is a member of the AOA Council on Research, and has been active with the American Academy of Pediatrics in many roles on sections, councils and steering committees.
Cellular Biology and the Cellular Matrix
March 20, 2013 at Rosen Shingle Creek in Orlando, FL

Course Outline
From Atom to Individual: The Skeleton of Life
The course will examine the structure of the molecular framework extending from the nuclear skeleton through the cytoskeleton to the extracellular and fascial framework of the body. The following topics will be presented:

- Structure of the nuclear skeleton and the organization of chromatin — the nuclear (fibrous) lamina and the lamins; intermediate filaments; the nucleolus.
- The nuclear envelope: uniting the nuclear and cytoskeletons — nuclear pores; nucleocytoplasmic transport.
- The cytoskeleton and cell polarization — cell organization; molecular differentiation of cellular domains: apical, lateral and basal; occluding, anchoring and communicating cellular junctions.
- The cell membrane: uniting the cell with the extracellular matrix — molecular structure uniting cell and surrounding matrix; mechanotransduction through the matrix.
- The extracellular matrix: the substance of the fascial system — components of the extracellular matrix; the composition of fascia.
- The fascial system: uniting the body — pannicular fascia; axial and appendicular fascia; visceral fascia

Program Chair
Frank H. Willard, PhD, has a doctorate in Anatomy from the University of Vermont. He is a professor in the Anatomy Department at the University of New England College of Osteopathic Medicine, where he was named Professor of the Year in 1989. That same year, he was selected as the American Academy of Osteopathy’s Visiting Scholar. Dr. Willard is a current member of the Society of Neuroscience, Sigma Xi, the International Society for Developmental Neuroscience, the International Brain Research Organization and the American College of Neuropsychiatrists. He is the author of *Medical Neuroanatomy: A Problem-Oriented Manual with Annotated Atlas* and *Nociception and the Neuroendocrine-Immune Connection*, and is an honorary member of the AAO.

CME
4 hours of AOA Category 1-A credit are anticipated.

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

Course Times
Wednesday: 1:00 pm - 5:00 pm

Course Location
Rosen Shingle Creek Hotel
9939 Universal Boulevard, Orlando, FL 32819
You may call the 24-hour reservations line at 1-866-996-6338 or make your reservation online.

Registration Form
Cellular Biology and the Cellular Matrix
March 20, 2013, 1:00 pm - 5:00 pm

Name: ___________________________________________ AOA#: ____________________________
Nickname for Badge: ________________________________________________________________
Street Address: ______________________________________________________________________
City: ________________________________ State: _______ Zip: ______________________________
Phone: ______________________________ Fax: ____________________________________________
E-mail: __________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

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Credit Card #: ________________________________________________
Cardholder’s Name: ____________________________________________
Expiration Date: ___________________ 3-digit CVV#_________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _________________________________________________

Click here to view the **AAO’s Cancellation and Refund Policy**

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org
Michael P. Rowane, DO, FAAO*

See above

Michael A. Sefﬁnger, DO

Dr. Sefﬁnger, a 1988 graduate of MSUCOM, is board certiﬁed in NMM/OMM and family practice. He completed an osteopathic internship at Paciﬁc Hospital of Long Beach, CA, in 1989, and a residency in Family Medicine at the University of California at Irvine in 1991. He also has a certiﬁcate of competency from the Cranial Academy. He is currently a tenured Associate Professor and Chair of the OMM Department at COMP. Dr. Sefﬁnger serves as Vice Chair of the AOA Bureau of Osteopathic Clinical Education and Research, and is an associate editor and author for the AOA standard textbook Foundations for Osteopathic Medicine. He also serves as an Associate Editor of the Journal of the American Osteopathic Association, for which he writes the quarterly column “The Somatic Connection,” and is the former Managing Editor of the California DO: The Journal of the Osteopathic Physicians and Surgeons of California (OPSC). His latest publication, The Merger: MDs and DOs in California, chronicles the history of the relationship between the physician groups, including the pivotal role of OMT education, research and practice in their relations at all levels.

A former member of the OPSC Board of Directors, Dr. Sefﬁnger has received its Most Valuable Physician Award, along with several other awards for his service to DOs in California. He was also inducted into the AOA Mentors Hall of Fame in 2007. A Past President of the AAO, Dr. Sefﬁnger serves on the Board of Trustees (2004 to present) and Board of Governors (2001 to 2004). He is Past Chair of the Louisa Burns Osteopathic Research Committee, and has previously served on the Osteopathic Postdoctoral Teaching Institutes Liaison, Nominating and Investment Committees.

Sheldon C. Yao, DO

Dr. Yao graduated from New York College of Osteopathic Medicine (NYCOM), where he served as President of the UAAO Chapter and received the Robert Thorpe, DO, FAAO, Memorial-Excellence in OMM Award, in 2002. He completed his internship and family practice residency at Good Samaritan Hospital in West Islip, NY, in 2005, and served as chief resident his ﬁnal year. In 2006, he completed a one-year NMM/OMM fellowship at North Shore-LIJ Hospital in Plainview, NY. Board certiﬁed in NMM/OMM and Family Practice, Dr. Yao is currently an Assistant Professor in the Department of OMM at NYCOM. In addition to teaching OMM and assisting in the Family Practice Department, he also sees patients at the on-campus Academic Health Care Center, where he serves as one of the student coordinators. Prior to his tenure at NYCOM, he provided family practice and OMM care in a private ofﬁce in Massapequa Park, NY. Dr. Yao is Chair of the AAO Membership Committee and a member of the C-NMM/OMM and Student Academies Committees.

Nominating Committee (elect four for a one-year term)

Boyd R. Buser, DO*

Dr. Buser is a 1981 graduate of Des Moines University College of Osteopathic Medicine, and is board certiﬁed in NMM/OMM and family practice. He currently serves as Vice President and Dean of the University of Pikeville-Kentucky College of Osteopathic Medicine, where he is also a Professor of OPP. He previously served as Department Chair, Associate Dean, Interim Dean and Vice President of UNECOM. Dr. Buser is a former Chair of the National Board of Osteopathic Medical Examiners. He was named Educator of the Year by AOA and the AOF in 1994. He received the Distinguished Service Award from the Maine Osteopathic Association in 1996 and 2007. In 2007, Dr. Buser was also elected by the American Medical Association Board of Trustees to a position on the Current Procedural Terminology Editorial Panel, the ﬁrst osteopathic physician to be so elected. He is a member of the Kentucky Institute of Medicine, the Kentucky Board of Medical Licensure, the AOA Board of Trustees and the Board of Directors of the Osteopathic International Alliance. A Past President of the AAO, Dr. Buser currently serves as Chair of the Nominating Committee and a member of the Board of Governors, International Affairs Committee and Osteopathic Medical Economics Committee.

Mark S. Cantieri, DO, FAAO

Dr. Cantieri, a 1981 DMUCOM graduate, is board certiﬁed in NMM/OMM. He has served on various hospital staffs as a consultant in OMM—treating newborns, post-operative patients and patients in intensive care units. He currently operates a private practice, Corrective Care, PC, in Mishawaka, IN, which specializes in the treatment of chronic musculoskeletal pain. Dr. Cantieri has taught and lectured for various organizations, including the annual prolotherapy course for the AAO since 1999. In 2008, he and co-authors Thomas H. Ravin, MD, and George J. Pasquarello, DO, FAAO, published the medical textbook Principles of Prolotherapy. Dr. Cantieri has received numerous professional
awards, most notably the 1996 George Northup Writing Award from the AOA, the 2006 T.L. Northup Memorial Lecturer Award from the AAO, and the 2009 Dr. J.B Kinsinger Award for Outstanding Service to the Indiana Osteopathic Association. A current member of the Board of Governors, Dr. Cantieri is a Past President and Secretary-Treasurer of the AAO, and has served on several AAO committees.

Dennis J. Dowling, DO, FAAO*

Dr. Dowling is a 1989 graduate of NYCOM, and is board-certified in NMM/OMM and Family Practice. He specializes in OMT in private practice in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at Nassau University Medical Center in Long Island, NY. He is also Director of OMM Assessment for the NBOME Clinical Skills Testing Center. Dr. Dowling is the former Chair of the OMM Department at NYCOM, and a Past President of the AAO. A current member of the Board of Governors and Chair of the Awards Committee, he also serves on the Nominating and International Affairs Committees. In addition to co-editing An Osteopathic Approach to Diagnosis and Treatment, Dr. Dowling is a contributor and illustrator for several other medical textbooks and journals. He received the David Heilig, DO, FAAO, Award in 2001; the Scott Memorial Lecturer Award in 2004; the Thomas L. Northup Memorial Lecturer Award in 2005; and the Harold A. Blood, DO, FAAO, Memorial Lecture Award in 2010. He frequently lectures throughout the United States and abroad.

John C. Glover, DO, FAAO*

Dr. Glover graduated from West Virginia School of Osteopathic Medicine (WVSOM) in 1986, and is currently a Professor and Chair of the Department of OMM at Touro University College of Osteopathic Medicine in Vallejo, CA. Certified in NMM/OMM and family practice, Dr. Glover has served as Chair of the OMM Department at OUCOM and OSUCOM, and Chair of the OPP Department at KCUMBCOM. He is a former Chair of the Educational Council on Osteopathic Principles and a Past President of the AAO. Dr. Glover is co-author of the book Counterstrain and the Strain-Counterstrain chapter in Foundations of Osteopathic Medicine (1st, 2nd, and 3rd Editions). Dr. Glover is also a contributing author for Clinical Application of Counterstrain, Counterstrain & Exercise: An Integrated Approach, Clinical Osteopathically Integrated Learning Scenarios and Leitfaden Osteopathie. He lectures and conducts workshops on a variety of topics nationally and internationally.

Ann L. Habenicht, DO, FAAO

Dr. Habenicht, a 1982 graduate of CCOM, is certified by the AOBNMM and the AOBFP. She is a Professor of OMM at CCOM, and is in private practice in Oak Forest, IL, and urgent care in Orland Park, IL. A Past President of the AAO and A.T. Still Medallion of Honor awardee, she is a member of the AAO Board of Governors, Chair of the Education Committee, the SAAO Chapter Advisor for CCOM, and a member of the Awards Committee and the AOBNMM.

Michael A. Sefflenger, DO

See above

Melicien A. Tettambel, DO, FAAO*

Dr. Tettambel is a 1978 graduate of KCOM. She currently serves as Chair of the Department of OPP at Pacific Northwest University of Health Sciences College of Osteopathic Medicine. She is also a visiting professor and lecturer at several other colleges of osteopathic medicine. She is certified by AOBSPOMM and the American College of Osteopathic Obstetricians and Gynecologists (ACOOG). Dr. Tettambel is a Past President of the AAO, and currently serves on its Board of Governors and Nominating Committee, and as Chair of the AOBNMM. She is President of the Sutherland Cranial Teaching Foundation, and is also actively involved in the AOA, ACOOG and the Osteopathic Cranial Academy. She was the 2004 recipient of the AAO’s A.T. Still Medallion of Honor and is co-author of Osteopathic Management of the Female Patient.

(Jane E. Carreiro, DO, ex-officio)

*Denotes incumbent
**PHYSICIAN Registration Form**

**2013 AAO Convocation / March 20-24, 2013 / Rosen Shingle Creek, Orlando, FL**

**INSTRUCTIONS**

1. REGISTER ONLINE at www.academyofosteopathy.org or complete ONE form for each registrant. Type or print clearly within boxes (one character per box please).
2. MAIL completed forms and fee(s) to AAO Convocation, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268.
3. FAX both pages of completed form with credit card payment to 317-879-0563.
4. QUESTIONS: Call 317-879-1881. For program information, e-mail swarner@academyofosteopathy.org.
5. Complete one form per registrant.

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**AOA INFORMATION**

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**REGISTRATION FEES**

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**NICHOLAS S. NICHOLAS FUND DONATION**

- $10 Donation
- $50 Donation
- Other Amount
- $25 Donation
- $100 Donation
- $___________

**I AM A/AN:**

- □ C-SPOMM
- □ C-NMM/OMM
- □ FAAO
- □ AAO President
- □ AAO Past President
- □ AAO President-Elect
- □ AAO Sect.-Treasurer
- □ 2013 Convo. Speaker
- □ AAO Board of Trustees Member
- □ AAO Board of Governors Member
- □ AAO Committee Chair
- □ AAO Committee Member
- □ Residency Program Director
- □ SAAO Chapter Advisor
- □ AOA Representative
- □ Sign me up as an A. Hollis Wolf Judge

**MEALS & EVENTS**

I plan to Attend: (check all that apply)

- □ Evening with the Stars (3/20) □ Incl. in Price
- □ Evening with the Stars and Stripes (3/21) □ Incl. in Price
- □ AAO Annual Business Meeting Lunch (3/21) □ Incl. in Price
- □ Extra Lunch Tickets #_____ □ $50 each

**Meal Preference:**

- □ Roast Chicken
- □ Grilled Veg. Napoleon

**Gavel Club (3/21) Past Presidents & Guests #_____ □ $50 each**

**Friday PAAO Luncheon (3/22) □ Incl. in Price**

**Menu:**

- Mexican Fiesta Buffet (includes vegetarian options)

**Fellows Dinner (3/22) FAAOs & Guests #_____ □ $100 each**

**Meal Preference:**

- □ Roast Prime Rib
- □ Veggie Wellington

**President’s Banquet (3/23) □ Incl. in Price**

**Extra Banquet Tickets #_____ □ $110 each**

**Banquet Meal Preference:**

- □ Seasoned Flat Iron Skirt Steak
- □ Caribbean Spiced Seabass
- □ Portabella Stack

**PAYMENT**

- □ Visa
- □ MasterCard
- □ Discover

- □ Check made payable to the AAO

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**BECOME A PHYSICIAN MENTOR**

- Specialty (check one)
- □ NMM
- □ Ortho
- □ Surgery
- □ Peds
- □ Sports Med
- □ OB
- □ IM
- □ FP
- □ EM
- □ PM&R
- □ Other: _________

Maximum Number of Protégés (Circle One): 1 2 3

Do you utilize Osteopathy in the Cranial Field in your practice? □ Yes □ No

CONTINUE TO 2nd Page

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**AAO Member Newsletter February 2013**
### Physician Workshops

Please number your workshop choices from one to three.

#### Thursday, March 21
**2:30 pm - 4:00 pm**
- **A1:** Mentor and Protégé: Updated Muscle Energy Techniques for O-A and A-A Segments - a, b, c, d; Dr. Mitchell, Dr. Sandweiss and Kai Mitchell
- **B1:** Some of What I Learned from My Mentor, Sara (Sally) E. Sutton, DO, FAAO; Dr. Schuster
- **C1:** Interface Between the Fascial System and the Fluid System - The Junctional Areas; Dr. Buser
- **D1:** Breathing and Mechanotransduction; Dr. Ettlinger
- **E1:** Interface of the Biomechanical, Bioenergetic and Biological in the Fascia; Dr. O’Connell
- **F1:** Osteopathy Across the Ponds; Dr. Turner and Dr. Fendall
- **G1:** Mentor and Protégé: Dr. Kappler’s Favorite Techniques - Chicago Style; Dr. Kappler and Dr. Habenicht

#### Thursday, March 21
**4:30 pm - 6:00 pm**
- **A2:** Mentor and Protégé: Updated Muscle Energy Techniques for O-A and A-A Segments - a, b, c, d; Dr. Mitchell, Dr. Sandweiss and Kai Mitchell
- **B2:** Some of What I Learned from My Mentor, Sara (Sally) E. Sutton, DO, FAAO; Dr. Schuster
- **C2:** Interface Between the Fascial System and the Fluid System - The Junctional Areas; Dr. Buser
- **D2:** Breathing and Mechanotransduction; Dr. Ettlinger
- **E2:** Interface of the Biomechanical, Bioenergetic and Biological in the Fascia; Dr. O’Connell
- **F2:** Osteopathy Across the Ponds; Dr. Turner and Dr. Fendall
- **G2:** Mentor and Protégé: Dr. Kappler’s Favorite Techniques - Chicago Style; Dr. Kappler and Dr. Habenicht

#### Friday, March 22
**2:00 pm - 3:30 pm**
- **A3:** Mentor and Protégé: Updated Muscle Energy Techniques for O-A and A-A Segments - a, b, c, d; Dr. Mitchell, Dr. Sandweiss and Kai Mitchell
- **B3:** Some of What I Learned from My Mentor, Herbert C. Miller, DO, FAAO; Dr. Hagopian
- **C3:** Diagnostic Musculoskeletal Ultrasound; Dr. Pasquarello and Dr. Jorgensen
- **D3:** An Osteopathic Prospective of the Lymphatics; Dr. Goldman
- **E3:** Fluid/Cellular Interface; Dr. Fendall
- **F3:** The Fluid System - Intravascular, Extravascular, Interstitial; Dr. Hankinson
- **G3:** Magoun Memorial FAAO/NUFA Forum

#### Friday, March 22
**4:00 pm - 5:30 pm**
- **A4:** Mentor and Protégé: Updated Muscle Energy Techniques for O-A and A-A Segments - a, b, c, d; Dr. Mitchell, Dr. Sandweiss and Kai Mitchell
- **B4:** Some of What I Learned from My Mentor, Herbert C. Miller, DO, FAAO; Dr. Hagopian
- **C4:** Diagnostic Musculoskeletal Ultrasound; Dr. Pasquarello and Dr. Jorgensen
- **D4:** An Osteopathic Prospective of the Lymphatics; Dr. Goldman
- **E4:** Fluid/Cellular Interface; Dr. Fendall
- **F4:** The Fluid System - Intravascular, Extravascular, Interstitial; Dr. Hankinson
- **G4:** Component Society Forum; Dr. Coffey

#### Saturday, March 23
**11:30 am - 1:30 pm**
- **A5:** Mentor and Protégé: Dr. Kappler’s Favorite Techniques - Chicago Style; Dr. Kappler and Dr. Habenicht
- **B5:** Some of What I Learned from My Mentor Edna Lay, DO, FAAO, on the Work of Dr. Sutherland; Dr. Tettambel
- **C5:** EMF as an Approach; Dr. Lossing
- **D5:** Primary Respiration in Interstitium; Dr. Lee
- **E5:** Exploring the Interaction Between the Attitude of the Clinician and the Physiology of the Patient; Dr. Turner
- **F5:** Faculty Development Workshop: 1) The Learner in Difficulty; 2) Using Innovative Osteopathic Curricular Tools; 3) Procedural Teaching Pearls in Osteopathic Manipulative Medicine: Beyond ‘See One, Do One and Teach One;’ Dr. Jones, Dr. Rowane and Dr. Schwalenberg

#### Saturday, March 23
**3:00 pm - 5:00 pm**
- **A6:** Mentor and Protégé: Dr. Kappler’s Favorite Techniques - Chicago Style; Dr. Kappler and Dr. Habenicht
- **B6:** Some of What I Learned from My Mentor Edna Lay, DO, FAAO, on the Work of Dr. Sutherland; Dr. Tettambel
- **C6:** EMF as an Approach; Dr. Lossing
- **D6:** Primary Respiration in Interstitium; Dr. Lee
- **E6:** Exploring the Interaction Between the Attitude of the Clinician and the Physiology of the Patient; Dr. Turner
- **F6:** Faculty Development Workshop: Best Practices in Examination Item Writing for the Application of Osteopathic Principles and OMM; Dr. Gimpel and NBOME Staff
- **G6:** EMT and OMT: The Same Old Battle in a New and Changing Reimbursement Environment; Dr. Jorgensen
2013 Convocation Preview

The early registration deadline is fast approaching for the AAO Convocation at Rosen Shingle Creek Resort in Orlando, FL, March 20-24! Participants must register by February 20 to receive the early registration rate. Register today to avoid paying the $100 late registration fee!

Click here to register online for the physician program Mechanotransduction and the Interstitium, or register for the SAAO/NUFA program Exploring the World of Lymphatics online by clicking here.

Below is a preview of the lectures Program Chair Gregg C. Lund, DO, has planned for physicians and students on Sunday, March 24:

Yolanda Doss, MJ, RHIA, CHPS

As director of the Division of Compliance and Payment Advocacy in the Department of Practice Management and Delivery Innovations at the American Osteopathic Association (AOA), Ms. Doss, along with her staff, provides counsel and advice to AOA members related to practice management issues. Her extensive experience in the clinical and practice management areas are extremely valuable for assisting members in securing appropriate compensation for osteopathic medical services and fighting for acceptance of their osteopathic credentials. She also helps members coping with compliance issues, such as Medicare fraud and abuse, HIPAA privacy regulations and other legal practice management issues. Her educational background includes a focus on health information administration and health law.

Lecture: How Healthcare Reform Affects the Physician’s Practice in Relation to OMM

Richard A. Feely, DO, FAAO

Dr. Feely, a 1978 graduate of Kirksville College of Osteopathic Medicine, is board certified in six specialties—Family Practice, Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMM), Acupuncture, Disability Evaluation, Independent Medical Evaluation, and Quality Assurance and Utilization Review. He currently serves as an adjunct professor in the OMM Department at Midwestern University Chicago College of Osteopathic Medicine (CCOM) and Western University of Health Sciences College of Osteopathic Medicine of the Pacific. Dr. Feely has served as President of the Osteopathic Cranial Academy and the Illinois Osteopathic Medical Society, and as a member of the American Osteopathic Association (AOA) House of Delegates and the AOA Council on Scientific Affairs. A Past President of the AAO, he has been involved with the organization for more than 27 years, including as Chair of the Louisa Burns Osteopathic Research Committee and the Osteopathic Medical Economics Committee. He has lectured nationally and internationally, and has authored and edited books on Osteopathy, Cranial Osteopathy and Acupuncture.

Lecture: The Business of Osteopathic Practice

Most physicians are not trained in business. Dr. Feely has previously discussed personal business and financial planning for life as a DO. This year, he will discuss the private practice option and the practical considerations necessary to grow and thrive as an osteopathic physician in business.

Karen J. Nichols, DO, MA, MACOI

Dr. Nichols, a graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, is Dean of CCOM. Board certified in Internal Medicine, she completed her internship and residency training at the former Oklahoma Osteopathic Hospital in Tulsa, OK. She worked in private practice in Internal Medicine and Geriatrics for 17 years in Mesa, AZ, as well as serving as Assistant Dean of Postdoctoral Education at the Arizona College of Osteopathic Medicine. A Past President of the AOA, Dr. Nichols has served on its Board of Trustees since 1999. She is the former Chair of the AOA Department of Government Affairs and the AOA Council on Palliative Care Issues. She is also the founding chair of the AOA End of Life Care Committee and has published and lectured nationally on this topic.
Lecture: Developing Osteopathic Leaders

Doctor means Teacher! … AND Leader? The changing practice environment today requires leadership beyond what has ever been needed in the past. Learn how and where to develop leadership skills, and pick up some quick pointers to start you on your way.

Boyd R. Buser, DO

Dr. Buser is a 1981 graduate of Des Moines University College of Osteopathic Medicine, and is board certified in NMM/OMM and Family Practice. He currently serves as Vice President and Dean of the University of Pikeville-Kentucky College of Osteopathic Medicine, where he is also a Professor of Osteopathic Principles and Practices. He previously served as Department Chair, Associate Dean, Interim Dean and Vice President of the University of New England College of Osteopathic Medicine. Dr. Buser is a former Chair of the National Board of Osteopathic Medical Examiners. He was named Educator of the Year by the AOA and the American Osteopathic Foundation in 1994. He received the Distinguished Service Award from the Maine Osteopathic Association in 1996 and 2007. In 2007, Dr. Buser was also elected by the American Medical Association Board of Trustees to a position on the Current Procedural Terminology Editorial Panel, the first osteopathic physician to be so elected. He is a member of the Kentucky Institute of Medicine, the Kentucky Board of Medical Licensure, the AOA Board of Trustees and the Board of Directors of the Osteopathic International Alliance. A Past President of the AAO, Dr. Buser currently serves as Chair of the Nominating Committee and as a member of the Board of Governors, International Affairs Committee and Osteopathic Medical Economics Committee.

Lecture: Update on AOA/AACOM Blue Ribbon Committee Report on COM Education and Health Care Reform

This lecture will present an update on the American Osteopathic Association (AOA)/American Association of Colleges of Osteopathic Medicine (AACOM) Blue Ribbon Commission and related educational initiatives, including the Institute of Medicine’s graduate medical education evaluation and the Accreditation Council for Graduate Medical Education (ACGME) proposed Common Program Requirements.

CLASSIFIED ADVERTISEMENTS

NEW NMM PLUS 1 RESIDENCY PROGRAM IN NEW YORK

There is a new NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Denise K. Burns, DO, FAAO, at drdenise@optonline.net or Education Department Secretary Karen Roberts at (631) 726-0409.

PRACTICE OSTEOPATHY IN BEAUTIFUL COLORADO

Successful integrative practice seeks a board-certified/eligible NMM/OMM physician for its busy Denver office. Preferably someone comfortable with a broad variety of techniques. Very competitive compensation. Friendly and professional atmosphere. Please call (303) 781-7862 or e-mail CV to mgentile@cointegrative.com. Our Web site is www.cointegrative.com.

DO SOUGHT IN LOS ANGELES

Innovative primary care practice seeks primary care physician also interested in OMM. Balanced lifestyle, work with academically trained MDs, started by original designer of Epocrates. Additional opportunities available in the San Francisco Bay Area, NYC, Boston and Washington, DC. If interested, please send a brief intro and CV to jobs@onemedical.com.

PHYSIATRY POSITION IN SOUTH FLORIDA

Position available for AOA Board Certified PM&R with OMT skills and/or NMM background. South Florida. No nights, call or weekends. Competitive salary, good benefits, Osteopathic Medical School and GME participation. Spanish speaking is also a plus. Please email CV to PhysiatryJob@aol.com
LBORC Outlines Poster Presentation Guidelines

The AAO Louisa Burns Osteopathic Research Committee (LBORC) is pleased to sponsor a poster presentation competition at the 2013 AAO Convocation in Orlando, FL. Posters will be displayed inside the exhibit hall on Thursday and Friday, March 21-22. Presenters may also stand next to their posters during break periods to respond to questions and comments from convocation attendees.

Only posters may be presented. Audio-visual materials, such as slides and videotapes, will not be accepted as part of the presentations. Displays should only contain succinct headings that logically organize and present the information. It is also recommended that graphics be definitive and brief. Elaboration is best done verbally. The poster should focus on the hypothesis or objective, methods and results or outcomes. An example of a poster display is illustrated below. Please note that there will be two poster displays on each cork board. Hence, presenters will share the display with another person.

The contest is open to students, residents, researchers, physicians and any combination thereof, but only students are eligible to compete for one of four ram’s head trophies. Student participants will have their posters reviewed by a panel of judges on Friday afternoon (March 22), and winners will be announced at the President’s Banquet on Saturday evening (March 23). Please consider making your school or institution proud by representing them at this event! Send your name and abstract title to Janet Burns, DO, via Debbie Cole at dcole@academyofosteopathy.org.

Osteopathic Diagnosis Education Service to be Offered at Convocation

Every year at Convocation, the Academy offers free Osteopathic Diagnosis Education (ODE, formerly OD&TE) sessions to program participants, including students, guests and exhibitors. The ODE service will be offered during Convocation from 9:00 am to 11:30 am and 2:30 pm to 4:00 pm on Thursday, March 21; from 9:00 am to 12:00 pm and 2:00 pm to 4:00 pm on Friday, March 22; and 9:00 am to 12:30 pm on Saturday, March 23. The sessions are provided for educational purposes only, and not for medical treatment. Volunteers are encouraged to invite students to observe their techniques. However, the decision to allow others to be present during treatment sessions belongs to you and your educational subject.

Your friends, colleagues, and students will appreciate any time you can donate. In addition, physicians receive a ½ Category 1-B AOA credit for each person they treat! The ODE service will have a drawing at noon on Saturday. For every person a physician treats during ODE hours, his/her name will be added to the drawing (e.g., 25 patients, 25 chances to WIN). The prize is a complimentary registration for the 2014 AAO Convocation in Colorado Springs!

The AAO prefers advance notice from osteopathic physicians who would like to volunteer, but will accept volunteers on site. The treatment center will be located in the exhibit hall at the Rosen Shingle Creek Hotel. Volunteers must have their own professional liability coverage. If you are interested in volunteering, please contact Tessa Boeing Skidmore at (317) 879-1881 or tboeing@academyofosteopathy.org. As always, thank you for your participation and support!
Clinical Application of Counterstrain

Harmon L. Myers, D.O.

Contributing Authors
William H. Devine, D.O.
  C-NMM OMM, C-FM OMT, Medical Editor
Christian Fossum, D.O. (UK)
John C. Glover, D.O., F.A.A.O.
Michael Kuchera, D.O., F.A.A.O.
Randall S. Kusunose, P.T., O.C.S.
Richard Van Buskirk, D.O., PhD., F.A.A.O.
Foreword by Andrew Weil, M.D.

ORDER TODAY!

A multi-disciplined presentation of the philosophy and techniques of manual medicine as a highly effective approach to achieving and maintaining good health.

ORDER ONLINE AT WWW.TOMF.ORG
Convocation to Feature New and Returning Exhibitors

Please join us in welcoming the numerous exhibitors supporting the 2013 AAO Convocation. Be sure to visit the exhibit hall (Sebastian K), located directly across from the lecture hall (Sebastian J), at the Rosen Shingle Creek Hotel. Many of your favorite companies, programs and institutions will be represented, as well as several new ones. We have just a few booth spaces left to fill, so if you know of a group that would benefit from exhibiting, please direct them to our Web site to fill out the exhibitor agreement and return it to us as soon as possible. Here is a sneak peek of some of the exhibitors you can expect to see:

Alabama College of Osteopathic Medicine (ACOM)  
A.T. Still University  
A.T. Still Museum  
Boiron  
Combank Medical  
Concentra  
Cryoprobe  
Electro-Medical Equipment  
Electromedical Products International  
Flexible Footwear Company  
Foundation for Osteopathic Research and Continuous Education  
Gebauer Company  
Louisa Burns Osteopathic Research Committee  
Maine Dartmouth Family Medicine Residency  
Medical Bookstore of Florida  
NeilMed Pharmaceuticals, Inc.  
Sutherland Cranial Teaching Foundation  
The Gideons International  
The Osteopathic Cranial Academy  
Tucson Osteopathic Medical Foundation  
University of North Texas Health Science Center  
United Allergy Services  
Zita Global

Get to Know the AAO Residency Programs

Have you been curious about postgraduate training in NMM/OMM? Have you heard of the “Plus One” year, but don’t understand what it’s all about? Is it time for you to start researching residency programs? Do you even know how to begin the process?

If you have been pondering any of these questions, or are a program director or resident willing to share your insight, plan to attend the Residency Program Panel/Meet and Greet at the AAO Convocation on March 22. Several residency program directors will present on the different options for NMM/OMM postgraduate training. In addition, a resident will discuss the general process of applying to residencies. Afterwards, all the AAO residency program directors and residents are invited to pass out information and answer questions.

The panel will take place from 4:00 pm – 4:45 pm, with the meet and greet beginning at 4:45 pm and wrapping up immediately before the Student American Academy of Osteopathy (SAAO) Semi-Silent Auction at 5:30 pm. All three events will be located in the lecture hall (Sebastian J) at Rosen Shingle Creek Resort in Orlando, FL. Please contact SAAO Chair Caitlyn Painter at saaochair@gmail.com for more information.
PAAO Seeks Volunteers for Rotations List

The Postgraduate American Academy of Osteopathy (PAAO) would like to invite NMM/OMM providers to be part of its Resident Osteopathic Away Rotation (ROAR) list. This list provides contact information to residents on offices/physicians with which they may complete an NMM/OMM rotation. Contact information is kept on a secure Web site and provided to PAAO members only. Please consider training our future NMM/OMM providers as they look for these valuable rotations.

Please contact John Leuenberger, DO, at paaochair@gmail.com if interested. Supply your name, address, e-mail, phone number and any specifics about your practice. Your time and expertise are much appreciated!

PAAO Mixer to Provide Networking Opportunity

Are you looking to hire an NMM/OMM specialist? If so, the Postgraduate American Academy of Osteopathy (PAAO) would like to invite you to its annual mixer, which will take place from 4:30 pm – 6:30 pm on Wednesday, March 20, at the AAO Convocation in Orlando, FL. It will be located adjacent to the Exhibit Hall in Sebastian K at the Rosen Shingle Creek Hotel. This event gives potential employers the chance to meet and greet NMM/OMM residents from around the country.

If interested, simply attend the PAAO mixer. PAAO Chair Dr. John Leuenberger will introduce you to the resident body and allow you a few moments to discuss your opening. If you are not able to attend the AAO Convocation, please e-mail your information to paaochair@gmail.com. The PAAO will compile a list of available positions for its resident members. You don’t want to miss this great networking opportunity!

NMM/OMM Residents to Take In-Service Exam

The AAO Postdoctoral Standards & Evaluation Committee has the responsibility of overseeing all AOA-approved residency training programs in NMM/OMM, including the two-year NMM/OMM residency, the three-year integrated...
Palpating and Treating the Brain: 
Brain Nuclei, White Matter and Spinal Cord

May 17-19, 2013 at AZCOM in Glendale, AZ

Program Chair
Bruno Chikly, MD, DO (UK) is a graduate of the medical school at Saint Antoine Hospital in France, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry. Dr. Chikly also has the French equivalent of a Master's degree in psychology. He received a DO degree from the European School of Osteopathy in the UK, and a PhD in Osteopathy from the Royal University Libre of Brussels in Brussels, Belgium. He is the author of the book Silent Waves: The Theory and Practice of Lymph Drainage Therapy, as well as the DVD Dissection of the Brain and Spinal Cord.

"I know that the normal brain lives, thinks and moves within its own specific membranous articular mechanism", Sutherland WG, The Cranial Bowl, Free Press, 1939.

Course Description
This is an advanced (Level 5) class that uses different paradigms by working extensively with the brain parenchyma, its gray and white substance. It trains practitioners to address very specific structures and physiology of the brain and spinal cord. These structures are often unaddressed primary/key lesions in somatic dysfunctions.

The participant will learn:
• how to work with the autonomic nervous system and alleviate the physical symptoms of post-traumatic trauma in the tissue;
• how to release lesions of the brain ventricular system and central canal of the spinal cord;
• how to safely release nuclei in the central nervous system;
• how to release lesions in the parenchyma of the brain and spinal cord.

Course Location
Arizona College of Osteopathic Medicine
19555 North 59th Avenue, Glendale, AZ 85308
(623) 572-3215

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at 1-800-274-5975.
Locals hotels include the Country Inn & Suites in Phoenix (1-800-230-4134) and the Quality Inn & Suites in Glendale (1-800-230-4134).

Registration Form

Palpating and Treating the Brain
May 17-19, 2013 at AZCOM

Name: ________________________________ AOA#: ____________________
Nickname for Badge: ________________________________________________
Street Address: __________________________________________________________________________
City: __________________ State: _______ Zip: ______________
Phone: __________________ Fax: __________________
E-mail: __________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): ________________________________
________________________________________________________________________

Registration Rates

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The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Cardholder’s Name: __________________________________________________________

Expiration Date: ________________ 3-digit CVV#________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ________________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563. Or register online at www.academyofosteopathy.org
family practice/NMM program, the three-year integrated internal medicine/NMM program and the plus-one NMM/OMM option. The Committee requires all NMM/OMM residents to take an annual in-service examination, scheduled from 11:00 am to 5:00 pm on Wednesday, March 20, during the AAO Convocation at Rosen Shingle Creek Hotel in Orlando, FL. The written examination will begin at 11:00 am in the Suwanee 15 meeting room on the second floor of the conference center, with the practical examinations starting at 2:00 pm in Suwanee 11-12.

If for any reason you are not able to take the examination at Convocation please have your Residency Program Director contact Amber Rausch at arausch@academyofosteopathy.org as soon as possible to make alternative arrangements. Your residency will not be approved as complete until you have taken this exam the required number of years for your specific program!

**It’s Not Too Late to Complete an NMM/OMM Residency!**

Even if you are currently enrolled in a residency in another specialty, you can enter an AAO Plus One program and be eligible for Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine (NMM/OMM) certification in just one year! These programs are variants of the two-year NMM/OMM residency training programs, which allow residents to take only the final year of training in this specialty following the completion of another AOA-approved residency. These standards are designed to provide qualified residents with advanced and concentrated training in NMM/OMM, and prepare residents for examination for certification by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM). Click here for a list of programs and to obtain more information on how to apply.

Please take the time to talk to physicians you know who may be interested taking advantage of this unique opportunity. Having a second certification in one year is very valuable to our new DOs’ credentials and ability to be reimbursed for the OMT they provide. Many dual certified DOs will have more flexibility in the type of patients they see in the new medical care system, and will therefore be more likely to perform OMT as part of a visit.

**Certification Board to Administer Exam**

Physicians who earned certification in Special Proficiency in Osteopathic Manipulative Medicine (SPOMM) prior to December 31, 1994, received non-dated certificates and are not required to sit for a re-certification examination. However, DOs who earned either SPOMM or NMM/OMM certification after January 1, 1995, received certificates valid for 10 years. Hence, they must sit for the re-certification examination by the expiration date on their individual certificates. Failure to successfully complete the re-certification process and/or AOA continuous membership will result in the loss of certification.

The American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) has scheduled the next written examination for Wednesday, March 20, in the Suwanee 14 meeting room on the second floor of the conference center at Rosen Shingle Creek Hotel in Orlando, FL. There will be no oral or practical examinations administered at this time. If your certification expires in 2013 and you have not submitted an application to sit in March, please contact AOBNNM Coordinator Amber Rausch to complete an application for re-certification in November. You can reach her by calling (317) 879-1881 or e-mailing arausch@academyofosteopathy.org.

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**Sutherland Cranial Teaching Foundation**

**Upcoming Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Location</th>
<th>Course Director</th>
<th>Duration</th>
<th>CME Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>SCTF Basic Course: Osteopathy in the Cranial Field</td>
<td>May 31–June 4, 2013</td>
<td>New York City, New York</td>
<td>Michael Burrano, DO</td>
<td>40 hrs</td>
<td>1 A CME</td>
</tr>
<tr>
<td>SCTF Intermediate Course: Beyond the Basics: Additional Sutherland Procedures</td>
<td>October 11th (beginning at noon), 12th and 13th, 2013</td>
<td>Glendale, Arizona</td>
<td>Edna Lay, DO, FAAO</td>
<td>20 Hrs</td>
<td>1 A CME</td>
</tr>
</tbody>
</table>

Visit our website for enrollment forms and course details: [www.scf.com](http://www.scf.com)

Contact: Joy Cunningham 509-758-8090
Email: jcunningham4715@yahoo.com

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Dr. Greene Requests Interviews

Charlotte H. Greene, PhD, invites AAO members to sign up for interviews to be conducted during the AAO Convocation in Orlando, FL. She encourages physicians to share recollections related to techniques and philosophy imparted to them by their mentors and peers. The purpose of the project is to preserve accounts that reflect the perspective of osteopathic physicians toward their profession and professional life, which would otherwise be unavailable to students and colleagues. Dr. Greene is collaborating with the Academy in publishing these accounts in the AAO Member Newsletter and, perhaps further down the road, a compendium of members’ stories.

If you are willing to be interviewed and have your story published by the AAO, please contact Dr. Greene directly. She is scheduling interviews from Thursday, March 21, through Saturday, March 23. You can reach her by phone at Philadelphia College of Osteopathic Medicine at (215) 871-6892 or at home at (610) 458-5855. You may also send her a message via e-mail at charlotte@pcom.edu or by mail at C.H. Greene, PhD, Department of Neuroscience, Physiology and Pharmacology, PCOM, 4170 City Ave., Philadelphia, PA 19131.

Membership Announcements

Per the AAO Bylaws, all members with unpaid fiscal year 2012-2013 dues were dropped from the membership roster on January 31. On that date, approximately 95 percent of dues were paid, with less than 70 members dropped due to nonpayment of dues. If you know a DO who has not renewed his or her AAO membership, or who has never been a member of the AAO, please have them contact Susan Lightle for more information on how to join and take advantage of our many member benefits.

Don’t make a move…without notifying the AAO! We don’t want to lose track of any of our members when they relocate. Please remember to inform Susan of any changes in your contact information: mailing address (work and home), phone numbers and e-mails.

Please make sure e-mails from the AAO are not going to your junk folder! Adjust your spam filter to allow e-mails from @academyofosteo.org so you can continue to receive the AAO Journal, AAO Member Newsletter, the OsteoBlast, updates on courses, etc. Please let Susan know of any e-mail address changes.

Once you graduate from osteopathic medical school, you do not automatically become a member of the AAO! Therefore, SAAO members who have graduated, or those who will be graduating soon, should strongly consider re-joining the AAO as a Postgraduate American Academy of Osteopathy (PAAO) member, and continue to receive discounts on courses and attend Convocation each year. More information is available at the PAAO Web site. No matter what field of medicine you choose and what residency you attend, the AAO has much to offer in your development as an osteopathic physician. If you know an intern or resident who is not a member of the PAAO, please pass this information along!

The AAO has a Facebook page. Check it out. Like us!

Believe it or Not

Can you believe that many of the faculty at osteopathic medical schools and residency programs are not AAO members? The Academy is asking for your assistance in its ongoing campaign to recruit new members. OMM department chairs and faculty members, residency program directors, state association board members—please talk to your colleagues! Find out what they know and don’t know about the AAO. Show them our mission statement and tell them about the courses we offer. Share your personal story of how the Academy has helped you grow personally and professionally.

If anyone you speak with has a question about how to join or rejoin the AAO, please direct them to Susan at slightle@academyofosteo.org or (317) 879-1881.
Normalization of Muscle Function

June 14-16, 2013 at UMDNJSOM in Stratford, NJ

Course Description
The most beautiful symphony played...the most graceful ballet performed...the greatest athletic feat...these all have in common one simple thing: Muscles firing in synchronous and fluid motion with harmony, power and beauty. Yet any musician, ballerina or athlete will tell you that an injury severely hampers their performance. An instrument as amazing as the human body deserves an approach to diagnosis and treatment that recognizes its complexity and inherent healing capacity.

This Level 2 course is high yield, with a focus on common muscle dysfunctions and dysfunctionally related problems. It will explore the relationship between chief complaint and specific pain referral patterns, mechanism of injury and symptoms. The participant will perform specific neurologic, orthopedic and palpatory examination techniques to determine the neuromuscular dysfunction. These examination techniques will lead to a comprehensive and elegant treatment.

The treatment approaches that will be covered include osteopathic manipulative treatment (counterstrain, myofascial release and muscle energy techniques), spray and stretch, medical acupuncture and injections. It will also explore the exercise prescription utilizing stretching, strengthening and neuromuscular rebalancing. Participants’ newly expanded diagnostic and treatment skills will allow for immediate success in treating patients upon return to practice. The result will be improved patient outcomes and a more enriching practice experience. Physicians and physicians-in-training, especially those involved in primary care, should be interested in attending this course.

CME
20 hours of AOA Category 1-A credit is anticipated.

Program Chair
Jay B. Danto, DO, is a 1994 graduate of Michigan State University College of Osteopathic Medicine. He is board certified in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine and Family Practice, and serves as an associate professor at Kirksville College of Osteopathic Medicine. Dr. Danto has obtained a Certificate of Special Proficiency in Osteopathy in the Cranial Field and training from the Helm’s-UCLA Medical Acupuncture Training Program. He is the author of many articles on osteopathic philosophy and education, including the textbook Normalization of Muscle Function and a book for patients called Healing & Anti-Aging for Your Back & Neck Pain.

Course Times
Friday and Saturday: 8:00 am - 5:30 pm (breakfast and lunch provided)
Sunday: 8:00 am - 12:30 pm (breakfast provided)

Course Location
University of Medicine & Dentistry of New Jersey
School of Osteopathic Medicine
One Medical Center Drive, Stratford, NJ 08084
(623) 572-3215

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at 1-800-274-5975. Area hotels include the Hampton Inn (856-346-4500) and the Wingate Hotel (856-627-1000), both located in Voorhees, NJ.

Registration Form
Normalization of Muscle Function
June 14-16, 2013

Name: ___________________________ AOA#: __________________
Nickname for Badge: __________________________
Street Address: ______________________________
City: ___________________________ State: _______ Zip: __________
Phone: ___________________________ Fax: ___________________________
E-mail: ___________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Billing Address (if different than above): ______________________________

Registration Rates

<table>
<thead>
<tr>
<th>On or before April 16</th>
<th>After April 16</th>
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</thead>
<tbody>
<tr>
<td>AAO Member</td>
<td>$ 680.00</td>
</tr>
<tr>
<td>Student/Intern/Resident Member</td>
<td>$ 580.00</td>
</tr>
<tr>
<td>Non-Member</td>
<td>$ 780.00</td>
</tr>
<tr>
<td>Student/Intern/Resident Non-Mbr.</td>
<td>$ 680.00</td>
</tr>
</tbody>
</table>

Dr. Danto is providing his book, Normalization of Muscle Function at no charge to the participants.

The AAO accepts check, Visa, Mastercard or Discover payments
Credit Card #: ___________________________
Cardholder’s Name: ___________________________
Expiration Date: ___________ 3-digit CVV# ___________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ___________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax (317) 879-0563.
Or register online at www.academyofosteopathy.org

AAO Member Newsletter February 2013

28
Members in the News

Wolfgang Gilliar, DO, was installed as the fifth dean of the New York College of Osteopathic Medicine (NYCOM) on January 4. Gilliar, the popular professor and chairman of the school’s osteopathic manipulative medicine department, told a crowd of students, faculty, and staff that he would boost interdisciplinary innovations with other New York Institute of Technology schools, offer alumni access to lectures and courses, and create a new department of medical education to focus on academic improvements. He said his vision for the school also includes the creation of a research center focused on technology and touch – the very basis of osteopathic medicine.

NYIT President Edward Guiliano, PhD, who announced Gilliar’s appointment in September, introduced Gilliar as a “well-schooled, highly-regarded professional” who will “bring us to the next growth period.”

“We salute your leadership and dedication and look forward to your stewardship for many years to come,” Guiliano said.

A 1986 graduate of Michigan State University College of Osteopathic Medicine, Dr. Gilliar is board certified in Osteopathic Manipulative Medicine and Physical Medicine & Rehabilitation, and is an American Osteopathic Association Health Policy Fellow. Prior to his tenure at NYCOM, he served concurrently as Adjunct Clinical Assistant Professor at Stanford University School of Medicine and Founder/Director of the Osteopathic Manual Medicine Center of California in Palo Alto. Before that, he was an Assistant Professor at Tufts University School of Medicine, where he directed the Acute Traumatic Brain Injury Unit and co-founded the Spine Center at New England Sinai Hospital. Dr. Gilliar has authored/co-authored more than 20 medical books and book chapters on osteopathic and musculoskeletal medicine, and has published in numerous peer-reviewed journals. In addition to textbooks, he has created Web sites for sharing information, and has been sought after as an inspiring speaker in Australia, France, Germany, Italy, Japan and Switzerland.

Basic Musculoskeletal Manipulation Skills:
The 15 Minute Office Encounter

by Michael P. Rowane, DO, MS, FAAFP, FAAO & Paul Evans, DO, FAAFP, FACOFP

NEW IN THE AAO BOOKSTORE!

Purchase your copy on our Web site: www.academyofosteopathy.org
(Select “Online Store” from the left-hand menu)

AAO member price: $89.95
AAO non-member price: $99.95
(plus shipping and handling)
Golden Ram Donations Kick Campaign into High Gear

AAO members’ year-end donations to the Golden Ram Society have significantly bolstered the 2012-2013 campaign. The Academy’s leadership encourages all members to support this annual fundraising program. As of January 31, 82 donors have contributed a total of $24,323—48 percent of the $50,000 goal. Thanks to all for their loyal support!

Golden Ram donations can now be made online by logging on to www.academyofosteopathy.org. Click “Contribute” on the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes this system will ease your ability to donate to the Academy. Please keep in mind that you can also make a recurring monthly contribution of $25 or more. Call Sherri L. Quarles at (317) 879-1881 to set up your rolling donation today!

**President’s Club - $2,500 or more**
Anthony G. Chila, DO, FAAO

**A.T. Still Club - $1,000-$2,499**
John E. Balmer, DO & Patricia Balmer, RN
Boyd R. Buser, DO
Paula M. Grimaldi, DO
Robert E. Kappler, DO, FAAO
Gary L. Ostrow, DO
Akiyoshi Shimomura (Japan)

**T.L. Northup Club - $500-$999**
Robert N. Agnello, DO & Kerry S. Agnello, DO
Stephen P. Cavanaugh, DO
Lori A. Dillard, DO
Dennis J. Dowling, DO, FAAO
Hugh M. Ettlinger, DO, FAAO
William J. Garrity, DO, MPH
Philip E. Greenman, DO, FAAO
John G. Hohner, DO, FAAO
Beverly J. Maliner, DO
Tim Mosomillo, DO
David D. Musgrave, DO
Jeanne R. Roll, MD
Edward G. Stiles, DO, FAAO
Sheldon C. Yao, DO & Melissa M. Ventimiglia, DO

**Louisa Burns Club - $250-$499**
Juan F. Acosta, DO
Dennis A. Burke, DO
Jacey E. Goddard, DO

**Stefan L.J. Hagopian, DO, FAAO**
Lon A. Hoover, DO
J’Aimee A. Lippert, DO
Sonia Rivera-Martinez, DO
Tamara McReynolds, DO
Sandra Sleszynski, DO, FAAO
Jean Ann Swift, DO
Melicien A. Tettambel, DO, FAAO
Adrian L. Woolley, DO

**Vicki Dyson Club - $100-$249**
Stephen D. Blood, DO, FAAO
Thomas R. Byrnes, DO
Elizabeth C. Clark, DO
Kevin C. Considine, DO & Sally Considine
des Anges Cruser, PhD
Stephen M. Ellestad, DO
Paula L. Eschtruth, DO
Jeffrey K. Etemad, DO & Elizabeth L. Etemad, DO
Hannah M. Eucker, DO
John R. Gimpel, DO, MEd
Jerel H. Glassman, DO
Ellice K. Goldberg, DO
Andrew M. Goldman, DO
Stephen I. Goldman, DO, FAAO
Eric A. Hegybeli, DO
Carol L. Lang, DO
Maria A. Coffman Katsaros, DO
Richard C. MacDonald, DO
Paul S. Miller, DO
William F. Morris, DO
Wendy S. Neal, DO, ND
Candace Nowak, DO
Sun F. Pei, DO
Michael J. Porvaznik, DO
Philipp Richter, DO (Belgium)
Eric L. Schneider, DO & Therese M. Schneider
Jacqueline M. Stoken, DO
David E. Teitelbaum, DO
Negash K. Tesemma, DO
Kenten P. Wang, DO

**Supporter - Up to $99**
Charles A. Beck, DO, FAAO
Joel Berenbeim, DO
Haifan Chen, DO
Stephen Fedele, DO
Jeffrey R. Greenfield, DO
Paul K. Hume, ND, DO (New Zealand)
John H. Juhl, DO
Laura Liles, DO
Masayoshi Midorikawa (Japan)
Merideth C. Norris, DO
Jana H. Prevratska (Canada)
Stacey L. Pierce-Talsma, DO
Bradley D. Rosen, DO
Ian Schofield, DO (UK)
Heather A. Sharkey, DO
Beth Thompson, DO
Jeanne Wahl, DO
David P. Yens, DO
Case-Based Osteopathic Sports Medicine

September 29, 2013, in Las Vegas, NV (Pre-OMED)

Course Description
This one-day, pre-American Osteopathic Association Convention (OMED) course will be an interactive discussion and demonstration of manipulative techniques for common sports injuries of the extremities. Time will be divided between case presentation, demonstration of orthopedic testing, palpatory assessment, and manipulative treatment for extremity injuries. Both indirect and direct osteopathic manipulative treatment (OMT) modalities will be demonstrated. Discussion on rehabilitation goals, return to play and injections are welcome.

Course Objectives
The participant will be able to:
• Learn how to find and treat the axial component in extremity issues.
• Diagnose and treat shoulder impingement syndromes and rotator cuff pathology.
• Learn lymphatic techniques for the upper and lower extremities.
• Diagnose and treat trochanter bursitis, iliotibial band friction syndrome and fibula somatic dysfunction.
• Apply manipulative techniques to the wrist and foot.

Program Chair
Kurt P. Heiniking, DO, FAAO, is a 1994 graduate of Chicago College of Osteopathic Medicine, where he currently serves as Chair of the Department of Osteopathic Manipulative Medicine. He is board certified in Osteopathic Manipulative Medicine, Family Medicine and Sports Medicine, and has a private musculoskeletal medicine practice in Willowbrook, IL.

CME
8 hours of AOA Category 1-A credit are anticipated.

Course Times
Sunday: 8:00 am - 5:30 pm
Includes (2) 15-minute breaks and a (1) hour-long lunch.
Coffee will be provided, but participants are responsible for their own meals.

Course Location
Mandalay Bay Hotel
3950 S. Las Vegas Blvd.
Las Vegas, NV 89119

Travel Arrangements
Call Tina Callahan of Globally Yours Travel at 1-800-274-5975.

Course Description
This one-day, pre-American Osteopathic Association Convention (OMED) course will be an interactive discussion and demonstration of manipulative techniques for common sports injuries of the extremities. Time will be divided between case presentation, demonstration of orthopedic testing, palpatory assessment, and manipulative treatment for extremity injuries. Both indirect and direct osteopathic manipulative treatment (OMT) modalities will be demonstrated. Discussion on rehabilitation goals, return to play and injections are welcome.

Registration Form
Case-Based Osteopathic Sports Medicine
September 29, 2013 in Las Vegas, NV

Name: _______________________________________________________________
Nickname for Badge: _________________________   AOA#: ____________
Street Address: _____________________________________________________
_______________________________________________________________________
City: __________________________________  State: _______ Zip: __________
Phone: ________________________________   Fax: _______________________
E-mail: ______________________________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

Registration Rate: $225

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars
Credit Card #: ______________________________________________________
Cardholder’s Name: _______________________________________________
Expiration Date: _______ 3-digit CVV#_______
Address associated with card: _________________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: ____________________________

Click here to view the AAO’s Cancellation and Refund Policy

Please submit registration form and payment via mail to the American Academy of Osteopathy,
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.
Or register online at www.academyofosteopathy.org
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

February 22-24, 2013
Changing Lives: Cranial Osteopathy’s Gift to Children
Course Director: Margaret A. Sorrel, DO
Assistant Director: Miriam V. Mills, MD
Hilton Hotel, Fort Worth, TX
CME: 20.5 Category 1-A AOA credits anticipated
Phone: (317) 581-0411  Fax: (317) 580-9299
E-mail: info@cranialacademy.org
Web site: www.cranialacademy.org

March 1-4, 2013
Biodynamics of Osteopathy: Phase IV
Instructor: Donald Hankinson, DO
UNECOM, Biddeford, ME
CME: 22 Category 1-A AOA credits anticipated
Phone: (207) 781-7900  Fax: (207) 781-2900
E-mail: ohmjh@aol.com
Web site: http://osteopathichealthcareofmaine.com

March 5, 2013
Clinical Application of OMM for the Spine & Extremities
Program Director: Sheldon Yao, DO
NYCOM, Old Westbury, NY
CME: 3 Category 1-A AOA credits anticipated
Phone: (516) 686-3801  Fax: (516) 686-3822
E-mail: ehevia@nyit.edu
Web site: www.aoasm.org

April 19-21, 2013
An Osteopathic Paradigm of Muscle Function
Course Director: Judith L. Lewis, DO
Associate Director: Adrienne Kania, DO
Rosehill Community Center, Mukilteo, WA
CME: 24 Category 1-A AOA credits anticipated
Phone: (317) 581-0411  Fax: (317) 580-9299
E-mail: info@cranialacademy.org
Web site: www.cranialacademy.org

April 19-22, 2013
Biodynamics of Osteopathy: Phase I
Instructor: Donald Hankinson, DO
UNECOM, Biddeford, ME
CME: 22 Category 1-A AOA credits anticipated
Phone: (207) 781-7900  Fax: (207) 781-2900
E-mail: ohmjh@aol.com
Web site: http://osteopathichealthcareofmaine.com

April 19-23, 2013
Muscle Energy: Part I
Course Chairperson: Carl Steele, DO, MS, PT
MSUCOM, East Lansing, MI
CME: 35 Category 1-A AOA credits anticipated
Phone: (517) 353-9714  Fax: (517) 432-9873
E-mail: cme@com.msu.edu
Web site: www.com.msu.edu/cme/courses.html

May 1-4, 2013
Pennsylvania Osteopathic Medical Association
105th Annual Clinical Assembly & Scientific Seminar
Valley Forge Convention Center, King of Prussia, PA
CME: 40 AOA credits anticipated
(34 Category 1-A and 6 Category 1-B)
Phone: (717) 939-9318  Fax: (717) 939-7255
E-mail: poma@poma.org  Web site: www.poma.org

May 2, 2013
Indiana Osteopathic Association Pre-Convention OMT Workshop: The Principles of High Velocity Treatment and Application to the Upper Half of the Body
Sheraton Hotel at Keystone Crossing, Indianapolis, IN
CME: 8 Category 1-A AOA credits anticipated
Phone: (317) 926-3009  Fax: (317) 926-3984
E-mail: info@inosteo.org  Web site: www.inosteo.org

May 3-5, 2013
Indiana Osteopathic Association 116th Annual Convention
Sheraton Hotel at Keystone Crossing, Indianapolis, IN
CME: 25 Category 1-A AOA credits anticipated
Phone: (317) 926-3009  Fax: (317) 926-3984
E-mail: info@inosteo.org  Web site: www.inosteo.org

May 3-5, 2013
Introduction to Osteopathic Medicine and Evaluation & Treatment: Pelvis
UNECOM, Biddeford, ME
CME: 20 Category 1-A AOA credits anticipated
Phone: (207) 602-2589  E-mail: cme@une.edu
Web site: www.une.edu/com/cme/manualmedicine.cfm

May 9-12, 2013
American Osteopathic Association of Prolotherapy Regenerative Medicine — Regenerative Medicine for Healing & Pain Treatment: Prolo, PRP, Stem Cell & Neural Therapies
Marriott Country Club Plaza, Kansas City, MO
CME: 25 Category 1-A AOA credits anticipated
Phone: (302) 530-2489  Fax: (302) 376-8081
E-mail: lindapavina@verizon.net  Web site: www.acopms.com