President’s Message
Richard A. Feely, DO, FAAO

This is my last official presidential report to you, dear American Academy of Osteopathy member. We started off at the Broadmoor in Colorado Springs at Convocation 2010 with bright hopes for tomorrow in the Year of the Osteopathic Spirit. It was a wonderful year to serve you as president of the best academy in osteopathy. I was privileged to support, advocate, educate and defend you and the Principles of Osteopathy for which we all stand together.

Shortly after assuming presidency, I was able to speak at the Texas Osteopathic Medical Association House of Delegates in support of Texas College of Osteopathic Medicine’s position of keeping TCOM osteopathic. A few months later, I was called upon to defend the seven core competencies that all osteopathic residencies have in the AOA Basic Document. A move was afoot to rescind the first core competency—that which states all osteopathic residents are to show competence in Osteopathic Principles and Practice and Osteopathic Manipulative Treatment.

We lost the first battle at the Council on Osteopathic Postdoctoral Training, and had to go into the box to defend osteopathic medicine and osteopathy again in front of the Bureau of Osteopathic Education of the AOA, where we won! At the AOA House of Delegates in July, we defended the seven core competencies that all DO residents must be competent in OPP and OMT, and we succeeded again. It was a big victory for our profession and our specialty.

In June, I had the privilege of addressing many of you at the Florida Academy of Osteopathy and Cranial Academy meetings, and at the Yankee Conference of Rhode Island, Connecticut, and Massachusetts state meetings in August. Your Board of Trustees worked tirelessly throughout the year, developing, managing and administering your organization. We continued to work together on the strategic plan for the AAO and the development of the Capital Campaign, which will premiere at Convocation 2011.

The AAO was the official United States representative to the International Federation of Manual Medicine that met in August. It was my honor and privilege to represent you in front of 22 international manual medicine and manipulative medicine organizations. Clarifications and definitions of manual medicine and musculoskeletal medicine were advanced, and your voice was represented to this large MD community. The FIMM has historically looked to American osteopathic physicians and surgeons as role models and leaders in manual medicine. Dr. Michael Kuchera has been involved with FIMM for years, and is the current International Secretary General. The AAO’s association with FIMM is leading the way in educating and promoting osteopathy in the MD world at large, and is building the stature of American osteopaths among the allopathic community.

As my year draws to a close, I hope to see each one of you at the AAO Convocation at the Broadmoor in Colorado Springs, March 16-20, 2011, for James W. Binkerd’s Integrative Osteopathy: The Legacy of the Integrative Work of William G. Sutherland, DO. In that program, Convocation participants will have the opportunity to attend 13 hands-on OMM, as well as five lecture-style workshops, including How to financially thrive in your osteopathic practice; Coding and reimbursement; New Ideas Forum; Looking beyond the borders of...
Finally, your American Academy of Osteopathy Board of Trustees is dedicated to promoting and coordinating clinical osteopathic manipulative medicine education and research. To that aim, the Board has decided to form a Foundation for Osteopathic Research and Clinical Education (FORCE). By building a structure around the research activity of the AAO, we will have a Board of Directors that will be dedicated to promoting research and accruing the necessary funds to advance uniquely osteopathic research. Come to Convocation and find out more about the FORCE as we continue to celebrate the Osteopathic Spirit.

In Your Service,
Richard A. Feely, DO, FAAO, FCA

2011 Annual AAO Convocation in Colorado Springs, CO
Integrative Osteopathy:
The Legacy of the Integrative Work of William G. Sutherland, DO

James W. Binkerd, DO, Program Chair

Dr. Binkerd Highlights Physician Breakout Sessions for Saturday, March 19, 2011

The following is a description of the sessions that will take place on Saturday afternoon at the 2011 AAO Convocation in Colorado Springs. All morning workshops on Saturday are hands-on! The AAO staff encourages you to register early in order to be guaranteed the workshops of your choice. As you know, registering for OMT workshops are on a first-come-first-served basis. Please register today by clicking on the following link: https://netforum.avectra.com/eWeb/DynamicPage.aspx?Site=AAO&WebCode=2011ConvocationInfo

Stefan L. J. Hagopian, DO, FAAO, will present Introduction to a biodynamic approach. A.T. Still and W.G. Sutherland mostly avoided the use of terms like “manipulation” and “manipulative therapy.” Knowing the anatomy (gross, cellular, functional and developmental), by hand or through manual contact, in order to “find the health,” was a big part of Still’s teachings. Sutherland encouraged appreciating and working in harmony with palpable details and the “intelligence” of self-correcting functions in the human body. A biodynamic approach to osteopathy uses these instructions as a platform and as a guide into the care of our patients.

Dr. Hagopian completed his osteopathic medical training at University of New England College of Osteopathic Medicine. Throughout his formal training and years in general practice, he has had the opportunity to learn from several great teachers, including William Wyatt, DO; Ray Hruby, DO, FAAO; Boyd Buser, DO; James Jealous, DO; Anne Wales, DO; Herbert Miller, DO, FAAO; Viola Frymann, DO, FAAO; Robert Fulford, DO; and Rollin Becker, DO. He is board certified in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine and currently works in private practice in Santa Monica, CA. Dr. Hagopian is a former Lecturer and Clinical Faculty Member at Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Midwestern University Arizona College of Osteopathic Medicine and Touro University College of Osteopathic Medicine (CA). He is a Fellow of the American Academy of Osteopathy, and serves on its Publications Committee. He is also a member of the Publications Committee for the Cranial Academy.

Paul Dart, MD, FCA, will deliver Vision and the primary respiratory mechanism. Some postural reflexes are tightly linked to visual experience. Vision problems produce specific reflex alterations. These reflexes can produce severe cranial somatic dysfunction. They can also produce or amplify chronic postural imbalances in the spine, rib cage, and pelvis—including the “common compensatory pattern” described by J. Gordon Zink, DO, and William Lawson, DO. This can be a significant source of chronic physical strain in patients, and is often a major factor when the course of treatment of OMM is difficult or prolonged. This workshop will discuss the nature of common visual imbalances which impact physical posture. It will review the optics and physiology of myopia, hyperopia, astigmatism and binocular visual imbalances, and demonstrate their somatic consequences.
Dr. Dart, a 1984 graduate of Mayo Medical School, practices neuromusculoskeletal medicine and family medicine in Eugene, OR. He joined the Cranial Academy in 1988, and earned his Certificate of Proficiency in 1992. In 2005, he became a Fellow of the Cranial Academy and received their Exceptional Service Award in 2009. He is an active member of the organization’s faculty, and chairs the Continuing Studies Subcommittee. Dr. Dart began diagnosing visually induced somatic dysfunction, and prescribing lenses to correct it, after he was introduced to the problem in a course taught by Joseph Field, DO, in 1997.

Eric Dolgin, DO, and Darick Nordstrom, DDS, will present Working with a dentist. This workshop will include a short lecture, then dentally mediated, hands-on experience in learning how to diagnose common dentally mediated problems, including high fillings, high crowns, unphysiologic dental appliances and dental devices. It will teach how to identify a myofunctional disorder by history and physical exams, and will include a brief but reliable screening exam of postural observation and palpation, in which one will discover the unique palpatory signature of this type of problem. There will be a description of several case examples that demonstrate how functional dental treatment can help many types of intractable health problems, especially neurologic and endocrine disorders.

Upon his graduation from Ohio University College of Osteopathic Medicine in 1982, Dr. Dolgin received the Osteopathic Heritage Award, and went on to serve as Assistant Director of the Osteopathic Center for Children in San Diego, CA. He established a private practice in Santa Monica, CA, in 1985 that has grown to five physicians. For the past 25 years, he has been a Clinical Assistant Professor of Family Medicine at Western University of Health Sciences College of Osteopathic Medicine of the Pacific. Dr. Dolgin is a Past President of the Cranial Academy, for which he has been an officer and board member for more than two decades. He has also served on the faculty of the Sutherland Cranial Teaching Foundation. He currently serves the American Academy of Osteopathy as co-chair of the Informational Technologies Committee, and a member of the Publications Committee and Editorial Advisory Board.

Dr. Nordstrom graduated from University of Southern California School of Dentistry in 1979. He has taught courses in dental orthopedics and facial development to dentists and physicians worldwide since 1980. He was introduced to osteopathy in 1982, and began working in teams with osteopathic physicians and trained practitioners. Using this synergy, he designed dental orthopedic appliances to specifically address the unique cranial, functional, neurological and micrometabolic needs of each patient. These new appliances (ALF series) and their accompanying osteopathic principles have been the foundation for predictable clinical success for practitioners as they learn and apply them.

Jean-Paul Höppner, DO, MRO (Belgium), will deliver One plus one is three—the skull is more than head and face. Professor E. Blechschmidt describes two main growth directions called ascensus and descensus. The neurocranium develops within the process of ascensus and the viscerocranium within the process of descensus. But ascensus and descensus are linked, therefore, we cannot separate head and face. Nevertheless, each has specific features whose forms are distinct. Bones, meninges, blood vessels, fluid and even the brain and tongue (as a gland) are transparent in their features because they develop within the same growth direction, either ascensus or descensus. Both directions meet in what Blechschmidt calls “a transition zone.” This gives new meaning to the arcus zygomaticus ossis temporalis and the zygoma. Keeping the conclusions of the first lecture in mind, one can see that the same mechanisms are at work within all these cranial structures at all times. From the viewpoint of the metabolic fields, their specific form explains why and how. Both Dr. Sutherland and Professor Blechschmidt talked about “mechanism.” They explained mechanism in their own words, but could it be that they were talking about the same thing?
Dr. Höppner, a native of Germany, completed two supplementary semesters in anatomical dissection at the Free University of Brussels in Belgium, where he graduated Summa Cum Laude with congratulations from the jury. He served as Prosector in the Department of Morphology and Experimental Anatomy under the supervision of Professor Clarijis at his alma mater until 1995. In 1992, in cooperation with Professor Cabri from the Free University of Brussels and Technical University of Lisbon in Portugal, he and colleague Max Girardin, DO, started a special anatomical program at Ruprecht-Karls University of Heidelberg in Germany. Today, young osteopaths from all over Europe benefit from this opportunity to complete practical studies of anatomy, which incorporate dissection, human embryology and histology. Dr. Höppner has lectured throughout Belgium, the Netherlands and Germany, and is currently a Fellow of Evolutionary Medicine in the Osteopathic Field, a think tank for osteopathic philosophy.

Margaret Sorrel, DO, will present Treatment of the dorsum sellae/basiphenoid: The work of Charlotte Weaver, DO. Dr. Weaver, a contemporary of Will Sutherland, researched aspects of the cranial concept not included in the work of Dr. Sutherland. This lab will introduce participants to some of the basic concepts of her work: that the bones of the skull represent three highly modified vertebrae, that the centrum of cranial vertebra 1 is the dorsum sellae, and that it forms an articulation with the basiphenoid that is capable of lesioning and amenable to osteopathic treatment. It will also teach a treatment technique that addresses this region.

Dr. Sorrel, a 1977 graduate of Michigan State University College of Osteopathic Medicine, has practiced osteopathic manual medicine for more than thirty years. She specializes in the unique needs of children with developmental disabilities and chronic health problems and has published on osteopathic considerations in the treatment of children with Down Syndrome and Autism Spectrum Disorders. Dr. Sorrel is a Past President and Fellow of the Cranial Academy and has lectured throughout the United States and abroad. Her recently published book Charlotte Weaver: Pioneer in Cranial Osteopathy is available from the Cranial Academy.

Polly Leonard, DO; Michael Rowane, DO, FAAO; Evelyn Shwalenberg, DO; and Clint Snyder, PhD, will deliver the AAO Convocation’s annual course in faculty development for educators in the osteopathic profession to promote osteopathic principles and practices. This year’s topic is Integrating osteopathic concepts in the assessment, feedback and evaluation of learners.

Dr. Leonard is a 1996 graduate of University of New England College of Osteopathic Medicine, where she completed a predoctoral teaching fellowship in Osteopathic Manipulative Medicine and Anatomy. She served a rotating internship at Memorial Hospital in Worcester, MA, before completing her training at the New Hampshire-Dartmouth Family Practice Residency in Lebanon, NH. She is certified in Family Practice and Osteopathic Manipulative Medicine by the American Board of Osteopathic Family Practitioners and the American Board of Neuromusculoskeletal Medicine. Dr. Leonard is currently in private practice in Warwick, RI. She is the immediate past president of the UNECOM Alumni Association and president-elect of the Northeast Osteopathic Medical Education Network. She currently serves on the AAO Osteopathic Diagnosis and Treatment Education, and Osteopathic Postdoctoral Teaching Institutes Liaison Committees. Dr. Leonard anticipates completing her Master’s Degree in Medical Education Leadership at the University of New England in May 2012.

Dr. Rowane completed his osteopathic medical training at Des Moines University College of Osteopathic Medicine in 1989, where he completed a pre-doctoral fellowship in Osteopathic Manipulative Medicine. He also completed a post-doctoral Master’s Degree in Family Medicine at CWRU, and a fellowship with the National Institute for Program Directors. Dr. Rowane is the Director of Medical Education at University Hospitals Richmond Medical Center in Richmond Heights, OH, where he oversees all osteopathic medical education for the University Hospitals system. He is also an Associate Clinical Professor of Family Medicine and Psychiatry at Case Western Reserve University (CWRU), and previously served as the Residency Director of the CWRU/UH Case Medical Center Family Medicine Residency Program. Dr. Rowane is a current member of the AAO Board of Governors. He also serves on the AAO’s Education, Membership, C-NMM/OMM and Postdoctoral Standards and Evaluation Committees. He has presented nationally and published multiple articles and book chapters on family medicine and osteopathically oriented topics.
Dr. Schwalenberg, a 1993 graduate of University of New England College of Osteopathic Medicine, completed her residency in Internal Medicine at the University of Massachusetts Medical Center. She is certified by the American Osteopathic Board of Internal Medicine and the American Osteopathic Board of Neuromusculoskeletal Medicine. A former Assistant Professor of Medicine at the University of Massachusetts Medical School, Dr. Schwalenberg currently serves as Assistant Professor of Medicine and Director of Faculty Development at UNECOM. She was appointed co-chair of the COME Faculty Development Task Force that is focused on developing a national fellowship program for the osteopathic profession. She has participated in educational research and scholarly activites, and has presented in several formats at local and national conferences.

Dr. Snyder is the Associate Dean for Health Professions Education at Northeastern Ohio Universities College of Medicine (NEOUCOM). He received a doctoral degree in Medical Sociology from Kent State University in 1994. His areas of interest include quantitative methods and statistics, the doctor-patient relationship, and curricular design and implementation. Dr. Snyder has held teaching and research positions at Kent State University and Case Western Reserve University. He has authored over 20 articles in academic journals and presented extensively at national and international conferences on topics in medical education. He has extensive expertise in faculty development, especially in the improvement of physician-teachers. where he is currently spearheading efforts to improve and advance the undergraduate medical curriculum.
2011 AAO Calendar of Events
Mark your calendar for these upcoming Academy meetings and educational courses.

February 9: PS&E Teleconference, 7:30 pm EST


14-15: OMM for Pediatric Gastrointestinal Conditions, Gregg Lund, DO, and Jane Carreiro, DO - Broadmoor Hotel, Colorado Springs, CO

15: Fellowship Committee Meeting
15: Education Committee Meeting
16: Board of Governors Meeting
16: Board of Trustees Meeting
16: Investment Committee Meeting
17: PS&E Committee Meeting
17: OPTI Committee Meeting
17: Annual Business Meeting
18: External Fundraising Committee Meeting
18: International Affairs Committee Meeting
18: Membership Committee Meeting
18: C-NMM/OMM Committee Meeting
18: Informational Technologies Committee Meeting
19: Publications Committee Meeting
19: AOBNMM Meeting
19: Board of Trustees Meeting

June 10-12: Osteopathic Considerations in Sports Medicine, Kurt Heinking, DO, FAAO—CCOM, Downers Grove, IL

All committee meetings will take place at the Broadmoor Hotel in Colorado Springs, CO.

Now available at the AAO Bookstore!

JP Maganito, DO; Anita Showalter, DO; and Melicien Tettambel, DO, FAAO

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Seeking a full-time Osteopathic Physician specializing in Osteopathic Manipulative Medicine

Mount Clemens Regional Medical Center (MCRMC) is a 288 bed acute care teaching hospital located in southeastern Michigan. MCRMC Center for Osteopathic Medicine is an osteopathic manipulative medicine clinic located in the hospital’s medical office building. The Center is open five days a week receiving referrals from physicians in Family Medicine, Internal Medicine, Neurology, Orthopedics, Neurosurgery, Pain management, Cardiology, ENT, Pediatrics and Obstetrics. The Center is also involved in training students and residents.

Candidates require residency training in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine or equivalent certification or board eligibility (C-NMM/OMM or C-SPOMM).

Duties include patient evaluation, care and treatment, educational programs for house staff, and assisting in the review and implementation of hospital policy with regard to conforming to accrediting osteopathic standards.

If you’re interested in joining our two-physician practice, please provide your CV to: Kathryn Martin RN, Physician Business Development
e-mail : kamartin@mcrmc.org
fax: 586.741.4127

Michigan, the Great Lakes State, offers pristine lakeshores of the great lakes and many inland lakes, championship golf courses, camping, fishing, hunting, skiing, canoeing, and exhilarating sailing. Professional sports teams and numerous cultural events are located in our metropolitan area.

MOUNT CLEMENS REGIONAL MEDICAL CENTER
A McLaren HEALTH service
Osteopathic Considerations in Sports Medicine
COMBINED with a little golf!
June 10-12, 2011 at CCOM, Downers Grove, IL

Course Description:
This course will outline a manipulative approach to common sports medicine injuries and conditions of the spine, upper extremity and lower extremity. The program will have a balanced content of didactic material and hands-on OMT workshops. For interested participants, there will be a golf outing at the beginning and end of the course.

Objectives:
1. The participant will review diagnosis and treatment of common athletic injuries of the spine and upper and lower extremity.
2. The participant will perfect his/her palpatory diagnosis of somatic dysfunction of the spine and upper and lower extremity.
3. The participant will learn three to five osteopathic manipulative techniques for each region and how and when to utilize them in the athletic population.

Program Chair:
Kurt P. Heinking, DO, FAAO
Dr. Heinking is a 1994 graduate of Chicago College of Osteopathic Medicine and is the current chairman of the Department of OMM at CCOM. He is board certified in Family Medicine, Sports Medicine and Osteopathic Manipulative Medicine, and has a private musculoskeletal practice in Willowbrook, IL.

Faculty:
Mark McKeigue, DO
Dr. McKeigue graduated from Chicago College of Osteopathic Medicine in 1973, and completed internship and residency programs at Chicago Osteopathic Hospital. He is currently in family practice in Orland Park, IL.

CME:
The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Course Location:
Chicago College of Osteopathic Medicine
555 31st Street
Downers Grove, IL 60515

The course will include an optional session on Thursday, June 9, 2011. This session will start with one hour of 1-A CME with Drs. Heinking and Mark McKeigue at noon at Cog Hill Golf & Country Club in nearby Lemont, Illinois. Cog Hill is renowned for frequently hosting the Western/BMW Open.

This CME session will review proper warm-up and stretching exercises to teach patients before they golf. Immediately after this review session, participants will have the option to join the instructors for a golf outing at Cog Hill’s Course #3. After finishing your 18 holes, you will have the option to meet with the instructors in the Clubhouse.

Upon completion of the CME program on Sunday, June 12, you will again have the option to join the group for a round of golf at 1 p.m.—this time at Cog Hill’s Course #1.

The only additional costs for the golf outings are your green fees. We must pay these separate from your CME course registration fee. The cost for golf, with cart, on Thursday, June 9 is $53. The cost for golf, with cart, on Sunday, June 12, is $61.

If you wish to participate in one or both outings, please indicate this on your registration form no later than April 15. We will contact those who wish to participate in the outings with payment information for this portion of the weekend.
Schedule:

**Friday, June 10, 2011**
- Introduction
- Pre-participation screening exam
- Evaluation of axial spine injuries
- C-spine: burners/stingers; discs/radiculitis; fractures
- Thoracic spine and ribs: sprains; rib fractures; sternal contusions
- Lumbar spine: spondylolysis/listhesis
- Discs/radiculitis: compression fractures
- Choosing appropriate OMM techniques based on orthopedic pathology

**Saturday, June 11 2011**
- Evaluation of upper extremity injuries
- Shoulder: rotator cuff tears; A/C joint sprains; instability
- Elbow: pronator syndrome; radial head injuries; sprains
- Forearm/wrist: overuse injuries/tendonitis; scaphoid fracture; myofascial strains
- Choosing appropriate OMM techniques based on orthopedic pathology

**Sunday, June 12, 2011**
- Evaluation of lower extremity injuries
- Hip and sacroiliac: trochanteric bursitis/IT band syndrome; labral tears; sacroilitis
- Knee: patellofemoral pain; ACL disruption; quadricep hematoma
- Ankle: inversion sprain; high ankle sprain; posterior tibialis tendonitis
- Choosing appropriate OMM techniques based on orthopedic pathology

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**Registration Form**

Osteopathic Considerations in Sports Medicine
June 10-12, 2011

Name: ____________________________________________
Nickname for Badge: _______________________________
Street Address: ____________________________________________
City: _____________________  State: ____  Zip: ________
Office Phone: _________________  Fax: _______________
E-Mail: ____________________________________________

By releasing your Email, you have given the AAO permission to send marketing information regarding courses via email.

AOA#: _____________________  College/Yr Grad: _____________________

☐ I request a vegetarian meal

(AAO makes every attempt to provide snacks/meals that will meet participant’s needs, but, we cannot guarantee to satisfy all requests.)

**Registration Rates**

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Credit Card # ______________________________________
Cardholder’s Name ____________________________________
Date of Expiration __________________ 3 digit CVV#_____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature _________________________________________

American Academy of Osteopathy
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Indianapolis, IN 46268
Phone: 317-879-1881 Fax: 317-879-0563


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**Cog Hill Golf & Country Club**
12294 Archer Ave., Lemont, IL 60439
http://www.coghillgolf.com/home

_____ Yes, count me in for the June 9 golf outing; I am sending a check in the amount of $53.00.
_____ Yes, count me in for the June 12 golf outing; I am sending a check in the amount of $61.00.
_____ Yes, count me in for both golf outings; I am sending a check in the amount of $114.00.

Make checks payable to Mark McKeigue, 10755 W. 1063rd Pl., Orland Park, IL 60467

Name (please print): ____________________________________________
E-mail address: ____________________________________________
Cell phone number for day of event: ___________________________
Rapid OMT in the Office Setting
August 25-28, 2011 in Orlando, FL

Course Description:
In this course, participants will learn the use of osteopathic manipulative techniques in an office setting through hands-on experience.

Course Objectives:
After completion of the conference, course participants should be able to:
1. Approach common clinic problems with the use of Osteopathic Manipulative Medicine.
2. Integrate Osteopathic Manipulative Medicine into their daily routines.
3. Participants will learn billing and coding for the techniques taught.

Course Location:
Disney’s Contemporary Resort
4600 North World Drive
Lake Buena Vista, FL 32830
The site for this course is an ultra-modern, lakeside Disney deluxe resort, made up of a towering A-frame highrise building—the iconic Contemporary Tower—and complemented by one garden wing annex. One of the very first hotels to be built on Disney property, the Contemporary is within walking distance of the Magic Kingdom® Park. The sprawling grounds include a marina, pools, restaurants, recreational facilities, a health club, tennis courts and convention facilities. Rooms are available for conference attendees for $195 per night. Please contact the hotel directly for your reservation at (407) 824-3869.

This course is co-sponsored by Florida Hospital East Orlando.

Ann Habenicht, DO, FAAO, Program Chair/Presenter
Dr. Habenicht, a 1982 graduate of Midwestern University Chicago College of Osteopathic Medicine, is board certified in both Osteopathic Manipulative Medicine and Osteopathic Family Practice. She is a Professor of OMM at Midwestern University CCOM, and is in private practice in Oak Forest, IL, and urgent care in Orland Park, IL. Dr. Habenicht is a Fellow of the American Academy of Osteopathy and the American College of Osteopathic Family Practitioners. She is a Past President of the AAO, and has served as Chair of the organization’s Education Committee.

William Crow, DO, FAAO, Presenter
Dr. Crow is a 1987 graduate of the University of North Texas Health Science Center Texas College of Osteopathic Medicine, and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine. He is the Director of the Family Medicine/Neuromusculoskeletal Medicine Residency Program at Florida Hospital East Orlando. Dr. Crow is a professor at the University of Health Sciences at Kansas City, Pikeville College of Osteopathic Medicine and Nova Southeastern College of Osteopathic Medicine. He has lectured widely in the United States, as well as in Japan, Australia and Germany, and is the author of multiple research papers.

Registration Form
Rapid OMT in the Office Setting
August 25-28, 2011

Name: ____________________________________________
Nickname for Badge: _______________________________
Street Address______________________________________
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City: _____________________    State: ____   Zip: ________
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Phone: 317-879-1881  Fax: 317-879-0563
Golden Ram Campaign Surpasses Fifty-Four Percent of Goal

AAO members’ “dues check-off” donations to the Golden Ram Society have steadily increased total contributions to the annual fundraising campaign. The Academy’s leadership encourages all AAO members to support this annual fund. As of February 7, 132 donors have already contributed a total of $43,686.00—54.6 percent of the $80,000 goal. Thanks to all AAO members for their loyal support!

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Laura Liles, DO
Mary E. Malcom, DO
Masami Matarai, (Japan)
Stacey L. Pierce-Talsma, DO
Jana H. Prevratska, (Canada)
Ian Schofield, DO (UK)
Charles B. Schuetz, DO
Daniel A. Shadoan, DO
Heather A. Sharkey, DO
Mary M. Smith, DO
Mark J. Stevens, DO
Negash K. Tesemma, DO
Beth N. Thompson, DO
Eric Toder, DO
Michelle F. Veneziano, DO
Melissa M. Ventimiglia, DO
Jeanne Marie Wahl, DO
Craig M. Wax, DO
David P. Yens, PhD
OMM for pediatric gastrointestinal conditions
March 14-15, 2011 in Colorado Springs, CO

**Course Description:**
Children have the greatest opportunity to benefit from OMM. But for those using OMM already, how do you get started treating children and what courses will advance your skills? OMM for pediatric gastrointestinal conditions is the latest installment of the Pediatric OMM Series. This series is designed to bring a balanced curriculum to clinicians utilizing OMM who want to start treating children, who already treat children and want to do more, or those with extensive experience treating children who want to take their skills and understanding to the next level.

This course will use a robust mix of stimulating lectures and practical, hands-on labs to cover a wide range of clinical topics, including: suck and swallowing/feeding dysfunction, MALT, food sensitivities, gastro-esophageal reflux, mobility/motility disorders, constipation, functional bowel disease, irritable bowel syndrome and hepatobiliary system (hyperbilirubinemia). Background information on GI system development, viscerosomatic integration, the relationship between the gut and immune system development will also be covered to better understand and augment the clinical materials. Adjunctive interventions to augment OMM will be discussed as well.

**Objectives:**
1. To understand the development of the GI system (anatomy, neural and hormonal control and function).
2. To understand the interaction of the immune system on the GI system.
3. To understand the basics of clinical presentation, evaluation and basic care of common pediatric GI conditions.
4. To understand an approach and specific OMM interventions in the treatment of pediatric GI conditions.

**CME:**
The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

**Course Location:**
The Broadmoor
1 Lake Avenue
Colorado Springs, CO 80906

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**Registration Form**

OMM for pediatric gastrointestinal conditions
March 14-15, 2011

Name: __________________________________________________________
Nickname for Badge: _____________________________________________
Street Address __________________________________________________
City: ___________________ State: _____ Zip: ______________
Office Phone: __________ Fax: ________________________________
E-Mail: ________________________________________________________

*By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.*

AOA#: __________ College/Yr Grad: ________________________________

Lunch on your own

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**Registration Rates**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
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<tr>
<td>AAO member</td>
<td>$750.00</td>
</tr>
<tr>
<td>AAO Non-Member</td>
<td>$850.00</td>
</tr>
<tr>
<td>Convocation Package</td>
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</tr>
</tbody>
</table>

AAO accepts Check, Visa, Mastercard, or Discover (in US dollars)

Credit Card #

Cardholder’s Name ____________________________ 3 digit CVV#_________

Date of Expiration ____________

I authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature ______________________________________

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American Academy of Osteopathy
3500 DePauw Blvd. Suite 1080, Indianapolis, IN 46268
Phone: 317-879-1881 Fax: 317-879-0563

In Memoriam

Samson A. Inwald, DO, FACOFP, passed away on November 21, 2010, at the age of 82. Dr. Inwald was born in New York, NY, on August 11, 1928. He graduated from Philadelphia College of Osteopathic Medicine and Surgery in 1956. He was board certified in family practice, and was in private practice in Berkley, MI, for 34 years. Reluctant to retire, he became Director of Osteopathic Manipulative Medicine and Assistant to the Family Practice Residency Director at Pontiac Osteopathic Hospital in Pontiac, MI.

Dr. Inwald was committed to the Michigan Association of Osteopathic Family Physicians (MAOFP), serving as president from 1984 to 1985, and subsequently as Executive Director. In 2010, he received the organization’s Lifetime Achievement Award to honor his dedication to the osteopathic profession. In addition to his MAOFP activities, Dr. Inwald served as a Board Member and Past President of the Oakland County Osteopathic Medical Association, as a Board Member of the American College of Osteopathic Family Physicians, and as a Michigan Delegate and Senior Inspector for Family Practice Residency Programs for the American Osteopathic Association. He was married to his wife, Susan, for more than 58 years. They had four children and ten grandchildren.

Membership Update

It is never too late to renew membership dues! The AAO fiscal year is from August 1 to July 31. Dues notices will be sent beginning in June. If you have already paid your AAO dues, thank you! If you have not, or think you have but aren’t sure—please contact Susan at the AAO office at (317) 879-1881. You should also get in touch with Susan if you have NOT received a dues notice.

Convocation Registration

If you haven’t already registered for the 2011 AAO CONVOCATION, the staff urges you to click on this link: https://netforum.avectra.com/eWeb/DynamicPage.aspx?Site=AAO&WebCode=2011ConvocationInfo. Workshops are filling up fast!

The HOTEL RESERVATION DEADLINE is February 13, 2011. The Broadmoor reservations phone number is (719) 577-5775 or Fax: (719) 577-5738, or reserve a room online at https://resweb.passkey.com/go/aaol11.

Final Call for LBORC/NUFA Convocation Research Posters

The American Association of Colleges of Osteopathic Medicine has joined the Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association as a sponsor of the Eleventh Annual LBORC/NUFA Scientific Poster Session that will take place during the 2011 AAO Convocation in Colorado Springs. The contest is open to students, physicians, researchers and any combination thereof, but only students will be eligible to compete for one of four Ram Head trophies. A panel of judges will review students’ posters during the afternoon of Friday, March 18, and the winners will be announced at the President’s Banquet on Saturday, March 19.

Please consider representing your school or institution. You can do so by sending your name and abstract title to Janet Burns, DO, at janet.burns@tu.edu. The first 20 entries with students as authors, or as significant contributors or co-authors, will be registered and will receive full contest instructions. The Academy’s leadership encourages readers to take advantage of this unique opportunity for research mentoring. Send your entry to Dr. Burns immediately—the deadline is February 28!
CLASSIFIED ADS

SEATTLE OMT PRACTICE OPPORTUNITY
Contact Stephen Cavanaugh, DO at seattledo@gmail.com or (206) 834-5438. Website for the practice is SeattleDO.com.

PRACTICE AVAILABLE
OMM practice in Arizona available at no cost. Contact Craig Hoffbauer, DO, at (928) 634-0091

PHYSICIAN OPENING IN DENVER
Located in the heart of Denver, CO, Osteopathic Integrative Medicine is a single-physician practice seeking a compassionate and experienced Board Certified/Eligible NMM/OMM physician for part-time or full-time employment. Responsibilities include patient evaluation, treatment and management. If you are interested in joining a rapidly growing, patient focused practice, please contact Dave Zarou at dave@oimcare.com, or provide your CV to Lori Gulmantovicz at lori@oimcare.com of fax: (303) 217-5708.

PLACE YOUR AD HERE
Looking to sell office equipment, hire a board certified DO or present a similar inquiry to the osteopathic community? Place a classified ad in the AAO Journal or AAO Member Newsletter! Contact Tessa at the AAO office at (317) 879-1881 for details.

Touro University Nevada
Touro University Nevada College of Osteopathic Medicine (TUNCOM) is seeking an osteopathic physician (D.O.) for a full-time faculty position in the Department of Osteopathic Manipulative Medicine. Responsibilities include teaching, patient care and program development. In addition, there are opportunities for conducting research.

Qualifications:
Graduate of an AOA-approved osteopathic medical college
Satisfactory completion of an AOA-approved internship
Certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine or American Osteopathic Board of Neuromusculoskeletal Medicine.
The applicant must also be licensable in the State of Nevada.

TUNCOM offers a competitive salary and benefits package. Touro University Nevada is an EEO.

In addition, Southern Nevada has year-round sunshine with excellent weather, close proximity to Zion, Bryce and Grand Canyon National Parks, world-class food and entertainment in Henderson and neighboring Las Vegas, and convenient access to an international airport.

Information regarding this position may be obtained by contacting:
Paul R. Rennie, DO, FAAO
Touro University Nevada College of Osteopathic Medicine
Department of Osteopathic Manipulative Medicine
874 American Pacific Drive, Henderson, NV 89014
(702) 777-1813
paul.rennie@tun.touro.edu

Application Closing Date: Open until filled.

PAIN ALTERNATIVES, INC
Seeking a physician to join dynamic expanding multi-practitioner Osteopathic practice. Osteopathic manipulative office-based care and inpatient consultative services are the cornerstones of this practice which treats newborns through geriatrics.

This practice participates in Osteopathic medical education of students, interns, residents, faculty and the medical community. We are affiliated with a large award-winning Osteopathic training hospital system recognized nationally for clinical excellent.

Come practice at the cutting edge of Osteopathic Medicine!

Physicians need to have completed or be board certified in Neuromusculoskeletal Medicine.

For further information or to send a CV please contact:
Kelley Beloff, MSW, CMM
2510 Commons Blvd., Suite 240
Beavercreek, OH 45431
Phone: 937/429.8620 • Fax: 937/429-8629
Kelleyabeloff@sbcglobal.net
Passing on the Tradition

Mitchell Kasovac, DO

I feel the greatest contributions of the osteopathic profession over the past 100 years has been in providing primary care physicians to families, as well as offering the distinctive aspect of osteopathic manipulative treatments to our patients. The public is demanding not only preventive health care, but a holistic approach to health care more than ever before. Our philosophy of taking care of the whole person—which includes nutrition, environment, psychological impacts, etc.—is what the public desires.

We are better positioned by our education to provide that kind of care than our allopathic colleagues, and have survived for over 100 years because we have done what the public wants. But it is up to us to do so—to use our methods of osteopathic treatment. That applies to every DO, regardless of whether they are neurosurgeons, cardiologists, pediatricians, family practitioners or internists; everyone has a place to utilize osteopathic manipulative treatments. We have carried these concepts through with us since the days of our founders, and we do a good job. That is what has enamored the public toward us.

It is hard to describe a typical osteopathic physician because we are such diverse individuals. When you consider our profession, here in 1991, about two-thirds of us are in primary care, including family practice, pediatrics and internal medicine. The remaining one-third is in the surgical and other sub-specialties. The breadth of being a complete medical profession is incorporating all of these—but our focus goes back to primary care.

My model of the osteopathic physician is that of the family doctor. I relate to that most because that was me. It was fun taking care of the grandparents as well as the parents; delivering the children and watching them grow, then delivering their children; being involved with the families on both sides, including the in-laws and their next-door neighbors; and delivering the total amount of their healthcare. That is probably 85 percent of what any family’s health care needs are. That is what I think the typical DO is doing.

Regarding the family practitioner or the specialist who says, “Yes, I know I should know and do more manipulation than I do,” I think the problem is that they never took the time to develop their best skills. They understood them, tried them, practiced them in medical school and perhaps during residency, but as they used them less and less, their skills eroded. What happens if you are not doing endoscopy or surgical procedures? You become rusty at these techniques!

My advice to those individuals is to attend the Academy convocations and go to the state divisional society meetings where they are teaching techniques. Go and learn not only the high-velocity techniques that we older physicians learned, but also the newer techniques like myofascial release, muscle energy and counterstrain. I think if every DO was committed to enhancing their skills, they would use some of their CME time and dollars to seek that training so they could deliver the best care to their patients.
Introduction to the American Osteopathic Association’s Osteopathic Continuous Certification Process

Why OCC?

Certification is important. As a certified physician, you’ve voluntarily committed to life-long learning, higher standards and to practicing the highest quality patient care. The health care system in the United States is evolving, and the single certification/recertification examination model at given intervals is no longer the competitive standard, or the standard demanded by the public.

By maintaining your AOA certification, you have already demonstrated your commitment to excellence. However, with the advent of rigorous quality models, the AOA and its specialty certifying boards, under the direction of the Bureau of Osteopathic Specialists (BOS), are developing Osteopathic Continuous Certification (OCC) to help you meet and exceed industry and regulatory requirements.

The BOS has mandated that each specialty certifying board implement OCC for its specialty by January 1, 2013. If you currently hold a time-limited certification, you will be required to participate in the following five components to maintain your certification. You are already participating in four of the five components.

OCC Components

(Component 4 is the only NEW requirement for certification)

Component 1: Unrestricted Licensure

Physicians who are board certified by the AOA must hold a valid, unrestricted license to practice medicine in one of the 50 states. Adherence to the AOA’s Code of Ethics is also required as part of this component.

Component 2: Lifelong Learning/Continuing Medical Education (CME)

All DOs must fulfill a minimum of 120 hours of CME credit during each three-year CME cycle. Of these, 50 hours must be in their specialty area. Self-assessment activities will be designated by each of the AOA’s 18 approved specialty boards.

Component 3: Cognitive Assessment

Diplomates must successfully complete the psychometrically valid and proctored examinations, as developed by their specialty certifying board, which assess a physician’s specialty medical knowledge as well as core competencies in the provision of health care.

Component 4: Practice Performance Assessment and Improvement

Physicians must engage in continuous quality improvement through comparison of personal practice performance measured against national standards for his or her medical specialty.

Component 5: Continuous AOA Membership

Membership in the professional osteopathic community provides physicians with online technology, practice management assistance, national advocacy for DOs and the profession, professional publications and continuing medical education opportunities.

Frequently Asked Questions

Why should I participate in OCC?

OCC serves as an assessment tool to enhance the quality of health care. Benefits of participating in OCC include:

• higher reimbursement rates from the Centers for Medicare & Medicaid Services
• continual knowledge and skill improvement
• quality assurance to the public

How will OCC affect me?

Component 4: Practice Performance Assessment and Improvement is the only new component to the certification process. All other components are already a part of the current osteopathic recertification process. While each specialty board will have specific requirements and procedures for Component 4, in general, this component will require a physician to assess their current practice performance against established benchmarks.
How much will this cost me in time, money, and resources?

More information regarding OCC requirements is forthcoming from the certifying boards as planning continues. Every effort is being made to streamline the process so resources are utilized efficiently, and to make the OCC process as painless as possible while still ensuring the standards demanded by the public and regulatory bodies are met.

Will OCC change requirements or the process of initial certification?

There are currently no planned changes to the initial certification process.

When will OCC go into effect?

OCC will go into effect for all AOA specialty boards by January 1, 2013.

What if I have a lifetime certificate?

If you have a lifetime certification, you will not be required to participate in OCC at this time. We do strongly encourage your participation, though—particularly as more states begin to require a maintenance of the certification process in order to maintain licensure.

The AOA is Here to Help You

While you transition into the Osteopathic Continuous Certification process, the AOA will provide you with numerous tools and resources to ensure you are prepared for the change and kept up to date on any OCC developments. Visit the OCC section of the AOA’s website for additional resources at http://www.osteopathic.org/inside-aoa/development/aoa-board-certification/Pages/osteopathic-continuous-certification.aspx.

Questions?
Questions regarding your certification status and/or general OCC information should be directed to the AOA’s Division of Certification at (800) 621-1773 ext. 8266.

AAO Education Committee Announces Slate of Courses for 2011-2012

Mark your calendars for these new events scheduled for 2011 (online registration is not yet available):

August 25-28: Rapid OMT in the Office Setting—Disney Contemporary Resort, Orlando, FL
October 6-8: Prolotherapy Weekend—UNECOM, Biddeford, ME
October 12-16: OMT for the Female Patient (pre-ACOOG Conference)—Philadelphia, PA
October 30: Progressive Inhibitions of Neuromusculoskeletal Structures (pre-OMED)—Orlando, FL
October 30-November 3: 116th Annual AOA Osteopathic Medical Conference and Exposition (OMED)—Orlando, FL
December 9-11: Visceral Approach to the Sacrum and Pelvis—AZ

The AAO Education Committee met the first weekend in February and approved the following course lineup for 2012 (dates and locations TBA):

AAO Convocation, Kenneth J. Lossing, DO, Program Chair—The Galt House, Louisville, KY
Exercise Prescription
Facilitated Positional Release
Oscillatory and Energetically Integrated OMM
Prolotherapy Weekend
Rapid OMT in the Office Setting
Robert Fulford’s Percussion Vibrator
Sports Medicine
Still-Littlejohn Techniques
Summit with the Legends
Systemic Dysfunction
Ultrasound Injections
Component Societies and Affiliated Organizations  
Upcoming Calendar of Events 2011

February 24 - 27  
**Florida Osteopathic Medical Association**  
108th Annual Convention  
Hyatt Bonaventure, Weston, FL  
Phone: (850) 878-7364 Fax: (850) 942-7538  
E-mail: admin@foma.org  
Web site: [www.foma.org](http://www.foma.org)

March 4 - 6  
**Biodynamics of Osteopathy: Phase I**  
UNECOM, Biddeford, ME  
CME: Up to 22 Category 1A AOA credits  
Contact: Joan Hankinson  
Phone: (207) 781-7900  
E-mail: ohmjh@aol.com  
Web site: [osteopathichealthcareofmaine.com](http://osteopathichealthcareofmaine.com)

March 11 - 13  
**Intro to Osteopathic Medicine and Evaluation & Treatment: Hip & Lower Extremities**  
OMM at UNECOM, Biddeford, ME  
CME: 20 Category 1A AOA credits  
Phone: (207) 602-2589 Fax (207) 602-5957  
E-mail: cme@une.edu  
Web site: [www.une.edu/com/cme](http://www.une.edu/com/cme)

April 6 - 9  
**Towards an Integrated Medicine**  
The Register of Osteopaths of Italy and The European Institute for Evidence-Based Osteopathic Medicine’s International Congress of Osteopathic Medicine  
Florence, Italy  
Web site: [www.osteopatia2011.it](http://www.osteopatia2011.it)

April 13 - 16  
**Meeting Future Health Care Needs: The Role of Interprofessional Education**  
The American Association of Colleges of Osteopathic Medicine and American Osteopathic Directors and Medical Educators  
Joint Annual Meeting  
Marriott Baltimore Waterfront, Baltimore, MD  
Contact: Beth Martino (AAACOM) or Penny Friske (AODME)  
Phone: (301) 968-4189 or (312) 202-8211  
Email: bmartino@aaacom.org or aodme@osteopathic.org  
Web site: [www.aaacom.org/events/annualmtg/](http://www.aaacom.org/events/annualmtg/)

April 28 - May 1  
**Indiana Osteopathic Association 114th Annual Convention**  
Sheraton - Keystone at the Crossing, Indianapolis, IN  
Phone:(800) 942-0501  
E-mail: info@inosteo.org  

May 4-7  
**Pennsylvania Osteopathic Medical Association**  
103rd Annual Clinical Assembly and Scientific Seminar  
Valley Forge Convention Center, King of Prussia, PA  
CME: 41 AOA credits (35 Category 1A and 6 Category 1B)  
Phone: (717) 939-9318 Fax: (717) 939-7255  
E-mail: poma@poma.org  
Website: [www.poma.org](http://www.poma.org)

May 13 - 15  
**Intro to Osteopathic Medicine and Evaluation & Treatment: Pelvis**  
OMM at UNECOM, Biddeford, ME  
CME: 20 Category 1A AOA credits  
Phone: (207) 602-2589 Fax: (207) 602-5957  
E-mail: cme@une.edu  
Web site: [www.une.edu/com/cme](http://www.une.edu/com/cme)

June 2 - 6  
**Basic Course: Osteopathy in the Cranial Field**  
PNWUCOM, Yakima, WA  
Course Director: Melicien Tettambel, DO, FAAO  
CME: 40 Category 1A AOA credits anticipated  
Contact: Joy Cunningham  
Phone: (509) 469-1520 Fax: (509) 453-1808  
Email: jcunningham4715@yahoo.com  
Web site: [www.sctf.com](http://www.sctf.com)

June 11 - 15  
**Introductory Course: Osteopathy in the Cranial Field**  
Hyatt Regency, Indianapolis, IN  
CME: 22 Category 1A AOA credits  
Contact: Daniel J. Kary, DO, FAAO  
Phone: (317) 594-0411 Fax: (317) 594-9299  
E-mail: info@cranialacademy.org  
Web site: [www.cranialacademy.org](http://www.cranialacademy.org)

June 16 - 19  
**Annual Conference—Clinical Pearls: A Tribute to the Journal of the Osteopathic Cranial Association 1948-1958**  
Hyatt Regency, Indianapolis, IN  
Course Director: Daniel J. Kary, DO, FAAO  
CME: 22 Category 1A AOA credits  
Phone: (317) 594-0411 Fax: (317) 594-9299  
E-mail: info@cranialacademy.org  
Web site: [www.cranialacademy.org](http://www.cranialacademy.org)

July 22 - 24  
**Intro to Osteopathic Medicine and Evaluation & Treatment: Lumber Spine**  
OMM at UNECOM, Biddeford, ME  
CME: 20 Category 1A AOA credits  
Phone: (207) 602-2589 Fax: (207) 602-5957  
E-mail: cme@une.edu  
Web site: [www.une.edu/com/cme](http://www.une.edu/com/cme)