President’s Message: Gold and Silver for Diamonds
Michael A. Seffinger, DO

July is definitely the busiest month for the AAO presidency. Check out all the happenings on various fronts from last month and beyond:

- Dave Massello was hired as fundraising campaign co-chair;
- Osteopathic Cranial Academy (AAO component society, OCA) awarded American Osteopathic Association (AOA) legal counsel to Josh Prober for assisting them in establishing a policy regarding “who may attend” their educational programs;
- Over the past decade, the Osteopathic Heritage Foundation has infused hundreds of millions of dollars into the osteopathic profession to fuel a variety of research studies on osteopathic manipulative medicine, from bench to bedside. In July, they announced an award of an additional hundred million dollars ($105 million to be exact) to support research and education at the Ohio University College of Osteopathic Medicine;
- The AOA approved funding (of more than $400,000) for several OMM research projects across the nation;
- The AAO is requesting applications for OMM research funding;
- Prayers and well wishes are sent out to AAO members struggling with personal and family health issues and loss of family members;

May the FORCE...

The fundraising campaign for the Foundation for Osteopathic Research and Continuous Education (FORCE) is off to a grand start. Pledges have exceeded the $800,000 mark. The AAO Board of Trustees (BOT) hired Vice President of the FORCE, David Massello of Business Performance Institute (BPI), to co-chair the campaign, along with AAO Past President Guy DeFeo, DO. Mr. Massello has been deeply devoted and involved in promoting the osteopathic profession in tangible ways for decades. He is the founder and President of the BPI, a consulting firm founded in 1992. Before starting this firm, he was Vice President of a Chicago-based consulting firm and managed their health care division. Mr. Massello served as President and Chief Operating Officer of Doctors Hospital in Ohio. He served as the Senior Vice President and Chief Financial Officer for the hospital from 1974 to 1990 before his promotion to President.

I have worked with Mr. Massello for the past decade on numerous projects within the osteopathic profession, including the AOA Bureau of Osteopathic Clinical Education and Research (BOCER), which oversees the Clinical Assessment Program and developed the AOA Guidelines on OMT for Patients with Low Back Pain, and the multi-site Osteopathic Pneumonia Study in the Elderly (MOPSE), in which he was responsible for administrative and fiscal management. He also developed business plans for the Academy’s e-SOAP project, the AAO strategic plan for 2011-2014, and the FORCE, which helped the AAO BOT develop strategic plans in each of these realms.
Mr. Massello travel around the country to visit AAO members and external supporters who would like to make donations to the Academy and help them develop a strategy for their contributions. Please feel welcome to call upon him through the AAO office if you should have questions regarding the FORCE, would like to express your interest in contributing, or know of someone who would like to show his or her gratitude and support in developing clinically relevant OMM research and educational seminars in best practices in OMM. He will gladly speak to small or large interested groups of supporters. Contact Diana Finley, FORCE and AAO Executive Director, at dfinley@academyofosteopathy.org to make contact with Mr. Massello.

The Osteopathic Cranial Academy

I was privileged to attend the Osteopathic Cranial Academy (OCA) Annual Conference in Indianapolis June 15-17. AOA Attorney Josh Prober received an Award for helping the OCA create an attendance policy for its seminars, which states that only physicians, dentists and osteopaths from approved organizations may attend. In contrast, the AAO allows all licensed professionals to attend Convocation and many educational programs.

Research

I was invited to attend the Osteopathic Heritage Foundation (OHF) Research Conclave July 22-23 in Columbus, OH. The OHF recently donated $100 million to the Ohio University College of Osteopathic Medicine over a 15-year period, and, in exchange, the college has been renamed the Ohio University Heritage College of Osteopathic Medicine. The conclave gathered researchers from institutions around the country who receive grant support from the OHF. Discussions covered a wide range of topics, opportunities and challenges related to OMM basic science and clinical research. Several collaborative efforts are underway and more are being planned. The OHF has provided more than $100 million in grant support for research in OMM over the past ten years. It plans to continue to be a major funder of research that helps the osteopathic profession grow and develop. The Foundation approved a $150,000, three-year matching grant to support the expansion of the American Association of Colleges of Osteopathic Medicine’s medical education research grants program. It also supports the COSTIN Institute programs, which are usually held in the Midwest, but this year will take place at the new campus of Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Lebanon, OR, which just opened on July 29, 2011. The OHF will co-sponsor an international research conference, entitled “Using Manual and Conventional Therapies to Enhance Musculoskeletal Health,” April 27-29, 2012, at the Hilton Hotel in Fort Worth, TX. See their Web site for more exciting news and updates: http://www.osteopathicheritage.org.

At the AOA BOT meeting in July, the AOA and the OHF combined to approve the allocation of more than $400,000 from the Osteopathic Research and Development Fund to support a variety of OMM research studies in several osteopathic institutions for the 2011-2012 fiscal year.

The AOA research conference at the Osteopathic Medical Conference and Exposition (OMED) convention in Orlando, FL, chaired by AAO Past President Hollis King, DO, PhD, will be quite informative and bring you up to date on state-of-the-art practices in OMM research. The AAO program will be chaired by AAO BOT member Kendi Hensel, DO, PhD. Her program will consist of experts in OMM presenting lectures/workshops on effective OPP and OMM approaches to patients with various clinical conditions, with a focus on those conditions that have been subject to rigorous randomized clinical trials (RCT) exploring the efficacy of OMT. Both programs are top notch and well worth your time. Also of note, the AAO BOT approved partial funding of Dr. Hensel’s large, multi-site RCT examining the efficacy of OMT during pregnancy, which is one of the largest studies on OMT efficacy to date, with more than 400 subjects enrolled.

The AAO is requesting applications for funding for OMM research studies. The AAO has a small fund that can help support research projects between $10,000 and $20,000 each for two to four projects, or up to $40,000 per year total or for a single project. Please submit inquiries to Executive Director Diana Finley at dfinley@academyofosteopathy.org. Ask for the OMM Research Grant Application Form.

Prayers and Well Wishes

Academy member Alexios Constantinides, DO, from Colorado Springs, CO, survived a horrible accident last week. While on vacation with his wife and three children, a flash flood swept away their car, and only he survived. Our hearts and prayers go out to you, Dr. Constantinides, and to your beloved family.
AAO Past President and fundraising campaign Co-Chair, Guy DeFeo, DO, is recovering from a serious illness successfully treated in July. He is still working on the campaign, though, as you just can’t keep a good man down! Our well wishes go out to you, Dr. DeFeo, and we look forward to having you back on the campaign trail when you are fully recovered.

Past Louisa Burns Osteopathic Research Committee Chair and lifetime AAO member, Thomas Glonek, PhD, is also recovering from a serious illness successfully treated in May and June. He is allegedly back to work, though, editing the next edition of the American College of Osteopathic Family Physicians-sponsored textbook, *Somatic Dysfunction in Osteopathic Family Medicine*, with co-editor Kenneth Nelson, DO, FAAO. Our well wishes go out to you, Tom, and we look forward to your full recovery.

In service,
Mickey

Michael A. Seffinger, DO, FAAFP

Executive Director’s Message: Rapid OMT in the Office Setting—84 Years of Hands-on Experience!

Diana Finley, CMP

The faculty for the upcoming Rapid OMT in the Office Setting course has a combined total of 84 years of hands-on experience in Osteopathic Manipulative Treatment (OMT). Ann L. Habenicht, DO, FAAO; Wm. Thomas Crow, DO, FAAO; and Judith A. O’Connell, DO, FAAO, are well-known throughout the world as teachers of Neuromusculoskeletal Medicine and palpatory diagnosis.

The Rapid OMT course targets osteopathic physicians who do OMT in their practice, as well as residents and students. The course will begin on Thursday, August 25, 2011, at 5:00 p.m. and last until 10:30 p.m. The hours are slated for 7:00 a.m. – 1:00 p.m. Friday, Saturday and Sunday, giving you plenty of time to play at Walt Disney World or enjoy relaxing poolside.

This course will review rapid diagnostic techniques for somatic dysfunction in the ten regions of the body (head/suboccipital, cervical, thoracic, lumbar, sacrum, pelvis, lower extremity, upper extremity, ribs, other). Participants will become familiar with the history and physiological basis of the various technique modalities including HVLA, Muscle Energy, Myofascial Release, Counterstrain, Facilitated Positional Release, Balanced Ligamentous Tension/Articular Strain and Cranial Osteopathy.

Attendees will learn OMT to treat common clinical conditions such as headache, ENT problems, TMJ, acute asthma, whiplash, carpal tunnel, epicondylitis, low back pain with psoas/piriformis, sacroiliac pain, COPD, rib dysfunction and foot/ankle pain.

In addition to hands-on training, participants will have the opportunity to speak directly with Dr. O’Connell, who is the AOA Advisor to the AMA CPT Editorial Panel. She will share how to “Get Paid for What You Do,” as well as show proper documentation and billing for maximum reimbursement in the office setting.

Drs. O’Connell and Crow will be available to answer questions regarding the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) certification exams, and Dr. Habenicht will be available to answer questions regarding the Family Practice certification exams. This portion of the course is an especially useful opportunity for any residents who plan to attend!

Please take a moment a review the below schedule. I am sure you will agree this is a course that should not be missed. *Keep in mind, that it will not be repeated for two years!*

——

August 2011 AAO Member Newsletter
Thursday p.m. (August 25)
5:00 p.m. Welcome
5:15 p.m. - 7:00 p.m. Technique Review—HVLA, Muscle Energy, MFR, CS, FPR-Still, BLT/LAS and OCF
7:00 p.m. - 8:00 p.m. Diagnostic Review (Hands on)—Review of Spinal Mechanics, Screening Structural Exam
8:00 p.m. - 10:30 p.m. Coding Tutorial —“Getting Paid for What You Do!”

Friday a.m. (August 26)
6:30 a.m.- 7:00 a.m. Breakfast
7:00 a.m. - 8:00 a.m. Diagnosis of Head-Suboccipital, Cervical, Thoracic Areas
8:00 a.m. - 1:30 p.m. Case Presentations/Hands-on Workshop/Progress Note Documentation:Headache, Otitis-Media/Serous/Eustachian Tube Dysfunction, Sinusitis-URI, TMJ Dysfunction

Saturday a.m. (August 27)
6:30 a.m. - 7:00 a.m. Breakfast
7:00 a.m. - 8:00 a.m. Diagnosis of the Chest Cage, Diaphragms, Abdomen, Upper Extremities
8:00 a.m. - 1:30 p.m. Case Presentations/Hands-on Workshop/Progress Note Documentation:Carpal Tunnel/Epicondylitis, GERD/Abdominal Pain, Asthma/COPD/Rib Dysfunctions

Sunday a.m. (August 28)
6:30 a.m. - 7:00 a.m. Breakfast
7:00 a.m. - 8:00 a.m. Diagnosis of Lumbar, Sacral, Pelvic Areas and Lower Extremities
8:00 a.m. - 1:30 p.m. Case Presentations/Hands-on Workshop/Progress Note Documentation: LBP, Sacroiliac Pain, Knee Pain, Plantar Fasciitis
12:30 p.m. - 1:30 p.m. Questions for the Faculty About Practical Exams for Certifying Boards: ACOFP—“Dr. Habenicht, NMM/OMM—Drs. O’Connell and Dr. Crow

Introducing the Faculty…

Ann Habenicht, DO, FAAO, FACOFP, Program Chair
Dr. Habenicht, a 1982 graduate of Midwestern University Chicago College of Osteopathic Medicine (CCOM), is board certified in both OMM and Osteopathic Family Practice. She is a Professor of OMM at CCOM, and is in private practice in Oak Forest, IL, and urgent care in Orland Park, IL. Dr. Habenicht is a Fellow of the AAO and the American College of Osteopathic Family Practitioners. She is a Past President of the AAO, and has served as Chair of the organization’s Education Committee.

Wm. Thomas Crow, DO, FAAO, Presenter
Dr. Crow is a 1987 graduate of the University of North Texas Health Science Center Texas College of Osteopathic Medicine (TCOM), and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine. He is the Director of the Family Medicine/NMM Residency Program at Florida Hospital East Orlando. Dr. Crow is a professor at the University of Health Sciences at Kansas City, the University of Pikeville-Kentucky College of Osteopathic Medicine and Nova Southeastern College of Osteopathic Medicine. He has lectured widely in the United States, as well as in Japan, Australia and Germany, and is the author of multiple research papers.

Judith A. O’Connell, DO, FAAO, Presenter
Dr. O’Connell received a DO degree from Midwestern University Chicago College of Osteopathic Medicine in 1980, and is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. She is in private practice in Dayton, OH, where she specializes in Neuromusculoskeletal Medicine. Dr. O’Connell is also a Clinical Professor of OMM at Ohio University Heritage College of Osteopathic Medicine and the University of Pikeville-Kentucky College of Osteopathic Medicine. She is a Past President and Fellow of the AAO, and currently chairs the Fellowship Committee.
Rapid OMT in the Office Setting
August 25-28, 2011 in Walt Disney World, FL

Course Description:
In this course, participants will learn the use of osteopathic manipulative techniques in an office setting through hands-on experience.

Course Objectives:
After completion of the conference, course participants should be able to:
1. Approach common clinic problems with the use of Osteopathic Manipulative Medicine.
2. Integrate Osteopathic Manipulative Medicine into their daily routines.
3. Participants will learn billing and coding for the techniques taught.

Course Prerequisites:
Basic education in osteopathic principles and practices.

CME:
The program anticipates being approved for 22 hours of AOA Category 1-A CME credit pending approval by the AOA CCMC.

Ann Habenicht, DO, FAAO, FACOFP, Program Chair
Dr. Habenicht, a 1982 graduate of Midwestern University/CCOM, is board certified in both OMM and Osteopathic Family Practice. She is a Professor of OMM at CCOM, and is in private practice in Oak Forest, IL, and urgent care in Orland Park, IL. Dr. Habenicht is a Fellow of the AAO and the American College of Osteopathic Family Practitioners. She is a Past President of the AAO, and has served as Chair of the organization's Education Committee.

Wm. Thomas Crow, DO, FAAO, Presenter
Dr. Crow is a 1987 graduate of the University of North Texas Health Science Center/TCOM, and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine. He is the Director of the Family Medicine/NMMS Residency Program at Florida Hospital East Orlando. Dr. Crow is a professor at the University of Health Sciences at Kansas City, Pikeville College of Osteopathic Medicine and Nova Southeastern College of Osteopathic Medicine. He has lectured in widely in the United States, as well as in Japan, Australia and Germany, and is the author of multiple research papers.

Registration Form
Rapid OMT in the Office Setting
August 25-28, 2011

Name: ________________________________
Nickname for Badge: _______________________
Street Address: _____________________________
City: ___________________ State: ___ Zip: _______
Office Phone: ___________ Fax: ___________
E-Mail: ________________________________

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: ________ College/Year Grad: ________________________
Lunch on your own ________________________

Registration Rates
AAO Member or Florida Hospital East Faculty $680.00
AAO or Florida Hospital East Resident or Student $480.00
Not affiliated with the AAO or Florida Hospital East $780.00

The AAO accepts checks, Visa, Mastercard, or Discover payments in U.S. dollars
Credit Card # _____________________________
Cardholder’s Name ___________________________
Date of Expiration ___________ 3 digit CVV# _______

I authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.
Signature ________________________________

American Academy of Osteopathy
3500 DePauw Blvd. Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1891 Fax: (317) 879-0563
Register online at: www.academyofosteopathy.org
2011 AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

August 5-6  Education Committee meeting—University Place Conference Center & Hotel, Indianapolis, IN
August 5-6  SAAO Council meeting—University Place Conference Center & Hotel, Indianapolis, IN
August 23  Student Academies Committee teleconference, 8:00 pm EST
August 25  Membership Committee teleconference, 8:30 pm EST
August 25-28  Rapid OMT in the Office Setting (Co-Sponsored by Florida East Orlando Hospital)
               Ann L. Habenicht, DO, FAAO; Wm. Thomas Crow, DO, FAAO
               Contemporary Resort at Walt Disney World, Orlando, FL
September 14  Postdoctoral Standards & Evaluation Committee teleconference, 7:30 pm EST
September 23-25  Seated Facet Release: Techniques of the Still Family Karen M. Steele, DO, FAAO—Virginia Beach, VA
October 7-9  Prolotherapy Weekend—Mark S. Cantieri, DO, FAAO; George J. Pasquarello, DO, FAAO
               UNECOM, Biddeford, ME
October 30  AAO Board of Trustees meeting—Orlando, FL
October 30  Progressive Inhibitions of Neuromusculoskeletal Structures (Pre-OMED)
               Dennis J. Dowling, DO, FAAO—Orlando, FL
Oct. 31- Nov. 2  AAO Program at OMED—Kendi L. Hensel, DO, PhD, Program Chair—Orlando, FL
October 31  Fellowship Committee meeting—Orlando, FL
October 31  Postdoctoral Standards & Evaluation Committee meeting—Orlando, FL
November 1  Education Committee meeting—Orlando, FL
November 1  Awards Committee meeting—Orlando, FL
November 1  Publications Committee meeting—Orlando, FL
December 2  AOBNNM item writing and board meeting—Indianapolis, IN
December 3  AOBNNM oral and practical examinations—Indianapolis, IN
December 4  AOBNNM written examination—Indianapolis, IN
December 9-11  Visceral Approach to the Sacrum and Pelvis—Kenneth J. Lossing, DO—COMP, Pomona, CA
January 20-21  Education Committee Meeting—Indianapolis, IN

Academy trustees adopt balanced budget

AAO President Michael A. Seffinger, DO, convened the Board of Trustees for their summer meeting July 9 at the University Place Conference Center & Hotel in Indianapolis. The Trustees maintained the pattern of adopting a balanced budget for the 2011-2012 fiscal year beginning August 1. The Board worked with a proposed operational document submitted by Secretary-Treasurer Mark S. Cantieri, DO, FAAO, to arrive at a final balanced budget. This will enable the Academy to continue building its reserves and eventually meet the goal of maintaining at least six months operating expenses in reserve.

Other significant agenda items included selection of a recipient for the 2012 Academy Award; approval of new member applications; the AAO strategic plan; amendments to the AAO Manual of Procedures; a management agreement with the American Osteopathic Board of Neuromusculoskeletal Medicine and a management agreement for a fundraising development program chaired by David Massello, President of Business Performance Institute, and AAO Past President Guy A. DeFeo, DO.

The Board also hired Past President Raymond Hruby, DO, MS, FAAO, as the first Communications Director of the AAO. Dr. Hruby has been the AAO Journal Scientific Editor for many years, and is a renowned author and educator, with a Master’s degree in computer science. Dr. Hruby’s primary objective will be to assist the Executive Director, Diana
Finley, with coordination of all communications from the AAO as displayed on its Web site, Facebook, Twitter, brochures and letters. He will work with various committees, i.e., Publications, Information Technologies and Education, to facilitate collaboration and coordinate marketing activities. Dr. Hruby will work with Past President Anthony G. Chila, DO, FAAO, to produce a 75th anniversary book about the AAO by 2013. He will also work with the newly appointed AAO Journal Scientific Editor, Murray Berkowitz, DO, who has been the Associate Editor of the journal for the past several years, to produce a commemorative issue to be handed out at Convocation 2012.

AAO leaders attend 2011 AOA House of Delegates

AAO President-elect Jane E. Carreiro, DO, served as the Academy’s delegate this year at the American Osteopathic Association House of Delegates (HOD) Meeting at the Fairmont Hotel in Chicago July 15-17. All resolutions were sent to reference committees where members held a forum for public testimony prior to meeting in an executive session to formulate a recommendation for action by the full house. Her full report will be presented to the AAO Board of Trustees and Board of Governors in October.

A few of the resolutions are worth mentioning at this point, however. If the Budget and Finance Committee of the AOA approves the AOA Board of Trustees decision, the AAO will gain a permanent seat on the Program and Trainee Review Council (PTRC), which inspects all AOA residencies, including the AAO NMM/OMM residencies, for accreditation. The AAO resolution to assess a $50 dues increase to all AOA members for five years to further build the Osteopathic Research and Development Fund (ORDF), was defeated by the HOD—all the more reason to develop funds through our own FORCE campaign!

AAO President Michael A. Seffinger, DO; AAO Immediate Past President Richard A. Feely, DO, FAAO; and AAO Secretary-Treasurer Mark S. Cantieri, DO, FAAO, were delegates for their respective state associations and were crucial in rallying the troops to help AAO member Virginia Johnson, DO, pass her resolution, which reaffirmed the AOA’s commitment to promoting the scientific and medical basis of OMM and OMT.

Thank you to those members of the Academy who served as delegates for their respective state associations or specialty societies: Ethan R. Allen, DO; Karen E. Arscott, DO; Ann Marie Auburn, DO; Kira Nell Bendixen, DO; Ankur Bhambri, DO; Mark J. Bieszka, DO; John E. Bodell, DO; Steve P. Buchanan, DO; Mark S. Cantieri, DO; Jane E. Carreiro, DO; David Coffey, DO; Michael K. Cooper, DO; Kevin A. Cope, DO; Tyler C. Cymet, DO; Darrin D’Agostino, DO; Steven J. Dalton, DO; Nate DeLisi, DO; Linda Delo, DO; Robert C. DeLuca, DO; Jerome A. Dixon, DO; Dennis J. Dowling, DO, FAAO; Anthony D. Elkins, DO; Richard A. Feely, DO, FAAO; Leigh (Jack) Forbush, DO; Rodney M. Fullmer, DO; Maria T. Gentile, DO; Eric E. Gish, DO; Mary G. Goldman, DO; Pamela L. Grimaldi, DO; Sharon Gustowski, DO; Ann L. Habenicht, DO, FAAO; David G. Harden, DO; Deborah M. Heath, DO; Amber A. Hull, DO; Kenneth H. Johnson, DO, FAAO; Virginia M. Johnson, DO; Joel A. Kase, DO; Lori A. Kemper, DO; Hollis H. King, DO, PhD, FAAO; John B. Kurish, DO; Albert S. Lee, DO; Randy G. Litman, DO; David L. Lukens, DO; Mark Messmer, DO; Kathleen J. Meyer, DO; Katherine Naymick, DO; Renata Palasiewicz, DO;
Jesse A. Park, DO; George J. Pasquarello, DO, FAAO; Sonia Rivera-Martinez, DO; Hallie J. Robbins, DO; Monica M. Rogalski, DO; Laura M. Rosch, DO; Steven F. Rubin, DO; Danielle J. Schehr-Kimble, DO; Robert J. Schneiderwend, DO; Michael A. Seffinger, DO; Maulin Shah, DO; Philip L. Shettle, DO; Robert Soucy, DO; Arthur J. Speece, DO; William H. Stager, DO, FAAO; Joel D. Stein, DO, FAAO; Stephen M. Swetech, DO; Matthew J. Vargas, DO; Barbara E. Walker, DO; Jan M. Willcox, DO; and Adrian L. Woolley, DO. In addition to the delegates, AAO member Boyd R. Buser, DO, serves on the AOA Board of Trustees.

It is not too early to begin planning for the 2012 AOA House of Delegates, which is scheduled for July 13-15 in Chicago. Now is the time for Academy members to express their willingness to serve as delegates for their state organizations. The AAO leadership encourages members to volunteer their time to participate in this important political activity to help shape policy to include a strong presence of osteopathic principles and practice within the profession.

**OD &TE volunteers deliver treatment**

Osteopathic Diagnosis and Treatment Education Committee Chair R. Clay Walsh, DO, recruited Kenneth Nelson, DO, FAAO, to staff the AAO treatment service at this year’s AOA House of Delegates meeting. Ten volunteers from among the delegates joined Dr. Nelson in providing 45 individual workshops to colleagues, AOA leadership, medical students and osteopathic association staff members. This was an incredible accomplishment due to the fact that the service was only open for nine hours. The AOA provided tables for the treatment service.

Thanks to the following volunteers for devoting time to teaching and advocating OMM to this special group: Alex Brazalovich, DO; Jane E. Carreiro, DO; Nate DeLisi, DO; Dennis J. Dowling, DO, FAAO; Richard A. Feely, DO, FAAO; Mary G. Goldman, DO; Ann L. Habenicht, DO, FAAO; George J. Pasquarello, DO, FAAO; Scott Rusco, DO; and Joel Stein, DO, FAAO.

---

**NEW at the AAO Bookstore!**

**Outline of Osteopathic Manipulative Procedures: Memorial Edition**

by Paul E. Kimberly, DO, FAAO

Purchase your copy at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)

(select “AAO Bookstore” from the left-hand menu)

AAO Member Price: $90.00
List Price: $100.00

(plus shipping and handling)

---

**Touro University Nevada**

Touro University Nevada College of Osteopathic Medicine (TUNCOM) is seeking an osteopathic physician (D.O.) for a full-time faculty position in the Department of Osteopathic Manipulative Medicine. Responsibilities include teaching, patient care and program development. In addition, there are opportunities for conducting research.

**Qualifications:**
Graduate of an AOA-approved osteopathic medical college
Satisfactory completion of an AOA-approved internship
Certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine or American Osteopathic Board of Neuromusculoskeletal Medicine.
The applicant must also be licensable in the State of Nevada.

TUNCOM offers a competitive salary and benefits package. Touro University Nevada is an EEO.

In addition, Southern Nevada has year-round sunshine with excellent weather, close proximity to Zion, Bryce and Grand Canyon National Parks, world-class food and entertainment in Henderson and neighboring Las Vegas, and convenient access to an international airport.

Information regarding this position may be obtained by contacting:
Paul R. Rennie, DO, FAAO
Touro University Nevada College of Osteopathic Medicine
Department of Osteopathic Manipulative Medicine
874 American Pacific Drive, Henderson, NV 89014
(702) 777-1813
paul.rennie@tun.touro.edu

Application Closing Date: Open until filled.
AOA inaugurates Martin S. Levine, DO, as President

The AOA is proud to announce the inauguration of its 115th President, AAO Member Martin S. Levine, DO, during its recent annual business meeting in Chicago. Dr. Levine’s theme for his year as president is “Think osteopathically: Prove it, Publish it, Promote it!”

Dr. Levine has deep roots in the osteopathic medical profession as one of 20 osteopathic physicians in his family. He also follows in the footsteps of his father, Howard M. Levine, DO, who served as president of the AOA from 1997 to 1998.

A Fellow of the American College of Osteopathic Family Physicians, Dr. Levine has family practices in Bayonne, NJ, and Jersey City, NJ. He serves as Associate Dean for Educational Development at Touro College of Osteopathic Medicine in New York City. He is also a Discipline Chief of Family Medicine and Clinical Associate Professor at Seton Hall University School of Health and Medical Sciences Clinical Training Center at St. Michael’s Hospital in Newark, NJ.

Dr. Levine has served on the AOA Board of Trustees since 2000. In addition to this role, he has served the AOA in a number of capacities, including as Chair of the Department of Affiliate Relations, the Department of Professional Affairs and the Bureau of Clinical Education and Research.

Aside from his AOA responsibilities, Dr. Levine is a Past President of the New Jersey Association of Osteopathic Physicians and Surgeons (NJAOPS). He has also served on numerous committees for the American College of Osteopathic Family Physicians and the American Academy of Osteopathy.

Dr. Levine has been the recipient of several awards and honors. He has been included in New York Magazine’s Best Doctor listing every year since 1999 and in New Jersey Monthly Magazine’s Best Doctor listing three times. He was also named Physician of the Year by NJAOPS.

AOA Delegates choose new leaders

The Oklahoma Osteopathic Association and the Tennessee Osteopathic Medical Association nominated, and the House elected, Ray E. Stowers, DO, as President-Elect of the AOA. The first, second, and third Vice Presidents were elected as follows: Susan Sevensma, DO; Ernest R. Gelb, DO; and Richard R. Thacker, DO.

AOA Trustees elected to three-year terms included William J. Burke, DO; Ronald R. Burns, DO; Boyd R. Buser, DO; Robert S. Juhasz, DO; Suzanne K. Kelley, DO; and Joseph Giaimo, DO. Joseph M. Yasso, DO, was elected to fill the unexpired term vacated by President-Elect Stowers.

Jennifer Kendall, DO, was elected as the Intern/Resident Representative, and Mansoor Ali Jatoi, OMS IV, was elected as the Student Representative. Shannon Scott, DO, was elected to fill the newly created New Physician in Practice position, a Trustee position the House of Delegates approved July 16. In addition, Carl M. Pesta, DO, and Ray L. Morrison, DO, were re-elected as Speaker and Vice Speaker, respectively, of the House of Delegates. Congratulations to these new leaders!

AOA Daily Report July 17, 2011

NYIT Leader Gives A.T. Still Memorial Lecture

Barbara Ross-Lee, DO, Vice President of Health Sciences at the New York Institute of Technology, delivered the A.T. Still Memorial Lecture July 16. In her remarks, “Osteopathic medicine: Lead or follow,” Dr. Ross-Lee spoke about the vision of osteopathic medicine’s founder, the namesake of her lecture, and how DOs today have a responsibility to uphold his legacy by practicing OMT and OPP in their daily lives.

She urged DOs to embrace the “minority” status of the profession as a strength, not a weakness, because it gives them the opportunity to overcome the adversities that confront them. She further challenged DOs to become the medical profession that produces physicians who make the people of the nation and the world better through a clinical focus on population needs, our educational continuum and innovation.

AOA Daily Report July 17, 2011
AOA Business Meeting proceedings available online

If you were unable to attend the 91st Annual Business Meeting of the AOA House of Delegates in Chicago, you can visit www.do-online.org/TheDO to see and read about much of what transpired. The AOA has posted online four of the major speeches delivered at the meeting—President Levine’s Inaugural Address; the Farewell Address from Immediate Past President Karen Nichols, DO; the A.T. Still Memorial Lecture delivered by Barbara Ross-Lee, DO; and Executive Director John Crosby, JD’s Annual Report to the House. The AOA has also posted a summary of major actions undertaken by the House as well as other resources.

Register today for the AAO Program at OMED 2011

Kendi L. Hensel, DO, PhD, will serve as Program Chair for the Academy’s program, Evidence-Based OMT, at this year’s Osteopathic Medical Conference and Exposition (OMED) sponsored by the AOA. OMED 2011 will take place in Orlando, FL, from Sunday, Oct. 30, until Thursday, Nov. 3. Events will be held at the Orange County Convention Center, and the main hotels are The Peabody Orlando Hotel and Hilton Orlando. You can register for OMED by mailing the advanced registration form to P.O. BOX 4088, Frederick, MD 21705; faxing the advanced registration form to (301) 694-5124; or registering online. Online registration is the preferred method, and the system will generate a receipt upon submission.

Please be sure to check the appropriate categories on your registration form. The “Practice Groups” (Section 1) are for those who choose to register in a specialty category. Check the AAO and tell your friends to do the same! Physicians do not have to be Academy members to support the AAO. If you desire to register with more than one participating practice affiliated organization, you may do so, but please indicate your primary choice. Your name will appear on the attendance roster of each practice organization selected. The “AOA Categories” (Section 2) are for those who register without a practice designation.

Regardless of the registration category selected, registrants are entitled to attend all of the didactic sessions planned by any of the participating organizations. Although membership in a participating affiliated organization is not a requirement to register for the practice group, AOA membership is a requirement for registration in all of the practice categories listed.

Physicians attending the AAO’s program at OMED can earn up to 26 Category 1A AOA credits. See the July AAO Member Newsletter for a complete listing of the speakers and sessions scheduled for Evidence-Based OMT.

Membership Committee Chair introduces new Academy members

The heart and soul of every association are its members. Sheldon Yao, DO, Chair of the AAO Membership Committee, realizes this and wishes to introduce the latest Academy members. The AAO leadership and staff welcome each new member and look forward to their involvement.

The following physicians joined the AAO between February 10 and June 22: Jennifer S. Abeles, DO; Maryam Aghalar, DO; Payel Banik, DO; Edward C. Barawid, DO; Aaron J. Boone, DO; James A. Caffrey, DO; Christian De Brabandere, DO (Belgium); Tom De Lille, DO (Belgium); Danny DeBouver, DO (Belgium); Michael D. Dufresne, DO; Keiko Sato Fakhraie, DO; Catherine M. Clark Feaga, DO; Frank E. Ferro, Jr., DO; Matthew J. Frazier, DO; Luke W. Garcia, DO; Simeon J. Hain, DO; Sasha Iversen, DO; Matthew R. Jackson, DO; Antoinette Justice, DO; Luc Lecoq, DO (Belgium); John R. Leuenberger, DO; Amanda G. Michael, DO; Nicole E. Myers, DO; Steven K. Ochi, DO; Rana Rand, DO; Miko Rose, DO; Justin W. Schreiber, DO; Ajay Sharma, DO; Sarah D. Shepherd, DO; William B. Swann, DO; Cheryl S. Twu, DO; Kimberly J. Wolf, DO; Coral W. Yap, DO; and Francis Yoo, DO.
Membership Announcements

The AAO fiscal year is from August 1 to July 31...which means it’s time to renew your membership! Dues notices were sent out June 3, July 6 and August 3. If you have not yet received a dues notice, call or e-mail Susan. Please note: for your convenience, the Academy accepts monthly payments for membership dues as well as MasterCard, Visa and Discover credit cards.

The Academy leadership and staff appreciate your overwhelmingly prompt response in remitting dues payments for the upcoming fiscal year. Membership Coordinator Susan Lightle reported that a total of 789 members out of 1422 who were invoiced have already paid their membership dues for the 2011-2012 fiscal year. Your loyalty and continued financial support of the Academy is greatly appreciated!

Don’t make a move...without notifying the AAO! We don’t want to lose track of any of our members when they relocate. Please remember to inform Susan of any changes in your contact information.

Please make sure e-mails from the AAO are not going to your junk mail folder! Adjust your spam filter to allow e-mails from @academyofosteopathy.org so you can continue to receive the AAO Journal, AAO Member Newsletter, the OsteoBlast, updates on courses, etc.!

Residents — Get the most out of your practice...become BOARD CERTIFIED in Neuromusculoskeletal Medicine

To obtain your certification in NMM/OMM, you must:
- Maintain 150 hours in AOA-approved CME in a 36-month period, with 50 of those hours being Category 1-A in NMM/OMM and documented on your AOA CME printout;
- Hold a current unlimited license to practice in the United States;
- Be a member in good standing of the American Osteopathic Association for a continuous period;
- Be able to show evidence of conformity to the standards set in the Code of Ethics of the AOA.

Important dates:
- Oral, practical, and written exams: Application deadline: August 1, 2011; Test date: December 3-4, 2011, in Indianapolis, IN
- Re-certification exam (written only): Application deadline: January 1, 2012; Test date: March 21, 2012 in Louisville, KY

For application and/or exam information, please contact:
Amber Rausch
arausch@academyofosteopathy.org

Residents — Get the most out of your practice...become BOARD CERTIFIED in Neuromusculoskeletal Medicine

American Osteopathic Board of Neuromusculoskeletal Medicine

3500 DePauw Blvd., Ste 1080
Indianapolis, IN 46268
Phone: (317) 879-1881
Fax: (317) 879-0563
Web site: www.aobnmm.org
Osteopathic medical schools change names/E-mail domains

In this fast-paced world, few things stay the same for very long. So it is for Ohio University College of Osteopathic Medicine (OUCOM) and Pikeville College School of Osteopathic Medicine. These schools have recently changed their names—OUCOM is now Ohio University Heritage College of Osteopathic Medicine (OU-HCOM), while PCSOM has changed to University of Pikeville-Kentucky College of Osteopathic Medicine (UP-KYCOM).

If you are an academy member with an OU-HCOM or UP-KYCOM e-mail address, please go into your profile on our Web site www.academyofostepathy.org and change your e-mail information. Thank you for assisting us in keeping our records updated. If you have any questions, please contact Susan Lightle at slightle@academyofosteopathy.org or (317) 879-1881.

Physicians receive AOBNMM Certification

In addition to those reported in last month’s *AAO Member Newsletter*, Chairperson Melicien A. Tettambel, DO, FAAO, reported that R. Todd Dombroski, DO, received re-certification by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM), and Martin E. Torrents, DO, MPH, was newly certified by AOBNMM. Congratulations to both!

Dr. Carreiro seeks volunteers to join AAO committees

President-elect Jane Carreiro, DO, is gathering names of those interested in serving on AAO committees. If you are interested in becoming involved with a committee, or would like to be the Chairperson of one, contact Dr. Carreiro at jcarreiro@une.edu by the beginning of October, as she will submit her committee appointment recommendations to the AAO Board of Trustees at their meeting in Orlando, FL, during OMED at the end of October.

United Health Care/AOA Policy on OMM Reimbursement

Many Academy members have expressed angst about United Health Care’s Medical Policy on Manipulation published last year, and, in July, another e-mail was circulated voicing concerns of inequity. The AOA Department of Socioeconomic Affairs has informed us that they participated in the creation of the policy, and that it is supportive of reimbursement for OMT. Please contact Yolanda “we always win” Doss, Director of Socioeconomic Affairs for the AOA, or Kavin Williams if you ever have a problem getting reimbursed for OMT. You may call one of them for assistance and resolution of the problem at (800) 621-1773 (toll free), ext. 8187 or (312) 202-8187, or e-mail ydoss@osteopathic.org or kwilliams@osteopathic.org. You can also request the AOA OMT Protocols and documents on how to get proper reimbursement, how to resubmit denied claims and much more.

Dr. Warner develops online module for continuous certification

The AOA has mandated that all DO specialty societies establish Osteopathic Continuous Certification (OCC) modules by 2013. The AAO is in the process of creating online educational modules designed to keep members up to date with the current thinking of experts in NMM/OMM. Michael Warner, DO, is in charge of developing and implementing OCC for the AAO. He states, “Compliance with OCC has the potential to be onerous, time consuming and a complete waste of time. Continuous Learning Solutions is making a run at meeting OCC requirements in a fun, green and time-sensitive manner. Two modules will run as demos in August and October for AOA board-certified members. We invite you to sign up so we can give you a username and password. A full, statistical OCC report will be given to the Bureau of Osteopathic Specialties (BOS) and all specialty boards with participants, such as the AAO.”

The topic for the first online module is OMM for Patients with Cancer. AOA Guidelines for use of OMT for Patients with Low Back Pain is the subject slated for the second module. All you need to do to participate is send your name and e-mail address to mjwarner@atlanticbb.net, and Dr. Warner will send you a username and password to log in to the Web-based learning scenario, which includes the pros and cons of management options and a quiz to ascertain retention and learning of new information.
AAO to close for Labor Day

The AAO headquarters will be closed on Monday, September 5, in observance of the Labor Day holiday. We appreciate your understanding and hope this schedule does not present any inconvenience.

In Memoriam

Marika Nicholas, wife of Nicholas S. Nicholas, DO, Former Chair of the Philadelphia College of Osteopathic Medicine (PCOM) OMM department, and mother of Alexander S. Nicholas, DO, Professor and Chair of the PCOM OMM department and Evan A. Nicholas, DO, Associate Professor in the PCOM OMM department, passed away on July 23. Mrs. Nicholas spent many years working with the PCOM Women’s Auxiliary, a charitable organization that raised funds for the PCOM Hospital on City Avenue.

A visitation was held on Thursday, July 28, with a service following at St. George’s Greek Orthodox Church, 30 East Forge Road, Media, PA 19063. In lieu of flowers, donations may be sent to the Nicholas S. Nicholas, DO, Memorial Scholarship fund at Philadelphia College of Osteopathic Medicine, Office of Alumni Relations and Development, 4180 City Ave., Philadelphia, PA 19131. We extend our deepest condolences to Dr. Alexander Nicholas, Dr. Evan Nicholas and their family during this difficult time.

CLASSIFIED ADS

SEATTLE PHYSICIAN OPPORTUNITY
Contact Stephen Cavanaugh, DO, at seattledo@gmail.com or (206) 834-5438. Web site for the practice is SeattleDO.com

MAINE DO SEEKING PARTNER
Looking for a DO who is BC/BE in NMM/OMM to join a thriving OMM practice in Northern Maine. Broad spectrum of OMT techniques needed, including cranial osteopathy. Full-time position. See “Career Opportunity” at www.WellSpringHealthCenter.com for further information or e-mail Eva Shay, DO, at wshc@maine.rr.com.

PRACTICE AVAILABLE IN VIRGINIA
Osteopathic practice for sale in McLean, VA, 22101. Established and long-standing patient base. Patients are most familiar with being treated using Fulford percussion technique, cranial osteopathy (standard and Jealous-biodynamic) and ME. Expected income from practice approximately $200,000 plus. Sale price $100,000.00. Reason for sale is relocation. If interested, e-mail lillyarm1360@gmail.com or call Lillian Somner, DO, at (301) 305-1119 (cell).

DO WANTED IN CALIFORNIA
We are an innovative medical group in beautiful San Francisco, looking for an osteopathic primary care physician interested in doing OMT. We are a primary care group that believes there’s a better way to practice medicine. Balanced lifestyle, working with academically-trained MDs, started by original designer of Epocrates. If interested, please send a brief intro and CV to: jobs@onemedical.com.

PHYSICIAN NEEDED AT COLORADO CLINIC
Busy western Colorado specialty OMM clinic seeking a third (3rd) physician. Prefer board certification in NMM/OMM, but not a must. Salary very competitive. Pleasant working conditions in a 4000 sq. ft. clinic. Four (4) day work week. No on call. Please call (970) 874-9595 or e mail resume to: osteopathictxctr@qwestoffice.net.
Prolotherapy Weekend

October 6-8, 2011 at UNECOM

Course Outline:
Thursday, October 6 (5:00 pm - 10:00 pm): This is required for those physicians who have not taken a prior course in prolotherapy. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.

Friday and Saturday, October 7 - 8 (8:00 am - 5:30 pm): Participants will be divided into two groups, beginners and advanced. These two groups will alternate between lectures in anatomy and injection technique, while the other group will be in the anatomy lab performing injections under supervision and reviewing prosections.

*Principles of Prolotherapy by Ravin TH, Cantieri MS and Pasquarello GJ, will serve as course syllabus. Please see http://principlesofprolotherapy.com/index.html for details.

Presenting:
Mark S. Cantieri, DO, FAAO, Program Chair
George J. Pasquarello, DO, FAAO

Prerequisites:
Functional Anatomy: (1) Level I course or equivalent

CME:
The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Who May Attend Policy:
The primary educational objective for AAO is to provide programs aimed to improve understanding of philosophy and diagnostic/manipulative skills for AAO members, DOs who are not AAO members, individuals who are licensed for the unlimited scope and practice of medicine, and for those in programs leading to such licensure.

Course Location:
University of New England, Biddeford Campus
11 Hills Beach Road
Biddeford, ME 04005
(207) 283-0171
http://www.une.edu

Travel Arrangements:
Globally Yours Travel
Tina Callahan at (800) 274-5975
*A rental car is recommended since the campus is located about 15-20 minutes from most hotels and restaurants.

Cancellation and Refund Policy:
The American Academy of Osteopathy reserves the right to cancel an educational program if an insufficient number of physicians register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation due to lack of registrations, all registration money will be refunded. Cancellations from participants received in writing and signed 30 or more days before the course opening may receive an 80 percent refund of their registration fee. For cancellations received in writing less than 30 days before the course opening, registrants may transfer 80 percent of their registration fee to another course to be held within the next 12 months. Registrants who fail to appear for an AAO program can transfer up to 50 percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.

Registration Form
Prolotherapy Weekend, October 6-8, 2011

Name: ___________________________________________
Nickname for Badge: _______________________________
Street Address: ____________________________________
_________________________________________________
City: _____________________ State: _____  Zip: ________
Phone: _________________            Fax: ________________
E-mail: ___________________________________________

By releasing your fax/e-mail you have given the AAO permission to send marketing information regarding courses via fax or e-mail.

AOA#: __________    College/Yr Grad: ________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _________________________________________

Registration Rates
□ $1,200 - I already own a copy of Principles of Prolotherapy
□ $1,510 - Please order me a copy of Principles of Prolotherapy

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Make checks payable to “American Academy of Osteopathy”

Credit Card #: ______________________________________
Cardholder’s Name: ____________________________________
Expiration Date: _____________ 3-digit CVV#:__________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _________________________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofosteopathy.org

AOA Member Newsletter
August 2011
Seated Facet Release Technique from the Still Family

September 23-25, 2011
Cavalier Hotel, Virginia Beach, VA

Faculty:

Karen M. Steele, DO, FAAO, Program Chair
Thomas F. Steele, DO; Sarah Steele-Killeen, DO

CME: This course anticipates being approved for 20 Hours Category 1-A by the American Osteopathic Association

Course Description:

During the late 1980s, Dr. Karen Steele spent Wednesday afternoons in the office of Richard Still, Jr., DO, great grandson of Andrew Taylor Still, founder of the osteopathic profession. During these afternoons in his office, Dr. Steele observed and assisted Dr. Still treating patients in the manner he was taught by George Andrew Laughlin, DO, son of Blanche Still, DO, daughter of A.T. Still.

This technique treats the patient in the seated position, and relies on subtle palpation of the facet joints for diagnosis, positioning and release. The osteopathic physician is either standing or seated behind the patient. Thus, Dr. Still and Dr. Steele have chosen to call this approach the Seated Facet Release Technique (SFR).

In 2009-2010, Drs. Still and Steele collaborated on the creation of a course to teach this approach.

Objectives:

At the end of this course, students should be able to:

* Describe the basic principles of the SFR technique
* Test for and diagnose individual somatic dysfunction
* Treat facet restrictions of the axial skeleton, ribs and sacroiliac areas with the SFR technique
* Diagnose facet joint restriction in patients in the seated position
* Guide seated patients into treatment position, so patients control their own weight while balanced over their pelvis
* Induce movement in patients so the entire body is balanced on one facet joint while palpating for tissue response and avoiding strain on the operator.
Karen M. Steele, DO, FAAO, Program Chair and Presenter

Dr. Steele is a 1978 graduate of Kirksville College of Osteopathic Medicine. She is certified by the American Osteopathic Board of Family Physicians and the American Osteopathic Board of Neuromusculoskeletal Medicine. She is Professor and Associate Dean of Osteopathic Medical Education at West Virginia School of Osteopathic Medicine. Clinically, she focuses on the osteopathic treatment of children and is active in osteopathic research. Dr. Steele is also co-author of the recently released *Pocket Manual of OMT: Osteopathic Manipulative Treatment for Physicians*, 2nd Edition.

Course Location:
The Cavalier Hotel  
4201 Atlantic Ave  
Virginia Beach, VA 23541  
(757) 425-8555 / (800) 446-8199  
www.cavalierhotel.com  

Room rate: $129 (single and double)  
Registration Deadline: August 23  
Please make room reservations PRIOR to August 23.

For the history buffs:  
http://www.cavalierhotel.com/history/index.cfm  

For things to see and do in Virginia Beach:  
http://www.cavalierhotel.com/attractions/index.cfm

Cancellation and Refund Policy:
The American Academy of Osteopathy reserves the right to cancel an educational program if an insufficient number of physicians register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation due to lack of registrations, all registration money will be refunded. Cancellations from participants received in writing and signed 30 or more days before the course opening may receive an 80 percent refund of their registration fee. For cancellations received in writing less than 30 days before the course opening, registrants may transfer 80 percent of their registration fee to another course to be held within the next 12 months. Registrants who fail to appear for an AAO program can transfer up to 50 percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.

Registration Form

Seated Facet Release Technique from the Still Family  
September 23-25, 2011

Name: ____________________________________________
Nickname for badge: ________________________________
Street address: _____________________________________
City: ______________________   State: ___  Zip: _________
Phone: ____________________    Fax: __________________
E-mail: ____________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

AOA#: ____________________  I require a vegetarian meal

(The AAO makes every attempt to provide meals/snacks that meet participants’ needs but cannot guarantee to satisfy all requests.)

Registration Rates

<table>
<thead>
<tr>
<th></th>
<th>On or before 8/23/2011</th>
<th>After 8/25/2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>AAO member</td>
<td>$ 680.00</td>
<td>$ 780.00</td>
</tr>
<tr>
<td>Non-member</td>
<td>$ 780.00</td>
<td>$ 880.00</td>
</tr>
<tr>
<td>Intern/Resident/Student</td>
<td>$ 580.00</td>
<td>$ 680.00</td>
</tr>
</tbody>
</table>

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit card #: ____________________  3 digit CVV#: _________
Cardholder’s name: ____________________
Expiration date: ______________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature _______________________________________

American Academy of Osteopathy  
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268  
Phone: (317) 879-1881 • Fax: (317) 879-0563  
Register online at www.academyofosteopathy.org
Golden Ram Campaign Gains Momentum

The Academy is pleased to report that Golden Ram donations can now be made online by logging on to www.academyofosteopathy.org. Click “Contribute” on the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes the availability of this system will ease your ability to continue donating to the Academy. Keep in mind that you also have the option of making a recurring monthly donation of $25 or more. Contact Phyllis McNamara at (317) 879-1881 to set up your rolling donation today!

A request for donations was sent to AAO members along with their annual dues statements, giving them the opportunity to make a contribution to this campaign along with the remittance of their membership payment. The Academy leadership encourages all AAO members to support this annual fund. As of July 21, 2011, 49 donors have already contributed a total of $11,727.24—representing 24 percent of the Board of Trustees goal of $50,000 for the 2011-2012 fiscal year. Thank you for your ongoing loyalty!

**President's Club - $2,500 or more**
Lisa Ann DeStefano, DO
George J. Pasquarello, DO, FAAO

**A.T. Still Club - $1,000-$2,499**
John Evan Balmer, DO
Pamela L. Grimaldi, DO
Gary L. Ostrow, DO
Akiyoshi Shimomura, (Japan)

**T.L. Northup Club - $500-$999**
Robert N. Agnello, DO
Jonathan E. Fenton, DO
Ann L. Habenicht, DO, FAAO
David B. Hagie, DO
John G. Hohner, DO, FAAO
Jeanne R. Roll, MD

**Louisa Burns Club - $250-$499**
Dennis A. Burke, DO
Elizabeth C. Clark, DO
Stefan L. J. Hagopian, DO, FAAO
Brian E. Kaufman, DO
Richard G. Schuster, DO
Jean Ann Swift, DO
Adrian Lynne Woolley, DO

**Vicki Dyson Club - $100-$249**
Daniel P. Conte III, DO
Joan F. Dawson, DO
Stephen M. Ellestad, DO
Jerel H. Glassman, DO
Andrew M. Goldman, DO
Sharon Gustowski, DO, MPH
Carol L. Lang, DO
Masayoshi Midorikawa, (Japan)
Paul S. Miller, DO
Candace Nowak, DO
Sun F. Pei, DO
Michael J. Porvaznik, DO
Barry Stephen Rodgers, DO
Mark E. Rosen, DO
Jay Sandweiss, DO
Eric L. Schneider, DO
Alice R. Shanaver, DO
Thomas L. Starbard, DO
Joel D. Stein, DO, FAAO
Glenn Norman Wagner, DO

**Supporter – Up to $99**
Charles A. Beck, DO
Joel Berenbeim, DO
Thea M. Bordenave-Sande, DO
Denise K. Burns, DO, FAAO
Haifan Chen, DO
Kelly Evans, DO
Jennifer L. Highland, DO
Mary E. Malcom, DO
Masami Matarai, (Japan)
Stacey L. Pierce-Talsma, DO
Heather A. Sharkey, DO
Beth N. Thompson, DO
Earl R. Trievel, DO
Progressive Inhibition of Neuromusculoskeletal Structures (PINS)
Orange County Convention Center - Orlando, Florida
October 30, 2011 (Pre-OMED)

Course Description:
This Level I course, developed by Dennis J. Dowling, DO, FAAO, presents a system of diagnosis and treatment in which the osteopathic practitioner locates two related points and sequentially applies inhibitory pressure along a series of related points.

Progressive inhibition of neuromuscular structures (PINS) is a technique that can be included in the osteopathic manipulative treatment repertoire. It relies on knowledge of anatomy and neuromuscular physiologic features, as well as on standard forms of osteopathic palpatory diagnosis and treatment. It is a variant of the inhibition technique that has been taught as an osteopathic manipulative technique for many years, and it bears some resemblance to other manual medicine techniques. The emphasis of the approach is the determination of the alteration of the tissues due to dysfunction, delivering treatment based on palpatory evaluation and patient feedback. Two related points are initially chosen, followed by a progression from one to the other. Relationships to similar techniques will also be discussed. Theoretical as well as selected practical applications will be presented.

Course Times:
Sunday, October 30, 2011 12:00 PM - 6:00 PM

Dennis J. Dowling, DO, FAAO
Dr. Dowling is a 1989 graduate of New York College of Osteopathic Medicine. He specializes in Osteopathic Manipulative Treatment in private practice in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at Nassau University Medical Center in Long Island, NY. He is also Director of Osteopathic Manipulative Medicine (OMM) Assessment for the National Board of Osteopathic Medical Examiners Clinical Skills Testing Center. Dr. Dowling is the former Chair of the OMM Department at NYCOM, and a Past President of the AAO. In addition to co-editing An Osteopathic Approach to Diagnosis and Treatment, he is a contributor and illustrator for several other textbooks and journals. He frequently lectures throughout the United States and abroad.

Prerequisites:
Basic understanding of functional anatomy

CME:
The program anticipates being approved for 6 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Registration Form
PINS Course * October 30, 2011

Name: ____________________________________________
Nickname for badge: ____________________________
Street address: ____________________________
City: __________ State: _____ Zip: ______
Office phone: __________ Fax: __________
E-mail: ________________________________________

By releasing your fax/e-mail you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _______________

Registration Rates
Registration fee: .............................................. $180.00

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Make checks payable to the American Academy of Osteopathy

Credit card #: ____________________________
Cardholder’s name: ____________________________
Expiration date: ___________ 3-digit CVV#: ________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature ______________________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofostopathy.org

Cancellation and Refund Policy
The American Academy of Osteopathy reserves the right to cancel an educational program if an insufficient number of physicians register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation due to lack of registrations, all registration money will be refunded. Cancellations from participants received in writing and signed 30 or more days before the course opening may receive an 80 percent refund of their registration fee. For cancellations received in writing less than 30 days before the course opening, registrants may transfer 80 percent of their registration fee to another course to be held within the next 12 months. Registrants who fail to appear for an AAO program can transfer up to 50 percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.
I discovered the world of osteopathy by accident. I was a karate guy with two
studios and really enjoyed what I was doing. I’d never had a thought of becoming
a doctor, nor had any burning interest in medicine, despite having two uncles who
were MDs. Then I got married, had kids right away and poverty set in. So, I went into
medicine for very altruistic reasons—to provide for my family and to make money so we
could move out of my parents’ house before we died or my wife killed me.

I was 10 credits short of graduation at the end of my second undergraduate year
but instead of waiting another year for my degree, decided to try to make a deal with one
of the medical schools I had been in touch with. They were just starting to have fast-
track programs where they shaved off time for the medical degree, but I was aggressive
and had taken my own approach of sending them my report cards at the end of every
semester. I had a perfect grade record and asked why couldn’t I be admitted.

I am sure they all thought I was a little nuts, but I had made up my mind that I was going to one of those schools,
and that is how I came to attend Philadelphia College of Osteopathic Medicine (PCOM). They had a policy that enabled
me to begin my medical career without having a bachelor’s degree upon admission, since my undergraduate college was
willing to credit course work that I would complete at PCOM. Thus, I completed my undergraduate education in two
years and graduated summa cum laude while working full time.

The inspiration that prompted my commitment to osteopathic manipulative medicine occurred during my
sophomore year in 1992. I had just transferred from PCOM into the fellowship program at Southeastern College of
Osteopathic Medicine at Nova Southeastern University in Florida, and received a generous stipend that enabled me to
tavel to a Convocation of the American Academy of Osteopathy in Colorado Springs. It was there that I heard Dr. Robert
Fulford speak. He described specific problems using terms like “energy” and “spirituality,” yet he had an extraordinary
command of the physiology and anatomy of the body. At the Evening with the Stars program, I observed him doing
things that I could not explain. It was obvious to me that he had his feet on the ground with regard to the fundamental
science. In an eye blink, Dr. Fulford inspired me to practice osteopathic medicine as I do now.

I met the late William E. Wyatt, DO, FAAO, during that same Convocation. In his omnipresent red shoes, shirt and
pants, he described himself as “A Big Old Tomato,” and wouldn’t always describe things with their proper terminology.
For example, when asked, “What’s wrong with this patient?” he would simply say, “She’s got a twist.” Whatever it was,
it was a “twist” and he was going to untwist it. If you watched him work, though, it was like watching Van Gogh paint. I
tell students that if they want to know how to help people and make them well, they have to talk to these older physicians,
who have both the technical skills and the experience.

After graduation, I returned Northeast to Riverside Hospital in Delaware to embrace an internship that fed my
highly motivated, highly sleep-deprived state. I treated practically everyone in the hospital, from janitors to patients to
nurses and house staff, without question. By the time I completed my internship, I already had a patient base of people
who knew me and wanted me to treat and care for them. All told, I practiced in Pennsylvania for eight years, and for six
years in Delaware, then settled back in Pennsylvania where I am from.

Part of my practice is Amish and part is “English,” (the word the Amish use when referring to anyone who is not
Amish. Be you black, white or Chinese, you are still called “English”). Half the problems I see in my “English” practice
are back, neck or head pain—things you commonly think of as being treated with manipulation. The other problems,
and those of some Amish, are not. I see a lot of autistic children, a lot of severely neurologically compromised kids and
bizarre genetic conditions. People show up at my door after having run out of other options and expect that I can help. I
always tell them that if we see some improvement after a few treatments, then I will continue. Otherwise, I will not. Very
often, I find it is possible to do something to improve their lives.
I do not try to sell osteopathy, nor get into long speeches of why it should work. It isn’t relevant whether they believe in my philosophy or principles—it’s about whether I am going to do something beneficial or not. If you can get results when other physicians have not, you don’t have to look very far to get patients. The Amish are a perfect example. They don’t fully understand what I do and call me a chiropractor. It is useless to explain the difference to them, but they pay for what gets results. If you fix the problem, then they open their wallet, pay you and come back with a gazillion family members. They don’t care what you say or what is hanging on the wall. However, if their shoulder is bothering them, and you don’t fix it, they are not coming back.

I never hang my diplomas on the wall. I hang little toys, drawings, my art work, Star Trek figures, and things that amuse me. (The only one that this bothers is my mother, who said, “I spent a lot of money getting those certificates and diplomas framed, and now your treatment room walls look like your bedroom when you were 5 years old!”) No one knows what an osteopath is. They show up at my door because someone said that I had either helped them or a member of their family.

Once in awhile, I get an older person who asks, “You are a doctor aren’t you”? I smile and respond, “As far as you know. Now, either I am a little crazy or I am just a bit confident that I can help you.” But I never lie and never say that I can guarantee that I will fix a problem. Instead, I ask, “Why are you here?” Most times it was because they had been to many other physicians, and, so far, no one could help them. So, I say, “Then, how about you give me a chance”? I find that this is the best way to overcome fears—i.e., a little logic tinged with a little humor.

In the “English” world, people want to see a lot of substantiation. That is a big difficulty for young doctors just graduating, joining a practice, working for other people, and having to deal with insurance issues, third parties or lawyers. Those kind of confusions come between doctor and patient. However, patients are becoming more resourceful. They are coming in looking for someone to help them after looking at a bunch of information (both good and bad) on the Internet. In my parents’ day, they just went to the doctor and whatever the doctor said, that was it—no questions, no arguments.

We need to remember that the osteopathic profession began with a guy that was an upstart. He didn’t do what he did to get rewards or accolades. Consider that Andrew Still lived in an era where children were dying of meningitis, and all the medicines that existed were essentially snake oils, which incidentally are immensely popular today, they have just changed form.

Advertising dollars drive a lot of medicine. For example, various media influence patients to ask their doctor about this med or that one. So, the patient goes in and asks the overworked, understaffed, hurried doctor about it. It is likely, unless the request is for Oxycontin or heroin rather than an allergy medicine, “like their Aunt Jane takes,” that they will get it. Sadly, in my observation, most of the errors I have seen physicians make were not made because they were dumb or because they didn’t care, but because they were in a hurry. A smart person in a hurry will make mistakes.

The National Health Service in England is creating a pathway for patients to phone in and discuss their symptoms with a doctor before coming in as a way to try to short-circuit some of the face-to-face time because they are imploding from the burdens of socialized medicine. I disagree with the concept of socialized medicine because those doctors have even less time to spend with their patients, and, thus, the potential for more mistakes.

When I was on call in the hospital, and at 3:00 in the morning a nurse requested Maalox for a patient with a upset stomach, I would get up and go look at the patient. I am not talking about a cardiac patient, but one that might have been there for an orthopedic problem. I still got up and went to look at them. It is not below the standard of care for a house physician to order Maalox on the word of a nurse, but there was always the possibility that a half-hour later, I would be pumping on the chest of the same patient then having a heart attack. The truth is that when I am actually looking at a patient telling me he has a 3:00 a.m. stomachache, there is other information that comes to me. It is hard to specify, but it makes me think that it may be something else. That is what I get from contact time, from interaction with the patient.

A caring physician should get up at 3:00 in the morning to look. It is fundamental to the osteopathic profession that we look at the whole patient. That is absolutely the right method. However, medicine has become so specialized, that I fear it will be lost as the physician’s view continues to narrow. My license says general practice, but I have caught a lot of serious medical pathology, only because my contact time is at least a half hour. With the Amish patient, it is talking to them while they are taking off their hairpins and apron. With the “English” patient, I talk with them the entire time I am doing the assessment.
There is a certain amount of information obtained from testing and a lot of information you get from talking. We make jokes in medicine about the “by the way.” A patient comes in complaining his back hurts, but as they are leaving they say, “by the way,” and ask for a prescription for Viagra—the real reason they came in. The truth is there will be a lot fewer “by the ways” if you talk to the patient. They will tell you about the real problem. I look at this as my whole job—the physical and the psychological aspects of the problem that is bothering them. That requires an ear and some time.

When I was a student in Florida, I spent a lot of time giving manipulative treatments in a very large clinic. I became friendly with an MD from Ecuador who had passed the USMLE equivalent and was redoing his residency. He would tease me that manipulation was ‘real’ medicine, and I would tease him back. One day, he came in all bent over, unable to stand straight and asked me to take a look at his back. I laid him down on the table and proceeded to fix him, and he never forgot it.

Sometime later, he came to a program, and I taught him how to do manipulation with one cautionary, “You are starting at a disadvantage after years and years of practicing as an MD, and you have to be aware that when you start putting your hands on your patients, they are not going to forget. You are not going to be able to go backwards.” Prophetically, it was so true—his patients are crazy about him and they will not leave him alone.

When osteopathic physicians who have never incorporated manipulation into their practice ask me to teach them techniques, I always start with the simplest ones. The reason being that, if they use them and get a positive result, it is the greatest revelation for them and they will use them again. If I show them something complicated, they become unsure and probably will not try it. Or if they get a bad result, they probably will never do manipulation again. The danger with that is they may become either anti-manipulation, or indifferent to it, and do not become fans.

If there really is an osteopathic difference, this is how I conceptualize it: If a person has a backache for a day or two, they will most likely shake it off, but when a person has been in chronic pain for a while, it starts to change their life. I do not do anything matter-of-factly. I have a bizarre sense of humor, which I use to allay patients’ concerns, but if someone comes in crying because their child died, I make sure I sit and listen to see if there is some concern I can answer, and as an osteopathic physician, there is always something that I can put my hands on. There is a deep bond established through your hands. If you are a doctor that listens, and puts hands on your troubled patient, you have done a great thing for them. Maybe the best you can do for a person is to hold their hand when they or a loved one dies.

I had a fellow come to me who had a Stage 4 cancer the size of half my fist in the root of his mouth. He said he had a few months left to live, so I asked him why he came to me. He said, “I have a post nasal drip that is keeping me awake at night.” You could step out from that situation and pose the question, “Why are we trying to do anything? In a few months he will be dead.” But it was his two months! I treated him, and, at a follow-up visit, he said his post-nasal drip was better, thanked me and left. People like him are written off all the time, and, as the health care situation keeps proceeding as it is, this type of need just keeps on growing.

Around the world, osteopathy is huge and uses a non-medical model—no prescribing, no surgeries and can even be shamanistic. People in third-world countries can’t afford allopathic medicine. However, if they go to an osteopathic physician, they know they are going to get manipulated. The whole world touches except in the Western world, so when you use your hands to treat, people can readily relate.

Unfortunately, students see osteopathy as an all-or-nothing approach. They think they are not going to become a manual medicine physician, not do the type of evaluations that their teachers taught in school and not do any type of treatments. I understand the need to teach the students everything, as they must thoroughly understand the science to avoid doing something wrong. But there is also the need to bring it all back into perspective. If they become a family physician, there will be a waiting room full of people, and maybe the best they can do is a bit of something to treat each patient. That bit of treatment is very important. The reality, though, is that most family doctors are not going to become specialists in manipulation.

My message to students is very simple: No matter your specialty, find a few minutes to put your hands on your patients and try some simple techniques. You will find that touching translates to care. It is not a placebo, it tells the patient that you really care about them. The funny thing is that once you do treat a patient, you start to care about them and become vested in their care. It will translate to your personal and professional success and satisfaction. It will enhance your practice, and though you, as we all do, are going to make mistakes, patients can sense your intent.
Visceral Approach for the Sacrum and Pelvis

December 9-11, 2011 at Western University/COMP in Pomona, CA

[Note: Due to overwhelming response at the March 2010 pre-Convocation course, Dr. Lossing has agreed to repeat this course for the AAO membership.]

Course Description:
This course will look at the most common medical and osteopathic problems in the sacrum and pelvis from a visceral osteopathic perspective. It will explore medical and osteopathic conditions such as coccygodynia, dyspareunia, menstrual irregularity, infertility, uterine fibroids, chronic low back pain, sacral fractures, stress incontinence, benign prostatic hypertrophy, chronic prostatitis, pelvic pain and pelvic floor dysfunction. During the course, participants will palpate, diagnose and treat fascial chains from the feet to the pelvis, the coccyx, the sacrum (including sacral fractures), sacral ligaments, pelvic floor muscles, the lymphatics of the pelvis and its organs, the prostate, cervix, fallopian tubes, ovaries, and bladder. Internal exams and treatment will be taught where appropriate.

Course Location:
Western University of Health Sciences
309 E. Second Street
Pomona, CA 91766
(909) 469-5505
www.westernu.edu

Kenneth J. Lossing, DO, Presenter
Dr. Lossing is a 1994 graduate of Kirksville College of Osteopathic Medicine. He completed internship and residency programs at Ohio University College of Osteopathic Medicine, and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine and the American Osteopathic Board of Family Physicians. Dr. Lossing studied under French osteopath Jean-Pierre Barral, DO, and is known internationally as a lecturer on visceral manipulation. He is currently in private practice in San Rafael, CA.

Except for acting as the 2012 AAO Convocation Program Chair in Louisville, KY, Dr. Lossing has decided to take a sabbatical from teaching in 2012. Visceral Approach to the Sacrum and Pelvis is the last AAO course Dr. Lossing will teach until 2013. Mark your calendars now and do not miss this opportunity!

CME:
The program anticipates being approved for 24 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Cancellation and Refund Policy:
The American Academy of Osteopathy reserves the right to cancel an educational program if an insufficient number of physicians register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation due to lack of registrations, all registration money will be refunded. Cancellations from participants received in writing and signed 30 or more days before the course opening may receive an 80 percent refund of their registration fee. For cancellations received in writing less than 30 days before the course opening, registrants may transfer 80 percent of their registration fee to another course to be held within the next 12 months. Registrants who fail to appear for an AAO program can transfer up to 50 percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.

Registration Form

Visceral Approach for the Sacrum and Pelvis
December 9-11, 2011

Name: ____________________________________________
Nickname for Badge: ________________________________
Street Address: _____________________________________
__________________________________________________
City: ______________________   State: ___  Zip: _________
Phone: ____________________    Fax: __________________
E-mail: ____________________________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.

AOA#: __________

Registration Rates
On or before 11/9/2011 After 11/9/2011
AAO member $ 960.00    $1,060.00
Non-member $1,060.00 $1,160.00

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ______________________________________
Cardholder’s Name: __________________________________
Expiration Date: ______________  3-digit CVV#__________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.

Signature: _________________________________________

American Academy of Osteopathy
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268
Phone: (317) 879-1881 • Fax: (317) 879-0563
Register online at www.academyofosteopathy.org


**Course Description:**

This course is a revised and updated version of a course held in 2007 by the Arizona Academy of Osteopathy, a component society of the AAO. It will review, discuss, demonstrate, compare and practice osteopathic manipulative techniques dating back to the early days of the profession with a clear lineage to Dr. Andrew Taylor Still and other early pioneers, such as Dr. John Martin Littlejohn. The historical and practical context of the techniques demonstrated will be discussed and debated, with reference to contemporary understanding of biomechanics and neurophysiology.

**Course Objectives:**

- Provide a clear and factual understanding of the history and development of osteopathic manipulative techniques;
- Understand the mechanics of dysfunction and technique in the early phase of the osteopathic profession;
- Review modern versions of A.T. Still’s and J.M. Littlejohn’s techniques in the context of contemporary developments in basic and clinical sciences;
- Demonstrate and help participants learn specific applications of the Still and Littlejohn Techniques as applied to the spine, pelvis and extremities;
- Enable participants to successfully apply the learned principles and techniques in clinical practice.

**CME:**

The program anticipates being approved for 20 hours of AOA Category 1-A CME credits by the AOA CCME.

**Faculty:**

**Christian Fossum**, DO (Norway), is the Principal of the Nordic Academy of Osteopathy in Oslo, Norway. He has previously held positions at the European School of Osteopathy (Maidstone, UK) and Kirksville College of Osteopathic Medicine. He has taught courses throughout Europe and North America, and has authored numerous articles and book chapters on osteopathic principles and practice. Dr. Fossum is currently enrolled in a doctorate program through the University of Bedfordshire and the British School of Osteopathy in London, UK.

**Richard Van Buskirk**, DO, PhD, FAAO, a 1987 graduate of West Virginia School of Osteopathic Medicine (WVSOM), is in private practice in Sarasota, FL. Before becoming a student of osteopathic medicine, he held positions in neuroscience and physiology at the University of Wyoming, Hahnman Medical School and WVSOM. Dr. Van Buskirk has taught numerous courses in the United States, Japan and Europe, and has contributed articles to all three editions of the *Foundations of Osteopathic Medicine* textbook.

**Course Location:**

Arizona College of Osteopathic Medicine
19555 North 59th Avenue
Glendale, AZ 85308
(623) 572-3215

**Travel Arrangements:**

Globally Yours Travel  
Call Tina Callahan at (800) 274-5975

---

**Still-Littlejohn Techniques**  
**January 13 - 15, 2012 at AZCOM**

**Registration Form**

**Still-Littlejohn Techniques**  
**January 13 - 15, 2012**

Name: ___________________  AOA#: ___________________

Nickname for Badge: ________________________________

Street Address: _____________________________________

City: ___________________ State: ______  Zip: _________

Phone: ___________________  Fax: ___________________

E-mail: ________________________________

*By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or e-mail.*

Billing address (if different than above): ________________________________________

**Registration Rates**

<table>
<thead>
<tr>
<th></th>
<th>On or before 12/15/2011</th>
<th>After 12/15/2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>AAO member</td>
<td>$800.00</td>
<td>$900.00</td>
</tr>
<tr>
<td>Non-member</td>
<td>$900.00</td>
<td>$1,000.00</td>
</tr>
<tr>
<td>Students/Residents</td>
<td>$700.00</td>
<td>$800.00</td>
</tr>
</tbody>
</table>

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars.

Credit Card #: ________________________________  3-digit CVV#

Expiration Date: ________________________________

*I hereby authorize the American Academy of Osteopathy to charge the above credit card for the full course registration amount.*

Signature: ____________________________________________

American Academy of Osteopathy  
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268  
Phone: (317) 879-1881  Fax: (317) 879-0563  
Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)

---

Click here to view the AAO’s Cancellation and Refund Policy

---

August 2011 *AAO Member Newsletter*  
23
August 20 - 21  
_Dallas Osteopathic Study Group Basic Course_  
Ligamentous Articular Strain Techniques  
Dallas, TX  
CME: 16 Category 1-A AOA credits anticipated  
Contact: Conrad Speece, DO  
Phone: (214) 321-2673  
E-mail: [cjspeece@yahoo.com](mailto:cjspeece@yahoo.com)

**September 9 - 11**  
_Osteopathic Physicians and Surgeons of California_  
22nd Annual Fall Conference  
InterContinental The Clement, Monterey, CA  
CME: 22 Category 1 A AOA credits anticipated  
Phone: (916) 822-5246  
Fax: (916) 822-5247  
Contact: Conrad Speece, DO  
Phone: (214) 321-2673  
E-mail: [opsc@opsc.org](mailto:opsc@opsc.org)  
Web site: [http://www.opsc.org](http://www.opsc.org)

**September 15 - 18**  
_An Osteopathic Paradigm of Muscle Function_  
OSU COM, Tulsa, OK  
Course Directors: Judith Lewis, DO; Walter Witryol, MD  
CME: 24 Category 1-A AOA credits anticipated  
Contact: Conrad Speece, DO  
Phone: (214) 321-2673  
Fax: (214) 321-2673  
E-mail: [info@cranialacademy.org](mailto:info@cranialacademy.org)  
Web site: [http://www.cranialacademy.org](http://www.cranialacademy.org)

**September 16 - 18**  
_Florida Osteopathic Medical Association Mid-Year Seminar_  
Grand Hyatt Tampa Bay, Tampa, FL  
CME: 27 Category 1-A AOA credits anticipated  
Phone: (850) 878-7364  
Fax: (850) 942-7538  
E-mail: [admin@foma.org](mailto:admin@foma.org)  
Web site: [www.foma.org](http://www.foma.org)

**September 17**  
_Washington Osteopathic Medical Association_  
OMT and Sports Medicine  
PNWUCOM, Yakula, WA  
CME: 7 Category 1-A AOA credits anticipated  
Phone: (206) 937-5358  
Fax: (206) 933-6529  
E-mail: [kitter@woma.org](mailto:kitter@woma.org)  
Web site: [www.woma.org](http://www.woma.org)

**September 23 - 25**  
Intro to Osteopathic Medicine and Evaluation & Treatment: Thorax and Rib Cage  
Faculty: Patricia Murray, DO; George Pasquarillo, DO, FAAO  
UNECOM, Biddeford, ME  
CME: 20 Category 1-A AOA credits anticipated  
Phone: (207) 602-2589  
Fax: (207) 602-5957  
E-mail: [cme@une.edu](mailto:cme@une.edu)  
Web site: [www.une.edu/com/cme](http://www.une.edu/com/cme)

**September 23 - 25, 2011**  
_Annual ACOFP Intensive Update & Board Review in Osteopathic Family Medicine_  
InterContinental Chicago O’Hare Hotel, Rosemont, IL  
CME: 21 Category 1-A AOA credits anticipated  
Phone: (800) 323-0794  
Fax: (847) 228-9755  
E-mail: [joank@acofp.org](mailto:joank@acofp.org)  
Web site: [http://www.acofp.org](http://www.acofp.org)

**September 29 - 30**  
_Osteopathic International Alliance & Osteopathic European Academic Network Potsdam Conference: Teaching Palpation_  
Potsdam, Germany  
Phone: (312) 202-8196  
Fax: (312) 202-8496  
Web site: [www.oialliance.org](http://www.oialliance.org)

**October 7 - 9, 2011**  
_Beyond the Basics: Additional Sutherland Procedures_  
Course Director: Edna M. Lay, DO, FAAP  
MSUCOM, Lansing, MI  
Contact: Joy Cunningham  
Phone: (509) 469-1520  
Fax: (509) 453-1808  
E-mail: [jcunningham4715@yahoo.com](mailto:jcunningham4715@yahoo.com)  
Web site: [http://www.sctf.com](http://www.sctf.com)

**October 12 - 16**  
_American College of Osteopathic Obstetricians & Gynecologists Fall Conference_  
Hyatt Regency at Penn’s Landing, Philadelphia, PA  
CME: 27 Category 1-A AOA credits anticipated  
Phone: (817) 377-0421  
Fax: (817) 377-0439  
E-mail: [info@acoog.org](mailto:info@acoog.org)  
Web site: [http://www.acoog.org](http://www.acoog.org)

**November 5 - 6, 2011**  
_Michigan Osteopathic Association_  
7th Annual Fall CME Seminar  
Amway Grand Plaza, Grand Rapids, MI  
CME: 12 Category 1 A AOA credits anticipated  
Phone: (800) 657-155  
Fax: (517) 347-1566  
E-mail: [moa@mi-osteopathic.org](mailto:moa@mi-osteopathic.org)  
Web site: [www.mi-osteopathic.org](http://www.mi-osteopathic.org)

**November 11 - 13**  
Intro to Osteopathic Medicine and Evaluation & Treatment: Cervical Spine and Upper Extremities  
Faculty: Patricia Murray, DO; George Pasquarillo, DO, FAAO  
UNECOM, Biddeford, ME  
CME: 20 Category 1-A AOA credits anticipated  
Phone: (207) 602-2589  
Fax: (207) 602-5957  
E-mail: [cme@une.edu](mailto:cme@une.edu)  
Web site: [www.une.edu/com/cme](http://www.une.edu/com/cme)