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Interim Executive Director's Message

The AAO leadership and staff are proud to announce, effective November 1, 2009, AAO members will be able to access their own AAO membership information via the internet. The Netforum Association Software will enable the individual to update one's address, phone number, fax number, and email address. One will also be able to pay dues, sign up for courses, order books and automatically receive an AAO member discount, if available. This association software will immediately send the user a confirmation for his/her dues, course registration and/or purchases. In addition, the member will be able to add to their profile; their personal website link, professional society memberships, internship program, residency program, state licensure information, etc. Best of all, the member will be able to access and change any information as needed 24 hours a day, 7 days a week!

This software includes modules such as inventory management, on-line shopping cart, on-line event management, committee management, individual and organization profile management, member transactions, and much more. We are looking forward to adding additional benefits and perks by utilizing this on-demand association management software as they become available. The AAO leadership and staff appreciate your patience in this process. By the way, this is a "SECURED" website! We will keep you updated! The best is yet to come!

The AAO staff has come together as a team and has been working tirelessly to complete many projects in the past four months. Phyllis McNamara, AAO Bookkeeper closed out the 2008-2009 fiscal year financials, completed an inventory of office equipment and books, prepared for and successfully made it through one more annual audit!

Kelli Bowersox has agreed to take over the Educational courses and is looking forward to working with **John Hohner, DO, FAAO**, Education Committee Chair and the committee members in addition to her marketing responsibilities while I am interim director. In the past two months, Kelli has spent most of her time transferring an enormous amount of information from our present databases to the new association software system, not to mention creating and manipulating the fields that the information is entered into!

Our newest employee, Susan Lightle reports that the AOBMM has 39 candidates testing in November in addition to the seven physicians sitting for re-certification. Susan has taken over as Membership Coordinator and will be working with **Sharon Gustowski, DO**, Membership Committee Chair and the committee members to retain and increase membership in the AAO. Although we have received an excellent response to dues notices, the third mailing has been sent to those who have not paid their dues. Please take a moment and either submit your dues payment online or call the AAO headquarters. Your dues help keep this association running. Thank you!

Jennifer Taylor has published three newsletters, two journals, numerous marketing brochures for upcoming courses, Convocation marketing brochure and Exhibit Prospectus as well as the 2010-2011 CME Manual. The Convocation marketing brochure will be mailed to all members in early October. The CME Manual will be completed by the end of October. She reports that three out of four sections of *Greenman's Works* has been sent to the Yearbook Editor, **Hollis King, DO, PhD, FAAO**, for proofing and will be available for purchase prior to Convocation. Jennifer has been working with **Doris Newman, DO**, Chair of the Postdoctoral Standards and Evaluation Committee and reports that we are ahead of schedule for our revision of all *Basic Standard* documents to meet the new uniform standard requirements of the AOA.

Debbie Johnson has agreed to take over the management of the website in addition to the administrative assistant duties. She reports that the Fellowship Committee has five applicants who have begun the process of earning their FAAO. Debbie and I are working to prepare for the upcoming Board of Trustees, strategic planning, and various committee meetings that will be held during the Convention. A call for reports will be sent out to all chairs of committees.

The OMT Update course was presented at Walt Disney World® Contemporary Resort. **Ann L. Habenicht, DO, FAAO; Judith A. O'Connell, DO, FAAO; Laura Griffin, DO, FAAO; and John G. Hohner, DO, FAAO** presented to 42 participants. The course

was held from 6:30 am to 1:30 pm for four days so that participants were able to enjoy Disney parks with their family. This 23-hour hands-on course reviewed rapid diagnostic procedures for areas of somatic dysfunction, was spent learning techniques that are based on restrictions of joints, muscles and fascia and reviewed additional techniques that could be utilized to treat common clinical conditions in a busy Family Practice. This course proved to be an excellent review of the ACOFP and AOBNMM board exams.

I have only briefly touched on the many projects the Academy staff has been working on, but please know that we sincerely appreciate and want to take this moment to personally thank all the AAO members who have supported us these past few months. The staff has been over-whelmed with catching up from the past year plus learning the new association software, but we feel that we are in a good place and look forward to continuing to work with and be of service to the AAO leadership and members. If we can be of any assistance to you, please do not hesitate to call upon us.

Diana L. Finley, CMP

Diana L. Finley, CMP

Help! AAO Needs Registrations for AOA Convention

AAO staff has learned from the AOA that there are only 38 osteopathic physicians who have registered to date as AAO members for the 114th Osteopathic Medical Conference (OMED), which is scheduled for November 1-4 in New Orleans. DOs can earn up to **26 hours of Category 1-A CME** credit for attending the didactic programs of the specialty colleges and the convention's closing joint session on Thursday, November 5th.

If you have not already done so, please complete your registration this week and recruit your colleagues to sign up as AAO registrants as well. The AAO's only revenue from the Convention accrues from attendees who check the AAO on their registration forms.

For those physicians who wish to count the 26 hours toward their certification in Neuromusculoskeletal Medicine, you must register as an Academy member (even if they split the registration with another specialty college) to receive the AOBNMM certification hours.

Didactic sessions will be held in the Ernest N. Morial Convention Center and AAO board and committee meetings will take place in the adjacent Hilton Hotel. The overall theme for this year's event is *The Road to Health Begins with Prevention*. AAO members will find information via DO-Online <http://www.omedconference.org/index.cfm?fa=plan.registration>. The information is also printed in both Academy and AOA publications. Please be sure to **REGISTER AS AN ACADEMY MEMBER**.

AAO Program Chairperson **David Mason**, DO has organized the AAO program around the theme *Osteopathic Foundations of Clinical Practice, Case Studies and Treatment*. Dr. Mason's program includes six half-day, hands-on workshops providing case studies relative to pediatrics, geriatrics, neuromusculoskeletal medicine, obstetrics-gynecology, internal medicine and sports medicine. A copy of Dr. Mason's entire program is found on page 15 in this newsletter.

Dr. Johnson Delivers Northup Lecture

If you will be at the AOA Convention in New Orleans, please plan to attend the Academy's Thomas L. Northup, DO, FAAO Memorial Lecture scheduled at 12:15 pm on Monday, November 2 as part of AAO's didactic program. **Kenneth H. Johnson**, DO, FAAO will deliver the 2009 Northup Lecture entitled, "Osteopathy – The Journey that Doesn't End."

Dr. Johnson is a 1992 graduate of the University of New England College of Osteopathic Medicine. He is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine and the American College of Osteopathic Family Physicians. He has served as AAO President in 2006, as well as, Vice-Chairman and Chairman of the UAAO Council. He is currently serving the American Academy of Osteopathy on the International Affairs Committee, as well as, a member of the Board of Governors. He has participated in the Long Range Planning Committee, and has chaired the OPTI Committee. Dr. Johnson is currently a faculty member of Eastern Maine Medical Center/UNECOM Family Practice Residency where he serves as the Director of Osteopathic Medical Education and Director of the NMM Plus-One Program and Director of the Osteopathic Family Practice Program. He has developed, taught and been a faculty member at numerous programs on OMM and osteopathic medical education including AAO Convocation, AOA Convention, Residency Assistance Program, Society for Teachers of Family Medicine National Meeting and Northeast Regional Meeting, Maine Academy of Family Physicians and Maine Osteopathic Association. Dr. Johnson has faculty appointments through the University of New England and Tufts. He is the founder of the "OMT Update for Residents"- a bi-annual daylong educational program for residents in the Northeast. Dr. Johnson earned his Fellowship in the American Academy of Osteopathy in 2006.



The AAO Membership Committee shall nominate and recommend not less than four eligible candidates to the AAO Board of Trustees for the Thomas L. Northup Award. This award shall be given to an individual that reflects the stature of the lecturer in such fields as education, research clinical practice, professional management or allied categories of activity. As an AAO member, if you know of an individual who you feel is deserving of this honor, please send your recommendations to the AAO Membership Coordinator, Susan Lightle at [sightle@academyofosteopathy.org](mailto:slightle@academyofosteopathy.org).

AAO Offers Osteopathic Diagnosis and Treatment Education

Each year at the AOA conference, the American Academy of Osteopathy (AAO) offers its free osteopathic diagnosis and treatment education sessions to conference attendees, including guests and exhibitors. These sessions are provided for educational purposes only.

DOs from all specialties are invited to volunteer to provide expertise for the AAO program. The AAO welcomes osteopathic physicians who want to volunteer. One half-hour Category 1B CME credit is given for each person the physician sees. The AAO prefers advance notice from osteopathic physicians who want to volunteer, but will accept on-site registration.

For more information about this event, contact Kelli Bowersox on-site in New Orleans. *Volunteers must have their own professional liability coverage.*

AAO Calendar of Events

October 2009

October 8-10: Prolotherapy Weekend, Biddeford, ME
October 15-18: Manipulation Under Anesthesia, Davie, FL
October 21-24: Bone and Joint Decade Global Network Conference, JW Marriott in Washington, DC
October 29: AOA Program and Trainee Review Council (PTRC), Chicago, IL
October 30-31: AOA Council on Postdoctoral Training (COPT), Chicago, IL
October 31-November 1: Two-Day Pre-AOA Convention Hands-on Workshop: "Early Osteopathic Approaches to the Viscera", New Orleans, LA

November 2009

November 1-3: AAO Program at the AOA Convention, New Orleans, LA
November 1-5: AOA 2009 Convention, New Orleans, LA
November 1: AAO Board of Trustees Meeting, 7:00 am (CST) in New Orleans, LA
November 1, AAO BOT Strategic Planning, 1:00 pm (CST) in New Orleans, LA
November 2: Education Committee meeting, 6:00 am (CST) in New Orleans, LA
November 2: Fellowship Committee meeting, 8:00 am (CST) in New Orleans, LA
November 3: Board of Trustees Strategic Planning Meeting, 7:30 am (CST) in New Orleans, LA
November 3: PS&E Committee Meeting, 6:30 am (CST) in New Orleans, LA

December 2009

December 5: AOA Bureau of Osteopathic Education, Chicago, IL

January 2010

January 22-24: Exercise Prescription, AZCOM in Glendale, AZ

February 2010

February 3: PS&E Committee Teleconference at 6:00 pm (EST)

March 2010

March 14-16: Visceral Approach for the Sacrum and Pelvis, Colorado Springs, CO
March 15-16: Pelvic Pain: Mechanisms and Evidence Based Diagnosis & Treatment, Colorado Springs, CO
March 17-21: AAO Convocation, Pelvis & Sacrum: Where It All Comes Together, Colorado Springs, CO
March 18: PS&E Committee Meeting at 6:30 am (Mountain Time), Colorado Springs, CO
March 18: AAO Annual Business Meeting, Colorado Springs, CO

AAOA Sponsors "Still" Fit for Life 5 K/1M Run in New Orleans

The Advocates of the American Osteopathic Association (AAOA) is very excited to sponsor this fitness event and promote exercise within our profession! This run is a demonstration of the profession's commitment to wellness and health. The AAOA has asked that we distribute the form to our membership and for your commitment to fitness as a way of life. Click on the link below to view the registration form for the upcoming fitness event at the OMED Convention in New Orleans on November 1-4.

http://www.advocates4dos.org/pri/uploads/public/docs/2008-2009/AAOA_5K_Run2009_Registration.pdf

This event will be Tuesday morning, November 3, at 6:00 am, buses leaving from the lobby of the Hilton Riverside Hotel at 5:30 am. Proceeds from the race will be used to fund the Special Projects of the AAOA. Grants are given to the student groups and other organizations within the profession. It is a great way to support grassroots efforts of the profession! A commitment to fitness can be made from home if supporters do not plan to attend the OMED. At the OMED, there is a sleep-in option if you choose to exercise later in the day.

For those of you who are working on your fitness, here's your first tip for success. A glass of ice water has to be warmed by the body to digest. This burns 12 calories and also hydrates. Sipping ice water all day is a great habit, and may result in drinking yourself thin!

If you have any questions, please contact Janet Burns, AAOA 5K Chair at jburns15@earthlink.net or phone 407/375-1101.

Committee Requests Aid in Recruiting Exhibitors

The Academy's Education Committee seeks your assistance in recruiting exhibitors for the 2010 AAO Convocation in Colorado Springs. Please inform your "favorite" vendor that the exhibition is scheduled for Wednesday, March 17 through Friday, March 19 at The BRO^ADMOOR Hotel. The exhibition fee ranges from \$1,050-1,200 and includes advertising in the workbook distributed to over 1,000 DOs and students. This event is the premier gathering of the world's most gifted practitioners in osteopathic manipulative medicine. Tell the representative that you expect their company either to be present for the exhibition or to provide an unrestricted educational grant to support the program. Surely, the company will benefit from this exposure. Refer them to Education and Marketing Coordinator Kelli Bowersox, at the AAO headquarters who will provide them with additional information and registration materials. Also, the representatives can download an exhibit prospectus from the front page of the AAO website www.academyofosteopathy.org.

AAO Members Remit Dues Promptly

AAO staff mailed the third round of dues statements to Academy members. More than 71% of AAO members have paid their dues for the 2009-2010 fiscal year that began on August 1. The leadership is grateful for the prompt response from members to these dues invoices.

Prolotherapy Weekend October 8-10, 2009 at UNECOM

Course Description:

Thursday, Oct 8: This will be required for those physicians who have not taken a prior course in prolotherapy. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.

Friday and Saturday, Oct 9-10: Participants will be divided into two groups, beginners and advanced. These two groups will alternate between lectures and anatomy and injection technique while the other group will be in the anatomy lab performing injections under supervision and reviewing prosections.

Presenting:

Mark S. Cantieri, DO, FAAO, Program Chairperson
George J. Pasquarello, DO, FAAO

Prerequisites

Functional Anatomy; (1) Level I course or equivalent

CME

The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Program Time Table

Thursday, October 8..... 5:00 pm - 10:00 pm
Friday, October 9 8:00 am - 5:30 pm
Saturday, October 10 8:00 am - 5:30 pm

(Thursday includes a 30 minute break; Friday & Saturday include (2) 15 minute breaks and a (1) hour lunch.)

Course Location:

University of New England
Biddeford Campus
11 Hills Beach Road
Biddeford, ME 04005
(207) 283-0171
Biddeford, ME
<http://www.une.edu>

Travel Arrangements

Globally Yours Travel
Tina Callahan
(800)274-5975

* A rental car is recommended since the campus is located about 15-20 minutes from most hotels and restaurants.

Register Online at http://www.academyofosteopathy.org/upcoming_courses

Registration Form Prolotherapy Weekend October 8-10, 2009

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

I require a vegetarian meal.

The AAO makes every attempt to provide snacks/meals that will meet the participant's needs, but we cannot guarantee to satisfy all requests.

Registration Rates

\$1,200 (if book has been previously purchased)

\$1,510 to include course syllabus:

Principles of Prolotherapy by Thomas Ravin, MD, Mark S. Cantieri, DO, FAAO and George J. Pasquarello, DO, FAAO

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature _____

Golden Ram Campaign Surpasses 32% of Goal

AAO members “dues check-off” donations to Golden Ram Society have steadily increased total contributions to this annual fund raising campaign. The Academy’s leadership encourages all AAO members to support this annual fund. As of September 25, 156 donors have already contributed a total of \$32,946.31 – 32.8% of the \$80,000 goal. This represents a 10.4% decline over the same time last year, which, on September 25, totaled 156 donors contributing \$34,525.65. Thanks to all AAO members for their loyal support of this annual fund raising program!

The President’s Club \$2,500 or more

George J. Pasquarello, DO, FAAO
Damon M. Whitfield, DO

A.T. Still Club \$1,000-\$2,499

John Balmer, DO & Patricia Balmer, RN
Lawrence Barnard, DO
Stephen D. Blood, DO, FAAO
Lisa A. DeStefano, DO
Ann L. Habenicht, DO, FAAO
Hollis Heaton King, DO, PhD, FAAO
Brian McDevitt, DO
Gary Ostrow, DO
Quoc L. Vo, DO

T.L. Northup Club \$500-\$999

Robert N. Agnello, DO & Kerry S. Agnello, DO
Guy A. DeFeo, DO
Jonathan E. Fenton, DO
William J. Garrity, DO
Jacey Goddard, DO
Philip Greenman, DO, FAAO
Laura E. Griffin, DO, FAAO
Pamela L. Grimaldi, DO
James H. Gronemeyer, DO
Gretta A. Gross, DO
John G. Hohner, DO, FAAO
T. Reid Kavieff, DO
Kim Sing Lo, DO
Tim Mosomillo, DO
Monica M. Rogalski, DO
Stanley Schiowitz, DO, FAAO
Ralph Schurer, MD
Hirokuni Shimomura, (Japan)
Michael J. Warner, DO & Margaret Warner, DO

Louisa Burns Club \$250-\$499

T. John Baumeister, DO
Stephen Patrick Cavanaugh, DO
John A. Cifala, DO
Daniel P. Conte, DO
Gregory Craddock, DO
Edward R. Douglas, DO
Stacey Bushnell Gill, DO
David B. Hagie, DO
Stefan Hagopian, DO, FAAO
Raymond J. Hruby, DO, FAAO
Paul Langevin, DO
Sonia Rivera-Martinez, DO
Dr. & Mrs. Paul Grayson Smith, Jr
Sheldon C. Yao, DO & Melissa Ventimiglia, DO

Vicki Dyson Club \$100-\$249

David Scott Abend, DO
Juan F. Acosta, DO
Richard H. Armond, DO

David C. Ashcraft, DO
Arlen L. Bass, DO
Myron C. Beal, DO, FAAO
Daniel F. Bensky, DO
Joel Berenbeim, DO
Anita Bodrogi, DO
Laurence E. Bouchard, DO
Dennis Burke, DO
Denise K. Burns, DO
Thomas R. Byrnes, DO
Elizabeth Clark, DO
Kevyn Comstock, DO
David C. Conner, DO
Lori A. Dillard, DO
Lyudmila Edshteyn, DO
Stephen M. Ellestad, DO
Melvin R. Friedman, DO
David B. Fuller, DO, FAAO
Jerel Glassman, DO
Mikhail Gleyzer, DO
Edward K. Goering, DO
Stephen I. Goldman, DO, FAAO
Sharon Gustowski, DO
Kenjo Harada
Kurt D. Harrison, DO
Paul K. Hume, ND, DO (New Zealand)
Christie A. James, DO
Douglas J. Jorgensen, DO
John H. Juhl, DO
William J. Kirmes, DO
Paul Gerard Kleman, DO
William A. Kuchera, DO, FAAO
Carol L. Lang, DO
Robert J. Lang, DO
R. Paul Lee, DO, FAAO
Mark L. Martin, DO
Tamara M. McReynolds, DO
Masayoshi Midorikawa, (Japan)
Paul S. Miller, DO
Hiroya Morita, DO
William F. Morris, DO
Wendy S. Neal, DO
Sun F. Pei, DO
Horace C. Purtzer, DO
Wesley B. Reiss, DO
Laura M. Rosch, DO
Mark E. Rosen, DO
Richard G. Schuster, DO
William A. Seeglitz, Jr., DO
Alice R. Shanaver, DO
Joel D. Stein, DO, FAAO
Jacqueline M. Stoken, DO
Jean Ann Swift, DO

Shigeru Tajiri, (Japan)
David E. Teitelbaum, DO
Earl R. Trielvel, DO
Piers N. Vigers, DO (UK)
Glenn Norman Wagner, DO
Sherri Lee Walker, DO
Adrian L. Woolley, DO

Supporter Club Supporter – \$99 or less

Richard M. Appleby, DO
Charles A. Beck, DO
Murray R. Berkowitz, DO
Daniel J. Callan, DO
Peter A. Curka, DO
Joan F. Dawson, DO
Nicholas P. Diamond, DO
J. Wayne Dillard, DO
Colleen S. Eng, DO
William M. Foley, DO
Jon K. Freckleton, DO
Richard Joseph Geshel, DO
Stamatia F. Gockel, DO
Jeffrey Greenfield, DO
Ellie Griffin, DO
Masahiro Hashimoto, (Japan)
Jennifer L. Highland, DO
Yumiko Kabasawa, (Japan)
Anne K. Kaplan, DO
Doreen M. Kendall, DO
Brian G. Knight, DO
Jeffrey J. Kotulski, DO
Edna M. Lay, DO, FAAO
John W. Lewis, DO
Laura Liles, DO
Wesley C. Lockhart, DO
Marianne T. Longacre, DO
Mary E. Malcom, DO
P. Iris Marshall, MD
Masami Matarai, (Japan)
Ramona A. Miller, DO
Miriam V. Mills, MD
Merideth C. Norris, DO
John H. Pototmski, DO
Deborah J. Power, DO
Eric L. Schneider, DO
Ian Schofield, DO (UK)
Charles B. Schuetz, DO
Daniel Albert Shadoan, DO
James E. Shaffer, DO
Heather A. Sharkey, DO
Muhammad H. Sizar, DO
Beth N. Thompson, DO
Eric Toder, DO
Craig M. Wax, DO
Katherine A. Worden, DO
Cynthia Worden, DO
David P. Yens, PhD
Eden J. Zoll, DO

Manipulation Under Anesthesia

October 15-18, 2009 in Davie, FL

Course Description:

This course will provide the attendee an understanding of indications, techniques and complications of MUA. It will also provide fundamental concepts of pain management from a multidisciplinary approach including non-pharmacological, pharmacological, interventional and surgical arenas. Pre-operative, peri-operative and post-operative care will be presented in real-time monitoring.

Since the manipulative techniques utilized on an anesthetized patient differ from those utilized in an awake patient, the course will focus on a manipulative procedural protocol for use during MUA.

Topics will be presented with discussion of patient selection including appropriate diagnoses, age, co-morbidities and medical management decisions.

Appropriate physical therapy protocols for the post-procedure period will also be discussed.

Presenting:

Joel D. Stein, DO, FAAO, FAOASM, FACOPF, Program Chairperson

Michael Flicker, DO

James Padula, DO

CME

The program anticipates being approved for 28 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Travel Arrangements

Globally Yours Travel

Tina Callahan

(800)274-5975

Course Locations:

This course will be held at two locations:

Thursday October 15: 8:00 am - 6:00 pm,

Friday October 16: 3:00 pm - 6:00 pm &

Saturday October 17: 3:00 pm - 6:00 pm

Hampton Inn Ft. Lauderdale/Plantation

7801 S.W. 6th Street, Plantation, Florida, USA 33324

Phone: 954/382-4500

Friday October 16: 7:00 am - 2:00 pm,

Saturday October 17: 7:00 am - 2:00 pm, &

Sunday October 18: 7:00 am - 2:00 pm

Take Shape Ambulatory Surgical Center

4161 NW 5th St, # 100, Plantation FL 33317

Phone: 954/585 3800

What is Manipulation Under Anesthesia?

After medical clearance, the patient is lightly anesthetized to achieve total relaxation, then adjustments and stretching movements which would normally be too painful to even consider are easily, painlessly and quickly accomplished.

How do you know if you need MUA?

Spinal manipulation is needed when joints in the vertebral column become locked and immovable. It is the physician's responsibility to restore the function to previously movable joints.

How does anesthesia help the manipulation?

When movement of the spine is extremely and intolerably painful, the benefit of being unconscious is obvious, but the anesthesia performs other important functions, such as shuts off the muscle spasm cycle to allow spinal movement; sedates the pain perceiving nerves that have been irritated due to the dysfunctional spine; and allows complete muscle relaxation to allow the doctor to stretch shortened muscle groups and to break adhesions caused by scar tissue.

Who Can Benefit From MUA?

MUA can be a valuable procedure for people with chronic neck, back and joint problems--conditions caused by long-term disabilities, accidents, and injuries that have not been responsive to conventional treatment, but MUA is not for everybody. Common, general indications that MUA could be effective include: Fibro adhesion buildup; Chronic disc problems; Herniated disc without fragmentation; Chronic myofascitis; Intractable pain from neuromusculoskeletal conditions; torticollis; chronic re-injury; and failed back surgery.

International MUA Academy of Physicians

Registration Form Manipulation Under Anesthesia October 15-18, 2009

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

Lunch on your own

Registration Rates

AAO Members Physician \$1,600

Non-Member Physician \$1,700

*Membership application can be completed online at
www.academyofosteopathy.org.*

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature _____

AAO Committees Meet Fall 2009

Chairpersons of AAO committees have established a tentative schedule of meetings to be held during the American Osteopathic Association's 2009 Osteopathic Medical Conference (OMED) in New Orleans. Most board and committee meetings will be conducted at the Hilton Riverside Hotel in the assigned AAO meeting rooms. However, please check the hotel monitor onsite for the specific room assigned to the Academy.

Some chairpersons transmit via mail or e-mail an agenda to members prior to the meeting while others choose to hand out the agenda and supporting documents only at the beginning of the meeting itself. Hence, if you are unable to attend your committee's meeting in New Orleans, please advise the chairperson in advance so that you have an opportunity for input on the issues.

Tentative Schedule - subject to change

Saturday, October 31, 2009

Early Osteopathic Approaches to the Viscera: Using principles and techniques from Still, Sutherland, and Chapman; Kenneth Lossing, DO, Program Chair and faculty – Room 210 at Earnest Morial Convention Center (8:00 am – 5:30 pm)

Sunday, November 1, 2009

Early Osteopathic Approaches to the Viscera: Using principles and techniques from Still, Sutherland, and Chapman; Kenneth Lossing, DO, Program Chair and faculty – Room 210 at Earnest Morial Convention Center (8:00 am – 5:30 pm)

Board of Trustees – Prince of Wales Room at Hilton Riverside (7:00 am – 11:00 am)

BOT Strategic Planning Meeting – Room TBD at Hilton Riverside (1:00 pm – 5:00 pm)

Monday, November 2, 2009

Education Committee – Prince of Wales Room at Hilton Riverside (6:00 am – 8:00 am)

Fellowship Committee – Cambridge Room at Hilton Riverside (8:00 am – 6:00 pm)

Tuesday, November 3, 2009

Postdoctoral Standards & Evaluation Committee – Warwick Room at Hilton Riverside (6:30 am – 8:00 am)

AAO's Northrup Lecture – Room 210 at Ernest Morial Convention Center (12:15 pm - 1:15 pm)

Alumni Luncheons – (1:15 pm - 2:30 pm)

Wednesday, November 4, 2009

No AAO Committee meetings scheduled

Thursday, November 5, 2009

No AAO Committee meetings scheduled

The remainder of the chairpersons have yet to advise the AAO staff whether they will convene their committees at the AOA Convention in New Orleans or conduct business otherwise. They include Bylaws; C-NMM/OMM; External Fundraising; Informational Technologies; Investment; Membership; Nominating; OPTI Liaison; Osteopathic Diagnosis and Treatment Education; Publications, and Undergraduate Academies.

Plan Now to Attend 2010 AAO Convocation

The Convocation Marketing Brochure goes to press! The Education Committee will be mailing to all AAO members the registration materials for the AAO Convocation scheduled for March 17-21, 2010 at the The Broadmoor Hotel in Colorado Springs. The Committee encourages you to mark these dates on your calendar now and plan to attend. Program Chairperson **Doris Newman**, DO has organized the program around the theme "Pelvis and Sacrum: Where it all comes together." In addition to an impressive list of keynote speakers, Dr. Newman continues the time-honored series of hands-on workshops presented by masters of the profession. You will find a detailed review of the workshops in the brochure. The AAO staff encourages members to make their hotel reservations early as the prime accommodations are likely to go quickly. Readers can access the Convocation brochure via the front page of the AAO website www.academyofosteopathy.org.

Health Policy Notes

The Centers for Medicare and Medicaid Services announced on August 21, 2009 that data from three Medicare demonstration projects shows that offering financial incentives for improving or delivering high quality care increases quality and can reduce growth in Medicare expenditures.

The *Chicago Sun-Times* reported on August 23, 2009 that four of the largest US health insurers, which together cover almost 100 million people – have launched or explored pilot medical tourism programs to help beneficiaries save money on health care procedures abroad.

USA Today reported on September 1, 2009 that medical care offered in retail clinics is of a similar quality to that of physicians' offices and urgent-care centers at about a 30% lower cost, according to a study of 15,000 cases published in the *Annals of Internal Medicine*.

(Source: AOA Daily Report 9/2/09)

Early Osteopathic Approaches to the Viscera

Using principles and techniques from Still, Sutherland, and Chapman

October 31-November 1, 2009 in New Orleans, LA

Course Description:

This old style visceral course is designed for any osteopathic physician interested in treating visceral problems. Whether you have no experience or 25 years experience with the viscera, you are sure to learn a lot. Dr. Lossing has been training, practicing, and teaching visceral approaches for 23 years.

During that time he has found approaches/techniques that are fast, easy to learn, and achieve results for the patients. These approaches span from reflexes, Still techniques, Sutherland techniques, fluid techniques, and mechanical techniques. In this unique class, we will try to cover palpation, diagnosis, and treatment of all of the major viscera for the body in a short two day format. This format has never been taught before.

The combinations of styles allows for a simple, yet clinically profound experience.

Presenting:

Kenneth J. Lossing, DO Program Chairperson

A 1994 graduate of the Kirksville College of Osteopathic Medicine, Dr. Lossing completed an internship and residency program at the Ohio University College of Osteopathic Medicine. He studied under the French Osteopath, Jean-Pierre Barral, DO and has become an internationally known speaker on Visceral Manipulation.

Course objectives:

To palpate, diagnose and treat the liver, stomach, esophagus, duodenum, small intestine, large intestine, spleen, kidney, lungs, pericardium, prostate, cervix, and bladder. Diagnose visceral interactions with the cranial system.

Diagnose and treat visceral interactions with the spine

CME

The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Program Time Table

Saturday, October 31 8:00 am - 5:30 pm

Sunday, November 1 8:00 am - 5:30 pm

(Includes (2) 15 minute breaks and a (1) hour lunch)

Course Location:

Ernest N. Memorial Convention Center
900 Convention Center Blvd
New Orleans, LA 70130

Travel Arrangements

Globally Yours Travel
Tina Callahan
(800)274-5975

Register Online at http://www.academyofosteopathy.org/upcoming_courses

Registration Form

Early Osteopathic Approaches to the Viscera
October 31- November 1, 2009

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

Lunch on your own

Registration Rates

AAO Members

Physician \$645

Intern/Resident/Student \$545

AAO Non-Member

Physician \$745

Intern/Resident/Student \$645

Membership application can be completed online at www.academyofosteopathy.org.

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature _____

Classified

Denver, Colorado: Seeking a NMM/OMM board certified physician to join a small, rapidly growing OMT practice in Denver, CO. Please contact Dave Zarou, DO, at dave@oimcare.com.

Education Committee Announces Call for Papers

The Academy's Education Committee has directed that the AAO's Annual "New Ideas Forum" be included in the 2010 Convocation in Colorado Springs. Program Chairperson **Doris Newman**, DO has scheduled the "New Ideas Forum" as a workshop from 2:00 – 5:00 pm on Saturday, March 20, 2010. The Committee has issued this "Call for Papers" to be submitted for consideration at their winter meeting.

Presentations by leading clinicians and researchers are planned for the main sessions at the annual Convocation. It is the policy of the Education Committee to invite additional contributions for possible consideration at the annual Convocation from all interested parties. Paper presentations are designed to allow presenters to show, tell, and question a large audience of peers on (1) new ideas, (2) new presentations of old ideas in a new context, (3) or forgotten ideas for resurrection. Each of the six presenters will be allotted a maximum of 30 minutes, including discussion.

Presenters receive no honorarium nor reimbursement of expenses, only a listing of the title of their presentation in the Convocation workbook and approximately 15-30 minutes (depending on the number of topics approved) on the agenda. Written abstracts of ideas/papers should be directed to the AAO Education Committee, 3500 DePauw Boulevard, Suite 1080, Indianapolis, IN 46268. Deadline for receipt of written abstracts is Friday, December 25, 2009. Education Committee Chairperson **John G. Hohner**, DO, FAAO will formally notify those presenters who have been selected immediately following the Committee's winter meeting.

Component Society Calendar of Upcoming Events

October 16-18, 2009

An Osteopathic Approach to the First Two Months of Life
UNECOM, Biddeford, ME
Contact SCTF, Judy Staser 1-817-926-7705
JHS4116@sbcglobal.net

December 4-6, 2009

Indiana Osteopathic Association 28th Annual Winter Update
Crowne Plaza Hotel at Historic Union Station, Indianapolis, IN
21.5 hours category 1-A CME credit anticipated, pending approval by AOA CCME
Contact: IOA, 800/942-0501 or 317/926-3009

January 28-31, 2010

Ophthalmologic Principles and Their Relationship to Osteopathy in the Cranial Field
San Francisco, California
Course Directors: Paul E. Dart, MD, FCA
The Cranial Academy
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256
317/594-0411 FAX: 317/594-9299
info@cranialacademy.org Web site: www.CranialAcademy.org

February 13-17, 2010

Midwinter Introductory Course in Osteopathy in the Cranial Field
Fort Worth Hilton, Fort Worth, TX
Course Director: Ralph W. Thieme DO
The Cranial Academy
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256
317/594-0411 FAX: 317/594-9299
info@cranialacademy.org Web site: www.CranialAcademy.org

February, 19-21, 2010

Bensoussan Course – Intermediate Course
Fort Worth Hilton, Fort Worth, TX
Course Directors: Paul E. Dart, MD, FCA
The Cranial Academy
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256
317/594-0411 FAX: 317/594-9299
info@cranialacademy.org Web site: www.CranialAcademy.org

April 8-11, 2010

Deepening Your Osteopathic Perceptual Field: Experiencing the Phenomena of Primary Respiration Through Continuum Movement
San Francisco Bay Area
Course Director: Bonnie Gintis, DO
The Cranial Academy
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256
317/594-0411 FAX: 317/594-9299
info@cranialacademy.org Web site: www.CranialAcademy.org

April 29 - May 2, 2010

Indiana Osteopathic Association 113th Annual Convention
Blue Chip Casino & Hotel
Michigan City, IN
800/942-0501

May 14-16, 2010

Cranial Base
Course Directors: Paul E. Dart, MD, FCA
East Coast
The Cranial Academy
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256
317/594-0411 FAX: 317/594-9299
info@cranialacademy.org Web site: www.CranialAcademy.org

June 12-16, 2010

Cranial Academy June Introductory Course in Osteopathy in the Cranial Field
La Quinta Resort, Palm Springs, CA
The Cranial Academy
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256
317/594-0411 FAX: 317/594-9299
info@cranialacademy.org Web site: www.CranialAcademy.org

June 17-20, 2010

Annual Conference - Dwelling Place: Spirit and Matter in Osteopathy
Conference Director: R. Paul Lee DO FAAO
La Quinta Resort, Palm Springs, CA
The Cranial Academy
8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256
317/594-0411 FAX: 317/594-9299
info@cranialacademy.org Web site: www.CranialAcademy.org

Exercise Prescription - Greenman's Method - January 22-24, 2010 at AZCOM

Course Description: Level II

How to access muscle balance of the musculoskeletal system, particularly in reference to somatic dysfunction. The primary goal is to prescribe an exercise program and self-mobilization techniques to fit the patient's somatic dysfunction in order for the patient to manage themselves.

Presenting:

Brad S. Sandler, DO, Program Chairperson

Philip E. Greenman, DO, FAAO

Learning Objectives

1. To understand the functional anatomical connections of upper and lower quarter musculature to the proximal trunk and pelvis.
2. To introduce the concept of neuromuscular imbalance as a contribution to chronic musculoskeletal dysfunction.
3. To learn exercises to address specific somatic dysfunctions found in the vertebral column and pelvis.
4. To be able to design and sequence a home exercise program for patients to complement manual medicine.
5. To be able to instruct the patient in an exercise program based upon his/her functional goals and life-style.

Prerequisites

Functional Anatomy; (1) Level I course or equivalent

CME:

The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Program Time Table:

Friday, January 22.....8:00 am - 5:30 pm
 Saturday, January 238:00 am - 5:30 pm
 Sunday, January 248:00 am - 1:30 pm
 Friday & Saturday include (2) 15 minute breaks and a (1) hour lunch; Sunday includes a 30 minute break.

Course Location:

Midwestern University
 Arizona College of Osteopathic Medicine
 19555 North 59th Ave
 Glendale, AZ, 85308
 www.midwestern.edu

Register Online at http://www.academyofosteopathy.org/upcoming_courses

**Registration Form
 Exercise Prescription
 January 22-24, 2010**

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: ____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

I require a vegetarian meal.

The AAO makes every attempt to provide snacks/meals that will meet the participant's needs, but we cannot guarantee to satisfy all requests.

Registration Rates

	On or Before 12/22/09	After 12/22/09
<u>AAO Members</u>		
Physician	\$680	\$780
Intern/Resident/Student	\$580	\$680
<u>AAO Non-Member</u>		
Physician	\$780	\$880
Intern/Resident/Student	\$680	\$780

Membership application can be completed online at www.academyofosteopathy.org.

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature _____

H1N1 Reimbursement Code Update

Two new CPT and HCPCS codes have been issued for the H1N1 Vaccinations. CMS has created two new HCPCS codes which are G9141-Influenza A (H1N1) immunization administration (includes physician counseling the patient/family) and code G9142-Influenza A (H1N1) vaccine, any route of administration. Per CMS these codes will be reimbursed at the same rate that has been established for code G0008 (administration of influenza virus vaccine). The AMA's CPT Editorial Panel has created and approved two new codes for the H1N1 vaccine and vaccine administration. Code 90663 was revised to refer specifically to the H1N1 vaccine product which now reads 90663-Influenza virus vaccine, pandemic formulation, H1N1 and the creation of code 90470-H1N1 immunization and administration (intramuscular, intranasal), including counseling when performed. Look for more information to follow in the October coding hint on DO-Online.

DO Washington Office Update

Advocacy for Health Care Reform Efforts

AOA President Larry A. Wickless, DO, wrote to Max Baucus (D-MT), Chair of the Senate Finance Committee, on September 21, 2009 to provide the AOA's comments on amendments offered to the "America's Healthy Future Act of 2009." The positions outlined in the letter reflect AOA policy on the proposed provisions only and do not offer support or opposition for the proposed financing mechanisms. As President Wickless stated, the "America's Healthy Future Act of 2009" legislation provides a foundation for the enactment of comprehensive health care reform, but the AOA believes that many of the amendments offered have the potential to significantly strengthen the legislation. Read the letter online. (*Resource: AOA Daily Report 9/23/09*)

Take Action

Through the direction of the House of Delegates, the AOA has developed several policy positions that we believe must be included in any debate on health care reform. With the Congressional debate heating up; it is imperative that the Senate hear from physicians on what key elements should be included.

The AOA needs your help to deliver a message

Congress must create a fair and equitable Medicare physician payment policy, ensure access to affordable health coverage for every American, create a health care system that promotes the patient-physician relationship, secure the future physician workforce and implement meaningful medical liability reforms.

Take Action Now

Send a letter to Congress and make sure they know where the AOA stands on these key elements.

Bone and Joint Decade Global Network Conference

Plans are well underway for the Bone and Joint Decade Global Network Conference, to be held October 21-24, 2009, at the JW Marriott in Washington, DC, and hosted by the United States Bone and Joint Decade (USBJD).

A Host Committee consisting of 15 Senators, more than 70 Congressional Leaders, 23 Ambassadors, and other dignitaries, has been formed. Keynote speakers include Senators Charles Grassley and John Barrasso, MD; Congressmen Dave Camp and Charlie Melancon; and Congresswoman Anna Eshoo. Health care professionals, specialty society representatives, patients and patient advocates from a record 58 countries will attend. Presidents, chief executive officers, and representatives from around 35 U.S. patient and healthcare professional organizations will participate.

This conference represents the first time in history such a broad-based assemblage of musculoskeletal organizations will meet in the United States.

The primary goals of the conference are:

- to raise awareness and advocate for musculoskeletal health;
- to develop a roadmap for the future to build on the momentum created by the Bone and Joint Decade.

Countries that will be represented at the conference include: Algeria, Australia, Austria, Bangladesh, Belgium, Brazil, Bulgaria, Canada, Chile, China, Columbia, Croatia, Cyprus, Denmark, Estonia, Finland, France, Georgia, Germany, Greece, Hong Kong SAR, Hungary, Iceland, India, Iran, Italy, Japan, Kenya, Lebanon, Malaysia, Mauritania, Mexico, Morocco, Netherlands, New Zealand, Nigeria, Norway, Oman, Pakistan, Panama, Peru, Poland, Portugal, Romania, Russian Federation, Slovenia, South Africa, South Korea, Sweden, Switzerland, Chinese Taipei, Thailand, Tunisia, Turkey, Uganda, United Kingdom, United States of America, and Vietnam.

For further information about the conference, please contact United States Bone and Joint Decade 6300 N. River Road Rosemont, Illinois 60018, USA; Phone: 847/384-4009/4010; Fax: 847/823-1822; Email: usbjd@usbjd.org; Web site: www.usbjd.org

AOA Launches Comprehensive Health Reform Website

The AOA is excited to announce the official launch of the AOA's Health Care Reform website on DO-Online.org. The site will act as a repository for materials created by the AOA that address the ongoing health care reform debate.

Currently, the site includes webcasts of two recent virtual Town Hall meetings, YouTube videos on health reform issues, frequently asked questions (FAQ) pages and letters submitted to Congressional Committees.

The AOA invites you to visit this great new resource on a regular basis to keep up with the AOA's latest health care reform news and outreach. Don't forget, you can also monitor the AOA's work in Washington by following the AOA on Twitter. (*Resource: DO Washington Update - September 22, 2009*)

Pelvic Pain: Mechanisms and Evidence Based Diagnosis & Treatment

March 15-16, 2010 in Colorado Springs, CO

Course Description:

The etiology of the lumbopelvic pain has received much attention in this century due to the prevalence and economic impact of this condition. Often, the focus of investigation and treatment has been on topographic anatomy with the goal being to identify the specific pain generating structure (i.e. disc, facet, ligament, muscle). This model has led to diagnoses that are tissue specific - iliolumbar ligament syndrome, piriformis muscle syndrome. When the faulty structure cannot be identified, diagnoses such as nonspecific low back pain and idiopathic soft tissue disorders are offered.

Recently the focus of research has switched from an anatomical to a functional emphasis. Consequently, a model of how load is transferred through the lumbopelvic region has developed and furthermore, proposals of how the system can break down emerged. Clinically, specific tests have been developed to evaluate the function of the lumbopelvic region paying less attention to pain and more to biomechanical principles. Treatment programs, including both manual medicine and exercise, follow this biomechanical model. In addition, psychological factors, emotional influences and the effect they have on motor control are receiving greater attention amongst practitioners. Recovery requires attention to both the physical and psychological ramifications of dysfunction. This course will address both.

Presenting:

Andry Vleeming, PhD, Clinical Anatomist
Frank H. Willard, PhD, Neuroanatomist

CME:

The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Course Location:

The Broadmoor
1 Lake Avenue
Colorado Springs, CO 80906

Andry Vleeming, PhD, Clinical Anatomist

Dr. Vleeming is the founder of the Spine and Joint Centre in Rotterdam, The Netherlands; a specialized clinic to treat patients with severe chronic spinal problems. Dr. Vleeming's anatomical and biomechanical research in the lumbopelvic region has been accepted worldwide and incorporated into rehabilitation programs for patients with lumbopelvic dysfunction. This research is the foundation for rehabilitation at the Spine and Joint Centre. In addition, he is the Chairman of the Interdisciplinary World Congress on Low Back and Pelvic Pain. To date, there have been six such congresses which have seen health professionals from all disciplines come together to discuss and develop future research ideas for a clearer understanding of function and dysfunction within the low back and pelvis. Dr. Vleeming has adapted the scientific research of this team into an evidence based clinical model for assessment and treatment of lumbopelvic dysfunction. The protocol for diagnosis and rehabilitation follows sound scientific principles.

Frank H. Willard, PhD, Neuroanatomist

Dr. Willard is a professor in the Department of Anatomy at the University of New England College of Osteopathic Medicine. He has earned a Bachelor of Science in Zoology from the University of Maine and a PhD in Anatomy from the University of Vermont. He was elected Professor of the Year in 1993 at UNECOM and was elected to the Visiting Scholar list from the AAO in 1989. Presently Dr. Willard is a member of the Society of Neuroscience, Sigma Xi, International Society for Developmental Neuroscience; International Brain Research Organization; American College of Neuropsychiatrists and is an honorary member of the AAO and the Russian Osteopathic Association. Dr. Willard is the author of Medical Neuroanatomy; A Problem oriented Manual with Annotated Atlas and Nociception and the Neuroendocrine-Immune Connection.

Registration Form

**Pelvic Pain: Mechanisms and Evidence Based
Diagnosis & Treatment
March 15-16, 2010**

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

Lunch on your own

Registration Rates

On or before 2/15/10 After 2/15/10 On-Site

AAO Members

Physician-AAO member	\$685	\$780	\$830
Student/Intern/Resident	\$580	\$680	\$730
Physician-Non-Member	\$920	\$1,020	\$1,070

*Membership application can be completed online at
www.academyofosteopathy.org.*

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature _____

Study Published in AJOG Reports Osteopathic Manipulative Treatment Improves Back-Specific Functioning in Late Pregnancy

FORT WORTH – A study published by the *American Journal of Obstetrics and Gynecology*, demonstrates that osteopathic manipulative treatment slows or halts the deterioration of back-specific function in the third trimester of pregnancy.

The Phase II randomized clinical trial of 144 subjects showed that women in the usual obstetric care+osteopathic manipulative treatment group reported less deterioration of back-specific function on the Roland-Morris Disability Scale than women in the usual obstetric care+sham ultrasound and the usual obstetric care only groups when these groups were compared using an intention-to-treat analysis. This study is the first randomized, placebo-controlled trial to explore the potential effects of osteopathic manipulative treatment during the third trimester of pregnancy.

In the study, conducted by The Osteopathic Research Center in conjunction with the Department of Obstetrics and Gynecology at the University of North Texas Health Science Center in Fort Worth, Texas, women were enrolled between the 28th and 30th week of pregnancy. After being randomized to one of the three treatment groups, the women in the usual obstetric care+osteopathic manipulative treatment and usual obstetric care+sham ultrasound groups received treatments immediately following each of their third trimester prenatal visits. Women were excluded or dropped from the study if they were determined to be at high risk by their obstetrician. The median age for women included in the study was 24 years.

Usual obstetric care was defined in this study as the conventional prenatal care received during pregnancy. Osteopathic manipulative treatment is generally considered a complementary treatment that is not included as part of routine prenatal care. Osteopathic manipulative treatment is a system of hands-on diagnosis and treatment that is used to reduce pain, restore range of motion and to restore normal function and balance in the body. “This study is exciting because pregnant women frequently experience a negative impact on their ability to function and perform tasks related to daily living as their pregnancy progresses,” said **John Licciardone**, DO, MS, MBA, the principal investigator for the project, and the executive director of The Osteopathic Research Center. “Since pregnant women are limited in the medications they can take for pain, osteopathic manipulative treatment offers a way to improve back function and decrease pain in the third trimester of pregnancy, when a majority of women experience these symptoms.”

“What is also interesting about this study is that osteopathic physicians (DOs) who provide obstetrical care can potentially include osteopathic manipulative treatment as part of their prenatal care for patients,” Licciardone said. “For more than 100 years, osteopathic physicians who have treated pregnant women using osteopathic manipulation have claimed that their patients have less pain, better function and improved delivery outcomes. This study may be the first step in confirming the clinical success of osteopathic physicians in this area of medicine.”

Dr. Licciardone added, “If osteopathic obstetricians view this study as the first step in developing a strong evidence base to support the use of OMT to improve back function and pain in the third trimester of pregnancy, this study could have a significant clinical impact on prenatal care, and it could have important economic implications for treating common back-related symptoms and functional disabilities in late pregnancy.”

Full text of the article is available online at <http://www.ajog.org/inpress>.

The Osteopathic Research Center

The Osteopathic Research Center is the premier research center in the world focusing on the clinical efficacy and mechanisms of action of osteopathic manipulative treatment (OMT). Located at the University of North Texas Health Science Center in Fort Worth, the ORC also conducts health services and policy research by performing systematic reviews of the literature, conducting population-based surveys, and analyzing national health care databases to determine the unique practice characteristics of osteopathic physicians and to provide scientific evidence to support osteopathic medicine. For more information, visit <http://www.hsc.unt.edu/orc>.

University of North Texas Health Science Center

The University of North Texas Health Science Center comprises the Texas College of Osteopathic Medicine, the Graduate School of Biomedical Sciences, the School of Public Health, and the School of Health Professions. Key research areas include aging and Alzheimer’s disease, cancer and forensic and investigative genetics. This year, the Texas College of Osteopathic Medicine was named a top 50 medical school in primary care by U.S. News & World Report for the eighth consecutive year. “Fort Worth’s medical school and more” contributes more than \$400 million to the Tarrant County and Texas economies annually. For more information, go to <http://www.hsc.unt.edu/> (RESOURCE: Press release received from the Osteopathic Research Center, September 30, 2009)

Post Graduate American Academy of Osteopathy Update

I hope that all of you have had successful beginnings in your new academic year. It's hard to believe we are already a month into another GME season! We have been busy at the PAAO trying to create services and opportunities that will best benefit you, our members.

Take a peek at the webpage. We have added a section entitled "Continuing Medical Education" at the suggestion of one of our committee members (Thanks Beth!). This page sums up many of the courses offered throughout the country through various organizations, including, SCTF, CA, AAO, MSUCOM and UNECOM. We hope you will be able to use this site as your 'one-stop shopping' to find out course information. Please always verify course information with the organization responsible, as we may not always be aware of updates or cancellations. Feel free to contact me if you know of any additional course information we may have missed at paaochair@academyofosteopathy.org. With the advent of the PAAO Forum and the Facebook page, we hope to make possible the connection of PAAO members attending various courses. This may help interns and residents defer costs by carpooling, room sharing, and networking during these learning opportunities.

We have additionally added a section entitled "Research". I'm not sure as to what would best serve you the members in this section, and I'm looking for ideas. Possible ideas include: posting protocols, research manuals, or posting intern and resident driven research ideas, so as to get a better understanding of what is being studied across the nation. Please email me with your comments and ideas. I would love to hear how this would best help you!

To those who may have just graduated and are still receiving these emails, a reminder about the neuromusculoskeletal medicine written, oral and clinical exams. Registration deadline to take the test is September 1st, 2009!

We are looking forward to sending you updates on the PAAO Facebook site soon. We may need to change the actual site, which means that those of you who are 'friends' may need to re-sign up. We will keep you informed of any changes.

We are busy with ideas for the month, including:

- Continued progress on the Resident of the Year Award
- Plans for Convocation 2010
- Preparing for the AOA conference in November. I will be attending the Council of Interns and Residents, and the New Physicians in Practice meetings. Please email me with questions, concerns, or issues.
- On-going membership drive initiative with a letter to go to all AOA DME's encouraging intern and resident involvement (Thanks Elena!).

I am still looking for residents and interns who would like to be ambassadors to their COM's UAAO. Contact me if you are interested!

Best Regards,

Stacey Pierce-Talsma, DO
PAAO Chair

AAOA FORE YOU Golf Tournament

The AAOA Advocate Collegiate Challenge Cup

Sunday, November 1, 2009 * Audubon Park Golf Course, New Orleans, LA

Tee Time 12:30 p.m., Shotgun Start, Scramble Format

Letting the good times roll with golf carts, good friends and big fun, the Advocates for the American Osteopathic Association (AAOA) hosts the annual AAOA FORE YOU golf tournament at the beautiful Audubon Park Golf Course in the Garden District of New Orleans. Registration includes transportation, lunch, cart, golf fees, range balls and awards celebration following play, spiced with New Orleans flavors.

As a special addition to this annual outing, the AAOA Advocate Collegiate Challenge Cup ups the ante matching four-person teams representing our Osteopathic Colleges head-to-head in competition for scholarship funds for their schools. Participants will be eligible for individual awards offered by AAOA FORE YOU as well as a chance to secure funds for their schools for 1st, 2nd or 3rd place wins.

Sponsorships for the tournament are the #1 fundraising source for all AAOA programs and activities. Contributions from individuals, businesses, hospitals, colleges and corporations are needed and appreciated. Don't delay. Respond Today! Merci beaucoup! Laissez bon temps roulette avec AAOA! Let the good times roll with AAOA!

For more information on Audubon Park Golf Course please see their website at <http://www.auduboninstitute.org/golf.html>

(If you are a little late, we'll still welcome your registration and your donations, but please, respond now. Thank you for your support!)

Contact: Deidre Froelich d2froelich@verizon.net or fax 903/583-1234.

Osteopathic Foundations of Clinical Practice: Case Studies and Treatment

AAO Program Chairperson David C. Mason, DO

Monday, November 2, 2009

- 8:00 am - 9:00 am: AOA Keynote Speaker
10:10 am: Welcome and Introductions
George J. Pasquarello, DO FAAO, President & David C. Mason, DO, Program Chairperson
- 10:15 am - 10:45 am: A New View on Colic
Jane E. Carreiro, DO
- 10:45 am - 11:15 am: Osteopathic Case Based Approach to Asthma in Children
Ali Carine, DO
- 11:15 am - 12:15 pm: Pediatric OMM in Patients with Colic and Asthma (OMT Lab)
Ali M. Carine, DO and Jane E. Carreiro, DO
- 12:15 pm - 1:15 pm: Thomas L. Northup, DO Memorial Lecture: "Osteopathy - the Journey that doesn't End"
Kenneth H. Johnson, DO, FAAO
- 1:15 pm - 2:30 pm: Alumni Luncheons
2:30 pm - 3:00 pm: Pharmaceutical Update
3:00 pm - 4:00 pm: Osteopathic Evaluation of Balance in the Elderly: A Case Based approach
Michael L. Kuchera, DO, FAAO
- 4:00 pm - 5:00 pm: Osteopathic Evaluation of Balance in the Elderly (OMT Lab)
Michael L. Kuchera, DO, FAAO

Tuesday, November 3, 2009

- 10:15 am - 10:45 am: A Case of Dizziness: An Osteopathic Perspective
Harriet H. Shaw, DO
- 10:45 am - 11:15 am: An Osteopathic ENT Evaluation for a Case of Rhinosinusitis
Michael B. Shaw, DO
- 11:15 am - 12:00 pm: Hands On Evaluation and Treatment for Head and Neck Disorders (OMT Lab)
Harriet H. Shaw, DO and Michael B. Shaw, DO
- 12:00 pm - 1:30 pm: Lunch Break
1:30 pm - 2:15 pm: Osteopathic Treatment of Cough/SOB due to CHF
Brian E. Kaufman, DO
- 2:15 pm - 3:00 pm: Patient presentation of SOB/ Fever/Cough an Osteopathic Pulmonary Approach
William M. Foley, DO
- 3:00 pm - 4:30 pm: Hands on OMT For Patients with Cardio/Pulmonary Disease (OMT Lab)
Brian E. Kaufman, DO and William M. Foley, DO

Wednesday, November 4, 2009

- 8:00 am - 9:00 am: Secondary Analysis of large Osteopathic Data Sets: Data-driven advances in the Reputation and Quality of clinical practice
Bryan Larsen, PhD
Co-Sponsor: American Osteopathic Association of Medical Informatics
- 9:00 am - 9:45 am: A Case Presentation of Pregnancy and LBP,
Melicien A. Tettambel, DO, FAAO
Co-Sponsor: American College of Osteopathic Obstetricians and Gynecologists
- 9:45 am - 10:30 am: Lower Extremity Swelling in Pregnancy: An Osteopathic Approach
Kendi L. Hensel, DO
- 10:30 am - 12:00 pm: Hands On OMT workshop for OB/GYN Patients
Melicien A. Tettambel, DO, FAAO and Kendi L. Hensel, DO
- 12:00 pm - 1:30 pm: Lunch Break
1:30 pm - 2:15 pm: Osteopathic Evaluation of Sports Injuries Lower Extremity Cases
Kurt P. Heinking, DO, FAAO
Co-Sponsor: American Osteopathic Academy of Sports Medicine
- 2:15 pm - 3:00 pm: Osteopathic Evaluation of Sports Injuries Upper Extremity Cases
Richard G. Schuster, DO
Co-Sponsor: American Osteopathic Academy of Sports Medicine
- 3:00 pm - 4:30 pm: Hands On OMT For Sports Medicine Extremity Injuries (OMT Lab)
Kurt P. Heinking, DO, FAAO and Richard G. Schuster, DO
Co-Sponsor: American Osteopathic Academy of Sports Medicine