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President's Message

Happy New Year!

I hope that you have all been able to enjoy the holidays with friends and family. Since attending the AOA Convention in New Orleans, I have been able to stay in Rhode Island for most of what is turning out to be a snowy winter. While I have not completed any recent travel, the AAO office continues to be busy with planning for Convocation and managing day-to-day issues.



I have been representing the AAO as part of an expert panel that will be presenting to the RUC to make recommendations to CMS regarding RVU work values for the OMT codes. This has been interesting work and has produced some positive recommendations that I hope will benefit AAO members. As the plan to implement the new health care reform legislation unfolds, we will be closely monitoring recommended changes and advocating for our members. 2010 looks to be a year that will focus on improving delivery of care with special attention on primary care. AOA has been diligent in its monitoring and involvement in these plans and continues to rely on AAO as a resource for issues around NMM/OMM.

A second strategic planning session will occur on Saturday, March 20th, during the AAO Convocation, and will build on the first session held in New Orleans in November. This session will focus on infrastructure, as well as, review information on a feasibility study to direct the next steps in our plans for growth. Dr. Feely has been directing these sessions and appointed a transition planning committee to work with the AAO staff and present recommendations as the plans unfold.

Doris Newman, DO has done an outstanding job as Program Chair for the upcoming AAO Convocation *Pelvis and Sacrum: Where it all comes together*. **Mark Cantieri**, DO, FAAO has organized a wonderful group for the "Evening with the FAAOs" program *Sacral function: Local and distal influences on sacral stability and mechanics*. This program will lay the foundation for the format of the Convocation program, discussing complex issues from several perspectives: biomechanical, visceral and fluid. I look forward to seeing many of you there as we return to the Broadmoor in Colorado Springs.

Diana Finley has been serving as our Interim Executive Director since May. She has done an outstanding job of organizing the office infrastructure and nurturing growth and manageable change in the AAO. The BOT has offered her the position of Executive Director and we expect to have the details of this appointment finalized soon. I believe that Diana's experience and proven dedication to the AAO will be important resources for the future health of our organization.

As I approach the end of my term as President, I have come to have a greater appreciation of all of the members that volunteer their time to serve on AAO Boards and committees. This service allows the work to be shared among many so that much can be done. Thank you to all who have given their time and energy to the AAO and helped make the accomplishments of this year possible.

The AAO staff continues to impress me with their hard work and dedication to the profession. They are the foundation of our organization and serve as the "back room" where most of the details are formulated, directed and finalized. They have made my busy year of service a true joy.

George J. Pasquarello, DO, FAAO

Plan Now to Attend AAO Convocation in Colorado Springs

The Education Committee mailed to all AAO members the registration materials for the AAO Convocation scheduled for March 17-21 at the Broadmoor Hotel in Colorado Springs, CO. The Committee encourages you to mark these dates on your calendar now and plan to attend. Program Chairperson **Doris Newman**, DO has organized the program around the theme, *Pelvis and Sacrum: Where it all comes together*. In addition to an impressive list of keynote speakers, Dr. Newman continues the time-honored series of hands-on workshops presented by masters of the profession. You'll find a detailed review of the workshops in the brochure located on AAO's website www.academyofosteopathy.org. The AAO staff encourages members to make their hotel reservations as the prime accommodations are likely to go quickly.

Dr. Newman also has recruited several speakers who may likely be new to AAO members. Hence, the editors are pleased to feature six of these presenters in this newsletter.

In Dr. William Garner Sutherland's 1953 talks entitled, "The Fascial Drag and the Fulcrum" and "Fascial Strain and the Sacrum", he described how alterations of midline anatomical function could alter the fluctuation of CSF and the ability of the RTM and pineal to physiologically shift. **Michael P. Burruano**, DO of Brewster, New York will present a physicians' workshop on Thursday afternoon and will address the pelvic aspects of Sacral Sag and Fascial Drag using a brief overview of the concept as a whole and a practical session specifically aimed at the pelvic aspects of sacral sag. Manual procedures for exploring this concept will address the pelvis, sacrum and ischial rectal fossa. Dr. Burruano states that the participants will have a greater understanding of Dr. Sutherland's concept of midline anatomical function as reflected in the features of the Primary Respiratory Mechanism and the Ligamentous and Membranous Articular Mechanisms. Participants will learn manual procedures applicable to the pelvis to facilitate midline anatomical function. Dr. Burruano is a 1982 graduate of the Philadelphia College of Osteopathic Medicine and completed an internship at the Oklahoma Osteopathic Hospital in 1983. Dr. Burruano is a founding member of A. Still-Sutherland Study Group lead by Anne L. Wales, DO from 1986 until 2005. He has been a Trustee of the Sutherland Cranial Teaching Foundation since 1991 and served as President of the SCTF (1993-2006). He was awarded the 2003 Sutherland Memorial Lecturer by The Cranial Academy. Dr. Burruano was certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine in 1994.



Melicien A. Tettambel, DO, FAAO presents a Friday afternoon Physicians' workshop entitled, "Sacrum and pelvic considerations in the female pelvis." During this workshop, participants will treat the sacral and pelvis dysfunctions utilizing internal vaginal manipulative techniques as well as external techniques. Dr. Tettambel is a 1978 graduate of the Kirksville College of Osteopathic Medicine. She is board certified by the American Osteopathic Obstetricians and Gynecologists and by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. Dr. Tettambel is a Fellow of the American Academy of Osteopathy and is the chair of the American Osteopathic Board of Neuromusculoskeletal Medicine. She is a past president of the AAO, member of the AAO's Board of Governors, Nominating and International Affairs Committees. Dr. Tettambel is a member of, and active in, the AOA, ACOOF, The Cranial Academy, and the Sutherland Cranial Teaching Foundation. She just recently moved to Yakima, WA and became the Chair of the Dept of OMM and the new DO school, Pacific Northwest University.



Donald V. Hankinson, DO begins Saturday morning with a lecture, "Osteopathic care of the living human pelvis from an embryologic perspective." This lecture will discuss the role of embryologic fulcrums and the axes of normal growth and development in creating the original state of balance in the living human pelvis. The attendees will also explore the concepts of sensing and perception -- their physiology and natural science, their practical applications in exploring the forces at work in the natural world, and the mystery of knowing. Participants will have a better understanding of the Embryologic Principles of Development that become the Principles of Healing. They will develop an awareness of alternative diagnostic and therapeutic options, based upon these Principles, which they can use in the management of patients with healthcare issues involving pelvic dysfunction. Dr. Hankinson also presents a Saturday morning workshop on the same subject. This workshop will explore the use of embryologic fulcrums and the axes of normal growth and development in helping the pelvis to regain its original state of balance and health. Both BLT and Biodynamic approaches will be introduced. Refinement of our perceptual parameters through the application of the concepts of Neutral, Synchronization, and Natural Boundaries, will be central to this process. The objectives for this workshop include: increasing the physicians understanding of how their habits (what we often refer to as our "skills") can enhance or diminish their ability to perceive the Unerring Intelligence alive in their patients; exploring alternative methods for shifting our perceptual fields to expand and enhance our access to sensory information; and enhancing the participant's ability to perceive and work with the functional fulcrums and midlines within the patient's pelvis.



Stephanie Waecker, DO of Freeport, Maine will present a Saturday morning lecture to the students entitled, "Osteopathic Considerations in the Male pelvis." This lecture will be a review of basic anatomy and pathophysiology of the male pelvis. The attendees will learn to address constipation, muscular imbalance, coccydynia from a balanced ligamentous, myofascial and direct approaches to OMT. Dr. Waecker also states her objectives for this lecture is that each participant have a better understanding of normal anatomy of the pelvis, will review common pathology of the male pelvis, and learn osteopathic techniques to address a variety of structural and visceral issues. Dr. Waecker is a 1998 graduate of the Philadelphia College of Osteopathic Medicine. She was certified by the American Osteopathic



Board of Neuromusculoskeletal Medicine in 2004 and has an osteopathic manipulative medicine practice in Freeport, Maine. Dr. Waecker serves the AAO on its Osteopathic Diagnosis and Treatment Education committee and is a member of the AAO Board of Governors. She is a member of the Cranial Academy and the Maine Osteopathic Medical Association.

Saturday afternoon workshops include a Coding and Reimbursement Update presented by **Douglas J. Jorgensen**, DO, CPC. This year, Dr. Jorgensen will divide the three-hour program into two separate sessions. The first session is an Introduction to OMT Coding. This program is designed to review the basic ICD and CPT codes relative to optimal reimbursement for providers performing osteopathic manipulative medicine in daily practice. Federal documentation guidelines and specific review of the germane ICD codes for OMT and Evaluation and Management (E&M services will be covered in this fast-paced presentation). The second session is Advanced Billing and Coding. This program will review challenges and opportunities for billing and coding scenarios as well as specific solutions for creating optimal reimbursement in a busy musculoskeletal and/or family medicine practice. A basic operating knowledge of the federal documentation guidelines as well as E&M and OMT coding is a requisite for attendees. This program will enhance one's ability to recognize and combine codes and will present clinical and diagnostic scenarios to optimize patient and reimbursement outcomes. Douglas Jorgensen, DO is a board certified osteopathic family physician in central Maine. In addition to his practice, he is a certified professional coder through the American Academy of Professional Coders in Salt Lake City, Utah. As a consultant and speaker, he lectures nationally on billing and coding issues as well as authoring articles for the Massachusetts Medical Society, the Maine Osteopathic Association, and the American College of Osteopathic Family Practitioners. A graduate of Bowdoin College in Brunswick, Maine, the University of Health Sciences College of Osteopathic Medicine in Kansas City, Missouri and the Maine-Dartmouth Family Practice Residency in Augusta, ME; he is currently president-elect of the Payor-Payee Relations Committee for the Maine Osteopathic Association.



Ending the 2010 Convocation week, **Jane Carreiro**, DO will present a lecture entitled, “ The Sacrum, Pelvis and Coccyx: Back to the Beginning”. This lecture will be presented to both physicians and students on Sunday, March 21st at 10:45 am. Dr. Carreiro promises an overview of the role of the pelvis, sacrum and coccyx from different perspectives within osteopathic philosophy. Dr. Carreiro is a 1988 graduate of the University of New England College of Osteopathic Medicine. She is board certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine. She specializes in OMM; pain management; pediatric musculoskeletal and sports medicine and otitis media. Her research interests include osteopathic manipulation in otitis media and innervation patterns in the pelvis and sacral areas. Some of Dr. Carreiro's publications include: *Sensory Stimulation-Guided Sacroiliac Joint Radiofrequency Neurotomy: Technique Based on Neuroanatomy of the Dorsal Sacral Plexus*; *The Use of Osteopathic Manipulative Treatment as Adjuvant Therapy*; *Guidelines for Training and Practice of Osteopathy and Osteopathic Medicine, World Health Organization 2007*; *An Osteopathic Approach to Children*, which has been translated into German, French, and Italian, and *Pediatric Manual Medicine*. Dr. Carreiro is a member of the AAO Board of Trustees, Immediate past chairperson of the AAO Education Committee, and a member of the International Affairs Committee.



FAAOs Present Gift to AAO Members

AAO President **George J. Pasquarello**, DO, FAAO appointed **Mark S. Cantieri**, DO, FAAO to serve as chairperson of an *Evening with the FAAOs*, scheduled at the opening of the 2010 AAO Convocation from 7:00 pm – 9:00 pm on Wednesday, March 17. This event is open to all Convocation registrants and is a volunteer service provided annually by Fellows of the American Academy of Osteopathy. Dr. Cantieri has entitled this year's presentation as *Sacral Function: Local and distal influences on sacral stability and mechanics*. The goal of this program is to provide answers to the following questions in addition to raising others: 1) How do biomechanical alterations to the lower extremity, hip and pelvis affect the function of the sacrum? 2) How does ligamentous instability affect sacral mechanics? Please make your plans now to arrive in Colorado Springs in time to attend this entertaining program that will kick off the 2010 Convocation!

Committee Requests Aid in Recruiting Exhibitors

The Academy's Education Committee seeks your assistance in recruiting exhibitors for the 2010 AAO Convocation in Colorado Springs. Please inform your “favorite” vendor that the exhibition is scheduled for Wednesday, March 17 through Friday, March 19 in the Broadmoor Hall at the Broadmoor Hotel. The exhibition fee ranges from \$1,050-\$1,200 and includes advertising in the workbook distributed to over 1,000 DOs and osteopathic medical students anticipated for this year's program. This event is the premier gathering of the world's most gifted practitioners in osteopathic manipulative medicine. Tell the representative that you expect their company either to be present for the exhibition or to provide an unrestricted educational grant to support the program. Surely, the company will benefit from this exposure. Refer them to Marketing/Education Coordinator, Kelli Bowersox, at the AAO headquarters who will provide them with additional information and registration materials. Also, the representatives can download an exhibit prospectus from the front page of the AAO website www.academyofosteopathy.org.

Exercise Prescription - Greenman's Method - January 22-24, 2010 at AZCOM

Course Description: Level II

How to access muscle balance of the musculoskeletal system, particularly in reference to somatic dysfunction. The primary goal is to prescribe an exercise program and self-mobilization techniques to fit the patient's somatic dysfunction in order for the patient to manage themselves.

Presenting:

Brad S. Sandler, DO, Program Chairperson

Philip E. Greenman, DO, FAAO

Learning Objectives

1. To understand the functional anatomical connections of upper and lower quarter musculature to the proximal trunk and pelvis.
2. To introduce the concept of neuromuscular imbalance as a contribution to chronic musculoskeletal dysfunction.
3. To learn exercises to address specific somatic dysfunctions found in the vertebral column and pelvis.
4. To be able to design and sequence a home exercise program for patients to complement manual medicine.
5. To be able to instruct the patient in an exercise program based upon his/her functional goals and lifestyle.

Prerequisites

Functional Anatomy; (1) Level I course or equivalent

CME:

The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Program Time Table:

Friday, January 22 8:00 am - 5:30 pm
Saturday, January 23 8:00 am - 5:30 pm
Sunday, January 24 8:00 am - 1:30 pm

Friday & Saturday include (2) 15 minute breaks and a (1) hour lunch; Sunday includes a 30 minute break.

Course Location:

Midwestern University
Arizona College of Osteopathic Medicine
19555 North 59th Ave
Glendale, AZ, 85308
www.midwestern.edu

Register Online at http://www.academyofosteopathy.org/upcoming_courses

Registration Form
Exercise Prescription
January 22-24, 2010

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

I require a vegetarian meal.

The AAO makes every attempt to provide snacks/meals that will meet the participant's needs, but we cannot guarantee to satisfy all requests.

Registration Rates

AAO Members

Physician \$780

Intern/Resident/Student \$680

AAO Non-Member

Physician \$880

Intern/Resident/Student \$780

Membership application can be completed online at www.academyofosteopathy.org.

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____ CW2# _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the total course registration fee.

Signature _____

Dr. Greenman's LAST Exercise Prescription course with the Academy. DON'T miss this opportunity to learn from one of the Masters! Register TODAY.

http://www.academyofosteopathy.org/upcoming_courses

March 17 (St. Patrick's Day) Opens 2010 Convocation

If you are planning to arrive on or before 5:00 pm, Wednesday, March 17th, come and join the AAO 2010 Convocation Exhibitors for a "Wee Bit O'Fun". Everyone is Irish on St. Patrick's Day, so put on your green and join us for some good ol' Irish food and beverages. Ingredients for the evening include: good friends, good times, some corned beef and cabbage, a few pints of beer, a couple of leprechauns, one pot of gold, a four leaf clover, a blarney stone and YOU!! "St. Patrick's Day is an enchanted time - a day to begin transforming winter's dreams into summer's magic..." *Adrienne Cook*



NMM/OMM Residents Take In-service Exam

The AAO's Postdoctoral Standards and Evaluation Committee has responsibility for oversight of all AOA-approved residency training programs in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (NMM/OMM), including the three-year NMM/OMM residency, the Plus-One-year NMM/OMM residency program, and the four-year integrated Family Practice/NMM program. The Committee requires that all NMM/OMM residents take an annual in-service examination, scheduled from 11:00 am - 5:00 pm on Wednesday, March 17, 2010 during the AAO Convocation in Colorado Springs. The written examination will take place at 11:00 am - 1:00pm, with practical examinations following from 2:00 pm - 5:00 pm. Please note that there is a \$30 administration fee for each resident taking the exam. All funds must be received from the residency program by March 1, 2010. Please send funds with the resident's name to Jennifer Taylor at 3500 DePauw Blvd., Suite 1080, Indianapolis, IN.

Call for Convocation Research Posters

The American Association of Colleges of Osteopathic Medicine has joined the Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Teaching Fellows Association (NUFA) as a sponsor of the Tenth Annual Scientific LBORC/NUFA Poster Session during the 2010 AAO Convocation in Colorado Springs. While this contest is open to students, physicians, researchers and any combination thereof, only students will be competing for one of four Ram Head Trophies. Student participants will have their posters reviewed by a panel of judges on Friday afternoon, with winners announced at the President's Banquet on Saturday evening. Please consider representing your school or institution and make them proud! Send your name and abstract title to **Janet Burns, DO** via e-mail janet.burns@tu.edu. The first 20 entries with students as authors or as significant contributors and co-authors will be registered and will receive full contest instructions. The Academy's leadership encourages readers to take advantage of this unique opportunity for research mentoring. Send your entry to Dr. Burns immediately!

Now available at the AAO Bookstore!

Osteopathic Management of the Female Patient. A Pocket Reference Guide.

JP Maganito, DO; Anita Showalter, DO; and
Melicien Tettambel, DO, FFAO

Purchase your copy at
www.academyofosteopathy.org
(Select "AAO Store" from the left-hand menu.)

AAO-Member price: \$31.50

List price: \$35.00

Plus shipping and handling



*Leonardo da Vinci
Public Domain*

Visceral Approach for the Sacrum and Pelvis

March 14-16, 2010 in Colorado Springs, CO

Course Description:

In this course we will look at the most common medical and osteopathic problems in the sacrum and pelvis, from a visceral osteopathic perspective. Medical and osteopathic conditions that will be explored include coccygodynia, dyspareunia, menstrual irregularity, infertility, uterine fibroids, chronic low back pain, sacral fractures, stress incontinence, benign prostatic hypertrophy, chronic prostatitis, pelvic pain, and pelvic floor dysfunction. During the course we will palpate, diagnose and treat fascial chains from the feet to the pelvis, the coccyx, the sacrum (including sacral fractures), sacral ligaments, pelvic floor muscles, the lymphatics of the pelvis and its organs, the prostate, cervix, fallopian tubes, ovaries, and bladder. Internal exams and treatment will be taught, where appropriate.

Space is limited to only 24 participants!

Presenting:

Kenneth J. Lossing, DO

CME:

The program anticipates being approved for 24 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Course Location:

The Broadmoor
1 Lake Avenue
Colorado Springs, CO 80906

Kenneth J. Lossing, DO

Dr. Lossing is a 1994 graduate of the Kirksville College of Osteopathic Medicine. Dr. Lossing completed an internship and residency program at the Ohio University College of Osteopathic Medicine. He studied under the French Osteopath, Jean-Pierre Barral, DO and has become an internationally known speaker on Visceral Manipulation. Dr. Lossing is a member of the AAO's Board of Governors.

Participants who register for this course and for Convocation will receive an additional 10% discount on the registration rate for *Visceral Approach for the Sacrum and Pelvis*.

Registration Form

Visceral Approach for the Sacrum and Pelvis March 14-16, 2010

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

Lunch on your own

Registration Rates

On or before 2/14/2010 \$960.00

After 2/15/2010 \$1,060.00

Convocation Package \$864.00

You must submit your Convocation registration with this form to receive the discounted registration rate.

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____ CW2# _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature _____

Members in the News

Keith R. Barbour, DO, President and Owner of Rehabilitation Specialists, has been chosen to receive the award for the 2009 U.S.A. Water Ski Team of the Year – U.S. Disabled Water Ski Team Physician. Dr. Barbour has been acting as the team physician for over 20 years and has traveled all over the world during team trials & competitions. He has been credited with not only providing care as needed for injuries sustained during competition, but also helping athletes exceed their performance expectations. This would not have been possible without contributions received from the people of Monroe and several pharmacies in the Monroe area who generously donated supplies making it possible for Dr. Barbour to keep the team competing throughout the event. Everyone is welcome to visit Rehabilitation Specialists, located at Center for Progressive Health & Wellness, 975 S. Monroe St., Ste. C, in Monroe, MI and see a DVD of the disabled skiers showing their stuff and discussing their disability and the effect sports has had on their lives.

AOBNMM Administers Exams

Interim Chairperson **Melicien A. Tettambel**, DO, FAAO and the other members of the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) convened on November 21-22 at the Wyndham Hotel in Indianapolis to administer oral, practical and written certification examinations.

The AOBNMM once again reaffirmed its stance that the recertification examination will consist of the same written test that the Board prepares for candidates seeking initial certification in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM.) The Board has taken steps to document the validity and reliability of the written examination, as well as to ensure that it reflects the actual specialty practice of physicians who hold certification in this discipline.

Physicians who earned certification in special proficiency in osteopathic manipulative medicine (SP-OMM) prior to December 31, 1994 received non-time-dated certificates and are not required to sit for recertification examination. However, DOs who earned either SP-OMM or NMM/OMM after January 1, 1995 received certificates valid for 10 years, expiring as early as December 31, 2005. Hence, they must apply for and sit for the recertification examination by the expiration date on their individual certificates. ***Failure to successfully complete the recertification process will result in the loss of certification.*** The AOBNMM has scheduled the next written recertification examination for Wednesday, March 17, 2010 in Colorado Springs, CO.

Deadline for receiving applications for the November 20-21, 2010 written, oral and practical examinations is August 1, 2010.

AAO Calendar of Events

Mark your calendar for these Academy meetings and educational courses.

- January 2010** January 22-24: Exercise Prescription, AZCOM in Glendale, AZ
January 29-30: Education Committee meeting, Indianapolis
- February 2010** February 3: PS&E Committee Teleconference at 7:30 pm (EST)
February 5-8: AOA Midyear Meeting of the Board of Trustees, Chicago, IL
- March 2010** March 14-16: Visceral Approach for the Sacrum and Pelvis, Colorado Springs, CO
March 15-16: Pelvic Pain: Mechanisms and Evidence-Based Diagnosis & Treatment, Colorado Springs, CO
March 16: Committee on Fellowship in the AAO meeting at 12 pm (MST), Colorado Springs, CO
March 17-21: AAO Convocation, Pelvis & Sacrum: Where It All Comes Together, Colorado Springs, CO
March 17: Board of Governors Meeting at 8:00 am (MST), Colorado Springs, CO
March 17: Board of Trustees Meeting, Colorado Springs, CO
March 17: Investment Committee Meeting at 6:00 pm (MST), Colorado Springs, CO
March 18: PS&E Committee Meeting at 6:30 am (MST), Colorado Springs, CO
March 18: International Affairs Committee Meeting at 6:30 am (MST), Colorado Springs, CO
March 18: OPTI Liaison Committee Meeting at 6:30 am (MST), Colorado Springs, CO
March 18: AAO Annual Business Meeting Luncheon, Colorado Springs, CO
March 18: Education Committee Meeting at 6:00 pm (MST), Colorado Springs, CO
March 19: Louisa Burns Osteopathic Research Committee Meeting at 6:30 am, Colorado Springs, CO
March 19: Osteopathic Medical Economics Committee Meeting at 6:30 am, Colorado Springs, CO
March 19: External Fundraising Committee Meeting at 6:30 am (MST), Colorado Springs, CO
March 19: Informational Technology Committee Meeting at 12:15 pm (MST), Colorado Springs, CO
March 19: OD&TE Committee Meeting at 12:15 pm (MST), Colorado Springs, CO
March 19: Undergraduate Academies Committee Meeting at 12:15 pm (MST), Colorado Springs, CO
March 20: Strategic Planning Meeting at 6:30 am (MST), Colorado Springs, CO
March 20: AOBNMM Board Meeting at 10:30 am (MST), Colorado Springs, CO
March 20: Membership Committee Meeting at 12:30 pm (MST), Colorado Springs, CO
March 20: Publications Committee Meeting at 12:30 pm (MST), Colorado Springs, CO
March 20: C/NMM-OMM Committee Meeting at 12:30 pm (MST), Colorado Springs, CO
March 20: Board of Trustees Meeting at 12:30 pm (MST), Colorado Springs, CO
- June 2010** June 9: PS&E Committee Meeting at 7:30 pm (EST) via teleconference
- July 2010** July 10-11, 2010, Board of Trustees Meeting, in Indianapolis
July 12-18: AOA Annual Meeting of the Board of Trustees & House of Delegates Chicago, IL
- August 2010** August 6-7: Education Committee meeting, Indianapolis
August 11: PS&E Committee Meeting at 7:30 pm (EST) via teleconference
- October 2010** October 7-9: Prolotherapy Weekend at UNECOM
October 24-28: AOA OMED in San Francisco, CA

Pelvic Pain: Mechanisms and Evidence-Based Diagnosis & Treatment

March 15-16, 2010 in Colorado Springs, CO

Course Description:

The etiology of the lumbopelvic pain has received much attention in this century due to the prevalence and economic impact of this condition. Often, the focus of investigation and treatment has been on topographic anatomy with the goal being to identify the specific pain generating structure (i.e., disc, facet, ligament, muscle). This model has led to diagnoses that are tissue specific - iliolumbar ligament syndrome, piriformis muscle syndrome. When the faulty structure cannot be identified, diagnoses such as nonspecific low back pain and idiopathic soft tissue disorders are offered.

Recently the focus of research has switched from an anatomical to a functional emphasis. Consequently, a model of how load is transferred through the lumbopelvic region has developed and furthermore, proposals of how the system can break down emerged. Clinically, specific tests have been developed to evaluate the function of the lumbopelvic region paying less attention to pain and more to biomechanical principles. Treatment programs, including both manual medicine and exercise, follow this biomechanical model. In addition, psychological factors, emotional influences and the effect they have on motor control are receiving greater attention amongst practitioners. Recovery requires attention to both the physical and psychological ramifications of dysfunction. This course will address both.

Presenting:

Andry Vleeming, PhD, Clinical Anatomist
Frank H. Willard, PhD, Neuroanatomist

CME:

The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Course Location:

The Broadmoor
1 Lake Avenue
Colorado Springs, CO 80906

Andry Vleeming, PhD, Clinical Anatomist

Dr. Vleeming is the founder of the Spine and Joint Centre in Rotterdam, The Netherlands; a specialized clinic to treat patients with severe chronic spinal problems. Dr. Vleeming's anatomical and biomechanical research in the lumbopelvic region has been accepted worldwide and incorporated into rehabilitation programs for patients with lumbopelvic dysfunction. This research is the foundation for rehabilitation at the Spine and Joint Centre. In addition, he is the Chairman of the Interdisciplinary World Congress on Low Back and Pelvic Pain. To date, there have been six such congresses which have seen health professionals from all disciplines come together to discuss and develop future research ideas for a clearer understanding of function and dysfunction within the low back and pelvis. Dr. Vleeming has adapted the scientific research of this team into an evidence based clinical model for assessment and treatment of lumbopelvic dysfunction. The protocol for diagnosis and rehabilitation follows sound scientific principles.

Frank H. Willard, PhD, Neuroanatomist

Dr. Willard is a professor in the Department of Anatomy at the University of New England College of Osteopathic Medicine. He has earned a Bachelor of Science in Zoology from the University of Maine and a PhD in Anatomy from the University of Vermont. He was elected Professor of the Year in 1993 at UNECOM and was elected to the Visiting Scholar list from the AAO in 1989. Presently Dr. Willard is a member of the Society of Neuroscience, Sigma Xi, International Society for Developmental Neuroscience; International Brain Research Organization; American College of Neuropsychiatrists and is an honorary member of the AAO and the Russian Osteopathic Association. Dr. Willard is the author of *Medical Neuroanatomy; A Problem Oriented Manual with Annotated Atlas and Nociception* and the *Neuroendocrine-Immune Connection*.

Registration Form

Pelvic Pain: Mechanisms and Evidence Based Diagnosis & Treatment March 15-16, 2010

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

Lunch on your own

Registration Rates

On or before 2/15/10 After 2/15/10 On-site

AAO Members

Physician-AAO member	\$685	\$780	\$830
Student/Intern/Resident	\$580	\$680	\$730
Physician-Non-Member	\$920	\$1,020	\$1,070

*Membership application can be completed online at
www.academyofosteopathy.org.*

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____ CW2# _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature _____

Golden Ram Campaign Surpasses 75% of Goal

As of December 31, 2009, 205 donors have already contributed a total of \$60,691.00 – 75.8% of the \$80,000 goal. This represents an increase over the same time last year, which, on December 31, 2008, totaled 213 donors contributing \$58,429.65. Thanks to all AAO members for their loyal support of this annual fund raising program!

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David P. Yens, PhD
Eden J. Zoll, DO

Prolotherapy Weekend

October 7-9, 2010 at UNECOM

Course Outline:

Thursday, Oct 7: This is required for those physicians who have not taken a prior course in prolotherapy. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.

Friday and Saturday, Oct 8-9: Participants will be divided into two groups, beginners and advanced. These two groups will alternate between lectures and anatomy and injection technique while the other group will be in the anatomy lab performing injections under supervision and reviewing prosections.

Presenting:

Mark S. Cantieri, DO, FAAO, Program Chair
George J. Pasquarello, DO, FAAO

Prerequisites

Functional Anatomy; (1) Level I course or equivalent

CME

The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Program Time Table

Thursday, October 7 5:00 pm - 10:00 pm
Friday, October 8 8:00 am - 5:30 pm
Saturday, October 9 8:00 am - 5:30 pm

Thursday includes a 30 minute break; Friday & Saturday include (2) 15 minute breaks and a (1) hour lunch)

Who May Attend Policy

The primary educational objective for AAO is to provide programs aimed to improve understanding of philosophy and diagnostic/manipulative skills for AAO members, DOs who are not AAO members, individuals who are licensed for the unlimited scope and practice of medicine, and for those in programs leading to such license.

Course Location:

University of New England, Biddeford Campus
11 Hills Beach Road
Biddeford, ME 04005
(207) 283-0171
<http://www.une.edu>

Travel Arrangements

Globally Yours Travel
Tina Callahan at (800) 274-5975

* A rental car is recommended since the campus is located about 15-20 minutes from most hotels and restaurants.

Cancellation and Refund Policy.

The American Academy of Osteopathy® reserves the right to cancel an educational program if insufficient physicians pre-register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation by the Academy due to lack of registration, all registration money will be refunded. Cancellation from participants received in writing up to 30 days prior to the course opening are subject to withholding of a 20-percent administrative fee or they may transfer 80-percent of their tuition to another educational program to be held within the next 12 months. Cancellations received in writing under 30 days prior to the course opening can transfer 80-percent of their course registration fee to another course to be held within the next 12 months. Any registrant who fails to appear for an AAO program can transfer up to 50-percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.

Registration Form

Prolotherapy Weekend, October 7-9, 2010

Name: _____

Nickname for Badge: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Fax: _____

E-Mail: _____

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: _____ College/Yr Grad: _____

I require a vegetarian meal
(AAO makes every attempt to provide snacks/meals that will meet participant's needs, but, we cannot guarantee to satisfy all requests.)

Registration Rates

\$1,200 (if book has been previously purchased)
\$1,510 to include course syllabus:

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # _____

Cardholder's Name _____

Date of Expiration _____ CW2# _____

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature _____

Study Published in AJOG Reports Osteopathic Manipulative Treatment Improves Back-Specific Functioning in Late Pregnancy

A study published by the *American Journal of Obstetrics and Gynecology*, demonstrates that osteopathic manipulative treatment slows or halts the deterioration of back-specific function in the third trimester of pregnancy. This study was authored by **John C. Licciardone, DO, MS, MBA**; **Steve Buchanan, DO**; **Kendi L. Hensel, DO, PhD**; **Hollis H. King, DO, PhD, FFAO**; **Kimberly G. Fulda, DrPH**; and **Scott T. Stoll, DO, PhD**.

The Phase II randomized clinical trial of 144 subjects showed that women in the usual obstetric care plus osteopathic manipulative treatment group reported less deterioration of back-specific function on the Roland-Morris Disability Scale than women in the usual obstetric care plus sham ultrasound and the usual obstetric care only groups when these groups were compared using an intention-to-treat analysis. This study is the first randomized, placebo-controlled trial to explore the potential effects of osteopathic manipulative treatment during the third trimester of pregnancy.

In the study, conducted by The Osteopathic Research Center in conjunction with the Department of Manipulative Medicine and the Department of Obstetrics and Gynecology at the University of North Texas Health Science Center in Fort Worth, Texas, women were enrolled between the 28th and 30th week of pregnancy. After being randomized to one of the three treatment groups, the women in the usual obstetric care plus osteopathic manipulative treatment and usual obstetric care plus sham ultrasound groups received treatments immediately following each of their third trimester prenatal visits. Women were excluded or dropped from the study if they were determined to be at high risk by their obstetrician. The median age for women included in the study was 24 years.

To read more about this study, visit [http://www.ajog.org/article/S0002-9378\(09\)00843-6/abstract](http://www.ajog.org/article/S0002-9378(09)00843-6/abstract)

News from the AOA

Medicare discontinued reimbursement for non-FDA-approved prescriptions

To ensure that beneficiaries receive safe and legally marketed prescription drugs, the Centers for Medicare and Medicaid Services (CMS) have issued a fact sheet for Medicare Part D enrollees. Starting January 1, CMS will no longer reimburse Part D sponsors for prescription drugs that are not listed with the FDA. This policy is part of a safety initiative to ensure that Medicare Part D enrollees receive prescription drugs that are properly registered with the FDA. View the [fact sheet](#) for more information about filling prescriptions with FDA listed products.

CMS announces revisions to consultation services payment policy

Effective Jan. 1, 2010, several CPT consultation codes are no longer recognized by the Centers for Medicare and Medicaid Services for Medicare Part B payment. Codes for services falling into the ranges of 99241-99245 and 99251-99255 are no longer valid. Alternatively, physicians should code patient evaluations and management visits using E/M codes that represent where the visits occurred and identify the complexity of the services performed. View the article on the [CMS Web site](#).

President Wickless addresses health care reform debate

During the past 11 months, the AOA and the nation have engaged in the ongoing debate regarding the reform of our nation's health care system. This debate has invoked strong reactions from AOA membership and the public. In a letter to the entire osteopathic family, AOA President Larry A. Wickless, DO, details the AOA's concerns regarding health system reform and discusses the AOA's efforts to work with lawmakers to create legislation that will ensure access to affordable health coverage for all Americans and fundamentally reform the nation's health care delivery system. Read the letter: http://www.do-online.org/pdf/WicklessLetter_HealthCareReform.pdf

Online collection reveals unpublished documents by A.T. Still

For the first time ever, hundreds of original manuscripts and documents written by the father of osteopathic medicine, Andrew Taylor Still, MD, DO, can be viewed online. Thanks to a grant from the Institute of Museum and Library Services funded by the Library Services and Technology Act, the Still National Osteopathic Museum has transcribed more than 650 pages from the Andrew Taylor Still Papers for the online collection. The bulk of the papers consist of Dr. Still's essays, letters, book drafts and other writings. Also present are letters to Dr. Still, military records and other personal documents. View the collection on the [Missouri Digital Heritage](#) Web site.

House approves long-term fix for flawed SGR formula

The AOA has released a statement applauding the U.S. House of Representatives for passing the "Medicare Physician Payment Reform Act" (H.R. 3961). Addressing one of the AOA's top legislative priorities, this policy establishes a fair and equitable payment system for physicians, while recognizing the value of primary care and removing barriers to access to care for patients. Representing more than 67,000 osteopathic physicians, the AOA thanks the 243 lawmakers who took this important step toward preserving access to health care services for Medicare beneficiaries. Read the statement: http://www.do-online.org/pdf/ref_HR3961.pdf

Physician's Corner

Darren McAuley, DO

July 2009

“...The patient has to be the captain of the ship, I look at the doctor as an advocate” – Darren McAuley, DO

My first exposure to osteopathic medicine is quite the ‘Cinderella story’. My college roommate was in the library working on a sociology paper. As he was searching for a reference on the top shelf, a book fell down, hit him in the head, fell on the floor and opened up to a picture of a man fighting a snake with a whip – the book turned out to be the autobiography of Andrew Taylor Still. After reading the book, he said, “Darren - you have to read this book. This is fantastic, there is a group of people who are practicing medicine in the way we envision it; how the organs all function together based on their location and how the balance of structure and function really define health.” Shortly thereafter, I read A.T. Still’s autobiography and my life was changed. I shifted my focus, at Vassar, from wanting to become a MD to wanting to become a Doctor of Osteopathic Medicine. I had fallen in love with osteopathic medicine.

I attended UMDNJ-SOM in Stratford – my first choice school. **Eleanor Masterson, DO** and **Adam Gillis, DO** were two of my early OMM professors. Dr. Masterson is a beautiful human being – her zest for life and her sincere desire to bring patients to health through osteopathic medicine was inspirational. One important lesson Dr. Masterson taught me was the importance of maintaining leverage during treatments. Though Dr. Masterson was considerably smaller than my 6’2”, 240-pound frame, she still managed to treat every patient with HVLA, counterstrain and muscle energy without putting herself through physical stress. The key to her mastery of osteopathic medicine was the use of leverage and placing her hands in the proper plane to best adjust each segment. Today, I emphasize leverage when treating my patients and when instructing my students.

Dr. Gillis had a private practice and was a visiting instructor to our OMM labs. In lab, I learned many of his personal techniques for muscle energy and HVLA. Dr. Gillis taught me to use the weight of my body and my larger muscle groups to allow me to feel when I had reached the barrier of a patient’s dysfunction. Placing one segment on top of another and taking the patient to their barrier was a concept I had read countless times in textbooks; yet it was not until Dr. Gillis’ teaching that I learned the true meaning of this principle of osteopathic manipulative treatment.

To become the clinician I am today, I practiced on a consistent basis with serious focus. I firmly believe that to become great at OMT, you must practice, practice, practice. From early in my schooling, I showed a true enthusiasm for OMT. In my first year of medical school, I sent out a mass email to the first year and second year classes, advertising that I had an OMM table and wanted to put it to good use. Soon enough, students were coming by my apartment to practice for exams and to receive treatments from me. I was giving treatments to my colleagues three times a day, five days a week. I had regular colleagues come to me for thoracic HVLA after they had been studying for many long hours. I can remember pulling a near all-nighter before an exam and as I was walking out of the library at 2 am I heard a voice from across the atrium call out, “Darren – before you leave could you look at my back?” Regardless of how tired or how busy I was, I never passed up a chance to practice OMT.

After completing my years at UMDNJ, I did a family practice internship at Christ Hospital in Jersey City, NJ. Every Wednesday, I treated patients with OMT. Soon enough, I had patients lining up for their weekly OMM treatments. My early training exposed my anxieties, at that time, about performing OMM in the hospital setting. In the hospital, I would walk into a room, see tubes and lines draining from every orifice and I would not know where to begin. I remember one patient encounter in particular that helped me deal with that anxiety. During my residency, I was training under **Larry Barnard, DO**, an attending physician at Plainview Hospital in Plainview, NY. The patient was a woman who was suffering from the end stages of pancreatic cancer. She was tachypneic, jaundiced and cachectic. With each quick breath, I could see her diaphragm overpowering her intercostal muscles. I was almost afraid to touch her. As we examined her, we found myofascial strain that was twisting and rotating her body to the left, forcing her into flexion. Dr. Barnard asked me to very gently place my hands on her chest. He put his hands over mine and twisted her into the strain and held her there for a couple of seconds. The fascia released with a “pop” in literally seconds. As we let go, she sat upright and took a deep breath and let it out. Immediately her breathing slowed and I was stunned at how profound the treatment was. From this experience, I saw firsthand that OMT could benefit the hospital inpatient, as well if not better than, any medication.

During my residency training, I took a multitude of leaves as a flight surgeon with the US Air Force. I was first stationed in Puerto Rico and was the only physician trained in OMM. Airmen sought out my treatments for a myriad of musculoskeletal problems that could not be treated simply by muscles relaxants and NSAIDS. Just as I was sought after in medical school by my colleagues, airmen would seek me out on my days off for treatments. Word had spread that an osteopathic physician was stationed on base. In every subsequent deployment, including my time in Iraq, the fact that I practice osteopathic medicine has stood out amongst my medical colleagues in the military.

After completing my residency, I was admitted to a sports medicine fellowship at St. Joseph’s Medical Center in Reading, PA. I trained under **Scott Cook, DO**, a PCOM alumni and **Paul Marr, DO**, the most influential allopathic physician I have encountered during my osteopathic education. Dr. Marr emphasized to me that an excellent musculoskeletal physician is not only an expert in their field, but additionally has a strong understanding of other specialized fields of medicine (pulmonology, cardiology, etc.). Dr. Marr’s

influence had a profound effect upon the way I practice medicine, training me to, when appropriate, focus my physical examination of patients beyond my musculoskeletal specialty. I remember a patient I saw during my fellowship whom upon my initial examination, had the worst psoas spasm I had ever seen. The patient had bent over to pick up a basketball and presented with excruciating pain in his back. After treatment during his initial office visit, I was unable to relax the psoas spasm, setting off red flags in my mind that this patient might have additional issues beyond his musculoskeletal presentation. I sent him for a CT scan later in the week and instructed to follow-up with his family doctor. This patient had a per-nephric abscess which he was prepared to accept as a musculoskeletal issue. I am incredibly grateful for, and proud of, my musculoskeletal fellowship training, as it has molded me into the physician I am today.

If there is any advice I could give to students interested in pursuing a career in osteopathic manipulative medicine, it is to practice, practice, practice your techniques. Make sure you take time to work with different practitioners. In different areas of the country, osteopathic physicians have variations in their techniques. It is valuable to study and assimilate individual styles into your own medical practice. Irregardless of what field of medicine you enter into, it is important to incorporate the osteopathic philosophy into your practice. Always examine a patient from a holistic perspective and remember that structure influences function. If you remember the central tenets in your practice, you will become a successful osteopathic physician and have a truly rewarding career.

Interview by Charlotte H. Greene, PhD, Professor of Physiology at PCOM

AOA Trustee Speaks in Support of Health Care Reform

AOA Trustee **Boyd R. Buser, DO**, Dean of the Pikeville College School of Osteopathic Medicine (PCSOM), participated in a Pike County (Kentucky) Chamber of Commerce town hall forum on health care reform, which took place on the PCSOM campus. Dr. Buser was asked to serve on the expert panel and give a physician's perspective on health care reform legislation as well as the current Congressional process to enact reform. Television affiliate WKYT-TV ran a segment on the forum, which included interviews with Dr. Buser. In addition to the video report, the local newspaper published an article on the forum and how local Kentucky health care stakeholders are playing a role in national health care reform efforts.

S I L E N T A U C T I O N

Portable table used by Harold Magoun Sr., DO, FAAO • 14 x 18 picture of Dr. Still with quote "to find health should be the object of the doctor, anyone can find disease" • 20 x 24 classic picture of Dr. Still • 13 x 18 photo of Dr. Still originally obtained by Harold Magoun Sr., DO, FAAO • 22 x 28 framed picture of famous Osteopathic patients: Mark Twain, Teddy Roosevelt, Buffalo Bill, and Nelson Rockefeller • 22 x 28 framed picture of famous Osteopathic patients: George B. Shaw, William H. Taft, Helen Keller, and William R. Hearst • 22 x 26 picture of the dissection of the complete nervous system; the original in the museum in Kirksville • Plastic models of the foot & ankle, knee, sacrum, sacrum & lumbar spine, shoulder, hand, hip, joint, and cervical spine • Copy of the book Structured Healing by Harold I. Magoun Jr., DO, FAAO • Copy of the book Never Give Up by Ron Heagy • and much much more...



UAAO Silent Auction

Friday, March 19, 2010

5:00 pm - 6:30 pm

**The BRO^ADMOOR
Colorado Springs, CO**

Component Society Calendar of Upcoming Events

January 28-31, 2010

Ophthalmologic Principles and Their Relationship to Osteopathy in the Cranial Field

San Francisco, California

Course Directors: Paul E. Dart, MD, FCA

The Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

317/594-0411 FAX: 317/594-9299

info@cranialacademy.org Web site: www.cranialacademy.org

February 11-15, 2010

Sutherland Cranial Teaching Foundation 40-hour basic course "Osteopathy in the Cranial Field"

Point Hilton Squaw Peak in Phoenix, AZ

Cost: \$1550. Scholarships Available

Contact: Judy Staser – SCTF Exec. Sec.

PH 817-926-7705 FAX 817-924-9990

Email JHS4116@sbcglobal.net www.sctf.com

February 13-17, 2010

Midwinter Introductory Course in Osteopathy in the Cranial Field

Fort Worth Hilton, Fort Worth, TX

Course Director: Ralph W. Thieme DO

The Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

317/594-0411 FAX: 317/594-9299

info@cranialacademy.org Web site: www.cranialacademy.org

February, 19-21, 2010

Bensoussan Course – Intermediate Course

Fort Worth Hilton, Fort Worth, TX

Course Directors: Paul E. Dart, MD, FCA

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8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

317/594-0411 FAX: 317/594-9299

info@cranialacademy.org Web site: www.cranialacademy.org

April 8-11, 2010

Deepening Your Osteopathic Perceptual Field: Experiencing the Phenomena of Primary Respiration Through Continuum Movement

San Francisco Bay Area

The Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

317/594-0411 FAX: 317/594-9299

info@cranialacademy.org Web site: www.cranialacademy.org

April 20 - 21, 2010

88th Annual Arizona Osteopathic Medical Association Convention

Scottsdale Hilton Resort & Villas

Scottsdale, AZ 85250

888/266-6699

www.az-osteo.org

April 28 - May 1, 2010

Pennsylvania Osteopathic Medical Association's 102nd Annual Clinical Assembly and Scientific Seminar

Valley Forge Convention Center

King of Prussia, PA

(717) 939-9318

poma@poma.org Website: www.poma.org

April 29 - May 2, 2010

Indiana Osteopathic Association 113th Annual Convention

Blue Chip Casino & Hotel

Michigan City, IN

800/942-0501

May 14-16, 2010

Cranial Base

East Coast

The Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

317/594-0411 FAX: 317/594-9299

info@cranialacademy.org Web site: www.cranialacademy.org

May 20-24, 2010

Sutherland Cranial Teaching Foundation 40-hour basic course "Osteopathy in the Cranial Field"

Cleveland Clinic Hospital, Cleveland, OH

40 hours 1A CME

Cost: \$1550. Scholarships Available

Contact Joy Cunningham

PH 509-469-1520

Email jcunningham4715@yahoo.com www.SCTF.com

June 12-16, 2010

Cranial Academy June Introductory Course in Osteopathy in the Cranial Field

La Quinta Resort, Palm Springs, CA

The Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

317/594-0411 FAX: 317/594-9299

info@cranialacademy.org Web site: www.cranialacademy.org

June 17-20, 2010

Annual Conference - Dwelling Place: Spirit and Matter in Osteopathy

La Quinta Resort, Palm Springs, CA

The Cranial Academy

8202 Clearvista Pkwy, #9-D Indianapolis, IN 46256

317/594-0411 FAX: 317/594-9299

info@cranialacademy.org Web site: www.cranialacademy.org