President’s Message

It’s been a busy year!

I attended the AOA Board of Trustees Meeting in Chicago over the first weekend in February. I was able to testify on behalf of the AAO on issues around postdoctoral education and CME requirements. I also represented AAO at the Bureau of Osteopathic Specialty Societies where AOA Convention 2010 was discussed with AOA staff. Richard Feely, DO, FAAO and Diana Finley, CMP joined me in a meeting with ACOFP leadership to further our discussions on the continued support of the Integrated FP/NMM residency programs. This meeting was very positive and highlighted the great cooperation that our two groups have maintained this past year.

Internationally recognized experts Andry Vleeming, PhD and Frank Willard, PhD will present a Pre-Convocation course Pelvic Pain: Mechanisms and Evidence-Based Diagnosis and Treatment that will combine the application of biomechanics, special tests, exercise and manipulation to the complex yet common clinical entity of lumbopelvic pain.

Mark Cantieri, DO, FAAO has organized a wonderful group for the “Evening with the FAAOs” program Sacral Function- Local and Distal Influences on Sacral Stability and Mechanics. This opening program will lay the foundation for the Convocation program, discussing complex issues from several perspectives: biomechanical, visceral and fluid.

Doris Newman, DO has done an outstanding job as Program Chair for the upcoming AAO Convocation Pelvis and Sacrum: Where It All Comes Together. Numerous lectures and workshops will be presented that will reinforce and expand everyone’s knowledge base and hands-on skills. There will also be many opportunities to visit with old friends and mentors, as well as, network with other Osteopathic physicians from around the US and abroad.

A second strategic planning session will occur during the AAO Convocation and will build on the first session held in New Orleans in November. This session will focus on infrastructure, as well as, review information on a feasibility study to direct the next steps in our plans for AAO growth. Dr. Feely has been directing these sessions and will present recommendations as the plans unfold. Some AAO members may be asked to participate in an interview designed to gather more information for this feasibility study.

As I approach the end of my term as President, I look back at the many meetings, airports and hotels that have passed. It was an honor to represent the AAO to so many groups in many different settings. Thank you to all who have given their time and energy to the AAO and helped make all of the accomplishments of this year possible.

The AAO staff is the foundation of our organization and serves as the “back room” where most of the details are formulated, directed and finalized. Their hard work and dedication has been a blessing to all of us. I am indebted to them for making my busy year of service a true joy.

George J. Pasquarello, DO, FAAO
Executive Director’s Message

AAO Education Coordinator Kelli J. Bowersox and I attended the 16th Annual National CME Sponsors Conference on January 8-10, 2010 in Newport Beach, CA. Topics included: Measuring and Reporting on Educational Outcomes; Integration of Core Competencies in CME; How to Determine a Good Needs Assessment; Writing Good Learning Objectives and Conducting Evaluations; Healthcare Reform; and several round table discussions on various topics.

Chairperson John G. Hohner, DO, FAAO called the AAO Education Committee meeting to order on January 29, 2010 at the Wyndham Airport Hotel in Indianapolis, IN. Those members present included: Jane E. Carreiro, DO; David C. Mason, DO; Doris B. Newman, DO; Dennis J. Dowling, DO, FAAO; Michael R. Rowane, DO, FAAO; Kendi Hensel, DO, PhD; and Ann L. Habenicht, DO, FAAO. The committee members reviewed and tentatively scheduled courses through the end of 2011. The AAO website, www.academyofosteopathy.org will be updated as each of the courses are confirmed.

The AOA Bureau of Osteopathic Specialists (BOS) hosted the AOA Specialty Certifying Boards February 3rd in Chicago regarding the planning and implementation of osteopathic continuous certification (OCC). I represented the American Osteopathic Board of Neuromusculoskeletal Medicine during this meeting. Specialty board representatives reviewed the AOA Standards Review Committee’s templates for OCC programs, heard concerns about the OCC process, and developed a communications action plan.

Following the BOS meeting, AAO President George J. Pasquarello, DO, FAAO and I attended the Bureau of Osteopathic Specialty Societies meeting on Thursday, February 4th. Topics included an Update on Certification Fee Task Force, Survey on Osteopathic Continuous Certification; Impact of Admitting MDs into OCME Training Programs; Engaging Medical Students; Review Resolutions and discussed the Unified Convention coming up in the fall of 2010. President-Elect Richard A. Feely, DO, FAAO joined Dr. Pasquarello and I in representing the Academy at the Mid-year Board of Trustees’ meetings of the American Osteopathic Association. Departmental reports were given; reference committees met and reviewed resolutions.

Chairperson Sharon Gustowski, DO called the AAO Membership Committee via teleconference on January 26. Participating members: Robert N. Agnello, DO; Katrine Bengaard, DO; Carol Sloan Browne, DO; David Coffey, DO, FAAO (BOT Liaison); Eileen Conaway, OMS (UAAO Liaison); William M. Foley, DO; David B. Fuller, DO, FAAO; James L. Laub, DO; David C. Mason, DO; Michael P. Rowane, DO, FAAO; Gregory A. Thompson, DO; and Sheldon C. Yao, DO. Membership Coordinator Susan Lightle provided staff support for the teleconference. The members reviewed the lists of nominations for awards, honorary life membership, dues waivers/reduction and made recommendations to the Board of Trustees to vote on during their March meeting at Convocation. The next meeting of the Membership Committee will be Saturday, March 20, 2010 at 12:30 pm in Colorado Springs. As of February 9, 2010, 1472 AAO members have paid their dues for the 2009-2010 fiscal year, compared to 1517 (a 1% decrease) from February 9, 2009. Thank you to those members who have submitted their membership dues.

Convocation registrations are coming in steadily. As of February 9, the AAO staff has received 252 physician and 456 student registrations compared to 193 and 456 respectively this time last year.

We are pleased to report that the pre-Convocation course, Visceral Approach for the Sacrum and Pelvis, presented by Kenneth Lossing, DO has reached its maximum of 32 attendees. The course is now closed.

Registrations for the pre-Convocation course slated for March 15-16, Pelvic Pain: Mechanisms and Evidenced-Based Diagnosis and Treatment is going well. If you haven’t read about that workshop, you are in for a treat. World renown clinical anatomist Frank Willard, PhD and Andry Vleeming, PhD presenting together for the first time in the U.S.! A hands-on clinically-oriented course looking at the latest approaches and developments in the diagnosis and treatment of pelvic pain. Don’t miss the first and potentially ONLY U.S. appearance of this powerhouse of clinical anatomy evaluation and treatment.

Diana L. Finley, CMP, Interim Executive Director

In Memoriam

It is with great sorrow and regret that we inform you of the passing of Touro University’s Founder and President, Rabbi Dr. Bernard Lander. Dr. Lander died Monday, February 8th in his home in Queens. He was 94.

Dr. Lander started Touro in 1971 after spending two decades as a sociology professor at Yeshiva University, where he also served as dean of the university’s Bernard Revel graduate school, and the City College of New York. Lander’s Orthodox four-year institution, which has grown to more than 23,000 students on campuses in the United States and Israel, has become an alternative to Yeshiva University.

A social scientist and educator, Lander was named one of three associate directors in 1944 of the Mayor’s Committee on Unity, which eventually became New York City’s Commission on Human Rights.
**ALERT: February 17, 2010 Marks Deadline for Early-Bird Registration Fee**

Haven’t registered for the 2010 Convocation, March 17-21 at the Luxurious Broadmoor Hotel in Colorado Springs? February 17th marks the deadline for the early-bird rate. The AAO Education Committee encourages you to register on line at www.academyofosteopathy.org.

When registering, please be sure to complete ALL information requested such as workshop choices, banquet meal preference, AOA number, etc. Your registration may be held up if application is incomplete.

The Program Chairperson Doris Newman, DO has organized the program around the theme “Pelvis and Sacrum: Where It All Comes Together.” In addition to an impressive list of keynote speakers, Dr. Newman continues the time-honored series of hands-on workshops presented by masters of the profession. You’ll find a detailed review of the workshops in the brochure located on AAO’s website www.academyofosteopathy.org. The AAO Education Committee encourages members to make their hotel reservations as the prime accommodations are likely to go quickly. Hotel reservation deadline is February 12th! The Broadmoor will continue to honor the AAO’s rate past the deadline as long as the AAO’s room block is available. However, when the room block has been reached, the rate cannot be guaranteed.

Identify your reservation as: American Academy of Osteopathy*
Call directly into the BRO+DMOOR front desk
Reservations Phone #: 719/577-5775 or 866/837-9520; Reservations Fax #: 719/577-5738

You will need to make your room reservations early in order to protect the AAOS ability to block a sufficient number of rooms • Room rate good through these dates: March 13-22, 2010

• Cut-off Date is February 12, 2010 •

Our keynote speakers will be Andry Vleeming, PhD, who has conducted many years of research in the area of sacrum and pelvic biomechanics as well as Frank Willard, PhD, who will give us an in depth study of the anatomy of the pelvic girdle from our three different focuses each morning. To continue introducing the list of this year’s Convocation speakers, the editors are pleased to feature four of these presenters in this newsletter.

Thursday morning highlights include Dennis J. Dowling, DO, FAAO presenting a lecture entitled, “The Pelvis in Motion and Gait.” This lecture will concentrate on the motion characteristics of the sacrum and pelvis in normal conditions and when there are somatic dysfunctions. Emphasis will be placed on visual aspects as well as motion representations. At the end of this lecture, participants will: 1) understand anatomical configurations of the sacroiliac joints that direct motion characteristics of the region; 2) understand the influence of contiguous and distant anatomical structures to sacrum and pelvic movement; 3) understand the contribution of abnormal movement and structure to the development of somatic dysfunction; and 4) pelvic motion restoring effects of OMM. On Thursday afternoon you will have the option of attending Dr. Dowling’s workshop entitled, “Direct Techniques to Treat Sacrum and Pelvis Somatic Dysfunction (HVLA, MET, Direct FPR).” Dr. Dowling writes, “There are a number of techniques that can be utilized to address somatic dysfunction of the sacrum and pelvis. The focus of this workshop will be to utilize a variety of interwoven direct techniques including variations of articular (HVLA, LVLA), muscle energy, and even direct facilitated positional release. Because patients cannot always get into the typical positions, there will be emphasis on treating patients in all levels of discomfort in optimal comfort for both them and the treating physician.” At the conclusion of this workshop, the participants should be able to define direct vs. indirect and passive vs. active techniques; pair specific techniques with diagnostic findings; and practice several direct techniques for the sacrum and pelvis. Dr. Dowling is a 1989 graduate of the New York College of Osteopathic Medicine. He is the former chairman of OMM at NYCOM and a past president of the AAO. He is in private practice in OMT specialty in Syosset, NY, and is the Director of Manipulation in the Department of Physical Medicine and Rehabilitation at the Nassau University Medical Center on Long Island, New York. Dr. Dowling is also Director of OMM Assessment for the NBOME Clinical Skills Testing Center. In addition to co-editing An Osteopathic Approach to Diagnosis and Treatment, Dr. Dowling is a contributor and illustrator for other textbooks and journals. He was presented the Thomas L. Northup Memorial Lecture Award in 2005, the Scott Memorial Lecturer Award in 2004 and the David Heilig, DO, FAAO Memorial Lecturer Award in 2001. Dr. Dowling was selected to present the 2010 H. A. Blood, DO, FAAO Memorial Lecture to the students on Saturday afternoon during Convocation. Dr. Dowling currently is the Vice Chair of the American Osteopathic Board of Neuromusculoskeletal Medicine.

In addition to Dr. Dowling’s workshop, Dr. Newman has scheduled for the physicians a workshop, “Common Tendonous and Ligamentous Injuries of the Sacrum and Pelvis and an Injection Approach to Healing” presented by Mark S. Cantieri, DO, FAAO. This workshop will review lumbosacral and pelvic anatomy; describe various referred pain patterns from injured tendons and ligaments; and give the participant the opportunity to know when injection therapy is appropriate for tendon and ligament injuries. A 1981 graduate of UOMHS in Des Moines, Iowa, Dr. Cantieri is currently in private practice in Mishawaka, IN. He is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine and became a Fellow of the American Academy of Osteopathic Medicine.
PHYSICIAN / CLINICAL TRAINER
GRADUATE MEDICAL EDUCATION

- 32 HOUR FULL TIME
- COMPETITIVE SALARY WITH FULL HOSPITAL BENEFITS
- TEACHING EXPERIENCE REQUIRED
- MUST BE COMFORTABLE WITH ALL PROCEDURIAL SKILLS INCLUDING FLEX SIGMOID, COLPOSCOPIES, EDG, ETC.
- MUST HAVE EXCELLENT OSTEOPATHIC MANIPULATIVE MEDICINE SKILLS
- PREFER FELLOWSHIP TRAINED IN NEUROMUSCULAR MANIPULATIVE MEDICINE
- NOT REQUIRED TO HAVE A PRIVATE PRACTICE
- PRIMARY RESPONSIBILITIES WILL BE TEACHING, MAY HAVE SOME PATIENT CONTACT
- 10 RESIDENTS
- 3 INTERNS
- 10 – 15 STUDENTS AT ANY GIVEN TIME
- PRACTICE PATIENT CENSUS IS 8500 A THIS TIME
- WELL EQUIPED MODERN FACILITY

Bay Regional Medical Center is fortunate to be located in Bay County, one of the finest educational, recreational and cultural areas in the Great Lakes. Located in east central Michigan on Lake Huron’s Saginaw Bay, Bay County enjoys a very low crime rate, affordable housing and great schools. Colleges and Universities are within commuting distances, and diverse geography allows for a home on the river or bay, in the country, city or suburbs.

Bay County offers a wide variety of sporting and recreational activities, with golf on public and private courses, a civic arena with two rinks, tennis, softball, active running and biking clubs, camping, water sports, and some of the best fishing in the world. Winter sports are just as plentiful, with nearby cross-country and downhill skiing, snowmobiling, and hunting.

If you would like more information on this opportunity, please contact Konnie Licavoli, Physician Recruiter, at 989-894-9534 or by email at kmlicavoli@bhsnet.org. You can also check out our program further by logging on to www.bayregional.org and click on Graduate Medical Education. Community information is available at www.baycityarea.com.
Continued from page 3

Osteopathy at the 1997 Convocation in Colorado Springs. He is a former president of the AAO and currently serves the AAO as secretary-treasurer. Dr. Cantieri is Program Chairman for the AAO’s prolotherapy courses. He is Vice Chairman of the Commission of Osteopathic College Accreditation and a clinical inspector for osteopathic college accreditation.

On Friday, the physicians will have the opportunity to attend a workshop presented by Boyd R. Buser, DO, FACOFP on “Dr. Zink’s Approach to the Low Back Pain and Pelvis: A Respiratory/Circulatory Model.” This workshop will focus on the role of the low back and pelvis in the movement of fluids in the low pressure circulatory systems (venous and lymphatic). Technique approaches will include HVLA and articulatory, as well as, other techniques for augmenting pressure gradients in the thoracoabdominopelvic cylinder, based on the work of J. Gordon Zink, DO. At the conclusion of this workshop, the attendees should be able to understand the role of the low back and pelvic somatic structures in the movement of fluids in the low pressure circulatory systems; learn HVLA and articulatory techniques for the lumbar spinal transitional areas and pelvic girdle; and learn a variety of techniques for augmenting pressure gradients in the thoracoabdominopelvic cylinder. Dr. Buser is Vice President and Dean of the Pikeville College School of Osteopathic Medicine in Pikeville, Kentucky, where he also holds the rank of Professor of Osteopathic Principles and Practice. He previously served as Department Chair, Associate Dean, and Interim Dean and Vice President of the University of New England College of Osteopathic Medicine. He is a graduate of Des Moines University College of Osteopathic Medicine and is dually board certified in Osteopathic Manipulative Medicine and Family Medicine, and is a Fellow of the American College of Osteopathic Family Physicians. He is currently a member of the Board of Trustees of the American Osteopathic Association (AOA) and the Board of Directors of the Osteopathic International Alliance. He has taught extensively, both nationally and internationally in the field of Osteopathic Manipulative Medicine. Dr. Buser is a past Chairman of the Board of the National Board of Osteopathic Medical Examiners. In 2007, he was elected by the American Medical Association Board of Trustees to a position on the Current Procedural Terminology (CPT) Editorial Panel, the first osteopathic physician to be so elected. In 1995, Dr. Buser served as President of the American Academy of Osteopathy and was named Educator of the Year by the American Osteopathic Association and American Osteopathic Foundation in 1994. He twice received the Distinguished Service Award from the Maine Osteopathic Association, in 1996 and 2007. Dr. Buser is a member of the Kentucky Institute of Medicine and the Kentucky Board of Medical Licensure.

Saturday workshops will include Kenneth H. Johnson, DO, FAAO presenting “Balanced Ligamentous Technique for Sacrum and Pelvis.” This workshop will focus on the treatment of the pelvis utilizing techniques first developed by William G. Sutherland, DO and later expanded upon by Anne Wales, DO, DSc(hon), FCA. There will be both a focus on treating specific dysfunctions as well as integrating techniques treating the whole pelvis and related areas. Dr. Johnson is a 1992 graduate of the University of New England, College of Osteopathic Medicine. He is certified by the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine and the American Osteopathic Board of Osteopathic Family Physicians. He has served as vice-chairman and chairman of the UAAO Council. He is currently serving the American Academy of Osteopathy (AAO) on the Board of Governors and the International Affairs Committee. Dr. Johnson is a past member of its Board of Trustees, Long Range Planning and Membership Committees as well as serving as chair of the OPTI committee. Dr. Johnson served as AAO President from 2006-2007.
Osteopathic Match Results Released

Results are in for the 2010 Osteopathic Match! Approximately 78% of osteopathic students and graduates who participated in the Osteopathic Match successfully matched into osteopathic residency or internship positions. The National Matching Services, Inc., which coordinates the Osteopathic Match, reports that a total of 1,896 individuals participated in the 2010 Match; 1,473 successfully matched and 423 did not match. There will be an additional 218 osteopathic graduates who will serve in the military. Of the 3,845 osteopathic students graduating this spring, 1,992 did not participate in this year’s Match. The AOA intern/resident registration program offered 2,443 funded positions, 970 of which are unfulfilled as of today’s match. Learn more about the Match on DO-Online. Congratulations to all osteopathic medical students and previous graduates who matched yesterday! (Resource: AOA Daily Report 2/9/10)

Physician’s Corner

Murray Berkowitz, DO, MA, MS, MPH, C-NMM/OMM, CAQ-Occ Med
January 2010

My earliest exposure to osteopathic medicine came during my preteen years, through my family physician, Daniel J. Wainer, DO, a PCOM graduate. As a child, I did not see my physician as being either allopathic or osteopathic; he was just “the doctor”. Although I did not receive manipulation, I was aware of it from accounts of friends and family members who were treated by the same physician.

I joined the military, first in the Army, as a combat arms officer, a Scout Platoon Leader in “the Cav” and later an Infantry Company Commander of a “special unit”; an engineer and aviator in the Air Force, including the U.S. Space Program; and finally an “International Geo-Political Affairs Officer” (largely Intelligence). Little did I anticipate that my destiny would be to follow in my childhood physician’s footsteps, along a path that led to a rewarding career in osteopathic medicine.

During my time in the military, I suffered a debilitating injury which resulted in chronic pain. After years of failed physical therapy and other medical treatments, I was referred to an osteopathic orthopedic physician who provided me with OMM treatments. Through the work of his gifted hands, my symptoms dramatically improved immediately (in one treatment)! I got off the treatment table and pointed my finger at him and stated, “you’re a DO!” He replied, “yes, I am.” Inspired by this experience, I began to consider a career in medicine.

Throughout my years in the military, many of the physicians I interacted with were osteopathically trained, and very good, friendly, and helpful. I made the decision to apply to medical school when I was over 40 years old and, at that point, knew osteopathic medicine was the only medical profession I desired to enter. I was accepted at (what is now) the Des Moines University, College of Osteopathic Medicine and Surgery, where I studied under exceptional faculty including Gerald Cooper, DO, FAAO, David Boesler, DO, and Scott Sutherland, DO. Each provided unique perspectives on the application of various aspects of OMM/OMT to the overall approach to providing complete osteopathic medical care to each patient - as an individual.

Following graduation, I finished my career in the military and began my career in medicine and education, splitting my time between teaching bio- and medical informatics and practicing OMT in a general osteopathic medicine office. In between teaching and practicing medicine, I found time to complete my MPH at the Bloomberg School of Public Health (Johns Hopkins University). I practiced OMM as a specialty and booked half-hour or hour appointments for each patient. It is an essential part of my practice to spend adequate time with my patients so they can be provided with a thorough treatment. Although a half-hour appointment is far superior to one of eight or 20 minutes, it is unfortunate that in today’s setting, this has become an unconventional approach to patient scheduling. Despite their love for treating patients, many of my professional colleagues complain they feel obligated to discourage prospective students from entering the profession because medicine today revolves more around paperwork than patient care.

I feel very strongly that physicians should make it their priority to develop a trusting bond with each patient. I do not hesitate to treat a patient who cannot fully reimburse me for the time I spend providing OMM/OMT. When I became a physician, I resolved to improve the health of all of my patients, and I am motivated by this personal tenet; if I need to spend 45 or 60 minutes with a patient, I will. There is a systemic problem that we, as osteopathic physicians, must address, for it damages the credibility of our profession, and contributes to the weakening of the bond between patient and physician: that of practicing osteopathic physicians who never lay their hands on their patients nor consider the consequences of their dysfunctions holistically.

My personal experiences as a physician are the source of the pride I feel to be a part of the osteopathic medical profession. To all the students – be proud and get involved! It is imperative that osteopathic medical students become involved in their profession early on. Healthcare in America is rapidly changing and we must as osteopathic physicians work to shape its future. Serve at the grass roots and local level, and then progress up to the regional and professional level in whatever specialty you eventually choose. Osteopathic physicians are inherently patient advocates, who seek to treat the whole patient. So much personal satisfaction can be gained from simply becoming a patient advocate. My last piece of advice is to become involved in the educational system, as it will keep you abreast to all the developments within your field and allow you to initiate change within the American healthcare system. Education and experience will enable you to reach your full potential as a medical professional.

Interview by Charlotte H. Greene, PhD, Professor of Physiology at PCOM
First Time at The BRO^DMOOR?

The BRO^DMOOR is conveniently located in the center of the United States with air access from two airports - Colorado Springs Airport and Denver International Airport. Many of The BRO^DMOOR’s 700 guest rooms and luxury suites offer mountain views and balconies. The Spa at The BRO^DMOOR is an extraordinary luxury spa experience - where your appointment becomes an escape, and your visit becomes a tradition. Their services encompass a wide variety of indulgent delights designed to help you look and feel your best. Along with luxurious accommodations and spectacular service, The BRO^DMOOR offers an unparalleled array of activities for our guests. Services at The BRO^DMOOR include:

- 24-Hour Room Service
- Daily Housekeeping
- Concierge
- Valet and Self Parking
- Nightly Turn Down Service
- Dry Cleaning and Laundry Services
- Seasonal Children’s Program
- Xerox Business Centers
- Florist Services
- Childcare Services
- Airport Transportation
- Children’s Concierge

Both Childcare services and airport transportation require advanced reservations.

Resort amenities
- Full-service spa and fitness center with hair and nail salon
- 54 Holes of Championship Golf
- Four cushioned hard tennis courts and two Har-Tru clay courts, with two indoor covered courts in winter
- Three swimming pools: one outdoor, one indoor and one heated lap pool
- 18 restaurants, cafes and lounges
- Fitness Center
- Beauty Salon
- Business Centers
- 25 specialty, boutique and retail shops on site
- Three outdoor hot tubs
- Seasonal waterslides and a children’s pool

The BRO^DMOOR presents an impressive choice of dining and lounge options in 18 distinctly different facilities, from fine French and Italian to al fresco American. From casual fare, Sunday Brunch and poolside dining to the Five-Diamond Penrose Room, there is something to please every palate. It is recommended that you make dining reservations in advance. For additional menu options, please visit www.broadmoor.com.

Pedi SIG Presents:
Pediatric Constipation: An Osteopathic Approach

When: Thursday March 18, 2010
5:00-8:00 pm

Location: Please check your convocation program for location details

Schedule:
5:00-5:15 SIG Introduction and Practice Survey Distribution
Gregg Lund DO & Harry Friedman DO

5:15-6:00 The Pediatric GI Nervous System
Frank Willard PhD

6:00-6:30 Nutritional Management of Pediatric Constipation
Ali Carine DO

6:30-6:45 Break

6:45-8:00 OMM for the constipated child
Jane Carreiro DO & Hugh Ettlinger DO
Pelvic Pain: Mechanisms and Evidence-Based Diagnosis & Treatment
March 15-16, 2010 in Colorado Springs, CO

Course Description:
The etiology of the lumbopelvic pain has received much attention in this century due to the prevalence and economic impact of this condition. Often, the focus of investigation and treatment has been on topographic anatomy with the goal being to identify the specific pain generating structure (i.e., disc, facet, ligament, muscle). This model has lead to diagnoses that are tissue specific - iliolumbar ligament syndrome, piriformis muscle syndrome. When the faulty structure cannot be identified, diagnoses such as nonspecific low back pain and idiopathic soft tissue disorders are offered.

Recently the focus of research has switched from an anatomical to a functional emphasis. Consequently, a model of how load is transferred through the lumbopelvic region has developed and furthermore, proposals of how the system can break down emerged. Clinically, specific tests have been developed to evaluate the function of the lumbopelvic region paying less attention to pain and more to biomechanical principles. Treatment programs, including both manual medicine and exercise, follow this biomechanical model. In addition, psychological factors, emotional influences and the effect they have on motor control are receiving greater attention amongst practitioners. Recovery requires attention to both the physical and psychological ramifications of dysfunction. This course will address both.

Presenting:
Andry Vleeming, PhD, Clinical Anatomist
Frank H. Willard, PhD, Neuroanatomist

CME:
The program anticipates being approved for 16 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

Course Location:
The Broadmoor
1 Lake Avenue
Colorado Springs, CO 80906

Andry Vleeming, PhD, Clinical Anatomist
Dr. Vleeming is the founder of the Spine and Joint Centre in Rotterdam, The Netherlands; a specialized clinic to treat patients with severe chronic spinal problems. Dr. Vleeming’s anatomical and biomechanical research in the lumbopelvic region has been accepted worldwide and incorporated into rehabilitation programs for patients with lumbopelvic dysfunction. This research is the foundation for rehabilitation at the Spine and Joint Centre. In addition, he is the Chairman of the Interdisciplinary World Congress on Low Back and Pelvic Pain. To date, there have been six such congresses which have seen health professionals from all disciplines come together to discuss and develop future research ideas for a clearer understanding of function and dysfunction within the low back and pelvis. Dr. Vleeming has adapted the scientific research of this team into an evidence based clinical model for assessment and treatment of lumbopelvic dysfunction. The protocol for diagnosis and rehabilitation follows sound scientific principles.

Frank H. Willard, PhD, Neuroanatomist
Dr. Willard is a professor in the Department of Anatomy at the University of New England College of Osteopathic Medicine. He has earned a Bachelor of Science in Zoology from the University of Maine and a PhD in Anatomy from the University of Vermont. He was elected Professor of the Year in 1993 at UNECOM and was elected to the Visiting Scholar list from the AAO in 1989. Presently Dr. Willard is a member of the Society of Neuroscience, Sigma Xi, International Society for Developmental Neuroscience; International Brain Research Organization; American College of Neuropsychiatrists and is an honorary member of the AAO and the Russian Osteopathic Association. Dr. Willard is the author of Medical Neuroanatomy: A Problem Oriented Manual with Annotated Atlas and Nociception and the Neuroendocrine-Immune Connection.

Registration Form
Pelvic Pain: Mechanisms and Evidence Based Diagnosis & Treatment
March 15-16, 2010

Name:

Nickname for Badge: _________________________________

Street Address: ______________________________________

City: _______________________ State: ______ Zip: _______

Office Phone: ___________________ Fax: ________________

E-Mail: ______________________________________________

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: __________ College/Yr Grad: ___________________

Lunch on your own

Registration Rates
On or before 2/15/10 After 2/15/10 On-site
AAO Members
Physician-AAO member $685 $780 $830
Student/Intern/Resident $580 $680 $730
Physician-Non-Member $920 $1,020 $1,070

Membership application can be completed online at www.academyofosteopathy.org.

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # ________________________________

Cardholder’s Name ________________________________

Date of Expiration ___________ CVV# ______________

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature ________________________________
AAO Calendar of Events

Mark your calendar for these Academy meetings and educational courses.

March 2010
- March 14-16: Visceral Approach for the Sacrum and Pelvis, Colorado Springs, CO
- March 15-16: Pelvic Pain: Mechanisms and Evidence-Based Diagnosis & Treatment, Colorado Springs, CO
- March 16: Committee on Fellowship in the AAO meeting at 12 pm (MST), Colorado Springs, CO
- March 17: Board of Governors Meeting at 8:00 am (MST), Colorado Springs, CO
- March 17: Board of Trustees Meeting, at 1:00 pm (MST), Colorado Springs, CO
- March 17: Investment Committee Meeting at 6:00 pm (MST), Colorado Springs, CO
- March 18: PS&E Committee Meeting at 6:30 am (MST), Colorado Springs, CO
- March 18: International Affairs Committee Meeting at 6:30 am (MST), Colorado Springs, CO
- March 18: OPTI Liaison Committee Meeting at 6:30 am (MST), Colorado Springs, CO
- March 18: Louisa Burns Osteopathic Research Committee Meeting at 6:30 am, Colorado Springs, CO
- March 18: AAO Annual Business Meeting Luncheon, Colorado Springs, CO
- March 19: Education Committee Meeting at 6:00 am (MST), Colorado Springs, CO
- March 19: Osteopathic Medical Economics Committee Meeting at 6:30 am, Colorado Springs, CO
- March 19: External Fundraising Committee Meeting at 6:30 am (MST), Colorado Springs, CO
- March 19: Informational Technology Committee Meeting at 12:15 pm (MST), Colorado Springs, CO
- March 19: OD&TE Committee Meeting at 12:15 pm (MST), Colorado Springs, CO
- March 19: Undergraduate Academies Committee Meeting at 12:15 pm (MST), Colorado Springs, CO
- March 20: Strategic Planning Meeting at 6:30 am (MST), Colorado Springs, CO
- March 20: AOBNMM Board Meeting at 10:30 am (MST), Colorado Springs, CO
- March 20: Membership Committee Meeting at 12:30 pm (MST), Colorado Springs, CO
- March 20: Publications Committee Meeting at 12:30 pm (MST), Colorado Springs, CO
- March 20: C/MM-OMM Committee Meeting at 12:30 pm (MST), Colorado Springs, CO
- March 20: Board of Trustees Meeting at 12:30 pm (MST), Colorado Springs, CO

April 2010
- April 29 - May 2: The Pediatric Head: Developmental Changes, Clinical Implications, Diagnosis and Treatment at UNECOM

May 2010
- May 21-23: Osteopathic Manipulative Medicine 2010 at Disney's Contemporary Resort, Orlando, FL

June 2010
- June 9: PS&E Committee Meeting at 7:30 pm (EST) via teleconference

July 2010
- July 10-11, 2010, Board of Trustees Meeting, in Indianapolis
- July 12-18: AOA Annual Meeting of the Board of Trustees & House of Delegates, Chicago, IL

August 2010
- August 6-7: Education Committee meeting, Indianapolis
- August 11: PS&E Committee Meeting at 7:30 pm (EST) via teleconference

October 2010
- October 7-9: Prolotherapy Weekend at UNECOM
- October 24-28: AOA OMED in San Francisco, CA

News from the AOA

President Wickless Issues Statement on Medicare Payment

To address the current uncertainty in Medicare physician payment rates, President Wickless issued a video statement to the AOA official family on February 3rd. As most DOs know, the current state of the Medicare program is shaky, and physician payments face an impending 21.2% cut on March 1, 2010, if Congress does not take action to prevent them. In the video, President Wickless calls on all members of the osteopathic family to join us in our advocacy campaign to defeat this cut and preserve access to care for our nation’s seniors and military families. The video is posted on the AOA YouTube Channel. To view the message from President Wickless, click here. (Resource: AOA Daily Report February 4, 2010)
**Course Outline:**

Thursday, Oct 7: This is required for those physicians who have not taken a prior course in prolotherapy. It will include an introduction to prolotherapy, wound healing, degenerative postural cascade, coding and billing.

Friday and Saturday, Oct 8-9: Participants will be divided into two groups, beginners and advanced. These two groups will alternate between lectures and anatomy and injection technique while the other group will be in the anatomy lab performing injections under supervision and reviewing prosections.

**Presenting:**

Mark S. Cantieri, DO, FAAO, Program Chair
George J. Pasquarello, DO, FAAO

**Prerequisites**

Functional Anatomy; (1) Level I course or equivalent

**CME**

The program anticipates being approved for 20 hours of AOA Category 1-A CME credit pending approval by the AOA CCME.

**Program Time Table**

- **Thursday, October 7** ........................................... 5:00 pm - 10:00 pm
- **Friday, October 8** ............................................. 8:00 am - 5:30 pm
- **Saturday, October 9** ........................................... 8:00 am - 5:30 pm

   Thursday includes a 30-minute break; Friday & Saturday include (2) 15-minute breaks and a (1) hour lunch

**Who May Attend Policy**

The primary educational objective for AAO is to provide programs aimed to improve understanding of philosophy and diagnostic/manipulative skills for AAO members, DOs who are not AAO members, individuals who are licensed for the unlimited scope and practice of medicine, and for those in programs leading to such license.

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**Registration Form**

**Prolotherapy Weekend, October 7-9, 2010**

Name: _____________________________________________

Nickname for Badge: ________________________________

Street Address: _____________________________________

City: _____________________    State: _____   Zip: ________

Office Phone: _________________    Fax: ________________

E-Mail: ____________________________________________

By releasing your Fax/Email you have given the AAO permission to send marketing information regarding courses via fax or email.

AOA#: __________    College/Yr Grad: ________________

☐ I require a vegetarian meal

(AAO makes every attempt to provide snacks/meals that will meet participant’s needs, but, we cannot guarantee to satisfy all requests.)

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**Registration Rates**

- $1,200 (if book has been previously purchased)
- $1,510 to include course syllabus:

AAO accepts Check, Visa, Mastercard, or Discover

Credit Card # ________________________________

Cardholder’s Name ______________________________

Date of Expiration _________________ CVV#___________

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature ________________________________

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**Course Location:**

University of New England, Biddeford Campus
11 Hills Beach Road
Biddeford, ME 04005
(207) 283-0171
http://www.une.edu

**Travel Arrangements**

Globally Yours Travel
Tina Callahan at (800) 274-5975

* A rental car is recommended since the campus is located about 15-20 minutes from most hotels and restaurants.

**Cancellation and Refund Policy.**

The American Academy of Osteopathy® reserves the right to cancel an educational program if insufficient physicians pre-register. Sufficient registrations must be received 30 days prior to the opening of the course. If you are considering registering for a course less than 30 days prior to the opening, contact the Academy office before making travel plans. In the event of course cancellation by the Academy due to lack of registration, all registration money will be refunded. Cancellation from participants received in writing up to 30 days prior to the course opening are subject to withholding of a 20-percent administrative fee or they may transfer 80-percent of their tuition to another educational program to be held within the next 12 months. Cancellations received in writing under 30 days prior to the course opening can transfer 80-percent of their course registration fee to another course to be held within the next 12 months. Any registrant who fails to appear for an AAO program can transfer up to 50-percent of their registration fee to another AAO educational program to be held within the next 12 months if a written and signed explanation is received at the AAO office within 10 days of the scheduled course. All other cancellations will receive no refund or transfer of registration fees.
Golden Ram Campaign Surpasses 75% of Goal

As of February 10th, 209 donors have already contributed a total of $61,290.80 – 76.6% of the $80,000 goal. This represents a slight increase over the same time last year, 220 donors contributed $61,154.45. Thanks to all AAO members for their loyal support of this annual fund raising program!
Component Society Calendar of Upcoming Events

February 11-15, 2010
Sutherland Cranial Teaching Foundation 40-hour basic course
“Osteopathy in the Cranial Field”
Point Hilton Squaw Peak in Phoenix, AZ
Cost: $1550. Scholarships Available
Contact: Judy Staser – SCTF Exec. Sec.
PH 817-926-7705    FAX 817-924-9990
Email JHS4116@sbcglobal.net    www.sctf.com

February 13-17, 2010
Midwinter Introductory Course in Osteopathy in the Cranial Field
Fort Worth Hilton, Fort Worth, TX
Course Director: Ralph W. Thieme DO
The Cranial Academy
8202 Clearvista Pkwy, #9-D    Indianapolis, IN 46256
317/594-0411    FAX: 317/594-9299
info@cranialacademy.org    Web site: www.cranialacademy.org

February, 19-21, 2010
Bensoussan Course – Intermediate Course
Fort Worth Hilton, Fort Worth, TX
Course Directors: Paul E. Dart, MD, FCA
The Cranial Academy
8202 Clearvista Pkwy, #9-D    Indianapolis, IN 46256
317/594-0411    FAX: 317/594-9299
info@cranialacademy.org    Web site: www.cranialacademy.org

April 8-11, 2010
Deepening Your Osteopathic Perceptual Field: Experiencing the Phenomena of Primary Respiration Through Continuum Movement
San Francisco Bay Area
The Cranial Academy
8202 Clearvista Pkwy, #9-D    Indianapolis, IN 46256
317/594-0411    FAX: 317/594-9299
info@cranialacademy.org    Web site: www.cranialacademy.org

April 20 - 21, 2010
88th Annual Arizona Osteopathic Medical Association Convention
Scottsdale Hilton Resort & Villas
Scottsdale, AZ 85250
888/266-6699
www.az-osteo.org

April 28 - May 1, 2010
Pennsylvania Osteopathic Medical Association’s 102nd Annual Clinical Assembly and Scientific Seminar
Valley Forge Convention Center
King of Prussia, PA
(717) 939-9318
poma@poma.org    Website: www.poma.org

April 29 - May 2, 2010
Indiana Osteopathic Association 113th Annual Convention
Blue Chip Casino & Hotel
Michigan City, IN
800/942-0501

May 14-16, 2010
Cranial Base
East Coast
The Cranial Academy
8202 Clearvista Pkwy, #9-D    Indianapolis, IN 46256
317/594-0411    FAX: 317/594-9299
info@cranialacademy.org    Web site: www.cranialacademy.org

May 20-24, 2010
Sutherland Cranial Teaching Foundation 40-hour basic course
“Osteopathy in the Cranial Field”
Cleveland Clinic Hospital, Cleveland, OH
40 hours 1A CME
Cost: $1550. Scholarships Available
Contact: Joy Cunningham
PH 509-469-1520
Email jcsweeney4715@yahoo.com    www.SCTF.com

June 12-16, 2010
Cranial Academy June Introductory Course in Osteopathy in the Cranial Field
La Quinta Resort, Palm Springs, CA
The Cranial Academy
8202 Clearvista Pkwy, #9-D    Indianapolis, IN 46256
317/594-0411    FAX: 317/594-9299
info@cranialacademy.org    Web site: www.cranialacademy.org

June 17-20, 2010
Annual Conference - Dwelling Place: Spirit and Matter in Osteopathy
La Quinta Resort, Palm Springs, CA
The Cranial Academy
8202 Clearvista Pkwy, #9-D    Indianapolis, IN 46256
317/594-0411    FAX: 317/594-9299
info@cranialacademy.org    Web site: www.cranialacademy.org

June 24-27, 2010
Annual Conference - Kentucky Osteopathic Medical Association
Hilton Lexington/Downtown
koma@reesgroupinc.com    Web site: www.koma.org

December 3-5, 2010
Indiana Osteopathic Association 29th Annual Winter Update
Marriott Hotel
Indianapolis, IN
800/942-0501