A Message From the President

A Look at the Life of the AAO President

It began on a Tuesday in September with a flight from DFW to Columbus, Ohio. A 90-minute drive to Athens, Ohio, and a day spent discussing research at the Ohio University Heritage College of Osteopathic Medicine, then back to Columbus the next day, a flight to Washington, DC, that night, AOA-sponsored meetings with members of Congress and their staff the next day, an Uber to Bethesda, Maryland, a meeting of the National Institutes of Health’s National Advisory Council for Complementary and Integrative Health the next day, and then a flight home.

That’s three crazy days I hope to not have to repeat, but all were important in representing the AAO, and in supporting the osteopathic profession, and all went well.

Next up was traveling to OMED in Baltimore, where I attended the AAO’s program, and the AOA’s Bureau of International Osteopathic Medicine program. I was honored to present the OMM Resident of the Year award to Angela Kennon Tyson, DO, at the American Osteopathic Foundation’s annual gala.

The AAO Board of Trustees convened in early November in Indianapolis. We had a full agenda and had great discussions. I’m very proud of our board members; they are engaged and dedicated to furthering the mission and vision of the Academy. I am also pleased with the hard work and input of our committee chairs—they regularly report to the board on the activities of their committees, and members of the board serve as liaisons to facilitate two-way communication between the committees and the board.

AAO Candidates for Election

At the AAO’s annual business meeting each March, Academy members elect leaders for the coming year. During the 2020 meeting on March 12, Academy members will vote for a president-elect, two trustees, 10 governors and four members of the Nominating Committee. Most positions require a three-year commitment.

To help you make an informed decision, the candidates were asked to complete a candidate information form. In addition to providing a 100-word biographical sketch, all candidates were asked to describe their vision for where the AAO should be headed and their top contribution to the AAO to date and its significance. Responses provided below have been edited for clarity but are largely presented in the candidates’ own words.

Additional candidates may be nominated from the floor on election day. Those candidates must be present at the AAO’s business meeting to indicate whether they accept their nominations and to attest to their willingness to serve if elected.

This year’s business meeting will be held Thursday, March 12, from 11:45 a.m. to 2:15 p.m. Mountain time at the AAO Convocation at The Broadmoor in Colorado Springs, Colorado. All full members of the Academy, including resident members, are eligible to vote during the business meeting, as are life members and honorary life members. Members must be present to vote.

Voting will be conducted digitally, so members will be expected to bring their cell

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AAO Calendar of Events

Mark your calendar for these upcoming events and deadlines.

2019-20

Jan. 8 Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern

Jan. 9 LBORC Poster Presentation Subcommittee teleconference—7:30 p.m. Eastern

Jan. 20 AAO office closed—Martin Luther King Jr. Day

Feb. 7-8 AAO Education Committee’s meeting—Indianapolis

Feb. 7-9 “Fascial Distortion Model: Treating the Shoulder, Ankle and Knee”—Todd A. Capistrant, DO, MHA, course director—Midwestern University Arizona College of Osteopathic Medicine in Glendale

Feb. 17 AAO office closed—Presidents’ Day

March 8-10 Pre-Convocation course—“Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model”—Bruno J. Chikly, MD, DO (France)—The Broadmoor in Colorado Springs

March 8-10 Pre-Convocation course—“Cranial Nerve Course”—Kenneth J. Lossing, DO—The Broadmoor in Colorado Springs

March 8-10 Pre-Convocation course—“Pediatric Manual Medicine”—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEML—The Broadmoor in Colorado Springs

March 10 Committee on Fellowship in the AAO meeting and interviews—The Broadmoor in Colorado Springs—8 a.m. Mountain

March 10 AAO Education Committee meeting—The Broadmoor in Colorado Springs—6 p.m. Mountain

March 11 AAO Board of Trustees meeting—The Broadmoor in Colorado Springs—8 a.m. Mountain

March 11 AAO Board of Governors meeting—The Broadmoor in Colorado Springs—1 p.m. Mountain

March 11 AAO Investment Committee meeting—The Broadmoor in Colorado Springs—4 p.m. Mountain

March 11-15 2020 Convocation—“Embracing Integration: Creativity in Osteopathic Medicine”—J’Aimee Anne Lippert, DO, program chair—The Broadmoor in Colorado Springs

March 12 AAO annual business meeting and luncheon—The Broadmoor in Colorado Springs—11:45 a.m. Mountain

March 15 Post-Convocation course—“Residency Program Directors’ Workshop”—Darren Grunwaldt, DO, course director—The Broadmoor in Colorado Springs

April 17-18 “Motor Nerve Reflex Testing”—Steven Olmos, DDS, course director, and Mark S. Cantieri, DO, FAAO, course faculty—The Pyramids in Indianapolis

May 1-3 “Viscerosomatic Release: A Systemic Model for Neuromusculoskeletal Medicine”—John P. Tortu, DO, course faculty—Idaho College of Osteopathic Medicine in Meridian

June 4-7 “Introduction to Osteopathic Manipulative Medicine: Integrating OMM Into Clinical Practice and Teaching”—Lisa Ann DeStefano, DO, course director—The Pyramids in Indianapolis

Submit Member News

Have you or a colleague done something noteworthy? Submit news items to the AAO at info@academyofosteopathy.org to be included in the next issue of AAO Member News.
My last trip of the fall was in late November, when I represented the AOA at the AMA Pain Care Task Force meeting in Chicago. This group of around 30 physicians is working on a charge from the American Academy of Pain Medicine and the AMA to explore and make recommendations for fostering education on evidence-based pain care treatments, and to explore more fully the identification of strategies that may mitigate acute pain, prevent transition of acute to chronic pain, and research gaps that exist along this continuum. It’s a pleasure to serve on this task force with some amazing physicians, and to wave the banner of how osteopathic medicine can contribute to the care of patients in pain.

In between all that was attending a Learning Communities conference, applying for promotion to full professor, seeing patients, and teaching students. I’m working with a couple of new teams to develop new research projects, which I’m hoping to more fully develop over the next few months. Personally, my daughter made a club volleyball team, which enters the family into a whole ’nother kind of crazy, but she loves it, and her joy makes it all worthwhile.

So now we look forward to Convocation at The Broadmoor! This year’s theme centers on embracing creativity in osteopathic medicine and will include speakers and workshops on slightly out of mainstream adjuncts and approaches that can be complementary to OMT. J’Aimee Anne Lippert, DO, has done an outstanding job of putting together an innovative and integrative program that I’m looking forward to.

And lastly, in case you haven’t heard, this year’s President’s Banquet has a theme of the Roaring 20s! So dig out your flapper dresses, striped suits, fedoras, and pearls and join us!
Candidate info
(continued from Page 1)

phones, tablets or other devices with texting capability. The AAO will not provide paper ballots this year.

Please note that the candidates whose names are followed by asterisks in the list below are incumbents in those offices.

President-elect
(Elect one for a one-year term, which will be followed by a one-year term as president and then a one-year term as immediate past president)

Richard G. Schuster, DO
Vision: The Academy is nearing a crossroads where we must decide what we will be not only today, but five, 10 and 20 years from now. We will not be the same organization we currently are. I still believe that we are here "to improve the system of medicine generally," and we must be prepared to do so as we move forward. In moving forward, we must stay true to our roots and the founding principles of the Academy and the osteopathic profession. We may not agree on policy and procedure, but we should remain united in those principles. It is here that our true strength lies, in the members of this Academy.

Contributions: I am a member of the Board of Trustees, the Education Committee, and teach in our AAO OMM curriculum. It is our responsibility to grow as an organization to meet our members’ needs and the needs of the profession. To do so, we must remain fiscally responsible while still being agile and responsive to changing landscapes. I have attempted to achieve these goals the past three years as a member of the BOT.

Biographical sketch: I am in a solo practice doing direct primary care and OMM in Indianapolis. I am a clinical associate professor at the Marian University College of Osteopathic Medicine. I have scaled back my teaching responsibilities in favor of practicing osteopathy, though I remain committed to the educational process. My interests include osteopathic history, sports medicine and the neurological integration of the body, with particular attention to the musculoskeletal system. My passion is in the practice of osteopathic medicine, the education of our profession, and the role of mentoring within it.

Note: If Dr. Schuster is elected as president-elect, he automatically will be removed as a candidate for trustee and governor.

Board of Trustees
(Elect two for three-year terms)

Michael S. Carnes, DO, FAAO
Vision: At a time when AOA has eliminated the need for physicians to seek specialty-specific CME, the AAO is uniquely equipped with the commitment and expertise within the membership to continue providing the excellent education and mentorship that brings us back to these workshops, courses, and meetings year after year.

Contributions: While serving as part of the Postdoctoral Standards Committee, we rewrote the Basic Standard for Residency Training in NMM. When the ACGME formed the Review Committee for ONMM, they were able to use the language we had created for our standards as the foundation of the ONMM residency training guidelines under the new accreditation system.

Biographical sketch: I graduated from Des Moines University in 1997, followed by an internship in emergency medicine in Richmond Heights, Ohio, and a residency in OMM at St. Barnabas Hospital in Bronx, New York. I was in practice/teaching environments developing hospital consult services and NMM residencies in Fort Worth and then Muskegon, Michigan, from 2000 to 2013, and have been teaching/practicing at KYCOM in Pikeville, Kentucky, since 2013. I served on the AAO’s Postdoctoral Standards Committee from 2001 to 2016, and the AOBNNM from 2008 to 2019. I was awarded the first Emerging Leaders Award from the AOF in 2002 and earned my FAAO in 2008.

Note: If Dr. Carnes is elected to the Board of Trustees, his unexpired term on the Board of Governors (2019-22) will be filled during the 2020 election.

Richard G. Schuster, DO*
See Dr. Schuster’s candidate statement under President-elect above.

William Harry Stager, DO, MS, MPH, FAAFP, FAAMA, FAAO, FACOFdist.
Vision: The AAO will coordinate and integrate more with the organizations that matter (AOA, ACOFP, AACOM, etc.), positively en-
enhancing the AAO and the profession in general. AAO leadership will be a more integral part of these organizations. I am active in these organizations on a state and national level and work to bridge them all. The AAO will be the recognized leader (nationally and internationally) and provider of OPP education in undergraduate (OPP chairs, etc.) and GME, including incoming MDs in the unified GME system. Increase publications, research, courses, membership, and public awareness.

**Contributions:**
- Life member: AAO, Osteopathic Cranial Academy, Florida Academy of Osteopathy
- Osteopathic Education Service Committee member 2005-2015
- Published:

**Candidate info (continued from Page 4)**

**Convocation Deadlines**

**Jan. 9—Early Registration Discount Expires**
Be sure to register for the AAO’s 2020 Convocation no later than Jan. 9 to ensure you receive the $100 early registration discount. To receive the discount, all online orders must be placed by midnight Eastern time, and mailed registration forms must be postmarked Jan. 9.

Register online now, or complete the order forms on Page 11 or 19 of the 2020 Convocation brochure.

**Jan. 15—Research Poster Abstracts Due**
Poster abstracts and entry forms must be submitted to Kimberly Wolf, DO, c/o Debbie Cole at DCole@academyofosteopathy.org by Jan. 15 to be considered for the annual poster presentation session at the AAO’s Convocation. It will be held on Thursday, March 12. Learn more at www.academyofosteopathy.org/poster-presentations.

**Feb. 5—AAO’s Broadmoor Room Block Closes**
To take advantage of the AAO’s negotiated rate at The Broadmoor, make your reservations by Feb. 5. Staying at the Academy’s contracted hotel helps the AAO meet its obligation to the hotel, in turn allowing registration rates to stay low. Without your hotel stay, the Academy may be assessed a financial penalty which would jeopardize our ability to provide quality conference opportunities in the future. All reservations have a 1-night nonrefundable deposit and an additional 1-night penalty if canceled fewer than 7 days in advance. **Physician reservations**

**Student reservations**

**Feb. 20—RSVP for the Annual Business Meeting and Luncheon**
Register by Feb. 20 to ensure your reservation for the AAO’s annual business meeting and luncheon. Members who register after Feb. 20 are invited to attend the meeting, but they will not be served a meal.

Members not attending Convocation but wishing to attend the business meeting should email AAO Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org by March 1.

**March 11—President’s Banquet**
Tickets for the AAO’s annual president’s banquet, which will take place on Saturday, March 14, are not included in your Convocation registration. All tickets for the president’s banquet must be purchased separately. Tickets must be purchased by Wednesday, March 11.

At the president’s banquet, honorees are recognized, and the incoming president is inaugurated. This year, the banquet will have a 1920s theme, so find a flapper dress or get out your greatest Gatsby get-up!

The president’s banquet is a formal event. Be mindful if you are bringing young children.
Biographical sketch: The significance of these contributions can be summarized in: learning, teaching, writing, researching, promoting, living OPP, touching the lives of thousands of students, interns, residents, physicians, and patients.

Education: BA (Philosophy, 1983 Rutgers U.), MS (Anatomy, 1984 Rutgers U.), undergraduate OPP fellowship and DO (NSUCOM, 1989), MPH (ATSU, 2009). Rotating internship at Humana South Broward Hospital, 1990. Holistic private practice combining NMM/OMM, family medicine, and medical acupuncture in the Palm Beach area since 1990. Board certified in NMM/OMM and family medicine, and is a Fellow of the AAFP, AAO, ACOFP, and AAMA. Taught NMM/OMM and family medicine all over the USA, Canada, Norway, and China and has published over 200 articles and papers in health and fitness magazines and several in peer-reviewed medical journals. Section editor and contributing author of the 2014 second edition of the ACOFP textbook *Somatic Dysfunction in Osteopathic Family Medicine.* Clinical professor, Department of Family Medicine at NSUCOM, and clinical associate professor, Department of Family Medicine at LECOM. Active member of the AOA, AAO, ACOFP, FOMA, FSACOFP, and FAO, serving on various committees and boards, including: the AOA House of Delegates (2006-present), FOMA President (2015-2016), FOMA District 9 President (2006-present), FSACOFP President (2008-2009), FAO President (2006-2008, 2008-2010), and NSUCOM Alumni Association Executive Committee President (2015-2016). Numerous awards. Second generation DO.

Note: If Dr. Stager is elected to the Board of Trustees, he automatically will be removed as a candidate for governor.

Sheldon C. Yao, DO, FAAO*

Vision: The AAO needs to be a leader in osteopathic education, outreach, and research and to be advocates for our patients and community and fellow physicians. The Academy needs to be the leader in providing osteopathic education and care to all.

Contributions: I have been serving the Academy since 2006 as part of the Membership and Student Academies Committees. I have served on the Board of Governors since 2013 and on the Board of Trustees since 2016. I have had the opportunity to work with many Academy members to improve committee communication and forward the AAO’s mission through our strategic plan.

Biographical sketch: Dr. Sheldon Yao received his DO degree at the New York Institute of Technology College of Osteopathic Medicine (NYITCOM) in 2002. He is board certified in family medicine/OMT and NMM/OMM. Dr. Yao is the OMM Department chair at NYITCOM. Dr. Yao teaches and precepts students in the classroom and office setting and has been honored with NYITCOM teaching awards yearly from 2010 to 2015. He is the primary investigator in studies examining the effects of OMM in Parkinson’s disease and concussions and other OMM-related educational research studies. He received his FAAO in March 2019.

Note: If Dr. Yao is elected to the Board of Trustees, he automatically will be removed as a candidate for governor.

Juan F. Acosta, DO, MS

Vision: The Academy is in a great position to attract osteopathic physicians to come back “home.” This will also be the cornerstone for all of the ACGME residencies with Osteopathic Recognition to keep the profession alive. We need to continue to support our future, which is our students and residents.

Contributions: Academy member for over 26 years. Nominated by the Academy to the ACGME OPC Committee and served a four-year term, ending 6/19. Served as a faculty adviser for PNWU SAAO. AAO’s 2019 Convocation LBORC-NUFA Research Poster Presentation judge.

Biographical sketch: I am AOA board certified in emergency medicine as well as neuromusculoskeletal medicine/OMM. I have been privileged to serve my patients and their families as an osteopathic physician, and I am grateful for the opportunity I was offered. I continue to instill the value of osteopathy to all of my students in the Emergency Department as well as those I taught while I was in the faculty of the OPP Department. I believe that osteopathic principles and practice (OPP) and OMT are essential tools for great patient care. I am honored and grateful to have been nominated to be on the Board of Governors for the AAO.

Janice Upton Blumer, DO, FAAO

Vision: As current editor-in-chief of the AAOJ, my focus has been on education towards scholarly activity, advancement (continued on Page 8)
Touro University Nevada College of Osteopathic Medicine (TUNCOM) is seeking qualified osteopathic physicians (D.O.) for a full-time assistant professor position in the Department of Osteopathic Manipulative Medicine. Responsibilities include teaching osteopathic medical students the principles of osteopathic manipulative medicine both in the classroom and clinic settings and in providing support for program development.

**MINIMUM QUALIFICATIONS:**
1. Osteopathic Physician, graduate of an AOA-approved osteopathic medical college;
2. Experience teaching and utilizing a variety of osteopathic manipulative medicine techniques;
3. Licensed or eligible for licensure to practice medicine in the state of Nevada;
4. Proficient in basic communication tools including email, Word and PowerPoint

**PREFERRED QUALIFICATIONS:**
The ideal candidate is preferred to be certified in Neuromusculoskeletal Medicine/ Osteopathic Manipulative Medicine or Special Proficiency in Osteopathic Manipulative Medicine though candidates who have proven experience in providing high level osteopathic manipulative medicine services will be considered.

**SALARY:** Commensurate with experience.

For more information, please contact:
Mrs. Theresa Bruscella
(702) 777-4740
theresa.bruscella@tun.touro.edu

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Apply on-line at https://touro.peopleadmin.com/postings/search

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of our society journal while honoring our heritage, and development of educational pathways to help our students transition into a single common pathway. This profession has a rich heritage of innovation, and I believe we are up for the task.

Contributions: Louisa Burns Poster Committee Chairperson 2013-2016: Advanced the poster submissions, process and acceptance quality while streamlining the committee and evaluation process. AAOF editor-in-chief 2017-present: Work with AAO staff to produce a quality society journal; advanced the process of review for the journal; assisted the process of advancing the journal by taking steps towards indexing in MEDLINE.

Biographical sketch: A graduate of COMP 1991, Dr. Blumer is currently vice chair of NMM/OMM of the COMP-Northwest campus and has been affiliated with COMP-NW since 2010. Dr. Blumer is a Fellow of the Academy since 2015. She is board certified in family practice through ABFM and AOBFP. In 2015 she was awarded the Western University Teacher of the Year and in 2018 the Leonard Tow Humanism in Medicine Award. She lives in Albany, Oregon, with her physician husband who works in postgraduate medical education, and has three grown children and a dog named Flo.

Jane E. Carreiro, DO*  
Vision: The AAO will be looked to as the leader in the education and practice of manual medicine diagnosis and treatment and the application of osteopathic philosophy and practice within the health care system.

Contributions: President, Nominating Committee, Board of Trustees, Education Committee, Chair Convocation, Chair AAO-OMED program, International Affairs Committee.

Biographical sketch: Jane Carreiro, DO, is the vice president of health affairs and the dean of the University of New England College of Osteopathic Medicine. In addition to her service to the Academy, she was the first woman to chair the Osteopathic International Alliance. She is a recipient of the A.T. Still Medallion of Honor, the Harold Blood Award, and the W.G. Sutherland Memorial Lecture. She has also served on the Osteopathic Recognition Committee for the Accreditation Council for Graduate Medical Education.


Lisa R. Chun, DO, MS, FNAOME  
Vision: An organization which leads and collaborates with others for the advancement and betterment of all learners of osteopathic medicine. An organization that supports osteopathic physicians and advocates for students, residents, physicians, and patients. An organization that maintains high standards of osteopathic education, medicine, and patient care.

Contributions: Committee participation and conference attendance: SAAO faculty adviser for multiple schools; Bylaws Committee for several years; conference attendance since mid-1980s, supporting the organization and profession.

Biographical sketch: Starting as a NYCOM pre-doctoral OPP fellow, I became chief resident in the inaugural NMM residency at St. Barnabas and then went into private practice. I’ve held academic positions as director of the pre-doctoral OPP fellowship, chair of OMM, founding NMM Plus-One program director and currently the associate dean of osteopathic clinical education at CHSU-COM. I completed the UNE Masters in Medical Education Leadership Program and have status as a certified physician executive. Currently,
Research Activities During the 2020 AAO Convocation

The AAO Louisa Burns Osteopathic Research Committee (LBORC) is hosting two research events during the AAO’s 2020 Convocation: the research poster presentation session and the research forum Research Proposal and Mentorship (RPM) Grand Rounds. All AAO members, residents and students are encouraged to participate.

The LBORC-National Undergraduate Fellows Association (NUFA) are sponsoring the research poster presentation session scheduled for Thursday and Friday during the Convocation in the exhibit area. Entry forms are currently being accepted with an early deadline of Jan. 8, and the final deadline of Jan. 15. The earlier your entry is received the earlier it can be reviewed, evaluated and a response returned. Judging for this session will take place on Thursday, March 12, at 6 p.m. Mountain time. All AAO members are welcome to participate with a poster abstract entry, as a judge or as a visitor to review the research currently being conducted by the osteopathic community.

Applications for the LBORC Research Proposal and Mentorship Grand Rounds session are also currently being accepted. This session provides the opportunity for all participants to listen to presentations for proposed research projects and to engage in discussion with those presenting research projects about how to improve upon those projects. If you have an idea or know of someone interested in developing a research project, please submit a completed application form for the RPG research session no later than Jan. 31, 2020. This presentation session is scheduled for Thursday, March 12, at 7 p.m. Mountain time during the AAO’s 2020 Convocation.

Candidate info (continued from Page 8)

I serve as NBOME national faculty, a Fellow of NAOME, board member of the AOGME, and am an Osteopathic Health Policy Fellow. I have also served as a California delegate to the AOA.

Brian F. Degenhardt, DO*

Vision: The AAO needs to become the leading organization sustaining, advancing and modernizing the OPP. The AAO must prioritize engaging and recruiting physicians-in-training into the Academy and leverage the skill set and outcomes of current and future DOs to advance the manual therapy discipline and assure sustaining reimbursement for our services.

Contributions: My contribution is in OMM research and training. As director of the Still Research Institute, the PBRN DO-Touch.NET, chair of the LBORC, and as a clinician active in out- and inpatient clinical activities and residency training, I have advanced the evidence base of OMM and the skills of future DOs.

Biographical sketch: Dr. Degenhardt is the assistant vice president for osteopathic research at ATSU, director of the A.T. Still Research Institute, and the Osteopathic Heritage Foundation Endowed Chair for Research in Osteopathic Diagnostic and Therapeutic Palpation. He oversees numerous areas of research, directing research in palpatory diagnosis and OMT. He is also the director of DO-Touch.NET, an international practice-based research network assessing the clinical usefulness of OMM. He has published a broad scope of research. He has developed the Advancing Skills in Osteopathy Program, a continuing education program that utilizes state-of-the-art instrumentation to provide objective feedback to advance clinicians’ palpatory skills.

R. Todd Dombroski, DO*

Vision: I would like to see more research into quantifying the superb results we have with our patients when using OMM.

Contributions: As an active member of the AAO since 1995, I have demonstrated OMM expertise to many medical students, residents and military patients in wartime and peace time.

Biographical sketch: A Kirksville graduate from 1987 and certified in OMM since 1994. Also completed a residency in family medicine and fellowship in sports medicine. Research areas using OMM include concussions, infant feeding and degenerative arthritis. I wish to assist in cooperative efforts in multi-site studies in OMM.

Hugh M. Ettlinger, DO, FAAO, FCA*

Biographical sketch: Dr. Ettlinger is a 1987 graduate of the New York College of Osteopathic Medicine (NYCOM) and has been board-certified in neuromusculoskeletal medicine/osteopathic manipulative medicine (NMM/OMM) since 1993. He is an associate professor of OMM at NYCOM and director of the NYCOM/St. Barnabas ONMM Residency Program. He cur-
Outstanding Opportunities to Learn From Experts

**Evening With the FAAOs**
All registrants are encouraged to attend the annual Evening With the FAAOs, which will be held Wednesday, March 11, from 7 to 9 p.m.

This annual event features Fellows of the AAO sharing their experiences and ideas. Throughout their careers, these FAAOs have dedicated themselves to refining osteopathic manipulative medicine and applying it more effectively, and this is a marvelous opportunity for attendees to benefit from their insights.

Laura E. Griffin, DO, FAAO, moderator

**Evening With the Stars & Evening With the Stars and Stripes**
Two of the most popular events at Convocation each year are the Evening With the Stars and the Evening With the Stars and Stripes. These events offer unstructured time to teach, learn and practice osteopathic manipulative treatment techniques with your peers.

Wednesday, March 11, 9-11 p.m.
Thursday, March 12, 9-11 p.m.

Experienced clinicians who do not often have the opportunity to share their unique perspectives can interact with students from around the country. Students have the opportunity to meet and learn from clinicians they otherwise may not have access to. There are multiple rooms of OMT tables available for attendees to learn and interact with other participants so everyone has the opportunity to refine their hands-on skills!

Please note that treatment tables may not be removed from the Convocation area.

**Candidate info**
(continued from Page 9)

Jann T. Hendryx, DO, FAAO

**Vision:** In order to keep osteopathy alive, we need a paradigm shift in how the AAO operates. Autonomy, strengthening bonds and leadership with the international osteopathic community, a robust PR campaign led by enthusiastic, talented marketing individuals, and drawing upon the skills, knowledge and creativity of interested young people in our profession will lead us in the right direction. The AAO needs to be THE LEADER!

**Contributions:** I believe my top contribution to the AAO is my continued fervent support for its mission through my own membership, participation at Convocations, networking with my colleagues, and enthusiastic teaching and encouragement of interested osteopathic students.

**Biographical sketch:** I received my DO degree from the Texas College of Osteopathic Medicine (1986), and completed my internship at Phoenix General Hospital in Phoenix, Arizona (1987), and residency in family medicine at Grandview Hospital and Medical Center in Dayton, Ohio (1989). I received my acupuncture training through the American Academy of Medical Acupuncture/UCLA School of Medicine (1989) and am a fellow (FAAMA). I am board certified by ACOFP, CSPOMM and the AAMA, and completed my FAAO in 2013. I am also a founding member of the Colorado Society of Osteopathic Medicine. Over the years, I have conducted integrative pain (osteopathy/acupuncture) practices in Boulder, Colorado; Bradford, Pennsylvania; and currently with Medical Associates of Erie/LECOM-Health. I presently serve as a clinical professor of family medicine and OPP and OPP course director at LECOM-Erie and have been a member of ECOP since 2005. I also participated on the

Ann L. Habenicht, DO, FAAO, FACOFP, CS*

**Vision:** With the ACGME merger implemented, the Academy has an opportunity to further expand osteopathy to residences and osteopathic specialty colleges. The Academy can provide the needed teachings to train allopathic and osteopathic residents and assist the specialty colleges to return to their “roots.” I wish to be a part of this venture.

**Contributions:** AAO president 1997-98 and BOG since. Member of EDCOM and program chair for OMT Update for 15 years and 1995 Convocation Chair. I have been a member of the BOT, Bylaws Committee and SAAO advisers. I have participated in multiple long-range planning committees. I also help the AAO at AOA House of Delegates by treating the delegates.

**Biographical sketch:** Dr. Habenicht, a 1982 graduate of the Chicago College of Osteopathic Medicine (CCOM), is certified by the American Osteopathic Board of Family Physicians and the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM). She has earned fellowships in both the ACOFP and the AAO. She is a professor of osteopathic manipulative medicine at CCOM. Dr. Habenicht is a past president of the AAO. She is a member of the AOBNMM and serves as the vice chair. Dr. Habenicht is in private practice in NMM in Beavercreek, Ohio.

(continued on Page 11)
NBOME test-writing committee for several years. I have lectured and conducted workshops nationally and internationally on osteopathy, acupuncture and various other integrative health subjects.

Catherine M. Kimball, DO

Vision: The AAO has created and utilized a robust strategic plan. My vision is to continue the good work already started, to support our mission of education and advocacy to make osteopathic medical care available to all.

Contributions: I bring many years of leadership experience to our process at the Board of Governors. I have not been afraid to ask questions and to advocate for all aspects of our membership, from students to practicing physicians to faculty and residency directors.

Biographical sketch: I have a strong history of leadership. I became chief of the medical staff at Inland Hospital in 1993 after being chief of family practice, and I have served in that capacity for 20+ of the last 30 years. I continue to serve on the Board of Trustees of Inland Hospital. I was actively engaged in leadership at a system level for Northern Light Health as an active member of the Regional Membership group. I am the lead physician in a large primary care practice. I served the AAO as 2018-19 president, and I’m currently the immediate past president.

Richard G. Schuster, DO

See Dr. Schuster’s candidate statement under President-elect above.

Note: If Dr. Schuster is elected as president-elect, he automatically will be removed as a candidate for governor.

William Harry Stager, DO, MS, MPH, FAAFP, FAAMA, FAAO, FACOFP dist.*

See Dr. Stager’s candidate statement under Board of Trustees above.

Note: If Dr. Stager is elected to the Board of Trustees, he automatically will be removed as a candidate for governor.

Ralph C. Walsh Jr., DO, Col, TXANG, MC, CFS*

Vision: We are on a long-fought journey of being a louder and stronger voice within the AOA. For me, this has been due to the tireless efforts of our colleagues who strive to stay true to the principles that Dr. Still has given us, providing increased awareness and opportunities to continue the art, philosophy, and integration of OMM principles through teaching, research and advocacy. It is now my turn to continue pushing forward.

Contributions: Active member of BOG for a one-year term 2019-20. Active role in the earlier OD&TE committees since 2005 and chair of the current Osteopathic Education Service (OES) since 2011, expanding physician participation and establishing and incorporating OES goals into AAO strategic plans. Active participation in the AAO Leadership Forums the past five years.

Biographical sketch: Clay Walsh, DO, TCOM ’92, accomplished his internship and family medicine residency in Ohio and a +1 OMM residency in Texas. From 1996 to 2009, he was in private practice in Ohio

(continued on Page 12)
providing integrative medicine and OMM in both the clinical and hospital setting. In 2009 thru 2011, as a member of the Ohio Air National Guard, he took a leave of absence from private practice to perform Flight Surgeon duties in the war on terror with deployments to Iraq and Afghanistan. From April 2011 to April 2015, Dr. Walsh was a member of the OMM Department at UNTHSC-TCOM. In addition to providing hospital and clinical OMM, he was the Year III Core OMM Course Director and provided monthly lectures for hospital residents. Dr. Walsh was the faculty adviser for the SAAO. He is an active member of the AAO and has been a member of the OES since 2005 and chair since 2011. Since 2015, Col. Walsh has continued working with the USAF full-time and is currently the medical group commander for the 136th AW and full-time medical provider. Dr. Walsh is currently serving a one-year term on the BOG and has been an active participant and looks forward to serving a full three-year term with his fellow colleagues.

**Kimberly J. Wolf, DO**  
**Vision:** Our profession is at a critical point in our history as we enter the era of ACGME single accreditation and discussions on content changes for specialty boards continue. I envision the AAO being the most vocal advocate for osteopathic physicians to maintain our distinctiveness as we face these new challenges.

**Contributions:** I have served as chair of LBORC’s Poster Presentation subcommittee for three years. My committee has expanded the impact of this event and improved the quality of submissions and presentations over this time. I am also active in coordinating and leading the pediatric special interest group at Convocation each year.

**Biographical sketch:** Dr. Wolf is a graduate of COMP and completed her pediatric residency at Nationwide Children’s Hospital. She currently serves as an associate professor of OMM and director of pediatric OMM at Touro University California, where her clinical practice is exclusively pediatric OMT. She is passionate about promoting the use of OMT in pediatrics, and she has lectured locally and nationally on this topic. Dr. Wolf is also committed to advancing the field of osteopathic medicine through research, and her most current research project involves a collaboration with UCSF investigating the role of OMT in treating patients with autism spectrum disorder.

**Sheldon C. Yao, DO, FAAO**  
See Dr. Yao’s candidate statement under Board of Trustees above.

**Note:** If Dr. Yao is elected to the Board of Trustees, he automatically will be removed as a candidate for governor.

(continued on Page 13)
Nominating Committee
(Elect four for one-year terms)

Dennis J. Dowling, DO, FAAO*

Vision: The AAO must maintain its status as the primary source in providing osteopathic education and leadership to osteopathic physicians and others who qualify by the nature of their licenses to practice.

Contributions: I led the organization as president in 2003-04 and continue to do so as a member and current chair of the Nominating Committee to advance the organization by addressing the continuing need for leaders. I feel that I have served this purpose as an officer of the AAO in various capacities as well as being the chair of the Nominating Committee. We must prepare the AAO for the next 20 to 30 years.

Biographical sketch: Dr. Dowling is a 1989 graduate of the NYCOM and is a contributing author and illustrator to several journals and textbooks. He developed the PINS technique and is a co-author of a *JAOA* Northup writing award-winning article on the effect of OMT on gait in Parkinson’s patients. Dr. Dowling has delivered the Heilig, Scott, Northup, Turfler and Blood memorial lectures and is a recipient of the A.T. Still Medallion. Dr. Dowling is a former professor and chairman of OMM at NYCOM and is a clinical professor at MWU/CCOM, PCOM, KCUMB, NYCOM, COMP and UNECOM. He was in private practice from 2003 to 2016 and has been a consultant and the coordinator of OMM assessment for the NBOME since 2004. Dr. Dowling has supervised residents in the PM&R department at NUMC in East Meadow, Long Island, since 1990 and is also currently working in the family medicine department at that hospital. He is certified by the AOBFP and the AOBNMM and earned his FAAO fellowship in 1999. He has served on the AAO Board of Trustees, AAO Board of Governors, is a past AAO president, and has been a member and/or chair on several other AAO committees.

Laura E. Griffin, DO, FAAO*

Vision: The Academy needs to continue focusing on what it is best at, providing the best education in osteopathic principles and practices in the world, while continuing to provide our members a “professional home” and representing and protecting them and osteopathic medicine in general on the national front.

Contributions: I have served on the Board of Governors and Trustees and completed my term as president from 2016-17. I remain on BOG, have served on the Nominating Committee for the last three years and just recently joined the Committee on Fellowship in the AAO.

Biographical sketch: Dr. Griffin graduated from the University of New England College of Osteopathic Medicine in 1996 after completing a one-year pre-doctoral anatomy/osteopathic principles and practices fellowship. She was the first graduate of UNECOM’s integrated family practice/neuromusculoskeletal medicine residency and is board certified in both specialties. She co-directed the FP/NMM residency at Metro Health Hospital in Grand Rapids, Michigan, from 2001 to 2008 and the FP/NMM program at Pikeville Medical Center from 2008 to 2015. She is a professor and the chair of the OPP Department at the University of Pikeville Kentucky College of Osteopathic Medicine (UP-KYCOM). She is also a member of the ACGME Osteopathic Principles Committee.

Catherine M. Kimball, DO*

See Dr. Kimball’s campaign statement under Board of Governors above.

Michael P. Rowane, DO, MS, FAAFP, FAAO

Vision: The American Academy of Osteopathy is positioned to lead in preserving the ideals of Andrew Taylor Still, MD, DO, for not only the osteopathic profession but...
Candidate info (continued from Page 13)

for the greater medical community during this current transition in osteopathic medical education due to the single accreditation system.

Contributions: The AAO has allowed me to share my desire to train the next generation of learners for our profession by allowing me leadership roles in developing our osteopathic faculty by developing our faculty development programs. It has been a privilege to serve on multiple committees for the AAO, and I was honored to serve as the 2017-18 AAO president. Currently, I am focused on my role as chair of the AAO’s ACGME Osteopathic Recognition Support Program Task Force.

Biographical sketch: Michael P. Rowane, DO, MS, FAAFP, FAAO, has a passion for osteopathic medical education and to impact future physicians to integrate the ideals of the osteopathic approach in the care of their patients. He is a professor of family medicine and osteopathic manipulative medicine and associate dean of clinical education for the Lake Erie College of Osteopathic Medicine. Dr. Rowane previously served as the director of medical education at University Hospitals Regional Hospitals and the director of osteopathic integration for the University Hospitals Osteopathic Consortium in Cleveland, Ohio. Prior to that he was the family medicine residency director at UH Cleveland Medical Center. Dr. Rowane is a 1989 graduate of Des Moines University, which included a pre-doctoral fellowship in osteopathic manipulative medicine. After his family medicine residency at UPMC Hamot in Erie, Pennsylvania, he participated in faculty development fellowships at Case Western Reserve University (CWRU) and the University of North Carolina at Chapel Hill. He completed a postdoctoral master’s in family medicine at CWRU and a fellowship with the National Institute for Program Directors. Dr. Rowane received the honor of Fellowship in the American Academy of Osteopathy in 2003. He co-directs a national osteopathic faculty development initiative, Training the Osteopathic Professions Core Educators, with the American Association of Colleges of Osteopathic Medicine and is chairing their UME-GME Faculty Development Working Group. Dr. Rowane was previously appointed to the Accreditation Council of Graduate Medical Education (ACGME) Osteopathic Principles Committee and serves on American Association on Medical Colleges Electronic Residency Application Service Advisory Committee.

Kendi L. Hensel, DO, PhD, FAAO (ex-officio)

As the AAO’s 2020-21 immediate past president, Dr. Hensel will automatically serve as an ex-officio member of the Nominating Committee for one year.

Shut Up and Listen!

Why Doctors Don’t Listen and How They Can be Part of the Cure

Stephen I. Goldman, DO, FAAO, FAOASM

ISBN: 978-1791337841, 112 pp., paperback
$17.99 ($16.19, member price)

Based on his experiences as a patient, physician, and educator, Stephen I. Goldman, DO, FAAO, FAOASM, helps bridge the communication gap between doctors and patients. With both heartfelt personal stories and practical advice, Dr. Goldman offers overwhelmed physicians real-world understanding of the problems they face taking care of patients and advice on how they can learn to meet patients “where they are.” In talking to physicians, he also demonstrates how patients can get through to their doctor in order to be “heard” and taken seriously. Shut Up and Listen! shares the perspectives of both doctors and patients, providing profound insight, useful ideas, and helpful strategies to help physicians and patients find a better way to understand each other and meet their health care goals. This book is for everyone!

Order online at www.academyofosteopathy.org/shop. • Members save 10% every day.
The AAOJ Needs Your Support

Established in 1990, *The AAO Journal* is the Academy’s peer-reviewed journal, focusing on research and practice of osteopathic manipulative medicine. The AAOJ is distributed to all AAO members quarterly, and archive issues are posted on the website, accessible by members only. The AAO’s Publications Committee, which oversees the journal, has plans for further developing the AAOJ and making it more accessible by researchers, but we require additional funding to meet these goals.

Most journals are hosted online where individual articles are posted individually. All visitors can see titles, authors and abstracts, but only subscribers can see full articles. This is the direction we want to take the AAOJ instead of posting PDFs of full issues. This system will allow increased discoverability via search engines, resulting in a broader impact for research published in the AAOJ. In addition, because this format is considered standard, it will increase our chances of becoming indexed in MEDLINE, which is another goal of the Publications Committee.

Behind the scenes, the submission and review process for the AAOJ has always been managed via email. Using a manuscript management service will streamline the process by reducing staff time. For example, currently all communications go through the managing editor. An online system will automatically notify editors of new submissions in addition to automatically reminding reviewers of looming deadlines. We hope that this more efficient process will improve authors’ overall experiences and lead to more manuscripts being published in a timely manner, thereby encouraging more authors to submit their research.

Of course, development such as this always requires additional funding. That’s where you come in. Initial setup costs for both systems will come to around $5,000, and annual operating costs are estimated around $10,000. We know our members value research and osteopathic manipulative medicine, and we hope you’ll agree that it is vital to support this effort financially. Please consider contributing to the AAOJ fund in addition to your contributions to the AAO’s Golden Ram campaign. All donations to the AAOJ Fund will be used strictly for AAOJ development. Golden Ram contributions will be used wherever they are most needed.

If you are not able to contribute to the fund, please consider becoming a peer reviewer for the AAOJ. No experience is necessary. Email editoraaoj@gmail.com to learn more.

New Member Benefit: AAO Assists in Practice Management Issues

The AAO understands the difficulties members face with practice management issues (e.g., claims denial, documentation, coding, etc.). A new AAO member benefit will provide you with support in navigating these issues. Our staff has partnered with Physician Revenue Management Inc. (PRM) to answer your questions, provide useful information and find effective solutions. PRM has more than 20 years of experience in the clinical, practice management, payment resolution and revenue cycle arenas.

They have expertise in Medicare and commercial payers’ reimbursement policies and in developing Current Procedural Terminology (CPT) codes through the American Medical Association’s CPT Editorial Panel and the subsequent valuation of physician services and procedures the Relative Value Scale Update Committee (RUC) processes. Additionally, PRM has experience working with osteopathic physicians and has extensive knowledge of reporting osteopathic manipulative treatment (OMT).

Contact the AAO for help finding solutions to your CPT and ICD-10 coding questions, examining Explanations of Benefits to understand claims denials, or drafting first- or second-level appeal letters. Fees may apply. The AAO will continue to analyze changes to existing payment policies to determine the impact on AAO members.

For additional information, email the AAO at info@academyofosteopathy.org or call the office at 317-879-1881.
In Memoriam: Fred C. Tinning, PhD

Fred C. Tinning, PhD, the recipient of the AAO’s 2011 Academy Award, died Nov. 30. Perhaps best known as president of the A.T. Still University–Kirksville College of Osteopathic Medicine from 1984 to 1996, Dr. Tinning dedicated his career to osteopathic medical education. Under his leadership, ATSU opened an education center in Phoenix which has developed into the Arizona School of Health Sciences. He was named president emeritus upon his retirement from ATSU-KCOM, and in 2014, the school granted him an honorary DO degree.

As a young man, Dr. Tinning earned three degrees from Michigan State University: a bachelor’s degree in business education, a master’s degree in educational psychology, counseling and personnel services, and a doctorate in guidance and personnel services with a cognate in medical education. His doctoral thesis was an experimental study investigating the effects of real and simulated clinical training on psychomotor, affective and cognitive variables during real clinical performance of first-year osteopathic medical students.

Dr. Tinning served MSU in various capacities before joining the staff at ATSU-KCOM, including instructor in the College of Osteopathic Medicine, professor in the Department of Counseling, Personnel Services and Educational Psychology in the College of Education, professor in the Department of Community Health Science, director of educational program implementation, assistant dean for academic affairs, and assistant dean for planning and program operations. In 1999, Dr. Tinning received MSU’s Distinguished Alumni Award for his outstanding community, state and national service.

In addition to his work at MSU and ATSU-KCOM, Dr. Tinning served as president of the Pacific Northwest University from 2006 to 2007, and he served as an adviser and consultant to the Texas College of Osteopathic Medicine, the North Texas State University, the New England College of Osteopathic Medicine, the Florida Osteopathic Medical Association, and the University of Medicine and Dentistry of New Jersey (now the Rowan University School of Osteopathic Medicine).

The Tinning Education Center on ATSU-KCOM’s campus was named in his honor in 1994. In 2003, the Kirksville Osteopathic Alumni Association recognized Dr. Tinning with the Living Tribute Award, and in 2011, he received the American Osteopathic Association’s Great Pioneers Award. In 2009, Dr. Tinning and his wife established the Fred C. Tinning, PhD, Founder’s Day Osteopathy Lecture endowment at ATSU. The endowment provides money to a scholarship for medical students in financial need and for the annual A.T. Still Memorial Lecture.

Membership Announcements

2019-20 Dues

The AAO’s member year extends from Aug. 1 through July 31. Paying your dues in a timely manner allows the AAO to adequately budget for the year. If you haven’t paid your dues for 2019-20 yet, please do so immediately. If payment is not received by Jan. 31, your account will be marked inactive. We appreciate all those who have made prompt payment.

Member Publications

As an AAO member, you enjoy complimentary subscriptions to The AAO Journal (AAOJ), AAO Member News, and OsteoBlast. The AAOJ, which is published quarterly, is the only peer-reviewed journal focusing on osteopathic manipulative medicine. AAO Member News is published eight times a year and keeps members updated on important information in the osteopathic community.

The weekly OsteoBlast is a round-up of peer-reviewed research from around the web that may be of interest to Academy members. All of these publications are emailed to all members, and they are available at the AAO’s website for members who are logged in. If you have any trouble receiving these publications, please contact the AAO office at 317-879-1881.
We keep SAFETY, QUALITY, and PATIENT COMFORT at the forefront.

Learn more about Gebauer’s Ethyl Chloride at www.Gebauer.com/AAO
Members in the News

The December 2019 issue of *The Journal of the American Osteopathic Association* featured work by several AAO members. For your convenience, those articles are summarized in the chart below.

<table>
<thead>
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<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
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<tr>
<td>Jane C. Johnson, MA; Brian F. Degenhardt, DO</td>
<td>December 2019</td>
<td>Who Uses Osteopathic Manipulative Treatment? A Prospective, Observational Study Conducted by DO-Touch.NET</td>
<td>This study was designed to determine the scope of conditions being managed with OMT and to describe the characteristics of patients who receive OMT. Researchers found that the majority of patients were women (75%), white (96%), and not Hispanic or Latinx (95%). The mean (SD) age was 51.9 (15.9) years. The most common chief complaints from patients were pain or discomfort in the lower back (34%) and neck (30%), which corresponded with the most common medical diagnoses. Patients reported that OMT, surgery, and medications were the most helpful treatments they had used previously for their chief complaint(s). Before receiving OMT, patients’ health-related quality of life was significantly worse (P&lt;.05) than that of the general US population.</td>
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<td>Ahmad I. Hussein, MBS; Christopher F. Bekampis, OMS IV; Richard T. Jermyn, DO</td>
<td>December 2019</td>
<td>Review of Opioid Prescribing in the Osteopathic and Ambulatory Setting</td>
<td>The opioid epidemic in the United States is one of the largest modern health crises in the nation’s history. Comprehensive guidelines for proper prescribing have been released in addition to state-sponsored prescription drug-monitoring programs (PDMPs) in response to overprescribing habits. Considering the osteopathic philosophy and approach to chronic pain, physicians should account for an integrative treatment approach for improved patient outcomes when considering applying the osteopathic philosophy to chronic pain management. A successful treatment plan can integrate cognitive behavioral therapy and promote self-healing by treating somatic dysfunctions with osteopathic manipulative treatment. This literature review discusses how to treat patients with chronic pain and how to properly use and prescribe opioids.</td>
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<td>Dunia Mardini, OMS III; Nicole Peña, DO; Joel Talsma, MS; Stacey Pierce-Talsma, DO</td>
<td>December 2019</td>
<td>Osteopathic Cranial Manipulative Medicine: Frontal and Parietal Lift Techniques</td>
<td>In this OMT Minute, frontal and parietal lift techniques are demonstrated. These techniques can be used to release articular, membranous, and ligamentous restrictions and strains in the frontal and parietal bones and associated structures.</td>
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AAO Secretary-Treasurer Judith A. O’Connell, DO, MHA, FAAO, advised readers how to improve approval rates for modifier 25 claims in a Nov. 6 article published in *The DO*.

SAAO member Renée Jasmine Crawford, OMS IV, of the A.T. Still University School of Osteopathic Medicine in Arizona, was one of five recipients of the American Association of Colleges of Osteopathic Medicine’s annual Sherry R. Arstein Minority Student Scholarship. The scholarship fosters excellence and promotes diversity in osteopathic medical education (OME). To apply for the scholarship 158 students submitted personal essays on their experiences, contributions to diversity in OME, and ideas about innovative ways to increase student diversity. Each student received a $5,000 scholarship award from AACOM, and the William Carey University College of Osteopathic Medicine matched the Arstein award.

(continued on Page 19)
Members in the news (continued from Page 18)

Megan Carmody Schlegelmilch, OMS II, at VCOM-Virginia taught a training session on how to recognize an overdose, identify Narcan, and learn how to use it. Schlegelmilch is the president of the Emergency Medicine Club and is trained to teach the Narcan training course.

Rance L. McClain, DO, FACOFP, FAOASM, is one of the authors of “Successfully Navigating the Physician Job Interview,” which was published in the October 2019 issue of the Journal of Graduate Medical Education (JGME). In the article, the authors provide essential advice for preparing for job interviews, such as prioritizing your requirements, researching the company in advance and practicing your performance. Dr. McClain is an associate editor for JGME.

In a Dec. 4 story, the NBC affiliate in Fairbanks, Alaska, brought attention to the work of Todd A. Capistrant, DO, MHA, of the Tanana Valley Clinic in Fairbanks. Dr. Capistrant explains that osteopathic manipulation is a low-risk approach to pain management. In February, Dr. Capistrant will lead “Fascial Distortion Model: Treating the Shoulder, Ankle and Knee” in Arizona.

AAO President Kendi L. Hensel, DO, PhD, FAAO, leads a busy life as described in a Dec. 3 online story from the University of North Texas Health Science Center.

Samantha K. Tyler, OMS V, the SAAO’s NUFA liaison, co-authored a clinical practice poster on the effects of osteopathic manipulative treatment on pulmonary function in adults with asthma. Out of 93 poster presentations at the Des Moines University College of Osteopathic Medicine’s 10th annual research symposium on Dec. 5, Tyler’s was one of those that received awards.

Barbara H. Gordon-Cohen, DO, is the author of Bridging The Gap to Oneness, Dr Barbara’s Integrative Guide to Healing and Wholeness. The story of her personal journey towards healing is intertwined with integrative cases of healing and information on osteopathic medicine, acupuncture, homeopathy, nutrition, natural hormones and lifestyle enhancement. It is available on Amazon in paperback or Kindle versions.

Committee Corner

On Nov. 12, the Louisa Burns Osteopathic Research Committee Poster Presentation Subcommittee reviewed the preparations for the 2020 LBORC-NUFA research poster presentation session to be held at the AAO’s 2020 Convocation. The subcommittee members set the deadline for the poster process, indicating the schedule below. It was noted that reviewers will be sent any poster entries received during the week and will have one week to provide their review of that entry.

- November: Publicize the call for poster abstracts and submissions.
- December: Send out a reminder for AAO members to submit poster abstracts and entry forms any time prior to the deadline.
- Jan. 8: Early-bird deadline for early review with notification by Jan. 15.
- Jan. 15: Final date to receive initial research poster entries and abstracts with notification by Jan. 31.

The committee will schedule another meeting in January to review the status of poster entries and to finalize plans for the Convocation judging session.

At their meeting on Nov. 14 the Publications Committee continued its discussion about the AAO’s book publication process and further developing The AAO Journal.

Awards Committee Chair John C. Glover, MS, DO, FAAO, met with the committee members on Dec. 3, to review the three nomination packets received for the AAO Resident of the Year award. The committee selected one candidate to recommend to the AAO Board of Governors as the recipient for 2020.

The committee will schedule its next meeting for January to select candidates for the 2020 Harold A. Blood, DO, FAAO, Memorial Lecturer and for the alternate 2021 Thomas L. Northup lecturer.

The Committee on Fellowship in the AAO met on Dec. 11 to review two FAAO applications, and they have invited one applicant to meet and interview with the committee at its March 10, 2020, meeting. The next meeting of the committee is scheduled for Jan. 8, 2020, to evaluate documents submitted for candidates in the 2019-21 FAAO cycle.

On Dec. 16, AAO President Kendi L. Hensel, DO, PhD, FAAO, moderated a web conference for the AAO’s Board of Governors to review the proposed changes to the AAO Constitution and Bylaws. These proposed changes will be presented at the AAO annual business meeting scheduled for March 12, 2020.
The AAO's 2019-20 Golden Ram campaign was launched Aug. 1, and as of Dec. 31, we have received $13,237 in donations from 40 donors. That puts us 66% of the way to our goal of $20,000. Donate now to help us reach our goal. Please know that your donations are greatly appreciated.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2019-20 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.
Course Description
Sometimes referred to as Module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM). FDM is an excellent modality to be used in the clinic, on the field, and in the emergency room for fast and effective results.

While there are some specific FDM techniques, emphasis will be placed on thinking and working in the model while using all manipulative modalities.

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM expands the toolbox you use to help more patients. This modality is valuable for any practitioner and no previous manipulation experience is required.

All medical providers are invited to attend, whether you are a DO, MD, PT, OT, PA, NP, DPM, DDS, DMD, ATC, DC, ND or a certified structural integration specialist.

Course Times
Friday from 5 to 9 p.m.
Saturday and Sunday from 8 a.m. to 5 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Dinner will be provided on Friday. Morning coffee and tea will be provided in addition to lunch on Saturday and Sunday.

Course Location
Midwestern University Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101
19555 North 59th Ave., Glendale, AZ 85308
See campus map.

Travel Arrangements
See a list of nearby hotels. Contact Tina Callahan of Globally Yours Travel at (480) 816-3200.

Registration Fees
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<tr>
<td>Academy member in practice*</td>
<td>$800</td>
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<tr>
<td>Resident or intern member</td>
<td>$600</td>
<td>$800</td>
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<tr>
<td>Student member</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
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<td>Nonmember resident or intern</td>
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<td>Nonmember student</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
**Course Description**
Releasing the intracranial meninges is an essential and very powerful application for conditions such as motor vehicle accidents, concussion, strokes, chronic meningitis, surgeries, chronic headaches as well as for cerebral palsy, ASD, etc. It can be a challenging endeavor to work on every fiber of the intracranial meninges in 3-D.

In this course, we will use a curved biotensegrity model with 23 labs to release the meninges of the cranium and spinal cord.

The change of tension inside the cranium will modify the tension in the thorax, pelvis and abdomen and, ultimately, the whole-body. This model has been effectively used for patients of all ages, from newborns to the elderly.

**Prerequisite**
Registrants must have completed an approved 40-hour introductory cranial course or Dr. Chikly’s Brain 1 course.

**Continuing Medical Education**
21 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Director**
Bruno Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry.

Dr. Chikly also has the French equivalent of a master’s degree in psychology. In 2009, he received a doctorate in osteopathy from CROMON (Holistic Research Center for Osteopathic and Natural Medicine) and AIROP (Italian Association for Postural Occlusion Re-education) in Italy, and he is on the French National Registry of Osteopathy.

Dr. Chikly is an internationally renowned educator, lecturer and writer. He is the author of the book *Silent Waves: The Theory and Practice of Lymph Drainage Therapy*, as well as the creator of a DVD titled *Dissection of the Brain and Spinal Cord*, and he is working on a book about osteopathic manipulation and the brain. He lives in Scottsdale, Arizona, with his wife and partner, Alaya.

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**Registration Fees**

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<th>On or before Jan. 9, 2020</th>
<th>Jan. 10 through Feb. 20, 2020</th>
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<tr>
<td>Save 10% when you also register for the AAO’s 2020 Convocation.</td>
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<tr>
<td>Academy member in practice</td>
<td>$891</td>
<td>$990</td>
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<tr>
<td>Resident or intern member</td>
<td>$711</td>
<td>$790</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,251</td>
<td>$1,390</td>
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<tr>
<td>Nonmember resident or intern</td>
<td>$981</td>
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1 Registrations received after Feb. 20 will be processed on-site, incurring a $150 late fee.

2 The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members. This course is not appropriate for students.

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**Registration Form**

**Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model**
March 8-10, 2020

Name: __________________________ AOA No.: __________

Nickname for badge: __________________________

Street address: __________________________

City: __________________________ State: ________ ZIP: __________

Phone: __________________________ Fax: __________________________

Email: __________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This course will cover the functional associations between the cranial nerves, the sutures, the dura, and the brain. By directly palpating the peripheral branches of cranial nerves, we can evaluate/palpate them for abnormal tension. The nerves are 50% to 90% connective tissue. For example, all three branches of the trigeminal nerve have palpable parts. The maxillary and mandibular branches are often irritated in teeth problems, such as cavities, infections, bite malocclusion, tooth sensitivity, and improper fillings. These branches also supply sensation to the anterior and middle cranial fossa dura. We find osteopathically that teeth problems can affect dural tension. Besides having electrical conduction, the nerves also have fluid flow and nutritive functions.

Prerequisite
A basic understanding of functional anatomy and one basic cranial course.

Registration Fees
Save 10% when you also register for the AAO’s 2020 Convocation.

<table>
<thead>
<tr>
<th></th>
<th>On or before Jan. 9, 2020</th>
<th>Jan. 10 through Feb. 20, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>With Convo</td>
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<td>Nonmember student</td>
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<td>$635</td>
</tr>
</tbody>
</table>

1 Registrations received after Feb. 20 will be processed on-site, incurring a $150 late fee. 2 The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form
Cranial Nerve Course
March 8-10, 2020

Name: __________________________ AOA No.: ________________

Nickname for badge: __________________________

Street address: __________________________

City: __________________________ State: _____ ZIP: __________

Phone: __________________________ Fax: __________________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

I will attend the AAO’s 2020 Convocation.
I will not attend the AAO’s 2020 Convocation.
I am a practicing health care professional.
I am a resident or intern.
I am a medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: __________________________

Cardholder’s name: __________________________

Expiration date: __________ 3-digit CVV No.: __________

Billing address (if different): __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.
**Course Description**
In this course, we will approach infant development from the perspective of three integrated systems; visual, vestibular and somatosensory. We will touch on diagnoses such as developmental delay, motor impairments, musculoskeletal dysfunction, altered nervous system processing, somatic dysfunction, and sensory integration difficulties. In the process, we will treat plagiocephaly, torticollis, various shoulder and pelvic girdle dysfunctions as well as autonomic nervous system alterations.

**Continuing Medical Education**
20 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**
Sunday from 1 to 5 p.m.
Monday and Tuesday from 8 a.m. to 5 p.m.

**Meal Information**
Breakfast and lunch are on your own. Coffee and tea will be provided.

**Registration Fees**

<table>
<thead>
<tr>
<th></th>
<th>On or before Jan. 9, 2020</th>
<th>Jan. 10 through Feb. 20, 2020¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>Save 10% when you also register for the AAO’s 2020 Convocation.</td>
<td>With Conv</td>
<td>Without Conv</td>
</tr>
<tr>
<td>Academy member in practice</td>
<td>$828</td>
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<td>Resident or intern member</td>
<td>$648</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,188</td>
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</tbody>
</table>

¹ Registrations received after Feb. 20 will be processed on-site, incurring a $150 late fee. ² The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

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**Course Location**
The Broadmoor
1 Lake Ave., Colorado Springs, CO 80906
Make your reservations online with the [physician link](#) or [student link](#), or call 855-634-7711 and use booking code AAO2020.

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (480) 816-320.

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☐ I will attend the AAO’s 2020 Convocation.
☐ I will not attend the AAO’s 2020 Convocation.
☐ I am a practicing health care professional.
☐ I am a resident or intern. ☐ I am a medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: _____________________________ Cardholder’s name: _____________________________
Expiration date: __________ 3-digit CVV No.: __________
Billing address (if different): _____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _____________________________

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By registering for this course, you agree to abide by the AAO’s [code of conduct](#), [photo and video release](#), and [cancellation policy](#).

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to [GWatts@academyofosteopathy.org](mailto:GWatts@academyofosteopathy.org); by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
The Motor Nerve Reflex Testing (MNRT) course is the only course currently available that will teach you how to identify the true cause of your patients’ symptoms. MNRT gives you the priority of injuries for each individual based on survival instincts. There are many ways to evaluate, but only MNRT gives you the order in which to treat. Proper Diagnosis is 95% of effective treatment and any medical professional looking to elevate their diagnostic skills should take this course. After this course you will be able to help more of your patients get the relief they are seeking. After discussing the motor nerve reflex findings for a specific region, Dr. Cantieri will discuss various injuries and dysfunctions clinicians should evaluate for at the area and treatments that should be considered. Dr. Cantieri will address some of the pain issues that are found in the areas where a primary MNRT is found.

Course Times
Friday from 8 a.m. to 5 p.m.
Saturday from 7:30 a.m. to 4:30 p.m.

Continuing Medical Education
15 credits of AOA Category 1-A CME anticipated.

Registration Fees

<table>
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<tr>
<th>Registration Fees</th>
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<th>Apr. 8–Apr. 16, 2020</th>
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<td>Resident or intern member</td>
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<td>Nonmember practicing DO or other health care professional</td>
<td>$1,625</td>
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<tr>
<td>Nonmember resident or intern</td>
<td>$1,425</td>
<td>$1,475</td>
<td>$1,625</td>
</tr>
</tbody>
</table>

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Course Faculty
Course director Steven Olmos, DDS, an internationally recognized lecturer and researcher, has dedicated the past 30 years to the fields of craniofacial pain, temporomandibular disorder and sleep disordered breathing. He is board certified in craniofacial pain and sleep medicine. He founded the TMJ & Sleep Therapy Centres International and directs research in craniofacial pain and sleep medicine through data collection at 63 centers spanning seven countries.

Mark S. Cantieri, DO, FAAO, of Mishawaka, Indiana, is an AOA board-certified osteopathic manipulative medicine specialist and a fellow of the American Academy of Osteopathy (AAO). He is the chief executive officer of Corrective Care, PC, in Mishawaka. A clinical assistant professor at the Marian University College of Osteopathic Medicine in Indianapolis, Dr. Cantieri has served the osteopathic medical profession in many capacities, including as president of the AAO, as a member of the American Osteopathic Association’s Commission on Osteopathic College Accreditation and as a member of the AAO’s Strategic Planning Committee.

Meal Information
Continental breakfast and lunch will be provided each day.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This course is designed to enhance attendees’ palpatory skills (tissue texture, asymmetry and restriction of motion of both somatic and visceral interconnected structures); enhance knowledge of related somatic/visceral anatomy with fascial continuity via traditional Chinese medicine energy channel mapping; and provide a framework for cross-organ symptomatology and somatic dysfunction, bridging gaps between internal medicine subspecialties and neuromusculoskeletal medicine.

Prerequisite
Registrants should have completed a basic cranial course and have a grounding in ligamentous articular strain and visceral techniques.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday.

Course Location
Idaho College of Osteopathic Medicine
1401 E. Central Dr.
Meridian, ID 83642
See campus information.

Travel Arrangements
See a list of nearby hotels. Contact Tina Callahan of Globally Yours Travel at (480) 816-3200.

Registration Fees

<table>
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<th></th>
<th>On or before Feb. 24, 2020</th>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
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<tr>
<td>Nonmember resident or intern</td>
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<tr>
<td>Nonmember student</td>
<td>$910</td>
<td>$960</td>
<td>$1,160</td>
</tr>
</tbody>
</table>

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I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

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Course Description
This course will:
• provide basic and refresher knowledge and skills for program directors and core teaching faculty who supervise osteopathic manipulative treatment (OMT) in clinics.
• help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies.
• be valuable for clinicians interested in adding OMT to their skill set.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of Greenman's Principles of Manual Medicine, 5th edition.

Course Times
Thursday from 1 to 6 p.m.
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 8 a.m. to 4 p.m.

Continuing Medical Education
28 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided Friday through Sunday, as will lunch.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Registration Fees

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<th>Enrollment Type</th>
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<th>On or after June 1, 2020</th>
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<tr>
<td>Nonmember student</td>
<td>$584</td>
<td>$634</td>
<td>$784</td>
</tr>
</tbody>
</table>

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Registration Form

Introduction to Osteopathic Manipulative Medicine
June 4-7, 2020

Name: ____________________________ AOA No.: __________

Nickname for badge: ____________________________

Street address: ____________________________

City: __________ State: _____ ZIP: ______

Phone: __________________ Fax: __________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

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Component Societies and Affiliated Organizations

Calendar of Upcoming Events

Feb. 15-19, 2020
The Osteopathic Cranial Academy
Midwinter Introductory Course in Osteopathy in the Cranial Field
Course director: Zinaida Pelkey, DO, FCA
Associate director: Therese M. Scott, DO
Hilton Norfolk The Main in Virginia
Learn more and register at www.cranialacademy.org.

Feb. 21-23, 2020
Florida Academy of Osteopathy
Techniques of the Masters: Visceral Manipulation
Course director: Wm. Thomas Crow, DO, FAAO
Advent Health East Orlando
20 credits of AOA Category 1-A CME anticipated
To learn more or register, call Lisa Belliveau at 727-581-9069.

Feb. 21-23, 2020
The Osteopathic Cranial Academy
Orofacial Development: Merging OCF and Functional Dentistry
Course director: Eric Dolgin, DO, FCA
Assistant director: Jose Camacho, DO
Hilton Norfolk The Main in Virginia
Learn more and register at www.cranialacademy.org.

April 17-20, 2020
Osteopathy Underground
The Many Facets of Visceral Treatment: The Biomechanical, Biofunctional, and Biodynamic Approaches to Abdominal Viscera
Course director: Dana C. Anglund, DO
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
28 credits of AOA Category 1-A CME anticipated
Learn more and register at osteopathyunderground.com.

April 18-20, 2020
Osteopathy’s Promise to Children
Rule of the Artery 1
Course director: R. Paul Lee, DO, FAAO, FCA
Hilton Garden Inn San Diego
23.5 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

April 24-26, 2020
Osteopathy’s Promise to Children
Rule of the Artery 2
Course director: R. Paul Lee, DO, FAAO, FCA
Hilton Garden Inn San Diego
23.5 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

April 30–May 2, 2020
Osteopathy’s Promise to Children
Rule of the Artery 3
Course director: R. Paul Lee, DO, FAAO, FCA
Hilton Garden Inn San Diego
23.5 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

June 6-10, 2020
The Osteopathic Cranial Academy
June Introductory Course: Osteopathy in the Cranial Field
Course director: Richard F. Smith, DO
JW Marriott in Houston
Learn more and register at www.cranialacademy.org.

June 11-14, 2020
The Osteopathic Cranial Academy
Annual Conference: Viola Frymann – Continuing the Legacy: Research and Practice
Conference director: Hollis H. King, DO, PhD, FAAO, FCA
Associate director: Deborah Heath, DO
JW Marriott in Houston
Learn more and register at www.cranialacademy.org.

July 15-19, 2020
Osteopathy’s Promise to Children
Foundations of Osteopathic Cranial Manipulative Medicine
Course directors: R. Mitchell Hiserote, DO; Raymond J. Hruby, DO, MS, FAAODist; and Rebecca E. Giusti, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Aug. 21-23, 2020
Osteopathy’s Promise to Children
Level II: Osteopathic Cranial Manipulative Medicine
Course director: Raymond J. Hruby, DO, MS, FAAODist
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 5, 2020
Osteopathy’s Promise to Children
OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary & Immune System
Course director: Hollis H. King, DO, PhD, FAAO, FCA
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.