A Message From the Executive Director

Since my last message I have been traveling quite a bit. One of my first stops was to check on our site for the upcoming 2020 Convocation. AAO Event Planner Gennie Watts and I spent Labor Day at The Broadmoor in Colorado Springs, Colorado, to ensure that the site is ready to go for our annual event in March of 2020. One may say that this is great; on the other hand, that meant we left family behind. So I want to say thank you to our families for the freedom to travel and holding down the fort while we are away. I will say that you will be surprised when you travel to The Broadmoor this year; they are expanding and will have additional convention space next to Broadmoor Hall. It will not be available for use when we arrive, but it is due to be opened in April 2020 right after we leave. A special thanks to Josh Ebaugh, the senior conference manager, and Tammy Page, CMP, the director of national sales for the Midwest region, who gave up family time as well to make sure that AAO is ready for Convocation. If you see them while at our event, just say hello and thank them for all they do. Service is a thankless job and often goes unrecognized. We do not want to be that group.

In mid-September, the American Osteopathic Association (AOA) hosted its first-ever leadership fly-in for osteopathic specialty colleges. This advocacy event provided a unique opportunity to unite osteopathic specialties and meet face-to-face with members of Congress and their staffs to discuss issues of importance to the American Academy of Osteopathy. This event gave AAO representatives the opportunity to discuss with federal lawmakers the issues that impact osteopathic physicians. Kendi L. Hensel, DO, PhD, FAAO, the AAO’s 2019-20 president, and Paul R. Rennie, DO, FAAO, the AAO’s 2019-20 president-elect, were at the meeting as well. This was a great meeting, and I want to thank Sean Neal, the director of the Osteopathic Political Action Committee, and David Pugach, JD, the AOA’s senior vice president of public policy, for hosting and organizing the fly-in. This was a great learning experience.

At the end of September, Gennie and I visited the Idaho College of Osteopathic Medicine.

Professional Websites For Your Practice

We are pleased to announce a new program to support your practice’s online presence, website visibility and traffic, and brand credibility. We’re partnering with Marketpath Inc., a leader in website marketing software and services, to offer a new AAO Physician Website Program for our members. Marketpath has been maintaining and supporting AAO’s website, member portal and directory since 2016, and they have significant experience providing website and digital marketing services for physicians and healthcare clients.

If your current website isn’t supporting and helping to grow your practice, you think it’s time for an upgrade, or don’t yet have a website, Marketpath can help. They provide high-quality and affordable websites.

(continued on Page 2)
Executive director’s message (continued from Page 1)

icine (ICOM), Idaho’s first medical school, to investigate hosting a course there. This is a great campus, and I want to say a special thank you to Dennis C. Rau, Jr., DO, the chair of the Department of Osteopathic Principles and Practice, for the invitation. This all developed from just one phone call and an offer to see how AAO and ICOM would be able to work together. Gennie and I were able to tour the facility and meet with many members of the staff. I am excited to share that AAO will host its first course at ICOM May 1-3, 2020, “Viscerosomatic Release: A Systemic Model for Neuromusculoskeletal Medicine” with course director John P. Tortu, DO. We would love to see you at this course.

AAO at OMED

Most recently, I traveled to Baltimore for the AAO’s program at OMED19, which was held Oct. 25-28. “Osteopathy for All,” the AAO’s program chaired by Sarah James-Miner, DO, and co-chaired by David C. Mason, DO, MBA, FACOFP, focused on the current evidence for osteopathic principles and practice and the incorporation of osteopathic manipulative treatments into today’s clinical practice. Dr. James-Miner and Dr. Mason did an amazing job of putting this program together. Such dedication to the profession is what makes these events so meaningful with long-lasting effects throughout the year.

I am grateful for the associations that partnered with the AAO to make this another successful event: the American College of Osteopathic Pediatricians (ACOP), the American College of Osteopathic Family Physicians (ACOFP), the American Osteopathic Academy of Sports Medicine (AOASM), American College of Osteopathic Neurologists and Psychiatrists (ACONP), and the American Osteopathic Academy of Addiction Medicine (AOAAM).

During OMED, Doris B. Newman, DO, FAAO, delivered the annual Thomas L. Northup Lecture. In “Transitions: Our Own, Our Patients’, Our Profession’s,” Dr. Newman focused on many challenges facing the osteopathic profession, including physician burnout. It was great hearing her share the personal experience of what she had gone through. There is no shame in being burned out, and we all need to know the symptoms and how to heal. I think that each of us has experienced burnout in one way or another. Dr. Newman’s address will be published in an upcoming issue of The AAO Journal.

The Academy was honored that four of the speakers on its OMED program were presented in partnership with the AOA’s Bureau of Osteopathic Clinical Education and Research: Daniel A. Clearfield, DO, MS, FAOASM (“OMT for the Patient With Concussion”); Sharon Gustowski, DO, MPH (“Demystifying Cranial (OCMM): A Biomechanical Approach”); Kristina Heimerl, PharmD, BCACP (“Medical Marijuana and CBD: Perceptions vs. Facts”); and Maggie Larson, DO, FM (“OMT in the Obstetrical Patient Encounter”). These research awards from the AOA are granted to speakers who are disseminating the latest evidence-based research in their fields.

The last day of OMED, Oct. 28, was devoted to physician wellness and was full of tips that provided takeaways for attendees’ professional and personal lives as osteo-

(continued on Page 3)
Physician Website Program
(continued from Page 1)

and digital services that will enhance your
brand and increase your practice’s visibil-
ity. Marketpath also has a plan to fit your
budget, regardless of your practice size and
situation.

Perhaps you’re happy with your site’s design,
but not appearing in search engine results
or generating enough traffic. Marketpath
is an expert in search engine optimization
(SEO) and can help your site to get found,
generating more clicks, and more patients.
Or maybe you need help with ongoing con-
tent and social marketing to support your
practice. Marketpath can help develop and
execute a content or social media marketing
plan to meet your needs.

Executive director’s message
(continued from Page 2)

pathic physicians. It was a great day with
great teamwork from multiple specialty
associations.

Immediately following OMED, attend-
ees received an email instructing them
how to report the continuing medical
education credits they earned at OMED.
If you have not received this email, please
contact the American Osteopathic As-
sociation at crc@osteopathic.org or at
1-888-626-9262.

For a complete listing of the AAO’s pro-
gram, visit www.academyofosteopathy.
org/OMED.

Physician Website Program
We are happy to announce that we
have partnered with Marketpath, an
Indianapolis-based company, to deliver
website and digital marketing services
for osteopathic physicians and medical
offices. In 2016, Marketpath redeveloped
the AAO’s website and association man-
agement system, providing a modern,
responsive website that is far more user-
friendly than its predecessor. Marketpath
has significant experience partnering with
both large and small medical practices
and organizations, helping them improve
their credibility, increase visibility and
traffic, and generate new patients. Check
them out today: www.marketpath.com/
aao-doctor-websites.

Giving Tuesday, Dec. 3
Giving Tuesday is Dec. 3, and we are fo-
cusing our efforts on the Nicolas S. Nic-
olas Fund, which provides scholarships to
students wishing to attend Convocation.
This is a chance to give back to the Acad-
emy so that the Academy can give back to
the profession. AAO supports giving on
all levels, no matter how large or small.
We hope you’ll include the AAO while
we continue to forge forward to keep our
mission and vision at the forefront of
everyone’s mind.

Connect With Us
Remember to like us on Facebook, Twit-
ter, and LinkedIn. We’ve also added a cou-
ple recent videos to our YouTube channel.

If you have not seen our Facebook page in
a while, check out our latest #OMED19
pictures. We had great speakers and
hands-on displays by many.

AAO sessions at OMED offer hands-on
opportunities for attendees to learn and
practice new treatment techniques.

THANKSGIVING SALE!
Members save up to 50%
Nov. 28-Dec. 2

Get a jump on holiday shopping
AND save money during AAO’s
Thanksgiving sale!

Save 10% on all books and DVDs
in the AAO’s online store.

Save 40% on all AAO yearbooks.

*Discounts combine with AAO
members’ standard 10% discount, so
members save 20% to 50%.
AAO Calendar of Events

Mark your calendar for these upcoming events and deadlines.

2019-20

Nov. 12  AAO LBORC Poster Presentation  March 8-10  Pre-Convocation course—“Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model”—Bruno J. Childy, MD, DO (France)—The Broadmoor in Colorado Springs
Subcommittee’s teleconference—8 p.m. Eastern

Nov. 13  AAO Membership Committee’s teleconference—8 p.m. Eastern  Pre-Convocation course—“Cranial Nerve Course”—Kenneth J. Lossing, DO—The Broadmoor in Colorado Springs

Nov. 14  AAO Publications Committee’s teleconference—7 p.m. Eastern  Pre-Convocation course—“Pediatric Manual Medicine”—Lisa Ann DeStefano, DO, and Heather P. Ferrill, DO, MS MEdL—The Broadmoor in Colorado Springs

Nov. 15  Applications for fellowship in the AAO (FAAO) due  March 8-10  2020 Convocation—“Embracing Integration: Creativity in Osteopathic Medicine”—J’Aimee Anne Lippert, DO, program chair—The Broadmoor in Colorado Springs

Nov. 15-17  “Traditional Osteopathic Techniques of Carl Philip McConnell, DO”—Richard G. Schuster, DO, course director—Ohio University Heritage College of Osteopathic Medicine in Dublin  March 11-15

Nov. 28-29  Thanksgiving holiday—AAO office closed

Nov. 30  Resident of the Year nominations due  March 15  Post-Convocation course—“Residency Program Directors’ Workshop”—Darren Grunwaldt, DO, course director—The Broadmoor in Colorado Springs

Dec. 11  Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern  April 17-18  “Motor Nerve Reflex Testing”—Steven Olmos, DDS, course director, and Mark S. Cantieri, DO, FAAO, course faculty—The Pyramids in Indianapolis

Dec. 25  Christmas Day—AAO office closed

Jan. 1.  New Year’s Day—AAO office closed

Jan. 8  Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern  May 1-3  “Viscerosomatic Release: A Systemic Model for Neuromusculoskeletal Medicine”—John P. Tortu, DO, course faculty—Idaho College of Osteopathic Medicine in Meridian

Feb. 7-8  AAO Education Committee’s meeting—Indianapolis  June 4-7  “Introduction to Osteopathic Manipulative Medicine: Integrating OMM Into Clinical Practice and Teaching”—Lisa Ann DeStefano, DO, course director—The Pyramids in Indianapolis

Feb. 7-9  “Fascial Distortion Model: Treating the Shoulder, Ankle and Knee”—Todd A. Capistrant, DO, MHA, course director—Midwestern University Arizona College of Osteopathic Medicine in Glendale

Submit Member News

Have you or a colleague done something noteworthy? Submit news items to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org to be included in the next issue of AAO Member News.
Ask OMEC

OMEC Clarifies OMT Privileges

The AAO’s Osteopathic Medical Economics Committee (OMEC) receives and reviews AAO members’ questions about practice management, billing, coding and reimbursement. From time to time, this committee will answer general questions they have received and place its responses in the newsletter for the benefit of all Academy members. If you have any questions for the committee, please send them to info@academyofosteopathy.org.

Please note that the content provided by OMEC is for informational purposes only, and not for the purpose of providing legal advice. Contact an attorney to obtain professional advice with respect to your particular issue.

1. If allopathic physicians complete continuing medical education courses in osteopathic manipulative treatment, are they authorized to perform OMT, bill insurance and get reimbursed?

The third edition of the Glossary of Osteopathic Terminology (2017) defines osteopathic manipulative treatment (OMT) as an application used by an osteopathic physician. The Glossary further defines an osteopathic physician as “A person with full unlimited medical practice rights who has achieved the nationally recognized academic and professional standards within his or her country to practice diagnosis and treatment based upon the principles of osteopathic philosophy.” Under said definitions, an MD with unlimited medical practice rights may perform OMT if he or she is using the principles of osteopathic philosophy.

OMT is listed as a medical procedure, with its corresponding billing code, in the Current Procedural Terminology Manual. Assuming the patient’s insurance plan covers OMT, reimbursement should occur without incident once standard billing procedures have been followed.

2. How often do allopathic physicians have to return for more OMT CME courses?

All physicians with unlimited medical practice rights are licensed to perform OMT, just as family physicians are licensed to perform open heart surgery. We are not yet aware of a universal standard that defines professional competence as it relates to the required amount of OMT CME courses. On the other hand, malpractice lawyers may search for evidence of professional incompetence if negative sequelae occur during the application of OMT.

3. Are physician assistants authorized to perform OMT if they work for an osteopathic physician or an allopathic physician who has completed the same courses?

Physician assistants do not have unlimited medical practice rights, so they may not practice OMT per the Glossary of Osteopathic Terminology. In addition, physician assistants are precluded from practicing osteopathic manipulative therapy (OMTh) because they are not osteopaths (individuals who have attained appropriate standards in their own countries to practice osteopathic diagnosis and treatment). In contrast, nurse practitioners who have professional competence in OMT in U.S. states with unlimited medical practice rights should be able to legitimately perform and bill for OMT. Should a judge determine the Glossary’s definitions to be legally binding, physician assistants, and nurse practitioners without unlimited medical practice rights, may not practice OMT, much less bill for it.

SCTF
Sutherland Cranial Teaching Foundation

Basic Course: Osteopathy in the Cranial Field
Dr. Duncan Soule, Course Director
May 15–19, 2020 (8 am Friday to 4 pm Tuesday)
University Place Hotel & Conference Center
310 SW Lincoln Street
Portland, Oregon 97201

Recommended Reading:
Teaching in the Science of Osteopathy
Osteopathy in the Cranial Field - 3rd Edition
Contributions of Thought
Order these and other publications at SCTF.com

CME: 40 hours 1-A CME Anticipated
Course Tuition: $1,900
Contact: Bob Frankrone — (502) 693-9484
Once again, physician volunteers staffed the AAO’s Osteopathic Education Service at the American Osteopathic Association’s 2019 annual conference (OMED). OES provides personalized, hands-on demonstrations of osteopathic manipulative medicine in individual and group sessions. This service is crucial at events like OMED to remind osteopathic physicians who don’t use OMM regularly why it should be an integral part of their practices. For physicians who do use OMM daily, OES offers the opportunity to be reminded how treatment feels to their patients.

Led by Col. Ralph C. Walsh Jr., DO, the following volunteer physicians provided 102 demonstrations at OMED, Oct. 25-28, in Baltimore.

- John C. Biery Jr., DO
- Kent Campbell, DO
- Warren W. Chin, DO
- John C. Coppinger, DO
- John Dougherty, DO
- Dennis J. Dowling, DO, MA, FAAO
- John E. Downs, MD, MPH
- Catherine M. Feaga, DO
- Pamela L. Grimaldi, DO, FACOFP, FAAFP
- John M. Jones, DO
- Michael A. Landrum, DO
- Yein Lee, DO, MMS
- Brian Loveless, DO
- Mark MacNealy, DO
- Veera N. Motashaw, DO
- William H. Stager, DO, MS, MPH, FAAFP, FAAMA, FAAO, FACOFPdist.
- Sajid A. Surve, DO
- Miral V. Vaghasia, DO
- Lawrence W. Waite, DO, MPH
- Miho Yoshida, DO

OES will be offered at the AAO’s 2020 Convocation as well. Volunteer physicians earn 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide. DOs from all specialties are invited to volunteer to demonstrate their palpatory and treatment skills at the OES. For each demonstration a physician provides during Convocation, his or her name will be entered into a drawing for complimentary registration for the 2021 Convocation at the Hilton Anatole in Dallas.

Volunteers must have their own professional liability coverage. Demonstrations are for educational purposes only.

AAO Mentor Program

The mission of the American Academy of Osteopathy’s Mentor Program is to provide guidance and leadership to members of the Student American Academy of Osteopathy. This program is designed to increase osteopathic-specific education during the clinical years of osteopathic medical school by:

- reaching out to osteopathic medical students early in their education to positively influence their careers.
- providing educational and career guidance on choosing hospital sites for third- and fourth-year rotations, selecting internships and residencies and, ultimately, incorporating osteopathic philosophy into all aspects of medicine.

All osteopathic medical students and osteopathic physicians who belong to the Academy are invited to participate in the AAO Mentor Program. This is an excellent opportunity for students to obtain career advice from seasoned clinicians and for physicians to contribute to making the profession stronger.

Physicians and students should sign up for the Mentor Program when they register for Convocation and plan to attend either of the mentorship meetings held at Convocation: Wednesday, March 11, from 9 to 10 p.m., or Thursday, March 12, from 8 to 9 p.m.

For more information, contact Bev Searcy, the AAO’s finance and membership assistant, at (317) 879-1881, ext. 212, or at BSearcy@academyofosteopathy.org.
LBORC-NUFA Research Poster Presentations

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to their annual Research Poster Presentation. Posters will be displayed in the exhibit area on Thursday, March 12, and Friday, March 13, during the 2020 Convocation at The Broadmoor.

Interested AAO and SAAO members should download and submit their poster entry form and abstracts to the AAO. Early bird poster abstract submissions submitted by Jan. 8 will be notified by Jan. 15, and Jan. 15 will be the final deadline for all applications. For full details on the criteria for the poster, see the Academy’s website at www.academyofosteopathy.org.

Poster judging will take place Thursday, March 12, 2020, between 6 and 7 p.m. Mountain time, and winners will be announced at the student awards ceremony and at the president’s banquet on Saturday, March 14. Please indicate your willingness to volunteer as a judge when you register for Convocation.

The LBORC-NUFA Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. The first author of each poster must be a member of the AAO or the Student American Academy of Osteopathy. The first author of student and resident posters must be present during the judging at Convocation. All presenters should register for Convocation.

Submit your completed poster entry form and abstract no later than Jan. 15, 2020, to Kimberly Wolf, DO, c/o Debbie Cole at LBORC@academyofosteopathy.org.

Find 2019 Posters Online

The winning posters and abstracts for the American Academy of Osteopathy’s LBORC-NUFA 2019 poster presentation can be viewed online at www.academyofosteopathy.org.

OPP Department seeking full time faculty:

Arkansas College of Osteopathic Medicine is located in Fort Smith, AR. The school is a brand new, state-of-the-art 102,000 square foot facility located on 227 beautiful acres. Fort Smith, the second largest city in Arkansas, is a historic, progressive community located in the Arkansas river valley. Arkansas is a well-kept secret with multiple activities to include hunting, fishing, sightseeing and excellent vacationing opportunities.

The Department of Osteopathic Principles and Practice (OPP) is seeking a qualified OMM physician who has an interest in both academic and clinical medicine. A brief but not inclusive overview of duties includes:

- Assist the Chair of OPP in Curricular Development Delivery of OPP Presentations
- OPP Laboratory Presentations & Table-Training
- Direct Patient Care in OMM Clinic
- Teach students, residents & fellows in clinic
- Participation in Fundamentals of Osteopathic Patient Care Course
- Other duties as assigned

Minimum Qualifications:

- Doctor of Osteopathic Medicine Degree
- Prefer One of the Following:
  1. Graduate from an NMM/OMM Residency with Board-Certification/Eligibility by the AOBNNM (academic experience preferred, but not required).
  2. CSPOMM
  3. ABOFP-certified family physicians with experience teaching OMM at an osteopathic college are also considered.
- Ability to obtain Arkansas state licensure

To learn more and apply, visit us at: www.acheedu.org/employment-opportunities/

Arkansas College of Osteopathic Medicine is an Equal Opportunity Employer
How Doctors Are Reclaiming The Art of Medicine: The 2019 Sutherland Memorial Lecture by Eric J. Dolgin, DO, FCA

Reclaiming the art of medicine and a call to “think differently” earned Eric J. Dolgin, DO, FCA, a standing ovation at The Osteopathic Cranial Academy’s annual conference in June. At the Conference, which was held June 13-16 in San Diego, Dr. Dolgin delivered the annual Sutherland Memorial Lecture. The lecture is named for William Garner Sutherland, DO, who was a pioneer in osteopathic cranial manipulative medicine.

In his address, Dr. Dolgin discussed the most critical issues confronting medicine today, including the “dumbing down” of curricula for medical students. Physicians took inspiration from Dr. Dolgin citing examples of what can be done to restore the integrity of health care and medical education.

As the keynote speaker, Dr. Dolgin cited early grassroots movements taking hold, and he lauded one of the most important movements in medicine: More than 50 healthshare plans now represent hundreds of physicians and millions of their patients who are opting out of corporate medical insurance. The cooperatives, originally launched by church organizations, allow each member to pay a reasonable monthly “share” which in turn is applied to the medical needs of another member.

No matter the critical issue, Dr. Dolgin focused on advocates and practitioners successfully challenging the status quo. He applauded the efforts of his own professional societies for raising the bar in academia in an era of “dumbing dumb.” “This is the best intellectual time in osteopathic medicine,” Dr. Dolgin said, referring to an unprecedented number of courses being offered to students and physicians.

Dr. Dolgin also drew attention to the work of Pamela Wible, MD, who offers a practical business model for opting out of assembly line medicine. Dr. Wible’s approach is featured in the Harvard School of Public Health’s Renegotiating Health Care: Resolving Conflict to Build Collaboration. Dr. Wible also addressed the tragic epidemic of physicians taking their own lives. She earned the moniker of “America’s Leading Voice for Ideal Medical Care.”
Giving Tuesday: Send a Student to the 2020 Convocation

Giving Tuesday is Dec. 3, and this year we are focusing our fundraising efforts on the Nicholas S. Nicholas Fund, which provides scholarships to students wishing to attend Convocation.

The cost to register one student member for Convocation is $355 ($255 before Jan. 9). Students must cover their own travel, lodging and incidentals. Many of our members remember how tight budgets were while attending medical school, and the AAO office fields requests for financial assistance to attend Convocation every year.

Convocation is an irreplaceable experience for student members as they start associating with the wider osteopathic family, not just those at their college of osteopathic medicine. The student lectures and breakout sessions, combined with events like Evening With the Stars, give the students access to broader approaches presented by DOs they otherwise may not meet.

Giving Tuesday was established in 2012 in response to the commercialization and consumerism of the holiday season.

Can’t wait to donate? Give to the Nicholas S. Nicholas Fund online now.

AAO Members Commended by American Osteopathic Foundation

The American Osteopathic Foundation (AOF) held its annual Honors Gala on Friday, Oct. 25, in Baltimore. The AOF provides grants, scholarships and awards to osteopathic medical students, DOs, researchers and educators to recognize academic excellence and lifetime achievement.

Among other awards, the AOF announced the 2019 Osteopathic Resident of the Year in OMM, presented in partnership with the AAO: Angela K. Tyson, DO. Dr. Tyson graduated from the Edward Via College of Osteopathic Medicine–Carolinas. After completing a pediatrics residency and an NMM+1 residency at the Oklahoma State University Medical Center in Tulsa, Dr. Tyson began a neonatal-perinatal medicine fellowship in Rochester, New York, in August 2019.

2019 Golden Ticket Scholarship
Corinna Lynn Bayuk, OMS IV
Zachary Daniel Hanson, OMS IV
Karen J. Nichols, DO,
LEAD Scholar Award
Tony Rui Li, OMS III

2019 AOF/AOA Presidential Memorial Leadership Award
Elizabeth Marie Zipprer, OMS IV

AOF William G. Anderson, DO,
Minority Scholarship Award
Crystal Goree, OMS III

AOF Rosnick Humanitarian Grant
Irena Marie Grauzinis, OMS II
Alexander Nam, OMS II

AOF Welch Scholars
Sneha Aidasani, OMS II
Christopher D. Fink, OMS II
Kristina Fraser, OMS III
Mary Bridget Galka, OMS III
Emma Blenman Hare, OMS IV
Kevin Kai-Wah Hon, OMS III
Killian Llewellyn, OMS III
Maisie Alie Orsillo, OMS IV
Julianna Procaccini, OMS III

The Honors Gala program book also recognized Richard G. Schuster, DO, who delivered the 2019 Turfler Family Memorial Lecture to students at the AAO’s 2019 Convocation. The Turfler Award is co-sponsored by the AAO and AOF.

The AOF honored distinguished nominees who were very worthy of the awards for which they were nominated. Among them were AAO members Trevine Albert, DO; Anesia Allen, OMS III; Alexander Neel Atkinson, OMS IV; Jamie Joseph Beckman, OMS IV; Jennifer Belsky, DO; Monica Boyd, OMS III; Brandon Joseph Chavez, OMS IV; Renée Crawford, OMS IV; James Docherty, OMS IV; Kelsey J. Eaton, OMS III; Michael John Furey, OMS III; Crystal Goree, OMS III; Toria M. Knox, OMS III; Sheila Maillard, OMS IV; Eloy Martinez, OMS II; Natalie A. Nevins, DO, MSHPE; Thu Nguyen, OMS IV; Krista Niezwaag, OMS II; Kelly Sippel, OMS IV; Qiana Smith, OMS IV; Jason Sneed, DO; Jalicia Sturdivant, OMS IV; Col. Ralph C. Walsh Jr., DO; and Edith Waskel, OMS III.

In addition, the AOF expressed appreciation for all the 2019 grant reviewers, including Sarah Cottrell-Cumber, OMS IV; Ryan Paul Dyches, OMS IV; Jeffrey Grove, DO; Kendi L. Hensel, DO, PhD, FAAO; and Brian Loveless, DO.
In Memoriam

Barbara J. Briner, DO

Barbara Jo Briner, DO, of East Lansing, Michigan, died on Oct. 12. Dr. Briner served as the AAO’s 1988-89 president. Anthony G. Chila, DO, FAAODist, FCA, who served as the AAO’s president in 1983-84 and 1985-87, told AAO Member News, “Dr. Briner was a singular contributor to the force of development of the AAO at a very critical time. … She was an osteopathic physician who was anchored to Osteopathy.”

After graduating from the Chicago College of Osteopathic Medicine in 1974, Dr. Briner spent most of her professional life near Lansing, Michigan. She served on the faculty of the Michigan State University College of Osteopathic Medicine (MSU-COM), working with undergraduate and postgraduate students, and she developed and taught courses in osteopathic cranial manipulative medicine, muscle energy, myofascial release and craniomandibular disorders. She continued teaching postgraduate CME courses through MSU-COM until recently.

In 1988, Dr. Briner established an osteopathic manipulative medicine practice in Okemos, Michigan, and in 1993, she founded the Institute for Bioenergy Studies for the study and practice of esoteric healing. She went on to establish the National Association for Esoteric Healing, establishing teacher training standards. She was known both nationally and internationally in energy medicine.

During her tenure as AAO president, Dr. Briner worked hard to preserve the AAO’s earned fellowship (FAAO) and certification in osteopathic manipulative medicine when the American Osteopathic Association would have discontinued them. The AAO’s 1990-91 president, Raymond J. Hruby, DO, MS, FAAODist, worked with her on this undertaking and said, “Barbara’s knowledge of the profession, along with her professionalism and negotiating skills, were critical for this process, and she was most instrumental in the success of this meeting.”

Memorial donations may be sent to the Lansing Capital Humane Society, 7095 W. Grand River, Lansing, MI 48906, or to Song of the Morning Yoga Retreat, 9607 E. Sturgeon Valley Rd., Vanderbilt, MI 49795.

William B. Trimble, DO

William Brewster Trimble, DO, of Rome, Georgia, died on Thursday, Sept. 26.

Born in Atlanta, Dr. Trimble graduated from College Park High School, Mercer University and Georgia State University before earning his DO degree from the Kansas City University College of Osteopathic Medicine. He practiced family medicine in Atlanta for 44 years before retiring in 1997.

Survivors include his wife, Anne Mintz Garner Trimble; son, F. Scott Trimble; daughter, Cindy Trimble; step-daughters, Denise Garner, Anslie Philpot and Mary Garner-Mitchell and step-son, Rex Garner. He is also survived by one grandson, two granddaughters, two step-grandsons and a step-granddaughter. In lieu of flowers, the family requests donations to The Rome First Baptist Church Foundation or the William Davies Homeless Shelter.

Stay Connected—
Follow AAO online!
Members in the News

Lisa R. Chun, DO, MME, of Clovis, California, was admitted to the American Association of Colleges of Osteopathic Medicine’s Osteopathic Health Policy Fellowship class of 2019-20. The OHPF is a national program designed to prepare emerging leaders in the osteopathic profession to engage in health policy discussions, analysis, and formulation. Alumni of the program have served as policy advisers in public and private forums to the profession, legislators at the local and national levels, diverse health institutions, and other health leadership groups.

In The DO, SAAO member Samantha Jane Collins, OMS IV, from the Marian University College of Osteopathic Medicine in Indianapolis, provides tips on studying in medical school. She encourages students to not sacrifice their own physical and mental well-being in the short-term; doing so can have long-term repercussions. In addition, Collins finds it helpful to have a friend quiz her for quick check-ins on her progress.

Corey James Morris, OMS II, an SAAO member from the Lincoln Memorial University DeBusk College of Osteopathic Medicine in Harrogate, Tennessee, contributed an opinion piece to The DO discussing his gratitude for those people who donate their bodies so that medical students can learn from them.

Michael D. Lockwood, DO, FCA, of Lynchburg, Virginia, received the American Osteopathic Association’s most prestigious award, the Distinguished Service Award. Dr. Lockwood started a foundation dedicated to providing grants, education and support for adoptions and orphans. His medical mission trips have taken him to locations such as Afghanistan, Nepal and Haiti. In his endeavors, he has enriched the lives of thousands of patients, coworkers and students. He is a professor of osteopathic manipulative medicine at the Liberty University College of Osteopathic Medicine in Lynchburg, Virginia. Previously, he served A.T. Still University-Kirksville College of Osteopathic Medicine for many years in various positions, including clinician, professor and administrator. Dr. Lockwood was one of three recipients of the 2019 Distinguished Service Award from the AOA.

The Journal of the American Osteopathic Association

The November 2019 issue of The Journal of the American Osteopathic Association featured work by several AAO members. For your convenience, those articles are summarized in the chart below.

<table>
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<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Hope Tobeys, DO; Tyler Lucas, BS; Douglas Bledsoe, BS; Michael Mykins, BS; Caroline Campbell, BS; Stuart S. Berr, PhD; Todd Sasser, PhD; Richard Helm, PhD; Per Gunnar Brolinson, DO; Bradley G. Klein, PhD; Blaise M. Costa, MPharm, PhD</td>
<td>November 2019</td>
<td>Effect of Osteopathic Cranial Manipulative Medicine on an Aged Rat Model of Alzheimer Disease</td>
<td>This study was designed to demonstrate the influence of an osteopathic cranial manipulative medicine (OCMM) technique, specifically, compression of the fourth ventricle, on spatial memory and changes in substrates associated with mechanisms of metabolic waste clearance in the central nervous system using the naturally aged rat model of Alzheimer’s disease (AD). Significant improvement was found in spatial memory in 6 rats after 7 days of OCMM sessions. The findings demonstrate the molecular mechanism of OCMM in aged rats. This study and further investigations will help physicians promote OCMM as an evidence-based adjunctive treatment for patients with AD.</td>
</tr>
<tr>
<td>Hallie Zwibel, DO, MPH; Joanne DiFrancisco-Donoghue, PhD; Amanda DeFeo, OMS II; Sheldon C. Yao, DO, FAAO</td>
<td>November 2019</td>
<td>An Osteopathic Physician’s Approach to the Esports Athlete</td>
<td>There is a lack of information for osteopathic physicians about the health concerns and appropriate treatment of esports athletes. Because of the sedentary nature of the sport and accompanying poor posture, esports athletes are likely to have musculoskeletal injuries of the neck, back, and upper extremities. Additionally, these athletes may have metabolic disturbances resulting from light-emitting diode computer monitors as well as mental health concerns regarding gaming addiction and social behavior disorders. The authors explore the osteopathic physician’s role in promoting health and reducing injury in this new gaming phenomenon.</td>
</tr>
<tr>
<td>Authors</td>
<td>Month</td>
<td>Title</td>
<td>Description</td>
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<tr>
<td>Charee M. Thompson, PhD, MA;</td>
<td>November 2019</td>
<td>How Long-Acting Reversible Contraception Knowledge, Training, and Provider Concerns Predict Referrals and Placement</td>
<td>Long-acting reversible contraception (LARC) can help mitigate rates of unintended pregnancy because they are the most effective reversible contraceptive methods. This study was designed to understand how a variety of key barriers to LARC placement are related to one another; to identify which of the barriers, when considered simultaneously, predict LARC referral and LARC placement; and to assess the barriers to LARC placement that persist, even when a major barrier, training, is removed. A total of 224 providers participated in the study. Long-acting reversible contraception knowledge, training, and provider concerns were correlated with one another. Training was found to positively predict placement and negatively predict referral when other barriers, such as knowledge and provider concerns, were considered simultaneously. Of providers who were trained to place implants, 18.6% (n=16) said they referred implant placement, and 17.4% (n=15) said they did not place implants. Of providers who were trained to place IUDs, 26.3% (n=26) said they referred IUD placement, and 27.3% (n=27) said they did not place IUDs. Those who referred placement and those who did not place LARCs reported greater barriers (in type and magnitude) to LARC placement than those who did place LARCs. Long-acting reversible contraception knowledge, training, and provider concerns about barriers to LARC placement were interdependent. Even when providers were trained to place LARCs, a significant portion referred or did not place them. Efforts to increase LARC placement need to address multifaceted barriers.</td>
</tr>
<tr>
<td>Maggie M. Dade, OMS IV;</td>
<td></td>
<td>Myofascial Release for Vulvar Pain and Pubic Shear After a Straddle Injury in a 3-Year-Old Girl</td>
<td>Pelvic malalignment is a somatic dysfunction that can lead to pelvic discomfort, despite normal genital examination findings. A 3-year-old girl presented with vulvar discomfort after a straddle injury sustained while riding a tricycle. The symptoms persisted despite standard medical treatment for vulvovaginitis and chronic vulvar irritation. An osteopathic structural examination revealed distortions of the bony pelvis, often associated with genitourinary complaints. After 5 osteopathic manipulative treatment sessions, the patient experienced significant relief. With persistent vulvar pain, somatic dysfunction should be considered in the differential diagnosis. A brief musculoskeletal examination of the pubic tubercles, iliac crest, and iliac spines can help to identify somatic dysfunction in a gynecologic patient with symptoms that are unresponsive to standard treatments.</td>
</tr>
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(continued on Page 13)
Chronic pelvic pain is a common, multifaceted presentation seen daily in primary and specialty care offices. While it is a more common presentation in women (15%-20%), it is also reported in 8% of men. Chronic prostatitis (CP) or chronic pelvic pain syndrome (CPPS) is defined as urologic symptoms and/or pain or discomfort in the pelvic region. Such syndromes may include epididymal pain syndrome, pelvic floor muscle pain, penile pain syndrome, postvasectomy pain syndrome, and prostate pain syndrome. Presenting complaints of CP/CPPS may include penile, testicular, perineal, and lower abdominal pain; pain during or after ejaculation and/or urination; urinary frequency and urgency; sensation of incomplete emptying; and erectile dysfunction. Currently, there are no uniformly accepted treatment regimens, and the pathophysiologic process is not yet understood.
The AAO’s 2019-20 Golden Ram campaign was launched Aug. 1, and as of Oct. 31, we have received $8,547 in donations from 29 donors. That puts us 43% of the way to our goal of $20,000 after only three months! Donate now to help us reach 50% by Dec. 31. Please know that your donations are greatly appreciated.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2019-20 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President’s Club—$2,500 or more
Karen T. Snider, DO, FAAO, FNAOME, and Eric J. Snider, DO
Hannah M. Fine, DO
Eric A. Hegybeli, DO
Kendi L. Quares, DO, PhD, FAAO
Michael G. Knapp, DO
Wesley Beth Reiss, DO
Joel D. Stein, DO, FAAO

A.T. Still Club—$1,000 to $2,499
Hollis H. King, DO, PhD, FAAO, FCA
Paul R. Rennie, DO, FAAO
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Yehudah Jay Sandweiss, DO

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T. Reid Kavieff, DO
Catherine M. Kimball, DO

Vicki Dyson Club—$100 to $249
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J. Yusuf Erskine, DO

Supporter—$99 or less
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Miriam V. Mills, MD
Melinda E. Nevins, DO
Joy L. Palmer, DO
Michael P. Rowane, DO, MS, FAAFP, FAAO

Shut Up and Listen!
Why Doctors Don’t Listen and How They Can be Part of the Cure
Stephen I. Goldman, DO, FAAO, FAOASM
ISBN: 978-1791337841, 112 pp., paperback $17.99 ($16.19, member price)

Based on his experiences as a patient, physician, and educator, Stephen I. Goldman, DO, FAAO, FAOASM, helps bridge the communication gap between doctors and patients. With both heartfelt personal stories and practical advice, Dr. Goldman offers overwhelmed physicians real-world understanding of the problems they face taking care of patients and advice on how they can learn to meet patients “where they are.” In talking to physicians, he also demonstrates how patients can get through to their doctor in order to be “heard” and taken seriously. Shut Up and Listen! shares the perspectives of both doctors and patients, providing profound insight, useful ideas, and helpful strategies to help physicians and patients find a better way to understand each other and meet their health care goals. This book is for everyone!

Order online at www.academyofosteopathy.org/shop. • Members save 10% every day.
Manipulate your way into a good book.

Basic Musculoskeletal Manipulation Skills; The 15 Minute Office Encounter, Second Edition, is a valuable, engaging, crucial tool for any doctor who wants to understand what an office encounter with a patient is all about. With more than 400 photographs, 70 illustrations, and 200 charts, this resource is irreplaceable.

The book is filled with mnemonic devices to help the reader remember what has been learned, arrows on photos that show exactly how a technique is applied and easy to follow charts that enable a doctor to visualize precisely what’s going on. This is more than a good book, it’s the foundation for a good practice.

“This text is unique in its approach. Not only do the clinical chapters give a concise clinical case with physical exam, but they provide a short background of anatomy, ‘red flag’ reminders and straightforward direct techniques. References for the topics are also included.”

- Ann L. Habenicht, DO, FAAO, FACOFP

Past President of the American Academy of Osteopathy

(Excerpt from Foreword, Second Edition)

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www.academyofosteopathy.org/shop
Members Receive a 10% Discount

American Academy of Osteopathy Publications
Course Description
Sometimes referred to as Module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM). FDM is an excellent modality to be used in the clinic, on the field, and in the emergency room for fast and effective results.

While there are some specific FDM techniques, emphasis will be placed on thinking and working in the model while using all manipulative modalities.

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM expands the toolbox you use to help more patients. This modality is valuable for any practitioner and no previous manipulation experience is required.

All medical providers are invited to attend, whether you are a DO, MD, PT, OT, PA, NP, DPM, DDS, DMD, ATC, DC, ND or a certified structural integration specialist.

Course Times
Friday from 5 to 9 p.m.
Saturday and Sunday from 8 a.m. to 5 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Dinner will be provided on Friday. Morning coffee and tea will be provided in addition to lunch on Saturday and Sunday.

Course Location
Midwestern University Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101
19555 North 59th Ave., Glendale, AZ 85308
See campus map (PDF).

Travel Arrangements
See a list of nearby hotels (PDF). Contact Tina Callahan of Globally Yours Travel at (480) 816-3200.

Registration Fees
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<td>or other health care professional</td>
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<tr>
<td>Nonmember resident or intern</td>
<td>$950</td>
<td>$1,000</td>
<td>$1,200</td>
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<tr>
<td>Nonmember student</td>
<td>$550</td>
<td>$600</td>
<td>$800</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature:

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
Releasing the intracranial meninges is an essential and very powerful application for conditions such as motor vehicle accidents, concussion, strokes, chronic meningitis, surgeries, chronic headaches as well as for cerebral palsy, ASD, etc. It can be a challenging endeavor to work on every fiber of the intracranial meninges in 3-D.

In this course, we will use a curved biotensegrity model with 23 labs to release the meninges of the cranium and spinal cord.

The change of tension inside the cranium will modify the tension in the thorax, pelvis and abdomen and, ultimately, the whole-body. This model has been effectively used for patients of all ages, from newborns to the elderly.

Prerequisite
Registrants must have completed an approved 40-hour introductory cranial course or Dr. Chikly's Brain 1 course.

Continuing Medical Education
21 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Director
Bruno Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry.

Dr. Chikly also has the French equivalent of a master's degree in psychology. In 2009, he received a doctorate in osteopathy from CROMON (Holistic Research Center for Osteopathic and Natural Medicine) and AIROP (Italian Association for Postural Occlusion Re-education) in Italy, and he is on the French National Registry of Osteopathy.

Dr. Chikly is an internationally renowned educator, lecturer and writer. He is the author of the book Silent Waves: The Theory and Practice of Lymph Drainage Therapy, as well as the creator of a DVD titled Dissection of the Brain and Spinal Cord, and he is working on a book about osteopathic manipulation and the brain. He lives in Scottsdale, Arizona, with his wife and partner, Alaya.

Registration Form
Brain Advanced: Releasing the Cranial Meninges Using a Biotensegrity Model
March 8-10, 2020

Name: ____________________________ AOA No.: ________________

Nickname for badge: ________________________________________

Street address: ________________________________________________

________________________________________________________________________

City: __________________________ State: _______ ZIP: __________

Phone: __________________________ Fax: ______________________

Email: _______________________________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
**Course Description**

This course will cover the functional associations between the cranial nerves, the sutures, the dura, and the brain. By directly palpating the peripheral branches of cranial nerves, we can evaluate/palpate them for abnormal tension. The nerves are 50% to 90% connective tissue. For example, all three branches of the trigeminal nerve have palpable parts. The maxillary and mandibular branches are often irritated in teeth problems, such as cavities, infections, bite malocclusion, tooth sensitivity, and improper fillings. These branches also supply sensation to the anterior and middle cranial fossa dura. We find osteopathically that teeth problems can affect dural tension. Besides having electrical conduction, the nerves also have fluid flow and nutritive functions.

**Prerequisite**

A basic understanding of functional anatomy and one basic cranial course.

---

**Course Director**

A 1994 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine, Kenneth J. Lossing, DO, served an internship and combined residency in neuromusculoskeletal medicine and family practice through the Ohio University Heritage College of Osteopathic Medicine in Athens. He is board certified in both neuromusculoskeletal medicine and family medicine.

Dr. Lossing studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second through fourth editions of the American Osteopathic Association’s *Foundations of Osteopathic Medicine* textbook.

As the AAO’s 2014-15 president, Dr. Lossing was featured in a segment of “American Health Front!” that focused on osteopathic manipulative medicine.

Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

**Continuing Medical Education**

21 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**

Sunday and Monday from 8:30 a.m. to 6 p.m.

Tuesday from 8:30 a.m. to 4:30 p.m.

**Meal Information**

Breakfast and lunch are on your own. Coffee and tea will be provided.

**Course Location**

The Broadmoor

1 Lake Ave.

Colorado Springs, CO 80906

Make your reservations online with the physician link or student link, or call 855-634-7711 and use booking code AAO2020.

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**Registration Fees**

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<th>On or before Jan. 8, 2020</th>
<th>Jan. 9 through Feb. 20, 2020</th>
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<td>$571</td>
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1 Registrations received after Feb. 20 will be processed on-site, incurring a $150 late fee.

The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

---

**Registration Form**

Cranial Nerve Course

March 8-10, 2020

Name: ___________________________ AOA No.: __________

Nickname for badge: ___________________________

Street address: ___________________________

City: ___________________________ State: _______ ZIP: ________

Phone: ___________________________ Fax: __________

Email: ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

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By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
**Course Description**
In this course, we will approach infant development from the perspective of three integrated systems; visual, vestibular and somatosensory. We will touch on diagnoses such as developmental delay, motor impairments, musculoskeletal dysfunction, altered nervous system processing, somatic dysfunction, and sensory integration difficulties. In the process, we will treat plagiocephaly, torticollis, various shoulder and pelvic girdle dysfunctions as well as autonomic nervous system alterations.

**Continuing Medical Education**
20 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**
- Sunday from 1 to 5 p.m.
- Monday and Tuesday from 8 a.m. to 5 p.m.

**Meal Information**
Breakfast and lunch are on your own. Coffee and tea will be provided.

**Registration Fees**
- Academy member in practice* $828
- Resident or intern member $648
- Student member $468
- Nonmember practicing DO or other health care professional $1,188
- Nonmember resident or intern $918
- Nonmember student $648

*Registrations received after Feb. 20 will be processed on-site, incurring a $150 late fee. ** The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

**Course Directors**
Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at MSUCOM since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook Greenman’s Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and Guiding Principles Award from MSUCOM. She has lectured widely in the U.S. and internationally.

Heather P. Ferrill, DO, MS MEdL, a 2000 graduate of the Michigan State University College of Osteopathic Medicine (MSUCOM), is the department chair and a professor of osteopathic principles and practices (OPP) at the Rocky Vista University College of Osteopathic Medicine. Board-certified in family practice and neuromusculoskeletal medicine (OMM), her practice emphasizes osteopathic manipulative treatment in the pediatric population. Dr. Ferrill serves on the AAO’s Board of Governors and the International Affairs Advisory Council.

**Course Location**
The Broadmoor
1 Lake Ave.
Colorado Springs, CO 80906
Make your reservations online with the physician link or student link, or call 855-634-7711 and use booking code AAO2020.

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (480) 816-320.

**Registration Form**
Pediatric Manual Medicine
March 8-10, 2020

Name: ___________________________ AOA No.: ________

Nickname for badge: ________________________________

Street address: _______________________________________

__________________________________________________

City: _____________ State: _______ ZIP: ___________

Phone: ______________ Fax: _______________________

Email: __________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Embracing Integration: Creativity in Osteopathic Medicine

J’Aimee Anne Lippert, DO
program chair

Learn more or register at www.academyofosteopathy.org/Convocation.

March 11-15 • The Broadmoor • Colorado Springs
**Course Description**
The Motor Nerve Reflex Testing (MNRT) course is the only course currently available that will teach you how to identify the true cause of your patients’ symptoms. MNRT gives you the priority of injuries for each individual based on survival instincts. There are many ways to evaluate, but only MNRT gives you the order in which to treat. Proper Diagnosis is 95% of effective treatment and any medical professional looking to elevate their diagnostic skills should take this course. After this course you will be able to help more of your patients get the relief they are seeking.

**Course Times**
Friday from 8 a.m. to 5 p.m.
Saturday from 7:30 a.m. to 4:30 p.m.

**Continuing Medical Education**
15 credits of AOA Category 1-A CME anticipated.

**Meal Information**
Continental breakfast and lunch will be provided each day.

**Course Location**
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200.

**Registration Fees**

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<td>Nonmember practicing DO or other health care professional</td>
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<td>$1,825</td>
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<td>Nonmember resident or intern</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

**Course Faculty**
Course director Steven Olmos, DDS, an internationally recognized lecturer and researcher, has dedicated the past 30 years to the fields of craniofacial pain, temporomandibular disorder and sleep disordered breathing. He is board certified in craniofacial pain and sleep medicine. He founded the TMJ & Sleep Therapy Centres International and directs research in craniofacial pain and sleep medicine through data collection at 51 centers spanning seven countries.

Mark S. Cantieri, DO, FAAO, of Mishawaka, Indiana, is an AOA board-certified osteopathic manipulative medicine specialist and a fellow of the American Academy of Osteopathy (AAO). He is the chief executive officer of Corrective Care, PC, in Mishawaka. A clinical assistant professor at the Marian University College of Osteopathic Medicine in Indianapolis, Dr. Cantieri has served the osteopathic medical profession in many capacities, including as president of the AAO, as a member of the American Osteopathic Association’s Commission on Osteopathic College Accreditation and as a member of the AOA’s Strategic Planning Committee.

**Course Location**
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200.

**Registration Form**
Motor Nerve Reflex Testing
April 17-18, 2020

Name: ___________________________ AOA No.: ________
Nickname for badge: ___________________________
Street address: ___________________________
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........................................................................
........................................................................
City: ___________________________ State: _____ ZIP: ________
Phone: ___________________________ Fax: __________
Email: ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ___________________________
Cardholder’s name: ___________________________
Expiration date: __________ 3-digit CVN No.: ________
Billing address (if different): ___________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This course is designed to enhance attendees’ palpatory skills (tissue texture, asymmetry and restriction of motion of both somatic and visceral interconnected structures); enhance knowledge of related somatic/visceral anatomy with fascial continuity via traditional Chinese medicine energy channel mapping; and provide a framework for cross-organ symptomatology and somatic dysfunction, bridging gaps between internal medicine subspecialties and neuromusculoskeletal medicine.

Prerequisite
Registrants should have completed a basic cranial course and have a grounding in ligamentous articular strain and visceral techniques.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday.

Course Location
Idaho College of Osteopathic Medicine
1401 E. Central Dr.
Meridian, ID 83642
See campus information.

Travel Arrangements
See a list of nearby hotels. Contact Tina Callahan of Globally Yours Travel at (480) 816-3200.

Registration Form
Viscerosomatic Release: A Systemic Model for Neuromusculoskeletal Medicine
May 1-3, 2020

☐ I confirm I meet the required prerequisite.

Name: __________________________ AOA No.: ____________

Nickname for badge: __________________________

Street address: __________________________

City: __________________________ State: _____ ZIP: ________

Phone: __________________________ Fax: __________________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Introduction to Osteopathic Manipulative Medicine: Integrating OMM Into Clinical Practice and Teaching

June 4-7, 2020 • The Pyramids • Indianapolis

Course Description
This course will:
• provide basic and refresher knowledge and skills for program directors and core teaching faculty who supervise osteopathic manipulative treatment (OMT) in clinics.
• help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies.
• be valuable for clinicians interested in adding OMT to their skill set.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of Greenman's Principles of Manual Medicine, 5th edition.

Course Times
Thursday from 1 to 6 p.m.
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 8 a.m. to 4 p.m.

Continuing Medical Education
28 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided Friday through Sunday, as will lunch.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Course Director
Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAO, Dist, Dr. DeStefano edited the fourth and fifth editions of the textbook Greenman's Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine.

Registration Fees

<table>
<thead>
<tr>
<th>Category</th>
<th>On or before April 30, 2020</th>
<th>May 1–May 30, 2020</th>
<th>On or after June 1, 2020</th>
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<tr>
<td>Academy member in practice*</td>
<td>$784</td>
<td>$834</td>
<td>$984</td>
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<tr>
<td>Resident or intern member</td>
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<td>$634</td>
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<tr>
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</tbody>
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* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Credit card No.: ____________________________
Cardholder’s name: __________________________
Expiration date: ___________  3-digit CVV No.: __________________
Billing address (if different): ____________________________

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“The teaching of the course itself was guided very wisely, carefully, with good examples. It helped me personally to draw a whole picture about integration of OMM in clinical practice.” –Sofio (MD)
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Nov. 14-17, 2019
Osteopathy’s Promise to Children
*Brain-Gut Biome Axis Course: Disturbances in the Immune System*
Course director: J. Yusuf Q. Erskine, DO
Osteopathic Center San Diego
32 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Jan. 10-12, 2020
Osteopathy’s Promise to Children
*First Steps in Osteopathic Manipulative Medicine*
Course director: Raymond J. Hruby, DO, MS, FAAODist
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Jan. 23-26, 2020
Osteopathy’s Promise to Children
*Fluid Flow and the Healing Process*
Course director: Philippe Druelle, DO (F-Qc)
Osteopathic Center San Diego
Learn more and register at the-promise.org/cme/.

Feb. 15-19, 2020
The Osteopathic Cranial Academy
*Midwinter Introductory Course: Osteopathy in the Cranial Field*
Course director: Zinaida Pelkey, DO, FCA
Associate director: Therese M. Scott, DO
Hilton Norfolk The Main in Virginia
Learn more and register at www.cranialacademy.org.

Feb. 21-23, 2020
The Osteopathic Cranial Academy
*Orofacial Development: Merging OCF and Functional Dentistry*
Course director: Eric Dolgin, DO, FCA
Assistant director: Jose Camacho, DO
Hilton Norfolk The Main in Virginia
Learn more and register at www.cranialacademy.org.

April 17-20, 2020
Osteopathy Underground
*The Many Facets of Visceral Treatment: The Biomechanical, Biofunctional, and Biodynamic Approaches to Abdominal Viscera*
Course director: Dana C. Anglund, DO
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
28 credits of AOA Category 1-A CME anticipated
Learn more and register at osteopathyunderground.com.

April 18-20, 2020
Osteopathy’s Promise to Children
*Rule of the Artery 1*
Course director: R. Paul Lee, DO, FAAO, FCA
Hilton Garden Inn San Diego
23.5 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

April 24-26, 2020
Osteopathy’s Promise to Children
*Rule of the Artery 2*
Course director: R. Paul Lee, DO, FAAO, FCA
Hilton Garden Inn San Diego
23.5 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

April 30–May 2, 2020
Osteopathy’s Promise to Children
*Rule of the Artery 3*
Course director: R. Paul Lee, DO, FAAO, FCA
Hilton Garden Inn San Diego
23.5 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

June 6-10, 2020
The Osteopathic Cranial Academy
*June Introductory Course: Osteopathy in the Cranial Field*
Course director: Richard F. Smith, DO
JW Marriott in Houston
Learn more and register at www.cranialacademy.org.

June 11-14, 2020
The Osteopathic Cranial Academy
*Annual Conference: Viola Frymann – Continuing the Legacy: Research and Practice*
Conference director: Hollis H. King, DO, PhD, FAAO, FCA
Associate director: Deborah Heath, DO
JW Marriott in Houston
Learn more and register at www.cranialacademy.org.

July 15-19, 2020
Osteopathy’s Promise to Children
*Foundations of Osteopathic Cranial Manipulative Medicine*
Course directors: R. Mitchell Hiserote, DO; Raymond J. Hruby, DO, MS, FAAODist; and Rebecca E. Giusti, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.