Message From the President

As I write this, I’m sitting in a hotel in La Jolla, California, on the last night of The Osteopathic Cranial Academy’s annual convention. It has been a paradigm-shifting program on the gut-brain axis, and the emerging field of study of the vital importance of a healthy gut microbiome. It has also been a great week of networking, expanding skills and renewing our collective passion for osteopathic manipulative medicine.

Out and About
It has been a busy three months since Convocation. I’ve been fortunate to overlap my role as AAO president with some other roles, and I have represented osteopathic medicine at a variety of events.

In April, I completed my term as the chair of the Educational Council on Osteopathic Principles (ECOP) at the spring meeting of the Association of American Colleges of Osteopathic Medicine (AACOM) in Washington, DC. In the four years that I helmed ECOP, I learned a lot about leadership and motivating a group toward a common goal. I was also deeply impressed with the commitment of our professional educators to improving the curricula at osteopathic medical schools.

ECOP elected new leadership in Chair Rebecca E. Giusti, DO; Vice Chair Deborah Schmidt, DO; Secretary David R. Boesler, DO, FAAO; Parliamentarian Stevan A. Walkowski, DO; and Historian Kurt P. Heinking, DO, FAAO. ECOP is a vital organization in our profession, and I’m proud to leave it in such capable hands as these.

Later in April, I attended the Oklahoma Osteopathic Association convention in Oklahoma City. After an extremely hospitable welcome, I presented on the PRO-

OMED Program Focuses on “Osteopathy for All”

Join us in Baltimore Oct. 25-28 for the AAO’s program at OMED 2019, “Osteopathy for All,” chaired by Sarah Jean James-Miner, DO, and David C. Mason, DO, MBA, FACOFP. The AAO’s 2019 program will focus on the current evidence for osteopathic principles and practice and the incorporation of osteopathic manipulative treatment into daily clinical practice. The program will be approachable for all skill levels through the lens of many different specialties. The AAO is partnering with several specialty colleges to provide high-quality, evidence-based lectures and hands-on instruction from clinicians with clinical experience in internal medicine, neurology, psychiatry, obstetrics and gynecology, pediatrics, family medicine, sports medicine, and addiction medicine.

(continued on Page 2)
President’s message (continued from Page 1)

MOTE study on osteopathic manipulative treatment during pregnancy.

In May, I was honored to represent the American Osteopathic Association at the Jaseng International Conference in Seoul, South Korea. This conference included presentations by the AOA contingent, including OMT for common ophthalmic conditions by AOA President William Mayo, DO. We learned about chuna, the traditional Korean manual therapy, and toured the Jaseng facility and herbal dispensary. I took a few days off to tour around Seoul, guided by Yein Lee, DO, one of my colleagues at the Texas College of Osteopathic Medicine. Seoul is an amazing city, and it was great fun to learn about the culture, history and food.

June started with the National Institutes of Health’s National Center for Complementary and Integrative Health Advisory Council, and finally here at OCA. AAO Board of Trustees member Richard G. Schuster, DO, presented during the OCA conference on treatment of the abdominal visceral ganglia.

Through these travels, I’m finding that while there are many issues with passionate, disparate opinions, there remains more that unites us than divides us. We are all committed to a strong osteopathic profession, building an evidence base for the difference that osteopathic medicine provides to our patients, and continuing to improve the education of our future physicians.

I’m keeping these common goals in the forefront of my mind as we move into July with the AAO’s Board of Trustees’ meeting and the AOA’s House of Delegates. The board will be discussing all the resolutions submitted to the House, along with proposed revisions to our bylaws and our scheduled educational programs. We’re expecting some divisive issues at the House of Delegates with lively debate. My fervent hope is that at the end of the meeting, we continue to stand united as a strong osteopathic profession.

Leadership Nominations

An email was sent out to the membership asking for submissions of names as candidates for leadership positions. In case you don’t know how this works, if you want yourself or someone else considered for a position, you can submit their names. The AAO’s Nominating Committee then considers these candidates, taking into account experience, past performance, and the requirements of the office for which the candidate is being considered. The Nominating Committee then constructs the list...
The American Osteopathic Association’s annual OMED conference is the world’s largest gathering of osteopathic physicians, and it offers a variety of events for attendees of all experience levels.

**OMED Speakers**

Garner Research Awards

In the AOA’s research focus track, introduced in 2016, the AOA sponsors individual speakers from various programs rather than developing a competing track. We are proud to announce that four of the six awards, which are granted to speakers who are disseminating the latest evidence-based research in their fields, were bestowed on AAO speakers: Kristina Heimerl, PharmD, BCACP, will address the facts and perceptions of medical marijuana; Maggie Larson, DO, FM, will discuss osteopathic manipulative treatment for obstetrical patients; Sharon Gustowski, DO, MPH, will provide a novel approach to osteopathic cranial manipulative medicine; and Daniel A. Clearfield, DO, MS, CAQSM, will consider a whole-body approach to concussion and traumatic brain injuries.

**OMED Registration**

When you register online at [omed.osteopathic.org](https://omed.osteopathic.org), indicate the AAO as one of the participating specialty groups whose program you will attend so that AAO receives a portion of your registration fee. This shared revenue allows the AAO to continue providing its excellent programming to attendees. (Although you can select up to four specialty groups, the fewer specialties you select, the greater the revenue share per association.)

**AAO Schedule at OMED 2019**

Joint sessions will be held with the American College of Osteopathic Pediatricians (ACOP), the American College of Osteopathic Family Physicians (ACOFP), the AOA Bureau on Scientific Affairs and Public Health (BSAPH), the American Osteopathic Academy of Sports Medicine (AOASM), the American College of Osteopathic Neurologists and Psychiatrists (ACONP) and the American Osteopathic Academy of Addiction Medicine (AOAAM).

Mark your calendars for the sessions listed below. The schedule is subject to change, so be sure to stay updated at [www.academyofosteopathy.org/OMED](http://www.academyofosteopathy.org/OMED).

### Time | Title | Presenter(s)
--- | --- | ---
Fri., Oct. 25 9:30-11 a.m. | “Medical Marijuana and CBD: Perceptions vs. Facts” | Kristina Heimerl, PharmD, BCACP  
*Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research*

11 a.m.-noon | 46th annual Thomas L. Northup Lecture: “Transitions: Our Own, Our Patients’, Our Profession’s” | Doris B. Newman, DO, FAAO

1-2 p.m. | “OMT Over Opioids: Osteopathic Manipulative Treatment in the Urgent Care Setting” | Michael A. Conte, DO

2-3 p.m. | “OMT in the Obstetrical Patient Encounter” | Maggie Larson, DO, FM  
*Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research*

3-4 p.m. | “The Impact of Simple Osteopathic Techniques in Hospitalized Patients” | Victor I. Pulido, DO

4-5 p.m. | “Osteopathic Treatment of Psychiatric Patients” | Helene Alphonso, DO, FAPA

(continued on Page 5)
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2019

July 4  Independence Day—AAO office closed  Oct. 19  Committee on Fellowship in the AAO’s meeting—Indianapolis
July 11  AAO Publications Committee’s teleconference—7 p.m. Eastern  Oct. 25-28  AAO at OMED 2019: “Osteopathy for All”—Sarah Jean James-Miner, DO, program chair, and David C. Mason, DO, MBA, FACOFP, program co-chair—Baltimore Convention Center
July 11  AAO Membership Committee’s teleconference—8 p.m. Eastern
July 20-21  AAO Board of Trustees’ meeting—Indianapolis
July 22  SAAO Executive Council teleconference—7 p.m. Eastern  Nov. 9
Aug. 2-3  AAO Education Committee’s meeting—Indianapolis  Nov. 15-17  “Traditional Osteopathic Techniques of Carl Philip McConnell, DO”—Richard G. Schuster, DO, course director—Ohio University Heritage College of Osteopathic Medicine in Dublin
Aug. 2-3  SAAO Executive Council’s meeting—Indianapolis  Nov. 28-29
Aug. 16-18  “Myofascial Release”—Lisa Ann DeStefano, DO, course director—The Pyramids in Indianapolis  Dec. 11  Thanksgiving holiday—AAO office closed
Aug. 21  Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern  Dec. 6-8  “Return to Vitality: Circulation, Respiration”—Kenneth J. Lossing, DO, course director—UNTHSC Texas College of Osteopathic Medicine
Sept. 2  Labor Day—AAO office closed

Touro University Nevada
College of Osteopathic Medicine

Full-Time, Assistant Professor Faculty Position

Touro University Nevada College of Osteopathic Medicine (TUNCOM) is seeking qualified osteopathic physicians (D.O.) for a full-time assistant professor position in the Department of Osteopathic Manipulative Medicine. Responsibilities include teaching osteopathic medical students the principles of osteopathic manipulative medicine both in the classroom and clinic settings and in providing support for program development.

MINIMUM QUALIFICATIONS:
1. Osteopathic Physician, graduate of an AOA-approved osteopathic medical college;
2. Experience teaching and utilizing a variety of osteopathic manipulative medicine techniques;
3. Licensed or eligible for licensure to practice medicine in the state of Nevada;
4. Proficient in basic communication tools including email, Word and PowerPoint

PREFERRED QUALIFICATIONS:
The ideal candidate is preferred to be certified in Neuromusculoskeletal Medicine / Osteopathic Manipulative Medicine or Special Proficiency in Osteopathic Manipulative Medicine though candidates who have proven experience in providing high level osteopathic manipulative medicine services will be considered.

SALARY:
Commensurate with experience.

Learn more about Touro at tun.touro.edu
Apply on-line at https://touro.peopleadmin.com/postings/search
For more information, please contact:
Mrs. Theresa Bruscella
(702) 777-4740
theresa.bruscella@tun.touro.edu

For more information, please contact

2019

Gorgeous canyons, the iconic Las Vegas Strip, a passionate sports town, and thriving community are a few reasons why you will like to call Southern Nevada home. You will be a part of a growing landscape when you join us.

Touro University Nevada is located in Henderson, Nevada – named the second safest city in America by Forbes magazine and “Best Places to Live in America” by Money magazine.
<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Presenter(s)</th>
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<tr>
<td><strong>Sat., Oct. 26</strong></td>
<td><strong>Joint session with AOAAM:</strong></td>
<td>Joseph Dekker, DO, FAOAAM</td>
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<tr>
<td>8-9:30 a.m.</td>
<td>“Non-narcotic Pain Management for People in Recovery Including OMM”</td>
<td>Joseph Dekker, DO, FAOAAM</td>
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<tr>
<td>9:30-10:30 a.m.</td>
<td>“Demystifying Cranial (OCMM): A Biomechanical Approach”</td>
<td>Sharon Gustowski, DO, MPH, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
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<tr>
<td>10:30 a.m.-noon</td>
<td><strong>Joint session with ACOP:</strong></td>
<td>A. Hope Tobey, DO</td>
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<tr>
<td></td>
<td>“What a Pain! OMT for Pediatric Rheumatology Cases”</td>
<td>A. Hope Tobey, DO</td>
</tr>
<tr>
<td>1:30–4 p.m.</td>
<td><strong>Joint session with AOASM:</strong></td>
<td>Joseph Dekker, DO, FAOAAM</td>
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<td></td>
<td>OMT from the Sidelines to the Clinic (Case Presentations)</td>
<td>Joseph Dekker, DO, FAOAAM</td>
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<tr>
<td><strong>Sun., Oct. 27</strong></td>
<td><strong>Joint session with ACOFP, ACONP, ACOP, and the AOA Bureau of Scientific Affairs and Public Health</strong></td>
<td>Audrey Stillerman, MD, Daniel Taylor, DO, Marla Kushner, DO</td>
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<tr>
<td>8-10 a.m.</td>
<td>“Healing Safely: Addressing ACEs and Trauma Across the Life Span”</td>
<td>Audrey Stillerman, MD, Daniel Taylor, DO, Marla Kushner, DO</td>
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<td></td>
<td>Panel discussion</td>
<td>Audrey Stillerman, MD, Daniel Taylor, DO, Marla Kushner, DO</td>
</tr>
<tr>
<td>10 a.m.-Noon</td>
<td><strong>Joint session with ACOFP and ACOP</strong></td>
<td>Audrey Stillerman, MD, Daniel Taylor, DO, Marla Kushner, DO</td>
</tr>
<tr>
<td>10-10:30 a.m.</td>
<td>“Introductions and Advisory Committee on Immunization Practice Updates”</td>
<td>Stan Grogg, DO, FACOP, FAAP</td>
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<tr>
<td>10:30-11 a.m.</td>
<td>“Pediatric Immunizations”</td>
<td>Scott S. Cyrus, DO, FACOP</td>
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<tr>
<td>11-11:30 a.m.</td>
<td>“Use of Adjuvants for Vaccines”</td>
<td>Greg Sylvester, MD</td>
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<tr>
<td>10 a.m.-Noon</td>
<td>Question and answer panel discussion</td>
<td>Stan Grogg, DO, FACOP, FAAP</td>
</tr>
<tr>
<td>1:30-5 p.m.</td>
<td><strong>Joint session with ACOFP, ACOP, and AOASM</strong></td>
<td>Daniel A. Clearfield, DO, MS, CAQSM, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
</tr>
<tr>
<td>1:30-2:30 p.m.</td>
<td>“Advantages of Office-Based Ultrasound”</td>
<td>Daniel A. Clearfield, DO, MS, CAQSM, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
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<tr>
<td>2:30-3:30 p.m.</td>
<td>“Return to Play/Work: Postconcussion and DDX”</td>
<td>Daniel A. Clearfield, DO, MS, CAQSM, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
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<tr>
<td>3:30-5 p.m.</td>
<td>“Concussion and Traumatic Brain Injury OMT: A Whole-Body Approach”</td>
<td>Daniel A. Clearfield, DO, MS, CAQSM, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
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<tr>
<td><strong>Mon., Oct. 28</strong></td>
<td><strong>Physician Wellness Day</strong></td>
<td>Daniel A. Clearfield, DO, MS, CAQSM, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
</tr>
<tr>
<td>9 a.m.-5 p.m.</td>
<td>Unified program with multiple specialties:</td>
<td>Daniel A. Clearfield, DO, MS, CAQSM, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
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<td></td>
<td>Plan to attend a full day of important lectures for your professional and personal needs.</td>
<td>Daniel A. Clearfield, DO, MS, CAQSM, Presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research</td>
</tr>
</tbody>
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**Submit Member News**

Have you or a colleague done something noteworthy? Submit news items to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org to be included in the next issue of AAO Member News.
Grant Mentoring and Career Development

The Young Investigator Initiative (YII) is a grant mentoring and career development program that aims to increase the pipeline of clinician and basic scientists undertaking musculoskeletal research studies. The purpose of the Young Investigator Initiative program is to provide experienced and supportive mentoring in how to construct a well-founded research proposal and secure funding for basic, translational or clinical research. The program has engaged over 400 participants, of which more than half have obtained grant funding totaling over $421 million for 1,492 new musculoskeletal research studies.

To better enable clinical research in the musculoskeletal diseases performed by young investigators to keep pace with the increasing burden of these diseases, the U.S. Bone and Joint Initiative (USBJI) and Bone and Joint Canada (BJC) offer this multi-disciplinary program consisting of workshops and mentoring to provide early-career clinical investigators an opportunity to work with experienced researchers to assist them in securing funding.

The unique aspect of this program is the opportunity for attendees to maintain a relationship with a mentor until their application is funded. A benefit of participation is the interdisciplinary exchange of knowledge that takes place and understanding of the importance of collaborations.

Many musculoskeletal diseases are the object of participants’ proposed research. The most prevalent musculoskeletal diseases are those most commonly addressed. Participants represent most specialties and allied health professionals investigating musculoskeletal disorders. Participants obtain funding from a variety of funding agencies and organizations.

The YII provides opportunities to investigators who will become thought-leaders in their discipline, working on innovations to improve care.

How to Apply
This program is open to promising junior faculty or senior fellows or postdoctoral researchers who have been nominated by their department or division chairs. It is open to senior fellows or residents who are doing research and have a faculty appointment in place or confirmed.

Workshops take place in the Spring and in the Fall. Applications are due by Jan. 15 and by July 15. Apply now.

Committee Corner

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteo.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

All committee chairs have been asked to submit a report of their committees’ activities and recommendations for the July AAO Board of Trustees’ meeting by July 8.

During its teleconference on June 6, the AAO Publications Committee continued to discuss the future of The AAO Journal and a recent book proposal. After the meeting, members voted via e-ballot to suggest the AAO Board of Trustees add two new titles to the AAO’s online store.

At its ZOOM web conference on June 13, the AAO Bylaws Committee reviewed proposed additions and updates to the AAO Constitution and Bylaws. The committee reviewed minor updates to the constitution and bylaws including the name change of the Postgraduate American Academy of Osteopathy to the Resident American Academy of Osteopathy. The committee also is considering the language to be included which would allow allopathic physicians to be full members of the AAO.

The Committee on Fellowship in the AAO held its regular teleconference on June 19 to evaluate documents for case history three and the third draft thesis from FAAO candidates in the 2018-20 cycle. At its next meeting in August, the committee will evaluate the first draft thesis and case history one submitted by candidates in the 2019-21 cycle.

The Executive Council of the Resident American Academy of Osteopathy held a teleconference on June 20 to discuss the RAAO track proposal for next year’s Convocation, focusing on developing a cohesive program for residents that would allow both those considering applying for an ONMM residency and those graduating to have opportunities to network. Attendees additionally discussed the need to work in collaboration with The Osteopathic Cranial Academy to bring awareness to the negative impact of removing the requirement for a 40-hour cranial manipulative medicine course on osteopathic neuromusculoskeletal medicine residents.
2018-19 Golden Ram Campaign Surpasses Goal

The AAO’s 2018-19 Golden Ram campaign, which launched July 1, 2018, and closes July 30, 2019, has collected donations totaling $25,393.50 from 71 donors as of June 24, 2019. We have exceeded our goal of $20,000, but PLEASE, continue to give! Your donations are greatly appreciated.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2018-19 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President’s Club—$2,500 or more
Gary L. Ostrow, DO
Christopher McCord Stephenson, DO
Damon M. Whitfield, DO

A.T. Still Club—$1,000 to $2,499
Boyd R. Buser, DO
Hollis H. King, DO, PhD, FAAO, FCA
Paul R. Rennie, DO, FAAO
Akiyoshi Shimomura, DO (Hon.) (Japan)
John P. Tortu, DO

T.L. Northup Club—$500 to $999
Michael S. Carnes, DO, FAAO
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Dennis J. Dowling, DO, MA, FAAO
Sharon Gustowski, DO, MPH
David M. Musgrave, DO
Bonnie J. Sendzicki, DO
Karen T. Snider, DO, FAAO, FNAOME, and Eric J. Snider, DO
Edward G. Stiles, DO, FAAODist
Sheldon C. Yao, DO, FAAO

Louisa Burns Club—$250 to $499
Kerry E. Aignello, DO
Robert N. Aignello, DO, FACOFP
Charles A. Beck, DO, FAAO
Michael A. Chipman, DO
Stephen M. Ellestad, DO
Donald V. Hankinson, DO
Huy Hoang, DC, MD
Catherine M. Kimball, DO
Carol L. Lang, DO, and James Steichen
Wesley C. Lockhart, DO
Tamara M. McReynolds, DO
Sherri L. Quarles
Michael P. Rowane, DO, MS, FAAFP, FAAO
Richard G. Schuster, DO
William H. Stager, DO, MS, MPH, FAAFP, FAAO, FACOFP

Vicki Dyson Club—$100 to $249
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Stephen D. Blood, DO, FAAODist
Millicent King Channell, DO, FAAO
Leslie M. Ching, DO
Elizabeth C. Clark, DO
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Kendi L. Hensel, DO, PhD, FAAO
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Chris C. Peine, DO
Phillipp Richter, DO (Belgium)
Eric Schneider, DO, and Therese Schneider
Janet E. Secor, DO
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Jonathon R. Kirsch, DO
Gail E. Lamb, DO
Merideth C. Norris, DO
Sun F. Pei, DO
Ian Schofield, DO (UK)
Ava C. Stanczak, DO
Devorah G. Steinecker, DO
Membership Announcements

2019-20 Dues Payments Due July 31
Dues notices were mailed to all active members the last week of May. Payments are due by July 31. Your prompt payment enables the AAO to budget accurately for the coming year, and it allows you uninterrupted access to the AAO member benefits you rely on.

Log in to your account at www.academyofosteopathy.org to pay your dues securely online following the steps below, or you can mail your payment to the American Academy of Osteopathy at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

To pay your dues online:
1. From the Profile page, select My Account Balance in the left-hand menu.
2. Click View Open Invoices.
3. Select the invoice(s) you want to pay.
4. Click View Cart.
5. Click Update Settings to confirm your membership data. On Page 1 of the membership information, confirm your Membership Type is correct to ensure you will be charged the appropriate fee.
6. Click Save Application on Page 7 of the membership information.
7. Click on Start Checkout and follow the on-screen instructions to complete the process.
8. A receipt will be emailed to you at your primary email address.

To make a donation to the Golden Ram Society, the Nicholas S. Nicholas Fund or the Anne L. Kempf Fund, you may add it to your shopping cart along with your membership renewal and check out in a single transaction.

If you have any questions, contact AAO Finance and Membership Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

Update Profile and Privacy Settings
When you log in to the website to pay your dues, take a look at your profile information (Profile > My Profile). Be sure to update your contact information to ensure you receive important notices. In addition, there are three levels of privacy: private, which means the information is viewable only by you and administrators; members only, viewable by all AAO members when they are logged in to the site; and public, viewable to all visitors. You can update these settings by clicking Edit Profile and choosing Privacy.

To appear in the AAO’s Find a Physician search, users must make their basic information public.

AAO staff members are happy to answer any questions about the website. Call the office at (317) 879-1881 between 8 a.m. and 5 p.m. Eastern, Monday through Friday.

Online Physician Search
Prospective patients use the internet to find providers, and when they’re looking for neuromusculoskeletal medicine specialists, the AAO is where they turn. Follow the steps below to ensure your listing appears in the AAO’s Find a Physician search. All Academy physicians in practice may be included in the AAO’s Find a Physician search.

1. Log in to your profile at www.academyofosteopathy.org.
2. Click on Edit Profile.
3. On the Contact Info tab, enter your business information as your Primary Address and select the Show in Search check box. To ensure the business phone number appears in the listing, check the Searchable box (on the right).
4. On the Employment Info tab, specify your primary and secondary specialties.
5. On the Privacy tab, change the setting for Basic Information to Public.
6. Click Save All Changes.

Continuing Studies: The Nose and Throat
Andrew Goldman, DO, Course Director
October 4–6, 2019
University of New England COM | Biddeford, Maine

This will be an in-depth exploration of the nose, mouth and throat. We will hear anatomy lectures from Frank Willard, PhD and Mark Schuenke, PhD. There will be special dissections relevant to the course that will be on display for the participants during the extended lunch hour of the second day of the course.

SCTF faculty will present lectures and labs with practical information for treatment of the mid-face, mouth and throat. This course follows The Eye in 2016 and The Ear in 2017. Both of these courses were excellent and very well received. This course will also keep to that high standard and will be full of useful information and experiences. We’re looking forward to sharing it!

Prerequisites: 2 Approved Basic Courses; 1 of which must have been an SCTF Basic Course
CME: 18.5 hours 1-A CME Anticipated
Course Tuition: $825 before August 3rd | $875 after August 3rd
Lodging: Group Lodging at Holiday Inn Express, Saco
45 Barra Rd. | Biddeford, ME
Call 207-294-6464 – Identify Group Code SCTF for group pricing
Contact: Susan — lemastersctf@gmail.com
phone: 971-212-1096     fax: 503-905-6050
Nominations for A.T. Still Medallion of Honor Due Aug. 1

The Andrew Taylor Still Medallion of Honor is awarded to members of the osteopathic profession for outstanding accomplishments in scientific or professional affairs. The Academy cherishes the Andrew Taylor Still Medallion of Honor as its highest award and grants it to deserving members only after careful consideration and investigation. The 2020 recipient of the award will be invited to speak at the president’s banquet on Saturday, March 14, at The Broadmoor in Colorado Springs, Colorado. Members of the Academy or its component societies are invited to petition the AAO’s Board of Trustees to nominate individuals for this prestigious award. Submit your nomination by Aug. 1. Download the form now.

Members in the News

The May and June 2019 issues of The Journal of the American Osteopathic Association featured work by several AAO members. For your convenience, those articles are summarized in the chart below.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
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<tbody>
<tr>
<td>Vivian J. Levy, DO, MPH; Christina T. Holt, MD, MSc; Amy E. Haskins, PhD</td>
<td>May 2019</td>
<td>Osteopathic Manipulative Medicine Consultations for Hospitalized Patients</td>
<td>Although osteopathic manipulative treatment (OMT) is predominantly known for its benefits in improving musculoskeletal pain, many studies have examined the effects of OMT on hospitalized patients with a variety of conditions, showing improved outcomes in conditions such as pneumonia, postoperative and postpartum recovery, preterm newborn recovery, and newborn feeding dysfunction. This descriptive study was conducted to determine the reasons osteopathic manipulative medicine (OMM) consultations are being ordered at a tertiary care teaching hospital. A retrospective review examined data on all OMM consultations between Jan. 1, 2015, and June 30, 2015, and found that the majority of inpatient OMM consultations were placed for musculoskeletal complaints, followed by newborn feeding problems. Although it is clear that some physicians think that OMT will help their patients for the aforementioned conditions, the number was still quite low, suggesting that many physicians may be unaware that OMT can help patients with conditions such as respiratory disorder, postoperative recovery, and constipation. There are many opportunities for treatment teams to order OMM consultations as a way to reduce morbidity in their patients.</td>
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<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Kimberly Michele Hower, OMS IV; Clipper F. Young, PharmD, MPH, CDE, BC-ADM; Alesia Wagner, DO; Dean Thorsen, PhD, DO; Joy Dugan, DHSc, MPH, PA-C</td>
<td>May 2019</td>
<td>Can Osteopathic Medical Students Accurately Measure Abdominal Aortic Dimensions Using Handheld Ultrasonography Devices in the Primary Care Setting?</td>
<td>The US Preventive Services Task Force (USPSTF) recommends a one-time ultrasonography (US) screening for abdominal aortic aneurysm (AAA) to reduce AAA-specific mortality in men aged 65 to 75 years who have ever smoked. A 2015 study concluded that less than 50% of at-risk primary care patients are screened for AAA. To increase screening rates, it would be beneficial to train other health care professionals in accurately measuring abdominal aortic dimensions. This study found that properly trained, osteopathic medical students can accurately measure abdominal aortic diameters using a handheld US device. Training more medical students in ultrasonography would offer increased screening opportunities and possibly reduce AAA-related mortality.</td>
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<td>Raymond J. Hruby, DO, MS, FAAODist</td>
<td>June 2019</td>
<td>Management of Temporomandibular Disorders: New Opportunities for Osteopathic Medicine?</td>
<td>In this editorial introducing the June 2019 issue of the JAOA, Dr. Hruby highlighted an article about an osteopathic approach to temporomandibular joint disorder. Dr. Hruby is the scientific editor emeritus of The AAO Journal.</td>
</tr>
<tr>
<td>Karlbuto Alexandre, OMS IV, and Millicent King Channell, DO, MA, FAAO</td>
<td>June 2019</td>
<td>Osteopathic Approach to the Treatment of a Patient With an Atypical Presentation of Coccydynia</td>
<td>In this case report, a 21-year-old man with atypical coccydynia that radiated bilaterally to his thigh and lower back came for treatment 10 years after coccyx trauma. The patient was treated with osteopathic manipulative treatment to alleviate somatic dysfunctions diagnosed in the head, cervical, thoracic, lumbar, and sacral regions. At follow-up visits, the patient described a reduction in his pain symptoms from an initial 5 out of 10 to 3 out of 10 on his third visit. This case report outlines the importance of using a holistic approach when treating patients and advocates for using OMT as a viable treatment option for patients with coccydynia.</td>
</tr>
<tr>
<td>Michael McAree, OMS II; Alexis Dunn, OMS II; Jared Furtado, OMS II; Clinton Timmerman, OMS II; Zachary Winchell, OMS II; Radhika Rani, OMS II; Jennifer Farah, OMS II; Lauren J. Crispino, OMS II</td>
<td>June 2019</td>
<td>Osteopathic Cranial Manipulative Medicine and the Blood-Brain Barrier: A Mechanistic Approach to Alzheimer Prevention</td>
<td>Recent studies have demonstrated that blood-brain barrier (BBB) dysfunction may be implicated in the pathogenesis of Alzheimer disease, thus establishing a link between disease manifestation and compromised neurovasculature. The authors identify relationships between Alzheimer disease and BBB breakdown, the response of the BBB to increased cerebral blood flow and shear stress, and the impact of osteopathic cranial manipulative medicine on cerebrovascular hemodynamics. They propose and review a rationale for future research to evaluate osteopathic cranial manipulative medicine as a preventive treatment for patients with illnesses of neurovascular origin.</td>
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Members in the news (continued from Page 10)

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<td>Simone Easterbrook, OMS III; Jordan Ann Keys, DO; Joel Talsma, MS; Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME</td>
<td>June 2019</td>
<td>Osteopathic Manipulative Treatment for Temporomandibular Disorders</td>
<td>In this OMT Minute, Dr. Keys demonstrates using muscle energy techniques, targeting the muscles of mastication, to correct somatic dysfunctions associated with temporomandibular joint disorder.</td>
</tr>
</tbody>
</table>

Janine R. Appleton, OMS II, from the Edward Via College of Osteopathic Medicine in Blacksburg, Virginia, won first place with her research presentation in the Case and Research Poster and Podium Presentations at the American Osteopathic Academy of Sports Medicine’s 2019 Clinical Conference, which was held May 1-6 in Austin, Texas. Natalie A. Hyppolite, DO, also from Blacksburg, took second place in the case study poster category.

Congratulations to the SAAO members who took first, second and third place at the Educating Leaders 2019 poster session, which was hosted by the American Association of Colleges of Osteopathic Medicine April 10-12 in Washington, DC: Jordan Alicia Johnstone, OMS II, from the Western University College of Osteopathic Medicine of the Pacific-Northwest; Mitchell Lyman Gleed, OMS IV, from the Midwestern University Arizona College of Osteopathic Medicine; and Nikki Ann Reyes Medina, OMS II, from the Arkansas College of Osteopathic Medicine.

A May 14 story in The DO provided guidance for physicians who want to specialize in osteopathic manipulative medicine. In the story, Matthew Brandon Barker, DO, from the University of North Texas Health Science Center in Fort Worth, and Mark H. Thai, DO, from the Oklahoma State University Center for Health Sciences share their advice.

The second cohort of the American Association of Colleges of Osteopathic Medicine’s Senior Leadership Development Program, including member Laura M. Rosch, DO, and mentor Wolfgang Gerhard Gilliar, DO, met during AACOM’s Educating Leaders conference, which was held April 10-12 in Washington, DC. The SLDP assists COM faculty, specifically new, experienced or potential deans, to develop and enhance critical leadership and management competencies. Dr. Rosch is the dean for the Joplin, Missouri, campus of the Kansas City University College of Osteopathic Medicine, and Dr. Gilliar is the dean of the Touro University Nevada College of Osteopathic Medicine.

Daniella Owusuwaah, OMS I, from the Ohio University Heritage College of Osteopathic Medicine in Dublin, is one of four first-year students from OU-HCOM who are the newest participants in the OhioHealth Physician Diversity Scholars Program. The program aims to encourage, guide, and support medical students from underrepresented minority backgrounds by pairing them with physician mentors from the OhioHealth system.

The West Virginia School of Osteopathic Medicine now offers an elective for students that addresses clinical nutrition and culinary medicine. Hayden Gregory Moore, OMS IV, and Victor Michael Rendon, OMS IV, were among the first students to take advantage of the culinary lab, donning aprons and testing their chopping skills to make cucumber salad, black-eyed pea salad and wheat spaghetti with lentils. Robert W. Foster, DO, the dean of WVSOM, said, “We are training students to become physicians who can change a patient’s lifestyle and reverse degenerative diseases.” While nutrition is addressed in the school’s curriculum, the elective is the first time WVSOM has offered in-depth information about culinary medicine. The Register-Herald, of Beckley, West Virginia, carried the story.

AAO Trustee Millicent King Channell, DO, FAAO, of Stratford, New Jersey, was a coauthor of “Chronic Abdominal Pain: Tips for the Primary Care Provider,” which appeared in the January/February 2019 issue of Osteopathic Family Physician. In the article, the authors review the causes of chronic abdominal pain (CAP), diagnostic workup, osteopathic considerations, special populations experiencing CAP and managing the disease.

Jonathan W. Torres, DO, of Morristown, New Jersey, coauthored “An Osteopathic Approach to Greater Trochanteric Pain Syndrome,” which was published in the May/June 2019 issue of Osteopathic Family Physician. Greater trochanteric pain syndrome, which encompasses greater trochanteric bursitis, tendinopathies affecting the gluteus medius and gluteus minimus, inflammation of the iliotibial band and abductor-adductor imbalance, can be treated with supportive care, corticosteroid injections, extracorporeal shock wave therapy, and home exercises. The authors concluded that emerging treatment approaches, such as osteopathic manipulative medicine,

(continued on Page 12)
In “Osteopathic Techniques for the Lower Extremity,” which was published in the May 2019 issue of The Cranial Letter, Anthony D. Capobianco, DO, presents a variety of osteopathic manipulative treatment approaches for the lower body as he describes a case of a 48-year-old woman with pain in her legs.

The May 2019 issue of The Cranial Letter included “Examining Gait and the Cranium” by Charles A. Beck, DO, FAAO; Joshua Heath Dalton, DO; William Press Powell, DO; Paul K. Hume, ND, DO (New Zealand); Micha M. Sale, PT; and Catherine Beck, LMT, CST, in which the authors discuss the relationship between gait and the cranium.

In June, the American Osteopathic Association announced $1 million in grant funding to 12 projects. Among the recipients are

Jennifer Ashley Belsky, DO, MS, from the Nationwide Children’s Hospital in Columbus, Ohio, for “Exploring Osteopathic Medicine as an Effective Adjunctive Therapy for Pediatric Oncology Patients,” and Kyle Sinclair Burke, OMS II, from the Edward Via College of Osteopathic Medicine (VCOM) in Spartanburg, South Carolina, for “The Effect of Facial Effleurage on Complement C3 in Patients with Acute Rhinosinusitis.” In addition, 2019 Convocation speaker Blaise M. Costa, MPharm, PhD, from the VCOM campus in Blacksburg, Virginia, also received a grant for “Clearance of Brain Metabolic Waste in a Natural Animal Model of Alzheimer’s Disease by Cranial Osteopathic Manipulation.”

AAO Governor Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME, was elected to the board of the Osteopathic Physicians and Surgeons of California (OPSC), and Carrie R. Janiski, DO, MS, ATC, NASM-PES, was appointed chair of OPSC’s Education Committee. Congratulations to Dr. Pierce-Talsma and Dr. Janiski!

At the sixth annual poster competition of the Osteopathic Physicians and Surgeons of California held earlier this year, posters by Student American Academy of Osteopathy members tied for second place. Amber Sei-Ngai Lau, MPH, OMS III, from the Midwestern University Arizona College of Osteopathic Medicine in Glendale was a coauthor of "Delving Into the Inner Psyche: Mood vs. Personality Disorder,” and Elaine Y. Lee, OMS III, and Julie Clarissa Clemenson, OMS III, from the Touro University College of Osteopathic Medicine in Vallejo, California, were coauthors of “A Pilot Study of Peer-to-Peer Ultrasound Training for Undergraduate Medical Students.” The competition also included posters from Parveen Hussain, OMS III, and Sasikanth Nagisetty Ravi, OMS III.

Jesus Sanchez Jr., DO, has been promoted to assistant dean of academic affairs at...
the Western University College of Osteopathic Medicine of the Pacific in Pomona, California. He will join the associate dean of academic affairs in the administration of the preclinical curriculum on campus.

Yeelong Yang, OMS I, wrote an update about his SAAO chapter at the Western University College of Osteopathic Medicine of the Pacific for the California DO, highlighting their participation in the American Osteopathic Association’s DO Day on the Hill, where attendees met with their senators and representatives to discuss issues affecting the osteopathic profession, including direct primary care and the reauthorization of the Teaching Health Center Graduate Medical Education Program. Yang is a student board member for the Osteopathic Physicians and Surgeons of California, which publishes the California DO.

The new A.T. Still Osteopathic Treatment room at the Parsons Family Medicine Clinic in Phoenix, the result of a $10,000 community outreach grant in connection with the 125th anniversary of A.T. Still University, is used to educate the Arizona community about the osteopathic philosophy. Starr Caitlin Matsushita, DO, who volunteered at the clinic while a student at the ATSU School of Osteopathic Medicine in Arizona, gave a tour to representatives of the Arizona Osteopathic Medical Association. The clinic is run by Circle the City, a nonprofit community health organization offering holistic healthcare to people experiencing homelessness. Learn more on Page 25 of the Winter 2019 issue of AOMA Digest.

Ian Zhi-hao Coker, OMS III, was named 2018 Student DO of the Year by the Midwestern University Arizona College of Osteopathic Medicine in Glendale. Coker, who served as the 2018-19 president of MWU/AZCOM’s student chapter of the American College of Osteopathic Family Physicians, served in a General Electric Primary Care Leadership Program at Gateways Cities, Massachusetts, between his first and second years of medical school, and he founded a group during his second year at MWU/AZCOM to supplement nutritional education at Desert Sky Middle School.

In May, the Student Osteopathic Medical Association at the Arkansas College of Osteopathic Medicine hosted its first research symposium. The symposium featured podium and research poster presentation contests, according to a press release. Thirty-four students presented projects with more than 20 faculty members serving as volunteer judges. “These projects focused on public and community health topics embracing the Arkansas Colleges of Health Education’s (ACHE) mission,” Rance L. McClain, DO, FACOFP, FAOASM, ARCOM’s dean, said in the release. “The projects also demonstrated innovative

(continued on Page 14)
AOA Calls for Global Health Research


In conjunction with the seminar, BIOM is sponsoring a global health competition, which is open to all osteopathic medical students and residents in the United States. Applications are due by Aug. 16, 2019.

The competition’s two categories are:

- global health research abstracts (up to 500 words).
- narrative medicine essays related to global health work, including opinions and personal impact (up to 1,500 words).

All entries must be focused on the entrants’ experiences with global health and/or providing health care internationally. Schools/programs must review and attest to approval of each submission. Research projects must also have institutional review board (IRB) approval.

See the BIOM Competition Overview for more information.

In each of the categories, there will be one first-place prize of $750 plus a chance to present your project at the BIOM International Seminar and one second-place prize of $500. In addition, there will be one grand prize to the top overall entrant. This winner will receive an opportunity to present at the BIOM International Seminar and a cash prize of $1,500.

CMS Seeks Public Feedback to Reduce Regulatory Burden for Physicians

The Centers for Medicare & Medicaid Services (CMS) recently issued a Request for Information to solicit new ideas from the medical community on how to continue the progress of the Patients Over Paperwork initiative to reduce administrative regulatory burden under Medicare and Medicaid programs. Regulatory, policy or practice management recommendations to further minimize burden and improve administrative efficiency may include, but are not limited to the following areas:

- modification or streamlining of reporting requirements, documentation requirements, or processes to monitor compliance to CMS rules and regulations;
- aligning of Medicare, Medicaid and other payer coding, payment and documentation requirements, and processes;
- enabling of operational flexibility, feedback mechanisms, and data sharing that would enhance patient care, support the clinician-patient relationship, and facilitate individual preferences; and
- new recommendations regarding when and how CMS issues regulations and policies and how CMS can simplify rules and policies for beneficiaries, clinicians, and providers.

Visit www.federalregister.gov to learn more and to submit a comment before Aug. 12.
Shut Up and Listen!
Why Doctors Don’t Listen
and How They Can be Part of the Cure

Stephen I. Goldman, DO, FAAO, FAOASM

ISBN: 978-1791337841
112 pp., paperback
$17.99 ($16.19, member price)

Based on his experiences as a patient, physician, and educator, Stephen I. Goldman, DO, FAAO, FAOASM, helps bridge the communication gap between doctors and patients. With both heartfelt personal stories and practical advice, Dr. Goldman offers overwhelmed physicians real-world understanding of the problems they face taking care of patients and advice on how they can learn to meet patients “where they are.” In talking to physicians, he also demonstrates how patients can get through to their doctor in order to be “heard” and taken seriously. Shut Up and Listen! shares the perspectives of both doctors and patients, providing profound insight, useful ideas, and helpful strategies to help physicians and patients find a better way to understand each other and meet their health care goals. This book is for everyone!

Stephen I. Goldman, DO, FAAO, FAOASM, was a graduate of Michigan State University and the Des Moines University College of Osteopathic Medicine in Iowa. He completed his internship and family practice residency at Botsford Hospital in Farmington Hills, Michigan. He was a member of the teaching faculty at Beaumont Farmington Hills, and he was an assistant clinical professor in the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine. Dr. Goldman also served as the program director for the ONMM2/Plus One Residency Program at Beaumont Farmington Hills. In addition, he served as a member of the Research and Education Committee of Sports Science and Medicine for United States Figure Skating, and he worked with figure skaters at the local, national, international and Olympic level for more than 20 years.
Now in the AAO’s Online Store

Mindful Relationships: Seven Skills for Success—Integrating the Science of Mind, Body and Brain
B. Grace Bullock
ISBN: 978-1909141704
189 pp., Paperback
$29.50 ($26.55, member price)

Human existence depends on relationships. Our brains rely on interconnected neural networks to function. Our minds relentlessly encode complex matrices of meaning to make sense of the world. And our physical and psychological development is contingent on the social bonds we share with others. Mindful Relationships: The Seven Skills for Success integrates the science of mind, body and brain to reveal how stress undermines these relationships, and what we can do about it. Chronic stress threatens our wellbeing and relationship success by creating systemic dysregulation of the mind, body and brain. This dysregulation leaves us relying on primal defense strategies like ....

The Five Osteopathic Models: Rationale, Application, Integration—From an evidence-based to a person-centered osteopathy
Raymond J. Hruby, editor, American edition
ISBN: 978-1909141681
224 pp., Paperback
$75 ($67.50, member price)

Far from being simply a sequence of techniques, as practiced in many countries, osteopathy is an independent primary health care system based on principles applied through a manual practice: a unique profession that takes care of the whole person through the application of five models (biomechanical, neurological, respiratory-circulatory, metabolic, and behavioral). These conceptual models of the relationship between structure and function allow osteopaths to evaluate treatment with the aim of promoting health rather than curing disease. This book is intended as a manual for both students and osteopathic ....

Foundations of Morphodynamics in Osteopathy
Torsten Liem and Patrick Van den Heede, editors
ISBN: 978-1909141247
703 pp., Hardcover
$110 ($99, member price)

In 35 chapters written by the editors and a team of internationally renowned contributors, the book covers the underlying principles of osteopathic palpation from a biodynamic and “morphodynamic” perspective, and their application in the cranial field and the spinal cord. It emphasises the importance of considering not just the patient’s physical self, but also the inner consciousness. It teaches how to assess tissue-energy characteristics, and to use this understanding in managing the whole patient. The work discusses biophysical, neurobiological and psychological interactions as well as the interplay of developmental dynamics and further epigenetic influences on the organism. As well as the primary respiratory mechanism, various ....

Mindful Relationships
Seven Skills for Success
Integrating the science of mind, body and brain

B. Grace Bullock

The Five Osteopathic Models:
Rationale, Application, Integration—From an evidence-based to a person-centered osteopathy

Raymond J. Hruby, editor, American edition

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Raymond J. Hruby, editor, American edition

Foundations of Morphodynamics in Osteopathy

Torsten Liem and Patrick Van den Heede, editors
Course Description
The goal of this course is to help participants continuously consider the functional reasons for pain and to find function rather than to eliminate pain. This course will help participants acquire a working knowledge of how myofascial release palpatory and treatment techniques can be used alone or in conjunction with other manual medicine methodologies. This course also hopes to help participants in developing the ability to think about specific anatomical areas in three dimensions both statically and dynamically and the ability to assess and treat specific myofascial problems.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided Friday through Sunday. Lunch will be provided Friday and Saturday.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.
Course Description
This course will explore the traditional osteopathic thought, approach and technique of Carl McConnell, DO, a premier osteopathic clinician who, at the time of his death, was thought to have best understood Dr. Still’s teaching. The course is designed to lead participants through approaches requiring increasing palpatory appreciation for precision, specificity and anatomical localization. McConnell understood the osteopathic lesion differently than we currently understand it, which greatly influenced his application and choice of technique. Central to his thought was identifying and treating the “key lesion.” These concepts will be explored in this experientially driven course. This is an intermediate to advanced course intended for experienced clinicians, but all skill levels will benefit from the principles of palpatory precision and discussion of osteopathic philosophy and art.

Prerequisite
Registrants must have an understanding of osteopathic manipulative medicine.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to noon.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided Friday through Sunday. Lunch will be provided Friday and Saturday.

Course Location
Ohio University Heritage College of Osteopathic Medicine
6775 Bobcat Way
Medical Education Bldg. 1, Floor 2
Dublin, OH 43016 (see campus map)

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Course Director
Richard G. Schuster, DO, is in solo private practice in Indianapolis, doing direct primary care and osteopathic manual medicine.

Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994 after completing an undergraduate fellowship in osteopathic principles and practice. He completed a family medicine residency at the Firelands Regional Medical Center in Sandusky, Ohio, and a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO’s 2015 Convocation, Dr. Schuster is a member of the AAO’s Board of Trustees and the AAO’s Education Committee.

Dr. Schuster has a strong interest in medical education, and his academic interests include musculoskeletal medicine, biomechanics and functional anatomy, with an emphasis on how the body transmits and organizes information to coordinate movement.

Registration Fees

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
Vitality is something we experience on a daily basis. We see it in newborns, young children, plants and other living things, yet we have no way to measure it other than comparing it to itself: youth vs. aging, healthy vs. ill, etc.

In this three-day class, attendees will explore the most current scientific research, osteopathic research and clinical practice concerning the respiratory and circulatory functions, which are vital functions and contain vital forces, or vitality. The functions interact and are interdependent, and they feed each other. For instance, over 50% of venous blood flow in the inferior vena cava is respiration dependent. According to Doppler imaging, the pulse of the inferior vena cava moves at the respiratory rate, not the heart rate.

Attendees also will explore the use of “vital forces” as “activating forces” in treatment. Dr. Fulford’s idea of shock in the nervous system will be expanded to include the use of vital forces to treat the shock and expand the concept to the vascular system. Did you know shock is a codeable diagnosis? Dr. Lossing will discuss principles of Dr. Sutherland and Barral along with ideas from traditional Chinese medicine to teach attendees exactly how vitality can be palpated, used in treatment and verified.

Course Times
Friday and Saturday from 8:30 a.m. to 6 p.m.
Sunday from 8:30 a.m. to 3 p.m.

Continuing Medical Education
21 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided each day.

Course Location
UNTHSC Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107
(campus map)

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Form
Return to Vitality: Circulation, Respiration
Dec. 6-8, 2019

Name: ___________________________ AOA No.: ____________

Nickname for badge: ____________________________

Street address: ____________________________

__________________________________________

City: _________________________ State: _____ ZIP: __________

Phone: __________________ Fax: __________________

Email: ___________________________

__________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

□ I am a practicing health care professional.
□ I am a resident or intern.
□ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Cardholder’s name: ____________________________

Expiration date: ___________ 3-digit CVV No.: ____________

Billing address (if different): ____________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
## Component Societies and Affiliated Organizations

### Calendar of Upcoming Events

<table>
<thead>
<tr>
<th>Event Date</th>
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| July 17-21, 2019     | **Osteopathy's Promise to Children**  
*Foundations of Osteopathic Cranial Manipulative Medicine (The 40-Hour Basic Cranial Course)*  
Course director: R. Mitchell Hiserote, DO  
Osteopathic Center San Diego  
40 credits of AOA Category 1-A CME anticipated  
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/). |
| Aug. 9-11, 2019      | **Indiana Academy of Osteopathy**  
*The Dental/Body Connection*  
Course director: Charles A. Beck, DO, FAAO  
Drury Inn Conference Room  
Carmel, Indiana  
20 credits of AOA Category 1-A CME anticipated  
Learn more and register at [www.indianaacademyofosteo.org](http://www.indianaacademyofosteo.org). |
| Aug. 15, 2019        | **Indiana Osteopathic Association**  
*Preconference OMT Workshop: Common Craniosacral Thoracolumbar Treatments in Primary Care*  
Marian University College of Osteopathic Medicine  
Indianapolis  
8 credits of AOA Category 1-A CME anticipated  
Learn more and register at [www.inosteo.org](http://www.inosteo.org). |
| Aug. 16-17, 2019     | **Indiana Osteopathic Association**  
*3rd Annual Summer Update*  
Marian University College of Osteopathic Medicine  
Indianapolis  
15 credits of AOA Category 1-A CME anticipated  
Learn more and register at [www.inosteo.org](http://www.inosteo.org). |
| Sept. 6-8 and Sept. 20-22, 2019 | **The Osteopathic Cranial Academy**  
*2-Weekend Introductory Course in Osteopathy in the Cranial Field*  
Conference director: Zina Pelkey, DO, FCA  
New York Institute of Technology  
College of Osteopathic Medicine  
Old Westbury, New York  
40 credits of AOA Category 1-A CME anticipated  
Learn more and register at [cranialacademy.org](http://cranialacademy.org). |
| Sept. 7, 2019        | **Osteopathy’s Promise to Children**  
*OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary & Immune Systems*  
Course director: Hollis H. King, DO, PhD, FAAO  
Osteopathic Center San Diego  
8 credits of AOA Category 1-A CME anticipated  
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/). |
| Oct. 4-6, 2019       | **The Northern California Academy of Osteopathy**  
*The Cranial Approach of Beryl Arbuckle*  
Course director: Kenneth J. Lossing, DO  
San Rafael, California  
22.5 credits of AOA Category 1-A CME anticipated  
Learn more at [kennethlossing.com/classes](http://kennethlossing.com/classes). |
| Oct. 5, 2019         | **Osteopathy’s Promise to Children**  
*OMT for Systemic Disorders and Physiological Functions: Gastrointestinal & Nervous Systems*  
Course director: Hollis H. King, DO, PhD, FAAO  
Osteopathic Center San Diego  
8 credits of AOA Category 1-A CME anticipated  
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/). |
| Oct. 11-13, 2019     | **Rocky Mountain American Academy of Osteopathy**  
*Osteopathy: From Head to Toe II*  
Course director: R. Paul Lee, DO, FAAO, FCA  
Rocky Vista University College of Osteopathic Medicine  
Parker, Colorado  
21 credits of AOA Category 1-A CME anticipated  
Learn more and register at [ColoradoDO.org](http://ColoradoDO.org).  
Prerequisites: 2 cranial courses or 1 cranial course + 5 years’ experience |

Visit [www.academyofosteo.org/affiliate-cme](http://www.academyofosteo.org/affiliate-cme) for additional listings.