A Message From the President

Happy New Year! I hope that the dawn of 2019 finds you well.

It has been a busy and productive quarter at the American Academy of Osteopathy. There have been a lot of things happening in our profession at a national level, and we have been very attentive to many of them.

First, I want to thank those of you who took the time to respond to proposed changes to the American Osteopathic Association's 2019-21 CME Guide. The comment period closed Dec. 19, and we will let you know if/when the proposed changes are finalized. Once again, we asked, and you answered: Thank you!

In December, I represented the Academy at a meeting of the American Osteopathic Association’s Commission on Osteopathic College Accreditation (COCA). The American College of Osteopathic Family Physicians (ACOFP) has petitioned COCA to reconsider expanding the pool of acceptable candidates for chairs of Departments of Osteopathic Manipulative Medicine at the colleges of osteopathic medicine. OMM chairs currently are required to be certified by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM). We again took the position that OMM chairs at COMs need to have the highest level of training and expertise. AAO President-elect Kendi L. Hensel DO, PhD, FAAO, was also there alongside me representing the American Association of Colleges of Osteopathic Medicine’s Educational Council on Osteopathic Principles (ECOP) with the same position. The meeting had a fair amount of time allocated to this topic, and there were a variety of positions, offered alternatives and concerns on all sides. This was information gathering only—IF there are to be any changes to the statutes proposed, those will be available to us in mid-winter, and they will be published for public comment in the spring. Stay tuned,

Call to Meeting

The American Academy of Osteopathy will hold its annual business meeting and luncheon at the Rosen Shingle Creek in Orlando, Florida, on Thursday, March 14, 2019. The meeting will convene at 11:45 a.m. Eastern time.

Each member who registers for Convocation before March 7 receives one complimentary ticket to the annual business meeting luncheon. Additional tickets may be purchased for $50 each.

Business Meeting Agenda

During the luncheon, the AAO’s president, president-elect, secretary-treasurer and executive director will present their annual reports on the state of the Academy. In addition, the AAO’s Academy Award winner and its Resident of the Year will be honored, and AAO members will vote to recertify the Academy’s component societies.

Although only full members can vote, retired members, associate members, international affiliates, honorary members and supporter members are invited to attend the luncheon.

Election of AAO Leadership Positions

All full members of the Academy, including resident members, are eligible to vote dur-
President's message
(continued from Page 1)

as we may be calling upon you all again to weigh in!

Also in December, I attended a working meeting between the AOA, the American Osteopathic Board of Family Physicians (AOBFP), ACOFP, and AOBNMM. The AOA is proposing that certifying exams develop a tiered approach, starting with an exam that has no osteopathic content. This is to draw in residents who currently avoid the AOA exams for that reason and certify with the American Board of Medical Specialties instead. The AOA is hoping to increase the number of residents—MD and DO—who certify through the AOA. It was a lively and productive meeting, and it was the clear consensus of ACOFP, AOBFP, AAO, and AOBNMM that we are opposed to removing all osteopathic content from certifying exams. (Of course, AOBNMM would remain specifically osteopathic, and continue to have both oral and practical components.) The result of this meeting was the formation of a task force with representation from each of the above constituents. They will be working intensely this winter to come up with a proposal that is satisfactory to all.

At the AAO, we continue to work on creating relevant educational opportunities. We are actively working on alternative platforms and hope to offer some different experiences by mid-year. What kinds of educational opportunities are you looking for? What would meet your needs? Please reach out to me and let me know; give me your ideas.

Remember to be the change you want to see: We want to hear from more of you. Consider volunteering to be on a committee that works on topics of interest to you:

- Osteopathic Medical Economics Committee advocates for and collaborates with other groups—state societies, specialty colleges, AOA—for issues around billing and coding.
- Membership: We want to expand our base. Consider joining to help us expand!
- Osteopathic Education Service: Help us offer educational opportunities around OMM at our meetings. Volunteer to be an educator—we are now being asked to offer OES at other meetings. Help us expand our presence.
- Governance: We always need help reimagining how we are structured and hope to create a leaner, more nimble leadership structure.

Be ready when the call goes out from the AOA for interest in bureaus and councils to put forth your name. Become active in the AOA for your voice to be heard even more loudly!

And lastly, consider coming to our Convocation in March. I may be biased, but I am so excited with the program Dr. Giusti has put together! She has gathered a wonderful collection of scientists, leading osteopathic physicians and great minds—seasoned and familiar as well as new faces—to bring us up-to-date about what is happening on the leading edges of osteopathic medicine! Go online and register today!

Sincerely,

Catherine M. Kimball, DO
2018-19 AAO President
Convocation Deadlines

**Jan. 22—New Ideas Forum Submissions Due**
If you're interested in presenting at the New Ideas Forum on Saturday, March 16, submit your written abstract describing a new idea, trend in medicine, research update, or old idea applied in a new context to Gennie Watts at GWatts@academyofosteopathy.org by Jan. 22.

**Jan. 24—Early Registration Discount Expires**
Be sure to register for the AAO’s 2019 Convocation no later than Jan. 24 to ensure you receive the $100 early registration. To receive the discount, all online orders must be placed by midnight Eastern time, and mailed registration forms must be postmarked Jan. 24.

Register online now, or complete the order forms on Page 11 or 19 of the 2019 Convocation brochure.

**Jan. 31—Research Proposals Due**
To present your research proposal at the annual Research Proposal and Mentorship Grand Rounds session, which will be held Thursday, March 14, submit your proposal and a completed application to Debbie Cole at DCole@academyofosteopathy.org by Jan. 31. Learn more about the Research Proposal and Mentorship Grand Rounds on Page 8 or at www.academyofosteopathy.org/lborc-research-forum.

**Jan. 31—Research Poster Abstracts Due**
Poster abstracts and entry forms must be submitted to Kimberly Wolf, DO, c/o Debbie Cole at DCole@academyofosteopathy.org by Jan. 31 to be considered for the annual poster presentation session at the AAO’s Convocation. It will be held on Thursday, March 14. Learn more on Page 7 or at www.academyofosteopathy.org/poster-presentations.

**Feb. 8—AAO’s Rosen Shingle Creek Room Block Closes**
Make your Rosen Shingle Creek hotel reservations by Feb. 8 to take advantage of the AAO’s negotiated rate: Physician reservations • Student reservations

**March 7—Annual Business Meeting and Luncheon**
Register by March 7 to ensure your reservation for the AAO’s annual business meeting and luncheon. Members who register after March 7 are invited to attend the meeting, but they will not be served a meal.

Members not attending Convocation but wishing to attend the business meeting should email AAO Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org by March 1.

**March 13—President’s Banquet**
Tickets for the AAO’s annual president’s banquet, which will take place on Saturday, March 16, are not included in your Convocation registration. All tickets for the president’s banquet must be purchased separately. **Tickets must be purchased by Wednesday, March 13.**

At the president’s banquet, honorees are recognized, and the incoming president is inaugurated.

The president’s banquet is a formal event. Be mindful if you are bringing young children.

Call to meeting (continued from Page 1)

During the business meeting, AAO members will select the Academy’s next president-elect, a secretary-treasurer, two trustees, 10 governors, and four members of the Nominating Committee. Information about the candidates will be sent separately, so watch your email.

**Reservation Deadline**
Submit your registration no later than March 7 to ensure your lunch reservation. Members who register after March 7 are invited to attend the meeting, but they will not be served a meal.

Members not attending Convocation but wishing to attend the business meeting should email AAO Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org by March 1.

Register for the AAO’s 2019 Convocation now to ensure your reservation.
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2019

Jan. 16  Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern

Jan. 21  Martin Luther King Jr. Day—AAO office closed

Feb. 1-2  AAO Education Committee meeting—Indianapolis

Feb. 18  Presidents Day—AAO office closed


March 10-12  Pre-Convocation course—“Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children”—Bruno Chikly, MD, DO (France), course director—Rosen Shingle Creek in Orlando, Florida

March 10-12  Pre-Convocation course—“Fascial Distortion Model—Beyond the Basics: Osteopathy and FDM moving forward together!”—Todd A. Capistrant, DO, MHA, course director—Rosen Shingle Creek in Orlando, Florida

March 10-12  Pre-Convocation course—“Visceral Lymphatics”—Kenneth J. Lossing, DO, course director—Rosen Shingle Creek in Orlando, Florida

March 12  Committee on Fellowship in the AAO’s meeting—8 a.m. to 5 p.m.—Rosen Shingle Creek in Orlando, Florida

March 12  AAO Board of Governors’ meeting—2 to 5 p.m.—Rosen Shingle Creek in Orlando, Florida

March 13  Convocation—“Leading, Expanding and Cutting: The Edges of Osteopathic Medicine”—Rebecca E. Giusti, DO, program chair—Rosen Shingle Creek in Orlando, Florida

March 17  Post-Convocation—Residency Program Directors’ Workshop—Darren L. Grunwaldt, DO, course director—Rosen Shingle Creek in Orlando, Florida

2019 Basic Course: Osteopathy in the Cranial Field
Kathleen Meyer, DO, Course Director
May 3–7, 2019 | Rocky Vista University COM | Parker, Colorado

Recommended Reading for the Basic Course:
Teaching in the Science of Osteopathy
Osteopathy in the Cranial Field
Contributions of Thought
Order these and other publications at SCTF.com

Course Tuition: $1850 – Scholarships Available

Contact: Kathleen Meyer, DO, Course Director
phone: 971-212-1096     fax: 503-905-6050

SCTF Welcomes New Members to the Board of Trustees
Reem Abu-Sbaih, DO
Simeon Hain, DO
Kathleen Meyer, DO

with gratitude for their willingness to share their talents, experience and commitment to the teaching of William G. Sutherland, DO.

Basic Course: Osteopathy in the Cranial Field
Kathleen Meyer, DO, Course Director
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Course Tuition: $1850 – Scholarships Available

Contact: Susan — lemasterssctf@gmail.com
phone: 971-212-1096     fax: 503-905-6050

The Florida Academy of Osteopathy Is Proud to Sponsor
“TECHNIQUES OF THE OSTEOPATHIC MASTERS COURSE - TECHNIQUES FOR THE BODY”
FEBRUARY 8-10, 2019
Florida Hospital East Orlando
7727 Lake Underhill Rd,
Orlando, FL 32822

Wm. Thomas Crow, DO, FAAO will be presenting from his new book, The Philosophy and Technique of the Osteopathic Masters.

Register Now. Limited seats available. Spots being held exclusively for AAO and FAO members. Learn techniques of Wales, Sutherland, Tucker and others that have never been published before. Get a Copy of Thomas Crow’s book included in registration

20 Category 1-A CME Credits Anticipated. Course Cost $450 for FAO Members $650 for Non-Members. For registration materials contact Lisa Belliveau @727-581-9069 or email belliveau@aol.com. Questions: Contact- FAO President Michael Hadley, DO at omthadley@gmail.com

***First time this course will be presented in the USA***
Convocation Offers Range of Opportunities

The AAO’s annual Convocation is the largest gathering of osteopathic physicians who focus on osteopathic manipulative medicine. Convocation offers events and sessions for attendees of a variety of experience levels. Join us March 13-17 at the Rosen Shingle Creek in Orlando, Florida, for an unforgettable four days packed with fun and education!

Evening With the FAAOs
All registrants are encouraged to attend the annual Evening With the FAAOs, which will be held Wednesday, March 13, from 7 to 9 p.m. This annual event features Fellows of the AAO sharing their experiences and ideas. Throughout their careers, these FAAOs have dedicated themselves to refining osteopathic manipulative medicine and applying it more effectively, and this is a marvelous opportunity for attendees to benefit from their insights. This year’s program, “Elementary, my Dear Watson”—Finding “Osteopathic Edges” in Patient Care, will feature four Fellows of the AAO sharing their perspectives on how to find an osteopathic “edge” to hold onto with different patient presentations. They will give examples of using observation and reasoning, much as the famous character Sherlock Holmes did, applied to the context of problem-solving with osteopathic manipulative medicine. David B. Fuller, DO, FAAO, will moderate.

Volunteer Judges Needed
Consider volunteering your time to judge the Louisa Burns Osteopathic Research Committee’s poster presentation session, the A. Hollis Wolf Case Presentation, or both. Poster judging will take place Thursday, March 14, 2019, between 6 and 7 p.m. Judges earn Category 1-A CME for participating. Indicate your willingness to volunteer when you register for Convocation, or contact SAAO Executive Council Vice Chair Anna Mercer, OMS IV, at saaovchair@gmail.com. Volunteers selected to judge will be contacted to confirm your appointment to the judging panel. Judges’ comments, but not scores, will be shared with presenters.

RAAO Raffle
At the AAO’s annual Convocation, the Resident American Academy of Osteopathy hosts a mixer for residents. This is an excellent opportunity for residents to network with each other and with potential employers. The raffle that is held during the mixer encourages attendance, helps break the ice and generally keeps things hopping.

Donate Raffle Items
This is where you come in. The RAAO needs donated items for the raffle.

Conclave of Fellows
A new event open to Fellows of the AAO only, this program pays a special tribute to osteopathic mentors and highlights the legacy that each of them has left. Many mentors are/were FAAOs. In B-sides of Osteopathy: Do you really KNOW your FAAO?, presenters will be paired up to discuss how they each were influenced differently by the same mentor. A panel of six presenters will be divided into three groups of two. Each pair will have 20 minutes (10 minutes each) to discuss a clinical approach, diagnosis, treatment, or another unique pearl they learned from the same mentor. The audience will then have 20 minutes of hands-on practice after each presentation. A question and answer session will follow after all FAAO pairs have presented.

Download the 2019 Convocation brochure or register online now.

(continued on Page 6)
Is there a particular book that opened your eyes or made you change your approach? A small organizational tool that you never realized would save your sanity? Past donations also have included gift cards and anatomy models.

Ship all donations to the AAO’s office at:

RAAO Raffle
3500 DePauw Blvd., Suite 1100
Indianapolis, IN 46268-1136

Donations must be received by Feb. 15.

If you would like a receipt for your tax-deductible donation, contact AAO Finance and Membership Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

Advertise Employment
To promote a job opening during the mixer, contact RAAO Vice Chair Lauren A. Davis, DO, at paaovicechair@gmail.com.

Physicians also are welcome to attend the mixer to recruit new physicians in practice.

Thank you in advance for your help in making the 2019 RAAO mixer a success!

AAO Member News January 2019
Call for Research Posters: Present at the 2019 Convocation

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to their annual Research Poster Presentation. Posters will be displayed in the exhibit hall on Thursday, March 14, and Friday, March 15, during the 2019 Convocation at the Rosen Shingle Creek Resort in Orlando.

Interested AAO, RAO, and SAAO members should submit their poster entry form and abstract to the AAO by Wednesday, Jan. 31. Read the full criteria.

Who May Present
The LBORC-NUFA Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. An author of each poster must be a member of the AAO, the Resident American Academy of Osteopathy or the Student American Academy of Osteopathy. The primary author must be present during the poster judging at Convocation. All presenters should register for Convocation to gain access to the presentation area.

Poster Categories
Ram’s head trophies will be presented to SAAO members who win first place in each of the three student poster categories: original research, single case study, and education and public health.

Judging
Poster judging will take place Thursday, March 14, 2019, between 6 and 7 p.m., and winners will be announced at the student awards ceremony and at the president’s banquet on Saturday, March 16. Judges earn Category 1-A CME for participating. Indicate your willingness to volunteer by March 10 when you register for Convocation. For more information, contact AAO staff liaison Debbie Cole at DCole@academyofosteopathy.org.

CRI over MRI: A Cranial Approach to Dizziness

Unii Pei, DO, CMII; Ari Marc; CMII; Yamin Qureshi, DO

Convocation (continued from Page 6)

The 2019 NMM/OMM Certification and Residency Program Information Session will take place March 15 from 5 to 7 p.m. Continuing medical education credits are not issued for this session.

SAAO Silent Auction
Donate items to the Student American Academy of Osteopathy’s annual silent auction and be sure to stop by the tables in the exhibit hall for information to the auction, contact Danielle D. Dukes, OMS III, the SAAO Executive Council’s secretary-treasurer, at saasect@gmail.com. Auction offerings often include medical devices, books, artwork and tasty treats. Proceeds from the silent auction help support the SAAO’s Convocation program for the following year.

SAAO Fun Run
Remember to register for the Student American Academy of Osteopathy’s annual Fun Run when you register for Convocation. Check-in will begin at 6 a.m. on Thursday, March 14, and participants will follow the 3k course through the Rosen Shingle Creek’s picturesque grounds. There is an additional $20 fee ($10 for students) for the Fun Run registration.

Read about the 2018 poster presentations at www.academyofosteopathy.org.

Abstracts Due Jan. 31
All submissions are due Wednesday, Jan. 31. Submit your completed poster entry form and abstract to Kimberly Wolf, DO, c/o Debbie Cole at DCole@academyofosteopathy.org.

Primary authors will be asked to sign an AAO copyright agreement so that the Academy may publish all of the posters on the AAO’s website. Signing the agreement does not prevent investigators from submitting full articles on their research to peer-reviewed journals, such as The AAO Journal and The Journal of the American Osteopathic Association.
LBORC Research Forum: Research Proposal and Mentorship Grand Rounds

On Thursday, March 14, 2019, the Louisa Burns Osteopathic Research Committee (LBORC) will host its annual research forum, Research Proposal and Mentorship (RPM) Grand Rounds from 7 to 8:30 p.m. The purpose of this program is to assist physicians and osteopathic medical students in assessing research proposals and facilitate the outcome of osteopathic research. Light refreshments will be provided at this event.

The format for this evening is similar to the TV show “Shark Tank” where aspiring investigators at any stage of their careers present their research proposal to the audience and a panel of experienced researchers. In doing so, presenters will receive advice on their projects to increase the rigor of their study, and they will have the potential of one of the experts choosing to help mentor the investigator during their study. The audience directly engages both the investigators and the panelists to help audience members gain numerous pearls to refine their own research questions and identify ways to improve osteopathic research projects. Presenters from previous RPM Grand Rounds will provide status updates on their projects at the beginning of this session.

Researchers interested in presenting proposals should submit an application with a written concept paper (two-page maximum) no later than Jan. 31, 2019, to DCole@academyofosteopathy.org. Proposals should clearly define the clinical relevance, research question, and testable hypothesis. They should include an overview of the study design, cohort to be studied, recruitment strategy, methodology, and projected timeline and budget. Learn more at www.academyofosteopathy.org.

Please sign up for the forum when you register for Convocation. All attendees are invited to register regardless of research experience.

You are encouraged to join the members of the LBORC for a very interactive, entertaining session to experience the process of research project development.

Research Enrichment Program Offered for Residents and Program Directors

DO-Touch.NET, a practice-based research network focused on advancing osteopathic manipulative medicine through clinical research, will sponsor a special enrichment program for residents and residency directors Tuesday, March 12, at the Rosen Shingle Creek in Orlando, Florida. The program will run from 6:30 to 9 p.m., and it will highlight novel approaches to advancing research capacity within osteopathic residencies.

This is a free catered event for current residents, residency program faculty, and DO-Touch.NET members who want to learn how to successfully overcome the challenges of conducting meaningful research in a residency program and who want to fulfill some of the new requirements for scholarly activity under the Accreditation Council for Graduate Medical Education’s requirements.

The following topics are on the agenda:

- Challenges in conducting meaningful research in residency programs
- Model for developing meaningful research in OMM residencies
- Unique methodological challenges in performing research in OMM and how to manage them
- Residencies and practice-based research networks
- Potential research projects available through DO-Touch.NET
- Opportunities for future research and manipulative medicine training

Register online at http://j.mp/2F3FIBO by March 1, or contact the DO-Touch.NET network manager, Lisa Norman, at lnorman@atsu.edu or by phone at 660-626-2443, for more details.
AGB Search is pleased to be assisting Des Moines University (DMU), a well-established graduate health sciences university, in its search for its Dean of the College of Osteopathic Medicine (COM). Located in the vibrant and growing capital city of Iowa, the University enrolls more than 1,500 students in three colleges, offering 8 degree programs in medicine and the health sciences. The DMU mission is to improve lives in our global community by educating diverse groups of highly competent and compassionate health professionals.

The University seeks an engaging, inspiring, and collaborative leader, who is a highly effective administrator in all dimensions. Reporting to the Provost, the Dean is responsible for providing collaborative and consultative academic leadership for all matters within COM. The Dean has oversight of all programs within COM including the curriculum, planning and management of the operating budget, and development and implementation of strategies to promote the growth of COM’s biomedical, clinical, and research programs.

Candidates must hold a D.O. degree from a COCA-accredited College of Osteopathic Medicine (Commission on Osteopathic College Accreditation), be qualified by education, training, and experience to provide effective leadership in education, scholarly activity and patient care, have a medical license and board certification (at some point in the candidate's career), and at least five years of experience in academic leadership roles that include budget management authority. Demonstrated success in previous administrative, chair, or academic leadership roles, as well as excellence in clinical training and patient care are desired.

Please visit https://www.agbsearch.com/active-searches to view more complete information about this position.
Additional information on Des Moines University is available at: www.dmu.edu.

A review of applications will begin on January 15, 2019 and continue until an appointment is made. To assure full consideration, complete applications should include a letter of interest, curriculum vitae, and contact information (email addresses and phone numbers) for four professional references. References will not be contacted without prior authorization from the applicant.

Applications should be sent electronically (MS Word or PDF Format) to DMUdeanmed@agbsearch.com.

The search is assisted by Richard L. Torgerson, Ph.D., Executive Search Consultant, AGB Search, (563) 380-4919 (c), richard.torgerson@agbsearch.com and Frederick V. Moore, J.D./M.B.A., Executive Search Consultant, AGB Search, (712) 299-2544 (c), fred.moore@agbsearch.com.
AAOJ Seeking Peer Reviewers

Peer review is an integral part of scientific publishing and holds authors accountable for their work, but it doesn’t happen in a vacuum. The goal is to have three peer reviewers per published manuscript in The AAO Journal. Reviewers with diverse experience levels are valuable because their perspectives may be unique. Consider volunteering your time to help shape the profession. No experience is necessary, and the time commitment is minimal and flexible.

Benefits to Peer Reviewers

There are many benefits to serving as a peer reviewer, among them:

• Developing critical thinking skills that will benefit your own research, writing or medical practice
• Staying updated on current research
• Advancing your career by adding experience to your CV

If you are interested in joining the AAOJ’s peer review pool, please complete the reviewer confidentiality form and return it to AAOJ Managing Editor Lauren Good at LGood@academyofosteopathy.org. We also ask that you review the AAOJ’s Instructions for Contributors before each review. In addition, the Public Library of Science (PLOS) has some excellent resources for reviewers.

Archived Issues

Academy members can always access archived issues of The AAO Journal online at www.academyofosteopathy.org/AAOJ. You must be logged in to your account to access this members-only page of the site.

AMA Encourages Parity When Evaluating COMLEX and USMLE Results

This article originally appeared on the American Medical Association’s website.

The Comprehensive Osteopathic Medical Licensing Examination (COMLEX) is required for graduation with a doctor of osteopathic medicine (DO) degree.

But some residency program directors are requiring the United States Medical Licensing Examination (USMLE)—typically taken by students earning doctor of medicine (MD) degrees—for all applicants, including DOs. That rigid stance creates added strain on DO applicants, especially in the era of a single graduate medical education accreditation system.

The AMA House of Delegates (HOD) addressed the issue at the 2018 AMA Interim Meeting in National Harbor, Maryland, in an effort to encourage residency program directors to better understand and use COMLEX scores.

While acknowledging existing AMA policy stating that residency program directors must not use licensure examination scores as a screening criterion for residency selection, the HOD adopted new policy calling for the AMA to promote equal acceptance of the USMLE and COMLEX at all U.S. residency programs.

Delegates also directed the AMA to:

• Work with appropriate stakeholders—including the National Board of Medical Examiners, Association of American Medical Colleges, National Board of Osteopathic Medical Examiners, Accreditation Council for Graduate Medical Education and American Osteopathic Association—to educate residency program directors on how to interpret and use COMLEX scores.
• Work with residency program directors to promote higher COMLEX use with residency program matches in light of the new single accreditation system.
Don’t Leave Us in the Dark

The AAO’s member year extends from Aug. 1 through July 31.

Paying your dues in a timely fashion allows the AAO to adequately budget for the year.

If you haven’t paid your dues for 2018-19, please do so immediately.

If payment is not received by Jan. 31, your account will be marked inactive.

We appreciate all those who have made prompt payment.

If you have any questions about your membership, please contact AAO Membership and Administration Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

Members in the News

The November and December 2018 issues of The Journal of the American Osteopathic Association featured work by several AAO members. For your convenience, those articles are summarized in the chart below.

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<th>Authors</th>
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<th>Title</th>
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<td>Alexis M. Stoner, MPH, PhD; Matthew Cannon, DO; Liang Shan, PhD;</td>
<td>November</td>
<td>The Other 45: Improving Patients’ Chronic Disease</td>
<td>The Other 45 is an educational curriculum developed to improve chronic disease self-management among an underserved population and to improve the skills of second-year osteopathic medical students. In addition to a typical 15-minute office visit, this program allows second-year students to provide chronic disease education to patients for 45 minutes in an effort to improve patient disease self-management and associated health outcomes.</td>
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<td>Deanna Marie Plewa, OMS IV; Claire Caudell, OMS IV; Luke Johnson, OMS IV</td>
<td>2018</td>
<td>Self-Management and Medical Students’ Communication Skills</td>
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<td>Michael Clearfield, DO; Glenn Davis, MS; Jennifer I. Weis, DO;</td>
<td>November</td>
<td>Cardiovascular Disease as a Result</td>
<td>Obesity and climate change conspire to create an environment in which subclinical vascular inflammation leads to progressive atherosclerosis, which contributes to the number 1 cause of global mortality: cardiovascular disease. The syndemic model requires two or more diseases or contributors to disease (such as obesity and climate change) clustering within a specific population in addition to the associated societal and social factors, ultimately creating an environment supportive of a greater adverse interaction. This article explores the syndemic of obesity and climate change as a driver for cardiovascular disease.</td>
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<td>Gregory Gayer, PhD; Jay H. Shubrook, DO</td>
<td>2018</td>
<td>of the Interactions Between Obesity, Climate Change, and Inflammation: The COCCI Syndemic</td>
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<th>Title</th>
<th>Description</th>
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<tr>
<td>Michael A. Seffinger, DO; Eric Hurwitz, DC, PhD; John Quiamas, DO, MS; Antoinette Marie Kitch, OMS IV; Vanessa Mervyn-Cohen, DO; Edward Lin, DO</td>
<td>November 2018</td>
<td>Correlation of Personal Experience and Acquired Knowledge With Intent to Recommend Adjunctive Osteopathic Manipulative Treatment or Yoga for Patients With Chronic Low Back Pain</td>
<td>Osteopathic manipulative treatment (OMT) and yoga are both recommended by systematic reviews in the evidence-based research literature for low back pain management, but it’s unknown how personal experience factors into the recommendation. This study was designed to evaluate the likelihood of osteopathic medical students recommending OMT or yoga to treat patients with chronic low back pain based on their personal experience or reading research articles that recommend OMT or yoga for patients with chronic low back pain.</td>
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<td>Andrew J. Chin, DO, MS, MPH; Andrea D. Fischione, DO, MA; Ryan Shilian, DO; Lauren M. Walter, DO; Susan M. Ratay, DO, MS; Tamar Y. Bejanishvili, MD; Jonathan H. Wynbrandt, MD; Michael P. Rowane, DO, MS, FAAFP, FAAO</td>
<td>December 2018</td>
<td>Tolerance of Rib Raising Among Hospitalized Patients: A Pilot Study</td>
<td>Rib raising is an osteopathic manipulative treatment modality that can help patients with various respiratory conditions to improve their work of breathing. However, the tolerance of this technique in hospitalized patients has not been assessed in a systematic manner. This prospective pilot study was designed to determine hospitalized patients’ tolerance of rib raising.</td>
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<tr>
<td>Ryan Alan Seals, DO</td>
<td>December 2018</td>
<td>Moving Toward Milestone-Based Assessment in Osteopathic Manipulative Medicine</td>
<td>The author presents an approach to measuring competence in the domain of osteopathic manipulative medicine using a milestone rubric to assess skills related to osteopathic screening, diagnosis, technique and explanation.</td>
</tr>
<tr>
<td>Zachary Anderson, OMS IV; Victor Nuño, DO; Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME</td>
<td>December 2018</td>
<td>An Osteopathic Approach to Stasis Dermatitis and Chronic Venous Insufficiency</td>
<td>Stasis dermatitis is an inflammatory skin condition that develops secondary to chronic venous insufficiency and edema. This OMT Minute demonstrates how osteopathic manipulative treatment may help remove somatic dysfunction that may be impeding lymphatic and venous flow.</td>
</tr>
</tbody>
</table>

Medical school is stressful for everyone. Becoming a parent while in medical school introduces a whole new set of stressors. Selena G. M. Raines, DO, talked to The DO about the guilt she felt as a mother in medical school and as a practicing physician.

A story in The DO recapped a single graduate medical education update Boyd R. Buser, DO, FACOFP, presented to the AOA Program and Trainee Review Council. Dr. Buser noted that 57 AOA programs received initial accreditation from the Accreditation Council for Graduate Medical Education during the fall 2018 review.

“MD and DO medical students stood together in solidarity for osteopathic distinctiveness, DO students and residents, and their unique, valid and distinctive credentials,” said National Board of Osteopathic Medical Examiners’ President and CEO John R. Gimpel, DO, MEd, FACOFP, in response to the American Medical Association recognizing COMLEX-USA’s equality with USMLE.

Demonstrating leadership, professionalism, community service and dedication, Toria Knox, OMS II, was named 2019 Student Doctor of the Year by the Edward Via College of Osteopathic Medicine-Virginia.

The DO asked DOs to share their perspectives about whether providers should show their tattoos in the workplace. Jeffrey S. Grove, DO, FACOFPDist, says, “As long as they’re professional-looking and some- (continued on Page 14)
2018-19 Golden Ram Campaign: Going Strong

The AAO’s 2018-19 Golden Ram campaign launched July 1 with a goal of $20,000. As of Jan. 7, 2019, a total of $16,464 has been contributed by 43 donors. That’s just over 82 percent, so we are on our way to another great year!

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2018-19 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

A.T. Still Club—$1,000 to $2,499
Boyd R. Buser, DO
Gary L. Ostrow, DO
Paul R. Rennie, DO, FAAO
Akiyoshi Shimomura, DO (Hon.) (Japan)
Damon M. Whitfield, DO

T.L. Northup Club—$500 to $999
Anthony G. Chila, DO, FAAODist, FCA
Dennis J. Dowling, DO, MA, FAAO
David M. Musgrave, DO
Karen T. Snider, DO, FAAO, FNAOME, and Eric J. Snider, DO
Edward G. Stiles, DO, FAAODist
Sheldon C. Yao, DO

Louisa Burns Club—$250 to $499
Charles A. Beck, DO, FAAO
Michael A. Chipman, DO
Stephen M. Ellestad, DO
Donald V. Hankinson, DO
Huy Hoang, DC, MD
Wesley C. Lockhart, DO
Tamara M. McReynolds, DO
Sherri L. Quarles
Michael P. Rowane, DO, MS, FAAFP, FAAO
Richard G. Schuster, DO
William H. Stager, DO, MS, MPH, FAAFP, FAAO, FACOFP

Vicki Dyson Club—$100 to $249
Murray R. Berkowitz, DO, MPH, FAOCOPM, FAAO
Millicent King Channell, DO, FAAO
Leslie M. Ching, DO
Debbie Cole

Gregory Alan Dott, DO, FAAO
Paula Eschtruth, DO, FCA
Laura E. Griffin, DO, FAAO
Mark R. Gugel, DO
Kendi L. Hensel, DO, PhD, FAAO
Chris C. Peine, DO
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME
Philipp Richter, DO (Belgium)
Katherine A. Worden, DO, MS

Supporter—$99 or less
Paula M. Archer, OMS IV
Brian F. Degenhardt, DO
Jennifer L. Highland, DO
David M. Kanze, DO
Gail E. Lamb, DO
Merideth C. Norris, DO
Ian Schofield, DO (UK)
what discreet, I see no reason why tattoos can’t be a part of someone’s life … I personally don’t have them, but it’s OK if someone else does.” Anita L. Showalter, DO, thinks the patient demographic should be taken into consideration: “If you’re in a geriatric population, you’re sending a very different message than if you’re working with adolescents.”

Boyd R. Buser, DO, FACOFP, talked with The DO about the push back on claims involving modifier 25 and 59, saying, “Coders and auditors view medical records very differently, and it’s the auditors opinion that determines the outcome of the appeal… Red flags occur when the documentation repeats the same case notes, either verbatim or nearly identically, and doesn’t reflect changes and improvements over the course of treatment.”

Jade Nicole Walter, OMS IV, the president of the American Medical Women’s Association (AMWA) at the Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine (NSU-KPCOM), hosted a self-defense class by Sensei Yaniv Rosenberg where they learned “invaluable techniques to defend … and stress relief from long hours spent studying. We bonded over our shared passion for women’s rights.”

Touro College of Osteopathic Medicine (TouroCOM-Middletown) student doctors Nicholas Ingram, OMS II, and Neel Patel, OMS II, were among the few recipients of a Human Touch Community Impact Grant from the American Osteopathic Foundation (AOF).

Rachel Hall, OMS II, and Hannah Kazem, OMS II, dressed as the game of Operation this past Halloween and won first place for their class at the Edwards Via College of Osteopathic Medicine-Virginia (VCOM-Virginia).

In an opinion piece in the Times Free Press of Chattanooga, Tennessee, David Cook praises Matthew William McClanahan, DO, for relieving the author’s debilitating low back pain. The piece coincided with the opening of Dr. McClanahan’s new medical center on Dec. 4, the first of its kind in the area. The Center for Insight Medicine offers a “complete approach to pain, grounded in neuroscience research and common sense with an emphasis on more accurate diagnosis to facilitate more precise treatment.”

Daniel G. Williams, DO, FAAO, AOA vice president of certifying board services, talked with The DO regarding concerns about proposed changes to the AOA’s CME requirements for the 2019-21 cycle. He said, “The proposed rules … emphasize flexibility and give physicians latitude to choose CME that works best for their individual practice … A DO may be board certified in internal medicine and work occasional shifts in the emergency department. That physician could choose to take CME in

(continued from Page 12)

(continued on Page 15)
emergency medicine and have it count toward maintaining his or her board certification.”

In the Fall 2018 issue of the Buckeye Osteopathic Physician, Kenneth H. Johnson, DO, FAAO, praised Ohio University Heritage College of Osteopathic Medicine (OUHCOM) students for being the first to take advantage of the new Pathways to Health and Wellness Curriculum, being “at the front lines of important changes in medical education.” President of the Student Government Association Adam Rabe, OMS II, told the class of 2022 their white coats “will change people’s perspective of you. Every time you walk into a patient’s room, you will bring with you every memory that patient has of their interaction with physicians, both good and bad.”

Paula Michelle Archer, OMS IV; Omar David Rachdi, OMS II; Alexi Jordan Shean, OMS III; and Brittnay VanAusdol, OMS IV, were among the 2018-19 Tuition Scholarship Recipients from the Northwest Osteopathic Medical Foundation.

The November 2018 issue of The Cranial Letter includes several pieces by AAO members. “Cranial Academy Proficiency Case” by Eileen M. Conaway, DO, highlights the need for thorough osteopathic structural exam and evaluation of osteopathic lesions. Maud H. Nerman, DO, continues her series on “The Wonders of the CV5” and Anthony D. Capobianco, DO, continues his extensive series on “An Osteopathic Approach to Ophthalmic and Optometric Disorders: Part 9.”

Members in the news
(continued from Page 14)

The successful applicant will have a D.O. degree board eligibility or board certification in Osteopathic Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine. The candidate needs to have or be eligible for a license to practice Osteopathic Medicine in the State of Georgia. Preference may be given to applications with an ABPTS certification or residency/fellowship experience.

The review of applications will begin immediately and continue until the position is filled. Salary for this position will be commensurate with experience and qualifications. To apply for the position please visit our employment opportunities website at www.pcom.edu/jobs or questions to hr@pcom.edu. All inquiries must include: a letter of intent, a curriculum vitae, salary requirements, and three (3) references, preferably from current or former supervisors. Please reference position number: 001881
Course Description
This course is designed to enhance attendees’ palpatory skills (tissue texture, asymmetry and restriction of motion of both somatic and visceral interconnected structures); enhance knowledge of related somatic/visceral anatomy with fascial continuity via traditional Chinese medicine energy channel mapping; and provide a framework for cross-organ symptomatology and somatic dysfunction, bridging gaps between internal medicine subspecialties and neuromusculoskeletal medicine.

Prerequisite
Registrants should have completed a basic cranial course and have a grounding in balanced ligamentous tension, ligamentous articular strain and visceral techniques.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday.

Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
UNTHSC Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Course Director
John P. Tortu, DO, graduated from the Philadelphia College of Osteopathic Medicine in 2000. He spent 17 years in private practice, and in 2009, he developed the viscerosomatic release (VSR) concept. Since then, Dr. Tortu has presented the VSR concept to a multitude of audiences, including at the AAO’s 2014 Convocation in Colorado Springs, at the Michigan State University College of Osteopathic Medicine in East Lansing and at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Forth Worth. A 2017 case report published in The AAO Journal detailed how the authors adapted the VSR concept as described by Dr. Tortu to address Sindig-Larsson–Johansson syndrome in a pre-teen athlete, noting that the safe and effortless treatment reversed the need for a surgery.

Registration Fees
On or before Dec. 17, 2018
Dec. 18, 2018–Feb. 14, 2019
On or after Feb. 15, 2019

Academy member in practice* $910 $960 $1,160
Resident or intern member $710 $760 $960
Student member $510 $560 $760
Nonmember practicing DO $1,210 $1,260 $1,460
or other health care professional
Nonmember resident or intern $1,010 $1,060 $1,260
Nonmember student $810 $860 $1,060

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature:

View the AAO’s cancellation and refund policy.
View the AAO’s photo and video release statement.

Register online at www.academyofosteopathy.org; or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children

A Pre-Convocation Course • March 10-12, 2019 • Rosen Shingle Creek in Orlando

Course Description
Many children and adults have neurological disorders, learning disabilities or cognitive challenges. Studies show these individuals often have retained or reoccurring neonatal/primary reflexes. Optimally, these reflexes are inhibited in the first months of life. Neonatal reflex inhibition allows for more sophisticated neurological structures to develop.

Adults can see the reoccurrence of these neonatal/developmental reflexes in many pathologies, including trauma, PTSD, Parkinson’s, stroke, dementia, etc.

In children, these reflexes can be found in many dysfunctions including learning disabilities, sensory integration dysfunctions, trauma, cerebral palsy, ADD/ADHD, concentration problems, auditory, visual or vestibular issues, poor postural control, dyslexia, speech language delays, ASD, Down syndrome, etc.

There are approximately 28 neonatal reflexes at birth. We will go over most of these reflexes using quick, precise and efficient osteopathic CNS techniques to help integrate them. Inhibitory movement patterns will also be presented.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 a.m. to 6 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819
Make your hotel reservations online now. To make your reservations by phone, call 1-866-996-6338 and use booking code 35809.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees

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1 Registrations received after Feb. 22 will be processed on-site, incurring a $150 late fee. 1 The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members. This course is not appropriate for students.

Registration Form

Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children
March 10-12, 2019

Name: ____________________ AOA No.: ______________

Nickname for badge: ______________________________________

Street address: ____________________________________________

City: ____________ State: ______ ZIP: ____________

Phone: ____________ Fax: __________________

Email: __________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________________________

I am a practicing health care professional.
I am a resident or intern.
I will attend the AAO’s 2019 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.
Course Description
The Fascial Distortion Model is a model of thinking that allows clinicians to utilize patients’ gestures and verbal descriptions to focus soft tissue treatment for fast and effective relief of pain. By incorporating the FDM with traditional OMM techniques, powerful results can be achieved. By applying the FDM philosophy to your practice, you can decrease treatment time and improve outcomes.

No previous experience with the FDM will be required. For those familiar with the FDM, this is an opportunity to gain a deeper understanding. This will be an excellent introduction to the model and a good starting point on the journey of incorporating FDM into your practice. The second part of the course will be focused on incorporating the FDM with concepts such as visceral manipulation, cranial manipulation, dry needling, and frequency specific microcurrent therapy. The use of FDM in the pediatric population and FDM treatment of fractures also will be discussed.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday through Tuesday from 8 a.m. to 5 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819
Make your hotel reservations online now. To make your reservations by phone, call 1-866-996-6338 and use booking code 35809.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Form
Fascial Distortion Model—Beyond the Basics: Osteopathy and FDM moving forward together!
March 10-12, 2019

Name: ___________________________ AOA No.: __________

Nickname for badge: ___________________________

Street address: __________________________________________________________

_____________________________________________________________________

City: __________________________ State: ______ ZIP: __________

Phone: ___________________ Fax: __________________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.
☐ I will attend the AAO’s 2019 Convocation.

View the AAO’s cancellation and refund policy.

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The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.
Course Description
In this course, attendees will explore the anatomy and function of the lymphatic system, in relationship to the visceral movement. When the lymphatics of the viscera are obstructed, the lymphatic and interstitial fluids back up, increasing the tension in the visceral attachments. This is associated with a decreased mobility of the organs, a visceral dysfunction. Of the nearly 450 lymph nodes in the body, about two-thirds are associated with the viscera.

Osteopathic approaches to the lymphatics began with Dr. Still. Those approaches were passed on to his students such as William Garner Sutherland, John Martin Hiss, Elmer Barber, Frank Chapman and Frank P. Millard. Some of these students expanded on what they had learned from Still. Only in the last 40 years has modern science discovered that the lymphatic system actually contracts and propels the lymphatic fluids, through what is called lymphangions, or “lymph hearts.” This contraction and movement is palpable and useful in diagnosing and treating a large range of osteopathic and medical issues.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 a.m. to 5:30 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819
Make your hotel reservations online now. To make your reservations by phone, call 1-866-996-6338 and use booking code 35809.

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<td>Save 10% when you register for the AAO’s 2019 Convocation.</td>
<td>With Convo $751.50, Without Convo $815.00</td>
<td>With Convo $841.50, Without Convo $905.00</td>
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<td>$751.50, $841.50</td>
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<td>Resident or intern member</td>
<td>$571.50, $661.50</td>
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<td>Student member</td>
<td>$301.50, $391.50</td>
<td>$435.00</td>
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<td>Nonmember practicing DO or other health care professional</td>
<td>$1,021.50, $1,135.00</td>
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<td>Nonmember resident or intern</td>
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<td>$1,035.00</td>
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<tr>
<td>Nonmember student</td>
<td>$571.50, $635.00</td>
<td>$735.00</td>
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Visceral Lymphatics
March 10-12, 2019

Name: ___________________________ AOA No.: __________

Nickname for badge: ___________________________

Street address: ___________________________

________________________________________

City: ___________________________ State: _____ ZIP: __________

Phone: ___________________________ Fax: ___________________________

Email: ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Jan. 17-20, 2019
Osteopathy’s Promise to Children
The Power of the Natural Autoregulation System of a Human Body and the Role of Stress and Emotion on Balance and Health:
The Key to Practice Osteopathy for Adults And Children
Course director: Philippe Druelle, DO (F-Qc), DScO
Osteopathic Center San Diego
Learn more and register at the-promise.org/cme/.

Feb. 8-10, 2019
Florida Academy of Osteopathy
Techniques of the Osteopathic Masters Course—Techniques for the Body
Course director: Wm. Thomas Crow, DO, FAAO
Florida Hospital East Orlando
20 credits of AOA Category 1-A CME anticipated
To learn more or register, call Lisa Belliveau at 727-581-9069.

Feb. 21-24, 2019
Osteopathy’s Promise to Children
Advanced Explorations in Pediatric Osteopathy: Innovative Healing Approaches to Support Rapid Transformation in the Child
Course director: Shawn K. Centers, DO, MH, FACOP
Osteopathic Center San Diego
Learn more and register at the-promise.org/cme/.

March 1-2, 2019
Osteopathy’s Promise to Children
Integrated Osteopathic Dental Team, Part 1: Expanding the Integrative Team Approach to Sleep Disturbances
Course director: Julie Mai, DO, and Darick Nordstrom, DDS
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

March 2, 2019
The American Osteopathic Academy of Addiction Medicine
Advanced Addiction Medicine Course—Spring 2019
University of Pittsburg:
Thomas Starzl Biomedical Science Tower
8 credits of AOA Category 1-A CME anticipated
Learn more and register at aoaam.org.

March 2-3, 2019
The American Osteopathic Academy of Addiction Medicine
Essentials of Addiction Medicine—Spring 2019
University of Pittsburg:
Thomas Starzl Biomedical Science Tower
16 credits of AOA Category 1-A CME anticipated
Learn more and register at aoaam.org.

April 3-7, 2019
American Osteopathic Association of Prolotherapy and Regenerative Medicine
Spring 2019 Training Seminar
Program chair: Gerald Harris, DO
The Westin Austin Downtown
Austin, Texas
27 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org/.

May 3-5, 2019
Osteopathy’s Promise to Children
Expanding the Osteopathic Concept Beyond the Basics
Course director: Raymond J. Hruby, DO, MS, FAADist, and R. Mitchell Hiserote, DO
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

June 7-9, 2019
Rocky Vista University College of Osteopathic Medicine
Still Exaggeration Technique
Course director: Jerry Dickey, DO
Parker, Colorado
21 credits of AOA Category 1-A CME anticipated
Learn more and register at www.stillexaggeration.com.

July 17-21, 2019
Osteopathy’s Promise to Children
Foundations of Osteopathic Cranial Manipulative Medicine (The 40-Hour Basic Cranial Course)
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.