A Message From the Executive Director

It is that time of year when the AAO staff are concentrating on preparing for the AAO Convocation. You are all invited to come to sunny and warm Florida to meet with friends and colleagues, learn about new techniques and protocols all while earning CME credits. We are hoping to make this event more about focusing on the lectures and workshops this year. To borrow a phrase that was used by the American Osteopathic Association for OMED: rest, reflect and relax while listening to a great line-up of presenters. So be our guest!

We want all attendees at Convocation to feel welcome in the osteopathic family. Be open to new ideas and fresh ways of doing things. Change is happening all around us! Enjoy learning about each person’s talent and skills. We want you to recharge your passion for osteopathic medicine and encourage our students to share the passion that you have for the gift of healing hands.

We continue to focus on our mission: To teach, advocate and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles, practice and manipulative treatment in patient care.

We look forward to seeing you at Rosen Shingle Creek, where we will present “Leading, Expanding and Cutting: The Edges of Osteopathic Medicine” with program chair Rebecca E. Giusti, DO. Convocation will highlight how technology and research are demonstrating the importance and efficacy of osteopathic medicine. Osteopathic medicine has never been as relevant as it is today. Despite the many changes in the landscape of health care, osteopathic medicine continues to emerge and expand as a crucial component of comprehensive patient care everywhere.

AAO Candidates Standing for Election

At the AAO’s annual business meeting each March, Academy members elect leaders for the coming year. During the 2019 meeting on March 14, Academy members will vote for a president-elect, a secretary-treasurer, two trustees, 10 governors and four members of the Nominating Committee. Most positions require a three-year commitment.

To help you make an informed decision, the candidates were asked to complete a candidate information form. In addition to providing a 100-word biographical sketch, all candidates were asked to describe their vision for where the AAO should be headed and their top contribution to the AAO to date and its significance. Responses provided below have been edited for clarity but are largely presented in the candidates’ own words.

Additional candidates may be nominated from the floor on election day. Those candidates must be present at the AAO’s business meeting to indicate whether they accept their nominations and to attest to their willingness to serve if elected.

This year’s business meeting will be held Thursday, March 14, from 11:45 a.m. to 2:15 p.m. Eastern time during the AAO Convocation at the Rosen Shingle Creek in (continued on Page 2)
2019 Advertising Rates

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Please contact AAO Communications and Administration Assistant Taylor Bridgeforth at TBridgeforth@academyofosteopathy.org for more information about advertising.

Candidate information
(continued from Page 1)

Orlando. All full members of the Academy, including resident members, are eligible to vote during the business meeting, as are life members and honorary life members. Members must be present to vote. Voting will be conducted digitally, so members will be expected to bring their cell phones, tablets or other devices with texting capability.

Please note that the candidates whose names are followed by asterisks in the list below are incumbents in those offices.

President-elect
(Elect one for a one-year term, which will be followed by a one-year term as president and then a one-year term as immediate past president)

Paul R. Rennie, DO, FAAO

Vision: To work with the Academy and its members in advancing the best interests of the osteopathic philosophy and unique osteopathic approaches for the care of our patients. To strengthen the role of the Academy to meet the current challenges in academic, economic, regulatory and organizational management needed to promote and maintain the osteopathic profession.

Contributions: I have served the Academy as a member of the Board of Governors and Board of Trustees, assisting with many of the pressing issues facing our profession. I have also contributed greater than 16 years participating with the Educational Council on Osteopathic Principles and the National Board of Osteopathic Medical Examiners at all three testing levels. I have also served 12 years as a board member of the American Osteopathic Board of Neuromusculoskeletal Medicine helping to improve the process. As OMM chair, I coordinated with faculty and developed an Access database to build an undergraduate osteopathic manipulative medicine program that employs a Regional Anatomic and Methodology Progressive System (RAMPS) approach. In addition, I have published Counterstrain and Exercise: An Integrated Approach as a more learnable anatomical approach to the counterstrain methodology.
Candidate Information
(continued from Page 2)

Biographical sketch: I have served as chair of the Department of Osteopathic Manipulative Medicine at Touro University Nevada College of Osteopathic Medicine for the past 10 years where I am also a professor in the Department. I am a graduate of Des Moines University College of Osteopathic Medicine. I am board certified by the American Osteopathic Board of Neuromusculoskeletal Medicine and the American Osteopathic Board of Family Practice. I am a Fellow of the American Academy of Osteopathy. I am also an author of the book Counterstrain and Exercise: An Integrated Approach and have also co-authored chapters on Strain-Counterstrain in the second through fourth editions of Foundations of Osteopathic Medicine.

Richard G. Schuster, DO
Vision: The Academy is at a crossroads where we must decide what we will be not only today but five, 10 and 20 years from now. We will not be the same organization we currently are. I still believe that we are here “to improve the system of medicine generally,” and we must be prepared to do so as we move forward.

Contributions: I am a member of the Board of Trustees, Education Committee, and teach in our AAO OMM curriculum. It is our responsibility to grow as an organization to meet our members’ needs and the needs of the profession. To do so, we must remain fiscally responsible while still being agile and responsive to changing landscapes. I have attempted to achieve these goals in the past three years as a member of the BOT.

Biographical sketch: I am in a solo practice doing direct primary care and OMM in Indianapolis. I am a clinical associate professor at the Marian University College of Osteopathic Medicine. I have scaled back my teaching responsibilities in favor of practicing osteopathy, though I remain committed to the educational process. My interests include osteopathic history, sports medicine and the neurological integration of the body, with particular attention to the musculoskeletal system. My passion is in the practice of osteopathic medicine, the education of our profession, and the role of mentoring within it.

Should Dr. Rennie be elected as president-elect, he will be removed as a candidate for trustee and governor.

Judith A. O’Connell, DO, MHA, FAACO*
Vision: The AAO is leading the “house of medicine” to an osteopathic understanding of disease and treatment, fulfilling Dr. Still’s osteopathic revolution to ensure all people have access to osteopathic care.

Contributions: As president of the AAO, I had the distinct privilege of negotiating the OMT codes into the CPT code book, participating in the formative meeting for the NIH Office of Complementary and Alternative Medicine, and placing the first AAO vote at the AOA HOD. While serving as secretary-treasurer of the AAO, I have brought a focus on fiscal responsibility to the BOT and committees.

Biographical sketch: I am in private neuromusculoskeletal medicine practice in Beavercreek, Ohio. I served the AAO in many positions, including but not limited to president, secretary-treasurer, member of the BOT and BOG, chair of Committee on Fellowship, chair of the Education Committee and Finance Committee. I serve on the AOA Bureau of Socioeconomic Affairs, co-authored the AOA E/M and OMT Coding Manual and served as the AOA Advisor to AMA CPT Editorial Panel. Currently, I am a member of the AMA CPT Editorial Panel. I serve on the Medical Executive Committee at Grandview/Southview Medical Center.

Should Dr. O’Connell be re-elected as secretary-treasurer, she will be removed as a candidate for governor.

Michael P. Rowane, DO, MS, FAAFP, FAACO
Vision: The current transition in osteopathic medical education with the single accreditation system has positioned the American Academy of Osteopathy to take the lead in guiding and preserving the ideals of Andrew Taylor Still, MD, DO, for not only the osteopathic profession but for the greater medical community.

Contributions: The AAO has allowed me to share my desire to train the next generation of learners for our profession by allowing me leadership roles in developing our osteopathic faculty and our training programs and enhancing our NMM/OMM Program Directors’ Workshop. I have had the privilege to serve on multiple committees for the AAO and was honored to serve as the 2017-18 AAO president.

Biographical sketch: Michael P. Rowane, DO, MS, FAAFP, FAACO, has a passion for osteopathic medical education and to impact future physicians to integrate the ideals of the osteopathic approach in the care of their patients. He is a professor of family medicine and osteopathic manipula-
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2019

Feb. 13 RAAO Executive Council’s teleconference—7:30 p.m. Eastern

Feb. 13 LBORC Grant Review Subcommittee’s teleconference—9 p.m. Eastern

Feb. 18 Presidents Day—AAO office closed


Feb. 22-24 Pre-Convocation course—“Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children”—Bruno Chikly, MD, DO (France), course director—Rosen Shingle Creek in Orlando, Florida

March 10-12 Pre-Convocation course—“Visceral Lymphatics”—Kenneth J. Lossing, DO, course director—Rosen Shingle Creek in Orlando, Florida

March 10-12 Pre-Convocation course—“Fascial Distortion Model—Beyond the Basics: Osteopathy and FDM moving forward together”—Todd A. Capistrant, DO, MHA, course director—Rosen Shingle Creek in Orlando, Florida

March 12 Committee on Fellowship in the AAO’s meeting—8 a.m. to 5 p.m. Eastern—Rosen Shingle Creek in Orlando, Florida

March 12 AAO Board of Governors’ meeting—2 to 5 p.m.—Rosen Shingle Creek in Orlando, Florida

March 13 Convocation—“Leading, Expanding and Cutting: The Edges of Osteopathic Medicine”—Rebecca E. Giusti, DO, program chair—Rosen Shingle Creek in Orlando, Florida

March 13-17 Post-Convocation—Residency Program Directors’ Workshop—Darren L. Grunwaldt, DO, course director—Rosen Shingle Creek in Orlando, Florida

2019

GA–PCOM, in the Greater Atlanta area, is seeking qualified individuals for full time faculty positions for Osteopathic Manipulative Medicine Faculty

Responsibilities include but are not limited to the following:

• Evaluates, develops and delivers course material to PCOM students in a particular clinical discipline.
• Contributes to the learning of medical students, graduate students, interns and residents through class teaching as well as in one-on-one out of class situations.
• Actively pursues scientific research or other scholarly activity in one or more areas of scientific study.

• Prepares and delivers presentations to other professionals at PCOM and during local/regional/national professional and scientific meetings.
• Maintains active licenses and board certification in specialty.
• Other duties as assigned.

The successful applicant will have a D.O. degree board eligibility or board certification in Osteopathic Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine. The candidate needs to have or be eligible for a license to practice Osteopathic Medicine in the State of Georgia. Preference may be given to applications with an ABPTS certification or residency/fellowship experience.

Salary for this position will be commensurate with experience and qualifications. To apply for the position please visit our employment opportunities website at pcom.edu/jobs or questions to hr@pcom.edu. All inquiries must include: a letter of intent, a curriculum vitae, salary requirements, and three (3) references, preferably from current or former supervisors. Please reference position number: 001881

CONTACT US TODAY
Robyn Sanders, search consultant at 678-225-7516 or robynsan@pcom.edu
Candidate information
(continued from Page 3)

R. Todd Dombroski, DO
Vision: I would like to see more research into quantifying the superb results we have with our patients when using OMM.
Contributions: As an active member of the AAO since 1995, I have demonstrated OMM expertise to many medical students, residents and military patients in wartime and peace time. I continue at TCOM to teach and research OMM benefits.
Biographical sketch: A Kirksville grad from 1987 and certified in OMM since 1994. Also completed a residency in family medicine and fellowship in sports medicine. Research areas using OMM include concussions, infant feeding, and degenerative arthritis. I wish to assist in cooperative efforts in multi-site studies in OMM.
Should Dr. Dombroski be elected to the Board of Trustees, the remaining year of his 2017-20 term as a governor will be filled during the 2019 election.

Stefan Hagopian, DO, FAAO
Vision: Keeping our fingers on the pulse of the osteopathic profession is no simple task. Sometimes it can be difficult to determine if that pulse is strong or weak. To me right now it seems strong but erratic and in need of the AAO to steady and further strengthen this core of our profession moving forward.
Contributions: A balanced perspective in teaching and leadership: My 30 years of private practice in traditional osteopathic medicine, preceded by 30 years of mostly academic pursuits, have provided me with a depth of understanding to serve effectively in our professional academy.
Biographical sketch: Graduate of UNECOM, in full-time private practice in California since 1989, I provide traditional osteopathic practice as both a specialty and primary care service depending on the patient’s needs and wishes. While in practice, I have maintained simultaneous teaching services at osteopathic schools, residencies, academies and smaller study groups. I am a member of AOA, AAO, OCA, and OPSC. Sitting for these past 4 years on the AAO Board of Trustees and numerous AAO committees, I feel that I have only recently gained an understanding of how to work within this Academy toward real growth of our osteopathic profession as a clinical science and as leaders in health care worldwide.
Should Dr. Hagopian be re-elected as a trustee, he will be removed as a candidate for governor.

Kurt P. Heinking, DO, FAAO
Vision: Keep osteopathic medicine truly osteopathic. The Academy is the foundational organization that instructs / supports all component societies. The Academy should support and encourage our students. The Academy should politically fight to keep osteopathic philosophy, diagnosis, and manipulative treatment skills in all levels of osteopathic training, testing, and postgraduate medical education.
Contributions: I have been continuously involved in some capacity for 25 years. I sat on the Committee on Fellowship (2013 until 2016). I teach at Convocation and participate in Evening with the Stars, Conclave of Fellows, NUFA-FAAO events, FAAO dinners, A. Hollis Wolf, the research poster judging and president’s banquet each year.

Should Dr. Rowane be elected as secretary-treasurer, he will be removed as a candidate for governor.
**Candidate information (continued from Page 5)**

**Biographical sketch:** A 1994 graduate of CCOM, I am currently board certified in family medicine, sports medicine and neuromusculoskeletal medicine. Chair and Professor of Osteopathic Manipulative Medicine and Professor of Family Medicine at CCOM. Fellow of the American Academy of Osteopathy (FAAO). I lecture at national and international programs. An active researcher with many scholarly publications. Director of the Family Medicine/Osteopathic Manipulative Medicine clinic at the MWU Multispecialty Clinic. I maintain membership in the Illinois Osteopathic Medical Society, American College of Osteopathic Family Physicians, American Osteopathic Academy of Sports Medicine, the Osteopathic Cranial Academy, the American Academy of Osteopathy and the AOA.

Should Dr. Heinking be elected as a trustee, the remaining year of his 2017-20 term as a governor will be filled during the 2019 election.

**Paul R. Rennie, DO, FAAO**

See Dr. Rennie’s statement under President-elect on Page 3. Should Dr. Rennie be re-elected as a trustee, he will be removed as a candidate for governor.

**Board of Governors**

( Elect 10 for three-year terms)

**Juan F. Acosta, DO, MS**

**Vision:** I believe that we are in a crucial point in our osteopathic history and must remain united and assure that we do not lose all of the work that has been done. Osteopathic physicians have done a great job in caring not only for patients but their families, our students and residents.

**Contributions:** Have been a member of the AAO for over 26 years. Nominated by the Academy and served a five-year term on the ACGME-OPC committee (ending June 2019). Served as a faculty advisor for PNWU-SAAO.

**Biographical sketch:** I am board certified in emergency medicine as well as neuromusculoskeletal medicine/OMM. I have been privileged to serve my patients and their families as an osteopathic physician, and I am grateful for the opportunity I was offered. I continue to instill the value of osteopathy to all my students in the emergency department as well as those I taught while I was on the faculty of the OPP Department. I believe that osteopathic principles and practice (OPP) and OMT are essential tools for great patient care. I am very honored and grateful to have been nominated to be on the Board of Governors for the AAO.

**Robert N. Agnello, DO, FACOFP**

**Vision:** The AAO will be able to nurture the new state of merged graduate medical education and will incorporate the best of traditional western medicine, osteopathic medicine and complementary care. The ability to provide all-encompassing education will be critical in this mission to serve the medical community. Collaboration amongst all medical specialties will be crucial in accomplishing this goal.

**Contributions:** I served on the Academy’s Education Committee since 2017 and was given the privilege to serve as the program chair for the AAO’s program at OMED 2018. The program was a success and provided a venue to collaborate closely with ACOFP, ACOP and ACONP.

**Biographical sketch:** Graduated New York College of Osteopathic Medicine in 2001, completed undergraduate osteopathic manipulation fellowship at Residency Warren Hospital in Phillipsburg, New Jersey, in 2004. Served as part of the Army Reserve on active duty at Fort Drum in 2004 and at West Point from 2007 to 2008. Worked as a civilian at Fort Bragg in the family medicine department in 2010 and then transitioned to pain management in 2014. Completed CAQ in pain medicine in 2017. Acupuncture training through HELMS in 2015. Able to provide osteopathic manipulation and medical acupuncture in tandem to promote a ready active duty force.

**Kelly A. Busby, DO**

**Vision:** AAO should be the beacon of osteopathy, upholding A.T. Still’s vision of mind, body and spirit, as well as the osteopathic manipulative medicine resource. We should be supporting the hands-on manipulative medicine training for all osteopathic medical schools and residency programs so we don’t lose our identity.

**Contributions:** I served on the PAAO (now RAAO) board during my residency training, including vice chair and chair. During my tenure, I attended BOG meetings at AAO and AOA convention and was a member on the AAO’s Membership Committee multiple years, where I participated and offered ideas for retention and attracting young physicians to maintain membership.

**Biographical sketch:** I graduated from AZCOM in 2003, and trained at Eastern Maine Medical Center in Bangor, Maine, in family medicine and NMM/OMM. I was awarded the Osteopathic Principles and Practice Award at graduation since I rotated with as many osteopathic manipulative physicians in different specialties to get a true feel of how to apply osteopathic principles to any medical situation. I am married, have two children and live in beautiful Cortez, Colorado. I am the owner physician of my business, Bee Healthy Osteopathic (continued on Page 7)
**Candidate information** *(continued from Page 6)*

Care PLLC, and I also mentor students and residents in rural areas and osteopathic manipulative medicine.

**Michael S. Carnes, DO, FAAO***

**Biographical sketch:**
Dr. Carnes is an associate professor in the Department of Osteopathic Principles and Practice at the University of Pikeville–Kentucky College of Osteopathic Medicine. He is board certified in neuromusculoskeletal medicine and osteopathic manipulative medicine, and he became a Fellow of the AAO in 2008.

Dr. Carnes is a 1997 graduate of the Des Moines University College of Osteopathic Medicine, and he completed his residency training in OMM at St. Barnabas Hospital in Bronx, New York. He spent over a decade developing and running NMM/OMM residency programs with strong inpatient consultation services, first in Fort Worth, Texas, and then in Muskegon, Michigan. He served the AAO’s committees overseeing postdoctoral education and accreditation from 2001 to 2014. He has also served the AOA as a member of the American Osteopathic Board of Neuromusculoskeletal Medicine from 2008 to 2019.

**William H. Devine, DO***

**Vision:** As serving on the Board of Governors and other AAO committees, I recognize the many concerns. The single accreditation system and postgraduate education, and the need for better integration of OMM into pre- and postdoctoral education. The AAO needs to meet the challenge through improved postgraduate education and to help the new and older colleges of osteopathic medicine with more programs and assistance. It is my opinion that the AAO should be the leader in osteopathic education and in advocating for osteopathic medicine.

**Contributions:** Pre- and postdoctorate education: Working with the Board of Governors, the AAO Education Committee, and the NMM board to provide my experience, ideas, and solutions to our many problems. I have designed and helped develop osteopathic educational programs to meet the needs of present and future DOs. I have supported osteopathic research, science, and philosophy by teaching, by publishing and by working locally and nationally.

**Biographical sketch:** I have been dedicated to the work and programs of the AAO since 1974, serving on osteopathic executive committees, boards, and state osteopathic boards with the goal of preserving and spreading the science and philosophy of osteopathy. I have worked with others to publish research, textbooks, chapters in textbooks, as part of teaching and lecturing nationally and internationally. I have served on the original AAO Mitchell/Greenman teaching team, the AAO Jones teaching team, and as president of the Arizona Academy of Osteopathy. I created years of innovative programs. Now I am a clinical professor in OMM at the Midwestern University/Arizona College of Osteopathic Medicine. I have a lifetime of service to the AAO giving support through work, experience, and innovation.

**Stefan Hagopian, DO, FAAO**

See Dr. Hagopian’s candidate statement under Board of Trustees on Page 4. Should Dr. Hagopian be re-elected as a trustee, he will be removed as a candidate for governor.

**Raymond J. Hruby, DO, MS, FAAODist***

**Vision:** I see the AAO as being the leading organization for:
- Preservation and promotion of osteopathic distinctiveness
- Producing osteopathic research
- Producing scholarly and evidence-based publications on osteopathic philosophy, principles and practice

**Contributions:** I have been an AAO member for about four decades. I have served as a trustee, governor, and president of the AAO. I have served on numerous committees, and I am the founding editor of the *AAOF*, currently serving as the scientific editor emeritus.

**Biographical sketch:** I have been a DO for 45 years; been in private practice; served as faculty at UNECOM where I was also the Director of Predoctoral Education. I was also Chair of the Department of OMM at MSUCOM, and at Western University (COMP). Currently I am Professor of NMM/OMM at COMP and serve as adviser and consultant to the Department of NMM/OMM. I am board certified in NMM/OMM and in family practice (AO-BFP). I also hold a Competency Certificate from the Osteopathic Cranial Academy. I play a pretty mean jazz guitar!

**Michael L. Kuchera, DO, FAAO, FNAOME***

**Vision:** The AAO must proactively act to preserve and augment processes helping physicians value and better integrate OPP/OMT into patient care. Recent circumstances have created both major challenges (in the USA) and exciting opportunities

(continued on Page 8)
Candidate information (continued from Page 7)

(internationally) to do so. Now is a key moment in time for the Academy!

Contributions: I focus on helping position the AAO nationally and internationally as a leader in research, education, and health care. As a grown “child of the Academy,” I give back by mentoring and teaching. However, working with my dad on the third edition of our textbooks might be our most lasting professional contribution.

Biographical sketch: A 1980 ATSU-KCOM graduate, Dr. Kuchera served 22 years on that faculty and at PCOM (10 years), MU COM (6 years) and now a proposed COM in Minnesota. An AAO member for 40+ years, service includes BoG (1987-2019), president (1996-97) and numerous committees; he now chairs AAO’s International Advisory Council. Honors include FAAO (1988), A.T. Still Medallion of Honor (2006), Memorial Lecturer (Scott-1992; Northup-2000; Blood-2009); AOAs Gutensohn-Denslow Award (2001); and AOF Research Mentor of the Year (2008). Currently secretary-general of the Fédération Internationale de Médecine Manuelle, he has served on FIMM’s Board since 1996. Dr. Kuchera has authored/co-authored five textbooks and over 40 book chapters.

J’Aimee Anne Lippert, DO*

Vision: The role of the AAO remains paramount and pivotal. Engaging in public health policy, providing options that diminish the use of opioid medications, creating more sustainable and reasonably priced health care, caring for refugees and the underserved, and providing expanded osteopathic educational opportunities are daunting tasks. The AAO, though, has been a dynamic and courageous source of leadership and guidance in these areas and more, and must continue to serve in that bold capacity.

Contributions: I have served over the past year as a member of the AAO Board of Governors, and in that role, have gained much insight into the importance of our organization, and how we, as the osteopathic standard bearers, have a responsibility to lead. I have assisted in the development of the CORRE exam and with the AOB-NMM certification board examination. I continue to serve on the Bylaws Committee with the AAO. I have also been invited to serve as chairperson for the 2020 AAO Convocation. These roles have fueled my ongoing commitment to the expansion and recognition of our profession in the arenas of medical education and public policy.

Biographical sketch: Growing up in Michigan, osteopathic medicine was the only health care I knew. I graduated from Michigan State University College of Osteopathic Medicine in 2000 and completed residency in 2004 as one of the inaugural integrated FM/NMM residents. I served as a FM and FM/NMM residency program director for several years in Grand Rapids, Michigan, and currently reside with my family in Green Bay, Wisconsin, where I serve as a family medicine and NMM physician. In the past year, I have had many memorable opportunities to engage in the important work of the AAO, and I am excited and challenged by the potential opportunity to continue my service. Serving this organization that has provided so much for me both personally and professionally is a humbling honor.

Judith A. O’Connell, DO, MHA, FAAO

See Dr. O’Connell’s statement under Secretary-treasurer on Page 3. Should Dr. O’Connell be re-elected as secretary-treasurer, she will be removed as a candidate for governor.

Paul R. Rennie, DO, FAAO

See Dr. Rennie’s statement under President-elect on Page 2. Should Dr. Rennie be elected as president-elect or be re-elected as a trustee, he will be removed as a candidate for governor.

Michael P. Rowane, DO, MS, F AAFP, FAAO

See Dr. Rowane’s statement under Secretary-treasurer on Page 3. Should Dr. Rowane be elected as secretary-treasurer, he will be removed as a candidate for governor.

William Harry Stager, DO, MS, MPH, FAAFP, FAAMA, FAAO, FACOFP dist.

Vision: The AAO will coordinate and integrate more with the organizations that matter (AOA, ACOFP, AACOM, etc.), positively enhancing the AAO and the profession in general. AAO leadership will be a more integral part of these organizations. I am active in these organizations on a state and national level and work to bridge them all. The AAO will be the recognized leader (nationally and internationally) and provider of OPP education in undergraduate (OPP chairs, etc.) and GME, including incoming MDs in the unified GME system. Increase publications, research, courses, membership, and public awareness.

Contributions:

- Life Member: AAO, Osteopathic Cranial Academy, Florida Academy of Osteopathy
- Osteopathic Education Service Committee Member 2005-2015
- Published:

(continued on Page 9)
NOW HIRING - CHAIR OF OPP AND FACULTY

California Health Sciences University (CHSU) is in search of a Chair for OPP, and full time OPP and Clinical faculty for the College of Osteopathic Medicine (COM). The primary responsibilities involve teaching osteopathic medical students components of a clinical curriculum with attention to the tenets, principles, and practices of osteopathic medicine.

Minimum Qualifications:
- For Chair, certified through the AOBNMM or AOBSPOMM.
- Osteopathic physicians in any specialty, with significant experience and comfort teaching OPP/OMM.
- Target audience for faculty teaching is primarily medical students, faculty, and potentially residents as the COM develops.

Visit chsu.edu/employment-opportunities for more information

Founded in 2012, CHSU offers a local option to train pharmacy and osteopathic students to help remedy the shortage of health care services offered in the Valley.

STUDENT ORIENTATION BEGINS JULY 20, 2020

Candidate information (continued from Page 8)


Biographical sketch: The significance of these contributions can be summarized in: learning, teaching, writing, researching, promoting, living OPP, touching the lives of thousands of students, interns, residents, physicians, and patients. Education: BA (Philosophy, 1983 Rutgers U.), MS (Anatomy, 1984 Rutgers U.), undergraduate OPP Fellowship and DO (NSUCOM, 1989), MPH (ATSU, 2009). Rotating internship at Humana South Broward Hospital, 1990. Holistic private practice combining NMM/OMM, family medicine, and medical acupuncture in the Palm Beach area since 1990. Board Certified in NMM/OMM and family medicine, and is a Fellow of the AAFP, AAO, ACOFP, and AAMA. Taught NMM/OMM and family medicine all over the USA, Canada, Norway, and China and has published over 200 articles and papers in health and fitness magazines and several in peer-reviewed medical journals. Section editor and contributing author of the 2014 second edition of the ACOFP textbook Somatic Dysfunction in Osteopathic Family Medicine. Clinical professor, Department of Family Medicine at NSUCOM and clinical associate professor, Department of Family Medicine at LECOM. Active member of the AOA, AAO, ACOFP, FOMA, FSACOFP, and FAO, serving on various committees and boards, including the AOA House of Delegates (2006-present), FOMA president (2015-2016), FOMA District 9 president (2006-present), FSACOFP president (2008-2009), FAO president (2006-2008, 2008-2010), and NSUCOM Alumni Association Executive Committee president (2015-2016). Numerous awards. Second generation DO.

Jonathan William Torres, DO

Vision: As worlds collide due to the single GME accreditation, our osteopathic heritage is at stake. The Academy of Osteopathy needs to preserve our osteopathic legacy while exploring new opportunities to expand the osteopathic footprint among American GME and seeking to strengthen the depth of osteopathic education at American medical schools.

Contributions: I have developed an ONMM-2 residency program at Morris-town Medical Center, the top hospital in New Jersey. We are studying the impact of OMT in women actively laboring. We will be expanding our project to include 500...
women and train OB/GYN residents (DO and MD) to perform the protocol.

**Biographical sketch:** After completing undergraduate, residency and my Plus one at Rowan SOM, I left to help found an osteopathic family medicine residency. After three years, I founded an NMM plus-one program (ONMM-2) which has since received ACGME initial accreditation. I have championed local clinical research investigating OPP in obstetrics, pediatrics, and sports medicine.

I have also worked with the ACOFP to help develop OPP clinician resources, such as mobile OMT videos, published works, and serve as chair for the CORTEX Exam committee, a multi-specialty OPP assessment exam to strengthen the osteopathic components at Osteopathically Recognized residency programs.

**Col. Ralph C. Walsh Jr., DO**

**Vision:** The AAO is a stronger voice within the AOA. This has been due to the tireless efforts of our colleagues who strive to stay true to the principles that Dr. Still has bestowed upon us; providing increased awareness and opportunities to continue the art, philosophy, and integration of OMM principles through teaching, research and advocacy. It is now my turn, and an honor, to help our voice stay strong as ever.

**Contributions:** Active role in the earlier OD&TE committees since 2005 and chair of the current Osteopathic Education Service (OES) Committee since 2011, expanding physician participation and establishing and incorporating OES goals into the last three AAO strategic plans. Engaged with ECOP to provide OES at AACOM. Active participation in the AAO Leadership Forums the past 5 years.

**Biographical sketch:** Clay Walsh DO, TCOM ’92, completed his internship and family medicine residency in Ohio and a plus-one NMM residency in Texas. From 1996 to 2009, he was in private practice in Ohio providing integrative medicine and OMM in both the clinical and hospital setting. In 2009 thru 2011, as a member of the Ohio Air National Guard, he took a leave of absence from private practice to perform flight surgeon duties in the war on terror with deployments to Iraq and Afghanistan. From April 2011 to April 2015, Dr. Walsh was a member the OMM Department at UNTHSC-TCOM. In addition to providing hospital and clinical OMM, he was the Year III Core OMM course director, providing monthly lectures for hospital residents. Dr. Walsh was the faculty adviser for the SAAO. He is an active member of the AAO and has been a member of the OES since 2005 and chairman since 2011. After TCOM, in lieu of going into private practice, he served a three-year military tour as the chief medical review officer for the Air National Guard drug program. In August 2018, Col. Walsh took official command of the 136th Medical Group in Texas. In addition, he is currently the full-time flight surgeon for this wing, but still finds time to treat patients with OMT at North Texas Musculoskeletal Medicine in Southlake, Texas.

**Damon Matthew Whitfield, DO**

**Vision:** I see and envision the AAO as the premier leader of osteopathic teaching in the world. The osteopathic principles need committed teachers and perpetual teaching of the principles as the profession continues to grow.

**Contributions:** I have several, long-standing contributions to the AAO: teaching rotating residents and students osteopathic manipulation for two decades; on the committee for Osteopathic Education Services; SAAO mentor and lecturer; and regularly financially contribute to the Golden Ram Society.

**Biographical sketch:** I am an MSUCOM 1996 graduate. I was a chief resident with Sparrow Hospital-MSUCOM EM program and assistant department chair at Mt. Carmel East Hospital’s Emergency Department. I later served as the medical director overseeing the Occupational Health Services for Mt. Carmel’s three clinical sites. After my occupational health experience, I moved full-time into my current practice of integrative pain medicine and general medicine located in Columbus, Ohio.

**Nominating Committee**

(Elect four for one-year terms)

**Boyd R. Buser, DO, FACOPF dist.***

**Vision:**

1. Take advantage of the opportunities created by the single accreditation system for GME, advocating for programs to seek Osteopathic Recognition, and developing and promoting educational programming for MDs who want osteopathic training.
2. Continue advocacy for OMT payment.
3. Advance AOA board certification.

**Contributions:** There have been a few. Hard to say which is most significant, but probably my work in OMT payment policy might have had the most impact over the years for AAO members. I also believe my service as AOA president helped advance the AAO.

**Biographical sketch:** Dr. Buser served as the 120th president of the American Osteopathic Association in 2016-2017. He is the former VP for health affairs and dean (continued on Page 11)
of the Kentucky College of Osteopathic Medicine at the University of Pikeville. He previously served as AAO president (1995-1996), secretary-treasurer (2000-2006) and chair of the Nominating Committee (2000-2015), and he has been a member of the AAO Board of Governors since 1991. Dr. Buser is a graduate of DMU-COM. He served 14 years as chair of the OMM Department at UNECOM in Maine and mentored many AAO leaders. In 2010, Dr. Buser was awarded the A.T. Still Medallion of Honor by the AAO.

Jane E. Carreiro, DO*

Vision: The AAO will be looked at as the leader in the education and practice of manual medicine diagnosis and treatment, and the application of osteopathic philosophy and practice within the health care system.

Contributions: President, Nominating Committee, Board of Trustees and Education Committee.

Biographical sketch: Jane Carreiro, DO, is the vice president of health affairs and the dean of the University of New England College of Osteopathic Medicine. She has served as the director of graduate medical education, and she is a tenured professor of osteopathic manipulative medicine. She has also served on the Osteopathic Recognition Committee for the Accreditation Council for Graduate Medical Education.


Dennis J. Dowling, DO, MA, FAAO*

Vision: The AAO must remain as the leader and place itself forward as the primary source in providing osteopathic education and leadership to osteopathic physicians and others who qualify by the nature of their licenses to practice.

Contributions: I led the organization as president in 2003-04 and continue to do so as a member and current chairman of the Nominating Committee to advance the organization by addressing the continuing need for leaders. We must prepare the AAO for the next 20 to 30 years.

Biographical sketch: Dr. Dowling is a 1989 graduate of the NYCOM and is a contributing author and illustrator to several journals and textbooks and developed the PINS technique. He is a co-author of a JAOA Northup writing award–winning article on the effect of OMT on gait in Parkinson’s patients. Dr. Dowling has delivered the Heilig, Scott, Northup and Blood memorial lectures and is a recipient of the A.T. Still Medallion.

Dr. Dowling is a former professor and chairman of OMM at the NYCOM and is clinical professor at the MWU, PCOM and UNECOM. He was in private practice from 2003 to 2016 and has been a consultant and the coordinator of OMM assessment for the NBOME since 2004. Dr. Dowling has supervised residents in the PM&R department at NUMC in East Meadow, Long Island, since 1990 and is also currently working in the Family Medicine Department at that hospital. He is certified by the AOBFP and the AOB-NMM and earned his FAAO in 1999. He has served on the AAO Board of Trustees, AAO Board of Governors, is a past AAO president, and has been a member and/or chair on several other AAO committees.

John C. Glover, MS, DO, FAAO

Vision: My vision for the AAO is to strengthen our future by enabling the use of osteopathic diagnosis and treatment throughout clinical training. This would (continued on Page 12)
require integration into all osteopathic training programs. Additionally, it is important to reach out to our allopathic colleagues who wish to learn OMM and be involved in collaborative research to more fully document and understand the benefits of applied osteopathic medical care.

Contributions: Serving as AAO president, being on the Board of Trustees, Board of Governors and working on a variety of AAO committees (Education, Membership, Postdoctoral Standards, Undergraduate Academies, OPTI Liaison, Fellowship, Nominating and Awards) has allowed me to work with many of the very talented and dedicated members of the Academy. Encouraging and facilitating osteopathic medical students to attend the AAO Convocation has also been an ongoing effort.

Biographical sketch: This will be my thirty-eighth consecutive AAO Convocation, starting with my freshman year. My development as an osteopathic physician has included an undergraduate teaching fellowship and completing both a family medicine and OMM residency. I have been a faculty member and served as chair of the OMM Department at several osteopathic schools. Over many years, I have developed programs and taught on the local, state, national and international levels. My journey has also involved working on AOA committees, patient care, participation in osteopathic research and writing. Currently, I am active in the Academy as chair of the Awards Committee and serve on the Board of Governors and the Committee on Fellowship. The success of the AAO as an organization depends on the strength of its leadership, and I look forward to contributing to that critical process. Thank you for your support.

Laura E. Griffin, DO, FAAO*

Vision: The AAO needs to continue its focus on education for all levels from novice to expert. We should be seen as the experts in the profession so that we can help residents and physicians in all specialties with their educational needs. Getting and retaining members is also key, but we need to provide them with the best service we can for their membership dollar.

Contributions: I have served on several committees, the Board of Governors and the Board of Trustees and as 2016-17 president. I now serve on the Nominating Committee. I always work with the best interests of the profession, the AAO and its members in mind.

Calling Exhibitors and Sponsors!

Exhibiting at the AAO’s annual Convocation gives you access to more than 1,200 osteopathic physicians and students with interests in manual medicine as well as conventional and alternative treatment approaches. Attendees enjoy learning about medical innovations, practical products and services, and new opportunities.

Coffee and tea will be provided in the exhibit hall each morning, and limited lunch options will be available to purchase each day (cash only), encouraging even more traffic throughout the exhibit hall.

We ask that members share the exhibitor prospectus with your colleagues or vendors, or contact AAO Event Planner Gennie Watts for more information at 317-879-1881, ext. 220, or at GWatts@academyofosteopathy.org.

If you are unable to exhibit at Convocation, consider the sponsorship opportunities available, including wireless internet, the mobile app, beverage service, resident mixer, student mixer, and more. Learn more on Pages 4-5 of the exhibitor prospectus.

Plan now for 2020. The AAO’s 2020 Convocation will be March 11-15 at The Broadmoor in Colorado Springs, Colorado. Encourage your favorite vendors to attend!

Biographical sketch: Dr. Griffin graduated from UNECOM in 1996 after completing a one-year predoctoral anatomy/OPP fellowship. She was the first graduate of UNECOM’s integrated FP/NMM residency and is board certified in both specialties. She co-directed the FP/NMM residency at Metro Health Hospital in Grand Rapids, Michigan, from 2001 to 2008 and the FP/NMM program at Pikeville Medical Center from 2008 to 2015. She is a professor and the chair of the Osteopathic Principles and Practices Department as well as assistant dean of OPP Integrations at the University of Pikeville Kentucky College of Osteopathic Medicine (UP-KYCOM). Dr. Griffin has served on the American Osteopathic Board of Neuromusculoskeletal Medicine as well as the American Academy of Osteopathy Board of Trustees. She completed a one-year term as president of the Academy from March 2016 through March 2017.

Michael P. Rowane, DO, MS, FAAFP, FAAO*

See Dr. Rowane’s statement under Secretary-treasurer on Page 3. Candidates may serve on the Nominating Committee while also serving as secretary-treasurer.

Catherine M. Kimball, DO (ex-officio)

As the AAO’s 2019-20 immediate past president, Dr. Kimball will serve as an ex-officio member of the Nominating Committee for one year.
Are YOU Registered for #AAOConvo19?

The AAO’s 2019 Convocation is around the corner, and the AAO staff is working hard to make it the best Convocation ever. If you haven’t registered yet, do so as soon as possible to ensure you get your preferred breakout sessions. Some sessions have already reached capacity.

In addition to the lectures and breakout sessions, don’t miss these opportunities to learn and network with your colleagues:

- Evening With the FAAOs
- Evening With the Stars and Evening With the Stars and Stripes
- SAAO silent auction
- Osteopathic Education Service
- AAO mentorship program
- Morning yoga in the exhibit hall
- SAAO Fun Run
- AAO annual business meeting
- LBORC Research Forum
- LBORC-NUFA Research Poster Presentation
- Residency Program Information Session
- President’s banquet

Remember: If you register for Convocation and any of the three pre-Convocation courses at the same time, you will save 10 percent on your pre-Convo registration.

How Visible Are You?

The AAO’s Find A Physician search makes it easy for users to find osteopathic care in their communities. At www.FindOMM.org, users can search for osteopathic physicians by name, specialty, and/or location. This is an opt-in service for AAO members, so if you haven’t opted in lately, please keep reading. If you have opted in, make sure your listing appears correctly at www.FindOMM.org.

All Academy physicians in practice may be included in the AAO’s Find a Physician search. To ensure your listing appears in the search results, follow the steps below:

1. Log in to your profile at www.academyofosteopathy.org.
2. Click on Edit Profile.
3. On the Contact Info tab, enter your business information as your Primary Address and select the Show in Search check box. To ensure the business phone number appears in the listing, check the Searchable box (on the right).
4. On the Employment Info tab, specify your primary and secondary specialties.
5. On the Privacy tab, change the setting for Basic Information to Public.
6. Click Save All Changes.
Osteopathic Education Service at Convocation

Each year, the AAO offers its complimentary Osteopathic Education Service (OES) to conference goers, guests and exhibitors at the Academy’s Convocation, at the annual business meeting of the American Osteopathic Association (AOA), and at the AOA’s annual Osteopathic Medical Education Conference (OMED).

These sessions are provided for educational purposes only. During the sessions, AAO members and others provide hands-on demonstrations of osteopathic diagnostic and treatment techniques.

Have Hands, Will Teach
At the Academy’s Osteopathic Education Service (OES), volunteer physicians provide hands-on demonstrations of osteopathic diagnostic and treatment techniques in both private and group sessions.

DOs from all specialties are invited to volunteer to demonstrate their palpatory and treatment skills at the OES. Volunteers receive 0.5 credit of AOA Category 1-B CME for each demonstration. In addition, for each demonstration a physician provides during the 2019 Convocation, his or her name will be entered into a drawing for complimentary registration for the 2020 Convocation at The Broadmoor in Colorado Springs, Colorado.

This is a great opportunity for DOs to share valuable skills and experiences with their peers in a relaxed setting.

Volunteers must have their own professional liability coverage. Demonstrations are for educational purposes only.

AAO Mentor Program

The mission of the American Academy of Osteopathy’s Mentor Program is to provide guidance and leadership to members of the Student American Academy of Osteopathy. This program is designed to increase osteopathic-specific education during the clinical years of osteopathic medical school by:

- reaching out to osteopathic medical students early in their education to positively influence their careers.
- providing educational and career guidance on choosing hospital sites for third- and fourth-year rotations, selecting internships and residencies and, ultimately, incorporating osteopathic philosophy into all aspects of medicine.

All osteopathic medical students and osteopathic physicians who belong to the Academy are invited to participate in the AAO Mentor Program. This is an excellent opportunity for students to obtain career advice from seasoned clinicians and for physicians to contribute to making the profession stronger.

Join us Wednesday, March 13, from 9 to 10 p.m., or Thursday, March 14, from 8 to 9 p.m. to learn more and to meet prospective mentors and protégés.

Physicians should sign up for the Mentor Program when they register for Convocation.

For more information, contact Taylor Bridgeforth, the AAO’s communications and administration assistant, at (317) 879-1881, ext. 210, or TBridgeforth@academyofosteopathy.org.
Alexander S. Nicholas, DO, FAAODist, Receives PCOM’s Highest Honor

During the annual Founders’ Day luncheon on Jan. 25, Alexander S. Nicholas, DO, FAAODist, was presented with the Philadelphia College of Osteopathic Medicine’s 2019 O.J. Snyder Memorial Medal. This award is presented in memory of the co-founder of PCOM and is the college’s highest award, recognizing leadership and service to the osteopathic profession and to the institution.

During his tenure at PCOM, which began in 1976, Dr. Nicholas has made an impact on the lives of countless osteopathic medical students. He is the 1996 recipient of the Lindback Award for Distinguished Teaching; the 2005 recipient of the American Osteopathic Association’s Mentor Hall of Fame Award; and the 2014 recipient of the AAO’s Andrew Taylor Still Medallion of Honor.

In addition, Dr. Nicholas has made numerous contributions to the profession of osteopathic medicine; in 1980, he helped developed the nation’s first residency program in OMM (now osteopathic neuro-musculoskeletal medicine) with his father, osteopathic pioneer Nicholas S. Nicholas, DO, FAAO, and David Heilig, DO, FAAO—both former presidents of the American Academy of Osteopathy.

He also lectures internationally on osteopathic manipulative techniques and the benefits of OMM on myriad issues, and is the honorary president of the German-American Academy of Osteopathy. With his brother, Evan A. Nicholas, DO, Dr. Nicholas is the author of the Atlas of Osteopathic Techniques, a widely used textbook first published in 1974 by their father.

In addition to his father and brother, Dr. Nicholas’ family boasts even more health practitioners; his daughter, Veronica, and son-in-law, Dave, are also osteopathic physicians, and his daughter-in-law, Mary, is a physician assistant.

Dr. Nicholas is board-certified in neuro-musculoskeletal medicine and osteopathic manipulative medicine. He received his bachelor’s degree in General Arts & Science from Penn State University in 1971, and he is a 1975 graduate of PCOM.

Dr. Nicholas’s devotion to promoting osteopathic values has extended to his work for the AAO. He chaired the 1980 Convocation, and he served on the Academy’s Board of Governors for 14 years. In addition, he has served on various committees, including the Nominating Committee, the former College Assistance Committee, and the Long-Range Planning Committee, bringing insight, leadership and assistance to the osteopathic community.

CLINICAL DEVELOPMENT
PHYSICIAN RECRUITMENT FOR SUMMER 2019

***OSTEOPATHIC MANIPULATIVE PHYSICIANS ONLY***

OCCUPATIONAL MEDICAL PRACTICE / OSTEOPATHIC APPROACH ON EVERY CASE

Interest in Orthopedics & Clinical Wound Management

EDUCATIONAL ENVIRONMENT / NO WEEKENDS / NO AFTER HOURS / NO HOSPITAL

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February 2019

AAO Member News
Make a Difference in the AAO: Serve on a Committee

The AAO relies on volunteer leaders like you. President-elect Kendi L. Hensel, DO, PhD, FAAO, is hard at work recruiting members to serve on 10 different committees from Awards to Publications. No experience is necessary. Many members have used their experiences on AAO committees to launch careers throughout the osteopathic profession.

Volunteering for AAO committees helps members stay in touch and learn more about the intricacies of the organization and the profession at large, and as a committee member, you have the opportunity to effect change within the Academy.

If you are interested in serving on a committee of the AAO, please review the list at www.academyofosteopathy.org/committees and download the committee application. Return the completed application to AAO Boards and Committees Liaison Debbie Cole at DCole@academyofosteopathy.org by Feb. 28.

Learn About NMM/OMM Certification

For information about initial certification, recertification or subspecialty certification in neuromusculoskeletal medicine and osteopathic manipulative medicine, visit www.aobnmm.org.

Online testing is now available, and upcoming testing dates are posted at https://certification.osteopathic.org/neuromusculoskeletal-medicine/all-exams/.

For more information email aobnmm@osteopathic.org.

Justin D. Puckett, DO, FACOFP, Named Physician of the Year

Justin D. Puckett, DO, FACOFP, a family physician at Complete Family Medicine in Kirksville, Missouri, was recently awarded the 2019 Osteopathic Family Physician of the Year Award by the Missouri Society of the American College of Osteopathic Family Physicians (MSACOFP).

Dr. Puckett was honored at a ceremony on Jan. 25 at the Hilton Garden Inn in Independence, Missouri, during the 2019 MSACOFP Winter Family Medicine Update. The prestigious award is given to an osteopathic family physician who exemplifies the principles of osteopathic family medicine via outstanding accomplishments and service for the betterment of the osteopathic profession. Dr. Puckett is a graduate of the A.T. Still University–Kirkville College of Osteopathic Medicine, and he completed residency in family medicine at Northeast Regional Health Center in Kirksville. He established his practice, Complete Family Medicine, in Kirksville in 2006, and he has since become dual board certified in osteopathic family medicine and obesity medicine.

Dr. Puckett has been a member and active participant of the MSACOFP for many years. He served as president from 2013 to 2015, and he has served on numerous society committees. Dr. Puckett has also served on several national osteopathic committees including the New and Emerging States Committee and the Editorial Committee for the American College of Osteopathic Family Physicians (ACOFP). During his tenure on the MSACOFP Board of Governors, he served Missouri many years by participating as a delegate at the ACOFP Congress of Delegates.

Dr. Puckett also completed an AOA Fellowship in health policy at the New York Institute of Technology College of Osteopathic Medicine which led him to take a more active role in health policy, both locally and nationally. Dr. Puckett is an avid teacher, working with students and residents in a variety of settings. He was named one of Kirksville’s top 5 under 40 in 2012 and was awarded the Steelman/Seim Educator Award for excellence in academics from the American Society of Bariatric Physicians in 2013. He was most recently recognized and presented the “Bias Buster Award” by the Obesity Action Coalition for his efforts regarding weight bias with the media, retail and travel industries and even other health care professionals.

Justin D. Puckett, DO, FACOFP (right), was named the 2019 Osteopathic Family Physician of the Year by the Missouri Society of the American College of Osteopathic Family Physicians.
2018-19 Golden Ram Campaign Update

The AAO’s 2018-19 Golden Ram campaign launched July 1, 2018, with a goal of $20,000. As of Jan. 31, 2019, a total of $17,569 has been contributed by 44 donors. That’s just over 88 percent. Donate now to help us reach our $20,000 goal.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2018-19 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

A.T. Still Club—$1,000 to $2,499
Boyd R. Buser, DO, FACOFP dist.
Hollis H. King, DO, PhD, FAAO, FCA
Gary L. Ostrow, DO
Paul R. Rennie, DO, FAAO
Akiyoshi Shimomura, DO (Hon.)
(Japan)
Damon M. Whitfield, DO

T.L. Northup Club—$500 to $999
Anthony G. Chila, DO, FAAODist, FCA
Dennis J. Dowling, DO, MA, FAAO
David M. Musgrave, DO
Karen T. Snider, DO, FAAO, FNAOME, and Eric J. Snider, DO
Edward G. Stiles, DO, FAAODist
Sheldon C. Yao, DO

Louisa Burns Club—$250 to $499
Charles A. Beck, DO, FAAO
Michael A. Chipman, DO
Stephen M. Ellestad, DO
Donald V. Hankinson, DO
Huy Hoang, DC, MD
Wesley C. Lockhart, DO
Tamara M. McReynolds, DO
Sherri L. Quarles
Michael P. Rowane, DO, MS, FAAFP, FAAO
Richard G. Schuster, DO
William H. Stager, DO, MS, MPH, FAAFP, FAAO, FACOFP dist

Vicki Dyson Club—$100 to $249
Murray R. Berkowitz, DO, MPH, FAOCOPM, FAAO
Millicent King Channell, DO, FAAO
Leslie M. Ching, DO

Debbie Cole
Gregory Alan Dott, DO, FAAO
Paula Eschtruth, DO, FCA
Laura E. Griffin, DO, FAAO
Mark R. Gugel, DO
Kendi L. Hensel, DO, PhD, FAAO
Chris C. Peine, DO
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME
Phillipp Richter, DO (Belgium)
Katherine A. Worden, DO, MS

Supporter—$99 or less
Paula M. Archer, OMS IV
Brian F. Degenhardt, DO
Jennifer L. Highland, DO
David M. Kanze, DO
Gail E. Lamb, DO
Merideth C. Norris, DO
Ian Schofield, DO (UK)
Members in the News

The January 2019 issue of The Journal of the American Osteopathic Association included work by several AAO members. For your convenience, those articles are summarized in the chart below.

<table>
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<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
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<tbody>
<tr>
<td>Sarah E. Davis, DO; Jan T. Hendryx, DO, FAAO; Stephanie Marie Bouwer, OMS III; Christian Louis Menezes, OMS IV; Heather Menezes, OMS IV; Vishesha R. Patel, OMS IV; Diana L. Speelman, PhD</td>
<td>January 2019 Correlation Between Physiologic and Osteopathic Measures of Sympathetic Activity in Women With Polycystic Ovary Syndrome</td>
<td>Polycystic ovary syndrome (PCOS) is a common hormone disorder that affects the reproductive, metabolic, and psychological health of reproductive-aged females, with a number of long-term health risks. Sympathetic hyperactivity in affected persons may be involved in the pathogenesis of the disorder. This descriptive observational study found that women with PCOS exhibit increased sympathetic tone by physiologic and osteopathic measures, indicating the utility of assessing sympathetic hyperactivity in these patients by osteopathic methods.</td>
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<td>Andrew J. Chin, DO, MS, MPH; Andrea D. Fischione, DO, MA; Ryan Shilian, DO; Lauren M. Walter, DO; Susan M. Ratay, DO, MS; Tamar Y. Bejanishvili, MD; Jonathan H. Wynbrandt, MD; Michael P. Rowane, DO, MS, FAAAA, FAAO</td>
<td>January 2019 Tolerance of Rib Raising Among Hospitalized Patients: A Pilot Study</td>
<td>The tolerance of rib raising technique in hospitalized patients has not been assessed in a systematic manner. In this study of patients who were admitted for asthma, pneumonia, chronic obstructive pulmonary disease, and/or congestive heart failure, researchers found that rib raising was well tolerated by the majority of patients.</td>
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Noor Ramahi, OMS II, the Student Government Association president from the Ohio University Heritage College of Osteopathic Medicine’s Cleveland campus shared what the SGA has been working on to engage students in activities for their professional, academic, and social lives in the Buckeye Osteopathic Physician Winter 2019 issue. Activities include organizing a Halloween trunk or treat, volunteering at a food bank, coaching community members to develop better lifestyle habits, and learning about food insecurity by participating in a Supplemental Nutrition Assistance Program challenge.

In The DO, Federation of State Medical Boards President and CEO Humayun J. Chaudhry, DO, welcomed the state of Michigan into the Interstate Medical Licensure Compact (IMLC) as the 25th state to enact the legislation. “The expansion of the Compact to half of all U.S. states is … [a] testament to state medical boards’ efforts to innovate and improve license portability … We welcome Michigan into the Compact and are pleased that Michiganders will benefit from having increased access to medical care,” Dr. Chaudhry said in a release.

Three members of the Student AAO were included in The DO’s story profiling inspirational women in medicine in advance of National Women Physicians Day on Feb. 3. Savannah Seigneur, OMS II, from the Ohio University Heritage College of Osteopathic Medicine in Dublin, played professional softball in the Netherlands during the summer between her first and second years of medical school. Katharina De Klerk, OMS IV, from the Midwestern University Chicago College of Osteopathic Medicine, advocates for the LGBTQ community and now serves as the president of the Student Osteopathic Medical Association. Mary Kaitlin Parks, OMS IV, from the Oklahoma State University Center for Health Sciences College of Osteopathic Medicine, got creative for her clinical rotations and decided to take her home with her on away rotations—in the form of an Airstream trailer.
New in the AAO’s Online Store

Mindful Relationships: Seven Skills for Success—Integrating the Science of Mind, Body and Brain
B. Grace Bullock
ISBN: 978-1909141704
189 pp., Paperback
$29.50 ($26.55, member price)

Human existence depends on relationships. Our brains rely on interconnected neural networks to function. Our minds relentlessly encode complex matrices of meaning to make sense of the world. And our physical and psychological development is contingent on the social bonds we share with others. *Mindful Relationships: The Seven Skills for Success* integrates the science of mind, body and brain to reveal how stress undermines these relationships, and what we can do about it. Chronic stress threatens our wellbeing and relationship success by creating systemic dysregulation of the mind, body and brain. This dysregulation leaves us relying on primal defense strategies like ....

The Five Osteopathic Models: Rationale, Application, Integration—From an evidence-based to a person-centered osteopathy
Raymond J. Hruby, editor, American edition
ISBN: 978-1909141681
224 pp., Paperback
$75 ($67.50, member price)

Far from being simply a sequence of techniques, as practiced in many countries, osteopathy is an independent primary health care system based on principles applied through a manual practice: a unique profession that takes care of the whole person through the application of five models (biomechanical, neurological, respiratory-circulatory, metabolic, and behavioral). These conceptual models of the relationship between structure and function allow osteopaths to evaluate treatment with the aim of promoting health rather than curing disease. This book is intended as a manual for both students and osteopathic ....

Foundations of Morphodynamics in Osteopathy
Torsten Liem and Patrick Van den Heede, editors
ISBN: 978-1909141247
703 pp., Hardcover
$110 ($99, member price)

In 35 chapters written by the editors and a team of internationally renowned contributors, the book covers the underlying principles of osteopathic palpation from a biodynamic and "morphodynamic" perspective, and their application in the cranial field and the spinal cord. It emphasises the importance of considering not just the patient’s physical self, but also the inner consciousness. It teaches how to assess tissue-energy characteristics, and to use this understanding in managing the whole patient. The work discusses biophysical, neurobiological and psychological interactions as well as the interplay of developmental dynamics and further epigenetic influences on the organism. As well as the primary respiratory mechanism, various ....
Course Description
This course is designed to enhance attendees’ palpatory skills (tissue texture, asymmetry and restriction of motion of both somatic and visceral interconnected structures); enhance knowledge of related somatic/visceral anatomy with fascial continuity via traditional Chinese medicine energy channel mapping; and provide a framework for cross-organ symptomatology and somatic dysfunction, bridging gaps between internal medicine subspecialties and neuromusculoskeletal medicine.

Prerequisite
Registrants should have completed a basic cranial course and have a grounding in balanced ligamentous tension, ligamentous articular strain and visceral techniques.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday.

Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
UNTHSC Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees
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<th>Dec. 18, 2018–Feb. 14, 2019</th>
<th>On or after Feb. 15, 2019</th>
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<tbody>
<tr>
<td>Academy member in practice*</td>
<td>$960</td>
<td>$1,160</td>
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<tr>
<td>Resident or intern member</td>
<td>$760</td>
<td>$960</td>
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<td>Student member</td>
<td>$560</td>
<td>$760</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
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<td>Nonmember resident or intern</td>
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</tr>
<tr>
<td>Nonmember student</td>
<td>$860</td>
<td>$1,060</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form

Viscerosomatic Release: A Systemic Model for Neuromusculoskeletal Medicine
Feb. 22-24, 2019

Name: ___________________________ AOA No.: ___________

Nickname for badge: ___________________________

Street address: ___________________________

City: ___________________________ State: _____ ZIP: ___________

Phone: ___________________________ Fax: _______________________

Email: ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

View the AAO’s cancellation and refund policy.

View the AAO’s photo and video release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
**Course Description**
Many children and adults have neurological disorders, learning disabilities or cognitive challenges. Studies show these individuals often have retained or reoccurring neonatal/primary reflexes. Optimally, these reflexes are inhibited in the first months of life. Neonatal reflex inhibition allows for more sophisticated neurological structures to develop.

Adults can see the reoccurrence of these neonatal/developmental reflexes in many pathologies, including trauma, PTSD, Parkinson’s, stroke, dementia, etc.

In children, these reflexes can be found in many dysfunctions including learning disabilities, sensory integration dysfunctions, trauma, cerebral palsy, ADD/ADHD, concentration problems, auditory, visual or vestibular issues, poor postural control, dyslexia, speech language delays, ASD, Down syndrome, etc.

There are approximately 28 neonatal reflexes at birth. We will go over most of these reflexes using quick, precise and efficient osteopathic CNS techniques to help integrate them. Inhibitory movement patterns will also be presented.

**Continuing Medical Education**
24 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**
Sunday and Monday from 8:30 a.m. to 6 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

**Meal Information**
Breakfast and lunch are on your own. Coffee and tea will be provided.

**Course Location**
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

### Registration Form

**Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children**

**March 10-12, 2019**

<table>
<thead>
<tr>
<th>Name: ____________________________</th>
<th>AOA No.: ________</th>
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<td>Street address: ____________________________</td>
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<td>Phone: ____________________________</td>
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</table>

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

**Signature: ____________________________**

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

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**Course Director**
Bruno Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry. Dr. Chikly also has the French equivalent of a master’s degree in psychology. In 2009, he received a doctorate in osteopathy from CROMON (Holistic Research Center for Osteopathic and Natural Medicine) and AIROP (Italian Association for Postural Occlusion Re-education) in Italy, and he is on the French National Registry of Osteopathy.

Dr. Chikly is an internationally renowned educator, lecturer and writer. He is the author of the book *Silent Waves: The Theory and Practice of Lymph Drainage Therapy*, as well as the creator of a DVD titled *Dissection of the Brain and Spinal Cord*, and he is working on a book about osteopathic manipulation and the brain. He lives in Scottsdale, Arizona, with his wife and partner, Alaya.

### Registration Fees

<table>
<thead>
<tr>
<th>Jan. 18 through Feb. 22, 2019</th>
</tr>
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<tbody>
<tr>
<td><strong>Save 10% when you register for the AAO’s 2019 Convocation.</strong></td>
</tr>
<tr>
<td><strong>With Convo</strong></td>
</tr>
<tr>
<td>Academy member in practice</td>
</tr>
<tr>
<td>Resident or intern member</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
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<tr>
<td>Nonmember resident or intern</td>
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</tbody>
</table>

*Registrations received after Feb. 22 will be processed on-site, incurring a $150 late fee. *The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members. This course is not appropriate for students.

- [ ] I am a practicing health care professional.
- [ ] I am a resident or intern.
- [ ] I will attend the AAO’s 2019 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Expiry date: ___________ 3-digit CVV No.: ____________________________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.
Course Description
The Fascial Distortion Model is a model of thinking that allows clinicians to utilize patients’ gestures and verbal descriptions to focus soft tissue treatment for fast and effective relief of pain. By incorporating the FDM with traditional OMM techniques, powerful results can be achieved. By applying the FDM philosophy to your practice, you can decrease treatment time and improve outcomes.

No previous experience with the FDM will be required. For those familiar with the FDM, this is an opportunity to gain a deeper understanding. This will be an excellent introduction to the model and a good starting point on the journey of incorporating FDM into your practice. The second part of the course will be focused on incorporating the FDM with concepts such as visceral manipulation, cranial manipulation, dry needling, and frequency specific microcurrent therapy. The use of FDM in the pediatric population and FDM treatment of fractures also will be discussed.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Director
Todd A. Capistrant, DO, MHA, earned both his doctor of osteopathic medicine degree and his master in health administration degree in 1997 from the Des Moines (Iowa) University College of Osteopathic Medicine. He is one of only three physicians in the United States who are currently certified to teach seminars on the FDM, and he is the president of the American Fascial Distortion Model Association.

Dr. Capistrant specializes in OMM, and he is certified by the American Board of Family Medicine. He is a member of the growing OMM department at the Tanana Valley Clinic in Fairbanks, Alaska, and he serves as a regional dean for the Pacific Northwest University of Health Sciences, College of Osteopathic Medicine in Yakima, Washington.

Registration Fees
Jan. 18 through Feb. 22, 2019

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<th>With Convo</th>
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<td>$1,020</td>
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<tr>
<td>Resident or intern member</td>
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<tr>
<td>Student member</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
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<td>$1,320</td>
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<tr>
<td>Nonmember resident or intern</td>
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<td>$1,120</td>
</tr>
<tr>
<td>Nonmember student</td>
<td>$738</td>
<td>$820</td>
</tr>
</tbody>
</table>

Registrations received after Feb. 22 will be processed on-site, incurring a $150 late fee. * The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

Registration Form
Fascial Distortion Model—Beyond the Basics: Osteopathy and FDM moving forward together!
March 10-12, 2019

Name: __________________________ AOA No.: __________
Nickname for badge: __________________________
Street address: __________________________________________
City: __________________________ State: _____ ZIP: ________
Phone: __________________________ Fax: __________________________
Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
In this course, attendees will explore the anatomy and function of the lymphatic system, in relationship to the visceral movement. When the lymphatics of the viscera are obstructed, the lymphatic and interstitial fluids back up, increasing the tension in the visceral attachments. This is associated with a decreased mobility of the organs, a visceral dysfunction. Of the nearly 450 lymph nodes in the body, about two-thirds are associated with the viscera.

Osteopathic approaches to the lymphatics began with Dr. Still. Those approaches were passed on to his students such as William Garner Sutherland, John Martin Hiss, Elmer Barber, Frank Chapman and Frank P. Millard. Some of these students expanded on what they had learned from Still. Only in the last 40 years has modern science discovered that the lymphatic system actually contracts and propels the lymphatic fluids, through what is called lymphangions, or “lymph hearts.” This contraction and movement is palpable and useful in diagnosing and treating a large range of osteopathic and medical issues.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 a.m. to 5:30 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819
Make your hotel reservations online now. To make your reservations by phone, call 1-866-996-6338 and use booking code 35809.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Visceral Lymphatics
March 10-12, 2019

Registration Form

Name: ____________________________ AOA No.: ________________
Nickname for badge: ____________________________
Street address: ________________________________________________
___________________________________________________________
City: _______________ State: _______ ZIP: _______________
Phone: _______________ Fax: _______________
Email: ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.
☐ I will attend the AAO’s 2019 Convocation.

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Cardholder’s name: ____________________________
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Signature: ____________________________

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Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Feb. 21-24, 2019
Osteopathy’s Promise to Children
*Advanced Explorations in Pediatric Osteopathy: Innovative Healing Approaches to Support Rapid Transformation in the Child*
Course director: Shawn K. Centers, DO, MH, FACOP
Osteopathic Center San Diego
Learn more and register at the-promise.org/cme/.

March 1-2, 2019
Osteopathy’s Promise to Children
*Integrated Osteopathic Dental Team, Part 1: Expanding the Integrative Team Approach to Sleep Disturbances*
Course director: Julie Mai, DO, and Darick Nordstrom, DDS
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

March 2, 2019
The American Osteopathic Academy of Addiction Medicine
*Advanced Addiction Medicine Course—Spring 2019*
University of Pittsburg:
Thomas Starzl Biomedical Science Tower
8 credits of AOA Category 1-A CME anticipated
Learn more and register at aoaam.org.

March 2-3, 2019
The American Osteopathic Academy of Addiction Medicine
*Essentials of Addiction Medicine—Spring 2019*
University of Pittsburg:
Thomas Starzl Biomedical Science Tower
16 credits of AOA Category 1-A CME anticipated
Learn more and register at aoaam.org.

April 3-7, 2019
American Osteopathic Association of Prolotherapy and Regenerative Medicine
*Spring 2019 Prolotherapy and Cadaver Lab*
Program chair: Gerald Harris, DO
The Westin Austin Downtown
Austin, Texas
27 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org/.

May 3-5, 2019
Osteopathy’s Promise to Children
*Intermediate Cranial Course: Expanding the Osteopathic Concept Beyond the Basics*
Course director: Raymond J. Hruby, DO, MS, FAAODist, and R. Mitchell Hiserote, DO
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

June 7-9, 2019
Rocky Vista University College of Osteopathic Medicine
*Still Exaggeration Technique*
Course director: Jerry Dickey, DO
Parker, Colorado
21 credits of AOA Category 1-A CME anticipated
Learn more and register at www.stillexaggeration.com.

July 17-21, 2019
Osteopathy’s Promise to Children
*Foundations of Osteopathic Cranial Manipulative Medicine (The 40-Hour Basic Cranial Course)*
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 7, 2019
Osteopathy’s Promise to Children
*OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary & Immune Systems*
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Oct. 5, 2019
Osteopathy’s Promise to Children
*OMT for Systemic Disorders and Physiological Functions: Gastrointestinal & Nervous Systems*
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.