Each July brings the end of the AAO’s fiscal year, which means we spend a great amount of time reviewing what we did the previous year and planning for the coming year. July is also the month of the American Osteopathic Association’s annual business meeting, so needless to say, your leaders have been very busy. I hope this report gives you an idea of what we’ve been working on.

AAO Trustees Adopt Balanced Budget

AAO President Kendi L. Hensel, DO, PhD, FAAO, convened the Board of Trustees for its summer meeting July 20-21 at the AAO office in Indianapolis. The trustees continued the precedent of adopting a balanced budget for the 2019-20 fiscal year, which will run from Aug. 1 through July 31. The Board worked with a proposed operational document submitted by Secretary-treasurer Judith A. O’Connell, DO, MHA, FAAO, to arrive at the final version. We reviewed our goals for the past year, developed the budget for the coming year, and strategized how to move forward with our 2019-22 Planning Playbook. The Planning Playbook is a vital part of our budget. It is our guide on how to move forward with the Academy’s goals.

This year has not been without our set of challenges as I am sure many organizations are feeling. Members are critically thinking about whom they would like to be associated with and where they will place their time, talent and funding. The AAO wants to ensure that we are the organization that continues to ensure that members want to stay a part of our team. The Board will ask themselves the tough questions, like What do we need to do to make that happen? We balance our budget and continue to maintain the high quality of educational opportunities that we offer; we strive to keep our membership dues lower; we keep a live person on the other end of the phone so that you do not fall into the world of automation. We look for opportunities to find resources to assist with the billing and coding issues. We have heard your concerns in reference to The AAO Journal needing to be indexed. Yes, we are listing and putting tools in place to ensure that this moves forward. Yes, the budget is balanced, but it still has some hiccups that could cause it to move in either direction. We are watching those variables closely.

Thank you to the following leaders who shared the entire weekend at the Academy office to ensure that the Academy’s mission moves forward: President Kendi L. Hensel, DO, PhD, FAAO; President-elect Paul R. Rennie, DO, FAAO; Secretary-treasurer Judith A. O’Connell, DO, MHA, FAAO; Immediate Past President Catherine M. Kimball, DO; Trustees Millicent King Channell, DO, FAAO; Stefan Haganian, DO, FAAO; Kurt P. Heinking, DO, FAAO; Richard G. Schuster, DO; Karen T. Snider, DO, FAAO; Sheldon C. Yao, DO, FAAO; Resident Trustee Amy Joy Selwach, DO, MBA; and Student Trustee Danielle D. Dukes, OMS IV.

Table of Contents

Executive director’s message.............. 1
Academy members at House of Delegates........................... 3
AAO calendar........................................ 4
OMED19 Registration............................ 6
OES review......................................... 6
Resident of the Year nominations........ 7
A tribute to Dr. Goldman..................... 8
Research grant applications................. 9
Membership announcements.............. 10
Committee Corner............................... 10
Golden Ram update............................ 11
Members in the news ......................... 13
AACOM releases applicant report........ 14
AAO course fliers................................ 16
Affiliate Calendar.............................. 20

AOA Annual Meeting and HOD

This year I had the pleasure of traveling with 2019-20 AAO President Kendi L. Hensel, DO, PhD, FAAO, and 2019-20 AAO President-elect Paul R. Rennie, DO, FAAO, to the American Osteopathic Association’s annual business meeting and House of Delegates.

This is a very hard week for the team, reading through all the resolutions and ensuring (continued on Page 2)
that we are supporting the ones that best fit our profession. Notice that I did not say the AAO. I will say it again: that best fit the profession—our osteopathic family and patients. We hold our mission—to teach, advocate and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles, practice and manipulative treatment in patient care—in high esteem, and just as important is the vision statement: “All patients are aware of and have access to osteopathic medical care and osteopathic manipulative medicine for optimal health.” So when we review the resolutions for the House of Delegates, we ask ourselves if they meet those goals. If they do, we support them and will stand behind them 100%. If we see concerns, we will ask the tough questions. Sometimes we can change a view, sometimes we can’t. The fact of the matter is that we do try and will not surrender.

**H-220 American Osteopathic Association Specialty Board Certification**

One of the more significant resolutions on the House of Delegates’ agenda was H-220, regarding AOA specialty board certification. At the AOA’s mid-year meeting, a resolution was passed that diminished the requirement for including osteopathic principles and practice in specialty board certification, allowing for a requirement for specialty-specific CME for certification.

**H-220 reaffirms a commitment to including OPP in all board certification exams, and it allows a requirement for specialty-specific CME for certification.**

---

**Executive director’s message (continued from Page 1)**

<table>
<thead>
<tr>
<th>2019 Advertising Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full page (7.5” x 10”)</td>
</tr>
<tr>
<td>Half page (7.5” x 5”)</td>
</tr>
<tr>
<td>Third page (7.5” x 3.3”)</td>
</tr>
<tr>
<td>Quarter page (3.75” x 5”)</td>
</tr>
<tr>
<td>Classified (per seven characters)</td>
</tr>
</tbody>
</table>
causing much confusion and consternation among osteopathic professionals who felt the OPP requirement is essential to maintaining osteopathic identity.

Meetings during the week of the House of Delegates found representatives from the AAO collaborating with other specialty colleges to support the amended H-220 to reaffirm a commitment to including OPP in all board certification exams. H-220 also allows a requirement for specialty-specific CME for certification.

But we aren’t done yet! This resolution only reopened the possibility of required OPP and optional specialty-specific CME for certification. The resolution also affirmed that determining specialty-board content is the purview of the specialty board organization. If the AOA solicits feedback, we will keep you informed.

Several specialty colleges united and presented comments at the AOA Educational Affairs Reference Committee in support of H-220 on Friday, July 26, 2019, at the AOA HOD meeting. Note the Explanatory Statement at the end of the full text on Page 2.

This resolution was the product of a collaboration by the AAO, the American College of Osteopathic Family Physicians, the American College of Osteopathic Internists, the American College of Osteopathic Surgeons, the American Osteopathic College of Dermatology, the American Os-

(continued on Page 5)
AAO Calendar of Events

Mark your calendar for these upcoming events and deadlines.

2019

Aug. 13  AAO Louisa Burns Osteopathic Research Committee’s web conference—8 p.m. Eastern

Aug. 16-18  “Myofascial Release”—Lisa Ann DeStefano, DO, course director—The Pyramids in Indianapolis

Aug. 20  AAO Awards Committee’s web conference—8:30 p.m. Eastern

Aug. 21  Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern

Sept. 2  Labor Day—AAO office closed

Sept. 5  AAO Publications Committee’s teleconference—7 p.m. Eastern

Oct. 19  Committee on Fellowship in the AAO’s meeting—Indianapolis

Oct. 25-28  AAO at OMED 2019: “Osteopathy for All”—Sarah Jean James-Miner, DO, program chair, and David C. Mason, DO, MBA, FACOFP, program co-chair—Baltimore Convention Center

Nov. 9  AAO Board of Trustees’ meeting—Indianapolis

Nov. 15  Applications for fellowship in the AAO (FAAO) due

Nov. 15-17  “Traditional Osteopathic Techniques of Carl Philip McConnell, DO”—Richard G. Schuster, DO, course director—Ohio University Heritage College of Osteopathic Medicine in Dublin

Nov. 28-29  Thanksgiving holiday—AAO office closed

Nov. 30  Resident of the Year nominations due

Dec. 1  Research grant applications due

Dec. 6-8  “Return to Vitality: Circulation, Respiration”—Kenneth J. Lossing, DO, course director—UNTHSC Texas College of Osteopathic Medicine

Dec. 11  Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern

2019 Full-Time, Assistant Professor Faculty Position

Touro University Nevada College of Osteopathic Medicine (TUNCOM) is seeking qualified osteopathic physicians (D.O.) for a full-time assistant professor position in the Department of Osteopathic Manipulative Medicine. Responsibilities include teaching osteopathic medical students the principles of osteopathic manipulative medicine both in the classroom and clinic settings and in providing support for program development.

MINIMUM QUALIFICATIONS:
1. Osteopathic Physician, graduate of an AOA-approved osteopathic medical college;
2. Experience teaching and utilizing a variety of osteopathic manipulative medicine techniques;
3. Licensed or eligible for licensure to practice medicine in the state of Nevada;
4. Proficient in basic communication tools including email, Word and PowerPoint

PREFERRED QUALIFICATIONS:
The ideal candidate is preferred to be certified in Neuromusculoskeletal Medicine / Osteopathic Manipulative Medicine or Special Proficiency in Osteopathic Manipulative Medicine though candidates who have proven experience in providing high level osteopathic manipulative medicine services will be considered.

SALARY:
Commensurate with experience.

Learn more about Touro at tun.touro.edu
Apply on-line at https://touro.peopleadmin.com/postings/search
For more information, please contact:
Mrs. Theresa Bruscella
(702) 777-4740
theresa.bruscella@tun.touro.edu

Gorgeous canyons, the iconic Las Vegas Strip, a passionate sports town, and thriving community are a few reasons why you will like to call Southern Nevada home. You will be a part of a growing landscape when you join us.

Touro University Nevada is located in Henderson, Nevada – named the second safest city in America by Forbes magazine and “Best Places to Live in America” by Money magazine.
Executive director’s message (continued from Page 3)

The osteopathic Colleges of Ophthalmology and Otalaryngology – Head and Neck Surgery, and the American College of Osteopathic Pediatricians. Together we are stronger, and together we will stand.

New AOA Leadership

The American Academy of Osteopathy would like to welcome Kevin Klauer, DO, EJD, FACEP, the AOA’s new CEO. Dr. Klauer, a graduate of the Des Moines University College of Osteopathic Medicine, joins the AOA from TeamHealth, where he most recently served as chief medical officer for hospital-based services, chief risk officer and executive director for the patient safety organization. Learn more about Dr. Klauer in The DO.

AAO also welcomes AOA 2019-20 President Ronald Burns, DO. Dr. Burns is a board-certified family physician in private practice. He understands health care needs and putting the patient first, and he has a clear understanding of affiliate relations and partnership. We look forward to reconstructing that path together. Learn more about Dr. Burns in The DO.

Expanding OES’s Influence

The AAO’s Osteopathic Education Service was well received once again at the AOA’s House of Delegates meeting. You can read their complete report on Page 6, but I wanted to note how pleased we were to introduce Timothy P. Brigham, MDiv, PhD, the chief of staff and chief education and organizational development officer for the Accreditation Council for Graduate Medical Education, to OES and what we do there. Ann L. Habenicht, DO, FAAO, FACOFP, CS, deftly provided a personalized demonstration of osteopathic manipulation for Dr. Brigham.

As we move into the single accreditation world, it is imperative that the leaders of ACGME understand what we have to offer and how distinct our approach is. We appreciate Dr. Brigham and ACGME Senior Vice President for Osteopathic Accreditation Lorenzo Pence, DO, taking the time to connect with us.
Register Now for OMED19, Oct. 25-28 in Baltimore

During the American Osteopathic Association’s annual OMED conference, the AAO is one of several specialty colleges offering programming. Join us for “Osteopathy for All” Oct. 25-28 at the Baltimore Convention Center.

The AAO’s 2019 program will focus on the current evidence for osteopathic practice and principles and the incorporation of osteopathic manipulative treatments into daily clinical practice. Scheduled topics include medical marijuana, osteopathic manipulative treatment and opioids, OMT in obstetrics, OMT for psychiatric patients, pediatric rheumatology, OMT in sports medicine, and vaccines. See the AAO’s complete schedule online at www.academyofosteopathy.org/OMED.

The program will be approachable for all skill levels through the lens of many different specialties. The AAO is partnering with several specialty colleges to provide high-quality, evidence-based lectures and hands-on instruction from clinicians with clinical experience in internal medicine, neurology, psychiatry, obstetrics and gynecology, pediatrics, family medicine, sports medicine, and addiction medicine. Joint sessions will be held with the American College of Osteopathic Pediatricians (ACOP), the American College of Osteopathic Family Physicians (ACOFP), the AOA Bureau on Scientific Affairs and Public Health (BSAPH), the American Osteopathic Academy of Sports Medicine (AOASM), American College of Osteopathic Neurologists and Psychiatrists (ACONP) and the American Osteopathic Academy of Addiction Medicine (AOAAM).

Registration Information
When you register for OMED, select the AAO as one of the specialty colleges whose program you will attend to ensure the AAO receives a portion of your registration fee. This profit-sharing allows the AAO to continue providing programming at future OMED conferences. Although you can choose up to four specialty colleges, the fewer you choose, the greater the profit share for each.

See you in Baltimore!

OES Provides OMT Demos at HOD

At the American Osteopathic Association’s House of Delegates meeting in July, the AAO’s Osteopathic Education Service team was hard at work. Led by Ann L. Habenicht, DO, FAAO, FACOFP, CS, 12 physicians provided 79 hands-on, personalized demonstrations of osteopathic manipulative treatment for other physicians, students and staff of both the AAO and the AOA. Attendance in 2019 was substantially higher than the previous two years, which is encouraging. At the 2018 meeting, 11 volunteers provided 48 demonstrations, and 12 volunteers provided 59 demonstrations in 2017.

We have asked participants to complete a survey at recent events, and the response is overwhelmingly positive. The only way we could make it better is by having more physicians volunteer to demonstrate treatment.

Our thanks go out to the following physicians who provided demonstrations: Michael A. Chipman, DO; John C. Coppinger, DO; Ann L. Habenicht, DO, FAAO, FACOFP, CS; Michael G. Knapp, DO; Veera N. Motashaw, DO; M. Shane Patterson, DO; Paul R. Rennie, DO, FAAO; Eric H. Sharp, DO; Pierce M. Sherrill, DO; Christina M. Steele, DO; Joel D. Stein, DO, FAAO; and Andrew Yuan, DO.

This is a service that is much appreciated by those who take advantage of it, and we encourage everyone to check it out. We will be at OMED in Baltimore in October. Please consider volunteering your time. Physicians who volunteer earn 0.5 credit of AOA Category 1-B CME for each demonstration. We hope to see you there!

Submit Member News
Have you or a colleague done something noteworthy? Submit news items to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org to be included in the next issue of AAO Member News.
Established in 2008, the AAO’s Resident of the Year award recognizes outstanding residents who promote osteopathic principles and practices in their residency programs in addition to contributing to the AAO and the osteopathic profession at large. You are encouraged to nominate a resident who has contributed to the AAO, has contributed to osteopathic principles and practices at his/her residency program, and who has participated in Academy events, including but not limited to the AAO’s Convocation, the American Osteopathic Association’s annual conference (OMED), and/or AAO educational programs. Residents also may represent their residency program with a self-nomination for the American Academy of Osteopathy Resident of the Year.

Nomination forms must be accompanied by a brief essay on the nominee’s merit, a personal statement from the nominee and the nominee’s current curriculum vitae. This packet of information must be submitted in one complete application by the nominating organization and must be postmarked by Nov. 30.

AAO resident members who are currently in or who have recently graduated (after Jan. 1, 2019) from an osteopathic residency program are encouraged to submit a completed nomination packet. One nomination per year is accepted from any osteopathic-approved residency program or AAO component society.

The award will be presented during the AAO’s 2020 annual meeting on Thursday, March 12, at The Broadmoor in Colorado Springs, Colorado.

Michael P. Rowane, DO, MS, FAAO, FAAFP (right), presented the 2018 Resident of the Year award to Jacob J. Cukierski, DO, who completed his osteopathic family medicine residency in 2017 at Buffalo’s Sisters of Charity Hospital before serving as chief resident for the neuromusculoskeletal medicine plus-one residency at Millcreek Community Hospital in Erie, Pennsylvania.

---

**Fulford Legacy Conference**

**BASIC PERCUSSION COURSE**

*Friday, Nov. 22 - Sunday, Nov. 24, 2019*

Sheraton Detroit Novi Hotel

**Speakers:**

- Richard W. Koss, DO, C-SPOMM, C-ACOFP
- William H. Stager, DO, MS, MPH, FAAFP, FAAMA, FAAO, FACOFP dist.

**23 NMM-Specific AOA Category 1-A Credits**

Contact: Melissa Budd
CME Program Manager
Michigan Osteopathic Association
mbudd@domoa.org
517-347-1555 ext. 112

Early Bird registration until Nov. 1
[www.domoa.org/fulford](http://www.domoa.org/fulford)
A Tribute to Stephen I. Goldman, DO, FAAO, FAOASM

by David M. Kanze, DO, FAAO; Tana K. Cooper, DO; and Amber M. Gruber, DO


“He never ran out of love, just out of time.”

Steve was a champion of osteopathic medicine, residency training and mentoring, and he was the epitome of kindness, humor and love. Each person he touched, literally and figuratively, remembered him as they always felt better after the encounter. When he was diagnosed with ALS (amyotrophic lateral sclerosis, or Lou Gehrig’s disease) and could no longer speak, he found a PowerPoint program that would talk for him.

When he was forced to retire, he could have slunk away in silence, but instead he wrote two books. His first, Shut Up and Listen: Why doctors don’t listen and how they can be part of the cure, passed along lessons he learned about going from doctor to patient. More difficult to author was his second book, Slow Panic, about living with ALS. It is in the publishing stages now.

Steve fought for his health, his family, his patients, and his residents. The residents cherished him as much as he revered them, as we were his “adopted kids.” His mentorship and friendship did not end when we graduated from his program; it flourished and blossomed. If we had a treatment question, we could always call Steve. If we had a life question, we could call Steve. If we needed a paper edited, commented on or improved, we could send it to Steve. He was always glad to help, to share his knowledge with anyone who requested it. In his final days, Steve wrote to his “kids”:

First off, thank you for allowing me to be your program director. I know that I did not do a perfect job, and I hope that you forgive me for those times, but each of you were able there to develop a unique way of treating patients. I am so proud of all of you for building your own dreams of family and career. It was my highest honor to work with each and every one of you. Even cooler is each of you found your own unique path to bring healing to the world!

He apologized to us for not being perfect! It was his “honor” to work with us. Steve, it was our honor to have worked with you, to have had your presence and everlasting goodness and influence in our lives. This humbleness and affection for others is what made him perfect, his quest to always improve others. In this he succeeded beyond his and our wildest dreams.

In Memoriam: Stephen I. Goldman, DO, FAAO, FAOASM

Stephen I. Goldman, DO, FAAO, FAOASM, of Novi, Michigan, died on June 26, 2019. He was a 1984 graduate of what is now the Des Moines University College of Osteopathic Medicine. He completed his internship and family medicine residency at Botsford Hospital in Farmington Hills, Michigan. He was a member of the teaching faculty at Beaumont Farmington Hills, and he was an assistant clinical professor in the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine.

Dr. Goldman also served as the program director for the ONMM2/Plus One Residency Program at Beaumont Farmington Hills. In addition, he served as a member of the Research and Education Committee of Sports Science and Medicine for United States Figure Skating, and he worked with figure skaters at the local, national, international and Olympic level for more than 20 years.

Charitable contributions may be made to the ALS of Michigan or the ALS Association Michigan Chapter.
Research Grant Applications Due Dec. 1

The AAO Louisa Burns Osteopathic Research Committee (LBORC) is seeking research grant applications involving health care outcomes in the practice of osteopathic medicine, with an emphasis on the utilization of osteopathic manipulative medicine/treatment (OMM/OMT) in patient care. The AAO has two research grant cycles per year with funds released in December (letter of intent due June 1) and May (applications due Dec. 1). Research funding is typically $10,000 per year with a grant duration of 1 year (2 years with justification).

The AAO recognizes the value of all areas of biomedical and educational research with a focus on those areas that investigate the unique aspects of osteopathic medicine. The breadth of this research focus may include but is not limited to:

- Mechanisms of action of OMT
- Clinical efficacy of OMT, which may include cost-effectiveness of osteopathic health care
- Biomarker assays in OMT delivery
- Collecting normative data in OMT
- Inter- and intra-examiner reliability of palpation/sensory assessment, which may include improvement of OMT record keeping
- OMT technique understanding or development, including methods to validate OMT through specific replicable research methodologies
- Methods of reproducible measurement of physiologic response, measurable outcome changes, and lengths of changes and responses to OMT
- Developing statistical methods instruments for OMT including surveys, SOAP notes, digital documentation through electronic health records, health status assessments and instruments for bias reduction
- Methods of teaching palpation and assessment of diagnosis (TART) in OMT
- Effects of patient–physician relationship on outcomes in OMT and sham techniques

The AAO will not fund machine or equipment engineering research and development.

To be considered in the upcoming grant cycle, submit your letter of intent by Dec. 1. Learn more at www.academyofosteeopathy.org/aao-grant-application-process.

Sam Houston State University

DEPARTMENT OF OSTEOPATHIC PRINCIPLES & PRACTICES

Faculty Job Posting: http://shsu.peopleadmin.com/postings/20688

SHSU Proposed COM is seeking full-time osteopathic medical educators to join the Department of Osteopathic Principles & Practices. Faculty will design and deliver state-of-the-art, evidence-based OMM curriculum in all four years. Faculty will also participate in the SHSU practice plan as well as scholarly and service activities.

Contact Dr. Sharon Gustowski (Chair), for more information. sgustowski@shsu.edu 210-414-1480 (cell)

EEO Statement: Sam Houston State University is an Equal Opportunity/Affirmative Action Plan Employer and Smoke/Drug-Free Workplace. All qualified applicants will receive consideration for employment without regard to race, creed, ancestry, marital status, citizenship, color, religion, sex, national origin, age, veteran status, disability status, sexual orientation, or gender identity. Sam Houston State University is an “at will” employer. Security sensitive positions at SHSU require background checks in accordance with Education Code 51.215.

Continuing Studies: The Nose and Throat

Andrew Goldman, DO, Course Director
October 4–6, 2019
University of New England COM | Biddeford, Maine

This will be an in-depth exploration of the nose, mouth and throat. We will hear anatomy lectures from Frank Willard, PhD and Mark Schuenke, PhD. There will be special dissections relevant to the course that will be on display for the participants during the extended lunch hour of the second day of the course.

SCTF faculty will present lectures and labs with practical information for treatment of the mid-face, mouth and throat. This course follows The Eye in 2016 and The Ear in 2017. Both of these courses were excellent and very well received. This course will also keep to that high standard and will be full of useful information and experiences. We’re looking forward to sharing it!

Prerequisites: 2 Approved Basic Courses; 1 of which must have been an SCTF Basic Course
CME: 18.5 hours 1-A CME Anticipated
Course Tuition: $825 before August 3rd | $875 after August 3rd
Lodging: Group Lodging at Holiday Inn Express, Saco
45 Barra Rd. | Biddeford, ME
Call 207-294-6464 – Identify Group Code SCTF for group pricing

Contact: Susan — lemastersctf@gmail.com
phone: 971-212-1096     fax: 503-905-6050
Membership Announcements

**2019-20 Member Dues**

Membership renewal payments for the year 2019-20 were due July 31. If you have not paid your 2019-20 dues, please log in to your account at www.academyofosteopathy.org at your earliest convenience to pay your open invoice online. Step-by-step instructions are below. Your prompt payment allows the AAO to accurately and efficiently plan for the coming year. Please note that only members in good standing may serve on committees.

1. Log in to your profile at www.academyofosteopathy.org.
2. On the main menu, go to Shop > My Active Invoices.
3. Select the invoice(s) you wish to pay.
4. Click View Cart.
5. From the shopping cart, click update settings.
6. Confirm your information in the membership application.
7. On Page 1 of the application, confirm your membership type to ensure you will pay the correct rate. An incorrect membership type may delay your renewal.
8. On Page 7, click Save Application

Your membership renewal will be processed when you complete the checkout process.

When you log in to pay your dues, be sure to update your contact information and confirm your privacy settings.

**Member Database Update**

In July, AAO staff made some changes to the online member database. The most obvious change is how names appear. Because the AAO is not a certifying body and cannot efficiently track who is currently certified, we have removed certifications from the name field. For instance, **Kendi L. Hensel, DO, PhD, FAAO, C-NMM/OMM** is now **Kendi L. Hensel, DO, PhD, FAAO**. However, certification information has been retained, and we’d love for each of you to update your information.

After you log in, click on Edit Profile from the profile page. On the Employment Info tab, you will see a list of certifications. These are the top 10 certifications among AAO members. There also is an Other option, and when you complete the Other option, an additional Other will appear, so you can add as many certifications as necessary. We also encourage members to add updated biographies to their profiles (found on the Profile Info tab when editing your profile). This would be an ideal place to mention your certifications. If you want the public, including prospective patients, to be able to view your biography, be sure to update your privacy settings.

**Connect With AAO Members**

AAO members can connect with other members in a variety of ways via the AAO’s website. Once a member is logged in, they have access to the Member Directory Search under the Profile tab in the main menu, and they have access to the members-only forum under Resources on the main menu. Use the Member Directory Search to find contact information for your fellow members, and use the forum to engage in discussions about issues directly affecting the Academy and its members. Remember: You must be logged in to the website to view either of these sections.

---

**Committee Corner**

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteopathy.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

The **LBORC review committee** members are evaluating a few research grant requests received for this cycle with funding to be distributed in December. Letters of intent for the next grant cycle are due Dec. 1 with funds to be distributed in May 2020.

The **AAO Publications Committee** met via teleconference on July 11 to discuss the direction of The AAO Journal and to review a book proposal.

The **AAO Education Committee** and the **SAAO Executive Council** convened in Indianapolis the first weekend of August to discuss plans for the AAO’s 2020 Convocation, which will be held March 11-15 at The Broadmoor in Colorado Springs, Colorado.
The AAO’s 2018-19 Golden Ram campaign, which launched July 1, 2018, and closed July 30, 2019, collected donations totaling $26,663.50 from 73 donors. We exceeded our goal of $20,000 for the year, but PLEASE continue to give into 2019-20. Your donations are greatly appreciated.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2019-20 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President’s Club—$2,500 or more
Gary L. Ostrow, DO
Christopher McCord Stephenson, DO
Damon M. Whitfield, DO

A.T. Still Club—$1,000 to $2,499
Boyd R. Buser, DO, FACOFP dist.
Hollis H. King, DO, PhD, FAAO, FCA
Paul R. Rennie, DO, FAAO
Akiyoshi Shimomura, DO (Hon.) (Japan)
John P. Tortu, DO

T.L. Northup Club—$500 to $999
Juan F. Acosta, DO, MS
Michael S. Carnes, DO, FAAO
Anthony G. Chila, DO, FAAODist, FCA
Michael A. Chipman, DO
Dennis J. Dowling, DO, MA, FAAO
Sharon Gustowski, DO, MPH
Stefan Hagopian, DO, FAAO
David M. Musgrave, DO
Bonnie J. Sendzicki, DO
Karen T. Snider, DO, FAAO, FNAOME, and Eric J. Snider, DO
Edward G. Stiles, DO, FAAODist
Sheldon C. Yao, DO, FAAO

Louisa Burns Club—$250 to $499
Kerry E. Agnello, DO

Robert N. Agnello, DO, FACOFP
Charles A. Beck, DO, FAAO
Gregory Craddock, DO
Stephen M. El lestad, DO
Donald V. Hankinson, DO
Huy Hoang, DC, MD
Catherine M. Kimball, DO
Carol L. Lang, DO, and James Steichen
Welsey C. Lockhart, DO
Tamara M. McReynolds, DO
Sherri L. Quarles
Michael P. Rowane, DO, MS, FAAFP, FAAO
Richard G. Schuster, DO
William H. Stager, DO, MS, MPH, FAAFP, FAAO, FACOFP dist

Vicki Dyson Club—$100 to $249
Murray R. Berkowitz, DO, MPH, FACOPM, FAAO
Stephen D. Blood, DO, FAAODist
Millicent King Channell, DO, FAAO
Leslie M. Ching, DO
Elizabeth C. Clark, DO
Debbie Cole
Gregory Alan Dott, DO, FAAO
Paula Eschtruth, DO, FCA
Jerel H. Glassman, DO
Laura E. Griffin, DO, FAAO
Mark R. Gugel, DO
David B. Hagie, DO

Kendi L. Hensel, DO, PhD, FAAO
Paul S. Miller, DO, FCA
Benjamin N. Paschkes, DO
Chris C. Peine, DO
Phillipp Richter, DO (Belgium)
Eric Schneider, DO, and Therese Schneider
Janet E. Secor, DO
Joel D. Stein, DO, FAAO
Shigeru Tajiri, DO (Japan)
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME
David E. Teitelbaum, DO
Katherine A. Worden, DO, MS

Supporter—$99 or less
Paula M. Archer, DO
Richard H. Armond III, DO
Brian F. Degenhardt, DO
Jennifer L. Highland, DO
Robert W. Hostoffer, DO, LhD, FAAP, FACOP, FACOI
David M. Kanze, DO, FAAO
Jonathon R. Kirsch, DO
Gail E. Lamb, DO
Merideth C. Norris, DO
Sun F. Pei, DO
Ian Schofield, DO (UK)
Ava C. Stanczak, DO
Deborah G. Steinemecker, DO

President’s Club—$2,500 or more
Gary L. Ostrow, DO
Christopher McCord Stephenson, DO
Damon M. Whitfield, DO

A.T. Still Club—$1,000 to $2,499
Boyd R. Buser, DO, FACOFP dist.
Hollis H. King, DO, PhD, FAAO, FCA
Paul R. Rennie, DO, FAAO
Akiyoshi Shimomura, DO (Hon.) (Japan)
John P. Tortu, DO

T.L. Northup Club—$500 to $999
Juan F. Acosta, DO, MS
Michael S. Carnes, DO, FAAO
Anthony G. Chila, DO, FAAODist, FCA
Michael A. Chipman, DO
Dennis J. Dowling, DO, MA, FAAO
Sharon Gustowski, DO, MPH
Stefan Hagopian, DO, FAAO
David M. Musgrave, DO
Bonnie J. Sendzicki, DO
Karen T. Snider, DO, FAAO, FNAOME, and Eric J. Snider, DO
Edward G. Stiles, DO, FAAODist
Sheldon C. Yao, DO, FAAO

Louisa Burns Club—$250 to $499
Kerry E. Agnello, DO

Robert N. Agnello, DO, FACOFP
Charles A. Beck, DO, FAAO
Gregory Craddock, DO
Stephen M. El lestad, DO
Donald V. Hankinson, DO
Huy Hoang, DC, MD
Catherine M. Kimball, DO
Carol L. Lang, DO, and James Steichen
Welsey C. Lockhart, DO
Tamara M. McReynolds, DO
Sherri L. Quarles
Michael P. Rowane, DO, MS, FAAFP, FAAO
Richard G. Schuster, DO
William H. Stager, DO, MS, MPH, FAAFP, FAAO, FACOFP dist

Vicki Dyson Club—$100 to $249
Murray R. Berkowitz, DO, MPH, FACOPM, FAAO
Stephen D. Blood, DO, FAAODist
Millicent King Channell, DO, FAAO
Leslie M. Ching, DO
Elizabeth C. Clark, DO
Debbie Cole
Gregory Alan Dott, DO, FAAO
Paula Eschtruth, DO, FCA
Jerel H. Glassman, DO
Laura E. Griffin, DO, FAAO
Mark R. Gugel, DO
David B. Hagie, DO

Kendi L. Hensel, DO, PhD, FAAO
Paul S. Miller, DO, FCA
Benjamin N. Paschkes, DO
Chris C. Peine, DO
Phillipp Richter, DO (Belgium)
Eric Schneider, DO, and Therese Schneider
Janet E. Secor, DO
Joel D. Stein, DO, FAAO
Shigeru Tajiri, DO (Japan)
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME
David E. Teitelbaum, DO
Katherine A. Worden, DO, MS

Supporter—$99 or less
Paula M. Archer, DO
Richard H. Armond III, DO
Brian F. Degenhardt, DO
Jennifer L. Highland, DO
Robert W. Hostoffer, DO, LhD, FAAP, FACOP, FACOI
David M. Kanze, DO, FAAO
Jonathon R. Kirsch, DO
Gail E. Lamb, DO
Merideth C. Norris, DO
Sun F. Pei, DO
Ian Schofield, DO (UK)
Ava C. Stanczak, DO
Deborah G. Steinemecker, DO
Assistant/ Associate Professor of Osteopathic Principles and Practices

Job Type: Full-time, Exempt

The proposed Noorda College of Osteopathic Medicine in Provo, UT seeks a progressive, AOBNMM certified physician leader to join our team of visionary educators. Our innovative curriculum is a blend of asynchronous material, faculty lead didactics, simulation and hands on clinical skills development in an individually paced format allowing accommodation of a variety of learning styles. The proposed Noorda-COM has been conferred Candidate status recognition by the Commission on Osteopathic College Accreditation (COCA) with the intention of initiating classes in the fall of 2021.

Duties include:

- Leads OPP content across all four years of the COM’s curriculum
- Participating in student education, scholarly activities, and service
- Counseling and mentorship for students
- Conducting original research/scholarly activities
- Pursue extramural funding

Education:  
D.O. degree from a COCA accredited COM  
Completion of an AOA or ACGME accredited residency  
Active board certification from the American Osteopathic Board of Neuromuscular Medicine (AOBNMM) or a Certificate of Special Proficiency in OMM (C-SPOMM) with Maintenance of Certification  
Ability to accomplish an unrestricted license to practice medicine in the state of Utah. US citizenship or permanent residency is required.

Experience:  
A minimum of three years as full-time faculty with experience in teaching medical students, an active medical license. Evidence of productivity in research or other scholarly activities preferred.

Salary:  
Commensurate with experience

Interested candidates are to email:
- Letter of interest
- Curriculum Vitae (CV)
- Three (3) professional references who may be contacted  
  o Names  
  o Titles  
  o Addresses  
  o Telephone numbers

Please send a completed package electronically to careers@noordacom.org

Noorda College of Osteopathic Medicine (Noorda-COM) is committed to promoting an equal employment opportunity workplace.
Members in the News

The July 2019 issue of *The Journal of the American Osteopathic Association* featured work by several AAO members. For your convenience, those articles are summarized in the chart below.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christopher Larrimore, MSc, OMS IV; Amanda Ramnot, OMS III; Annmarie Rose Jaghab, OMS III; Sofia Sarduy, OMS III; George Guerrero, MPH, OMS III; Peter Sciarretta Troccoli, OMS III; Kelly Hilton, DO; Alison Bested, MD</td>
<td>July 2019</td>
<td>Understanding Myalgic Encephalomyelitis/Chronic Fatigue Syndrome and the Emerging Osteopathic Approach: A Narrative Review</td>
<td>Myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) is a debilitating syndrome of unknown origin, characterized by profound postexertional malaise and fatigue, unrefreshing sleep, cognitive impairments, immune dysfunction, pain, autonomic dysfunction, and neuroendocrine symptoms. Although ME/CFS is well documented within the medical literature, it remains difficult to diagnosis and manage. Some of the current challenges include an absence of diagnostic markers, differing diagnostic criteria, and an overall lack of awareness within the medical community. As a result, patients are often frustrated by the difficulties in acquiring a diagnosis and from the overall lack of available treatments. In an effort to increase awareness, this review discusses disease pathophysiology, clinical presentation, and treatment options, while also highlighting the benefits of an osteopathic approach.</td>
</tr>
<tr>
<td>Sara Elayne Modlin, DO; Kristian Borofka, DO; Danielle Franzini, DO; Alaina Christine Klene-Bowns, DO, MPH; Victor A. Nuño, DO</td>
<td>July 2019</td>
<td>OMT for the Prevention and Management of Chronic Constipation and Distal Intestinal Obstructive Syndrome in Cystic Fibrosis: A Pilot Study</td>
<td>Cystic fibrosis (CF) is an autosomal recessive genetic disorder primarily affecting the lungs and digestive system. Patients with CF often have multiorgan dysfunction, including chronic lung infections, pancreatic insufficiency, chronic constipation, and distal intestinal obstructive syndrome (DIOS). This study was designed to understand the impact of osteopathic manipulative treatment (OMT) on the prevention and management of gastrointestinal symptoms in patients with CF. OMT was applied to the viscera, spine and other somatic components to improve bowel symptoms and prevent DIOS. Results support the use of OMT as a method for the management of chronic constipation and DIOS in the CF population. However, because of the small population size, more research with larger populations is needed.</td>
</tr>
<tr>
<td>Federica Sarti, PhD, OMS IV; Kimberly J. Wolf, DO; Joel Talsma, MS; Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME</td>
<td>July 2019</td>
<td>Mesenteric Lift for Constipation in Cystic Fibrosis</td>
<td>In this “OMT Minute,” Dr. Wolf demonstrates how to use osteopathic manipulative treatment to relieve constipation in patients with cystic fibrosis.</td>
</tr>
</tbody>
</table>

(continued on Page 13)
Members in the news (continued from Page 13)

Darrin D. D’Agostino, DO, the executive dean of the Kansas City University College of Osteopathic Medicine, is very proud that KCU-COM received the highest level of accreditation from the Commission on Osteopathic College Accreditation. Based on an extensive review of the school’s campuses in Kansas City and Joplin, Missouri, including an assessment of standards in curriculum, leadership, finances, facilities, faculty, staff, research and graduate medical education outcomes, the accreditation is effective for up to 10 years. Dr. D’Agostino told The DO, “This exceptional outcome status is the result of many years of hard work by our faculty and staff and their dedication to the guiding principles of osteopathic medicine that KCU embodies every day.”

Michelle F. Veneziano, DO, of Mill Valley, California, provided suggestions to make sitting less detrimental to your body’s health for a June 12 story on ThriveGlobal.com.

Jonathan N. Bruner, DO, of Bloomfield, Michigan, shared his thoughts on how physicians and their staffs can manage online reviews in a July 10 story for The DO.

The Infectious and Tropical Disease Institute (ITDI) at the Ohio University Heritage College of Osteopathic Medicine launched a new program to avert a possible outbreak of HIV and hepatitis C in southeastern Ohio. “We already know how effective ITDI has been in working across national borders with local populations and agencies to promote global health,” said Kenneth H. Johnson, DO, FAAO. Heritage College executive dean and Ohio University chief medical affairs officer. “It’s wonderful to see the institute taking international lessons learned and applying them locally. I have no doubt that their expertise and engagement will be of great benefit to southeast Ohioans.” Learn more at ohio.edu.

Sheldon C. Yao, DO, FAAO, and colleagues from the New York Institute of Technology College of Osteopathic Medicine in Old Westbury provide medical care to clients at Rock Steady Boxing, an exercise program designed for patients with Parkinson disease. Learn more at nyit.edu.

Erika Dana Niewald, OMS III, from the Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) in Dublin, is one of four students named fellows for 2019-20 by the Columbus-Athens chapter of the Albert Schweitzer Fellowship. The fellowships will support the students as they create and carry out a yearlong service project to address unmet health needs. Read more.

Associate member Lisa M. Hodge, PhD, was part of the team that received The Journal of the American Osteopathic Association’s 2019 George W. Northup, DO, Writing Award for “Lymphatic Pump Treatment Mobilizes Bioactive Lymph That Suppresses Macrophage Activity In Vitro,” which was published in the July 2018 issue of the JAOA. In the article, the authors describe a study designed to determine whether thoracic duct lymph mobilized during lymphatic pump treatment would alter the function of macrophages in vitro.

AACOM Releases New Applicant and Matriculant Report

The recently-released 2018 AACOMAS Profile: Applicant and Matriculant Report provides a snapshot of the osteopathic medical school applicants and matriculants for the 2018 entering class. The annual report summarizes the American Association of Colleges of Osteopathic Medicine Application System data on overall mean GPA, mean MCAT scores, matriculant distributions across the U.S., and more.

U.S. colleges of osteopathic medicine (COMs) matriculated 7,575 applicants to the 2018 entering class, 7,415 (98 percent) of whom applied through AACOMAS and were matched to their applicant records used to produce this report. Highlights of the report include:

- The mean age was 23 for the class matriculating in 2018, down from 24 in 2017.
- For the single race/ethnicity category, the percentage of under-represented minorities decreased, from 10.3% in 2017 to 9.6% in 2018.
- Matriculants’ post-baccalaureate overall mean GPA is the highest reported at 3.71, followed by graduate GPAs at 3.64, all-coursework at 3.49, and baccalaureate at 3.54.
- The mean scores for the new MCAT are as follows:
  - Psychological, social, and biological foundations of behavior: 126.52
  - Biological and biochemical foundations of living systems: 126.16
  - Chemical and physical foundations of biological systems: 125.79
  - Critical analysis and reasoning skills: 125.36
  - Total for all sections: 503.83

View the full report and visit AACOM Research Reports for more information.
Shut Up and Listen!
Why Doctors Don’t Listen
and How They Can be Part of the Cure

Stephen I. Goldman, DO, FAAO, FAOASM

ISBN: 978-1791337841
112 pp., paperback
$17.99 ($16.19, member price)

Based on his experiences as a patient, physician, and educator, Stephen I. Goldman, DO, FAAO, FAOASM, helps bridge the communication gap between doctors and patients. With both heartfelt personal stories and practical advice, Dr. Goldman offers overwhelmed physicians real-world understanding of the problems they face taking care of patients and advice on how they can learn to meet patients “where they are.” In talking to physicians, he also demonstrates how patients can get through to their doctor in order to be “heard” and taken seriously. Shut Up and Listen! shares the perspectives of both doctors and patients, providing profound insight, useful ideas, and helpful strategies to help physicians and patients find a better way to understand each other and meet their health care goals. This book is for everyone!

Stephen I. Goldman, DO, FAAO, FAOASM, was a graduate of Michigan State University and the Des Moines University College of Osteopathic Medicine in Iowa. He completed his internship and family practice residency at Botsford Hospital in Farmington Hills, Michigan. He was a member of the teaching faculty at Beaumont Farmington Hills, and he was an assistant clinical professor in the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine. Dr. Goldman also served as the program director for the ONMM2/Plus One Residency Program at Beaumont Farmington Hills. In addition, he served as a member of the Research and Education Committee of Sports Science and Medicine for United States Figure Skating, and he worked with figure skaters at the local, national, international and Olympic level for more than 20 years.
Course Description
The goal of this course is to help participants continuously consider the functional reasons for pain and to find function rather than to eliminate pain. This course will help participants acquire a working knowledge of how myofascial release palpatory and treatment techniques can be used alone or in conjunction with other manual medicine methodologies. This course also hopes to help participants in developing the ability to think about specific anatomical areas in three dimensions both statically and dynamically and the ability to assess and treat specific myofascial problems.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided Friday through Sunday. Lunch will be provided Friday and Saturday.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees
<table>
<thead>
<tr>
<th>Course Type</th>
<th>On or after July 30, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academy member in practice*</td>
<td>$850</td>
</tr>
<tr>
<td>Resident or intern member</td>
<td>$650</td>
</tr>
<tr>
<td>Student member</td>
<td>$450</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,150</td>
</tr>
<tr>
<td>Nonmember resident or intern</td>
<td>$950</td>
</tr>
<tr>
<td>Nonmember student</td>
<td>$750</td>
</tr>
</tbody>
</table>

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form
Myofascial Release
Aug. 16-18, 2019

Name: ____________________________________________________________________________ AOA No.: __________

Nickname for badge: _________________________________________________________________________________________________

Street address: _______________________________________________________________________________________________________

____________________________________________________________________________________________________________________________________________

City: __________________________ State: _____ ZIP: __________

Phone: __________________________ Fax: __________________________

Email: __________________________________________________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _________________________________________________________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This course will explore the traditional osteopathic thought, approach and technique of Carl McConnell, DO, a premier osteopathic clinician who, at the time of his death, was thought to have best understood Dr. Still’s teaching. The course is designed to lead participants through approaches requiring increasing palpatory appreciation for precision, specificity and anatomical localization. McConnell understood the osteopathic lesion differently than we currently understand it, which greatly influenced his application and choice of technique. Central to his thought was identifying and treating the “key lesion.” These concepts will be explored in this experientially driven course. This is an intermediate to advanced course intended for experienced clinicians, but all skill levels will benefit from the principles of palpatory precision and discussion of osteopathic philosophy and art.

Prerequisite
Registrants must have an understanding of osteopathic manipulative medicine.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m. Sunday from 8 a.m. to noon.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided Friday through Sunday. Lunch will be provided Friday and Saturday.

Course Location
Ohio University Heritage College of Osteopathic Medicine
6775 Bobcat Way
Medical Education Bldg. 1, Floor 2
Dublin, OH 43016 (see campus map)

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees

<table>
<thead>
<tr>
<th></th>
<th>On or before Sept. 5, 2019</th>
<th>Sept. 6–Nov. 5, 2019</th>
<th>On or after Nov. 6, 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academy member in practice*</td>
<td>$800</td>
<td>$850</td>
<td>$1,050</td>
</tr>
<tr>
<td>Resident or intern member</td>
<td>$600</td>
<td>$650</td>
<td>$850</td>
</tr>
<tr>
<td>Student member</td>
<td>$400</td>
<td>$450</td>
<td>$650</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,200</td>
<td>$1,250</td>
<td>$1,450</td>
</tr>
<tr>
<td>Nonmember resident or intern</td>
<td>$800</td>
<td>$850</td>
<td>$1,050</td>
</tr>
<tr>
<td>Nonmember student</td>
<td>$600</td>
<td>$650</td>
<td>$850</td>
</tr>
</tbody>
</table>

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form
Traditional Osteopathic Techniques of Carl Philip McConnell, DO
Nov. 15-17, 2019

Name: ___________________________ AOA No.: ____________

Nickname for badge: ___________________________

Street address: ___________________________

City: ___________________________ State: ______ ZIP: _______

Phone: ___________________________ Fax: __________________

Email: ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

I am a practicing health care professional.
I am a resident or intern.
I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ___________________________

Cardholder’s name: ___________________________

Expiration date: ____________ 3-digit CVV No.: ____________

Billing address (if different): ___________________________

Signature: ___________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteoopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteoopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
Vitality is something we experience on a daily basis. We see it in newborns, young children, plants and other living things, yet we have no way to measure it other than comparing it to itself: youth vs. aging, healthy vs. ill, etc.

In this three-day class, attendees will explore the most current scientific research, osteopathic research and clinical practice concerning the respiratory and circulatory functions, which are vital functions and contain vital forces, or vitality. The functions interact and are interdependent, and they feed each other. For instance, over 50% of venous blood flow in the inferior vena cava is respiration dependent. According to Doppler imaging, the pulse of the inferior vena cava moves at the respiratory rate, not the heart rate.

Attendees also will explore the use of “vital forces” as “activating forces” in treatment. Dr. Fulford’s idea of shock in the nervous system will be expanded to include the use of vital forces to treat the shock and expand the concept to the vascular system. Did you know shock is a codeable diagnosis? Dr. Lossing will discuss principles of Dr. Sutherland and Barral along with ideas from traditional Chinese medicine to teach attendees exactly how vitality can be palpated, used in treatment and verified.

Course Times
Friday and Saturday from 8:30 a.m. to 6 p.m.
Sunday from 8:30 a.m. to 3 p.m.

Continuing Medical Education
21 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided each day.

Course Location
UNTHSC Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107 (campus map)

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Form
Return to Vitality: Circulation, Respiration
Dec. 6-8, 2019

Name: ___________________________ AOA No.: ____________

Nickname for badge: __________________________

Street address: __________________________

City: __________________ State: _______ ZIP: ____________

Phone: __________ Fax: __________

Email: __________________________

Credit card No.: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
The Motor Nerve Reflex Testing (MNRT) course is the only course currently available that will teach you how to identify the true cause of your patients’ symptoms. MNRT gives you the priority of injuries for each individual based on survival instincts. There are many ways to evaluate, but only MNRT gives you the order in which to treat. Proper Diagnosis is 95% of effective treatment and any medical professional looking to elevate their diagnostic skills should take this course. After this course you will be able to help more of your patients get the relief they are seeking.

Course Times
Friday from 8 a.m. to 5 p.m.
Saturday from 7:30 a.m. to 4:30 p.m.

Continuing Medical Education
15 credits of AOA Category 1-A CME anticipated.

Meal Information
Continental breakfast and lunch will be provided each day.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees
<table>
<thead>
<tr>
<th></th>
<th>On or before Feb. 17, 2020</th>
<th>Feb. 18–April 8, 2020</th>
<th>On or after April 9, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academy member in practice*</td>
<td>$1,225</td>
<td>$1,275</td>
<td>$1,425</td>
</tr>
<tr>
<td>Resident or intern member</td>
<td>$1,025</td>
<td>$1,075</td>
<td>$1,225</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,625</td>
<td>$1,675</td>
<td>$1,825</td>
</tr>
<tr>
<td>Nonmember resident or intern</td>
<td>$1,425</td>
<td>$1,475</td>
<td>$1,625</td>
</tr>
</tbody>
</table>

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Course Faculty
Course director Steven Olmos, DDS, an internationally recognized lecturer and researcher, has dedicated the past 30 years to the fields of craniofacial pain, temporomandibular disorder and sleep disordered breathing. He is board certified in craniofacial pain and sleep medicine. He founded the TMJ & Sleep Therapy Centres International and directs research in craniofacial pain and sleep medicine through data collection at 51 centers spanning seven countries.

Mark S. Cantieri, DO, FAAO, of Mishawaka, Indiana, is an AOA board-certified osteopathic manipulative medicine specialist and a fellow of the American Academy of Osteopathy (AAO). He is the chief executive officer of Corrective Care, PC, in Mishawaka. A clinical assistant professor at the Marian University College of Osteopathic Medicine in Indianapolis, Dr. Cantieri has served the osteopathic medical profession in many capacities, including as president of the AAO, as a member of the American Osteopathic Association’s Commission on Osteopathic College Accreditation and as a member of the AOA’s Strategic Planning Committee.

Registration Form
Motor Nerve Reflex Testing
April 17-18, 2020

Name: ____________________________ AOA No.: ____________

Nickname for badge: _______________________

Street address: ____________________________________________

City: ____________________________ State: _____ ZIP: ________

Phone: __________________________ Fax: ____________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Sept. 6-8 and Sept. 20-22, 2019
The Osteopathic Cranial Academy
2-Weekend Introductory Course in Osteopathy in the Cranial Field
Conference director: Zinaida Pelkey, DO, FCA
New York Institute of Technology
College of Osteopathic Medicine
Old Westbury, New York
40 credits of AOA Category 1-A CME anticipated
Learn more and register at cranialacademy.org.

Sept. 7, 2019
Osteopathy’s Promise to Children
OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary & Immune Systems
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Oct. 4-6, 2019
The Northern California Academy of Osteopathy
The Cranial Approach of Beryl Arbuckle
Course director: Kenneth J. Lossing, DO
San Rafael, California
22.5 credits of AOA Category 1-A CME anticipated
Learn more at kennethlossing.com/classes.

Oct. 5, 2019
Osteopathy’s Promise to Children
OMT for Systemic Disorders and Physiological Functions: Gastrointestinal & Nervous Systems
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Oct. 11-13, 2019
Rocky Mountain American Academy of Osteopathy
Osteopathy: From Head to Toe II
Course director: R. Paul Lee, DO, FAAO, FCA
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
21 credits of AOA Category 1-A CME anticipated
Prerequisites: 2 cranial courses or 1 cranial course + 5 years’ experience.
Learn more and register at ColoradoDO.org.

Oct. 24-26, 2019
International Federation for Manual/Musculoskeletal Medicine
18th FIMM International Scientific Conference
Huerto del Cura Hotel
Elche, Alicante, Spain
Learn more and register at fimm-online.com.

Nov. 8-10, 2019
The Osteopathic Cranial Academy
Visual Somatic Dysfunction: Diagnosis and Management
Course director: Paul Dart, MD, FCA
Eugene, Oregon
Learn more and register at www.cranialacademy.org.

Feb. 15-19, 2020
The Osteopathic Cranial Academy
Midwinter Introductory Course in Osteopathy in the Cranial Field
Course director: Zinaida Pelkey, DO, FCA
Associate director: Therese M. Scott, DO
Hilton Norfolk The Main in Virginia
Learn more and register at www.cranialacademy.org.

Feb. 21-23, 2020
The Osteopathic Cranial Academy
Orofacial Development: Merging OCF and Functional Dentistry
Course director: Eric Dolgin, DO, FCA
Assistant director: Jose Camacho, DO
Hilton Norfolk The Main in Virginia
Learn more and register at www.cranialacademy.org.

June 6-10, 2020
The Osteopathic Cranial Academy
Introductory Course in Osteopathy in the Cranial Field
Course director: Richard F. Smith, DO
JW Marriott in Houston
Learn more and register at www.cranialacademy.org.

June 11-14, 2020
The Osteopathic Cranial Academy
Annual Conference: Viola Frymann – Continuing the Legacy: Research and Practice
Conference director: Hollis H. King, DO, PhD, FAAO, FCA
Associate director: Deborah Heath, DO
JW Marriott in Houston
Learn more and register at www.cranialacademy.org.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.