A Message From the Executive Director

My new motto is *If we slow down we cease to exist.* I know many of you have heard me say that we will slow down after the next event. Well, that just is not true. We are a member-run association and your needs do not slow down. We are here to serve, and that is what we intend to do. How many times have you been in a situation and bemoaned the poor customer service? That is not how AAO will operate. There are so many automated systems in our world, and I want you to know that I hope each time you call our office you will still receive that friendly voice on the other end of the line.

OMED 18 is being discussed later in the newsletter, but I would like to say thank you to the associations that partnered with the AAO to make this another successful event: the American College of Osteopathic Neurologists and Psychiatrists (ACONP), the American College of Osteopathic Pediatricians (ACOP), the American College of Osteopathic Family Physicians (ACOFP), the Bureau of Scientific Affairs & Public Health (BSAPH) and the Academy of Sports Medicine (AOASM). A special thank

*AAO Executive Director Sherri L. Quarles*

Neurologists and Psychiatrists (ACONP), the American College of Osteopathic Pediatricians (ACOP), the American College of Osteopathic Family Physicians (ACOFP), the Bureau of Scientific Affairs & Public Health (BSAPH) and the Academy of Sports Medicine (AOASM). A special thank

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2019 Convocation Offers Something for Everyone

The AAO’s annual Convocation is the premier educational opportunity for individuals who value hands-on medicine. Designed by program chair *Rebecca E. Giusti, DO*, the AAO’s 2019 Convocation will highlight how technology and research are demonstrating the importance and efficacy of osteopathic medicine. At “Leading, Expanding and Cutting: The Edges of Osteopathic Medicine,” lectures will present cutting-edge research and practices, and breakout sessions will provide opportunities to learn new techniques and protocols for maintaining health.

The 2019 Convocation will be held in sunny Orlando at the Rosen Shingle Creek resort. Situated at the headwaters of the Everglades, the resort sits alone amidst 255 acres, but it’s only minutes from Orlando’s best attractions. Make your reservations online now (physician link, student link), or call 1-866-996-6338 and use booking code 35809 for non-students or code 66537 for students.

It is anticipated that the 2019 Convocation will be approved for up to 35.5 credits of AOA Category 1-A CME. Earn even more CME credits when you attend a pre-Convocation course or the post-Convocation Residency Program Directors’ Workshop.

(continued on Page 2)
Convocation (continued from Page 1)

Pre- and Post-Convocation Courses
The AAO will offer three pre-Convocation courses in 2019. Each course will convene March 10-12 at Rosen Shingle Creek. When you register for any pre-Convocation course at the same time as registering for Convocation, you will receive a 10 percent discount on the pre-Convocation course.

- “Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children” with Bruno J. Chikly, MD, DO (France), will review reflexes using quick, precise and efficient osteopathic CNS techniques to integrate them. Registrants must have taken Dr. Chikly’s “Brain 1” course or at least two cranial courses. (24 credits)
- “Fascial Distortion Model—Beyond the Basics: Osteopathy and FDM moving forward together!” with Todd A. Capistrant, DO, MHA, will teach attendees to incorporate FDM with traditional OMM techniques for powerful results. (24 credits)
- “Visceral Lymphatics” with Kenneth J. Lossing, DO, will explore the anatomy and function of the lymphatic system in relationship to the visceral movement. (22 credits)

The Residency Program Directors’ Workshop, chaired by Darren Grunwaldt, DO, is designed to address key concepts to assist residency program directors and administrators in their roles as educators. (5.5 credits)

New Ideas Forum
On Saturday, March 16, from 3 to 5 p.m., members of the AAO’s Education Committee will facilitate a new ideas forum, and all AAO members are invited to submit their ideas.

Those with the most promising proposals for advancing osteopathic manipulative medicine will be given 15 to 30 minutes to outline their techniques, demonstrate their techniques and field questions from their peers.

The AAO’s Education Committee is looking to fill the forum with briefings on new ideas, trends in medicine, research updates, old ideas applied in a new context, and forgotten ideas that should be resurrected.

Interested parties are invited to submit written abstracts by email to GWatts@academyofosteopathy.org before Jan. 22, 2019.

SAAO Events for ALL
The Student American Academy of Osteopathy will host two events for all Convocation attendees.

The annual silent auction will be held in the exhibit hall Wednesday through Friday. All items must be collected in person on Friday, March 15, between 5 and 6:30 p.m. Proceeds from the auction support the SAAO’s Convocation program. For information on donating items to the auction, contact Danielle D. Dukes, OMS III, the SAAO Executive Council’s secretary-treasurer, at saaosect@gmail.com. Auction offerings often include medical devices, books, artwork and tasty treats.

The SAAO’s third annual Fun Run will be held on Thursday, March 14, at 6:30 a.m. (Registration begins at 6 a.m.) Although the course has not been set yet, it promises to be a lovely jaunt through the grounds of the Rosen Shingle Creek. The SAAO will award medals to the first three male and female student finishers and to the first three male and female physician finishers. Register for the SAAO Fun Run when you register for Convocation online. There is an additional $20 fee for physicians, $10 for students.
you to Robert N. Agnello, DO, FACOFP, the AAO’s 2018 OMED program chair, for putting together a wonderful program. I have heard many wonderful comments about this event. We appreciate your dedication to the osteopathic profession and relationship to the Academy.

While in San Diego, AAO President Catherine M. Kimball, DO, AAO Event Planner Gennie Watts and I had the opportunity to visit the facility at Osteopathy’s Promise for Children. It was a great tour and an awesome group to meet with. The hospitality was wonderful while learning more about the services being offered. Thank you to Michael J. Kurisu, DO, the director of clinical training for the Osteopathic Center San Diego, for extending the invitation to visit while in San Diego. The other OCSD hosts who made the visit a wonderful experience were Hollis H. King, DO, PhD, FAAO, FCA; Raymond J. Hruby, DO, MS, FAAODist; Beth A. Levendoski, OCSD executive director; May Bloemer, administrative support; Marina Marsh, catering; and Frank Cyr. I would also like to note that Theresa A. Cyr, DO, took some time out before patients to offer a heartfelt welcome as well.

Continuing Medical Education
OMED 18 is behind us and we are looking forward to the AAO 2019 Convocation. We have a great line-up for you this year. The theme is “Leading, Expanding and Cutting: The Edges of Osteopathic Medicine,” March 13-17, at the Rosen Shingle Creek resort in Orlando, Florida. Rebecca E. Giusti, DO, is the program chair.

Are you ready to hear lectures that will present cutting-edge research, a way of reimagining osteopathic principles and practice with dynamic imaging and the innovative ways that our students are learning? The breakout sessions will provide opportunities to learn new techniques and protocols for managing common medical conditions in a variety of environments. Overall, we hope that you will leave invigorated with a sense of where the profession is heading and how you are a key part of this dynamic and evolving field. I’m ready!

When I come home from Convocation re-fueled and fired up, I impose new ideas and lifestyle changes on my family. They keep asking, “When did you get your medical degree?” I have to chuckle and laugh and move on. I must admit they do humor me, and if they keep up on what I bring home, they do feel better.

In 2019, we will have only three pre-Convocation courses. You spoke and we heard you loud and clear. We pushed you last year with four options, and I know that made it difficult for you to make a selection. All pre-Convocation courses will be held at Rosen Shingle Creek March 10-12. This year we have a great line-up:

- “Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children” with Bruno Chikly, MD, DO (France), course director
- “Fascial Distortion Model—Beyond the Basics: Osteopathy and FDM moving forward together!” with Todd A. Capistrant, DO, MHA, course director
- “Visceral Lymphatics” with Kenneth J. Lossing, DO, course director

Communication—Still Key
We focus our social media efforts on Facebook and Twitter, so be sure you’re following us, liking and sharing. It’s one of the easiest ways you can stay in touch and help spread the word about the AAO and osteopathic manipulative medicine. If you have not seen our Facebook page in a while, check out our latest Halloween posts. The AAO staff had a productive day while enjoying the holiday.

We also encourage you to engage with us online. Tell us if you agree or disagree, and comment on the articles as well. That is the only way we know if the information is deemed helpful or not.

Thank you to everyone who submitted comments to the Centers for Medicare and Medicaid Services in September regarding proposed changes to the 2019 Physician Fee Schedule (PFS). The American Osteopathic Association successfully led efforts to prevent CMS finalizing a proposed change that...
NMM PLUS 1
RESIDENCY PROGRAM IN SOUTHAMPTON, NY

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org; Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126; or Education Department Secretary Karen Roberts at (631) 726-0409.

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR

Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for the 2018-19 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must have finished any type of AOA-approved residency by June 2018. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.
Dr. Hensel Appointed to National Advisory Council for Complimentary and Integrative Health

Kendi L. Hensel, DO, PhD, FAAO, the AAO’s 2018-19 president-elect, has been appointed to the National Advisory Council for Complementary and Integrative Health of the National Institutes of Health. She will serve on the council through July 2022.

The NACCIH is charged with advising, consulting with, and making recommendations to the director of the National Center for Complementary and Integrative Health (NCCIH) on matters relating to the research activities and functions of the Center. The role and responsibilities of the council members include secondary review of grant applications in light of NCCIH scientific program priorities and program balance. The council consists of 18 voting members, of which Dr. Hensel is the only osteopathic physician. She is only the second osteopathic physician to serve on the council. According to Dr. Hensel, the council was specifically looking for a DO who had received NIH funding previously to serve on the council, and she is looking forward to sharing her osteopathic perspective.

Dr. Hensel is an associate professor in the Department of Osteopathic Manipulative Medicine at the University of North Texas Health Science Center’s Texas College of Osteopathic Medicine. She recently completed a National Institutes of Health-funded study on OMM in pregnancy.

In 1998, Dr. Hensel graduated from the Oklahoma State University College of Osteopathic Medicine in Tulsa. She completed a combined residency in family practice and NMM/OMM at the University of New England College of Osteopathic Medicine in Biddeford, Maine, and she is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine and the American Osteopathic Board of Family Physicians.

In 2009, Dr. Hensel received her PhD in OMM Clinical Research and Education from the University of North Texas Health Science Center, and in 2018, she became a Fellow of the American Academy of Osteopathy (FAAO), an earned degree signifying exemplary scholarship in osteopathic medicine.

Dr. Hensel has served on the AAO’s Board of Trustees and the American Osteopathic Association’s Bureau of Osteopathic Clini-
AAO Spreads the Word at #OMED18

Chaired by Robert N. Agnello, DO, FAAOFP, the AAO’s program at OMED attracted more than 425 attendees at the San Diego Convention Center Oct. 6-7. Attendance information was not provided for the AAO’s program with the American College of Osteopathic Family Physicians on Oct. 8.

AAO program chairs at OMED understand that attendees look to the AAO to provide practical guidance on how to use osteopathic manipulative medicine, and Dr. Agnello put together an excellent program with this in mind. Presenters addressed topics such as Still technique, muscle energy, OMM for Parkinson’s, peripheral neuropathy, anxiety, headache, addiction and sports injuries. For a complete listing, visit www.academyofosteopathy.org/OMED.

Thomas L. Northup Lecture
Established in 1948, this lecture award recognizes osteopathic physicians and others for their outstanding service in such fields as education, research, clinical practice, professional management, and allied activities. The lecture is given in memory of one of the founders of the Academy, Thomas L. Northup, DO, who served as the AAO’s first secretary from the Academy’s founding in 1937 to 1944 and then as its first secretary-treasurer until 1947.

Lisa Ann DeStefano, DO, was chosen for her dedicated work as an educator. She has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004, and she is a frequent presenter at the AAO’s annual Convocation. Her presentation, titled “Bringing Osteopathy Into the 21st Century,” is available online.

CME
Attendees received an email immediately following OMED with instructions to report the continuing medical education credits they earned at OMED. If you have not received this email, please contact the American Osteopathic Association at crc@osteopathic.org or at 1-888-626-9262.

AAO Members Share Expertise
From an OMT boot camp to prolotherapy and regenerative medicine, the following 20 Academy members shared their expertise with other programs at OMED:

Murray R. Berkowitz, DO, MPH, FAOCOPM, FAAO

Shawn Kristian Centers, DO (seated at right), drew a crowd at OMED18 for his discussion on using OMT to treat patients with pain and addiction. Photo courtesy of AOA/Patrick Sinco.

Dennis J. Dowling, DO, MA, FAAO
Carrie Ann Downing-Larick, OMS III
Wayne Alan Feister, DO
Aline G. Fournier, DO
John R. Gimpel, DO, MEd, FACOFP
Robert W. Hostoffer, DO, LhD, FAAP, FACOP, FACOI, FCCP
Sarah Jean James-Miner, DO
Hollis H. King, DO, PhD, FAAO, FCA
Michael James Kurisu, DO
Victoria Lim Lee, OMS III
David C. Mason, DO, MBA, FACOFP
Natalie Ann Nevins, DO, MSHPE
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME
Melissa Russell, OMS III
Thomas Edward Sabalaske, DO
Adam H. Silver, DO
Beth N. Thompson, DO
Damon Matthew Whitfield, DO
David P. Yens, PhD

Dr. Hensel joins NACCIH (continued from Page 5)

Dr. Hensel told AAO Member News, “I’m looking forward to learning about how the NCCIH sets research priorities, how they develop their research policies, and to see the kinds of research proposals that are submitted. I’m looking forward to hearing the speakers that are brought in to discuss research needs.”
AOF Honors 34 Academy Members

At the American Osteopathic Foundation’s 2018 Honors Gala, which was held Oct. 5 in San Diego, 34 Academy members were recognized for their contributions to the osteopathic profession.

Physician of the Year

Brian Loveless, DO, was named AOF’s 2018 Physician of the Year. This award is reserved for those individuals who have achieved greatness through integrity, service and community involvement; who serve as role models for their peers; and who consistently strive to improve patient and public health.

Dr. Loveless is an assistant professor of neuromusculoskeletal medicine/osteopathic manipulative medicine at the Western University of Health Sciences College of Osteopathic Medicine of the Pacific (WesternU/COMP) in Pomona, California. He also is the president of the Osteopathic Physicians and Surgeons of California, and he has served as a team physician for students at Chino Hills High School since 2004.

Outstanding Resident of the Year

In coordination with specialty colleges, the AOF annually awards the title of Outstanding Resident of the Year in osteopathic manipulative medicine, family medicine, internal medicine, obstetrics and gynecology, pediatrics, orthopedics, radiology and surgery.

The AAO was pleased to join with the AOF to name Matthew Brandon Barker, DO, Outstanding Resident of the Year in OMM. Dr. Barker is completing an integrated family medicine and neuromusculoskeletal medicine residency at the University of North Texas Health Science Center, where he is chief resident. Dr. Barker’s dedication to osteopathic philosophy stems from his own experience as a patient, when OMM helped find the source and resolve lifelong back and neck pain.

Nicolette O. Rosendahl, DO, earned the Outstanding Resident of the Year in Internal Medicine, and Angela K. Tyson, DO, earned Outstanding Resident of the Year in Pediatrics. Dr. Rosendahl is a third-year resident at Mercy Medical Center’s internal medicine residency program in Des Moines, Iowa, and Dr. Tyson completed her pediatric residency at the Oklahoma State University Medical Center in 2018, where she immediately entered an NMM+1 program.

Golden Ticket Scholarship

SAAO member Nicholas William Sullivan, OMS IV at the Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, was awarded the AOF’s Golden Ticket Scholarship, which recognizes exceptional osteopathic medical students while addressing the burden student loans place on the next generation of physicians.

Sarah Elizabeth Cottrell-Cumber, OMS IV; Stephanie Lee Davenport, OMS III; and Starr Caitlin Matsushita, OMS IV, also were among the five finalists who demonstrated financial need and yet are in

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**AOF Honors (continued from Page 7)**

the top 25 percent of their class, exhibited unmatched dedication to the osteopathic profession, and are committed volunteers in their local communities.

**LEAD Scholar**
The Karen J. Nichols, DO, LEAD Scholar Award was presented to Alyssa Morgan Ritchie, OMS IV from the Ohio University Heritage College of Osteopathic Medicine in Dublin. The award recognizes outstanding osteopathic medical students whose Leadership, Excellence, Achievement and Dedication are proven in the classroom and community. Ritchie prioritizes service, making time to give back to her community and fellow students. She has worked to promote mental health awareness, represent medical student perspectives at national physician meetings and advocate for the unique value of osteopathic medicine.

**Inaugural Rocovich Research Award**
Established by the Edward Via College of Osteopathic Medicine and named for its founders, the Rocovich Research Award recognizes osteopathic medical students, residents or physicians who advance knowledge on the biomechanical, biomedical, or clinical aspects of osteopathic manipulative treatment (OMT). Nicole Angelo, OMS IV from the New York Institute of Technology College of Osteopathic Medicine in Old Westbury, received the inaugural award for her work as a student researcher.

The project that earned Angelo this award examined the effect of osteopathic manipulative treatment on concussion subjects. In the randomized controlled study, subjects received two OMT treatments over a one-week period to assess whether the treatments improved symptoms, balance and neurologic inflammation.

**Prairie State Scholarship**
SAAO Executive Council Immediate Past Chair Amber M. Brown, OMS V, received the Prairie State Scholarship, which was established to recognize an exceptional osteopathic medical student who graduated from an Illinois high school. Brown is an undergraduate OMM fellow at the Des Moines University College of Osteopathic Medicine, and she is deeply committed to the principles and practice of osteopathic medicine, particularly looking at the patients as whole, complete beings.

**Quinn Scholarship**
The Thomas A. Quinn, DO, Osteopathic Scholarship is awarded to an osteopathic medical student who is committed to osteopathic principles and practices, has excelled academically, and will continue to enhance their OMM skills in an osteopathic-focused residency. Wallie Martinez-Vega, OMS III, from the Edward Via College of Osteopathic Medicine in Blacksburg, Virginia, is the 2018 recipient. Martinez-Vega grew up in Puerto Rico and discovered osteopathic medicine during a summer enrichment program at Case Western Reserve University. He regularly participates in volunteer opportunities, medical mission work and leadership positions, including serving as his class’s OMM tutor and serving as the

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**OES Provides OMM Demos at OMED and Convocation**

Once again, physician volunteers staffed the AAO’s Osteopathic Education Service at the American Osteopathic Association’s 2018 annual conference (OMED). OES provides personalized, hands-on demonstrations of osteopathic manipulative medicine in individual and group sessions. It is a unique program that provides the opportunity for DOs to be seen and evaluated by their colleagues.

For many of those, this is the one and only time they get to be on the other side of the treatment table. Although it is an awesome teaching opportunity, OES’s main goal is to give back to the DOs who tirelessly give day in and day out in their private practice.

Led by John C. Coppinger, DO; Nate F. DeLisi, DO; and Veera N. Motashaw, DO, the following volunteer physicians provided 87 demonstrations at OMED, Oct. 6-8 in San Diego.

Wachovia C. Banks, DO
Sanjeev Batra, DO
Juliet Bliss, DO
Warren W. Chin, DO
John C. Coppinger, DO

Nate DeLisi, DO
Paul Emmans, DO
Dan Freeland, DO
Adam J. Gratz, DO
Diana L. Koenig, DO
Luther D. Quaresles IV, DO
David C. Mason, DO, MBA, FACOFP
Veera N. Motashaw, DO
James C. Sullivan, DO

OES will be offered at the AAO’s 2019 Convocation as well. Volunteer physicians earn 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide. DOs from all specialties are invited to volunteer to demonstrate their palpatory and treatment skills at the OES. For each demonstration a physician provides during Convocation, his or her name will be entered into a drawing for complimentary registration for the 2020 Convocation at The Broadmoor in Colorado Springs, Colorado.

Volunteers must have their own professional liability coverage. Demonstrations are for educational purposes only.

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2017-18 vice president of the VCOM-Virginia chapter of the SAAO.

Turfler Family Memorial Lecture Award
AAO Trustee Dennis J. Dowling, DO, MA, FAAO, was recognized in the gala program for delivering the 2018 Turfler Family Memorial Lecture to the students at the AAO’s 2018 Convocation in March. The award honors the late Indiana radiologist Francis Augustus Turfler III, DO.

Burnett Osteopathic Student Researcher Award
Heather Johnston, OMS IV from the Midwestern University/Azariah College of Osteopathic Medicine (MWU/AZCOM), was honored with the Burnett Osteopathic Student Researcher Award for her dedication to osteopathic-oriented research and her study examining the effect of osteopathic manipulative treatment on anxiety and the treatment’s ability to balance the autonomic nervous system.

Welch Scholars
AOF’s Welch Scholars Grant was established to provide financial support to defer costs during a student’s osteopathic medical education. Students are selected based on financial need, academic achievement, participation in extracurricular activities and commitment to osteopathic medicine. The grant program was established in honor of Sterling Welch, DO, for his outstanding generosity to the AOF and his desire to support osteopathic medical students. One grant is offered at each college of osteopathic medicine. In 2018, eight of the recipients are members of the Student American Academy of Osteopathy:

Kelly Ann Champlin, OMS II, MWU/AZCOM
John Robert Ekblad, OMS II, TUNCOM
Yitzhak Chi Quan Lee, OMS IV, WCUCOM

AOF Honors
(continued from Page 8)

Janyne Landra Mallendar, OMS III, WesternU/COMP-NW
Haley Alexandra Prough, OMS III, LECOM
Chelsea Nicole Reynolds, OMS III, VCOM-Carolinas
Lenny Rostomian, OMS III, RowanSOM
Adam Marc Wolber, OMS III, LECOM-Bradenton

Rosnick Humanitarian Grants
The AOF Rosnick Humanitarian Grant provides funding for osteopathic medical students, residents and physicians to travel to underserved, underdeveloped or disaster stricken areas to provide medical care to people who need it the most. This year, the AOF provided nearly triple the number of grants. Of the 30 grants awarded this year, 12 went to AAO members:

Kyle Cox Blair, DO, of Lebanon, Oregon
Liana G. Dagdavarya, DO, of Lebanon, Oregon
Emily Rose Dries, OMS II, of Tappan, New York
Megan Catherine Franzetti, OMS II, of Yonkers, New York
Sarah Jean Freeland, OMS III, of Kirksville, Missouri
Fiona Claire Hodges, OMS III, of Des Moines, Iowa
Emily Rose Hudson, DO, of Lebanon, Oregon
Willie Mark Jones V, OMS III, of Boiling Springs, South Carolina
Jacqueline Ana Levene, DO, of Lebanon, Oregon
Joshua Robert Thompson, OMS V, of Dothan, Alabama
Kathryn E. Peterson-Thompson, OMS V, of Dothan, Alabama
Dianne Lianne Winter, DO, of Kansas City, Missouri

Make Amazon Work for You
Shop at Smile.Amazon.com this holiday season, and the AmazonSmile Foundation will donate a portion of proceeds to the nonprofit of your choice. How does it work?

1. Go to smile.amazon.com and log in to your existing Amazon account.
2. Select the American Academy of Osteopathy as your charity of choice.
3. Enjoy the same shopping experience with the same products for the same prices while knowing your donation will support the AAO’s mission.

Please note that AmazonSmile only works through the website. If you shop from an Amazon app, go ahead and add items to your cart, but before you check out, jump over to your browser and check out from smile.amazon.com.

The AmazonSmile Foundation has donated more than $1 million to nonprofits as of October 2018.
Young Investigators: Apply for Career Development and Grant Mentoring Program

The United States Bone and Joint Initiative (USBJI) is dedicated to raising public awareness and to increasing research of musculoskeletal diseases in the United States. The burden of these diseases is high, and to reduce this through increased knowledge and improvements in care, a higher level of sustained research is needed.

The USBJI and Bone and Joint Canada offer a program with grant mentoring workshops to provide early-career basic and clinical investigators an opportunity to work with experienced researchers in our field to assist them in securing funding and other survival skills required for pursuing an academic career. This program’s metrics include a 55% success rate in obtaining funding.

This grant mentoring and career development program is open to promising junior faculty, senior fellows or postdoctoral researchers nominated by their department or division chairs. It is also open to senior fellows or residents who are doing research and have a faculty appointment in place or confirmed and have a commitment to protected time for research. Basic and clinical investigators, with or without training awards (including K awards) are invited to apply.

The unique aspects of this grant mentoring and career development program are the opportunity for attendees to maintain a relationship with a mentor until their application is funded, and the multi-disciplinary interaction which can lead to stronger research proposals.

Investigators selected to take part in the program attend two workshops, 12-18 months apart, and work with faculty between workshops to develop their grant applications. The application deadline for the Spring 2019 workshop is Jan. 15. To apply for this program, go to www.usbji.org/programs/yii/application-information.

Research Grant Opportunities

The American Osteopathic Association is offering grant funding to DOs, osteopathic medical students and PhD researchers conducting studies that address one of five key focus areas: chronic diseases and conditions, musculoskeletal injuries and prevention, osteopathic manipulative medicine and osteopathic manipulative treatment, osteopathic philosophy, and pain management.

Grant application cycles opened on Nov. 1, 2018, and end on Jan. 31, 2019, with funded projects announced in June 2019. Grants also are available for new investigators and for organizations to present live CME on opioid prescribing. Select an option below to learn more.

Grants for Physicians & PhD Researchers—Obtain AOA grant funding for a research project that corresponds to RFAs in the AOA’s research focus areas.

Grants for Students, Residents & Fellows—Apply for an AOA Research Training Grant to support basic science, clinical or health services research project.

Grants for New Investigators—Apply for an AOA New Investigator Grant to support basic science, clinical or health services research project.

Grants for Opioid Prescriber CME—Apply for an AOA grant that will allow your organization to present live CME on opioid prescribing. Grant submission ends on Dec. 31, 2018.

If you have any questions, contact Gloria Dillard, MPH, the AOA’s assistant director of grants, at GDillard@osteopathic.org or at 312-202-8006.

Members in the News

Charles D. Milligan, DO, is the 2018-19 president-elect of the Ohio Osteopathic Association (OOA) as reported in the Summer 2018 issue of Buckeye Osteopathic Physician. He will be installed as president in April 2019.

Robert W. Hostoffer Jr., DO, LhD, FAAP, FACOP, FACOI, FCCP, was awarded the Ohio Osteopathic Association Trustees Award, and Geraldine N. Urse, DO, received the Ohio University Heritage College of Osteopathic Medicine Medal of Merit during the Ohio Osteopathic Symposium in April.

Sajid A. Surve, DO, is part of the movement to use 3D motion technology to prevent injuries in professional dancers, as reported by the UNTHSC Newsroom (Aug. 29) and in The DO (Oct. 8). Injuries are a job hazard for ballet dancers, but an interdisciplinary team of UNTHSC physicians, physical therapists and researchers are trying to change that using motion capture technology. “If we can predict which ballet dancers are going to get hurt, we can perform interventions that will make them more stable,” Dr. Surve says.

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2018-19 Golden Ram Campaign: Still Growing

The AAO’s 2018-19 Golden Ram campaign launched July 1 with a goal of $20,000. As of October 26, 2018, a total of $9,089 has been contributed by 27 donors. That’s just over 45 percent, so we are on our way to another great year!

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2018-19 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

A.T. Still Club—$1,000 to $2,499
Paul R. Rennie, DO, FAAO
Akiyoshi Shimomura, DO (Hon.) (Japan)
Damon M. Whitfield, DO

T.L. Northup Club—$500 to $999
Anthony G. Chila, DO, FAAODist, FCA
Karen T. Snider, DO, FAAO, FNAOME, and Eric J. Snider, DO
Sheldon C. Yao, DO

Louisa Burns Club—$250 to $499
Charles A. Beck, DO, FAAO
Michael A. Chipman, DO
Stephen M. Ellestad, DO
Donald V. Hankinson, DO
Wesley C. Lockhart, DO
Michael P. Rowane, DO, MS, FAAFP, FAAO
Richard G. Schuster, DO

William H. Stager, DO, MS, MPH, FAAFP, FAAO, FACOFPdist

Vicki Dyson Club—$100 to $249
Millicent King Channell, DO, FAAO
Leslie M. Ching, DO
Gregory Alan Dott, DO, FAAO
Kendi L. Hensel, DO, PhD, FAAO
Sherri L. Quarles
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME

Supporter—$99 or less
Paula M. Archer, OMS IV
Brian F. Degenhardt, DO
Jennifer L. Highland, DO
Gail E. Lamb, DO
Merideth C. Norris, DO
Ian Schofield, DO (UK)

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Giving Tuesday Is Nov. 27

Help AAO knock out its fundraising goal on Tuesday, Nov. 27. First established in 2012, Giving Tuesday encourages people to prioritize charitable giving during the busy holiday shopping season.

The Golden Ram Society is the primary fund that supports the AAO mission, but you also may contribute to the Nicholas S. Nicholas Fund, which supports the student program at Convocation, or to the Anne L. Kempf Memorial Fund, which helps finance courses that teach the founding principles of osteopathic medicine as taught by Andrew Taylor Still, MD, DO.

In 2017, more than $274 million dollars was raised worldwide on Giving Tuesday as compared to $28 million in 2013.
Members in the news (continued from Page 10)

Veena Anna Varki, OMS IV, from the Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine, and her coauthor received second place for their case study titled “Everything Is Fine and Dandy: A Rare Case Presentation of Asymptomatic Dandy Walker Malformation in an Adult" at the Florida Chapter of the American College of Physicians’ 2018 Annual Scientific Meeting poster competition held Sept. 8 in Tampa Bay.

The University of Pikeville—Kentucky College of Osteopathic Medicine (UP-KYCOM) named Edward G. Stiles, DO, FAAODist, the John A. Strosnider, DO, Memorial Lecturer at their annual Founders dinner on Sept. 14. Along with Dr. Strosnider, for whom the award is named, Dr. Stiles is one of the founding faculty members of UP-KYCOM.

Jonathan N. Bruner, DO, told The DO (Sept. 24) how he built his DO brand: “Find the demographic of the patient [you] are looking to attract and then find the social media platform that will best reach them.” He said, “For instance, Instagram and Yelp tend to attract younger users, Facebook tends to have older users and LinkedIn has more professional users.”

R. Todd Dombroski, DO, and his team at the Biomechanical Medicine Clinic at the UNT Health Science Center created a prosthetic finger so Cruz Ramos, 14, can continue being a talented baseball player. Read more on the UNTHSC website (June 7) or in The DO (Sept. 24).

In an article in The DO (Sept. 26) about physician burnout, Nicolet Jenna Finger, OMS III, discussed how sharing her personal struggles in the group Mentality Initiative to Nurture Doctors (MIND) as a first-year student at the University of North Texas Health Science Texas College of Osteopathic Medicine encouraged other students to open up.

Committee Corner

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteopathy.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

The members of the Committee on Fellowship in the AAO conducted their annual candidate examinations on Oct. 27 with five candidates. The committee also reviewed FAAO activities for the 2019 AAO Convocation and considered additional changes to the candidate application process.

The next due date is Dec. 1, 2018, for applications for the 2019-21 FAAO candidate cycle and Dec. 15, 2018, for candidates’ case history two, second draft thesis and revisions to case history one for members in the 2018-20 candidate cycle. The Committee on Fellowship will conduct interviews on March 12, 2019, for those members whose FAAO applications are accepted.

The chair of the Louisa Burns Osteopathic Research Committee (LBORC), Brian F. Degenhardt, DO, hosted a teleconference with the members of the committee on Oct. 10, to review the LBORC subcommittees’ activities. The LBORC Grant Review Subcommittee continues to review and update the AAO’s research grant documents and process. The LBORC Poster Presentation Subcommittee is reviewing its criteria for abstracts and poster judging in preparation for the LBORC-National Undergraduate Fellows Association Poster Presentation session to be held during the 2019 AAO Convocation. The LBORC Research Training Subcommittee is accepting submissions for the LBORC forum Research Proposal and Mentorship (RPM) Grant Rounds also scheduled at the AAO Convocation, and the Student Osteopathic Academic Research Subcommittee continues to develop its student scholarly activities.

The Membership Committee’s SAAO and RAAO liaisons (Phuong Linh Nguyen, OMS III, and Marta Elizabeth Bringhurst, DO) are working to keep more students and new graduates engaged with the AAO. They hope to host side-by-side exhibit booths at Convocation to encourage the transition from student to residency membership.

Samantha Faryn Gottlieb, OMS IV, from the New York Institute of Technology College of Osteopathic Medicine in Old Westbury is one of 30 osteopathic medical students recently selected for induction into Omega Beta Iota, the National Political Action Honor Society.

Students and faculty from the New York Institute of Technology College of Osteopathic Medicine were recognized for their research during the American Osteopathic Association’s annual OMED conference. Four students placed first or second in the poster competition: Kay Ogashira Kulason, OMS II; James E. B. Docherty, OMS III; Lily Rubin, OMS II; and Nicole Angelo, OMS IV. Angelo also received the inaugural 2018 Rocovich Research Award at the American Osteopathic Foundation Honors Gala, and Sonia Rivera-Martinez, DO, FACOFP, was awarded a grant for her study that will examine the effects of osteo-

(continued on Page 13)
pathic manipulative treatment on the blood sugar levels of persons with Type 2 diabetes.

Anita L. Showalter, DO, weighed in on “Does it matter if doctors wear white coats?” (The DO, Oct. 17), explaining that a white coat “still sends a loud message about who we are and what we stand for in medicine.”

The October 2018 issue of The Journal of the American Osteopathic Association featured work by several AAO members. For your convenience, those articles are summarized in the chart below.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>Clayton K. Oakley, MS, OMS IV; Sarah A. Keim Janssen, PhD; Joseph P. Pankratz, MS, OMS IV; Travis L. McCumber, PhD; Kevin D. Treffer, DO; Anthony B. Olinger, PhD</td>
<td>October 2018</td>
<td>Validity of the Rule of Threes and Anatomical Relationships in the Thoracic Spine</td>
<td>This study was developed to determine which anatomical relationship—the rule of threes or Geelhoed’s rule—is most accurate in locating the transverse processes and to define anatomical relationships between thoracic spinous and transverse processes. Based on the findings of the study, osteopathic medical schools should teach Geelhoed’s rule rather than the rule of threes.</td>
</tr>
<tr>
<td>Hallie Zwibel, DO; Adena Leder, DO; Sheldon C. Yao, DO; Christina Finn, OTR/L</td>
<td>October 2018</td>
<td>Concussion Evaluation and Management: An Osteopathic Perspective</td>
<td>The purpose of this review is to educate health care professionals on an evidenced-based approach to evaluate and manage concussions in the outpatient setting.</td>
</tr>
<tr>
<td>Mohamed Elshazzly, OMS IV; Ani Mnatsakanian, OMS III; Ryan Machiele, OMS III; Roxana Aghili, OMS III; Yen-Ping Kuo, PhD; Amy Hinkelman, PhD</td>
<td>October 2018</td>
<td>Analysis of Sexual Transmitted Diseases Within the Patient Population at a Student-Run Free Clinic</td>
<td>This retrospective analysis examined which sexually transmitted diseases are present in the population of a self-funded, student-run clinic providing care to uninsured rural residents. The authors also identified demographic groups at higher risk of contracting STDs.</td>
</tr>
<tr>
<td>John C. Glover, MS, DO, FAAO; Joel Talsma, MS; Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME</td>
<td>October 2018</td>
<td>An Osteopathic Approach to Diagnosis and Management of Sacroiliac Joint Dysfunction</td>
<td>In this OMT Minute video, Dr. Glover demonstrates how treatment of the sacroiliac joint can help patients with low back pain, pelvic pain, or visceral complaints from the abdominopelvic region.</td>
</tr>
<tr>
<td>Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME; Joel Talsma, MS; Heather P. Ferrill, DO, MS MeDL</td>
<td>October 2018</td>
<td>An Osteopathic Approach to Rib Somatic Dysfunction in Respiratory Disorders</td>
<td>In this OMT Minute video, Dr. Pierce-Talsma demonstrates how balanced ligamentous tension can improve respiratory function in patients with a variety of respiratory disorders.</td>
</tr>
</tbody>
</table>

Stay Connected—Follow AAO online!
Course Description
Sometimes referred to as Module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM). FDM is an excellent modality to be used in the clinic, on the field, and in the emergency room for fast and effective results.

While there are some specific FDM techniques, emphasis will be placed on thinking and working in the model while using all manipulative modalities.

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM expands the toolbox you use to help more patients. This modality is valuable for any practitioner and no previous manipulation experience is required.

All medical providers are invited to attend, including DOs, MDs, PTs, OTs, PAs, NPs, DPMs, etc.

Course Times
Friday from 5 to 9 p.m.
Saturday and Sunday from 8 a.m. to 5 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Saturday and Sunday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees

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<td>$900</td>
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</table>

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Dr. Capistrant specializes in OMM, and he is certified by the American Board of Family Medicine. He is a member of the growing OMM department at the Tanana Valley Clinic in Fairbanks, Alaska, and he serves as a regional dean for the Pacific Northwest University of Health Sciences, College of Osteopathic Medicine in Yakima, Washington.

Dr. Capistrant is interested in working with athletes to maximize performance, dance medicine, and OMM for pregnant women. FDM allows for effective manipulative treatment for most musculoskeletal injuries including pulled muscles, fractures and frozen shoulders.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ___________________________
Cardholder’s name: _______________________
Expiration date: _______________ 3-digit CVV No.: __________
Billing address (if different): _______________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

View the AAO’s photo and video release statement.
The arterial system is regulated by the autonomic nervous system. The arteries can show a lack of distensability/mobility when there is a retained tension in the vessel walls. In this class, participants will evaluate the mobility of the abdominal organs, then palpate and evaluate the arteries that supply those organs. When the organ is moved in such a way that the arterial pulsation to the organ is improved, it is held for 20 seconds, resulting in improved visceral function.

Participants will palpate, evaluate and treat the following structures: abdominal aorta, spleen and splenic artery, stomach, left and right gastric arteries, gastro mental artery, liver, gall bladder and common and proper hepatic arteries, pancreas, duodenum and pancreateoduodenal artery, small intestine, superior mesenteric artery, large intestine, colic arteries, kidneys, renal arteries, inferior mesenteric, aortic bifurcations, common iliac arteries, internal iliac arteries, external iliac arteries, uterine artery, and internal pudendal artery.

This is an intermediate level course.

Course Times
Friday and Saturday, 8 a.m. to 5:30 p.m.
Sunday, 8 a.m. to 4 p.m.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided each day. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
500 Camp Bowie Blvd., MET–470 Lab
Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature:

Registration Form
The Arteries of the Abdomen & Pelvis
Dec. 7-9, 2018

Name: ___________________________ AOA No.: __________________

Nickname for badge: ___________________________

Street address: __________________________________________

City: ___________________ State: _______ ZIP: ____________

Phone: __________________ Fax: _________________________

Email: ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

Click here to view the AAO’s cancellation and refund policy.

Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This course is designed to enhance attendees’ palpatory skills (tissue texture, asymmetry and restriction of motion of both somatic and visceral interconnected structures); enhance knowledge of related somatic/visceral anatomy with fascial continuity via traditional Chinese medicine energy channel mapping; and provide a framework for cross-organ symptomatology and somatic dysfunction, bridging gaps between internal medicine subspecialties and neuromusculoskeletal medicine.

Prerequisite
Registrants should have completed a basic cranial course and have a grounding in balanced ligamentous tension, ligamentous articular strain and visceral techniques.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday.

Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
UNTHSC Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Course Director
John P. Tortu, DO, graduated from the Philadelphia College of Osteopathic Medicine in 2000. He spent 17 years in private practice, and in 2009, he developed the viscerosomatic release (VSR) concept. Since then, Dr. Tortu has presented the VSR concept to a multitude of audiences, including at the AAO’s 2014 Convocation in Colorado Springs, at the Michigan State University College of Osteopathic Medicine in East Lansing and at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth. A 2017 case report published in The AAO Journal detailed how the authors adapted the VSR concept as described by Dr. Tortu to address Sindig-Larsson–Johansson syndrome in a pre-teen athlete, noting that the safe and effortless treatment reversed the need for a surgery.

Registration Fees
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form
Viscerosomatic Release: A Systemic Model for Neuromusculoskeletal Medicine
Feb. 22-24, 2019

Name: __________________________ AOA No.: ______________

Nickname for badge: __________________________

Street address: __________________________________________

________________________________________________________________________

City: ______________ State: ______ ZIP: __________

Phone: ______________ Fax: ______________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

Add the AAO’s cancellation and refund policy.

View the AAO’s photo and video release statement.

Register online at www.academyofosteopathy.org; or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
# Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children

**A Pre-Convocation Course** • March 10-12, 2019 • Rosen Shingle Creek in Orlando

## Course Description
Many children and adults have neurological disorders, learning disabilities or cognitive challenges. Studies show these individuals often have retained or reoccurring neonatal/primary reflexes. Optimally, these reflexes are inhibited in the first months of life. Neonatal reflex inhibition allows for more sophisticated neurological structures to develop.

Adults can see the reoccurrence of these neonatal/developmental reflexes in many pathologies, including trauma, PTSD, Parkinson’s, stroke, dementia, etc.

In children, these reflexes can be found in many dysfunctions including learning disabilities, sensory integration dysfunctions, trauma, cerebral palsy, ADD/ADHD, concentration problems, auditory, visual or vestibular issues, poor postural control, dyslexia, speech language delays, ASD, Down syndrome, etc.

There are approximately 28 neonatal reflexes at birth. We will go over most of these reflexes using quick, precise and efficient osteopathic CNS techniques to help integrate them. Inhibitory movement patterns will also be presented.

## Prerequisite
Registrants must have taken Dr. Chikly’s “Brain 1” course or at least two cranial courses.

## Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

## Course Times
Sunday and Monday from 8:30 a.m. to 6 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

## Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

## Course Location
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819
Make your hotel reservations online now. To make your reservations by phone, call 1-866-996-6338 and use booking code 35809.

## Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

## Registration Form

**Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children**

**March 10-12, 2019**

Name: ___________________ AOA No.: ______________

Nickname for badge: ________________________________

Street address: ______________________________________

____________________________________________________

City: ___________________ State: _____ ZIP: ________

Phone: ______ Fax: ______

Email: ____________________________

-- View the AAO’s cancellation and refund policy. --

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

## Registration Fees

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<th>Without Convo</th>
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<td>Save 10% when you register for the AAO's 2019 Convocation.</td>
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¹ Registrations received after Feb. 22 will be processed on-site, incurring a $150 late fee. ¹ The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members. This course is not appropriate for students.

- I am a practicing health care professional.
- I am a resident or intern.
- I will attend the AAO’s 2019 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Cardholder’s name: ____________________________

Expiration date: _______________ 3-digit CVV No.: __________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

-- View the AAO’s photo release statement. --

Dr. Bruno Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry.

Dr. Chikly also has the French equivalent of a master’s degree in psychology.

In 2009, he received a doctorate in osteopathy from CROMON (Holistic Research Center for Osteopathic and Natural Medicine) and AIROP (Italian Association for Postural Occlusion Re-education) in Italy, and he is on the French National Registry of Osteopathy.

Dr. Chikly is an internationally renowned educator, lecturer and writer. He is the author of the book Silent Waves: The Theory and Practice of Lymph Drainage Therapy, as well as the creator of a DVD titled Dissection of the Brain and Spinal Cord, and he is working on a book about osteopathic manipulation and the brain. He lives in Scottsdale, Arizona, with his wife and partner, Alaya.

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Course Description
The Fascial Distortion Model is a model of thinking that allows clinicians to utilize patients’ gestures and verbal descriptions to focus soft tissue treatment for fast and effective relief of pain. By incorporating the FDM with traditional OMM techniques, powerful results can be achieved. By applying the FDM philosophy to your practice, you can decrease treatment time and improve outcomes.

No previous experience with the FDM will be required. For those familiar with the FDM, this is an opportunity to gain a deeper understanding. This will be an excellent introduction to the model and a good starting point on the journey of incorporating FDM into your practice. The second part of the course will be focused on incorporating the FDM with concepts such as visceral manipulation, cranial manipulation, dry needling, and frequency specific microcurrent therapy. The use of FDM in the pediatric population and FDM treatment of fractures also will be discussed.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday through Tuesday from 8 a.m. to 5 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819
Make your hotel reservations online now.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Course Director
Todd A. Capistrant, DO, MHA, earned both his doctor of osteopathic medicine degree and his master in health administration degree in 1997 from the Des Moines (Iowa) University College of Osteopathic Medicine. He is one of only three physicians in the United States who are currently certified to teach seminars on the FDM, and he is the president of the American Fascial Distortion Model Association.

Dr. Capistrant specializes in OMM, and he is certified by the American Board of Family Medicine. He is a member of the growing OMM department at the Tanana Valley Clinic in Fairbanks, Alaska, and he serves as a regional dean for the Pacific Northwest University of Health Sciences, College of Osteopathic Medicine in Yakima, Washington.

Registration Fees

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<td>$648</td>
<td>$738</td>
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1 Registrations received after Feb. 22 will be processed on-site, incurring a $150 late fee. 1 The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.
☐ I will attend the AAO’s 2019 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Cardholder’s name: ____________________________

Expiration date: ____________ 3-digit CVV No.: ________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
In this course, attendees will explore the anatomy and function of the lymphatic system, in relationship to the visceral movement. When the lymphatics of the viscera are obstructed, the lymphatic and interstitial fluids back up, increasing the tension in the visceral attachments. This is associated with a decreased mobility of the organs, a visceral dysfunction. Of the nearly 450 lymph nodes in the body, about two-thirds are associated with the viscera.

Osteopathic approaches to the lymphatics began with Dr. Still. Those approaches were passed on to his students such as William Garner Sutherland, John Martin Hiss, Elmer Barber, Frank Chapman and Frank P. Millard. Some of these students expanded on what they had learned from Still. Only in the last 40 years has modern science discovered that the lymphatic system actually contracts and propels the lymphatic fluids, through what is called lymphangions, or “lymph hearts.” This contraction and movement is palpable and useful in diagnosing and treating a large range of osteopathic and medical issues.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 a.m. to 5:30 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Rosen Shingle Creek, 9939 Universal Blvd., Orlando, FL 32819
Make your hotel reservations online now. To make your reservations by phone, call 1-866-996-6338 and use booking code 35809.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Visceral Lymphatics
Course Director
Kenneth J. Lossing, DO, studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second and third editions of the American Osteopathic Association’s Foundations of Osteopathic Medicine textbook as well as the upcoming fourth edition. He is a 1994 graduate of the Kirksville College of Osteopathic Medicine, and he is board certified in both neuromusculoskeletal medicine and family medicine.

As the Academy’s 2014-15 president, Dr. Lossing starred in a two-minute video segment of “American Health Front!” that focused on osteopathic manipulative medicine. Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

Registration Fees
<table>
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<th>Jan. 17, 2019</th>
<th>Jan. 18 through Feb. 22, 2019</th>
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<tr>
<td>Academy member in practice</td>
<td>$751.50</td>
<td>$841.50</td>
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Visceral Lymphatics
March 10-12, 2019

Name: ______________________ AOA No.: __________

Nickname for badge: ____________________________

Street address: ____________________________________________

_______________________________________________________

City: ______________________ State: _____ ZIP: __________

Phone: ___________________ Fax: _________________________

Email: _____________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

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View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.
Nov. 29, 2018
Indiana Osteopathic Association and the Marian University College of Osteopathic Medicine

Preconference OMT Workshop
Hyatt Regency Indianapolis
8 credits of AOA Category 1-A CME anticipated
Learn more and register at www.inosteo.org.

Nov. 30-Dec. 2, 2018
Indiana Osteopathic Association
37th Annual Winter Update
Hyatt Regency Indianapolis
25 credits of AOA Category 1-A CME anticipated
Learn more and register at www.inosteo.org.

Nov. 30-Dec. 3, 2018
Michigan State University College of Osteopathic Medicine

Principles of Manual Medicine
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
28 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Jan. 17-20, 2019
Osteopathy’s Promise to Children

The Power of the Natural Autoregulation System of a Human Body and the Role of Stress and Emotion on Balance and Health: The Key to Practice Osteopathy for Adults and Children
Course director: Philippe Druelle, DO (F-Qc), DScO
Osteopathic Center San Diego
No CME credits anticipated.
Learn more and register at the-promise.org/cme/.

Feb. 8-10, 2019
Florida Academy of Osteopathy

Techniques of the Osteopathic Masters Course—Techniques for the Body
Course director: Michael Hadley, DO
Florida Hospital East Orlando
20 credits of AOA Category 1-A CME anticipated
To learn more or register, call Lisa Belliveau at 727-581-9069.

Feb. 14-17, 2019
Osteopathy’s Promise to Children
Advanced Explorations in Pediatric Osteopathy: Innovative Healing Approaches to Support Rapid Transformation in the Child
Course director: Shawn K. Centers, DO, MH, FACOP
Osteopathic Center San Diego
20 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

March 1-2, 2019
Osteopathy’s Promise to Children
Integrated Osteopathic Dental Team: Expanding the Integrative Team Approach to Sleep Disturbances
Course director: Julie Mai, DO, and Darick Nordstrom, DDS
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

May 3-5, 2019
Osteopathy’s Promise to Children
Expanding the Osteopathic Concept Beyond the Basics
Course director: Raymond J. Hruby, DO, MS, FAAODist, and R. Mitchell Hiserote, DO
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

July 17-21, 2019
Osteopathy’s Promise to Children
Foundations of Osteopathic Cranial Manipulative Medicine (The 40-Hour Basic Cranial Course)
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 7, 2019
Osteopathy’s Promise to Children
OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary & Immune Systems
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.