Dr. Musgrave and Goldman Honored for Lifetime Contributions

During the AAO’s annual business meeting on Thursday, March 22, long-time Academy members David D. Musgrave, DO, and Stephen I. Goldman, DO, FAAO, FAOASM, were recognized for their contributions to the osteopathic profession. Each received an A.T. Still service pin, and Dr. Goldman received a small ram statue.

Dr. Musgrave was a founding committee member of what is now the AAO’s Osteopathic Education Service, and he has continued to serve on the committee for 40 years. He served as the president of The Osteopathic Cranial Academy from 2011 to 2013.

A lifelong Iowan, Dr. Musgrave graduated from what was the College of Osteopathic Medicine and Surgery in Des Moines in 1973, and he has practiced in Des Moines since 1974. He was a founding member of the Iowa Osteopathic Medical Association (IOMA), and he has served as its president multiple times.

For many years, Dr. Musgrave was an adjunct clinical professor for the osteopathic school in Des Moines, and he was a table trainer for Viola M. Frymann, DO, when she visited the school. In 2015, Dr. Musgrave received the Iowa Osteopathic Medical Association’s Life Service Award. The award recognizes active IOMA members who have spent the greater part of their lives delivering health care to Iowa’s citizens, utilizing health care that considers every aspect of the patient, including his or her physical, personal, and spiritual well-being. I knew that and had read that on many occasions. To see so many DOs share legends from the past and to see the passion they taught with and wealth of knowledge that encompassed was amazing. It was truly inspirational to see so many DOs that cared and shared so much of themselves with others.

It did more than that for me. For me, it provided the history of why our physicians work so diligently to preserve the legacy of A. T. Still, striving to ensure all patients have access to osteopathic medicine so that they can experience optimal health. Osteopathic medicine is a patient-focused approach to health care that considers every aspect of the patient, including his or her physical, personal, and spiritual well-being.

From the lectures to the workshops to the Osteopathic Education Service to side conversations at meals and in passing, the theme resonated with attendees. During early morning yoga, a healthy jumpstart

Executive Director’s Message

I’m happy to say the Academy hosted another successful Convocation. Titled “Osteopathic Legends: Their Legacies Live On” and capably chaired by David R. Boesler, DO, under the leadership of 2017-18 AAO President Michael P. Rowane, DO, MS, FAAFP, FAAO, the AAO’s 2018 Convocation presented the works of mentors in osteopathic manipulative medicine and how they relate to today’s medical practice.

It did more than that for me. For me, it provided the history of why our physicians work so diligently to preserve the legacy of A. T. Still, striving to ensure all patients have access to osteopathic medicine so that they can experience optimal health. Osteopathic medicine is a patient-focused approach to health care that considers every aspect of the patient, including his or her physical, personal, and spiritual well-being. I knew that and had read that on many occasions. To see so many DOs share legends from the past and to see the passion they taught with and wealth of knowledge that encompassed was amazing. It was truly inspirational to see so many DOs that cared and shared so much of themselves with others.

From the lectures to the workshops to the Osteopathic Education Service to side conversations at meals and in passing, the theme resonated with attendees. During early morning yoga, a healthy jumpstart

Table of Contents

Members honored for lifetime contributions ...................... 1
Executive director’s message ...................................... 1
OMED preview ............................................. 2
AAO calendar .............................................. 4
OCA’s Sidney Dunn receives Academy Award .................. 5
Jacob Cukierski, DO, named resident of the year .......... 6
AAO members earn FAAOs .................................... 6
Poster presentation results ...................................... 7
Mentorship takes off .......................................... 7
Opportunity for giving ......................................... 10
OES makes impact ........................................... 11
Opportunity for young researchers ......................... 12
Member announcements ....................................... 12
Committee corner ............................................ 12
Members in the news ......................................... 14
PAAO becomes RAAO .................................... 14
In Memoriam: James “Jack” Royden ......................... 15
CORRE assessment ....................................... 15
Fliers for upcoming courses ................................. 17
Affiliate Calendar .......................................... 20
(continued on Page 3)
OMED Preview:

“Respectful and Mindful Use of Our Hands Across the Osteopathic Disciplines” • Oct. 6-8

The AAO’s program at OMED 2018, “Respectful and Mindful Use of Our Hands Across the Osteopathic Disciplines,” will present various viewpoints on incorporating osteopathic principles into the practice of different specialties. Chaired by Robert N. Agnello, DO, FACOFP, the program will be provided in partnership with several specialty colleges to provide lectures and hands-on instruction from specialists with clinical experience in internal medicine, neurology, psychiatry, obstetrics and gynecology, pediatrics, family medicine and sports medicine.

Join the AAO at the San Diego Convention Center Oct. 6-8. OMED is the annual conference of the American Osteopathic Association, and it will run Oct. 5-9.

Scheduled speakers include Joshua Alexander, DO, MPH; Jeffrey P. Anthony, DO, FAAA; FAAOASM; David Baron, MEd; DO, DLFAPA, DFACN; Jeffrey Bytomski, DO, FAAOASM; Shawn Kristian Centers, DO, MH, FACOP; Lisa Ann DeStefano, DO; Wolfgang Gerhard Gilliar, DO; Sharon Gustowski, DO, MPH; Sheri Anne Hull, DO; Teodor Huzij, DO, FACN; Thomas M. Motyka, DO; Doris B. Newman, DO, FAAO; Melissa G. Pearce, DO; Rebecca R. Rodriguez, DO; Charles J. Smunty III, DO, FAAO; Priscilla Tu, DO; Richard L. Van Buskirk, DO, FAAO; and Sheldon C. Yao, DO.

Learn more about the AAO’s program at www.academyofosteofpathy.org/OMED. Registration coming soon at www.osteopathic.org/OMED.

When you register for OMED, indicate the AAO as one of your specialty associations to help offset the AAO’s program costs.
Executive director’s message (continued from Page 1)

Boyd R. Buser, DO, FACOFP, the AOA’s immediate past president who is a past president of the AAO and a current member of the AAO’s Board of Governors, spoke with the AAO Board of Governors and provided an update on the single accreditation process.

William S. Mayo, DO, the AAO’s president-elect, took time out of his busy schedule to speak at the AAO’s annual business meeting on Thursday, March 22. He provided updates on the AOA’s strategic initiatives before he had to jet off to another location.

Even with the hectic travel schedules, AOA leadership made time for the Academy, and we value that relationship.

New and Exciting AAO Strategic Goals
As the AOA updated the Academy on their strategic plan, the Academy also voted in a new strategic initiative.

In 2015, we shared with you a three-year strategic plan that outlined the focus and goals of the AAO. There were four key areas in that plan: communication and technology, education, membership and mentorship, and advocacy and partnership. That road map laid out goals for each section, and we worked hard to complete each of the tasks assigned. Some of the goals were met, and on some we just barely scratched the surface.

This year, as we began to look at the future of AAO, we had to remember that the American Academy of Osteopathy faces a rapidly changing environment that challenges long-standing ways of creating success. Over the next 48 months, AAO will need to compete for members, customers, attention and financial resources. We had to come up with a plan that reflects the beginning of an ongoing planning process that seeks to ensure the AAO stays agile and maintains a sharp competitive edge.

You may ask, “How does one achieve that goal?”

• Deep internal and external reflection and inquiry
• Soliciting wide input
• Member survey
• Board of Trustees retreat
• Ongoing vision and planning among officers and executive director
• Engagement of facilitator (I would like to say a special thank you to John Becknell, PhD, of StoryCraft Inc. for facilitating our strategic planning session on Wednesday, March 21, at the AAO Convocation and the many meetings that he had with the AAO leaders.)
• Creating a strawman document, a brief living document that brings clarity to the AAO Board of Governors’ session and after much discussion final approval of the planning document.

This year on Wednesday, March 21, 2018, the AAO Board of Governors approved a new concept for our strategic road map. We’re calling it the American Academy of Osteopathy 2019-22 Planning Playbook, and it lays out a transparent, predictable, and clear process for where we will concentrate our educational programming, staff, volunteers and financial resources. The plan asks a few simple questions:

• Who are we?
• What do we do?
• What do we care about?
• Where are we going?
• What is most important now?
• What will we do?

Our goal is to ensure that everyone in a leadership position, our members, our students and any interested parties know what our plan is so that we can keep our focus and move forward while being able to shift as the environment changes.

There is a challenge that we face, and that is the decline in membership due to de-
### AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 28</td>
<td>Memorial Day—AAO office closed</td>
<td></td>
<td>Oct. 5</td>
<td>AAO Leadership Forum—San Diego</td>
<td></td>
</tr>
<tr>
<td>June 20</td>
<td>Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern</td>
<td></td>
<td>Oct. 6-8</td>
<td>AAO at OMED: “Respectful and Mindful Use of Our Hands Across the Osteopathic Disciplines”—Robert N. Agnello, DO, FACOFP, program chair—San Diego Convention Center</td>
<td></td>
</tr>
<tr>
<td>July 4</td>
<td>Independence Day—AAO office closed</td>
<td></td>
<td></td>
<td>Committee on Fellowship in the AAO’s meeting and examinations—The Pyramids in Indianapolis</td>
<td></td>
</tr>
<tr>
<td>July 14-15</td>
<td>AAO Board of Trustees’ meeting—The Pyramids in Indianapolis</td>
<td></td>
<td>Oct. 20</td>
<td>“Fascial Approach to the Thoracic Viscera: A Basic Course”—Richard G. Schuster, DO, course director—Rowan University School of Osteopathic Medicine in Stratford, New Jersey</td>
<td></td>
</tr>
<tr>
<td>Aug. 3-4</td>
<td>AAO Education Committee’s meeting—The Pyramids in Indianapolis</td>
<td></td>
<td></td>
<td>Thanksgiving holiday—AAO office closed</td>
<td></td>
</tr>
<tr>
<td>Aug. 10-12</td>
<td>“High-Velocity, Low-Amplitude Technique”—Michael L. Kuchera, DO, FAAO, FNOME, course director—The Pyramids in Indianapolis</td>
<td></td>
<td>Nov. 9-11</td>
<td>“Introduction to the Fascial Distortion Model”—Todd A. Capistrant, DO, MHA, course director—AAO office</td>
<td></td>
</tr>
<tr>
<td>Aug. 22</td>
<td>Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern</td>
<td></td>
<td>Nov. 22-23</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sept. 3</td>
<td>Labor Day—AAO office closed</td>
<td></td>
<td>Nov. 30-Dec. 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oct. 4</td>
<td>AAO Board of Trustees’ meeting—San Diego</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SAVE THE DATE**

**OMED® 18**

**OCT. 5 - 9 | SAN DIEGO, CA**

Connect and recharge with thousands of DOs and osteopathic medical students at the industry’s premier osteopathic medical conference. **More information to come!**
Sidney N. Dunn is the 2018 recipient of the highest award that the Academy bestows on a nonphysician. The AAO’s 2017-18 president, Michael P. Rowane, DO, MS, FAAFP, FAAO, presented the AAO’s Academy Award to Mr. Dunn on March 22 during the AAO Convocation in Dallas. The award honors nonphysicians who have contributed significantly to osteopathic medicine and whose vision complements the AAO’s. Mr. Dunn is the 18th recipient of the award.

Mr. Dunn currently serves as the executive director of both The Osteopathic Cranial Academy (OCA) and the Osteopathic Cranial Academy Foundation in Indianapolis where he has managed both entities since 2005.

Mr. Dunn is a graduate of Wayne State University in Detroit, Michigan, and he has spent the bulk of his career in the management of an international college fraternity. In 1967, he began working for Alpha Epsilon Pi Fraternity and in 1974, he became its executive vice president, serving 30 years in that position until his retirement in 2004. After retirement, Mr. Dunn established a management-consulting firm that grew to five association and foundation clients. This background prepared Mr. Dunn to lead the OCA.

Mr. Dunn reminded the audience that the OCA is not a static organization but a vibrant society of dedicated professionals. He said, “The essence of this honor today is an approbation of the work of our members, and I stand before you as their representative, grateful for the honor and mindful of those who give me the opportunity to manage the dedicated professionals who are the members of the OCA.”

Mr. Dunn also has served on the board of directors, as president and as executive director of the Fraternity Executives Association, and after helping to establish the Fraternity Insurance Purchasing Group, he served as president. He served for three years on the board of directors of the North-American Interfraternity Conference, which awarded him his highest honor, “The Gold Medal,” in 2005.

Active in his local conservative synagogue, Mr. Dunn now serves as its president and has served as its ritual director for the past 24 years. In 2007, he received “The President’s Call to Service Award” from the White House Office of Faith-Based Initiatives under President George W. Bush for over 4,000 hours of volunteer service to his synagogue. Other honors include the Fraternity Executives Association’s highest honor, “The Distinguished Service Award,” and Alpha Epsilon Pi Fraternity’s highest honor, “The Order of the Lion,” for extraordinary achievement over a lifetime of service.
Jacob J. Cukierski, DO, Named Resident of the Year

Jacob J. Cukierski, DO, of Erie, Pennsylvania, was named the AAO's 2018 Resident of the Year on March 22 during the AAO's annual meeting during its Convocation in Dallas. The award recognizes a resident who has contributed to the AAO; who has contributed to osteopathic principles and practices (OPP) at his or her residency program; and who has participated in such educational events as the AAO's annual Convocation and the AAO’s program at the American Osteopathic Association’s annual conference. Dr. Cukierski is the ninth osteopathic resident to receive this award.

A 2014 graduate of the Lake Erie College of Osteopathic Medicine (LECOM) in Erie, Pennsylvania, Dr. Cukierski completed an osteopathic family medicine residency at Buffalo’s Sisters of Charity Hospital in 2017. He currently serves as the chief resident of his neuromusculoskeletal medicine (NMM) plus-one residency at Millcreek Community Hospital in Erie, and he served as the 2016-17 chief resident during his osteopathic family medicine residency. He will return to his hometown of Buffalo, New York, to practice upon completion of the NMM+1 residency.

Dr. Cukierski is a model resident, presenting lectures, labs, review sessions and table training, as well as showing initiative in his administrative duties. He possesses unparalleled enthusiasm for the osteopathic profession, noteworthy manual medicine and ultrasound skills and a deep knowledge base within primary care and OMM. He uses his gift for music to help patients in a compassionate and encouraging manner.

Dr. Cukierski’s energy and enthusiasm for the principles and practices of osteopathic medicine are contagious. He volunteers extensive time to mentor to the Student American Academy of Osteopathy (SAAO) and has helped with the Student Osteopathic Surgical Association chapters at LECOM. He has been a catalyst in positively changing student attitudes in the application of osteopathic principles, and he demonstrates his steadfast dedication to osteopathic principles within the health system. He was instrumental in obtaining matching financial support from LECOM administration for the SAAO and its members to attend the annual AAO Convocation.

When he accepted the award, Dr. Cukierski reminded the audience of the importance of passing on their knowledge, saying, “The first couple years of medical school are the most challenging times in many people’s lives, and we always have to continue to support those youngest of our profession because without them, we are nothing.”

AAO Members Earn FAAO Designation

During the AAO’s president’s banquet on Saturday, March 24, Fellowship in the AAO was conferred on four Academy members: Murray R. Berkowitz, DO, MPH, FAOCOPM; Kendi L. Hensel, DO, PhD; Adrienne M. Kania, DO; and Barbara A. Zajdel, DO. Fellowship in the AAO (FAAO) is an earned postdoctoral degree conferred on Academy members who have demonstrated outstanding understanding and execution of osteopathic principles.

Dr. Berkowitz, Dr. Hensel, Dr. Kania and Dr. Zajdel completed the two-year process, which includes completing a thesis, three case histories, an oral examination and a practical examination administered by the Committee on Fellowship in the AAO, prior to the AAO’s 2018 Convocation. The candidates were honored at the FAAO dinner on Friday, March 23, and on Saturday, the committee’s chair, David B. Fuller, DO, FAAO, officially conferred fellowship on them during the banquet.

FAAO candidates must be sponsored by active FAAO members. Walter C. Ehrenfeuchter, DO, FAAO, sponsored Dr. Berkowitz; Laura E. Griffin, DO, FAAO, sponsored Dr. Hensel; R. Paul Lee, DO, FAAO, sponsored Dr. Kania; and Paul R. Rennie, DO, FAAO, sponsored Dr. Zajdel.

Topics for the candidates’ theses included the cranial rhythmic impulse, hypertension, preterm labor and cardiac stress testing. The case histories covered a range of complaints, including recurring low back pain with an underlying gynecological etiology; tail-bone pain; moderately severe dysuria, bladder pain, pelvic and low back pain; and colic and difficulty passing stools. FAAOs are encouraged to submit these manuscripts for publication.

AAO members interested in applying for fellowship in the academy can obtain the (continued on Page 7)
LBORC-NUFA Poster Presentation Results

The Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association hosted their annual poster presentation on Thursday, March 22, during the AAO’s annual Convocation at the Hilton Anatole in Dallas.

Of 73 submitted abstracts, the committee accepted 50 posters to be presented by students, residents and practicing physicians in the following three categories: case study, education and public health, and clinical research. In total, 189 authors from 24 institutions were represented in the poster presentation.

The following individuals volunteered to judge the presentations, and the committee appreciates their contributions: David S. Abend, DO; Janice U. Blumer, DO, FAAO; David R. Boesler, DO; Stephanie Zena Brown, OMS III; Trevin Cardon, OMS V; Leslie M. Ching, DO; Lisa R. Chun, DO, MS; Judy M. Colabella, DO; Mark R. Conliffe, DO; Jay B. Danto, DO; Amy Jo Davison, DO; Brian F. Degennhardt, DO; David M. Escobar, DO; Michael Hadley, DO; Kurt P. Heinking, DO, FAAO; Kyle K. Henderson, PhD; (continued on Page 8)

Mentorship Draws a Crowd at Convocation

The AAO’s mentorship program got a big boost from Convocation activities. More than 300 students requested mentors, and the Membership Committee planned two sessions to help mentors and protégés connect.

Before Convocation, the Membership Committee sent out a match list to protégés and mentors so they could touch base and perhaps set up times to meet at Convocation. In addition, the mentorship sessions at Convocation allowed participants to get introduced or spend time getting to know each other. Participants also were encouraged to use the Convocation app to communicate throughout Convocation, setting up meetings to discuss career goals and the importance of osteopathic medicine in their careers.

It is recommended that students and physicians continue their relationships after Convocation to help stay on track with their osteopathic goals.

The mentorship program helps students focus on their osteopathic path and it wouldn’t be successful without physicians willing to share their experiences. The Membership Committee is still looking for physicians willing to mentor students. If you are interested in becoming a mentor, contact Taylor Bridgeforth, the AAO’s communications and administration assistant, at TBridgeforth@academyofosteopathy.org or (317) 879-1881, ext. 210.

New Fellows of the AAO (continued from Page 6)

application and explanatory materials from the AAO website at www.academyofosteopathy.org/fellowship-program, or they can contact the committee’s staff liaison, Debbie Cole, at (317) 879-1881, ext. 215, or at dcole@academyofosteopathy.org. The next deadline for fellowship applications is Dec. 1, 2018.

FAAO candidates scheduled for induction in March 2019 should note these upcoming deadlines:

- May 31, 2018—Final draft of thesis and third case history due.
- July 31, 2018—Final deadline for edits and corrections to all documents.
- Oct. 1, 2018—Nonrefundable test fee of $1,000 due.
- Oct. 20, 2018—Oral and practical examinations will be conducted between 8 a.m. and 5 p.m. at the AAO’s office in Indianapolis.
- March 16, 2019—Induction of approved candidates at the Convocation in Orlando, Florida.

The AAO’s 2018-19 president-elect, Kendi L. Hensel, DO, PhD, FAAO (second from right), was inducted as a Fellow of the AAO on Saturday, March 24, during the AAO’s Convocation in Dallas. Also pictured (left to right): David B. Fuller, DO, FAAO, chair of the Committee on Fellowship in the AAO; Laura E. Griffin, DO, FAAO, Dr. Hensel’s sponsor; and Michael P. Rowane, DO, MS, FAAFP, FAAO, the AAO’s 2017-18 president.
Poster presentations (continued from Page 7)

Jodie Hermann, DO; R. Mitchell Hiserote, DO; Jane Johnson, MA; Heather John-ston, OMS IV; Adrienne M. Kania, DO, FAO; James R. Keene, PhD, DO; Glenn M. Klucka, DO; Albert J. Kozar, DO, FAOASM; Francisco Laboy III, DO; Yein Lee, DO, MMS; Drew D. Lewis, DO, FAAO; To Shan Li, DO; Wesley C. Lockhart, DO; Crystal Alexandra Laura Martin, DO; Kara C. Mintier, DO; Barbara Ann Moss, DO; Victor Nuño, DO; Maria Patten, DO; Melissa G. Pearce, DO; Sun F. Pei, DO; Brian P. Peppers, DO, PhD; Hallie J. Robbins, DO; Michael A. Seffinger, DO, FAAFP; Edward C. Shadiack III, DO; Karen T. Snider, DO, FAAO; Zane Starks, MS; Michael J. Terzella, DO; Kevin Albert Thomas, DO, MS; A. Hope Tobey, DO; Katherine A. Worden, DO, MS; and Miho Yoshida, DO.

The table below lists the winning authors in the 2018 presentation and the titles of their posters. Authors are encouraged to develop their posters into research manuscripts that can be submitted to The AAO Journal. Submission guidelines can be found online at www.academyofosteopathy.org/AAOJ.

Abstracts and posters will be posted online once authors have signed a release. Online posters and abstracts have not been edited to conform to AAO styles.

<table>
<thead>
<tr>
<th>Category</th>
<th>Title</th>
<th>Authors</th>
<th>School or Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student—Case study</td>
<td>CRI over MRI: A Cranial Approach to Dizziness</td>
<td>Urvi V. Patel, OMS III; Anna M. Mercer, OMS III; and Yasmine Qureshi, DO (Australia), DPT</td>
<td>Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine in Fort Lauderdale, Florida (NSU-KPCOM)</td>
</tr>
<tr>
<td></td>
<td>Releasing the Impact: A Case of Concussion Related Somatic Dysfunction</td>
<td>Anna Roman-Pleschko, OMS III, POPPF; Alessandra Posey, DO; and Lailah Isaac, DO</td>
<td>NSU-KPCOM</td>
</tr>
<tr>
<td></td>
<td>Use of Axial Myofascial Hydrostat Test in Identifying Areas of Focus for Osteopathic Manipulative Treatment to Relieve Symptoms of Hypermobility Ehlers Danlos Syndrome – A Case Study</td>
<td>Samantha F. Gottlieb, OMS III; David H. Tegay, DO; and Jayme D. Mancini, DO, PhD</td>
<td>New York Institute of Technology College of Osteopathic Medicine in Old Westbury</td>
</tr>
<tr>
<td>Student—Education and public health</td>
<td>A Survey of Predoctoral Osteopathic Manual Medicine (OMM) Fellowships</td>
<td>Ashley Bedi, OMS V, and Drew D. Lewis, DO, FAAO</td>
<td>Des Moines University College of Osteopathic Medicine in Iowa</td>
</tr>
<tr>
<td></td>
<td>Early Exposure and Student Interest in Cranial Osteopathy: A Curriculum Improvement Analysis</td>
<td>Brayden Healey, OMS IV; William Galbraith, OMS III; and Janice U. Blumer, DO, FAAO</td>
<td>Western University of Health Sciences/College of Osteopathic of the Pacific in Lebanon, Oregon (WesternU/COMP-Northwest)</td>
</tr>
<tr>
<td></td>
<td>Image Based Augmented Reality as a Teaching Aid to Learning Cranial Motion and Strain Patterns</td>
<td>Masumi G. Asahi, OMS III; Sam Jazayeri, OMS III; Peter J. Lee, OMS III; Stephanie P. Zamora, OMS III; Joe Marilo, MA; and Rebecca E. Giusti, DO</td>
<td>Western University of Health Sciences/College of Osteopathic of the Pacific in Pomona, California</td>
</tr>
<tr>
<td>Student—Clinical research</td>
<td>Retrospective Chart Review of Patients with Ankyloglossia to Determine Effect of OMT With or Without Frenectomy</td>
<td>Katherine G. Rose-Borcherding, OMS IV; Zachary Wagner, OMS III; and Brianna M. Seefeldt, DO</td>
<td>Rocky Vista University College of Osteopathic Medicine in Parker, Colorado</td>
</tr>
<tr>
<td></td>
<td>Osteopathic Implications of Neurovascular Structures Coursing Through the Submandibular Gland</td>
<td>Kelsey J. Hafner-Eaton, OMS III; Vanessa D. Leonhard, OMS IV; Heather Smith, PhD; and Richard S. Dobrusin, DO</td>
<td>Arizona College of Osteopathic Medicine of Midwestern University in Glendale (AZCOM/MWU)</td>
</tr>
<tr>
<td>Category</td>
<td>Title</td>
<td>Authors</td>
<td>School or Institution</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>---------------------------------------------------------</td>
<td>-------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Third place (tie)</td>
<td>Regularly Applied Lymphatic Pump Techniques Reduced Duration of Upper Respiratory Infections</td>
<td>Victor Liao, OMS II; Megan Ellis, OMS II; Emily Hanka, OMS II; Sara Javadi, OMS II; Bryan Margaria, OMS II; Shelby Reyes, OMS II; Samuel Richardson, OMS II; Rafaela Roque; Rory Siegel, OMS II; Matthew Yiu Ha Wu, OMS II; Pamela Yao, OMS II; Francisco Laboy III, DO; and Tim Shipley, PhD</td>
<td>Burrell College of Osteopathic Medicine in Las Cruces, New Mexico</td>
</tr>
<tr>
<td>Third place (tie)</td>
<td>Analysis of Palpatory Forces During Segmental Vertebral Motion Testing</td>
<td>Rachel R. Chapin, OMS III; Andrew B. Wright, OMS III; Steve Webb, BS; Vanessa K. Pazdernik, MS; and Brian F. Degenhardt, DO</td>
<td>A.T. Still University-Kirksville College of Osteopathic Medicine in Missouri</td>
</tr>
<tr>
<td>Resident—Case study</td>
<td>Transient Dysautonomia Following Visceral Osteopathic Manipulation: A Case Report</td>
<td>Natalie A. Hyppolite, DO; and Knic C. Rabara, DO</td>
<td>Rowan University School of Osteopathic Medicine in Stratford, New Jersey</td>
</tr>
<tr>
<td>Second place</td>
<td>Case Study—Nonsurgical, Non-orthotic Treatment of Plagiocophaly Without Craniosynostosis in a 4-Month-Old Infant: An Osteopathic Approach</td>
<td>Nathan Nakken, DO, and Katherine A. Worden, DO</td>
<td>AZCOM/MWU</td>
</tr>
<tr>
<td>Third place</td>
<td>Treat Thine Self: A Case for Advancing Osteopathic Treatment Into the Hands of Patients With Migraines</td>
<td>Nicolette Rosendahl, DO; Edward Goering, DO; Kendall Shibuya, OMS IV; Nicole Scherlie, OMS III; and Leatrice Olson, DO</td>
<td>Mercy Medical Center Internal Medicine Residency in Des Moines, Iowa, and WesternU/COMP-Northwest</td>
</tr>
<tr>
<td>Resident—Education and public health</td>
<td>Defining Muscle Energy: A Multidisciplinary Approach</td>
<td>David Son, DO, MPH; Carter M. Newey, OMS III; Kendi L. Hensel, DO, PhD, FAO; and Rita M. Patterson, PhD</td>
<td>University of North Texas Health Science Center/Texas College of Osteopathic Medicine in Fort Worth</td>
</tr>
<tr>
<td>Resident—Clinical research</td>
<td>Osteopathic Manipulation During Labor Induction to Improve Vaginal Delivery Success Rates</td>
<td>Sergio A. Suarez, DO; Jonathan W. Torres, DO; Dorothy M. Klingmeyer, DO; Joseph Melograno, DO; Oluwafisayo Tunde-Agbede, MD; and Einat Manor, MD</td>
<td>Atlantic Health Systems ONMM, NMM Plus One Residency, Morristown Medical Center in New Jersey</td>
</tr>
<tr>
<td>Second place</td>
<td>The Side of Sacroiliac Joint Restriction Does Not Necessarily Correlate with SIJ Provocative Tests and Confirmatory US Guided SIJ Block: A Single Center Retrospective Chart Review</td>
<td>Makoto M. Yoshino, DO; Anika J. Trent, OMS II; and Albert J. Kozar, DO, FAOASM, RMSK</td>
<td>Edward Via College of Osteopathic Medicine–Virginia Campus in Blacksburg</td>
</tr>
<tr>
<td>Third place</td>
<td>Safety and Efficacy of OMT in Patients With Moderate or Severe Traumatic Brain Injury</td>
<td>Alice I. Chen, DO; Nicholas P. Michael, DO; Christina Monteleone, OMS III; Gerard A. Baltazar, DO, FACOS; and Hugh M. Ettlinger, DO, FAO, FCA</td>
<td>Saint Barnabas Hospital in Bronx, New York</td>
</tr>
</tbody>
</table>
Pay It Forward: Give Now

The AAO tries to spend money conservatively, but we rely on generous contributions from members.

Each summer, Academy leaders carefully create a modest budget that relies heavily on member dues and course fees. But we DREAM BIG. Help us achieve our dreams—like developing online continuing medical education opportunities, transitioning *The AAO Journal* to a more comprehensive online platform, or providing Wi-Fi at Convocation—by donating to the Golden Ram Society, which supplements the income of the Academy.

We do our best to keep dues low for everyone so that more people can afford to benefit from the AAO, so the Golden Ram Society is a great way for those who can give more to do so.

---

**CLASSIFIED ADVERTISEMENTS**

**KANSAS CITY UNIVERSITY**

Assistant Dean of Clinical Education: The Assistant Dean of Clinical Education will work in collaboration with the Associate Dean of Clinical Education and the Clinical Education Director to develop rotation and clerkship sites for KCU students.

Assistant/Associate Professor of Osteopathic Manipulative Medicine: Kansas City University of Medicine and Biosciences invites applications from outstanding candidates for a full-time faculty member in the Department of Osteopathic Manipulative Medicine.

For more information, please contact Anna Robinson at arobinson@omnihrm.com or 913-653-8089.

**OMM PRACTICE FOR SALE**

Southeast Michigan, northwest of Detroit. Full-time OMM and sports medicine practice sees 70-80 patients per week. Cash practice and Medicare provider specializing in all modalities of OMM, including cranial osteopathy. 4 exam rooms, approx. 1300 sq ft, new build-out in past 5 years. Practice is 30 years old, retiring for health reasons. Contact Stephen Goldman, DO, FAAO, FAOASM, at noviomm@mac.com, office 248-380-1900, cell 248-496-3301.

**EXAM ROOMS FOR RENT**

WEST 60s NYC

Dr. George Kessler, a DO in NYC, has 1 or 2 exam rooms available for rent in a very nice ground floor windowed office in the West 60s. Shared waiting area and room for your own receptionist or shared receptionist optional. Seeing my overflow is negotiable. If interested, contact doctork165@aol.com.

**NMM PRACTICE FOR SALE**

Southeast Michigan, northwest of Detroit. Full-time OMM and sports medicine practice sees 70-80 patients per week. Cash practice and Medicare provider specializing in all modalities of OMM, including cranial osteopathy. 4 exam rooms, approx. 1300 sq ft, new build-out in past 5 years. Practice is 30 years old, retiring for health reasons. Contact Stephen Goldman, DO, FAAO, FAOASM, at noviomm@mac.com, office 248-380-1900, cell 248-496-3301.

**EXAM ROOMS FOR RENT**

WEST 60s NYC

Dr. George Kessler, a DO in NYC, has 1 or 2 exam rooms available for rent in a very nice ground floor windowed office in the West 60s. Shared waiting area and room for your own receptionist or shared receptionist optional. Seeing my overflow is negotiable. If interested, contact doctork165@aol.com.

**NMM PRACTICE FOR SALE**

Southeast Michigan, northwest of Detroit. Full-time OMM and sports medicine practice sees 70-80 patients per week. Cash practice and Medicare provider specializing in all modalities of OMM, including cranial osteopathy. 4 exam rooms, approx. 1300 sq ft, new build-out in past 5 years. Practice is 30 years old, retiring for health reasons. Contact Stephen Goldman, DO, FAAO, FAOASM, at noviomm@mac.com, office 248-380-1900, cell 248-496-3301.

**EXAM ROOMS FOR RENT**

WEST 60s NYC

Dr. George Kessler, a DO in NYC, has 1 or 2 exam rooms available for rent in a very nice ground floor windowed office in the West 60s. Shared waiting area and room for your own receptionist or shared receptionist optional. Seeing my overflow is negotiable. If interested, contact doctork165@aol.com.

**NMM PRACTICE FOR SALE**

Southeast Michigan, northwest of Detroit. Full-time OMM and sports medicine practice sees 70-80 patients per week. Cash practice and Medicare provider specializing in all modalities of OMM, including cranial osteopathy. 4 exam rooms, approx. 1300 sq ft, new build-out in past 5 years. Practice is 30 years old, retiring for health reasons. Contact Stephen Goldman, DO, FAAO, FAOASM, at noviomm@mac.com, office 248-380-1900, cell 248-496-3301.

**EXAM ROOMS FOR RENT**

WEST 60s NYC

Dr. George Kessler, a DO in NYC, has 1 or 2 exam rooms available for rent in a very nice ground floor windowed office in the West 60s. Shared waiting area and room for your own receptionist or shared receptionist optional. Seeing my overflow is negotiable. If interested, contact doctork165@aol.com.

**NMM PRACTICE FOR SALE**

Southeast Michigan, northwest of Detroit. Full-time OMM and sports medicine practice sees 70-80 patients per week. Cash practice and Medicare provider specializing in all modalities of OMM, including cranial osteopathy. 4 exam rooms, approx. 1300 sq ft, new build-out in past 5 years. Practice is 30 years old, retiring for health reasons. Contact Stephen Goldman, DO, FAAO, FAOASM, at noviomm@mac.com, office 248-380-1900, cell 248-496-3301.

**EXAM ROOMS FOR RENT**

WEST 60s NYC

Dr. George Kessler, a DO in NYC, has 1 or 2 exam rooms available for rent in a very nice ground floor windowed office in the West 60s. Shared waiting area and room for your own receptionist or shared receptionist optional. Seeing my overflow is negotiable. If interested, contact doctork165@aol.com.
**Osteopathic Education Services at Convocation 2018**

Howdy all,

I would like to take this moment to personally thank all of the individuals, DOs and AAO staff alike, who volunteered their valuable time to help make the Osteopathic Education Service (OES) a huge success at the AAO’s 2018 Convocation in Dallas. This year we had a great volunteer turnout. It was good seeing so many new faces. THANK YOU!!

OES volunteers provide personalized hands-on demonstrations of osteopathic manipulative medicine. It is a unique program that provides the opportunity for DOs to be seen and evaluated by their fellow colleagues. For many of them, this is the one and only time they get to be on the other side of the treatment table. Although it is an awesome teaching opportunity, OES’s main goal is to make it easier for more DOs to be seen and still provide education opportunities for students and fellow DOs alike. Thank you again to those who volunteered. I respectfully ask that you continue to support our program with your time and dedication in the upcoming years. Bring a fellow colleague to help out next time you volunteer!

The following 61 volunteers provided 236 educational demonstrations during the 2018 Convocation:

| Robert M. Baker, DO                      | Hugh M. Ettlinger, DO, FAAO, FCA    | David C. Minix, DO               |
| Keith Barbour, DO                       | Richard A. Feely, DO, FAAO, FCA, FCA, FAAMA | Daniel B. Moore, DO              |
| Matthew B. Barker, DO                  | Heather P. Ferrill, DO, MS, MEdL    | Veera N. Motashaw, DO           |
| Lawrence M. Barnard, DO                | Edward K. Goering, DO, MSHPE        | David D. Musgrave, DO           |
| Charles A. Beck, DO, FAAO             | James H. Gronemeyer, DO             | Jared W. Nichols, DO            |
| Janice U. Blumer, DO, FAAO            | Sharon Gustowski, DO, MPH           | Ehrin E. Parker, DO             |
| Juanita M. Brown, DO                  | Stefan Hagopian, DO, FAAO           | William P. Powell, DO           |
| Maria K. Budner-Gentry, DO             | David G. Harden, DO                 | Bethany A. Powers, DO           |
| Thomas R. Byrnes Jr., DO               | E. Carlisle Holland, DO             | Elias J. Ptak, DO               |
| Todd A. Capistrant, DO, MHA            | Kevin S. Holmewood, DO              | Katrina C. Rakowski, DO         |
| Michael S. Carnes, DO, FAAO           | Constance G. Honeycutt, DO          | Richard W. Rapp, DO             |
| Liz Chapec, DO                         | David W. Johnson, DO                | Andrew I. Schwartz, DO          |
| George K. Cherian, DO                  | Gayle H. Johnston, DO               | Sajid A. Surve, DO              |
| John C. Coppinger, DO                 | LeAnn D. Jons-Cox, DO              | John P. Tortu, DO               |
| Theresa A. Cyr, DO                    | Richard W. Koss, DO                 | Terence C. Vardy, DO            |
| Joshua H. Dalton, DO                  | Lindsay R. LaCorte, DO             | Michael D. Waddington, DO       |
| Brian F. Degenhardt, DO               | Angela Lim, DO                      | R. Clay Walsh, DO               |
| Nate E. Delisi, DO, BA                 | Brian Loveless, DO                  | Damon M. Whitfield, DO          |
| Richard S. Dobrusin, DO               | James E. Marotz, DO                 |                                |
| R. Todd Dombroski, DO                 | Paul S. Miller, DO, FCA             |                                |

Please accept my sincerest apology if I have left your name off this list.

Volunteer physicians earn 0.5 credit of AOA Category 1-A continuing medical education for each demonstration they provide. They also are entered in a drawing to win complimentary registration for the next year’s Convocation. This year Keith Barbour, DO, of Monroe, Michigan, won the drawing. Dr. Barbour provided eight demonstrations at the 2018 Convocation.

Special thanks also to our dedicated AAO staff and volunteers, Sherri L. Quarles, Kathleen Brennan, Bev Searcy, Lauren Good, Debbie Cole, Brooke Lamb, Taylor Bridgeforth, Gennie Watts and Amber Rausch, who helped provide support to our service. Outstanding work, as always!

Fraternally yours,

Clay Walsh, DO

Chair, Osteopathic Education Service Committee
Young Investigators: Apply for Career Development and Grant Mentoring Program

The United States Bone and Joint Initiative (USBJI) and Bone and Joint Canada are dedicated to increasing research of musculoskeletal diseases. The USBJI has developed a grant mentoring program to provide early-career investigators an opportunity to work with experienced researchers in the field to assist them in securing funding and other survival skills required for pursuing an academic career.

This program is open to promising junior faculty, senior fellows or postdoctoral researchers nominated by their department or division chairs. It is also open to senior fellows or residents who are doing research and have a faculty appointment in place or confirmed. Basic and clinical investigators, with or without training awards (including K awards) are invited to apply. Investigators selected to take part in the program attend two workshops, 12 to 18 months apart, and they work with faculty between workshops to develop their grant applications.

The next workshop is scheduled to take place Nov. 9-11, in Toronto, Ontario.

The unique aspect of this program is the opportunity for attendees to maintain a relationship with a mentor until their application is funded.

The application deadline for the Fall 2018 workshop is July 15. To learn more or apply, visit www.usbji.org/programs/yii.

Member Announcements

2018-19 Dues Notices
The AAO’s membership year runs Aug. 1 through July 31. Dues notices for 2018-19 will be mailed at the beginning of June. Dues will be the same as the last two years ($288 for full members). We ask that you pay your dues promptly to ensure the AAO is able to develop a realistic budget for the 2018-19 fiscal year. In addition, paying your dues promptly will ensure uninterrupted member benefits like AAO Member News, The AAO Journal and discounts on books and courses. Prorated memberships are not available.

Starting Residency?
Your student membership in the AAO expires when you graduate from osteopathic medical school. Log in to your account at www.academyofosteopathy.org and purchase a new membership. After you add the new membership to your shopping cart, update the settings to ensure you receive the resident rate. A one-year resident membership costs $44, but a four-year membership costs $146, saving a total of $30. (And if rates go up, you’re already covered.) The AAO welcomes resident members from all specialties.

Lost or Found?
Have you checked the AAO’s Find a Physician page lately to make sure you’re included? Visit www.FindOMM.org and search by city, state or ZIP code. If your information is missing or incorrect, follow the steps provided on the FAQ page to update your profile.

Committee Corner

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteopathy.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

At the Committee on Fellowship in the AAO’s meeting on Tuesday, March 20, the committee members interviewed and accepted two applicants as FAAO candidates for the 2018-20 cycle. The committee also reviewed proposed changes to the FAAO application documentation which was submitted to the AAO Board of Governors for approval.

At its meeting on March 23, the Education Committee reviewed the current Convocation as it was well underway at that point. The committee realizes with new venues come new challenges (location, food, room size, vendors and other related items), and concerns raised by attendees will be addressed. The committee reviewed the AAO’s OMED 2018 program, which will be Oct. 6-8 in San Diego, in partnership with multiple specialty groups as was done in 2017. The committee also discussed plans for the AAO’s 2019 Convocation at the Rosen Shingle Creek in Orlando, Florida.

The Investment Committee held its annual meeting on March 21. The committee reviewed each of the investments to ensure

(continued on Page 13)
Committee updates
(continued from Page 12)

that they would yield the best possible funding for the Academy, and they decided to stay with the current investing platform knowing that there could be some volatility with the market. The committee’s charge includes responsibility for “internal fund raising” projects, e.g., growing the AAO endowment to $1 million as projected in the Academy’s strategic plan. To learn more about setting up an endowment or bequest, contact AAO Executive Director Sherri Quarles at SQuarles@academyofosteopathy.org or at (317) 879-1881, ext. 214.

The Louisa Burns Osteopathic Research Committee met on March 23 and heard reports from the Poster Presentations Subcommittee, from the Grants Review Subcommittee, from the Research Training Subcommittee and from the Board of Trustees liaison. It was noted that the number of poster entries has increased again this year but with more stringent evaluation criteria for abstracts and weather related issues in the Northeast, fewer posters were being presented than anticipated. LBORC Chair Brian F. Degenhardt, DO, expressed his appreciation for the success of the LBORC forum, indicating the committee looks forward to next year. The Grants Review Subcommittee indicated it continues to update the research grant submission forms and process with an anticipated completion by May 1.

The Osteopathic Education Service Committee met on March 23. There was discussion of how to increase volunteers at OES events. Also discussed were ways to spread the OES concept to all state osteopathic organizations. The committee honored David D. Musgrave, DO, who has stepped down from the committee after 40 years of service.

At the March 24 meeting of the Osteopathic Medical Economics Committee, American Osteopathic Association (AOA) representatives Sean Grande, MA, and Cindy Penkala, director of practice management, presented an update on the operation of the AOA/American Osteopathic Information Association (AOIA) support team for physician services.

The Postdoctoral Standards and Accreditation (PSA) Committee met on Friday, March 23, and discussed the progress of the single accreditation transition. All programs are at least working on their applications with 12 having achieved initial ACGME accreditation thus far. No programs are closing without continuing with an ONMM 1 and/or 2 at their location. PSA continues to oversee the osteopathic neuromusculoskeletal medicine programs with inspection reviews for continuing approvals, corrective action plans submitted for any deficiencies found in those reviews, program director changes, program slot increases, review of training completions for residents, advanced standing for incoming residents and all other oversight of the ONMM residency programs and their residents.

As usual, the Postdoctoral Training Committee (PTC) had a very busy Convocation. The residents’ in-service exams (written and practical) were held on Wednesday, March 21, and 110 interns and residents were seated. PTC held their meeting on Friday, March 23, and they discussed yet another successful exam and the upcoming residency information session (RIS). It was noted the RIS was becoming very popular and could be a useful tool in promoting ONMM and our residency programs. Thus, it was decided to form a subcommittee to further promote the event and build upon what had already been accomplished. The PTC was reminded to attend the program directors’ workshop that was coming up that Sunday afternoon.

The AAO’s Publications Committee met on March 23. They have recommended several books to be added to the AAO’s online store, and they have recommended an online manuscript service to streamline processes for The AAO Journal. In addition, they discussed potential e-book titles.

At the Student Academies Committee meeting on March 24, they discussed ways to increase membership in the SAAO. They also discussed different ways for the students to earn money for their chapters and how to provide students with more hands-on experience applying osteopathic manipulative treatment.
Members in the News

“What happens to your body when you wear heels?” Sajid A. Surve, DO, of Fort Worth, Texas, explains how wearing high heels often affects not only feet but also lower back, shoulder and neck pain because high heels confuse the natural form of the body.

As it celebrated National Osteopathic Medicine Week, The DO recognized Hu-mayun J. Chaudhry, DO, of Euless, Texas, and Natalie Ann Nevins, DO, MSHPE, of Pomona, California, and their dedication to the osteopathic profession. Dr. Chaudhry is the CEO of the Foundation of State Medical Boards, representing the nation’s state medical licensing boards, and Dr. Nevins serves her community as a medical director for Care Harbor, a health care nonprofit organization that holds free clinic events where thousands of uninsured, underinsured and at-risk patients receive care.

The DO also profiled Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME, of Vallejo, California, who teaches a yoga and anatomy class at the Touro University California College of Osteopathic Medicine in Vallejo as one of 10 DOs making a difference in their communities.

Wolfgang Gerhard Gilliar, DO, the dean of the New York Institute of Technology College of Osteopathic Medicine in Old Westbury, weighed in on the decision to allow interns at the Johns Hopkins Hospital to stop wearing the short white coats that have been worn since the 1900s. “In the end the white coat has become more a symbol of tradition than reason,” Dr. Gilliar said.

The January 2018 issue of California DO included a feature article coauthored by Selene Jamall, OMS II, of Vallejo. In “Therapeutic Diets and Chronic Disease,” the authors discuss therapeutic diets that could help patients manage chronic disease.

Maya Gattupalli, OMS II, of Vallejo, California, was featured as the Student DO Highlight in the January 2018 issue of California DO. Student Doctor Gattupalli hopes to provide medical care to patients by giving them the necessary support to deal with difficult times, and she plans to be involved in the mental health awareness movement specifically at the elementary school level.

Kelsey Rae Wong, OMS III, of Pomona, California, was elected to the national board of Psych-SIGN (the national student interest group in Psychiatry that is affiliated with the American Psychiatric Association). She will serve as regional chair for the state of California.

D CEO Healthcare, a website dedicated to the business of health care in North Texas, helped spread the news that Kendi L. Hensel, DO, PhD, FAAO, is the AAO’s new president-elect.

Did You Know?

The Postgraduate American Academy of Osteopathy (PAAO) has changed its name to the Resident American Academy of Osteopathy (RAAO). The staff is in the process of updating all documents online. The process should be completed by the end of May.

Residents have long been an important part of the Academy, and their organization into the PAAO several years ago allowed residents a way to formally interact at Convocation and throughout their residency training. To more accessibly reflect the makeup of the membership of the PAAO, its members voted to change the name to the RAAO.

Thank you to all who have been a part of this organization’s formation and growth!

Stay Connected—
Follow AAO online!
In Memoriam: James O. Royder, DO, FAAO

James O. “Jack” Royder, DO, FAAO, of Lancaster, Texas, passed away Jan. 16, 2018. Dr. Royder attended the University of Texas in Austin and began his medical career while in the Navy. For 46 years, he practiced osteopathic medicine and obstetrics throughout Ohio, Texas and the U.S. Navy. He retired from the navy as a captain in 1991.

Dr. Royder taught obstetrics at a Dallas hospital for 16 years, delivering 3,110 babies. He then taught osteopathic principles and practices at the Texas College of Osteopathic Medicine in Fort Worth.

In 1978, Dr. Royder became a Fellow of the AAO (FAAO). Members who have earned the FAAO, a postdoctoral degree conferred by the Academy, have demonstrated outstanding understanding and execution of osteopathic principles in practice and in scholarly activity.

After learning to fly, Dr. Royder joined DOCare International, an association for groups of doctors volunteering their medical skills for missions to remote locations.

In 1996, Dr. Royder retired from full-time private practice. He filled in as needed, and he completed disability evaluations for the Texas Workers Comp Commission.

Core Osteopathic Recognition Readiness Examination (CORRE)

The AAO has partnered with the National Board of Osteopathic Medical Examiners to provide this test that assesses readiness of physician applicants. This assessment is designed for physicians applying to residency programs with Osteopathic Recognition, and it was developed by industry experts in exam development to meet the needs of residency programs. It will assess:

- osteopathic concepts and philosophy
- osteopathic diagnosis
- osteopathic treatment models.

The secure, proctored, standardized exam will be available at Prometric centers worldwide. Registration began in April, and administration occurs July 23-Aug. 17.

For more information, contact Sandra Waters at swaters@nbome.org.
As a student at the American School of Osteopathy, Carl Philip McConnell, DO, studied directly under Andrew Taylor Still, the founder of osteopathic medicine. This collection of his notes includes approaches he learned to manage various maladies.

From a historical perspective, McConnell’s “Notes on Osteopathic Therapeutics” are fascinating to see just how far we’ve come in understanding specific dysfunctions.

ISBN 978-0-940668-30-0

Only $15

Buy now at Amazon.com.

Interested in research but not sure how to start?

START HERE.

The Scholar Series, developed by AAO members Robert W. Hostoffer, DO, PhD, and Brian P. Peppers, DO, PhD, is designed to help develop scholarly environments and to meet residents’ program requirements for research. In the new single GME system, curricula “must advance residents’ knowledge of the basic principles of research, including how research is conducted, evaluated, explained to patients, and applied to patient care.”

See the list of ACGME requirements by specialty.

Anyone interested in research – whether residents, practicing physicians or medical students – will find these sessions helpful. The videos also can be used by residency directors for faculty development within your institution or just to learn more about the research process.
UPCOMING CME OPPORTUNITIES

Aug. 10-12 2018
High-Velocity, Low-Amplitude Technique
Michael L. Kuchera, DO, FAAO, FNAOME, course director
The Pyramids, Indianapolis
24 credits of AOA Category 1-A CME anticipated

September 2018
What’s the Point? Multifaceted Clinical Approaches to Viscerosomatic Reflexes
Michael L. Kuchera, DO, FAAO, FNAOME; William H. Devine, DO; and Richard A. Feely, DO, FAAO, FCA, FAAMA, course directors
Location to be determined
20 credits of AOA Category 1-A CME anticipated

Oct. 6-8, 2018
AAO at OMED 2018
Robert N. Agnello, DO, FACOFP, program chair
San Diego
CME to be determined

Nov. 9-11, 2018
Fascial Approach to the Thoracic Viscera: A Basic Course
Richard G. Schuster, DO, course director
Rowan University School of Osteopathic Medicine in Stratford, New Jersey
20 credits of AOA Category 1-A CME anticipated

Nov. 30-Dec. 2, 2018
Introduction to the Fascial Distortion Model
Todd A. Capistrant, DO, MHA, course director
The Pyramids, Indianapolis
24 credits of AOA Category 1-A CME anticipated

December 2018
Visceral Manipulation
Kenneth J. Lossing, DO, course director
Location to be determined
22 credits of AOA Category 1-A CME anticipated

Learn more and register at www.academyofosteopathy.org/CME.
Course Description
This course is an introductory course in visceral techniques to the thorax and thoracic viscera. Attendees will explore traditional osteopathic concepts of ventral technique as they apply to the thoracic viscera, ribs and anterior neck. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between diaphragm, ribs, sternum, thoracic spine and cervical spine, to the base of the skull, particularly as they relate to fascial continuity. Included will be discussion of the autonomic nervous system, vascular flow and lymphatic drainage.

Attendees will come away with improved confidence in physical examination, direct and indirect approaches to the ribs and thoracic viscera, and lymphatic techniques. Integration of visceral (ventral) techniques with spinal (dorsal) and cranial techniques will be emphasized at the conclusion.

This is an intermediate level course.

Prerequisites
It is strongly encouraged, though not required, that participants have taken a course in abdominal visceral approaches.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:30 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
Rowan University School of Osteopathic Medicine
42 East Laurel Rd., Stratford, NJ 08084

---

Registration Fees

<table>
<thead>
<tr>
<th></th>
<th>On or before Sept. 5, 2018</th>
<th>Sept. 6–Nov. 6, 2018</th>
<th>On or after Nov. 7, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academy member in practice*</td>
<td>$750</td>
<td>$800</td>
<td>$1,000</td>
</tr>
<tr>
<td>Resident or intern member</td>
<td>$550</td>
<td>$600</td>
<td>$800</td>
</tr>
<tr>
<td>Student member</td>
<td>$350</td>
<td>$400</td>
<td>$600</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,050</td>
<td>$1,100</td>
<td>$1,300</td>
</tr>
<tr>
<td>Nonmember resident or intern</td>
<td>$850</td>
<td>$900</td>
<td>$1,100</td>
</tr>
<tr>
<td>Nonmember student</td>
<td>$650</td>
<td>$700</td>
<td>$900</td>
</tr>
</tbody>
</table>

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Credit card No.: ____________________________
Cardholder's name: __________________________
Expiration date: ____________ 3-digit CVV No.: ____________
Billing address (if different): __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

View the AAO's cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

---

Course Director
Richard G. Schuster, DO, is the director of osteopathic medical education for Community Health Network in Indianapolis, and he is the program director for the Community Health Network’s Osteopathic Family Medicine Residency.

After completing an undergraduate fellowship in osteopathic principles and practice, Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994. He completed a residency in family medicine at the Firelands Regional Medical Center in Sandusky, Ohio, and he completed a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO’s 2015 Convocation in Louisville, Kentucky, Dr. Schuster serves on the AAO’s Board of Trustees, and he is the vice chair of the AAO’s Education Committee.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

---

Registration Form

A Fascial Approach to the Thoracic Viscera
Nov. 9-11, 2018

Name: ____________________________ AOA No.: ____________
Nickname for badge: ____________________________
Street address: ____________________________
__________________________________________________________________________
City: ____________________________ State: ______ ZIP: ____________
Phone: ____________________________ Fax: ____________________________
Email: ____________________________

View the AAO's photo and video release statement.
**Course Description**
Sometimes referred to as Module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM). FDM is an excellent modality to be used in the clinic, on the field, and in the emergency room for fast and effective results.

While there are some specific FDM techniques, emphasis will be placed on thinking and working in the model while using all manipulative modalities.

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM expands the toolbox you use to help more patients. This modality is valuable for any practitioner and no previous manipulation experience is required.

All medical providers are invited to attend, including DOs, MDs, PTs, OTs, PAs, NPs, DPMs, etc.

**Course Times**
Friday from 5 to 9 p.m.
Saturday and Sunday from 8 a.m. to 5 p.m.

**Continuing Medical Education**
20 credits of AOA Category 1-A CME anticipated.

**Meal Information**
Morning coffee and tea will be provided. Lunch will be provided Saturday and Sunday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

**Course Location**
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

---

**Registration Form**

**Fascial Distortion Model: Treating the Shoulder, Ankle and Knee**

**Nov. 30-Dec. 2, 2018**

**Name:**

**AOA No.:**

**Nickname for badge:**

**Street address:**

**City:**

**State:**

**ZIP:**

**Phone:**

**Fax:**

**Email:**

---

**Course Director**

Todd A. Capistrant, DO, MHA, earned both his doctor of osteopathic medicine degree and his master in health administration degree in 1997 from the Des Moines (Iowa) University College of Osteopathic Medicine. He is one of only three physicians in the United States who are currently certified to teach seminars on the FDM, and he is the president of the American Fascial Distortion Model Association.

Dr. Capistrant specializes in OMM, and he is certified by the American Board of Family Medicine. He is a member of the growing OMM department at the Tanana Valley Clinic in Fairbanks, Alaska, and he serves as a regional dean for the Pacific Northwest University of Health Sciences, College of Osteopathic Medicine in Yakima, Washington.

Dr. Capistrant is interested in working with athletes to maximize performance, dance medicine, and OMM for pregnant women. FDM allows for effective manipulative treatment for most musculoskeletal injuries including pulled muscles, fractures and frozen shoulders.

---

**Registration Fees**

<table>
<thead>
<tr>
<th>Registration Fees</th>
<th>On or before Sept. 23, 2018</th>
<th>Sept. 24–Nov. 26, 2018</th>
<th>On or after Nov. 27, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academy member in practice*</td>
<td>$750</td>
<td>$800</td>
<td>$1,000</td>
</tr>
<tr>
<td>Resident or intern member</td>
<td>$550</td>
<td>$600</td>
<td>$800</td>
</tr>
<tr>
<td>Student member</td>
<td>$350</td>
<td>$400</td>
<td>$600</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,050</td>
<td>$1,100</td>
<td>$1,300</td>
</tr>
<tr>
<td>Nonmember resident or intern</td>
<td>$850</td>
<td>$900</td>
<td>$1,100</td>
</tr>
<tr>
<td>Nonmember student</td>
<td>$650</td>
<td>$700</td>
<td>$900</td>
</tr>
</tbody>
</table>

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

---

- I am a practicing health care professional.
- I am a resident or intern.
- I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

**Credit card No.:**

**Cardholder’s name:**

**Expiration date:**

**3-digit CVV No.:**

**Billing address (if different):**

---

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

**Signature:**

---

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Component Societies and Affiliated Organizations

Calendar of Upcoming Events

May 4-6, 2018
Osteopathy’s Promise to Children
A Dental Course: Expanding the Osteopathic Concept—Beyond the Basics
Course directors: Raymond J. Hruby, DO, MS, FAAODist, and Darick Nordstrom, DDS
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/

May 4-8, 2018
Sutherland Cranial Teaching Foundation
2018 Basic Course: Osteopathy in the Cranial Field
Course director: Hugh M. Ettlinger, DO, FAAO, FCA
New York Institute of Technology
College of Osteopathic Medicine
Old Westbury, New York
Learn more and register at www.sctf.com.

May 9-13, 2018
American Osteopathic Association of Prolotherapy
Regenerative Medicine
Spring 2018 Annual Prolotherapy Conference
Course Directors: Gerald R. Harris, DO, and Ann Auburn, DO
The Marriott Legacy in Dallas
35 credits of AOA Category 1-A CME
Learn more and register at www.prolotherapycollege.org

June 1-3, 2018
Still Exaggeration Technique, LLC
Introductory Exaggeration Course
Course director: Jerry L. Dickey, DO, FAAO
New York Institute of Technology
College of Osteopathic Medicine
Old Westbury, New York
25 credits of AOA Category 1-A CME anticipated
Learn more and register at stillexaggeration.com.

June 9-13, 2018
The Osteopathic Cranial Academy
Introduction to Osteopathy in the Cranial Field Summer Course
Course director: Richard F. Smith, DO
Hilton Norfolk at the Main
Norfolk, Virginia
40 credits of AOA Category 1-A CME anticipated
Learn more and register at www.cranialacademy.org.

June 14-17, 2018
The Osteopathic Cranial Academy
2018 Annual Conference: Discovering the Heart of Osteopathy
Program chair: Donald V. Hankinson, DO
Assistant program chair: Thomas A. Moorcroft, DO
Hilton Norfolk at the Main
Norfolk, Virginia
22.25 credits of AOA Category 1-A CME anticipated
Learn more and register at www.cranialacademy.org.

July 13-17, 2018
Michigan State University College of Osteopathic Medicine
Craniosacral Techniques: Part III
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

July 25-29, 2018
Osteopathy’s Promise to Children
Foundations of Osteopathic Cranial Manipulative Medicine
(The 40-Hour Basic Course)
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/

July 27-29, 2018
Indiana Academy of Osteopathy
Sequencing 1: The Art of Finding the Key
Course director: Charles A. Beck, DO, FAAO
Indianapolis
24 credits of AOA Category 1-A CME anticipated
Learn more and register at www.indianaacademyofosteopathy.com.

Aug. 3-4, 2018
Osteopathy’s Promise to Children
Advancing the Sequential Approach to Pediatric Osteopathy
Course directors: Mary Anne Morelli Haskell, DO, FACOP, and Julie Mai, DO
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.