A Message From the President

I recently attended The Osteopathic Cranial Academy’s annual conference, representing the American Academy of Osteopathy. The theme of their annual convention was “Discovering the Heart of Osteopathy.” It was powerful to be in a room of over 200 people experiencing with their hands the connections of the beating heart. Now more than ever, as the house of medicine is striving to train the next generation of doctors, I feel that the American Academy of Osteopathy is poised to play an important role in their education.

The AAO’s Board of Trustees spent the last year rethinking our strategic plan under the capable leadership of Michael P. Rowane, DO, MS, FAAFP, FAAO. With some help, we reimagined it in the form of a Planning Playbook. This model allows us greater flexibility in this ever-changing world, leaving us more nimble. As we accomplish tasks, they will move off the playbook. It allows us to shift gears as the times require. I invite you to read it on our website. As a result of a productive Board of Governors meeting where we adopted this, we will be re-examining our brand and making changes to increase our relevance.

Toward that end, we have been investigating opportunities to collaborate with other groups. We hope to offer some interesting educational offerings in the near future with mutual benefit to our partners. I am particularly interested in trying some new models for education. As the Accreditation Council

AAO’s OMED Program Focuses on OMT Across Disciplines

Registration for the American Osteopathic Association’s annual conference is now open. When you register, be sure to indicate the AAO as one of the specialty colleges whose program you will attend to ensure the AAO receives a portion of your registration fee to offset our costs.

Chaired by Robert N. Agnello, DO, FACOFP, the AAO’s program will run from Saturday, Oct. 6, through Monday, Oct. 8. “Respectful and Mindful Use of Our Hands Across the Osteopathic Disciplines” will present various viewpoints on incorporating osteopathic principles into the practice of different specialties. The AAO is partnering with several specialty colleges to provide lectures and hands-on instruction from specialists with clinical experience in internal medicine, neurology, psychiatry, obstetrics and gynecology, pediatrics, family medicine and sports medicine.

AAO Speakers Sponsored by AOA

In 2016, the American Osteopathic Association instituted research sponsorship awards in lieu of developing a competing program at OMED. To qualify for one of the six awards, a speaker must be a DO or PhD, and he or she must be disseminating the latest evidenced-based research and/or programs in the field of the specialty college.

OMED 2018: Oct 5-9 in San Diego!
President’s message (continued from Page 1)

for Graduate Medical Education’s Single Accreditation System continues to move forward, we anticipate growing interest in our offerings from MDs who are in residencies with Osteopathic Recognition. We also see that our membership is interested in different kinds of learning opportunities.

In April, I attended a meeting of the American Osteopathic Association’s Bureau of International Osteopathic Medicine (BIOM) in Chicago. BIOM focuses on creating and supporting opportunities for osteopathic medical students and residents (as well as practicing physicians) to be able to have overseas experiences and have their training fully recognized. There are great strides being made internationally to open up various nations to these kinds of experiences. There was preparation for the seminar to be held at OMED in San Diego in October. The program looks promising. There was also discussion about the BIOM Research Abstract Competition that will be presented for review this summer. The winner will be announced at OMED.

It is so important that we look back at our roots, at what has made us distinct, at our mentors and our history, and remember the battles fought that are part of our osteopathic heritage. It is also important that we look forward, to participate in research, rethink how and who we teach. In the end, it is most important that we continue our hands-on approach to patient care. We need modern ideas and discoveries and approaches. We need data and electronic medical records and best practices. And we need to be present and touch our patients, to participate in healing that has its roots in our past because our distinctiveness will help personalize the process. It will make all the difference.

Catherine M. Kimball, DO
2018-19 AAO President

AAO at OMED 2018 (continued from Page 1)

For the third year in a row, AAO is honored that multiple speakers have received these awards. On Saturday afternoon, Melissa G. Pearce, DO, will present “Addressing Health Disparities at a Student-Run Free Clinic and Optimizing Research Opportunities” and Sheldon C. Yao, DO, will present “The Impact of OMM on Patients With Parkinson’s Disease: Lessons Learned and Future Directions” in partnership with the AOA Bureau of Osteopathic Clinical Education and Research.

AAO Program

The AAO’s program will include the following lectures:

• “Applying OMT Based on Position of Function,” Thomas M. Motyka, DO
• “Muscle Energy,” Richard L. Van Buskirk, DO, FAAO
• “Facilitated Positional Release: Efficient and Integrative OMT for Diagnosis and Treatment,” Charles J. Smutny III, DO, FAAO

Richard L. Van Buskirk, DO, FAAO

(continued on Page 3)
Joint sessions with the AOA’s Bureau of Scientific Affairs & Public Health:

• 45th annual Thomas L. Northup Lecture: “Bring Osteopathy Into the 21st Century,” Lisa Ann DeStefano, DO

Joint sessions with the ACONP and the American College of Osteopathic Physicians (ACOP):

• “OMM and Anxiety Disorders,” Teodor Huzij, DO, FACNP
• “An Osteopathic Approach to Headache,” Sheri Anne Hull, DO

Sharon Gustowski, DO, MPH

Lisa Ann DeStefano, DO

AAO at OMED 2018
(continued from Page 2)

Joint sessions with the American College of Neurology and Psychiatry (ACONP):

• “Addressing Health Disparities at a Student-Run Free Clinic and Optimizing Research Opportunities,” Melissa G. Pearce, DO
• “The Impact of OMM on Patients With Parkinson’s Disease: Lessons Learned and Future Directions,” Sheldon C. Yao, DO
• “Osteopathic Science: From Theory to Practice to Best Practice,” Wolfgang Gerhard Gilliar, DO, FAAPMR

Joint sessions with the ACOP:

• “Osteopathic Techniques for the Hip and Knee in Pediatric Patients,” Doris B. Newman, DO, FAAO

Joint sessions with the American College of Osteopathic Family Physicians (ACOFP) and the American Osteopathic Academy of Sports Medicine (AOASM):

• “Safe Sport and Physician Prep for Events,” Rebecca Rodriguez Regner, DO, FACOFP, and Priscilla Tu, DO, FAOASM
• “The Top 10 Ethical Concerns Facing Physicians in Everyday Practice,” Elizabeth Petsche, JD
• “OMT Sensitive: Treatment/Documentation/Physician Protection,” Sharon Gustowski, DO, MPH
• “OMT on the Field,” Thomas M. Motyka, DO

Sharon Gustowski, DO, MPH

Learn more about the AAO’s program at www.academyofosteopathy.org/OMED, or register now at www.osteopathic.org/OMED.

Editor’s note: Names that appear in bold type in AAO Member News indicate members of the Academy. Submit your members news to Lauren Good, the AAO’s communications specialist, at LGood@academyofosteopathy.org.
Mark your calendar for these upcoming Academy meetings and educational courses.

2018

July 4  Independence Day—AAO office closed
July 14-15  AAO Board of Trustees’ meeting—The Pyramids in Indianapolis
Aug. 3-4  AAO Education Committee’s meeting—The Pyramids in Indianapolis
Aug. 3-4  SAAO Executive Council’s meeting—The Pyramids in Indianapolis
Aug. 10-12  “High-Velocity, Low-Amplitude Technique”—Michael L. Kuchera, DO, FAAO, FNOME, course director—The Pyramids in Indianapolis
Aug. 22  Committee on Fellowship in the AAO’s teleconference—8 p.m. Eastern
Sept. 3  Labor Day—AAO office closed
Sept. 14-16  “That’s the Point! Multifaceted Clinical Approaches to Viscerosomatic Reflexes”—Michael L. Kuchera, DO, FAAO, FNOME; William H. Devine, DO; and Richard A. Feely, DO, FAAO, FCA, FAAMA, course directors
Oct. 6-8  AAO at OMED: “Respectful and Mindful Use of Our Hands Across the Osteopathic Disciplines”—Robert N. Agnello, DO, FACOFP, program chair—San Diego Convention Center
Oct. 20  Committee on Fellowship in the AAO’s meeting and examinations—The Pyramids in Indianapolis
Oct. 27  AAO Board of Trustees’ meeting—The Pyramids in Indianapolis
Nov. 9-11  “Fascial Approach to the Thoracic Viscera: A Basic Course”—Richard G. Schuster, DO, course director—Rowan University School of Osteopathic Medicine in Stratford, New Jersey
Nov. 22-23  Thanksgiving holiday—AAO office closed
Nov. 30-Dec. 2  “Introduction to the Fascial Distortion Model”—Todd A. Capistrant, DO, MHA, course director—The Pyramids in Indianapolis
Dec. 7-9  “A Visceral Approach to the Arteries of the Abdomen and Pelvis”—Kenneth J. Lossing, DO, course director—UNTHSC/Texas College of Osteopathic Medicine in Fort Worth

EXAM ROOMS FOR RENT
WEST 60s NYC
Dr. George Kessler, a DO in NYC, has 1 or 2 exam rooms available for rent in a very nice ground floor windowed office in the West 60s. Shared waiting area and room for your own receptionist or shared receptionist optional. Seeing my overflow is negotiable. If interested, contact doctork165@aol.com.

NMM PLUS 1 RESIDENCY PROGRAM
IN SOUTHAMPTON, NY
NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org; Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126; or Education Department Secretary Karen Roberts at (631) 726-0409.

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR
Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for the 2018-19 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must have finished any type of AOA-approved residency by June 2018. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.
In May, the American Association of Colleges of Osteopathic Medicine (AACOM) honored Boyd R. Buser, DO, FACOFP, vice president for health affairs and dean of the University of Pikeville-Kentucky College of Osteopathic Medicine (KYCOM), with the first-ever Board Chair Special Recognition Award. Dr. Buser was recognized in Washington, DC, during AACOM’s annual awards banquet, an event hosted to honor the exceptional accomplishments of individuals within the osteopathic medical community.

AACOM presented the esteemed Board Chair Special Recognition Award to Dr. Buser for his legacy of excellence and “incalculable impact upon osteopathic medical education” throughout his many years of service to the AACOM Board of Deans.

A fellow of the American College of Osteopathic Family Physicians, Dr. Buser has been an advocate for osteopathic medical education nationally and internationally. He is immediate past president of the American Osteopathic Association (AOA), past president of the American Academy of Osteopathy (AAO) and past chair of the National Board of Medical Examiners (NBOME).

In 2007, Dr. Buser was elected to the Current Procedural Terminology editorial panel by the Board of Trustees of the American Medical Association. He is a founding member and a current officer of the Board of Directors of the Osteopathic International Alliance. Having taught extensively around the world for the past 15 years, Dr. Buser has represented the American osteopathic profession in several World Health Organization initiatives including the Congress on Traditional Medicine held in Beijing in 2008.

Board certified in osteopathic manipulative medicine and family medicine, Dr. Buser is only the second dean to lead KYCOM in its 20-year existence. He also serves as professor of osteopathic principles and practices and professor of family medicine at the college. Under his leadership, KYCOM became a nationally-ranked medical school and has changed the face of rural medicine in Central Appalachia, significantly reducing the number of medically underserved areas. KYCOM alumni are also practicing rural medicine across the country, living out the college’s mission to improve access to health care.

Dr. Buser, a native of Iowa, received his bachelor’s degree from the University of Iowa and his osteopathic medical degree from Des Moines University College of Osteopathic Medicine. Since becoming a DO, Dr. Buser has received numerous awards for outstanding achievements within the osteo-

(continued on Page 6)
Nominations for A.T. Still Medallion of Honor
Due Aug. 1

The Andrew Taylor Still Medallion of Honor is awarded to members of the osteopathic profession for outstanding accomplishments in scientific or professional affairs. The Academy cherishes the Andrew Taylor Still Medallion of Honor as its highest award and grants it to deserving members only after careful consideration and investigation. The 2019 recipient of the award will be invited to speak at the president’s banquet on Saturday, March 16, at the Rosen Shingle Creek Resort in Orlando, Florida.

Members of the Academy or its component societies are invited to petition the AAO’s Board of Trustees to nominate individuals for this prestigious award. Submit your nomination by Aug. 1.

Download the form now.

Resident of the Year Nominations
Due Nov. 30

Established in 2008, the AAO’s Resident of the Year award recognizes outstanding residents who promote osteopathic principles and practices in their residency programs in addition to contributing to the AAO and the osteopathic profession at large.

You are encouraged to nominate a resident who has contributed to the AAO, has contributed to osteopathic principles and practices at his/her residency program, and who has participated in Academy events, including but not limited to the AAO’s Convocation, the American Osteopathic Association’s annual conference (OMED), and/or AAO educational programs. Residents also may represent their residency program with a self-nomination for the American Academy of Osteopathy Resident of the Year.

Nomination forms must be accompanied by a brief essay on the nominee’s merit, a personal statement from the nominee and the nominee’s current curriculum vitae. This packet of information must be submitted in one complete application by the nominating organization and must be postmarked by Nov. 30. Nominees must have a residency completion date after Jan. 1, 2018, and residents are invited to nominate themselves. One nomination per year is accepted from any osteopathic-approved residency program or AAO component society.

The award will be presented during the AAO’s 2019 annual meeting on Thursday, March 14, at the Rosen Shingle Creek Resort in Orlando, Florida.

Dr. Buser (continued from Page 5)

...medical community including the prestigious A.T. Still Medallion of Honor from the AOA, being named Educator of the Year by the AOA and the American Osteopathic Foundation, two Distinguished Service awards from the Maine Osteopathic Association, the Riland Medal for Public Service from the New York Institute of Technology College of Osteopathic Medicine, and the Santucci Award from the NBOME. The University of New England College of Osteopathic Medicine named him a Pioneer of Osteopathic Medicine, and he received the Medal of Excellence for Distinguished Service from the Rowan University School of Osteopathic Medicine.

“I am honored to be recognized by AACOM for my efforts in advancing osteopathic medical education over the past 35 years,” said Dr. Buser. “I have seen our profession undergo remarkable growth and increase in public awareness during that time. Our KYCOM graduates have been a significant factor in that evolution, and I’m proud to have been a part of that amazing story.”
Membership Announcements

2018-19 Dues
Dues notices were mailed to all active members at the end of May. Payments are due by July 31. Your prompt payment enables the AAO to budget accurately for the coming year.

Log in to your account at www.academyofosteopathy.org to pay your dues securely online following the steps below, or you can mail your payment to the American Academy of Osteopathy at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

To pay your dues online:

1. From the Profile page, select My Account Balance in the left-hand menu.
2. Click View Open Invoices.
3. Select the invoice(s) you want to pay.
4. Click View Cart.
5. Click Update Settings to confirm your membership data. On Page 1 of the membership information, confirm your Membership Type is correct to ensure you will be charged the appropriate fee.
6. Click Save Application on Page 7 of the membership information.
7. Click on Start Checkout and follow the on-screen instructions to complete the process.
8. A receipt will be emailed to you at your primary email address.

To make a donation to the Golden Ram Society, the Nicholas S. Nicholas Fund or the Anne L. Kempf Fund, you may add it to your shopping cart along with your membership renewal and check out in a single transaction.

If you have any questions, contact AAO Finance and Membership Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

Update Privacy Settings
When you log in to the website to pay your dues, take a look at your profile information (Profile > My Profile). There are three levels of privacy: private, which means the information is viewable only by you and administrators; members only, viewable by all AAO members when they are logged in to the site; and public, viewable to all visitors. You can update these settings by clicking Edit Profile and choosing Privacy.

It is recommended that physicians make public their basic information so they can be included in the Find a Physician search. When you update your information, the Find a Physician search results will be updated automatically within 24 hours.

AAO staff members are happy to answer any questions about the website. Call the office at (317) 879-1881 between 8 a.m. and 5 p.m. Eastern, Monday through Friday.

Committee Corner

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteopathy.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

The Postdoctoral Standards and Accreditation Committee (PSA) is readying to meet the rush of year-end paperwork that is submitted annually to be eventually reviewed for final completion of training for the residents. We currently anticipate the completion of 10 traditional NMM/OMM residents, 34 Plus-Ones, 1 IM/NMM, and 14 FP/NMM residents for a total of 59 residents. PSA continues to oversee the programs accredited by the American Osteopathic Association with inspection reviews for continuing approvals, corrective action plans submitted for any deficiencies found in those reviews, program director changes, program slot increases, review of training completions for residents, advanced standing for incoming residents and all other oversight of the AOA residency programs and their residents still in transition from the AOA to the ACGME Accreditation. The 2018-19 AAO residency program rosters have all been submitted. As of now, there are 31 NMM and ONMM-1 residents and 12 interns tracking into a two-year NMM program. In addition, there are 27 Plus-One and ONMM-2 residents and 41 FP/NMM residents for a total of 111 interns and residents in AAO programs. There are currently four programs with pre-accreditation status from the Accreditation Council for Graduate Medical Education and 11 that have achieved initial ACGME accreditation.

The Membership Committee encourages physician and student pairings from the mentorship program to stay in touch throughout the year. A successful relationship keeps students active in the Academy and keeps member benefits throughout their osteopathic career. There are still students waiting to begin building a relationship with available physicians seeking to assist with experience and advice. Please contact AAO Communications and Administration Assistant Taylor Bridgeforth at tbridgeforth@academyofosteopathy.org to begin your mentorship journey.
2017-18 Golden Ram Campaign Stomps Goal

The Golden Ram Society substantially surpassed its goal for the 2017-18 campaign year! As of June 30, a total of $34,121 has been contributed by 87 donors, exceeding the $20,000 goal by 71 percent. Launched on June 1, 2017, the 2017-18 campaign stretched to 13 months, ending June 30, 2018, as we attempt to adjust the campaign year to correspond with the Academy’s fiscal year, which begins Aug. 1. The 2018-19 campaign will run July 1, 2018, through July 31, 2019.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2018-19 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President’s Club—$2,500 or more
Jeffrey S. Grove, DO, FACOFP
Susan Martison on behalf of the family of Roland G. Martison, DO
Damon M. Whitfield, DO

A.T. Still Club—$1,000 to $2,499
Robert N. Aagnello, DO, FACOFP
and Kerry E. Aagnello, DO
Boyd R. Buser, DO, FACOFP
Stephen P. Cavanaugh, DO
Anthony G. Chila, DO, FAAODist, FCA
Stefan Hagopian, DO, FAAO
T. Reid Kavieff, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)

T.L. Northup Club—$500 to $999
Keith Barbour, DO, and Sheri Barbour
David R. Boesler, DO
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Hugh M. Ertlinger, DO, FAAO, FCA
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Gretta A. Gross, DO, MEd, FACOFP
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Tamar M. McKinley, DO
David D. Musgrave, DO
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Richard L. Van Buskirk, DO, FAAO

Louisa Burns Club—$250 to $499
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Michael A. Chipman, DO
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J. Yusuf Erskine, DO
Jackson Friedman, DO
Sherman Gorbis, DO, FAAO, and Lori Gorbis
Donald V. Hankinson, DO
Huy Hoang, DC, MD
Stephen L. Kiel, DO
Carol L. Lang, DO
Michael P. Rowane, DO, MS, FAAP, FAAO
Ralph Schuerer, DOM (Germany)
Sandra S. Sleszynsksi, DO, FAAO
Jean A. Swift, DO
Adrian Woolley, DO
Sheldon C. Yao, DO

Vicki Dyson Club—$100 to $249
Anonymous
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Daniel F. Bensky, DO
Stephen D. Blood, DO, FAAODist, FCA
Juanita M. Brown, DO
Thomas R. Byrnes Jr., DO
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Mark R. Gugel, DO
David B. Hagie, DO
Eric A. Hegybeli, DO
Paul K. Hume, ND, DO (New Zealand)
Robert E. Irvin, DO

Virginia M. Johnson, DO, MBA, FAAO
James F. Keane, DO
Michael G. Knapp, DO, and Kathy Knapp
Mary E. Malcom, DO
Paul S. Miller, DO
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Candace Nowak, DO
Benjamin N. Paschkes, DO
Barbara A. Polstein, DO
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Yehudah J. Sandweiss, DO
Eric Schneider, DO
Joel D. Stein, DO, FAAO
Shigeru Tajiri (Japan)
Beth N. Thompson, DO
Glenn N. Wagner, DO
Katherine A. Worden, DO, MS

Supporter—$99 or less
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Debbie Cole
Brian F. Degenhardt, DO
Stamatia F. Gockel, DO
John H. Juhl, DO
Gail E. Lamb, DO
Melinda E. Nevin, DO
Merideth C. Norris, DO
Kaylesh Pandya, DO
Ian Schofield, DO (UK)
Members In the News

Recent issues of *The Journal of the American Osteopathic Association* have featured work by several Academy members. Those articles are described in the chart below for your convenience.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title</th>
<th>Description</th>
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<tbody>
<tr>
<td>Boyd R. Buser, DO, FA-COFP</td>
<td>April 2018</td>
<td>Single Accreditation System Update: A Year of Progress</td>
<td>In 2014, the American Osteopathic Association (AOA), the American Association of Colleges of Osteopathic Medicine, and the Accreditation Council for Graduate Medical Education (ACGME) agreed to establish a new, single accreditation system for graduate medical education in the United States. The 5-year transition period, from July 1, 2015, through June 30, 2020, gives AOA training programs time to apply for and receive ACGME accreditation before the AOA ceases its postdoctoral accreditation functions. This article discusses policies to protect osteopathic residents during training, addresses program size, reviews progress at the midpoint of the 5-year transition, and looks at next steps in the establishment of the single accreditation system.</td>
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<td>Daniel G. Williams, DO, FAAO</td>
<td>April 2018</td>
<td>Appendix 2: American Osteopathic Association Specialty Board Certification</td>
<td>As of Dec. 31, 2017, a total of 31,762 osteopathic physicians were certified by the AOA and held a total of 36,982 active certifications, representing a 7 percent increase over the 34,555 active certifications held in 2016.</td>
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<td>Lindsey Allison Bierle, OMS IV</td>
<td>April 2018</td>
<td>Shared Journey in Medicine: Following in My Father’s Footsteps</td>
<td>Student Doctor Bierle reflects on how her father’s cancer diagnosis influenced her development as a physician.</td>
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<td>José S. Figueroa, DO, FA-OCPMR, FAAPMR</td>
<td>May 2018</td>
<td>Restoration of Full Shoulder Range of Motion After Application of the Fascial Distortion Model</td>
<td>Decreased active and passive range of motion (ROM) accompanied by pain in the shoulder is a common presentation for patients with frozen shoulder, and it can be difficult to restore normal function. Through the fascial distortion model, physicians can apply a manual technique to rapidly and effectively increase ROM and decrease pain. A 28-year-old man presented 18 months after sustaining a shoulder hyperextension injury. On active and passive ROM examination, he had approximately 90° of shoulder abduction and moderately reduced internal rotation associated with 8/10 pain. After 2 applications of the fascial distortion model, his shoulder restored to full abduction and internal rotation with no pain.</td>
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<td>Zachary Aaron Kelm, OMS IV</td>
<td>May 2018</td>
<td>Psychogenic Dizziness: An Important but Overlooked Differential Diagnosis in the Workup of the Dizzy Patient</td>
<td>This case report illustrates some of the complexities in diagnosing and effectively managing chronic dizziness and serves as a reminder that psychiatric disorders should be considered in the differential diagnosis.</td>
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<td>Matthew J. Kunz, OMS III</td>
<td>June 2018</td>
<td>Practice Area Intentions of Graduates of Colleges of Osteopathic Medicine: What Role Does Debt Play?</td>
<td>To determine whether the intended practice location of graduates of colleges of osteopathic medicine is associated with medical education debt, the authors used survey data about graduates’ intentions to practice in an underserved area, the amount of debt incurred, and plans to enter a loan-repayment program. They found that graduates with the most debt intended to practice in underserved areas at a higher percentage than those with the least amount of debt, and they also planned on using loan-repayment programs at a higher rate.</td>
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<td>Christopher Thomas Warren, OMS V; Jordan Ann Keys, DO; and Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME</td>
<td>June 2018</td>
<td>Osteopathic Cranial Manipulative Medicine in the Setting of Concussion</td>
<td>Standard treatment for concussion focuses on symptom control via medications and mental rest. In addition to the standard of care, osteopathic diagnosis and treatment can be an effective tool in assessing and managing concussion symptoms.</td>
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<td>Lisa M. Hodge, PhD</td>
<td>July 2018</td>
<td>Lymphatic Pump Treatment Mobilizes Bioactive Lymph That Suppresses Macrophage Activity In Vitro</td>
<td>The authors found that the redistribution of protective lymph during lymphatic pump treatment (LPT) may provide scientific rationale for the clinical use of LPT to reduce inflammation and manage edema.</td>
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Members in the news (continued from Page 9)

Gautam J. Desai, DO, FACOFP, chair of the American Osteopathic Association's Council on Continuing Medical Education, told The DO that he hopes the AOA will be accredited by the Accreditation Council for Continuing Medical Education by the end of 2018. ACCME sets the standards for CME for MDs. “It would give our physicians the opportunity to attend programs that give them the best educational content for their needs, and they will not have to worry about the type of CME credit they’ll get…permitting us to reach out to not only allopathic-boarded DOs but also to allopathic physicians who are interested in programs put on through osteopathic providers,” Dr. Desai says.

Juan F. Acosta, DO, co-hosted the American Association of Colleges of Osteopathic Medicine's annual conference, Educating Leaders 2018, April 18-20 in Washington, DC. Titled “Building Successful Collaborations,” the three-day program provided thought provoking plenary presentations, interactive concurrent sessions, and special receptions to focus on timely issues facing our nation’s health care and medical education systems. At the conference, Hu­mayun J. Chaudhry, DO, spoke on how collaboration between two organizations can benefit the osteopathic profession as a whole, and Polly E. Leonard, DO, MS, FNAOME, moderated a panel titled “Professionalism: From Admissions to MSPPE.”

At the second FutureDOdoctor Recruitment Event, held April 18 in conjunction with the AACOM annual meeting in Washington, DC, Tyler C. Cymet, DO, gave a lively introduction to the history, philosophy, and practice of osteopathic medicine. Dr. Cymet is AACOM’s chief of clinical education.

The American Osteopathic Association highlighted the election of Kendi L. Hensel, DO, PhD, FAAO, as the AAO’s 2018-19 president-elect in The DO.

The American Osteopathic Association’s Commission on Osteopathic College Accreditation (COCA) granted 10-year accreditation to the University of New England College of Osteopathic Medicine (UNECOM) and the A.T. Still University School of Osteopathic Medicine in Arizona. UNECOM’s dean, Jane E. Carreiro, DO, told The DO she is thankful for COCA’s acknowledgement to her school’s commitment to excellence. “Each member of UNECOM’s faculty and professional staff is dedicated to the education of our students, and this is a wonderful public recognition of their continued hard work and success,” Dr. Carreiro said.

At the April annual meeting of the Federation of State Medical Boards in North Carolina, Humayun J. Chaudhry, DO, outlined the new and ongoing initiatives and services undertaken by the FSMB as it works with and for its members to improve the quality, safety and integrity of health care. Dr. Chaudhry has been the president and CEO of the FSMB since 2009. In addition, John R. Gimpel, DO, president and CEO of the National Board of Osteopathic Medical Examiners (NBOME), discussed the latest developments and news from NBOME about COMLEX-USA, the Comprehensive Osteopathic Medical Licensing Examination. Read more in The DO.

In Memoriam: Thomas F. Sheffer, DO

Thomas Fox Sheffer, DO, of Atlanta, died June 14 at age 92. After serving in the U.S. Army during World War II, Dr. Sheffer graduated from the Kirksville College of Osteopathic Medicine in 1951. He completed his internship in his home state of Pennsylvania and then moved his growing family to Fort Lauderdale, Florida, to open a family medical practice in association with Las Olas Hospital.

In 1977, Dr. Sheffer was recruited by the U.S. Air Force, in which he served until he retired as a colonel in 1993. In that time, Dr. Sheffer served at Moody Air Force Base in Valdosta, Georgia; Tinker Air Force Base in Oklahoma City; Reese Air Force Base in Lubbock, Texas; and Kessler Air Force Base in Biloxi, Mississippi. He often said that it was one of the best decisions he ever made.

Adapted from www.salernofuneralhomes.com.
Direct method high-velocity, low-amplitude (HVLA) techniques can be extremely effective, efficient, long-lasting and gentle manipulative procedures. The HVLA techniques presented in this course will address representative dysfunction in all areas of the body from foot to occiput; will embrace care delivered in a wide range of body positions (supine, prone, seated and lateral recumbent); and will address many common clinical conditions associated with pain and dysfunction.

Techniques will be taught in the context of implementing postural-biomechanical or respiratory-circulatory clinical healthcare model goals in order to quickly impact common clinical conditions including headache, back pain, chest pain, and limb dysfunction. This method is designed to provide a logical context for later office use and for understanding indications and contraindications.

Course Faculty
Michael L. Kuchera, DO, FAAO, FNAOME, and Richard G. Schuster, DO

Course Times
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m.

Continuing Medical Education
24 credits of AOA Category 1-A CME anticipated.

Meals
Morning coffee and tea will be provided. Lunch will be provided each day. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees
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☐ I am a practicing health care professional.
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Credit card No.: ____________________________________________
Cardholder’s name: ________________________________
Expiration date: __________ 3-digit CVV No.: __________

Billing address (if different): ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________________________

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Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
That’s the Point!

Multifaceted Clinical Approaches to Viscerosomatic Reflexes

Sept. 14-16, 2018 • Midwestern University/Arizona College of Osteopathic Medicine in Glendale

Palpable somatic “points” provide the osteopathic clinician with key insights directing differential diagnoses and focused approaches to patient systemic complaints. Interestingly, from those using Chapman’s reflexes or Jones’ counterstrain points to those who integrate acupuncture concepts or Travell’s myofascial trigger points, insightful clinicians have noted a significant overlap and a great deal of similarity in clinical presentations.

Working from Chapman’s approach, this course will compare and contrast a number of clinically relevant points, focus on practical diagnostic and therapeutic clues and organize the information in a practical manner for patient care. Emphasis will be placed on developing and expanding skills and strategies to speed diagnosis and recovery.

Residents, residency trainers and directors of medical education will be accorded special tips for maximizing the integrative focus of this course.

Course Faculty
Led by course director Michael L. Kuchera, DO, FAAO, FNAOME, the faculty will include William H. Devine, DO, and Richard A. Feely, DO, FAAO, FCA. Additional faculty may be added as attendance requires.

Course Times
Friday, 8 a.m. to 6 p.m.; Saturday, 8 a.m. to 5:15 p.m.; Sunday, 8 to 11:45 a.m.

Continuing Medical Education
20 credits of NMM-specific AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101, 19555 N. 59th Ave., Glendale, AZ 85308

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Form

That’s the Point! Multifaceted Clinical Approaches to Viscerosomatic Reflexes
Sept. 14-16, 2018

Name: ___________________________ AOA No.: ____________
Nickname for badge: ___________________________
Street address: ___________________________
City: _______ State: _______ ZIP: _______
Phone: ___________ Fax: ___________________
Email: ____________________________________

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Click here to view the AAO’s cancellation and refund policy.

Registration Fees

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Billing address (if different): ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ______________________________________

Click here to view the AAO’s photo release statement.

Course Faculty
Michael L. Kuchera, DO, FAAO, FNAOME, is a specialist in neuromusculoskeletal medicine. He has served on faculties for three osteopathic medical schools as professor, department chair, residency director and dean. Dr. Kuchera frequently lectures on the diagnosis and management of somatic dysfunction in patients with pain, systemic disorders or specific neuromusculoskeletal complaints.

An internationally recognized educator, William H. Devine, DO, is a professor of osteopathic manipulative medicine (OMM) at the Midwestern University/Arizona College of Osteopathic Medicine (MWU/AZCOM) in Glendale, where he also serves as the director of postgraduate OMM, the director of the musculoskeletal medicine residency and the coordinator of the osteopathic specialty clinic.

Richard A. Feely, DO, FAAO, FCA, has over 35 years of experience in osteopathic medicine, acupuncture and family practice. He is widely known as a clinician, an author and an editor. Dr. Feely holds six board certifications, including family practice, osteopathic manipulative medicine, and acupuncture. He is a past president of the AAO and The Osteopathic Cranial Academy.
Course Description
This course is an introductory course in visceral techniques to the thorax and thoracic viscera. Attendees will explore traditional osteopathic concepts of ventral technique as they apply to the thoracic viscera, ribs and anterior neck. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between diaphragm, ribs, sternum, thoracic spine and cervical spine, to the base of the skull, particularly as they relate to fascial continuity. Included will be discussion of the autonomic nervous system, vascular flow and lymphatic drainage.

Attendees will come away with improved confidence in physical examination, direct and indirect approaches to the ribs and thoracic viscera, and lymphatic techniques. Integration of visceral (ventral) techniques with spinal (dorsal) and cranial techniques will be emphasized at the conclusion.

This is an intermediate level course.

Prerequisites
It is strongly encouraged, though not required, that participants have taken a course in abdominal visceral approaches.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:30 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
Rowan University School of Osteopathic Medicine
42 East Laurel Rd., Stratford, NJ 08084

Course Director
Richard G. Schuster, DO, is in private practice in Indianapolis, and he teaches courses in osteopathic manipulative treatment around the country.

After completing an undergraduate fellowship in osteopathic principles and practice, Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994. He completed a residency in family medicine at the Firelands Regional Medical Center in Sandusky, Ohio, and he completed a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO’s 2015 Convocation in Louisville, Kentucky, Dr. Schuster serves on the AAO’s Board of Trustees, and he is the vice chair of the AAO’s Education Committee.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees

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Registration Form

A Fascial Approach to the Thoracic Viscera
Nov. 9-11, 2018

Name: ____________________________ AOA No.: ________

Nickname for badge: ____________________________

Street address: ____________________________

City: ____________________________ State: ______ ZIP: ______

Phone: ____________________________ Fax: ____________________________

Email: ____________________________

☐ I am a practicing health care professional.
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Credit card No.: ____________________________

Cardholder’s name: ____________________________

Expiration date: _____________ 3-digit CVV No.: ________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

View the AAO’s cancellation and refund policy.

View the AAO’s photo and video release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
Sometimes referred to as Module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM). FDM is an excellent modality to be used in the clinic, on the field, and in the emergency room for fast and effective results.

While there are some specific FDM techniques, emphasis will be placed on thinking and working in the model while using all manipulative modalities.

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle, and knee regions. Learn how FDM expands the toolbox you use to help more patients. This modality is valuable for any practitioner and no previous manipulation experience is required.

All medical providers are invited to attend, including DOs, MDs, PTs, OTs, PAs, NPs, DPMs, etc.

Course Times
Friday from 5 to 9 p.m.
Saturday and Sunday from 8 a.m. to 5 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Saturday and Sunday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Course Director
Todd A. Capistrant, DO, MHA, earned both his doctor of osteopathic medicine degree and his master in health administration degree in 1997 from the Des Moines (Iowa) University College of Osteopathic Medicine. He is one of only three physicians in the United States who are currently certified to teach seminars on the FDM, and he is the president of the American Fascial Distortion Model Association.

Dr. Capistrant specializes in OMM, and he is certified by the American Board of Family Medicine. He is a member of the growing OMM department at the Tanana Valley Clinic in Fairbanks, Alaska, and he serves as a regional dean for the Pacific Northwest University of Health Sciences, College of Osteopathic Medicine in Yakima, Washington.

Dr. Capistrant is interested in working with athletes to maximize performance, dance medicine, and OMM for pregnant women. FDM allows for effective manipulative treatment for most musculoskeletal injuries including pulled muscles, fractures, and frozen shoulders.

Registration Fees
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View the AAO's cancellation and refund policy.
The arterial system is regulated by the autonomic nervous system. The arteries can show a lack of distensibility/mobility when there is a retained tension in the vessel walls. In this class, participants will evaluate the mobility of the abdominal organs, then palpate and evaluate the arteries that supply those organs. When the organ is moved in such a way that the arterial pulsation to the organ is improved, it is held for 20 seconds, resulting in improved visceral function.

Participants will palpate, evaluate and treat the following structures: abdominal aorta, spleen and splenic artery, stomach, left and right gastric arteries, gastro mental artery, liver, gall bladder and common and proper hepatic arteries, pancreas, duodenum and pancreadojuenal artery, small intestine, superior mesenteric artery, large intestine, colic arteries, kidneys, renal arteries, inferior mesenteric, aortic bifurcations, common iliac arteries, internal iliac arteries, external iliac arteries, uterine artery, and internal pudendal artery.

This is an intermediate level course.

Course Director
A 1994 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine, Kenneth J. Lossing, DO, served an internship and combined residency in neuromusculoskeletal medicine and family practice through the Ohio University Heritage College of Osteopathic Medicine in Athens. He is board certified in both neuromusculoskeletal medicine and family medicine.

Dr. Lossing studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second and third editions of the American Osteopathic Association's Foundations of Osteopathic Medicine textbook as well as the upcoming fourth edition.

As the AAO’s 2014-15 president, Dr. Lossing was featured in a segment of “American Health Front!” that focused on osteopathic manipulative medicine.

Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

Course Times
Friday and Saturday, 8 a.m. to 5:30 p.m.
Sunday, 8 a.m. to 4 p.m.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided each day. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
500 Camp Bowie Blvd., MET–470 Lab
Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees

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Click here to view the AAO’s photo release statement.
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

July 25-29, 2018
Osteopathy’s Promise to Children
*Foundations of Osteopathic Cranial Manipulative Medicine* (The 40-Hour Basic Course)
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

July 27-29, 2018
Indiana Academy of Osteopathy
*Sequencing 1: The Art of Finding the Key*
Course director: Charles A. Beck, DO, FAAO
Indianapolis
24 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.indianaacademyofosteopathy.com](http://www.indianaacademyofosteopathy.com).

Aug. 2, 2018
Indiana Osteopathic Association
*Preconference OMT Workshop: What HVLA Used To Be*
French Lick Resort in Indiana
8 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.inosteo.org](http://www.inosteo.org).

Aug. 3-4, 2018
Indiana Osteopathic Association
*2nd Annual Summer Update and Weekend Getaway*
French Lick Resort in Indiana
15 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.inosteo.org](http://www.inosteo.org).

Aug. 3-4, 2018
Osteopathy’s Promise to Children
*Advanced Sequential Approach to Pediatrics & Plagiocephaly*
Course directors: Mary Anne Morelli Haskell, DO, FACOP, and Julie Mai, DO
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Sept. 8, 2018
Osteopathy’s Promise to Children
*OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary and Immune Systems*
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Sept. 14-15, 2018
Osteopathy’s Promise to Children
*Integrated Osteopathic Dental Team—Part 1: Expanding the Integrative Team Approach to Sleep Disturbances*
Course director: Julie Mai, DO, and Darick Nordstrom, DDS
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Sept. 14-16, 2018
Michigan State University College of Osteopathic Medicine
*Neuromuscular and Myofascial Release*
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
19 credits of AOA Category 1-A CME anticipated
Learn more and register at [com.msu.edu/cme](http://com.msu.edu/cme).

Sept. 14-16, 2018
Indiana Academy of Osteopathy
*A Sutural Approach to Osteopathy in the Cranial Field*
Course director: Charles A. Beck, DO, FAAO
Indianapolis
24 credits of AOA Category-1-A CME anticipated
Learn more and register at [www.indianaacademyofosteopathy.com](http://www.indianaacademyofosteopathy.com).

Oct. 5, 2018
Osteopathy’s Promise to Children
*OMT for Systemic Disorders and Physiological Functions: Gastrointestinal and Nervous System*
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Oct. 5, 2018
Osteopathy’s Promise to Children
*OMT for Systemic Disorders and Physiological Functions: Gastrointestinal and Nervous Systems*
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Visit [www.academyofosteopathy.org/affiliate-cme](http://www.academyofosteopathy.org/affiliate-cme) for additional listings.