AAO President’s Message

AAO & the Osteopathic Profession: A Symbiotic Relationship

I was viewing a recent email from the American Osteopathic Association to promote the OMED 2018 program in San Diego next October. There was a section on OMED 2017 photos. Many of you know that I love photography, hence I am the guy taking photos at all of our events. This characteristic is a bit annoying to my five daughters, but they have learned to ignore me very effectively when I take out my camera at any event! What caught my eye was that one out of every four photos in their promotion came from the AAO program at OMED.

Leslie M. Ching, DO, did an outstanding job as the program chair. We had an incredible group of presenters. Every photo taken has a similar theme: a dynamic presenter with the participants fully engaged. Edward G. Stiles, DO, FAAO, has his hands on top of a participant’s hands, guiding them through a technique with a group of learners taking it all in. Ralph “Clay” Walsh Jr., DO, is demonstrating a technique in a manner that the learners around him are smiling and connecting. Dr. Walsh is doing what great educators do: He is making it enjoyable to learn. Dr. Ching is guiding physicians through one technique and you see that “I finally understand how this works” look. Every photo highlighted the application of osteopathic manipulative treatment, a distinct tool that is taught to every osteopathic physician and promoted by the AAO. See the photo spread on Page 5 of the November 2017 AAO Member News.

I was privileged to present during one of the AAO’s sessions at OMED 2017 with our colleagues from the American College of Osteopathic Neuropsychiatrists (ACONP). That group was actively participating in the “hands-on” portion of the workshop and grateful to be there. In addition (continued on Page 2)

Call to Meeting

The American Academy of Osteopathy will hold its annual business meeting and luncheon at the Hilton Anatole in Dallas on Thursday, March 22, 2018. The meeting will convene at 11:45 a.m. Central time.

Each member who registers for the meeting before March 15 receives one complimentary ticket to the annual business meeting luncheon. Additional tickets may be purchased for $50 each.

Reservation Deadline
Submit your registration no later than March 15 to ensure your lunch reservation. Members who register after March 15 are invited to attend the meeting, but they will not be served a meal.

Members not attending Convocation but wishing to attend the business meeting should email AAO Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org by March 7.

Register for the AAO’s 2018 Convocation now to ensure your reservation.

Business Meeting Agenda
During the luncheon, the AAO’s president, president-elect, secretary-treasurer and executive director will present their

(continued on Page 3)
President’s message (continued from Page 1)

In service,

Michael P. Rowane, DO, MS, FAAFP, FAAO, president

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Call to meeting
(continued from Page 1)

annual reports on the state of the Academy. In addition, the AAO’s Academy Award winner and its Resident of the Year will be honored, and AAO members will vote to recertify the Academy’s component societies.

Although only full members can vote, retired members, associate members, international affiliates, honorary members and supporter members are invited to attend the luncheon.

Election of AAO Leadership Positions
All full members of the Academy, including resident members, are eligible to vote during the business meeting, as are life members and honorary life members. Voting for elected positions will be done digitally, so each member will need to bring a cell phone, tablet or other device with texting capability.

During the business meeting, AAO members will select the Academy’s next president-elect, two trustees, 10 governors, and four members of the Nominating Committee. Below is the proposed slate of candidates from the AAO’s Nominating Committee. Candidates may be nominated from the floor, but they must be present to accept the nomination. The February issue of AAO Member News will contain complete information about the candidates. Asterisks indicate those candidates who are incumbents.

President-elect
(Elect one for a one-year term.)
Kendi L. Hensel, DO, PhD

Board of Trustees
(Elect two for three-year terms.)
Millicent King Channell, DO, FAAO
Stefan Hagopian, DO, FAAO*
Richard G. Schuster, DO*
Karen T. Snider, DO, FAAO

Board of Governors
(Elect 10 for three-year terms.)
Boyd R. Buser, DO, FACOFP*
Mark S. Cantieri, DO, FAAO*
R. Todd Dombroski, DO
Walter C. Ehrenfeuchter, DO, FAAO*
William M. Foley, DO, MS
Rebecca E. Giusi, DO
John C. Glover, DO, FAAO*
Laura E. Griffin, DO, FAAO
Sharon Gustowski, DO, MPH*
Stefan Hagopian, DO, FAAO
Brian E. Kaufman, DO, FACP, FACOI
Polly E. Leonard, DO, MS, FNAOME
J’Aimee Anne Lippert, DO
David C. Mason, DO, MBA, FACOFP*
Claudia L. McCarty, DO, FAAO*
Stacey L. Pierce-Talsma, DO, MD-EdL, FNAOME*
Richard G. Schuster, DO
Richard L. Van Buskirk, DO, FAAO*
Col. Ralph C. Walsh Jr., DO

Nominating Committee
(Elect four for one-year terms.)
Boyd R. Buser, DO, FACOFP*
Jane E. Careeiro, DO*
Dennis J. Dowling, DO, FAAO*
John C. Glover, DO, FAAO*
Laura E. Griffin, DO, FAAO
Michael P. Rowane, DO, MS, FAAFP, FAAO, ex-officio

Candidates elected to the Board of Trustees also serve on the Board of Governors. If Dr. Channell or Dr. Snider is elected to the Board of Trustees, the remaining years of their unexpired terms as governors will be filled during the 2018 elections. If Dr. Hagopian or Dr. Schuster is re-elected as a trustee, their names will be removed as candidates for the the Board of Governors. Serving on the AAO’s Board of Governors or Board of Trustees does not disqualify a member from serving on the Nominating Committee.
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2018

Jan. 9  AAO Awards Committee teleconference—8 p.m. Eastern
Jan. 11  AAO Osteopathic Medical Economics Committee teleconference—8:30 p.m. Eastern
Jan. 15  AAO office closed—Martin Luther King Jr. Day
Jan. 17  Committee on Fellowship in the AAO teleconference—8 p.m. Eastern
Jan. 25-28  Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth
Feb. 2-3  AAO Education Committee’s meeting—AAO office in Indianapolis
Feb. 19  AAO office closed—Presidents Day
March 18-20  Pre-Convocation course—Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis—Bruno Chikly, MD, DO (France), course director—Hilton Anatole in Dallas
March 18-20  Pre-Convocation course—The Twig Unbent: An Osteopathic Approach to Common Orthopedic Problems in Children—Heather P. Ferrill, DO, MS MEdL, and Lisa Ann DeStefano, DO, course directors—Hilton Anatole in Dallas
March 20  Committee on Fellowship in the AAO’s interviews and meeting—Hilton Anatole in Dallas
March 21-25  2018 Convocation—Osteopathic Legends: Their Legacies Live On—David R. Boesler, DO, program chair—Hilton Anatole in Dallas
March 24  AAO Board of Trustees’ meeting—11 a.m. to 2 p.m.—Hilton Anatole in Dallas
March 25  Post-Convocation course—Residency Program Directors Workshop—Eric Hunter Sharp, DO, course director—Hilton Anatole in Dallas

Last chance to register!

Introduction to Osteopathic Manipulative Medicine: Integrating OMM Into Clinical Practice and Teaching

Designed for osteopathic and allopathic physicians who want to learn more about osteopathic manipulation, this course will provide a firm groundwork of osteopathic principles, and it will include lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course director Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook Greenman’s Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

Course Times
Jan. 25-28, 2018: Thursday from 1 to 6 p.m.; Friday and Saturday from 8 a.m. to 6 p.m.; and Sunday from 8 a.m. to 4 p.m.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., Fort Worth, TX 76107

Continuing Medical Education
28 credits of AOA Category 1-A CME anticipated.

REGISTER NOW
2018 Convocation

Osteopathic Legends: Their Legacies Live On

The AAO’s 2018 Convocation will be held March 21-25 at the Hilton Anatole in Dallas. Titled “Osteopathic Legends: Their Legacies Live On” and chaired by David R. Boesler, DO, the program will highlight the work and teachings of innovators in the osteopathic profession. Lectures and breakout sessions will be led by speakers who were fortunate enough to learn directly from the pioneers whose work they will present. The student program, titled “Keeping the Legacy Alive: Legends Training Protégés” and organized by the SAAO Executive Council, runs concurrently with the program for physicians and other health care professionals.

Lectures and breakout sessions for physicians will highlight the roles and techniques of some of the pillars of the profession, including Anthony Chila, Viola Frymann, Philip Greenman, Paul Kimberly, Nicholas S. Nicholas, Stanley Schiowitz, Sara Sutton and Anne Wales.

The students’ program will focus on introducing or refining various techniques—such as cranial, myofascial, PINS, fascial distortion model, visceral manipulation and acupuncture—or addressing specific specialties or disciplines—such as OB-GYN, pediatrics, neurology and performing arts.

Convocation will kick off on Wednesday, March 21, with the opening reception. Attendees are invited to enjoy hors d’oeuvres while they catch up with old friends, make new acquaintances and check out the exhibits. Also on Wednesday, Dennis J. Dowling, DO, MA, FAAO, will lead “Evening With the FAAOs,” an event open to all attendees so they have the opportunity to learn from fellows of the Academy.

“Evening With the Stars” on Wednesday and “Evening With the Stars and Stripes” on Thursday offer unstructured time to teach, learn and practice osteopathic manipulative treatment techniques with your peers. Experienced clinicians offer their unique perspectives to students and residents. Attendees of all levels can refine their techniques with input from other physicians and students.

The annual president’s banquet, a formal event on Saturday evening, crowns Convocation as attendees enjoy an entertaining evening of fellowship, food and a little bit of business. At the banquet, the 2017-18 AAO President Michael P. Rowan, DO, MS, FAAFP, FAAO, will install Catherine M. Kimball, DO, as the AAO’s 2018-19 president. In addition, winners of the Louisa Burn Osteopathic Research Committee’s poster presentation will be announced, and the A.T. Still Medallion of Honor will be presented. Tickets for the president’s banquet cost $110 each (not included with registration), and they must be purchased by March 21.

Pre-Convocation Courses

The AAO will host four pre-Convocation courses at the Hilton Anatole in Dallas, March 18-21.

“Introduction to the Fascial Distortion Model” with Todd A. Capistrant, DO, MHA, will provide the basics of FDM. This is an excellent opportunity for physicians just learning about FDM or for physicians who are familiar with it but want to dive a little deeper.

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. FDM opens up new treatment possibilities that flow seamlessly with other osteopathic modalities. FDM is not trying to replace anything but rather incorporate previously taught osteopathic principles. Feedback from experienced manipulation participants is that it improves their palpation, speeds up their treatments, improves results, and decreases use of opioid medications.

Many consider the FDM the most efficient and powerful tool in a busy clinic or on the sideline for sports-related issues. When FDM was first introduced, the treatments were known for being heavy-handed. While the treatments can be uncomfortable, emphasis is now placed on how to manage the level of pain experienced by the patient while achieving the often remarkable improvements in structure and function.

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The Fascial Distortion Model is a hypothetical framework of ideas that introduces a whole new list of possibilities to explain altered structure and function in a patient. Any of the core osteopathic techniques can be utilized to correct the altered state while thinking in the model. There are specific techniques that are taught that are known internationally as the Typaldos method. These techniques are unique to the FDM and will be instructed in addition to the framework of thinking in the model itself. When this framework is incorporated into medical decision-making the physician’s differential diagnosis expands.

Dr. Capistrant believes FDM can and should be learned by all medical providers no matter their specialty or practice. Understanding that fascia and its alterations may be responsible for a patient’s pain expands physicians’ differential and allows them to provide manual treatments to correct these issues.

“Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis” with Bruno J. Chikly, MD, DO (France), will offer attendees tools to recognize these conditions and to find ways to treat their patients noninvasively so as not to aggravate their conditions.

Diagnosing and treating chronic fatigue and fibromyalgia can be confusing at best. Dr. Chikly put together a simple assessment and treatment protocol including the same six specific key lesions and addressing limbic structures in the brain for the possible emotional causes of CFS/FM.

Once mastered, this is a 20- to 30-minute hands-on treatment for chronic fatigue or fibromyalgia. It may be repeated two or three times.

The techniques learned for these conditions, using a blend of Dr. Chikly’s lymph (lymph mapping, fascia and viscera) and brain techniques (membranes, brainstem) also can be applied to numerous other dysfunctions. Specific sacrum intra- or interosseous techniques also will be presented.

In “The Twig Unbent: An Osteopathic Approach to Common Orthopedic Problems in Children” with Heather P. Ferrill, DO, MS MEdL, and Lisa Ann DeStefano, DO, attendees will learn a variety of approaches to treating upper and lower extremity dysfunctions, as well as scoliosis and headaches. Attendees will practice moving attention through bone, fluid and membrane to augment perception ability and treatment effectiveness.

Modalities include balanced ligamentous tension (BLT), balanced membranous tension (BMT), facilitated positional release (FPR), muscle energy technique (MET) and intraosseous techniques.

In “Visceral Motility and Visceral Chains” with Kenneth J. Lossing, DO, attendees will explore the inherent motions, or motility, of the viscera of the thorax, abdomen and pelvis. These motions are not to be con-

(continued on Page 7)
fused with the motility of the gastrointestinal tract as described in gastroenterology books, nor with mobility, which is movements caused by respiration.

Visceral chains connect the cranium, the viscera, the upper and lower extremities and the spine. We find these chains in patterns, which allows us to be able to more precisely understand, diagnose and treat what appear to be cranial, musculoskeletal and visceral problems, in a more effective sequence.

**Post-Convocation Course**

On Sunday, March 25, 2018, from 1 to 7 p.m., Eric Hunter Sharp, DO, will facilitate the annual residency program directors’ workshop. Designed to address key concepts and practical pearls that will aid residency directors, their faculty and administrators in their roles as educators, this workshop is open to anyone with an interest in osteopathic neuromusculoskeletal medicine (ONMM) residencies, not just ONMM residency program directors.

All ONMM residency programs approved by the American Osteopathic Association (AOA) are required to send their program directors or a designated physician faculty to this annual workshop. AOA residency directors must attend this workshop at least every two years, and new program directors must attend within one year from when their appointment is acknowledged by the AOA. ACGME-approved ONMM residency programs also have the same requirement for ONMM program directors.

Topics at the 2018 program directors’ workshop will include integrating osteopathic philosophy into the residency program, designing didactics for the residency program, dealing with the challenging resident, and handling stress and anxiety. In addition, ACGME updates, meeting ACGME standards, the review committee update, case log system review, and AAO-ACGME paperwork for residents and graduating residents will be discussed.

For more information about the workshop, contact AAO Postdoctoral Liaison Amber Rausch at (317) 879-1881, ext. 216, or at ARausch@academyofosteopathy.org. For a complete list of upcoming CME from the AAO, visit www.academyofosteopathy.org/CME.

**LBORC Research Forum:**

**Research Proposal and Mentorship Grand Rounds**

On Thursday, March 22, the Louisa Burns Osteopathic Research Committee (LBORC) will conduct its annual research forum from 7 to 8:30 p.m. at the AAO’s annual Convocation. This program is designed to assist physicians, basic scientists and osteopathic medical students with refining research proposals; identifying and overcoming hurdles, barriers and weaknesses of the proposal; and facilitating the performance and dissemination of osteopathic research. Light refreshments will be provided at this event.

The format for this evening is similar to the TV show “Shark Tank” where aspiring investigators at any stage of their career present their research proposal to the audience and a panel of experienced researchers. In doing so, presenters will receive advice on their projects to increase the rigor of their study, and they will have the potential of one of the experts choosing to help mentor the investigator during their study. The audience directly engages both the investigators and the panelists to help audience members gain numerous pearls to refine their own research questions and identify ways to evolve those questions into successful research projects.

Researchers interested in presenting proposals should submit a written concept paper for review by the LBORC panel no later than Jan. 31, 2018, to DCole@academyofosteopathy.org. Proposals should clearly define the research question, the hypothesis and a summary of a literature review. They should include an overview of the study design, such as variables, cohort to be studied, recruitment strategy, methodology, statistics and projected timeline and budget, and investigators should indicate the importance or relevance of the study. Concept papers should be no longer than two pages. Learn more at www.academyofosteopathy.org.

To complement the research forum, LBORC chair Brian F. Degenhardt, DO, will present a lecture on Thursday, March 22, about research in neuromusculoskeletal medicine and its legacy to provide an understanding of our participation in science as individual clinicians and as a specialty college.

You can sign up for both the forum and Dr. Degenhardt’s lecture when you register online for Convocation.
LBORC Call for Abstracts—Due Jan. 31

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to their annual Research Poster Presentation. Posters will be displayed in the exhibit hall on Thursday, March 22, and Friday, March 23, during the 2018 Convocation at the Hilton Anatole in Dallas.

Interested AAO, PAAO and SAAO members should submit their poster entry form and abstract to the AAO by Wednesday, Jan. 31. Read the full criteria.

Who May Present?
The LBORC-NUFA Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. An author of each poster must be a member of the AAO, the Postgraduate American Academy of Osteopathy or the Student American Academy of Osteopathy. The primary author must be present during the poster judging at Convocation. All presenters should register for Convocation to gain access to the presentation area.

Poster Categories
Ram’s head trophies will be presented to SAAO members who win first place in each of the three student poster categories: original research, single case study, and education and public health.

Judging
Poster judging will take place Thursday, March 22, 2018, between 6 and 7 p.m., and winners will be announced at the student awards ceremony and at the president’s banquet on Saturday, March 24. Judges earn Category 1-A CME for participating. Indicate your willingness to volunteer when you register for Convocation.

Abstracts Due Jan. 31
Early submissions are due Wednesday, Jan. 10, and authors will be notified of acceptance on Jan. 15, allowing them to register for Convocation before the early registration deadline of Jan. 18.

All submissions are due Wednesday, Jan. 31. Authors will be notified by Feb. 7, 2018. Submit your completed poster entry form and abstract to Kimberly Wolf, DO, c/o Debbie Cole at DCOle@academyofostopathy.org.

Primary authors will be asked to sign an AAO copyright agreement so that the Academy may publish all of the posters on the AAO’s website. Signing the agreement does not prevent investigators from submitting full articles on their research to peer-reviewed journals, such as The AAO Journal and The Journal of the American Osteopathic Association.

Read about the 2017, 2016 and 2015 winners online.

New Courses Added to Schedule

For the first time in many years, the AAO will offer courses on muscle energy and on prolotherapy and platelet-rich plasma.

Walter C. Ehrenfeuchter, DO, FAAO, will offer a muscle energy course at the Midwestern University/Arizona College of Osteopathic Medicine in April. During this course, Dr. Ehrenfeuchter will teach attendees how to apply muscle energy technique, an extremely gentle and versatile technique that can be used to manage headache, neck pain, acute torticollis, shortness of breath, respiratory pain, low back pain, osteoarthritis of the spine, and a number of other conditions.

The prolotherapy/PRP course will be held at the Marian University College of Osteopathic Medicine in Indianapolis, and it will be led by Mark S. Cantieri, DO, FAAO, and George J. Pasquarello, DO, FAAO. Designed for both beginner and advanced students in regenerative injection techniques, this course will include a series of lectures that review foundational principles, anatomy, biomechanics, diagnostic testing, specific injection techniques for regions of the body and osteopathic manipulative treatment to complement injection techniques.

The group will discuss the rationale for using prolotherapy or platelet-rich plasma injection in improving stability and integrity of ligaments, tendons and joints. Diagnostic evaluation of joint instability and enthesopathy will be a focus and will be included in the hands-on portion of the course. Injections will be performed in the cadaver lab of one of the newest osteopathic medical schools in the country.

For more information, see the course fliers on Pages 22-23.
New Ideas Forum

On Saturday, March 24, from 3 to 5 p.m., members of the AAO’s Education Committee will facilitate a new ideas forum at Convocation, and all AAO members are invited to submit their ideas.

Those with the most promising proposals for advancing osteopathic manipulative medicine will be given 15 to 30 minutes to outline their thoughts, demonstrate their techniques and field questions from their peers.

The AAO’s Education Committee is looking to fill the forum with briefings on new ideas, trends in medicine, research updates, old ideas applied in a new context, and forgotten ideas that should be resurrected.

Interested parties are invited to submit written abstracts by email to GWatts@academyofosteopathy.org before Jan. 27, 2018.

Unique Opportunity: NMM/OMM Residency Program Information Session

On Friday, March 23, the AAO will host its annual NMM/OMM Residency Program Information Session at the Convocation in Dallas. This session is for any student or resident interested in learning more about the neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM) residency programs, the transition to the Accreditation Council for Graduate Medical Education’s osteopathic neuromusculoskeletal medicine (ONMM) programs, and the different paths you can take to get certified by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM).

The session will begin with a general overview and a short introduction of all the residency program directors. Afterwards, attendees will have the opportunity to meet and talk with all the residency program directors, learning about each location, their programs, and what opportunities may be available. Current NMM/OMM residents will be on hand to share their own experiences.

The 2018 NMM/OMM Residency Program Information Session will take place March 23 from 5 to 7 p.m. Continuing medical education credits are not issued for this session, and preregistration is not required.

Donate to the PAAO Raffle

The Postgraduate American Academy of Osteopathy (PAAO) needs your help!

At the AAO’s annual Convocation, the PAAO hosts a mixer for residents. This is an excellent opportunity for residents to network with each other and with potential employers. The raffle that is held during the mixer encourages attendance, helps break the ice and generally keeps things hopping.

Donate Raffle Items

This is where you come in. The PAAO needs donated items for the raffle.

Is there a particular book that opened your eyes or made you change your approach? A small organizational tool that you never realized would save your sanity? Past donations also have included gift cards and anatomy models.

Ship all clearly labeled donations to the AAO’s office at:

PAAO Raffle
3500 DePauw Blvd., Suite 1100
Indianapolis, IN 46268-1136

If you would like a receipt for your tax-deductible donation, contact AAO Executive Director Sherri Quarles at SQuarles@academyofosteopathy.org or at (317) 879-1881, ext. 214.

Advertise Employment

To promote a job opening during the mixer, contact PAAO Vice Chair Lauren A. Davis, DO, at paaovicechair@gmail.com.

Physicians also are welcome to attend the mixer to recruit new physicians in practice.

Residents Invited to PAAO Meeting and Luncheon

All resident members of the Postgraduate American Academy of Osteopathy are invited to attend the PAAO annual business meeting and luncheon on Friday, March 23, from 12:30 to 2 p.m. at the Hilton Anatole in Dallas. At this meeting, PAAO members will elect new members of the PAAO Executive Council.

This is an excellent opportunity to network with your peers and keep updated on issues facing residents.

Secure your reservation for the meeting and buffet lunch when you register for Convocation.
2018 SAAO Fun Run

Jump start your Convocation experience with the SAAO’s second annual Fun Run at 6:30 a.m. on Thursday, March 22. Registration begins at 6 a.m.

Participants will follow the 5k course through the hotel’s beautiful grounds and gardens. The SAAO will award medals to the first three physician finishers, the first three student finishers, and the finisher with the “most stamina.”

All attendees and guests are encouraged to participate. There is an additional $20 fee for physicians and $10 for students. Register for the Fun Run when you register online or use the forms on Page 11 for physicians or Page 17 for students in the full brochure.

SAAO Silent Auction

In 2016, the Student American Academy of Osteopathy established a new format for the annual auction at Convocation. Instead of the semi-silent auction offered in years past, the auction is a fully silent auction. Stop by to see all the offerings available and bid frequently:

Wednesday, March 21, 5 to 7 p.m.
Thursday, March 22, 7 a.m. to 7:30 p.m.
Friday, March 23, 7 a.m. to 4:30 p.m.

For information on donating items to the auction, contact Kelly Ng, OMS III, the SAAO Executive Council’s secretary-treasurer, at saaosect@gmail.com. Auction offerings often include medical devices, books, artwork and tasty treats.

Proceeds from the silent auction help to support the SAAO’s Convocation program for the following year.

Winning bidders must collect their items on Saturday between 5 and 6:30 p.m.

SAAO Update

The SAAO Executive Council (EC) has been hard at work representing student interests at various meetings and committees, streamlining processes for local SAAO chapters, ensuring that local SAAO chapters are recognized for their work, and planning the 2018 AAO Convocations student program, among other things.

Conferences, Meetings and Committees

At the AAO Education Committee’s meeting in August, the SAAO EC revised the SAAO Chapter Notebook and finalized plans for the 2018 AAO Convocation student program.

At OMED, the SAAO EC worked with AAO staff at the exhibit booth and Osteopathic Education Service to promote the AAO and SAAO. They also hosted a collaborative event with the Student Osteopathic Medical Association to celebrate the regionally diverse approaches to osteopathic manipulative treatment.

SAAO EC members serve as voting members on AAO committees, including the Education Committee, Awards Commit-
AAO Community Discussion Forums

Did you know the AAO’s website features community discussion forums for a variety of purposes? There are forums for both non-members and members of the Academy. To access the forums, log in to your account at www.academyofosteopathy.org, and go to Resources > Forums.

Public Forums
Nonmembers are invited to participate in the Public Discussion Forum, where they can engage in discussions about the health care profession in general and about osteopathic medicine in particular. In addition, there is an Osteopathic Research Forum accessible by the public for discussions about research resources and opportunities.

Member Forums
In the AAO Members’ Forum, Academy members can engage in discussions about issues directly affecting the Academy, such as the development of the AAO’s new strategic plan. Please note there are multiple forums under the AAO Members’ Forum, including forums for members of the Student American Academy of Osteopathy and members of the Postgraduate American Academy of Osteopathy.

Also under the AAO Members’ Forum is a forum for job postings. If you are looking to expand your practice or if you’re recruiting residents to your program, this would be a good place to advertise. This forum is accessible only by Academy members.

Committee Forums
Each of the Academy’s committees has a forum, and members of the committee are automatically subscribed to the forum. Committees can use the forums for discussions that are not addressed at meetings or for discussions in advance of meetings. Each committee chair has been asked to assign a moderator to the committee forum. If you are interested in moderating, please contact your committee chair. All moderators should be reported to AAO Executive Director Sherri L. Quarles so they can receive the guidelines as soon as possible.

Convocation Forum
The newest public forum is accessible to anyone registered to attend Convocation. The forum includes a thread of frequently asked questions, but users may find the forum helpful for coordinating travel and housing. Looking for a roommate? Looking to carpool? Use the threads provided to connect with other attendees. If you have a topic that isn’t already posted, start your own discussion. Anyone registered to attend the 2018 Convocation will have access to this forum, whether they are members or not, so be cautious when sharing personal information.

Forum Notifications
To ensure you receive email notifications of activity in a particular forum or thread, click the eye at the top of the forum or discussion. A solid eye indicates you will receive email notifications; an eye with a line through it indicates you will not receive email notifications.

To access the AAO’s community discussion forums, log in to your account at www.academyofosteopathy.org, and click on Resources > Forums. You will see those forums for which you have access.
tee, Louisa Burns Osteopathic Research Committee, IT Committee, Publications Committee, Bylaws Committee, Membership Committee and Osteopathic Medical Economics Committee. Additionally, the SAAO EC chair serves as a student trustee on the AAO’s Board of Trustees, and she is a voting member of the AAO’s Board of Governors. As part of that role, the SAAO EC chair attends all AAO Board of Trustees’ and Board of Governors’ meetings.

Amber M. Brown, OMS IV, the SAAO EC chair, also represented the interests of students by sitting on a leadership panel at the National Osteopathic Student Caucus at the annual AOA House of Delegates meeting in July. The leadership panel listened to student discussions of various resolutions and determined the official student opinion on the resolutions to be presented to the AOA House of Delegates.

Still Points
Still Points are creative expressions of the osteopathic student experiences, such as written articles, videos, photography, etc. Any SAAO member may submit a Still Point for possible publication on the SAAO Facebook Page and SAAO blog. High quality submissions earn VIP points for SAAO chapters.

NUFA
The National Undergraduate Fellows Association (NUFA) is a division of the SAAO consisting of undergraduate teaching fellows who are also SAAO members. The NUFA liaison has been planning the 2018 AAO Convocation NUFA program, including workshops and a NUFA mixer, organizing a NUFA video series in which fellows demonstrate osteopathic techniques, and setting up a mentorship program for NUFA members.

Support SAAO
Physician members of the AAO can support student members in a variety of ways: Providing items to the SAAO’s silent auction will help them raise funds for the 2019 Convocation student program; volunteering to judge the A. Hollis Wolf Case Presentation Competition helps young physicians refine their diagnosis and treatment skills; and donating to the Nicholas S. Nicholas Fund subsidizes student registration fees.

SAAO Executive Council
If you have any questions or concerns about the Student American Academy of Osteopathy, do not hesitate to contact any of the Executive Council’s officers.

AOA Names Daniel G. Williams, DO, FAAO, Vice President of Certifying Board Services

Daniel G. Williams, DO, FAAO, has agreed to serve in the role of vice president of certifying board services, effective Nov. 1, 2017, for the American Osteopathic Association. As a member of the AOA’s senior management team, Dr. Williams will serve as the leadership contact for AOA certifying board chairs and the Bureau of Osteopathic Specialists, as well as providing leadership and oversight of the AOA Certification staff team.

Dr. Williams practices in Indianapolis at Excell for Life Family Care & Pediatrics, focusing on osteopathic pain management and osteopathic manipulation. A graduate of the Oklahoma State University College of Osteopathic Medicine in Tulsa, Dr. Williams has participated in National Institutes of Health–funded research on the effects of OMT on low back pain and carpal tunnel syndrome.

With his extensive work on osteopathic board certification on the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) and on the BOS, Dr. Williams has a deep understanding of the AOA Certifying Board Services strategic plan, as well as a keen understanding of the opportunities and challenges ahead. Dr. Williams brings a focused, practical approach to his leadership role, along with a strong passion for building the future of the AOA’s Board Certification and Osteopathic Continuing Certification systems for current diplomates and prospective applicants.

An active member of the AAO, Dr. Williams chaired the Academy’s program at OMED in 2016. He previously chaired the AAO’s Osteopathic Medical Economics Committee, and he served on the AAO’s Osteopathic Education Service Committee and International Affairs Advisory Council. He has been the secretary for the AOBNMM since 2011.
Dr. William Stager Receives NSU Distinguished Alumni Achievement Award

William H. Stager, DO, MS, MPH, FAAFP, FAAMA, FAAO, FACOFP dist., a 1989 graduate of the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida, was the recipient of an NSU Distinguished Alumni Achievement Award at a ceremony held Nov. 9 at NSU’s Grande Oaks Golf Club in Davie, Florida. Dr. Stager previously received NSU-COM’s Distinguished Alumni Award in 2008 and 2015, and in 2015, Dr. Stager also received the NSU-COM Alumni Association’s Distinguished Service Award.

The annual Distinguished Alumni Achievement Awards recognition event salutes outstanding graduates from each NSU college or school and is the highest and most prestigious honor NSU bestows upon its alumni. The program recognizes alumni who have realized their potential around the world by demonstrating a record of distinguished service and extraordinary achievement in a particular profession, discipline, organization or community cause.

Dr. Stager, who was the NSU College of Osteopathic Medicine (NSU-COM) alumni award recipient, has been a primary care physician since 1990 and serves as an NSU-COM clinical professor. During his long career, he has taught hundreds of medical students, interns, residents and physicians throughout the United States, Canada, Norway and China. Additionally, he has published more than 200 articles in various health and fitness magazines and medical journals.

While he was a first-year NSU-COM student, Dr. Stager was asked to work as a lab instructor and a lecturer in anatomy, embryology, histology, medical ethics and neuroanatomy because he had already earned his Master of Science in anatomy. Two years later, he was chosen to be an NSU-COM predoctoral teaching fellow in osteopathic principles and practice, which are concepts he teaches to this day.

Dr. Stager is a Fellow of the AAO, the American College of Osteopathic Family Physicians, the American Academy of Family Physicians and the American Academy of Medical Acupuncture. In 2013, the American Osteopathic Association honored him with the Guardians of the Profession Award.

Academy Members Present Posters at OMED

The American Osteopathic Association held its annual Research Conference Oct. 7-8 during the AOA’s 2017 Osteopathic Medical Conference and Exposition (OMED 2017) in Philadelphia. The Academy members listed below submitted one or more abstracts in the following categories: basic sciences, clinical, and health services. Authors’ academic institutions are abbreviated in parentheses, and red asterisks indicate authors whose abstracts won first or second place. See the complete list and abstracts in the November 2017 issue of *The Journal of the American Osteopathic Association*.

Nicole Angelo, OMS III (NYITCOM)*
Yassmin R. Atefi, OMS IV (TUCOM-CA)
Yasmin Bains, OMS II (TUCOM-CA)*
Christian Yuvienco Belisario, OMS III (NYITCOM)

Jonathan George Berdahl, DO (MWU/CCOM)
George K. Cherian, DO (NYITCOM)*
Sarah Elizabeth Cottrell-Cumber, OMS III (VCOM-Virginia)
Kanstantinos Damiris, OMS II (NYITCOM)
Kristin Diana DeVries, DO (NYITCOM)*
James E.B. Docherty, OMS III (NYITCOM)*
Eric Donn, OMS III (TUCOM-CA)
Lyudmila Burina Ganatra, OMS V (NYITCOM)
Elizabeth George, OMS IV (NYITCOM)*
Wolfgang Gerhard Gilliar, DO (NYITCOM)
Hiroe Hu, OMS III (TUCOM-CA)
Selene Jamall, OMS II (TUCOM-CA)
Kimberly Ann Klatt, OMS III (MWU/AZCOM)
Matthew James Kunz, OMS II (MWU/AZCOM)

Jayme D. Mancini, DO, PhD (NYITCOM)*
Andrew Tariano Mariano, OMS III (MWU/CCOM)*
Ryan Christopher McAuliffe, OMS I (MWU/CCOM)
Shannon Ann Moriarty, OMS III (NYITCOM)
Melissa G. Pearce, DO (TUCOM-CA)
Deanna Marie Plewa, OMS I (VCOM-Carolinas)
Kelsi Erin Leigh Rogers, OMS II (WVSOM)
Yara Ehab Shams, OMS II (MWU/CCOM)
Alexander Michael Stangle, OMS IV (NYITCOM)*
Vijay Ravi Subramaniam, OMS II (MWU/CCOM)
Michael John Terzella, DO (NYITCOM)
Cara Eileen Vernacchia, OMS III (TUCOM-CA)*
Sheldon C. Yao, DO (NYITCOM)*
In fewer than seven months, the Golden Ram Society has received more than 93 percent of its $20,000 goal for the 2017-18 campaign year. The campaign launched on June 1, 2017, and 53 donors have contributed a total of $18,789 as of Dec. 15, 2017.

At $21,984, the 2016-17 campaign exceeded its $18,000 goal by 21 percent. We look forward to exceeding the 2017-18 goal by an even greater margin.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2017-18 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

To set up recurring monthly donations of $25 or more, call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214.

The list below does not include year-end gifts received after Dec. 15, 2017.

**President’s Club—$2,500 or more**
Jeffrey S. Grove, DO, FACOFPDist
Susan Mattison on behalf of the family of Roland G. Mattison, DO

**A.T. Still Club—$1,000 to $2,499**
Boyd R. Buser, DO, FACOFP
Stephen P. Cavanaugh, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)

**T.L. Northup Club—$500 to $999**
Robert N. Agnello, DO, FACOFP, and Kerry E. Agnello, DO
Keith Barbour, DO, and Sheri Barbour
Stefan Hagopian, DO, FAAP
T. Reid Kavieff, DO
Tamara M. McReynolds, DO

**Louisa Burns Club—$250 to $499**
Michael A. Chipman, DO
Stephen M. Ellestad, DO

**Vicki Dyson Club—$100 to $249**
Richard M. Appleby III, DO
Daniel F. Bensky, DO
Stephen D. Blood, DO, FAAODist, FCA
Elizabeth C. Clark, DO
John M. Garlitz, DO
Kathryn Gill, MD
Jeri H. Glassman, DO
David B. Hage, DO
Robert E. Irvin, DO

**Supporter—$99 or less**
Juanita M. Brown, DO
Debbie Cole
John H. Juhl, DO
Gail E. Lamb, DO
Melinda E. Nevins, DO
Meredith C. Norris, DO
Ian Schofield, DO (UK)

**Judges Needed**
LBORC is actively seeking volunteers to judge posters at the 2018 Convocation. Judging will take place on Thursday, March 22, from 6 to 7 p.m. in the exhibit area. Experienced judges are preferred, but all volunteers are welcome, including students and residents. Judges will receive one credit of AOA Category 1-A CME. For more information, contact Lisa M. Hodge, PhD, at Lisa.Hodge@unthsc.edu, or sign up as a volunteer when you register for Convocation.

The SAAO needs physicians to volunteer to judge the A. Hollis Wolf Case Presentation Competition from 3 to 5 p.m. on Saturday, March 24. Judges earn Category 1-A CME for participating. Indicate your willingness to volunteer when you register for Convocation online. If selected, you will be contacted by the SAAO Executive Council to confirm your appointment to the judging panel. For more information, contact SAAO Vice Chair Paula Archer, OMS III, at saaovchair@gmail.com.
**Members in the News**

Samantha Faryn Gottlieb, OMS III, from the New York Institute of Technology College of Osteopathic Medicine, was one of the students behind a project to create a calm and inviting space for introspective reflection open to all NYIT students and faculty. The Healing Path contains reflection areas dedicated to themes that portray different tenets, lessons and goals that students will encounter in their careers. “As future health care providers, it’s important for us to take care of ourselves before we can heal others,” Gottlieb says.

Darrin D. D’Agostino, DO, the executive dean of the Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, was a panelist for the 2017 Missouri Regional Opioid Summit on Nov. 9. The panel discussed building model treatments and prevention.

SAAO member Ryan Paul Dyches, OMS III, from the Midwestern University/Arizona College of Osteopathic Medicine in Glendale, is the new student delegate to the American Osteopathic Foundation’s Board of Directors. Dyches wrote, “I will aim to be the primary liaison between students and physicians, to link the two organizations of [Council of Osteopathic Student Government Presidents] and AOF together, and to contribute in any way possible to the moving forward of our profession.

On Nov. 29, SAAO member Stephanie Jean Chavez-Yenter, OMS II, was one of four women who shared their thoughts on a panel following a screening of “The Feminine Touch,” a documentary about women in medicine, at the Michigan State University College of Osteopathic Medicine.

Congratulations to James A. Stroman, II, OMS 1, from the Edward Via College of Osteopathic Medicine-Carolinas Campus (VCOM-CC), who is the recipient of a $100,000 Spencer C. Disher MD Scholarship. Established in 2008, this private, local scholarship is offered through the Nurturing the Pipeline Program at Regional Medical Center (RMC) in Stroman’s hometown of Orangeburg, South Carolina. This collaborative program between RMC and local colleges works to increase the number of underrepresented minority students from South Carolina attending medical school. In bestowing this award, the Board of Trustees noted Stroman’s impressive pay-it-forward attitude and his dedication to the Orangeburg community.

Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME, and Nicole Jeanine Peña, DO, perform the condylar decompression technique in a video posted online for the November 2017 issue of *The Journal of the American Osteopathic Association*. Easily applied to newborns and infants, condylar decompression is the release of the occipital condyles at the base of the skull.

In “Effects of Group Fitness Classes on Stress and Quality of Life of Medical Students,” published in the November 2017 issue of *The Journal of the American Osteopathic Association*, Christopher A. Frothingham, DO, and his coauthors analyze how group fitness classes affect the quality of life for medical students. The 12-week study concluded attending regular group fitness classes had a statistically significant decrease in stress and an increase in physical, mental and emotional quality of life.

In the OMT Minute in the December 2017 issue of *The Journal of the American Osteopathic Association*.

**Committee Corner**

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteofopathy.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

The AAO’s Board of Trustees met in Indianapolis Nov. 18-19. The primary topic of discussion was developing the 2019-22 strategic plan for the Academy.

Following the Membership Committee’s teleconference on Nov. 8, mentorship coordinator Sarah A. Curtis, DO, is working on matching mentors and protégés based on specialties and geographic area. If you are interested in being a mentor or protégé, sign up for either of the mentorship sessions at Convocation, or email AAO Communications and Administration Assistant Taylor Bridgeforth at TBridgeforth@academyofosteofopathy.org.

On Dec. 13, the Committee on Fellowship in the AAO convened a teleconference and reviewed five FAAO applications submitted for the 2018-20 candidate cycle. Those members whose applications were accepted will be invited to interview with the committee on Tuesday, March 20, 2018, in Dallas. There were four FAAO candidates who passed their final examinations, and the AAO Board of Governors has approved the FAAO designation to be conferred on them on Saturday, March 24, 2018.

At the LBORC Poster Presentation Subcommittee teleconference led by Kimberly Wolf, DO, on Nov. 30, the members discussed the deadlines for submitting poster abstracts and updated the criteria and scoresheets for abstract submissions. In addition, subgroup members volunteered as reviewers of the poster entries.

(continued on Page 17)
DO Day on Capitol Hill: March 7, 2018

The American Osteopathic Association’s DO Day on Capitol Hill is an exciting opportunity for osteopathic physicians and osteopathic medical students to visit Washington, DC, educating members of Congress and their staff on who DOs are, why osteopathic medicine is so important, and what matters affect the profession.

DO Days are a unique opportunity for DOs and osteopathic medical students to engage with legislators and communicate your positions on important health policy issues in the place where legislation is crafted—Capitol Hill. Participation in the event is important for the osteopathic community because it demonstrates the profession’s dedication to protecting and preserving the cornerstones of osteopathic medicine.

The day includes a breakfast briefing to discuss how to best communicate with members of Congress, a review of the issues you will be discussing, and presentations from guest speakers who are active in the health policy world. Past speakers have included members of Congress and the Surgeon General. Following the briefing, you will be directed toward Capitol Hill with your colleagues to meet with your congressional representatives throughout the afternoon. The specific issues to be addressed will be determined closer to the date.

When you register to attend DO Day on Capitol Hill, you will be asked for your voter registration address so the AOA’s Public Policy staff can schedule meetings for you with your representatives. The staff will make every effort to ensure attendees are grouped together. If you are the only attendee from your district, you may be paired with a veteran.

Learn more about DO Day on Capitol Hill by reading the frequently asked questions.

Young Investigators: Apply for Career Development and Grant Mentoring Program

The United States Bone and Joint Initiative (USBJI) and Bone and Joint Canada are dedicated to increasing research of musculoskeletal diseases. The USBJI has developed a grant mentoring program to provide early-career investigators an opportunity to work with experienced researchers in the field to assist them in securing funding and other survival skills required for pursuing an academic career.

This program is open to promising junior faculty, senior fellows or postdoctoral researchers nominated by their department or division chairs. It is also open to senior fellows or residents who are doing research and have a faculty appointment in place or confirmed. Basic and clinical investigators, without or with training awards (including K awards) are invited to apply. Investigators selected to take part in the program attend two workshops, 12 to 18 months apart, and they work with faculty between workshops to develop their grant applications.

The next workshop is scheduled to take place April 6-8 in Rosemont, Illinois, outside Chicago.

The unique aspect of this program is the opportunity for attendees to maintain a relationship with a mentor until their application is funded.

The application deadline for the Spring 2018 workshop is Jan. 15. To apply for this program, go to www.usbji.org/programs/yii/application-information.

CLASSIFIED ADVERTISEMENTS

NMM PLUS 1
RESIDENCY PROGRAM IN SOUTHAMPTON, NY

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org; Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126; or Education Department Secretary Karen Roberts at (631) 726-0409.

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR

Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for the 2017-18 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must have finished any type of AOA-approved residency by June 2017. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.
pathic Association, Kimberly J. Wolf, DO; Tracy Krinard, OMS IV; and Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME, discuss how thoracic inlet myofascial release and sacral wobble can benefit patients with multiple sclerosis by boosting range of motion and increasing mobility.

The December 2017 issue of The Journal of the American Osteopathic Association included several pieces authored or coauthored by Academy members. Brian Loveless, DO, discusses how the osteopathic profession must reexamine its CME offerings in light of recent changes in the profession. Mathew A. Zatkin, DO, and Jonathan N. Bruner, DO, conducted a pilot study to analyze musculoskeletal disorders in ophthalmologists. Brian Joseph Holahan, OMS IV, and his coauthors suggest a holistic approach to help women who have breast masses and nipple discharge with the goal to assist physicians in the evaluation, diagnosis and management of benign breast conditions. Drew D. Lewis, DO, and Garth K. Summer, OMS V, recommend OMT for the management of adjacent segment pathology to manage pain and provide long-term resolution for patients. Puja H. Patel, DO, describes how osteopathic manipulative treatment benefited a woman who had a challenging case of parotitis.

Ashwin Kalyandurg, OMS IV, from the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, was featured in The DO for casually breaking the world record for hand walking. In June, he walked 3.2 miles on his hands in eight hours to raise money to fight childhood obesity and pediatric cancer. In September, he broke his own record with 3.78 miles in seven hours, raising money to help people with autism and multiple sclerosis. Kalyandurg is preparing to complete the 2018 Boston Marathon on his hands to raise money for veteran amputees. Hand walking has made Kalyandurg’s hands stronger to assist in performing osteopathic manipulative treatment.

Jane T. Balbo, DO, urges physicians to screen patients for sexual assault to provide trauma-informed patient care in sync with the global phenomenon #MeToo. “Giving the patient an option to disclose a trauma within the context of his or her medical history, and without having to immediately discuss it, will help survivors get the best possible care from their physician,” Dr. Balbo told The DO.

Sutherland Cranial Teaching Foundation 2018 Courses

Basic Course: Osteopathy in the Cranial Field
May 4–8, 2018 | NYIT COM | Old Westbury, New York
Course Director: Hugh Ettinger D.O., FAAO, FCA
40 hrs 1A CME anticipated | Course cost: $1,800

Intermediate Course: The Face
November 2018 | Lexington, Kentucky
Course Director: Douglas E. Vick, D.O.
Faculty: SCTF Board of Trustees and Associates
20 hrs 1A CME anticipated | Course cost: $1,200
Prerequisite: DO/MD with 3 years clinical experience and two basic courses of Osteopathy in the Cranial Field (one being an SCTF Basic Course).

Intermediate Course: Treating Compressions in the Cranial
July 13–15, 2018 | San Diego, California
Course Director: Ken Graham, D.O.
Faculty: SCTF Board of Trustees and Associates
16 hrs 1A General CME anticipated | Course cost: $800
Prerequisite: DO/MD with 3 years clinical experience and two basic courses of Osteopathy in the Cranial Field (one being an SCTF Basic Course).

Don’t Leave Us in the Dark

The AAO’s member year extends from Aug. 1 through July 31.

Paying your dues in a timely fashion allows the AAO to adequately budget for the year.

If you haven’t paid your dues for 2017-18, please do so immediately.
If payment is not received by Jan. 31, your account may be deactivated.

We appreciate all those who have made prompt payment.

If you have any questions about your membership, please contact AAO Membership and Administration Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.
Introduction to the Fascial Distortion Model

Course Description
Sometimes referred to as module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM).

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM ties into traditional osteopathic education and expands the toolbox you use to help more patients.

This is an excellent opportunity for physicians just learning about FDM or for physicians who are familiar with it but want to dive a little deeper.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday through Tuesday from 8 a.m. to 5 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207

Make hotel reservations now: [physician link], [student link].

Course Director
Todd A. Capistrant, DO, MHA, earned both his doctor of osteopathic medicine degree and his master in health administration degree in 1997 from the Des Moines (Iowa) University College of Osteopathic Medicine. He is one of only three physicians in the United States who are currently certified to teach seminars on the FDM, and he is the president of the American Fascial Distortion Model Association.

Dr. Capistrant specializes in OMM, and he is certified by the American Board of Family Medicine. He is a member of the growing OMM department at the Tanana Valley Clinic in Fairbanks, Alaska, and he serves as a regional dean for the Pacific Northwest University of Health Sciences, College of Osteopathic Medicine in Yakima, Washington.

Registration Fees

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<th>Registration Form</th>
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View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis

A Pre-Convocation Course • March 18-20, 2018 • Hilton Anatole in Dallas

Course Description
A growing number of people are diagnosed with chronic fatigue syndrome, fibromyalgia and other chronic pain conditions. These patients need effective, noninvasive treatment that doesn’t aggravate their conditions. This course will provide participants the tools to recognize these conditions and to effectively treat those patients.

The assessment and treatment will be done over six specific key lesions (three in the front of the body and three in the back). The treatment will be a blend of Dr. Chikly’s lymph and brain techniques.

The lymph techniques will include lymph mapping and some specific viscera work using a lympho-fascia release approach to viscera such as the liver, pancreas, heart, etc. The brain techniques will include intracranial membranes using curved biotensegrity, brainstem, etc. Specific sacrum techniques also will be presented.

By the end of the course, participants will be able to identify several chronic pain conditions; describe the comorbidity, known causes, and differential diagnoses of these conditions; and explain the importance of the lymphatic system in addressing these conditions.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 a.m. to 6 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: click here.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Director
Bruno Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry.

Dr. Chikly also has the French equivalent of a master’s degree in psychology. In 2009, he received a doctorate in osteopathy from CROMON (Holistic Research Center for Osteopathic and Natural Medicine) and AIROP (Italian Association for Postural Occlusion Re-education) in Italy, and he is on the French National Registry of Osteopathy.

Dr. Chikly is an internationally renowned educator, lecturer and writer. He is the author of the book Silent Waves: The Theory and Practice of Lymph Drainage Therapy, as well as the creator of a DVD titled Dissection of the Brain and Spinal Cord, and he is working on a book about osteopathic manipulation and the brain. He lives in Scottsdale, Arizona, with his wife and partner, Alaya.

Registration Form
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis
March 18-20, 2018

Name: ____________________________ AOA No.: ______________

Nickname for badge: ____________________________

Street address: ____________________________

City: ____________________________ State: _____ ZIP: ________

Phone: ____________________________ Fax: ____________________________

Email: ____________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I will attend the AAO’s 2018 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Cardholder’s name: ____________________________

Expiration date: _______________ 3-digit CVV No.: __________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This program is designed to focus on treating children with common pediatric orthopedic complaints using osteopathic manipulative treatment within the larger context of medicine.
Attendees will learn a variety of approaches to treating upper and lower extremity dysfunctions, as well as scoliosis and headaches. Attendees will practice moving attention through bone, fluid and membrane to augment perception ability and treatment effectiveness.
Modalities include balanced ligamentous tension (BLT), balanced membranous tension (BMT), facilitated positional release (FPR), muscle energy technique (MET) and intraosseous techniques.

Continuing Medical Education
19 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8 a.m. to 5 p.m.
Tuesday from 8 a.m. to noon.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: physician link, student link.
To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students).

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees
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1 Registrations received after March 2 will be processed on-site, incurring a $150 late fee. 2 The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature:

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Visceral Motility and Visceral Chains

A Pre-Convocation Course • March 18-20, 2018 • Hilton Anatole in Dallas

Course Description
In this course, attendees will explore the inherent motions, or motility, of the viscera of the thorax, abdomen and pelvis. These motions are not to be confused with the motility of the gastrointestinal tract as described in gastroenterology books, nor with mobility, which is movements caused by respiration. Visceral motility occurs at a rate of 5 to 7 cycles per minute, concurrent with a visceral motility of the brain. As the organ moves away from the midline, it is called inspir, and when returning to the midline it is called expir. This motion is three-dimensional. Its amplitude is small enough that it can’t be measured or seen radiographically, but it is palpable. In organs that are weak or strained, the motility is less. In addition to being palpable, the strength of motility can be palpated in the corresponding meridian. The motions reproduce the embryological development.

Visceral chains connect the cranium, the viscera, the upper and lower extremities and the spine. We find these chains in patterns, which allows us to be able to more precisely understand, diagnose and treat what appear to be cranial, musculoskeletal and visceral problems, in a more effective sequence.

“Central sag phenomenon” is a recent clinical discovery that connects Sutherland’s idea of sacral sag with spinal ligaments, visceral ptosis and prolapse, with the hips, psoas, and iliacus muscles. This sag phenomenon occurs quite frequently and is connected with recurrent low back pain, SIBO, bladder problems, urinary frequency and incontinence, BPH, fatigue, and difficulty standing for prolonged periods.

Course Times
Sunday and Monday from 8:30 a.m. to 5:30 p.m. and Tuesday from 8:30 a.m. to 4:30 p.m. Breakfast and lunch are on your own. Coffee will be provided.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Registration Fees

<table>
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<th>Registration Type</th>
<th>On or before Jan. 18, 2018</th>
<th>Jan. 19 through March 2, 2018</th>
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Save 10% when you register for the AAO’s 2016 Convocation.

To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students).

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: physician link, student link.

Registration Form

Introduction to the Fascial Distortion Model
March 18-20, 2018

Name: ____________________________ AOA No.: ____________

Nickname for badge: ____________________________

Street address: ____________________________

City: ____________ State: ________ ZIP: ____________

Phone: ____________ Fax: ____________

Email: ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Muscle Energy technique consists of at least six different subtypes of technique all connected by patient cooperation contracting and relaxing muscles when instructed to do so.

It is extremely gentle and versatile and can be used for acute, subacute and chronic musculoskeletal conditions. It can be used by physicians of all sizes, shapes, and strengths, utilizing balance and leverage to control the techniques.

Physicians attending this course will learn how to perform muscle energy technique and learn how to apply these technique to the management of headache, neck pain, acute torticollis, shortness of breath, respiratory pain, low back pain, osteoarthritis of the spine, and a number of other conditions.

**Continuing Medical Education**

20 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**

Friday and Saturday from 8 a.m. to 5:30 p.m.

Sunday from 8 a.m. to 12:15 p.m.

**Meal Information**

Morning coffee, tea and juice will be provided each day. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

**Course Location**

The Pyramids, Building Three

3500 DePauw Blvd., Conference Rooms A and B (lower level)

Indianapolis, IN 46268

**Travel Arrangements**

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Registration Fees**

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

**Course Director**

Walter C. Ehrenfeuchter, DO, FAAO, has chaired the Department of Osteopathic Manipulative Medicine (OMM) at the Georgia campus of the Philadelphia College of Osteopathic Medicine (PCOM-GA) since 2005.

As a 1979 graduate of the Philadelphia College of Osteopathic Medicine in Pennsylvania (PCOM), Dr. Ehrenfeuchter was the profession’s first resident in OMM. He taught for 17 years in the OMM department at PCOM, and then he operated a private practice for eight years before moving to Georgia.

In 1990, Dr. Ehrenfeuchter became a fellow of the AAO. He is certified by the American Osteopathic Board of Special Proficiency in OMM, and he has taught in North America, Europe and Asia.

In spite of all his years in academia, Dr. Ehrenfeuchter thinks of himself primarily as a clinician, actively involved in patient care, who just happens to teach.

**Registration Form**

Muscle Energy for the Total Body

April 20-22, 2018

Name: ___________________________ AOA No.: _________________

Nickname for badge: ________________________________

Street address: __________________________________________

________________________________________________________

City: ___________________ State: ______ ZIP: ______________

Phone: _____________________ Fax: _________________________

Email: ________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ________________________________

Cardholder’s name: ________________________________

Expiration date: _______________ 3-digit CVV No.: __________

Billing address (if different): ______________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Click here to view the AAO’s photo release statement.
June 7-9, 2018 • Marian University College of Osteopathic Medicine
Indianapolis

Course Description
Designed for both beginner and advanced students in regenerative injection techniques, this course will include a series of lectures that review foundational principles, anatomy, biomechanics, diagnostic testing, specific injection techniques for regions of the body and osteopathic manipulative treatment to complement injection techniques.

We will discuss the rationale for using prolotherapy or platelet-rich plasma injection in improving stability and integrity of ligaments, tendons and joints. Diagnostic evaluation of joint instability and enthesopathy will be a focus and will be included in the hands-on portion of the course.

Attendees will receive a copy of Principles of Prolotherapy by Dr. Cantieri, Dr. Pasquarello, and Thomas H. Ravin, MD. Injections will be performed on cadavers in a cadaver lab.

Course Times
Thursday from 5 to 9 p.m.
Friday and Saturday from 8 a.m. to 5:15 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee, tea and juice will be provided. Dinner will be provided on Thursday. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
Marian University College of Osteopathic Medicine
Michael A. Evans Center for Health Sciences (30th St.)
3200 Cold Spring Rd., Indianapolis, IN 46222-1997

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees
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<td>Resident or intern member</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$2,750</td>
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<tr>
<td>Nonmember resident or intern</td>
<td>$2,550</td>
<td>$2,800</td>
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</table>

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members. This course is not appropriate for students.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Jan. 12-14, 2018
Michigan State University College of Osteopathic Medicine
Pediatric Manual Medicine
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
22 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Jan. 18-21, 2018
Osteopathy’s Promise to Children
The Motions, Life Forces and Healing Process: How to Work With the Dynamics of Life and the Breath of Life
Course director: Philippe Druelle, DO (F-Qc), DScO
Osteopathic Center San Diego
No credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Jan. 26-30, 2018
Michigan State University College of Osteopathic Medicine
Craniosacral Techniques: Part I
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Feb. 9-12, 2018
Michigan State University College of Osteopathic Medicine
Principles of Manual Medicine
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
28 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Feb. 17-18, 2018
Osteopathy’s Promise to Children
Introductory Course: A.T. Still’s Approach to the Foot and Ankle
Course directors: Rue Tikker, DPM, and Charles A. Beck, DO, FAAO
Osteopathic Center San Diego
12 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

April 20-24, 2018
Michigan State University College of Osteopathic Medicine
Muscle Energy: Part I
Course director: Carl Steele, DO
East Lansing, Michigan
34 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

May 4-6, 2018
Osteopathy’s Promise to Children
A Dental Course: Expanding the Osteopathic Concept—Beyond the Basics
Course directors: Raymond J. Hruby, DO, MS, FAAODist, and Darick Nordstrom, DDS
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

May 4-8, 2018
Sutherland Cranial Teaching Foundation
2018 Basic Course: Osteopathy in the Cranial Field
Course director: Hugh M. Etlinger, DO, FAAO, FCA
New York Institute of Technology
College of Osteopathic Medicine
Old Westbury, New York
Learn more and register at www.sctf.com.

June 1-3, 2018
Still Exaggeration Technique, LLC
Introductory Exaggeration Course
Course director: Jerry L. Dickey, DO, FAAO
New York Institute of Technology
College of Osteopathic Medicine
Old Westbury, New York
25 credits of AOA Category 1-A CME anticipated
Learn more and register at stillexaggeration.com.

July 13-17, 2018
Michigan State University College of Osteopathic Medicine
Craniosacral Techniques: Part III
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

July 25-29, 2018
Osteopathy’s Promise to Children
Foundations of Osteopathic Cranial Manipulative Medicine (The 40-Hour Basic Course)
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.