Message from the Executive Director

July is accountability month for the Academy. As we approach the end of our fiscal year, we review our goals for the past year, develop the budget for the coming year, and strategize how to move forward with our Planning Playbook.

Academy Trustees Adopt Balanced Budget

AAO President Catherine M. Kimball, DO, convened the Board of Trustees for its summer meeting July 14-15 at the AAO office in Indianapolis. The trustees continued the precedent of adopting a balanced budget for the 2018-19 fiscal year, which will run Aug. 1-July 31. The Board worked with a proposed operational document submitted by Secretary-treasurer Judith A. O’Connell, DO, FAAO, to arrive at the final version. This budget will enable the Academy to continue to review its processes and to expand upon the needs of the Academy as we face new challenges. The budget is balanced with a few variables: membership, volatility of the investments and educational offerings, and how the resolutions are passed at the American Osteopathic Association’s House of Delegates.

Other significant agenda items for the meeting included the selection of a recipient for the 2019 Academy Award, committee budgets, and approving a capital budget that will allow the Academy to upgrade the platform of our website for more efficiency.

Thank you to the following leaders who shared the entire weekend at the Academy office to ensure that the Academy’s mission.

AOA Recognizes Academy With STAR

On Saturday, July 21, the AAO was one of four recipients of the American Osteopathic Association’s 2019 STARs (Strategic Team Award and Recognition) for its dedication to advancing osteopathic medicine. The STARs recognize contributions made by state, specialty and regional affiliates, colleges of osteopathic medicine, osteopathic postdoctoral training institutions (OPTIs), and nonpractice affiliates that have advanced the osteopathic profession. The award honors programs and activities that align with the initiatives in the AOA’s strategic plan.

Winners receive a STAR plaque to recognize their achievements, along with a complimentary registration to the Leadership, Education, and Advocacy Development conference to be held in Las Vegas in January.

The American Academy of Osteopathy has invested in the future of osteopathic medicine.

(continued on Page 2)
Executive director’s message (continued from Page 1)

In our meeting with Luciana Goldstein, the e-learning system manager, Luciana demonstrated the webinar section of the AOA website, which is still under development. This presentation was innovative and very user friendly. I look forward to hearing more about the development and upcoming CME courses that will be offered.

One of the most interesting meetings was by chance. In the hallway of AOA, we had an impromptu meeting with Amy Byerwalter, the associate vice president for international affairs; Gloria Dillard, the assistant director of research development; and Kenya McRae, JD, the vice president for research and development. They were not on our planned agenda, but they were gracious in allowing us time to speak with them about research opportunities. I guess you can call this a water cooler meeting!

AOA receives STAR (continued from Page 1)

Core Osteopathic Recognition Readiness Examination assesses individuals’ mastery of osteopathic concepts and philosophy, diagnosis and treatment models. Developed in collaboration with the National Board of Osteopathic Medical Examiners, the secured, proctored exam is now administered at centers worldwide and will be available electronically in September. This is a valuable tool for both physicians and program directors evaluating candidates who have applied to residencies with Osteopathic Recognition.

The other three organizations who received 2019 STARs are Rocky Vista University College of Osteopathic Medicine, the Missouri Association of Osteopathic Physicians and Surgeons, and the Student Osteopathic Medical Association.
From the President:  
Report From the AOA House of Delegates

It was an honor and a privilege to represent the Academy as a delegate to the American Osteopathic Association’s House of Delegates, which met July 20-22 in Chicago.

The House of Delegates is the legislative body of the AOA. Each specialty society is entitled to one delegate and one alternate. Other delegates represent state societies (based on membership, much like the U.S. House of Representatives), colleges of osteopathic medicine, student associations, etc.

Matters to be considered at the House of Delegates meeting must be submitted to the AOA well in advance, and Reference Committees of the AOA’s Board of Trustees consider the resolutions in advance of the meeting so they can make official recommendations.

This year, there were four resolutions that the Academy’s Board of Trustees gave special notice:

• B-3, “Osteopathic Board Certification”
• B-5, “Increasing the Specialty College Share of 2019 OMED Registration Revenue”
• B-8, “Structure Reorganization for the Bureau of Osteopathic Specialists (BOS) of the American Osteopathic Association (AOA)”
• H-363, “Special Licensing Pathways for Physicians”

Osteopathic Board Certification

This resolution called on the AOA to support changes to the certification and recertification process that will make the American Osteopathic Board of Family Physicians (AOBFP) examination more attractive than the American Board of Family Medicine examination by decreasing the financial and administrative burdens. In addition, the resolution requested that the AOA empower the AOBFP to immediately develop and implement a certification process that will be cost effective and osteopathic-focused.

The AAO opposed this resolution on the basis that the AOA should support all specialty colleges in this manner. While the Reference Committee commended the ACOFP for their intent, it affirmed that the AOA Board of Trustees already supports making board certification competitive, cost-effective and osteopathic-focused.

The resolution was not approved.

Structure Reorganization for the BOS

The AAO opposed this resolution on the grounds that all specialties should continue to have representation on the Board of Specialists. The underlying premise of the resolution is not accurate, as the Program and Trainee Review Council of the Accreditation Council for Graduate Medical Education no longer has rotating representation from specialty colleges.

The AOA’s Reference Committee recommended disapproving this resolution because the AOA BOS Policies and Procedures mission states that the AOA BOS “is dedicated to establishing and maintaining high standards for certification of osteopathic physicians” and is not designed to represent the individual interests of the diplomate pool.

The resolution was not approved.

Increasing Share of 2019 OMED

Each OMED attendee is permitted to choose up to four specialty colleges on their OMED registration. These organizations then get a revenue share of that attendee’s registration fee, assuming the attendee is a registered member of the organization. The revenue share has not increased in several years. As a co-sponsor of this resolution, the AAO felt a small increase was more than reasonable to offset the Academy’s increasing program expenses.

The Reference Committee recommended adjusting the language of the resolution from “a minimum increase of $25” to “an increase of $25,” and the resolution was approved with this change. In addition, specialty colleges have been asked to provide their OMED revenue and expense statements to the Bureau of OMED. We expect this change to go into effect for OMED 2019.

Special Licensing Pathway

The AAO supported this resolution that recommended the AOA oppose the creation of special licensing pathways which allow physicians who are not currently enrolled in an AOA- or ACGME-accredited training program, or who have not completed at least one year of postgraduate U.S. medical education accredited by the AOA or ACGME, to practice medicine under limited supervision by a fully trained and licensed physician.

(continued on Page 4)
We firmly believe that physicians with incomplete postgraduate training jeopardize patients’ health and safety. This resolution was approved.

**Academy Members at HOD**

In addition to myself and President-elect Kendi L. Hensel, DO, PhD, FAAO, who was the AAO’s alternate delegate, 72 Academy members acted as delegates or alternates from their states or other groups. We are thankful that so many of our members who value the founding principles of the profession continue to rise as leaders.

**Member delegates**

Stephanie Nicole Aldret, DO
Karen E. Arscott, DO
Brian L. Browning, DO
Boyd R. Buser, DO, FACOFP
Mark S. Cantieri, DO, FAAO
Michael Aaron Chipman, DO
Richard Chmielewski, DO
Tyler C. Cymet, DO
William A. Delp Jr., DO
William H. Devine, DO
Michael David Dick, DO
Jerome A. Dixon, DO
Dennis J. Dowling, DO, MA, FAAO
Anthony B. Elkins, DO
David Michael Escobar, DO
Wolfgang Gerhard Gilliar, DO
Ellice Goldberg, DO
Pamela L. Grimaldi, DO, FACOFP, FAAFP
Jeffrey S. Grove, DO, FACOFP dist
Nicklaus James Hess, DO
Kenneth H. Johnson, DO, FAAO
Virginia M. Johnson, DO, MBA, FAAO
John M. Kauffman Jr., DO, FACOI, FACP
Brian E. Kaufman, DO, FACP, FACOI
Hollis H. King, DO, PhD, FAAO, FCA
Jennifer Anne Lorine, DO
Brian Loveless, DO
David L. Lukens, DO
Jessica Lynn Masser, DO, MS
Susan Milani, DO
Charles D. Milligan, DO
Angelique C. Mizera, DO
Jeffrey Henry Nelson, DO
Merideth C. Norris, DO
Melissa G. Pearce, DO
Timothy A. Piontkowski, DO
Richard W. Rapp, DO
Sonia Rivera-Martinez, DO, FACOFP
Laura M. Rosch, DO
Eric Hunter Sharp, DO
Anita L. Showalter, DO
William Harry Stager, DO, MS, MPH, FAAFP, FAAO, FACOFP dist.
Jacqueline Marie Stoken, DO
Norman E. Vinn, DO, MBA
Angela B. Wagner, DO
Barbara E. Walker, DO
Jan M. Willecox, DO, FACOFP
Adrian Lynne Woolley, DO

**Alternate delegates**

Jane E. Carreiro, DO
Darrin D. D’Agostino, DO
Robin R. Dyer, DO
Caleb Benjamin Bentges, DO
Jodie Hermann, DO
Robert W. Hostoffer, DO, LhD, FAAP, FACOP, FACOI, FCACP
Randy G. Litman, DO, FAAO, FACOFP, FACOI
Rance L. McClain, DO, FACOFP, FAOASM
Shawn R. Kerger, DO, FAOSM
Selena G.M. Raines, DO

**Student delegates**

Kelly Ann Champlin, OMS II
Michael Aaron Goldstein, OMS III
Samantha Faryn Gottlieb, OMS IV
Sara Lohbauer, OMS III
Edward Deon Ng, OMS II
Harry Qi, OMS II

**Alternate student delegates**

Peter Botros, OMS II
Cassidy Capps, OMS II
Nathan L. Hansen, OMS II
Christopher William James, OMS II
Amanda Kim Nguyen, OMS II
Jay Franklin Olson, OMS II
Noor Ramahi, OMS II
Kalee Woody, OMS II

Thank you all for your work. I also want to thank AAO Executive Director Sherri L. Quares for her dedication to the Academy and to the osteopathic profession. Read her report on Page 1 of this issue.

If you have any questions, comments or concerns, I want to hear from you. Contact me at President@academyofosteopathy.org.

Catherine (Cathie) M. Kimball, DO
2018-19 AAO president

2018-19 AAO President-elect Kendi L. Hensel, DO, PhD, FAAO, and AAO Executive Director Sherri L. Quares at the American Osteopathic Association’s House of Delegates, which was held July 20-22 in Chicago.
Executive director’s message (continued from Page 2)

We had a lunch meeting with Elizabeth Harano, CHCP, CME program manager; Gayle Irvin, MBA, CAE, AVP, from client and member services; and Lawrence Cunningham, IOM, director of affiliate affairs. It was delightful to sit and have a meal and share concerns on membership-related issues. We also discussed the AOA’s TraCME system (the CME reporting database), which was introduced a couple years ago. The platform allows AAO staff to input CME credits directly rather than going through a middleman, which means Academy members see their reports updated more quickly.

As always, it was great to get brought up to speed on some of the changes coming down the pike from Jim Swartwout, senior vice president for education and accreditation. We are approaching 2020 and the finalization of the single accreditation system. There are many programs that have transitioned over, and we still have a few that will need to start the application process before the end of the year. There are exciting times ahead as well as some challenges, and we look forward to both.

In our last meeting of the day, Raine Richards, JD, the director of public policy and the AOA’s Chicago-based state government affairs coordinator, gave us an update on state related issues, while David Pugach, JD, the senior vice president of public policy, shared how the AOA promotes policy advancements that benefit DOs and their patients, expand graduate medical training opportunities and promote public health. Their strategy encompasses policy development, lobbying on Capitol Hill, regulatory engagement, and engaging our members and affiliates in grassroots advocacy. David also mentioned that he would like to be more involved with specialty colleges in the future. We shared that we would welcome that interaction.

At the end of our meetings, we would normally take a tour of the AOA headquarters. It ended up that our last meeting was located in the board room on the eighteenth floor, and the view was awesome!

I personally want to express our gratitude to Lawrence Cunningham and Elizabeth Harano, who helped us schedule such a packed and productive day for the second year in a row. Elizabeth stayed with us all day, and it was a pleasure to spend the time with her.

**SOSE**

On Tuesday, July 17, I attended meetings of the Society of Osteopathic Specialty Executives (SOSE). The purpose of the society is to promote the interests of the executive directors and pertinent executive staff members of the AOA-affiliated specialty organizations. I have represented the Academy at SOSE since becoming the AAO’s executive director, and this year I was elected to SOSE’s board as a member-at-large. I will proudly serve with the following individuals whom I hold in the highest regard:

- President Marsha A. Wise, BS, executive director of the American Osteopathic College of Dermatology
- Vice-President Linda Taliaferro, MHCM, CAE, CEO of the American College of Osteopathic Surgeons
- Secretary/Treasurer Aaron McEvoy, executive director of the American Osteopathic College of Anesthesiologists
- Member-at-large Carol L. Houston, executive director of the American Osteopathic College of Radiology
- Immediate Past President Lee Vander Lught, DO, FAAOA, executive director of the American Osteopathic Academy of Orthopedics

The 2018-20 board for the Society of Osteopathic Specialty Executives, from left to right: Aaron McEvoy, Linda Taliaferro, Marsha A. Wise, Sherri L. Quarles, Carol L. Houston, and Lee Vander Lught, DO, FAAOA.

(continued on Page 6)
This year’s SOSE meeting focused on programming needs that would best assist associations such as Meeting Cancellation and Strategic Program Analysis along with our regular business meeting.

AOSED

The next day, on July 18, I had a meeting with the Association of Osteopathic State Executive Directors (AOSED) for which I served as a member of the planning committee. AOSED was organized in 1918 for the purpose of strengthening AOA-affiliated state divisional societies, promoting coordination of divisional society programs, providing assistance for the development of divisional society leadership, and aiding with efforts of the AOA in the advancement of the osteopathic profession in the United States.

The meeting started with a wonderful ice-breaker that had everyone traveling down memory lane and then brought into the present. It was a great opportunity to learn many interesting facts about each other. The group covered many other topics that related to state issues and reviewed pertinent resolutions facing the AOA’s House of Delegates before moving into the annual business meeting.

The common theme among representatives from SOSE and AOSED is that we want to continue the work that has been started with the AOA’s Affiliate Alignment Task Force so that communication will continue to improve. Each group knows that we all work better as a team since we all believe in the osteopathic principles established by A. T. Still. Let’s keep that vision alive and well.

Also on Wednesday, Dr. Kimball, Dr. Hensel and I had the pleasure of attending a reception at the headquarters for the Accreditation Council for Graduate Medical Education. A hearty welcome was offered by Lorenzo Pence, DO, senior vice president of osteopathic accreditation, and then he turned the microphone over to Thomas J. Nasca, MD, MACP, president and CEO of ACGME and ACGME International, who provided an update on the overall transition process and took questions from the audience. They were both very well received.

As we at the AAO strive to fulfill our vision of optimal health for all, I continue to encourage you to communicate with me about your concerns for the Academy. I want to know what we’re doing well and what we need to work on. I also want to know what you need as far as continuing medical education so we can do our best to provide valuable services. I can be reached at SQuarles@academyofosteopathy.org or at (317) 879-1881, ext. 214.

Watch the AAO’s Facebook and Twitter accounts to stay updated on all AAO activities.

CLASSIFIED ADVERTISEMENTS

**NMM PLUS 1**

**RESIDENCY PROGRAM IN SOUTHAMPTON, NY**

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org; Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126; or Education Department Secretary Karen Roberts at (631) 726-0409.

**NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR**

Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for the 2018-19 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must have finished any type of AOA-approved residency by June 2018. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.
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OMED® 18

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Connect and recharge with thousands of DOs and osteopathic medical students at the industry's premier osteopathic medical conference. More information to come!
OES Delivers at House of Delegates

During the meeting of the American Osteopathic Association’s House of Delegates, which was held July 20-22 in Chicago, the AAO hosted its Osteopathic Education Service for all attendees. Led by Ann L. Habenicht, DO, FAAO, FACOFP, CS, 11 physicians provided 48 hands-on demonstrations of osteopathic manipulative treatment (OMT) for other physicians, students, staff and guests.

The AAO is proud to offer OES three times a year: at the AOA’s House of Delegates, at OMED and at Convocation. OES is a forum to reinforce some of the founding principles of osteopathic medicine. The service is much appreciated by those who take advantage of it. This is the third event at which participants were asked to complete a survey, and the response has been overwhelmingly positive. The only way we could make it better is by having more physicians volunteer to demonstrate treatments.

Our thanks to the following physicians who volunteered their time to provide demonstrations: Mark S. Cantieri, DO, FAAO; Nate F. DeLisi, DO, BA; Dennis J. Dowling, DO, MA, FAAO; Wolfgang G. Gilliar, DO; Ann L. Habenicht, DO, FAAO, FACOFP, CS; Kendi L. Hensel, DO, PhD, FAAO; Nicklaus J. Hess, DO; Catherine M. Kimball, DO; Carl Shapiro, DO; P. M. Sherrill, DO; and Andrew Yuan, DO.

We will be at OMED in San Diego in October. Please consider volunteering your time. You will find us in the exhibit hall. Physicians who volunteer earn 0.5 credit of AOA Category 1-B CME for each demonstration. We hope to see you there!

Ann L. Habenicht, DO, FAAO, FACOFP, CS, provided 23 demonstrations during the AAO’s Osteopathic Education Service at the American Osteopathic Association’s House of Delegates meeting, July 20-22 in Chicago.
Website Enhancements Continue: Check Your CME

Since launching the new website in October 2016, the AAO has worked diligently to continue adding enhancements. The latest addition is the ability to see how many specialty-specific Category 1-A continuing medical education credits you’ve earned from the AAO.

To view your CME credits, log in to your account at www.academyofosteopathy.org and go to My CME from the profile page. Enter search dates, which default to the past three years, and click Update Results. Individual courses are listed at the top of the page, and Convocation events are listed at the bottom. CME credits earned before the new site launched in 2016 are not available to view.

For osteopathic continuous certification, the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM) requires physicians have 50 credits of NMM specialty credits per CME cycle (out of a total of 150 required credits). A maximum of 25 CME credits earned through teaching or preceptoring may be counted toward your 50-hour NMM specialty CME requirement.

The current CME cycle will close Dec. 31, 2018. If you still need NMM-specific credits, register for any of the AAO’s courses listed at www.academyofosteopathy.org/CME.

If you have any questions about your CME totals as seen on the AAO’s website, please contact AAO Event Planner Gennie Watts at GWatts@academyofosteopathy.org or at 317-879-1881, ext. 220.

Membership Announcements

2018-19 Dues

Membership dues for 2018-19 were due July 31. If you have not paid your 2018-19 dues, please log in to your account at www.academyofosteopathy.org to pay securely online. Your prompt payment enables the AAO to budget accurately for the coming year. Dues notices were mailed to all members in early June. Notices will be mailed to delinquent members in early August.

Log in to your account at www.academyofosteopathy.org to pay your dues securely online following the steps below, or you can mail your payment to the American Academy of Osteopathy at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

To pay your dues online:

1. From the Profile page, select My Account Balance in the left-hand menu.
2. Click View Open Invoices.
3. Select the invoice(s) you want to pay.
4. Click View Cart.
5. Click Update Settings to confirm your membership data. On Page 1 of the membership information, confirm your Membership Type is correct to (continued on Page 10)

Committee Corner

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteopathy.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

During the Committee on Fellowship in the AAO’s June 20 teleconference, the committee members reviewed submissions from six FAAO candidates. Two candidates were accepted to be scheduled for final examination at the Oct. 21 meeting. Members also reviewed and accepted updates to the Information for Candidates booklet to be submitted to the AAO Board of Governors for approval prior to publication.

At the Board of Trustees’ July 14-15 meeting in Indianapolis, the board selected the 2019 Academy Award recipient; reviewed, accepted and acted upon AAO committee reports and their recommendations; discussed the future of AAO educational programming; reviewed and accepted the proposed 2018-19 AAO fiscal year budget; and reviewed and commented on the American Osteopathic Association Board of Trustees’ and House of Delegates’ proposed resolutions. AAO committee chairs should hear from their Board of Trustees liaisons soon regarding any recommendations or actions required.

The Membership Committee is continuing its mission to add value and opportunities for current and new members. During its July 23 teleconference, committee members were given the following goals: David M. Kanze, DO, will consult with the Education Committee to get courses started relating to members’ interests; Frank Patrick Goodman, DO, will join Leigh (Jack) Forbush, DO, in facilitating technology to attract and keep members engaged in what the Academy offers and events; and Paul N. Langevin, DO, DIMM, MPH, will join Patricia S. Kooyman, DO, and Robyn Sarah Young, DO, on the mentorship program task force to sustain students’ membership through residency to become full members.
Membership announcements (continued from Page 9)

ensure you will be charged the appropriate fee.

6. Click Save Application on Page 7 of the membership information.
7. Click on Start Checkout and follow the on-screen instructions to complete the process.
8. A receipt will be emailed to you at your primary email address.

To make a donation to the Golden Ram Society, the Nicholas S. Nicholas Fund or the Anne L. Kempf Fund, you may add it to your shopping cart along with your membership renewal and checkout in a single transaction.

Thank you to all those members who have paid their dues already.

If you have any questions, contact AAO Finance and Membership Assistant Bev Searcy at BSEarcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

New Resident? Join the RAAO
If you are a resident (or will be soon) and you are interested in osteopathic manipulation, consider rejoining the American Academy of Osteopathy as a member of the Resident American Academy of Osteopathy (RAAO, formerly the Postgraduate American Academy of Osteopathy)! The membership in the Academy you enjoyed as a member of the Student American Academy of Osteopathy does not automatically roll over into RAAO membership, but you still have an osteopathic home. RAAO membership is open to interns, residents and postdoctoral fellows in all specialties, not just those training in neuromusculoskeletal medicine. We would love to have you!

In Memoriam: Spencer Schaeffer, DO

Spencer Schaeffer, DO, of Natick, Massachusetts, died July 9, 2019. He was a few weeks shy of his eightieth birthday.

Dr. Schaeffer graduated from the Kirksville College of Osteopathic Medicine in 1969, and he practiced general medicine for about 10 years before switching to manipulative medicine. According to longtime friend and colleague Kenneth J. Lossing, DO, “A patient came into his office one day with headaches, and asked him if he treated the head. When he said no, the patient asked why not? Why not indeed? Within a month he was signed up for a cranial class, and was able to successfully treat his patient’s headaches.” Consistently seeking better ways to serve his patients, Dr. Schaeffer relished the puzzle of diagnosing and the joy of treating and helping people.

Dr. Schaeffer was known for his motto of Drink the good wine first. Dr. Lossing told AAO Member News, “I will miss his smile, full body laugh and love of life.”

Members in the News

Stacey L. Pierce-Talsma, DO, MS-EDL, FNAOME, represented the Educational Council on Osteopathic Principles (ECOP) at the second meeting of the American Association of Colleges of Osteopathic Medicine’s Task Force on Ethics and Professionalism, which was held June 21-22, 2018, at AACOM’s headquarters in Bethesda, Maryland. Attendees gathered to hear member presentations of current research and studies pertaining to academic professionalism, ethics, and campus culture in medical education.

Barbara E. Walker, DO, and Boyd R. Busser, DO, FACOFP, addressed the Campbell University College of Osteopathic Medicine (CUSOM) 2018 graduating class during commencement. Dr. Walker advised the new physicians to “listen with your hearts and treat your patients with love,” and Dr. Buser encouraged them to value their relationships with their patients.

During the 2018 commencement ceremonies for the New York Institute of Technology College of Osteopathic Medicine, Wolfgang Gerhard Gilliar, DO, exhorted attendees to “put ethics, commitment, work dedication, and compassion before ego and try to weave sufficiently long periods of fun into your new fabric as a physician. Start now and remember: a good sense of humor means finding something to laugh at when others see only problems…Remember that you are valuable…your career is just beginning! Use your knowledge to become a catalyst for others.”

Andrew Brian Moore, OMS V, and the other undergraduate fellows at the Kansas City University College of Osteopathic Medicine (KCU-COM) put into action the university’s mission of improving the well-being of the communities they serve by raising money to provide gift cards and groceries to those they encountered during their rotations at local Veterans Affairs hospitals.

Danielle L. Cooley, DO, received a research grant from the American Association of Colleges of Osteopathic Medicine. One of only seven recipients, Dr. Cooley will examine “Improving Accurate Prescription Writing Among Medical Students.”

(continued on Page 12)
2018-19 Golden Ram Campaign Underway

We are thankful that when the 2017-18 Golden Ram campaign closed, it had substantially exceeded its $20,000 goal. The 2018-19 campaign launched July 1, and we’re well on our way to exceeding this year’s $20,000 goal as well. Twenty donors had contributed a total of $5,204.02 as of July 30.

The Golden Ram Society was designed to support the general operation of the Academy from the beginning, which was established in 1987. The Academy needs to be here to represent osteopathic medicine here and around the world. We are a part of the American Osteopathic Association, and we collaborate with them and many other groups – state societies, specialty groups, examination bodies among others – to provide our expertise. We are intentional about keeping our dues affordable for all. The Golden Ram gives us an opportunity to expand our influence in the world to highlight the things that we have done and the leadership positions on behalf of the osteopathic profession.

Donations to the 2018-19 Golden Ram campaign can be made online by logging on to www.academyofostepathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

A.T. Still Club—$1,000 to $2,499
Paul R. Rennie, DO, FAAO
Akiyoshi Shimomura, DO (Hon.) (Japan)

T.L. Northup Club—$500 to $999
Karen T. Snider, DO, FAAO, FNAOME, and Eric Snider, DO
Sheldon C. Yao, DO

Louisa Burns Club—$250 to $499
Charles A. Beck, DO, FAAO
Michael A. Chipman, DO
Stephen M. Ellestad, DO
Donald V. Hankinson, DO
Wesley C. Lockhart, DO
Richard G. Schuster, DO

Vicki Dyson Club—$100 to $249
Millicent Channell, DO, FAAO
Sherri L. Quarles
Michael P. Rowane, DO, MS, FAAFP, FAAO

Supporter—$99 or less
Paula Archer, OMS IV
Debbie Cole
Kendi L. Hensel, DO, PhD, FAAO
Jennifer L. Highland, DO
Gail E. Lamb, DO
Boyd R. Buser, DO, FACOFP, and Jamie Joseph Beckman, OMS III, were featured speakers for “The Single GME Accreditation System & 2019 Residency Match Webinar,” which was hosted by the American Association of Colleges of Osteopathic Medicine on July 10.

Campbell University School of Osteopathic Medicine (CUSOM) and Campbell Law School will offer a dual degree program beginning in fall 2019. “In many respects, law and medicine are synergistic disciplines, so it is an advantage for Campbell University to offer a six-year program leading to graduates earning both a Juris Doctor degree and a Doctor of Osteopathic Medicine degree,” says John M. Kauffman Jr., DO, the dean of CUSOM.

The American Osteopathic Board of Radiology no longer requires diplomates to take the 10-year osteopathic continuous certification examination to maintain board certification. In addition, they have decreased the number of specialty-specific credits required to maintain certification. The American Osteopathic Association’s vice president for certifying boards, Daniel G. Williams, DO, FAAO, told The DO, “Radiology is one of the first to address its diplomates’ concerns with OCC. Its physician leadership concluded that a high-stakes test every decade was a significant pain point that didn’t demonstrably improve patient care.”

Boyd R. Buser, DO, FACOFP, retired as vice president for health affairs and dean of the University of Pikeville Kentucky College of Osteopathic Medicine (UP-KYCOM) in June. Under Dr. Buser’s leadership, UP-KYCOM opened the Coal Building, an educational facility that was able to hold more students in class; and 1,300 osteopathic physicians have graduated while staying ranked nationally in rural and family medicine. “This is the best job I’ve ever had – working in a leadership position at an institution making such a difference in an area of great need. It is tremendously personally and professionally fulfilling to come to work every day knowing you had a hand in that,” Dr. Buser told The DO.

Shawn Michael Hamm, DO, a recent graduate of the Alabama College of Osteopathic Medicine sat down for a video interview with AACOM’s advocacy and public affairs manager to discuss his path through medical school while advocating ED to MED, making advocacy a habit by joining a movement and finding areas of focus.

In the July 2018 issue of The Journal of the American Osteopathic Association, Aili Elizabeth Swan, OMS III, is a co-author of “Medical Students’ Knowledge, Attitudes, and Behaviors With Regard to Skin Cancer and Sun-Protective Behaviors,” in which the authors assessed first-year osteopathic medical students’ knowledge about skin cancer and UV radiation, attitudes toward tanning, and sun-protective behaviors to establish baseline values.

In “Lymphatic Pump Treatment Mobilizes Bioactive Lymph That Suppresses Macrophage Activity In Vitro,” which was published in the July 2018 issue of The Journal of the American Osteopathic Association, Lisa M. Hodge, PhD, and her colleagues concluded that the redistribution of protective lymph during lymphatic pump treatment (LPT) may provide scientific rationale for the clinical use of LPT to reduce inflammation and manage edema.

Send your news announcements to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.

Stay Connected—
Follow AAO online!
Course Description
Direct method high-velocity, low-amplitude (HVLA) techniques can be extremely effective, efficient, long-lasting and gentle manipulative procedures. The HVLA techniques presented in this course will address representative dysfunction in all areas of the body from foot to occiput; will embrace care delivered in a wide range of body positions (supine, prone, seated and lateral recumbent); and will address many common clinical conditions associated with pain and dysfunction.

Techniques will be taught in the context of implementing postural-biomechanical or respiratory-circulatory clinical healthcare model goals in order to quickly impact common clinical conditions including headache, back pain, chest pain, and limb dysfunction. This method is designed to provide a logical context for later office use and for understanding indications and contraindications.

Course Faculty
Michael L. Kuchera, DO, FAAO, FNAOME, and Richard G. Schuster, DO

Course Times
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m.

Continuing Medical Education
24 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided each day. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees

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☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

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Credit card No.: __________________________________________

Cardholder’s name: ________________________________________

Expiration date: ___________ 3-digit CVV No.: ____________

Billing address (if different): ______________________________

City: ___________________ State: _______ ZIP: ____________

Phone: ________________ Fax: __________________________

Email: __________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

View the AAO's cancellation and refund policy.

View the AAO’s photo and video release statement.

Register online at www.academyofosteopathy.org or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Pallable somatic “points” provide the osteopathic clinician with key insights directing differential diagnoses and focused approaches to patient systemic complaints. Interestingly, from those using Chapman’s reflexes or Jones’ counterstrain points to those who integrate acupuncture concepts or Travell’s myofascial trigger points, insightful clinicians have noted a significant overlap and a great deal of similarity in clinical presentations.

Working from Chapman’s approach, this course will compare and contrast a number of clinically relevant points, focus on practical diagnostic and therapeutic clues and organize the information in a practical manner for patient care. Emphasis will be placed on developing and expanding skills and strategies to speed diagnosis and recovery.

Residents, residency trainers and directors of medical education will be accorded special tips for maximizing the integrative focus of this course.

Course Faculty
Led by course director Michael L. Kuchera, DO, FAAO, FNAOME, the faculty will include William H. Devine, DO, and Richard A. Feely, DO, FAAO, FCA. Additional faculty may be added as attendance requires.

Course Times
Friday, 8 a.m. to 6 p.m.; Saturday, 8 a.m. to 5:15 p.m.; Sunday, 8 to 11:45 a.m.

Continuing Medical Education
20 credits of NMM-specific AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday.

Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine Agave Hall, OMT Lab 101, 19555 N. 59th Ave., Glendale, AZ 85308

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees
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Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org, by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46258-1136; or by fax at (317) 879-0563.
Course Description
This course is an introductory course in visceral techniques to the thorax and thoracic viscera. Attendees will explore traditional osteopathic concepts of ventral technique as they apply to the thoracic viscera, ribs and anterior neck. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between diaphragm, ribs, sternum, thoracic spine and cervical spine, to the base of the skull, particularly as they relate to fascial continuity. Included will be discussion of the autonomic nervous system, vascular flow and lymphatic drainage.

Attendees will come away with improved confidence in physical examination, direct and indirect approaches to the ribs and thoracic viscera, and lymphatic techniques. Integration of visceral (ventral) techniques with spinal (dorsal) and cranial techniques will be emphasized at the conclusion.

This is an intermediate level course.

Prerequisites
It is strongly encouraged, though not required, that participants have taken a course in abdominal visceral approaches.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:30 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
Rowan University School of Osteopathic Medicine
42 East Laurel Rd., Stratford, NJ 08084

Course Director
Richard G. Schuster, DO, is in private practice in Indianapolis, and he teaches courses in osteopathic manipulative treatment around the country.

After completing an undergraduate fellowship in osteopathic principles and practice, Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994. He completed a residency in family medicine at the Firelands Regional Medical Center in Sandusky, Ohio, and he completed a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO’s 2015 Convocation in Louisville, Kentucky, Dr. Schuster serves on the AAO’s Board of Trustees, and he is the vice chair of the AAO’s Education Committee.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Registration Fees

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Credit card No.:

Expiration date: _______ 3-digit CVV No.: _______

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
Sometimes referred to as Module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM). FDM is an excellent modality to be used in the clinic, on the field, and in the emergency room for fast and effective results.

While there are some specific FDM techniques, emphasis will be placed on thinking and working in the model while using all manipulative modalities.

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM expands the toolbox you use to help more patients. This modality is valuable for any practitioner and no previous manipulation experience is required.

All medical providers are invited to attend, including DOs, MDs, PTs, OTs, PAs, NPs, DPMs, etc.

Course Times
Friday from 5 to 9 p.m.
Saturday and Sunday from 8 a.m. to 5 p.m.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee and tea will be provided. Lunch will be provided Saturday and Sunday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

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Registration Form
Fascial Distortion Model: Treating the Shoulder, Ankle and Knee
Nov. 30-Dec. 2, 2018

Name: ___________________________ AOA No.: _____________
Nickname for badge: ___________________________
Street address: ______________________________________________

City: ___________________________ State: _____ ZIP: ___________
Phone: ______________ Fax: ___________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _______________________

I am a practicing health care professional.
I am a resident or intern.
I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ___________________________
Cardholder’s name: ___________________________
Expiration date: __________ 3-digit CVV No.: ___________
Billing address (if different): ___________________________

View the AAO’s cancellation and refund policy.

View the AAO’s photo and video release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
The arterial system is regulated by the autonomic nervous system. The arteries can show a lack of distensibility/mobility when there is a retained tension in the vessel walls. In this class, participants will evaluate the mobility of the abdominal organs, then palpate and evaluate the arteries that supply those organs. When the organ is moved in such a way that the arterial pulsation to the organ is improved, it is held for 20 seconds, resulting in improved visceral function.

Participants will palpate, evaluate and treat the following structures: abdominal aorta, spleen and splenic artery, stomach, left and right gastric arteries, gastro mental artery, liver, gall bladder and common and proper hepatic arteries, pancreas, duodenum and pancreaduodenal artery, small intestine, superior mesenteric artery, large intestine, colic arteries, kidneys, renal arteries, inferior mesenteric, aortic bifurcations, common iliac arteries, internal iliac arteries, external iliac arteries, uterine artery, and internal pudendal artery.

This is an intermediate level course.

**Course Times**
Friday and Saturday, 8 a.m. to 5:30 p.m.
Sunday, 8 a.m. to 4 p.m.

**Continuing Medical Education**
22 credits of NMM-specific AOA Category 1-A CME anticipated.

**Meal Information**
Morning coffee and tea will be provided. Lunch will be provided each day. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

**Course Location**
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
500 Camp Bowie Blvd., MET–470 Lab
Fort Worth, TX 76107

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

**Registration Form**

**Name:** ____________________________  **AOA No.:** ______________

**Nickname for badge:** ____________________________

**Street address:** _______________________________________________________

City: ____________________________  State: ______  ZIP: _______________________

**Phone:** ____________________________  **Fax:** ____________________________

**Email:** ____________________________

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**Signature:** ____________________________

**Registration Fees**

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Pre-Convocation Courses

March 10-12, 2019 • Rosen Shingle Creek • Orlando, Florida

Brain Therapy for Neonatal Reflexes & Lifelong Reflexes in Adults and Children
Bruno J. Chikly, MD, DO (France), course director

Many children and adults have neurological disorders, learning disabilities or cognitive challenges. Tests show these individuals have often retained reflexes or may have reoccurring neonatal / primary reflexes. These reflexes should have been inhibited earlier in life. Neonatal reflex inhibition allows for more sophisticated neurological structures to develop and remain prevalent.

Adults can see the reoccurrence of these neonatal / developmental reflexes in many pathologies, including trauma, PTSD, Parkinson’s, stroke, dementia, etc. In children, these primary reflexes can be found in learning disabilities, processing disorders / sensory integration dysfunctions, ADD/ADHD, etc.

In this class, you will use specific and efficient manual therapy techniques to inhibit these primary / infant reflexes. Some inhibitory movement patterns will also be presented.

Registrants must have completed Dr. Chikly’s “Brain 1” course or two cranial courses.

Fascial Distortion Model—Beyond the Basics:
Osteopathy and FDM moving forward together!
Todd A. Capistrant, DO, MHA, course director

The Fascial Distortion Model is a model of thinking that allows clinicians to utilize patients’ gestures and verbal descriptions to focus soft tissue treatment for fast and effective relief of pain. By incorporating the FDM with traditional OMM techniques, powerful results can be achieved. By applying the FDM philosophy to your practice, you can decrease treatment time and improve outcomes.

No previous experience with the FDM will be required. For those familiar with the FDM, this is an opportunity to gain a deeper understanding. This will be an excellent introduction to the model and a good starting point on the journey of incorporating FDM into your practice. The second part of the course will be focused on incorporating the FDM with concepts such as visceral manipulation, cranial manipulation, dry needling, and frequency specific microcurrent therapy. The use of FDM in the pediatric population and FDM treatment of fractures also will be discussed.

Visceral Lymphatics
Kenneth J. Lossing, DO, course director

In this course, attendees will explore the anatomy and function of the lymphatic system, in relationship to the visceral movement. When the lymphatics of the viscera are obstructed, the lymphatic and interstitial fluids back up, increasing the tension in the visceral attachments. This is associated with a decreased mobility of the organs, a visceral dysfunction. Of the nearly 450 lymph nodes in the body, about two-thirds are associated with the viscera.

Osteopathic approaches to the lymphatics began with Dr. Still. Those approaches were passed on to his students such as William Garner Sutherland, John Martin Hiss, Elmer Barber, Frank Chapman and Frank P. Millard. Some of these students expanded on what they had learned from Still. Only in the last 40 years has modern science discovered that the lymphatic system actually contracts and propels the lymphatic fluids, through what is called lymphangions, or “lymph hearts.” This contraction and movement is palpable and useful in diagnosing and treating a large range of osteopathic and medical issues.

Visit www.academyofosteopathy.org/CME for a complete list of the AAO’s upcoming courses.
SAVE THE DATE!

2019 Convocation
March 13-17 • Rosen Shingle Creek Resort
Orlando, Florida

American Academy of Osteopathy®

Leading, Expanding and Cutting:
The Edges of Osteopathic Medicine

Rebecca E. Giusti, DO, program chair
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Sept. 8, 2018
Osteopathy’s Promise to Children
**OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary and Immune Systems**
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 14-15, 2018
Osteopathy’s Promise to Children
**Integrated Osteopathic Dental Team—Part 1: Expanding the Integrative Team Approach to Sleep Disturbances**
Course director: Julie Mai, DO, and Darick Nordstrom, DDS
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 14-16, 2018
Michigan State University College of Osteopathic Medicine
**Integrated Neuromuscular and Myofascial Release**
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
19 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Sept. 14-16, 2018
Indiana Academy of Osteopathy
**A Sutural Approach to Osteopathy in the Cranial Field**
Course director: Charles A. Beck, DO, FAAO
Indianapolis
24 credits of AOA Category 1-A CME anticipated
Learn more and register at www.indianaacademyofosteopathy.com.

Oct. 5, 2018
Osteopathy’s Promise to Children
**OMT for Systemic Disorders and Physiological Functions: Gastrointestinal and Nervous Systems**
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Oct. 8-12, 2018
Edward Via College of Osteopathic Medicine—Virginia Campus
**Connective Tissue Connectivity: Ligamentous Articular Strain/ Cranial Membranous Articular Strain**
Course director: Albert J. Kozar, DO, FAOASM, R-MSK
Course faculty: Anthony G. Chila, DO, FAAODist, FCA
Blacksburg, Virginia
40 credits of AOA Category 1-A CME anticipated
This course is reserved for and targeted to OMNM residents.
Learn more and register at www.vcom.edu.

Oct. 19-23, 2018
Michigan State University College of Osteopathic Medicine
**Craniosacral Techniques: Part II**
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Oct. 26-28, 2018
The Colorado Society of Osteopathic Medicine and the Rocky Mountain Academy of Osteopathy
**Osteopathy Head to Toe**
Course director: R. Paul Lee, DO, FAAO, FCA
Rocky Vista University
Parker, Colorado
21 credits of AOA Category 1-A CME anticipated
Learn more at rockymountain.wixsite.com.

Oct. 26-29, 2018
Michigan State University College of Osteopathic Medicine
**Exercise Prescription as a Complement to Manual Medicine**
Course director: Mark Bookhout, PT
East Lansing, Michigan
26 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Nov. 1-4, 2018
Osteopathy’s Promise to Children
**Advanced Explorations in Pediatric Osteopathy: Innovative Healing Approaches to Support Rapid Change in the Child**
Course director: Shawn K. Centers, DO, MH, FACOP
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.