Catherine M. Kimball, DO, Installed as 2018-19 AAO President

On Saturday, March 24, Catherine M. Kimball, DO, became the AAO's 2018-19 president after serving one year as the AAO’s president-elect. Dr. Kimball was installed by 2017-18 AAO President Michael P. Rowane, DO, MS, FAAFP, FAAO, during the annual president’s banquet at Convocation.

Dr. Kimball has been in private practice in Waterville, Maine, for more than 30 years. In addition to her family medicine practice, she provides osteopathic manipulative medicine consultation for a wide range of problems including headache, newborn feeding difficulties, ear infections and back pain. As a leader in osteopathic medicine, Dr. Kimball is especially passionate about encouraging osteopathic and allopathic physicians (DOs and MDs) to incorporate hands-on diagnosis and treatment in their practices.

Dr. Kimball has served as chief of staff for Inland Hospital since 2012. She previously served as chief of staff from 1993 to 1999 and from 2001 to 2007. She also has served on Inland Hospital’s Board of Trustees for many years, and she has served on various committees, including the Joint Conference Committee (1994-present), the Inland Foundation Board (2001-04), the Osteopathic Manipulative Concepts Committee (1987-97) and the Personnel Committee (1990-97). In addition, Dr. Kimball was actively engaged in Eastern Maine Healthcare Systems’ Leadership Reinvented initiative, which focuses on streamlining processes to increase care and efficiency.

In 1985, Dr. Kimball graduated from the Kirksville College of Osteopathic Medicine in Missouri (now part of A.T. Still University), and she completed a general internship and residency at Waterville Osteopathic Hospital (now Inland Hospital). She is board certified in osteopathic manipulative medicine and in family practice.

Dr. Kimball has been active in the osteopathic profession both locally and nationally. She is a member of the American Osteopathic Association, the Osteopathic Cranial Academy, and the Maine Osteopathic Association in addition to the AAO. She has

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Kendi L. Hensel, DO, PhD, FAAO, Selected as 2018-19 AAO President-Elect

Kendi L. Hensel, DO, PhD, FAAO, was selected as the AAO’s 2018-19 president-elect at the AAO’s annual business meeting on Thursday, March 22, in Dallas. After spending a year as president-elect, Dr. Hensel will become the 2019-20 president of the AAO.

Dr. Hensel is an associate professor in the Department of Osteopathic Manipulative Medicine at the University of North Texas Health Science Center’s Texas College of Osteopathic Medicine. She recently completed a National Institutes of Health-funded study on OMM in pregnancy.

In 1998, Dr. Hensel graduated from the Oklahoma State University College of Osteopathic Medicine in Tulsa. She completed a combined residency in family practice and NMM/OMM at the University of New England College of Osteopathic Medicine in Biddeford, Maine, and she is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine and the American Osteopathic Board of Family Physicians.

In 2009, Dr. Hensel received her PhD in OMM Clinical Research and Education from the University of North Texas Health Science Center, and in 2018, she became a Fellow of the American Academy of Osteopathy (FAAO).

Dr. Hensel has served on the AAO’s Board of Trustees and the American Osteopathic Association’s Bureau of Osteopathic Clinical Education and Research, and she is an associate editor for The Journal of the Ameri-

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American Academy of Osteopathy

Catherine M. Kimball, DO, president
Kendi L. Hensel, DO, PhD, FAAO, president-elect
Sherri L. Quarles, executive director

All members of the American Academy of Osteopathy receive AAO Member News eight times a year. Members can access past issues online at www.academyofosteopathy.org.

Members are invited to send their news to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.

Advertising rates for AAO Member News are listed below. AAO members and AAO component societies are entitled to a 20% discount on advertising. Call the AAO at (317) 879-1881, ext. 211, for more information. Although all advertising is expected to conform to ethical medical standards, acceptance does not imply endorsement by the American Academy of Osteopathy.

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**Editor’s note:** Names that appear in **bold** type in AAO Member News indicate members of the Academy.

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**Academy Members Select Leaders for Coming Year**

At the AAO annual business meeting on Thursday, March 22, in Dallas, Academy members cast their votes for members of the AAO’s Board of Trustees, Board of Governors and Nominating Committee in addition to selecting the 2018-19 president-elect.

The following members were elected to serve the AAO:

**President-elect**
Kendi L. Hensel, DO, PhD, FAAO

**Trustees**
Millicent King Channell, DO, FAAO
Stefan Hagopian, DO, FAAO*
Richard G. Schuster, DO*
Karen T. Snider, DO, FAAO

**Governors**
J’Aimee Anne Lippert, DO
R. Todd Dombroski, DO
Rebecca E. Giusti, DO
Laura E. Griffin, DO, FAAO
Boyd R. Buser, DO, FACOFP*
Mark S. Cantieri, DO, FAAO*
Walter C. Ehrenfeuchter, DO, FAAO*
John C. Glover, DO, FAAO*
Sharon Gustowski, DO, MPH*
David C. Mason, DO, MBA, FACOFP*
Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME*
Richard L. Van Buskirk, DO, FAAO*

**Nominating Committee**
Boyd R. Buser, DO, FACOFP*
Jane E. Carreiro, DO
Dennis J. Dowling, DO, MA, FAAO*
Laura E. Griffin, DO, FAAO*
Michael P. Rowane, DO, MS, FAAFP, FAAO (ex-officio)*

*Asterisk indicates incumbents who were re-elected.

**Residents and Students Select Executive Councils**

At their annual business meeting on Friday, March 23, the resident members of the American Academy of Osteopathy re-elected all the representatives from the 2017-18 Executive Council. Congratulations to Marta Elisabeth Bringhurst, DO, chair; Lauren A. Davis, DO, vice chair; Leah D. Frank, DO, secretary; Lucan Watt Chatterly, DO, treasurer; and Saundra Y. Holseth, DO, national coordinator.

Members of the Student American Academy of Osteopathy elected their Executive Council representatives on Thursday, March 22. Congratulations to Paula M. Archer, OMS III, chair; Anna M. Mercer, OMS III, vice chair; Danielle D. Dukes, OMS II, secretary-treasurer; Phuong Nguyen, OMS II, national coordinator; and Thomas H. Lindsey, OMS III, NUFA liaison. In addition, the SAAO established a position for the immediate past chair, so Amber M. Brown, OMS IV, who served as the 2017-18 chair, will continue on the Executive Council for an additional year.

As chairs of their respective councils, Dr. Bringhurst and Student Doctor Archer will serve on the AAO’s Board of Trustees as the resident trustee and student trustee, respectively.
served on the AAO’s Board of Governors and Board of Trustees, and she previously served on the American Osteopathic Board of Neuromusculoskeletal Medicine.

In her inauguration address, Dr. Kimball discussed several things that have made all the difference in her life, using Robert Frost’s most famous poem as a springboard.

Making a Difference

The Road Not Taken
Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.

—Robert Frost

It was March of my senior year of college. I had applied to six medical schools: three osteopathic and three allopathic in my home state of Massachusetts. I had two acceptances, KCOM and UNECOM, as they were known then, and one interview at Tufts. My father, a DO and the best doctor I knew, wrote me a very important letter. He waxed philosophical about his experience as an osteopathic general practitioner. Thirty-eight years ago, he wrote:

…a generation seems to me to be a traditional perspective (on change in society) and it certainly fits our respective careers – 28 years has seen considerable evolution in medicine. Osteopathic vs allopathic medicine has changed too— I thought there would have been a total merger by now. I think 1962 marked a change in that situation when California did merge, and thereby caused a rethinking of the osteopathic position, and probably a reinforcement of the profession’s sense of distinction. Since that time there has been a gradual closing of the gap between the professions but in a more parallel fashion. Not only has allopathic medicine more and more accepted our training on an equal basis but there has been a slight softening of the AOA position, allowing AMA residencies, etc. I would expect these changes will continue and that there will be further evolution to merge the professions in essence but with some retention of the distinctiveness of the two schools.

When I was standing in your shoes, Cathie, I had a sense that there was a mission for me to help preserve a kind of treatment philosophy that was no longer appealing to the younger generation. That is today no longer true—there is no longer the very separate channel that each profession sets up for its professionals and there are more schools, and more young people interested in the philosophy which distinguishes osteopathy. In other words there is both a chance to be a complete physician in each profession as well as no longer a philosophy threatened. In fact I think some of the need for separateness (in that “preservation” of untainted “osteopathic principles”) is no longer valid because many in the allopathic profession now have become interested in the whole man, in family practice as opposed to an autocratic or highly honed skill about some facet of illness….”

It sounds so familiar! It was thoughtful, forward thinking, and one of the longest letters I ever recall getting from him. He concluded, “I am proud of you, and will respect your decisions—but please don’t let
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2018

April 20-22  Muscle Energy for the Total Body—Walter C. Ehrenfeuchter, DO, FAAO, course director—The Pyramids, Indianapolis

May 28  Memorial Day—AAO office closed

June 20  Committee on Fellowship in the AAO’s teleconference—8 p.m., Eastern

July 4  Independence Day—AAO office closed

July 14-15  AAO Board of Trustees’ meeting—The Pyramids in Indianapolis

Aug. 3-4  AAO Education Committee’s meeting—The Pyramids in Indianapolis

Aug. 22  Committee on Fellowship in the AAO’s teleconference—8 p.m., Eastern

Sept. 3  Labor Day—AAO office closed

Oct. 3  AAO Board of Trustees’ meeting—San Diego

Oct. 4  AAO Leadership Forum—San Diego

Oct. 5-9  AAO at OMED—San Diego

Oct. 20  Committee on Fellowship in the AAO’s meeting and interviews—8 p.m., Eastern

Georgia Campus – Philadelphia College of Osteopathic Medicine, in the greater Atlanta area, is seeking qualified individuals for a full time faculty position in the Department of Osteopathic Manipulative Medicine (OMM).

Osteopathic Manipulative Medicine Faculty

Responsibilities include but not limited to the following:

- Evaluates, develops and delivers course material to PCOM students in a particular clinical discipline.
- Contributes to the learning of medical students, graduate students, interns and residents through class teaching as well as in one-on-one out of class situations.
- Participates in professional and scientific meetings to further individual knowledge and to contribute to the development of other professionals.
- Serves in leadership and membership capacities on college and faculty committees.
- Actively pursues scientific research or other scholarly activity in one or more areas of scientific study.
- Prepares and delivers presentations to other professionals at PCOM and during local/regional/national professional and scientific meetings.
- Evaluates student progress in learning appropriate medical knowledge. Communicates these evaluations to the student and administrative/faculty members as appropriate.
- Maintains active licenses and board certification in specialty.
- Other duties as assigned

The successful applicant will have a D.O. degree board eligibility or board certification in Osteopathic Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine. The candidate needs to have or be eligible for a license to practice Osteopathic Medicine in the State of Georgia. Preference may be given to applications with an ABPTS certification or residency/fellowship experience.

The review of applications will begin immediately and continue until the position is filled. Salary for this position will be commensurate with experience and qualifications. To apply for the position please visit our employment opportunities website at www.pcom.edu/jobs or email resume to hr@pcom.edu. All inquiries must include: a letter of intent, a curriculum vitae, salary requirements, and three (3) references, preferably from current or former supervisors. Please reference position number: 001881.
loyalty to my profession cloud your vision. The most important thing is to become the best physician you can be.” The impression that was left with me, and has persisted to this day, was that he had confidence in me, and that he was certain I could be the kind of doctor I wanted to be. His absolution of obligation only made me want to be a DO more.

I then went to meet with the pre-med advisor at my school, anguishing about the possibility of having to choose between a DO school and Tufts. He was very clear in his directive to me: “Of course you will go to Tufts!” This was my first experience of prejudice against DOs! I remember vividly the walk back across the quad to my room from that meeting—and, I knew. I knew I was going to go to an osteopathic school.

And that has made all the difference.

At KCOM, I had a very rich osteopathic education. I had the good fortune of working with a whole series of amazing teachers in the OMM department: Michael L. Kuchera, DO, FAAO, who is here today; Paul E. Kimberly, DO, FAAO; Jerry L. Dickey, DO, FAAO; William A. Kuchera, DO, FAAO; Michael D. Lockwood, DO, FCA; Larry Bader, DO; and Edna M. Lay, DO, FAAODist, FCA. I became a fellow in the OMM Department, and I continued to build on that rich initial foundation. I had my first cranial course as a student, and my second near here in Fort Worth as a fellow. Even as a medical student, I was choosing a less traveled path.

And that has made all the difference.

It became clear as I trained that though I had a passion for hands-on treatment, for osteopathic manipulative treatment, I also had a passion for all of medicine. I was interested in most of my rotations which led me back to general practice. I came home to New England where I interviewed at a DO hospital in the small town of Waterville, Maine—in the heart of a fiercely osteopathic medical community across the street from an allopathic institution. The then Waterville Osteopathic Hospital had been founded by DOs who were frozen out of the local hospital. It has continued to persevere through ups and downs and remains staunchly osteopathic, now as Inland Hospital, a part of the Eastern Maine Healthcare System (EMHS). There, I had excellent training doing an internship and general practice residency, and there I also met Richard C. MacDonald, DO, a former president of the Academy. He was in the process of transitioning out of Maine and had an OMT-only practice. He had worked closely with Edward G. Stiles, DO, FAAODist, who helped establish a hospital OMT service and who did original research showing that OMT in the hospital shortened length of stay for patients, leading to reimbursement for doctors that do. After training, I took over Dr. MacDonald’s practice and combined it with patients from my clinic, and I started a practice as what Jane E. Carreiro, DO, calls “an old fashioned DO.”

My study of osteopathic principles and practice continued. As an early member of the ASSSG (A. Still-Sutherland Study Group) in New England, I had the privilege to study with Anne Wales, DO. Though the demands of full-time practice, leadership in the hospital, and motherhood eventually drew me to no longer attend, my practice was shaped by those years. This last June, it

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President's message
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was an honor and a privilege to reunite with many of those colleagues to help as a table trainer at The Osteopathic Cranial Academy’s annual meeting honoring Anne’s work.

And that has made all the difference.

My father has remained one of my most important mentors. He is my osteopathic legend. He practiced full-speed ahead until his final illness required him to give it up. His love for his work shapes my love of my work today. He incorporated OMT into his daily practice, had a passion for medicine in all its forms and for teaching, as do I. He stayed current, and on the cutting-edge of his profession, embracing board certification in family practice when it became available. I still do techniques today that he taught me. How lucky we all are here today to have had the opportunity to revisit our mentors from the past! It has been wonderful to hear again all these connections, and trace our heritage in our mentors. This kind of history is unique to our profession and enriches it.

And it has made all the difference.

I want to tell you about one patient to illustrate this intersection:

Joan is an 88-year-old long-term patient of mine. She has, over the years, become smaller in stature but never smaller in pride. She has multiple comorbidities, suffered from physical trauma when she was struck by a car, and we have been through a lot together. She presented to the ER last spring complaining of chest pain. She received excellent traditional care—EKG, lab work, imaging, a careful physical exam—and was relieved to be told “it is not your heart.” She returned home reassured... but not relieved of her pain. It persisted. It was a weekend, and she returned again to the ER as instructed, and again, a similar course of investigation was applied with a similar result. I saw her in an acute spot in follow-up after the weekend. She still had chest pain, and she pointed to a place in her anterior chest wall just below her left breast, where the ribs meet the cartilage. Of course, I put my hands on her. Quickly, I found that her seventh rib had a restriction in it, and I was able to reproduce her pain. Right there in the chair, I applied a sitting rib technique that is gentle and effective—and her pain was resolved on the spot. She said, “I knew you were the one I needed to see!”

And that has made all the difference.

The American Academy of Osteopathy has now been a home for many years. I attended my first Convocation at the Broadmoor as a student/fellow, and once I was established, I started attending regularly a few years later. I, like many here today, find my time at Convocation to be a true rejuvenation—an opportunity to reconnect with like-minded colleagues and friends, to learn some new techniques and approaches, and to return home re-inspired and firmer in my commitment to osteopathic medicine. I was appointed to a committee, and eventually, I was elected to the Board of Governors, then the Board of Trustees.

I am here before you quite humbled to have the opportunity to serve you as your president, all from those early decisions to take a road less traveled: to go to Kirksville, to become a fellow, to work at a small but vibrant bastion of “old-fashioned” osteopathic medicine, and to serve you all in various capacities.

The practice of osteopathic medicine is changing. We find ourselves at another crossroads: We have an opportunity to become an important player in how osteopathic medicine evolves in this country—perhaps even in the world. I am passionate about that opportunity, and I plan to work tirelessly to continue down that road less traveled, to support and encourage all of you who work to teach, to treat, to research, and to continue to offer the highest quality of medicine that is available: osteopathic medicine.

We are at that moment, where how we choose will matter. I urge you all to remain active and open to the many new possibilities coming our way in the coming year. It will require us to be nimble, to work hard to continue to foster the environment that promotes what we all hold near and dear to our hearts.

Our vision is this: We envision a world where all patients are aware of and have access to osteopathic medical care and osteopathic manipulative medicine for optimal health.

Our mission is to teach, advocate and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles and practice and manipulative treatment in patient care.

This vision and mission is a tall order! Everyone in this room has a story like mine, where our osteopathic training has made all the difference. I urge you to keep your hearts and minds open to a call to participate in our mission. We have spent a lot of time this week reflecting on how we embrace these mandates. We have a planning playbook to try to guide implementation; the board cannot do it alone. We need you to help us—by mentoring students, residents and young physicians, by continuing to educate your patients and by participating with us. I urge you to reach out to me if you want to be more active in the Academy. We will continue to work to become ever more your Academy. I am honored and excited to be a part of our future.

Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.
G. Bradley Klock, DO, FAAO, Awarded A.T. Still Medallion of Honor

G. Bradley Klock, DO, FAAO, of Gold Canyon, Arizona, received the AAO’s highest honor on March 24 during the Convocation in Dallas. Named the Andrew Taylor Still Medallion of Honor, the award is given to AAO members who have exhibited an exceptional understanding and application of osteopathic principles and concepts and for outstanding accomplishments in scientific or professional affairs. The award is named after Andrew Taylor Still, MD, DO, the founder of osteopathic medicine.

Dr. Klock received his Bachelor of Science degree from the University of Arizona in 1977, and in 1981, he earned his Doctor of Osteopathic Medicine degree from what is now the Des Moines University College of Osteopathic Medicine (DMU-COM), where he completed a predoctoral fellowship in the Osteopathic Manual Medicine (OMM) Department. He completed his rotating osteopathic internship at the Tucson General Osteopathic Hospital in Arizona. He was certified by the American Osteopathic Board of Special Proficiency in OMM in 1991, and in 2001, he became Fellow of the AAO (FAAO).

Dr. Klock returned to DMU-COM from 1982 to 1984 as an associate professor in the OMM Department. Then in 1984, he left the college to chair the OMM Department at the Phoenix General Hospital (PGH) in Arizona. At PGH he provided in- and outpatient care until 1990. PGH was a full-service teaching institution, allowing Dr. Klock to coordinate patient care among all specialties and subspecialties in medicine. His duties included teaching students, interns and residents in five programs. From 1990 to 2007, Dr. Klock maintained a private practice specializing in OMM for in- and outpatients before he returned to Des Moines University to chair the OMM Department until his retirement in 2016.

Dr. Klock has served the AAO and other organizations in leadership positions, including as member and chair of the AAO’s Investment Committee and of the Committee on Fellowship. He has lectured extensively at local, state, national and international venues, and his career is highlighted by serving the profession as a clinical mentor in hospital and ambulatory settings, scholarly activity with multiple publications and many more didactic presentations, in leadership with the Academy, and recognition by his peers as one of the most prolific clinical experts of counterstrain.

Edward G. Stiles, DO, FAAO, Commended by FAAOs

Edward G. Stiles, DO, FAAO, of Lexington, Kentucky, received the Distinguished Service Award from the Committee on Fellowship in AAO on March 23 at the Academy’s annual Convocation in Dallas. The FAAO Distinguished Service Award is presented to fellows who have distinguished themselves in contributions to osteopathic literature; development of osteopathic theories, methods or procedures; research; osteopathic education; service to the AAO; public relations; service to public health; or osteopathic medical economics and advocacy.

Dr. Stiles, a 1965 graduate of the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri, completed an internship at Waterville Hospital in Waterville, Maine. In 1968, Dr. Stiles was honored to assume the Cambridge, Massachusetts, practice of internationally recognized physician Perrin T. Wilson, DO, the first president of the Academy of Applied Osteopathy (now the American Academy of Osteopathy).

In 1973, Dr. Stiles established and served as the director of the first hospital-based osteopathic manipulative treatment service in the country at Waterville Osteopathic Hospital, which served as a model for the osteopathic profession. As the director of the Waterville Osteopathic Hospital, he was involved in developing the first five-level osteopathic manipulative treatment (OMT) coding system with Medicare which eventually was modified and utilized by the Current Procedural Terminology coding system. He also served as an adviser to the published Model Criteria for Screening: Professional (continued on Page 8)
Dr. Stiles awarded FAAODist
(continued from Page 7)

Standards Review Organization at what was the United States Department of Health, Education and Welfare, defending and supporting the osteopathic component of this model.

Dr. Stiles then established an OMT practice in Norman, Oklahoma, and he served as professor and chair of the Osteopathic Principles and Practice (OPP) Department at the Oklahoma State University College of Osteopathic Medicine. He also has served as a clinical professor of biomechanics at the Michigan State University College of Osteopathic Medicine, and he currently serves as director of musculoskeletal medicine at the Pikeville Medical Center and as professor in the OPP Department at the University of Pikeville–Kentucky College of Osteopathic Medicine (UP-KYCOM).

On Friday, March 23, Edward G. Stiles, DO, FAAO (center), received the FAAO Distinguished Service Award from the American Academy of Osteopathy’s Committee on Fellowship in the AAO (FAAO). Also pictured: David B. Fuller, DO, FAAO (left), the committee’s chair, and John C. Glover, MS, DO, FAAO, who presented the award (right).

Convocation Wrap-up:
History Worth Repeating

More than 1,200 registered attendees, guests and exhibitors descended on the Hilton Anatole in Dallas for the AAO’s 2018 Convocation. Chaired by David R. Boesler, DO, the program focused on the legendary teachers of the osteopathic profession. Attendees enjoyed learning about some of their mentors’ mentors. One attendee wrote, “I was sad for this to end... I heard many say how much they enjoyed the presentations this year! It was like a walk down history lane ... The whole Convos was about our mentors, those who paved the way, fought for osteopathic medicine ... and gave us all the basics we need to be excellent as DOs practicing OMT.”

Dr. Stiles, an honorary life member of the AAO, has received numerous honors from the AAO, including the Andrew Taylor Still Medallion of Honor. Named for the founder of osteopathic medicine, the A. T. Still Medallion of Honor recognizes AAO members who have exhibited an exceptional understanding and application of osteopathic principles and concepts and for outstanding accomplishments in scientific or professional affairs. Dr. Stiles also has been honored with the American Osteopathic Association’s House of Delegates A. T. Still Memorial Lecture Award and the AOA’s Great Pioneer of Osteopathic Medicine Award.

Sara “Sally” Sutton, DO, FAAO (right), demonstrated osteopathic manipulative treatment techniques during the Evening With the Stars on Wednesday, March 21, during the AAO’s 2018 Convocation in Dallas.

Convocation Wrap-up:
History Worth Repeating (continued on Page 9)

On Wednesday, March 21, more than 250 physicians and students attended Evening With the FAAOs, moderated by Dennis J. Dowling, DO, MA, FAAO. For this annual event, Dr. Dowling recruited 12 Fellows of the AAO to share a technique they developed or to demonstrate highly effective but little used techniques. In addition to Dr. Dowling, FAAOs who participated were: John D. Capobianco, DO, FAAO; Richard A. Feely, DO, FAAO; Harry D. Friedman, DO, FAAO; Stephen I. Goldman, DO, FAAO; Laura E. Griffin, DO, FAAO; Stefan Hagojian, DO, FAAO; R. Paul Lee, DO, FAAO; Doris B. Newman, DO, FAAO; Karen T. Snider, DO, FAAO; Edward G. Stiles, DO, FAAO; Sara E. Sutton, DO, FAAO; and Richard L. Van Buskirk, DO, PhD, FAAO. This year’s format was decidedly well received.
Convo review (continued from Page 8)

The mentorship program that is featured each year at Convocation had a record turnout this year. The program, which connects physician mentors with student protégés to create long-term advisory relationships, had two sessions attended by roughly 150 physicians and students. Attendees were provided a worksheet to help them get to know each other and some activity suggestions. If you were unable to connect with your mentor or protégé, contact Taylor Bridgeforth, the AAO’s communications and administration assistant, at TBridgeforth@academyofosteopathy.org to obtain their contact information.

Evening With the Stars (Wednesday) and Evening With the Stars and Stripes (Thursday) are two perennially favorite events at Convocation. These unstructured sessions allow participants to learn, refine, and share osteopathic diagnosis and treatment techniques among a wide variety of skill sets.

The SAAO's second annual Fun Run drew more than 120 registrants this year. Medals were awarded to physicians and students who placed first through third and to the participant with the “most stamina.”

The two yoga sessions, offered for the first time this year on Thursday and Friday mornings, were very well attended. Stacey L. Pierce-Talsma, DO, MS-EdL, FNAOME, helped attendees wake up with gentle standing yoga. Given the popularity of the sessions, the AAO definitely will offer yoga at the 2019 Convocation as well.

Among physicians, the breakout session titled “Techniques of Anne Wales,” led by Jane E. Carreiro, DO, proved to be the most popular. Survey responses for the session were overwhelmingly positive, and one respondent described the presentation as “effective and practical.” Among students, “Addressing Mental Health With OMM/

OMM PRACTICE FOR SALE
Southeast Michigan, northwest of Detroit. Full-time OMM and sports medicine practice sees 70-80 patients per week. Cash practice and Medicare provider specializing in all modalities of OMM, including cranial osteopathy. 4 exam rooms, approx. 1300 sq ft, new build-out in past 5 years. Practice is 30 years old, retiring for health reasons. Contact Stephen Goldman, DO, FAAO, FAOASM, at noviomm@mac.com, office 248-380-1900, cell 248-496-3301.

EXAM ROOMS FOR RENT
WEST 60s NYC
Dr. George Kessler, a DO in NYC, has 1 or 2 exam rooms available for rent in a very nice ground floor windowed office in the West 60s. Shared waiting area and room for your own receptionist or shared receptionist optional. Seeing my overflow is negotiable. If interested, contact doctork165@aol.com.

NMM+1 RESIDENCY IN BEAUTIFUL COLORADO
Our program places a significant emphasis on the integration of osteopathic manipulative medicine and the principles of primary care sports medicine. If interested, please send a current CV, letter of interest and three letters of recommendation (including one from your residency director) to Kenneth A. Ramey, DO, FACOFP, at kramey@rvu.edu. You can also find additional details at the AOA opportunities website.

MIDWESTERN UNIVERSITY MULTISPECIALTY CLINIC NMM OMM PLUS ONE RESIDENCY
Midwestern University Multispecialty Clinic NMM/OMM Plus One Residency Program is currently accepting applications for the 2018-19 academic year. We are located on the beautiful Midwestern University campus in Glendale, AZ. We have a faculty of six OMM board certified clinicians. Currently we offer the AOA Plus One program. This year we will be applying for ACGME accreditation. If you are interested, contact William H. Devine, DO, Program Director, DME ADIO by email at wdevin@midwestern.edu or by phone at 602-680 2818, or contact the program coordinator, Shari Domico by email at sdomico@midwestern.edu or by phone at 623-572-3957.

NMM PLUS 1 RESIDENCY PROGRAM IN SOUTHAMPTON, NY
NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org; Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126; or Education Department Secretary Karen Roberts at (631) 726-0409.

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR
Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for the 2017-18 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must have finished any type of AOA-approved residency by June 2018. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.

(continued on Page 10)
Thanks to Convocation Exhibitors

The AAO’s 2018 Convocation attracted 30 exhibitors representing a variety of fields from residency programs and board prep to footwear and sleep systems. Special thanks goes out to the Northwest Osteopathic Medical Foundation for sponsoring the SAAO’s Fun Run on Thursday morning.

AI CARE LLC
Alabama College of Osteopathic Medicine
American Academy of Pediatric Osteopathy
American Osteopathic Association
Assist Tables
Central Maine Medical Center Family Medicine Residency
COMBANK powered by TrueLearn
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DO-Touch.NET
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Flexible Footwear Company
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Handspring Publishing
LECOM Health
Maine Dartmouth Family Medicine Residency
Midwestern University
Museum of Osteopathic Medicine
Northwest Osteopathic Medical Foundation
Novel Inc.
The Osteopathic Cranial Academy
Patient First
Picture POM LLC
Relax FIR Master Inc.
Serola Biomechanics
Sutherland Cranial Teaching Foundation
UC Davis Health
University of North Texas Health Science Center
Wolters Kluwer

OMT™ with Millicent King Channell, DO, FAAO, was the most favored.

A first-time student attendee praised the SAAO program, saying, “This was my first time coming to convocation, and it was amazing. The whole event was beyond my expectations, and I learned a lot.”

If you have not done so yet, please complete the Convocation surveys no later than April

(continued on Page 11)
JAOA Features Work by Academy Members

The March 2018 issue of *The Journal of the American Osteopathic Association* highlighted research being done at the A.T. Still University-Kirksville College of Osteopathic Medicine in Missouri. In the lead editorial, “A Focus on Research at the First School of Osteopathic Medicine,” Brian F. Degenhardt, DO, and his coauthor describe the breadth of research currently conducted at ATSU-KCOM and the history that supports it. In an additional editorial, Michael A. Seffinger, DO, FAAFP, discusses the safety of osteopathic manipulative treatment (OMT) in research and in practice.

In addition, Janice U. Blumer, DO, FAAO, contributed an op-ed piece titled “Addressing the Opioid Crisis Through the Teachings of A.T. Still.” In it, Dr. Blumer outlines the similarities between today’s approaches and those of the late nineteenth century when Dr. Still established osteopathic medicine as an alternative to the drugs to which patients too easily became addicted.

In the first of four research articles authored or coauthored by AAO members, Dr. Degenhardt, William J. Brooks, DO, and two others conducted a study to estimate and characterize adverse effects of OMT. In the study, 884 patients completed surveys at the conclusion of 1,847 office visits to report any immediate effects. The largest adverse effect following OMT was pain/discomfort, but more extensive studies are required to confirm these findings.

In “Influence of Transverse Process Landmark Localization on Palpation Accuracy of Lumbar Spine Models,” Eric J. Snider, DO, Dr. Degenhardt and two others determined student palpation accuracy is better when transverse process landmark localization is provided on the lumbar spine models. Improving palpation accuracy requires developing educational methods to improve both accurate landmark localization and accurate digit asymmetry perception.

Karen T. Snider, DO, FAAO; Christopher Ryan Edwards, DO; and their coauthors undertook to document objective musculoskeletal changes that occur in response to OMT using ultrasound (US) and compare palpatory assessment of landmark asymmetry with US assessment in “Ultrasoundographic Evaluation of the Effect of Osteopathic Manipulative Treatment on Sacral Base Asymmetry.” However, musculoskeletal changes related to OMT could not be readily identified using US, and qualitative palpatory assessments did not correlate with US measurements.

Dr. Degenhardt also was a coauthor of “Tool for Predicting Medical Student Burnout From Sustained Stress Levels: Factor Analysis of the Medical Education Hassles Scale-R,” in which the authors examined the factor structure of the Medical Education Hassles Scale-R to identify subscales that would be useful to categorize hassles for research and assessment purposes.

Kelsea Joan Sandefur, OMS III, and her coauthor successfully increased self-awareness of medical students through the use of ultrasonography. In their study, students agreed the access to ultrasonography equipment could increase medical student health status and awareness.

In the OMT Minute, Katherine Yu, OMS IV, and Stacey L. Pierce-Talsma, DO, explain how OMT can benefit patients who have somatic dysfunctions of the sacrum.

ATSU-KCOM students and faculty continue to uphold the mission of continuing the long tradition of investigating medicine from an osteopathic, or holistic, point of view.

Convo review (continued from Page 10)

30: overall survey, survey for the physician program, survey for the student program.

Speaker Presentations

Our thanks to those speakers who provided their slide shows in a timely manner. The AAO staff has posted all presentations and handouts that have been received. Visit www.academyofosteoopathy.org/Convocation for a link to the download page.

If you have not submitted your slide show, please email the PDF to AAO Event Planner Gennie Watts (GWatts@academyofosteoopathy.org) at your earliest opportunity.

Audio Recordings

Audio recordings of the Convocation lectures are available from Conference Tape. Click here to download the order form.

CME Reporting

Following Convocation, our staff scans all the white tickets attendees dropped in the boxes outside each session. This is how we create the report of continuing medical education credits.

CME will be reported to the American Osteopathic Association within 60 days of the close of Convocation. Certificates of completion will be available at that time from Amber Rausch, the AAO’s postdoc-toral education liaison and CME coordinator. Email her at ARausch@academyofosteoopathy.org after May 25 if you need a certificate.

The AAO anticipates the 2018 Convocation will be approved for as many as 33.5 credits of AOA Category 1-A CME.

If you need a receipt for your registration, it can be printed from your profile at www.academyofosteoopathy.org. From your profile page, click on My Order History.

We thank you for your patience.
2017-18 Golden Ram Campaign Benefits From Members’ Generosity

In just 10 months, the Golden Ram Society has well exceeded its goal for the 2017-18 campaign year! The campaign launched on June 1, 2017, and, 72 donors have contributed a total of $28,589 as of April 6, 2018. These contributions exceed our $20,000 goal by 43%. Let’s not stop now. Please keep giving to make it a great year.

At $21,984, the 2016-17 campaign exceeded its $18,000 goal by 21 percent. We have already surpassed that mark.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2017-18 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

**President’s Club—$2,500 or more**
Jeffrey S. Grove, DO, FACOFPDist
Susan Mattison on behalf of the family of Roland G. Mattison, DO
Damon M. Whitfield, DO

**A.T. Still Club—$1,000 to $2,499**
Boyd R. Buser, DO, FACOFP
Stephen P. Cavannaugh, DO
Anthony G. Chila, DO, FAAODist, FCA
Akiyoshi Shimomura, DO (Hon.) (Japan)

**T.L. Northup Club—$500 to $999**
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and Kerry E. Agnello, DO
Keith Barbour, DO, and Sheri Barbour
David R. Boesler, DO
Dennis J. Dowling, DO, MA, FAAO
Hugh M. Ettlinger, DO, FAAO, FCA
William J. Garrity, DO, MPH
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Michael A. Chipman, DO
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J. Yusuf Erskine, DO
Jackson Friedman, DO
Sherman Gorbis, DO, FAAO, and Lori Gorbis
Gretta A. Gross, DO, MEd, FACOFP
Donald V. Hankinson, DO
Huy Hoang, DC, MD
Stephen L. Kisel, DO
Catherine M. Kimball, DO
Michael P. Rowane, DO, MS, FAAP, FAAO
Sandra S. Sleszynski, DO, FAAO
Jean A. Swift, DO
Ralph Schuerer, DOM (Germany)
Adrian Woolley, DO
Sheldon Yao, DO

**Vicki Dyson Club—$100 to $249**
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Stephen D. Blood, DO, FAAODist, FCA
Elizabeth C. Clark, DO
Paula L. Eschtruth, DO, FCA

**Supporter—$99 or less**
Juanita M. Brown, DO
Debbie Cole
Brian F. Degenhardt, DO
John H. Juhl, DO
Gail E. Lamb, DO
Melinda E. Nevins, DO
Merideth C. Norris, DO
Sharon Schofield, DO (UK)
E-book now available on Amazon.com!

As a student at the American School of Osteopathy, Carl Philip McConnell, DO, studied directly under Andrew Taylor Still, the founder of osteopathic medicine. This collection of his notes includes approaches he learned to manage various maladies.

From a historical perspective, McConnell’s “Notes on Osteopathic Therapeutics” are fascinating to see just how far we’ve come in understanding specific dysfunctions.

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UPCOMING CME OPPORTUNITIES

August 2018
High-Velocity, Low-Amplitude Technique
Michael L. Kuchera, DO, FAAO, FNAOME, course director
The Pyramids, Indianapolis
24 credits of AOA Category 1-A CME anticipated

September 2018
What’s the Point? Multifaceted Clinical Approaches to Viscerosomatic Reflexes
Michael L. Kuchera, DO, FAAO, FNAOME; William H. Devine, DO; and Richard A. Feely, DO, FAAO, FCA, FAAMA, course directors
Location to be determined
20 credits of AOA Category 1-A CME anticipated

Oct. 6-8, 2018
AAO at OMED 2018
Robert N. Agnello, DO, FACOFP, program chair
San Diego
CME to be determined

Nov. 9-11, 2018
Fascial Approach to the Thoracic Viscera: A Basic Course
Richard G. Schuster, DO, course director
Rowan University School of Osteopathic Medicine in Stratford, New Jersey
20 credits of AOA Category 1-A CME anticipated

December 2018
Introduction to the Fascial Distortion Model
Todd A. Capistrant, DO, MHA, course director
The Pyramids, Indianapolis
24 credits of AOA Category 1-A CME anticipated

December 2018
Visceral Manipulation
Kenneth J. Lossing, DO, course director
Location to be determined
22 credits of AOA Category 1-A CME anticipated

Learn more and register at www.academyofosteopathy.org/CME.
Muscle energy technique consists of at least six different subtypes of technique all connected by patient cooperation contracting and relaxing muscles when instructed to do so.

It is extremely gentle and versatile and can be used for acute, subacute and chronic musculoskeletal conditions. It can be used by physicians of all sizes, shapes, and strengths, utilizing balance and leverage to control the techniques.

Physicians attending this course will learn how to perform muscle energy technique and learn how to apply these techniques to the management of headache, neck pain, acute torticollis, shortness of breath, respiratory pain, low back pain, osteoarthritis of the spine, and a number of other conditions.

Continuing Medical Education
20 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Meal Information
Morning coffee, tea and juice will be provided each day. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
The Pyramids, Building One
3500 DePauw Blvd., Suite 1100 (10th floor)
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees
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<th>On or after April 6, 2018</th>
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<tr>
<td>Academy member in practice*</td>
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<tr>
<td>Resident or intern member</td>
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<tr>
<td>Student member</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
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* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Course Director
Walter C. Ehrenfeuchter, DO, FAAO, has chaired the Department of Osteopathic Manipulative Medicine (OMM) at the Georgia campus of the Philadelphia College of Osteopathic Medicine (PCOM-GA) since 2005.

As a 1979 graduate of the Philadelphia College of Osteopathic Medicine in Pennsylvania (PCOM), Dr. Ehrenfeuchter was the profession’s first resident in OMM. He taught for 17 years in the OMM department at PCOM, and then he operated a private practice for eight years before moving to Georgia.

In 1990, Dr. Ehrenfeuchter became a fellow of the AAO. He is certified by the American Osteopathic Board of Special Proficiency in OMM, and he has taught in North America, Europe and Asia.

In spite of all his years in academia, Dr. Ehrenfeuchter thinks of himself primarily as a clinician, actively involved in patient care, who just happens to teach.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Click here to view the AAO’s cancellation and refund policy.

Click here to view the AAO’s photo release statement.
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

April 27-29, 2018
The Osteopathic Cranial Academy
Teachings of Robert Fulford II Course
Course Directors: Paula Eschtruth, DO, FCA, and Sarah Saxton, DO
Crowne Plaza Portland Downtown
Portland, Oregon
20 credits of AOA Category 1-A CME anticipated
Learn more and register at cranialacademy.org/events/cme.

May 4-6, 2018
Osteopathy’s Promise to Children
A Dental Course: Expanding the Osteopathic Concept—Beyond the Basics
Course directors: Raymond J. Hruby, DO, MS, FAAODist, and Darick Nordstrom, DDS
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

May 4-8, 2018
Sutherland Cranial Teaching Foundation
2018 Basic Course: Osteopathy in the Cranial Field
Course director: Hugh M. Ettlinger, DO, FAAO, FCA
New York Institute of Technology
College of Osteopathic Medicine
Old Westbury, New York
Learn more and register at www.sctf.com.

May 9-13, 2018
American Osteopathic Association of Prolotherapy Regenerative Medicine
Spring 2018 Annual Prolotherapy Conference
Course Directors: Gerald R. Harris, DO, and Ann Auburn, DO
The Marriott Legacy in Dallas
35 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org

June 1-3, 2018
Still Exaggeration Technique, LLC
Introductory Exaggeration Course
Course director: Jerry L. Dickey, DO, FAAO
New York Institute of Technology
College of Osteopathic Medicine
Old Westbury, New York
25 credits of AOA Category 1-A CME anticipated
Learn more and register at stillexaggeration.com.

July 13-17, 2018
Michigan State University College of Osteopathic Medicine
Craniosacral Techniques: Part III
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

July 25-29, 2018
Osteopathy’s Promise to Children
Foundations of Osteopathic Cranial Manipulative Medicine (The 40-Hour Basic Course)
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Aug. 3-4, 2018
Osteopathy’s Promise to Children
Advancing the Sequential Approach to Pediatric Osteopathy
Course directors: Mary Anne Morelli Haskell, DO, FACOP, and Julie Mai, DO
Osteopathic Center San Diego
16 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 8, 2018
Osteopathy’s Promise to Children
OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary and Immune Systems
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 14-16, 2018
Michigan State University College of Osteopathic Medicine
Neuromuscular and Myofascial Release
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
19 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.