AAO President’s Message

Why the AAO Must be Home to All Osteopathic-Focused Physicians

When you are reviewing your organization’s strategic plan and preparing for your next one, it is critical to return to what you stand for:

“The American Academy of Osteopathy is an osteopathic medical society with a focused educational mission. Founded in 1937, the AAO was established to teach, advocate and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles, practices and manipulative treatment in patient care.”

We cannot lose sight of who we are while we are trying to move forward. The AAO must be the home for all osteopathic-focused physicians.

Though the AAO has members who predominantly specialize in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM), we are a much more inclusive group. We have many members from multiple specialties who utilize osteopathic principles and practices (OPP) and/or osteopathic manipulative treatment in the care of their patients or as an important component to their professional careers. It is critical for the AAO to meet its mission and that all are welcomed. We need all of us to preserve and advance the osteopathic profession.

We must be prepared to welcome a new group as members will seek a home with the AAO that were not trained in a college of osteopathic medicine approved by the Commission on Osteopathic College Accreditation (COCA). The transition to a single accreditation system for graduate medical education, where all current train-
President’s message (continued from Page 1)

ing programs accredited by the American Osteopathic Association (AOA) will have an opportunity to seek accreditation by the Accreditation Council for Graduate Medical Education (ACGME), will broaden our scope of influence greatly.

To ensure that osteopathic graduate medical education continues, all current ACGME and transitioning AOA training programs can apply for ACGME Osteopathic Recognition. This process will allow allopathic (MD) physicians to formally obtain OPP training and be recognized as an osteopath-focused physician. These individuals will want to be part of an organization of like-minded individuals that value what OPP/OMM/OMT brings to their professional identity and what it offers the patients that they will treat. We need to be prepared.

I have the honor of serving on the ACGME’s Osteopathic Principles Committee, which is chaired by one of our members, Robert A. Cain, DO, FACOI. Under Dr. Cain’s leadership, there are now over 100 training programs that have received initial accreditation by the ACGME for Osteopathic Recognition. This was a new committee established by the ACGME to complement the additional Review Committee for Osteopathic Neuromusculoskeletal Medicine (ONMM), which is chaired by another AAO member, Lisa Ann DeStefano, DO. The osteopathic profession and the AAO are incredibly fortunate to have two outstanding leaders that are ensuring that OPP is preserved in the health care environment.

The AAO is committed to continuing our mission to advance OPP and OMT in patient care. We need to be a home to all osteopathic-focused physicians.

During the first 15 years of my professional career, I was a member of the faculty of the Case Western Reserve University’s School of Medicine, and I became the first osteopathic physician to be a program director at University Hospitals Cleveland Medical Center. I began my career in a quaternary allopathic academic medical center. I needed the AAO as my home to reconnect to my osteopathic roots. I was never disappointed every time I went to a Convocation or attended our AAO programs at OMED.

When I began the process to seek my FAAO, I turned to Dennis J. Dowling, DO, MA, FAAO, to mentor me through the process. Dr. Dowling completed his undergraduate fellowship at NYITCOM the same year I completed mine at Des Moines University in 1989. We developed a friendship through the AAO at that time. He would go on to become a leader for the AAO and the osteopathic profession, as well as the OMM chairperson at NYITCOM at the time I was hoping to be an FAAO. I lived in the allopathic world and needed guidance. He became a tremendous mentor and guided me through the process. I realized how important the AAO was to my personal and professional growth and how lucky I was to have individuals like Dr. Dowling who positively impacted my life.

The AAO is a dedicated group that will work tirelessly to advance the osteopathic profession. Each of you are part of this. We will all work together to make sure that this is the osteopathic home each of you need and deserve.

In service,

Michael P. Rowane, DO,
MS, FAAFP, FAAO
2018 Convocation
(continued from Page 1)

Philip Greenman, Paul Kimberly, Nicholas S. Nicholas, Stanley Schiowitz, Sara Sutton and Anne Wales.

The students’ program will focus on introducing or refining various techniques—such as cranial, myofascial, PINS, fascial distortion model, visceral manipulation and acupuncture—or addressing specific populations—such as OB-GYN, pediatrics, neurology and performing artists.

Convocation will kick off on Wednesday, March 21, with the opening reception. Attendees are invited to enjoy hors d’oeuvres while they catch up with old friends, make new acquaintances and check out the exhibits. Also on Wednesday, Dennis J. Dowling, DO, MA, FAAO, will lead “Evening With the FAAOs,” an event open to all attendees so they have the opportunity to learn from fellows of the Academy.

“The annual president’s banquet, a formal event on Saturday evening, crowns Convocation as attendees enjoy an entertaining evening of fellowship, food and a little bit of business. At the banquet, 2017-18 AAO President Michael P. Rowane, DO, MS, FAAFP, FAAO, will install Catherine M. Kimball, DO, as the AAO’s 2018-19 president. In addition, winners of the Louisa Burn Osteopathic Research Committee’s poster presentation will be announced, and the A. T. Still Medallion of Honor will be presented. Tickets for the president’s banquet cost $110 each (not included with registration), and they must be purchased by March 21.

LBORC Research Forum:
Research Proposal and Mentorship Grand Rounds

During the 2018 Convocation in Dallas, the Louisa Burns Osteopathic Research Committee (LBORC) will conduct its annual research forum. Scheduled for Thursday, March 22, 2018, from 7 to 8:30 p.m., the event is designed to assist physicians, basic scientists and osteopathic medical students with refining research proposals; identifying and overcoming hurdles, barriers and weaknesses of the proposal; and facilitating the performance and dissemination of osteopathic research. Light refreshments will be provided at this event.

The format for this evening is similar to the TV show “Shark Tank” where aspiring investigators at any stage of their career present their research proposal to the audience and a panel of experienced researchers. In doing so, presenters will receive advice on their projects to increase the rigor of their study, and they will have the potential of one of the experts choosing to help mentor the investigator during their study. The audience directly engages both the investigators and the panelists to help audience members gain numerous pearls to refine their own research questions and identify ways to evolve those questions into successful research projects.

Researchers interested in presenting proposals should submit a written concept paper for review by the LBORC panel no later than Jan. 31, 2018, to DCole@academyofosteopathy.org. Proposals should clearly define the research question, the hypothesis and a summary of a literature review. They should include an overview of the study design, such as variables, cohort to be studied, recruitment strategy, methodology, statistics and projected timeline and budget, and investigators should indicate the importance or relevance of the study. Concept papers should be no longer than two pages. Learn more at www.academyofosteopathy.org.

Register for this session when you register for Convocation. It promises to be a very interactive, entertaining session to experience the process of research project development.

Download the Convocation brochure now. The AAO plans to open online registration for physicians and students during the first week of October.
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2017–18

Oct. 5  AAO Board of Trustees’ meeting—9 a.m. to 5 p.m. Eastern—Philadelphia

Oct. 6  AAO Leadership Summit—9 a.m. to 4 p.m. Eastern—Philadelphia


Oct. 21 Committee on Fellowship in the AAO meeting and exams—9 a.m. to 5 p.m. Eastern—AAO office in Indianapolis

Nov. 10-12 Basic Visceral Course—Richard G. Schuster, DO, course director—Rowan University School of Osteopathic Medicine in Stratford, New Jersey

Nov. 11-12 American Osteopathic Board of Neuromusculoskeletal Medicine certification exams—Indianapolis

Nov. 18-19 AAO Board of Trustees’ meeting—AAO office in Indianapolis

Nov. 23-24 Thanksgiving holiday—AAO office closed

Nov. 30 AAO Resident of the Year nominations due

Dec. 1 FAAO applications due

Dec. 8-10 Evidence-Based Visceral Manipulation: Finding Best Practices for Evaluation and Management—Kenneth J. Lossing, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth

Dec. 13 Committee on Fellowship in the AAO teleconference—8 p.m. Eastern

Dec. 25 Christmas Day—AAO office closed

Jan. 1 New Years Day—AAO office closed

Jan. 17 Committee on Fellowship in the AAO teleconference—8 p.m. Eastern

Jan. 25-28 Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth

Feb. 2-3 AAO Education Committee’s meeting—AAO office in Indianapolis

March 18-20 Pre-Convocation course—Introduction to the Fascial Distortion Model—Todd A. Capistrant, DO, MHA, course director—Hilton Anatole in Dallas

March 18-20 Pre-Convocation course—Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis—Bruno Chikly, MD, DO (France), course director—Hilton Anatole in Dallas

March 18-20 Pre-Convocation course—The Twig Unbent: An Osteopathic Approach to Common Orthopedic Problems in Children—Heather P. Ferrill, DO, MS, MEdL, and Lisa Ann DeStefano, DO, course directors—Hilton Anatole in Dallas

March 18-20 Pre-Convocation course—Visceral Motility and Visceral Chains—Kenneth J. Lossing, DO, course director—Hilton Anatole in Dallas

March 21-25 2018 Convocation—Osteopathic Legends: Their Legacies Live On—David R. Boesler, DO, program chair—Hilton Anatole in Dallas

April 20-22 Muscle Energy for the Total Body—Walter C. Ehrenfeucht, DO, FAAO, course director—The Pyramids in Indianapolis
Blumer Selected as AAOJ Editor-in-Chief

Janice Upton Blumer, DO, FAAO, has been selected by the AAO’s Board of Trustees as the next editor-in-chief of The AAO Journal (AAOJ). Dr. Blumer’s term starts immediately and runs to Dec. 31, 2020. Dr. Blumer has been a frequent contributor to the AAOJ, The Journal of the American Osteopathic Association and The Osteopathic Family Physician.

Dr. Blumer looks forward to working to elevate the journal’s excellence while increasing its visibility. To do so, a task force has identified some short-term and long-term goals. Short-term goals include implementing an online manuscript management service that will improve efficiency and authors’ experiences as well as moving to an online platform that would increase visibility and searchability. A primary long-term goal is to be added to the PubMed database.

A 1991 graduate of the Western University College of Osteopathic Medicine of the Pacific (WesternU/COMP), Dr. Blumer is an associate professor of neuro-musculoskeletal medicine and osteopathic manipulative medicine at WesternU/ COMP–Northwest in Lebanon, Oregon. In addition, she is a physician for Crossroads Premiere Health Care in Corvallis, Oregon.

Dr. Blumer has been a member of the AAO since 1992, and she has served on the AAO’s Louisa Burns Osteopathic Research Committee since 2013. In 2016, she earned her FAAO. In addition, Dr. Blumer ably coordinated the LBORC’s annual poster presentation at Convocation for several years.

The AAO is looking to expand the number of peer reviewers working on the AAOJ. If you are interested in being a peer reviewer for the AAOJ, contact AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org. No previous experience is necessary, and you will have access to an online training module.

At the 2016 president’s banquet during Convocation at the Rosen Shingle Creek resort in Orlando, Florida, Janice Upton Blumer, DO, FAAO, the newest editor-in-chief of The AAO Journal, announced the winners of the Louisa Burns Osteopathic Research Committee’s research poster presentation.

LBORC-NUFA Research Poster Presentations

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to their annual Research Poster Presentation. Posters will be displayed in the exhibit hall on Thursday, March 22, and Friday, March 23, during the 2018 Convocation at the Hilton Anatole in Dallas.

Interested AAO and SAAO members should submit their poster entry forms and abstracts to the AAO by Wednesday, Jan. 31, 2018. For full details on the criteria for the poster, see the Academy’s website at www.academyofosteopathy.org.

Poster judging will take place Thursday, March 22, 2018, between 6 and 7 p.m., and winners will be announced at the student awards ceremony and at the president’s banquet on Saturday, March 24. Judges earn Category 1-A CME for participating. Indicate your willingness to volunteer when you register for Convocation.

The LBORC-NUFA Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. An author of each poster must be a member of the AAO or the Student American Academy of Osteopathy. The primary author must be present during the poster judging at Convocation.

Ram’s head trophies will be presented to SAAO members who win first place at the student level in each of the three poster categories: original research, single case study, and education and public health.

Primary authors will be asked to sign an AAO copyright agreement so that the Academy may publish all of the posters on the AAO’s website. Signing the agreement does not prevent investigators from submitting full articles on their research to peer-reviewed journals, such as The AAO Journal and The Journal of the American Osteopathic Association.

Submit your completed poster entry form and abstract by Jan. 31, 2018, to Kimberly Wolf, DO, c/o Debbie Cole at DCole@academyofosteopathy.org.
OPENING IN NORTH TEXAS

North Texas Musculoskeletal Medicine has an opening for a physician specializing in osteopathic manipulative medicine. We are a rapidly growing musculoskeletal clinic in Southlake, TX, with OMT as a primary procedure. Please contact Dr. Minotti at DrMinotti@ntxmsk.com with further questions or to submit your CV.

NMM PLUS 1 RESIDENCY PROGRAM IN SOUTHAMPTON, NY

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org, Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126, or Education Department Secretary Karen Roberts at (631) 726-0409.

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR

Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for 2017-18 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must have finished any type of AOA-approved residency by June 2017. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.

CLASSIFIED ADVERTISEMENTS

2018 SAAO Fun Run

Jump start your Convocation experience with the SAAO’s second annual Fun Run at 6:30 a.m. on Thursday, March 22. Registration begins at 6 a.m.

Participants will follow the 5k course through the hotel’s beautiful grounds and gardens. The SAAO will award medals to the first three physician finishers, the first three student finishers and the finisher with the “most stamina.”

All attendees and guests are encouraged to participate. There is an additional $20 fee for physicians and $10 for students. Register for the Fun Run when you register for Convocation.

Have You Paid Your 2017-18 Dues?

Thank you to all the members who have paid their 2017-18 dues promptly. Payments were due July 31. Your prompt payment enables the AAO to budget accurately for the coming year.

Log in to your account at www.academyofosteopathy.org to pay your dues securely online following the steps below, or you can mail your payment to the American Academy of Osteopathy at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

To pay your dues online

1. From the Profile page, select My Account Balance in the left-hand menu.
2. Click View Open Invoices.
3. Select the invoice(s) you want to pay.
4. Click View Cart.
5. Click Update Settings to confirm your membership information, confirm your Membership Type is correct to ensure you will be charged the appropriate fee.
6. Click Save Application on Page 7 of the membership information.
7. Click on Start Checkout and follow the instructions on-screen to complete the process.
8. A receipt will be emailed to you at your preferred email address.

To make a donation to the Golden Ram Society, the Nicholas S. Nicholas Fund or the Anne L. Kempf Fund, you may add it to your shopping cart along with your membership renewal and check out in a single transaction.

If you have any questions, contact AAO Finance and Membership Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.
Fellow of the American Academy of Osteopathy (FAAO) is an earned post-doctoral degree conferred by the American Academy of Osteopathy. Academy members who earn the FAAO designation have demonstrated outstanding understanding and execution of osteopathic principles.

The fellowship process is designed to be completed in a two-year cycle. The conferment of honors occurs at the end of the two-year cycle. This is a solemn occasion and all Fellows, incoming Fellows and their sponsors wear academic regalia and march in procession at the opening of the president’s banquet at the AAO’s annual Convocation.

AAO members interested in applying for fellowship in the Academy can obtain the application and explanatory materials from the AAO website, or they can contact the committee’s staff liaison, Debbie Cole, at (317) 879-1881, ext. 215, or at DCole@academyofosteopathy.org.

The next deadline for fellowship applications is Dec. 1, 2017.

FAAO candidates scheduled for induction in March 2018 should note these upcoming deadlines:

- Oct. 21, 2017—Oral and practical examinations will be conducted between 9 a.m. and 5 p.m. at the AAO’s office in Indianapolis.
- March 24, 2018—Induction of approved candidates at the Convocation at the Hilton Anatole in Dallas.

For more information on fellowship in the American Academy of Osteopathy, please visit www.academyofosteopathy.org.
Members in the News

Boyd R. Buser, DO, FACOFP, provided updates on the transformation to the single graduate medical education accreditation system at the AOA House of Delegates Meeting July 21, 2017. Dr. Buser’s PowerPoint presentation slides included the benefits of a single GME accreditation system and the impact on educational structures to promote osteopathic manipulative medicine.

David C. Mason, DO, MBA, FACOFP, was one of three faculty members from the University of North Texas Health Science Center College of Osteopathic Medicine in Fort Worth to share their expertise with physicians in China this summer. They spent one week in Chengdu, a Chinese city in the Sichuan province, offering clinical instruction in pulmonary medicine while also demonstrating techniques to build relationships with patients that improve treatment compliance and outcomes.

Janet Seungmin Lee, DO, was the lead author of the poster titled “Analyzing the Effects of a Longitudinal Medical Student Curriculum in Diabetic Patients,” which won first place in the student research category at the American College of Physicians’ Internal Medicine Meeting 2017. The meeting was held March 30-April 1 in San Diego.

Michael Sean Bowie, OMS IV, collaborated with an interprofessional Western University team on research that was presented as a poster at the 2017 Anticoagulation Forum on April 20 in Los Angeles. The study, conducted at the Loma Linda Veterans Association, compared and contrasted the safety and efficacy of use among the target specific anticoagulants (dabigatran, apixaban, and rivaroxaban) for the indication of atrial fibrillation among a veteran population.

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“Fundamentals for an Osteopathic Obesity Designed Study: The Effects of Education on Osteopathic Medical Students’ Attitudes Regarding Obesity” by Jennifer Weiss, DO, and two others was profiled on United Press International’s website on July 31. The study, which was published in the August 2017 issue of The Journal of the American Osteopathic Association, proposes that changing physician biases about obesity can improve patient outcomes.

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Jane E. Carreiro, DO, the vice president for health affairs and dean of the University of New England College of Osteopathic Medicine, gave her support to the Training the Next Generation of Primary Care Doctors Act, which would address the looming shortage of primary care physicians by reauthorizing the Teaching Health Centers Graduate Medical Education Program for three years. In a press release from Sen. Susan Collins (R-ME), Dr. Carreiro said, “Providing training opportunities in underserved communities through the THCGME Program is an effective way to assure that people living in rural Maine and the millions of others living in underserved communities across America have access to the healthcare they need.” Dr. Carreiro was the 2013-14 president of the AAO.

Tatyana Sherman, DO, and Yasmin Qureshi, DO (Australia), DPT, MHS, were two of the authors of “Osteopathic Manipulative Treatment to Manage Ophthalmic Conditions,” which was published in September 2017 issue of The Journal of the American Osteopathic Association. In the article, the authors address several common ophthalmic conditions, and they compare standard approaches compared with osteopathic manipulation.

The American Academy of Family Physicians chose Erin Elizabeth Clark, OMS III, from the Campbell University School of Osteopathic Medicine in Buies Creek, North Carolina, to participate in the Family Medicine Leads Emerging Leader Institute. Clark is one of 30 students chosen for the year-long program, which helps develop leaders in the family medicine specialty. In the next year, Clark will attend conferences and work on a project associated with philanthropic and mission-driven leadership.

(continued on Page 9)
2017-18 Golden Ram Campaign Opens With a Bang

In just four months, the Golden Ram Society has received more than 70 percent of its goal for the 2017-18 campaign year. The campaign launched on June 1, 2017, and 38 donors have contributed a total of $14,674, as of Sept. 27, 2017. These contributions equal 73 percent of the $20,000 goal set for the 2017-18 campaign.

At $21,984, the 2016-17 campaign exceeded its $18,000 goal by 21 percent. We look forward to exceeding the 2017-18 goal just as brilliantly.

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

Donations to the 2017-18 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President’s Club—$2,500 or more
Jeffrey S. Grove, DO, FACOFPDist
Susan Mattison on behalf of the family of Roland G. Mattison, DO

A.T. Still Club—$1,000 to $2,499
Stephen P. Cavanaugh, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)

T.L. Northup Club—$500 to $999
Robert N. Agnello, DO, FACOFP
and Kerry E. Agnello, DO
Stefan Hagopian, DO, FAAO

Louisa Burns Club—$250 to $499
Michael A. Chipman, DO
Stephen M. Ellesdad, DO

Sherman Gorbis, DO, FAAO,
and Lori Gorbis
Gretta A. Gross, DO, MEd, FACOFP
Donald V. Hankinson, DO
Stephen L. Kisiel, DO
Jean A. Swift, DO
Ralph Schuerer, DOM (Germany)
Adrian Woolley, DO

Vicki Dyson Club—$100 to $249
Richard M. Appleby III, DO
Daniel F. Bensky, DO
Elizabeth C. Clark, DO
John M. Garlitz, DO
Kathryn Gill, MD
Jerel H. Glassman, DO
David B. Hagie, DO

James F. Keane, DO
Michael G. Knapp, DO, and Kathy Knapp
Carol L. Lang, DO
Mary E. Malcom, DO
Paul S. Miller, DO
Yehudah J. Sandweiss, DO
Candace Nowak, DO
Michael J. Porvaznik, DO, FCA
Shigeru Tajiri (Japan)

Supporter—$99 or less
Juanita M. Brown, DO
John H. Juhl, DO
Gail E. Lamb, DO
Melinda E. Nevins, DO

Members in the news (continued from Page 8)

Kristin Lindsay Oller, OMS II, from the Philadelphia College of Osteopathic Medicine in Pennsylvania, was one of several facilitators for a new two-week acclimation program for first-year students. “Teaching Introductory Study Skills Utilizing Experience” (TISSUE), outlined in a Sept. 20 story on The DO, provides guidance for new osteopathic medical students, including advice for buying groceries, parking, locating lockers and developing study habits.

After 14 years as a nurse, Leigh Ann Costanzo, DO, began her osteopathic career at age 40. Upon graduating from A.T. Still University’s School of Osteopathic Medicine in Arizona (ATSU-SOMA) Dr. Costanzo is now completing her residency at El Rio Health Community Health Center in Tucson, Arizona, while teaching her patients about healthy living, forming secure relationships and sustaining the ATSU mission “to continue its osteopathic heritage and focus on whole person healthcare, scholarship, community health, interprofessional education, diversity, and underserved populations.”
**Basic Visceral Course**

Nov. 10-12, 2017 • Rowan University School of Osteopathic Medicine  
Stratford, New Jersey

**Course Description**  
This is a basic course in visceral manipulation. Attendees will explore traditional osteopathic concepts of ventral technique, modern concepts of visceral motion, “normalization” of visceral motion through fascial planes, and treating visceral mobility and motility. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between the diaphragms, viscera, autonomic nervous system, vascular flow and lymphatic drainage. Attendees will come away with improved confidence in physical examination, direct and indirect approaches to visceral manipulation, and an ability to integrate visceral (ventral) techniques with spinal (dorsal) and cranial approaches.

This is an intermediate level course.

**Course Times**  
Friday and Saturday from 8 a.m. to 5 p.m.  
Sunday from 8 a.m. to noon.

**Continuing Medical Education**  
20 credits of AOA Category 1-A CME anticipated.

**Meal Information**  
Morning coffee, tea and juice will be provided. Lunch will be provided Friday and Saturday. If you have any special dietary needs, contact AAO Event Planner Gennie Watts before Nov. 3.

**Course Location**  
Rowan University School of Osteopathic Medicine  
42 E. Lauren Rd., Stratford, NJ 08084

**Travel Arrangements**  
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Registration Fees**  
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<td>Academy member in practice*</td>
<td>$800</td>
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<td>Resident or intern member</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

**Course Director**  
Richard G. Schuster, DO, is the director of osteopathic medical education for Community Health Network in Indianapolis, and he is the program director for the Community South Osteopathic Family Medicine Residency.

After completing an undergraduate fellowship in osteopathic principles and practice, Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994. He completed a residency in family medicine at the Firelands Regional Medical Center in Sandusky, Ohio, and he completed a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO’s 2015 Convocation in Louisville, Kentucky, Dr. Schuster serves on the AAO’s Board of Trustees, and he is the vice chair of the AAO’s Education Committee.

**Registration Form**  
Basic Visceral Course  
Nov. 10-12, 2017

Name: ___________________________ AOA No.: ____________

Nickname for badge: ____________________________________________________________

Street address: ____________________________________________________________________

______________________________________________________________________________

City: ___________________ State: _____ ZIP: __________

Phone: ___________________ Fax: ___________________________________________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

☐ I am a practicing health care professional.  
☐ I am a resident or intern.  
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: __________________________ 3-digit CVV No.: ________

Cardholder’s name: __________________________

Expiration date: ___________  
Billing address (if different): ________________________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Evidence-Based Visceral Manipulation: Finding Best Practices for Evaluation and Management

Dec. 8-10, 2017 • UNTHSC Texas College of Osteopathic Medicine in Fort Worth

During this course, attendees of all experience levels will learn techniques for palpating, diagnosing and treating patients with a variety of visceral dysfunctions.

Radiological research conducted in England, France and Germany during the last 20 years provides a basis for knowing what is normal, what is common, and what is pathological in the viscera. Studies using magnetic resonance imaging, computed tomography, ultrasound, x-ray and fluoroscopy have shown that dysfunctional viscera move less than healthy viscera. Studies are just beginning to cross-correlate osteopathic diagnosis, medical diagnosis, ultrasound diagnosis pre- and post-treatment.

Attendees will learn how to diagnose and treat dysfunctions in the thorax, abdomen and pelvis using motion testing, motility, arterial and venous systems, neurological systems, the lymphatic system and emotional connections.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Friday and Saturday from 8:30 a.m. to 5:30 p.m.
Sunday from 8:30 a.m. to 3:30 p.m.

Meal Information
Morning coffee, tea and juice will be provided each day as will lunch. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Evidence-Based Visceral Manipulation: Finding Best Practices for Evaluation and Management

Dec. 8-10, 2017

Course Director
A 1994 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine, Kenneth J. Lossing, DO, served an internship and combined residency in neuromusculoskeletal medicine and family practice through the Ohio University Heritage College of Osteopathic Medicine in Athens. He is board certified in both neuromusculoskeletal medicine and family medicine.

Dr. Lossing studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second and third editions of the American Osteopathic Association’s Foundations of Osteopathic Medicine textbook as well as the upcoming fourth edition.

As the AAO’s 2014-15 president, Dr. Lossing was featured in a segment of “American Health Front!” that focused on osteopathic manipulative medicine.

Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Click here to view the AAO’s photo release statement.
This course will:

- Provide basic and refresher knowledge and skills for program directors and core teaching faculty who supervise osteopathic manipulative treatment (OMT) in clinics.
- Help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies.
- Be valuable for clinicians interested in adding OMT to their skill set.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT. The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of Greenman’s Principles of Manual Medicine, 5th edition.

**Course Times**
Thursday from 1 to 6 p.m.
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 8 a.m. to 4 p.m.

**Continuing Medical Education**
28 credits of AOA Category 1-A CME anticipated.

**Meal Information**
Morning coffee, tea and juice will be provided Friday through Sunday, as will lunch. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

**Course Location**
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

**Registration Form**
Introduction to Osteopathic Manipulative Medicine
Jan. 25-28, 2018

Name: _______________ AOA No.: _______________

Nickname for badge: ____________________________

Street address: ________________________________

City: ___________________ State: _______ ZIP: ____________

Phone: __________________ Fax: __________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

**Registration Fees**

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<tr>
<td>Nonmember student</td>
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</tr>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I am a practicing health care professional.
I am a resident or intern.
I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Cardholder’s name: __________________________

Expiration date: ___________________ 3-digit CVV No.: ____________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________
Introduction to the Fascial Distortion Model

A Pre-Convocation Course • March 18-20, 2018 • Hilton Anatole in Dallas

Course Description
Sometimes referred to as module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM).

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM ties into traditional osteopathic education and expands the toolbox you use to help more patients.

This is an excellent opportunity for physicians just learning about FDM or for physicians who are familiar with it but want to dive a little deeper.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday through Tuesday from 8 a.m. to 5 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: physician link, student link.
To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students).

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Director
Todd A. Capistrant, DO, MHA, earned both his doctor of osteopathic medicine degree and his master in health administration degree in 1997 from the Des Moines (Iowa) University College of Osteopathic Medicine. He is one of only three physicians in the United States who are currently certified to teach seminars on the FDM, and he is the president of the American Fascial Distortion Model Association.

Dr. Capistrant specializes in OMM, and he is certified by the American Board of Family Medicine. He is a member of the growing OMM department at the Tanana Valley Clinic in Fairbanks, Alaska, and he serves as a regional dean for the Pacific Northwest University of Health Sciences, College of Osteopathic Medicine in Yakima, Washington.

Registration Fees

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<td>Nonmember resident or intern</td>
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Registrations received after March 2 will be processed on-site, incurring a $150 late fee. The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form
Introduction to the Fascial Distortion Model
March 18-20, 2018

Name: _______________________________ AOA No.: ________________
Nickname for badge: ____________________________
Street address: ________________________________
City: ___________________ State: _____ ZIP: __________
Phone: ___________________ Fax: ________________
Email: ______________________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.
☐ I will attend the AAO’s 2018 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ________________________________
Cardholder’s name: ____________________________
Expiration date: ___________ 3-digit CVV No.: __________
Billing address (if different): ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ______________________________________

View the AAO's cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis

A Pre-Convocation Course • March 18-20, 2018 • Hilton Anatole in Dallas

Course Description
A growing number of people are diagnosed with chronic fatigue syndrome, fibromyalgia and other chronic pain conditions. These patients need effective, noninvasive treatment that doesn't aggravate their conditions. This course will provide participants the tools to recognize these conditions and to effectively treat those patients.

The assessment and treatment will be done over six specific key lesions (three in the front of the body and three in the back). The treatment will be a blend of Dr. Chikly's lymph and brain techniques.

The lymph techniques will include lymph mapping and some specific viscera work using a lympho-fascia release approach to viscera such as the liver, pancreas, heart, etc. The brain techniques will include intracranial membranes using curved biotensegrity, brainstem, etc. Specific sacrum techniques will also be presented.

By the end of the course, participants will be able to identify several chronic pain conditions; describe the comorbidity, known causes, and differential diagnoses of these conditions; and explain the importance of the lymphatic system in addressing these conditions.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 a.m. to 6 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: click here.
To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians).

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis
March 18-20, 2018

Name: ____________________________ AOA No.: _________
Nickname for badge: __________________________
Street address: __________________________
City: __________________________ State: ______ ZIP: __________
Phone: __________________________ Fax: __________
Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
**Course Description**
This program is designed to focus on treating children with common pediatric orthopedic complaints using osteopathic manipulative treatment within the larger context of medicine.

Attendees will learn a variety of approaches to treating upper and lower extremity dysfunctions, as well as scoliosis and headaches. Attendees will practice moving attention through bone, fluid and membrane to augment perception ability and treatment effectiveness.

Modalities include balanced ligamentous tension (BLT), balanced membranous tension (BMT), facilitated positional release (FPR), muscle energy technique (MET) and intraosseous techniques.

**Continuing Medical Education**
19 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**
Sunday and Monday from 8 a.m. to 5 p.m.
Tuesday from 8 a.m. to noon.

**Meal Information**
Breakfast and lunch are on your own. Coffee and tea will be provided.

**Course Location**
**Hilton Anatole Dallas**
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: [physician link](#), [student link](#).
To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students).

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

**Registration Form**
**The Twig Unbent: An Osteopathic Approach to Common Orthopedic Problems in Children**
**March 18-20, 2018**

Name: ___________________________ AOA No.: ________

Nickname for badge: ___________________________

Street address: ___________________________

City: ___________________________ State: _____ ZIP: _____

Phone: ___________________________ Fax: __________

Email: ___________________________

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**Course Director**
**Heather P. Ferrill, DO, MS MEdL**, a 2000 graduate of the Michigan State University College of Osteopathic Medicine (MSUCOM), is a professor of osteopathic principles and practices (OPP) at the Rocky Vista University College of Osteopathic Medicine. Board-certified in family practice and neuromusculoskeletal medicine/OMM, her practice emphasizes osteopathic manipulative treatment in the pediatric population. Dr. Ferrill serves on the AAO's Board of Trustees and the Education Committee.

**Lisa Ann DeStefano, DO**, has chaired the Department of Osteopathic Manipulative Medicine at MSUCOM since 2004. A protégé of the late Philip E. Greenman, DO, FAAO Dist, Dr. DeStefano edited the fourth and fifth editions of the textbook *Greenman’s Principles of Manual Medicine*.

**Registration Fees**

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☐ I will attend the AAO's 2018 Convocation.

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Credit card No.: ___________________________

Cardholder’s name: ___________________________

Expiration date: ________________ 3-digit CVV No.: ___________________________

Billing address (if different): ___________________________

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Signature: ___________________________

View the AAO’s photo release statement.
Oct. 13-14, 2017  
Osteopathy’s Promise to Children  
**Sequential Approach to Pediatric Osteopathy**  
Course directors: Mary Anne Morelli Haskell, DO, FACOP, and Julie Mai, DO  
Osteopathic Center San Diego  
16 credits of AOA Category 1-A CME anticipated  
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Oct. 13-14, 2017  
Osteopathy’s Promise to Children  
**Sequential Approach to Pediatric Osteopathy**  
Course directors: Mary Anne Morelli Haskell, DO, FACOP; Julie Mai, DO; and Kathryn Gill, MD  
Osteopathic Center San Diego  
8 credits of AOA Category 1-A CME anticipated  
Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Oct. 13-17, 2017  
Michigan State University College of Osteopathic Medicine  
**Direct Action Thrust: Mobilization With Impulse**  
Course director: Carl W. Steele, DO, PT  
Course faculty: Edward Isaacs, MD  
East Lansing, Michigan  
27 credits of AOA Category 1-A CME anticipated  

Oct. 21, 2017  
Ohio University Heritage College of Osteopathic Medicine  
**5th Annual OMM Skills Enhancement Course: Clinical Update for Primary Care**  
Course director: Jean S. Rettos, DO  
Ohio University Heritage College of Osteopathic Medicine in Cleveland  
6 credits of AOA Category 1-A CME anticipated  
Learn more and register at [www.ohio.edu/medicine](http://www.ohio.edu/medicine).

Dec. 1-4, 2017  
Michigan State University College of Osteopathic Medicine  
**Principles of Manual Medicine**  
Course director: Lisa A. DeStefano, DO  
Course faculty: Rob Dowling, DPT; Logan Cooper, DPT; Jennifer Gilmore, DO; Matthew Zatkin, DO; and Catherine Donahue, DO  
East Lansing, Michigan  
28 credits of AOA Category 1-A CME anticipated  

Dec. 7, 2017  
Indiana Osteopathic Association  
**Preconference OMT Workshop**  
JW Marriott in Indianapolis  
8 credits of AOA Category 1-A CME anticipated  
Learn more and register at [www.inosteo.org](http://www.inosteo.org).

Dec. 8-10, 2017  
Indiana Osteopathic Association  
**36th Annual Winter Update**  
JW Marriott in Indianapolis  
25 credits of AOA Category 1-A CME anticipated  
Learn more and register at [www.inosteo.org](http://www.inosteo.org).

Visit [www.academyofosteopathy.org/affiliate-cme](http://www.academyofosteopathy.org/affiliate-cme) for additional listings.