From the AAO Executive Director
Leaders and Staff Focus on Mission

It was wonderful to see so many of our members at OMED 2017, and we appreciate the feedback we’ve received.

By virtue of the AAO’s structure, it’s almost impossible for all our members to truly appreciate how hard the leaders and staff work to present events such as the AAO’s program at OMED. I hope to give you a glimpse to our behind-the-scenes.

As always, your staff is working hard on your behalf. I keep telling them that after the coming event, we will have a moment to rest and relax before we gear up for the next big thing. That isn’t really true, but we’re working to make processes more efficient to free up some time. For example, in past years, entering new student applications has required approximately 150 hours of staff or volunteer time. For the first time, this year’s new students are applying online. You can imagine our excitement, but we aren’t resting!

Continuing Medical Education
Immediately following OMED, we opened the 2018 Convocation registration, and registrations are rolling in. Space is limited, so I highly encourage you to register as early as possible to ensure you get into the breakout sessions of your choice. We’ve also opened registration for all four pre-Convocation courses. When you register for a pre-Convocation course and Convocation at the same time, you automatically save 10 percent on the pre-Convocation course.

In 2018, the pre-Convocation courses will take place March 18-20 at the Hilton Anatole in Dallas. The pre-Convocation courses are: “Introduction to the Fascial Distortion Model” with Todd A. Capistrant, DO, MHA; “Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis” with Bruno Chikly, MD, DO (France); “The Twig Unbent: An Osteopathic Approach to Common Orthopedic Problems in Children” with Heather P. Ferrill, DO, MS MEdL, and Lisa Ann DeStefano, DO; and “Visceral Motility and Visceral Chains” with Kenneth J. Lossing, DO.

In addition, we have three continuing medical education programs between now and pre-Convocation: “Basic Visceral Course” with Richard G. Schuster, DO, Nov. 10-12 at the Rowan University School of Osteopathic Medicine; “Evidence-Based Visceral Manipulation” with Kenneth J. Lossing, DO, Dec. 8-10 at the UNTHSC Texas College of Osteopathic Medicine (UNTHSC/TCOM); and “Introduction to Osteopathic Manipulative Medicine” with Lisa Ann DeStefano, DO, Jan. 25-28 at UNTHSC/TCOM.

The AAO staff at OMED 2017 (left to right): Bev Searcy, Brooke Lamb (volunteer), Taylor Bridgeforth, Sherri Quarles, Debbie Cole, Gennie Watts and Lauren Good. Amber Rausch (not pictured) staffed the office.

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American Academy of Osteopathy
Michael P. Rowane, DO, MS, FAAFP, FAAO, president
Catherine M. Kimball, DO, president-elect
Sherri L. Quarles, executive director

All members of the American Academy of Osteopathy receive AAO Member News eight times a year. Members can access past issues online at www.academyofosteopathy.org.

Members are invited to send their news to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.

Advertising rates for AAO Member News are listed below. AAO members and AAO component societies are entitled to a 20% discount on advertising. Call the AAO at (317) 879-1881, ext. 211, for more information. Although all advertising is expected to conform to ethical medical standards, acceptance does not imply endorsement by the American Academy of Osteopathy.

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Executive director’s message (continued from Page 1)

For a complete list of upcoming CME, visit www.academyofosteopathy.org/CME.

AAO Leadership

The AAO Board of Trustees met on Thursday, Oct. 5, in Philadelphia, and on Friday, Oct. 6, the trustees, governors, committee chairs and staff participated in the AAO’s annual leadership forum. Read more about this exceptionally fun day and what attendees learned on Page 3.

The Academy cannot exist without you as volunteers, and we have many opportunities for your involvement. Catherine M. Kimball, DO, the AAO’s 2017-18 president-elect, encourages all members to consider volunteering for an AAO committee. Academy members are welcome to audit any committee meeting with advance notice to the chair and staff. Review the list of committees at www.academyofosteopathy.org, and return your completed committee application to Debbie Cole, the AAO’s assistant to the executive director and board and committee liaison, at DCole@academyofosteopathy.org. If you have any questions about the work a committee does or the time commitment involved, do not hesitate to reach out to Debbie or the committee chair.

Faithful Giving

In the October 2017 newsletter, we reported that the 2017-18 Golden Ram campaign had already exceeded its goal, but this is no time to rest on our laurels. If we can meet the goal in just three months, I want to see what you can do in the remaining eight months!

The AAO continues to work to diversify its revenue stream. Membership dues, publication sales and registrations for educational programs provide only a portion of the funds necessary to sustain and grow the Academy. The more you give, the more we can accomplish.

Later this month, we’ll recognize Giving Tuesday on Nov. 28. Giving Tuesday is a chance for everyone to come together around the world for one common purpose: celebrating and encouraging others to give. I encourage you to start thinking now about how you want to express your support for the osteopathic profession. We hope you’ll include the AAO.

(continued on Page 3)

Representatives of the American Osteopathic Association (seated left to right), 2017-18 President-elect William S. Mayo, DO; 2017-18 President Mark A. Baker, DO; and CEO Adrienne White-Faines, MBA, FACHE, joined the AAO’s Board of Trustees’ meeting on Oct. 5 to discuss common interests.
Executive director’s message (continued from Page 2)

We want to affirm to you that financial integrity is extremely important to us. We maintain strict accounting and reporting rules. The Academy is in the process of our annual audit. In the audit, the AAO’s adherence to generally accepted accounting principles is tested. The auditors’ recommendations will be shared with the Board of Trustees upon completion for review, questions and approval.

Expanding Message

In accordance with the AAO’s vision statement (All patients are aware of and have access to osteopathic medical care and osteopathic manipulative medicine for optimal health.), we are expanding our online presence. Some of you noticed I was tweeting up a storm during OMED, and we appreciate the likes and retweets. It’s hard to keep the momentum going when we’re working away in our office, but we’ll keep trying. We focus our efforts on Facebook and Twitter, so be sure you’re following us, liking and sharing. It’s one of the easiest ways you can help spread the word about the AAO and osteopathic manipulative medicine.

We invite you to engage online as well. Comment on the articles we post, whether you agree or disagree, and comment on source articles themselves. When members of the public bemoan the pharma-first approach, or when they’re frustrated at how little progress they’re making with allopathic approaches, spread the word about the benefits of osteopathic manipulation.

Personalized Service

Many organizations have turned to automated phone systems. The AAO has chosen not to go that route. We still have live bodies answering the phones during regular business hours. Even while most of our staff was at OMED, Amber Rausch stayed behind to attend the office. We want to hear your voice the first time you call in and make sure that you are directed to the correct person right away.

Give Us Feedback

You’ve heard me say it before, and I’ll keep saying it: We want to hear from you! If you haven’t had a chance to complete the OMED 2017 survey, please do so by Nov. 10.

The AAO’s Osteopathic Medical Economics Committee has updated the practice management section of the website with additional information you may find valuable. What are we missing? What do we need more information on? Let me know, and I’ll put it on to OMEC Committee Chair Brian E. Kaufman, DO, FACP, FACOI.

In addition, I invite you to email me any time at SQquarles@academyofosteopathy.org with any questions, comments or concerns. It is our pleasure to serve you!

Sherri L. Quarles
AAO executive director

Academy Leaders Gain Insight at Leadership Forum

The AAO’s Board of Trustees, Board of Governors, committee chairs and staff were invited to attend the AAO’s annual leadership forum on Friday, Oct. 6 in Philadelphia. This year’s forum, led by Carole Rylander of Rylander Associates, focused on learning about individuals’ personality traits and how those traits combine to form archetypal roles.

Using surveys attendees completed in advance and a system called Core Clarity, individual talents were classified (connect, reflect, energize or mobilize) and grouped. Attendees were assigned seats at the forum based on their grouped classifications. Ms. Rylander led a lively discussion illuminating individuals’ talents and discussing how those talents manifest and interact with others’. The insights shed light on how inherent talents shaped AAO leaders and led them to their current careers.

Core Clarity has assigned names to different combinations of talents. The top three represented by those in attendance were life line, passionista and trail blazer.

More than 30 percent of attendees were classified as life lines, who are described as servant leaders who motivate by example. Passionistas and trail blazers each comprised 14 percent of the attendees. Passionistas are approachable, purpose-driven and team-oriented. Trail blazers are intellectually curious, know how to get things done and work best with hands-off leaders.

In the Core Clarity database, the incidence of these archetypes were 29.1 percent, 11.7 percent and 6.9 percent, respectively. The higher rates among the AAO leaders indicate these traits may be closely tied to pursuing a career in the osteopathic profession.

The AAO’s 2017-18 president, Michael P. Rowane, DO, MS, FAAFP, FAAC, is a passionista. His top talents give him a positive outlook, allow him to woo others and compel him to get everyone involved. Catherine M. Kimball, DO, the AAO’s 2017-18 president-elect, is a trail blazer.

Learning about individuals’ talents will allow the attendees to more fully understand how they all interact. In addition, as attendees return to daily work, they will be better equipped to recognize others’ inherent talents, and they will be able to leverage those talents to benefit the Academy and osteopathic medicine.
OMED 2017 Wrap-Up

Leslie M. Ching, DO, chaired the AAO’s program at OMED 2017, “Using Osteopathic Principles and Philosophy in Specialty Medicine,” which was presented Oct. 7-10 at the Pennsylvania Convention Center in Philadelphia.

The program kicked off Saturday morning with a joint session between AAO and the American College of Osteopathic Internists. Robert Hasty, DO, FACOI, FACP, discussed “Osteopathic Principles in Osteopathic Medical Education.” Jessica A. Ridgley, DO, presented “OMM in the Acute Hospital Setting,” focusing on cardiovascular, pulmonary and gastrointestinal areas. Dr. Ridgley provided simple techniques so all attendees could walk away with new applicable tools for treating patients in these areas. Christopher McCord Stephenson, DO, closed out the session with “Osteopathy in the Oncology Field.”

On Saturday afternoon, Kenneth J. Lossing, DO, presented the 45th annual Thomas L. Northup lecture, titled “Advancing the Clinical Practice of Osteopathic Medicine.” Named in honor of one of the founders of the AAO, this annual lecture features speakers who reflect Dr. Northup’s values in education, research, clinical practice, professional management or other distinctions.

The program continued with Richard G. Schuster, DO, presenting “What Does It Mean to Be a Distinctly Osteopathic Family Medicine Residency?” and Aunna Herbst, DO, presenting “Functional Medicine in Primary Care: Osteopathy at Its Best.” Dr. Herbst discussed how treating underlying causes of disease can improve overall health, thereby reducing the 50 million annual deaths from noncommunicable diseases and the $2 trillion of lost productivity each year.

Kendi L. Hensel, DO, PhD, led the program on Sunday morning, a joint session with the American College of Osteopathic Obstetricians and Gynecologists, as she discussed pregnancy research and osteopathic manipulation. Dr. Hensel demonstrated several specific techniques, and she provided time for attendees to practice immediately.

Daniel A. Clearfied, DO, MS, FAOASM, discussed “An Osteopathic Approach to the Athlete,” and he described specific cases of athletes’ dysfunction, including those of a wrestler, a golfer and a mixed martial arts fighter.

The last two sessions on Sunday were presented jointly with the American College of Neurology and Psychiatry. In discussing osteopathic psychiatry, Teodor Huzij, DO, FACN, advised attendees that appropriate touches do not break healthy clinical boundaries, and he emphasized the importance of informed consent and the treatment space. Michael P. Rowane, DO, MS, FAAFP, closed out the program on Sunday discussing “The Application of Osteopathic Concepts in Neurologic Conditions.” He addressed multiple conditions that involve cervicogenic headaches and the safe application of osteopathic manipulative treatment in managing patients with cervical spine somatic dysfunction.

On Monday, the AAO partnered with the American College of Osteopathic Pediatricians in the morning with presentations by Kimberly J. Wolf, DO, FACOP; Lisa Ellen Hart, DO; and Ava Stanczak, DO, FAAP, FACOP. Dr. Stanczak’s presentation was particularly well-received as it provided recommendations on how to treat patients who may not be fully responsive.

Monday afternoon’s joint session with the American College of Osteopathic Family Physicians and the American Osteopathic Association of Sports Medicine featured Gunnar Brolinsson, DO, FAOASM; Robert Franks, DO, FAOASM; and Craig Chapple, DO, discussing the challenges of treating patients with concussions.

The Academy’s program concluded on Tuesday morning with Col. Ralph C. Walsh Jr., DO, providing distinct approaches for treating patients in the military and Harriet H. Shaw, DO, and Edward G. Stiles, DO, FAOO, presenting the Laughlin-Still technique for patients with gait disorders.

Presentations can be downloaded at www.academyofosteopathy.org/OMED. The sessions by Dr. Herbst and Dr. Hensel were presented in partnership with the AOA Bureau of Osteopathic Clinical Education and Research.
Photos from OMED 2017
Oct. 7-10 at the Pennsylvania Convention Center in Philadelphia

During his presentation on Sunday, **Col. Ralph C. Walsh Jr., DO** (left), demonstrated approaches for military patients. (Photo by Patrick Sinco/AOA)

At the AAO’s leadership forum, **Sharon Gustowski, DO, MPH; John M. Jones, DO; and Leslie M. Ching, DO**, were grouped together based on their talents.

At right: **Kendi L. Hensel, DO, PhD** (left), who was named TOPCE Master Educator at OMED, demonstrated how to adapt osteopathic manipulative treatment techniques for pregnant patients.

Below: **Ava Stanczak, DO, FAAP, FACOP**, led a discussion about osteopathic manipulation in the special needs population.
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2017–18

Nov. 10-12  Basic Visceral Course—Richard G. Schuster, DO, course director—Rowan University School of Osteopathic Medicine in Stratford, New Jersey

Nov. 11-12  American Osteopathic Board of Neuromusculoskeletal Medicine certification exams—Indianapolis

Nov. 18-19  AAO Board of Trustees’ meeting—AAO office in Indianapolis

Nov. 23-24  Thanksgiving holiday—AAO office closed

Nov. 30  AAO Resident of the Year nominations due

Dec. 1  FAAO applications due

Dec. 1  AAO osteopathic research grant proposals due

Dec. 8-10  Evidence-Based Visceral Manipulation: Finding Best Practices for Evaluation and Management—Kenneth J. Lossing, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth

Dec. 13  Committee on Fellowship in the AAO teleconference—8 p.m. Eastern

Dec. 25  Christmas Day—AAO office closed

Jan. 1  New Year’s Day—AAO office closed

Jan. 17  Committee on Fellowship in the AAO teleconference—8 p.m. Eastern

Jan. 25-28  Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth

Feb. 2-3  AAO Education Committee’s meeting—AAO office in Indianapolis

March 18-20  Pre-Convocation course—Introduction to the Fascial Distortion Model—Todd A. Capistrant, DO, MHA, course director—Hilton Anatole in Dallas

March 18-20  Pre-Convocation course—Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis—Bruno Chikly, MD, DO (France), course director—Hilton Anatole in Dallas

March 18-20  Pre-Convocation course—The Twig Unbent: An Osteopathic Approach to Common Orthopedic Problems in Children—Heather P. Ferrill, DO, MS MEdL, and Lisa Ann DeStefano, DO, course directors—Hilton Anatole in Dallas

March 18-20  Pre-Convocation course—Visceral Motility and Visceral Chains—Kenneth J. Lossing, DO, course director—Hilton Anatole in Dallas

March 20  Committee on Fellowship in the AAO’s interviews and meeting—Hilton Anatole in Dallas

March 21  AAO Board of Trustees’ meeting—8 a.m. to noon—Hilton Anatole in Dallas

March 21  AAO Board of Governors’ meeting—1 to 5 p.m.—Hilton Anatole in Dallas

March 21-25  2018 Convocation—Osteopathic Legends: Their Legacies Live On—David R. Boesler, DO, program chair—Hilton Anatole in Dallas

March 24  AAO Board of Trustees’ meeting—11 a.m. to 2 p.m.—Hilton Anatole in Dallas

March 25  Post-Convocation course—Residency Program Directors Workshop—Stephen I. Goldman, DO, FAAO, FAOASM, course director—Hilton Anatole in Dallas

April 20-22  Muscle Energy for the Total Body—Walter C. Ehrenfeuchter, DO, FAAO, course director—The Pyramids in Indianapolis

June 7-9  Prolotherapy and Platelet-Rich Plasma—Mark S. Cantieri, DO, FAAO, and George J. Pasquarello, DO, FAAO, course directors—Marian University College of Osteopathic Medicine in Indianapolis

Editor’s note: Names that appear in bold type in AAO Member News indicate members of the Academy. Send news to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.
The American Osteopathic Association’s Distinguished Service Certificate is the AOA’s highest honor. It is awarded annually to deserving physicians or lay individuals for outstanding accomplishments in advancing the science and art of osteopathic medicine, education, philanthropy or other fields of public service. All three of the 2017 recipients are associated with the AAO.

**Sister Anne Brooks, DO**, who retired in 2017 after 34 years at the Tutwiler Clinic in Mississippi, devoted her life to serving the poor. She regularly worked 12-hour days in an area where 7 out of 10 patients had no way to pay for care. Dr. Brooks was known as a true osteopathic physician who embodied the holistic approach of the profession. Dr. Brooks is an honorary life member of the AAO. Read more about Dr. Brooks in a June 28 article from the American Osteopathic Foundation.

**Michael M. Patterson, PhD**, of Plantation, Florida, has dedicated his life to the education, research and dissemination of osteopathic principles and practice. With a background in chemistry, zoology and psychology, Dr. Patterson received training in osteopathic clinical practice and cranial manipulation from Paul E. Kimberly, DO, FAAO, and Edna M. Lay, DO, FAAO Dist.

Dr. Patterson served on the faculty of five universities, and he has held positions with numerous professional associations, including the AAO’s Louisa Burns Osteopathic Research Committee, the AOA’s Council on Research and the Scientific Council of the International Federation of Manual Medicine. He chaired the AOA Research Conference in 1975, 1984 and 1989, and he organized and chaired the first and second AAO International Symposia in 1989 and 1992. A long-time associate editor of The Journal of the American Osteopathic Association, he has also served on the Editorial Board for Osteopathische Medizin.

**Michael M. Patterson, PhD**, received the AOA’s Distinguished Service Certificate on Oct. 7 in Philadelphia.

(continued on Page 8)
AOF Recognizes 25 Academy Members

At the annual gala of the American Osteopathic Foundation, held Oct. 6 in Philadelphia, 25 members of the AAO and the Student American Academy of Osteopathy were recognized for their achievements.

Presidential Memorial Leadership Award
Katherine D. Kirby, OMS IV, from the Edward Via College of Osteopathic Medicine–Virginia Campus (VCOM-VC) in Blacksburg received the AOA Presidential Memorial Leadership Award. Established to honor the past presidents of the AOA and their commitment to the profession, this $7,500 award recognizes a medical student who has outstanding leadership skills and who is able to move people and organizations towards excellence. Kirby has served the Student Osteopathic Medical Association locally and nationally, and she has participated on two medical mission trips to Central America. She is dedicated to community engagement and volunteer opportunities.

OMM Resident of the Year
Saundra Y. Holseth, DO, was named the Resident of the Year in Osteopathic Manipulative Medicine. A 2015 graduate of the Philadelphia College of Osteopathic Medicine–Georgia Campus, Dr. Holseth is a resident at Larkin Community Hospital’s combined family practice–neuromusculoskeletal medicine program in East Orlando, Florida.

Dr. Holseth first learned about osteopathic medicine in college when a rugby team physician treated her. She was so impressed with the idea of manipulation and nonsurgical interventions that she became convinced that her medical career would be “osteopathic all the way.”

Golden Ticket Scholarships
The new Golden Ticket Scholarship Program recognizes exceptional osteopathic medical students while addressing the burden student loans place on coming generations of physicians. Recipients have demonstrated financial need while being in the top 25 percent of their classes. They have unmatched dedication to the osteopathic profession, and they are committed volunteers in their local communities. Two of the five recipients are members of the SAAO: Kortnee Michelle Koshiara, OMS III, from VCOM-VC, and Ryan Michael Paulus, OMS IV, from the Ohio University Heritage College of Osteopathic Medicine-Dublin Campus.

Welch Scholars Grant
These $1,500 grants recognize osteopathic medical students with outstanding academic achievement, participation in extracurricular activities, strong commitment toward osteopathic medicine, and financial need. The scholarship honors Sterling Welch, DO, for his outstanding generosity to the AOF and his desire to support osteopathic medical students. One grant is offered at each college of osteopathic medicine. The following 14 SAAO members received Welch Scholars Grants: Dakotah Rose Forell, OMS III, from VCOM-VC; Christian L. Menezes, OMS III, from the Lake Erie College of Osteopathic Medicine; Caleb Benjamin Hentges, OMS IV, from the Midwestern University Arizona College of Osteopathic Medicine; Natalia Ann Sopiarz, OMS III, from the Midwestern University Chicago College of Osteopathic Medicine; Vatche James Melkonian, OMS IV, from the Nova Southeastern University College of Osteopathic Medicine; Sienna Rose Laughton, OMS II, from the Pacific Northwest University of Health Sciences

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Kendi L. Hensel, DO, PhD, Named Master Educator

On Oct. 7, AAO Trustee Kendi L. Hensel, DO, PhD, was named Master Educator by Training the Osteopathic Professions Core Educators (TOPCE) during the organization’s program at OMED 2017 in Philadelphia.

TOPCE is the faculty development program administered by the American Association of Colleges of Osteopathic Medicine. Each fall, two people are chosen by the program to represent the best in the osteopathic profession. It is designed to showcase the educator. When chosen, the educator is asked to “give their best talk,” and to be free to interact with those attending in new and interesting ways.

Education has moved from presentations by PowerPoint to active learning where the people attending an educational event are expected to interact and participate in the activity. Master Educators are one way to move the new paradigm forward.

Dr. Hensel has done groundbreaking research in osteopathic manipulative medicine. She has brought together researchers and research groups to work together to create new knowledge. And she has led the Education Council on Osteopathic Principles (ECOP), which consists of the chairs and heads of each academic unit overseeing education in osteopathic manipulative medicine, in an effective manner.

Dr. Hensel has tackled issues like the technical requirements expected of each student entering an educational program in osteopathic medicine, advancing the idea that teaching someone requires experiencing health-related interactions. This is exhibited in DO schools by having every student experience the role of patient and allowing themselves to be examined by other students.
**Call for Research Grant Proposals: Due Dec. 1**

The AAO’s Louisa Burns Osteopathic Research Committee (LBORC) is seeking research grant applications involving health care outcomes in the practice of osteopathic medicine, with an emphasis on using osteopathic manipulative medicine or treatment (OMM/OMT) in patient care. Areas of particular interest include, but are not limited to:

- Mechanism of action of OMT
- Biomarker assessment in OMT treatment delivery
- OMT technique understanding or development
- Inter-examiner improvement of OMM/OMT record keeping
- Improvement of OMT-specific measures of physiologic influence, changes, lengths of changes and responses to treatment
- Statistical data gathering instruments such as surveys, SOAP notes, health status assessments, and instruments for bias reduction

The AAO will not fund research and development of machines or equipment engineering. Equipment development and engineering design research is explicitly excluded from this venue.

The due date for the letter of intent in the next review cycle is Dec. 1, 2017. Grants are due Jan. 15, 2018, and the AAO Board of Trustees will review selected proposals in March. Funds will be released May 1, 2018.

The next deadline for letters of intent is June 1, 2018, for funds released Nov. 1, 2018. Contact Debbie Cole, the LBORC’s staff liaison, with any questions at DCole@academyofosteopathy.org or at (317) 879-1881, ext. 215.

**2018 Convocation Registration Open**

Registration is open for the AAO’s 2018 Convocation, “Osteopathic Legends: Their Legacies Live On.” Chaired by David R. Boesler, DO, the program will run from March 21-25 at the Hilton Anatole in Dallas. Download the full brochure or register at www.academyofosteopathy.org/Convocation.

**Hotel Reservations**

To make your reservations at the Hilton Anatole in Dallas, all non-student attendees should visit https://aws.passkey.com/gt/213350483?gtid=25fad95a35e41647724d0894c6b61e5. Student attendees should visit https://aws.passkey.com/gt/213937368?gtid=749e0b51c578b4494eb7c715e66b5834. To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students). Rates start at $199 ($169 for students) per night. Learn more about the Hilton Anatole and Dallas.

**Exhibitors**

To learn about exhibiting at the Convocation, visit www.academyofosteopathy.org/exhibitors, or download the 2018 exhibitor prospectus. While Convocation registration has broken records the past two years, exhibit fees have remained steady.

The AAO’s 2018 Convocation will be held at the Hilton Anatole in Dallas, March 21-25. Learn more at www.academyofosteopathy.org/Convocation.
OES Committee Chair Expresses Appreciation

Howdy all,

I would like to take this moment to personally thank all of the individuals, DOs and AAO staff alike, who volunteered their valuable time to help make the Osteopathic Education Service (OES) a huge success at OMED 2017 in Philadelphia. **THANK YOU!**

OES volunteers provide personalized hands-on demonstrations of osteopathic manipulative medicine. It is a unique program that provides the opportunity for DOs to be seen and evaluated by their fellow colleagues. For many attendees, this is the one and only time they get to be on the other side of the treatment table. Although it is an awesome teaching opportunity, OES’s main goal is to give back to the DOs who tirelessly give day in and day out in their practices.

As always, my goal for this program is to make it easier for more DOs to be seen and still provide education opportunities for students and fellow DOs alike. Thank you again to those who volunteered. I respectfully ask that you continue to support our program with your time and dedication in the upcoming years. Bring a fellow colleague to help out next time you volunteer!

The following 16 volunteers provided 117 educational demonstrations during OMED 2017:

- Murray R. Berkowitz, DO, MPH, FAOCOPM
- Warren W. Chin, DO
- Nate F. DeLisi, DO, BA
- Marika Jevbratt, DO
- Scott Leggoe, DO
- Nicholas Newbury, DO
- Michael Purcell, DO
- Andrew I. Schwartz, DO
- Pierce Sherrill, DO
- Jacob Stinson, DO
- John P. Tortu, DO
- Richard Tancer, DO
- Col. Ralph C. Walsh Jr., DO
- Gary S. Winn, DO, MPH
- Sue Yang Novellino, DO
- Yevgeny Zadov, DO

Please accept my sincerest apology if I have left your name off this list.

Volunteer physicians earn 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide.

As always, a special thanks to the AAO volunteers and staff who go out of their way to provide invaluable OES support: Bev Searcy, Brooke Lamb, Taylor Bridgeforth, Debbie Cole, Lauren Good, Gennie Watts and Sherri Quarles. Outstanding work!

Fraternally yours,
Col. Ralph C. Walsh Jr., DO
Chair, Osteopathic Education Service Committee

OES Committee Chair Col. Ralph C. Walsh Jr., DO, took time to treat Vice Chair Nate DeLisi, DO, during the AAO’s Osteopathic Education Service at OMED 2017 in Philadelphia. (Photo by Taylor Bridgeforth)
Sign Up for the AAO Mentor Program

The mission of the American Academy of Osteopathy’s Mentor Program is to provide guidance and leadership to members of the Student American Academy of Osteopathy. This program is designed to increase osteopathic-specific education during the clinical years of osteopathic medical school by:

- reaching out to osteopathic medical students early in their education to positively influence their careers.
- providing educational and career guidance on choosing hospital sites for third- and fourth-year rotations, selecting internships and residencies and, ultimately, incorporating osteopathic philosophy into all aspects of medicine.

All osteopathic medical students and osteopathic physicians who belong to the Academy are invited to participate in the mentorship program. This is an excellent opportunity for students to obtain career advice from clinicians and for physicians to contribute to making the profession stronger.

When you register for the AAO’s Convocation, select either of the mentorship meetings (Wednesday, March 21, from 9 to 10 p.m., or Thursday, March 22, from 8 to 9 p.m.) to learn more and to meet prospective mentors and protégés.

Frequently Asked Questions

I want to be a mentor, but I don’t know if I have the experience. What should I know?

Any physician, including residents, can be a mentor. If you’ve been through the trenches of medical school, weighed seemingly endless career options, and have struggled and are living the journey, you have invaluable insight to provide to medical students. A mentor does not have to have all the answers, but provides an ear to listen. It helps students to be in contact with someone who has been where they are, and it helps them see where they are going. Mentors can help students build goals and encourage them to reach those goals.

What would be expected of me as a mentor/protégé?

Meeting during Convocation is a great place to start. Being available throughout the year for questions via email, phone, text or social media would be even better. Checking in with your protégé to see how they are doing every once in a while, ideally monthly, would be best. That being said, whatever interval that the mentor and protégé either agree upon or that naturally unfolds is fine as well. There are no definitive requirements.

To be an effective mentor/protégé, how much time should I expect to spend doing it per month?

Time spent with your protégé would vary per month and throughout the year. Since the mentor and protégé may be in different parts of the country, then the email or phone contact options will be most useful. To be an effective mentor, check in with your protégé once a month either by email, phone, text or social media. Protégés should feel free to reach out to mentors when faced with difficult decisions or whenever they need extra support or advice.

What kind of support is there for me as a mentor? Are there guides or worksheets I could use to start conversations with my protégé?

Conversation starters are provided at Convocation to help ignite the mentor-protégé relationship. Feel free to use those as a general starting point, and then move on to your own mentor-protégé questions and concerns, as you see fit. There are many resources online on how to be an effective mentor, including http://www.rackham.umich.edu/downloads/more-mentoring-guide-for-mentors.pdf.

Should I plan to attend both meetings or will it suffice to attend one?

You will be matched with a mentor or protégé during the meetings at Convocation. You only need to attend one.

What kinds of activities will happen at the meetings?

During the mentorship meeting at Convocation, you will be matched with your mentor or protégé. We will provide a list of conversation starters, and the rest is up to you!

There are a lot of things going on at Convocation, why should I attend the mentorship meeting?

There are so many things going on at Convocation: meeting with old friends, colleagues, attending workshops, teaching workshops. One thing we can do for our profession is to invest in the future. As we all know, the future of osteopathic medical education and graduate medical education will look different. It is our duty to engage with students and inspire them to learn and know osteopathic medicine, so the torch can be carried on proudly in the future. Through the AAO Mentor Program, you will be matched with a medical student who will be looking to you on how you use osteopathic manipulative medicine in your practice, so that he or she may be inspired to use osteopathic manipulation as well.

Learn more

For more information, contact Taylor Bridgeforth, the AAO’s communications and administration assistant, at (317) 879-1881, ext. 210, or TBridgeforth@academyofosteopathy.org.
In Memoriam:
AAO Loses Past President Robert E. Kappler, DO, FAAODist, FCA

Robert E. Kappler, DO, FAAODist, FCA, died on Wednesday, Oct. 18. Dr. Kappler was the 1980-81 president of the Academy, and he was a recipient of the AAO’s Andrew Taylor Still Medallion of Honor and the FAAO’s Distinguished Service Award.

Dr. Kappler graduated from the Chicago College of Osteopathic Medicine (CCOM) in 1958, and he began his many years of service on the CCOM faculty as an instructor in osteopathic theory and practice, eventually becoming professor and chair of the Department of Osteopathic Manipulative Medicine (OMM) and the director of the Center for Osteopathic Research and Educational Development. He also served as chief of staff for the Chicago Osteopathic Hospital.

During his time at CCOM, Dr. Kappler was instrumental in developing the Educational Council on Osteopathic Principles, a national group of OMM department chairs who meet to discuss ideas pertaining to the teaching of osteopathic principles and practices, and he established the undergraduate OMM fellow program.

When Kurt P. Heinking, DO, FAAO, an AAO governor, arrived at CCOM as a first-year student in 1989, he was impressed with Dr. Kappler’s breadth of osteopathic knowledge and his gentle demeanor. As an undergraduate fellow, Dr. Heinking worked closely with Dr. Kappler, and in 1998, he joined Dr. Kappler as a faculty member in CCOM’s OMM Department. For many years, the duo drove to the northern Chicago suburbs every Friday to treat members of the Chicago Bears football team.

Dr. Heinking says he will miss Dr. Kappler’s practical approach to issues and “always learning something new, even though I may have heard it 100 times before!”

In addition to leading the Academy, Dr. Kappler served as president of the Illinois Association of Osteopathic Physicians and Surgeons and the Osteopathic Cranial Academy, and he served on the National Board of Examiners in Osteopathic Medicine and Surgery, on the AOA Bureau of Professional Education, and on the editorial boards of The Journal of the American Osteopathic Association (JAOA), Osteopathic Physician, and Patient Care Magazine.

In his life, Dr. Kappler was honored with more than a dozen awards from various associations, including the CCOM Alumni Association’s Outstanding Achievement Award in 1983 and in 1994, the American Osteopathic Foundation’s Gutensohn-Denslow Research Award in 1997, the AOA’s Educator of the Year Award in 2004 and the AOA’s Great Pioneer Award in 2008. The AAO recognized Dr. Kappler with the A.T. Still Medallion of Honor in 2000 and with the FAAO Distinguished Service Award in 2013. He delivered the AAO’s Thomas L. Northup lecture in 1991.

Upon learning of Dr. Kappler’s death, Dennis J. Dowling, DO, MA, FAAO, a current governor and former president of the Academy, wrote, “I have so many wonderful memories of ‘The Boss.’ He was a teacher and a friend, and I have missed him and will continue to do so. He was incredible!”

Private condolences can be sent to the family via Peterson-Bassi Chapels’ website, and memorial contributions to AAO’s Golden Ram Society may be made online or mailed to the AAO office at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.
AAOJ Call for Submissions

Dear osteopathic colleagues:

Greetings from The AAO Journal! I am the newly appointed editor-in-chief of the journal, and I would like to update you on some exciting changes and ask for your support.

First off, we are aware that time is precious and article writing is often triaged for busy physicians. In an effort to help guide the journal and stimulate interest in academic and scholarly activity, we are providing some broad topics that can be “reserved” for you. These are by no means the only topics for the journal, but it helps to eliminate the writer’s block that so many of us may have.

Second, we are asking for peer reviewers to assist us in producing the best journals we can, so please contact AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org if you can help in this capacity. No experience is required, and training resources will be provided. Peer reviewers are expected to review at least two manuscripts per year.

Third, we are working on updating the journal submission methods and searchability. More to come on this in future communications.

Finally, we are hoping to provide a platform for submissions from osteopathic medical students so they can begin learning the art of journal writing and scholarly activity. Look for student submission sections in future issues.

Below are the topics available to reserve if you would like to support your portfolio with academic writing:

- Osteopathic approaches to treating patients with pelvic dysfunctions
- Osteopathic approaches for the cardiac patient
- The body triune: osteopathic treatment of mind and spirit for today’s patient
- Beyond Spencer technique: OMT for shoulder overuse
- Using OMT to treat patients with long-term side effects of radiation for cancer treatment

If you have interest in any of these topics, send an email to Lauren Good and reserve your topic today. Manuscripts should be emailed to editoraaoj@gmail.com within three months of reserving a topic. See the AAOJ’s Instructions for Contributors for more information on submitting manuscripts.

I look forward to the opportunity to assist the AAOJ as the editor-in-chief. Please feel free to contact me if you have any questions.

Best Regards,

Janice Blumer, DO, FAAO
(541) 259-0219
jblumer@westernu.edu

### Giving Tuesday: Nov. 28

The day after Thanksgiving, popularly called Black Friday, is undoubtedly the largest shopping day of the year, and retailers load up on sales and stock. In the early 2000s, marketing companies persuaded people to shop the sales online on Cyber Monday, and in 2012, Giving Tuesday was celebrated for the first time. We encourage you to make your Giving Tuesday plans in the spirit of thankfulness that sometimes gets buried by the holiday advertising.

Giving Tuesday is an international day of giving that was initiated by the United Nations Foundation and the 92nd Street Y in New York. It’s a reminder at the beginning of the holiday season to consider the profound impact your gifts can have. This year, Giving Tuesday is Nov. 28. Please consider making a donation to any of the AAO’s funds: the Golden Ram Society, the Nicholas S. Nicholas Fund or the Anne L. Kempf Memorial Fund.

The **Golden Ram Society** supports the AAO’s general operating fund, allowing the Academy to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts. Donations to the **Nicholas S. Nicholas Fund** provide scholarships for students attending the AAO’s annual Convocation, and donations to the **Anne L. Kempf Memorial Fund** finance continuing medical education opportunities to learn the founding osteopathic principles as taught by Andrew Taylor Still, MD, DO.

There’s no need to wait until Nov. 28 to make your tax-deductible contribution to the AAO. Give early and give often!
**AACOM: ED to MED**

As the Senate moves toward negotiations with the House to work out differences with each respective chamber’s fiscal year 2018 budget, there are many issues of interest to osteopathic medical education (OME) on the education front. Both bills call for education reforms, including the potential elimination or capping of the Public Service Loan Forgiveness (PSLF) Program. This and other programs such as Grad PLUS, which medical students depend on to help cover the cost of their education, are being negotiated by Congress now. The American Association of Colleges of Osteopathic Medicine (AACOM) calls on you to speak up to emphasize the importance of these programs to the future physician workforce.

AACOM will continue to strongly advocate on the importance of these programs and will be launching a SAVE PSLF campaign through its ED to MED campaign, as well as mobilizing ED to MED advocates and their national partner allies to present a unified voice on Capitol Hill. They will be calling on their members in the coming weeks to protect PSLF and Grad PLUS and to ensure medical students and other health care professionals of tomorrow can afford to practice where they are needed most across the country.

Organized by AACOM, ED to MED brings together medical students, educators and advocates from across the country to raise the profile of graduate student debt issues in Congress. Join ED to MED to reach policymakers and shape the policy issues that will affect the financial futures of health care professionals.

**AOMA Highlights AAO Member Achievements**

At the 95th annual convention of the Arizona Osteopathic Medical Association (AOMA), held April 19-23 in Scottsdale, Academy members received multiple awards and honors.

**AAA Governor William H. Devine, DO**, of Phoenix, was named AOMA’s Physician of the Year. The award recognizes a member who provides their community with compassionate, comprehensive and caring medical services on a continuing basis; is directly and effectively involved in community affairs; and supports their community, state, professional associations and humanitarian programs.

**Anthony Michael Will, DO**, of Glendale, Arizona, received the Excellence in Osteopathic Medical Education Award. The award honors a physician or non-physician who has contributed significantly to the advancement of osteopathic medical education in Arizona.

**Dennis Malixi Datuin, OMS III**, of Phoenix, was recognized with the Student Distinguished Service Award. The award honors a student currently enrolled in an osteopathic medical school who has provided significant contributions and service to the school, community and AOMA.

**Joanna Maureen Sitzman, OMS IV**, from the A.T. Still University School of Osteopathic Medicine, and **Heather Johnston, OMS III**, from the Midwestern University Arizona College of Osteopathic Medicine (MWU/AZCOM), were awarded Arizona Osteopathic Charities’ Student Scholarships of $500 each after writing 500-word essays about how they planned to contribute to the future of osteopathic medicine in Arizona and the United States.

SAAO members from MWU/AZCOM swept the awards for the Clinical Case Competition. **Leah Kurth, OMS III**, placed first with her poster titled “Gastro-

(continued on Page 16)
Committee Corner

We will do our best to keep members updated on committee activities in this recurring section.

See a complete list of committees at www.academyofosteopathy.org. Do not hesitate to contact the committee’s staff liaison or the committee chair with any questions or concerns.

The Board of Trustees will meet in November to begin strategizing and developing the road map for the next incarnation of the AAO’s strategic plan (2019-21). The 2015-18 strategic plan focused on communication and technology, education, membership and mentoring, and advocacy and partnership. The Board will be sending out additional information to ask for your suggestions.

The Informational Technologies Committee is investigating electronic resources for The AAO Journal, specifically online manuscript management services and online hosting. The hope is that these platforms would improve the AAOJ’s usability for authors and researchers, leading to broader distribution.

The Louisa Burns Osteopathic Research Committee has reviewed reports from the subcommittee members: The Research Poster Presentation Subcommittee updated and confirmed the information and due dates for the presentations and abstract submissions. The Research Training Subcommittee confirmed due dates for project proposals and discussed the format of the research forum. The Research Grants Review Subcommittee presented and discussed the grant review timeline for research grant proposals which were approved by the LBORC members. Due date for a letter of intent is Dec. 1, 2017.

The Membership Committee is evaluating ways the AAO can be more welcoming to allopathic physicians and other health care professionals, including specific ways to increase their knowledge of osteopathic medicine and how to encourage them to attend Convocation and other CME opportunities.

The Osteopathic Medical Economics Committee is working in task groups on the following items: AAO website resources for billing, coding and reimbursement; MACRA in terms of OMM/OMT; data gathering of billing and reimbursement issues; CME programming for billing, coding and reimbursement issues; developing the Health Care Policy Fellows as resources; and developing a Bureau of Experts.

AOMA-AAO member achievements

(continued from Page 15)

enteritis, Multisystem Organ Failure, and a Rash in Pregnancy: An Uncommon Diagnosis Highlighting an All Too Common Problem.” Jordan Gary Hunter, OMS III, placed second with “Intractable Vomiting: A Dissection in Disguise,” and Sameen Shazia Sharieff, OMS III, placed third with “Cerebral Edema in Disguise: A Rarely Reported Complication of Contract Dye.” A total of $1,500 was awarded by the grant from the HonorHealth Foundation.


Matthew James Kunz, OMS I, tied for first place in the student research category with his poster titled “Where Are We Going and Who Are We Serving? An Analysis of Trends in Osteopathic Medical Graduates Practice Type and Location.” Jalicia Sturdivant, OMS I, won second place in the category with “Optimized Decoy Recombinant CD47 for Effective Mitigation of Thrombospondin 1-induced Vascular Dysfunctions: A Mechanistic Study.” Kunz and Sturdivant also are students at MWU/AZCOM.

Student years reflect their status at the time of the event.

Join the conversation:
Follow us on social media!

Join the conversation:
Follow us on social media!
Membership Reminders

2017-18 Membership Dues
Membership dues for the 2017-18 fiscal year were due July 31. If you have not already done so, log in to your account at www.academyofosteopathy.org to pay your invoice securely online. Direct all membership inquiries to Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

Resident of the Year Nominations Due Nov. 30
All neuromusculoskeletal medicine and osteopathic manipulative medicine residency programs and AAO component societies are invited to submit nominations for the Academy’s 2018 Resident of the Year award. Learn more at www.academyofosteopathy.org/resident-of-the-year.

Nominations are due Thursday, Nov. 30. If you have any questions, contact Debbie Cole at DCole@academyofosteopathy.org or at (317) 879-1881, ext. 215.

FAAO Applications Due Dec. 1
Members interested in pursuing an FAAO, the earned postdoctoral degree conferred by the AAO, should submit their applications by Friday, Dec. 1. Learn more at www.academyofosteopathy.org/fellowship-program. If you have any questions, contact Debbie Cole at DCole@academyofosteopathy.org or at (317) 879-1881, ext. 215.

Members in the News

In the Spring/Summer 2017 issue of Still Magazine, SAAO member Eric Richard Lesh, OMS IV, from the A.T. Still University–Kirksville College of Osteopathic Medicine, discusses the importance of considering patients’ backgrounds in “The Case for Inclusion.” Lesh says, “You have to be considerate of every patient’s situation… Amish patients don’t have any traditional health care plans, so you have to be mindful of that, especially when it comes to prescribing medication.”

In “The Case for an Osteopathic Entrustable Professional Activity,” published in the October 2017 issue of The Journal of the American Osteopathic Association (JAOA), Jennifer I. Weiss, DO; Melissa G. Pearce, DO; Stacey Pierce-Talsma, DO, MS-EdL, FNAOME, discuss the uncertainty about osteopathic training in the face of the single accreditation system that will be finalized in 2020.

Robert W. Hostoffer, DO, PhD, FAAP, FACOP, FACOI, FCCP; and Michael P. Rowane, DO, MS, FAAFP, FAAO, are among the authors of “Scholar 7: The Development of Regional Community Hospitals’ Scholastic Environment” published in the October 2017 issue of the JAOA. The article highlights the importance of scholarly activity to ensure a smooth transition to the single accreditation system. Scholar 7 is a series of seven two-hour sessions to help faculty and residents in the journey of educational work and to simplify change throughout the community hospital environment by creating a self-replicating scholarly culture in a timely and cost-efficient manner.

OPENING IN NORTH TEXAS
North Texas Musculoskeletal Medicine has an opening for a physician specializing in osteopathic manipulative medicine. We are a rapidly growing musculoskeletal clinic in Southlake, TX, with OMT as a primary procedure. Please contact Dr. Minotti at DrMinotti@ntxmsk.com with further questions or to submit your CV.

NMM PLUS 1 RESIDENCY PROGRAM IN SOUTHAMPTON, NY
NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org, Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126, or Education Department Secretary Karen Roberts at (631) 726-0409.

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR
Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for 2017-18 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must have finished any type of AOA-approved residency by June 2017. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.

Editor’s note: Names that appear in bold type in AAO Member News indicate members of the Academy. Send news to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.
During this course, attendees of all experience levels will learn techniques for palpat ing, diagnosing and treating patients with a variety of visceral dysfunctions.

Radiological research conducted in England, France and Germany during the last 20 years provides a basis for knowing what is normal, what is common, and what is pathological in the viscera. Studies using magnetic resonance imaging, computed tomography, ultrasound, x-ray and fluoroscopy have shown that dysfunctional viscera move less than healthy viscera. Studies are just beginning to cross-correlate osteopathic diagnosis, medical diagnosis, ultrasound diagnosis pre- and post-treatment.

Attendees will learn how to diagnose and treat dysfunctions in the thorax, abdomen and pelvis using motion testing, motility, arterial and venous systems, neurological systems, the lymphatic system and emotional connections.

**Continuing Medical Education**

22 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**

Friday and Saturday from 8:30 a.m. to 5:30 p.m.
Sunday from 8:30 a.m. to 3:30 p.m.

**Meal Information**

Morning coffee, tea and juice will be provided each day as will lunch. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

**Course Location**

University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

**Travel Arrangements**

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Registration Fees**

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

**Registration Form**

Evidence-Based Visceral Manipulation
Dec. 8-10, 2017

Name: __________________________ AOA No.: ____________

Nickname for badge: ____________________________________________

Street address: _________________________________________________

_______________________________________________________________

City: ______________ State: _____ ZIP: ______________

Phone: __________________ Fax: __________________

Email: __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _________________________________________________

Click here to view the AAO’s cancellation and refund policy.

Click here to view the AAO’s photo release statement.
This course will:

- provide basic and refresher knowledge and skills for program directors and core teaching faculty who supervise osteopathic manipulative treatment (OMT) in clinics.
- help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies.
- be valuable for clinicians interested in adding OMT to their skill set.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT. The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of *Greenman's Principles of Manual Medicine, 5th edition*.

**Course Times**

Thursday from 1 to 6 p.m.
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 8 a.m. to 4 p.m.

**Continuing Medical Education**

28 credits of AOA Category 1-A CME anticipated.

**Meal Information**

Morning coffee, tea and juice will be provided Friday through Sunday, as will lunch. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

**Course Location**

University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

**Course Faculty**

Richard G. Schuster, DO, and David C. Mason, DO, MBA, FACOFP

**Travel Arrangements**

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Registration Fees**

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* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

**Registration Form**

Introduction to Osteopathic Manipulative Medicine
Jan. 25-28, 2018

Name: ____________________________ AOA No.: ____________

Nickname for badge: ____________

Street address: ____________________________

City: ____________________________ State: ______ ZIP: ____________

Phone: ____________________________ Fax: ____________________________

Email: ____________________________

Check here to view the AAO’s cancellation and refund policy.

Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
**Course Description**
Sometimes referred to as module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM).

Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM ties into traditional osteopathic education and expands the toolbox you use to help more patients.

This is an excellent opportunity for physicians just learning about FDM or for physicians who are familiar with it but want to dive a little deeper.

**Continuing Medical Education**
24 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**
Sunday through Tuesday from 8 a.m. to 5 p.m.

**Meal Information**
Breakfast and lunch are on your own. Coffee and tea will be provided.

**Course Location**
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: [physician link](#), [student link](#). To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students).

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

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**Registration Form**
Introduction to the Fascial Distortion Model
March 18-20, 2018

Name: ___________________________ AOA No.: ____________

Nickname for badge: ____________________________

Street address: ____________________________

__________________________________________

City: ___________________________ State: _____ ZIP: ____________

Phone: ___________________________ Fax: ___________________________

Email: ____________________________

☐ I am a practicing health care professional.

☐ I am a resident or intern.

☐ I am an osteopathic or allopathic medical student.

☐ I will attend the AAO’s 2018 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Cardholder’s name: ____________________________

Expiration date: _______________ 3-digit CVV No.: ____________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

View the AAO’s cancellation and refund policy.

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis

A Pre-Convocation Course • March 18-20, 2018 • Hilton Anatole in Dallas

Course Description
A growing number of people are diagnosed with chronic fatigue syndrome, fibromyalgia and other chronic pain conditions. These patients need effective, noninvasive treatment that doesn’t aggravate their conditions. This course will provide participants the tools to recognize these conditions and to effectively treat those patients.

The assessment and treatment will be done over six specific key lesions (three in the front of the body and three in the back). The treatment will be a blend of Dr. Chikly’s lymph and brain techniques.

The lymph techniques will include lymph mapping and some specific viscera work using a lympho-fascia release approach to viscera such as the liver, pancreas, heart, etc. The brain techniques will include intracranial membranes using curved bionsecrity, brainstem, etc. Specific sacrum techniques will also be presented.

By the end of the course, participants will be able to identify several chronic pain conditions; describe the comorbidity, known causes, and differential diagnoses of these conditions; and explain the importance of the lymphatic system in addressing these conditions.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8:30 a.m. to 6 p.m.
Tuesday from 8:30 a.m. to 4:30 p.m.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: click here.
To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians).

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis
March 18-20, 2018

Name: ___________________________ AOA No.: __________
Nickname for badge: ___________________________
Street address: ___________________________
_________________________________________________________________________
City: ___________________________ State: ______ ZIP: __________
Phone: ___________________________ Fax: __________
Email: ___________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I will attend the AAO’s 2018 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ___________________________
Cardholder’s name: ___________________________
Expiration date: ____________ 3-digit CVV No.: ____________
Billing address (if different): ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This program is designed to focus on treating children with common pediatric orthopedic complaints using osteopathic manipulative treatment within the larger context of medicine.

Attendees will learn a variety of approaches to treating upper and lower extremity dysfunctions, as well as scoliosis and headaches. Attendees will practice moving attention through bone, fluid and membrane to augment perception ability and treatment effectiveness.

Modalities include balanced ligamentous tension (BLT), balanced membranous tension (BMT), facilitated positional release (FPR), muscle energy technique (MET) and intraosseous techniques.

Continuing Medical Education
19 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Sunday and Monday from 8 a.m. to 5 p.m.
Tuesday from 8 a.m. to noon.

Meal Information
Breakfast and lunch are on your own. Coffee and tea will be provided.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: physician link, student link.
To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students).

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
The Twig Unbent: An Osteopathic Approach to Common Orthopedic Problems in Children
March 18–20, 2018

Name: ___________________________ AOA No.: ______________
Nickname for badge: ___________________________
Street address: ___________________________
__________________________ __________________________
City: ___________________________ State: _______ ZIP: ______________
Phone: __________________________ Fax: ______________
Email: __________________________

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

View the AAO’s cancellation and refund policy.
View the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
In this course, attendees will explore the inherent motions, or motility, of the viscera of the thorax, abdomen and pelvis. These motions are not to be confused with the motility of the gastrointestinal tract as described in gastroenterology books, nor with mobility, which is movements caused by respiration. Visceral motility occurs at a rate of 5 to 7 cycles per minute, concurrent with a visceral motility of the brain. As the organ moves away from the midline, it is called inspir, and when returning to the midline it is called expir. This motion is three-dimensional. Its amplitude is small enough that it can’t be measured or seen radiographically, but it is palpable. In organs that are weak or strained, the motility is less. In addition to being palpable, the strength of motility can be palpated in the corresponding meridian. The motions reproduce the embryological development.

Visceral chains connect the cranium, the viscera, the upper and lower extremities and the spine. We find these chains in patterns, which allows us to be able to more precisely understand, diagnose and treat what appear to be cranial, musculoskeletal and visceral problems, in a more effective sequence.

“Central sag phenomenon” is a recent clinical discovery that connects Sutherland’s idea of sacral sag with spinal ligaments, visceral ptosis and prolapse, with the hips, psoas, and iliacus muscles. This sag phenomenon occurs quite frequently and is connected with recurrent low back pain, SIBO, bladder problems, urinary frequency and incontinence, BPH, fatigue, and difficulty standing for prolonged periods.

Course Times
Sunday and Monday from 8:30 a.m. to 5:30 p.m. and Tuesday from 8:30 a.m. to 4:30 p.m. Breakfast and lunch are on your own. Coffee will be provided.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Directors
Kenneth J. Lossing, DO, has been studying visceral manipulation with Jean-Pierre Barral, DO (France), for 30 years. An internationally recognized lecturer, Dr. Lossing contributed to the second and third editions of the American Osteopathic Association’s Foundations of Osteopathic Medicine textbook.

As the Academy’s 2014-15 president, Dr. Lossing starred in a two-minute video segment of “American Health Front!” that focused on osteopathic manipulative medicine.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Location
Hilton Anatole Dallas
2201 N. Stemmons Freeway, Dallas, TX 75207
Make hotel reservations now: physician link, student link.

To make your reservations by phone, call (214) 748-1200 and provide the group code (AAO for physicians, AAS for students).

Registration Fees

<table>
<thead>
<tr>
<th>registration fees</th>
<th>on or before Jan. 18, 2018</th>
<th>Jan. 19 through March 2, 2018</th>
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<tbody>
<tr>
<td>Academy member in practice</td>
<td>$828</td>
<td>$1,020</td>
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<tr>
<td>Resident or intern member</td>
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<td>$820</td>
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<tr>
<td>Student member</td>
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<td>$520</td>
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<tr>
<td>Nonmember resident or intern</td>
<td>$918</td>
<td>$1,120</td>
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1 Registrations received after March 2 will be processed on-site, incurring a $150 late fee. 2 The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form

Name: ____________________________  AOA No.: __________________

Nickname for badge: ____________________________

Street address: ____________________________

City: __________ State: _______ ZIP: _________

Phone: __________ Fax: __________

Email: ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

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View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to G Watts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Dec. 1-4, 2017
Michigan State University College of Osteopathic Medicine
Principles of Manual Medicine
Course director: Lisa A. DeStefano, DO
Course faculty: Rob Dowling, DPT; Logan Cooper, DPT;
Jennifer Gilmore, DO; Matthew Zatkin, DO; and Catherine
Donahue, DO
East Lansing, Michigan
28 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Dec. 7, 2017
Indiana Osteopathic Association
Preconference OMT Workshop
JW Marriott in Indianapolis
8 credits of AOA Category 1-A CME anticipated
Learn more and register at www.inosteo.org.

Dec. 8-10, 2017
Indiana Osteopathic Association
36th Annual Winter Update
JW Marriott in Indianapolis
25 credits of AOA Category 1-A CME anticipated
Learn more and register at www.inosteo.org.

Jan. 12-14, 2018
Michigan State University College of Osteopathic Medicine
Pediatric Manual Medicine
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
22 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Jan. 18-21, 2018
Osteopathy’s Promise to Children
The Motions, Life Forces and Healing Process:
How to Work With the Dynamics of Life and the Breath of Life
Course director: Philippe Druelle, DO (F-Qc)
Osteopathic Center San Diego
No credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Jan. 26-30, 2018
Michigan State University College of Osteopathic Medicine
Craniosacral Techniques: Part I
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Feb. 9-12, 2018
Michigan State University College of Osteopathic Medicine
Principles of Manual Medicine
Course director: Lisa Ann DeStefano, DO
East Lansing, Michigan
28 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

Feb. 17-18, 2018
Osteopathy’s Promise to Children
Introductory Course:
A.T. Still’s Approach to the Foot and Ankle
Course directors: Rue Tikker, DPM,
and Charles A. Beck, DO, FAAO
Osteopathic Center San Diego
12 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

April 20-24, 2018
Michigan State University College of Osteopathic Medicine
Muscle Energy: Park I
Course director: Carl Steele, DO
East Lansing, Michigan
34 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu/cme.

May 4-6, 2018
Osteopathy’s Promise to Children
A Dental Course: Expanding the Osteopathic Concept—
Beyond the Basics
Course directors: Raymond J. Hruby, DO, MS, FAAODist,
and Darick Nordstrom, DDS
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.