

Table of Contents

President's message 1

OMED sponsorships 1

Seeking AAOJ editor-in-chief 3

Seeking award nominations 4

AAO calendar 5

LBORC poster presentation results 6

Research grant opportunity 7

OsteoBlast update 8

Financial benefits of membership 9

Membership announcements 9

Golden Ram update 10

Members in the news 11

Fliers for upcoming courses 13

Affiliate Calendar 16

Message From the President

AAO Is Committed to Moving the Osteopathic Profession Forward

Many of us have been through periods of change, especially in health care. I think it is safe to say that we are in the midst of one of the most rapidly evolving eras in our health care environment. Change provides us with both challenges and opportunities.

Medical Education

I have been in medical education for over 25 years. Early in my career, I counseled many medical students on what to look for in a residency program. I would frequently advise them to avoid any potential residency that demonstrated significant changes. The consensus of many of my colleagues was that this was a sign of an unstable program.

I would never give that advice today. My current recommendation is a 180-degree difference. It is critical for any program to demonstrate that they can adapt to the many rapidly occurring changes around them, or it will not survive. Unfortunately, the residency program I trained in no longer exists. Looking back, the motto of my residency was "there is one way to do things: our way!" You were expected to keep to their proven formula. It is easy today to see why it is no longer around.

In the same spirit, the Academy and our profession must adapt rapidly to all of the

(continued on Page 2)

OMED Presenters Receive Sponsorship Awards

The AAO is pleased to announce that two of its speakers for OMED have received research sponsorship awards from the American Osteopathic Association (AOA). Aunna Herbst, DO, will address functional medicine in primary care, and **Kendi L. Hensel, DO, PhD**, will discuss pregnancy research at the conference, which will be held Oct. 7-10 in Philadelphia.

This is the second year that the AOA has chosen to grant six research speaker sponsorship awards in lieu of developing a program that would compete with the osteopathic specialty colleges' didactic sessions at OMED. To qualify for an award, a speaker must be a DO or PhD, and he or she must be disseminating the latest evidenced-based

research and/or programs in the field of the specialty college.

The Academy's program at OMED, "Using Osteopathic Principles and Philosophy in Specialty Medicine," will be chaired by Leslie M. Ching, DO, and the AAO has partnered with six specialty associations to provide a high-quality, varied program. The fact that the Academy's scheduled speakers received two of the six sponsorship awards emphasizes the quality of the program AAO will present.

Learn more about the AAO's program at OMED at www.academyofosteopathy.org/OMED. When you register for OMED, remember to select the

AAO as one of the specialty colleges whose program you will attend. Doing so will ensure that a portion of your registration fee is used to offset the costs of the program. You can register for up to four specialty colleges, but the fewer you select, the greater the portion that goes to each one.



Aunna Herbst, DO (left), and Kendi L. Hensel, DO, PhD (right), received sponsorships from the American Osteopathic Association to speak at OMED.



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American Academy of Osteopathy

Michael P. Rowane, DO, MS, FAAFP, FAAO, president
 Catherine M. Kimball, DO, president-elect
 Sherri L. Quarles, executive director

All members of the American Academy of Osteopathy receive AAO *Member News* eight times a year. Members can access past issues online at www.academyofosteopathy.org.

Members are invited to send their news to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.

Advertising rates for AAO *Member News* are listed below. AAO members and AAO component societies are entitled to a 20% discount on advertising. Call the AAO at (317) 879-1881, ext. 211, for more information. Although all advertising is expected to conform to ethical medical standards, acceptance does not imply endorsement by the American Academy of Osteopathy.

| 2017 Advertising Rates | |
|-----------------------------------|-------|
| Full page (7.5" x 10") | \$600 |
| Half page (7.5" x 5") | \$400 |
| Third page (7.5" x 3.3") | \$300 |
| Quarter page (3.75" x 5") | \$200 |
| Classified (per seven characters) | \$1 |

Multi-issue discounts are available. Please contact AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org for more information.

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President's message
 (continued from Page 1)

changes around us. We are committed to keeping our members informed. The American Osteopathic Association (AOA) will frequently share concerns about policy issues in Washington along with recommendations for the osteopathic profession. We respect the diversity of opinions within our membership. In that spirit, we hope this information will allow each individual member to determine his or her position on the issues. There are times that the Academy leadership will make specific recommendations on matters that we feel are in the best interest of our members, recognizing that our opinion may not be shared by everyone.

Osteopathic Recognition

The AOA, the American Association of Colleges of Osteopathic Medicine (AACOM) and the Accreditation Council for Graduate Medical Education (ACGME) are currently transitioning to a single accreditation system for graduate medical education that will be implemented by July 2020. This has created a need for rapid transformation of our current AOA residency programs to meet ACGME standards. To ensure that osteopathic graduate medical education continues, all current ACGME and transitioning AOA training programs can apply for ACGME Osteopathic Recognition.

Achieving ACGME Osteopathic Recognition is critical for continuing osteopathic medical education after our graduates complete their training in our osteopathic medical schools. The integration of osteopathic principles and practice (OPP) through residency and fellowship training is achieved with ACGME Osteopathic Recognition. An osteopathic learning environment is a welcome home for not only the graduates of

our osteopathic medical schools, but an opportunity for osteopathic-focused allopathic physicians who desire postgraduate training in a program that integrates OPP and osteopathic manipulative treatment (OMT) into that discipline.

The perceived challenges for our AOA training programs with the Single GME Accreditation System involve several items: the ability of our current AOA training programs to meet ACGME accreditation standards, completing an additional application to obtain ACGME Osteopathic Recognition, creating a pathway for non-osteopathic physicians to enter new ACGME Osteopathic Recognition training programs, and needing to meet the additional scholarly activity requirements expected in the ACGME. Each of these challenges has solutions, and our Academy is taking measures today to assist AOA training programs in this transition.

The AOA and ACGME have developed web pages to answer the many questions and provide tools for our training programs to be successful transitioning into the Single GME Accreditation system. The AOA's website provides an overview of the [value of osteopathic recognition](#), and the ACGME's website provides a [comprehensive guide to the single accreditation system](#).

The AAO Education Committee has been working over the last few years to develop courses and learning resources to assist training programs that want to achieve ACGME Osteopathic Recognition. Fundamental courses on OPP have been developed by the AAO so that allopathic physicians can have the necessary training to enter ACGME Osteopathic Recognition

(continued on Page 3)

Editor's note: Names that appear in bold type in AAO Member News indicate members of the Academy.

Send news to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.

President's message
(continued from Page 2)

training programs. These items were identified by the AAO's 2015-18 strategic plan.

Scholarly Activity

The one item that seems to cause the greatest anxiety in the transition through the Single GME Accreditation System is meeting the added requirements in scholarly activity. Each specialty has different requirements, but all expect scholarly activity to occur. Fortunately, the AAO has resources and opportunities for the osteopathic profession to overcome this perceived challenge.

In order to meet the scholarly activity needs of the osteopathic profession, AAO member **Robert W. Hostoffer Jr., DO, FAAP, FACOP, FCCP, FACOI**, developed two innovative research training programs, Scholar 7 and Scholar 4, along with his allergy-immunology chief fellow, Brian P. Peppers, DO, PhD.

Scholar 7 is a series of seven videos developed to allow a community-based physician to take a clinical observation and develop it into a proposal that would receive institutional review board approval. Read more about Scholar 7 and how to access it at www.academyofosteopathy.org.

Scholar 4 is a four-video series on completing an abstract, developing a poster, presenting your research and writing a paper for publication. The Scholar 4 video program will be available soon for all Academy members.

The AAO Journal

Publishing a paper, especially one that integrates osteopathic concepts, is an ideal option for an individual to meet ACGME scholarly activity requirements. Osteopathic-focused scholarly activity is required for ACGME Osteopathic Recognition training programs. Our academic peer-reviewed publication, *The AAO Journal (AAOJ)*, provides an opportunity for individuals to publish osteopathic-focused scholarly activity.

AAO Seeks Next AAOJ Editor-in-Chief

Are you dedicated to advancing the principles of osteopathic medicine? Do you have a passion for research? Do you have the drive to make *The AAO Journal* an outstanding resource for the osteopathic community? If so, you might have the qualifications the AAO is looking for in the next editor-in-chief of *The AAO Journal*.

The editor-in-chief is responsible for all editorial decisions of the *AAOJ*, including soliciting submissions and peer reviewers, evaluating submissions, selecting peer reviewers to assess submissions, writing an editorial for each quarterly issue and deciding which articles to include in the journal.

To apply, send an email to AAO Executive Director **Sherri L. Quarles** that includes an updated curriculum vitae



and a cover letter describing your vision for *The AAO Journal*, what drives your interest in osteopathic research and your qualifications to be the *AAOJ*'s next editor-in-chief.

The Academy requests that all faculty serving in Departments of Osteopathic Manipulative Medicine (OMM), in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM) residency programs or in osteopathic neuromusculoskeletal medicine (ONMM) residency programs do the following:

1. Consider submitting scholarly activity that their learners or they are involved in to the *AAOJ* for publication.
2. Assist students and residents who are presenting posters for the AAO's annual poster competition to develop the posters into manuscripts to submit to the *AAOJ*, making sure that there is at least one faculty member assigned to mentor the student or resident through the process.
3. Be willing to review ONE article every year, allowing the members of the AAO's Publications Committee to fo-

cus on editorial assistance to give each submission maximum attention.

In addition, the Academy is requesting that all other members—those serving on faculties in other roles, those in clinical practice and those who are retired—consider submitting your scholarly work to the *AAOJ* and/or serving as a peer reviewer for the *AAOJ*. We need the perspective of those in clinical practice as well as individuals in all disciplines who value the integration of osteopathic concepts in the care of their patients.

To register as a peer reviewer for the *AAOJ*, send your name and your primary and secondary specialties to AAO Communications Specialist **Lauren Good**. All reviewers are asked to confirm they have read the *AAOJ*'s **Instructions for Contributors** and the **peer review module** provided by *The*

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President's message
(continued from Page 3)

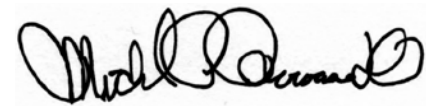
Journal of the American Osteopathic Association annually.

The *AAOJ* has benefited tremendously by the dedication of **Brian E. Kaufman, DO, FACOI, FACP**, as its editor-in-chief for the

past few years. Dr. Kaufman is an active leader for the Academy who will be concentrating his efforts to assist the organization in other areas. I am personally grateful for all he has done for our journal, and I appreciate his commitment to assist us in smoothly transitioning to a new editor-in-chief. The AAO Publications Committee, led by **Edward K. Goering, DO, DVM, MSHPE**, and its members will continue to move the *AAOJ* to the next level. **Raymond J. Hruby, DO, FAAODist.**, the founding editor of the *AAOJ* has been serving as the scientific editor emeritus. His perspective and mentorship is an incredible asset. **Kevin A. Thomas, DO, MS**, has recently been appointed as the associate editor for the *AAOJ*. Dr. Thomas is an OMM faculty member at the Lake Erie College of Osteopathic Medicine at the Seton Hill extension campus with publishing experience.

Every member of the Academy has an opportunity to advance osteopathic concepts, develop scholarly activity and elevate our journal to the next level. There are multiple demands on each of us, but if everyone does something, the Academy and the osteopathic profession will benefit. With your help, we can assist in the success of residency training programs seeking ACGME Osteopathic Recognition and the future of our osteopathic profession.

In service,



Michael P. Rowane, DO, MS, FAFAP, FAAO
2017-18 AAO President

CLASSIFIED ADVERTISEMENTS

NMM PLUS 1 RESIDENCY PROGRAM IN SOUTHAMPTON, NY

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org, Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126, or Education Department Secretary Karen Roberts at (631) 726-0409.

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR

Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for 2017-18 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must finish any type of AOA-approved residency by June 2017. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.

AAO Seeking Award Nominations

The AAO's Awards Committee is seeking nominations for the 2018 Andrew Taylor Still Medallion of Honor, the highest award conferred by the Academy. It is awarded to deserving members who have exhibited an exceptional understanding and application of osteopathic principles and concepts, as well as other accomplishments in scientific or professional affairs.

Members of the Academy or its component societies are invited to petition the AAO's Board of Trustees to nominate individuals for this prestigious award. It is recommended that all petitions be considered confidential. Recipients are invited to speak at the president's banquet, which is held during the AAO's annual Convocation.

The Academy cherishes the Andrew Taylor Still Medallion of Honor as its highest award and grants it to deserving members only after careful consideration and investigation. In 2017, **George J. Pasquarello, DO, FAAO**, a former AAO president and

a current member of the AAO's Board of Governors, was honored with the award.

Visit www.academyofosteopathy.org/andrew-taylor-still-medallion-of-honor to learn more about the award, or download the [nomination form](#) now.

George J. Pasquarello, DO, FAAO, was awarded the Andrew Taylor Still Medallion of Honor on March 25 in Colorado Springs. (Photo by Taylor Bridgeforth)





AAO Calendar of Events



Mark your calendar for these upcoming Academy meetings and educational courses.

2017-18

| | | | |
|------------|--|------------|--|
| July 10 | AAO staff development day | Nov. 10-12 | Basic Visceral Course —Richard G. Schuster, DO, course director—Rowan University School of Osteopathic Medicine in Stratford, New Jersey |
| July 15-16 | AAO Board of Trustees' meeting—AAO office in Indianapolis | Nov. 23-24 | Thanksgiving holiday—AAO office closed |
| Aug. 4-5 | AAO Education Committee's meeting—AAO office in Indianapolis | Dec. 8-10 | Evidence-Based Visceral Manipulation: Finding Best Practices for Evaluation and Management —Kenneth J. Lossing, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth |
| Aug. 4-5 | SAAO Executive Council's meeting—AAO office in Indianapolis | Dec. 25 | Christmas Day—AAO office closed |
| Aug. 16 | Committee on Fellowship in the AAO teleconference—8 p.m. Eastern | Jan. 1 | New Years Day—AAO office closed |
| Sept. 5 | Labor Day—AAO office closed | Jan. 25-28 | Introduction to Osteopathic Manipulative Medicine —Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth |
| Oct. 5 | AAO Board of Trustees' meeting—Philadelphia | June TBA | Prolotherapy and Platelet-Rich Plasma—Mark S. Cantieri, DO, FAAO, and George J. Pasquarello, DO, FAAO, course directors—Marian University College of Osteopathic Medicine in Indianapolis |
| Oct. 6 | AAO Leadership Summit—Philadelphia | | |
| Oct. 7-10 | AAO at OMED: Using Osteopathic Principles and Philosophy in Specialty Medicine —Leslie M. Ching, program chair—Philadelphia Convention Center | | |
| Oct. 21 | Committee on Fellowship in the AAO's meeting and exams—8 a.m. to 5 p.m. Eastern—AAO office in Indianapolis | | |

Still Techniques for the Spine, Ribs and Pelvis: Addressing Key Dysfunctions as well as Diagnosing and Treating with Still Technique OMT



When: Friday afternoon, Sep. 15, and Saturday, Sep. 16, 2017
CME: 12 hours 1-A credit
Where: Philadelphia College of Osteopathic Medicine, 4170 City Ave., Philadelphia, PA
Primary Faculty: Richard L. Van Buskirk, DO, PhD, FAAO
Course Director: David B. Fuller, DO, FAAO
Tuition: Physicians \$425, Residents \$325
This includes Still Technique Manual
Contact: Linda Miller, CME coordinator (215) 871-6348
 lindam@pcom.edu
Lodging: Hilton Philadelphia City Ave., 4200 City Ave. (next to PCOM campus)
More information: ContEd.pcom.edu

**Sutherland Cranial Teaching Foundation
Upcoming Courses**



SCTF Continuing Studies Course: The Ear
 October 6-8, 2017
 UNE-Alfond Hall | Biddeford, ME
 Course Director: Andrew Goldman, D.O.
 18.5 hrs 1A CME anticipated
 Course Cost: \$700 (before August 31)
 \$775 (after August 31)

Treating Compressions in the Cranium
 November 9-11, 2017
 Boston, MA (exact location TBD)
 Course Director: Ken Graham, D.O.
 16 hrs 1A General CME anticipated
 Course cost: \$750

Visit our website for enrollment forms and course details: www.sctf.com
Contact: Susan LeMaster 971-212-1096
Email: lemastersctf@gmail.com

LBORC Celebrates Poster Presentations at 2017 Convocation

The AAO Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) conducted their annual research poster presentation on Thursday, March 23, during the AAO's Convocation in Colorado Springs, Colorado.

Open to osteopathic medical students, interns, residents, postdoctoral fellows, researchers and practicing physicians, the competition drew 67 poster submissions this year on topics ranging from mindfulness meditation to peer-to-peer teaching to tongue tie. Posters in the following categories were submitted: original research, education and public health, and case study.

Winning four out of 10 slots, students from the New York Institute of Technology College of Osteopathic Medicine in Old Westbury gained the most recognition among student submissions. Residents from the St. Barnabas Hospital residency program in Bronx, New York, won three of the five

slots in the original research and case study categories.

The table below lists the winning authors in the 2017 competition and the titles of their 15 posters. All OMS designations in the table are based on the students' standing in the 2016-17 academic year, during which the competition took place. You can view individual posters and abstracts online as available.

The committee appreciates the assistance provided by the following volunteers in judging the 2017 poster presentations: **Reem Abu-Sbaih, DO; Lawrence M. Barnard, DO; Precious L. Barnes, DO, MS; Katrine Bengaard, DO; Susan Bentley, DO; Janice U. Blumer, DO, FFAO; David R. Boesler, DO; Marta E. Bringhurst, DO; Jana G. Bunsic, DO; Denise K. Burns, DO, FFAO; Christopher T. Caldwell, DO; John D. Capobianco, DO, FFAO; Joan Chapman, DO; Clayton J. Chiapuzio, OMS; Leslie M. Ching, DO; Chelsea A. Chung, DO; Josephine A.**

Conte, DO; Gregory Craddock, DO; Lee Ann M. Cuny, DO; Jay B. Danto, DO; Hannah M. Fine, DO; Julie Forbush, DO, MS; John M. Garlitz, DO; Garren P. Gebhardt, DO; Kyle K. Henderson, PhD; Kendi L. Hensel, DO, PhD; R. Mitchell Hiserote, DO; James R. Keene, PhD, DO; Elizabeth M. Klucka, DO; Patricia S. Kooyman, DO; Yein Lee, DO, MMS; Polly E. Leonard, DO; To Shan Li, DO; Wesley C. Lockhart, DO; Brian Loveless, DO; Mindy C. McComb, DO; Kara C. Mintier, DO; Doris B. Newman, DO, FFAO; Victor Nuño, DO; Frank A. Paul, DO; Melissa G. Pearce, DO; Andrew J. Picca, OMS V; Stacey L. Pierce-Talsma, DO, MS-EdL; David L. Redding, DO; Nathan A. Rheault, DO; Mark E. Sandhouse, DO, MS; Deborah Schmidt, DO; Michael A. Seffinger, DO, FFAFP; Lauren Spieler, DO; Christopher M. Stephenson, DO; Martin E. Torrents, DO, MPH, MBA; Amber R. Van Den Raadt, DO; Adrian A. Villareal, DO; Katherine A. Worden, DO, MS; and Kimberly J. Wolf, DO.

| Place | Authors | Title | Institution |
|----------------------------------|--|---|---|
| <i>Student—Original research</i> | | | |
| First place (tie) | Gabriella Baran, OMS IV; William W. Andrew, OMS IV; Robert Murphy, MS; Kurt P. Heinking, DO, FFAO, and Kyle K. Henderson, PhD | Dissecting the Diagnosis of the Iliopsoas: Validation of Prone Hip Extension Assessment View poster View abstract | Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois |
| First place (tie) | Andrew T. Cudmore, OMS III; Seethal Motamarri, OMS III; Joy H. Lewis, DO, PhD, FACP | Mindfulness Meditation and Osteopathic Manipulative Treatment Interventions in Patients Who Are at Risk for Stress as a Social Determinant of Health View poster View abstract | A.T. Still University—School of Osteopathic Medicine in Arizona |
| Second place | Brayden Healey, OMS III; and Janice U. Blumer, DO, FFAO | Rotating Small Group Instruction: A Non-Traditional Approach to Teaching Osteopathic Manipulative Medicine View poster View abstract | Western University of Health Sciences College of Osteopathic Medicine of the Pacific-Northwest in Lebanon, Oregon |
| Third place | Vanessa D. Leonhard, OMS IV; Gregory M. Caldwell, OMS IV; Mei S. Goh, OMS II; and Sean Reeder, DO | Ultrasonographic Imaging: A Concrete Diagnostic Modality for Thoracic Outlet Syndrome and Associated Anatomical Variants in Vivo View poster View abstract | Midwestern University/Arizona College of Osteopathic Medicine in Glendale |

(continued on Page 7)

Young Investigators: Apply for Career Development and Grant Mentoring Program

The United States Bone and Joint Initiative (USBJI) and Bone and Joint Canada are dedicated to increasing research of musculoskeletal diseases. The USBJI has developed a grant mentoring program to provide early-career investigators an opportunity to work with experienced researchers in the field to assist them in securing funding and other survival skills required for pursuing an academic career.

This program is open to promising junior faculty, senior fellows or postdoctoral re-

searchers nominated by their department or division chairs. It is also open to senior fellows or residents who are doing research and have a faculty appointment in place or confirmed. Basic and clinical investigators, with or without training awards (including K awards) are invited to apply. Investigators selected to take part in the program attend two workshops, 12 to 18 months apart, and they work with faculty between workshops to develop their grant applications.

The next workshop is scheduled to take place Nov. 10-12, 2017, in Toronto, Ontario.

The unique aspect of this program is the opportunity for attendees to maintain a relationship with a mentor until their application is funded.

The application deadline for the Fall 2017 workshop is July 15. To apply for this program, go to www.usbji.org/programs/yii/call-for-applications.

Poster presentation results (continued from Page 7)

| Place | Authors | Title | Institution |
|--|---|---|--|
| <i>Student—Education and public health</i> | | | |
| First place | Christian Y. Belisario, OMS III; Konstantinos Damiris, OMS III; Thomas T. Ng, OMS III; Lyudmila Burina Ganatra, OMS III; and Sheldon C. Yao, DO | The Use of Osteopathic Manipulative Medicine (OMM) during Clinical Rotations View poster View abstract | New York Institute of Technology College of Osteopathic Medicine in Old Westbury (NYITCOM) |
| Second place | Danielle G. Rubinstein, OMS III; Patricia S. Kooyman, DO; Min-Kyung Jung, PhD; and Sheldon C. Yao, DO | Efficacy of Small Group Peer-to-Peer Teaching for Osteopathic Manipulative Medicine (OMM) Practical Examination Review View poster View abstract | NYITCOM |
| Third place | Kristen D. de Vries, OMS IV; Rebecca Brown, OMS III; Joseph Mazzie, DO; Min-Kyung Jung, PhD; George K. Cheriyan, DO; Sheldon C. Yao, DO; and Michael J. Terzella, DO | The Effect of Integrating Ultrasound Imaging Into Osteopathic Medical Student Palpation Training View poster View abstract | NYITCOM |
| <i>Student—case study</i> | | | |
| First place | Shannon A. Moriarty, OMS III; Kristen D. de Vries, OMS IV; Joanne DiFrancisco-Donoghue, PhD; Jayme D. Mancini, DO, PhD; Adena Leder, DO; and Sheldon C. Yao, DO | The Effect of Osteopathic Manipulative Therapy (OMT) on Mobility and Activity in a Parkinson's Disease (PD) Subject View poster View abstract | NYITCOM |
| Second place | Andrea Attenasio, OMS-II; Viraj B. Patel, OMS-II; Ivana Choudhury, OMS-II; and Athina T. Giovanis, DO | Use of Osteopathic Manipulative Treatment to Improve Debilitating Chronic Cervicogenic Headaches in a Post-Motor Vehicle Accident Whiplash Patient View poster View abstract | Touro College of Osteopathic Medicine in Middletown, New York |
| Third place | Parth S. Gandhi, OMS-III, and David R. Boesler, DO, MS | The Use of Osteopathic Manipulative Treatment in Addressing Neurogenic Thoracic Outlet Syndrome View poster View abstract | Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida |

(continued on Page 8)

Poster presentation results (continued from Page 7)

| Place | Authors | Title | Institution |
|----------------------------|---|---|---|
| Resident—Original research | | | |
| First place | A. Hope Tobey, DO, FAAP, FACOP, and Albert J. Kozar, DO, FAOASM, R-MSK | Frequency of Somatic Dysfunction in Infants With a Diagnosis of Tongue Tie: A Retrospective Chart Review View poster View abstract | Edward Via College of Osteopathic Medicine—Virginia Campus |
| Second place | Zachary Long, DO; Victoria L. Tuttle, DO; Justin McKinney, DO; Peter Andolina, DO; Hugh M. Ettlinger, DO, FAAO, FCA; and Amy Kells, MD, PhD, FACS | Rates of Skin Graft or Skin Flap Failure in Patients Who Have Received Osteopathic Manipulative Treatment: A Retrospective Study View poster View abstract | St. Barnabas Hospital in the Bronx, New York, and NYITCOM |
| Resident—Case study | | | |
| First place | Alice I. Chen, DO, and Hugh M. Ettlinger, DO, FAAO, FCA | Osteopathic Manipulative Treatment in the Management of Acute Orbital Compartment Syndrome View poster View abstract | St. Barnabas Hospital in the Bronx, New York, and NYITCOM |
| Second place | Glenn M. Klucka, DO, MS, and R. Todd Dombroski, DO, MA | OMT Reduced Pain in a Metastatic Cancer Patient: A Case Report View poster View abstract | University of North Texas Health Science Center College of Osteopathic Medicine in Fort Worth |
| Third place | Nichole M. Thorsvik, DO, and Hugh M. Ettlinger, DO, FAAO, FCA | Discerning What Lies Hidden Below: A Call for Greater Emphasis on the Osteopathic Structural Exam View poster View abstract | St. Barnabas Hospital in the Bronx, New York, and NYITCOM |



OsteoBlast Provides Research Summaries to AAO Members

Every Wednesday, more than 11,000 AAO and SAAO members receive the *OsteoBlast*, a curated collection of peer-reviewed research articles from around the web.

On average, 42 percent of recipients open the *OsteoBlast* email. This figure is significantly higher than the roughly 30 percent industry average. The most popular item in 2017 so far was “[Osteopathic Manipulative Treatment Showed Reduction of Length of Stay and Costs in Preterm Infants: A Systematic Review and Meta-analysis](#),” which was published in March by *Medicine*. The

most viewed article in the last 30 days is “[The Use of Ultrasound Images in Manual Therapy and Additionally in Assessment of Shoulder Impingement Syndrome](#),” which was published in the *Open Journal of Therapy and Rehabilitation* in May.

While the focus of the *OsteoBlast* is to provide information about research into manual medicine, articles cover many subjects that may be of interest to readers. Please complete the AAO’s brief survey at <https://www.surveymonkey.com/r/OsteoBlastSurvey> to let us know how well the *OsteoBlast*

meets your needs. With only seven questions, the survey should take no more than five minutes to complete.

The survey will expire at the end of July. The Academy values your feedback.

If you do not currently receive the *OsteoBlast*, please contact AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org or at (317) 879-1881, ext. 211.

The Financial Benefits of AAO Membership

The AAO is the nation's largest medical society devoted to fostering neuromusculoskeletal medicine and osteopathic manipulative medicine, and your membership dues allow the AAO to continue its mission. But how does AAO membership benefit you?

AAO members stay updated on current issues via direct emails and monthly newsletters, and they receive complimentary subscriptions to *The AAO Journal*, which contains original research and case studies on osteopathic manipulative medicine. In addition, Academy members receive the weekly *OsteoBlast*, a collection of research

articles from around the web. Read more about the *OsteoBlast* on Page 8.

The membership dues for full members are easily recouped throughout the year. In the course of a single year, an AAO member who purchases one book and attends one course and Convocation can easily save more than \$300.

Selected Works of Melicien A. Tettambel, DO, FAAO

Members of the AAO are entitled to one complimentary copy of the AAO's latest publication, *Selected Works of Melicien A.*

Tettambel, DO, FAAO, before July 31. On Aug. 1, members will be able to purchase copies of the book, which costs nonmembers \$25 each, at their usual 10 percent discount.

The Academy also published *Selected Works of Melicien A. Tettambel, DO, FAAO*, as an e-book on Amazon. Visit Amazon.com to purchase the e-book.

Table. The financial benefits of AAO membership for the 2016-17 fiscal year.

| Purchase | DO (full member) | Intern or resident | Nonmember |
|--|------------------|--------------------|----------------|
| Dues | \$288 | \$44 | \$0 |
| Subscription to <i>The AAO Journal</i> | \$0 | \$0 | \$60 |
| <i>The Still Technique Manual</i> | \$45 | \$45 | \$50 |
| <i>Selected Works of Melicien A. Tettambel, DO, FAAO</i> | \$0 | \$0 | \$25 |
| "Cranial Approach of Beryl E, Arbuckle, DO," course registration (24 NMM-specific CME) | \$910 | \$710 | \$1,110 |
| Convocation (approximately 33 NMM-specific CME) | \$665 | \$460 | \$965 |
| Total | \$1,908 | \$1,259 | \$2,210 |

Membership Announcements

2017-18 Dues

Dues notices were mailed to all active members the first week of June. Payments are due by July 31. Your prompt payment enables the AAO to budget accurately for the coming year.

Log in to your account at www.academyofosteopathy.org to pay your dues securely online following the steps below, or you can mail your payment to the American Academy of Osteopathy at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

To pay your dues online:

1. From the Profile page, select My Account Balance in the left-hand menu.

2. Click View Open Invoices.
3. Select the invoice(s) you want to pay.
4. Click View Cart.
5. Click Update Settings to confirm your membership data. On Page 1 of the membership information, confirm your Membership Type is correct to ensure you will be charged the appropriate fee.
6. Click Save Application on Page 7 of the membership information.
7. Click on Start Checkout and follow the on-screen instructions to complete the process.
8. A receipt will be emailed to you at your primary email address.

To make a donation to the Golden Ram Society, the Nicholas S. Nicholas Fund or

the Anne L. Kempf Fund, you may add it to your shopping cart along with your membership renewal and checkout in a single transaction.

If you have any questions, contact AAO Finance and Membership Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

Update Privacy Settings

When you log in to the website to pay your dues, take a look at your profile information (Profile > My Profile). There are three levels of privacy: private, which means the information is viewable only by you and ad-

(continued on Page 11)

2016-17 Golden Ram Campaign Exceeds Goal

Contributions to the AAO's Golden Ram Fund exceeded the goal set for the 2016-17 campaign. The campaign launched on June 1, 2016, and 74 donors contributed a total of \$21,984, as of May 31, 2017. These contributions exceed the \$18,000 goal by 21 percent. However, they're still shy of the \$25,995 raised in 2015-16.

Established in 1987, the Golden Ram Society is the primary fund that supports the

Academy's mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO's public education efforts.

Many thanks to all the donors who contributed to the 2016-17 campaign. The 2017-18 campaign launched June 1, 2017,

and donations can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of \$25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President's Club—\$2,500 or more

Gary L. Ostrow, DO
Damon M. Whitfield, DO

A.T. Still Club—\$1,000 to \$2,499

Robert N. Agnello, DO,
and Kerry E. Agnello, DO
Boyd Buser, DO, FACOFP
Anthony G. Chila, DO, FAAODist, FCA
John C. Glover, DO, FAAO
Victor I. Pulido, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)

T.L. Northup Club—\$500 to \$999

Haifan Chen, DO
Dennis J. Dowling, DO, MA, FAAO
Stefan Hagopian, DO, FAAO
T. Reid Kavieff, DO
David D. Musgrave, DO
Jeanne R. Roll, MD
Michael P. Rowane, DO, MS, FAAFP,
FAAO
Edward G. Stiles, DO, FAAO
Richard L. Van Buskirk, DO, FAAO

Louisa Burns Club—\$250 to \$499

Thomas R. Byrnes, DO
Laura E. Griffin, DO, FAAO

Carol L. Lang, DO
Tamara McReynolds, DO
Sonia Rivera-Martinez, DO
K. C. Roberts, DO,
and Sabrina Schrader, DO
Jean Ann Swift, DO
Adrian Lynne Woolley, DO
Sheldon C. Yao, DO
Barbara Zajdel, DO

Vicki Dyson Club—\$100 to \$249

Joel Berenbeim, DO
Stephen D. Blood, DO, FAAODist, FCA
Michael Aaron Chipman, DO
Stephen M. Ellestad, DO
Paula L. Eschtruth, DO
Hannah M. Eucker, DO
Kathryn Gill, MD
Jerel H. Glassman, DO
Stephen I. Goldman, DO, FAAO
Mark R. Gugel, DO
Katherine Lydia Heineman, DO
Paul K. Hume, ND, DO (New Zealand)
John H. Juhl, DO
Michael G. Knapp, DO
Christopher K. Knitig, DO
Richard C. MacDonald, DO
Mary E. Malcom, DO

Paul S. Miller, DO, FCA
Wendy S. Neal, DO, ND
Benjamin Neil Paschkes, DO
Ross E. Pope, DO, FAAO
Sherri L. Quarles
Philipp Richter, DO (Belgium)
Jay Sandweiss, DO
Eric L. Schneider, DO
Piers N. Vigers, DO (UK)
Katherine A. Worden, DO, MS

Supporter—\$99 or less

Richard H. Armond III, DO
Charles A. Beck, DO, FAAO
Leslie M. Ching, DO
Barbara Gordon-Cohen, DO
Debbie Cole
Josephine Conte, DO
Kelly Evans, DO
Bernadette Kohn, DO
Gail E. Lamb, DO
Cheryl L. Larson, DOMP (Canada)
Laura Liles, DO
Meredith C. Norris, DO
Joy L. Palmer, DO
Ian Schofield, DO (UK)
Elizabeth Saxton, DO
George Stylian, DO (Australia)

Membership announcements (continued from Page 9)

ministrators; members only, viewable by all AAO members when they are logged in to the site; and public, viewable to all visitors. You can update these settings by clicking Edit Profile and choosing Privacy.

It is recommended that physicians make public their basic information so they can be included in the Find a Physician search. When you update your information, the Find a Physician search results will be updated automatically within 24 hours.

Members in the News

Yasmin Bains, OMS I, was among the authors of “Serum Gamma-glutamyltransferase Correlates Negatively With Paraoxonase 1 in Pregnant Women at Term: Association With Atherogenic Dyslipidemia of Pregnancy,” which won first place in the 2017 OPSC Poster Competition, according to the latest issue of *California DO*. The Osteopathic Physicians and Surgeons of California held the competition Feb. 18 in San Diego.

SAAO member **Ryan Michael Paulus, OMS II**, from the Ohio University Heritage College of Osteopathic Medicine at Dublin, was named **2017 Outstanding Osteopathic Student of the Year** by the American College of Osteopathic Family Physicians. The award recognizes an osteopathic medical student who demonstrates excellence, leadership and community service in family medicine. Paulus was announced as the 2017 winner at the ACOFP Annual Convention in Kissimmee, Florida, in March. Paulus has served as executive president of the college’s chapter of the Student Association of ACOFP, has sat on the board of governors for the Ohio ACOFP, and was a delegate from Ohio to the national ACOFP’s 2017 National Congress

AAO staff members are happy to answer any questions about the website. Call the office at (317) 879-1881 between 8 a.m. and 5 p.m. Eastern, Monday through Friday.

Membership Directory

In addition to the privacy settings, you can choose whether members can find you in the membership directory. To ensure members can contact you, select *Searchable* or *Show in Search* on the Contact Info tab.

To search the membership directory, click on Profile > Member Directory Search.

of Delegates. He is in the college’s Rural and Urban Scholars Pathways program, a curricular enhancement that helps prepare students to practice more effectively in medically underserved communities. Paulus is also among the recipients of the Dublin Primary Care Scholarship, a program funded by the Osteopathic Heritage Foundation to support students at the Heritage College, Dublin, who plan to practice primary care in Ohio.

On Sunday, May 7, **David R. Boesler, DO**, presented an osteopathic manipulative medicine workshop at the mid-year meeting of the American Osteopathic College of Physical Medicine and Rehabilitation in Hollywood Beach, Florida.

The annual conference of the American Osteopathic Academy of Sports Medicine, which was held May 3-6 in Las Vegas, featured several AAO members. On Thursday, May 4, **Rance L. McClain, DO, FACOF, FAOASM**, of Hattiesburg, Mississippi, discussed “Mental Sports,” and on Friday, May 5, AOA President **Boyd R. Buser, DO, FACOF**, of Pikeville, Kentucky, discussed international practice rights. On Saturday, May 6, **Kate E. Quinn, DO**, of South Port-

New Graduates Must Rejoin AAO

If you graduated from a college of osteopathic medicine in 2017, your membership in the Student American Academy of Osteopathy (SAAO) expires July 31. To ensure you continue receiving AAO benefits, such as discounts on books in the online store and low rates to attend Convocation, you must rejoin the AAO as a resident. Log in to your account at www.academyofosteopathy.org, and shop for AAO Membership. Update your member type on Page 1 of the application to receive the resident rate. Residents pay only \$44 for a one-year membership, but \$146 will secure a four-year membership.

land, Maine, presented “Medical Jeopardy.” In addition, four AAO members moderated sessions: Dr. Quinn; **Angela C. Cavanna, DO, FAOASM**, of Middletown, New York; Dr. McClain; and **Shawn R. Kerger, DO, FAOASM**, of Dublin, Ohio.

Part five of “An Osteopathic Approach to Ophthalmic and Optometric Disorders” by **Anthony D. Capobianco, DO**, was published in the May 2017 issue of *The Cranial Letter*. The article describes how osteopathic manipulative treatment rectified the threat of sore, disabling somatic dysfunctions after an episode of the effects of liver toxicity in a 55-year-old woman.

A May 19 article in *The DO* featured recent SAAO graduate **Faroukh Mehkri, DO**, who served as an officer for the Dallas Police Department while he completed his studies at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth, taking on two important roles to protect and encourage osteopathic medicine. “It is the perfect combination of what I want to do with my life (combining my passions) law enforcement and medicine,” Mehkri told *The DO*.

(continued on Page 12)

Members in the news (continued from Page 11)

The May/June 2017 issue of *Osteopathic Family Physician* includes “To Circumcise or Not to Circumcise” by **Leslie M. Ching, DO**, and **Sarah E. Hall, DO**. In the article, the authors examine the benefits, risks and ethics of circumcision.

In an article published in the May/June 2017 issue of *Osteopathic Family Physician*, **Gautam J. Desai, DO, FACFP**, and two other authors discuss ethical considerations of whether physicians should or should not prescribe opioids for chronic pain by working with the patient to understand the symptoms and underlying causes. They also address educating the patient about the condition and the intervention options while carefully considering the risk and benefits of each option, creating a treatment plan.

Melissa G. Pearce, DO, of Vallejo, California, and **Hollis H. King, DO, PhD, FAAO**, of San Diego, are among eight researchers to receive grants from the American Osteopathic Association. [Announced on June 1](#), the grants, which total more than \$1 million, will fund osteopathically focused research. Dr. Pearce will examine reduction inflammation with osteopathic treatment (RIOT study), and Dr. King will assess the effects of osteopathic manipulative treatment on gain biometrics in Parkinson disease.

Rachael Michele Galvin, DO, a 2017 graduate from the A.T. Still University School of Osteopathic Medicine in Arizona, [organized a food drive](#) to help young students in need over spring break. While teaching health and nutrition at an elementary school in Hawaii, Dr. Galvin learned

that students who relied on schools to provide breakfast and lunch often went hungry during school breaks. The community response to Dr. Galvin’s leadership provided 50 backpacks with meals and snacks to last seven days. Dr. Galvin completed her masters of public health in conjunction with her DO degree.

AAO member **Humayun J. Chaudhry, DO**, president and CEO of the Federation of State Medical Boards (FSMB), and the American Osteopathic Association were instrumental in getting osteopathic manipulative medicine added to the FSMB’s Guidelines for the Chronic Use of Opioid Analgesics. Dr. Chaudhry told *The DO*, “As our nation’s opioid epidemic worsens, it is critical that state medical and osteopathic boards—and the physicians and physician assistants they license and regulate—have updated guidance on the responsible management of chronic pain.”

Natalie Ann Nevins, DO, MSHPE, takes on unscientific medical advice in a June 6 story in *The DO*. Dr. Nevins recognizes the power of the placebo effect, and she encourages patients who want to try alternative remedies to keep a detailed diary. As long as a product doesn’t harm a patient, Dr. Nevins doesn’t oppose it, and often patients can see for themselves how a product has or hasn’t helped them.

In “[What Did You Do in Between Graduation and Residency?](#)” *The DO* highlighted the activities of several graduating SAAO members. **Laura Marie Bridges, DO**, a 2017 graduate from the Michigan State University College of Osteopathic Medicine in East Lansing is working towards her dream of running a women’s health clinic with a focus on breast and gynecologic

logic cancer survivors, women with pelvic floor dysfunction and female athletes with musculoskeletal issues. Dr. Bridges has been shadowing physical therapists to learn and help patients heal without surgery. **Sharde Fontaine Chambers, DO**, and **Bianca Elena Hall, DO**, who graduated from the Rowan University School of Osteopathic Medicine in Stratford, New Jersey, were members of a group called The Fab 6 on campus. As graduates, the six black women physicians represent less than two percent of the physician workforce, so they’ve started a blog to inspire more underrepresented minorities and women to pursue careers in medicine.

Pediatric limp is a frequent condition in primary care that is difficult to diagnose and manage. In the June 2017 issue of *The Journal of the American Osteopathic Association*, **Sarah Jean James-Miner, DO**, and **Jasmine A. Hudnall, DO**, describe a case of an 11-year-old girl with a [severe pediatric limp](#) and anterior ankle pain of a vague origin in hopes that osteopathic physicians might consider the fascial distortion model framework to establish purpose of pain in patients.

Christopher George Gibson, OMS III, is one of the authors of “[Therapeutic Hypothermia to Treat a Newborn With Perinatal Hypoxic-Ischemic Encephalopathy](#),” which was published in the June 2017 issue of *The Journal of the American Osteopathic Association*. The authors describe the case of a neonate who had a perinatal hypoxic insult and preserve any long-term sequelae after being treated with therapeutic hypothermia, one of the few effective ways to manage mitigating neurologic sequelae.

BASIC VISCERAL COURSE

Nov. 10-12, 2017 • Rowan University School of Osteopathic Medicine
Stratford, New Jersey

Course Description

This is a basic course in visceral manipulation. Attendees will explore traditional osteopathic concepts of ventral technique, modern concepts of visceral motion, “normalization” of visceral motion through fascial planes, and treating visceral mobility and motility. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between the diaphragms, viscera, autonomic nervous system, vascular flow and lymphatic drainage. Attendees will come away with improved confidence in physical examination, direct and indirect approaches to visceral manipulation, and an ability to integrate visceral (ventral) techniques with spinal (dorsal) and cranial approaches.

This is an intermediate level course.

Course Times

Friday and Saturday from 8 a.m. to 5 p.m.

Sunday from 8 a.m. to noon.

Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated.

Meal Information

Morning coffee, tea and juice will be provided. Lunch will be provided Friday and Saturday. If you have any special dietary needs, contact AAO Event Planner [Gennie Watts](#) before Nov. 3.

Course Location

Rowan University School of Osteopathic Medicine

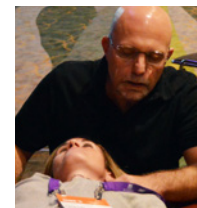
42 E. Lauren Rd., Stratford, NJ 08084

Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Director

Richard G. Schuster, DO, is the director of osteopathic medical education for Community Health Network in Indianapolis, and he is the program director for the Community Westview Osteopathic Family Medicine Residency.



After completing an undergraduate fellowship in osteopathic principles and practice, Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994. He completed a residency in family medicine at the Firelands Regional Medical Center in Sandusky, Ohio, and he completed a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO's 2015 Convocation in Louisville, Kentucky, Dr. Schuster serves on the AAO's Board of Trustees, and he is the vice-chair of the AAO's Education Committee.

| Registration Fees | On or before Sept. 5 | Sept. 6 through Nov. 5 | On or after Nov. 6 |
|---|----------------------|------------------------|--------------------|
| Academy member in practice* | \$750 | \$800 | \$1,000 |
| Resident or intern member | \$650 | \$600 | \$800 |
| Student member | \$350 | \$400 | \$600 |
| Nonmember practicing DO or other health care professional | \$1,050 | \$1,100 | \$1,300 |
| Nonmember resident or intern | \$850 | \$900 | \$1,100 |
| Nonmember student | \$650 | \$700 | \$900 |

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form

Basic Visceral Course

Nov. 10-12, 2017

Name: _____ AOA No.: _____

Nickname for badge: _____

Street address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

Email: _____

- I am a practicing health care professional.
- I am a resident or intern.
- I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: _____

Cardholder's name: _____

Expiration date: _____ 3-digit CVV No.: _____

Billing address (if different): _____

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _____

View the [AAO's cancellation and refund policy](#).

View the [AAO's photo release statement](#).



Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.



EVIDENCE-BASED VISCERAL MANIPULATION: FINDING BEST PRACTICES FOR EVALUATION AND MANAGEMENT

Dec. 8-10, 2017 • UNTHSC Texas College of Osteopathic Medicine in Fort Worth

During this course, attendees of all experience levels will learn techniques for palpating, diagnosing and treating patients with a variety of visceral dysfunctions.

Radiological research conducted in England, France and Germany during the last 20 years provides a basis for knowing what is normal, what is common, and what is pathological in the viscera. Studies using magnetic resonance imaging, computed tomography, ultrasound, x-ray and fluoroscopy have shown that dysfunctional viscera move less than healthy viscera. Studies are just beginning to cross-correlate osteopathic diagnosis, medical diagnosis, ultrasound diagnosis pre- and post-treatment.

Attendees will learn how to diagnose and treat dysfunctions in the thorax, abdomen and pelvis using motion testing, motility, arterial and venous systems, neurological systems, the lymphatic system and emotional connections.

Continuing Medical Education

22 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times

Friday and Saturday from 8:30 a.m. to 5:30 p.m.

Sunday from 8:30 a.m. to 3:30 p.m.

Meal Information

Morning coffee, tea and juice will be provided each day as will lunch. Notify AAO Event Planner [Gennie Watts](#) of any special dietary needs no fewer than seven days in advance.

Course Location

University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.



Course Director

A 1994 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine, **Kenneth J. Lossing, DO**, served an internship and combined residency in neuromusculoskeletal medicine and family practice through the Ohio University Heritage College of Osteopathic Medicine in Athens. He is board certified in both neuromusculoskeletal medicine and family medicine.

Dr. Lossing studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second and third editions of the American Osteopathic Association's *Foundations of Osteopathic Medicine* textbook as well as the upcoming fourth edition.

As the AAO's 2014-15 president, Dr. Lossing was featured in a segment of "American Health Front!" that focused on osteopathic manipulative medicine.

Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

Registration Fees

| | On or before Oct. 24 | Oct. 25 through Nov. 26 | On or after Nov. 27 |
|---|----------------------|-------------------------|---------------------|
| Academy member in practice* | \$874 | \$924 | \$1,074 |
| Resident or intern member | \$774 | \$824 | \$974 |
| Student member | \$574 | \$624 | \$774 |
| Nonmember practicing DO or other health care professional | \$1,174 | \$1,224 | \$1,374 |
| Nonmember resident or intern | \$874 | \$924 | \$1,074 |
| Nonmember student | \$674 | \$724 | \$874 |

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form

Evidence-Based Visceral Manipulation

Dec. 8-10, 2017

Name: _____ AOA No.: _____

Nickname for badge: _____

Street address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

Email: _____

Click here to view the [AAO's cancellation and refund policy](#).

- I am a practicing health care professional.
 I am a resident or intern.
 I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: _____

Cardholder's name: _____

Expiration date: _____ 3-digit CVV No.: _____

Billing address (if different): _____

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _____

Click here to view the [AAO's photo release statement](#).



Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.



INTRODUCTION TO OSTEOPATHIC MANIPULATIVE MEDICINE

Jan. 25-28, 2018 • University of North Texas Health Science Center
Texas College of Osteopathic Medicine in Fort Worth

This is the first in a series of courses that the American Academy of Osteopathy (AAO) will be conducting to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME). This course will also be valuable for DO and MD faculty in these residency programs.

In addition, osteopathic physicians who do not use osteopathic manipulative treatment (OMT) daily will find this course useful, as will other health care professionals with limited or no experience with manipulative techniques.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articular techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of *Greenman's Principles of Manual Medicine, 5th edition*.

Course Times

Thursday from 1 to 6 p.m.

Friday and Saturday from 8 a.m. to 6 p.m.

Sunday from 8 a.m. to 4 p.m.

Continuing Medical Education

28 credits of AOA Category 1-A CME anticipated.

Meal Information

Morning coffee, tea and juice will be provided Friday through Sunday, as will lunch. Notify AAO Event Planner [Gennie Watts](#) of any special dietary needs no fewer than seven days in advance.

Course Location

University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET - 470 Lab
Fort Worth, TX 76107



Course Director

Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook *Greenman's Principles of Manual Medicine*.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

| Registration Fees | On or before Nov. 9, 2017 | Nov. 10, 2017 through Jan. 9, 2018 | On or after Jan. 10, 2018 |
|---|---------------------------|------------------------------------|---------------------------|
| Academy member in practice* | \$784 | \$834 | \$984 |
| Resident or intern member | \$584 | \$634 | \$784 |
| Student member | \$384 | \$434 | \$584 |
| Nonmember practicing DO or other health care professional | \$984 | \$1,034 | \$1,184 |
| Nonmember resident or intern | \$784 | \$834 | \$984 |
| Nonmember student | \$584 | \$634 | \$784 |

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form

Introduction to Osteopathic Manipulative Medicine

Jan. 25-28, 2018

Name: _____ AOA No.: _____

Nickname for badge: _____

Street address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

Email: _____

- I am a practicing health care professional.
- I am a resident or intern.
- I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: _____

Cardholder's name: _____

Expiration date: _____ 3-digit CVV No.: _____

Billing address (if different): _____

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _____

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Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.



Component Societies and Affiliated Organizations Calendar of Upcoming Events

July 12-16, 2017

Osteopathy's Promise to Children
**Foundations of Osteopathic Cranial Manipulative Medicine—
The 40-Hour Course**
Course director: R. Mitchell Hiserote, DO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Aug. 19-20, 2017

Rocky Mountain American Academy of Osteopathy
An Osteopathic Approach to the Eyes
Course director: Daniel Lopez, DO
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
12 credits of AOA Category 1-A CME anticipated
Learn more and register at rockymountainao.wixsite.com.

Sept. 8-10, 2017

Indiana Academy of Osteopathy
**The Bow and the Bowstring:
From Postural Imbalance to Chronic Pain**
Course director: Charles A. Beck, DO
Course faculty: William Scott Nall, DO,
and Thurman V. Alvey III, DO, FAOASM
Village Osteopath in Noblesville, Indiana
24 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.
indianaacademyofosteopathy.com](http://www.indianaacademyofosteopathy.com).

Sept. 8-10, 2017

Michigan State University College of Osteopathic Medicine
Indirect, Functional Approach to Manual Medicine
Course directors: Harriet H. Shaw, DO,
and Marcy Schlinger, DO
East Lansing, Michigan
22.5 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Sept. 9, 2017

Osteopathy's Promise to Children
**OMT for Systemic Disorders and Physiologic Functions:
Cardiopulmonary & Immune Systems**
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 15-16, 2017

Philadelphia College of Osteopathic Medicine
**Still Techniques for the Spine, Ribs and Pelvis:
Addressing Key Dysfunctions
and Diagnosing and Treating With Still Technique**
Course director: David B. Fuller, DO, FAAO
Course faculty: Richard L. Van Buskirk, DO, PhD, FAAO
Philadelphia
12 credits of AOA Category 1-A CME anticipated
Learn more and register at www.pcom.edu.

Sept. 22-26, 2017

Michigan State University College of Osteopathic Medicine
Craniosacral Techniques, Part II
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Sept. 28–Oct. 1, 2017

Osteopathy's Promise to Children
**Advanced Explorations in Pediatric Osteopathy:
Innovative Healing Approaches
to Support Rapid Change in the Child**
Course director: Shawn K. Centers, DO, MH, FACOP
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Oct. 7, 2017

Ohio University Heritage College of Osteopathic Medicine
**5th Annual OMM Skills Enhancement Course:
Clinical Update for Primary Care**
Course director: Jean S. Rettos, DO
Ohio University Heritage College of Osteopathic Medicine
in Athens
6 credits of AOA Category 1-A CME anticipated
Learn more and register at www.ohio.edu/medicine.

Oct. 7, 2017

Osteopathy's Promise to Children
**OMT for Systemic Disorders and Physiological Functions:
Gastrointestinal & Nervous Systems**
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
40 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.