Message From the President:
What It Means to Be “Keepers of the Flame”

We as the osteopathic profession stand on the brink of the greatest opportunity we have ever seen to bring true osteopathic care to the forefront of medicine in America. The choices we have are: 1. Say no, it’s too much work, we shouldn’t have to change; 2. Hope that someone else will do it; or 3. Take the plunge and do the work that needs to be done to bring our residencies along with all of our other specialties into the single accreditation system of the Accreditation Council for Graduate Medical Education (ACGME).

Unfortunately, there continues to be an ongoing lack of understanding about what this transition means to our specialties. I hope to bring clarity.

AOA Residencies
Within the American Osteopathic Association (AOA), there are currently four pathways to obtaining board certification. These are the pathways, along with how many of each program type there are and how many residents they are currently training:

1. Neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM) residency. This is a two-year program completed after a traditional rotating internship or other

(continued on Page 2)

Call to Meeting

The American Academy of Osteopathy will hold its annual business meeting and luncheon at The Broadmoor in Colorado Springs, on Thursday, March 23, 2017. The meeting will convene at 11:45 a.m. Mountain time.

All full members of the Academy, including resident members, are eligible to vote during the business meeting, as are life members and honorary life members.

During the business meeting, AAO members will select the Academy’s next president-elect, two trustees, 10 governors, and four members of the Nominating Committee. See Pages 8-17 to read about the candidates standing for election.

Also during the luncheon, the AAO’s president, president-elect, secretary-treasurer and executive director will present their annual reports on the state of the Academy. In addition, the AAO’s Academy Award winner and its Resident of the Year will be honored, and AAO members will vote to recertify the AAO’s component societies.

Please sign up to attend the business meeting when you register online for Convocation or when you fill out Page 9 of the 2017 Convocation brochure. Each member who registers for the meeting receives one complimentary ticket to the luncheon.

Voting at the AAO’s annual meeting will be done digitally, so each member will need to bring a cell phone, tablet or other device with texting capability.

Members voted electronically at the AAO’s 2016 annual business meeting.

Although only full members can vote, retired members, associate members, international affiliates, honorary members and supporter members are invited to attend the luncheon.
Let us not be governed today by what we did yesterday, nor tomorrow by what we do today, for day by day we must show progress.

—Andrew Taylor Still, MD, DO, *Journal of Osteopathy*

**President’s message**

*(continued from Page 1)*

approved first year. There are currently eight programs training 18 residents with seven more interns tracking to enter next year as NMM/OMM residents.

2. **Integrated family medicine/neuromusculoskeletal medicine (FM/NMM) residency.** This is a four-year program leading to eligibility for certification by both the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNNMM) and the American Osteopathic Board of Family Physicians. There are nine programs currently training 59 residents.

3. **Integrated internal medicine/neuromusculoskeletal medicine (IM/NMM) residency.** This is a four-year program leading to eligibility for certification by both the AOBNNMM and the American Osteopathic Board of Internal Medicine. There is currently one program training two residents.

4. **Neuromusculoskeletal medicine plus-one residency.** This is a one-year program completed after another primary residency that also leads to eligibility for certification by the AOBNNMM. There are currently 30 programs training 31 residents.

Over the last three years, an average of 45 residents completed their programs annually and were eligible to sit for boards with 54 more anticipated to do the same in 2017. If all AOA postgraduate training in the specialty of NMM/OMM ended today, there would be 117 fewer physicians graduating that can not only care for patients at that level but that are qualified to meet the current Commission on Osteopathic College Accreditation’s (COCA) requirement that the chairs of the Departments of Osteopathic Principles and Practices (or their equivalent) at our schools and colleges of osteopathic medicine be board-certified in NMM or hold the certification of special proficiency in osteopathic manipulative medicine (C-SPOMM). As we continue to open new institutions despite an apparent shortage of available faculty—as evidenced by the number of schools with open positions in those departments—this becomes more crucial than ever.

**ACGME Residencies**

In the new system under ACGME, there is a single specialty, osteopathic neuromusculoskeletal medicine (ONMM), which leads to eligibility for certification by the AOBNNMM.

On the surface, it appears that the only type of program left to us is what has been referred to as the “traditional” two-year program. Digging deeper, we find that this program offers the opportunity to enter that pathway in the ONMM2 level which is 12 months in length, after completing a residency elsewhere, effectively completing an NMM/OMM plus-one residency.

While the requirements are different from the AOA’s plus-one program and while it will require some flexibility and creativity on the part of program directors, the option still exists to train physicians in that model as well as in the traditional two-year model and thereby maintain the majority of our existing programs.

However, the biggest misconception in my opinion, is that the “integrated programs are going away.” If you want to speak in strictly technical terms, then you could say that is true, but it is misleading and harmful to imply that this model can’t be effectively

*(continued on Page 3)*
As the FM/NMM and IM/NMM programs exist currently, a single program has been developed that meets requirements to sit for both certifying boards. However, in order to continue that model in the ACGME, the sponsoring institution would apply for accreditation in both the specialties. Once that is achieved, the institution would develop a curriculum that meets those requirements to take advantage of duplicated rotations, etc., and the program directors would submit those curricula to the respective boards for approval. Upon that approval, the ACGME will issue that institution a program number so that they can recruit and match directly into the program. While the program itself is technically unaccredited, it is based on two programs that are. After the initial hoops to jump through, it will essentially become business as usual.

As one of the earliest graduates of an official integrated FP/NMM program, I confess that I am more than a little biased in favor of this model, and over the years, I have seen many fine physicians and leaders produced by it. That said, if an institution has reservations about graduating residents from an “unaccredited program,” the institution may opt instead to have, as an example, a family medicine program with osteopathic recognition and an ONMM program, accepting residents into the second year of the ONMM program after the FM program. This model will functionally create the same physician graduates. This is exactly what these programs are already doing, and our existing integrated programs are perfectly poised to lead the way in this effort. It is not keeping the title of an integrated program that matters. It is continuing to produce physicians who are uniquely qualified not only to care for patients at the highest level of primary care and neuromusculoskeletal medicine on a specialty level, but also to ensure the growth and prosperity of our profession by education of the physicians of the future.

As of this writing, there are four ONMM programs in initial accreditation and one in pre-accreditation. Per the chair of the ACGME ONMM Review Committee, Lisa A. DeStefano, DO, these accredited programs will be available to offer a traditional two-year, integrated and plus-one AOA NMM/OMM equivalents, via the mechanisms similar to what I have described above. The chair of the AOBNMM, Michael S. Carnes, DO, FAAO, informs me that there is already one program that has submitted its curricula to the AOBNMM and AOBFP for review as an “integrated” program so that its residents can be eligible to sit for both boards.

While the transition might be happening at a slower pace than some might want, this is not the sign of a need to “reverse course” as suggested by some esteemed colleagues in our profession. It is a sign that we as the NMM specialists need to get motivated to get our existing programs accredited in ACGME and to start new ONMM programs wherever we can.

I challenge every school to start or support an ONMM program to help train our future teachers. Physicians with C-SPOMM or NMM certification have been involved in educating nearly all of the osteopathic physicians in practice, and if the current COCA requirements for OPP department chairs at colleges of osteopathic medicine remain in effect, as it must, we will be key participants in the education of 100 percent of all osteopathic physicians of the future.

If that doesn’t make us the “keepers of the flame” of keeping osteopathic medicine alive and flourishing, I have no idea what does.

The AOA is committed to helping our programs through this process. They offer free guidance and assistance in whatever way is needed, just shy of completing your application for you. Please see http://www.osteopathic.org/inside-aoa/single-gme-accreditation-system/Pages/accreditation-processes.aspx for further information.

If we at the AAO can be of assistance, let us know how. As I said, we stand on the brink of the future with our three options before us. To say no and let your programs close or to just hope someone else does the work for you is to say that our profession doesn’t mean enough to do all we can to ensure its survival. To take the responsibility of continuing old programs and the initiative of opening new ones is not only to ensure survival but to seize the opportunity to bring A.T. Still’s vision to fruition and to bring what has long been the bright future of medicine into reality, providing all patients with the opportunity to receive the benefits that only osteopathic care can give.

Laura E. Griffin, DO, FAAO
2016-17 AAO president
### AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

**2017**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Jan. 11</td>
<td>Committee on Fellowship in the AAO's teleconference—8:30 to 9:30 p.m. Eastern</td>
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<tr>
<td>Jan. 20-22</td>
<td><strong>Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis</strong>—Bruno J. Chikly, MD, DO (France), course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale</td>
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<tr>
<td>Feb. 3-4</td>
<td>AAO Education Committee's meeting—AAO office in Indianapolis</td>
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<tr>
<td>Feb. 27</td>
<td>AAO committees' annual reports due</td>
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<tr>
<td>March 18-21</td>
<td>Pre-Convocation—<em>The Strategic Crossroads of the Body</em>—Jean-Pierre Barral, DO (France), featured speaker—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 19-21</td>
<td>Pre-Convocation—<em>Brain 1: Palpating and Treating the Brain, Brain Nuclei, White Matter and Spinal Cord</em>—Bruno J. Chikly, MD, DO (France), course director—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 19-21</td>
<td>Pre-Convocation—<em>Fascial Distortion Model: Axial Spine</em>—Todd A. Capistrant, DO, MHA, course director—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 21</td>
<td>Committee on Fellowship in the AAO's meeting and interviews—8 a.m. to 5 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 21</td>
<td>AAO Education Committee's meeting—6 to 8 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 22</td>
<td>AAO Board of Trustees' meeting—8 a.m. to noon Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<td>March 22</td>
<td>Pre-Convocation—<em>Overview of the Lymphatic System</em>—Frank H. Willard, PhD, course faculty—1 to 5 p.m.—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 22</td>
<td>AAO Board of Governors’ meeting—1 to 5 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<td>March 22</td>
<td>AAO Investment Committee's meeting immediately following Board of Governors’ meeting—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 23</td>
<td>AAO's annual business meeting and luncheon—11:45 a.m. to 2:15 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<td>March 24</td>
<td>AAO Louisa Burn Osteopathic Research Committee's meeting—6:30 to 8 a.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<td>March 24</td>
<td>AAO Membership Committee's meeting—6:30 to 8 a.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 24</td>
<td>AAO Osteopathic Education Service Committee's meeting—12:30 p.m. to 2:30 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 24</td>
<td>AAO Osteopathic Medical Economics Committee's meeting—12:30 to 2:30 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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<tr>
<td>March 24</td>
<td>AAO Publications Committee’s meeting—12:30 to 2:30 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
</tr>
<tr>
<td>March 24</td>
<td>AAO Postdoctoral Standards and Accreditation Committee's meeting—1:30 to 3:30 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado</td>
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2017 Convocation Focuses on Science and Art

The AAO’s 2017 Convocation will be dedicated to exploring the balance between the art and science of osteopathic medicine. In an era focused on evidence-based medicine, it can be challenging to find a real world balance to the practice of osteopathic manipulative medicine (OMM).

Program Chair Natalie Ann Nevins, DO, MSHPE, has coordinated lectures that will present cutting-edge research in OMM and related topics that will have real world application to the attendees’ medical practice. Breakout sessions will provide the opportunity to learn new techniques and protocols for managing common medical conditions and somatic dysfunctions and to explore new ways to approach the visualization of anatomy.

The annual gathering kicks off with a festive opening reception in the exhibit hall on Wednesday evening. After the reception, George J. Pasquarello, DO, FAAO, will moderate the popular Evening With the FAAOs, where a panel of Fellows of the AAO will present osteopathic approaches to evaluating and treating patients that they learned from their mentors.

The first night rounds out with an outstanding opportunity to network and practice palpation skills at Evening With the Stars. At this casual, free-form event, attendees are invited to use treatment tables to demonstrate techniques, practice their skills and receive feedback from leaders in the osteopathic profession. A second session will be held Thursday evening.

Convocation concludes on Sunday with a combined lecture session for physicians and students. This session, dubbed “Science Sunday,” will focus on research in osteopathic medicine and will include a research panel discussion.

Donate to the PAAO Raffle

The Postgraduate American Academy of Osteopathy (PAAO) needs your help!

At the AAO’s annual Convocation, the PAAO hosts a mixer for residents. This is an excellent opportunity for residents to network with each other and with potential employers. The raffle that is held during the mixer encourages attendance, helps break the ice and generally keeps things hopping.

Donate Raffle Items

This is where you come in. The PAAO needs donated items for the raffle. Is there a particular book that opened your eyes or made you change your approach? A small organizational tool that you never realized would save your sanity? Past donations also have included gift cards and anatomy models.

Ship all donations to the AAO’s office by Feb. 24.

PAAO Raffle
3500 DePauw Blvd., Suite 1100
Indianapolis, IN 46268-1136

If you would like a receipt for your tax-deductible donation, contact AAO Executive Director Sherri Quarles at SQuarles@academyofosteopathy.org or at (317) 879-1881, ext. 214.

Advertise Employment

To promote a job opening during the mixer, contact PAAO Vice Chair Lauren J. Leslie, DO, at paaovicechair@gmail.com.

Physicians also are welcome to attend the mixer to recruit new physicians in practice.

Thank you in advance for your help in making the 2017 PAAO mixer a success!
All AAO members are invited to submit their ideas for the New Ideas Forum at the Academy’s Convocation.

Those members with the most promising proposals for advancing osteopathic manipulative medicine will be given 15 to 30 minutes during the forum to outline their thoughts, demonstrate their techniques and field questions before a large audience of peers.

The AAO’s Education Committee is looking to fill the forum with briefings on:

- new ideas
- trends in medicine
- research updates
- old ideas applied in a new context
- forgotten ideas that should be resurrected

Anyone interested in proposing a new idea at the forum is asked to submit a brief description and outline of the subject. Applicants can include such additional information as references from past presentations, PowerPoint slides, and a short video of the proposed presentation or a similar demonstration.

Email your proposals to Assist@academyofosteopathy.org, or mail them to the Education Committee, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis IN 46268-1136.

The deadline for submitting descriptions and outlines is Friday, Jan. 20, 2017. The Education Committee will select and notify the presenters for the forum in early February. The forum itself will be held on Saturday, March 25, from 3 to 5 p.m. at The Broadmoor in Colorado Springs, Colorado.

The presenters and the titles of their presentations will be listed in the Convocation’s printed program.

Presenters will receive neither honoraria nor reimbursement for their expenses.

The Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) are calling for submissions to their annual Research Poster Presentation. Posters will be displayed in the exhibit hall on Thursday, March 23, and Friday, March 24, during the 2017 Convocation at The Broadmoor.

Interested AAO and SAAO members should submit their poster entry forms and abstracts to the AAO by Monday, Jan. 30, 2017. Read the full criteria.

The LBORC-NUFA Research Poster Presentation is open to osteopathic medical students, interns, residents, researchers and practicing physicians. An author of each poster must be a member of the AAO or the Student American Academy of Osteopathy. The primary author must be present during the poster judging at Convocation.

Ram’s head trophies will be presented to SAAO members who win first place in each of the three poster categories: original research, single case study, and education and public health.

Poster judging will take place Thursday, March 23, 2017, between 6 and 7 p.m., and winners will be announced at the student awards ceremony and at the president’s banquet on Saturday, March 25, 2017. Judges earn Category 1-A CME for participating. Indicate your willingness to volunteer when you register for Convocation.

Submit your completed poster entry form and abstract by Jan. 30, 2017, to Kimberly Wolf, DO, c/o Debbie Cole at DCole@academyofosteopathy.org.

Primary authors will be asked to sign an AAO copyright agreement so that the Academy may publish all of the posters on the AAO’s website. Signing the agreement does not prevent investigators from submitting full articles on their research to peer-reviewed journals, such as The AAO Journal and The Journal of the American Osteopathic Association.

Learn more at www.academyofosteopathy.org/poster-presentations.

Stay updated: Follow the AAO online!
CME Courses Attract 75 Attendees

The AAO hosted two continuing medical education courses the weekend of Dec. 2-4, 2016.

Led by Kenneth J. Lossing, DO, “The Cranial Approach of Beryl E. Arbuckle” was held at the Midwestern University/Arizona College of Osteopathic Medicine in Glendale. Dr. Arbuckle was a student of William Garner Sutherland, DO, the founder of cranial osteopathic manipulative medicine. Dr. Arbuckle was able to attend hundreds of autopsies, mostly on pediatric neurological cases. She observed regularly arranged fibers in the dura that she called "stress fibers." She also noted that the skull was reinforced in certain places, which she called buttresses. The stress bands and buttresses are used in both diagnosis and treatment.

Attendees learned to motion test the sphenobasilar suture, the cranial base, the face, the buttresses, the cranial-cervical junction and the sacrum; to unlock the bony skull and the membranes; and to work with stress bands.

Of the 44 attendees, 39 were Academy physicians, three were members of the Student American Academy of Osteopathy (SAAO), and two were MDs.

One reviewer raved, “Dr. Lossing is a consummate teacher and presenter.” Another reported that Dr. Lossing did an excellent job breaking down the material and describing what he feels.

“Fulford’s Advanced Percussion Hammer” was led by Richard W. Koss, DO, at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth. Based on the life exploration, philosophy and osteopathic practice of Robert C. Fulford, DO, this course built on principles addressed in the basic course. More sensitive and potent concepts and techniques were presented with supervised practice to assure a proper level of mastery during the course.

Of the 31 attendees at Dr. Koss’s course, 26 were Academy physicians, one was an international member of the AAO, one was a member of SAAO, and two were nonmember osteopathic physicians.

Survey respondents reported that Dr. Koss captivated the audience, related the subject matter in ways that resonated, and created a good blend of lecture and hands-on time.

Young Investigators: Apply for Career Development and Grant Mentoring Program

The United States Bone and Joint Initiative (USBJI) and Bone and Joint Canada are dedicated to increasing research of musculoskeletal diseases. The USBJI has developed a grant mentoring program to provide early-career investigators an opportunity to work with experienced researchers in the field to assist them in securing funding and other survival skills required for pursuing an academic career.

This program is open to promising junior faculty, senior fellows or postdoctoral researchers nominated by their department or division chairs. It is also open to senior fellows or residents who are doing research and have a faculty appointment in place or confirmed. Basic and clinical investigators, without or with training awards (including K awards) are invited to apply. Investigators selected to take part in the program attend two workshops, 12 to 18 months apart, and they work with faculty between workshops to develop their grant applications.

The next workshop is scheduled to take place April 7-9, 2017, in Rosemont, Illinois, outside Chicago.

The unique aspect of this program is the opportunity for attendees to maintain a relationship with a mentor until their application is funded.

The application deadline for the Spring 2017 workshop is Jan. 15. To apply for this program, go to www.usbji.org/programs/yii/call-for-applications
AAO Members Stand for Election

At the annual business meeting each March, Academy members elect leaders for the coming year. This year, Academy members will vote for president-elect, two trustees, 10 governors and four members of the Nominating Committee. Most positions require a three-year commitment.

The candidate campaign statements below are intended to assist members in choosing among the candidates running for office in 2017. In addition to providing a 100-word biographical sketch, all candidates were asked to describe their vision for where the AAO should be headed and their top contribution to the AAO to date and its significance. Responses provided below have been edited for clarity but are largely presented in the candidates’ own words.

Additional candidates may be nominated from the floor on election day. Those candidates must be present at the AAO’s business meeting to indicate whether they accept their nominations and to attest to their willingness to serve if elected.

This year’s business meeting will be held Thursday, March 23, from 11:45 a.m. to 2:15 p.m. Mountain time at the AAO Convocation at The Broadmoor in Colorado Springs, Colorado. All full members of the Academy, including resident members, are eligible to vote during the business meeting, as are life members and honorary life members. Members must be present to vote.

Voting will be conducted digitally, so members will be expected to bring their cell phones, tablets or other devices with texting capability.

Please note that the candidates whose names are followed by asterisks in the list below are incumbents in those offices.

### President-elect
(Elect one for a one-year term, which will be followed by a one-year term as president and then a one-year term as immediate past president)

**Catherine M. Kimball, DO**

**Vision:** The AAO has created and utilized a robust strategic plan. We continue to collaborate more and more with the American Osteopathic Association and other component societies of our profession to support our members. My vision is to continue the good work already started, to support our mission of education and advocacy to make osteopathic medical care available to all.

**Contributions:** I bring many years of leadership experience to our process at the Board of Trustees. I have not been afraid to ask questions and to advocate for all aspects of our membership, from students to practicing physicians to faculty and residency directors.

**Biographical sketch:** I have a strong history of leadership. I became chief of the medical staff at Inland Hospital in 1993 after being chief of family practice and have served in that capacity for 15+ of the last 30 years. I continue to serve on the Board of Trustees of Inland Hospital. I was actively engaged in Eastern Maine Healthcare Systems’ “Leadership Reinvented” initiative, serving on the Patient Pathways system team which is under the umbrella of the Transformation Steering Committee, on which I served for its first two years. I am the lead physician in my practice. Outside of medicine, I have served as senior warden of the Vestry of St. Mark’s Episcopal Church on two separate occasions. I recently completed a year-long course with the Physician Executive Leadership Institute on developing leadership skills.

### Board of Trustees
(Elect two for three-year terms)

**Brian F. Degenhardt, DO**

**Vision:** Within the rapidly evolving health care system, the AAO needs to position itself to provide leadership, establishing mechanisms that will allow clinicians and patients to rapidly advocate for access to individualized, just and health-centric health care that promotes osteopathic principles.

**Contributions:** Research is critical in shaping health care policy and advancing the art of medicine. Throughout my career, I have expanded the evidence base of osteopathic medicine by performing research in both academic and independent clinic settings, and building research capacity within the neuromusculoskeletal medicine specialty through the practice-based research network DO-Touch.NET.

**Biographical sketch:** I am the director of the A.T. Still Research Institute and the assistant vice president for osteopathic research at A.T. Still University. I oversee numerous areas of research, objectifying palpatory diagnosis, posture and osteopathic manipulative treatment. I have published on a broad scope of research, including the evaluation of the reliability of palpatory diagnostic tests, otitis media, pneumonia in the elderly, chronic obstructive pulmonary disease, OMT’s influence on pain and biomarkers, and in the health benefits of wellness programs. I have also maintained an independent integrative medicine clinic in Colorado for 13 years.

(continued on Page 9)
Board of Trustees candidates (continued from Page 8)

Heather P. Ferrill, DO, MS MedL*

Vision: The world of medical education and graduate medical education is expanding, and the AAO has the opportunity to shape the future of medicine, integrating osteopathic principles throughout the American medical system. We need to concentrate on education and collaboration with other specialty colleges and the allopathic profession to ensure that the principles of osteopathic medicine are carried forward.

Contributions: I have been involved with collaborations with the American College of Osteopathic Family Physicians regarding osteopathic curricula and delivering osteopathic faculty development and residency training education in the single accreditation system (SAS). Maintaining an osteopathic presence in the face of the SAS requires thoughtful and targeted osteopathic educational opportunities for all clinical faculty, as well as residents, entering the new GME system.

Biographical sketch: Dr. Ferrill graduated from the Michigan State University College of Osteopathic Medicine and is dually boarded in neuromusculoskeletal medicine and family practice after completing an integrated FP/NMM residency at the University of New England College of Osteopathic Medicine. She currently chairs the Department of Osteopathic Principles and Practice at the Rocky Vista University College of Osteopathic Medicine. She has been honored to serve the American Academy of Osteopathy since 2005 on the following committees: Student Academies Committee, Postdoctoral Training and Standards Committee, Education Committee, International Affairs, Board of Governors, and Board of Trustees.

Sharon Gustowski, DO, MPH

Vision: The AAO is a prominent leader in the field of osteopathic manipulative medicine, preserving its history and educating students and physicians. The AAO should continue to offer high quality, clinically relevant educational programs. It should also strive to develop innovative ways to integrate current members and identify potential members.


Biographical sketch: Dr. Gustowski is a willing servant of the osteopathic medical profession. She is a 2001 graduate of the University of North Texas Health Science Center Texas College of Osteopathic Medicine (UNTHSC-TCOM), and she completed NMM/OMM residency in 2004. As a career academic physician, she was a founding faculty member at the Touro University College of Osteopathic Medicine in Nevada from 2004 to 2011. From 2011 to 2014, she was Y2 OMM courses director at UNTHSC-TCOM. She currently chairs the Osteopathic Principles, Practices and Integration Department at the University of the Incarnate Word School of Osteopathic Medicine in San Antonio. There, she is charged with ensuring that osteopathic content is positioned at the forefront of their modern and socially conscious curriculum. Should Dr. Gustowski be elected to the Board of Trustees, the remaining year of her unexpired 2015-18 term as a governor will be filled during the 2017 election.

Catherine M. Kimball, DO*

See Dr. Kimball’s statement on Page 8. Should Dr. Kimball be elected president-elect, her name will automatically be removed from the list of candidates running for trustee.

Sheldon C. Yao, DO

Vision: The AAO needs to be a leader in osteopathic education, outreach and research, and it needs to advocate for our patients and community and fellow physicians. The Academy needs to be prepared to face the challenges and opportunities with single accreditation residency training.

Contributions: I have been serving the academy since 2006 as part of the Membership Committee and the Student Academies Committee. As the 2011-15 Membership Committee chair, I assisted in leading the committee to promote the Academy and increase membership retention. I have served on the Board of Governors since 2013.

Biographical sketch: Dr. Sheldon Yao received his DO degree at the New York Institute of Technology College of Osteopathic Medicine (NYITCOM) in 2002. He is board certified in family medicine/OMT and NMM/OMM. Dr. Yao is the OMM Department chair at NYITCOM. Dr. Yao teaches and precepts students in the classroom and office setting, and he has been honored with NYITCOM teaching awards yearly from 2010 to 2015. He is the primary investigator in studies examining the effects of OMM in Parkinson’s disease and concussions and other OMM-related educational research studies. He also serves on the National Board of Osteopathic Medical Examiners’ Osteopathic Principles and (continued on Page 11)
Why Does It Hurt presents a whole new viewpoint on the way our bodies work using FDM, the Fascial Distortion Model. Fascia is the fibrous connective tissue that permeates our bodies and holds everything together. Distorted fascia is often the cause of pain that may not respond to traditional treatments of physical therapy or anti-inflammatory drugs.

Thanks to FDM, patients stooped over from chronic back pain now stand straight, and athletes sidelined with sprains quickly return to the game and perform as if nothing happened.

Why Does It Hurt explains how, in case after case, FDM dramatically shortens healing time, reduces the need for tests and drugs, and restores movement and well-being to patients who had given up hope.

by Todd A. Capistrant, DO, MHA, with Steve LeBeau, paperback, 160 pages, $17.95

Osteopathy for the Over 50s is intended to provide a study of the biomechanics and physiology of somatic dysfunction as it relates to individuals over the age of 50.

The main body of the text considers the relevance of somatic function and dysfunction in multiple clinical areas including cardiology, pulmonology, gastroenterology, urology, neurology and rheumatology.

The diagnostic approach to the patient over the age of 50 and osteopathic manipulative treatment is thoroughly described. This book provides information on the biomechanics and physiology of somatic dysfunction for the osteopathic treatment of older adults in a thorough, yet easy to approach, fashion for practitioners of osteopathy and osteopathic medicine.

by Nicette Sergueef and Kenneth Nelson, hardcover, 416 pages, $90

Fundamentals of Diagnostic Musculoskeletal Ultrasound is a professionally recorded and produced DVD series by two of the country’s leading MSKUS teachers. This DVD set will help viewers learn proper probe placement and standard scanning sequences and technique for each body area. Over five hours of content will focus on the normal sonographic anatomy and sequencing for scanning each region.

The authors focus on demonstrating how to obtain proper probe placement and the content within these images. As opposed to just teaching certain slices of the anatomy of a region, they attempt to teach a multi-dimensional approach to sonographic anatomy so that your diagnostic evaluations will completely evaluate each structure.

by Paul Tortland, DO, FAOASM, R-MSK, and Albert J. Kozar, DO, FAOASM, R-MSK, 2 DVD, 5.5 hours, $399.99 $339.99 Save 15% when you order before Jan. 21!

AAO members receive a 10% discount off listed prices.
Download the Academy’s book order form or visit www.academyofosteopathy.org to place your order.
Practice Committee for the Comprehensive Osteopathic Medical Achievement Test.

Should Dr. Yao be elected to the Board of Trustees, the remaining two years of his unexpired 2016-19 term as a governor will be filled during the 2017 election.

Board of Governors
(Elect 10 for three-year terms)

Michael S. Carnes, DO, FAAO*

Biographical sketch: Dr. Carnes is an associate professor in the Department of Osteopathic Principles and Practice at the University of Pikeville–Kentucky College of Osteopathic Medicine. He is board certified in neuromusculoskeletal medicine and osteopathic manipulative medicine, and he became a Fellow of the AAO in 2008.

Dr. Carnes is a 1997 graduate of the Des Moines University College of Osteopathic Medicine, and he completed his residency training in OMM at St. Barnabas Hospital in Bronx, New York. He has spent over a decade developing and running NMM/OMM residency programs with strong inpatient consultation services, first in Fort Worth, Texas, and then in Muskegon, Michigan. He has served the AAO’s committees overseeing postdoctoral education and accreditation since 2009.

Jane E. Carreiro, DO*

Vision: The AAO will be looked at as the leader in the education and practice of manual medicine diagnosis and treatment and the application of osteopathic philosophy and practice within the health care system.

Contributions: President, Nominating Committee, Board of Trustees, Education Committee

Biographical Sketch: Jane Carreiro, DO, is the vice president of health affairs and the dean of the University of New England College of Osteopathic Medicine. She has served as the director of graduate medical education, and she is a tenured professor of osteopathic manipulative medicine. She serves on the osteopathic recognition committee for the Accreditation Council for Graduate Medical Education. She has published in Spine, Archives of Pediatric and Adolescent Medicine, and the Journal of the American Osteopathic Association. Dr. Carreiro has authored Pediatric Manual Medicine and An Osteopathic Approach to Children. She holds board certifications from both the American Osteopathic Board of Family Physicians and the American Osteopathic Board of Special Proficiency in Osteopathic Manipulative Medicine.

Brian F. Degenhardt, DO*

See Dr. Degenhardt’s statement under “Board of Trustees” on Page 8. Should Dr. Degenhardt be elected to the Board of Trustees, his name will automatically be removed from the list of candidates for governor.

Lisa A. DeStefano, DO*

Vision: The AAO may be best directed on education focused on the discipline of the normal function of the neuromusculoskeletal system, broadly. Focus on OMT should be secondary and only as indicated within the context of restoring function of the neuromusculoskeletal system.

Contributions: Dr. DeStefano chairs the American Council for Graduate Medical Education’s Osteopathic Neuromusculoskeletal Medicine Residency Review Committee. Under the single accreditation system, there was a need to move the AOA NMM/OMM residency under ACGME. This discipline serves a vital role within health care as chronic pain is very costly, and access to rationale care for improving function of the neuromusculoskeletal system is a critical need.

Biographical sketch: Dr. DeStefano has chaired the OMM Department at the Michigan State University College of Osteopathic Medicine since 2003. She is the clinical director of the MSU HealthTeam’s 21-clinician OMM clinic. In addition, Dr. DeStefano is the program director of MSUCOM/Sparrow Hospital’s AOA/ACGME initial-accredited ONMM residency, and she chairs the ACGME’s ONMM Residency Review Committee. She is the physician director of MSUCOM’s Manual Medicine CME Series, and she is the author of the fourth and fifth editions of Greenman’s Principles of Manual Medicine.

Dennis J. Dowling, DO, MA, FAAO*

Vision: The AAO must remain and place itself forward as the leader in providing osteopathic education and leadership to osteopathic physicians and others who qualify by the nature of their licenses to practice.

Contributions: I feel that I have led the organization as the 2003-04 president and continue to do so as a member and current chairman of the Nominating Committee to advance the organization by addressing the continuing need for leaders.

Biographical sketch: Dr. Dowling is a 1989 graduate of the New York Institute of Technology College of Osteopathic Medicine (NYITCOM). He is a contributing author and illustrator to several journals and textbooks, and he developed the PINS technique. He is a co-author of a JAOA

(continued on Page 12)
**2017 Convocation (continued from Page 5)**

Barral, DO (UK), and course director Kenneth J. Lossing, DO, will discuss the peritoneal and fascial fibers that intertwine at well-defined intersections in the body. These crossroads help configure and protect the adjoining of limbs, where arteries, nerves, muscles and tendons naturally change direction.

Todd A. Capistrant, DO, MHA, will explore how addressing fascial distortions can provide dramatic results by addressing the biotensegrity of the body in “Fascial Distortion Model: Axial Spine” (March 19-21) In this course, attendees will learn how to apply FDM modalities to the ankle, shoulder and knee.

Anyone who has previously completed a 40-hour cranial course is eligible to register for “Brain 1: Palpating and Treating the Brain, Brain Nuclei, White Matter and Spinal Cord” (March 19-21) with Bruno J. Chikly, MD, DO (France). Participants will learn techniques for the whole ventricular fluid system and the brain parenchyma.

On Wednesday afternoon, Frank H. Willard, PhD, will present “Overview of the Lymphatic System” (March 22). Dr. Willard is a professor in the Anatomy Department at the University of New England College of Osteopathic Medicine in Biddeford, Maine.

**Stay at The Broadmoor**


**Board of Governors candidates (continued from Page 11)**

Northup writing award–winning article on the effect of OMT on gait in patients with Parkinson Disease. Dr. Dowling has delivered the Heilig, Scott, Northup and Blood Memorial Lectures and is a recipient of the A.T. Still Medallion.

Dr. Dowling is a former professor and chairman of OMM at NYITCOM, and he is a clinical professor at Midwestern University, the Philadelphia College of Osteopathic Medicine, and the University of New England College of Osteopathic Medicine. He was in private practice from 2003 to 2016, and he has been a consultant and the coordinator of OMM assessment for the National Board of Osteopathic Medical Examiners since 2004. Dr. Dowling has supervised residents in the Physical Medicine and Rehabilitation Department at the Nassau University Medical Center in East Meadow, Long Island, since 1990. He also currently works in the Family Medicine Department at that hospital. He is certified by the American Osteopathic Board of Family Physicians and by the American Board of Osteopathic Neuromusculoskeletal Medicine, and he earned his FAAO in 1999. He has served on the AAO’s Board of Trustees and Board of Governors, and he served as the AAO’s 2003-04 president. He has been a member and/or chair on several other AAO committees.

Hugh M. Ettlinger, DO, FAAO, FCA*

Biographical sketch:

Dr. Ettlinger is a 1982 graduate of the Chicago College of Osteopathic Medicine (NYITCOM), and he is board certified in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM). He is an associate professor of OMM at NYITCOM, and he is the director of the NYITCOM/St. Barnabas NMM Residency Program.

Dr. Ettlinger has served on the AAO’s Board of Governors since 2011, and he has been the NUFA liaison since 2009. He also serves on the AAO’s Postdoctoral Standards and Accreditation Committee and on the Postdoctoral Training Committee. In addition, he is the executive vice president of the Sutherland Cranial Teaching Foundation (SCTF), and he is a faculty member and program chair for the SCTF and the Osteopathic Cranial Academy.

Heather P. Ferrill, DO, MS Med L

See Dr. Ferrill’s statement under “Board of Trustees” on Page 9. Should Dr. Ferrill be re-elected to the Board of Trustees, her name will automatically be removed from the list of candidates for governor.

Ann L. Habenicht, DO, FAAO, FACOFP, CS*

Vision: With the American Council for Graduate Medical Education merger, the Academy, more than ever, must take a role in preparing those allopathic residents with the requisite knowledge of osteopathic principles and practice for them to enter the osteopathic emphasis programs. We must continue to be a “beacon of osteopathy” for our students and members.

Contributions: I have held many roles in the Academy: 1997-98 president; trustee; governor; chair of the Education Committee; member of the Bylaws Committee, Long Range Planning, SAAO Advisor, and Postdoctoral Standards and Accreditation. Additionally, I was the program chair for the 1995 Convocation and OMT Update for 15 years, and I have participated in numerous other programs.

Biographical sketch: Dr. Habenicht, a 1982 graduate of the Chicago College of Osteopathic Medicine, is certified by the
American Osteopathic Board of Family Physicians and the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM). She has earned her FACOFP and FAAO. She chairs the Department of OMM at the Marian University College of Osteopathic Medicine. Prior to coming to MU-COM, she taught at CCOM in the OMM and Family Medicine Departments for 32 years. A former president of the AAO, Dr. Habenicht served as a member of the American Osteopathic Association House of Delegates and on the AAO Bylaws and Awards Committees. She is currently a member of the AAO Board of Governors and the AOBNMM.

Kurt P. Heinking, DO, FAAO*

**Vision:** The Academy needs to become and maintain itself as the premier institution for the education, training and promotion of osteopathic manipulative medicine in the United States. It needs to enhance the visibility of OMM to patients, hospitals, and other clinicians. It needs to encourage, support and foster participation by students, interns and residents in its programs, and to promote OMM into daily patient care.

**Contributions:** I have been attending and participating in Academy functions since 1992, initially as a student OMM fellow. I became NMM-certified in 2000 and then received my FAAO in 2007. I have provided many lectures and workshops at Convocation over the years, and I have participated in the FAAO forum multiple times. I have graded practical exams for the NMM certification process. I have written about in the AAO newsletter. I have provided a sports medicine/OMT program for the AAO. I am currently a member of the Committee on Fellowship in the AAO, which requires a significant amount of reading, testing and discussion of the applicants’ cases and theses. I believe this committee might be my largest contribution so far.

**Biographical sketch:** Dr. Heinking is a 1994 graduate of the Midwestern University/Chicago College of Osteopathic Medicine of Midwestern University (MWU/CCOM). He is board certified in family medicine, sports medicine and neuromusculoskeletal medicine. Academically, Dr. Heinking chairs the Department of Osteopathic Manipulative Medicine at MWU/CCOM, where he also is a professor of family medicine. Dr. Heinking holds the distinction of Fellow of the American Academy of Osteopathy (FAAO). Dr. Heinking lectures at national and international programs and has numerous scholarly publications. He is an active researcher in both OMM and in sports medicine. Dr. Heinking is the director of the family medicine/OMM clinic at the new MWU Multispecialty Clinic, in Downers Grove, Illinois.

Dr. Heinking maintains membership in the Illinois Osteopathic Medical Society, the American College of Osteopathic Family Physicians, the American Osteopathic Academy of Sports Medicine, the Osteopathic Cranial Academy and the American Osteopathic Association.

**Polly E. Leonard, DO, MS, FNAOME**

**Vision:** I support the current vision and mission of the AAO. The AAO should be a prominent resource for physicians, patients, educators and administrators as residency training merges. The Academy should continue its positive promotion of osteopathic manipulative medicine to all physicians through hands-on education and research application.

**Contributions:** I began as a NUFA member, then as the 1994-96 NUFA president. I served on the Osteopathic Diagnosis and Treatment Service from 2003 to 2014 and on the Osteopathic Postdoctoral Training Institute Liaison Committee from 2003 to 2013. I currently serve on the Education Committee. I strive always to promote our vocation.

(continued on Page 14)
Biographical sketch: Polly E. Leonard, DO, MS, FNAOME, graduated from the University of New England College of Osteopathic Medicine in 1996 after completing a one-year predoctoral fellowship in OMM and anatomy. She is certified in osteopathic family practice and neuromusculoskeletal medicine, practicing in Rhode Island. She earned a Masters in Medical Education Leadership at UNECOM in May 2011. She holds two fellowships in the National Academy of Osteopathic Medical Educators: medical education leadership and teaching and evaluation. She is the president of the Northeast Osteopathic Medical Education Network, and she chairs the American Association of Colleges of Osteopathic Medicine’s Society of Osteopathic Medical Educators. She is a master teacher with the Training of Osteopathic Primary Care Educators Consortium.

J’Aimee Anne Lippert, DO

Vision: In this challenging time in our nation’s history, preservation of and respect for osteopathic tenets is all the more imperative as health care provision becomes more complex. The AAO is the standard-bearer in safeguarding patients’ health and influencing public policy, and engaging in awareness, advocacy and reform is paramount.

Contributions: As an AAO member, my greatest passion has been commitment to teaching osteopathic students and residents. I have served as a program director for the FM/NMM residency in Grand Rapids, Michigan. I previously served on the AAO’s Postdoctoral Standards and Evaluation Committee, and I have assisted with the resident in-service exam at Convocation for many years.

Biographical sketch: Growing up in Michigan, osteopathic medicine was the only health care I knew; I was determined to be an osteopathic physician. I graduated from the Michigan State University College of Osteopathic Medicine in 2000, and I was one of the inaugural Integrated FM/NMM residents, completing residency in 2004, which, along with my education at MSU-COM, was instrumental in forming my philosophy of medical care. After I served as a program director for several years, my family and I moved to Wisconsin, where I serve as a family medicine and NMM physician. I am honored to be considered for this role, and if elected, I would be a most humble, hardworking, dedicated servant.

Doris B. Newman, DO, FAAO

Vision: As the osteopathic community nationwide undergoes a shift in graduate medical education, I believe the Academy is in a unique position to capitalize on the “osteopathic brand,” that being the philosophy and approach, including OMT in the broader medical community. I think the AAO should use all of its resources to plan a targeted campaign of engagement of MD student graduates to get basic OPP/OMT training, create a cadre of experts to bring OPP/OMT to residency programs nationwide, and to become the leader in the totality of the osteopathic approach. Only in so doing will the Academy become part of the solution as the AOA ceases to accredit GME programs and continue to move towards its goal.

Contributions: As an AAO member, I have served the Academy in numerous roles since 2002: first as PAAO secretary, then as chair of the Postdoctoral Standards and Evaluation Committee, as a member of the Board of Governors, the Board of Trustees and finally on the executive committee since 2014. Dr. Newman was appointed by the AAO Board of Trustees as the North American representative to the Federation of International Manual Medicine (FIMM), and this year she was appointed by the AOA president to the Bureau of Graduate Medical Education Development. In her position as the assistant dean of clinical education at the Nova Southeastern University College of Osteopathic Medicine, Dr. Newman is reminded every day of the hopes and fears of osteopathic medical students in the shifting environment of GME and the new challenges all DO graduates face when trying to match in Accreditation Council for Graduate Medical Education residency programs.

George J. Pasquarello, DO, FAAO*

Vision: The AAO should continue its role as the leader of osteopathic advocacy, research and education in medicine. Opportunities that have arisen as a result of the changing environments in medicine and education in the U.S. make the AAO uniquely positioned to carry forth the ban-
Board of Governors candidates (continued from Page 14)

...ner that A.T. Still first flew. Expanding the AAO mission to include collaboration with other medical organizations will be one of the keys to success.

Contributions: Mentoring in the AAO is the legacy that I inherited from my own mentors. I have had the great honor to serve the AAO on many boards and committees, but feel that my most significant contribution has manifested in four of my former residents serving on the current AAO Board of Trustees, including the current president and the immediate past president.

Biographical sketch:

- Board certified in NMM/OMM with certified additional qualifications in pain medicine
- Past president, American Academy of Osteopathy
- Past president, Rhode Island Society of Osteopathic Physicians and Surgeons
- Past president, Foundation for Osteopathic Research and Continuous Education
- AAO’s Board of Trustees, Board of Governors, Committee on Fellowship, Education Committee, Convocation Program Chair and Postdoctoral Standards and Evaluation Committee
- AOA’s House of Delegates and Bureau of Osteopathic Clinical Education and Research
- ACGME’s Osteopathic Principles Committee
- Previously taught OPP/OMM at UNECOM
- Former residency director of UNECOM’s NMM and FP/NMM programs
- Clinical faculty at UNECOM and Brown University Medical School
- Lectures at state, national and international level to physicians, house staff and students on the application of osteopathic manipulative medicine, musculoskeletal ultrasound, platelet rich plasma and prolotherapy
- Co-author of the chapter “Osteopathic Manipulative Treatment” in the fourth edition of Orthopedic Knowledge Update
- Co-author of the medical textbook Principles of Prolotherapy
- Currently in private practice in NMM/OMM in Rhode Island.

Eric Hunter Sharp, DO

Vision: I feel that the AAO should be leading the way in developing an osteopathic education track for MD students and a track for MD residents who want to learn more about OPP and OMM and that will prepare them to enter into osteopathic residencies recognized by the Accreditation Council for Graduate Medical Education.

Contributions: I was proud to chair the Postdoctoral Standards and Evaluation Committee for many years and to help lead it through its split into the Postdoctoral Standards and Accreditation Committee and the Postdoctoral Training Committee as the AOA and the AAO entered into the single accreditation system with the ACGME.

Biographical sketch: I am a 1998 graduate of the West Virginia School of Osteopathic Medicine after performing an extra year as an OMM teaching fellow for the OMM department. I completed an osteopathic family medicine residency at Allegheny Regional Hospital in Low Moor, Virginia, in 2001, and I completed a neuromusculoskeletal medicine and osteopathic manipulative medicine plus-one residency at the Eastern Maine Medical Center in Bangor in 2002. I served as the director of osteopathic medical education, the family medicine residency director, the NMM/OMM plus-one...
Board of Governors candidates (continued from Page 15)

residency director, and the president of the Northeast Osteopathic Medical Education Osteopathic Postdoctoral Training Institution during the following years. I have since joined the Central Maine Medical Center in Lewiston where I have started another NMM/OMM plus-one residency program. I also am on the faculty with the family medicine residency there.

I chair the AAO’s Postdoctoral Training Committee, and I am the inaugural vice chair for the ACGME’s Osteopathic Neuro-musculoskeletal Medicine Review Committee. I also lead the working group that developed the ACGME ONMM milestones.

I enjoy spending time with my daughter, Lydia, and I continue to volunteer as a ski patroller at Sugarloaf in Maine’s Carrabassett Valley.

Karen T. Snider, DO, FAAO

Vision: With the advent of the Accreditation Council for Graduate Medical Education’s osteopathic recognition for residency programs, a need has been created to provide faculty development in osteopathic principles and practice and resident training. In addition to traditional conference venues, OPP training must occur onsite at residency programs. AAO has the knowledge, talent and resources to electronically deliver OPP training to the next generation of physicians.

Contributions: My career has been dedicated to the mission of the AAO. I have worked to advocate for the clinical integration of OPP through OMM curricular development and delivery, clinical practice and mentoring, performance and publication of OMM research, and integration of OPP on national licensure examinations and ACGME residency programs.

Biographical sketch: Karen T. Snider, DO, FAAO, is a professor and the assistant dean for OPP integration at the A.T. Still University–Kirkville College of Osteopathic Medicine in Missouri, where she works to integrate OPP throughout the continuum of osteopathic medical education. She serves on many national committees, including the AAO’s Louisa Burns Osteopathic Research Committee, the Editorial Board of The Journal of the American Osteopathic Association, the Board of Directors of the National Board of Osteopathic Medical Examiners, and the ACGME’s Osteopathic Principles Committee. Dr. Snider graduated from the West Virginia School of Osteopathic Medicine in 1997. She is actively involved in osteopathic research and has published and presented widely. Her research interests revolve around the basic science, clinical outcomes, practice management and educational methodologies involving OMM.

Col. Clay Walsh Jr., DO

Vision: We’re finally on a long fought journey to being a louder and stronger voice within the AOA. For me, this has been due to the tireless efforts of our colleagues who strive to stay true to the principles that Dr. Still has given us; providing increased awareness and opportunities to continue the art, philosophy, and integration of OMM principles through teaching, research and advocacy. It is now my turn to step up and push forward.

Contributions: I have had an active role in what is now called the Osteopathic Education Service Committee since 2005, serving as chair since 2011, expanding physician participation and establishing and incorporating OES goals into the last two AAO Strategic Plans.

I also have participated in the AAO Leadership Forums the past four years.

Biographical sketch: Dr. Walsh is a 1992 graduate of the University of North Texas Health Science Center Texas College of Osteopathic Medicine. He completed his internship and family medicine residency in Ohio and an NMM plus-one residency in Texas. From 1996 to 2009, he was in private practice in Ohio providing integrative medicine and OMM in both the clinical and hospital setting. In 2009 thru 2011, as a member of the Ohio Air National Guard, he took a leave of absence from private practice to perform Flight Surgeon duties in the war on terror with deployments to Iraq, Afghanistan and Oklahoma. From April 2011 to April 2015, Dr. Walsh was a member the OMM Department at UNTHSC-TCOM; he was an outpatient clinical provider of OMM, hospitalist, Year III OMM course director, supervised a hospital OMM curriculum and provided monthly lectures for hospital interns and residents. Dr. Walsh was the faculty advisor for the SAAO as well as an assistant faculty advisor to the student military club. He is an active member, in good standing, of the AAO. Dr. Walsh is currently serving a military tour as the chief medical review officer for the Air National Guard Drug program.

Nominating Committee

(Encrypt for one-year terms)

Boyd R. Buser, DO, FACOPF

Vision: 1) To take advantage of the opportunities created by the single accreditation system for graduate medical education; advocating for programs to seek osteopathic recognition; and developing and promoting educational programming for MDs who want osteopathic training. 2) Continue advocacy for OMT payment.

Contributions: There have been a few. Hard to say which is most significant, but (continued on Page 17)
probably my work in OMT payment policy might have had the most impact over the years for AAO members.

Biographical sketch: Dr. Buser is currently serving as the 120th president of the American Osteopathic Association. He is the vice president for health affairs and the dean of the University of Pikeville-Kentucky College of Osteopathic Medicine. He previously served as the AAO’s president (1995-96), secretary-treasurer (2000-06) and the chair of the Nominating Committee (2000-15). He has been a member of the AAO’s Board of Governors since 1991. Dr. Buser is a graduate of the Des Moines University College of Osteopathic Medicine, and for 14 years he chaired the Department of Osteopathic Manipulative Medicine at the University of New England College of Osteopathic Medicine in Maine and mentored many AAO leaders. In 2010, Dr. Buser was awarded the Andrew Taylor Still Medallion of Honor by the AAO.

Jane E. Carreiro, DO*
See Dr. Carreiro’s statement under “Board of Governors” on Page 10. Members may serve on the Board of Governors and the Nominating Committee simultaneously.

Dennis J. Dowling, DO, MA, FAAO*
See Dr. Dowling’s statement under “Board of Governors” on Page 10. Candidates may serve on the Board of Governors and the Nominating Committee simultaneously.

John C. Glover, DO, FAAO*
Vision: My vision for the AAO is to enable our students to use their diagnosis and treatment skills in the clinical years, to integrate them into their residency programs, to reach out to our allopathic colleagues who wish to learn OMM, and to be involved in collaborative osteopathic research.

Contributions: Serving as the AAO’s 2001-02 president and on a variety of AAO committees has allowed me to work with the very talented and dedicated members of the Academy to develop policies and programs. Helping osteopathic medical students attend the AAO Convocation has also been significant for both them and the AAO.

Biographical sketch: I have had the honor of serving the AAO as president, member of the Board of Trustees and the Board of Governors, chair of the Membership Committee, member of the Education Committee, Professional Standards Committee, OPTI Liaison Committee and Undergraduate Academies Committee. Currently, I serve on the Board of Governors, chair the Awards Committee, and I am a member of the Committee on Fellowship and the Nominating Committee. The success of the AAO as an organization depends on the strength of its leadership, and I look forward to contributing to that critical process. Thank you for your support.

Ann L. Habenicht, DO, FAAO, FACOFP, CS
See Dr. Habenicht’s statement under “Board of Governors” on Page 12. Candidates may serve on the Board of Governors and the Nominating Committee simultaneously.

Kenneth J. Lossing, DO
Vision: We shall provide the nucleus for osteopathic manipulative medicine becoming the standard of conservative care in the USA.

Contributions: AAO 2014-15 president

Biographical sketch: I am in private practice since 1997, and have been teaching OMM around the world since that time.

Doris B. Newman, DO, FAAO
See Dr. Newman’s statement under “Board of Governors” on Page 14. Members may serve on the Board of Governors and the Nominating Committee simultaneously. As the AAO’s 2016-17 immediate past president, Dr. Newman served as an ex-officio member of the Nominating Committee. As such, she is not considered an incumbent.

Laura E. Griffin, DO, FAAO (ex-officio)
As the AAO’s 2017-18 immediate past president, Dr. Griffin will automatically serve as an ex-officio member of the Nominating Committee for one year.

Members in the News

The December 2016 and January 2017 issues of The Journal of the American Osteopathic Association included items by Academy members. Those articles are summarized in the table below.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title of article</th>
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<tr>
<td>Jessica B. Smith-Kelly, DO, and Andres Cardenas, PhD, MPH</td>
<td>December 2016</td>
<td>Assessment of Hospital Staff’s Knowledge of Osteopathic Manipulative Medicine: A Survey-Based Study</td>
<td>Osteopathic manipulative treatment can shorten hospital length of stay, yet hospital staff may be unaware of this treatment option. The authors investigated knowledge of osteopathic manipulative medicine by job category at one hospital.</td>
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The September 2016 issue of The Journal of the POMA included an essay by SAAO member Jordan Spencer, OMS II. In the essay, Spencer reflects on his thoughts as he starts his second year at the Lake Erie College of Osteopathic Medicine in Pennsylvania.

On May 14, 2016, AAO honorary life member Sister Anne Brooks, DO, of Tutwiler, Mississippi, delivered the commencement address for the sixth graduating class at the Lincoln Memorial University—DeBusk College of Osteopathic Medicine in Harrogate, Tennessee. Dr. Brooks is the medical director and chief administrator for the Tutwiler Clinic, which provides medical, dental, optical and counseling services to residents.

The Canadian Academy of Osteopathy celebrated Founder’s Weekend Nov. 5-6, 2016. AAO members Michael M. Patterson, PhD, of Plantation, Florida; Karen T. Snider, DO, FAAO, of Kirksville, Missouri; and Eric J. Snider, DO, of Kirksville, participated in the event as lecturers and instructors.

A research poster coauthored by SAAO member Samantha Lou Drew, OMS IV, from the Georgia Campus—Philadelphia College of Osteopathic Medicine in Suwanee, earned “Poster of Exceptional Merit” in the General Surgery Education category at the American College of Surgeons Clinical Congress in October. Titled “Maternal and Perinatal Outcomes following Bariatric Surgery: A Systematic Review and Meta-Analysis,” the abstract was selected out of 1,500 submissions to be displayed at the conference. The poster was the only poster by medical students to place in the top ten overall posters. Read more at pcom.edu.

Humayun Chaudhry, DO, of Euless, Texas, was highlighted in an Oct. 24 story from The DO for his work in international medical relations. As the new chairman of the International Association of Medical Regulatory Authorities, Dr. Chaudhry facilitated a meeting in September 2016 between the American Osteopathic Association and George Magoha, MD, the president of the Association of Medical Councils of Africa, to discuss challenges DOs have encountered in getting credentials verified to practice in parts of Africa. After learning more about DOs’ education and training, Dr. Magoha pledged to explore what he could do to help.

The November/December 2016 issue of Osteopathic Family Physician included “Short Leg Syndrome: A Common Case of Low Back Pain.” Coauthored by AAO Trustee Kendi L. Hensel, DO, PhD, the article reports the case of a 27-year-old man with acute low back pain who was finally diagnosed with short leg syndrome.

Eric J. Dolgin, DO, FCA, led The Osteopathic Cranial Academy’s “Orofacial Development: Merging Osteopathy in the Cranial Field” Sept. 16-18, 2016, at the Hilton Hotel in Irvine, California. Faculty for the course, which attracted 41 attendees, included Charles A. Beck, DO, FAAO; Kathryn E. Gill, MD; Annette Hulse, DO; and Tasha L. Turzo, DO. Melvin R. Friedman, DO, FCA; Jill E. Moorcroft, DO; Thomas A. Moorcroft, DO; and Wendy S. Neal, DO, were table trainers.

The November 2016 issue of The Cranial Letter included Part 3 of “An Osteopathic Approach to Ophthalmic and Optometric Disorders” by Anthony D. Capobianco, DO. Parts 1 and 2 were published in the May and August issues, respectively. The November issue also included “Macular Degeneration” by R. Paul Lee, DO, FAAO, FCA, and “Massage Table a Perpetuating Factor” by Douglas Vrona, DMD.

AAO members Benjamin Neal Paschkes, DO, FACEP, and Hugh M. Etlinger, DO, FAAO, were mentioned in “Anyone Can Do It,” an Oct. 2, 2016, article on EMResident.org. In the article, the authors...
2016-17 Golden Ram Campaign Advances

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allow the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

The campaign launched on June 1, 2016, and 50 donors have contributed a total of $12,902, as of Dec. 15, 2016. These contributions equal 71 percent of the $18,000 goal set for the 2016-17 campaign. It is hoped that year-end contributions will help slash the remaining goal.

Donations to the 2016-17 Golden Ram campaign can be made online by logging on to www.academyofosteoopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President’s Club—$2,500 or more
Gary L. Ostrow, DO

A.T. Still Club—$1,000 to $2,499
Robert N. Agnello, DO, and Kerry E. Agnello, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)
Victor I. Pulido, DO

T.L. Northup Club—$500 to $999
Haifan Chen, DO
Stefan Hagopian, DO, FAAO
T. Reid Kavieff, DO
Jeanne R. Roll, MD
Michael P. Rowane, DO, MS, FAAFP
FAAO

Louisa Burns Club—$250 to $499
Thomas R. Byrnes, DO
Laura E. Griffin, DO, FAAO
Carol L. Lang, DO
Sonia Rivera-Martinez, DO

Vicki Dyson Club—$100 to $249
Joel Berenbeim, DO
Michael Aaron Chipman, DO
Stephen M. Elledstad, DO
Hannah M. Eucker, DO
Kathryn Gill, MD
Jerel H. Glassman, DO
Stephen I. Goldman, DO, FAAO
Katherine Lydia Heineman, DO
Paul K. Hume, ND, DO (New Zealand)
John H. Juhl, DO
Michael G. Knapp, DO
Christopher K. Knitig, DO
Richard C. MacDonald, DO
Mary E. Malcom, DO

K. C. Roberts, DO,
and Sabrina Schrader, DO
Jean Ann Swift, DO
Adrian Lynne Woolley, DO
Barbara Zajdel, DO

President’s Club—$2,500 or more
Gary L. Ostrow, DO

A.T. Still Club—$1,000 to $2,499
Robert N. Agnello, DO, and Kerry E. Agnello, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)
Victor I. Pulido, DO

T.L. Northup Club—$500 to $999
Haifan Chen, DO
Stefan Hagopian, DO, FAAO
T. Reid Kavieff, DO
Jeanne R. Roll, MD
Michael P. Rowane, DO, MS, FAAFP
FAAO

Louisa Burns Club—$250 to $499
Thomas R. Byrnes, DO
Laura E. Griffin, DO, FAAO
Carol L. Lang, DO
Sonia Rivera-Martinez, DO

Vicki Dyson Club—$100 to $249
Joel Berenbeim, DO
Michael Aaron Chipman, DO
Stephen M. Elledstad, DO
Hannah M. Eucker, DO
Kathryn Gill, MD
Jerel H. Glassman, DO
Stephen I. Goldman, DO, FAAO
Katherine Lydia Heineman, DO
Paul K. Hume, ND, DO (New Zealand)
John H. Juhl, DO
Michael G. Knapp, DO
Christopher K. Knitig, DO
Richard C. MacDonald, DO
Mary E. Malcom, DO

K. C. Roberts, DO,
and Sabrina Schrader, DO
Jean Ann Swift, DO
Adrian Lynne Woolley, DO
Barbara Zajdel, DO

Members in the news (continued from Page 18)

examine how osteopathic manipulative medicine can be applied in an emergency room setting.

SAAO member Guy Paul Cooper Jr., OMS IV, and Italo Subbarao, DO, from the William Carey University College of Osteopathic Medicine in Hattiesburg, Mississippi, have developed an innovative response to provide trauma care to inaccessible locations. As described in a Dec. 7, 2016, article from The DO, a telemedicine drone helps bystanders connect with a remote physician who can talk users through lifesaving steps.

Richard A. Feely, DO, FAAO, FCA, represented the American Osteopathic Association recently at the first World Health Organization interregional training workshop addressing the quality of traditional and complementary medicine services. According to a Dec. 8, 2016, article in The DO, Dr. Feely lectured on improving the quality of traditional and complementary medicine, and he moderated group discussions on quality improvement.

The Water Skiers with Disabilities Association, USA Water Ski, has selected Keith R. Barbour, DO, of Monroe, Michigan, to participate as the team physician for the USA Disabled Water Ski Team at the 13th Disabled Water Ski World Championships in Lake Macquarie, NSW, Australia, in April 2017. In October 2016, Dr. Barbour was the team physician for the 24th Disabled Water Ski Championships.
Passing on the Tradition: Gretta A. Gross, DO, Med, FACOFP

Editor’s note: AAO associate member Charlotte H. Greene, PhD, conducts interviews with osteopathic physicians to explore the rewards and challenges they have encountered during their careers in osteopathic medicine, to highlight the contributions of mentors, and to preserve accounts that otherwise may be lost. Dr. Greene is a professor in the Department of Neuroscience, Physiology and Pharmacology at the Philadelphia College of Osteopathic Medicine. Donald R. Eaton Jr. provides Dr. Green with editorial assistance in preparing these interviews, and these interviews are edited to meet the style guidelines of AAO Member News. If you would like to be interviewed, please contact Dr. Greene at charlotte@pcom.edu.

Gretta A. Gross, DO, Med, FACOFP, is a 1996 graduate of the Philadelphia College of Osteopathic Medicine (PCOM) in Pennsylvania. She sat down with Dr. Greene during the AAO’s 2016 Convocation in Orlando, Florida.

I discovered the osteopathic profession through my grandmother Eva Hertzler (a licensed practical nurse), who put me in contact with her pastor’s wife, Vernne Greiner, DO. Dr. Greiner was a graduate of the Philadelphia College of Osteopathic Medicine, and she had an osteopathic family practice in Mechanicsburg, Pennsylvania. I shadowed her while I was in high school, and she loaned me several books on the profession, including the biography of A.T. Still.

I also gained exposure to medicine in general by first working in food service at a local rehabilitation hospital and later transitioning to nursing assistant. Both positions helped pay my way through Juniata College in Huntingdon, Pennsylvania, and they provided me with a broad understanding of the health care system.

Although I applied to a few medical schools, my interview at PCOM gave me the sense that it was the place for me. I was so happy to receive the acceptance letter from the director of admissions, Carol Fox! I can still remember opening it at the college post office, and the very first word after the greeting was Yes! That was all I needed before sharing the news with my roommates.

Alexander S. Nicholas, DO, FAAO; Walter C. Ehrenfeucter, DO, FAAO; and David Heilig, DO, FAAO, were members of the Department of Osteopathic Manual Medicine (OMM) when I began classes at PCOM. Dr. Heilig was nearing the end of his career, but he was always very affable and willing to work with students. His manner was calm and caring, which took away some of the intimidation we felt when first learning each technique. Our confidence grew under his mentoring, and he helped me to appreciate what I was capable of doing for my patients.

The Undergraduate American Academy of Osteopathy (now the Student American Academy of Osteopathy, or SAAO) hosted Herbert Yates, DO, for a visiting clinician’s weekend course on counterstrain during my first year in school. Dr. Yates was very engaging and dynamic. He showed us techniques we could use despite being in school for only a few months. My OMM instructors and Dr. Yates provided the knowledge and inspiration to look for opportunities to treat family and friends in an effort to develop my skills and better explain how DOs differed from MDs.

I found learning opportunities beyond the OMM course as my interest in osteopathic manipulation increased, by regularly participating in the OMM club, (aka Crunch Bunch) and UAAO, attending AAO’s convocations, and as one of the original undergraduate OMM fellows at PCOM (presently titled OMM Clinical Scholars at PCOM). This one-year fellowship provided an opportunity to teach in the OMM lab. The first- and second-year students came to us for assistance and guidance which was very motivating. We also saw patients in the office with Drs. Nicholas, Ehrenfeucter and their residents, which rounded out our educational experience by enabling us to witness osteopathy in practice.

I completed my internship and family medicine residency at Warren Hospital in Phillipsburg, New Jersey. They have a longstanding tradition of recruiting residents with OMM fellowship experience to assist with the OMM curriculum, so I knew going in that I would be encouraged to use the clinical and educational skills I was developing. I choose to specialize in family medicine based on my preference for using OMM in the acute setting, and this residency program actively encouraged me to do so.

Residency was a great experience. James Caffrey, DO, was our osteopathic program director and a great family physician. Whether he was treating patients with OMT in the office or rounding in the ICU, he always inspired us to be better physicians. Patricia Kroth, DO, MBA, FAAFP, was the chief resident and then faculty attending while I was with the program. She still serves to inspire me to be a better physician.

Dr. Kroth and I both ended up with careers in graduate medical education (GME), and we see each other at meetings periodically. It is important to connect with those with whom you have shared learning experiences and understand how you have evolved during your career.

The residency program was dually accredited with most of the osteopathic residents coming from PCOM and the University of New England College of Osteopathic Medicine. We had a collegial learning environment, and the osteopathic and allopathic residents found many similarities

(continued on Page 21)
between DOs and MDs while learning family medicine.

I went into private practice in Tamaqua, Pennsylvania, after completing training with the goal of returning to residency education as a faculty member after practicing for a few years. My plan became realized in 2003 when I was offered a position as osteopathic director of medical education and osteopathic program director at a dually accredited family medicine residency in Wilkes-Barre, Pennsylvania. I was tasked with implementing the OMM curriculum, and I found that I had more buy-in from the DO residents if the MDs also expressed an interest in osteopathy. It seemed that their interest added value to the DOs’ learning process. Perhaps it was that their MD counterparts were actually envious of their skills and ability to diagnose and treat. Comments such as “Oh really, show me what you are doing there,” made it a bit easier to motivate the DO residents to develop their skills.

The MD students were interested in improving their diagnostic skills and learning more about palpation since many of their patients had musculoskeletal complaints. They also wanted to expand their care beyond prescription writing. However, it is difficult for an allopathic physician to catch up during residency. Our osteopathic students and residents do not always appreciate the amount of instruction they have received and the amount of skill they have developed during undergraduate medical education. I could only give the allopathic residents a taste of what they needed to acquire and recommend they continue to grow their skills by enrolling in continuing medical education courses while referring their patients for OMM when necessary.

It was time for a change after about 10 years in Wilkes-Barre, and in 2013, I became the program director for a new osteopathic residency program in Warner Robbins, Georgia, (Houston Healthcare Family Medicine Residency). My previous GME experience and my skills in OMM formed the decision to have me help them navigate through the processes and procedures involved in establishing the program.

I have a diverse faculty with varied experiences. La Toya Jackson, DO, trained at what is now the Rowan University School of Osteopathic Medicine in Stratford, New Jersey; Jason Hatcher, DO, FAAFP, from the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida; Juan Velazquez, DO, from the Michigan State University College of Osteopathic Medicine in East Lansing, and Jovan Adams, DO, from PCOM. Dr. Adams also was the program’s inaugural chief resident. All are relatively new to GME but have embraced the challenges associated with resident education.

My perspective regarding the future of osteopathic medicine is shaped by my involvement in GME. The concern over maintaining our osteopathic identity in the single accreditation GME system is real. I think it is incumbent upon us as a profession to ensure our ability to provide both osteopathic evaluation and treatment and scrutinize how we teach osteopathic practices and principles from undergraduate through postgraduate education. Not only do our students have to learn the tenets of osteopathic medicine, but they need to see them utilized in practice so they can understand the difference a DO makes!

My message to students: I assure you and confirm that practicing medicine as a DO is a wonderful way to engage your patients in their care and to address a wide spectrum of their needs. The tenets of OMM are crucial to practicing medicine regardless of the specialty you choose. Our palpatory and manipulative skills yield so many additional benefits. I encourage you to continue to expand your expertise at every opportunity!

In Memorium: Horace Chester Purtzer, DO

Horace Chester (H.C.) Purtzer, DO, of Phoenix, Arizona, died Friday, April 15, 2016.

Born July 19, 1921, in Madison, Nebraska, Dr. Purtzer graduated from Wayne State University in 1942, and he obtained his DO from the Des Moines Still College of Osteopathy at Des Moines University in 1951. Dr. Purtzer served in the U.S. Army in the midst of his college career.

Dr. Purtzer worked hard to exemplify his Christian faith, and he stayed true to his core elements up until his final days, still giving treatments and listening to The Masters golf tournament on television.

An Academy member since 1975, Dr. Purtzer supported the AAO’s mission with gifts to the Golden Ram Fund.

Dr. Purtzer is survived by his wife of 70 years, Faye Genevieve; his two sons, Paul (Kathy) Purtzer and Tom Purtzer; his eleven grandchildren; one great-granddaughter; two brothers; nieces, nephews, other relatives and many treasured friends.

Memorial contributions may be made to the Arizona Fellowship of Christian Athletes, P.O. Box 34466, Phoenix, AZ 85067; or to the First Tee of Phoenix, 3837 East Wier Ave., Suite 7, Phoenix, Arizona 85040.
Course Description
Peritoneal and fascial fibers intertwine at certain well-defined intersections in the body. These crossroads help configure and protect the adjoining of limbs, where arteries, nerves, muscles and tendons naturally change direction.

At the viscera, intertwining fibers are mainly found where two organs meet, where any sort of excretory pathway connects to an organ, and as structures pass through or attach to the diaphragm.

While peritoneal and fascia fibers are naturally thicker at these locations, they can become fibrotic following surgery, infection or trauma. In such instances, neurovascular and visceral systems are at risk of compression.

This seminar provides an inventory of the most superficial and accessible of these intersections, and the neurovascular bundles that go through these strategic locations. Specific tensions can be released with precise techniques.

Course Times and Meal Information
Saturday through Tuesday from 9 a.m. to 6:30 p.m.
Breakfast and lunch are on your own. Coffee and tea will be provided.

Continuing Medical Education
32 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Location
The Broadmoor, 1 Lake Avenue, Colorado Springs, CO 80906
Make your reservations online, or call (800) 634-7711. Mention the AAO’s Convocation to get the best rate.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Pre-Convocation—
Fascial Distortion Model: Axial Spine

March 19-21, 2017 • The Broadmoor in Colorado Springs, Colorado

Course Description
FDM is a model of thinking that provides a framework to view the function of the body and the expression of pain. Fascia can be viewed as the “wrapper” of our bones, muscles, and organs. It is an integral part of the body’s nerve network.

FDM treatments restore the fascia’s function by focusing on correcting distortions in the fascial system and thereby eliminating pain. The FDM provides clinicians another model in which to view the body and another tool in the battle against musculoskeletal pain. FDM expands the capability of traditional osteopathic modalities by specifically addressing the fascia and the distortions which are identified.

Addressing fascial distortions can provide dramatic results by addressing the biotensegrity of the body. The FDM is driven by a patient’s body language, verbal description, and the provider’s underlying understanding of the fascial distortions and their impact on the whole system.

In this course, participants will learn how to apply FDM modalities to the ankle, shoulder and knee.

Course Times and Meal Information
Sunday through Tuesday from 8 a.m. to 5:30 p.m.
Breakfast and lunch are on your own. Coffee and tea will be provided.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME are anticipated.

Course Location
The Broadmoor, 1 Lake Avenue, Colorado Springs, CO 80906
Make your reservations online, or call (800) 634-7711.
Mention the AAO’s Convocation to get the best rate.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature:

View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This advanced class explores different paradigms by working extensively with the brain parenchyma, its gray matter and its white substance. This Level 5 course trains health care professionals to address the physiology and specific structures of the brain and spinal cord. These structures are often unaddressed key or other primary somatic dysfunctions.

Participants will learn techniques for the whole ventricular fluid system and the brain parenchyma. They also will discuss the major components (nuclei) of the brain and learn different techniques to help release them, including corpus callosum, fornix, thalamus, putamen, globus pallidus, caudate nucleus, amygdaloid bodies, hippocampus, mamillary bodies, red nucleus, substantia nigra, pituitary, hypothalamus, cerebellum and associated nuclei.

Prerequisite
Registrants are required to have previously completed a 40-credit introductory course in osteopathic cranial manual manipulation approved by The Osteopathic Cranial Academy.

Course Times and Meal Information
Sunday through Tuesday from 8 a.m. to 5:30 p.m. Breakfast and lunch are on your own. Coffee and tea will be provided.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME are anticipated.

Course Location
The Broadmoor, 1 Lake Avenue, Colorado Springs, CO 80906
Make your reservations online, or call (800) 634-7711.
Mention the AAO’s Convocation to get the best rate.

Registration Form
Pre-Convocation Course—Brain 1
March 19-21, 2017
☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I will attend the AAO’s 2017 Convocation.

Name: ____________________________ AOA No.: ______________
Nickname for badge: ____________________________
Street address: ____________________________
City: ____________________________ State: ______ ZIP: __________
Phone: ____________________________ Fax:________________________
Email: ____________________________

☐ I have completed the prerequisite.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

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View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This course will provide hands-on teaching of Still and Littlejohn Techniques, expand upon concepts and principles inherent to each application style and advance our knowledge of Osteopathic manipulation for use in clinical practice and student teaching. Attendees will experience lecture and lab instruction to enhance their understanding and practice.

Course Faculty
Richard L. VanBuskirk, DO, PhD, FAAO
Christian Fossum, DO (UK)

Course Times and Meal Information
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:30 p.m.
Morning coffee, tea and juice will be provided. Lunch will be provided Friday through Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Continuing Medical Education
20 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101
19555 N. 59th Ave.
Glendale, AZ 85308

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Director
A 2005 graduate of the Midwestern University/Arizona College of Osteopathic Medicine in Glendale, Richard J. Geshel, DO, is a neumusculoskeletal medicine specialist whose practice consists primarily of using Still technique. In addition, Dr. Geshel has developed over 27 applications of his own. He is a coauthor of the chapter on thoracolumbar musculoskeletal conditions in The Sports Medicine Resource Manual.

Richard L. Van Buskirk, DO, PhD, FAAO, is the rediscoverer and author of The Still Technique Manual.

Christian Fossum, DO (UK), is a lecturer and practitioner of the Littlejohn technique. He was taught by John Wernham, a student of Dr. Littlejohn.

Registration Form
Still-Littlejohn Techniques: Contemporary Applications of Osteopathy
May 19-21, 2017

Name: ___________________________ AOA No.: ______________

Nickname for badge: __________________________________________________________

Street address: _________________________________________________________________
____________________________________________________________________________

City: ___________________________ State: _______ ZIP: ____________

Phone: _________________________ Fax: ______________________________

Email: ____________________________

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: __________________________
Cardholder’s name: ______________________
Expiration date: ___________ 3-digit CVV No.: ___________
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I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

View the AAO’s cancellation and refund policy.

View the AAO’s photo release statement.
Introduction to Osteopathic Manipulative Medicine

June 2-5, 2017 • Michigan State University College of Osteopathic Medicine in East Lansing

Designed to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME), this course also will be valuable for DO and MD faculty in these residency programs.

In addition, osteopathic physicians who do not use osteopathic manipulative treatment (OMT) daily will find this course useful, as will other health care professionals with limited or no experience with manipulative techniques.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Attendees will receive a copy of Greenman’s Principles of Manual Medicine (fifth edition) by Lisa Ann DeStefano, DO.

Course Faculty
David C. Mason, DO, FACOFP, and Richard G. Schuster, DO

Course Times
Friday from 1 to 6 p.m.; Saturday and Sunday from 8 a.m. to 6 p.m.
Monday from 8 a.m. to 4 p.m.

Continuing Medical Education
28 credits of NMM-specific AOA Category 1-A CME anticipated.

Meal Information
All meals are on your own.

Course Location
Michigan State University College of Osteopathic Medicine
Fee Hall, 939 Fee Rd., Room E106, East Lansing, MI 48824

Registration Form
Introduction to Osteopathic Manipulative Medicine
June 2-5, 2017

Name: ________________________________________ AOA No.: ___________

Nickname for badge: ____________________________________________

Street address: ________________________________________

___________________________________________________________

City: ____________________ State: _____ ZIP: __________

Phone: ________________ Fax: ___________________

Email: ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Course Director

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: __________________________

Cardholder’s name: ______________________

Expiration date: _________________________ 3-digit CVV No.: _________

Billing address (if different): ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

View the AAO’s photo release statement.

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This is a basic course in visceral manipulation. Attendees will explore traditional osteopathic concepts of ventral technique, modern concepts of visceral motion, “normalization” of visceral motion through fascial planes, and treating visceral mobility and motility. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between the diaphragms, viscera, autonomic nervous system, vascular flow and lymphatic drainage. Attendees will come away with improved confidence in physical examination, direct and indirect approaches to visceral manipulation, and an ability to integrate visceral (ventral) techniques with spinal (dorsal) and cranial approaches.

This is an intermediate level course.

Course Times
Friday and Saturday from 8 a.m. to 5 p.m.
Sunday from 8 a.m. to noon.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee, tea and juice will be provided. Lunch will be provided Friday and Saturday. If you have any special dietary needs, contact AAO Event Planner Gennie Watts before Nov. 3.

Course Location
Rowan University School of Osteopathic Medicine
42 E. Lauren Rd., Stratford, NJ 08084

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
Basic Visceral Course
Nov. 10-12, 2017

Name: ______________________________ AOAO No.: ________
Nickname for badge: __________________________
Street address: ______________________________________
City: __________________ State: ______ ZIP: ____________
Phone: __________________ Fax: ____________________
Email: ____________________________________________

Credit card No.: _________________________________
Cardholder’s name: ______________________________
Expiration date: ____________ 3-digit CVV No.: _________
Billing address (if different): _______________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _______________________________________

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<tr>
<td>Resident or intern member</td>
<td>$650</td>
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<tr>
<td>Student member</td>
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<td>$400</td>
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<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,050</td>
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<tr>
<td>Nonmember resident or intern</td>
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</tr>
<tr>
<td>Nonmember student</td>
<td>$650</td>
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</tbody>
</table>

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

□ I am a practicing health care professional.
□ I am a resident or intern.
□ I am an osteopathic or allopathic medical student.

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Credit card No.: _________________________________
Cardholder’s name: ______________________________
Expiration date: ____________ 3-digit CVV No.: _________
Billing address (if different): _______________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _______________________________________

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View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Jan. 20-22, 2017
American Fascial Distortion Model Association
*Introduction to the Fascial Distortion Model, Module 1*
Course director: Todd A. Capistrant, DO, MHA
Northbay Vaca Valley Wellness Center
Vacaville, California
20 credits of AOA Category 1-A CME anticipated
Learn more and register at www.afdma.com.

Jan. 20-24, 2017
Michigan State University College of Osteopathic Medicine
*Craniosacral Techniques, Part I*
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Jan. 21-22, 2017
Rocky Mountain American Academy of Osteopathy
*A.T. Still’s Approach to the Foot and Ankle*
Course director: Rue Tikker, DPM, and Charles A. Beck, DO, FAAO
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
12 credits of AOA Category 1-A CME anticipated
Learn more and register at rockymountainaoa.wixsite.com/rockymtnaao/cme-events.

Jan. 21-22, 2017
Northern California Academy of Osteopathy
*Treating Traumatic Brain Injury (TBI)*
Course directors: Maud H. Nerman, DO, and R. Paul Lee, DO, FAAO
17 credits of AOA Category 1-A CME anticipated
Learn more at www.drmaud.com.

Feb. 17-19, 2017
American Fascial Distortion Model Association
*Introduction to the Fascial Distortion Model, Module 1*
Course director: Todd A. Capistrant, DO, MHA
Mayo Clinic Hospital
Phoenix
20 credits of AOA Category 1-A CME anticipated
Learn more and register at www.afdma.com.

March 4-5, 2017
Michigan State University College of Osteopathic Medicine
*Manual Medicine Related to Sports and Occupational Injuries to the Extremities*
Course director: Jake Rowan, DO, and Matt Zatkins, DO
East Lansing, Michigan
15 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

March 29, 2017
The American Osteopathic Association of Prolotherapy Regenerative Medicine
*2017 Spring Training Seminar*
Beginners: The Basics You Must Know Before You Get Started
Course director: David Nebbeling, DO
San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org.

March 30–April 2, 2017
The American Osteopathic Association of Prolotherapy Regenerative Medicine
*2017 Spring Training Seminar*
San Diego
27 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org.

April 21-23, 2017
American Fascial Distortion Model Association
*Introduction to the Fascial Distortion Model, Module 1*
Course director: Todd A. Capistrant, DO, MHA
Cleveland Clinic Children’s Hospital for Rehabilitation
Vacaville, California
20 credits of AOA Category 1-A CME anticipated
Learn more and register at www.afdma.com.

April 21-25, 2017
Michigan State University College of Osteopathic Medicine
*Craniosacral Techniques, Part I*
Course director: Carl W. Steele, DO, PT
Course faculty: Edward Isaacs, MD, and Mark Bookhout, PT
East Lansing, Michigan
34 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

June 18-25, 2017
American Fascial Distortion Model Association
*FDM at Sea*
Course director: Todd A. Capistrant, DO, MHA
8 days, 7 nights aboard Royal Caribbean’s Liberty of the Seas
Ports of call: Galveston, Texas; Cozumel, Mexico; George Town, Grand Cayman; Falmouth, Jamaica
15 credits of AOA Category 1-A CME anticipated
Learn more and register at www.afdma.com.

Visit [www.academyofosteeopathy.org](http://www.academyofosteeopathy.org) for additional listings.