Message From the Executive Director

July is always a very busy time at the AAO as we approach the end of the fiscal year and attend the American Osteopathic Association’s annual meeting. The report below specifically mentions activities we undertook in July, but I assure you that the AAO’s Board of Trustees and staff worked on all of these items for quite some time before July even started.

**Academy Trustees**

**Adopt Balanced Budget**

AAO President Michael P. Rowane, DO, MS, FAAFP, FAAO, convened the Board of Trustees for their summer meeting July 15-16 at the AAO office in Indianapolis. The trustees continued the precedent of adopting a balanced budget for the 2017-18 fiscal year that began on August 1. The Board worked with a proposed operational document submitted by Secretary-treasurer Judith A. O’Connell, DO, FAAO, to arrive at the final version. This budget will enable the Academy to continue building its reserves and eventually meet its goal of maintaining at least six months’ operating expenses in reserve.

Other significant agenda items for the meeting included the selection of a recipient for the 2018 Academy Award, committee budgets, and approving a capital budget that will allow the Academy to purchase additional OMT tables to be used at AAO events. After 20 years, regular wear and tear has taken its toll on some of the tables.

Thank you to the following leaders that shared the entire weekend at the Academy office to work to ensure that the Academy’s mission moves forward: President Michael P. Rowane, DO, FAAO; President-elect Catherine M. Kimball, DO; Secretary-treasurer Judith A. O’Connell, DO, FAAO; Immediate Past President Laura E. Griffin, DO, FAAO; Trustees Heather (continued on Page 2)

**Recommended Guidelines for Pelvic Examination and Treatment**

The American Academy of Osteopathy submitted Resolution No. H-336 to the American Osteopathic Association’s House of Delegates for consideration on “Recommended Guidelines for Pelvic Examination and Treatment.” After much discussion in subcommittees with the AOA Board of Trustees and House of Delegates, the recommendation was for the resolution to return to the AAO for the document to be refined and resubmitted.

The subcommittee discussions became an opportunity for the AAO to clarify why this guideline was introduced as a resolution in response to some confusion. It was apparent that the different groups did not realize that until the AAO developed our position paper, “Recommended Guidelines for Examination and Treatment of the Pelvis and Related Areas,” there was no comprehensive document by an osteopathic organization that addressed the appropriate application of osteopathic manipulative treatment in treating conditions of the pelvic region.

Laura E. Griffin, DO, FAAO, the AAO’s 2016-17 president, led the development of evidenced-based guidelines at the request of the AOA to respond to a need to clarify our stance for the public and greater medical community. Dr. Griffin obtained additional feedback from the AAO Board of Governors prior to the resolution’s submission to the AAO Board of Trustees.

(continued on Page 2)
AAO Leaders Attend 2017 AOA House of Delegates

The American Osteopathic Association’s (AOA) House of Delegates is the policy-making body of the osteopathic profession. Each year during its annual meeting, the House of Delegates (HOD) establishes policy positions on a wide array of health care topics affecting physicians and patients. Resolutions must be submitted before the meeting is convened, and they go through reference committees, where members hold a forum for public testimony prior to meeting in executive session to formulate a recommendation for action by the full house. The annual HOD meeting was held July 21-23, 2017, at the Chicago Marriott Downtown Magnificent Mile Hotel in Chicago.

The AAO was well represented as AAO President Michael P. Rowane, DO, FAAO, and AAO President-elect Catherine M. Kimball, DO, served as the Academy’s delegate and alternate to this year’s AOA House of Delegates. I was in attendance as the AAO executive director, supporting the needs of the president and president-elect. I also ensured necessary information that affected the Academy was passed on to other delegates who are AAO members so that we all remained informed and updated on any concerns being presented to the reference committees and on the floor on the day of reporting.

Guidelines for pelvic exams (continued from Page 1)

This is not the first time the AAO has stepped up to create a document on a controversial subject for the AOA. George J. Pasquarello, DO, FAAO, and Kenneth H. Johnson, DO, FAAO, led the initiative from the AAO to create the American Osteopathic Association Position Paper on Osteopathic Manipulation Treatment of the Cervical Spine.

Once the perspective of why the AAO submitted this resolution was clarified to both the AOA BOT and HOD subcommittees, multiple specialty groups were easily engaged in collaborating with the AAO to submit a refined resolution for the osteopathic profession. The AAO is currently revising the document with the following groups:

- American College of Osteopathic Obstetricians and Gynecologists
- American College of Osteopathic Family Physicians
- American College of Osteopathic Internists
- American College of Osteopathic Pediatricians
- American Osteopathic Academy of Sports Medicine
- American College of Osteopathic Surgeons

There are additional specialty colleges that the AAO has reached out to that we hope will participate in the revisions of this resolution.

It is encouraging that there is a consistent desire by all involved to produce a document for the osteopathic profession on the appropriate application of OMT in the assessment and treatment of disorders of the pelvic region.
Executive director’s message (continued from Page 2)

The session began with reports, introductory comments, review of the Roberts Rules of Order, and approval of the HOD reference committees and assignments. AOA provided a strategic plan update (Phase I) and then followed up with highlights from Phase II of the strategic plan that is being worked on this year.

The Board of Trustees’ reference committees reported on the following topics:

- Reference Committee 1: accreditation, certification, and predoctoral and postdoctoral education
- Reference Committee 2: business and professional affairs
- Reference Committee 3: advocacy and membership
- Reference Committee 4: public affairs and research

I wanted to share some of the process with you so that you would better understand the magnitude of the process. Attendees work very hard at this event, so when you run across a delegate from your state, be sure to thank them for their dedication and service for the osteopathic way of life.

After a long day of review by the Academy’s Board of Trustees, it was the board’s recommendation to solicit help from the AAO members in the House of Delegates to share with their delegations the Academy’s position on two key issues: keeping the term osteopathic in the AOA membership terminology and clarifying whether allopathic physicians who have not completed osteopathic recognized residencies may obtain AOA board certification.

Membership terminology

Given the advancement of the single accreditation system, it is advisable for the AOA to open full membership to allopathic physicians. However, the AAO leaders were concerned with the language used to do so. Several resolutions removed the term allopathic on documents describing members of the AOA. The Academy urged that rather than removing osteopathic, the term allopathic should be added.

Eliminating the term osteopathic would be counter to maintaining osteopathic distinctiveness, which Mark A. Baker, DO, the AOA’s 2017-18 president, stated would be a goal during his tenure.

We recognize that the future will allow an opportunity for allopathic colleagues to join the AOA, and we anticipate that an MD trained as an osteopathic-focusedphysician would find it desirable to join an organization that values an osteopathic approach to health care.

We are grateful that this message was echoed throughout the HOD by many in the profession.

Board certification

AOA board certification is the preferred board certification route for osteopathic physicians. The Single GME Accreditation System (SAS) creates a pathway for allopathic physicians to enter Accreditation Council of Graduate Medical Education Osteopathic Recognition (ACGME OR) training programs. ACGME OR provides an osteopathic learning environment for all trainees. There is an expectation that graduates of ACGME OR training programs obtain AOA board certification. This will allow both osteopathic and allopathic physicians to seek AOA board certification after completing ACGME OR training.

Resolution No. H-218 states that the AOA and the Bureau of Osteopathic Specialties (BOS) should develop the necessary strategies to ensure that any osteopathic or allopathic physician who has completed an accredited postgraduate training program be allowed to sit for osteopathic board exams.

AAO leaders were concerned with the lack of clarity in this resolution. An allopathic physician who has completed an ACGME OR training program should be eligible for AOA board certification. A graduate of an ACGME OR has been trained in an osteopathic learning environment. The way this resolution was worded, any allopathic physician, even those with no exposure to

Reflections

Chicago, Illinois, July 2017

I had the great fortune to observe our president, Michael P. Rowane DO, MS, FAAFP, FAAO, and our executive director, Sherri L. Quarles, at work representing the AAO at the American Osteopathic Association’s annual business meeting this July.

We spent Monday meeting with various departments of the AOA. This was very helpful for me to put faces to names. Dr. Rowane and Sherri introduced me to many people. We sat in on the public portions of the AOA board meetings. Dr. Rowane and I split up to attend two different reference committees. I attended the one on education, and I spoke about our board’s concern about one resolution.

We attended the business meeting, and I found the process fascinating. I look forward to continuing to represent our AAO this coming year and next!

Respectfully submitted,
Catherine M. Kimball DO
2017-18 AAO President-elect

(continued on Page 5)
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2017–18

Aug. 16  Committee on Fellowship in the AAO teleconference—8 p.m. Eastern
Sept. 5   Labor Day—AAO office closed
Oct. 5    AAO Board of Trustees’ meeting—9 a.m. to 5 p.m. Eastern—Philadelphia
Oct. 6    AAO Leadership Summit—9 a.m. to 4 p.m. Eastern—Philadelphia
Oct. 21   Committee on Fellowship in the AAO’s meeting and exams—8 a.m. to 5 p.m. Eastern—AAO office in Indianapolis
Nov. 10-12 Basic Visceral Course—Richard G. Schuster, DO, course director—Rowan University School of Osteopathic Medicine in Stratford, New Jersey
Nov. 11-12 American Osteopathic Board of Neuromusculoskeletal Medicine certification exams—Indianapolis
Nov. 23-24 Thanksgiving holiday—AAO office closed
Dec. 8-10 Evidence-Based Visceral Manipulation: Finding Best Practices for Evaluation and Management—Kenneth J. Lossing, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth
Dec. 13   Committee on Fellowship in the AAO teleconference—8 p.m. Eastern
Dec. 25   Christmas Day—AAO office closed
Jan. 1    New Years Day—AAO office closed
Jan. 17   Committee on Fellowship in the AAO teleconference—8 p.m. Eastern
Jan. 25-28 Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth
Feb. 2-4  AAO Education Committee’s meeting—AAO office in Indianapolis

Still Techniques for the Spine, Ribs and Pelvis: Addressing Key Dysfunctions as well as Diagnosing and Treating with Still Technique OMT

When: Friday afternoon, Sep. 15, and Saturday, Sep. 16, 2017
CME: 12 hours 1-A credit
Where: Philadelphia College of Osteopathic Medicine, 4170 City Ave., Philadelphia, PA
Primary Faculty: Richard L. Van Buskirk, DO, PhD, FAAO
Course Director: David B. Fuller, DO, FAAO
Tuition: Physicians $425, Residents $325
This includes Still Technique Manual
Contact: Linda Miller, CME coordinator (215) 871-6348 lindam@pcom.edu
Lodging: Hilton Philadelphia City Ave., 4200 City Ave. (next to PCOM campus)
More information: ContEd.pcom.edu

Sutherland Cranial Teaching Foundation
Upcoming Courses

SCTF Continuing Studies Course: The Ear
October 6–8, 2017
UNE-Alfond Hall | Biddeford, ME
Course Director: Andrew Goldman, D.O.
18.5 hrs 1A CME anticipated
Course Cost: $700 (before August 31)
$775 (after August 31)

Treating Compressions in the Cranium
November 9–11, 2017
Boston, MA (exact location TBD)
Course Director: Ken Graham, D.O.
16 hrs 1A General CME anticipated
Course cost: $750

Visit our website for enrollment forms and course details: www.sctf.com
Contact: Susan LeMaster 971-212-1096
Email: lemastersctf@gmail.com

AAO Member News
August 2017
Executive director’s message (continued from Page 3)

osteopathic-approved training would be eligible for AOA boards.

This resolution was disapproved.

For a full link to all the 2017 HOD resolutions, click here.

AOA Meetings

While attending the weeklong event Dr. Rowane, Dr. Kimball and I attended meetings of the AOA Board of Trustees and select AOA committees, and we networked with leaders of other osteopathic specialty societies and with key AOA staff.

I personally want to express our gratitude to the AOA’s Lawrence Cunningham, IOM, and Elizabeth F. Harano, CHCP, who helped us schedule a full day of one-on-one meetings with key members of the AOA staff.

Our first meeting of the day was with Mat Kremke, vice president of business development for the American Osteopathic Information Association (AOIA), and his team. It was exciting to learn they have streamlined the process of handling members’ requests via a new contact page. We also will be working with the AOIA to assist with gathering data that is needed to produce some cost comparison reports.

In our meeting with Sharon McGill, associate vice president of research and development, Sharon spoke to us about the grant opportunities made available by the AOA, and we walked away from that meeting affirming we would share those grant opportunities with our members as soon as they become available.

Sophia Newman, program specialist for international affairs, talked with us about the AOA’s vision and direction of the department. We will continue to be in touch with Sophia about how the Academy can be involved in international efforts.

It was great to get a recap of the ACGME single accreditation process from Jim Swartwout, senior vice president for education and accreditation, and Maura Biszewski, director of postdoctoral training. There is still more to be revealed, but 2020 is not that far off.

In our last meeting of the day, Sheridan Chaney, associate vice president of content and media, shared more about the aspects of her department. Fielding media requests for comments, quotes, directives and other issues is no easy task. It is important to learn when to speak and when to stay quiet. I am so thankful that we can look to the AOA for guidance on media-related issues.

At the end of our meetings, we were given a brief tour of the AOA headquarters. It was a nice way to round out the day. The board room on the eighteenth floor is amazing, and the view is awesome! Again, thank you to Lawrence Cunningham, IOM, and Elizabeth F. Harano, CHCP, for allowing us to spend the entire day at the AOA office. Special thanks to Elizabeth Harano who stayed with us the entire day.

In addition, I attended the meetings of the American Osteopathic Association of Sports Medicine (AOSED) on July 19-20, and the Association of Osteopathic State Executive Directors (AOSED) on July 19-20, and the main theme of both meetings is that the groups want to work to improve communications with AOA so that we can all be informed of changes that are taking place in the osteopathic realm.

I look forward to the next round of communication on all the resolutions and next year’s AOA House of Delegates (HOD). In the meantime, I encourage you to communicate with me about your hopes and concerns for the Academy. I can be reached at SQuarles@academyofosteopathy.org or at (317) 879-1881, ext. 214. Watch the AAO’s Facebook and Twitter accounts to stay updated on all AAO activities.

Sherri L. Quarles
AAO Executive Director

Academy Members Represent 28 States at AOA House of Delegates

Almost 100 Academy members traveled to Chicago in July to represent their states at the American Osteopathic Association’s annual House of Delegates. In addition, AAO President Michael P. Rowane, DO, MS, FAAO, FAAFP; AAO President-elect Catherine M. Kimball, DO; and AAO Executive Director Sherri L. Quarles represented the AAO at the meetings.

Of those Academy members named as delegates, three chaired their state’s delegation: Stephanie Nicole Aldret, DO, of Lafayette, Louisiana; Tyler C. Cymet, DO, of Chevy Chase, Maryland; and Pamela L. Grimaldi, DO, FACOFP, FAAFP, of Sterling, Massachusetts. In addition, Sean Austin Lacey, DO, was a delegate representing osteopathic physicians in the military; Shawn R. Kerger, DO, FAOASM, was an alternate delegate for the American Osteopathic Association of Sports Medicine; Carisa R. Champion-Lippmann, DO, JD, was an alternate delegate representing interns and residents; and Jenni Nicole Adams, OMS IV, was a delegate for the Student Osteopathic Medical Association.

The AAO leaders extend their sincere thanks to all 61 delegates, 11 alternates, and 15 students who attended the House of Delegates. (continued on Page 6)
Additional representatives are listed below.

AAO member delegates:

Karen E. Arscott, DO  
John E. Bodell, DO, FACOS, FAACS  
Brian L. Browning, DO  
Boyd R. Buser, DO, FACOFP  
Mark S. Cantieri, DO, FAAO  
Michael Aaron Chipman, DO  
Richard Chmielewski, DO  
Ryan T. Christensen, DO  
Nate F. DeLisi, DO, BA  
Linda Delo, DO  
Robert C. DeLuca, DO  
William H. Devine, DO  
Jerome A. Dixon, DO, MNS, CCD  
Dennis J. Dowling, DO, MA, FAAO  
David Michael Escobar, DO  
Leigh (Jack) Forbush, DO  
Harry D. Friedman, DO  
Wolfgang Gerald Gilliar, DO  
Ellice Goldberg, DO  
Paula L. Grimaldi, DO, FACOFP, FAAFP  
Jeffrey S. Grove, DO, FACOFPDist  
Sharon Gustowski, DO, MPH  
Stefan Hagopian, DO, FAAO  
Virginia M. Johnson, DO, MBA, FAAO  
Joel A. Kase, DO, MPH  
John M. Kauffman Jr., DO, FACOI, FACP  
Lori Alane Kemper, DO, MS, FACOFP  
Michael Thomas Kolinski, DO  
Randy G. Litman, DO, FAAO, FACOFP, FACOI  
Jennifer Anne Lorine, DO  
Kenneth J. Lossing, DO  
Brian Loveless, DO  
David L. Lukens, DO  
Timothy Brian Marcoux, DO  
Jessica Lynn Masser, DO  
Charles D. Milligan, DO  
Angelique C. Mizera, DO  
Minh Nguyen Nguyen, DO  
Merideth C. Norris, DO  
Samantha Marie Olzeski, DO  
George J. Pasquarello, DO, FAAO  
Sonia Rivera-Martinez, DO, FACOFP  
Laura M. Rosch, DO

AAO member alternate delegates:

Steven F. Rubin, DO, FACOFP  
Danielle J. Schehr-Kimble, DO  
Anita L. Showalter, DO  
Robert Soucy, DO  
William Harry Stager, DO, MPH, FAAO, FACOFP  
Stephen M. Swetch, DO, FACOFP  
Norman E. Vinn, DO, MBA  
Elisa E. H. Vinyard, DO  
Angela B. Wagner, DO  
Barbara E. Walker, DO  
Elaine M. Wallace, DO, MS, MS, MS  
Jan M. Willecox, DO, FACOFP  
Adrian Lynne Woolley, DO  
John Michael Wright, DO  
Selena G. M. (McGee) Raines, DO  
Dylan Ryan Rogers, OMS  
Arthur J. Speece, DO  

SAAO member delegates:

Jamie Joseph Beckman, OMS II  
Robert Demetrius Luke, OMS II  
Trang Hua, OMS II  
Daniel Robert Mason, OMS II  
Natalie Nichole Negron, OMS III  
Natalie June Smith, OMS II  

SAAO member alternate delegates:

Jill Danyluk, OMS II  
Elizabeth Ann DeYoung, OMS II  
Michael Aaron Goldstein, OMS II  
Samantha Faryn Gottlieb, OMS III  
Paresh Rangani, OMS III  
Christy Reick, OMS II  
Stephanie E. Czajkowski, OMS II  
Elizabeth Marie Zipprer, OMS II

AAO Seeks Next AAOJ Editor-in-Chief

Are you dedicated to advancing the principles of osteopathic medicine? Do you have a passion for research? Do you have the drive to make The AAO Journal an outstanding resource for the osteopathic community? If so, you might have the qualifications the AAO is looking for in the next editor-in-chief of The AAO Journal.

The editor-in-chief is responsible for all editorial decisions of the AAOJ, including soliciting submissions and peer reviewers, evaluating submissions, selecting peer reviewers to assess submissions, writing an editorial for each quarterly issue and deciding which articles to include in the journal.

To apply, send an email to AAO Executive Director Sherri L. Quarles that includes an updated curriculum vitae and a cover letter describing your vision for The AAO Journal, what drives your interest in osteopathic research and your qualifications to be the AAOJ’s next editor-in-chief.

Applications are due Aug. 31.
OES Offers Personalized, Hands-on Demonstrations

On Friday, July 21, and Saturday, July 22, the AAO offered its Osteopathic Education Service to attendees at the American Osteopathic Association’s annual House of Delegates in Chicago. At the OES, volunteer physicians provide hands-on demonstrations of osteopathic diagnostic and treatment techniques to other physicians, staff and volunteers.

For physicians who are passionate about osteopathic manipulative treatment (OMT), the OES is a perfect opportunity to demonstrate its effectiveness. The OES also is a great opportunity for physicians who use OMT in their practices to experience the healing benefits themselves.

Once again, Ann L. Habenicht, DO, FAAO, FACOFP, CS, coordinated the OES in Chicago. In the two days the OES was open, the following 12 osteopathic physicians provided 59 demonstrations:

William H. Devine, DO
Leigh (Jack) Forbush, DO
Stefan Hagopian, DO, FAAO
Sharon Gustowski, DO, MPH
Ann L. Habenicht, DO, FAAO, FACOFP, CS
Catherine M. Kimball, DO
Martin S. Levine, DO, MPH, FACOFP
Brian Loveless, DO
Alexandra Myers, DO
Carl Shapiro, DO
Richard Tancer, DO
Andrew Yuan, DO

Earn CME: Volunteer for OES at OMED
Volunteers earn 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide at OES. DOs from all specialties are invited to volunteer to demonstrate their palpatory and treatment skills at the OES.

The Academy will offer the OES at the AOA’s Osteopathic Medical Education Conference (OMED) in Philadelphia, from Saturday, Oct 7, through Monday, Oct. 9, in the exhibit hall.

For more information about the OES, or to notify us of your intention to volunteer, contact AAO Finance and Membership Assistant Bev Searcy at BSearcy@academyofosteopathy.org.

Volunteers must have their own professional liability coverage.

AAO at OMED 2017:
Using Osteopathic Principles and Philosophy in Specialty Medicine

The AAO’s program at OMED 2017, the annual conference of the American Osteopathic Association, will present various viewpoints on incorporating osteopathic principles into the practice of different specialties.

The AAO is partnering with several specialty colleges to provide lectures and hands-on instruction from specialists with clinical experience in internal medicine, neurology, psychiatry, obstetrics and gynecology, pediatrics, family medicine and sports medicine.

Chaired by Leslie M. Ching, DO, the program will feature presentations from Kendi L. Hensel, DO, PhD, and Aunna Herbst, DO, who received sponsorships from the AOA. These sponsorships are awarded to speakers who are disseminating the latest evidence-based research and/or programs in the field. Learn more in the July 2017 issue of AAO Member News.

Harriet H. Shaw, DO, and Edward G. Stiles, DO, FAAO, will present a workshop on functional/Still techniques, and, Kenneth J. Lossing, DO, will deliver the annual Thomas L. Northup Lecture. See the AAO’s full schedule at www.academyofosteopathy.org/OMED.

OMED 2017 will take place Oct. 7-10 at the Philadelphia Convention Center. Register now at omed.osteopathic.org. When you register, list the AAO as one of the specialty colleges whose program you will attend to ensure the AAO receives a portion of your registration fee, which allows the AAO to continue providing superior continuing medical education opportunities.
Enhancements to Find A Physician Search

The AAO’s website has included a physician search on its website for many years. When the new website was launched in October 2016, some of the feedback included specific enhancements requests for this search, and some of those suggestions have been implemented this summer.

Previously, the only search criteria available were name, specialty and location (city, state, or ZIP). The current enhancements add a second specialty field so users can search by multiple specialties, a ZIP code radius search, a map and the ability to export search results. In addition, the fields for city, state and ZIP have been separated for more accurate searching.

Constructive feedback has been appreciated. If you have additional comments on the website’s functionality, please contact Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org or at (317) 879-1881, ext. 214.

Don’t Get Left Out

All Academy physicians in practice may be included in the AAO’s Find a Physician search. To ensure your listing appears in the search results, follow the steps below:

1. Log in to your profile at www.academyofosteopathy.org.
2. Click on Edit Profile.
3. On the Contact Info tab, enter your business information as your Primary Address and select the Show on Profile check box.
4. On the Employment Info tab, specify your primary and secondary specialties.
5. On the Privacy tab, change the setting for Basic Information to Public.
6. Click Save All Changes.

The AAO’s additional URL, FindOMM.org, links directly to the Find A Physician search.

The new map feature on the AAO’s Find A Physician page shows locations of search results.

Membership Announcements

2017-18 Dues

Thank you to all the members who have paid their 2017-18 dues promptly. Payments were due July 31. Your prompt payment enables the AAO to budget accurately for the coming year.

Log in to your account at www.academyofosteopathy.org to pay your dues securely online following the steps below, or you can mail your payment to the American Academy of Osteopathy at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

To pay your dues online

1. From the Profile page, select My Account Balance in the left-hand menu.
2. Click View Open Invoices.
3. Select the invoice(s) you want to pay.
4. Click View Cart.
5. Click Update Settings to confirm your membership data. On Page 1 of the membership information, confirm your Membership Type is correct to ensure you will be charged the appropriate fee.
6. Click Save Application on Page 7 of the membership information.
7. Click on Start Checkout and follow the instructions on-screen to complete the process.
8. A receipt will be emailed to you at your preferred email address.

To make a donation to the Golden Ram Society, the Nicholas S. Nicholas Fund or the Anne L. Kempf Fund, you may add it to your shopping cart along with your membership renewal and check out in a single transaction.

If you have any questions, contact AAO Finance and Membership Assistant Bev Searcy at BSearcy@academyofosteopathy.org or at (317) 879-1881, ext. 212.

Update Privacy Settings

When you log in to the website to pay your dues, take a look at your profile information (Profile > My Profile). There are three levels of privacy: private, which means the information is viewable only by you and administrators; members only, viewable by all AAO members when they are logged in to the site; and public, viewable to all visitors. You can update these settings by clicking Edit Profile and choosing Privacy.

It is recommended that physicians make public their basic information so they can

(continued on Page 9)
Nominations Open: AAO’s 2018 Resident of the Year

All neuromusculoskeletal medicine and osteopathic manipulative medicine residency programs and AAO component societies are invited to submit nominations for the Academy’s 2018 Resident of the Year award. All members of the Postgraduate American Academy of Osteopathy are eligible for the award, as are residents who graduated in 2017. If you meet the criteria below, or if you know a resident who does, encourage the appropriate residency director to submit a nomination.

In 2008, the AAO’s Board of Governors established the AAO Resident of the Year award to recognize the resident who has contributed to the AAO, has contributed to osteopathic principles and practices at his or her residency program, and who has participated in Academy events, including Convocation, OMED or other AAO educational programs.

Individuals nominated for this honor must exhibit osteopathic principles and practices at their residency programs and encourage other residents, faculty and students to continue to use osteopathic principles and practice during their residency careers and practices.

Nomination forms must be accompanied by letters of recommendation, a personal statement from the nominee and the nominee’s current curriculum vitae. This packet of information must be submitted in one complete application by the nominating organization.

Only one nomination per AAO component society, the PAAO or individual residency programs will be permitted.

Nomination forms must be postmarked by Nov. 30. Mail completed nomination packets to American Academy of Osteopathy, Attn: Debbie Cole, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136, or send them via email (DCole@academyofosteopathy.org) or by fax (317-879-0563) before Nov. 30.

The recipient of the 2018 Resident of the Year award will be selected by the Board of Governors in January 2018. The award will be presented during the AAO’s annual business meeting on Thursday, March 22, 2018, at the Hilton Anatole in Dallas.

Previous recipients have represented the Michigan State University College of Osteopathic Medicine, Florida Hospital—East Orlando, the Kingman Regional Medical Center, the Doctors Hospital Family Practice Residency, Oklahoma State University—CHS, the Columbia Saint Mary’s Osteopathic Family Medicine Residency and the University of New England College of Osteopathic Medicine.
Members in the News

Humayun J. Chaudhry, DO, FAODME, of Euless, Texas, received an AOA Presidential Citation, the American Osteopathic Association's highest honor, on Saturday, July 22. Dr. Chaudhry has spent his career raising international awareness of osteopathic medicine and the distinctive care DOs provide. An osteopathic board-certified internal medicine physician, Dr. Chaudhry chairs the International Association of Medical Regulatory Authorities, where he's a global ambassador and advocate for osteopathic medicine. He also works to promote excellence for all U.S. medical boards in his role as chief executive officer of the Federation of State Medical Boards. Dr. Chaudhry was one of only three people to receive the award in 2017.

Jalicia A. Sturdivant, OMS II, from the Midwestern University/Arizona College of Osteopathic Medicine in Glendale, and Veronica Williams, OMS IV, from the Philadelphia College of Osteopathic Medicine in Pennsylvania, are two of 10 minority students selected to receive the annual Arnstein Minority Student Scholarship from the American Association of Colleges of Osteopathic Medicine. Arnstein awardees are selected after evaluating their credentials, applications, and personal essays on ways to increase student diversity in osteopathic medical school. In 2017, almost 150 students applied for the scholarships.

Walter C. Ehrenfeuchter, DO, FAAO, who chairs the Department of Osteopathic Manipulative Medicine at the Georgia campus of the Philadelphia College of Osteopathic Medicine in Suwanee, recently traveled to Japan to present a course on facilitated positional release to members of the Japanese Osteopathic Professional Association. In April 2018, Dr. Ehrenfeuchter will present a course on muscle energy therapy for the AAO.

This summer, SAAO member Claire Henriette Dorcent, OMS II, from the Philadelphia College of Osteopathic Medicine in Suwanee, Georgia (GA-PCOM), coordinated Opportunities Academy for Atlanta-area high school students. The two-week program, hosted by GA-PCOM, provided opportunities for interactive labs and dissections in the college's anatomy lab, diagnosing robot-patients, field trips to the Shepherd Center and Bodies: The Exhibition, discussions with guest lecturers, practicing Tai Chi, learning about college applications and health professional programs, and exploring subjects such as cardiology, infectious diseases and neuroscience.

On July 31, the Ed to Med website featured a blog article by SAAO member Farrah Elyse Rink, OMS III, from the Philadelphia College of Osteopathic Medicine in Suwanee, Georgia (GA-PCOM). In the article, Rink describes the challenges she faced when she encountered financial difficulties in her junior year of college, and she encourages readers to join her in advocating for greater access to higher education, including federal loan programs.

Murray R. Berkowitz, DO, MPH, FAOCOPM, a tenured professor of neuromusculoskeletal medicine and osteopathic manipulative medicine, has been named associate dean for clerkships and core site development at the Philadelphia College of Osteopathic Medicine in Suwanee, Georgia. Dr. Berkowitz also serves as the course director of preventive and community-based medicine, and he oversees the Office of Clinical Education’s clinical clerkship program which provides third- and fourth-year students with the opportunity to examine, evaluate and provide care for patients.

A June 30 article in The DO featured Daniel Bral, OMS IV, from the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, who holds leadership positions with Kids Kicking Cancer (KKC) and Teen Cancer America (TCA) to promote future teen cancer treatment. “By referring to teens the way they want to be referred, we respect their independence, growth and maturity,” Bral told The DO. Bral was a teen cancer survivor himself, successfully completing chemotherapy at age 14.

Boyd R. Buser, DO, FACOFP, of Pikeville, Kentucky, has been back and forth to Capitol Hill to continue informing members of the Senate about the suffering of the Better Care Reconciliation Act (BCRA) for patients. Dr. Buser, the AOA's 2016-17 president, told The DO, “DOs understand that controlling the cost of health care is a top priority in our collective effort to improve our nation’s health care system—especially the most vulnerable populations...”

Members in the News

Humayun J. Chaudhry, DO, FAODME, of Euless, Texas, received an AOA Presidential Citation, the American Osteopathic Association’s highest honor, on Saturday, July 22. Dr. Chaudhry has spent his career raising international awareness of osteopathic medicine and the distinctive care DOs provide. An osteopathic board-certified internal medicine physician, Dr. Chaudhry chairs the International Association of Medical Regulatory Authorities, where he’s a global ambassador and advocate for osteopathic medicine. He also works to promote excellence for all U.S. medical boards in his role as chief executive officer of the Federation of State Medical Boards. Dr. Chaudhry was one of only three people to receive the award in 2017.

Jalicia A. Sturdivant, OMS II, from the Midwestern University/Arizona College of Osteopathic Medicine in Glendale, and Veronica Williams, OMS IV, from the Philadelphia College of Osteopathic Medicine in Pennsylvania, are two of 10 minority students selected to receive the annual Arnstein Minority Student Scholarship from the American Association of Colleges of Osteopathic Medicine. Arnstein awardees are selected after evaluating their credentials, applications, and personal essays on ways to increase student diversity in osteopathic medical school. In 2017, almost 150 students applied for the scholarships.

Walter C. Ehrenfeuchter, DO, FAAO, who chairs the Department of Osteopathic Manipulative Medicine at the Georgia campus of the Philadelphia College of Osteopathic Medicine in Suwanee, recently traveled to Japan to present a course on facilitated positional release to members of the Japanese Osteopathic Professional Association. In April 2018, Dr. Ehrenfeuchter will present a course on muscle energy therapy for the AAO.

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who depend on Medicaid.” To maintain their progress of awareness, Dr. Buser and six other physician organization presidents held tele-press conferences to answer reporters’ questions about the new bill and its significance for patient care.

In an article published in the June 2017 issue of The Journal of the Pennsylvania Osteopathic Medical Association, Joshua Santos Vieira Da Silva, DO, encourages physicians to follow more closely patients’ nutrition. Correcting malnutrition can reduce hospital stays, enhance wound healing, and expedite recovery from both acute and chronic illnesses.

The July/August 2017 issue of Osteopathic Family Physician includes “Melanoma for Primary Care” by John William Weston, DO, and four other authors. According to the article, the extent of malignant melanoma is expanding at a distressing rate. Most melanomas age gradually and can be caught early to avoid morbidity and mortality. Because early detection is crucial, the authors recommend patients perform self-examinations and physicians remain vigilant.

In an article published in the July/August 2017 issue of Osteopathic Family Physician, Tim Blumer, DO, and Janice Upton Blumer, DO, FAAO, discuss an osteopathic approach to anxiety. Anxiety requires an individualized treatment plan, but the biopsychosocial approach of the five models of osteopathic care can provide a framework to decrease symptoms and support treatment.

To Shan Li, DO, and Sheldon C. Yao, DO, were among the authors of “Effects of Clinical Exposure to Osteopathic Manipulative Medicine on Confidence Levels of Medical Students,” which was published in the August 2017 issue of The Journal of the American Osteopathic Association. Responses from fourth-year students who were surveyed before, during and after an elective OMM rotation demonstrate that increased clinical exposure to OMM increased confidences in all dimensions.

In “Fundamentals for an Osteopathic Obesity Designed Study: The Effects of Education on Osteopathic Medical Students’ Attitudes Regarding Obesity,” which was published in the August 2017 issue of The Journal of the American Osteopathic Association, Jennifer Weiss, DO, and her co-authors demonstrated that a comprehensive obesity curriculum for students in medical school can positively influence their attitudes toward patients with obesity.

**AOA President Weighs in on Health Care Bills**

Mark A. Baker, DO, the American Osteopathic Association’s 2017-18 president, released the following statement regarding current health care legislation:

The American Osteopathic Association unequivocally believes that the primary focus of any health care reform policy should be to provide and increase access to comprehensive, affordable coverage and care. So far, the bills considered greatly jeopardized our patients’ ability to access the care they need and deserve so that they may live longer, healthier lives.

The AOA, a physician-led association advocating for nearly 130,000 DOs and osteopathic medical students, recognizes the many challenges our current health care system faces and is supportive of efforts to improve it. In this vein, we continue to offer our assistance in developing policies to advance our health care system in a bipartisan, transparent process that will ensure a high-quality, patient-centered, and cost-efficient health care system that meets the needs of our patients.

**AOA and Erikson Institute Provide Free Online CME Opportunity**

The American Osteopathic Association, in partnership with the Erikson Institute, has designed an important initiative to address early childhood development, titled “All It Takes is H.E.A.R.T.” (Hug, Engage, Ask, Read, Talk). Created by physicians for physicians, all three modules in the series are now available for physicians, residents and medical students.

**Module 1: Communication.** Learn communication cues, self-regulation tactics, and tips to improve efficiency during patient visits.

**Module 2: Social and Emotional Development.** Gain insight on optimal social-emotional and typical/atypical development.

**Module 3: Risk Factors and Protective Resources.** Find tools to help identify toxic stress and other factors, and discover resources to help manage the needs of children with disabilities.

Each module has been approved for 2 credits of AOA Category 1-B CME.

Physicians, residents and medical students who complete all three modules will receive a professional development certificate from the Erikson Institute.

All three modules are now available online at www.osteopathic.org
Course Description
This is a basic course in visceral manipulation. Attendees will explore traditional osteopathic concepts of ventral technique, modern concepts of visceral motion, “normalization” of visceral motion through fascial planes, and treating visceral mobility and motility. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between the diaphragms, viscera, autonomic nervous system, vascular flow and lymphatic drainage. Attendees will come away with improved confidence in physical examination, direct and indirect approaches to visceral manipulation, and an ability to integrate visceral (ventral) techniques with spinal (dorsal) and cranial approaches.

This is an intermediate level course.

Course Times
Friday and Saturday from 8 a.m. to 5 p.m.
Sunday from 8 a.m. to noon.

Continuing Medical Education
20 credits of AOA Category 1-A CME anticipated.

Meal Information
Morning coffee, tea and juice will be provided. Lunch will be provided Friday and Saturday. If you have any special dietary needs, contact AAO Event Planner Gennie Watts before Nov. 3.

Course Location
Rowan University School of Osteopathic Medicine
42 E. Lauren Rd., Stratford, NJ 08084

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
Basic Visceral Course
Nov. 10-12, 2017

Name: ________________________________ AOA No.: _____________
Nickname for badge: ________________________________
Street address: ___________________________________________
City: __________________________ State: _______ ZIP: ____________
Phone: __________________________ Fax: _______________________
Email: _________________________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ________________________________
Expiration date: ________________ 3-digit CVV No.: ___________
Billing address (if different): ________________________________

View the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
During this course, attendees of all experience levels will learn techniques for palpating, diagnosing and treating patients with a variety of visceral dysfunctions.

Radiological research conducted in England, France and Germany during the last 20 years provides a basis for knowing what is normal, what is common, and what is pathological in the viscera. Studies using magnetic resonance imaging, computed tomography, ultrasound, x-ray and fluoroscopy have shown that dysfunctional viscera move less than healthy viscera. Studies are just beginning to cross-correlate osteopathic diagnosis, medical diagnosis, ultrasound diagnosis pre- and post-treatment.

Attendees will learn how to diagnose and treat dysfunctions in the thorax, abdomen and pelvis using motion testing, motility, arterial and venous systems, neurological systems, the lymphatic system and emotional connections.

Continuing Medical Education
22 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Director
A 1994 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine, Kenneth J. Lossing, DO, served an internship and combined residency in neuromusculoskeletal medicine and family practice through the Ohio University Heritage College of Osteopathic Medicine in Athens. He is board certified in both neuromusculoskeletal medicine and family medicine.

Dr. Lossing studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second and third editions of the American Osteopathic Association's *Foundations of Osteopathic Medicine* textbook as well as the upcoming fourth edition.

As the AAO's 2014-15 president, Dr. Lossing was featured in a segment of “American Health Front!” that focused on osteopathic manipulative medicine.

Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

<table>
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<th>Registration Fees</th>
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* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Click here to view the AAO's cancellation and refund policy.
Click here to view the AAO's photo release statement.

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
This course will:

- provide basic and refresher knowledge and skills for program directors and core teaching faculty who supervise osteopathic manipulative treatment (OMT) in clinics.
- help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies.
- be valuable for clinicians interested in adding OMT to their skill set.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT. The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of Greenman's Principles of Manual Medicine, 5th edition.

**Course Times**
Thursday from 1 to 6 p.m.
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 8 a.m. to 4 p.m.

**Continuing Medical Education**
28 credits of AOA Category 1-A CME anticipated.

**Meal Information**
Morning coffee, tea and juice will be provided Friday through Sunday, as will lunch. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

**Course Location**
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., MET – 470 Lab
Fort Worth, TX 76107

**Course Faculty**
Richard G. Schuster, DO, and David C. Mason, DO, MBA, FACOFP

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Registration Fees**

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</tr>
<tr>
<td>Nonmember student</td>
<td>$584</td>
<td>$634</td>
<td>$784</td>
</tr>
</tbody>
</table>

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**Registration Form**
Introduction to Osteopathic Manipulative Medicine
Jan. 25-28, 2018

Name: ______________________ AOA No.: __________

Nickname for badge: ____________________

Street address: ________________________________

City: ______________________ State: ____ ZIP: ______

Phone: __________________ Fax: __________________

Email: ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ________________________________

Cardholder’s name: ________________________________

Expiration date: __________ 3-digit CVV No.: ______________

Billing address (if different): ________________________________

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Signature: ________________________________

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Muscle energy technique consists of at least six different subtypes of technique all connected by patient cooperation contracting and relaxing muscles when instructed to do so.

It is extremely gentle and versatile and can be used for acute, subacute and chronic musculoskeletal conditions. It can be used by physicians of all sizes, shapes, and strengths, utilizing balance and leverage to control the techniques.

Physicians attending this course will learn how to perform muscle energy technique and learn how to apply these technique to the management of headache, neck pain, acute torticollis, shortness of breath, respiratory pain, low back pain, osteoarthritis of the spine, and a number of other conditions.

Continuing Medical Education
20 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Meal Information
Morning coffee, tea and juice will be provided each day. Lunch will be provided Friday and Saturday. Notify AAO Event Planner Gennie Watts of any special dietary needs no fewer than seven days in advance.

Course Location
The Pyramids, Building Three
3500 DePauw Blvd., Conference Rooms A and B (lower level)
Indianapolis, IN 46268

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
Muscle Energy for the Total Body
April 20-22, 2018

Name: ___________________ AOA No.: _________
Nickname for badge: _____________________________
Street address: ___________________________________
_________________________________________________
_________________________________________________
City: __________________ State: _____ ZIP: _________
Phone: ___________ Fax: ___________
Email: ____________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
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Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Aug. 19-20, 2017
Rocky Mountain American Academy of Osteopathy
An Osteopathic Approach to the Eyes
Course director: Daniel Lopez, DO
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
12 credits of AOA Category 1-A CME anticipated
Learn more and register at rockymountainaao.wixsite.com.

Sept. 8-10, 2017
Indiana Academy of Osteopathy
The Bow and the Bowstring:
From Postural Imbalance to Chronic Pain
Course director: Charles A. Beck, DO
Course faculty: William Scott Nall, DO, and Thurman V. Alvey III, DO, FAOASM
Village Osteopath in Noblesville, Indiana
24 credits of AOA Category 1-A CME anticipated
Learn more and register at www.indianaacademyofosteopathy.com.

Sept. 8-10, 2017
Michigan State University College of Osteopathic Medicine
Indirect, Functional Approach to Manual Medicine
Course directors: Harriet H. Shaw, DO, and Marcy Schlinger, DO
East Lansing, Michigan
22.5 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Sept. 9, 2017
Osteopathy’s Promise to Children
OMT for Systemic Disorders and Physiologic Functions:
Cardiopulmonary & Immune Systems
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Sept. 15-16, 2017
Philadelphia College of Osteopathic Medicine
Still Techniques for the Spine, Ribs and Pelvis:
Addressing Key Dysfunctions and Diagnosing and Treating With Still Technique
Course director: David B. Fuller, DO, FAAO
Course faculty: Richard L. Van Buskirk, DO, PhD, FAAO
Philadelphia
12 credits of AOA Category 1-A CME anticipated
Learn more and register at www.pcom.edu.

Sept. 15-17, 2017
Northwest Academy of Osteopathy
Basic Percussion Vibrator Course
Course director: Richard W. Koss, DO
Downtown Portland Embassy Suites in Oregon
22.5 credits of AOA Category 1-A CME anticipated
Learn more and register at www.opso.org/events.

Sept. 22-26, 2017
Michigan State University College of Osteopathic Medicine
Craniosacral Techniques, Part II
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Sept. 23-24, 2017
New York Institute of Technology College of Osteopathic Medicine
Treating Traumatic Brain Injury (TBI)
Course directors: Maud H. Nerman, DO, and Sheldon C. Yao, DO
Old Westbury, New York
14.5 credits of AOA Category 1-A CME anticipated
Learn more and register at www.nyit.edu/events.

Sept. 28–Oct. 1, 2017
Osteopathy’s Promise to Children
Advanced Explorations in Pediatric Osteopathy:
Innovative Healing Approaches to Support Rapid Change in the Child
Course director: Shawn K. Centers, DO, MH, FACOP
Osteopathic Center San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at the-promise.org/cme/.

Oct. 7, 2017
Ohio University Heritage College of Osteopathic Medicine
5th Annual OMM Skills Enhancement Course:
Clinical Update for Primary Care
Course director: Jean S. Rettos, DO
Ohio University Heritage College of Osteopathic Medicine in Athens
6 credits of AOA Category 1-A CME anticipated
Learn more and register at www.ohio.edu/medicine.

Visit www.academyofosteopathy.org/affiliate-cme for additional listings.