Message From the President

Greetings, Academy members!

It has been a whirlwind couple of months since our last communication, and I was shocked to realize that my time as your president is already half over.

In July, after your president-elect, our interim executive director and I represented our members at the House of Delegates and attended the inauguration of AAO member and past president Boyd R. Buser, DO, FACOFP, as the president of the American Osteopathic Association, we convened a meeting of the AAO’s Board of Trustees. In addition to completing all our other work, it was there that the board voted to make Sherri Quarles our permanent executive director. Sherri has been a joy to work with so far, and I know she will serve the Academy and you, the members, admirably for many years to come.

The board met again on Sept. 15 in Anaheim, California. We also had the AAO’s annual Leadership Forum, a workshop for developing Academy leaders. My thanks to Sherri Quarles, Michael P. Rowane, DO, MS, FAAO, FAAFP, and all who helped make this such a valuable experience.

The other big news is that we achieved a goal that I had spoken of at my inauguration at Convocation: getting our residency program approved by the Accreditation Council for Graduate Medical Education (ACGME). This is an important step in ensuring the high quality of osteopathic medical education.

The American Osteopathic Association’s Osteopathic Medical Conference and Exposition (OMED) was held Sept. 17-20 at the Anaheim Convention Center. Attendance records for the Academy’s program at OMED, “Osteopathic Neuromusculoskeletal Medicine in the 21st Century,” reflect more than 1,500 sign-ins.

Deepak Chopra, MD, FACP, was the keynote speaker at the AOA’s opening general session on Sept. 17. A world-renowned pioneer in integrative medicine, Dr. Chopra has written more than 80 books translated into 43 languages. In sync with the overall OMED theme of renewal, Dr. Chopra started his presentation with a video about childbirth before moving on to discuss the physical dangers of stress. “Somehow after billions of years of development, this one thing has become the epidemic of our civilization,” Dr. Chopra said.

In place of a general session on Sunday, the AOA sponsored an OMED Festival in the courtyard of the convention center. The courtyard featured opportunities for relaxation and renewal such as a rock wall for climbing, a giant Jenga-type puzzle, yoga, osteopathic manipulative treatment and a food truck.

AAO Delivers Outstanding Program at OMED 2016

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(continued on Page 2)
American Academy of Osteopathy
Laura E. Griffin, DO, FAAO, president
Michael P. Rowane, DO, MS, FAAO, FFAFP, president-elect
Sherri L. Quarles, executive director

All members of the American Academy of Osteopathy receive AAO Member News eight times a year. Members can access past issues online at www.academyofosteopathy.org. Members are invited to send their news to AAO Publications Liaison Lauren Good at LGood@academyofosteopathy.org.

Advertising rates for AAO Member News are listed below. AAO members and AAO component societies are entitled to a 20% discount on advertising. Call the AAO at (317) 879-1881, ext. 211, for more information. Although all advertising is expected to conform to ethical medical standards, acceptance does not imply endorsement by the American Academy of Osteopathy.

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Multi-issue discounts are available. Please contact AAO Publications Liaison Lauren Good at LGood@academyofosteopathy.org for more information.

AAO Member News—ISSN 2375-5628

ONMM Review Committee News

The Accreditation Council for Graduate Medicine Education’s Case Log System for osteopathic neuromusculoskeletal medicine (ONMM) is now available through the Accreditation Data System (ADS). Residents may begin logging cases in the system as soon as their program has pre-accreditation status. Residents in programs with Initial Accreditation are required to use the system.

Additional information regarding the ACGME Case Log System for ONMM is available on the Documents and Resources page of the Osteopathic Neuromusculoskeletal Medicine section of the ACGME website.
Trustees, the Board of Governors and invited committee chairs on Friday, Sept. 16.

The Board of Trustees reviewed the Academy’s existing position papers on prolotherapy, credentialing in osteopathic manipulative medicine, neuromusculoskeletal medicine and osteopathic manipulative medicine board certification, osteopathic touching, rights to peer review, and the Academy’s consensus statement on osteopathic manipulation of somatic dysfunction under anesthesia or conscious sedation. They also reviewed a proposed social media policy and strategy, and they reviewed new members (see Page 13).

Friday’s Leadership Forum featured Paul Evans, DO, FACOFP, FAAFP, discussing negotiation strategies that are applicable in many aspects of life, including employment. Dr. Evans also introduced SWOT analysis (strengths, weaknesses, opportunities and threats). As part of the exercise, attendees broke into groups to identify the Academy’s strengths, weaknesses, opportunities and threats. The Board of Trustees will use the results in developing the Academy’s next strategic plan.

Dr. Evans is the director of the William E. Bryan Leadership and Education Institute at the Western University of the Health Sciences College of Osteopathic Medicine of the Pacific’s northwest campus in Lebanon, Oregon.

Also on Friday, AAO President-elect Michael P. Rowane, DO, FAAO, FAAP, presented an update on the single graduate medical education pathway. Dr. Rowane serves on the Accreditation Council for Graduate Medicine Education’s Osteopathic Principles Committee. In Cleveland, Dr. Rowane is the director of medical education at University Hospitals Regional Hospitals and the director of osteopathic medical education for UH Case Medical Center. He also is an associate clinical professor of family medicine and psychiatry at the Case Western Reserve University School of Medicine.

AAO Program at OMED
The AAO’s program at OMED, chaired by Daniel G. Williams, DO, kicked off on Saturday as a joint session with the American Osteopathic Academy of Sports Medicine (AOASM) and Robert D. Gerwin, MD, discussing myofascial trigger points and dry needling. Martin S. Levine, DO, MPH, FACOFP dist, delivered the 44th annual Thomas L. Northup Lecture titled “Osteopathy in an Osteopathic Medicine World,” and Steve Karageanes, DO, FAOASM, rounded out the day with a discussion on diet and fitness, reminding attendees that although poor physical fitness is not a new problem, it is a growing problem. He also discussed the dangers of messages that focus on image rather than health. Dr. Karageanes closed out the day with a functional movement screen workshop.

On Sunday, the Academy joined forces with the American Osteopathic College of Physical Medicine and Rehabilitation (AOCPMR) and the AOASM for four ses-

(continued on Page 5)
Mark your calendar for these upcoming Academy meetings and educational courses.

2016–2017

Oct. 15  Committee on Fellowship in the AAO’s meeting—AAO office in Indianapolis

Nov. 24  Thanksgiving Day—AAO office closed

Dec. 1   FAAO applications due

Dec. 2-4  Fulford’s Advanced Percussion Hammer—
          Richard W. Koss, DO, course director—
          University of North Texas Health Science Center
          Texas College of Osteopathic Medicine in Fort Worth

Dec. 2-4  Cranial Approach of Beryl E. Arbuckle, DO—
          Kenneth J. Lossing, DO, course director—
          Midwestern University/Arizona College of
          Osteopathic Medicine in Glendale

Dec. 20   Committee on Fellowship in the AAO’s teleconference—8:30 p.m. Eastern

Dec. 26   AAO office closed in observance of Christmas Day

Jan. 2    AAO office closed in observance of New Year’s Day

Jan. 11   Committee on Fellowship in the AAO’s teleconference—8:30 p.m. Eastern

Jan. 20-22 Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis—
           Bruno J. Chikly, MD, DO (France), course director—
           Midwestern University/Arizona College of Osteopathic Medicine in Glendale

Feb. 3-4  AAO Education Committee’s meeting—AAO office in Indianapolis

March 19-21 Pre-Convocation—Brain 1: Palpating and Treating the Brain, Brain Nuclei, White Matter and Spinal Cord—Bruno J. Chikly, MD, DO (France), course director—The Broadmoor, Colorado Springs, Colorado

March 19-21 Pre-Convocation—Fascial Distortion Model: Axial Spine—Todd A. Capistrant, DO, MHA, course director—The Broadmoor, Colorado Springs, Colorado

March 21   AAO Committee on Fellowship’s meeting and interviews—8 a.m. to 5 p.m. Mountain time—
           The Broadmoor, Colorado Springs, Colorado

March 21   AAO Education Committee’s meeting—6 to 8 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado

March 22   AAO Board of Trustees’ meeting—8 a.m. to noon Mountain time—The Broadmoor, Colorado Springs, Colorado

March 22   AAO Board of Governors’ meeting—1 to 5 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado

March 22   AAO Investment Committee’s meeting immediately following Board of Governors’ meeting—The Broadmoor, Colorado Springs, Colorado


March 23   AAO’s annual business meeting and luncheon—11:45 a.m. to 2:15 p.m. Mountain time—The Broadmoor, Colorado Springs, Colorado

Editor’s note: Names that appear in bold type in AAO Member News indicate members of the Academy. Send news to AAO Communications Specialist Lauren Good at LGood@academyofosteopathy.org.
sessions focusing on low back pain. Michael Wilczynski, DO, addressed the use of magnetic resonance imaging when examining dysfunctions of the lumbar and cervical spine. When Lisa Ann DeStefano, DO, presented a rational approach to diagnosing and treating low back pain, she reminded attendees that 75 percent of all people will experience low back pain. She also urged physicians to remember that not all leg pain is radiculopathy and to consider all potential etiologies.

In the afternoon, Shounuck I. Patel, DO, FAAPMR, presented updates in interventional management of low back pain, and Stacey L. Pierce-Talsma, DO, MS, FNAOME, got people moving with yoga exercises that focus on low back pain.

The Academy worked with the AOASM, the American College of Osteopathic Pediatrics and the Osteopathic International Alliance on Monday morning. In partnership with the AOA’s Bureau of Osteopathic Clinical Education and Research, Priscilla Tu, DO, discussed concussion evaluation and management. Kimberly J. Wolf, DO, FACP, demonstrated osteopathic treatment on an infant to address gastrointestinal dysfunction, and Kenneth J. Lossing, DO, provided extensive hands-on opportunities as he discussed dural diagnosis and treatment.

On Monday afternoon, the Academy joined the American College of Osteopathic Family Physicians and the AOASM while Shawn Kerger, DO, FAOASM, and Richard G. Schuster, DO, addressed evaluating and managing crossed syndromes.

The Academy’s program concluded on Tuesday morning in a joint session with the ACOFP and the OIA. Charles A. Beck, DO, FAAO, discussed the osteopathic approach to palliative care, and Ronna New, DO, FACOFP, addressed medication risk management in geriatric patients.

(continued on Page 7)
This course traces the cranial approaches of William Garner Sutherland, DO; Beryl E. Arbuckle, DO; and Robert Fulford, DO. Dr. Arbuckle was one of Dr. Sutherland’s earliest students, studying with him before he taught using primary respiration as a therapeutic force. Diagnosis was performed by palpating the position of the cranial bones and motion testing. In her work with children, Dr. Arbuckle mostly used direct techniques.

Dr. Arbuckle was able to attend hundreds of autopsies, mostly on pediatric neurological cases. She observed regularly arranged fibers in the dura that she called “stress fibers.” She also noted that the skull was reinforced in certain places, which she called buttresses. The stress bands and buttresses are used in both diagnosis and treatment.

Attendees will explore the embryology of the head; motion test the sphenobasilar suture, the cranial base, the face, the buttresses, the cranial-cervical junction, and the sacrum; unlock the bony skull and the membranes; work with stress bands; and explore the significance of thoracic respiration.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 8 a.m. to 4 p.m.

Meal Information
Breakfast and lunch will be provided each day. Contact AAO Event Planner Gennie Watts with special dietary needs at (317) 879-1881, ext. 220, or GWatts@academyofosteopathy.org.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101
19555 N. 59th Ave., Glendale, AZ 85308

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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*The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Speakers’ presentations are available online at www.academyofosteoopathy.org.

Other Academy Speakers
Academy members also participated as speakers for other events throughout OMED.

AAO President-elect Michael P. Rowane, DO, MS, FAAO, FAAFP, and Evelyn A. Schwalenberg, DO, MS, FACP, FA COI, FNAOME, addressed “Osteopathic Distinctiveness: A New Pathway” for the American Association of Colleges of Osteopathic Medicine’s Training the Osteopathic Professions Core Educators, and Paul Evans, DO, FAAFP, FACOFP, and John M. Jones, DO, MS, presented “Teaching OMM to Allopathic Physicians” as part of the same group’s master teacher series.

Dr. Williams, the AAO’s program chair, discussed safe opioid prescribing practices as part of a joint session of the ACOFP, the AOA and the American Osteopathic Academy of Addiction Medicine.

Murray R. Berkowitz, DO, MA, MS, MPH, demonstrated manipulative treatments of shoulder disorders for the American Osteopathic College of Occupational and Preventive Medicine.

Michelle F. Veneziano, DO, addressed the vaccine controversy as part of the American Osteopathic Society for Rheumatic Diseases’ program.

**FAAO Applications Due Dec. 1 for 2017-19 Cycle**

The Committee on Fellowship in the American Academy of Osteopathy invites any AOA board certified physician to apply for the Fellow of American Academy of Osteopathy (FAAO), an earned postdoctoral degree conferred by the AAO.

Interested physicians must submit a completed application by Dec. 1, 2016, for the 2017-19 FAAO candidate cycle.

The FAAO candidate process is a two-year process with stepped deadlines. Candidates must demonstrate their contributions to the osteopathic profession by producing three case studies and a thesis of publishable quality that promote scholarship and new ideas and by exhibiting their palpatory skills at a final examination.

Complete candidate requirements are listed on the FAAO webpage on the Academy’s website. Minimum requirements include:

1. Membership in the AAO for a period of five consecutive years.
2. Certification by an AOA certifying board.
3. At least three years of practice are required after AOA certification.
4. Fifty specialty credits of committee-approved category 1-A continuing medical education of the required 150 total credits in the current 36-month period, and meeting the AOA CME requirement in a three-year cycle.
5. Participation in AAO activities as a member physician.
6. Fulfilling at least three of the following six categories:
   a. Contribution to osteopathic literature.
   b. Development of osteopathic theory or manipulative method or procedure;
   c. Research related to osteopathic theory and practice.
   d. Contributions in the field of osteopathic education.
   e. Service to the public and public health.
   f. Administrative service to the profession.
7. Statement of full compliance with the AAO and AOA professional and ethical standards.

The FAAO application includes a completed application form; supporting evidence in meeting the requirements of the application; and an abstract, outline and preliminary bibliography of the proposed thesis.

Download the candidate information packet, or contact Debbie Cole, the AAO’s board and committee liaison, for assistance at (317) 879-1881, ext. 215.
Save OMT Campaigns Received Outstanding Responses

In recent months, the American Osteopathic Association has led two campaigns to preserve osteopathic manipulative treatment (OMT).

Launched in July, the first campaign challenged a proposed local coverage determination (LCD) in 10 states that would have imposed unnecessary barriers to OMT delivery. More than 5,000 osteopathic physicians, medical students and patients wrote comment letters opposing the proposed rule change that would have made it nearly impossible for DOs to bill Medicare for an office visit when OMT is performed.

On Sept. 16, AOA President Boyd R. Buser, DO, FACOFP, shared that the release of the final LCD used more than 90 percent of the language proposed by the AOA, and will put in place policies to appropriately pay for OMT for Medicare beneficiaries.

In August, the AOA launched a second Save OMT campaign around the Centers for Medicare & Medicaid Services national revaluation of the five OMT codes as part of its 2017 Proposed Physician Fee Schedule for Medicare. The AOA took the position that the OMT codes should not be revalued, and they encouraged osteopathic physicians and medical students to submit comment letters to that effect.

Comment letters from 3,419 DOs and OMS were submitted before the Sept. 6 deadline. These letters comprised 57.1 percent of all comments received by CMS.

The AAO will continue to update members via direct email, its website and social media about issues affecting Academy members. Stay proactively involved in grassroots advocacy by following active issues at www.osteopathic.org.

AAO Resident of the Year Nominations Due Nov. 30

AAO component societies and all osteopathic-approved residency programs are invited to submit nominations for the Academy’s 2017 Resident of the Year award. All members of the Postgraduate American Academy of Osteopathy are eligible for the award, as are physicians who completed residencies in 2016. If you know a worthy resident, contact his or her program director to initiate the nomination process.

In 2008, the AAO’s Board of Governors established the AAO Resident of the Year award to recognize the resident who has contributed to the AAO, has contributed to osteopathic principles and practice at his or her residency program, and who has participated in Academy events, including Convocation, OMED or other AAO educational programs.

Individuals nominated for this honor must exhibit osteopathic principles and practice at their residency programs and encourage other residents, faculty and students to continue to use osteopathic principles and practice during their residency careers and practices.

Nomination forms must be accompanied by letters of recommendation, a personal statement from the nominee and the nominee’s current curriculum vitae. This packet of information must be submitted in one complete application by the nominating organization.

Only one nomination per AAO component society, the PAAO or individual residency program will be permitted.

Nomination forms must be postmarked by Nov. 30. Mail completed nomination packets to Debbie Cole at the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136, or send them via email to DCole@academyofosteopathy.org or by fax to (317) 879-0563 before Nov. 30.

The recipient of the 2017 Resident of the Year award will be selected by the Board of Governors in January 2017. The award will be presented during the AAO’s annual business meeting on Thursday, March 23, 2017, at The Broadmoor in Colorado Springs, Colorado.

Kristie M. Petree, DO (right), from the Michigan State University College of Osteopathic Medicine was named the AAO’s Resident of the Year in 2016. (Photo by Lauren Good)

Previous recipients have represented the Michigan State University College of Osteopathic Medicine, the Florida Hospital—East Orlando, the Kingman Regional Medical Center, the Doctors Hospital Family Practice Resident, Oklahoma State University–CHS, the Columbia Saint Mary’s Osteopathic Family Medicine Residency and the University of New England College of Osteopathic Medicine.
Based on the life exploration, philosophy and osteopathic practice of Robert C. Fulford, DO, this course builds on principles addressed in the basic course. More sensitive and potent concepts and techniques will be presented with supervised practice to assure a proper level of mastery during the course.

Dr. Fulford continued developing new techniques using the percussion hammer, which he pioneered, necessitating the development of an advanced course in the mid 1990s to allow participants to grasp the far-reaching osteopathic healing concepts that were the essence of the old doctor.

This is the same advanced course as taught by Dr. Fulford. An extra day has been added to allow greater study and practice into the thinking and practice of the modern-day osteopathic physician.

**Prerequisites**
Attendees must have completed a 40-hour introductory cranial course approved by The Osteopathic Cranial Academy and the basic percussion course provided by Dr. Koss.

**Continuing Medical Education**
22 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 9 a.m. to 3 p.m.

**Meal Information**
Breakfast will be provided Friday and Saturday. Lunch will be provided Friday through Sunday. Contact AAO Event Planner Gennie Watts with special dietary needs at (317) 879-1881, ext. 220, or GWatts@academyofosteopathy.org.

**Course Location**
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., Fort Worth, TX 76107

**Contact AAO Event Planner Gennie Watts with special dietary needs at (317) 879-1881, ext. 220, or GWatts@academyofosteopathy.org.**

**Course Director**
When Richard W. Koss, DO, completed his undergraduate degree at Springfield College in Massachusetts, he planned to teach physical education, but an encounter with Bertha Miller, DO, changed his focus to osteopathic medicine.

In 1982, Dr. Koss graduated from what is now the A.T. Still University-Kirksville College of Osteopathic Medicine (ATSU-KCOM) in Missouri, after which he served in the U.S. Air Force Medical Corps for four years as a general medical officer, first at McChord Air Force Base near Tacoma, Washington, and then at Robins Air Force Base in Warner Robins, Georgia.

Dr. Koss first attended a percussion course taught by Robert C. Fulford, DO, in 1987 when Dr. Koss was a resident in osteopathic manipulative medicine at ATSU-KCOM. Two years later, Dr. Fulford invited Dr. Koss to be a table trainer for a percussion course. Dr. Koss continued to assist Dr. Fulford until the latter’s death in 1997.

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

**Registration Form**

| Fulford’s Advanced Percussion Hammer | Dec. 2-4, 2016 |

- I have completed the prerequisites.

Name: ___________________________ AOA No.: __________________

Nickname for badge: ___________________________

Street address: ___________________________

________________________________________________________________________

City: ___________________________ State: _______ ZIP: ____________

Phone: ___________________________ Fax: ____________________________

Email: ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Click here to view the AAO’s photo release statement.
Support the AAO
In addition to the Golden Ram Society, the Academy has several restricted funds to which anyone may donate.

The Nicholas S. Nicholas Fund facilitates increased student participation in the Student American Academy of Osteopathy’s program at Convocation. Your donation enables the Academy to reduce the tuition charged to osteopathic medical school students who wish to attend this unique educational program dedicated to osteopathic principles and practice.

The Anne L. Kempf Memorial Fund, the Academy’s newest fund, is dedicated to financing courses that will teach the founding osteopathic principles as taught by Andrew Taylor Still, MD, DO.

Georgia Campus-Philadelphia College of Osteopathic Medicine is located in Suwanee, GA in Gwinnett County. We’re located in the bustling metro Atlanta region, close to the North Georgia mountains, lakes, downtown cultural amenities, and professional sporting events. We have the best of big-city vibrancy and small-town community. We are currently seeking qualified individuals for a full-time faculty position in the Department of Osteopathic Manipulative Medicine (OMM).

Faculty - Osteopathic Manipulative Medicine

Individual will be expected to teach osteopathic medical students in both lecture and laboratory sessions in all four years of the curriculum.

see patients and develop an outpatient clinic for M-3 month long rotation, plan and supervise OMM Inpatient Student Service, assist in preparation of OMM video clips and tutorials, participate in existing research and initiate new OMM research, assist in planning and production of new publications, and assist in planning and supervision of the OMM Residency.

The successful applicant will have a D.O. degree and proficiency in osteopathic manipulative medicine. The candidate needs to have or be eligible for a license to practice Osteopathic Medicine in the State of Georgia. Board Certification or eligibility by the AOBNMM or AOBSPOMM is required. Additional Board Certification or eligibility by the AOBFM is desirable.

To apply for the position, send via E-mail a personal statement describing interest in and qualifications for this position, a curriculum vitae, and names and addresses of three references, preferably from current or former supervisors.

Department of Human Resources, 625 Old Peachtree Road, Suwanee, GA 30024 Phone (678)225-7500, Fax (678)225-7519, E-mail: hr@pcom.edu

JAOA Northup Award Goes to Article Coauthored by AAO Members

The Journal of the American Osteopathic Association’s 2016 George W. Northup, DO, Medical Writing Award was granted to “Lymphatic Pump Treatment as an Adjunct to Antibiotics for Pneumonia in a Rat Model” by Lisa M. Hodge, PhD; Caitlin Creasy, MS; Kiah Rae Carter, MS; Ashley Orlowski, BS; Artur Schander, DO, PhD; and Hollis H. King, DO, PhD. The article was published in the May 2015 issue of The Journal of the American Osteopathic Association.

Dr. Hodge, Dr. King and their co-authors studied whether the combination of antibiotics and lymphatic pump therapy (LPT) would reduce bacterial load in the lungs of rats with acute pneumonia. The researchers found that LPT and the antibiotic levofloxacin significantly reduced colony-forming units compared with sham treatment and levofloxacin, while sham treatment and levofloxacin decreased bacterial load. This is the first study to demonstrate how osteopathic manipulation can enhance the effects of antibiotics in treating patients with pneumonia.

Created in 1990, the annual Northup Award honors George W. Northup, DO, who served as the American Osteopathic Association’s editor-in-chief for 26 years. The JAOA editorial advisory board selects the winner from articles nominated by JAOA associate editors. Criteria include clinical significance, scientific validity and osteopathic content. Additional consideration is given to articles that may change the way osteopathic physicians practice medicine, think, and conduct research.

The award was presented during the AOA’s annual meeting in July.
2016-17 Golden Ram Campaign Kicks Off

Established in 1987, the Golden Ram Society is the primary fund that supports the Academy’s mission. Because the Academy cannot operate on dues revenue alone, generous contributions to the Golden Ram Society allows the AAO to offer quality educational programs at reasonable rates, develop new programs using new technology and expand the AAO’s public education efforts.

The 2016-17 campaign opened on June 1, 2016, and 42 donors have contributed a total of $11,442, which is 63 percent of the $18,000 goal set for the 2016-17 campaign.

Donations to the 2016-17 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

You can set up recurring monthly donations of $25 or more. Call AAO Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, for more information.

President’s Club—$2,500 or more
Gary L. Ostrow, DO

A.T. Still Club—$1,000 to $2,499
Robert N. Agnello, DO, and Kerry E. Agnello, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)
Victor I. Pulido, DO

T.L. Northup Club—$500 to $999
Haifan Chen, DO
Stefan Hagopian, DO, FAAO
T. Reid Kavieff, DO
Jeanne R. Roll, MD

Louisa Burns Club—$250 to $499
Thomas R. Byrnes, DO
Laura E. Griffin, DO, FAAO

Vicki Dyson Club—$100 to $249
Joel Berenbeim, DO
Michael Aaron Chipman, DO
Stephen M. Ellestad, DO
Hannah M. Eucker, DO
Kathryn Gill, MD
Jeryl H. Glassman, DO
Katherine Lydia Heineman, DO
Paul K. Hume, ND, DO (New Zealand)
John H. Juhl, DO
Michael G. Knapp, DO
Christopher K. Knitig, DO
Richard C. MacDonald, DO
Mary E. Malcom, DO
Paul S. Miller, DO, FCA
Wendy S. Neal, DO, ND
Benjamin Neil Paschkes, DO
Ross E. Pope, DO, FAAO
Michael P. Rowane, DO, MS, FAAFP, FAAO
Jay Sandweiss, DO
Eric L. Schneider, DO
Piers N. Vigers, DO (UK)

Supporter—$99 or less
Richard H. Armond III, DO
Charles A. Beck, DO, FAAO
Leslie M. Ching, DO
Gail E. Lamb, DO
Cheryl L. Larson, DOMP (Canada)
Laura Liles, DO
Joy L. Palmer, DO
Ian Schofield, DO (UK)

Academy Members Recognized by AOF

During the American Osteopathic Foundation’s annual Honors Banquet on Sept. 16 at the Disneyland Hotel in Anaheim, California, two Academy members were recognized for their contributions to the profession.

Tyler C. Cymet, DO, of Chevy Chase, Maryland, was named a W. Douglas Ward, PhD, Educator of the Year, and Precious L. Barnes, DO, MS, was named Outstanding Resident of the Year in Osteopathic Manipulative Medicine.

Board certified in osteopathic family medicine, Dr. Cymet is the associate vice president for medical education and the chief of clinical education at the American Association of Colleges of Osteopathic Medicine (AACOM). He coordinates and implements AACOM activities related to clinical education from undergraduate medical education through residency with an emphasis on clinical faculty development and coordination. He previously served as a professor at the A.T. Still University-Kirkville (Missouri) College of Osteopathic Medicine, the Kansas City (Missouri) University of Medicine and Biosciences and the Johns Hopkins School of Medicine in Baltimore.

Dr. Barnes has just completed a Plus One residency in neuromusculoskeletal medicine (continued on Page 13)
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis

Jan. 20–22, 2017 • Midwestern University/Arizona College of Osteopathic Medicine in Glendale

A growing number of people are diagnosed with chronic fatigue syndrome, fibromyalgia and other chronic pain conditions. These patients need effective, noninvasive treatments that don’t aggravate their conditions. This course will provide participants the tools to recognize these conditions and their symptoms and to treat those patients.

The principal treatment will be a blend of Dr. Chikly’s lymph and brain techniques. The lymph techniques will include superficial and deeper lymph, mapping and rerouting techniques and some specific viscera work using a lympho-fascia release approach to viscera. The brain techniques will include brainstem, pons, mesencephalon, etc. Specific sacrum intra- or inter-osseous techniques also will be presented.

By the end of the course, participants will be able to identify several chronic pain conditions; describe the comorbidity, known causes, and differential diagnoses of these conditions; explain the importance of the lymphatic system in addressing these conditions; identify megalymphatics in the thorax; and perform lymphatic techniques to release the liver, spleen and small intestines.

Course Director
Bruno J. Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris, where his internship in general medicine included training in endocrinology, surgery, neurology and psychiatry. Dr. Chikly also has the French equivalent of a master’s degree in psychology. He received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a PhD in osteopathy from the Royal University Libre of Brussels in Belgium.

Dr. Chikly is an international renowned educator, lecturer and writer. He is the author of the book Silent Waves: The Theory and Practice of Lymph Drainage Therapy, as well as the creator of a DVD titled Dissection of the Brain and Spinal Cord, and he is working on a book about osteopathic manipulation and the brain. He lives in Scottsdale, Arizona, with his wife and partner, Alaya.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Friday through Sunday from 8 a.m. to 6 p.m.

Meal Information
Breakfast and lunch will be provided each day. Contact AAO Event Planner Gennie Watts with special dietary needs at (317) 879-1881, ext. 220, or GWatts@academyofosteopathy.org.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101
19555 N. 59th Ave., Glendale, AZ 85308

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

<table>
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<tr>
<th>On or before Nov. 19, 2016</th>
<th>Nov. 20, 2016 through Jan. 14, 2017</th>
<th>On or after Jan. 15, 2017</th>
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<td>Academy member in practice*</td>
<td>$970</td>
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<td>Resident or intern member</td>
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<tr>
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<tr>
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<td>$1,020</td>
</tr>
<tr>
<td>Nonmember student</td>
<td>$770</td>
<td>$820</td>
</tr>
</tbody>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form
Osteopathic Management of Chronic Fatigue Syndrome, Fibromyalgia and Multiple Sclerosis
Jan. 20–22, 2017

Name: ___________________________ AOA No.: ________

Nickname for badge: ___________________________

Street address: ___________________________

City: ___________________________ State: _______ ZIP: ___________

Phone: __________________ Fax: __________________

Email: ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _______________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ___________________________

Cardholder’s name: ___________________________

Expiration date: ___________ 3-digit CVV No.: ___________

Billing address (if different): ___________________________

Click here to view the AAO’s cancellation and refund policy.

Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Academy Welcomes 76 New Members

At its meetings on July 24 and Sept. 15, the AAO Board of Trustees reviewed lists of osteopathic physicians who recently joined the Academy. The Academy’s bylaws do not require the Board of Trustees to approve applications from osteopathic physicians who graduated from accredited osteopathic medical schools.

Between Feb. 1 and May 31, 2016, the following 51 members joined the AAO:

David N. Andrews, DO, of Philadelphia
Tina Ashrafzadeh, DO, of Torrance, California
Hovsep Robert Babayan, DO, of Torrance, California
Debra Ann Bjork, DO, of Gaston, South Carolina
Caitlin Marie Blau, DO, of Missoula, Montana
Marta Elisabeth Brinthurst, DO, of Sandusky, Ohio
Hanna Bromberg, DO, of Philadelphia
James R. Brown, DO, of Gainesville, Florida
Kristen Marie Brusky, DO, of Rochester, New York
Jennifer Diane Cavalar, DO, of Augusta, Maine
Angela C. Cavanna, DO, FAOASM, of Middletown, New York
Jacob Joseph Cukierski, BS, DO, of Elma, New York

... Stay humble, for we still have a long way to go to reach the level of our great mentors. We should keep studying hard to advance our careers, and we should enjoy life.”

(continued on Page 14)

AOF honors AAO members
(continued from Page 11)

and osteopathic manipulative medicine (NMM/OMM) at the University of New England College of Osteopathic Medicine in Biddeford, Maine. After graduating from the Philadelphia (Pennsylvania) College of Osteopathic Medicine in 2011, Dr. Barnes went to University Hospital Richmond Medical Center in Richmond Heights, Ohio, to do a traditional internship with an orthopedic focus. Unfortunately, a hold was placed on that program, so she transferred to University Hospital’s family medicine residency.

Dr. Barnes was interviewed in 2015 for “Passing on the Tradition,” and the result of that interview was published in the April 2015 issue of AAO Member News. At that time, Dr. Barnes offered this advice to her peers: “At this point in our careers as young physicians, we are closest to the students. We have the most ‘inside track’ knowledge, and we should mentor students and otherwise help them along. … Stay humble, for we still have a long way to go to reach the level of our great mentors. We should keep studying hard to advance our careers, and we should enjoy life.”

CLASSIFIED ADVERTISEMENTS

NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OREGON

Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for 2017-18 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must finish any type of AOA-approved residency by June 2017. Contact Elizabeth Caron, DO, at ecaron@samhealth.org, or call the Graduate Medical Education Department at (541) 768-4906.

JOIN BUSY OMT PRACTICE IN CO

Extremely busy established OMT practice in Western CO looking for 1 or 2 physicians to join, then take over the practice. Call Osteopathic Treatment Center at (970) 874-9595.

3 NMM+1, 3 NMM/FP POSITIONS AVAILABLE IN SUNNY SOUTH FLORIDA

Larkin Hospital in Miami has 3 NMM+1 residencies that begin in July 2016, October 2016 and January 2017. In addition, there are 3 NMM/FP residency opportunities starting in July 2016. Contact Joel D. Stein, DO, FAAO, at (954) 563-2707 or ommdoc@aol.com for more information.

NMM PLUS 1 RESIDENCY PROGRAM IN SOUTHAMPTON NEW YORK

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, lbarnard@southamptonhospital.org, Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126, or Education Department Secretary Karen Roberts at (631) 726-0409.
New members (continued from Page 13)

Scarlett Custer, DO, of Joplin, Missouri
Vincent Michael Di Santo, DO, of Miami
Christopher Forbush, DO, of Westerville, Ohio
Mason Clark Gasper, DO, of Pawtucket, Rhode Island
Jeffrey Gazzara Jr., DO, of Muskegon, Michigan
Morgan Goss, DO, of Bradenton, Florida
Michelle Rose Grana, DO, of Athens, Alabama
Tyler Guy Haskell, DO, of Gainesville, Florida
Carrie Hempel, DO, of Baltimore
Emiko Ishihara, DO, of Loma Linda, California
David W. Johnson, DO, of Sunnyside, Washington
Grady E. Kaiser, DO, of Rockville, Maryland
Robert W. Kawa, DO, of Jacksonville, Florida
Anthony Mario King, DO, of Livonia, Michigan
Julia M. King, DO, of Loma Linda, California
Neil Isaac Kirschbaum, DO, of Bradenton, Florida
Andrew S. Knecht, DO, of Camp LeJeune, North Carolina
Andrea Renee Kurz, DO, of Las Vegas
Anna Lobzova, DO, of Bronx, New York
Royal Lomblot, DO, of San Diego
Crystal Alexandra Laura Martin, DO, of Cleveland, New York
Deborah Monteforte, DO, of Watchung, Nevada
Chau Hoang Minh Nguyen, DO, of Telford, Pennsylvania
Ndidi Nkemakonam Nwamu, DO, of Orlando, Florida
Anjali N. Patel, DO, of New York
Katherine West Pearson, DO, of Washougal, Washington
Jonathan C. Peters, DO, of Augusta, Maine
Mary Elizabeth Queener Platt, DO, of Tacoma, Washington
Jose Luis Prieto, DO, of Winter Haven, Florida
Mark E. Reddington, DO, of Seymour, Tennessee
Justin Michael Rutt, DO, of Lansing, Michigan
Pratik Shah, DO, of Dothan, Alabama
Crystal Lynn Stokes, DO, of Orlando, Florida
Suzanne Supplee, DO, of Orlando, Florida
Benjamin Golden Thomasson, DO, of Lake Mary, Florida
Amy E. Vagedes, DO, of Columbus, Ohio
Brittany S. Wagner, DO, of Baton Rouge, Louisiana
Dianna Y. Yang, DO, of Orlando, Florida
Eric Yuan, DO, of East Meadow, New York

Between June 1 and July 31, 2016, the following 22 members joined the AAO:

Matthew Jay Boeve, DO, of Wyoming, Michigan
Hans Christian Brunntmyer, DO, MPH, of New Brunfels, Texas
Lawrence Andrew Lim Chan, DO, of Johnstown, Pennsylvania
Parul Chaudhri, DO, of Pittsburgh
Alice I. Chen, DO, of Bronx, New York
Kayla Marie Damron, DO, of Pikeville, Kentucky
Julia Fleet, DO, of Pittsfield, Massachusetts
Leah D. Frank, DO, of Orlando, Florida
Amrion Fatima Ghouse, DO, of Farmington Hills, Michigan
Kristin Marie Guerrette, DO, of Bangor, Maine
Amber Maia Hayden, DO, of Lewiston, Maine
Hans Christian Hennenhoefer, DO, of Lewisburg, West Virginia
Andrew M. Levin, DO, of Lewiston, Maine
Brittany Denise Lower, DO, of Philadelphia
Samuel Douglas Madore, DO, of Waterville, Maine
Judith Marianna Magloczki, DO, of Southampton, New York
Rebecca Schellinger, DO, of Bangor, Maine
Amy Joy Selwach, DO, of Orlando, Florida
Selim W. Sheikh, DO, BA, of Columbus, Ohio
Courtney Elizabeth Thompson, DO, of Pikeville, Kentucky
Nichole Monique Thorsvik, DO, of Bronx, New York
Eren R. Ural, DO, of Lewisburg, West Virginia

In addition, the board approved applications on July 24 for one new associate member and one new international member: Jeri L. Penkava, MD, of San Antonio, and Judith Wheat, PhD, of Front Royal, Virginia, respectively. On Sept. 15, the board approved the application for Thomas Stuart Weed, MD, of Salt Lake City to join the Academy as an associate member.

These numbers represent almost a 25 percent increase over the 61 new members who joined the Academy between Feb. 1 and July 31, 2015. Academy members are strongly encouraged to promote AAO membership to their peers, reminding people of the benefits of membership. The more members who support the AAO, the more member benefits the Academy can provide.
GET INVOLVED

The AAO Journal needs your talents.

The AAOJ needs...

• reviewers to participate in blinded peer reviews.

• osteopathic clinicians to write up osteopathic techniques, tips or variations they employ that may be published in a developing feature section of the AAOJ.

• specialists to develop osteopathic responses to articles published in nonosteopathic literature. For example, how would the osteopathic approach contribute to studies published in other scientific journals or featured in news articles?

For more information, email AAOJ Editor-in-Chief Brian E. Kaufman, DO, FACOI, FACP, at editoraaoj@gmail.com.
Members in the News

The September and October 2016 issues of The Journal of the American Osteopathic Association published four contributions co-written by Academy members. Those articles are described in the chart below.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title of article</th>
<th>Description</th>
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<tbody>
<tr>
<td>John R. Gimpel, DO, MEd, FACOFP, of Conshocken, Pennsylvania</td>
<td>September 2016</td>
<td>Redefining Competency Domains for Osteopathic Medical Practice</td>
<td>In this editorial, Dr. Gimpel discusses The Fundamental Osteopathic Medical Competency Domains 2016 (FOMCD 2016), which was recently released by the National Board of Osteopathic Medical Examiners (NBOME). FOMCD 2016 represents the NBOME’s most recent work: facilitating expert consensus on the required elements and measured outcomes for seven core competency domains as related to the practice of osteopathic medicine.</td>
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<td>Brian F. Degenhardt, DO, of Kirksville, Missouri</td>
<td>September 2016</td>
<td>Multicenter Osteopathic Pneumonia Study in the Elderly: Subgroup Analysis on Hospital Length of Stay, Ventilator-Dependent Respiratory Failure Rate, and In-hospital Mortality Rate</td>
<td>In this multicenter randomized controlled trial of 387 patients aged 50 years or older who met specific criteria for pneumonia when they were admitted to any of seven participating community hospitals, results showed that adjunctive osteopathic manipulative treatment and light touch both reduced hospital length of stay relative to conventional care.</td>
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<td>Millicent King Channell, DO, FAAO, of Stratford, New Jersey</td>
<td>September 2016</td>
<td>Teaching and Assessment of High-Velocity, Low-Amplitude Techniques for the Spine in Predoctoral Medical Education</td>
<td>Dr. Channell discusses the pressing need for standard criteria for teaching methods and assessments of osteopathic manipulative treatment competence in colleges of osteopathic medicine, especially in light of the single graduate medical education pathway.</td>
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<td>Torsten Liem, DO (Germany), of Hamburg, Germany</td>
<td>October 2016</td>
<td>A.T. Still’s Osteopathic Lesion Theory and Evidence-Based Models Supporting the Emerged Concept of Somatic Dysfunction</td>
<td>In this article, the author examines the evolution of Dr. Still’s idea of lesion to today’s idea of somatic dysfunction.</td>
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In a July 25 article on The DO reporting the formation of a task force to examine the American Osteopathic Association’s certification processes, AOA President Boyd R. Buser, DO, FACOFP, assures readers that AOA certification isn’t going anywhere but rather it’s becoming more open and welcoming MDs interested in osteopathic certification. “AOA board certification signifies the highest quality standard for physicians trained to practice through osteopathic principles,” Dr. Buser told The DO.

SAAO member Alexander Iwan Ludwig, OMS II, was one of 17 students from the Michigan State University College of Osteopathic Medicine in East Lansing who led a boot camp to help prevent and raise awareness of childhood obesity. MSUCOM partnered with the Community Health and Social Services Center in Detroit to help local children with a body mass index greater than 35, providing education and a full day of exercise and balanced meals. Ludwig is the president of the Detroit Street Care Volunteer Medical Clinic.

Hugh M. Ettlinger, DO, FAAO, and Zinaida Pelkey, DO, were named Fellows of the Cranial Academy (FCA) at the annual meeting of the Osteopathic Cranial Academy, which was held June 18, 2016, at the Crown Plaza Redondo Beach in California.

Also at the Osteopathic Cranial Academy’s June meeting, Annette E. Hulse, DO, received the OCA’s Exceptional Service Award in recognition of her contributions to the OCA. Dr. Hulse was instrumental in the OCA’s strategic planning, MD survey and the new OCA website. She has served on the OCA’s Board of Directors since 2015. She was a table trainer at the 2015 Midwinter Introductory Course, and she chaired the IT and Marketing Committees.

Itsuji Yamamoto, DO, a supporting member of the AAO from Japan, was one of three physicians who successfully completed the Osteopathic Cranial Academy’s exam for the International Certificate of Proficiency in Osteopathy in the Cranial Field that was administered at the Crown Plaza Redondo Beach immediately preceding the OCA’s annual conference there.


(continued on Page 17)
Daniel A. Ronsman, DO (UK), delivered the 2016 Sutherland Memorial Lecture on June 18 at the Crowne Plaza Redondo Beach in California. (Photo by Lauren Good)

The text of the 2016 Sutherland Memorial Lecture that Daniel A. Ronsmans, DO (UK), delivered at the Osteopathic Cranial Academy’s conference on June 18 can be found in the August 2016 issue of The Cranial Letter. In his lecture, Dr. Ronsmans described the path he followed to join the osteopathic profession. Of his experiences, Dr. Ronsmans said, “These are relevant to today’s discussion, as my career path … reflects that of many practitioners outside the United States who decided to change their approach and become osteopaths or osteopathic physicians.”

In “A Dance Medicine Doctor Tackles High Heel Harm” from Doctors That DO, Sajid A. Surve, DO, talks about how high heels compromise the wearer’s musculoskeletal system, and he provides exercises for patients who wear high heels. Dr. Surve is the co-director of the Texas Center for Performing Arts Health, and he is an associate professor at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth so that he could provide care to places like his hometown.

Laura M. Rosch, DO, of Wheaton, Illinois, addresses common causes of excessive nighttime sweating and how to combat it in “Night Sweats” from Doctors That DO. Dr. Rosch specializes in osteopathic internal medicine, and she has represented Illinois for several years at the American Osteopathic Association’s annual House of Delegates.

At the Michigan Osteopathic Association’s fall convention, AAO member John E. Bodell, DO, FACOS, FAACS, will lead a panel discussion on pain management and opioid issues on Saturday, Nov. 5, at the Amway Grand Plaza in Grand Rapids.

SAAO member Antonio Moreno Flores, OMS IV, was named Student Doctor of the Year by the Texas Osteopathic Medical Association. After growing up in rural Texas, Flores pursued an osteopathic medical degree at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth so that he could provide care to places like his hometown.

Dr. Barbour Assists at 2016 Disabled Water Ski National Championships

Keith R. Barbour, DO, of Monroe, Michigan, is the team physician for the 24th Disabled Water Ski National Championships, which will be held Oct. 12-16 at SkyView Lake in Harmony, North Carolina.

This competition will include more than 30 disabled water ski athletes from across the United States and Canada.

The tournament will offer slalom, tricks and jumping events for vision impaired individuals (blind or partially sighted), multiplegics (paraplegics and quadriplegics), leg amputees (above and below the knee), arm amputees, and athletes with both arm and leg disabilities. The skiers in the latter three categories compete with the same water ski equipment used by able-bodied athletes and have the option of using a prosthesis.

2015 AAO Convocation Profiled

After the AAO’s 2015 Convocation in Louisville, Kentucky, Kerry Churchill wrote about the event for the Summer 2015 issue of Yoga Therapy Today, a publication of the International Association of Yoga Therapists.

Churchill, a certified YogaNurse, had previously attended a two-day event led by Matthew Sanford, a featured speaker at the 2015 Convocation, and she was intrigued to hear how he would present his ideas at an event for health care providers. A car accident left Sanford a paraplegic at the age of 13, and he struggled with his physicality until he discovered yoga 12 years later, when he finally felt reconnected to his whole body. He has dedicated his career to helping people realize the practical importance of mind-body integration, and Churchill was intrigued to see how physicians would react to his ideas.

In her article, Churchill introduced readers to the idea of osteopathic medicine and the tenet that the body can heal itself. She also reported that she felt outrageously welcomed by the osteopathic community, and she was impressed with the open-mindedness she found at Convocation.

Her article focuses on how Sanford presented his ideas and on her experiences during the breakout sessions he led.

Dr. Barbour owns and operates Rehabilitation Specialists of Monroe, a medical facility dedicated to providing for the increasing wellness of individual, family and community through the holistic delivery of osteopathic physical medicine and related wellness programs.
H.E.A.R.T. Module 2 Available Online

The American Osteopathic Association has partnered with the Erikson Institute to address early childhood development to present “All It Takes Is H.E.A.R.T.” (Hug, Engage, Ask, Read, Talk). The second of three educational modules is now available for physicians and medical students.

Module two, “Social-emotional Development” focuses on promoting optimal social-emotional development, differentiating between typical and atypical child social-emotional development, and knowing when to make a referral. This activity has been approved for 2 AOA Category 1-B CME credits.

Module one, “Enhancing Communication Using Facilitating Attuned Interactions (the FAN),” also is available.

The third module will address protective resources and risk factors, and it will be available in December.

News from the American Osteopathic Association

2015 Open Payments Data

Although the 2015 Open Payments data is already public, you can still review and dispute records in the Open Payments System until Dec. 31, 2016.

Physicians or authorized staff representatives should check their data every year—even if they don’t think there’s data reported on them. Drug or device companies can submit older data from previous years. And, although the data is old, if it is the first time it has been published, you still have until the end of the year to review and dispute if necessary. If there’s anything inaccurate, make sure you dispute it quickly. This will let drug and device companies know that you disagree with their records and give you a chance to resolve the dispute.

If you need help with the data review and dispute process, or have any questions about how Open Payments works, you can email the Centers for Medicare and Medicaid Services’ Open Payments Help Desk at open-payments@cms.hhs.gov. For live assistance, you can call Help Desk Support at 1-855-326-8366. Find step by step guides, including the review and dispute guide, and more information at cms.gov/openpayments.

2016 PQRS Reporting

If you have not been participating in PQRS now is the time to start.

The Physician Quality Reporting System (PQRS) represents a basic shift for Centers for Medicare and Medicaid Services (CMS) reimbursement from fee-for-service to pay-for-performance using CMS-approved clinical pathways and quality metrics. Recently, the Medicare Access and Children’s Health Insurance Program Reauthorization Act of 2015 (MACRA) was passed to reform Medicare payments. The focus is to incentivize participation in quality programs through a Merit-Based Incentive Payment System (MIPS) or Alternative Payment Model (APM).

In 2019, the PQRS, Meaningful Use, and Value-Based Payment Modifier programs will be incorporated into MIPS. The physician’s composite MIPS score will be based on four categories: quality, resource use, meaningful use of electronic health records, and clinical practice improvement activities. Although the current programs do not sunset until the end of 2018, CMS will begin measuring quality in 2017 as the performance year serving as the basis for calculation of the MIPS composite score threshold and individual rating in 2019.

Users must log in to access the modules.

In addition to CME credits for each module, physicians who complete all three modules will receive a professional development certificate from the Erikson Institute. Medical students successfully completing all three modules are also eligible for the professional development certificate.

To access Modules 1 and 2, go to minerva.osteopathic.org.

Visit www.cms.gov to learn more, or download the 2016 PQRS Implementation Guide to get started.

Joint Advocacy Comment Letter Sent in Response to Missouri Associate Physician Proposed Rules

In response to a 2014 Missouri law that created the “Associate Physician” (AP) designation to allow medical school graduates who did not match into a residency program to practice, the Missouri Board of Healing Arts issued a final proposed rule regulating AP licensure. The AOA convened and hosted an AP Summit in March to discuss concerns and implications of this new designation. As a result, a coalition was formed, and a consensus statement was adopted. As part of the AOA’s continued advocacy and outreach, the AOA, several osteopathic affiliates, and other stakeholders including all of the in-state medical schools (DO and MD) sent a comment letter this week. While the AOA is committed to working with states to address physician workforce shortages, they are concerned with the creation of a new type of health care provider, and they strongly urged the Board to restrict AP licensure renewals to two years. The AOA believes this will provide APs with a pathway to continue to develop their skills as they seek a residency position leading to

(continued on Page 19)
AOA news (continued from Page 18)

full medical licensure and practice. The AOA will continue to monitor this issue in Missouri and across the country. If you have questions or are aware of a similar proposal taking shape in your state, please contact Nick Schilligo, AVP-AOA State Government Affairs, at nschilligo@osteopathic.org.

One-Year Grace Period for ICD-10 Ended Oct. 1, 2016

In July of 2015 the Centers for Medicare and Medicaid Services (CMS) announced a one-year grace period on ICD-10 code selection in an effort to help physicians adapt to ICD-10.

During the grace period, Medicare review contractors would not deny claims based solely on the specificity of the ICD-10 diagnosis code as long as the clinician used a valid code from the right family. CMS has stated that this grace period will not be extended. To avoid unnecessary denials, make sure you are always coding to the highest level of specificity and do not use an unspecified diagnostic code when a code exists for the clinical documentation provided.

A complete list of the 2016 ICD-10-CM valid codes and codes titles is posted on the CMS website. The codes are listed in tabular order to reflect the ICD-10-CM code book. Also available is the 2017 ICD-10-CM updated diagnosis code set for services provided on or after Oct. 1, 2016.

Connect With AAO Online

Dissection of the Brain & Spinal Cord (Neuraxis)
Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT

In the DVD *Dissection of the Brain and Spinal Cord (Neuraxis)*, Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT, present a detailed and explicit evaluation of the specific structures of the central nervous system. They start by helping viewers to orient themselves to a brain model before shifting to a systematic explanation of each dissection cut. Each structure is carefully labeled with English and Latin anatomical terminology. The 14 chapters of this DVD are an amazing introduction to the complex structures and terminology of neuroscience.

Dr. Chikly is a graduate of the medical school at St. Antoine Hospital in Paris. A registered osteopath in France, Dr. Chikly received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a doctoral degree in osteopathy from the Royal University Libre of Brussels in Belgium.

Alaya Chikly, LMT, is the developer of Heart Centered Therapy, an approach that addresses the emotional component of disease.

1 hour, 38 minutes; $85

10% discount for AAO members • www.academyofosteopathy.org
2017 Convocation

March 22-26, 2017 • The Broadmoor • Colorado Springs

Pre-Convocation Courses

March 18-21, 2017
Pre-Convocation course:
The Strategic Crossroads of the Body
Course director: Kenneth J. Lossing, DO
Featured speaker: Jean-Pierre Barral, DO (UK)
32 credits of NMM-specific
AOA Category 1-A CME anticipated

March 19-21, 2017
Pre-Convocation course:
Fascial Distortion Model: Axial Spine
Course director: Todd A. Capistrant, DO, MHA
24 credits of NMM specific
AOA Category 1-A CME anticipated

March 19-21, 2017
Pre-Convocation course:
Brain 1: Palpating and Treating the Brain,
Brain Nuclei, White Matter and Spinal Cord
Course director: Bruno J. Chikly, MD, DO (France)
24 credits of NMM specific
AOA Category 1-A CME anticipated

March 22, 2017
Pre-Convocation course:
Cervical Glymphatics
Course director: Frank Willard, PhD
4 credits of NMM specific
AOA Category 1-A CME anticipated

2017 Convocation
The Balance Point:
Bringing the Science and Art of Osteopathic Medicine Together

Natalie Ann Nevins, DO, program chair

www.academyofosteopathy.org
Course Description
Peritoneal and fascial fibers intertwine at certain well-defined inter-
sections in the body. These crossroads help configure and protect
the adjoining of limbs, where arteries, nerves, muscles and tendons
naturally change direction.
At the viscera, intertwining fibers are mainly found where two
organs meet, where any sort of excretory pathway connects to an
organ, and as structures pass through or attach to the diaphragm.
While peritoneal and fascia fibers are naturally thicker at these
locations, they can become fibrotic following surgery, infection or
trauma. In such instances, neurovascular and visceral systems are
at risk of compression.
This seminar provides an inventory of the most superficial and
accessible of these intersections, and the neurovascular bundles
that go through these strategic locations. Specific tensions can be
released with precise techniques.

Course Times and Meal Information
Saturday through Tuesday from 9 a.m. to 6:30 p.m.
Breakfast and lunch are on your own. Coffee and tea will be provided.

Continuing Medical Education
32 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Location
The Broadmoor, 1 Lake Avenue, Colorado Springs, CO 80906
Reservations: (800) 634-7711, 7 a.m. to 9 p.m. (Mountain time).
Mention the AAO’s Convocation to get the best rate.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975
or globallyyourstravel@cox.net.

Registration Form
Pre-Convocation Course—
The Strategic Crossroads of the Body
March 18-21, 2017
Name: ___________________________ AOA No.: ____________
Nickname for badge: __________________________
Street address: __________________________
City: ___________________________ State: _____ ZIP: ____________
Phone: ___________________________ Fax: __________________________
Email: ____________________________
I hereby authorize the American Academy of Osteopathy to charge the above
credit card for the amount of the course registration.
Signature: ____________________________

Featured Speaker
Jean-Pierre Barral, DO (UK), earned his diploma in
osteopathic medicine in 1974 from the European
School of Osteopathy in Maidstone, England.
Barral developed the modality of visceral
manipulation based on his innovative theory that
each internal organ rotates on a physiological
axis. In collaboration with Alain Croibier, DO (France), Barral has
also developed the modalities of neural manipulation and global
joint treatment based on their on-going clinical research. He is
the curriculum developer for the Barral Institute, and he has
maintained a private practice in Grenoble, France, since 1999.

Course Director
Kenneth J. Lossing, DO, has studied visceral
manipulation with Jean-Pierre Barral, DO (UK), for
30 years. An internationally recognized lecturer,
Dr. Lossing contributed to the second and third
editions of the American Osteopathic Association’s
Foundations of Osteopathic Medicine textbook. He
also served as the AAO’s 2014-15 president.

Registration Fees
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<th>On or before Jan. 15, 2017</th>
<th>After Jan. 15, 2017</th>
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<tbody>
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<td>With Conv</td>
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* The AAO’s associate members, international affiliates and supporter members
are entitled to register at the same fees as full members.

Online registration coming soon. Submit this registration form and your payment by email
to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy,
3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
This is an advanced class that explores different paradigms by working extensively with the brain parenchyma, its gray matter and its white substance. This Level 5 course trains health care professionals to address the physiology and specific structures of the brain and spinal cord. These structures are often unaddressed key or other primary somatic dysfunctions.

Participants will learn techniques for the whole ventricular fluid system and the brain parenchyma. They also will discuss the major components (nuclei) of the brain and learn different techniques to help release them, including corpus callosum, fornix, thalamus, putamen, globus pallidus, caudate nucleus, amygdaloid bodies, hippocampus, mamillary bodies, red nucleus, substantia nigra, pituitary, hypothalamus, cerebellum and associated nuclei.

Prerequisite
Registrants are required to have previously completed a 40-credit introductory course in osteopathic cranial manual manipulation approved by The Osteopathic Cranial Academy.

Course Times and Meal Information
Sunday through Tuesday from 8 a.m. to 5:30 p.m.
Breakfast and lunch are on your own. Coffee and tea will be provided.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME are anticipated.

Course Location
The Broadmoor, 1 Lake Avenue, Colorado Springs, CO 80906
Reservations: (800) 634-7711, 7 a.m. to 9 p.m. (Mountain time).
Mention the AAO’s Convocation to get the best rate.

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature:

Registration Form
Pre-Convocation Course—Brain 1: Palpating and Treating the Brain, Brain Nuclei, White Matter and Spinal Cord
March 19-21, 2017

Name: ___________________________ AOA No.: ____________

Nickname for badge: ____________________________

Street address: ____________________________

City: ____________________________ State: _______, ZIP: ____________

Phone: ____________________________ Fax: ____________________________

Email: ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature:

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Course Description
FDM is a model of thinking that provides a framework to view the function of the body and the expression of pain. Fascia can be viewed as the “wrapper” of our bones, muscles, and organs. It is an integral part of the body’s nerve network.

FDM treatments restore the fascia’s function by focusing on correcting distortions in the fascial system and thereby eliminating pain. The FDM provides clinicians another model in which to view the body and another tool in the battle against musculoskeletal pain. FDM expands the capability of traditional osteopathic modalities by specifically addressing the fascia and the distortions which are identified.

Addressing fascial distortions can provide dramatic results by addressing the biotensegrity of the body. The FDM is driven by a patient’s body language, verbal description, and the provider’s underlying understanding of the fascial distortions and their impact on the whole system.

In this course, participants will learn how to apply FDM modalities to the ankle, shoulder and knee.

Course Times and Meal Information
Sunday through Tuesday from 8 a.m. to 5:30 p.m. Breakfast and lunch are on your own. Coffee and tea will be provided.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME are anticipated.

Course Location
The Broadmoor, 1 Lake Avenue, Colorado Springs, CO 80906
Reservations: (800) 634-7711, 7 a.m. to 9 p.m. (Mountain time). Mention the AAO’s Convocation to get the best rate.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
Pre-Convocation Course—Fascial Distortion Model: Axial Spine
March 19-21, 2017

Name: ___________________________ AOA No.: __________
Nickname for badge: ___________________________
Street address: ________________________________________________________________
City: __________ State: _______ ZIP: __________
Phone: __________ Fax: __________
Email: ___________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I will attend the AAO’s 2017 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________
Cardholder’s name: ___________________________
Expiration date: _____________ 3-digit CVV No.: ____________
Billing address (if different):
________________________________________

☐ I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

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Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Oct. 7-9, 2016
Sutherland Cranial Teaching Foundation
The Eye
Course director: Michael P. Burruano, DO, FCA
University of New England College of Osteopathic Medicine in Biddeford, Maine
Learn more and register at www.sctf.com.

Oct. 8, 2016
Osteopathy’s Promise to Children
OMT for Systemic Disorders and Physiological Functions: Gastrointestinal and Nervous Systems
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center, San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at www.the-promise.org/cme.

Oct. 21-24, 2016
Michigan State University College of Osteopathic Medicine
Exercise Prescription as a Complement to Manual Medicine
Course director: Mark Bookhout, PT
Course faculty: Lisa Chase, PT
East Lansing, Michigan
26 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu.

Nov. 4-6, 2016
Osteopathy’s Promise to Children
A Sequential Approach to Pediatric Osteopathy
Course director: Mary Anne Morelli Haskell, DO, FACOP
Osteopathic Center, San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at www.the-promise.org.

Nov. 4-8, 2016
Michigan State University College of Osteopathic Medicine
Advanced Muscle Energy With Clinical Correlations
Course director: Carl W. Steele, DO, PT
Course faculty: Edward Isaacs, MD, and Mark Bookhout, MS, PT
East Lansing, Michigan
34 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Nov. 11-13, 2016
American Fascial Distortion Model Association
Introduction to the Fascial Distortion Model, Module 1
Course director: Todd A. Capistrant, DO, MHA
University of the Incarnate Word
School of Osteopathic Medicine
San Antonio
20 credits of AOA Category 1-A CME anticipated
Learn more and register at www.afDMA.com.

Nov. 12-13, 2016
Arizona Osteopathic Medical Association
36th Annual Fall Seminar
Hilton Tucson El Conquistador Resort
Arizona
13 credits of AOA Category 1-A CME anticipated
Learn more and register at www.az-osteo.org.

Dec. 1, 2016
Indiana Osteopathic Association
Preconference OMT Workshop
Sheraton Hotel at Keystone Crossing
Indianapolis
8 credits of AOA Category 1-A CME anticipated
Learn more and register at www.inosteo.org.

Dec. 2-3, 2016
Indiana Osteopathic Association
35th Annual Winter Update
Sheraton Hotel at Keystone Crossing
Indianapolis
25 credits of AOA Category 1-A CME anticipated
Learn more and register at www.inosteo.org.

Dec. 2-5, 2016
Michigan State University College of Osteopathic Medicine
Principles of Manual Medicine
Course director: Lisa Ann DeStefano, DO
Course faculty: Larry Nassar, DO; Rob Dowling, DPT; Jacob Rowan, DO; and Logan Cooper, PT
East Lansing, Michigan
28 credits of AOA Category 1-A CME anticipated
Learn more and register at www.com.msu.edu.

Jan. 20-22, 2017
American Fascial Distortion Model Association
Introduction to the Fascial Distortion Model, Module 1
Course director: Todd A. Capistrant, DO, MHA
Northbay Vaca Valley Wellness Center
Vacaville, California
20 credits of AOA Category 1-A CME anticipated
Learn more and register at www.afDMA.com.

Visit www.academyofosteo.org for additional listings.