A Message From the Interim Executive Director

These first few months as the AAO’s interim executive director have been filled with opportunities to assist the AAO Board of Trustees in advancing the Academy and the osteopathic medical profession.

The first charge was to complete the final planning of this year’s 2016 AAO Convocation in Orlando, Florida. Convocation week began with “Evidence-Based Visceral Function and Dysfunction With 3D Anatomy” on Saturday, March 12. Kenneth J. Lossing, DO, and Stefan Hagopian, DO, FAAO, led this four-day course where 80 attendees of all experience levels learned techniques for palpating, diagnosing and treating patients with a variety of visceral dysfunctions.

During the following two days, AAO held two interactive workshops, “Fascial Distortion Model: Treating Upper and Lower Extremities and the Head Region” with Todd A. Capistrant, DO, MHA, and “Brain 2: Brain Tissue, Nuclei, Fluid and Reticular Alarm System (RAS)” with Bruno J. Chikly, MD, DO (France). In Dr. Capistrant’s three-day course, 50 attendees explored the FDM in relation to headaches and temporomandibular joint disorders, and he addressed the FDM’s role in treating patients with upper and lower extremity injuries. Dr. Chikly’s three-day course provided almost 40 attendees the opportunity to learn hands-on techniques to effectively release many primary restrictions that can affect the whole body.

While the pre-Convocation courses continued on Tuesday, March 16, the AAO’s Committee on Fellowship met to review and finalize changes for the requirements in the candidate handbook and for the revised application date. In addition, one-on-one candidate interviews gave the four candidates the opportunity to discuss their qualifications and experiences.

AAO at OMED:
Neuromusculoskeletal Medicine in the 21st Century

The American Osteopathic Association will hold its annual Osteopathic Medical Conference and Exposition in Anaheim, California, Sept. 17-20. At the AAO’s program, chaired by Daniel G. Williams, DO, and running Sept. 17-19, attendees will learn about emerging concepts in the field of manual medicine, including medical imaging and musculoskeletal evaluation and treatment, as they relate to the disciplines of neuromusculoskeletal medicine, sports medicine, family medicine and pediatrics. Speakers include Shawn R. Kerger, DO, FAOASM, Richard G. Schuster, DO; Stacey Pierce-Talsma, DO, MS, FNAOME; Kenneth J. Lossing, DO; Lisa Ann DeStefano, DO; Priscilla Tu, DO, and more. In addition, Martin S. Levine, DO, MPH, will deliver the 43rd annual Thomas L. Northup Lecture.

When you register for OMED, be sure to select the Academy as one of the specialty colleges whose lectures you will attend. By doing so, you will automatically earn NMM-specific continuing medical education credit. You also will ensure that the Academy receives its share of your registration fee, which the AAO uses to cover speakers’ travel costs and other expenses. Although you are allowed to select up to four specialty colleges, the fewer you select, the more the Academy shares in your registration fee.

OMED will take place at the Anaheim (California) Convention Center Sept. 17-20.
Interim executive director’s message (continued from Page 1)

dates opportunities to discuss their theses with the committee and to ask questions.

Wednesday, March 16, proved to be a busy day for Doris B. Newman, DO, FAAO, as she held her final AAO Board of Trustees meeting as the Academy’s president. Members of the American Osteopathic Association’s (AOA) Executive Committee attended to have open conversations with the AAO’s board members and so that the leaders could provide mutual updates on shared interests.

Following that Board of Trustees’ meeting, Dr. Newman led the Board of Governors’ meeting where the board approved the Committee on Fellowship’s recommendation to confer fellowship on Janice Upton Blumer, DO. Dr. Blumer received her FAAO medallion at the president’s banquet on Saturday, March 19.

Millicent King Channell, DO, FAAO, the program chair of the 2016 Convocation, did a wonderful job of bringing together the best of the best for this year’s program. We had over 1,400 attendees and guests travel through the Rosen Shingle Creek conference center, which proved to be an excellent site for the event.

Given the record number of registrations for the 2016 Convocation, I will be working with Gennie Watts, the AAO’s event planner, to review the contracts for next year to ensure we have space to accommodate our growing numbers.

The Osteopathic Education Service also delivered record numbers this year. Faithfully led by Clay Walsh, DO, and Nate DeLisi, DO, BA, 60 volunteers provided more than 230 personalized, hands-on demonstrations of OMM. Thank you for ensuring that we can offer this distinctive service each year. We had great reviews, and a large number of participants look forward to attending this event very year. Thank you to everyone who lent a treating hand.

Newly-elected AAO President Laura E. Griffin, DO, FAAO, concluded the evening of Saturday, March 19, with the president’s banquet, where she emphasized the importance of service. Watch Dr. Griffin’s inaugural address online. A dance party for students and physicians immediately followed the banquet, with a good-natured dance competition hosted by Michael A. Seffinger, DO, FAAFP.

On a personal note, I would like to personally express my appreciation to the AAO Board of Trustees for having the faith in me to move forward with the Academy’s strategic plan and goals for the future, to the AAO Board of Governors and the Academy members for your support and words of encouragement, and to the AAO staff and volunteers for the hard work and dedication to make everything run smoothly with all the last minute changes. Without each of you, this program would not have been a success.

Thank you, Gennie Watts, who became the AAO’s event planner on Jan. 6, just a few months ahead of Convocation; Debbie Cole; Lauren Good; Amber Rausch; Kathleen Brennan; Diana Finley; Vicki Clarke; Brooke Lamb and Michael Dorsey. My thanks go to Susan Lightle for holding down the fort in the Indianapolis office. And I thank Charles A. Beck, DO, FAAO; Michael P. Rowane, DO, MS, FAAO, FAAFP; and Nate DeLisi, DO, BA, for being the AAO’s official photographers for the week.

While we are still wrapping up Convocation details—like reviewing survey responses—the AAO staff is turning its collective attention to the upcoming AAO program at OMED, “Osteopathic Neuromusculoskeletal Medicine in the 21st Century,” chaired by Daniel G. Williams, DO. Mark your calendars for Sept. 17-19, and watch social...
# AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

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<thead>
<tr>
<th>2016</th>
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<tr>
<td><strong>May 10</strong></td>
<td><strong>Oct. 21-23</strong></td>
<td><strong>Dec. 1</strong></td>
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<tr>
<td>AAO Membership Committee’s teleconference—9 p.m. Eastern</td>
<td>What’s the Point? Multi-faceted Clinical Approaches to Viscerosomatic Reflexes—Michael L. Kuchera, DO, FAAO, course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale</td>
<td>FAAO applications due</td>
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<tr>
<td><strong>May 30</strong></td>
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<td>Memorial Day—AAO office closed</td>
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<td><strong>June 15</strong></td>
<td><strong>June 16-19</strong></td>
<td><strong>Dec. 2-4</strong></td>
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<tr>
<td>Committee on Fellowship in the AAO’s teleconference—8:30 p.m. Eastern</td>
<td>Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth (This course is being supported in part by the AAO’s Samuel V. Robuck Fund.)</td>
<td>Fulford’s Advanced Percussion Hammer—Richard W. Koss, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth</td>
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<td><strong>June 16-19</strong></td>
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<td><strong>Dec. 2-4</strong></td>
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<td><strong>July 4</strong></td>
<td><strong>July 18-25</strong></td>
<td><strong>Dec. 20</strong></td>
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<tr>
<td>Independence Day—AAO office closed</td>
<td>AOA annual business meeting—Chicago Marriott Downtown Magnificent Mile</td>
<td>Committee on Fellowship in the AAO’s teleconference—8:30 p.m. Eastern</td>
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<td><strong>July 24-25</strong></td>
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<td>AAO Board of Trustees’ meeting—Chicago Marriott Downtown Magnificent Mile</td>
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<td><strong>July 29-31</strong></td>
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<td>Walking Toward Health: New Evaluations in Gait—Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, course directors—Pyramid Three in Indianapolis</td>
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<td><strong>Aug. 5-6</strong></td>
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<td>AAO Education Committee’s meeting—AAO office in Indianapolis</td>
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<td>Committee on Fellowship in the AAO’s teleconference—8:30 p.m. Eastern</td>
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<td><strong>Sept. 4</strong></td>
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<td>Labor Day—AAO office closed</td>
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<td><strong>Sept. 15</strong></td>
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<tr>
<td>AAO Board of Trustees’ meeting—Anaheim, California</td>
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<td><strong>Sept. 16</strong></td>
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<td>AAO Leadership Forum—Anaheim, California</td>
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<td><strong>Sept. 17-19</strong></td>
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<td>AAO at OMED: Osteopathic Neuromusculoskeletal Medicine in the 21st Century—Daniel G. Williams, DO, program chair—Anaheim (California) Convention Center</td>
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<td><strong>Oct. 15</strong></td>
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<td>Committee on Fellowship in the AAO’s meeting—AAO office in Indianapolis</td>
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## OMT/Physical Medicine Clinic in Boulder, Colorado, Seeks Full- or Part-time Physician for Growing Practice

We are a small multi-disciplinary physical medicine clinic that specializes in head and neck pain and opioid minimizing pain management. We are located in the foothills of Boulder, Colorado, and are looking for a full/part time physician for our growing practice. The successful candidate will be thoroughly skilled and board certified/eligible in the OMT skills of Neuromusculoskeletal Medicine with an additional skill set in peripheral injections including trigger points, peripheral nerve blocks and prolotherapy type techniques for enthesopathy. Our clinic philosophies are anchored in central and peripheral sensitization theory with a heavy reliance on trigeminocervical axis principles, and candidates should have familiarity with or a willingness to learn the application of these theories. We are an outpatient clinic with an excellent work environment overlooking Boulder’s Flatirons Mountains. We offer excellent salary and benefits for a well-qualified applicant.

Send C.V. with cover letter and references to:
Louise Thomas, Office Manager,
louise@creeksidemedical.com.

May 2016

AAO Member News
Introduction to Osteopathic Manipulative Medicine

June 16–19, 2016 • University of North Texas Health Science Center
Texas College of Osteopathic Medicine in Fort Worth

This is the first in a series of courses that the American Academy of Osteopathy (AAO) will be conducting to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME). This course will also be valuable for DO and MD faculty in these residency programs.

In addition, osteopathic physicians who do not use osteopathic manipulative treatment (OMT) daily will find this course useful, as will other health care professionals with limited or no experience with manipulative techniques.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

This course, which is supported in part by the AAO’s Samuel V. Robuck Fund, will provide content applicable to both adult and pediatric patients.

Course Director
Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth edition of the textbook Greenman’s Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Times
Thursday from noon to 6 p.m.
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m.

Continuing Medical Education
28 credits of NMM-specific AOA Category 1-A CME anticipated.

Meal Information
Lunch will be provided Thursday through Saturday. Breakfast will be provided Friday through Sunday. Please contact the Academy with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., Fort Worth, TX 76107

Registration Form
Introduction to Osteopathic Manipulative Medicine
June 16–19, 2016

Name: ___________________________ AOA No.: __________
Nickname for badge: __________________________
Street address: __________________________
City: __________________________ State: ______ ZIP: ________
Phone: __________________ Fax: __________________
Email: __________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: __________________________
Cardholder’s name: __________________________
Expiration date: __________ 3-digit CVV No.: _________
Billing address (if different): __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Michael A. Seffinger, DO, FAAFP, Awarded A.T. Still Medallion of Honor

The Andrew Taylor Still Medallion of Honor, the highest award that the Academy grants, was presented to Michael A. Seffinger, DO, FAAFP, of Pomona, California, on March 19 during the AAO’s Convocation in Orlando, Florida. Named for the founder of osteopathic medicine, the award is given to AAO members who have exhibited an exceptional understanding and application of osteopathic principles and concepts.

“It is indeed a great honor to be the recipient of the A.T. Still Medallion and to join the esteemed list of past honorees who have been my inspiration, my mentors, my guideposts and upon whose shoulders I stand,” said Dr. Seffinger.

From chairing the Department of Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (NMM-OMM) at the Western University of Health Sciences College of Osteopathic Medicine in Pomona to serving as an associate editor of The Journal of the American Osteopathic Association (JAOA), Dr. Seffinger has served the osteopathic profession at all levels for many years.

A 1988 graduate of the Michigan State University College of Osteopathic Medicine in East Lansing, Dr. Seffinger is board certified in NMM-OMM and in family medicine. He holds special proficiency in osteopathy in the cranial field.

Dr. Seffinger served as vice chair of the American Osteopathic Association (AOA) Bureau of Osteopathic Clinical Education and Research when it developed the AOA’s Guidelines for OMT for Patients with Low Back Pain. He is executive editor and author of the Foundations of Osteopathic Medicine textbook which is required at many osteopathic colleges for their medical students, and co-author of Evidence Based Manual Medicine, written for all clinicians interested in manipulation for common musculoskeletal problems.

As an associate editor of the JAOA, Dr. Seffinger writes the quarterly column “The Somatic Connection.” He is the former managing editor of the California DO: The Journal of the Osteopathic Physicians and Surgeons of California (OPSC). His latest publications, The Merger: MDs and DOs in California and Resurgence: Osteopathic Physicians and Surgeons of California, chronicle the history of the relationship between the physician groups, including the pivotal role of osteopathic manipulative treatment education, research and practice in their relations at all levels.

A former member of the OPSC Board of Directors, Dr. Seffinger was named the 2005 Most Valuable Physician. He was inducted into the AOA Mentors Hall of Fame in 2007.

Dr. Seffinger served as the Academy’s 2011-12 president, is on its Board of Governors and chairs the AAO’s Louisa Burns Osteopathic Research Committee. He previously served on the AAO’s Board of Trustees, the Nominating, International Affairs and Investment Committees and as an Osteopathic Postdoctoral Teaching Institutes liaison.

Dr. Seffinger said, “This profession has a habit of giving out singular awards, but the truth is … all of us are here because our mentors brought us along, and we are bringing along others behind us. … It is truly humbling and an awesome privilege to be of service to this Academy that gave me a home, raised me from an inquisitive student to a full-fledged and proud osteopathic physician.”

Recent A.T. Still Medallion honorees who attended the banquet included Boyd R. Buser, DO, FACOFP; Mark S. Cantieri, DO, FAAO; Jane E. Carreiro, DO; Dennis J. Dowling, DO, MA, FAAO; John C. Glover, DO, FAAO; Ann L. Habenicht, DO, FAAO, FACOFP, CS; Michael L. Kuchera, DO, FAAO; Judith A. O’Connell, DO, MHA, FAAO; and Edward G. Stiles, DO, FAAO.
Paul R. Standley, PhD, Receives Academy Award

Paul R. Standley, PhD, of Phoenix, is the 2016 recipient of the AAO’s Academy Award, the highest award the AAO bestows on a nonphysician.

The AAO’s 2015-16 president, Doris B. Newman, DO, FAAO, presented the award to Dr. Standley on March 17 during the AAO Convocation in Orlando, Florida. The award honors nonphysicians who have contributed significantly to osteopathic medicine and whose vision complements the AAO’s. Dr. Standley is the 16th recipient of the award.

In accepting the award, Dr. Standley encouraged members of the AAO to move out of their comfort zones and have more conversations with colleagues outside the osteopathic profession. “Twenty years ago I didn’t even know what osteopathy was. … How did someone like me who was born and raised in the allopathic school in Michigan get involved in this profession? The answer is that it really just starts with conversations,” Dr. Standley said. He credits William H. Devine, DO, for having those foundational conversations with him. Dr. Devine chairs the Department of Osteopathic Manipulative Medicine at the Midwestern University/Arizona College of Osteopathic Medicine in Glendale, where Dr. Standley was a founding faculty member.

Dr. Standley is the assistant dean of curricular affairs at Phoenix’s University of Arizona College of Medicine, where he also is a professor of basic medical sciences and physiology, and he is a professor of molecular and cellular biology at the Arizona State University School of Life Sciences in Tempe. He trained as a vascular physiologist under James (continued on Page 7)

Janice Upton Blumer, DO, Inducted as Fellow of the AAO

Janice Upton Blumer, DO, FAAO, of Lebanon, Oregon, was inducted as a fellow of the AAO during the AAO’s Convocation in Orlando, Florida, in March. Dr. Blumer was the only osteopathic physician to receive this honor in 2016.

Unlike fellowships in most other osteopathic and MD specialty organizations, fellowship in the AAO is an earned postdoctoral designation. Before becoming a fellow of the AAO (FAAO), candidates must demonstrate that they have actively advanced osteopathic medicine in clinical practice or in research by contributing to at least four of the following seven categories: osteopathic literature, osteopathic theory or practice, research related to osteopathic theory or practice, osteopathic medical education, AAO activities and public service. Dr. Blumer is one of only 80 living FAAOs.


A 1991 graduate of the Western University of Health Sciences College of Osteopathic Medicine, Dr. Blumer completed a residency in family medicine and a fellowship in osteopathic internal medicine at Midwestern University/Arizona College of Osteopathic Medicine. (continued on Page 7)
Sowers, MD, an internationally renowned endocrinologist, at the Wayne State University School of Medicine in Detroit, and he earned his PhD in physiology from Wayne State in 1992.

Upon his arrival to Arizona in 1996, Dr. Standley helped found and develop a new innovative medical physiology curriculum at Midwestern University (MWU) in Glendale. During his tenure at MWU, his research gained new focus in the field of biophysical regulation of gene expression in vascular smooth muscle.

Dr. Standley follows a student-centric philosophy and takes great passion in mentoring individuals to pursue advancement and excellence in their educational goals. He has taught medical students in all disciplines of medical physiology for 25 years.

In 2009, Dr. Standley was awarded both the Virginia and Vernon Furrow Award for Excellence in Basic Science Teaching for Medical Students and the award for Outstanding Teaching by a Professor–Class of 2012. Dr. Standley also shares a strong passion for research. He received the 2006 Irvin M. Korr National Research Award for Outstanding Basic Science Researcher and The Journal of the American Osteopathic Association's 2008 George W. Northup Award in Medical Writing for an article he co-wrote.

Dr. Standley has worked diligently to provide an evidence base for osteopathic manipulative treatment. He said, “If I were to have a vision for your profession … [it would be] your profession isn't providing complementary or alternative treatment, but maybe first-line treatment because there is now an amazing evidence base to support what you've known all along.”

Dr. Standley is a member of several professional organizations including the American Physiological Society and the International Association of Medical Science Educators. His current funded research focuses on the biomechanical regulation of gene expression and cell growth in bioengineered tendons, bioengineered fascia and skeletal muscle cells.

Dr. Blumer, FAAO
(continued from Page 6)

Medicine of the Pacific in Pomona, California, Dr. Blumer has been an assistant professor of OMM-NMM and family medicine at the Western University of Health Sciences College of Osteopathic Medicine of the Pacific-Northwest in Lebanon, Oregon, since 2010. She is the vice chair of the Department of NMM/OMM there. Dr. Blumer also has taught courses for the Osteopathic Center for Children, the Central Oregon Community College, Terrebonne Middle School and the Deschutes Public Library.

Dr. Blumer frequently volunteers her services as a physician. She has been a guest lecturer at a regional medical center, an adviser for students providing care at a health clinic, and a camp physician for a youth camp. Since 2014, she has organized the AAO’s annual poster competition, which attracted more than 55 submissions in 2016.

In addition to her work with the AAO, Dr. Blumer is active in the American Osteopathic Association, the American College of Osteopathic Family Physicians, the American Association of Family Physicians, the Osteopathic Cranial Academy and the Osteopathic Physicians and Surgeons of Oregon.

Kristie M. Petree, DO, Named AAO Resident of the Year

Kristie M. Petree, DO, of East Lansing, Michigan, was named the AAO’s 2016 Resident of the Year on March 17 during the 2016 Convocation in Orlando, Florida. The award recognizes a resident who has contributed to the AAO; who has contributed to osteopathic principles and practices (OPP) at his or her residency program; and who has participated in such educational events as the AAO’s annual Convocation and the AAO’s program at the American Osteopathic Association’s annual conference. Dr. Petree is the seventh osteopathic resident to receive this award.

A 2013 graduate of the Philadelphia College of Osteopathic Medicine in Suwanee, Georgia (PCOM-GA), Dr. Petree is the chief resident in the neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM-OMM) program at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing. As an undergraduate fellow at PCOM-GA, Dr. Petree was a member of the Student American Academy of Osteopathy (SAAO), and she now serves as the Postgraduate American Academy of Osteopathy’s liaison to the SAAO.

As chief resident, Dr. Petree endeavors to demonstrate the osteopathic tenets as an example to other residents and students. She schedules and coordinates the residents’ schedules for extracurricular events; organizes weekly didactics; delivers lectures to students, interest groups and community organizations; and she is getting involved in item writing for the National Board of Osteopathic Medical Examiners.

Dr. Petree already has published several articles in The AAO Journal, The Journal of the American Osteopathic Association and the International Journal of Osteopathic Medicine. In the recent article published in the JAOA, Dr. Petree describes how she used osteopathic medicine to help a patient with post-operative singultus who refused the standard medication protocol.

During her undergraduate fellowship at PCOM-GA, Dr. Petree discovered her passion for teaching osteopathic medical students and getting them excited about osteopathic manipulative treatment. After she completes her residency, Dr. Petree plans to stay involved in academia and to continue to delve into research to expand the evidence base of osteopathic medicine.

Dr. Petree was nominated by Jonathan N. Bruner, DO, and Lisa Ann DeStefano, DO. Dr. Bruner is the program director of MSUCOM’s NMM-OMM residency program. Dr. DeStefano chairs MSUCOM’s OMM Department, and she is a NMM-OMM program preceptor.

SAAO Chapter Awards Granted at Convocation

Throughout the year, chapters of the Student American Academy of Osteopathy (SAAO) earn points for such activities as increasing membership, attending Convocation, contributing to Live Still Points, coordinating community service events and developing educational opportunities.

At the 2016 Convocation in Orlando, Florida, this past March, the SAAO chapter at the University of North Texas Health Science Center College of Osteopathic Medicine in Fort Worth was named SAAO Chapter of the Year for accumulating the most points throughout the year. The chapter at the Ohio University Heritage College of Osteopathic Medicine in Athens was named SAAO Outreach Chapter of the Year for its outstanding involvement in its school and the surrounding community.

And the New York Institute of Technology College of Osteopathic Medicine chapter in Old Westbury, in turn, was designated the Most Improved Chapter for achieving the greatest increase in earned points compared with 2015.

To learn more about the SAAO’s chapter awards, see Page 15 of the SAAO Chapter Notebook.
Course Directors
A 1965 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri, Edward G. Stiles, DO, FAAO, has a rich and deep understanding of numerous pioneering concepts, events and personalities in osteopathic medicine.

While an osteopathic medical student, Dr. Stiles trained with George Andrew Laughlin, DO, a grandson of Andrew Taylor Still, MD, DO. Early in his medical career, Dr. Stiles took over the Cambridge, Massachusetts, practice of Perrin T. Wilson, DO, an internationally recognized osteopathic physician and the second person to lead the American Academy of Osteopathy. Dr. Stiles established the first hospital-based osteopathic manipulative treatment (OMT) service in the United States, and he helped develop the first OMT billing codes. Additionally, he has been recognized by the American Osteopathic Association as a Great Pioneer in Osteopathic Medicine.

Dr. Stiles has taught at the osteopathic medical colleges at Oklahoma State University, Michigan State University and the University of Pikeville in Kentucky. He has delivered the American Osteopathic Association’s Andrew Taylor Still Memorial Address, as well as the Academy’s Thomas L. Northup Lecture, its Scott Memorial Lecture and its Harold A. Blood, DO, FAAO, Memorial Lecture. Dr. Stiles also is a recipient of the Academy’s highest award, the Andrew Taylor Still Medallion of Honor.

Like Dr. Stiles, Charles A. Beck, DO, FAAO, is board certified in neuromusculoskeletal medicine. He earned his DO degree from the University of Pikeville-Kentucky College of Osteopathic Medicine (UP-KYCOM).

Dr. Beck has received many awards, including the Edward G. Stiles Award for Osteopathic Manipulation from UP-KYCOM, and he serves as an adjunct faculty member for several osteopathic medical schools, including the Lake Erie College of Osteopathic Medicine and the Marian University College of Osteopathic Medicine. Dr. Beck is in private practice in Indianapolis at the Meridian Holistic Center.

Course Description
Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, will present research data that support using a functional approach to treat patients for gait dysfunctions.

During the past few decades, gait concepts have evolved from using a leg-propelling model to using the trunk-driving model that Serge Gracovetsky, PhD, outlined in his book The Spinal Engine. Dr. Stiles suggests that combining these two models with the floating compression pelvic model and the Mitchell axes model will provide a comprehensive understanding of gait mechanics. With traditional approaches to osteopathic manipulative treatment, sacral- and innominate-related gait dysfunctions can persist. By employing the clinical approach presented in this course, physicians can be confident that their patients are walking toward health.

Course Location
Pyramid Three (two buildings away from the AAO’s office)
3500 DePauw Blvd., lower level, Conference Rooms A and B
Indianapolis, IN 46268
(317) 879-1881, ext. 220

Course Times and Meal Information
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact the AAO’s event planner with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Continuing Medical Education
24 credits of NMM-specific AOA Category 1-A CME anticipated.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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<th>Registration Fees</th>
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<td>Academy member in practice*</td>
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<td>Member resident or intern</td>
<td>$665</td>
<td>$816</td>
</tr>
<tr>
<td>Student member</td>
<td>$465</td>
<td>$616</td>
</tr>
<tr>
<td>Nonmember practicing DO</td>
<td>$1,066</td>
<td>$1,216</td>
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<tr>
<td>or other health care professional</td>
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<tr>
<td>Nonmember resident or intern</td>
<td>$866</td>
<td>$1,016</td>
</tr>
<tr>
<td>Nonmember student</td>
<td>$665</td>
<td>$816</td>
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</tbody>
</table>

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Register online at www.academyofosteopathy.org, or contact the Academy at EventPlanner@academyofosteopathy.org or at (317) 879-1881, ext. 220.
Howdy all,

I would like to take this moment to personally thank all of the individuals, DOs and AAO staff alike, who volunteered their valuable time to help make the Osteopathic Education Service (OES) a huge success at the AAO’s 2016 Convocation in Orlando, Florida. This year we had the largest volunteer turnout to provide the most education sessions that I have seen in all my time with this committee. **THANK YOU!**

OES volunteers provide personalized hands-on demonstrations of osteopathic manipulative medicine. It is a unique program that provides the opportunity for DOs to be seen and evaluated by their fellow colleagues. For many of those, this is the one and only time they get to be on the other side of the treatment table. Although it is an awesome teaching opportunity, OES’s main goal is to give back to the DOs who tirelessly give day in and day out in their private practice. As always, my goal for this program is to make it easier for more DOs to be seen and still provide education opportunities for students and fellow DOs alike. Thank you again to those who volunteered. I respectfully ask that you continue to support our program with your time and dedication in the upcoming years. Bring a fellow colleague to help out next time you volunteer!

The 60 volunteers listed below provided 236 educational demonstrations during the 2016 Convocation. Please accept my sincere apology if I have omitted your name.

Volunteer physicians earn 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide. They also are entered in a drawing to win complimentary registration for the next year’s Convocation. This year, **Steven H. Leifheit, DO**, of Seattle, won the drawing.

Special thanks also to Kathleen Brennan, Sherri Quarles, Diana Finley, Lauren Good, Debbie Cole and Brooke Lamb who helped provide AAO staff support to our service. Outstanding work!

Fraternally yours,

Clay Walsh, DO
Chair, Osteopathic Education Service Committee

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**OES Volunteers at Convocation 2016**

- Reem Abu-Sbaih, DO
- Jorge Aranda-Beltran, DO (United Kingdom)
- Keith Barbour, DO
- Timothy James Barrett, DO
- Charles A. Beck, DO, FAAO
- Emanuele Botti
- Judy L. Caldwell, DO
- Todd A. Capistrant, DO, MHA
- Michael S. Carnes, DO, FAAO
- Elizabeth Caron, DO
- Vincent R. Cipolla, DO
- Robert C. Clark, DO, MS
- Debra Conforti, DO
- John C. Coppinger, DO
- Theresa A. Cyr, DO
- Kimberly Jo Davis, DO
- Nate DeLisi, DO, BA
- Dennis J. Dowling, DO, MA, FAAO
- John E. Downs, MD, MPH
- Richard A. Feely, DO, FAAO, FCA
- José S. Figueroa, DO, FAOCPPMR, FAAPMR
- William M. Foley, DO, MSc
- Gary C. Gallius, DO
- Claire M. Galin, DO
- William J. Garrity, DO, MPH
- Rebecca E. Giusti, DO
- Jennie L. Gorham, DO
- James H. Gronemeyer, DO
- Paul K. Hume, ND, DO, (New Zealand)
- Richard W. Koss, DO
- Steven H. Leifheit, DO
- Gene Lenard, DO
- Angela Lim, DO
- Kathleen J. Meyer, DO
- Philip Attilio Miller, DO
- Ramona A. Miller, DO
- David Clark Minix, DO
- Kara Christine Minter, DO
- Daniel B. Moore, DO
- David D. Musgrave, DO
- Maud H. Nerman, DO
- Ehrin E. Parker, DO
- George J. Pasquarello, DO, FAAO
- Laura T. Rampil, DO
- Eric J. Rentz, DO
- Hallie J. Robbins, DO, ABPMR
- Monica M. Rogalski, DO
- Daniel Albert Shadoan, DO
- Eva B. Shay, DO
- Sandra L. Sleszynski, DO, FAAO
- Gayle H. Smith, DO
- William Harry Stager, DO, MS, MPH, FAAO, FCOFP, FFAFP, FAAMA
- Christopher McCord Stephenson, DO
- Shigeru Tajiri (Japan)
- Brett Philip Thomas, DO, FAAO
- John P. Tortu, DO
- Grace Vasconez-Pereira, DO
- Clay Walsh, DO
- Damon Matthew Whitfield, DO
- Deborah S. Whitson, DO
Students Demonstrate Osteopathic Understanding to Take Home $5K in Prizes

AAO members and other organizations donated more than $5,000 worth of prizes to the SAAO’s annual A. Hollis Wolf Case Presentation Competition. In this annual contest, which was held March 19 at the AAO’s Convocation in Orlando, Florida, students presented 5-minute slide shows demonstrating their understanding of osteopathic principles, diagnosis and treatment in a particular case.

Each SAAO chapter is invited to advance one contestant. In 2016, there were 17 presenters. Presenters were judged on the following criteria:

- Understanding and application of osteopathic principles, diagnosis and treatment
- Knowledge of pathophysiology and clinical aspects of the case
- Impact of osteopathic care
- Presentation style, skill and slide design
- Involvement in decision-making and treatment-delivery

First place, which consisted of a new percussion hammer and an AAO scholarship, was awarded to Michael George Florek, OMS III, of the Rowan University School of Osteopathic Medicine in Stratford, New Jersey. Second place, an AAO scholarship and a BioBasics course, was awarded to Sara Elayne Modlin, OMS IV, of the Touro University College of Osteopathic Medicine in Vallejo, California. Third place, consisting of scholarships from the AAO and The Osteopathic Cranial Academy, was awarded to Kristen Diana de Vries, OMS IV, of the New York Institute of Technology College of Osteopathic Medicine in Old Westbury. Fourth place, an embryology DVD set and a COMBANK subscription, was awarded to Ernesto Henderson, of the Touro College of Osteopathic Medicine in Harlem. Fifth place, an embryology DVD set and a treatment book, was awarded to Holly Bolton Laird, OMS IV, of the University of New England College of Osteopathic Medicine in Biddeford, Maine.

To learn more about the A. Hollis Wolf Case Presentation Competition, refer to Page 24 of the SAAO’s Chapter Notebook. To learn about donating prizes to the contest, please contact AAO Interim Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org or at (317) 879-1881, ext. 214.

Sutherland Cranial Teaching Foundation

**Upcoming Courses**

**SCTF Basic Course:**

**Osteopathy in the Cranial Field**

June 9–13, 2016
Marian University College of Osteopathic Medicine
3200 Cold Spring Road • Indianapolis, IN
Course Director: Daniel Moore, D.O.
40 hrs 1A CME anticipated • course cost: $1,650

**SCTF Continuing Studies Course: The Eye**

October 7–9, 2016
UNE-COM Alfond Center for Health Sciences
Biddeford, ME
Course Director: Michael Burrano, D.O., F.A.C.
Schedule & course cost: TBA (visit the web site for updates)

Visit our website for enrollment forms
and course details: www.sctf.com
Contact: Joy Cunningham 907-868-3372
Email: jcunningham4715@yahoo.com

OES at AOA Annual Meeting

The AAO’s Osteopathic Education Service will be available to anyone attending the American Osteopathic Association’s annual meeting July 17-24 at the Chicago Marriott Downtown Magnificent Mile.

Volunteer physicians earn 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide, and as of this past March, volunteers who provide five or more demonstrations at an event are entitled to a one-time 10 percent discount on books in the AAO’s online store in the following 12 months.

If you plan to attend the AOA’s annual meeting, let us know you want to volunteer at OES. Volunteers must have their own professional liability coverage. Demonstrations are for education purposes only.
Thanks to Convocation Exhibitors

AAO’s annual Convocation wouldn’t be as successful as it is if it weren’t for the outstanding exhibitors who support us. The AAO leaders and staff give thanks for the 35 organizations who exhibited at the AAO’s 2016 Convocation:

- A Royal Treasure
- Alabama College of Osteopathic Medicine
- American College of Osteopathic Family Physicians
- American Fascial Distortion Model Association
- ATSU-DOTouch.NET
- Cancer Treatment Centers of America
- Central Maine Medical Center
- COMBANK Medical
- CranioCradle
- DIERS Medical Systems
- Eastern Maine Medical Center Family Medicine Residency
- Edward Via College of Osteopathic Medicine-Carolinas Campus
- Electro-Medical Equipment
- Electromedical Products International, Inc. (EPII)
- Enovative Technologies
- Expo Enterprise
- Feel Good, Inc.
- Flexible Footwear Company
- Foundation for Osteopathic Research and Continuous Education (FORCE)
- The Gideons International
- Handspring Publishing, Ltd.
- Ideal Proteins of America
- JSA Medical Group
- Maine Dartmouth Family Medicine Residency
- Med-Chem Laboratories
- Museum of Osteopathic Medicine
- Oklahoma State University Center for Health Sciences College of Osteopathic Medicine
- The Osteopathic Cranial Academy
- Osteopathy’s Promise to Children
- Patient First
- Postgraduate American Academy of Osteopathy
- Student American Academy of Osteopathy and the National Undergraduate Fellows Association
- Sutherland Cranial Teaching Foundation
- US Drug Enforcement Administration
- Wolters Kluwer

Mark your calendars for the AAO’s 2017 Convocation at The Broadmoor in Colorado Springs, Colorado. The exhibit hall will be open Wednesday, March 22, through Friday, March 24. With more than 1,400 attendees, the AAO’s annual Convocation is a premium opportunity to engage osteopathic physicians and medical students.

MSUCOM Residents Recap Convocation

The osteopathic postdoctoral training institution at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing, called the Statewide Campus System (SCS), seeks to bring the best education they can to their neuromusculoskeletal medicine (NMM) residents. Program directors from the four NMM programs associated with SCS share the monthly responsibilities of lecturing to the residents on a variety of topics in medicine specifically related to NMM. They also try to bring in guest lecturers annually to provide variety and educate the residents.

At the AAO’s annual Convocation, lectures and breakout sessions offer a variety of educational opportunities for all who attend. With five breakout sessions presented simultaneously, it is not possible to attend and learn from all sessions. In addition, the content of the breakout sessions often changes from one group to the next based on questions asked or the variety of attendees present on whom the lecturer can demonstrate. This variety leads to different breakout sessions teaching different material or techniques to the attendees.

Over the last decade, leaders at MSUCOM’s NMM SCS thought it would be helpful for the residents to share the information they learned at individual breakout sessions in a Convocation review didactic session. This review provides the residents experience in teaching NMM-related topics. SCS meets one month after Convocation, giving the residents an opportunity to practice the techniques they learned on their own patients for a few weeks before the didactic session.

The 2016 Convocation review was attended by three attending physicians and 11 NMM residents. The residents gave brief lectures on the content of the breakout sessions (continued on Page 13)
In Memoriam: Anne L. Kempf, DO

Anne L. Kempf, DO, 69, died March 11 in Albuquerque, New Mexico.

Born in Kirksville, Missouri, Dr. Kempf was a fourth generation osteopathic physician. She was a great-granddaughter of Andrew Taylor Still, MD, DO, the founder of osteopathic medicine. Dr. Kempf’s grandfather, George Mark Laughlin, DO, was president of the Kirksville College of Osteopathic Medicine (KCOM), and he was a renowned osteopathic surgeon. He was married to the “First Lady of Osteopathy,” Blanche Still, DO, the daughter of A.T. Still.

Dr. Kempf’s father, George Andrew Laughlin, DO, worked with William Garner Sutherland, DO, and he was a president of The Osteopathic Cranial Academy. V. Elizabeth Laughlin, Dr. Kempf’s mother, was a mayor of Kirksville, and because she shared her family’s passion for osteopathic medicine, she donated much of the family’s history to create the Museum of Osteopathic Medicine.

After graduating from what is now the A.T. Still University—Kirksville College of Osteopathic Medicine in Missouri in 1973, Dr. Kempf married C.J. Kempf, DO, a general surgeon, and she trained at Mt. Clemens General Hospital in Michigan. Together, Anne and C.J. practiced in South Bend, Indiana, and later in Washington, Indiana. Anne served as president of the Indiana Academy of Osteopathy, and she helped teach many osteopathic medical courses.

Anne Kempf was passionate about promoting and continuing traditional osteopathic medicine. She specialized in osteopathic manipulative medicine. In addition to training with her father, Dr. Kempf studied with Anne Wales, DO, and Fred L. Mitchell Sr., DO.

Dr. Kempf was soft spoken and selfless, putting others before herself, and her patients drove from states away to seek her medical care. Her hands and treatments were gentle and intuitive with results few could replicate. Like her great-grandfather, A.T. Still, she was ahead of her time.

Dr. Kempf is survived by her husband, C.J. Kempf, DO; her brother, Patrick Laughlin, DO; a sister; four children, including Joshua P. Kempf, DO, and six grandchildren.

Please direct all contributions to the Anne L. Kempf memorial fund at the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1138. The fund will be dedicated to financing a course focused on founding osteopathic principles.

Follow the AAO online

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www.twitter.com/AmAcadOsteo

www.linkedin.com/company/american-academy-of-osteopathy

www.youtube.com/channel/UCCE4z3ZmZ6vy5MD5EIukw/videos/
AAO Welcomes New Members

Seventy-three osteopathic physicians joined the AAO between Aug. 1, 2015, and Jan. 31, 2016. At its meeting on March 19, the AAO Board of Trustees reviewed the new members and approved three additional applications from individuals requesting supporter, associate or international membership.

The new members and their locations are as follows:

- Allison Lea Abresch-Meyer, DO, of Corvallis, Oregon
- Matthew Brandon Barker, DO, of Fort Worth, Texas
- Leyna Bautista, MD, MPH, of Lawrence, Massachusetts*
- Anthony C. Bianco II, DO, of Grove City, Ohio
- Seth J. Bleicher, DO, of South Miami, Florida
- Kristina Ann Brown, DO, of Milwaukie, Oregon
- Lucan Watt Chatterley, DO, of Wyoming, Michigan
- Anthony C. Chilman McComb, DO, of East Lansing, Michigan
- Chung H. Chiu, DO, of Langhorne, Pennsylvania
- Chelsea A. Chung, DO, of Salinas, California
- Walter J. Cohen, DO, BA, of Kirksville, Missouri
- Adam J. Colton, DO, of Salinas, California
- Samantha L. Cotler, DO, MBA, of Orlando, Florida
- Meaghan T. Crook, DO, of Orlando, Florida
- David Anthony Dalton, DO, of Kirksville, Missouri
- Lauren A. Davis, DO, of Westhampton Beach, New York
- Ali Etemady-Deylamy, DO, of Bay City, Michigan
- Walter J. Cohen, DO, of Kirksville, Missouri
- Christopher Ryan Edwards, DO, of Kirksville, Missouri
- Rheydene Suzanne Ferguson, DO, MPH, of Oklahoma City
- William Trible Gatewood Jr., DO, of Kirkville, Missouri
- Margo B. (Sullivan) Goodman, DO, of Lewiston, Maine
- Hilary Haas, DO, of Waterville, Maine
- Monica M. Haines, DO, of Kent, Washington
- Tricia E. Hall, DO, of South Windsor, Connecticut
- Stephen Joel Hallas, DO, of Eugene, Oregon
- Brynne L. Hancock, DO, of Pittsfield, Massachusetts
- Jader Harlow, DO, of Miami
- Lauren T. Hart, DO, of Lansing, Michigan
- Michael Wayne Hawley, DO, of Corinth, Mississippi
- Dru C. Herring, DO, of Johnson City, Tennessee
- Sondra L. Holloway, DO, of Bangor, Maine
- Saundra Y. Holseth, DO, of Miami
- Donovan B. Jeffcoat, DO, of Muskegon, Michigan
- Peter Jeon, DO, of Fort Worth, Texas
- Andrea Jergesen, DO, of Lawrence, Massachusetts
- David M. Joyce, DO, of Miami
- Kyle M. Judkins, DO, of Winston-Salem, North Carolina
- Christopher Kargel, DO, MPH, of Corvallis, Oregon
- Marcellinus Kenter, DO (Germany), of Neuwied, Germany*
- Danae W. Kershner, DO, of Bangor, Maine
- Athena Cam Hong Lan, DO, of Federal Way, Washington
- Ricardo A. Lemus, MD, DO, FACOOG, of Brownsville, Texas
- Tanya Renee Lindenmuth, MS, DO, of Jacksonville, Florida
- Jenna R. Martini, DO, of Santa Maria, California
- Graeme S. McHenry, DO, of Worcester, Massachusetts
- Brittni J. McLam, DO, of Duluth, Minnesota
- Katherine M. Milam, DO, of Tacoma, Washington
- Deborah J. Minnick-Shearin, DO, of Fairbanks, Alaska
- Daniel E. Morgan, DO, of Watertown, New York
- Dallas Wayne Mullock, DO, of Kirksville, Missouri
- Mukiko Murakami, DO, of San Diego
- Nathan Nakken, DO, MS, of Quincy, Illinois
- Lindy K. Nettleton, DO, of Spartanburg, South Carolina
- Sabrina Noël, DO, MSHS, of Eugene, Oregon
- Kaylesh K. Pandya, DO, of Plantation, Florida
- Michael Shane Patterson, DO, of Clinton Township, Michigan
- Christine Tsang Phua, DO, of Los Angeles
- Bethany Joy Prater, DO, of Bronx, New York
- Kristin Putnam, DO, of East Lansing, Michigan
- Selena Gayle McGee Raines, DO, of Sandy Hook, Kentucky
- Mukarram Razvi, DO, of Wilmington, Delaware
- Nathan A. Rheault, DO, of Corvallis, Washington
- Jennifer S. Ribar, DO, of East Lansing, Michigan
- Nicole Marie Rice, DO, of Farmington Hills, Michigan
- Courtney Marie Rosenthal, DO, of Miami
- Joshua Andrew Skufca, DO, of Bettendorf, Iowa
- Clara Emma Somoza, DO, of Schenectady, New York
- David M. Stager, LMT, of Sarasota, Florida*
- Benjamin Thomas Stumpf, DO, of Olympia Fields, Illinois
- Taisei Suzuki, DO, of Washington, DC
- John D. Tegtmeier, DO, of East Lansing, Michigan
- David Oden Todd, DO, of Kirksville, Missouri
- Devan M. Trammel-Fisher, DO, of Southampton, New York
- Angela Kennon Tyson, DO, of Tulsa, Oklahoma
- Hope May Voto, DO, of Glendale, Arizona
- Craig A. Wells, DO, of Westhampton Beach, New York
- Zachary K. West, DO, MPH, of Lancaster, Ohio
- Joshua Wu, DO, of Newport News, Virginia
- Caesy Lewis Yarling, DO, of Wyoming, Michigan
- Marissa M. Zajac, DO, of Lewistown, West Virginia

* Dr. Bautista is an associate member. Mr. Kenter is an international affiliate, and Mr. Stager is a supporting member.
Honing treatment into three basic steps, *Healing Pain and Injury* illuminates the underlying and often mysterious causes of pain and dysfunction and charts a path to recovery.

Many patients suffer from terrible headaches, insomnia, weight gain, sexual dysfunction, neck and back pain, immune disorders, cognitive problems, and many other conditions. With *Healing Pain and Injury*, Dr. Nerman helps those who are suffering needlessly, letting them know that there is hope by providing critical tools for their healing.

By Maud Nerman, DO, CSPOMM, CA, 383 pages, paperback, $24.95

*Exploring Osteopathy in the Cranial Field* is designed for the interested physician and for the beginning to intermediate student of this topic. It can easily be used as an accompanying manual for a first or second course in osteopathy in the cranial field, and some topics are useful for more advanced study. *Exploring Osteopathy in the Cranial Field* is especially suitable for use in a 40-hour first or second level course on this topic.

By Raymond J. Hruby, DO, FAAODist, 164 pages, spiral-bound, $59.95

Drs. Evans and Rowane have designed *Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter* for the primary care professional who wants a basic guide to managing commonly seen clinical problems that are amenable to musculoskeletal manipulation. The assessments and techniques presented are ideal for this situation. Both are rapid and efficient, and they are specifically designed for use during a 15-minute office visit. All chapters provide objectives, illustrative cases with answers, clear illustrations to highlight clinically important anatomic landmarks, assessment tips, treatment techniques, and key summary points. All photographs focus on critical elements of examination and treatment techniques for rapid review at the point of care.

By Michael P. Rowane, DO, MS, FAAFP, FAAO, and Paul Evans, DO, FAAFP, FACOFP
239 pages, hardcover, $99.95

AAO members receive a 10% discount off listed prices.

Download the Academy’s book order form or visit www.academyofosteopathy.org to place your order.
AOBNMM Certifies Academy Members

In February, the AAO was notified that the following Academy members successfully completed the required examinations to be certified by the American Osteopathic Board of Neuromusculoskeletal Medicine. The written and practical exams were held at the Crown Plaza Hotel Airport in Indianapolis on Oct. 31 and Nov. 1, 2015.

Stasia Blyskal, DO
Rebecca J Bowers, DO
Samuel H. Byron, DO
Kate C. (VanHoomissen) Carey, DO
George K. Cheriyian, DO
John S. Colston, DO
Josephine A. Conte, DO
Shawna De Graff-Roberson, DO
Courtenay E. Deane, DO
Catherine B. Donahue, DO
Kevin G. Falk, DO
Kris S. Gordon, DO
Felix James Grucci III, DO
Christopher T. Hannasch, DO
Gregory R. Heller, DO
Jodie Hermann, DO
Shawna De Graff-Roberson, DO
Courtenay E. Deane, DO
Catherine B. Donahue, DO
Kevin G. Falk, DO
Kris S. Gordon, DO
Felix James Grucci III, DO
Christopher T. Hannasch, DO
Gregory R. Heller, DO
Jodie Hermann, DO
Tasha E. Hofmann, DO
Gregory Cardona Hollick, DO
Megan Payseur Johnson, DO
Joshua P. Kempf, DO
Victor L. Kim, DO
Natalie Lorraine Laniewicz, DO
Eric Patrick Leikert, DO
John R. Leuenberger, DO
Roselle Estanislao Liganor, DO
Brian Loveless, DO
Joe J. Melograno Jr., DO
Katherine E. Merkle, DO
Sean J. Moloney, DO
Nicole Elaine Myers, DO
Arlene E. O’Donnell, DO
Rebecca M. (Trierweiler) Osbourne, DO
Brett M. Picciotti, DO
Bethany Anne Powers, DO
Jan Pryor, DO, MPH
Knic C. Rabara, DO
Dennis C. Rau Jr., DO
Dora J. Sherman, DO
Shana A. Shosky, DO
Bronwyn L. Sing, DO
Kevin A. Weiss, DO
Laura A. Woodrow, DO

The following members were recertified:

David Scott Abend, DO
James G. Baldwin, DO
Charles A. Beck, DO, FAAO
Murray R. Berkowitz, DO, MPH
Stephen Braun, DO
Denise K. Burns, DO, FAAO
John D. Capobianco, DO, FAAO
Glenn S. Chapman, DO
John C. Coppinger, DO
Gregory W. Coppola, DO
Dennis J. Dowling, DO, MA, FAAO
Jose S. Figueroa, DO, FAOCPPMR, FAAPMR
Garren P. Gebhardt, DO
Wolfgang Gerhard Gilliar, DO
Jennifer L. Gilmore, DO
Karla Frey-Gitlin, DO
Kenneth H. Johnson, DO, FAAO
Keith W. Kale, DO
Kenneth J. Klak, DO
Charles S. McClung Sr., DO
Charles D. Milligan, DO
Gary L. Ostrow, DO
William Andrew Papura, DO
George J. Pasquarello, DO, FAAO
James N. Riley, DO
Gary M. Ross, DO
Jay Sandweiss, DO
Hardik M. Shah, DO
Angela Stroe, MD, DO
Kristin I. Thom, DO
Richard L. Van Buskirk, DO, FAAO
Mark C. Winslow, DO
Jane J. Xenos, DO

Members in the News

Judith A. O’Connell, DO, MHA, FAAO, of Beavercreek, Ohio, was appointed to the Current Procedural Terminology Editorial Panel of the American Medical Association. She has served as an adviser to the panel since 2008. Dr. O’Connell served as the AAO’s 1992-93 president, and she has served as the AAO’s secretary-treasurer since 2013. Read more in The DO.

Boyd R. Buser, DO, FACOFP, will be the commencement speaker for the Rocky Vista University College of Osteopathic Medicine in Parker, Colorado. The 2016 graduation ceremony will take place May 21 at the Ellie Caulkins Opera House in Denver. Dr. Buser is the vice president for health affairs and dean at the University of Pikeville-Kentucky College of Osteopathic Medicine.

AAO member Humayun J. Chaudhry, DO, MS, MACOI, was named one of Modern Healthcare’s 50 Most Influential Physician Executives and Leaders of 2016. Three members of the Student American Academy of Osteopathy will serve on the 2016-17 Board of Directors of the SOMA Foundation: Aadil Vora, OMS II, of the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida, is the director of financial affairs; Jonathan George Bardahl, OMS III, of the Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois, is the director of membership; and Hannah Zahra Mirzakhani, (continued on Page 17)
OMS III, of the Lake Erie College of Osteopathic Medicine in Pennsylvania, is the director of scholarships-grants.

William C. Cunningham, DO, MHA, discussed the significance of a new medical rotation in Cuba. Dr. Cunningham, the assistant dean for the Michigan State University College of Osteopathic Medicine in East Lansing, spoke with The Detroit News about a new program at MSU-COM that allows fourth-year osteopathic medical students to go on one-week rotations in Cuban hospitals.

Paula L. Eschtruth, DO, FCA, of Salem, Oregon, and E. Sarah Saxton, DO, of Clarkson, Washington, led “Basic Percussion and Fulford Philosophy Course” in April for The Osteopathic Cranial Academy. This introductory course was designed to acquaint attendees with the philosophy of Robert Fulford, DO, and how he approached treatment.

Melvin R. Friedman, DO, FCA, is a co-author of “Cells, Mechanobiology and Osteopathy,” which was published in the February 2016 issue of The Cranial Letter. In this review article, the authors examine the role of physical forces in normal and abnormal cellular physiology, focusing on the mechanisms by which extracellular physical forces are translated into patterns of gene expression and on the relevance of these mechanisms to cancer, homeostasis and developmental processes.

The February 2016 issue of The Cranial Letter also included “Find the Health” by R. Paul Lee, DO, FAAO, FCA. In the article, Dr. Lee explores A.T. Still’s claim that “[T]o find health should be the object of the doctor. Anyone can find disease.” Dr. Lee writes, “Osteopathy is health-oriented, in contrast to allopathic medicine, which is based on a disease model.”

SAAO member Jovanna Kim Madray, OMS II, is the co-director of MedAchieve at the Touro College of Osteopathic Medicine in Harlem. The program, which was highlighted in an April 21 article on The DO, is an after school medical science program for high school students in Harlem.

Justin Michael Penny, OMS III, and Kathryn Anne Becker, OMS I, were among the nearly 1,100 osteopathic physicians and medical students who participated in DO Day on Capitol Hill on April 13. They and other students shared their thoughts on student debt in a video by The DO.

Although discussing end-of-life care can be uncomfortable, Joseph P. McCue, DO, of Columbus, Georgia, encourages osteopathic physicians to raise the question during annual physical exams. Interviewed for an April 16 article in The DO, Dr. McCue said, “I frame it as, ‘Confronting these uncomfortable things now could prevent your loved ones from anguishing over what you might have wanted.’”

As a co-author of a letter to the editor published in the May 2016 issue of The Journal of the American Osteopathic Association, David M. Escobar, DO, of Mount Vernon, Washington, offered a different viewpoint than that put forth in the October 2015 issue of the JAOA. Dr. Escobar and his co-author are representatives of the osteopathic physicians and surgeons in Washington State.

Jason D. Rodriguez, OMS II, and Oben Ojong-Egbe, OMS III, from the Ohio State University College of Osteopathic Medicine in Pennsylvania, is the director of scholarships-grants.

2016-17 Dues Notices
Dues notices for 2016-17 will be mailed on May 27. At their meeting on March 16, the AAO Board of Trustees voted to increase dues rates for the first time since 2013. Rates have increased by 5 percent, raising the cost of full membership only $14. Dues payments should be submitted by July 31 to avoid any interruption in benefits. You can pay your dues securely online by logging in to your account at www.academyofosteopathy.org, or you can mail your payment to the Academy.

Get Noticed
Are you and your practice listed on the Academy’s Find a Physician page? If not, perhaps the “do not publish” button is checked in your profile. Log in to your profile at www.academyofosteopathy.org and uncheck the box marked “do not publish” to be sure you are your receiving this valuable member benefit. While you are in your profile, update all work and home information, including primary and secondary specialties. Or contact AAO Membership Liaison Susan Lightle at SLightle@academyofosteopathy.org or (317) 879-1881, ext. 217, and ask her to check your status.

Graduating Students
Your membership in the Student American Academy of Osteopathy expires when you graduate. To stay connected with your colleagues in the Academy and to learn about AAO opportunities, join the Postgraduate American Academy of Osteopathy. You can join the PAAO for as little as $36.50 per year when you sign up for a four-year membership. One-year membership costs $44. Some residencies will pay professional membership fees for their residents.

Return the PAAO membership application with your payment to AAO Membership Liaison Susan Lightle at SLightle@academyofosteopathy.org or at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

Membership Announcements

(continued on Page 18)
CMS Opens Review and Dispute Period for Open Payments Data on Physicians

On April 1, the Centers for Medicare and Medicaid Services (CMS) announced the start of the 45-day Open Payments Review and Dispute period for 2015 data; this period will close on May 15. CMS will on June 30 then release to the public the 2015 payment data, as well as updates to the 2013 and 2014 data.

The Open Payments program is required by law to collect information about transfers of value (such as stocks, money for research, gifts, speaking fees, meals and other payments) from a drug or device company to a physician or a teaching hospital. Physicians are encouraged to review their 2015 Open Payments Data to see any payments drug or device companies say they made to them. If the data are wrong, physicians can dispute them and give drug or device companies the chance to fix the data before the public can see it.

To review data, physicians can sign up for or test their CMS Enterprise Portal (EIDM) login credentials here. Additional information on locked accounts and other logon issues can be found at the CMS Frequently Asked Questions page for EIDM Users.

AOA and Erickson Institute Offer CME

The AOA has partnered with the Erickson Institute, a leading graduate school in child development, to offer a series of online educational modules that address the importance of early childhood development. The first module, titled “Enhancing Communication Using Facilitating Attuned Interactions (the FAN),” focuses on organizing patients visits efficiently to understand and address parents’ concerns, reading parents’ communication cues, and developing self-awareness and self-regulation strategies to help manage challenging interactions. Learn more at minerva.osteopathic.org

University Heritage College of Osteopathic Medicine in Athens, are two of the authors of “Effectiveness of Home Blood Pressure Monitoring Among Low-Income Adults in Rural Appalachia,” which was published in the May 2016 issue of The Journal of the American Osteopathic Association. After reviewing the medical records of 43 patients who took part in the program, the authors concluded that the clinic-based hypertension management program effectively reduced blood pressure. The program included patient education, support, medication and home blood pressure monitoring.

Dissection of the Brain & Spinal Cord (Neuraxis)
Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT

In the DVD Dissection of the Brain and Spinal Cord (Neuraxis), Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT, present a detailed and explicit evaluation of the specific structures of the central nervous system. They start by helping viewers to orient themselves to a brain model before shifting to a systematic explanation of each dissection cut. Each structure is carefully labeled with English and Latin anatomical terminology. The 14 chapters of this DVD are an amazing introduction to the complex structures and terminology of neuroscience.

Dr. Chikly is a graduate of the medical school at St. Antoine Hospital in Paris. A registered osteopath in France, Dr. Chikly received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a doctoral degree in osteopathy from the Royal University Libre of Brussels in Belgium.

Alaya Chikly, LMT, is the developer of Heart Centered Therapy, an approach that addresses the emotional component of disease.

1 hour, 38 minutes; $85

10% discounts for AAO members • www.academyofosteopathy.org
Upcoming CME Opportunities

June 16-19, 2016  Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth (This course is being supported in part by the AAO’s Samuel V. Robuck Fund.) (28 credits of AOA Category 1-A CME)


Sept. 17-19, 2016  AAO at OMED: Osteopathic Neuromusculoskeletal Medicine in the 21st Century—Daniel G. Williams, DO, program chair—Anaheim (California) Convention Center (CME to be determined)

Oct. 21-23, 2016  What’s the Point? Multi-faceted Clinical Approaches to Viscerosomatic Reflexes—Michael L. Kuchera, DO, FAAO, course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale (20 credits of AOA Category 1-A CME)

Dec. 2-4, 2016  Fulford’s Advanced Percussion Hammer—Richard W. Koss, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth (24 credits of AOA Category 1-A CME)

Dec. 2-4, 2016  Arbuckle Course—Kenneth J. Lossing, DO, course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale (24 credits of AOA Category 1-A CME)

Jan. 20-22, 2017  Osteopathic Treatment of Fibromyalgia and Chronic Fatigue Syndrome—Bruno J. Chikly, MD, DO (France), course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale (24 credits of AOA Category 1-A CME)

Additional courses for 2017 will be announced online and in the Academy’s monthly publications.

Academy members receive discounts on all course registrations. Learn more at www.academyofosteopathy.org, or email EventPlanner@academyofosteopathy.org.
<table>
<thead>
<tr>
<th>Event Date</th>
<th>Event Name</th>
<th>Location</th>
<th>Expected Credits</th>
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<tr>
<td>May 6-8, 2016</td>
<td>American Fascial Distortion Model Association</td>
<td>Faucett, Washington</td>
<td>20</td>
<td><a href="http://www.afdma.com">www.afdma.com</a></td>
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<td><em>Introduction to the Fascial Distortion Model, Module 1</em></td>
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<td>Course director: Todd A. Capistrant, DO, MHA</td>
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<td>May 6-8, 2016</td>
<td>Osteopathy’s Promise to Children</td>
<td>Osteopathic Center, San Diego</td>
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<td><a href="http://www.the-promise.org">www.the-promise.org</a></td>
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<td><em>Intermediate cranial course: Expanding the Osteopathic Concept Into the Cranial Field</em></td>
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<td>Course director: Raymond J. Hruby, DO, MS, FAAODist</td>
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<td>May 11, 2016</td>
<td>American Osteopathic Association of Prolotherapy Regenerative Medicine</td>
<td>Rancho Bernardo Inn, San Diego</td>
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<td><a href="http://www.prolotherapycollege.org">www.prolotherapycollege.org</a></td>
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<td><em>Pre-Conference: Mesotherapy</em></td>
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<td>May 11, 2016</td>
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<td><a href="http://www.prolotherapycollege.org">www.prolotherapycollege.org</a></td>
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<td><em>Pre-Conference: Nutrition, Lies and Hormones</em></td>
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<td>Course director: Lisa Everett Anderson, BSc Pharm, FACA, CCN</td>
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<td><em>Spring 2016 Training Seminar—Prolotherapy and Cadaver Conference: Advancing the Art of Prolotherapy</em></td>
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<td>Program chair: Arden Bruce Andersen, DO</td>
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<td>June 3-5, 2016</td>
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<td>Michigan State University College of Osteopathic Medicine</td>
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<td>June 9-13, 2016</td>
<td>Sutherland Cranial Teaching Foundation</td>
<td>Marian University College of Osteopathic Medicine</td>
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<td><em>Osteopathy in the Cranial Field</em></td>
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<td>Course director: Daniel B. Moore, DO</td>
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<td>June 11-15, 2016</td>
<td>The Osteopathic Cranial Academy</td>
<td>Crowne Plaza Hotel, Redondo Beach, California</td>
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<td><a href="http://www.cranialacademy.org">www.cranialacademy.org</a></td>
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<td><em>Summer introductory course: Osteopathy in the Cranial Field</em></td>
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<td>June 16-19, 2016</td>
<td>The Osteopathic Cranial Academy</td>
<td>Crowne Plaza Hotel, Redondo Beach, California</td>
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<td><a href="http://www.cranialacademy.org">www.cranialacademy.org</a></td>
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<td><em>Annual conference—Our Triune Nature: Approaches Supporting the Health</em></td>
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<td>Course directors: J. Yusuf Q. Erskine, DO, and Tudor Marinescu, MD</td>
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Visit [www.academyofosteopathy.org](http://www.academyofosteopathy.org) for additional listings.