Message From the President
A Year in Review

It has been a whirlwind year. From Louisville to Chicago to Orlando to Phoenix with lots of stops in between, the Academy staff, the Board of Trustees and I have been working assiduously on your behalf.

Single GME
We continue to make progress in regard to the new single graduate medical education system. In June, the Academy worked diligently to protect the Plus One residencies that have served our profession so well. Specifically, the Academy responded to the program requirements that the Accreditation Council for Graduate Medical Education (ACGME) is proposing to transition Plus One programs into the single accreditation system for graduate medical education (GME).

In July, the AAO’s Board of Trustees adopted a position paper proposing eligibility requirements for anyone entering residencies with osteopathic recognition. The position paper outlines 22 areas of prerequisite education, and it suggests that this baseline training could be separated into the last year of medical school and the first year of residency.

In addition, the Academy has prepared its first course for MDs interested in osteopathic GME. Lisa Ann DeStefano, DO, will lead “Introduction to Osteopathic Manipulative Medicine,” a 28-hour course that will be held June 16-19, 2016, at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth. This pilot program is funded in part by the Academy’s Samuel V. Robuck Fund.

(continued on Page 2)
President’s message  
(continued from Page 1)

Promoting Osteopathic Medicine

The last year also was great for promoting osteopathic medicine to the public.

Prevention magazine highlighted osteopathic manipulative treatment in its July 2015 issue with a 13-page interview with Daniel Albert Shadoan, DO, and in August, a Fairbanks (Alaska) news station covered the expansion of the Tanana Valley Clinic (TVC). TVC established an OMM facility led by Todd A. Capistrant, DO, MHA.

At the American Osteopathic Association’s (AOA) annual Osteopathic Medical Conference and Exposition, which was held Oct. 17-20, 2015, in Orlando, Florida, I enjoyed seeing a plethora of Academy members giving lectures or leading workshops outside of the AAO’s program. Among them were Murray R. Berkowitz, DO, MA, MS, MPH (“OMT for the Industrial Athlete”); Tyler Cymet, DO, FACP, FACOP (“Core Faculty Requirements for Osteopathic Recognition: New Acronyms for a New System”); Heather Ferrill, DO, MS MEdL and myself (“Pediatric OMM of the Upper Extremities” and “Pediatric OMM of the Lower Extremities”); Teodor Huzij, DO, FACN (“What is an Osteopathic Dermatologist Anyway?”); Judith A. O’Connell, DO, MHA, FAAO (“CPT Process and How It Affects Your Practice” and “OMT Documentation, Coding and Reporting”); and Michael P. Rowane, DO, MS, FAAFP, FAAO (“Research-Scholarly Activity in the New ACGME World”). Dr. Rowane also partnered with Polly E. Leonard, DO, MS, and Evelyn A. Schwalenberg, DO, MS, FACP, FACOI, FNOME, on “Master Educator Series: Integration of OP&P to a New Generation of Learners.”

In accordance with the 2015-18 strategic plan, the Academy has expanded its online presence in the last year. A new LinkedIn page was established in June, and the Academy staff regularly posts on Facebook, LinkedIn and Twitter. In addition, we have a YouTube page that you should check out. It includes videos honoring some of the Academy’s great leaders.

However, I think the Academy’s greatest public relations coup of 2015 was AAO Governor Boyd R. Buser, DO, FACOP, becoming the AOA’s 2015-16 president-elect. A former president of the Academy, Dr. Buser knows well the concerns of the AAO, and I trust he will serve the Academy well as the AOA’s 2016-17 president.

What’s Next?
The Academy staff is working tirelessly to finalize arrangements for the 2016 Convocation at Rosen Shingle Creek in Orlando, Florida.

If you haven’t already registered to attend the 2016 Convocation in Orlando, I strongly encourage you to do so. Millicent King Channell, DO, FAAO, the program chair, has put together an outstanding program that focuses on how osteopathic medicine can benefit patients with mental health disorders. In addition, you can still register for the pre-Convocation course on the fascial distortion model with Todd A. Capistrant, DO, MHA, or the pre-Convocation course on the brain with Bruno J. Chikly, MD, DO (France).

When you register for Convocation, be sure you sign up for the Academy’s annual business meeting and luncheon. At this meeting, we will elect leaders for the coming year. Voting will be done electronically as it has been done for the last two years, so be sure to bring a cell phone or tablet with texting capabilities. You can read about the candidates standing for election in the January issue of AAO Member News.

It has been an honor to lead the Academy for the last year, and I thank you for your confidence in me. I appreciate the dedi-(continued on Page 6)
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

2016

Feb. 15 Presidents Day—AAO office closed

March 12-15 Pre-Convocation course—Evidence-Based Visceral Function and Dysfunction With 3D Anatomy—Kenneth J. Lossing, DO, and Stefan Hagopian, DO, FAAO, course directors—Rosen Shingle Creek, Orlando, Florida

March 13-15 Pre-Convocation course—Brain 2: Brain Tissue, Nuclei, Fluid and Reticular Alarm System (RAS)—Bruno J. Chikly, MD, DO (France), course director—Rosen Shingle Creek, Orlando, Florida

March 13-15 Pre-Convocation course—Fascial Distortion Model: Treatment of the Upper Extremities, Lower Extremities, and Head Region—Todd A. Capistrant, DO, MHA, course director—Rosen Shingle Creek, Orlando, Florida

March 15 Committee on Fellowship in the AAO’s meeting, 8 a.m. to 5 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 15 AAO Education Committee’s meeting, 6 to 8 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 16 AAO Board of Trustees’ meeting, 8 a.m. to noon Eastern time—Rosen Shingle Creek, Orlando, Florida (also see March 19 listing)

March 16 AAO Board of Governors’ meeting, 1 to 5 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 16 AAO Investment Committee’s meeting, immediately following Board of Governors’ meeting—Rosen Shingle Creek, Orlando, Florida

March 16-20 AAO Convocation—Somatic Dysfunction and Emotional Well-being: An Osteopathic Approach to Mental Health—Millicent King Channell, DO, FAAO, program chair—Rosen Shingle Creek, Orlando, Florida

March 17 AAO’s annual business meeting and luncheon, 11:45 a.m. to 2:15 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 18 AAO Louisa Burns Osteopathic Research Committee’s meeting, 6:30 to 8 a.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 18 AAO Membership Committee’s meeting, 6:30 to 8 a.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 18 AAO Osteopathic Medical Economics Committee’s meeting, 12:30 to 2:30 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 18 AAO Postdoctoral Standards and Accreditation Committee’s meeting, 12:30 to 2:30 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 18 AAO Publications Committee’s meeting, 12:30 to 2:30 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 18 AAO Postdoctoral Training Committee’s meeting, 2:30 to 3:30 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 18 AAO Informational Technologies Committee’s meeting, 6:30 to 8 a.m. Eastern time—Rosen Shingle Creek, Orlando, Florida

March 19 AAO Board of Trustees’ meeting, 11 a.m. to 2 p.m. Eastern time—Rosen Shingle Creek, Orlando, Florida (also see March 16 listing)

March 20 Post-Convocation—Residency Program Directors’ Workshop—Michael P. Rowane, DO, FAAO, course director—Rosen Shingle Creek, Orlando, Florida

April 29–May 1 Fulford’s Basic Percussion Hammer—Richard W. Koss, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth

June 16-19 Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth (This course is being supported in part by the AAO’s Samuel V. Robuck Fund.)
Assistant/Associate Professor

Touro University California, a rapidly growing university offering graduate programs in health sciences and education, has an excellent opportunity for an Assistant/Associate Professor for Touro University College of Osteopathic Medicine/Osteopathic Manipulative Medicine Department on our Mare Island campus. The university is part of the Touro College and University System and is located on the northern tip of San Francisco Bay in Vallejo, California. Touro University California is an independent, non-profit Jewish-sponsored institution. It has 1,403 students in three graduate professional colleges (Osteopathic Medicine, Pharmacy, Education and Health Sciences).

POSITION DESCRIPTION: is not intended to cover every work assignment a position may have. Rather, they cover the broad responsibilities of the position.

Typical department duties will be designed to fulfill OMM department goals and priorities in delivering OMM curriculum in the preclinical and clinical periods of TUCOM curriculum. Personal and professional development faculty development will be considered in the assigning of duties in the effort to create a rewarding collegial work environment Duties will include but not be limited to the following:

• Generation and delivery of OMM didactic lectures, preclinical and clinical lab experiences
• Weekly participation OMM Laboratories (or Practical exams)
• Weekly approved clinical service
• Weekly attendance to OMM Department Meetings
• Weekly administrative Time
• University Service as assigned by Department Chair
• Other Assignments as required by the Department Chair

REPORTS TO: Chair of OMM Department

SPECIFIC RESPONSIBILITIES: are those work assignments which are predominant, regular and recurring.

These categories and times may be modified in consultation with the department chair to better meet the needs of the department and the faculty member. It is the responsibility of each faculty member to keep the department chair informed of work activities and projects. This should be done by consultation with the chair and/or submission of monthly activity reports within two weeks of the end of the month. Each faculty member is also responsible for submitting a monthly leave report within two weeks of the end of the month. It is expected that every faculty member will behave and interact with students, staff and faculty in a collegial and professional manner.

• All efforts will be made to distribute among the department the lecture/lab teaching load in an equitable manner, although the exact numbers of each may vary. First year faculty with limited academic experience are expected to attend departmental lectures as determined by the departmental chair. Variation from this standard may be given at the discretion of the department chair to meet departmental needs.

QUALIFICATIONS: is the Education, Training and/or related experience needed by the person to perform the job.

Applicant should be committed to the support and development of the next generation of enthusiastic Osteopathic physicians. This would include (but not necessarily limited to) modeling applied Osteopathic philosophies, OMM clinical integration, sound clinical decision processes, and moral/ethical sensitivity into clinical practice through the use of competent palpatory diagnosis and treatment.

RANK, SALARY, AND BENEFITS:

• Assistant or Associate Professor as determined by Touro Rank and Promotion Committee
• Salary based on experience and credentials
• Touro University faculty benefit package
• Clinic stipend and bonuses available
• Relocation assistance available

Informal interest/inquiries may be directed to:

R. Mitchell Hiserote, DO
Associate Professor and Chairman
Department of Osteopathic Manipulative Medicine
Touro University California
(707) 638-5945, Fax (707) 638-5946,
email: mitchell.hiserote@tu.edu
Salary is competitive and commensurate with background and experience.

If you are interested in learning more about faculty opportunities at Touro University California, College of Osteopathic Medicine, please e-mail your CV and a letter of interest to:

Search Committee
Email: Apply@tu.edu
Subject: Your Name, Assistant/Associate Professor OMM
or Mail: Touro University California
1310 Club Drive Vallejo, CA 94592

For more information please visit our website http://apprkr.com/694378

Touro University California is an Equal Opportunity/Affirmative Action Employer

Touro is a system of Jewish-sponsored non-profit institutions of higher and professional education. Touro College was chartered in 1970 primarily to enrich the Jewish heritage, and to serve the larger American community. Approximately 19,000 students are currently enrolled in its various schools and divisions. Touro College has branch campuses, locations and instructional sites in the New York area, as well as branch campuses and programs in Berlin, Jerusalem, Moscow, Paris, and Florida. Touro University California and its Nevada branch campus, as well as Touro College Los Angeles, are separately accredited institutions within the Touro College and University System. For further information on Touro College, please go to: http://www.touro.edu/media/
Call to Meeting

The American Academy of Osteopathy will hold its annual business meeting and luncheon at Rosen Shingle Creek in Orlando, Florida, on Thursday, March 17, 2016. The meeting will convene at 11:45 a.m. Eastern time.

ELECTING AAO LEADERS

All full members of the Academy, including resident members, are eligible to vote during the business meeting, as are life members and honorary life members. Voting for elected positions will be done digitally, so each member will need to bring a cell phone, tablet or other device with texting capability.

During the business meeting, AAO members will select the Academy’s next president-elect, its secretary-treasurer, two trustees, 10 governors, and four members of the Nominating Committee. Read about the candidates standing for election on Pages 5-18 of the January issue of AAO Member News.

BUSINESS MEETING AGENDA

Also during the luncheon, the AAO’s president, president-elect, secretary-treasurer and executive director will present their annual reports on the state of the Academy. AAO members will vote on proposed changes to the AAO’s Constitution and Bylaws, and they will vote to recertify the component societies. In addition, the AAO’s Academy Award winner and its Resident of the Year will be honored.

Although only full members can vote, retired members, associate members, international affiliates, honorary members and supporter members are invited to attend the luncheon. Academy members receive a complimentary lunch, and guests can purchase a lunch ticket when they register for the AAO’s 2016 Convocation.

PROPOSED CHANGES TO THE AAO CONSTITUTION AND BYLAWS

At the AAO Board of Trustees’ Jan. 31 meeting, the trustees reviewed the proposed amendments to the AAO Constitution and Bylaws recommended by the AAO’s Bylaws Committee. The Board submits the following proposed changes for consideration at the AAO’s annual business meeting. Changes are proposed for two amendments to the AAO constitution and three amendments to the AAO bylaws. AAO members are asked to direct their comments concerning these proposed amendments to AAO Interim Executive Director Sherri Quarles at SQuarles@academyofosteopathy.org or (317) 879-1881, ext. 214.

PROPOSED AMENDMENT NO. 1: Section A. Constitution, Article V. Board of Trustees, Section 3, page 2, line 64.

The term of office for each officer shall be one year. The President-Elect shall automatically succeed to the office of President each year, and the President shall similarly succeed to the office of Immediate Past President each year. The term of office for the trustees-at-large shall be three years, two to be elected each year.

Explanatory statement: The first sentence in this section duplicates provisions in Article IV. Officers, Section 2.

PROPOSED AMENDMENT NO. 2: Section A. Constitution, Article VI. Board of Governors, Section 1, page 2, lines 76-77.

There shall be a Board of Governors composed of the members of the Board of Trustees plus an additional thirty members elected by the General Membership, plus a representative chosen by The OSTEOPATHIC Cranial Academy, and a representative chosen by the Postgraduate American Academy of Osteopathy.

Explanatory statement: The Cranial Academy changed its name to the Osteopathic Cranial Academy in 2013, and now that the Board of Trustees has a resident member, the PAAO representative on the Board of Trustees automatically becomes a governor under provisions in Article V. Board of Trustees, Section 1.

PROPOSED AMENDMENT NO. 3: Section B. Bylaws, Article III. Fiscal Year, Section 2, page 5, lines 272-276.

The Board of Trustees may call special meetings when, in its discretion, it feels they are required, or upon the written petition by at least 10% of the voting members. Such special meetings shall be held only upon the giving of 30 days written notice to each member, mailed to his or her last known address.

Explanatory statement: This section duplicates provision in Section A: Constitution, Article VII. Meetings, Section 5.

(continued on Page 6)
PROPOSED AMENDMENT NO. 4: Section B. Bylaws, Article VII. Committees, page 6, addition of Section 5.

SECTION 5

RESIDENT AND STUDENT REPRESENTATION WILL BE PROVIDED ON AAO COMMITTEES AS DETERMINED BY THE BOARD OF TRUSTEES. THE RESIDENT COMMITTEE LIAISONS FOR EACH DESIGNATED COMMITTEE WILL BE SELECTED BY THE POSTGRADUATE AMERICAN ACADEMY OF OSTEOPATHY. THE STUDENT COMMITTEE LIAISONS FOR EACH DESIGNATED COMMITTEE WILL BE SELECTED BY THE STUDENT AMERICAN ACADEMY OF OSTEOPATHY. EACH RESIDENT COMMITTEE LIAISON POSITION AND EACH STUDENT COMMITTEE LIAISON POSITION WILL BE A VOTING POSITION ON THE DESIGNATED COMMITTEES.

Explanatory statement: Although the Academy constitution was amended in 2015 to add a student representative to the AAO Board of Trustees as a voting member, the Academy’s bylaws had not been modified to allow student committee members to vote.

PROPOSED AMENDMENT NO. 5: Section B. Bylaws, Article X. Fellowship in the American Academy of Osteopathy, Section 4, page 7, lines 415-418.

Information documents outlining prerequisites and requirements shall be provided to members of the profession by request. All revisions of this leaflet shall be approved by the Board of Governors of the American Academy of Osteopathy.

Explanatory statement: This passage duplicates provisions in Section 3 of Bylaws, Article X. Fellowship in the American Academy of Osteopathy.

You can review the AAO’s Constitution and Bylaws anytime at www.academyofosteopathy.org.

Register for Convocation Today to Avoid Late Fees

Time is running out to register for the AAO’s 2016 Convocation, which will be held March 16-20 at Rosen Shingle Creek in Orlando, Florida. Regular registration fees expire Feb. 28.

“Somatic Dysfunction and Emotional Wellbeing: An Osteopathic Approach to Mental Health,” chaired by Millicent King Channel, DO, FAAO, will focus on the first tenet of osteopathic medicine—the body is a unit; the person is a unit of body, mind, and spirit.

The lectures in the Convocation’s physician program will touch on topics such as childhood trauma, postpartum depression, nutrition and sleep disorders. Breakout sessions offer hands-on opportunities to apply newly learned techniques.

Running parallel to the main program will be the Student American Academy of Osteopathy’s program, which will have the theme, “Removing the Stigma From Mental Illness: An Osteopathic Approach.”

The AAO anticipates that Convocation will be approved for as many as 31.5 credits of AOA Category 1-A continuing medical education. Most, if not all, of those credits are expected to be specific for neuromusculoskeletal medicine and family medicine for purposes of board certification, recertification and osteopathic continuous certification.

Register online now or download the registration forms in the full brochure.

Pre- and Post-Convocation Courses Still Available

Although “Evidence-Based Visceral Function and Dysfunction With 3D Anatomy” with Kenneth J. Lossing, DO, and Stefan Hagopian, DO, FAAO, is at capacity, you can still register for two other pre-Convocation courses.

In “Fascial Distortion Model—Treatment of the Upper Extremities, Lower Extremities and Head Region,” Todd A. Capistrant, DO, MHA, will provide a solid...
foundation in the fascial distortion model (FDM), and he will lead attendees in exploring the FDM in relation to headaches and temporomandibular joint disorders. He will address the FDM’s role in treating patients with upper and lower extremity injuries such as epicondylitis, carpal tunnel syndrome, Osgood-Schlatter disease, Achilles tendonitis and plantar fasciitis. Although this is the third module in the Academy’s FDM series, it is not necessary to have taken the first or second module.

In “Brain 2: Brain Tissue, Nuclei, Fluid and Reticular Alarm System (RAS),” Bruno J. Chikly, MD, DO (France), will focus on the form, function and response mechanisms of the brain’s various components. Attendees will learn hands-on techniques to effectively release many primary restrictions that can affect the whole body. Attendees must have completed the course “Brain 1: Palpating and Treating the Brain, Brain Nuclei, White Matter and Spinal Cord.” In addition, they must know basic anatomical and physiological terms.

In addition, anyone with an interest in neuromusculoskeletal medicine (NMM) residencies is invited to attend the post-Convocation Residency Program Directors’ Workshop on Sunday, March 20, from 1 to 6 p.m. This workshop will address key concepts and practical pearls that will aid residency directors, their faculty and administrators in their roles as educators.

Facilitated by AAO Trustee Michael P. Rowane, DO, FAAO, FAAFP, the workshop is being designed to encourage participants to engage in conversation to share their experiences and the resources they find most beneficial. Register for the Residency Program Directors’ Workshop when you register for the AAO’s 2016 Convocation. There is an additional $100 fee.

**Rosen Shingle Creek Preferred Rate Ends Feb. 16**

Stay at Rosen Shingle Creek for as little as $199 per night when you register before Feb. 16. After Feb. 16, rates will increase and rooms will not be reserved for Convocation attendees.

Make your reservations online or call (866) 996-6338 and mention the AAO’s 2016 Convocation to get the best rate.

Situated on 230 acres just 15 minutes from Orlando International Airport, Rosen Shingle Creek boasts 1,501 guest rooms and suites and 490,000 square feet of dedicated, flexible meeting space. In addition, guests enjoy access to the Shingle Creek Golf Club, home of the Brad Brewer Golf Academy; a full-service spa; an extensive array of leisure facilities, including four heated pools, two hot tubs, two lighted tennis courts, a basketball court, a sand volleyball court, nature trails, walking trails and a video game room; a dozen dining options, including two AAA four-diamond restaurants, a taqueria, a sushi bar, a café, an ice creamery and poolside dining.

**Interested in Osteopathic Research?**

When you make your travel arrangements, remember DO-Touch.NET, a practice-based research network affiliated with the A.T. Still Research Institute in Kirksville, Missouri, will offer its Annual Meeting and Education Seminar on Wednesday, March 16, at Rosen Shingle Creek in Orlando. This meeting is open to anyone interested in promoting or conducting practice-based research in osteopathic manipulative medicine. Register online at DO-Touch.NET by March 10.

The network’s meeting will focus on the evidence base for adverse events of osteopathic manipulative treatment and the current methods for monitoring and characterizing these events. The meeting’s topics are related to a research project that DO-Touch.NET is conducting with a two-year grant from the Academy.

Visit the DO-Touch.NET website for more information, or contact Lisa Norman, the network manager, at LNorman@atsu.edu or (660) 626-2443. All arrangements for this meeting are being made by the Still Institute, not the Academy.
Undergraduate Fellows Gather at Convocation

The National Undergraduate Fellows Association (NUFA) plans at least three events at the AAO’s 2016 Convocation.

NUFA members are invited to attend a program on Wednesday, March 16, from 4 to 7 p.m. that will include a lecture and time for hands-on experience. The lecture and lab will focus on ligamentous articular strain and balanced ligamentous tension. Also during the program, the NUFA liaison for 2016-17 will be elected.

On Friday, March 18, NUFA members will have a fun scavenger hunt at the resort from 8 to 10 p.m. followed by drinks together at one of the resort’s several restaurants.

On Saturday, March 19, fellows of the AAO will work with NUFA members during the Magoun Memorial FAAO-NUFA Forum from 8 to 9:30 a.m. Several fellows will give brief lectures and lead the attendees in exercises to improve palpation skills.

NUFAs are invited to register for either the student program or the physician program.

PAAO Needs Your Donated Books

The Postgraduate American Academy of Osteopathy (PAAO) needs books for the raffle they will hold during their mixer on Wednesday, March 16, from 4:30 to 6 p.m. The PAAO’s annual mixer provides an opportunity for residents to network with potential employers and vice versa. The raffle injects fun into the event, and it encourages attendance.

Please consider donating one or more medically focused books to make this event a success. Have you written or contributed to a book about osteopathic manipulative medicine? Is there a book you found invaluable in your early years? Please ship a new copy to the AAO at the address below. Or you can use the AAO’s book order form and indicate the PAAO as the shipping address.

Download and print the shipping label with the address, or ship your books to:

Postgraduate American Academy of Osteopathy
c/o Sherri Quarles
American Academy of Osteopathy
3500 DePauw Blvd., Suite 1100
Indianapolis, IN 46268-1136

Books must be received in the AAO’s office by Feb. 19.

Full and Part-Time Faculty Positions Available:
Department of Osteopathic Principles, Practices and Integration

The University of the Incarnate Word School of Osteopathic Medicine (UIWSOM) educates aspiring physicians to be justice-minded, global citizens using a community-based, distributed model of education, which fosters inclusion, discovery and innovation.

Responsibilities: Participation in the design and implementation of a transformative, clinically relevant, integrated, competency-based osteopathic manipulative medicine and clinical skills curriculum.

Qualifications: D.O. degree from an accredited U.S. osteopathic medical school with unrestricted license to practice medicine in the state of Texas.

Preferred Qualifications: Board certification or board eligible in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine and/or board certification or board eligible in a field of primary care.

For more information and to apply, please visit: https://jobs.uiw.edu/
**Course Description**

While providing a solid foundation in the fascial distortion model (FDM), Todd A. Capistrant, DO, MHA, will lead attendees in exploring the FDM in relation to headaches and temporomandibular joint disorders, and he will address the FDM’s role in treating patients with upper and lower extremity injuries such as epicondylitis, carpal tunnel syndrome, Osgood-Schlatter disease, Achilles tendonitis and plantar fasciitis.

Techniques used in the course will include high-velocity, low-amplitude thrust; counterstrain; balanced ligamentous tension; and osteopathic cranial manipulative medicine.

Although this is the third module in the Academy's FDM series, it is not necessary to have taken the first or second module.

**Course Times**

Sunday through Tuesday from 8 a.m. to 6 p.m.

Breakfast and lunch are on your own. Coffee will be provided.

**Continuing Medical Education**

24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

**Course Location**

Rosen Shingle Creek
9939 Universal Blvd., Orlando, FL 32819-8701
Stay at Rosen Shingle Creek for as little as $199 per night.
Make your reservations online, or call (866) 996-6338. Mention the AAO’s Convocation to get the best rate.

**Travel Arrangements**

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Registration Fees**

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*The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I will attend the AAO’s 2016 Convocation.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ________________________________

Cardholder’s name: ________________________________

Expiration date: ________________ 3-digit CVV No.: ________________

Billing address (if different): ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Course Description
The form, function and response mechanisms of the brain’s various components will be the focus of this course. Attendees will learn hands-on techniques to effectively release many primary restrictions than can affect the whole body.

In this course, attendees will:
• learn to downregulate main components of the reticular alarm system (RAS), including learning techniques for the medial and lateral columns.
• learn to release specific mechanical restrictions in the ventricular system, including interventricular and intraventricular dysfunctions.
• study and practice techniques to treat patients for dysfunctions in the commissure of fornix, anterior commissure, internal capsule and corticospinal pathways, thalamic nuclei and inferior olivary nuclei.
• deepen skills in facilitating mobility of the brain and spinal cord and in releasing dysfunctions in the layers of the dura, arachnoid and pia mater.
• learn to complete brain and spinal cord release and free the cauda equina and filum terminale, spinal cord nerve roots and foramen magnum area.
• facilitate release of main ascending and descending pathways, as well as gray matter dysfunctions of the spinal cord.

Prerequisites
Attendees must have completed the course “Brain 1: Palpating and Treating the Brain, Brain Nuclei, White Matter and Spinal Cord.” In addition, they must know basic anatomical and physiological terms.

Continuing Medical Education
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Course Times
Sunday through Tuesday from 8 a.m. to 5:30 p.m.
Breakfast and lunch are on your own. Coffee will be provided.

Pre-Convocation—Brain 2: Brain Tissue, Nuclei, Fluid and Reticular Alarm System (RAS)
March 12-15, 2016 • Rosen Shingle Creek in Orlando, Florida

Course Director
Bruno J. Chikly, MD, DO (France), is a graduate of the medical school at St. Antoine Hospital in Paris. Dr. Chikly also has the French equivalent of a master’s degree in psychology. He received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a PhD in osteopathy from the Royal University Libre of Brussels in Belgium. He is the author of the book Silent Waves: The Theory and Practice of Lymph Drainage Therapy, as well as the creator of a DVD titled Dissection of the Brain and Spinal Cord.

Course Location
Rosen Shingle Creek
9939 Universal Blvd., Orlando, FL 32819-8701
Stay at Rosen Shingle Creek for as little as $199 per night. Make your reservations online, or call (866) 996-6338. Mention the AAO’s Convocation to get the best rate.

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form

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| I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration. |

| Signature: | |

Click here to view the AAO’s cancellation and refund policy.

Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax to (317) 879-0563.
A Tribute to Viola M. Frymann, MB, DO, FAAODist, FCA

Pillar of Osteopathic Medicine Dies

Viola M. Frymann, MB, DO, FAAODist, FCA, died Jan. 23.

Over her 67-year career, Dr. Frymann was well-known and well-loved in the osteopathic community. She was internationally recognized for her innovative approach to treating children.

In 1981, Dr. Frymann proposed a new practice focused on children – a place that was warm and friendly, welcoming, surrounded by beautiful gardens with space to run as opposed to the more traditional, imposing, formal medical office building. She proposed that clinicians at the practice would be “whole physicians who are concerned with whole patients” (The Journal of the OPSC, Vol. 7, Summer 1981, pages 26-28) and that the practice would include pediatricians, orthopedists, neurologists, otorhinolaryngologists, and ophthalmologists. Dr. Frymann’s innovative approach included separating the young patients from their parents during treatment sessions to promote honest, independent responses.

In 1982, Dr. Frymann’s proposed vision became a reality when she established the Osteopathic Center for Children (OCC). The medical director of the OCC, Shawn K. Centers, DO, FACOP, said in a statement, “We have lost a giant of osteopathy, but her light and knowledge lives on in every patient she treated and every student she touched around the world.”

Dr. Frymann’s interest in treating children stemmed from very personal reasons. Osteopathy aided a young Viola, and she later learned that it may have helped save her first child.

When she was only four years old, the young Viola was first treated by an osteopath in her native England because, as Dr. Frymann described herself, she was “puny.” The osteopath continued to treat Dr. Frymann’s family throughout her childhood and into her teen years as a ballet dancer. When her budding ballet career was arrested by an injured ankle, Dr. Frymann turned her focus to osteopathy. While the school of osteopathy was shuttered during World War II, Dr. Frymann earned an MD degree from the University of London.

After the war, Dr. Frymann still wanted to pursue a future in osteopathy, and she didn’t want to be limited by the restrictions placed on British osteopaths. So she enrolled in the California College of Osteopathic Physicians and Surgeons. She completed her studies there in only two years.

Dr. Frymann met William Garner Sutherland, DO, at a course he taught in 1952, and she learned that cranial osteopathy could benefit infants with intractable vomiting, a condition that had led to the death of her first child.

Upon learning of Dr. Frymann’s death, AAO Trustee Cathie Kimball, DO, said, “Her work with children deeply influenced my own practice. Though I did not know her well personally, her influence in our profession and teachings live on in many.”

Dr. Frymann was instrumental in restoring osteopathic licensure to California and in

At the AAO’s 2006 Convocation, Dr. Frymann tested IsoTouch technology, which measures the pressure exerted by a physician’s hands during diagnosis or treatment. (Photo courtesy of Michael L. Kuchera, DO, FAAO)
establishing what is now the Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California. She was a former president of the Osteopathic Cranial Academy, a Sutherland Memorial Lecturer on three separate occasions, a Thomas L. Northup Lecturer, a recipient of the Academy’s Andrew Taylor Still Medallion of Honor and of the AAO’s Founder of Osteopathy Award. In addition, she was a member of the charter class of the American Osteopathic Association’s Great Pioneers in Osteopathic Medicine. According to Daniel A. Shadoan, DO, the president of the Osteopathic Cranial Academy, Dr. Frymann “helped bring the cranial concept into the mainstream of our profession.”

In a the preface to The Collected Papers of Viola M. Frymann, DO, Dr. Frymann describes how she endeavored to elucidate the movement of cranial bones and how it felt to see the cranial rhythmic impulse recorded on an oscillography for the first time.

Memorial contributions may be made to Osteopathy’s Promise to Children (OPC), the foundation established in 1992 to support the work of the OCC. “We at OPC and OCC have continued all the programs [Dr. Frymann] started in research, clinical training, clinical education, and of course the OCC pediatric clinical service,” said Hollis H. King, DO, PhD.

Learn more about Dr. Frymann and her work with this video created by Dr. King.

Percussion Course Coming in April

Robert C. Fulford, DO, an early student of William G. Sutherland, DO, and Beryl Ar buckle, DO, pioneered using the percussion hammer to realign fascia. Richard W. Koss, DO, a student of Dr. Fulford, will present “Fulford’s Basic Percussion Hammer” from April 29 to May 1 in Fort Worth, Texas. And in December, Dr. Koss will present an Academy-sponsored advanced percussion course sponsored for the first time in more than 15 years.

The percussion hammer can be an invaluable tool in realigning fascia in patients of all ages. Using his background as an engineer and his understanding of the human body, Dr. Fulford established this innovative treatment technique. Dr. Fulford believed that the body contained interflowing streams of energy, and when those streams were blocked, patients developed illnesses or other dysfunctions. When the vibrating percussion hammer is gently applied to one side of the body, its vibrational frequencies are able to release blockages as it travels across the body and back.

Dr. Koss first attended a percussion course taught by Dr. Fulford in 1987 when Dr. Koss was a resident in osteopathic manipulative medicine at what is now the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri. Two years later, Dr. Fulford invited Dr. Koss to be a table trainer for a percussion course. Dr. Koss continued to assist Dr. Fulford until the latter’s death in 1997.

The courses offered by Dr. Koss are the same basic and advanced percussion hammer courses as taught by Dr. Fulford in the last 10 years of his life. Dr. Koss helped Dr. Fulford develop the curricula for these courses while the pair taught together. Dr. Koss has taught these courses all over the United States and internationally.

Attendees must have completed a 40-hour introductory cranial course approved by The Osteopathic Cranial Academy or undergone equivalent training as determined by the course director.

Register online now for the basic course, and watch the Academy’s website for news of the advanced course, which is tentatively scheduled for Dec. 2-4 in Indianapolis.
Course Description
Based on the work of the late Robert C. Fulford, DO, this course introduces Dr. Fulford’s concepts of vibration, love and breath as they relate to osteopathic philosophy and practice.

Strongly influenced by Andrew Taylor Still, MD, DO, and William Garner Sutherland, DO, Dr. Fulford emphasized how the energy of the body affects the physiology of the body. He was a proponent of the percussion hammer, which sends oscillating energy waves through the body to encourage healing.

Attendees will learn about Dr. Fulford’s life and practice, and they will come to understand how life energy, fascia and piezoelectricity affect anatomy.

By the end of the course, attendees will be able to evaluate their patients, diagnose dysfunctions and apply vibratory treatment following Dr. Fulford’s teachings on the percussion hammer.

Prerequisite
Attendees must have completed a 40-credit introductory cranial course approved by The Osteopathic Cranial Academy or undergone equivalent training as determined acceptable by the course director.

Course Times
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 9 a.m. to 3 p.m.

Meal Information
Breakfast and lunch will be provided each day. Please contact the Academy with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Continuing Medical Education
22 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd.
Fort Worth, TX 76107

Registration Fees
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Members in the News

In 2015, AAO President Doris B. Newman, DO, FAAO, and Edward E. Packer, DO, FACOP, the vice president of the American College of Osteopathic Physicians, discovered that Current Procedural Terminology (CPT) Codes for osteopathic manipulative treatment (OMT) were not included on Florida’s Medicaid Physician Fee Schedule, and therefore, osteopathic physicians were not being reimbursed for providing OMT to pediatric patients. Dr. Newman and Dr. Packer contacted the American Osteopathic Association (AOA) for help, and after months of advocacy, the AOA was able to get the CPT codes for OMT added to the physician fee schedule for 2016. This change benefits almost 100 members of the Academy who practice in Florida.

In October 2015, Elizabeth “Liza” Gibbs, OMS III, who attends the Campbell University Jerry M. Wallace School of Osteopathic Medicine in Buies Creek, North Carolina, co-presented a CV-writing workshop at the American Osteopathic Association’s Osteopathic Medical Exposition and Conference. Read more advice on writing your curriculum vitae in the Nov. 17 story published by The DO.

At the fall conference of the Osteopathic Physicians and Surgeons of California (OPSC), Melissa G. Pearce, DO, of Vallejo, California, coordinated the open learning sessions, succeeding long-time coordinator Virginia M. Johnson, DO, FAAO, of Pacific Palisades. The open learning sessions provide personalized demonstrations of osteopathic manipulative treatment, much like the AAO’s Osteopathic Education Service. AAO members Ethan R. Allen, DO, of Norwalk, and Robert C. Clark, DO, MS, of Concord, volunteered their time and talent to serve as educators during these sessions.

In 2015, Lori Alane Kemper, DO, MS, FACOFP, the dean of the Midwestern University/Arizona College of Osteopathic Medicine in Glendale, accompanied first-year osteopathic medical students on an uncommon field trip to the Phoenix Art Museum. The 250 students who attended the “Learning to Observe” event received thought-provoking instruction on how to observe, analyze and interpret different artworks as they toured the museum’s galleries. These improved observational skills will help the students evaluate patients more carefully.

Kayla C. Jelinek, OMS IV, and Elise M. Craig, OMS III, from the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing, volunteered with MSUCOM’s Peru global outreach program in 2015. During the annual mission trip, begun in 2009, volunteers set up and staff a free health clinic to provide basic health care and education to Peruvians. Read about Jelinik’s and Craig’s work in Peru in a Nov. 13 story published online by The DO.

Mark W. Robinson, DO, an associate program director for the family medicine residency at Aurora Health Care in Milwaukee, Wisconsin, hopes osteopathic recognition will help his program continue to attract high-quality DO candidates according to a Dec. 1 article published online by The DO. “Having osteopathic recognition really shows our dedication to maintaining osteopathic family medicine training,” Dr. Robinson says.

In a Dec. 16 article published by The DO, Jacob Ly Duong, DO, of Fort Worth, Texas, discusses the importance of caring for former military personnel. “If any group really needs osteopathic care—not just manipulation, but whole-person care—it’s our military and veterans,” says Dr. Duong.

By telling the story of her struggle with depression, SAAO member Katrina Tau Hua Lin, OMS II, of Tulsa, Oklahoma, hopes to raise awareness of osteopathic medical students struggling with mental illness. In a Jan. 19 article published online in The DO, Lin writes about how difficult it was to recognize and cope with depression at the beginning of her second year of osteopathic medical school. She hopes that the efforts of the Council of Osteopathic Student Government Presidents’ Mental Health Awareness Task Force will remind students that they are not alone in their struggles.

Sutherland Cranial Teaching Foundation
Upcoming Courses

SCTF Basic Course:
Osteopathy in the Cranial Field
June 9–13, 2016
Marian University College of Osteopathic Medicine
3200 Cold Spring Road • Indianapolis, IN
Course Director: Daniel Moore, D.O.
40 hrs □ CME anticipated □ course cost: $1,650

SCTF Continuing Studies Course: The Eye
October 7–9, 2016
UNE-COM Alfond Center for Health Sciences
Biddeford, ME
Course Director: Michael Burreuano, D.O., F.A.C.
Schedule & course cost: TBA
(visit the web site for updates)

Visit our website for enrollment forms and course details: www.sctf.com
Contact: Joy Cunningham 907-868-3372
Email: jcunningham4715@yahoo.com
At age 19, SAAO member Jacob Jay Adashek, OMS II, of San Diego, was diagnosed with leukemia, and he required a bone marrow transplant. When Adashek’s four siblings were eliminated as matches, he was fortunate that a 28-year-old man from Israel was a perfect match. Adashek describes his experience in “Finding a Human Leukocyte Antigen Match—A Perfect Stranger,” which was published online by JAMA Internal Medicine on Jan. 25.

The February 2016 issue of The Journal of the American Osteopathic Association included “Establishing a Professionalism Score in an Osteopathic Manipulative Medicine Curriculum” by Karen T. Snider, DO, FAAO, of Kirksville, Missouri. Because medical professionalism has been linked with incidences of disciplinary action later in physicians’ careers, the A.T. Still University–Kirksville College of Osteopathic Medicine (ATSU-KCOM) developed a rubric to objectively measure professionalism in the first two years of osteopathic medical school. In this article, which was completed as part of the requirement toward earning the designation Fellow of the American Academy of Osteopathy, Dr. Snider describes how the ATSU-KCOM implemented an objective evaluation of professionalism.

In “The Man in Room 7218,” Nicholas Wade Salupo, OMS III, of Indianapolis recounts the profound impact a particular patient made on him. This “In Your Words” contribution to the February 2016 issue of The Journal of the American Osteopathic Association describes how Salupo’s relationship with a sometimes cranky patient taught him to care for people, not just patients.

SAAO member Ravi Uppal, OMS III, of Davie, Florida, was elected president of the Canadian Osteopathic Medical Student Association, which is dedicated to spreading knowledge of osteopathic medicine in Canada and abroad. Born in Prince George, British Columbia, Uppal completed his undergraduate studies at the University of California in Davis.

Have It Your Way: It’s Your Name

Does your name read the way you want it to on correspondence from the Academy and on the AAO’s “Find a Physician” service at FindOMM.org? Or does it have your full middle name when you prefer to use your middle initial? Does it have a hyphen between your two last names instead of the space you prefer? Is it missing one of your doctoral degrees or fellowship designations? If so, let the Academy know, and we will fix your name to your liking.

Just log on to the “Edit My Information” page on the Academy’s website using your primary email address and your AAO password. You can then modify the name fields so that your name appears the way you want it to.

While you are editing your name, take a few minutes to make sure that all of the contact information the Academy has for you is up to date on the “Edit My Information” page.

If you would rather have the Academy modify your name or contact information, call AAO Membership Liaison Susan Lightle, CPS, at (317) 879-1881, ext. 217, or email her at SLightle@academyofostopathy.org.

The Academy recommends that you be consistent in how you list your name with the Academy and the American Osteopathic Association (AOA). So log in to the AOA’s website or check your listing on the AOA’s “Find a DO” page. If the AOA’s version of your name does not match what you asked the Academy to use, contact the AOA’s Member Service Center at msc@osteopathic.org or (800) 621-1773, ext. 1. Be sure to provide your AOA ID number when you contact the AOA.
Apply for EHR Meaningful Use Hardship Exception as Individual or Group

The Centers for Medicare and Medicaid Services (CMS) has released details of its new Electronic Health Records (EHR) Meaningful Use hardship exception process for physicians and other eligible professionals (EPs). These changes are a result of legislation (the Patient Access and Medicare Protection Act) that Congress passed shortly before the end of the year.

The new applications and instructions for a hardship exception from the Medicare Electronic Health Records Incentive Program 2017 payment adjustment are available online. Applications for a hardship exception are due to CMS by March 15. The new application process has been streamlined to reduce the amount of information that physicians must submit to apply for an exception.

The legislation passed in December established that the Secretary may consider providing blanket hardship exceptions for “categories” of EPs and eligible hospitals identified on CMS’ website as of Dec. 15, 2015. Prior to this law, CMS was required to review all applications on a case-by-case basis.

In addition, CMS will now allow groups of providers to apply for a hardship exception on a single application. Under the group application, multiple providers and provider types may apply together using a single submission. Providers will have the option to submit an electronic file (in excel or csv formats) with all National Provider Identifiers (NPIs) or CMS Certification Numbers (CCNs) for providers within the group or use a multiple NPI or CCN form to submit their application. In addition, facilities that include both inpatient and outpatient settings may include both the individual NPIs for any eligible professionals and the CCN for the eligible hospitals and CAHs on the same single submission for their organization.

The American Osteopathic Association (AOA) is seeking further clarification from CMS on how blanket exceptions will be determined by the agency in this new process, and will provide additional details once they are established.

Commission Confirms OCC and MOC Not Required for Relicensure

In late December, the Interstate Medical Licensure Compact Commission convened for a second time to continue the process of establishing the entity and making decisions that will lead to issuing licenses through the Compact. The Commissioners confirmed in a letter that while board certification is required for initial licensure, Osteopathic Continuous Certification (OCC) and Maintenance of Certification (MOC) are not required for relicensure under the Compact.

In related news, Wisconsin became the twelfth member state in the Compact and six new states have introduced legislation to join as well. Twenty-six states have now introduced or adopted bills to become members. The AOA continues to support the Compact as a way for states to work together to ease the administrative burdens for physicians seeking licensure in multiple states. It is expected that several states will join the Compact in the coming legislative cycle.

Dissection of the Brain & Spinal Cord (Neuraxis)
Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT

In the DVD Dissection of the Brain and Spinal Cord (Neuraxis), Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT, present a detailed and explicit evaluation of the specific structures of the central nervous system. They start by helping viewers to orient themselves to a brain model before shifting to a systematic explanation of each dissection cut. Each structure is carefully labeled with English and Latin anatomical terminology. The 14 chapters of this DVD are an amazing introduction to the complex structures and terminology of neuroscience.

Dr. Chikly is a graduate of the medical school at St. Antoine Hospital in Paris. A registered osteopath in France, Dr. Chikly received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a doctoral degree in osteopathy from the Royal University Libre of Brussels in Belgium.

Alaya Chikly developed heart-centered therapy, an approach that addresses the emotional component of disease.

1 hour, 38 minutes; $85

AAO members receive a 10% discount. • www.academyofosteopathy.org
This is the first in a series of courses that the American Academy of Osteopathy (AAO) will be conducting to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME). This course will also be valuable for DO and MD faculty in these residency programs.

In addition, osteopathic physicians who do not use osteopathic manipulative treatment (OMT) daily will find this course useful, as will other health care professionals with limited or no experience with manipulative techniques.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; joint play; myofascial release; and high-velocity, low-amplitude thrust.

This course is supported in part by the AAO's Samuel V. Robuck Fund.

Course Times
Thursday from noon to 6 p.m.
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m.

Continuing Medical Education
28 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Meal Information
Breakfast and lunch will be provided on Friday and Saturday. Please contact the Academy with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
19555 N. 59th Ave., Glendale, AZ 85308

Registration Form
Introduction to Osteopathic Manipulative Medicine
June 16-19, 2016

Name: ______________________ AOA No.: ____________

Nickname for badge: ________________________________

Street address: ____________________________________

City: ____________ State: _____ ZIP: ____________

Phone: __________________ Fax: __________________

Email: __________________________

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

Course Director
Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth edition of the textbook Greenman’s Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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☐ I will attend the AAO’s 2016 Convocation.

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Expiration date: ____________ 3-digit CVV No.: __________

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Signature: __________________________

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Course Description
Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, will present research data that support using a functional approach to treat patients for gait dysfunctions.

During the past few decades, gait concepts have evolved from using a leg-propelling model to using the trunk-driving model that Serge Gracovetsky, PhD, outlined in his book The Spinal Engine. Dr. Stiles suggests that combining these two models with the floating compression pelvic model and the Mitchell axes model will provide a comprehensive understanding of gait mechanics. With traditional approaches to osteopathic manipulative treatment, sacral- and innominate-related gait dysfunctions can persist. By employing the clinical approach presented in this course, physicians can be confident that their patients are walking toward health.

Course Location
Pyramid Three (two buildings away from the AAO’s office)
3500 DePauw Blvd., lower level, Conference Rooms A and B
Indianapolis, IN 46268
(317) 879-1881, ext. 220

Course Times and Meal Information
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact the AAO’s event planner with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Continuing Medical Education
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Travel Arrangements
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Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or contact the Academy at EventPlanner@academyofosteopathy.org or at (317) 879-1881, ext. 220.
Honing treatment into three basic steps, *Healing Pain and Injury* illuminates the underlying and often mysterious causes of pain and dysfunction and charts a path to recovery.

Many patients suffer from terrible headaches, insomnia, weight gain, sexual dysfunction, neck and back pain, immune disorders, cognitive problems, and many other conditions. With *Healing Pain and Injury*, Dr. Nerman helps those who are suffering needlessly, letting them know that there is hope by providing critical tools for their healing.

By Maud Nerman, DO, CSPOMM, CA, 383 pages, paperback, $24.95

*Exploring Osteopathy in the Cranial Field* is designed for the interested physician and for the beginning to intermediate student of this topic. It can easily be used as an accompanying manual for a first or second course in osteopathy in the cranial field, and some topics are useful for more advanced study. *Exploring Osteopathy in the Cranial Field* is especially suitable for use in a 40-hour first or second level course on this topic.

By Raymond J. Hruby, DO, FAAODist, 164 pages, spiral-bound, $59.95

Drs. Evans and Rowane have designed *Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter* for the primary care professional who wants a basic guide to managing commonly seen clinical problems that are amenable to musculoskeletal manipulation. The assessments and techniques presented are ideal for this situation. Both are rapid and efficient, and they are specifically designed for use during a 15-minute office visit. All chapters provide objectives, illustrative cases with answers, clear illustrations to highlight clinically important anatomic landmarks, assessment tips, treatment techniques, and key summary points. All photographs focus on critical elements of examination and treatment techniques for rapid review at the point of care.

By Michael P. Rowane, DO, MS, FAAFP, FAAO, and Paul Evans, DO, FAAFP, FACOFP

239 pages, hardcover, $99.95

AAO members receive a 10% discount off listed prices.

Download the Academy’s book order form or visit www.academyofosteopathy.org to place your order.
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

Feb. 19-21, 2016
The Osteopathic Cranial Academy
Changing Lives: Osteopathy’s Gift to Children
Course director: Margaret A. Sorrel, DO, FCA
Assistant course director: Miriam V. Mills, MD, FAAP
Albuquerque Marriott Hotel in New Mexico
20.5 credits of AOA Category 1-A CME anticipated
Learn more and register at www.cranialacademy.com.

March 4-6, 2016
Michigan State University College of Osteopathic Medicine
Advanced Clinical Pearls
Course director: Edward G. Stiles, DO, FAAO
East Lansing Marriott in Michigan
22.5 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu.

March 4-6, 2016
Sutherland Cranial Teaching Foundation
Treating Compressions in the Cranium
Course director: Kenneth Eugene Graham, DO
DoubleTree at the Lloyd Center
Portland, Oregon
16 credits of AOA Category 1-A CME anticipated
Learn more and register at www.sctf.com.

March 16, 2016
DO-Touch.NET
Annual meeting: Treatment Response or Adverse Event?
Rosen Shingle Creek in Orlando, Florida
8.5 credits of AOA Category 1-A CME anticipated
Learn more at www.do-touch.net.

April 13-17, 2016
Arizona Osteopathic Medical Association
94th annual convention: We Are Family
Hilton Scottsdale Resort & Villas in Arizona
35.0 credits of AOA Category 1-A CME anticipated
Learn more and register at www.az-osteo.org.

April 15-17, 2016
The Osteopathic Cranial Academy
Introduction to Dr. Fulford’s Philosophy of Life and Basic Percussion Course
Course director: Paula L. Eschtruth, DO, FCA
Doubletree Portland in Oregon
20 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.cranialacademy.org.

April 15-19, 2016
Michigan State University College of Osteopathic Medicine
Muscle Energy: Part I
Course director: Carl W. Steele, DO, PT
Course faculty: Edward Isaacs, MD, and Mark Bookhout, MS, PT
East Lansing, Michigan
34 credits of AOA Category 1-A CME anticipated
Learn more and register at com.msu.edu.

May 6-8, 2016
Osteopathic Center, San Diego
Intermediate cranial course:
Expanding Osteopathic CMM for the Intermediate
Course director: Raymond J. Hruby, DO, MS, FAAODist
40 credits of AOA Category 1-A CME anticipated
Learn more and register at www.the-promise.org.

May 11, 2016
American Osteopathic Association of Prolotherapy Regenerative Medicine
Pre-conference: Mesotherapy
Course director: Aline G. Fournier, DO
 Rancho Bernardo Inn, San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org.

May 11, 2016
American Osteopathic Association of Prolotherapy Regenerative Medicine
Pre-Conference: Nutrition, Lies and Hormones
Course director: Lisa Everett Anderson, BSc Pharm, FACA, CCN
Rancho Bernardo Inn, San Diego, California
8 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org.

May 12-15, 2016
American Osteopathic Association of Prolotherapy Regenerative Medicine
Spring 2016 Training Seminar—Prolotherapy and Cadaver Conference: Advancing the Art of Prolotherapy
Program chair: Arden Bruce Andersen, DO
 Rancho Bernardo Inn, San Diego, California
27 credits of AOA Category 1-A CME anticipated
Learn more and register at www.prolotherapycollege.org.

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