Message From the Interim Executive Director

Academy Well Represented at AOA

Along with AAO President Laura E. Griffin, DO, FAAO, and AAO President-elect Michael P. Rowane, DO, MS, FAAFP, FAAO, I had the honor of representing the Academy at the American Osteopathic Association's annual meeting, which was held July 17-24 in Chicago.

While attending the weeklong event, we attended the meetings of the AOA Board of Trustees and select AOA committees, and we networked with leaders of other osteopathic specialty societies and with key AOA staff.

House of Delegates

The Academy had a strong presence throughout the AOA House of Delegates. While we had just one official delegate and one alternate, another 87 members of the 2016 House of Delegates are members of the Academy.

In addition, at least 15 of those Academy members sat on House reference committees this year, including the AOA’s 2013-14 president, Norman E. Vinn, DO, MBA, and five former Academy presidents— Dennis J. Dowling, DO, MA, FAAO; George J. Pasquarrello, DO, FAAO; Michael A. Seffinger, DO, FAAFP, Kenneth H. Johnson, DO, FAAO; and David Coffey, DO, FAAO, FCA.

Based on recommendations from the Academy’s Board of Trustees, the AAO solicited the help of its members in the House of Delegates to share with their delegations the Academy’s position on key issues.

First, there were several resolutions on maintaining certification and osteopathic continuous certification. They ranged from essentially suggesting the cessation of all ongoing certification to taking a pause and studying our progress thus far and making changes under the guidance of the specialty colleges. The Academy’s Board of Trustees (continued on Page 2)

“Let Your DO Out,” Urges AOA President Buser

On Saturday, July 23, Boyd R. Buser, DO, FACOFP, of Pikeville, Kentucky was installed as the 120th president of the American Osteopathic Association (AOA).

“It’s an honor to lead our profession at a time when our nation—and the entire world for that matter—faces unprecedented challenges to building healthy communities,” Dr. Buser said in his inaugural address. He said, “I have never been more optimistic about our future.”

The number of osteopathic physicians has quadrupled in the past 30 years. There are now 123,000 DOs and osteopathic medical students, representing more than 10 percent of all physicians in the U.S. and approximately 20 percent of all family physicians. There are 33 colleges of osteopathic medicine on 48 campuses in 31 states, and more are in development.

“Helping people recover their health and sense of well-being, having a better, happier life: What could possibly be a more fulfilling contribution for anyone to make to (continued on Page 4)
The AOA House of Delegates, which met July 22-24 in Chicago, included almost 90 members of the Academy. (Photo by Michael P. Rowane, DO, MS, FAAO, FAAFP)

Executive director’s message (continued from Page 1)

recommended the latter approach as put forth by the American College of Osteopathic Family Physicians (H-210).

While resolution H-210 was passed with significant changes, the more important point is that it was passed in the context of the pending board certification summit of AOA officials with all members of all certifying boards to evaluate and discuss the future of our certification process. We will be looking forward to the outcomes of this process.

The other issue we invested our time in were the several motions that were made to alter the AOA membership documents with the purpose of allowing our MD colleagues to be members. The proposed changes to the AOA Constitution and Bylaws used the all-encompassing term physicians. The Academy advocated to change it to osteopathic and allopathic physicians to maintain osteopathic distinction while granting membership to the only other doctors with full medical practice rights.

While this motion was delayed until next year to coincide with other necessary changes, it was deferred with the recommendation of our requested terminology included.

You can see the full list of resolutions at Osteopathic.org, and you can see the full list of Academy member delegates on Page 6 of this newsletter.

Osteopathic Education Service

Continuing a long tradition, the Academy offered its Osteopathic Education Service (OES) at the House of Delegates. Under the direction of former AAO president and former Illinois delegate Ann L. Habenicht, DO, FAAO, FACOFP, CS, 26 DOs provided 81 hands-on demonstrations of osteopathic manipulative treatment to AOA delegates and guests.

Read more about OES on Page 7.

Presidential Inauguration

There were many other interesting and inspiring moments, like the town hall session on the opioid epidemic with National Drug Control Policy Director Michael Botticelli and the A.T. Still Memorial Lecture delivered by AOA past president Martin S. Levine, DO, MPH, FACOFP dist, but the pinnacle of the week was the inauguration of Boyd R. Buser, DO, FACOFP, as the AOA’s 120th president on Saturday, July 23.

This was a special moment for the Academy as Dr. Buser has been heavily engaged in leading the Academy. Dr. Buser was the AAO’s 1995-96 president, and in recent years, he has served on the AAO’s Board of Governors (2009-18), Strategic Planning Committee (2010-12), International Affairs Committee (2009-16) and Nominating Committee (2009-16). While serving as the AOA’s president, Dr. Buser will take a leave of absence from his Academy responsibilities.

(continued on Page 4)
## AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.  

### 2016–2017

<table>
<thead>
<tr>
<th>Month</th>
<th>Event Description</th>
<th>Date</th>
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<tbody>
<tr>
<td>Aug. 5–6</td>
<td>AAO Education Committee’s meeting—AAO office in Indianapolis</td>
<td>Nov. 24</td>
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<tr>
<td>Aug. 5–6</td>
<td>SAAO Executive Council’s meeting—AAO office in Indianapolis</td>
<td>Dec. 1</td>
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<tr>
<td>Aug. 9</td>
<td>AAO Membership Committee’s teleconference—9 p.m. Eastern</td>
<td>Dec. 2-4</td>
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<td>Aug. 10</td>
<td>Committee on Fellowship in the AAO’s teleconference—8:30 p.m. Eastern</td>
<td>Nov. 24</td>
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<tr>
<td>Sept. 5</td>
<td>Labor Day—AAO office closed</td>
<td>Dec. 1</td>
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<tr>
<td>Sept. 15</td>
<td>AAO Board of Trustees’ meeting—9 a.m. to 5 p.m. Pacific—Anaheim, California</td>
<td>Nov. 24</td>
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<tr>
<td>Sept. 16</td>
<td>AAO Leadership Forum—9 a.m. to 5 p.m. Pacific—Anaheim, California</td>
<td>Dec. 1</td>
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<tr>
<td>Sept. 17</td>
<td>AAO Education Committee’s meeting—9 to 10:30 a.m. Pacific—Anaheim, California</td>
<td>Nov. 24</td>
</tr>
<tr>
<td>Sept. 17</td>
<td>AAO Publications Committee’s meeting—3 to 4:30 p.m. Pacific—Anaheim, California</td>
<td>Dec. 1</td>
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<tr>
<td>Oct. 15</td>
<td>Committee on Fellowship in the AAO’s meeting—AAO office in Indianapolis</td>
<td>Feb. 3-4</td>
</tr>
<tr>
<td>Oct. 21-23</td>
<td>What’s the Point? Multifaceted Clinical Approaches to Viscerosomatic Reflexes—Michael L. Kuchera, DO, FAAO, course director; William H. Devine, DO, and Richard A. Feely, DO, FAAO, FCA, course faculty—Midwestern University/Arizona College of Osteopathic Medicine in Glendale</td>
<td>March 15-19</td>
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- **Thanksgiving Day**—AAO office closed  
- **FAAO applications due**  
- **Fulford’s Advanced Percussion Hammer**—Richard W. Koss, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth  
- **Cranial Approach of Beryl E. Arbuckle, DO**—Kenneth J. Lossing, DO, course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale  
- **Christmas Day**—AAO office closed  
- **New Year’s Day**—AAO office closed  
- **Committee on Fellowship in the AAO’s teleconference—8:30 p.m. Eastern**  
- **Osteopathic Management of Chronic Pain: Addressing Chronic Fatigue Syndrome, Fibromyalgia, Multiple Sclerosis and Neuroinflammation**—Bruno J. Chikly, MD, DO (France), course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale  
- **AAO Convocation—The Balance Point: Bringing the Science and Art of Osteopathic Medicine Together**—Natalie Ann Nevins, DO, program chair—The Broadmoor, Colorado Springs, Colorado
their fellow human beings? This is the DO within us,” Dr. Buser said.

A member of the AOA Board of Trustees since 2004, Dr. Buser led the AOA’s negotiations on creating a single accreditation system under the Accreditation Council on Graduate Medical Education. “From the beginning, unifying the GME accreditation system has been built to assure perpetuation of the distinctive elements of osteopathic GME, and increasing those opportunities for all physicians in training,” Dr. Buser said in his address.

Dr. Buser reported that many existing programs that were accredited by ACGME have requested osteopathic recognition, expanding the opportunities for the more than 70 percent of osteopathic medical students who prefer to enter residencies that have osteopathic recognition.

Although some members of the profession have expressed concern that the new system will diminish the role of osteopathic leadership, Dr. Buser assured listeners, saying, “Our AOA board certification will continue, and we are working to strengthen its value so it will grow and thrive in a competitive market.” He hearkened back to his childhood in Iowa, saying, “Think of our integration into ACGME governance and administration as hybrid vigor—that is, the offspring being superior to either of the parents.”

Dr. Buser praised the leadership of the AOA’s 2015-16 president, John W. Becher, DO, saying, “Thank you for knowing just the right ways to motivate, engage and inspire us all.” He also praised the AOA’s public awareness campaign that was launched in 2015. Since the campaign launched in the fall of 2015, the Doctors That DO website has been used more than 300,000 times to find physicians.

Dr. Buser reminded listeners that the future of osteopathic medicine is literally in their hands. “I invite you all to join us as we create our future, a future where more and more patients get osteopathic care: what they want, what they deserve and what we provide when we let our DO out,” he said.

While serving as the president of the American Osteopathic Association, Dr. Buser will take a leave of absence from his role as the dean of the Pikeville University-Kentucky College of Osteopathic Medicine.

Having served as the AAO’s 1995-96 president, Dr. Buser is the seventh Academy member to serve as president to both organizations. Read more about Dr. Buser in the August 2015 issue of AAO Member News.

Executive director’s message (continued from Page 2)

Dr. Buser is not the first AAO past president to lead the AOA. J. Scott Heatherington, DO, was the last physician who led both organizations, and that was 46 years ago. Dr. Heatherington served two separate terms as the Academy’s president after leading the AOA. The Academy’s first president, Perrin T. Wilson, DO, also served the AOA before the Academy, as did the AAO’s fifteenth president, R. McFarlene Tilley, DO.

Three other Academy presidents—George W. Northup, DO, FAAO; George J. Luibel, DO, FAAO; and Paul E. Wilson, DO—learned the presidential ropes at the Academy before exercising them at the AOA.

Dr. Griffin said, “The inauguration of Dr. Buser … filled all of us with pride at his achievements and the knowledge that the AOA has never been in better osteopathic hands.”
Learn about emerging concepts in the field of manual medicine, including medical imaging and musculoskeletal evaluation and treatment, as they relate to the disciplines of neuromusculoskeletal medicine, sports medicine, family medicine and pediatrics.

This year’s program will feature joint sessions with the American Osteopathic Association of Sports Medicine, the American Osteopathic College of Physical Medicine and Rehabilitation, the American College of Osteopathic Pediatricians, the American College of Osteopathic Family Physicians, and the Osteopathic International Alliance.

In addition, Martin S. Levine, DO, MPH, FACOFP dist., will deliver the 43rd annual Thomas L. Northup Lecture.

Topics and speakers

“Common Myofascial Trigger Points” with Robert Gerwin, DO
“Introduction to Dry Needling” with Robert Gerwin, DO
“Diet and Fitness Industry Review—Get Off the Hamster Wheel!” with Steve Karageanes, DO, FAOASM
“Functional Movement Screen Workshop” with Steve Karageanes, DO, FAOASM
“Lumbar MRI Interpretation” with Michael Wilcynski, DO
“A Rational Approach to Diagnosing and Treating Low Back Pain” with Lisa Ann DeStefano, DO
“Yoga for Rehabilitation and Performance Improvement” with Stacey L. Pierce-Talsma, DO, MS, FNAOME
“Concussion Evaluation and Management” with Priscilla Tu, DO
“Treatment of the Dura for Concussion” with Kenneth J. Lossing, DO
“Osteopathic Considerations in the Pediatric GI Patient, Parts 1 and 2” with Kimberly J. Wolf, DO, and Stacey L. Pierce-Talsma, DO, MS, FNAOME
“Evaluation and Management of the Crossed Syndromes” with Shawn Kegler, DO, FAOASM, and Richard G. Schuster, DO

To automatically earn NMM-specific CME, select the AAO as one of the specialty colleges whose lectures you will attend.
AAO Members Account for 13 Percent of Delegates

Almost 90 Academy members travelled to Chicago in July to represent their states at the American Osteopathic Association’s annual House of Delegates. In addition, AAO President Laura E. Griffin, DO, FAAO; AAO President-elect Michael P. Rowane, DO, MS, FAAO, FAAFP; and AAO Interim Executive Director Sherri L. Quarles attended the meetings as representatives of the AAO.

Sierra Autumn Grasso, OMS IV, and Amber M. Brown, OMS III, represented the Student American Academy of Osteopathy at the House of Delegates. Grasso chairs the Executive Council of the SAAO, and Brown is SAAO’s national coordinator. Both students are undergraduate fellows in osteopathic manipulative medicine.

Of those Academy members named as delegates, four chaired their state’s delegation: Stephanie Nicole Aldret, DO, of Lafayette, Louisiana; William M. Foley, DO, MSc, of Newton, Massachusetts; Joel A. Kase, DO, MPH, of North Yarmouth, Maine; and Jacqueline Marie Stoken, DO, of Waukee, Iowa.

The 2016 House of Delegates consisted of 423 delegates and 80 alternates from 45 states, 31 student delegates and 29 student alternates from 24 states, and 23 delegates and 13 alternates from 22 specialty colleges of the AOA.

With 54 delegates and 7 alternates, Academy members made up 12 percent of state delegates, and SAAO members accounted for 33 percent of all student representatives.

AAO member delegates:

Karen E. Arscott, DO
John E. Bodell, DO, FACOS, FAACS
Brian L. Browning, DO
Boyd R. Buser, DO, FACOFP
Mark S. Cantiere, DO, FAAO
Michael Aaron Chipman, DO
Vasilios Chriosotomidis, DO
David Coffey, DO, FAAO, FCA
Tyler C. Cymet, DO
Nate DeLisi, DO
Linda Delo, DO
Jerome A. Dixon, DO, MNS, CCD
Dennis J. Dowling, DO, MA, FAAO
Anthony D. Elkins, DO
Kevin G. Falk, DO
Leigh (Jack) Forbush, DO
Wolfgang Gerhard Gilliar, DO
Eric Edwin Gish, DO
Ellice Goldberg, DO
Pamela L. Grimaldi, DO
Jeffrey S. Grove, DO
Stefan Hapogian, DO, FAAO
Deborah M. Heath, DO
Nicklaus James Hess, DO
Kenneth H. Johnson, DO, FAAO
Virginia M. Johnson, DO, MBA, FAAO
Lori Alane Kemper, DO, MS, FACOFP
Michael Thomas Kolinski, DO
Jennifer Anne Lorine, DO
Brian Loveless, DO
David L. Lukens, DO
Jessica Lynn Masser, DO, MS
Charles D. Milligan, DO
Angelique C. Mizera, DO
Clarence L. Nicodemus, PhD, DO
Meredith C. Norris, DO
George J. Pasquarello, DO, FAAO
Sonia Rivera-Martinez, DO, FACOFP
Laura M. Rosch, DO
Steven F. Rubin, DO, FACOFP
Danielle J. Schehr-Kimble, DO
Michael A. Seffinger, DO, FAAFP
Philip L. Shettle, DO
Anita L. Showalter, DO
Arthur J. Speece, DO
William Harry Stager, DO, MPH, FAAO, FACOFP
Joel D. Stein, DO, FAAO
Stephen M. Swetech, DO, FACOFP
Norman E. Vinn, DO, MBA
Elisa E. H. Vinyard, DO
Barbara E. Walker, DO
Elaine M. Wallace, DO, MS, MS
Jan M. Willcox, DO, FACOFP

AAO member alternate delegates:

Stephanie W. Collins, DO
William H. Devine, DO
Sharon Gustowski, DO, MPH
Vishnukant Joshi, DO
Brian E. Kaufman, DO, FACP, FACOI
Hollis H. King, DO, PhD, FAAO
Lisa Lya Pacheco, DO

SAAO member delegates:

Asma Syedah Hashim, OMS II
Rachel Young-Ju Kim, OMS II
Christopher Alexander Kordick, OMS II
Shaun Patrick Ostrofe, OMS II
Emilie Boyle Pinto, OMS II
Alyssa Morgan Ritchie, OMS II
Ethan Stewart Stephens, OMS II
Jesse Eugene Thompson, OMS II
Loren Touma, OMS II

SAAO member alternate delegates:

Mir Tatlashum Ali, OMS III
Jordan Stanford Rashad Brown, OMS II
Rachel Faye Cohen, OMS II
Sarah Anne Cromer, OMS II
Emily Jane Eshleman, OMS II
James Ibarreta Estipona, OMS II
Dakotah Rose Forell, OMS II
Bhavik Gupta, OMS III
Matthew Joseph Hamilton, OMS II
Matthew Louis Macoul, OMS III
Farrah Elyse Rink, OMS II
Jamie Christine Shawver, OMS II
OES at House of Delegates and OMED

Once again, the AAO offered its Osteopathic Education Service (OES) to attendees at the American Osteopathic Association’s House of Delegates in Chicago on July 22-23. At the OES, volunteer physicians provide hands-on demonstrations of osteopathic diagnostic and treatment techniques.

For physicians who are passionate about osteopathic manipulative treatment (OMT), the OES is a perfect opportunity to demonstrate its effectiveness. The OES also is a great opportunity for physicians who use OMT in their practices to experience the healing benefits themselves.

Ann L. Habenicht, DO, FAAO, FACOFP, CS, coordinated the OES in Chicago. In the two days the OES was open, the following 24 osteopathic physicians provided 81 demonstrations:

- Mark S. Cantieri, DO, FAAO
- Michael Aaron Chipman, DO
- Lisa R. Chun, DO, MS, FNAOME
- David Coffey, DO, FAAO, FCA
- Stephanie W. Collins, DO
- Nate DeLisi, DO
- Laura E. Griffin, DO, FAAO
- Ann L. Habenicht, DO, FAAO, FACOFP, CS
- Stefan Hagopian, DO, FAAO
- Kendi L. Hensel, DO, PhD
- Catherine M. Kimball, DO
- Martin S. Levine, DO, MPH, FACOFPdist
- Angelique C. Mizera, DO
- Doris B. Newman, DO, FAAO
- Lisa Lya Pacheco, DO
- George J. Pasquarello, DO, FAAO
- Lawrence L. Prokop, DO
- Hallie J. Robbins, DO, ABPMR
- Michael P. Rowane, DO, MS, FAAO, FAAFP
- Danielle J. Schehr-Kimble, DO
- Richard G. Schuster, DO
- Anita L. Showalter, DO
- Joel D. Stein, DO, FAAO
- Antonios A.J. Tsompanidis, DO, FACOFP
- Geraldine Urse, DO
- Andrew Yuan, DO

OES at OMED

The Academy will offer the OES at the AOA’s Osteopathic Medical Conference and Exposition (OMED) in Anaheim, California, from Saturday, Sept. 17, through Monday, Sept. 19, in the exhibit hall.

DOs from all specialties are invited to volunteer to demonstrate their palpatory and treatment skills at the OES. Volunteers earn 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide at OES. In addition, volunteers who provide five or more demonstrations are entitled to a one-time 10 percent discount on books in the AAO’s online store.

While the AAO prefers that volunteering DOs register for the OES in advance, the Academy will accept on-site registration.

For more information about the OES, contact AAO Interim Executive Director Sherri L. Quarles at SQuarles@academyofosteopathy.org.

Save OMT: Comment on Proposed Changes to Local Coverage Determination

National Government Services (NGS), a regional Medicare carrier in 10 states—Connecticut, Illinois, Maine, Massachusetts, Minnesota, New Hampshire, New York, Rhode Island, Vermont and Wisconsin—has announced that they intend to change the local coverage determination (LCD) DL33616, which dictates coverage indications and limitations/medical necessity for OMT.

The Academy leadership has been working closely with American Osteopathic Association staff to understand the behind-the-scenes strategy to address this national concern. Academy leaders want to make sure the Academy’s and AOA’s efforts align so they are not working at cross-purposes, and they are coordinating efforts with other associated osteopathic organizations in advocating for OMT services to best serve all DOs and patients.

You were first contacted about this issue via email on July 14. Since then, AAO President Laura E. Griffin, DO, FAAO, and other Academy leaders attended the AOA Bureau of Socioeconomic Affairs’ meeting on July 21 in Chicago where they received more detailed information about the planned response. In addition, Sherri L. Quarles, the AAO’s interim executive director, continues daily communication with
Share Your Feedback

The Osteopathic Medical Economics Committee wants to hear from you if you have any questions or concerns regarding this or other issues you are experiencing with reimbursement for OMT services. Email the Academy at info@academyofosteopathy.org, and your emails will be routed to Brian E. Kaufman, DO, FACP, FACOI, who chairs OMEC, or Pamela L. Grimaldi, DO, the committee’s vice chair, as appropriate. Dr. Kaufman and Dr. Grimaldi practice in Maine and Massachusetts, respectively, two of the states affected by the proposed changes.

AAO Supports Comprehensive Addiction and Recovery Act

On July 13, Congress passed the Comprehensive Addiction and Recovery Act of 2016 (CARA), and President Barack Obama signed the bill into law on July 26. The bill authorizes the attorney general and the secretary of health and human services to award grants to address the national epidemics of prescription opioid abuse and heroin use and to provide for the establishment of an interagency task force to review, modify and update best practices for pain management and prescribing pain medication. CARA strengthens prevention, treatment, and recovery efforts by empowering medical professionals and law enforcement officials with more tools to help those with substance use disorders. It also expands access to Naloxone so emergency medical workers can help reverse overdoses and improve treatment for the incarcerated.

On behalf of all Academy members, AAO President Laura E. Griffin, DO, FAAO, signed the AAO’s name to a letter expressing appreciation for the bipartisan, bicameral legislation. In addition, the letter urges Congress to continue to build on this achievement by ensuring adequate funding to ensure access to treatment for all who seek it. The American Osteopathic Association sent the letter to members of Congress on July 14.

The Academy will keep you informed of any developments as we continue to work with the wider medical community to establish osteopathic manipulative treatment as an essential tool in pain management. You can reach out to Dr. Griffin via email at LauraGriffinAAO@gmail.com if you have any comments or concerns.

Save OMT
(continued from Page 7)

the AOA to ensure Academy members are kept updated as much as possible.

Resources to Help Save OMT

The SaveOMT.org website is up and running! DOs, osteopathic medical students and patients now have a portal to communicate their opposition to the draft LCD, and the AOA has the ability to track communications and to follow up. Below is an overview of this week’s SaveOMT campaign activities.

Call-to-Action: The AOA has asked affiliates who wish to communicate directly with their members to send a call-to-action to direct DOs, OMS and patients to the website at www.SaveOMT.org. Before you draft your comment letter, you may want to review the AOA’s talking points.

Petition Cards: In addition to the launch of SaveOMT.org, every AOA member in the 10 affected states will receive a letter from AOA President Boyd R. Buser, DO, FACOFP, asking them to return two petition cards expressing their opposition to the draft LCD. Those members should receive the letter at the end of this week or early next week, depending on location. The AOA will follow up with each person returning a petition card and ask them to take additional advocacy actions.

DO to DO Outreach: Since the SaveOMT.org website allows the AOA to track who has and who has not submitted comment letters, the AOA asks DOs and OMS who submit comment letters to adopt two other DOs or OMS who haven’t done so. This will be an ongoing effort.

Add Your Voice: Download a flier to post at your office encouraging patients to add their voices to the discussion.

The public comment period ends Aug. 13.

Add Your Voice
www.SaveOMT.org
What’s the Point?
Multifaceted Clinical Approaches to Viscerosomatic Reflexes

Oct. 21-23, 2016 • Midwestern University/Arizona College of Osteopathic Medicine in Glendale

Palpable somatic “points” provide the osteopathic clinician with key insights directing differential diagnoses and focused approaches to patient systemic complaints. Interestingly, from those using Chapman’s reflexes or Jones’ counterstrain points to those who integrate acupuncture concepts or Travell’s myofascial trigger points, insightful clinicians have noted a significant overlap and a great deal of similarity in clinical presentations.

Working from Chapman’s approach, this course will compare and contrast a number of clinically relevant points, focus on practical diagnostic and therapeutic clues and organize the information in a practical manner for patient care. Emphasis will be placed on developing and expanding skills and strategies to speed diagnosis and recovery.

Residents, residency trainers and directors of medical education will be accorded special tips for maximizing the integrative focus of this course.

Course Faculty
Led by course director Michael L. Kuchera, DO, FAAO, the faculty will include William H. Devine, DO, and Richard A. Feely, DO, FAAO, FCA. Additional faculty may be added as attendance requires.

Course Times
Friday and Saturday, 8 a.m. to 5:30 p.m. Sunday, 8 a.m. to noon.

Continuing Medical Education
20 credits of NMM-specific AOA Category 1-A CME anticipated.

Meal Information
Breakfast will be provided each day. Lunch will be provided Friday and Saturday. Contact the AAO Event Planner Gennie Watts at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101, 19555 N. 59th Ave., Glendale, AZ 85308

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form
What’s the Point? Multifaceted Clinical Approaches to Viscerosomatic Dysfunction
Oct. 21-23, 2016

Name: ____________________________ AOA No.: ____________

Nickname for badge: ____________________________

Street address: ____________________________

________________________________________________________________________

City: ____________________________ State: _______ ZIP: _______

Phone: ____________________________ Fax: ____________________________

Email: ____________________________

Click here to view the AAO’s cancellation and refund policy.

Course Faculty
Michael L. Kuchera, DO, FAAO, is a professor of osteopathic manipulative medicine at the Marian University College of Osteopathic Medicine in Indianapolis. Dr. Kuchera frequently lectures on the diagnosis and management of somatic dysfunction in patients with pain, systemic disorders or specific neuromusculoskeletal complaints.

An internationally recognized educator, William H. Devine, DO, is a professor of osteopathic manipulative medicine (OMM) at the Midwestern University/Arizona College of Osteopathic Medicine (MWU/AZCOM) in Glendale, where he also serves as the director of postgraduate OMM, the director of the musculoskeletal medicine residency and the coordinator of the osteopathic specialty clinic.

Since 2000, Richard A. Feely, DO, FAAO, FCA, has operated the Feely Center for Optimal Health in Olympia Fields, Illinois, where he uses osteopathic manipulation and acupuncture to provide relief from headaches and muscle and joint pain. In addition, he serves as an adjunct professor of OMM at the Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois, and at the Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California.

Registration Fees
On or before Aug. 19 Aug. 20–Oct. 15 On or after Oct. 16

Academy member in practice* $650 $700 $900

Resident or intern member $450 $500 $700

Student member $250 $300 $500

Nonmember practicing DO or other health care professional $850 $900 $1,100

Nonmember resident or intern $650 $700 $900

Nonmember student $450 $500 $700

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________

Cardholder’s name: ____________________________

Expiration date: ____________________________ 3-digit CVV No.: ____________________________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Jane E. Carreiro, DO, Named Dean of UNECOM

The AAO’s 2012-13 president, Jane E. Carreiro, DO, has been named dean of the University of New England College of Osteopathic Medicine (UNECOM) in Biddeford, Maine. She will serve as the dean designate beginning Aug. 1, and she will begin her appointment as the dean on Nov. 1.

A 1998 graduate of UNECOM, Dr. Carreiro has chaired UNECOM’s Department of Osteopathic Manipulative Medicine since 1999. Since joining the UNECOM faculty in 1993, Dr. Carreiro has inspired her students to incorporate osteopathic principles and practice into their specialties, ranging from family medicine and emergency medicine to neurology and neurosurgery.

In addition to serving as the AAO’s 2012-13 president, Dr. Carreiro has served on the AAO’s Board of Governors and Nominating Committee since 2014. In 2010, she chaired the AAO’s program at the American Osteopathic Association’s annual Osteopathic Medical Conference and Exposition.

At the AAO’s 2015 Convocation, she was awarded the Andrew Taylor Still Medallion of Honor, which is given to AAO members who have exhibited an exceptional understanding and application of osteopathic principles and concepts.

An internationally recognized teacher, Dr. Carreiro prepared the original text of the World Health Organization’s Benchmarks for Training in Osteopathy. In addition, she has chaired the Board of Directors of the Osteopathic International Alliance since 2014.

Dr. Carreiro has held visiting faculty positions at the Royal Melbourne Institute of Technology in Australia; at the European School of Osteopathy in Maidstone in the United Kingdom; and at the Wiener Schule für Osteopathie in Vienna. She was a faculty member and medical consultant at the London Osteopathic Centre for Children from its founding in 1991 through 1994, and the German Society of Pediatric Manual Medicine named her honorary chief of pediatric manual medicine in 2006.

Dr. Carreiro is the author of two books: Pediatric Manual Medicine and An Osteopathic Approach to Children. Both have been translated into multiple languages. She also was a section editor for the third edition of the AOA’s Foundations of Osteopathic Medicine.

Dr. Carreiro is board certified in the osteopathic specialty of neuromusculoskeletal medicine and in osteopathic family medicine.

Membership Announcements

2016-17 Dues Payments Past Due
Dues notices for 2016-17 were mailed in May, and reminders were mailed in July. Payments were due July 31. Please pay your 2016-17 dues at your earliest opportunity so that the Academy can budget wisely. You can pay your dues securely online by logging in to your account at www.academyofosteopathy.org, or you can mail your payment to the American Academy of Osteopathy at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

New Graduates: Membership Expired
Your membership in the Student American Academy of Osteopathy (SAAO) expired when you graduated. To stay connected with your colleagues in the Academy and to learn about AAO opportunities, join the Postgraduate American Academy of Osteopathy. You can join the PAAO for as little as $39 per year when you sign up for a three-year membership. Return the PAAO membership application with your payment to AAO Membership Liaison Susan Lightle at SLightle@academyofosteopathy.org or at 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

Get Noticed
Are you and your practice listed on the Academy’s Find a Physician page? If not, perhaps the “do not publish” button is checked in your profile. Log in to your profile at www.academyofosteopathy.org and uncheck the box marked “do not publish” to be sure you are your receiving this valuable member benefit. While you are in your profile, update all work and home information, including primary and secondary specialties. Or contact AAO Membership Liaison Susan Lightle at SLightle@academyofosteopathy.org or (317) 879-1881, ext. 217, and ask her to check your status. This is particularly important to do if you are just out of residency and starting a new practice.
Academy Members Recertified by AOBNMM

At the AAO’s Convocation in March, 30 Academy members were recertified by the American Osteopathic Board of Neuromusculoskeletal Medicine. Physicians must be recertified every 10 years. The next recertification opportunity will take place Nov. 12-13 in Indianapolis. Visit aobnmm.org for more information.

The 30 members who successfully recertified in March are as follows:

Regina M. Asaro, DO
Jack John Calabria, DO
Kathryn E. Calabria, DO
Kevyn L. Comstock, DO
Joseph F. Corigliano, DO
Darrin D. D’Agostino, DO
Stephen M. Ellestad, DO
Larry L. Ellis, DO
Leigh (Jack) Forbush, DO
Christopher A. Frothingham, DO
Eng Tiong Huu, DO
Brian E. Kaufman, DO, FACP, FACOI
Steven H. Leifheit, DO
Kenneth J. Lossing, DO
Saskia M. Lytle-Vieira, DO
Claudia L. McCarty, DO, FAAO
Thomas Michael McCombs, DO
L. Markham McHenry, DO
Trevor T. Nimmons, DO
Sheila D. Page, DO
David L. Redding, DO
Therese Marie Scott, DO
Ronald William Taylor, DO
Mo-Ping Marlene Tham, DO
Brett Philip Thomas, DO, FAAO
Kevin Albert Thomas, DO
Laura Anne Tinning, DO
John P. Tortu, DO
Miguel A. Velazquez, DO
Robert Charles Woodbury, DO

The AAO Journal Needs Your Expertise

The editors of The AAO Journal are looking to expand the journal’s base of reviewers and contributors.

Potential reviewers should have moderate experience writing for academic audiences or conducting research. Experience with the publication process, as either a writer or reviewer, is a bonus.

Not sure if you have what it takes? Watch a slideshow from The Journal of the American Osteopathic Association that outlines expectations of reviewers. While the JAOA uses a different technical process from the AAOJ, the guidelines and expectations are similar.

Interested physicians should email Brian E. Kaufman, DO, FACOI, FACP, the AAOJ’s Scientific Editor, at EditorAAOJ@gmail.com. Include a brief summary of your experience and your areas of expertise.

AAOJ reviews are double-blinded to promote objectivity and candor. The AAOJ’s Instructions for Contributors are posted online.

In addition, Dr. Kaufman is looking to recruit osteopathic clinicians to write up osteopathic techniques, tips or variations they employ that may be published in a developing feature section of the AAOJ, and he’s looking for specialists to develop osteopathic responses to articles published in nonosteopathic literature. For example, how would the osteopathic approach contribute to studies published in other scientific journals or featured in news articles?

Academy Members Honored at Ohio Symposium

Several Academy members were honored at the Ohio Osteopathic Symposium, which was held April 20-24 in Columbus.

The Ohio State Society of the American College of Osteopathic Family Physicians named Douglas W. Harley, DO, FACOFP, of Akron, Family Physician of the Year; Nicklaus James Hess, DO, of Dayton, Young Family Physician of the Year; and Anthony C. Bianco II, DO, of Cincinnati, Family Medicine Resident of the Year.

Nicole Elizabeth George, OMS IV, from the Ohio University Heritage College of Osteopathic Medicine at Athens, was honored for her research poster.

Charles D. Milligan, DO, of Orrville, was elected treasurer of the Ohio Osteopathic Association.
This course traces the cranial approaches of William Garner Sutherland, DO; Beryl E. Arbuckle, DO; and Robert Fulford, DO. Dr. Arbuckle was one of Dr. Sutherland’s earliest students, studying with him before he taught using primary respiration as a therapeutic force. Diagnosis was performed by palpating the position of the cranial bones and motion testing. In her work with children, Dr. Arbuckle mostly used direct techniques.

Dr. Arbuckle was able to attend hundreds of autopsies, mostly on pediatric neurological cases. She observed regularly arranged fibers in the dura that she called “stress fibers.” She also noted that the skull was reinforced in certain places, which she called buttresses. The stress bands and buttresses are used in both diagnosis and treatment.

Attendees will explore the embryology of the head; motion test the sphenobasilar suture, the cranial base, the face, the buttresses, the cranial-cervical junction, and the sacrum; unlock the bony skull and the membranes; work with stress bands; and explore the significance of thoracic respiration.

### Registration Form

Cranial Approach of Beryl Arbuckle, DO  
Dec. 2-4, 2016

Name: ___________________________  AOA No.: ____________

Nickname for badge: ___________________________

Street address: _____________________________________________

__________________________________________________________________________

City: ___________________  State: _______  ZIP: __________

Phone: __________  Fax: __________

Email: ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ______________________________

I am a practicing health care professional.

☐ I am a resident or intern.

☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Cardholder’s name: ______________________________

Credit card No.: ______________________________

Expiration date: __________  3-digit CVV No.: __________

Billing address (if different): _____________________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ______________________________

Click here to view the AAO’s cancellation and refund policy.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

Click here to view the AAO’s photo release statement.
When Merideth Norris, DO, of Kennebunk, Maine, announced she would treat patients with addiction disorders regardless of whether they were covered by insurance, the Bangor Daily News paid attention. In addition, Dr. Norris was featured in a May 23 story on The DO. Dr. Norris was appalled to learn that one patient’s primary care physician had given him the number for a closed recovery center and expected the patient to find his own way through the recovery process. Dr. Norris told The DO, “Addiction is a medical condition, and as physicians, we need to treat it as such and guide patients toward appropriate treatment.”

David W. Shoup, DO, an associate professor at the Midwestern University/Arizona College of Osteopathic Medicine in Glendale, didn’t always plan to become an osteopathic physician. Chronic hand pain, a result of spending up to eight hours a day practicing violin, mandolin and guitar, inspired him to learn to write with his nondominant hand and to restring his violin so he could bow with his left hand. He visited more than a dozen doctors over two years before he found relief with E. Carlisle Holland, DO. Read Dr. Shoup’s story online at The DO. Dr. Shoup was a presenter at the AAO’s 2015 OMED program, which focused on performing arts medicine.

In May, Boyd R. Buser, DO, FACOFP, of Pikeville, Kentucky, delivered the S. Lawrence Koplovitz, DO, Address at the Pennsylvania Osteopathic Medical Association’s (POMAs) 108th annual clinical assembly in King of Prussia, Pennsylvania. Dr. Buser’s address focused on “Creating Our Future in Osteopathic Medicine.” In addition, Dr. Buser received an Award of Appreciation from POMA, and he addressed members of the organization’s House of Delegates.

Two of nine research grants recently awarded by the American Osteopathic Association went to Academy members: Kendi L. Hensel, DO, PhD, from the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth, will study the effects of osteopathic manipulation on gait kinematics and postural control in Parkinson’s disease, and Sheldon C. Yao, DO, from the New York Institute of Technology College of Osteopathic Medicine in Old Westbury, will study the effect of osteopathic manipulation on balance, function and biomarkers in Parkinson’s. Read more about the grants online at The DO. Dr. Hensel serves on the AAO’s Board of Trustees, and Dr. Yao serves on the Board of Governors.

The news that Michael P. Rowane, DO, MS, FAAFP, FAAO, of Richmond Heights, Ohio, was chosen as the AAO’s president-elect was included in the Summer 2016 issue of the Buckeye Osteopathic Physician.

Jessica Watari, OMS IV; Samuel Sunny Jacob, OMS IV; and To Shan Li, DO, from the New York Institute of Technology College of Osteopathic Medicine in Old Westbury, are among the authors of “Etiology, Evaluation, & Osteopathic Management of Adult Constipation,” which was published in the July/August 2016 issue of Osteopathic Family Physician.

As a teenager, Jeffrey Gazzara, DO, was diagnosed with retinitis pigmentosa, which causes gradual vision loss. Now legally blind, Dr. Gazzara is a resident in neuromusculoskeletal medicine at the Mercy Health Muskegon in Michigan. Dr. Gazzara told The DO, “People who have all five senses tend to rely on their vision a lot, so I think there’s a misconception that perfect vision is essential. Touch can help bridge the gaps.” After completing his residency, Dr. Gazzara plans to practice sports medicine.

Students at the Touro University College of Osteopathic Medicine (TUCOM) in Vallejo, California, can supplement their traditional anatomy studies by taking a new elective course that teaches anatomy through the practice of yoga. In search of a more interactive way to teach anatomy, Stacey L. Pierce-Talmsa, DO, MS-EdL, FNAOME, an associate professor at TUCOM, and her husband, Joel Talmsa, an anatomy instructor, developed the course together and taught it for the first time to 32 students during the spring 2016 semes-

(continued on Page 14)
As a first-year osteopathic medical student at the Georgia Campus of the Philadelphia College of Osteopathic Medicine in Suwanee, Hannah Shin, OMS II, led the Health Care Academy, which provided mentors to high school students interested in health care careers. Roughly 30 students at Central Gwinnett High School stayed late on Friday afternoons to participate in the program provided by students of osteopathic medicine, pharmacy and biomedical sciences. The first few weeks of the three-month program focused on emergency medicine case studies. Shin told the Gwinnett Daily Post, “We wanted them to not only be able to shift through the noise and determine which parts of the case contributed to the overall diagnosis, but to also learn how to find and utilize reliable sources.” This summer, Shin received the Health Career Academy Summer Fellowship Award for planning and preparing for the Health Care Academy for the coming academic year.

In June, Stephen M. Swetech, DO, FACOFP, of Clinton Township, Michigan, and his daughter Maria Stephanie Swetech, DO, a 2016 graduate of the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing, earned first place among students at MSUCOM’s third annual Statewide Campus System Research Poster day. Liu earned $300 for her project on management options and surgical outcomes for men who develop urethral strictures following a transurethral resection of the prostate. Learn more at www.com.msu.edu.

Susan Milani, DO, who chairs the OMM Department at the Touro College of Osteopathic Medicine in Harlem, was spotlighted on TouroCOM’s website. Watch the video to learn how Dr. Milani discovered osteopathic medicine through professional dancing.

SAAO member Sindi Diko, OMS II, recently was featured in the Student Spotlight on the website of Rocky Vista University.

Members in the news (continued from Page 13)

Mary K. Brigandi, DO, of Pottstown, Pennsylvania, presented a lecture titled “Using Osteopathic Manipulation to Treat Low Back Pain” in May at the 108th annual clinical assembly of the Pennsylvania Osteopathic Medical Association in King of Prussia, Pennsylvania.

SAAO member Esther Kai-Jim Liu, OMS IV, from the Michigan State University College of Osteopathic Medicine in East Lansing, earned first place among students at MSUCOM’s third annual Statewide Campus System Research Poster day. Liu earned $300 for her project on management options and surgical outcomes for men who develop urethral strictures following a transurethral resection of the prostate. Learn more at www.com.msu.edu.

Follow the AAO online

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www.linkedin.com/company/american-academy-of-osteopathy
www.twitter.com/AmAcadOsteo
www.youtube.com/channel/UCCE4z3ZoZmZ6vY5MD5Elukw/videos/
Based on the life exploration, philosophy and osteopathic practice of Robert C. Fulford, DO, this course builds on principles addressed in the basic course. More sensitive and potent concepts and techniques will be presented with supervised practice to assure a proper level of mastery during the course.

Dr. Fulford continued developing new techniques using the percussion hammer, which he pioneered, necessitating the development of an advanced course in the mid 1990s to allow participants to grasp the far-reaching osteopathic healing concepts that were the essence of the old doctor.

This is the same advanced course as taught by Dr. Fulford. An extra day has been added to allow greater study and practice into the thinking and practice of the modern-day osteopathic physician.

**Prerequisites**
Attendees must have completed a 40-hour introductory cranial course approved by The Osteopathic Cranial Academy and the basic percussion course provided by Dr. Koss.

**Continuing Medical Education**
22 credits of NMM-specific AOA Category 1-A CME anticipated.

**Course Times**
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 9 a.m. to 3 p.m.

**Meal Information**
Breakfast will be provided Friday and Saturday. Lunch will be provided Friday through Sunday. Contact AAO Event Planner Gennie Watts with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

**Course Location**
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., Fort Worth, TX 76107

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Course Director**
When Richard W. Koss, DO, completed his undergraduate degree at Springfield College in Massachusetts, he planned to teach physical education, but an encounter with Bertha Miller, DO, changed his focus to osteopathic medicine.

In 1982, Dr. Koss graduated from what is now the A.T. Still University-Kirksville College of Osteopathic Medicine (ATSU-KCOM) in Missouri, after which he served in the U.S. Air Force Medical Corps for four years as a general medical officer, first at McChord Air Force Base near Tacoma, Washington, and then at Robins Air Force Base in Warner Robins, Georgia.

Dr. Koss first attended a percussion course taught by Robert C. Fulford, DO, in 1987 when Dr. Koss was a resident in osteopathic manipulative medicine at ATSU-KCOM. Two years later, Dr. Fulford invited Dr. Koss to be a table trainer for a percussion course. Dr. Koss continued to assist Dr. Fulford until the latter’s death in 1997.

**Registration Fees**

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

**Registration Form**

** Fulford’s Advanced Percussion Hammer  
Dec. 2-4, 2016  

☐ I have completed the prerequisites.

Name: ___________________________ AOA No.: ____________

Nickname for badge: ____________________________

Street address: ______________________________

City: ___________________________ State: _______ ZIP: ____________

Phone: ___________________ Fax: _____________________

Email: ______________________________

☐ I am a practicing health care professional.

☐ I am a resident or intern.

☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: _____________________________

Cardholder’s name: __________________________

Expiration date: ____________ 3-digit CVV No.: ____________

Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _____________________________

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Click here to view the AAO’s photo release statement.
In Memoriam

Victor N. Kassicieh, DO, DD
Victor N. Kassicieh, DO, DD, of Dublin, Ohio, died Feb. 9, 2016, at the age of 85. Born in Jerusalem, Dr. Kassicieh was a 1967 graduate of what is now the A.T. Still University-Kirksville College of Osteopathic Medicine in Missouri. He was in private family practice in Nelsonville, Ohio for the majority of his career, and he retired in 1995.

Gregory D. Strebel, DO
Gregory D. Strebel, DO, of Milwaukie, Oregon, died May 7, 2016, at the age of 57. He was a 1990 graduate of what is now the Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California.

Dr. Strebel specialized in family medicine, and from 2002 to 2013, he worked for the Touro University College of Osteopathic Medicine (TUCOM) in Vallejo, California, where he served as associate professor in the Primary Care Department (PCD), course coordinator for the PCD, vice chair of the PCD, director of early clinical experience, director of postgraduate education, and assistant dean of clinical education.

In August 2013, Dr. Strebel moved to Oregon, where he practiced family medicine and continued to work with students at the Lebanon campus of WesternU/COMP.

Dr. Strebel was a kind and generous man with a great sense of humor, beloved by his students, and respected by his peers. He was always available for students to offer his time, guidance, compassion or just an empathetic ear. His caring and competent nature as a faculty member earned him student awards such as Most Admired Professor, Best Professional Role Model, Best Lab Instructor, Most Approachable Professor, and in 2005, he was inducted into the American Osteopathic Association’s Mentor Hall of Fame.

His peers and patients knew Dr. Strebel as a passionate and superb osteopathic physician, caring for those most in need through primary care, HIV care and osteopathic manipulative medicine. Dr. Strebel’s death marks the loss of a cherished teacher, talented osteopathic physician and friend to those who knew him. Although he is now gone, his legacy survives in all the students, patients, and peers on whom he had made such a profound impact.

TUCOM has established a memorial scholarship in Dr. Strebel’s name. It is a one-year, non-renewable award presented to a student who best shows outstanding commitment and passion for the art of osteopathy.

– Adapted from www.tu.edu.

Roger Seider, MD, DO (Germany)

Roger Seider, MD, DO (Germany), of Hamm, Germany, died June 6 at the age of 58.

Dr. Seider was among the first German physicians to see the advantages of osteopathic treatment. According to Dr. Seider’s friend Kenneth J. Lossing, DO, the AAO’s 2015-16 president, Dr. Seider was drawn to osteopathic manipulation when he saw how it could help his patients avoid surgery.

Dr. Seider graduated from Dusseldorf Medical College in 1984, and he specialized in nonsurgical orthopedics. In 1999, he graduated from the International Academy of Osteopathy in Ghent, Belgium. He was a driving force in the German osteopathic community, and in 1998, he helped to establish the German Academy of Osteopathic Medicine (DAOM), which offers osteopathic training to physicians and physiotherapists. He served as DAOM’s president, and he led their visceral manipulation program. In addition, Dr. Seider founded the first German osteopathic journal, Stillpoint, and he was a contributor to DO, a German medical journal.

Dr. Lossing told AAO Member News, “Dr. Seider also was active in helping the various osteopathic societies in Germany build bridges in communication with the other groups.”

Christian Fossum, DO (Norway), a leader in the international osteopathic community, announced Dr. Seider’s death on Facebook, writing, “He was intelligent, warm-hearted, funny and generous, and there was always something bigger and more important than himself. … His footprint will always be visible, and his laughter will forever be heard.”
News From the AOA

**Earn CME Online**
The AOA has made the Changing Landscape of Opioid Prescribing available online. You may view the webinar at your convenience and then complete the short test to receive 1.5 Category 1-B CME credits.

**ACA After President Obama**
The contours of the Affordable Care Act’s successes and its shortcomings are going to leave the next president with a genuinely transformed health care system—and some significant new challenges to confront, including opportunities and obstacles for the osteopathic medical profession. You can read Politico's entire special report on the ACA or check out a few of the individual articles:

Alabama Medicaid Agency eliminates primary care payment bump. To help address a budget shortfall, the Alabama Medicaid Agency is eliminating enhanced payments to physicians for certain primary care visits and services. The Affordable Care Act required a primary care payment bump to raise Medicaid payments to Medicare levels in 2013 and 2014, and Alabama chose to extend the pay increases. The AOA opposes the reduction because inadequate Medicaid payment rates make it more difficult for physicians to participate in the Medicaid program and translates to restricted access to care for patients.

Maine Osteopathic Association’s advocacy efforts lead Consumer Reports to add OMT to Choosing Wisely initiative. Osteopathic medicine and OMT will now be included on the Consumer Reports’ Choosing Wisely website for treatment of low back pain. The AOA provided current literature on OMT and low back pain while MOA connected the right people and delivered the right message at the right time to ensure OMT was included.

**Learn About MACRA at OMED 2016**
A recent survey claims that half of physicians haven’t heard of the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA), which reforms the current Medicare payment system. It makes important changes in 2017 to how Medicare pays those who give care to Medicare beneficiaries. On Saturday, Sept. 17, the AOA will present a day-long session about MACRA. The goal of this session is to provide physicians with the information that they will need to make an educated decision regarding MACRA and the new payment systems based on quality and cost.

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**Dissection of the Brain & Spinal Cord (Neuraxis)**

Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT

In the DVD *Dissection of the Brain and Spinal Cord (Neuraxis)*, Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT, present a detailed and explicit evaluation of the specific structures of the central nervous system. They start by helping viewers to orient themselves to a brain model before shifting to a systematic explanation of each dissection cut. Each structure is carefully labeled with English and Latin anatomical terminology. The 14 chapters of this DVD are an amazing introduction to the complex structures and terminology of neuroscience.

Dr. Chikly is a graduate of the medical school at St. Antoine Hospital in Paris. A registered osteopath in France, Dr. Chikly received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a doctoral degree in osteopathy from the Royal University Libre of Brussels in Belgium.

Alaya Chikly, LMT, is the developer of Heart Centered Therapy, an approach that addresses the emotional component of disease.

1 hour, 38 minutes; $85

10% discounts for AAO members • www.academyofosteopathy.org
A growing number of people are diagnosed with chronic fatigue syndrome, fibromyalgia and other chronic pain conditions. These patients need effective, noninvasive treatments that don’t aggravate their conditions. This course will provide participants the tools to recognize these conditions and their symptoms and to treat those patients.

The principal treatment will be a blend of Dr. Chikly’s lymph and brain techniques. The lymph techniques will include superficial and deeper lymph, mapping and rerouting techniques and some specific viscera work using a lympho-fascia release approach to visceras. The brain techniques will include brainstem, pons, mesencephalon, etc. Specific sacrum intra- or inter-osseous techniques also will be presented.

By the end of the course, participants will be able to identify several chronic pain conditions; describe the comorbidity, known causes, and differential diagnoses of these conditions; explain the importance of the lymphatic system in addressing these conditions; identify megalymphatics in the thorax; and perform lymphatic techniques to release the liver, spleen and small intestines.

Continuing Medical Education

24 credits of NMM-specific AOA Category 1-A CME anticipated.

Course Times
Friday through Sunday from 8 a.m. to 6 p.m.

Meal Information
Breakfast and lunch will be provided each day. Contact AAO Event Planner Gennie Watts with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
Agave Hall, OMT Lab 101
19555 N. 59th Ave., Glendale, AZ 85308

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Form

Osteopathic Management of Chronic Pain
Jan. 20-22, 2017

Name: ______________________________ AOA No.: ________
Nickname for badge: _______________________
Street address: ______________________________
__________________________________________
City: __________________ State: ______ ZIP: ________
Phone: ______ Fax: ________________________
Email: __________________________

☐ I am a practicing health care professional.
☐ I am a resident or intern.
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: __________________________
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Billing address (if different): __________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.
March 22–26, 2017

“The Balance Point: Bringing the Science and Art of Osteopathic Medicine Together”

Natalie Ann Nevins, DO, program chair

The Broadmoor • Colorado Springs, Colorado
Aug. 10-14, 2016
Arkansas Osteopathic Medical Association
**31st annual AOMA State Convention**
Embassy Suites in Rogers, Arkansas
25 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.arosteopathic.org](http://www.arosteopathic.org).

Aug. 18-21, 2016
Osteopathy’s Promise to Children
**Intensive Course in Pediatric Osteopathy**
Course director: Shawn Kristian Centers, DO, MH, FACOP
Osteopathic Center, San Diego
24 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.the-promise.org](http://www.the-promise.org).

Sept. 9-11, 2016
Michigan State University College of Osteopathic Medicine
**Integrated Neuromuscular and Myofascial Release**
Course director: Lisa Ann DeStefano, DO
Program faculty: Katie Stephens, PT
East Lansing, Michigan
19 credits of AOA Category 1-A CME anticipated
Learn more and register at [com.msu.edu](http://com.msu.edu).

Sept. 16-18, 2016
The Osteopathic Cranial Academy
**Orofacial Development: Merging OCF and Functional Dentistry**
Course director: Eric J. Dolgin, DO, FCA
Hilton Irvine Hotel in California
22.5 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.cranialacademy.org](http://www.cranialacademy.org).

Sept. 17, 2016
Osteopathy’s Promise to Children
**OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary and Immune Systems**
Course director: Hollis H. King, DO, PhD, FAAO
Osteopathic Center, San Diego
8 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.the-promise.org/cme](http://www.the-promise.org/cme).

Sept. 17, 2016
FIMM (International Federation for Manual/Musculoskeletal Medicine) and the Bulgarian Society of Manual Medicine (BSMM)
**New Evidence in Science Related to Manual and Musculoskeletal Medicine**
Varna, Bulgaria
Learn more and register at [fimm-online.com](http://fimm-online.com).

Sept. 18-19, 2016
FIMM (International Federation for Manual/Musculoskeletal Medicine) and the Bulgarian Society of Manual Medicine (BSMM)
**2nd International Instructors Course**
Medical faculty, Varna, Bulgaria
Learn more and register at [fimm-online.com](http://fimm-online.com).

Sept. 18-19, 2016
FIMM (International Federation for Manual/Musculoskeletal Medicine) and the Bulgarian Society of Manual Medicine (BSMM)
**Dry Needling and Manual Medicine for Myofascial Pain**
Medical faculty, Varna, Bulgaria
Learn more and register at [fimm-online.com](http://fimm-online.com).

Sept. 24-25, 2016
New York Institute of Technology College of Osteopathic Medicine
**Healing From Traumatic Brain Injury: Advanced Studies**
Course directors: Maud H. Nerman, DO, and Laura T. Rampil, DO
Old Westbury, New York
17 credits of AOA Category 1-A CME anticipated
Learn more and register at [www.nyit.edu](http://www.nyit.edu).

Michigan State University College of Osteopathic Medicine
**Craniosacral Techniques: Part II**
Course director: Barbara J. Briner, DO
East Lansing, Michigan
35 credits of AOA Category 1-A CME anticipated
Learn more and register at [com.msu.edu](http://com.msu.edu).

Oct. 7-9, 2016
Rocky Mountain Academy of Osteopathy
**Querying the Body Using PRM and Long Fascial Relationships**
Course director: R. Paul Lee, DO, FAAO, FCA
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
24 credits of AOA Category 1-A CME anticipated
Learn more and register at [rockymountainaao.wix.com/rockymtnaao](http://rockymountainaao.wix.com/rockymtnaao).

Visit [www.academyofosteopathy.org](http://www.academyofosteopathy.org) for additional listings.