Message From the President

Trustees Support Research Today, Tomorrow and Beyond

Research that builds the evidence base for osteopathic manipulative medicine (OMM) is critical to how osteopathic physicians practice and how they are paid for their services. Yes, we have heard these words for many years. But every time they are repeated, they grow louder and more urgent. That’s because time is running out as the federal government, third-party payers and our patients become increasingly insistent that we provide them with evidence for what we do.

The AAO Board of Trustees is well aware of the need for and the value of research. And the board is committed to doing everything it can within the Academy’s means to carry on the tradition established by osteopathic medicine’s pioneering researcher Louisa Burns, MS, DO, DScO.

The vast majority of the Academy’s restricted funds, for example, are dedicated to supporting research related to OMM. The Academy is currently using proceeds from those funds to provide a grant for a research project to identify the nature and frequency of adverse events related to osteopathic manipulative treatment.

The Academy’s board relies on the Louisa Burns Osteopathic Research Committee (LBORC) to vet such grant requests to ensure that proposals are sound and that decisions are based on scientific, not political, judgments. I urge all of you who are involved in osteopathic medical research to consider submitting research funding applications (RFAs) to LBORC to seek Academy funding.

(continued on Page 2)

Academy Proposes Prerequisites for ACGME’s Osteopathic Residencies

Since late September, the American Academy of Osteopathy has taken two steps to offer guidance on the single accreditation system for graduate medical education (GME), which is being developed by the Accreditation Council for Graduate Medical Education (ACGME). First, The AAO Journal published the Academy’s position paper on the baseline knowledge for entering osteopathic-recognized residencies. Written by a task force headed by AAO President-elect Laura E. Griffin, DO, FAAO, and approved by the AAO Board of Trustees, the position paper is intended to assist the ACGME’s Osteopathic Prin-

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President's Message (continued from Page 1)

grants. LBORC’s next deadline for RFAs is Nov. 15.

Beyond the work of LBORC, the Academy supports research in such ways as the following:

- The Academy publishes a peer-reviewed journal to disseminate the results of studies on OMM.
- AAO leaders have attended the last two annual meetings that the research directors of the osteopathic medical colleges and the osteopathic postdoctoral training institutions held at the Osteopathic Medical Conference and Exposition (OMED).
- The Academy’s executive director has met with the American Osteopathic Association’s vice president for research and development to discuss how the two associations can collaborate on research endeavors.

In addition, I am excited to announce that the Academy completed arrangements that will allow the A.T. Still Research Institute in Kirksville, Missouri, to hold the annual meeting of its DO-Touch.NET practice-based research network at the 2016 Convocation in Orlando, Florida. The DO-Touch.NET meeting should attract to Convocation even more researchers than normally attend. In addition, the A.T. Still Research Institute plans to invite physicians from outside the network to register for the meeting if they are interested in learning more about conducting research.

Affirming Commitment to Research

In response to a recent misperception that the Academy’s trustees had lost their commitment to research, the AAO conducted a town hall meeting for members of LBORC and others at this year’s OMED in Orlando. As I did at the meeting, I would emphasize here that the Board of Trustees understands the need for osteopathic medical research and remains supportive of the Academy’s role in it.

I explained during the town hall that the Academy’s 2015-18 strategic plan was designed to focus on the areas the AAO must engage in or risk ceasing to exist. As many of you may recall, those four areas are:

- education
- membership and mentoring
- communications and technology
- advocacy and partnership

(continued on Page 3)
President’s Message
(continued from Page 2)

To have a living, breathing strategic plan that is challenging but achievable, the Board of Trustees has been asking all our committee chairs and committee members to use “the plan” as a guideline and to focus their efforts on the specific strategic guideposts assigned to their committees. To align the committees’ activities with these guideposts, it became necessary for the board to adjust the focus of many of our committees to some degree. Adjusting LBORC’s activities to advance the strategic plan is what sparked the perception that the board had forsaken research.

While research is not among the main focus areas in the strategic plan, it is embedded under almost every one of those four areas. This was accomplished under the leadership of LBORC’s immediate past chair, Sandra L. Sleszynski, DO, FAAO. I thank Dr. Sleszynski for that effort, as well as for her years of commitment to osteopathic medical research, for her mentoring of students and residents, and for her dedication and passion.

Additionally, as I did during the town hall meeting, I would like to relay the AAO board’s gratitude to LBORC’s National Osteopathic Database (NOD) Task Force for identifying major gaps in osteopathic terminology in MeSH terms and SnowMed Clinical Terms® and for bringing together a coalition to begin correcting that omission. Because of the work of LBORC and its NOD Task Force, our researchers are more likely to find their scholarly work indexed under appropriate osteopathic terminology in such databases as MEDLINE®, PubMed®, the Unified Medical Language System® Metathesaurus, and the United States Health Information Knowledgebase.

Moving forward, the American Association of Colleges of Osteopathic Medicine’s Educational Council on Osteopathic Principles (ECOP) will assume responsibility for increasing the use of osteopathic terms in national databases because ECOP oversees both the Glossary of Osteopathic Terminology and the Authorized Osteopathic Thesaurus. I am happy to report that ECOP is already working with the National Library of Medicine on updating the U.S. version of SNOWMed terms and that ECOP has identified hierarchical changes that need to be made in SNOWMED for more than 40 terms. ECOP Chair and AAO Trustee Kendi L. Hensel, DO, PhD, will keep the Academy’s board updated on the progress ECOP makes in this endeavor.

Strengthening LBORC

During the next six months, LBORC and the Academy’s other committees will be strengthened as we update the Academy’s Manual of Procedures (MOP) to more clearly define each committee’s roles and responsibilities. All committee chairs are being asked to review the MOP and provide feedback on the changes necessary to align the manual with the work assigned to the committees in the strategic plan.

In addition, to reinforce LBORC’s leadership and to ensure that the committee has a strong advocate, I have appointed a former president as the interim chair of LBORC, namely Michael A. Seffinger, DO, FAAFP, who also serves as an associate editor of The Journal of the American Osteopathic Association (JAOA). Dr. Seffinger has agreed to guide LBORC for the next 12 months, unless a new chair can be identified sooner.

To improve communication between the Board of Trustees and all Academy committees, the board’s liaisons to the committees have taken on new responsibilities: They are engaging more in the committees’ meetings, they are making oral committee reports at each board meeting, and they are serving as the “voice” of their committees on the board. Because of its size and workload, LBORC is the only committee to which I have assigned two board liaisons. Dr. Hensel—who like Dr. Seffinger, is a JAOA associate editor—is returning to LBORC as one of those board liaisons. She is being joined by AAO Trustee Stefan Hagopian, DO, FAAO.

During our Oct. 15 meeting at OMED, the members of the AAO Board of Trustees recognized the extensive expertise and incredible value LBORC and all our other committees bring to the Academy. But most of all, the trustees were impressed by LBORC’s passion for research. The trustees all agreed that with that kind of passion, osteopathic medical research will always be essential to the Academy.

Find AAO’s 2015 Posters Online

The winning posters and abstracts for the American Academy of Osteopathy’s 2015 poster competition can be viewed online at www.academyofosteopathy.org.

Conducted by the AAO’s Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association, the 2015 competition was open to osteopathic medical students, interns, residents, postdoctoral fellows, researchers and practicing physicians.

The 2015 competition drew 35 posters on topics ranging from cranial oscillation to nontraditional teaching of osteopathic manipulative medicine.

The online versions of the posters and abstracts have not been edited to conform to the style guidelines of either AAO Member News or The AAO Journal.

Doris B. Newman, DO, FAAO
2015-16 AAO president
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

**2015**

Dec. 4-6  
**Peripheral Nerves: Lower Body**—Kenneth J. Lossing, DO, course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale

**2016**

Jan. 14-17  
**Introduction to Osteopathic Manipulative Medicine**—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth (This course is being supported in part by the AAO’s Samuel V. Robuck Fund.)

Feb. 12-14  
**Clinically Coordinated Counterstrain**—William H. Devine, DO, course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale (This course is being supported in part by the AAO’s Samuel V. Robuck Fund.)

March 12-15  
**Pre-Convocation course: Basic Visceral Course**—Kenneth J. Lossing, DO, course director—Rosen Shingle Creek, Orlando, Florida

March 13-15  
**Pre-Convocation course: Fascial Distortion Model—Treatment of the Upper Extremities, Lower Extremities, and Head Region**—Todd A. Capistrant, DO, MHA, course director—Rosen Shingle Creek, Orlando, Florida

March 16-20  
**AAO Convocation—Somatic Dysfunction and Emotional Well-being: An Osteopathic Approach to Mental Health**—Millicent King Channell, DO, FAAO, program chair—Rosen Shingle Creek, Orlando, Florida

March 20  
**Post-Convocation Residency Program Directors’ Workshop**—Michael P. Rowane, DO, FAAO, course director—Rosen Shingle Creek, Orlando, Florida

April 29–May 1  
**Fulford’s Basic Percussion Hammer**—Richard W. Koss, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth

July 29-31  
**Walking Toward Health: New Evaluations of Gait**—Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, course director—Pyramid Three, Indianapolis

Sept. 17-19  
**AAO program at OMED: Osteopathic Neuromusculoskeletal Medicine in the 21st Century**—Daniel G. Williams, DO, program chair—Anaheim (California) Convention Center

The AAO’s 2016 Convocation will be held at Rosen Shingle Creek in Orlando, Florida. The resort, situated on 230 acres just 15 minutes from Orlando International Airport, boasts 1,501 guest rooms and suites and 490,000 square feet of dedicated, flexible meeting space.

Make your reservations online now or by calling (800) 996-6338. Mention the AAO’s Convocation to get the best rate.

Convocation registration will be available soon.
ACGME Prerequisites (continued from Page 1)

principles Committee (OPC) in refining the prerequisite training described in the OPC’s Osteopathic Recognition Requirements.

Although the OPC’s program requirements are all-encompassing,” the position paper stated, “they are insufficiently specific to ensure that MD residents will have adequate knowledge and skill to participate in [osteopathic-recognized] programs in a meaningful way.”

In addition to outlining 22 areas of prerequisite education, the position paper proposes that MD students and MD graduates could obtain this education by combining self-study of recorded lectures and learning modules with in-person training in palpation and osteopathic manipulative treatment. In addition, the Academy’s paper indicates that this baseline training could be separated into the last year of medical school and the first year of residency.

The paper calls for periodically assessing MD students’ and MD residents’ competency in osteopathic manipulative medicine. It also recommends providing a summative assessment of baseline knowledge so that residency directors can evaluate MDs who have completed the prerequisite training.

The Academy plans to share the position paper with the OPC and other parties interested in the prerequisites for osteopathic-recognized residencies, such as the American Osteopathic Association, the American Association of Colleges of Osteopathic Medicine, and the American College of Osteopathic Family Physicians.

Responding to ONMM2 Requirements

Three weeks after the AAOJ published the Academy’s position paper, the AAO submitted comments to the ACGME’s Review Committee on Osteopathic Neuromusculoskeletal Medicine (ONMM) in response to the committee’s request for feedback on its latest revision of requirements related to ONMM2-level training.

Unlike the AOA, which treats Plus One residencies and traditional two-year NMM residencies as separate programs with different program requirements, the ACGME plans to have one set of requirements for residents who undergo 12 months of

The plans for “Introduction to Osteopathic Manipulative Medicine” and other courses in the Academy’s series for MD students and graduates were hashed out during the AAO Education Committee’s Aug. 7-8 meeting at the AAO office in Indianapolis. Above, Gregg Cary Lund, DO, MS, FAAP (left), consults with fellow committee member Lisa Ann DeStefano, DO, during the August meeting. (Photo by Michael E. Fitzgerald)

First OMM Course Set for MDs Interested in Osteopathic GME

From Jan. 14 to Jan. 17, 2016, the American Academy of Osteopathy will conduct the first in a series of courses to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME).

Titled “Introduction to Osteopathic Manipulative Medicine,” the 28-hour course will be held at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth. Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine (OMM) as it applies to both adult and pediatric patients.

The course curriculum will include lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Besides being useful for MDs interested in serving osteopathic-recognized residencies in any specialty, this course can be used by DO faculty to refresh their OMM skills before their residencies receive ACGME accreditation. The course also will be valuable to MD faculty in those residencies. Physicians will earn AOA Category 1-A continuing medical education credit for attending the course.

The Academy is developing “Introduction to Osteopathic Manipulative Medicine” and other courses in this new series to meet the provision in the ACGME’s Osteopathic Recognition Requirements that MDs entering osteopathic-recognized residencies have “background and/or instruction in osteopathic philosophy and techniques in manipulative medicine sufficient to prepare them to engage in the curriculum.”

The AAO is treating the January introductory course as a pilot program. As a consequence, the course is being supported in part by the Academy’s Samuel V. Robuck Fund.

Participants can sign up for the course online at “Introduction to Osteopathic Manipulative Medicine.”

(continued on Page 7)
Course Description
Using principles developed by Jean-Pierre Barral, DO (France), participants in this course will examine the peripheral nerves of the lower body. Kenneth J. Lossing, DO, will demonstrate visceral manipulation techniques to identify and treat dysfunctions in the general anatomy, including those affecting vascular supply, innervation, axonal transport and mechanical aspects, as well as dysfunctions resulting from lesions and trauma.

Participants will learn palpation methods for finding a nerve and for determining dysfunction by identifying lack of pliability, hardness, and nerve “buds.” In addition, participants will learn treatment approaches, effects of treatment, indications and contraindications.

Dr. Lossing will discuss diagnostic and treatment techniques for the lumbar plexus, the sacral plexus, the genitofemoral nerve, the lateral femoral cutaneous nerve, the obturator nerve, the femoral nerve, the saphenous nerve, the superior gluteal nerve, the sciatic nerve, the tibial nerve, the medial sural cutaneous nerve, the lateral dorsal cutaneous nerve, the medial and lateral plantar nerves, the fibular nerve and the intercostal nerves.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
19555 N. 59th Ave.
Glendale, AZ 85308

Course Times
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact the AAO’s event planner with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Continuing Medical Education
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Registration Form
Peripheral Nerves: Lower Body
Dec. 4-6, 2015

Name: ___________________________ AOA No.: ___________
Nickname for badge: ___________________________
Street address: ___________________________
City: __________________ State: ______ ZIP: ______
Phone: __________________ Fax: ___________
Email: ________________________________

By releasing your fax number and email address, you are giving the AAO permission to send marketing information regarding courses to you. Click here to view the AAO’s cancellation and refund policy. Click here to view the AAO’s photo release statement.

Course Director
Kenneth J. Lossing, DO, studied visceral manipulation with Jean-Pierre Barral, DO (France). An internationally recognized lecturer, Dr. Lossing contributed to the second and third editions of the American Osteopathic Association’s Foundations of Osteopathic Medicine textbook.

As the Academy’s 2014-15 president, Dr. Lossing starred in a two-minute segment of “American Health Front!” that focused on osteopathic manipulative medicine. The segment debuted on New York City’s WCBS-TV on Sunday, May 18, 2014, and AAO members have been using it since July 2014 to educate existing and prospective patients.

A 1994 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine, Dr. Lossing served an internship and a combined residency in neuromusculoskeletal medicine and family medicine through the Ohio University Heritage College of Osteopathic Medicine in Athens. He is board certified in both neuromusculoskeletal medicine and family medicine.

Dr. Lossing and his wife, Margret Klein, OA, run a private practice in San Rafael, California.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Information
Register online at www.academyofosteopathy.org, or submit the registration form below and your payment to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax to (317) 879-0563.

Registration Fees

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ___________________________
Cardholder’s name: ___________________________
Expiration date: ______________ 3-digit CVV No.: ___________
Billing address (if different): ___________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ___________________________

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.
ACGME Prerequisites (continued from Page 5)

ONMM training and those who receive 24. The ACGME is referring to the 12-month option as ONMM2-level training and the 24-month option as ONMM1-level training.

Residents who enter at the ONMM2 level will be considered to have advance standing based on having obtained training specified by the ONMM Review Committee during the residencies they previously completed in other specialties.

In responding to the newest revision of the ONMM requirements, AAO President Doris B. Newman, DO, FAAO, expressed the Academy’s appreciation to the chair of the ONMM Review Committee, Lisa Ann DeStefano, DO, that the committee provided the AAO and other stakeholders the opportunity to comment once again on the ONMM2-level requirements. Dr. Newman also noted that the Academy is pleased with a number of the changes that the ONMM Review Committee made between the first and second iterations of the revision.

On the other hand, Dr. Newman pointed out, the Academy is concerned that some of the prerequisites to entering ONMM2-level training remain too extensive and burdensome.

Specifically, the Academy objected to provisions that call for all ONMM-related training during residents’ first GME programs to be supervised by physicians certified by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM).

“While that is an appropriate requirement within the ONMM residencies themselves, it is unrealistic to expect that all AOA- and ACGME-accredited residencies in all other specialties can provide AOBNMM-certified physicians to meet this requirement,” the Academy argued in its comments. “Requiring that family medicine and other residency programs enlist AOBNMM-certified physicians so that their residents qualify to enter at [the] ONMM2 level is akin to insisting that ophthalmology residencies have board-certified radiologists in case some of their residents want to serve a second residency in radiology.”

The Academy highly recommended that the ONMM Review Committee remove the provision that AOBNMM-certified physicians supervise prerequisite training and instead stipulate that this training be supervised by physicians who are board certified in specialties related to the patients’ medical problems.

Another major concern for the Academy is the number of documented patient contacts that residents must have had before entering ONMM2-level training. The newest version of the ONMM program requirements call for residents to evaluate and provide osteopathic manipulative treatment during 300 documented clinic patient encounters, 75 documented encounters with patients in continuity-of-care clinic panels, 15 contacts with patients with a variety of surgical

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INTRODUCTION TO OSTEOPATHIC MANIPULATIVE MEDICINE

Jan. 14-17, 2016 • University of North Texas Health Science Center
Texas College of Osteopathic Medicine in Fort Worth

Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth edition of the textbook Greenman’s Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

The program is supported in part by the AAO’s Samuel V. Robuck Fund.

This is the first in a series of courses that the American Academy of Osteopathy (AAO) will be conducting to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME). This course will also be valuable for DO and MD faculty in these residency programs.

In addition, osteopathic physicians who do not use osteopathic manipulative treatment (OMT) daily will find this course useful, as will other health care professionals with limited or no experience with manipulative techniques.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

Fees start at $784 for AAO member physicians.
OMM Big News in Fairbanks

When Todd A. Capistrant, DO, MHA, joined Tanana Valley Clinic (TVC) in Fairbanks, Alaska, in 2006, he quietly began practicing osteopathic manipulative medicine (OMM) on a part-time basis for the benefit of walk-in patients at TVC’s 1st Care Center. By 2010, his OMM practice had expanded to the point that it could not be managed on a walk-in basis, and it was moved to TVC’s main clinic, where patients could schedule appointments with specific physicians.

The OMM practice only continued to grow, and in August, TVC established a facility dedicated to OMM.

Raising Visibility for OMM
TVC’s new OMM facility attracted the attention of Fairbanks Morning News on KTVF, which covered the facility’s open house in a broadcast that ran at least three times on Aug. 31 (the TVC coverage starts at 1:05 minutes in this YouTube video). Dr. Capistrant told the local NBC television affiliate that he and his colleagues “work with a lot of athletes, dancers—anybody who wants to be more active.”

Dr. Capistrant was pleased that the opening of the new facility made the local news, which came about after TVC’s public relations team issued a news release. In a community of 100,000 people with only six clinicians who provide manipulation, Dr. Capistrant keeps his “head down, working away.” So it was a nice surprise to learn that OMM is on the public’s radar, he notes.

Dr. Capistrant offers the following advice to other Academy members who are interviewed by the media: “Be proud of what we bring to the table. It’s a distinction that should be celebrated.”

FDM in Alaska
Dr. Capistrant credits the growth of TVC’s OMM practice to patient satisfaction, much of which he attributes to his decision to adopt the fascial distortion model (FDM).

Dr. Capistrant started studying FDM in 2006. He found the model to be extremely effective in treating patients for soft-tissue dysfunctions that cause acute and chronic problems. Dr. Capistrant experienced the benefits of FDM personally when a single FDM session alleviated the symptoms of tennis elbow he had been having for five years.

“FDM offers quick treatments with long-lasting benefits,” explains Dr. Capistrant, the author of the book Why Does It Hurt? The Fascial Distortion Model: A New Paradigm for Pain Relief and Restored Movement. “FDM isn’t just another technique: It’s a whole other way of looking at the body.”

He adds that by addressing tensegrity in soft tissues with FDM, traditional osteopathic manipulation treatment lasts longer.

Dr. Capistrant has been teaching FDM to other health care professionals since 2010. Among those he has taught are Kathleen Carey, DO, who practices full time with Dr. Capistrant in TVC’s OMM facility, and Bethany V. Chernich, DO, who splits her time between the OMM facility and TVC’s main clinic.

“[Even] MD colleagues are eager to embark on FDM training because they want an alternative to pharma,” notes Dr. Capistrant, who is the 2015-16 president of the American Fascial Distortion Model Association, which is dedicated to promoting FDM and training physicians in its use.

FDM Before Convocation
Since 2014, Dr. Capistrant has been leading pre-Convocation courses in FDM. His 2016 pre-Convocation course will be titled “Fascial Distortion Model—Treatment of the Upper Extremities, Lower Extremities and Head Region.” It will be held March 13-16 at the Rosen Shingle Creek in Orlando, Florida.

Dr. Capistrant’s March 13-16 course is anticipated to provide 24 credits of AOA Category 1-A continuing medical education. All of the credits will be specific for neuromusculoskeletal medicine and family medicine for meeting the requirements of board certification, recertification and osteopathic continuous certification.
**Course Description**
In this course, seven clinical innovators will teach attendees how to identify dysfunctions that can be corrected using counterstrain, a system of osteopathic diagnosis and treatment that uses opposite forces to relieve strain. In the process, the faculty members will demonstrate how they integrate counterstrain into clinical practice for both adult and pediatric patients.

Course faculty will present lectures and conduct workshops on applying counterstrain in the postural-biomechanical model, the respiratory-circulatory model and the neurological-autonomic model.

This course is supported in part by the AAO’s Samuel V. Robuck Fund.

**Course Faculty**
John C. Glover, DO, FAAO  
Christian Fossum, DO (Norway)  
Edward Keim Goering, DO  
Michael L. Kuchera, DO, FAAO  
G. Bradley Klock, DO, FAAO  
Paul R. Rennie, DO, FAAO

**Course Location**
Midwestern University/Arizona College of Osteopathic Medicine  
19555 N. 59th Ave.  
Glendale, AZ 85308

**Course Times**
Friday and Saturday from 8 a.m. to 5:30 p.m.  
Sunday from 8 a.m. to noon

**Meal Information**
Breakfast and lunch will be provided on Friday and Saturday. Please contact the Academy with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

**Continuing Medical Education**
20 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

**Travel Arrangements**
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.
The American Osteopathic Association launched a new national brand awareness campaign on Oct. 17 during the opening session of the AOA’s Osteopathic Medical Conference and Exposition (OMED) in Orlando, Florida. Among the faces and voices featured in the online and print promotional pieces for the campaign are those of former members of the Student American Academy of Osteopathy (SAAO) and the AAO.

Narrating the online video that the AOA used to introduce the campaign to OMED attendees was former SAAO and AAO member Brookshield Laurent, DO, who is now an assistant professor of family medicine at the New York Institute of Technology College of Osteopathic Medicine in Old Westbury.

In the video titled “What Is a Doctor of Osteopathic Medicine?” Dr. Laurent explains, “We partner in health with those in our care. We are trained in the art of listening and watching. … We are diligent seekers of a person’s complete story. … We see an interrelated unity in all the systems in the body. … We are doctors of osteopathic medicine. We don’t see patients. We see people.”

Also featured in the campaign are Alice I. Chen, DO, and Justine E. Parker, DO, who were both members of the National Undergraduate Fellows Association when they were students. Former SAAO member Johnny A. Dias, DO, is also highlighted in the campaign, as is former AAO member Ajay Sharma, DO.

What Will the Campaign Do?

With its tag line of “Doctors That DO,” the campaign is the AOA’s newest in a string of national public relations efforts dating back to at least the 1950s. According to the AOA’s website, the objectives of the new campaign are to sharpen the definition of osteopathic medicine so that patients can understand it and connect with it and to increase awareness of osteopathic medicine and the DO degree.

“The campaign features real DOs in both print and video ads, talking about what makes osteopathic medicine unique—our empathetic, whole-person approach to care,” the AOA’s website explains. “It targets consumers when and where they’re looking for information about health and wellness, promoting the DO difference and directing potential patients to find their DO.”

The first phase of the AOA’s multiyear campaign will run through the spring of 2016. Banner ads and 30-second videos are currently posted on such prominent health-focused websites as MayoClinic.org, WebMD.com and Prevention.com. In mid-November, the AOA will begin running print ads in such magazines as People; Health; Essence; Yoga Journal; O, the Oprah Magazine; and Runner’s World.

The ads are designed to drive patients to the AOA’s new consumer website, DoctorsThatDO.org. The new site features information about osteopathic medicine, health advice, an updated “Find Your DO” tool and the campaign’s videos.
ECOP Releases Teaching Guide for OMM

Members of the American Association of Colleges of Osteopathic Medicine’s Educational Council on Osteopathic Principles (AACOM’s ECOP) collaborated to develop A Teaching Guide for Osteopathic Manipulative Medicine. Originally developed for internal use in 2010, the guide consists of teaching modules for the seven treatment modalities that ECOP recommends be required components in the curricula for osteopathic manipulative medicine at all colleges of osteopathic medicine (COMs).

“What is taught at the COMs is a living, ongoing issue,” explains Tyler C. Cymet, DO, the staff liaison to ECOP and AACOM’s vice president for medical education and its chief of clinical education. “Curricula vary widely from school to school, and this guide provides suggestions to standardize parts of the curricula.”

Based on existing curricula and on the consensus of ECOP’s members, the guide is not meant to be comprehensive. Rather it provides guidelines for a minimum curriculum based on ECOP’s recommended educational modules on counterstrain; muscle energy; myofascial release; high-velocity, low-amplitude thrust; soft-tissue technique; lymphatic technique; and osteopathic cranial manipulative medicine.

As the guide’s executive editor, AAO Trustee Kendi L. Hensel, DO, PhD, reviewed all of the content for accuracy and consistency.

Almost all of the 40 contributing ECOP members are members of the Academy, including AAO President-elect Laura E. Griffin, DO, FAAO; AAO Trustee Heather P. Ferrill, DO, MS MEdL; and three former AAO presidents, John C. Glover, DO, FAAO; John M. Jones, DO; and Michael L. Kuchera, DO, FAAO.

Correction

In its August issue, AAO Member News misidentified one of the subjects in the photo below, which appeared on Page 6 of that issue. In that photo taken during the Academy’s July 24-26 course titled “Cranial: A Sutural Approach,” Edward G. Stiles, DO, FAAO (center), is instructing Constance Gilbert Honeycutt, DO, of Glenpool, Oklahoma, not Micha A. Sale, PT, of Oklahoma City.

A WEEKEND WITH PAUL LEE
LONG FASCIAL REALTIONSHP AND QUERYING THE BODY USING PRM
January 22-24, 2016
Rocky Vista University
College of Osteopathic Medicine
Parker, Colorado

Course director: R. Paul Lee, DO, FAAO, FCA
24 credits of AOA Category 1-A CME anticipated

Long Fascial Relationships: treating the whole body using the primary respiratory mechanism (PRM) with emphasis on placing two hands at either end of a fascial compartment and feeling at a distance.

DAY ONE – lower half of the body
DAY TWO – upper half of the body
DAY THREE – querying the body, using the PRM to obtain diagnostic information

For further information and to register for the course, visit http://rockymountainaaao.wix.com/rockymtnaao.

Sutherland Cranial Teaching Foundation
Upcoming Courses

SCTF Continuing Studies Course:
Treating Compressions in the Cranium
March 4–6, 2016
Double Tree at the Lloyd Center
Portland, OR
Course Director: Ken Graham, D.O.
16 hrs 1A CME anticipated
Course cost: $750

SCTF Basic Course:
Osteopathy in the Cranial Field
June 9–13, 2016
Marian University College of Osteopathic Medicine
3200 Cold Spring Road
Indianapolis, IN
Course Director: Daniel Moore, D.O.
40 hrs 1A CME anticipated
Course cost: TBA

Visit our website for enrollment forms and course details: www.sctf.com
Contact: Joy Cunningham 907-868-3372
Email: jcunningham4715@yahoo.com
TOURO UNIVERSITY CALIFORNIA

Assistant/Associate Professor

Touro University California, a rapidly growing university offering graduate programs in health sciences and education, has an excellent opportunity for an Assistant/Associate Professor for Touro University College of Osteopathic Medicine/Osteopathic Manipulative Medicine Department on our Mare Island campus. The university is part of the Touro College and University System and is located on the northern tip of San Francisco Bay in Vallejo, California. Touro University California is an independent, non-profit Jewish-sponsored institution. It has 1,403 students in three graduate professional colleges (Osteopathic Medicine, Pharmacy, Education and Health Sciences).

POSITION DESCRIPTION: is not intended to cover every work assignment a position may have. Rather, they cover the broad responsibilities of the position.

Typical department duties will be designed to fulfill OMM department goals and priorities in delivering OMM curriculum in the preclinical and clinical periods of TUCOM curriculum. Personal and professional development faculty development will be considered in the assigning of duties in the effort to create a rewarding collegial work environment Duties will include but not be limited to the following:

- Generation and delivery of OMM didactic lectures, preclinical and clinical lab experiences
- Weekly participation OMM Laboratories (or Practical exams)
- Weekly approved clinical service
- Weekly attendance to OMM Department Meetings
- Weekly administrative Time
- University Service as assigned by Department Chair
- Other Assignments as required by the Department Chair

REPORTS TO: Chair of OMM Department

SPECIFIC RESPONSIBILITIES: are those work assignments which are predominant, regular and recurring.

These categories and times may be modified in consultation with the department chair to better meet the needs of the department and the faculty member. It is the responsibility of each faculty member to keep the department chair informed of work activities and projects. This should be done by consultation with the chair and/or submission of monthly activity reports within two weeks of the end of the month. Each faculty member is also responsible for submitting a monthly leave report within two weeks of the end of the month. It is expected that every faculty member will behave and interact with students, staff and faculty in a collegial and professional manner.

All efforts will be made to distribute among the department the lecture/lab teaching load in an equitable manner, although the exact numbers of each may vary. First year faculty with limited academic experience are expected to attend departmental lectures as determined by the departmental chair. Variation from this standard may be given at the discretion of the department chair to meet departmental needs.

QUALIFICATIONS: is the Education, Training and/or related experience needed by the person to perform the job.

Applicant should be committed to the support and development of the next generation of enthusiastic Osteopathic physicians. This would include (but not necessarily limited to) modeling applied Osteopathic philosophies, OMM clinical integration, sound clinical decision processes, and moral/ethical sensitivity into clinical practice through the use of competent palpatory diagnosis and treatment.

- Active board certification in OMM/NMM or board eligible or active other applicable specialty board certification with demonstrable OMM skills
- Clinical practice experience
- Licensed or ability to be licensed in the State of California - Required
- Unrestricted DEA licensure - Required
- Graduate of an AOA-approved osteopathic college - Required
- Residency training and teaching experience desirable
- Research experience or interest desirable

RANK, SALARY, AND BENEFITS:

- Assistant or Associate Professor as determined by Touro Rank and Promotion Committee
- Salary based on experience and credentials
- Touro University faculty benefit package
- Clinic stipend and bonuses available
- Relocation assistance available

Informal interest/inquiries may be directed to:

R. Mitchell Hiserote, DO
Associate Professor and Chairman
Department of Osteopathic Manipulative Medicine
Touro University-California
(707) 638-5945, Fax (707) 638-5946,
email: mitchell.hiserote@tu.edu
Salary is competitive and commensurate with background and experience.

If you are interested in learning more about faculty opportunities at Touro University California, College of Osteopathic Medicine, please e-mail your CV and a letter of interest to:

Search Committee
Email: Apply@tu.edu
Subject: Your Name, Assistant/Associate Professor OMM
or Mail: Touro University California
1310 Club Drive Vallejo, CA 94592

For more information please visit our website http://apptrkr.com/694378
Touro University California is an Equal Opportunity/Affirmative Action Employer

Touro is a system of Jewish-sponsored non-profit institutions of higher and professional education. Touro College was chartered in 1970 primarily to enrich the Jewish heritage, and to serve the larger American community. Approximately 19,000 students are currently enrolled in its various schools and divisions. Touro College has branch campuses, locations and instructional sites in the New York area, as well as branch campuses and programs in Berlin, Jerusalem, Moscow, Paris, and Florida. Touro University California and its Nevada branch campus, as well as Touro College Los Angeles, are separately accredited institutions within the Touro College and University System. For further information on Touro College, please go to: http://www.touro.edu/media/
Members in the News

The September 2015 issue of The Journal of the American Osteopathic Association featured three contributions from Academy members, which are described in the chart below.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title of article</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Karen T. Snider, DO, FAAO, of Kirkville, Missouri; Dennis J. Dowling, DO, MA, FAAO, of Syosset, New York; Michael A. Seffinger, DO, FAAFP, of Pomona, California; Millicent King Channell, DO, FAAO, of Stratford, New Jersey; Sheldon C. Yao, DO, of Forest Hills, New York; and Sharon Gustowski, DO, MPH, of San Antonio, Texas</td>
<td>September 2015</td>
<td>Effect of Table Trainer–to–Student Ratios on Outcome in Student Assessments of Cervical Muscle Energy Techniques</td>
<td>To determine the effect that the ratio of table trainers to students has on acquiring knowledge and skills in cervical muscle energy techniques, first-year students at three osteopathic medical colleges received instruction during three workshops, each with a different trainer-to-student ratio. The authors found no significant difference among the three workshop groups in their written and practical assessment scores from preworkshop, postworkshop and retention testing.</td>
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<tr>
<td>Michelle Krystyna Powers, OMS III, of Sterling Heights, Michigan</td>
<td>September 2015</td>
<td>Cystic Fibrosis: A Novel Pharmacologic Approach to Cystic Fibrosis Transmembrane Regulator Modulation Therapy</td>
<td>In this review, Powers and her seven co-authors describe an established simple classification scheme to guide physicians in selecting recently approved genetic modulators to treat patients for cystic fibrosis transmembrane regulator (CFTR) defects. The more than 1,900 mutations that cause CFTR defects are simplified into six physiologic classes, four of which are paired with the genetic modulator most likely to offer patients functional improvement.</td>
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<tr>
<td>Michael M. Patterson, PhD, DO (Hon.) (Quebec), of Plantation, Florida</td>
<td>September 2015</td>
<td>Basic Mechanisms of Osteopathic Manipulative Treatment: A Must Read</td>
<td>In this editorial, Dr. Patterson draws readers’ attention to an important article published in the August 2015 issue of the JAOA, “Modeled Osteopathic Manipulative Treatments: A Review of Their in Vitro Effects on Fibroblast Tissue Preparations” by Manal Zein-Hammoud, PhD, and Paul R. Standley, PhD. In their article, Dr. Hammoud and Dr. Standley examine how myofascial release and counterstrain affect wound healing, cytokine secretion and wound repair. The JAOA’s international associate editor, Dr. Patterson writes in his editorial, “The conclusions from the studies are potentially groundbreaking for understanding the mechanisms and mechanics of various osteopathic manipulative treatment techniques.”</td>
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In June, The Lane Report helped spread the news that Laura E. Griffin, DO, FAAO, was chosen as the Academy’s 2015-16 president-elect during the AAO’s Convocation in Louisville, Kentucky, in mid-March. Published by Lane Communications Group in Lexington, Kentucky, The Lane Report focuses on business and economic development in Louisville, Lexington and across the rest of Kentucky.

Two of the Academy’s full members and two of its international associate members gave presentations at Rendez-vous 2015. The global conference, which was sponsored by Ostéopathie Québec, focused on pediatric osteopathy and professional collaboration.

Hollis H. King, DO, PhD, FAAO, of San Diego presented an update on research supporting pediatric osteopathy at Rendez-vous 2015, while Shawn Kristian Centers, DO, FACOP, of San Diego described practical applications for treating patients for autism. Dr. King is a former AAO president and the current chair of the AAO Publications Committee, and Dr. Centers is the president of the American Academy of Pediatric Osteopathy and the clinical director of the Osteopathic Center for Children. Joining the U.S. members of the Academy were Bruno Ducoux, DO (France), of Bordeaux, France, who spoke about osteopathy in an aquatic environment, and Irina Egorova, MD, PhD, DO (France), of St. Petersburg, Russia, who lectured on providing osteopathic care to adolescents and other children with psychic, behavioral and education issues. The conference was held Sept. 24-26 in Montreal.

At the fourth annual meeting of the Obesity Action Coalition (OAC), which was held Aug. 22 in San Antonio, AAO member Justin David Puckett, DO, FAAFP, of Kirkville, Missouri, was named Bias Buster of the Year. As an international speaker to medical and other groups, Dr. Puckett has educated audiences on the many aspects of obesity, the realities of bias, and strategies

(continued on Page 14)
for coping with biased behavior. He has also worked closely with the OAC, a patient-advocacy group, to strive to eliminate weight bias in the media and various other venues. Upon accepting his award, Dr. Puckett said, “So many people continue to think of weight as a motivation, commitment, or just plain lazy issue, and that isn’t true at all. Science has proven in so many ways how obesity is not a choice, not simply a result of factors, environmental issues, immune and endocrine defects, gut microbiome abnormalities and, yes, neurobehavioral issues.”

Mary G. Goldman, DO, of Pontiac, Michigan, and Korean physician Joon-shik Shin, PhD, KMD, compared approaches to treating patients during a morning program sponsored by the Michigan Osteopathic Association and the Michigan State University Institute of International Health. During the July 29 program in East Lansing, Michigan, Dr. Goldman described Western osteopathic manipulative treatment techniques, while Dr. Shin explained motion style acupuncture treatment, which blends osteopathic manipulation with traditional Eastern medicine.

SAAO member Tanya Hioe, OMS III, of West Des Moines, Iowa, received the 2015 Karen J. Nichols, DO, LEAD Scholar Award from the American Osteopathic Foundation (AOF) during the foundation’s honors banquet on Oct. 16 in Orlando, Florida. Established in 2013 to honor the first female president of the American Osteopathic Association, the award is bestowed on an osteopathic medical student who proves his or her leadership, excellence, achievement and dedication in the classroom and the community. Hioe was the 2014-15 president of the Des Moines University College of Osteopathic Medicine’s chapter of the Student Osteopathic Medical Association (SOMA). “Leading SOMA was probably one of the most challenging and nerve-racking things I’ve done,” Hioe told DMU Magazine in July after learning she would receive the AOF award. Under Hioe’s leadership, the members of Des Moines’ SOMA chapter lobbied legislators and their staffs during DO Day on Capitol Hill in Washington, D.C., and during Physician Day and DMU Day on the Hill at the Iowa State Capitol. The SOMA members also worked with other campus organizations to raise almost $19,000 for pediatric cancer research during a St. Baldrick’s Day event.

In June, AAO member Hugh M. Ettlinger, DO, FAAO, of Ossining, New York, delivered the Sutherland Memorial Lecture during The Osteopathic Cranial Academy’s annual conference in Naples, Florida. In the lecture, which was titled “Pursuing Knowledge,” Dr. Ettlinger described his difficulty discerning motion when he first performed osteopathic cranial manipulative medicine, the challenges he faced in developing a residency program at St. Barnabas Hospital in the Bronx, and the benefits of having the late Anne L. Wales, DO, DSc, as a mentor. Dr. Ettlinger’s lecture was published in the August issue of The Cranial Letter. Dr. Ettlinger delivered the Sutherland lecture just three months after delivering the AAO’s Harold A. Blood, DO, FAAO, Memorial Lecture during the student program at the Academy’s Convocation in Louisville, Kentucky.

Students graduate from osteopathic medical school carrying an average of $221,000 in debt, which leads some to worry about choosing lower-paying specialties like family medicine. In an Aug. 28 article in The DO, two AAO members recommend creative solutions for managing debt. Charmaine San Yee Chan, DO, of Philadelphia recommends investigating state and county

(continued on Page 15)
loan-repayment programs, tax breaks for working in underserved areas, the National Health Service Corps, and the U.S. Public Health Service Commissioned Corps. She said, “You have to do what you love to do. If you go after money, you’re not going to be satisfied.” Margaret Moore, DO, of Quakertown, Pennsylvania, graduated in 2005 from the Philadelphia College of Osteopathic Medicine with $180,000 in debt. She turned to loan consolidation and was able to lock in an interest rate of slightly more than 2% on all of her debt. “Usually in your third and fourth year, you get all these mailings that say, ‘Consolidate with us,’ ” Dr. Moore recalled. “I saved them, and I called every one of them and asked what their rates and terms were.”

Shelby Nicole Anderson, OMS III, of Chino Hills, California, was infected with Lyme disease when she was 8 years old. Now a student at the Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California, Anderson told The DO how her experience affected her decision to become a DO. “Many Lyme disease patients, including me, have experienced not being believed when they present with symptoms, which is something I really hope to change,” Anderson said.

Bryan Robert Gibson, OMS II, of Tulsa, Oklahoma, helped teach an eight-week intensive anatomy course this past summer at the Oklahoma State University (OSU) Center for Health Sciences College of Osteopathic Medicine in Tulsa. The university recently moved its master’s program in athletic training from its Stillwater campus to its Tulsa campus, which will allow students in that program to learn about the benefits of osteopathic manipulative medicine. According to the article The DO posted on Sept. 3, Gibson hopes to develop a joint sports medicine club for OSU’s osteopathic medical students and athletic training students. He said, “We hope to bring in different speakers, like an athletic trainer and a practicing sports medicine physician, [who] will be of interest to both subsets of students and help them in their practice of medicine and clinical care.”

SAAO member Ianna Hondros-McCarthy, OMS II, of Biddeford, Maine, spent two weeks this past summer living in a nursing center as a resident to better understand the health issues the elderly face. In The DO’s Sept. 11 article “OMT, Pureed Carrots and Immersion: Teaching Students End-of-Life Care,” Hondros-McCarthy credited the center’s DO medical director with reinforcing her understanding of the osteopathic philosophy of treating patients as unique individuals. “Patients are going to have different needs, expectations and desires for...” (continued on Page 17)
Walking Toward Health: New Evaluations in Gait

July 29-31, 2016 • The Pyramids, Indianapolis

Course Description
Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, will present research data that support using a functional approach to treat patients for gait dysfunctions.

During the past few decades, gait concepts have evolved from using a leg-propelling model to using the trunk-driving model that Serge Gracovetsky, PhD, outlined in his book The Spinal Engine. Dr. Stiles suggests that combining these two models with the floating compression pelvic model and the Mitchell axes model will provide a comprehensive understanding of gait mechanics. With traditional approaches to osteopathic manipulative treatment, sacral- and innominate-related gait dysfunctions can persist. By employing the clinical approach presented in this course, physicians can be confident that their patients are walking toward health.

Course Location
Pyramid Three (two buildings away from the AAO’s office)
3500 DePauw Blvd., lower level, Conference Rooms A and B
Indianapolis, IN 46268
(317) 879-1881, ext. 220

Course Times and Meal Information
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact the AAO’s event planner with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofostopathy.org.

Continuing Medical Education
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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<th>On or before Nov. 28, 2015</th>
<th>Nov. 29, 2015 through June 28, 2016</th>
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<tr>
<td>Academy member in practice*</td>
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<td>Nonmember student</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

Register online at www.academyofostopathy.org, or contact the Academy at EventPlanner@academyofostopathy.org or at (317) 879-1881, ext. 220.

Course Directors

A 1965 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri, Edward G. Stiles, DO, FAAO, has a rich and deep understanding of numerous pioneering concepts, events and personalities in osteopathic medicine.

While an osteopathic medical student, Dr. Stiles trained with George Andrew Laughlin, DO, a grandson of Andrew Taylor Still, MD, DO. Early in his medical career, Dr. Stiles took over the Cambridge, Massachusetts, practice of Perrin T. Wilson, DO, an internationally recognized osteopathic physician and the second person to lead the American Academy of Osteopathy. Dr. Stiles established the first hospital-based osteopathic manipulative treatment (OMT) service in the United States, and he helped develop the first OMT billing codes. Additionally, he has been recognized by the American Osteopathic Association as a Great Pioneer in Osteopathic Medicine.

Dr. Stiles has taught at the osteopathic medical colleges at Oklahoma State University, Michigan State University and the University of Pikeville in Kentucky. He has delivered the American Osteopathic Association’s Andrew Taylor Still Memorial Address, as well as the Academy’s Thomas L. Northup Lecture, its Scott Memorial Lecture and its Harold A. Blood, DO, FAAO, Memorial Lecture. Dr. Stiles also is a recipient of the Academy’s highest award, the Andrew Taylor Still Medallion of Honor.

Like Dr. Stiles, Charles A. Beck, DO, FAAO, is board certified in neuromusculoskeletal medicine. He earned his DO degree from the University of Pikeville-Kentucky College of Osteopathic Medicine (UP-KYCOM).

Dr. Beck has received many awards, including the Edward G. Stiles Award for Osteopathic Manipulation from UP-KYCOM, and he serves as an adjunct faculty member for several osteopathic medical schools, including the Lake Erie College of Osteopathic Medicine and the Marian University College of Osteopathic Medicine. Dr. Beck is in private practice in Indianapolis at the Meridian Holistic Center.

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.
themself, and it’s really important to ask them about them,” she said.

In a Sept. 22 article in The DO, two AAO members described how they use osteopathic manipulative treatment (OMT) to relieve patients’ pain. Brian F. Degenhardt, DO, the director of the A.T. Still Research Institute in Kirksville, Missouri, described the importance of palpation in determining whether patients’ complaints are consistent with physical findings, which can help DOs build strong relationships with patients and even help DOs identify opioid abusers. The AAO Journal’s scientific editor, Brian E. Kaufman, DO, FACOI, FACP, of Wells, Maine, explained to The DO how he had used OMT to relieve pain in patients who were on disability, allowing them to return to work after more than a year. The Academy had suggested both Dr. Degenhardt and Dr. Kaufman to The DO as sources for this article.

In the article “Much in Little” in the August issue of The Osteopathic Cranial Academy's The Cranial Letter, AAO member Anthony D. Capobianco, DO, of Glen Cove, New York, recalled how he used one hand to treat an 82-year-old woman with a displaced left proximal humeral fracture and hemarthrosis following a fall. When Dr. Capobianco visited the patient, who was a close relative of Dr. Capobianco’s, her hospital room lacked the necessary accoutrements to treat her properly, so Dr. Capobianco improvised. He learned that “it can take very little in acute trauma, and even less when it is severe, to provide a welcome shift in the course of the case.”

**Pay Your Dues Online**

If you have not had a chance yet to pay your 2015-16 Academy dues, you can get that out of the way today by logging in to your account on the AAO’s website and paying online. So far this year, approximately 60 percent of those who have paid their dues have taken advantage of the Academy’s online option.

Sarah Jean James-Miner, DO, of Verona, Wisconsin, found the online payment system easy to use, writing, “Just wanted to let you know that the online payment option worked SO well! Love it.”

If online payments are not for you, you can use the paper invoice the Academy sent to you in early June, or you can contact AAO Membership Liaison Susan Lightle, CPS, by calling (317) 879-1881, ext. 217, or by emailing SLightle@academyofosteopathy.org.

Whatever your preferred means of submitting your dues payment, be sure to renew today to receive uninterrupted benefits like AAO Member News, The AAO Journal, and discounts on books and courses.

**Have It Your Way: It’s Your Name**

Does your name read the way you want it to on correspondence from the Academy and on the AAO’s “Find a Physician” service at www.FindOMM.org? Or does it have your full middle name when you prefer to use your middle initial? Does it have a hyphen between your two last names instead of the space you prefer? Is it missing one of your doctoral degrees or fellowship designations? If so, let the Academy know, and we will fix your name to your liking.

Just log on to the “Edit My Information” page on the Academy’s website using your primary email address and your AAO password. You can then modify the name fields so that your name appears the way you want it to.

While you are editing your name, take a few minutes to make sure that all contact information the Academy has for you is up to date on the “Edit My Information” page.

If you would rather have the Academy modify your name or contact information, call AAO Membership Liaison Susan Lightle, CPS, at (317) 879-1881, ext. 217, or email her at SLightle@academyofosteopathy.org.

The Academy recommends that you be consistent in how you list your name with the Academy and the American Osteopathic Association. So log in to the AOA’s website or check your name on the AOA’s “Find a DO” page. If the AOA’s version of your name does not match what you asked the Academy to use, contact the AOA’s Member Service Center at msc@osteopathic.org or (800) 621-1773, ext. 1.
2015-16 Golden Ram Campaign Update

Donations to the 2015-16 Golden Ram campaign, which started on June 1, are off to a good start. As of Sept. 20, contributions from 50 individuals totaling more than $12,000 had been received. That is almost 35 percent of the $35,000 goal for 2015-16.

Since 1987, AAO members’ generous contributions to the Golden Ram Society have augmented the Academy’s operating budget, enabling the AAO to keep dues and other fees down. AAO member dues, for example, have remained the same for four years.

Donations to the 2015-16 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

If you desire, you can set up recurring monthly donations of $25 or more. You can call AAO Associate Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, to set up your recurring donation.

President’s Club—$2,500 or more
Damon Matthew Whitfield, DO

A.T. Still Club—$1,000 to $2,499
Robert E. Kappler, DO, FAAO, FCA
Gary L. Ostrow, DO

T.L. Northup Club—$500 to $999
Juan F. Acosta, DO
Robert N. Agnello, DO
Mikhail Gleyzer, DO
Stefan Hagopian, DO, FAAO
T. Reid Kavieff, DO

Louisa Burns Club—$250 to $499
Michael Aaron Chipman, DO
Gregory Craddock, DO
Hannah M. Eucker, DO
Sharon Gustowski, DO, MPH
Sonia Rivera-Martinez, DO, FACOFP
Ralph Schuerer, DOM (Germany)
Sandra L. Sleszynski, DO, FAAO
Adrian Lynne Woolley, DO

Vicki Dyson Club—$100 to $249
Richard H. Armond III, DO
Charles A. Beck, DO, FAAO
Joel Berenbeim, DO
Thomas R. Byrnes, DO
Haifan Chen, DO
Joan F. Dawson, DO

Vicki Dyson Club (continued)
Stephen M. Ellestad, DO
Stephen I. Goldman, DO, FAAO
David B. Hagie, DO
Catherine M. Kimball, DO
Jonathon R. Kirsch, DO
Michael G. Knapp, DO
Carol L. Lang, DO
Donald C. Manuele, DO
Wendy S. Neal, DO, ND
Doris B. Newman, DO, FAAO
Benjamin Neil Paschkes, DO
Stacy L. Pierce-Talsma, DO, MS, FNAOME
Michael J. Porvaznik, DO
Eric L. Schneider, DO
Therese Marie Scott, DO
William Harry Stager, DO, MPH, FAAO, FACOFP, FAAFP, FAAMA
Joel D. Stein, DO, FAAO
David E. Teitelbaum, DO
Piers N. Vigers, DO (United Kingdom)

Supporter—up to $99
Brian William Abbott, DO
John D. Capobianco, DO, FAAO
Stamatia F. Gockel, DO
John H. Juhl, DO
R. Paul Lee, DO, FAAO, FCA
Cathy R. Lindsay, DO, PS
Merideth C. Norris, DO
Sandra Jean Robinson, DO
Ann M. Sousa, DO

OMM Video Available to Educate Public

To educate their patients and other visitors to their practice websites, AAO members can embed a hyperlink to an AAO-commissioned video about osteopathic manipulative medicine (OMM). The video, which debuted as a two-minute segment of “American Health Front!” on New York City’s WCBS-TV on Sunday, May 18, 2014, features 2014-15 AAO President Kenneth J. Lossing, DO.

As the sponsor of this “American Health Front!” segment, the Academy has obtained the rights to use the segment for whatever purposes the AAO sees fit. The Academy has posted the segment to the “What Is Osteopathic Medicine?” page on the Academy’s website at www.academyofosteopathy.org so that patients around the country can access it. The YouTube video has been viewed more than 1,400 times since it was posted on July 23, 2014.

At the end of the segment, viewers who become interested in OMM are directed to the Academy URL www.FindOMM.org, which takes them to the Academy’s “Find a Physician” page.

Besides linking to the OMM segment, Academy members can take advantage of the segment’s script when being interviewed by the media or speaking at public events.
UPCOMING WEBINARS

The following list of webinars is provided as a courtesy to our readers. The AAO is not responsible for the content of these webinars.

**American Osteopathic Association**
and the **American Osteopathic Information Association**

**Latest Practice Trends to Increase Profitability**
Jan. 13, 2016—8 p.m. Eastern time

This seminar will focus on new strategies to increase profitability, including the miniretainer and membership model, the full concierge model, cash only model and out-of-network models. Corporate sponsorship also will be discussed. This webinar has been approved for one credit of AOA Category 2-B CME.

**American Osteopathic Association**
and the **American Osteopathic Information Association**

**Micro Practice and Other Strategies for Reducing Overhead Costs**
Jan. 20, 2016—8 p.m. Eastern time

Learn how the micropractice model can reduce overhead costs and result in a more personalized practice with fewer or no staff, less management headaches, and increased net income. This webinar has been approved for one credit of AOA Category 2-B CME.

**American Osteopathic Association**
and the **American Osteopathic Information Association**

**Physician Extenders: Working with a NP or PA to Increase Profitability**
Jan. 27, 2016—8 p.m. Eastern time

Learn how nurse practitioners and physician assistants can enhance the efficiency and productivity of your practice and increase your practice’s profitability. This webinar will focus on how to manage physician extenders to reduce costs, increase efficiency, and improve patient satisfaction while reducing your malpractice exposure. Both primary care physicians and specialists can benefit from employing physician extenders. This webinar has been approved for one credit of AOA Category 2-B CME.

Dozens of webinars that the American Osteopathic Association and the American Osteopathic Information Association have conducted during the past three years are available on demand at [www.osteopathic.org](http://www.osteopathic.org).

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**Position Available: Full Time OMM Faculty Member**

The Midwestern University Chicago College of Osteopathic Medicine, located in Downers Grove, Illinois, a suburb of the greater Chicago area, is seeking a full-time faculty member for the Department of Osteopathic Manipulative Medicine (OMM). The OMM Department provides a strong foundational knowledge of musculoskeletal medicine through its four-year curriculum as well as its post-doctoral programs. The OMM department at CCOM has established core faculty members, a comprehensive symptom-presentation curriculum, strong leadership, and robust research activity. This full time faculty member will assist the department chair and oversee the pre-doctoral education as presented in years 1-4, assist with the post-doctoral integration of OMM, and work with the student scholars mentoring their research pursuits. Candidates must possess a Doctor of Osteopathic Medicine degree from a COCA-accredited college of osteopathic medicine and be board certified. Neuromusculoskeletal medicine certification is desirable, but not required. The successful candidate will have proven clinical, faculty and administrative experience.

Please submit your application, letter of intent and CV through MWU’s online job board by visiting [www.midwestern.edu](http://www.midwestern.edu). In the “Quick Links” section, select “employment at MWU.” Then select “employment opportunities.” Applicants may email inquiries to: Greg Pytlak, MS, MBA, Education Specialist, at gpytla@midwestern.edu.

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*Midwestern University is an Equal Opportunity/Affirmative Action employer that does not discriminate against an employee or applicant based upon race, color, religion, gender, national origin, disability, or veterans status, in accord with 41 C.F.R. 60-1.4(a), 250.5(a), 300.5(a) and 741.5(a).*
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| Nov. 6, 2015 | Michigan State University College of Osteopathic Medicine                               | **Osteopathic Principles and Practice for the Pregnant Patient**  
Course director: Laura Anne Tinning, DO  
East Lansing, Michigan  
7 credits of AOA Category 1-A CME anticipated  
Learn more and register at [com.msu.edu](http://com.msu.edu). |
| Nov. 6-8, 2015 | American Fascial Distortion Model Association                                            | **Austin FDM Module 1 Seminar: Introduction to the Fascial Distortion Model**  
Course director: Gene Lenard, DO  
Sonesta Bee Cave, Austin, Texas  
20 credits of AOA Category 1-A CME anticipated  
Learn more or register at [www.afdma.com](http://www.afdma.com). |
| Nov. 6-8, 2015 | Michigan Osteopathic Association                                                         | **11th annual autumn scientific convention**  
Amway Grand Plaza  
Grand Rapids, Michigan  
Learn more and register at [www.mi-osteopathic.org](http://www.mi-osteopathic.org). |
| Nov. 7-8, 2015 | Arizona Osteopathic Medical Association                                                  | **35th annual fall seminar**  
El Conquistador Resort • Tucson, Arizona  
Learn more or register at [www.az-osteo.org](http://www.az-osteo.org). |
| Nov. 7-8, 2015 | Michigan State University College of Osteopathic Medicine                               | **Manual Medicine Related to Sports and Occupational Injuries in the Extremities**  
Course directors: Mark R. Gugel, DO, and Jake Rowan, DO  
East Lansing, Michigan  
15 credits of AOA Category 1-A CME anticipated  
Learn more and register at [com.msu.edu](http://com.msu.edu). |
| Dec. 4-6, 2015 | Indiana Osteopathic Association                                                         | **34th annual winter update**  
Sheraton Indianapolis at Keystone at the Crossing  
33 credits of AOA Category 1-A CME anticipated.  
Learn more and register at [www.inosteo.org](http://www.inosteo.org). |
| Dec. 4-7, 2015 | Michigan State University College of Osteopathic Medicine                               | **Principles of Manual Medicine**  
Course director: Lisa Ann DeStefano, DO  
East Lansing, Michigan  
28 credits of AOA Category 1-A CME anticipated  
Learn more and register at [com.msu.edu](http://com.msu.edu). |
| Jan. 15-17, 2015 | The Osteopathic Cranial Academy                                                           | **Visual Somatic Dysfunction: Diagnosis and Management**  
Course director: Paul E. Dart, MD, FCA  
Eugene, Oregon  
25 credits of AOA Category 1-A CME anticipated  
Learn more and register at [cranialacademy.org](http://cranialacademy.org). |
| Jan. 15-17, 2015 | The Osteopathic Cranial Academy                                                           | **Introductory Course: Osteopathy in the Cranial Field**  
Course director: Barbara J. Briner, DO  
East Lansing, Michigan  
35 credits of AOA Category 1-A CME anticipated  
Learn more and register at [com.msu.edu](http://com.msu.edu). |
| Jan. 22-26, 2016 | The Osteopathic Cranial Academy                                                           | **Changing Lives: Osteopathy’s Gift to Children**  
Course director: Margaret A. Sorrel, DO, FCA  
Assistant course director: Miriam V. Mills, MD, FAAP  
Albuquerque Marriott Hotel in New Mexico  
40 credits of AOA Category 1-A CME anticipated.  
Learn more and register at [cranialacademy.org](http://cranialacademy.org). |
| Feb. 19-21, 2016 | The Osteopathic Cranial Academy                                                           | **Changing Lives: Osteopathy’s Gift to Children**  
Course director: Margaret A. Sorrel, DO, FCA  
Assistant course director: Miriam V. Mills, MD, FAAP  
Albuquerque Marriott Hotel in New Mexico  
20.5 credits of AOA Category 1-A CME anticipated.  
Learn more and register at [cranialacademy.org](http://cranialacademy.org). |
| March 4-6, 2016 | Sutherland Cranial Teaching Foundation                                                    | **Treating Compressions in the Cranium**  
Course director: Kenneth Eugene Graham, DO  
DoubleTree at the Lloyd Center  
Portland, Oregon  
16 credits of AOA Category 1-A CME anticipated.  
Learn more and register at [www.sctf.com](http://www.sctf.com). |