Message From the President

Academy Fiercely Protects Plus One Residencies as They Move to ACGME Accreditation

If all professional societies had to adopt a motto from the works of William Shakespeare, the Academy’s would no doubt be, “Though she be but little, she is fierce!”

Time after time, the Academy has lived up to that motto in defending osteopathic manipulative medicine and reinvigorating the legacies of Andrew Taylor Still, MD, DO, and all those he inspired.

Just recently, the Academy once again proved how fierce and determined it can be when it went on the offensive to protect the Plus One residencies that have served our profession so well. Specifically, the Academy responded to the program requirements that the Accreditation Council for Graduate Medical Education (ACGME) is proposing to transition Plus One programs into the single accreditation system for graduate medical education (GME).

The ACGME’s Osteopathic Neuromusculoskeletal Medicine Review Committee added these requirements to previously approved ACGME program requirements for two-year residencies in osteopathic neuromusculoskeletal medicine (ONMM). Under the ONMM Review Committee’s proposal, the Plus One residencies and two-year residencies would coexist in the same GME programs, with the Plus One residents treated as if they have earned advanced standing. Moreover, the traditional two-year residents would be designated as being at ONMM1 level, and the Plus One residents would be designated as being at ONMM2 level.

While the Academy does not object to the two types of residencies coexisting in the same GME programs, the AAO is greatly concerned that the prerequisites for ONMM2 level training are too extensive and burdensome for residents to meet.

(continued on Page 2)

OMED 2015: Osteopathic Contributions to Performing Arts Medicine

Registration is now open for the American Osteopathic Association’s 120th annual Osteopathic Medical Conference and Exposition (OMED), which will be held Oct. 17-21 at the Orange County Convention Center in Orlando, Florida.

Tying into OMED 2015’s overall theme of “The DO Experience,” the Academy’s program will focus on how osteopathic physicians can employ osteopathic manipulative medicine (OMM) to enhance the experience accomplished performing artists have when seeking medical care for their unique work-related injuries.

The Academy’s didactic sessions are scheduled to run from Saturday, Oct. 17, to Monday, Oct. 19, to minimize the number of weekdays that Academy members need (continued on Page 5)

AAO Members Support Adding Student Trustee

Using cell phones, tablets, email and faxes, Academy members voted overwhelmingly in favor of amending the AAO constitution to add a student member to the AAO Board of Trustees.

The Academy’s digital polls opened on May 8, and they closed on June 11 a few hours after the AAO conducted a special business meeting online to field questions from members about the amendments.

“When the Academy revised its constitution to add a resident to the Board of (continued on Page 5)
Message From the President (continued from Page 1)

during their initial residencies in family medicine and other specialties. And we told the ONMM Review Committee so in no uncertain terms.

“In essence, the ACGME is asking ONMM2 level residents to squeeze in all of the training received in the first year of ONMM1 level training while serving their initial residencies in family medicine or other specialties,” the Academy noted in its public comments regarding the ACGME’s proposed requirement that candidates for ONMM2 level training be required to serve 12 months of rotations in such disciplines as sports medicine, orthopedic surgery, neurological surgery, rheumatology, neurology, physical medicine and rehabilitation, pain management and musculoskeletal radiology.

“If these requirements remain unaltered,” the AAO warned, “the Academy believes they would result in the elimination of all ONMM2 level training because no residents would qualify to enter at ONMM2 level and the applicant pool that previously existed for the NMM Plus One programs would dry up.”

The Academy reminded the ONMM Review Committee that residents entering ONMM2 level training will have at least two years more of general and specialized training than those entering ONMM1 level programs. As a consequence, those seeking ONMM2 level training should be subject to different and distinct entry criteria.

In its counterproposal, the Academy encouraged the ONMM Review Committee to adopt the American Osteopathic Association’s most recent program requirements for Plus One residencies, which require program directors to meet with each resident individually “to outline past rotations, identify strengths and weaknesses and choose future rotations and experiences that would best improve each resident’s training.” Those requirements call for the Plus One residents to serve only four of the 12 rotations required of the two-year ONMM residents, and those four rotations are served during the Plus One residencies, not as prerequisites to enter those residencies.

Other Concerns About ONMM2 Requirements

The Academy stressed that the ONMM program requirements should clearly state that ACGME-accredited residencies can offer both ONMM1 and ONMM2 level training or they can offer one or the other.

“Having provisions for stand-alone ONMM2 level training is essential for converting AOA-approved Plus One NMM residencies to ACGME accreditation,” the Academy insisted. “Currently, 20 Plus One programs exist in institutions that do not have two-year NMM residencies. These 20 programs, which represent 77 percent of Plus One programs, would be in danger of being eliminated if stand-alone ONMM2 level training were not possible through the ACGME.”

Additionally, the Academy characterized as unrealistic the proposed requirement that ONMM2 level candidates serve their prerequisite rotations under the supervision of physicians certified by the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM). “While that is an appropriate requirement within the ONMM residencies themselves, it is unrealistic to expect that all AOA- and ACGME-accredited residencies in all other specialties can provide AOBNMM-certified physicians to meet this requirement,” the Academy insisted.

In our accompanying cover letter, we challenged the ONMM Review Committee’s contention in its impact statement that the ONMM2 level requirements would not

(continued on Page 7)
Farewell to Farnum: 103-Year-Old Hero of Osteopathy Died in April

Doran A. Farnum, DO, FAAO, 103, died in San Juan Capistrano, California, on April 30, 2015. When he retired in November 2013, Dr. Farnum had been California’s oldest physician with an active medical license and the oldest member of both the American Academy of Osteopathy (AAO) and the American Osteopathic Association still in practice.

Upon learning the news, the AAO’s 2015-16 president, Doris B. Newman, DO, FAAO, responded, “Our thoughts and prayers are with Dr. Farnum’s family and friends. We were privileged to have such a wonderful colleague for so long.”

George J. Pasquarello, DO, FAAO, the Academy’s 2009-10 president, met Dr. Farnum at the 2003 annual meeting of the Rhode Island Society of Osteopathic Physicians and Surgeons when Dr. Farnum sought osteopathic manipulative treatment (OMT) at the educational service Dr. Pasquarello was staffing. When Dr. Pasquarello asked about his patient’s background and discovered he had more than 60 years of experience in practice and teaching, Dr. Pasquarello was surprised he didn’t already know Dr. Farnum.

As a boy, Dr. Farnum shadowed his father, C. Edward Farnum, DO, on house calls in Newport, Rhode Island, and in the process, he saw the insides of the mansions of some of that city’s wealthiest individuals. In addition, Dr. Farnum heard firsthand accounts from his parents about Andrew Taylor Still, MD, DO. His father studied with Dr. Still at the American School of Osteopathy in Kirksville, Missouri, and his mother was treated by Dr. Still.

In 1936, Dr. Farnum graduated from what is now the A.T. Still University-Kirksville College of Osteopathic Medicine alongside his sister, A. Virginia Farnum, DO. Dr. Doran Farnum was in general practice in South Carolina for a couple of years and in Sheboygan, Wisconsin, for more than 30. Upon moving to Southern California in 1975, he focused on osteopathic manipulative medicine (OMM). He would spend 30 to 45 minutes with each patient in an age when 10- to 15-minute appointments had become the norm. His patients included former U.S. President Richard M. Nixon and his wife, Patricia.

In 1936, Dr. Farnum graduated from what is now the A.T. Still University-Kirksville College of Osteopathic Medicine alongside his sister, A. Virginia Farnum, DO. Dr. Doran Farnum was in general practice in South Carolina for a couple of years and in Sheboygan, Wisconsin, for more than 30. Upon moving to Southern California in 1975, he focused on osteopathic manipulative medicine (OMM). He would spend 30 to 45 minutes with each patient in an age when 10- to 15-minute appointments had become the norm. His patients included former U.S. President Richard M. Nixon and his wife, Patricia.

In 2014 a article The DO published about Dr. Farnum, former two-time Academy president Anthony G. Chila, DO, FAAO-Dist, FCA, recalled that Dr. Farnum “wanted to learn as much as he could to provide the best care to his patients.” Dr. Pasquarello recalled that Dr. Farnum liked to attend lectures on topics he knew nothing about. In addition, Dr. Farnum was known to take a course more than once if he felt there was still more to learn, as he did with a cranial course led by Viola M. Frymann, MB, DO, FAAODist, FCA, the founder of what is now called the Osteopathic Center in San Diego.

Dr. Farnum later assisted Dr. Frymann in teaching OMT to students at the Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California. He also taught alongside Fred L. Mitchell Sr., DO, FAAO, who developed muscle energy techniques in the late 1940s.

According to Dr. Chila, Dr. Farnum was an endless supporter of the AAO’s annual Convocation, at which he could be found chatting about osteopathic essentials with younger members of the profession. At one Convocation, Dr. Chila remembered hearing Dr. Farnum say, “Tissue, when it is ready to respond, has to feel like melting butter.” The insightfulness of that comment inspired Dr. Chila to shadow Dr. Farnum for a week at his practice in San Juan Capistrano.

Dr. Chila remembers that Dr. Farnum had a “delightful sense of curiosity about the world, about people.” That curiosity led him to travel widely, including visiting his sister who practiced osteopathic medicine in Australia.

Dr. Farnum was one of the first osteopathic physicians to be named an AAO fellow. He was among the first osteopathic physicians to be board certified in OMM, having received the 18th certificate from what is now (continued on Page 5)
## AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

### 2015

<table>
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<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>July 3</td>
<td>AAO office will be closed in observance of Independence Day</td>
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<tr>
<td>July 11-12</td>
<td>AAO Board of Trustees' meeting—AAO office, Indianapolis</td>
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<tr>
<td>July 14-16</td>
<td>Annual meeting of the American Osteopathic Association’s Board of Trustees—Fairmont Chicago, Millenium Park (The AAO will send a delegation.)</td>
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<tr>
<td>July 17-19</td>
<td>Annual meeting of the American Osteopathic Association’s House of Delegates—Fairmont Chicago, Millenium Park (The AAO will send a delegation.)</td>
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<tr>
<td>July 17-18</td>
<td>AAO Osteopathic Education Service at the AOA House of Delegates’ meeting—Fairmont Chicago, Millenium Park</td>
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<tr>
<td>July 24-25</td>
<td>Cranial: A Sutural Approach—Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, program chairs—Pyramid Three, Indianapolis</td>
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<tr>
<td>August 7-8</td>
<td>AAO Education Committee's meeting—AAO office, Indianapolis</td>
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<tr>
<td>August 7-8</td>
<td>SAAO Executive Council’s meeting—AAO office, Indianapolis</td>
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<tr>
<td>September 7</td>
<td>Labor Day—AAO office closed</td>
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<tr>
<td>October 15</td>
<td>AAO Board of Trustees' meeting, 9 a.m.—Hyatt Regency, Orlando, Florida</td>
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<td>October 16</td>
<td>AAO Leadership Forum, 9 a.m.—Hyatt Regency, Orlando, Florida</td>
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<tr>
<td>October 17-19</td>
<td>AAO program at OMED: Osteopathic Considerations in Performing Arts Medicine—Sajid A. Surve, DO, program chair—Orange County Convention Center, Orlando, Florida</td>
</tr>
<tr>
<td>December 4-6</td>
<td>Peripheral Nerves: Lower Body—Kenneth J. Lossing, DO, program chair—Midwestern University/Arizona College of Osteopathic Medicine in Glendale</td>
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### 2016

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<th>Date</th>
<th>Event Description</th>
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<tr>
<td>March 12-15</td>
<td>Pre-Convocation course: Basic Visceral Course—Kenneth J. Lossing, DO, program chair—Rosen Shingle Creek, Orlando, Florida</td>
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<tr>
<td>March 13-15</td>
<td>Pre-Convocation course: Fascial Distortion Model—Treatment of the Upper Extremities, Lower Extremities, and Head Region—Todd A. Capistrant, DO, MHA, program chair—Rosen Shingle Creek, Orlando, Florida</td>
</tr>
<tr>
<td>March 16-20</td>
<td>AAO Convocation—Somatic Dysfunction and Emotional Well-being: An Osteopathic Approach to Mental Health—Millicent King Channell, DO, FAAO, program chair—Rosen Shingle Creek, Orlando, Florida</td>
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<th>Date</th>
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<tr>
<td>March 20-21</td>
<td>Post-Convocation Residency Program Directors’ Workshop—Michael P. Rowane, DO, FAAO, program chair—Rosen Shingle Creek, Orlando, Florida</td>
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<tr>
<td>September 17-19</td>
<td>AAO program at OMED—Daniel G. Williams, DO, program chair—Anaheim (California) Convention Center</td>
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Student trustee
(continued from Page 1)

Trustees in 2014, it was done so under the expressed intent that the Academy would further revise its constitution to add a student member the following year,” AAO President-elect Laura E. Griffin, DO, FAAO, explained as she chaired the online business meeting. “Adding a student member to the Board of Trustees would be consistent with what the American Osteopathic Association and other osteopathic medical organizations have done in recent decades.”

The constitutional amendments call for the student trustee to be elected by the Student American Academy of Osteopathy, paralleling the way in which the Postgraduate American Academy of Osteopathy selects the board’s resident member. Like the resident member, the student member would have all of the rights, privileges and responsibilities of other trustees, except that the student and resident trustees cannot serve as president, president-elect or secretary-treasurer.

Trustees Must Belong to AOA
In addition to agreeing to amend the Academy’s constitution, AAO members voted on revising the Academy’s bylaws to specify that members of the AAO Board of Trustees must belong to the American Osteopathic Association (AOA).

The AOA Board of Trustees requested that change when it agreed last year that the Academy could drop its bylaw requirement that all DO members of the Academy had to also be AOA members.

OMED 2015
(continued from Page 1)

to be out of their offices. Those Academy members who can stay longer will be welcomed to attend the didactic programs of other specialty colleges on Tuesday, Oct. 20, and the OMED-wide joint session on Wednesday, Oct. 21. However, please note that the AOA is currently listing the Wednesday joint session as tentative.

Academy and AOA members in active practice can currently register for OMED for $695. The registration fee will increase by $100 on Aug. 20. The AOA is offering a one-day registration fee, which will be $350 for practicing AAO and AOA members. The OMED registration fees are discounted for residents, interns, students and associate members. See the AOA fee schedule.

When registering, be sure to select the Academy as one of the specialty colleges whose lectures you are attending. By doing so, you will automatically earn NMM- and FP-specific continuing medical education credits. You will also ensure that the Academy receives its fair share of your registration fee, which the AAO uses to cover speakers’ travel costs and other expenses the Academy incurs at OMED. Although you are allowed to select up to four specialty colleges, the fewer you select, the more the Academy shares in your registration fee.

Program Details
Chaired by Sajid A. Surve, DO, the AAO’s didactic program at OMED 2015 has as its theme, “Osteopathic Contributions to Performing Arts Medicine.”

Performing arts medicine is a fledgling field, encompassing the study and care of performers within the disciplines of music, dance and drama. Osteopathic physicians are uniquely suited to care for these patients.

Those who attend the AAO’s didactic program should be able to recognize the unique medical needs of performing artists, understand the basic principles for providing care to performing artists, and appreciate osteopathic medicine’s contributions to performing arts medicine.

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Dr. Farnum
(continued from Page 3)

the American Osteopathic Board of Neuromusculoskeletal Medicine.

In 2011, Dr. Farnum was one of the first Academy members to be named a Pioneer in Osteopathy by the AAO, The Osteopathic Cranial Academy and the Sutherland Cranial Teaching Foundation in recognition for his pioneering efforts in OMM.

“He wasn’t about being famous or being known,” Dr. Pasquarello observed, “but when you talked to people like Viola Frymann or Fred Mitchell, they all knew who he was right away.”

For more on Dr. Farnum, see his May 11 obituary in the Orange County (California) Register and the accompanying condolences.

A major source of the information for this obituary was The DO’s 2014 article on Dr. Farnum
OMED 2015 (continued from Page 5)

The AAO’s kick-off speaker, David William Shoup, DO, will play the violin to demonstrate how musicians can injure themselves. Dr. Shoup has been playing the violin since he was approximately 7 years old. Following Dr. Shoup, internationally renowned expert in vocal studies Stephen Austin, PhD, will discuss the biomechanics of voice.

Addressing clinical research in the performing arts on Sunday will be Kris Chesky, PhD, a former bandleader and sideman. Dr. Chesky is an associate professor at the UNT College of Music in Denton, Texas, and he is the director of the Texas Center of Music and Medicine in Denton. Dr. Chesky has researched the pain-relieving effects of music vibration.

Also of note for Sunday’s program will be Richard T. Jermyn, DO, the director of the Rowan University School of Osteopathic Medicine’s NeuroMusculoskeletal Institute, a comprehensive pain center. His topic is “Performing Arts Medicine in the Treatment of Brain Disorders.”

The third day of the AAO program will be led by Rebecca Fishman, DO, a former professional dancer and singer.

The Academy’s program is anticipated to offer approximately 20 credits of continuing medical education specific for both neuromusculoskeletal medicine and family medicine. These credits can be used in meeting the CME requirements for board certification, recertification, and osteopathic continuous certification through the American Osteopathic Board of Neuromusculoskeletal Medicine and the American Osteopathic Board of Family Physicians.

Program Director

Dr. Surve is an associate professor of osteopathic manipulative medicine at the University of North Texas Health Science Center—Texas College of Osteopathic Medicine in Fort Worth. He graduated in 2005 from what is now the Rowan University School of Osteopathic Medicine in Stratford, New Jersey. After completing a traditional rotating internship at Delaware County Memorial Hospital in Drexel Hill, Pennsylvania, he became an inaugural resident and the first chief resident of the physical medicine and rehabilitation residency at Long Beach (New York) Medical Center. In addition to serving as the Academy’s program chair for OMED 2015, Dr. Surve is a member of the AAO’s Education Committee, the chair of the AAO Student Academies Committee, and the national adviser to the Student American Academy of Osteopathy.

AAO Program Schedule

(subject to change)

Saturday, Oct. 17
8 to 8:15 a.m.
Welcome from AAO Program Chair
Sajid A. Surve, DO, and AAO President
Doris B. Newman, DO, FAAO

8:15 to 9:45 a.m.
“Principles of Music Medicine” by David William Shoup, DO

10 to 11 a.m.
“Biomechanics of Voice” by Stephen Austin, DO

11 a.m. to noon
“Osteopathic Consideration of Voice Disorders” by Sajid A. Surve, DO

1:30 to 3:15 p.m.
Workshop: “Osteopathic Techniques for the Injured Instrumentalist” with David William Shoup, DO

3:30 to 5 p.m.
Workshop: “Osteopathic Techniques for the Injured Voice” with Sajid A. Surve, DO

Sunday, Oct. 18
9 to 10 a.m.
“Performing Arts Medicine in the Treatment of Brain Disorders” by Richard T. Jermyn, DO

10:15 to 11:30 a.m.
“Update on Clinical Research in Performing Arts Medicine” by Kris Chesky, PhD

11:30 to noon
68th annual Thomas L. Northup Lecture: “The Power of One” by John M. Jones, DO

1:30 to 5 p.m.
Joint session with the American College of Osteopathic Family Physicians
Workshop: “High-Yield OMT for the Upper and Lower Extremities” with Shawn R. Kerger, DO

Monday, Oct. 19
8 to 9:45 a.m.
“Principles of Dance Medicine” by Rebecca Fishman, DO

10 to noon
Workshop: “Role of Drama in Osteopathic Medical Education” with Aubrey M. Olson, DO, and Melanie Stewart, MFA

1:30 to 5 p.m.
Workshop: “Osteopathic Techniques for the Injured Dancer” with Rebecca Fishman, DO
SGR Repealed

On April 21, AOA President Robert S. Juhasz, DO, FACOI, joined leaders of other medical organizations and members of the U.S. Congress in the Rose Garden to watch U.S. President Barack Obama sign legislation that repealed Medicare’s sustainable growth rate (SGR) formula.

The AOA had worked with other medical organizations for more than 10 years to persuade the U.S. Congress to repeal the formula.

The repeal is part of the Medicare Access and CHIP Reauthorization Act of 2015, which the U.S. House of Representatives passed on March 26 and the U.S. Senate passed 19 days later.

The federal Centers for Medicare and Medicaid Services began using the SGR in 1998 to calculate payments to physicians for providing services to Medicare patients. In the years since then, Congress has repeatedly passed last-minute legislation to prevent the SGR formula’s steep cuts to physician payments. In 2014, a congressional patch temporarily saved physicians from a 24.4% payment cut. On April 1, that patch expired, triggering a 21% reduction in physician Medicare payments.

Unlike the patches, the new legislation fully repeals the SGR formula. Instead of being threatened with drastic cuts each year, physicians will see a 0.5% annual payment increase, starting in the second half of 2015 and lasting through 2019.

In addition, the act will create a new Medicare payment system based on quality of care rather than volume. The legislation calls for the new system to encourage physicians to use alternative payment models, such as the patient-centered medical home.

For more on the SGR repeal, see The DO’s April 15 article “Dollars and, at Long Last, Sense: Congress Repeals SGR.”

The Academy especially commends the leaders of the ACOFP for their insights on the potential disservice the ONMM2 requirements would have on family medicine residents who hope to obtain one year of ONMM training after completing their three years of family medicine training.

In addition, the Academy applauds the AOA for pointing out to the ONMM Review Committee that the ACGME’s proposed standards on ONMM2 level training would greatly limit the pool of applicants to programs that currently train 50 percent of NMM residents. If the entry requirements remain excessively demanding, potential residents will be unable to qualify, or they will be deterred from applying, which the AOA warned would be a considerable loss for osteopathic medicine and for patients.

Like the AOA and the ACOFP, the Academy is looking to ensure that the single GME accreditation system lives up to its promise. As a consequence, the Academy is committed to being ever vigilant in closely monitoring and aggressively responding to the ACGME program requirements to ensure that ACGME-accredited ONMM residencies produce the most skilled osteopathically trained physicians the world has ever seen.

In doing so, we will be fiercely adhering to our unofficial Shakespearean motto.
Performing arts medicine is a fledgling field, encompassing the study and care of performers within the disciplines of music, dance and drama. Osteopathic physicians are uniquely suited to care for these patients. This program will explore the performing arts, featuring lectures and workshops by experts in performing arts medicine.

By the end of the 2015 Osteopathic Medical Conference and Exposition, those who attend the American Academy of Osteopathy’s didactic program will be able to recognize the unique medical needs of performing artists, understand the basic principles of providing care to performing artists, and appreciate osteopathic medicine’s contributions to performing arts medicine.

With its theme of “Osteopathic Contributions to Performing Arts Medicine,” the AAO’s program will address hot topics and explain how DOs can use osteopathic manipulative medicine to care for highly talented patients with dysfunctions that arise from singing, dancing and playing musical instruments.

Speakers will include David William Shoup, DO, who has played the violin since age 7; former bandleader Kris Chesky, PhD, the current director of the Texas Center of Music & Medicine; Stephen Austin, PhD, an internationally renowned expert in vocal studies; Richard T. Jermyn, DO, the director of the Rowan University School of Osteopathic Medicine’s NeuroMusculoskeletal Institute; and Rebecca Fishman, DO, a former professional dancer and singer.
AAO to Offer Osteopathic Education Service at OMED 2015

Each year at the American Osteopathic Association’s Osteopathic Medical Conference and Exposition (OMED), the American Academy of Osteopathy offers its Osteopathic Education Service (OES) to conference goers, including guests and exhibitors. These complimentary sessions are provided for educational purposes only. During the sessions, AAO members and others provide hands-on demonstrations of osteopathic diagnostic and treatment techniques.

During OMED 2015, OES sessions will be held from Saturday, Oct. 17, through Monday, Oct. 19, in the AOA’s exhibit hall at the Orange County Convention Center in Orlando, Florida. Participants will be matched with volunteer physicians in both private and group sessions.

The Academy is inviting DOs from all specialties to volunteer to demonstrate their palpatory and treatment skills at the OES. Volunteers earn 0.5 credit of AOA Category 1-B continuing medical education for each person they see at the OES.

While the AAO prefers that volunteering DOs register for the OES in advance, the Academy will accept on-site registration.

For more information about this event, contact AAO Associate Executive Director Sherri L. Quarles at squarles@academyofosteoopathy.org in advance or at the OES on site. Volunteers must have their own professional liability coverage.

OES Provides OMT Demonstrations to 149

At the AAO’s 2015 Convocation in Louisville, Kentucky, 52 osteopathic physicians volunteered their time and expertise to the Academy’s Osteopathic Education Service (OES). Open from Thursday, March 12, through Saturday, March 14, the OES offered personalized hands-on demonstrations of osteopathic manipulative treatment (OMT) to 149 Convocation attendees.

For each demonstration they gave, DOs earn 0.5 credit of AOA Category 1-B continuing medical education. In addition, each time they provided a demonstration, the OES volunteers were entered into a drawing for complimentary registration to the next Convocation. Nate DeLisi, DO, of Hooksett, New Hampshire, who provided 27 demonstrations at the 2015 Convocation, won this year’s drawing.

To volunteer your time for the OES, contact AAO Associate Executive Director Sherri L. Quarles at squarles@academyofosteoopathy.org in advance or at the OES on site. Volunteers must have their own professional liability coverage.

2015 Convocation CME

All continuing medical education credits earned during the lectures and breakout sessions at the AAO’s 2015 Convocation have been submitted to the American Osteopathic Association (AOA).

Please allow up to three weeks for the AOA to update your online Individual Activity Report.

Altogether, practicing osteopathic physicians, residents and interns earned more than 11,000 AOA Category 1-A credits for attending lectures and breakout sessions. In addition, speakers at the AAO’s physician program earned 55.25 credits, and speakers for the Student American Academy of Osteopathy’s program earned 43.25.

CME credits earned for attending the Academy’s pre-Convocation courses have been reported separately, and CME credits earned for volunteering to demonstrate osteopathic manipulative treatment at the Osteopathic Education Service will be reported by Monday, June 29.

The Academy’s 2016 Convocation will take place March 16-20 at the Rosen Shingle Creek in Orlando, Florida. Learn more about the AAO’s annual Convocation at www.academyofosteoopathy.org.
Two Former AAO Presidents Receive AAO’s Highest Honor

Former AAO presidents Jane E. Carreiro, DO, of Biddeford, Maine, and Dennis J. Dowling, DO, MA, FAAO, of Baldwin, New York, received Andrew Taylor Still Medallions of Honor on March 14 during the AAO Convocation in Louisville, Kentucky. The highest honor the AAO bestows, the medallion is given to AAO members who have exhibited exceptional understanding and application of osteopathic principles and concepts.

A 1988 graduate of the University of New England College of Osteopathic Medicine (UNECOM) in Biddeford, Maine, Dr. Carreiro has chaired UNECOM’s Department of Osteopathic Manipulative Medicine since 1999. Since joining the UNECOM faculty in 1993, Dr. Carreiro has inspired her students to incorporate osteopathic principles and practice into their specialties, ranging from family medicine and emergency medicine to neurology and neurosurgery.

In accepting the Still medallion at the AAO president’s banquet, Dr. Carreiro thanked her AAO colleagues for the honor, saying, “Life gives you challenges, and your friends are there—your colleagues, your families, your mentors. And then life gives you celebrations, and your friends are there—and your colleagues, your families, your mentors.”

An internationally recognized teacher, Dr. Carreiro prepared the original text of the World Health Organization’s Benchmarks for Training in Osteopathy. In addition, she has chaired the Board of Directors of the Osteopathic International Alliance since 2014.

Dr. Carreiro has held visiting faculty positions at the Royal Melbourne Institute of Technology in Australia; at the European School of Osteopathy in Maidstone in the United Kingdom; and at the Winer Schule für Osteopathie in Vienna. She was a faculty member and medical consultant at the London Osteopathic Centre for Children from its founding in 1991 through 1994, and the German Society of Pediatric Manual Medicine named her honorary chief of pediatric manual medicine in 2006.

Dr. Carreiro is the author of two books: Pediatric Manual Medicine and An Osteopathic Approach to Children. Both have been translated into multiple languages. She also served as a section editor for the third edition of the American Osteopathic Association’s Foundations of Osteopathic Medicine textbook.

The Academy’s 2012-13 president, Dr. Carreiro continues to serve on the AAO Board of Governors. She is board certified in the osteopathic specialty of neuromusculoskeletal medicine and in osteopathic family medicine.

The AAO’s 2003-04 president, Dennis J. Dowling, DO, MA, FAAO (left), receives the Academy’s Andrew Taylor Still Medallion of Honor from 2015-16 AAO President Doris B. Newman, DO, FAAO. (Photo by Lauren Good)

(continued on Page 12)
The Edward Via College of Osteopathic Medicine (VCOM) is seeking a board-certified NMM/OMM physician to serve as Chair of the Department of Osteopathic Manipulative Medicine for the Carolinas campus in Spartanburg, South Carolina. Spartanburg sits comfortably at the foothills of the Blue Ridge Mountains in upstate South Carolina. It’s nestled between both Atlanta and Charlotte and is only a short drive from Asheville. This beautiful community possesses a rich culture, delicious food and a breathtaking landscape.

**CLINICAL CHAIR POSITION**

**Osteopathic Manipulative Medicine Chair:** The position of Osteopathic Manipulative Medicine Chair is one that organizes the Osteopathic Manipulative Medicine department at the College and the College-affiliated practices. The position participates in the delivery of the educational and research programs related to osteopathic manipulative medicine and primary care. Teaching responsibilities would include conducting medical school courses using a blend of traditional lecture, innovative case-based student-directed and/or faculty led presentations, clinical skill laboratories, and simulated medicine experiences. The position advises students on osteopathic manipulative medicine as a specialty and is expected to take part in the development of an NMM fellowship training program. Interviews are open immediately and will remain open until the position is filled. Board certification in OMM (either through residency or through the family medicine +1 OMM) is required. Pay commensurate with training and expertise.

**Inquiries:** Please visit our website at [www.vcom.edu](http://www.vcom.edu) and click on the Human Resources/Employment link for full details of this position. Often times clinical faculty have unique interests and varied questions. Therefore we welcome your inquiries concerning this position. Feel free to email Matthew D. Cannon, D.O., Chair of Family Medicine, VCOM Carolinas Campus at MCannon@carolinas.vcom.edu.

*VCOM is an Affirmative Action/Equal Opportunity Employer and seeks a diverse faculty.*
Diana L. Finley, CMP, Honored With 2015 Academy Award

Eleven months after retiring as the AAO’s executive director, Diana L. Finley, CMP, of Quincy, Illinois, received the highest award that the AAO bestows on nonphysicians—the Academy Award.

Finley served as the Academy’s executive director from 2009 to 2014. For 15 years prior to that, she was the associate executive director, and she worked as the meeting planner for AAO education programs and as publications coordinator for the Academy’s peer-reviewed medical journal and its newsletter.

In addition, from 2007 to 2014, Finley served as the executive director of the American Osteopathic Board of Neuro-musculoskeletal Medicine.

Before joining the AAO’s staff, Finley worked for the Texas Osteopathic Medical Association for 25 years as the membership director, associate executive director and interim executive director.

The AAO’s 2014-15 president, Kenneth J. Lossing, DO, presented the Academy Award to Finley on March 12 during the annual business meeting at the AAO Convocation in Louisville, Kentucky.

Finley served as the Academy’s executive director from 2009 to 2014. For 15 years prior to that, she was the associate executive director, and she worked as the meeting planner for AAO education programs and as publications coordinator for the Academy’s peer-reviewed medical journal and its newsletter.

The 15th recipient of the award, Finley joins the ranks of such previous recipients as the late osteopathic researcher Irvin M. Korr, PhD; former AOA executive director John B. Crosby, JD; and the person who recruited her to the Academy, former AAO executive director Stephen J. Noone, MS, CAE.

“When I first heard I was to receive the Academy Award, I was truly humbled, knowing I am among so many other recipients who I feel have contributed so much more than I have to the osteopathic profession and to the Academy. I am so very grateful for this honor,” Finley said.

Dr. Lossing credited Finley with rejuvenating the AAO during her term as executive director, with working with the AAO’s volunteer leaders to increase the AAO’s influence, with strengthening the Academy’s finances, and with building an excellent staff.

Finley credited the leaders of the AAO and the staff for her success, saying, “I have been lucky to work with such incredible people whom I admire and I love. … I would not be accepting an award such as this without the wisdom and the confidence you have imparted to me.”

A.T. Still Medallions of Honor (continued from Page 10)

(NYITCOM) in Old Westbury, the department became a model for the profession.

A 1989 graduate of NYITCOM, Dr. Dowling developed the osteopathic manipulative treatment technique called progressive inhibition of neuromuscular structures (PINS). PINS uses related points on the body to treat a larger dysfunction, such as chronic headache.

Dr. Dowling was a co-editor of the third edition of the textbook An Osteopathic Approach to Diagnosis and Treatment, along with his mentors Eileen L. DiGiovanna, DO, FAAO, and the late Stanley Schiowitz, DO, FAAO. He also contributed to all three editions of the Foundations of Osteopathic Medicine textbook, and he is a member of the Editorial Advisory Board of The Journal of the American Osteopathic Association.

In accepting his medallion, Dr. Dowling recounted the path that led him to osteopathic medicine, including being told by a friend that he had the right mentality for osteopathic medicine. Dr. Dowling said that when he arrived at NYITCOM, he found it to be just “the right fit.” Dr. Dowling went on to say, “[NYITCOM] had such an incredible faculty, and I was mentored by Drs. Schiowitz and DiGiovanna, as well as others such as Robert G. Thorpe, DO, FAAO; Andrew ‘Jack’ Tatum, DO; Joseph A. DiGiovanna, DO; Mary E. Hitchcock, DO, FAAO; Gary L. Ostrow, DO; and Robert E. Mancini, DO, PhD.”
14 Research Posters Honored by LBORC and NUFA

The AAO Louisa Burns Osteopathic Research Committee (LBORC) and the National Undergraduate Fellows Association (NUFA) conducted their annual research poster competition on March 13 during the AAO’s Convocation in Louisville, Kentucky.

Open to osteopathic medical students, interns, residents, postdoctoral fellows, researchers and practicing physicians, the competition drew 35 posters this year on topics ranging from cranial oscillation to nontraditional teaching of osteopathic manipulative medicine.

The LBORC and NUFA bestowed awards on students from seven osteopathic medical colleges and residents from three hospitals for posters in the following categories: clinical research, case study, and education and public health. New York state dominated the competition this year, with students at the New York Institute of Technology College of Osteopathic Medicine in Old Westbury taking home three of the student awards and with residents at St. Barnabas Hospital in the Bronx collecting all three awards for resident case studies.

The table below lists the winning authors in the 2015 competition and the titles of their 14 posters. All OMS designations in the table are based on the students’ standing in the 2014-15 academic year, during which the competition took place.

<table>
<thead>
<tr>
<th>Place</th>
<th>Authors</th>
<th>Title</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Student—clinical research</strong></td>
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<tr>
<td>First place</td>
<td>Vanessa Dawn Leonhard, OMS II; Riley Ann Landreth, OMS IV; Gregory Michael Caldwell, OMS IV; Heather Smith, PhD; and Richard Joseph Geshel, DO</td>
<td>Thoracic Outlet Syndrome and the Diagnostic Implications of Anatomical Variation in the Brachial Plexus</td>
<td>Midwestern University/Arizona College of Osteopathic Medicine in Glendale</td>
</tr>
<tr>
<td>Second place</td>
<td>Michael Joseph Bova, OMS I; Kerin M. Claeson, PhD; and Lauren E. Noto Bell, DO</td>
<td>Measuring Principles of Palpation Using 2D Geometric Morphometrics</td>
<td>Philadelphia College of Osteopathic Medicine</td>
</tr>
<tr>
<td>Third place</td>
<td>Jillian Lynn Smith, OMS I; Cyrus Haselby, OMS III; Robert Murphy, MS; Kurt P. Heinking, DO, FAAP; and Kyle K. Henderson, PhD</td>
<td>Assessment of Cranial Oscillations With Interferometry</td>
<td>Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois</td>
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<tr>
<td><strong>Student—case study</strong></td>
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<tr>
<td>First place</td>
<td>Blaze Donnelly Emerson, MS, OMS II; Rebecca L. Drucker, OMS III; Mark Eric Sandhouse, DO, MS; and Melissa Tabor, DO</td>
<td>Osteopathic Manipulative Treatment for Temporomandibular Disorder in a Patient With Rheumatoid Arthritis: A Novel Approach</td>
<td>Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida</td>
</tr>
<tr>
<td>Second place</td>
<td>Mohammad Shujauddin Hussain, OMS III; Sheldon C. Yao, DO; and Reem Abu-Sbaih, DO</td>
<td>The Use of Osteopathic Manipulative Treatment (OMT) in a High-Risk Obstetric Patient With Upper Extremity Edema and Gestational Hypertension (HTN)</td>
<td>New York Institute of Technology College of Osteopathic Medicine (NYITCOM) in Old Westbury</td>
</tr>
<tr>
<td>Third place</td>
<td>David Taylor Guernsey, OMS III; Muhammad Durrani, OMS IV; Adena Leder, DO; and Sheldon C. Yao, DO</td>
<td>Use of OMT to Treat Post-concussive Symptoms of a Mild Traumatic Brain Injury: A Case Report</td>
<td>NYITCOM</td>
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(continued on Page 15)
Students Receive More Than $5,000 in Prizes in Hollis Wolf Competition

AAO members and osteopathic medical organizations donated prizes worth more than $5,000 for the Student American Academy of Osteopathy’s annual A. Hollis Wolf Case Presentation Competition. In this annual contest, which was held March 14 at the AAO’s Convocation in Louisville, Kentucky, undergraduate fellows and other students presented five-minute slide shows summarizing cases that demonstrate their understanding of osteopathic principles, palpatory diagnosis and osteopathic manipulative treatment.

Each SAAO chapter was invited to advance one contestant to the competition. For the 2015 competition, 13 chapters sent presenters to the competition.

Iris Xiao Tian, OMS III, of the Rowan University School of Osteopathic Medicine in Stratford, New Jersey, earned first place for a presentation titled “Hyoid Dysfunction and Dysphagia in Whiplash Injury.” (Tian’s OMS designation and those of the other winners reflect their status at the time of the contest.)

Second place went to Philip Jerome Koehler, OMS II, of the Philadelphia College of Osteopathic Medicine for his presentation, “An Osteopathic Approach to Chronic Pelvic Pain.”

Caitlin Margaret Perry, OMS III, of the Touro University California, College of Osteopathic Medicine in Vallejo, took third place for a presentation titled “Shoulder Pain.”

Jason Anthony Faucheaux, OMS III, of the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida, came in fourth for his presentation, “A Smile to a New Beginning.”

Fifth place was awarded to Angela Kenneth Tyson, OMS IV, of the Edward Via College of Osteopathic Medicine–Carolinas Campus in Spartanburg, South Carolina, for her presentation titled “Resolution of Pelvic Floor Dysfunction Using Osteopathic Manipulative Treatment.”

The Hollis Wolf presenters were judged on the following criteria:

- understanding and application of osteopathic principles, diagnosis and treatment.
- knowledge of pathophysiology and clinical aspects of the case.
- impact of osteopathic care.
- presentation style, presentation skill and slide design.
- involvement in decision-making and delivery of treatment.

Prizes for the 2015 competition included a new percussion hammer, COMBANK subscriptions, gift certificates from the AAO.
## LBORC-NUFA poster competition (continued from Page 13)

<table>
<thead>
<tr>
<th>Place</th>
<th>Authors</th>
<th>Title</th>
<th>Institution</th>
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<tbody>
<tr>
<td><strong>Student—education and public health</strong></td>
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<tr>
<td>First place</td>
<td>Molly M. McCormick, OMS IV; Lee Graff Kenyon, OMS III; Nicolette K. Rosendahl, OMS IV; Kraig Kenneth Wasik, OMS IV; and Brian S. Gould, OMS IV</td>
<td>The “Flipped” Classroom: A Non-traditional Approach to Teaching Osteopathic Manipulative Medicine</td>
<td>Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California</td>
</tr>
<tr>
<td>Second place</td>
<td>Tina Musa, OMS III; Mohammed Ali Anwar OMS IV; and John Tumeh, MD</td>
<td>Conflict of Interest Policies at Osteopathic Medical Institutions</td>
<td>Lake Erie College of Osteopathic Medicine in Erie, Pennsylvania</td>
</tr>
<tr>
<td>Third place</td>
<td>Lisa Nicole Roloson, OMS III; Danielle Defoe, OMS III; Min-Kyung Jung, PhD; To Shan Li, DO; and Sheldon C. Yao, DO</td>
<td>See One, Do One, Treat One: The Effects of OMT Clinical Exposure on Confidence Levels of Medical Students</td>
<td>NYITCOM</td>
</tr>
<tr>
<td><strong>Resident—clinical research</strong></td>
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<tr>
<td>First place</td>
<td>Jessica B. Smith, DO; Andres Cardenas, MPH, PhD; and Cynthia Sharples, DO</td>
<td>Lack of Knowledge About Osteopathic Medicine in Hospitals Leading to Dismal Performance of OMM: Research Survey</td>
<td>Good Samaritan Regional Medical Center in Corvallis, Oregon</td>
</tr>
<tr>
<td>Second place</td>
<td>Roselle Estanislaol Liganor, DO; Jacob W. Watters, DO; Noah P. Jouett, OMS IV; Michael L. Smith, PhD; and Kendi Lee Hensel, DO, PhD</td>
<td>The Effects of Osteopathic Manipulative Treatment on GI Motility</td>
<td>UNT Health Science Center Texas College of Osteopathic Medicine in Fort Worth</td>
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<tr>
<td><strong>Resident —case study</strong></td>
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<tr>
<td>First place</td>
<td>Courtenay E. Deane, DO, and Hugh M. Ettlinger, DO, FAAO</td>
<td>An Osteopathic Approach to the Treatment of Plagiocephaly</td>
<td>St. Barnabas Hospital in the Bronx, New York</td>
</tr>
<tr>
<td>Second place</td>
<td>Stasia Blyskal, DO, and Hugh M. Ettlinger, DO, FAAO</td>
<td>Fractures, Fascial Strains and Fluid Flow: Osteopathic Manipulation in the Setting of Acute Trauma: A Case Report</td>
<td>St. Barnabas Hospital</td>
</tr>
<tr>
<td>Third place</td>
<td>Christopher R. Brown, DO, and Hugh M. Ettlinger, DO, FAAO</td>
<td>Osteopathic Treatment in Acute Traumatic Brain Injury With Intracranial Bleed</td>
<td>St. Barnabas Hospital</td>
</tr>
</tbody>
</table>

## A. Hollis Wolf competition (continued from Page 14)

and from The Osteopathic Cranial Academy, and a biodynamics DVD.

To learn more about the A. Hollis Wolf Case Presentation Competition, refer to Pages 24-27 of the SAAO’s Chapter Notebook. To donate prizes for future Hollis Wolf competitions, contact AAO Associate Executive Director Sherri L. Quarles at squarles@academyofosteopathy.org or at (317) 879-1881, ext. 214. Arthur Hollis Wolf, DO, FAAO, was the 1968-69 president of the Academy of Applied Osteopathy, which was renamed to the American Academy of Osteopathy in 1970. In 1974, Dr. Wolf received the AAO's highest award, the Andrew Taylor Still Medallion of Honor.

For information about the 2016 LBORC-NUFA poster presentation competition, contact AAO Committee Liaison Debbie Cole at DCole@academyofosteopathy.org or at (317) 879-1881, ext. 215.

For information about the 2016 A. Hollis Wolf Case Presentation Competition, contact AAO Event Planner Sherrie Warner at SWarner@academyofosteopathy.org or at (317) 879-1881, ext. 220.
Course Description
Using principles developed by Jean-Pierre Barral, DO (France), participants in this course will examine the peripheral nerves of the lower body. Kenneth J. Lossing, DO, will demonstrate visceral manipulation techniques to identify and treat dysfunctions in the general anatomy, including those affecting vascular supply, innervation, axonal transport and mechanical aspects, as well as dysfunctions resulting from lesions and trauma.

Participants will learn palpation methods for finding a nerve and for determining dysfunction by identifying lack of pliability, hardness, and nerve “buds.” In addition, participants will learn treatment approaches, effects of treatment, indications and contraindications.

Dr. Lossing will discuss diagnostic and treatment techniques for the lumbar plexus, the sacral plexus, the genitofemoral nerve, the lateral femoral cutaneous nerve, the obturator nerve, the femoral nerve, the saphenous nerve, the superior gluteal nerve, the sciatic nerve, the tibial nerve, the medial sural cutaneous nerve, the lateral dorsal cutaneous nerve, the medial and lateral plantar nerves, the fibular nerve and the intercostal nerves.

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
19555 N. 59th Ave.
Glendale, AZ 85308

Course Times
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact AAO Event Planner Sherrie Warner with special dietary needs at (317) 879-1881, ext. 220, or SWarner@academyofosteopathy.org.

Continuing Medical Education
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Peripheral Nerves: Lower Body
Dec. 4-6, 2015 • Midwestern University/Arizona College of Osteopathic Medicine

Registration Information
Register online at www.academyofosteopathy.org, or submit the registration form and payment by email to SWarner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax to (317) 879-0563.

Registration Fees

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<th>Before Sept. 4</th>
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<tr>
<td>Academy member in practice*</td>
<td>$1,020</td>
<td>$1,070</td>
<td>$1,220</td>
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<tr>
<td>Member resident or intern</td>
<td>$820</td>
<td>$870</td>
<td>$1,020</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,120</td>
<td>$1,270</td>
<td>$1,420</td>
</tr>
<tr>
<td>Nonmember resident or intern</td>
<td>$1,020</td>
<td>$1,070</td>
<td>$1,220</td>
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</table>

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________________________
Cardholder’s name: _________________________
Expiration date: ___________ 3-digit CVV No.: ___________
Billing address (if different): _______________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _________________________________

By releasing your fax number and email address, you are giving the AAO permission to send marketing information regarding courses to you.

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.
Tulsa, Oklahoma

OSU Center for Health Sciences is located in Tulsa, the second-largest city in the Oklahoma with a population of 961,561 in the metropolitan area. Tulsa offers numerous entertainment venues, including the Philbrook and Gilcrease museums, the Brady Arts District, the Oklahoma Aquarium, the Performing Arts Center, Brady Theater, music venues including the BOK Center and Cain’s Ballroom, the Tulsa Zoo and local professional baseball, hockey, soccer and basketball teams.

DEPARTMENT OF
OSTEOPATHIC MANIPULATIVE MEDICINE

Oklahoma State University Center for Health Sciences’ College of Osteopathic Medicine is seeking to fill a full-time faculty position in the Department of OMM. This position is actively involved in patient care and teaching medical students and residents, as well as hospital inpatient services. The successful candidate must have earned a D.O. degree, be proficient in a variety of osteopathic manipulation techniques, eligible for licensure in the state of Oklahoma and possess a devoted interest in education. Board certification or eligibility by the AOBNMM or AOBSPOMM is preferred, but not required. Salary and faculty rank commensurate with experience and qualifications. May or may not be tenure track.

Located on historic Route 66 in Tulsa, OSU Center for Health Sciences is part of the Oklahoma State University System. OSU Center for Health Sciences provides both undergraduate and graduate medical education and trains osteopathic physicians, research scientists and other health care professionals with emphasis on serving rural and underserved Oklahoma. The academic health center operates OSU Physicians Clinics and is affiliated with OSU Medical Center managed by Mercy, the largest osteopathic teaching hospital in the nation.

Please send cover letter and curriculum vitae to tulsa.hr@okstate.edu.

Oklahoma State University is an EEO E-Verify employer and all qualified applicants will receive consideration for employment without regard to age, race, color, religion, genetic information, sex, sexual orientation, gender identity, national origin, disability or veteran status.
AAO Member Becomes President of the Florida Osteopathic Medical Association

AAO life member William Harry Stager, DO, MPH, FAAO, FACOFP, FAAFP, FAAMA, of West Palm Beach, Florida, was installed as the 2015-16 president of the Florida Osteopathic Medical Association (FOMA) during its 112th annual convention, which was held Feb. 18-22 in Weston, Florida. More than 1,000 osteopathic physicians, osteopathic medical students and other health care professionals attended the convention, including the AAO’s 2015-16 president, Doris B. Newman, DO, FAAO.

One of the first predoctoral fellows at what is now the Nova Southeastern University College of Osteopathic Medicine (NSU-COM) in Fort Lauderdale, Florida, Dr. Stager earned his doctor of osteopathic medicine degree in 1989. He is active in the AAO, the American Osteopathic Association and the American College of Osteopathic Family Physicians (ACOFP). He has been a member of the AOA House of Delegates since 2006, and he served as the 2008-10 president of the Florida Academy of Osteopathy (FAO) and the 2008-09 president of the Florida Society of the ACOFP.

When Dr. Stager became a fellow of the American Academy of Family Physicians (AAFP) in 2013, he was the first osteopathic physician to be a fellow of the AAFP, the AAO, the ACOFP and the American Academy of Medical Acupuncture.

An internationally recognized educator, Dr. Stager has taught osteopathic manipulative medicine and neuromusculoskeletal medicine (OMM-NMM) in the United States, Canada, Norway and China, and he has published more than 200 articles and papers in peer-reviewed medical journals and health and fitness magazines. He was a section editor of and contributing author to the second edition of the ACOFP’s Somatic Dysfunction in Osteopathic Family Medicine.

NSU-COM named Dr. Stager its Distinguished Alumnus in 2008 and in 2015, and the AOA named him an Unsung Hero and a Guardian of the Profession in 2013. He also received the FOMA Presidential Achievement Award in 2007 and the FAO Distinguished Service Award in 2011. In 2010, the Florida Society of the ACOFP named Dr. Stager Physician of the Year.

Board certified in NMM and osteopathic family medicine, Dr. Stager has been combining NMM with family medicine and medical acupuncture in private practice in the Palm Beach area since 1990. He also is a clinical professor of family medicine for NSU-COM, and he is a clinical associate professor of family medicine for the Lake Erie College of Osteopathic Medicine-Bradenton in Florida.

SAAO Members Shine at Research Appreciation Day

The UNT Health Science Center (UNTHSC) in Fort Worth, Texas, held its 23rd annual Research Appreciation Day on April 17. During the event, students, faculty and staff from the Texas College of Osteopathic Medicine and the health science center’s other schools shared their research efforts with the university community and with the public.

Research Appreciation Day encourages joint research projects and increases the community’s awareness of the range of research conducted at UNTHSC. Poster and oral presentation competitions for students, residents and postdoctoral fellows are featured in the day’s program. A panel of judges selects the top poster presentations and top oral presentations.

The following members of the Student American Academy of Osteopathy received awards for their research. Their OMS designation is based on their standing in the 2014-15 academic year.

- Monica Taylor Bullock, OMS II
- Kalyan Chitturi, OMS II
- Michael Andrew Ford, OMS II
- Jennifer Marie John, OMS III

• Michelle Renee Jones, OMS II
• Anthony William Handoyo, OMS II
• Josin Sebastian Kalathil, OMS II
• Shayne Robert Kelly, OMS II
• Neel M. Shah, OMS IV
• Irtiza Naseer Sheikh, OMS II

In addition, AAO members Ryan Alan Seals, DO, and Daniel A. Clearfield, DO, MS, mentored Handoyo and Shah, respectively. Dr. Seals and Dr. Clearfield are on the faculty of UNTHSC’s Texas College of Osteopathic Medicine.

(continued on Page 18)
Members in the News

The March, April and May 2015 issues of The Journal of the American Osteopathic Association featured several articles written or co-written by Academy members. The chart below summarizes those articles.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title of article</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taylor Robert Burnham, OMS IV, of Mesa, Arizona, and Deborah M. Heath, DO, of Phoenix</td>
<td>March 2015</td>
<td>Effectiveness of Osteopathic Manipulative Treatment for Carpal Tunnel Syndrome: A Pilot Project</td>
<td>A single-blinded, quasicontrolled trial demonstrated statistically significant improvements in symptoms and function among patients with carpal tunnel syndrome who received osteopathic manipulative treatment for six consecutive weeks. However, median nerve function and morphology of the carpal tunnel did not change.</td>
</tr>
<tr>
<td>Meghan Anastasia Cooper, DO, of Bradenton, Florida</td>
<td>March 2015</td>
<td>Adult-Acquired Hidden Penis in Obese Patients: A Critical Survey of the Literature</td>
<td>This review article examines published research for the most effective surgical techniques for adult-acquired hidden penis in patients who are obese or otherwise overweight.</td>
</tr>
<tr>
<td>Kristie Petree, DO, and Jonathan N. Bruner, DO, of East Lansing, Michigan</td>
<td>March 2015</td>
<td>Postoperative Singultus: An Osteopathic Approach</td>
<td>The authors report the case of a man whose postoperative singultus, or hiccups, was successfully managed with osteopathic manipulative treatment.</td>
</tr>
<tr>
<td>Tyler C. Cymet, DO, of Chevy Chase, Maryland</td>
<td>April 2015—annual medical education theme issue</td>
<td>Transitions in Osteopathic Medical Education</td>
<td>In this editorial, the associate vice president for medical education at the American Association of Colleges of Osteopathic Medicine addresses the changing face of the health care community, and he outlines how osteopathic medical education is changing to meet new demands.</td>
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LUCRATIVE NMM/OMM PRACTICE FOR SALE

Privately owned 100% neuromuscular medicine and osteopathic manipulative medicine practice in northeast Ohio for sale.

- 950+ patients and growing.
- 4-day work week with an average of 24 hours of patient treatment per week.
- All records in Practice Fusion EHR.
- Very low office overhead.
- < 0.5% patient accounts receivable at any time.
- Predominantly cash self-pay patients, but the practice accepts traditional Medicare.

The current DO is willing to orient and train the incoming physician for up to six months.

For further information, contact Kenneth J. Klak, DO, at KKlak.DO@gmail.com or (440) 799-4433. Dr. Klak has 40 years of continuous experience providing osteopathic manipulative medicine.

PRACTICE FOR SALE

Well established OMM practice for sale in the seaside town of Lewes, Delaware.

Includes half-acre commercially zoned land and building with 3 offices, 2 bathrooms, a kitchen/copy room and reception area.

Medicare and cash patient base.

Come live and work at the beach.

Contact Richard Appleby, DO rapplebydo@me.com

(continued on Page 21)
Announcing Exciting and Innovative Opportunities
for NMM Specialists in New Mexico

The Burrell College of Osteopathic Medicine at New Mexico State University, in Las Cruces New Mexico, is seeking osteopathic physicians who are interested in becoming members of the founding faculty of a new, private college of osteopathic medicine with a mission to serve the population of the southwest United States and northern Mexico.

We are looking for visionary, creative, NMM board-certified specialists to impact the future of our profession through:
» developing and running an NMM residency program.
» developing and teaching all four years of a predoctoral, fully integrated OMM curriculum.
» developing an inpatient OMM service at a local medical center.
» bringing osteopathic manipulative medicine to the people of southern New Mexico and the surrounding region.

Competitive salary and benefits dependent on experience. The Burrell College of Osteopathic Medicine is an equal opportunity employer.

For further information please contact:
Claire M. Galin, DO
Assistant Dean for Osteopathic Integration
Burrell College of Osteopathic Medicine
3655 Research Drive, Genesis Building C
Las Cruces, NM 88003
Email (preferred): Info@bcomnm.com

The Burrell College of Osteopathic Medicine at New Mexico State University is a free-standing, privately-funded, separately licensed and independently operated entity and is not a part of NMSU.
<table>
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<th>Authors</th>
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<tr>
<td>Laura K. Hempstead, DO, of Kansas City, Missouri</td>
<td>April 2015—annual medical education theme issue</td>
<td>Single Accreditation System: Opportunity and Duty to Promote Osteopathic Training for All Interested Residency Programs</td>
<td>In light of the proposed single accreditation system for graduate medical education, the author uses this “In My View” piece to review the historical relationship of the osteopathic and allopathic medical professions. Based on that history, she offers recommendations for the direction osteopathic leaders and educators should take.</td>
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<td>Michael D. Lockwood, DO, FCA, of Kirksville, Missouri</td>
<td>April 2015—annual medical education theme issue</td>
<td>Innovative Approach to Teaching Osteopathic Manipulative Medicine: The Integration of Ultrasonography</td>
<td>Dr. Lockwood and his co-author examine integrating ultrasonography assignments into the first- and second-year curricula for osteopathic manipulative medicine. The authors conclude that with a 98% completion rate for the assignments, ultrasonography enhanced students’ understanding of normal and pathologic musculoskeletal anatomy and vasculature.</td>
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<td>2015 graduate Danielle E. Maholtz, DO, of Philadelphia, and Tyler C. Cymet, DO, of Chevy Chase, Maryland</td>
<td>April 2015—annual medical education theme issue</td>
<td>Comprehensive Osteopathic Medical Licensing Examination-USA Level 1 and Level 2-Cognitive Evaluation Preparation and Outcomes</td>
<td>The authors review the literature on the relationship between scores from the Comprehensive Osteopathic Medical Licensing Examination-USA and correlated student variables. In addition, the authors provide the results of a survey on students’ preparation methods and performance conducted by the American Association of Colleges of Osteopathic Medicine’s Council on Osteopathic Student Government Presidents.</td>
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<td>Boyd R. Buser, DO, FACOFP, of Pikeville, Kentucky</td>
<td>April 2015—annual medical education theme issue</td>
<td>The Single Graduate Medical Education Accreditation System</td>
<td>Dr. Buser and his co-authors recount the history of the proposed single accreditation system for graduate medical education and outline the five-year process for transitioning AOA-approved residencies to accreditation by the Accreditation Council for Graduate Medical Education.</td>
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<td>Gregory A. Hon, DO, of South Miami, Florida, and Karen Teten Snider, DO, FAAO, of Kirksville, Missouri</td>
<td>May 2015</td>
<td>Variations in the Diagnosis and Treatment of Somatic Dysfunction Between 4 Osteopathic Residency Programs</td>
<td>This original contribution examines the frequency with which residents employed osteopathic manipulative medicine when treating patients for spinal pain. The authors compared data from three different types of neuromuscular medicine residencies and an osteopathic family medicine residency.</td>
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<td>Lisa M. Hodge, DO, of Fort Worth, Texas, and Hollis H. King, DO, PhD, FAAO, of San Diego</td>
<td>May 2015</td>
<td>Lymphatic Pump Treatment as an Adjunct to Antibiotics for Pneumonia in a Rat Model</td>
<td>Dr. Hodge, Dr. King and their co-authors studied whether the combination of antibiotics and lymphatic pump therapy (LPT) would reduce bacterial load in the lungs of rats with acute pneumonia. The researchers found that LPT and the antibiotic levofloxacin significantly reduced colony-forming units compared with sham treatment and levofloxacin, while sham treatment and levofloxacin decreased bacterial load.</td>
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On May 2-3, a team of bicyclists from the UNT Health Science Center in Fort Worth, Texas, rode 150 miles from Frisco, Texas, to Fort Worth to raise money for the National Multiple Sclerosis Society. Among the 54 riders on the UNT Health Science Center’s team, UNT Health’s Angels, were Academy members Daniel A. Clearfield, DO, MS; Darren D’Agostino, DO; Roselle Estanislao Liganor, DO; David C. Mason, DO, FACOFP; Camille E. Ayoub, OMS IV; and Kristina Nicole Barsten, OMS IV. The team raised nearly $47,500.

Among the 16 students who received Dr. Kenneth Burnell Student Research Awards from the Nova Southeastern University College of Osteopathic Medicine (NSU-COM) in Fort Lauderdale, Florida, were SAAO members Caitlin Elizabeth LeClair, OMS III; Shalaka Akolkar, OMS III; and Jason Anthony Faucheaux, OMS III. Established in 2001, this scholarship is awarded to NSU-COM students who conduct outstanding research in either clinical medicine or biomedical science.

SAAO member Daniel Bral, OMS II, received the Robert Klein, DO, Academic Society Endowment Scholarship from the Nova Southeastern University College of Osteopathic Medicine (NSU-COM) in Fort Lauderdale, Florida. Nominees for this annual award must be NSU-COM students in good standing who are actively involved in the Klein Academical Society, and they must submit an application and essay.

Richard Philip Thomas, OMS IV, of the Edward Via College of Osteopathic Medicine—Carolina Campus in Spartanburg, South Carolina, is among the authors of the poster titled “The Relationship of Pediatric Obesity and Non-Pandemic Influenza,” which won second place in the South Carolina Medical Association’s 2015 Resident and Student Poster Competition. The competition took place during the association’s annual meeting, which was held April 16-19 in Charleston, South Carolina.

**Membership Announcements**

2015-16 Dues Information

Academy members’ 2015-16 dues notices were sent in early June. The dues rates for 2015-16 are the same as they were for 2014-15. They have remained the same for three years.

In addition to receiving hard copy dues notices, Academy members with email addresses on file at the AAO have received emailed instructions for renewing their membership online. Be sure to renew by July 31 to receive uninterrupted benefits like AAO Member News, The AAO Journal, and discounts on books and courses.

After renewing her membership online, AAO member Sarah Jean James-Miner, DO, of Verona, Wisconsin, wrote, “Just wanted to let you know that the online payment option worked SO well! Love it.”

Keep the Academy Updated

Notify AAO Membership Liaison Susan Lightle, CPS, if you move, change your email address or change jobs. You can send Lightle an updated curriculum vitae or other updates at SLightle@academyofosteopathy.org, or you can call her at (317) 879-1881, ext. 217.

Attention 2015 Graduates

As you prepare to enter graduate medical education, remember to rejoin the Academy as members of the Postgraduate American Academy of Osteopathy (PAAO). The membership in the Academy you enjoyed as members of the Student American Academy of Osteopathy does not automatically roll over into PAAO membership. PAAO membership is open to interns, residents and postdoctoral fellows in all specialties, not just those training in neuromusculoskeletal medicine. Many residency programs will pay for your membership dues. To learn more about staying connected to the AAO and continuing to receive its membership benefits, visit the PAAO website.
**UPCOMING WEBINARS**

The following list of webinars is provided as a courtesy to our readers. The AAO is not responsible for the content of these webinars.

*American Osteopathic Association of Addiction Medicine*

**Office-Based Treatment for Opioid Use Disorders**

**June 24—1 p.m. Eastern**

This combined webinar training and computer-based self-study program will provide the required eight hours needed to obtain a waiver to administer buprenorphine in office-based settings to treat patients for opioid dependence. This combined program offers four credits of AOA Category 1-A continuing medical education.

*American Osteopathic Information Association*

**Tips for ICD-10 Preparation as Oct. 1 Approaches**

**July 1—8 p.m. Eastern**

Those who participate in this webinar will obtain tips on how to continue to see the same number of patients while transitioning to ICD-10 coding. The program will also provide advice on determining which ICD-10 codes to actually use for the services provided to patients. This program is anticipated to provide one credit of AOA Category 2-B continuing medical education.

*American Osteopathic Information Association*

**Final Steps Before the Big Bang:**
**Finishing up ICD-10 Preparations**

**Aug. 4—8 p.m. Eastern time**

Join the American Osteopathic Association’s ICD-10 implementation expert to obtain tips on the final steps you need to take to use ICD-10 coding. In addition, the AOA’s expert will review relevant testing results from throughout the country and predict challenges and benefits that physicians will encounter on Oct. 1, 2015. This program is anticipated to provide one credit of AOA Category 2-B continuing medical education.

*American Osteopathic Association*

**Are You on Your Own or Part of a Larger Health Care System?**

**Aug. 11—8 p.m. Eastern time**

Are you not sure whether to go into private practice or join a larger group? To help you decide, this webinar will outline issues you should consider, such as financial management, practice management, compliance and staffing.

*American Osteopathic Association* and *American Osteopathic Information Association*

**On-demand webinars**

Dozens of webinars that the American Osteopathic Association and the American Osteopathic Information Association have conducted during the past three years are available on demand at [www.osteopathic.org](http://www.osteopathic.org).

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**Sutherland Cranial Teaching Foundation**

**Upcoming Courses**

**SCTF Continuing Studies Course**

**The Face**

**October 9–11, 2015**

Embassy Suites Hotel O’Hare
5500 North River Road | Rosemont, IL 60018

*Free shuttle available to the hotel.*

Course Director: Douglas E. Vick, D.O.

Faculty: SCTF Board of Trustees and Associates

Enrollment limited to 40

20 hrs 1A CME anticipated | Cost: TBA

Limited to DOs and MDs with 3 years post-graduate clinical experience in Osteopathy in the Cranial field.

Two basic courses required. One must have been an SCTF Basic Course and the other must have been an approved Basic Course.

Course Director will evaluate all applications.

Visit our website for enrollment forms and course details: [www.sctf.com](http://www.sctf.com)

Contact: Joy Cunningham 907-868-3372

Email: jcunningham4715@yahoo.com

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- [www.youtube.com/channel/UCCE4z3ZoZmZ6vy5MD5Elukw/videos/](http://www.youtube.com/channel/UCCE4z3ZoZmZ6vy5MD5Elukw/videos/)

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June 2015

AAO Member News
Component Societies and Affiliated Organizations

Calendar of Upcoming Events

July 15, 2015
Arizona Academy of Osteopathy
and Arizona Osteopathic Medical Association
The Osteopathic Approach to the Cervicothoracic Region
Course directors: Christian Fossum, DO (Norway), and William H. Devine, DO
Midwestern University/
Arizona College of Osteopathic Medicine in Glendale
Seven credits of AOA Category 1-A CME anticipated.
Download the registration form and agenda, or email b6b@cox.net for more information.

July 17-19, 2015
American Fascial Distortion Model Association
Introduction to the Fascial Distortion Model, Module 2
Course director: Todd A. Capistrant, DO, MHA
The Grove Hotel • Boise, Idaho
20 credits of AOA Category 1-A CME anticipated.
Learn more or register at www.afdma.com.

July 31–Aug. 2, 2015
American Fascial Distortion Model Association
Introduction to the Fascial Distortion Model—Module 2
Course director: Todd A. Capistrant, DO, MHA
Lake Oswego Physical Therapy and Wellness
Portland, Oregon
20 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.afdma.com.

Aug. 5-9, 2015
Texas Osteopathic Medical Association
and the Texas chapter of the American College
of Osteopathic Family Physicians
Eighth annual joint conference
Omni Corpus Christi in Texas
28 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.txosteo.org.

Aug. 7-9, 2015
Pennsylvania Osteopathic Family Physicians Society
40th annual CME symposium
Hershey Lodge in Pennsylvania
20 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.poma.org.

Aug. 12-16, 2015
Arkansas Osteopathic Medical Association
30th annual convention
Chateau on the Lake Resort Spa and Convention Center
Branson, Missouri
25 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.arosteopathic.org.

Sept. 18-20, 2015
West Virginia School of Osteopathic Medicine
Alumni Association, Inc
Seated Facet Release
Course director: Karen M. Steele, DO, FAAO
West Virginia School of Osteopathic Medicine in Lewisburg
20 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.wvsom.edu/Alumni.

Sept. 25-27, 2015
Osteopathic International Alliance
Montreal Conference:
Osteopathy: A Global Presence
Montreal, Quebec, Canada
14.5 credits of AOA Category 1-A CME anticipated.
Learn more and register at wp.oialliance.org.

Sept. 25-27, 2015
The Osteopathic Cranial Academy
The Next Step: Advancing Your Skills
in Osteopathy in the Cranial Field
Course director: Paul E. Dart, MD, FCA
Associate director: Eric J. Dolgin, DO, FCA
Arlington Hilton Hotel
Ballston, Virginia
22 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.cranialacademy.com.

Nov. 13-15, 2015
The Osteopathic Cranial Academy
Curriculum for Healing Traumatic Brain Injury Course
Course directors: Maud Haimson Nerman, DO, and Laura T. Rampil, DO
New York Institute of Technology
College of Osteopathic Medicine in Old Westbury
20 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.cranialacademy.com.

Feb. 13-17, 2016
The Osteopathic Cranial Academy
Introductory course: Osteopathy in the Cranial Field
Course director: Zinaida Pelkey, DO
Location to be determined
40 credits of AOA Category 1-A CME anticipated.
Learn more and register at www.cranialacademy.com.