Message From the President
Learning Leadership From the Cockpit, Nordstrom and George Washington

Developing leaders is among the most important obligations that the Academy can take on for the profession. Those who serve on AAO committees, the AAO Board of Trustees and the AAO Board of Governors develop skills that benefit not just the Academy. Our leaders apply what they learn at the Academy to leadership roles in state associations, the American Osteopathic Association (AOA), work environments and elsewhere.

To better meet that obligation, the Academy has conducted leadership development forums the past three years in a row just before the AOA’s annual Osteopathic Medical Conference and Exposition (OMED) in the fall.

At our leadership forum at OMED 2015, we benefited from insights from three recent AOA presidents: Norman E. Vinn, DO, MBA, FACOFP, who offered advice on mentoring colleagues; Karen J. Nichols, DO, MA, FACOI, who discussed realigning committees to make them more effective; and Martin S. Levine, DO, MPH, who described the Academy’s unique position to provide leadership for the rest of the osteopathic medical profession.

We were also inspired by AAO Immediate Past President Kenneth J. Lossing, DO, who outlined the lessons he felt the Academy could learn from the book On the Edge: The Art of High-Impact Leadership by Alison Levine.

(continued on Page 2)

Message From the Executive Director
What Did Rosalind Mean and What Did Her Fans Hear?

I have long wondered how it came about that Rosalind Russell’s character Hildy Johnson uses the term osteopath in Columbia Pictures’ 1940 screwball comedy His Girl Friday.

Was it because the Los Angeles County Hospital had an osteopathic hospital and some movie stars like Barbara Stanwyck had been treated there? Was it because the College of Osteopathic Physicians and Surgeons (COPS) in Los Angeles was one of osteopathic medicine’s leading schools at the time? Was it because 1928 COPS graduate Helen B. Jones, DO, had started running the emergency clinic at Metro-Goldwyn-Mayer Studios the year before the movie was released?

Maybe it was because actor Robert Taylor was proud of his father, Spangler Andrew Brugh, DO, of Beatrice, Nebraska. Or maybe it was because actor and director Alan Hale Sr. attended the Philadelphia College of Osteopathic Medicine before seeking a career in Hollywood and seating the skipper of the U.S.S. Minnow of “Gilligan’s Island” fame.

While I’m not sure what prompted the term osteopath to be written into the

(continued on Page 5)
President's message (continued from Page 1)

Building on the leadership forum, AAO President-elect Laura E. Griffin, DO, FAAO, and I held face-to-face informal meetings with the chairs of several AAO committees during OMED 2015. We used that time to inform the chairs of decisions the Board of Trustees had made a few days earlier, to discuss the challenges the committees are facing and to provide some guidance.

A little more than a month later, I represented the Academy at the Advocacy for Healthy Partnerships' meeting, which focused on the need for associations to change as their environments change. At that AOA meeting, I heard such pearls as the following.

Turn Fears Into Opportunities

“You have to remain relevant, or you get left behind,” warned Carey Lohrenz, who became the first fully qualified female aviator to fly U.S. Navy F-14 Tomcats. Relating her leadership advice to her experiences in the Navy, Lohrenz explained that leaders have to take advantage of opportunities based on incomplete information and despite their fears.

“We pass up valuable opportunities because we are afraid of failure,” Lohrenz pointed out. “While we are waiting, someone else is taking action with 80 percent of the information. When you think you are playing it safe, you put yourself at risk.”

During their training, naval aviators are placed under extraordinary stress with imperfect information so that they learn to take the initiative and make the best decisions for their team under trying circumstances. In the process, naval aviators and their teams gain confidence in their ability to recover from failure by remaining flexible, adapting to circumstances and overcoming whatever obstacles are in front of them to “get us home safely.”

Be Focused

Leaders need to concentrate their efforts on just a few issues. “You can’t go into a year with 39 goals,” Parisse advised. “Pick one, and delegate the rest.”

“Keep it simple, not simplistic,” Parisse added. “Know something so well you can explain it simply.”

(continued on Page 3)
Fighter pilots and astronauts are among the best multitaskers, but even they can only think about five tasks at a time, Lohrenz noted, referring to research conducted by the National Aeronautics and Space Administration.

Lohrenz recommended that leaders limit their activities to achieving their top three goals. “You can work on three things simultaneously,” she said. “It will give you extraordinary focus. When you dilute your focus, you dilute your voice.”

In the cockpit, fighter pilots do not focus on their instrument panel. They keep their “eyes up” to assess their situation. “Having focus and discipline allows us to move with speed,” Lohrenz stressed.

While fighters are deployed from an aircraft carrier, every sailor remaining on the ship is focused on getting the aviators back safely, Lohrenz explained. Video from the flight deck and audio from the aviators and controllers are televised throughout the carrier. And debriefings are held after every mission to figure out what worked, what didn’t and what needs to be done to obtain better results.

Organizations need shared values that are non-negotiable, Spector insisted, noting that the retailer Nordstrom Inc. strives to be true to its culture, to share that culture with all its employees, to attract employees who embrace its values, to teach its employees how to do their jobs, and to turn mistakes into teaching moments.

At Nordstrom, all employees are considered to be the “customer service department,” and they are empowered to use good judgment in the context of their shared values, Spector explained. That means, for example, that a Nordstrom associate can sell one shoe to a customer who has lost a leg and charge only half the price. Those shared values led three Nordstrom employees to take the initiative to find a diamond from a customer’s wedding ring by searching through numerous vacuum cleaner bags the day after the customer lost the diamond in their store.

Leadership Is a Sales Job
Nordstrom is a leader in retail because it personalizes the experience for each customer during each visit, Spector explained, noting that Nordstrom believes that loyalty is earned, not expected.

According to Harry S. Truman, the presidency is a sales job, Parise said, recalling a comment Truman made to a young staffer. While packing to leave the White House, Truman told the staffer that he expected Dwight D. Eisenhower would have a hard time as president because as a general, Eisenhower was used to giving orders that were obeyed, not motivating others with such varied opinions and objectives as members of Congress have.

As a sales job, Parise proposed, leadership is about inspiring others to do what they ought to, especially when they are inclined to do otherwise.

Using an example from another U.S. president, Parise recounted how George Washington sold his troops on giving democracy a try rather than making him king or dictator. In addressing his soldiers about democracy, Washington pulled out his glasses to read a letter, something that leaders of the time were unlikely to do because it would detract from their persona of greatness. In doing so, Washington subtly demonstrated vulnerability. His troops responded emotionally, and with tears in their eyes, they enthusiastically supported Washington’s wishes.

Value for the Academy
By participating in leadership seminars such as the AAO’s in October and the AOA’s in November, Academy leaders are enhancing their abilities to represent the interests of AAO members in the changing health care environment.

The AAO Board of Trustees and its Executive Committee, for example, are focused on ensuring that the single accreditation system for graduate medical education (GME) results in both higher-quality residency training in osteopathic medicine and more residents training in osteopathic-recognized GME programs. The AAO Education Committee is committed to developing new courses to prepare MD students and graduates to enter osteopathic-recognized (continued on Page 5)
# AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

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<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>Dec. 9</td>
<td>AAO Public Relations Task Force's teleconference, 9 p.m. Eastern</td>
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<tr>
<td>Dec. 14</td>
<td>AAO Membership Committee's Mentorship Team teleconference, 9 p.m. Eastern</td>
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<tr>
<td>Dec. 24-25</td>
<td>Christmas holiday—AAO office closed</td>
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<td>2016</td>
<td>TBD Committee on Fellowship in the AAO’s teleconference, 8:30 p.m. Eastern</td>
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<tr>
<td>Jan 1.</td>
<td>New Year’s Day—AAO office closed</td>
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<tr>
<td>Jan. 1</td>
<td>Applications due for fellowship in the AAO</td>
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<tr>
<td>Jan. 14-17</td>
<td>Introduction to Osteopathic Manipulative Medicine—Lisa Ann DeStefano, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth (This course is being supported in part by the AAO’s Samuel V. Robuck Fund.)</td>
</tr>
<tr>
<td>Feb. 5-6</td>
<td>AAO Education Committee’s meeting—AAO office—Indianapolis</td>
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<tr>
<td>Feb. 12-14</td>
<td>Clinically Coordinated Counterstrain—William H. Devine, DO, course director—Midwestern University/Arizona College of Osteopathic Medicine in Glendale (This course is being supported in part by the AAO’s Samuel V. Robuck Fund.)</td>
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<tr>
<td>March 12-15</td>
<td>Pre-Convocation course: Evidence-Based Visceral Function and Dysfunction With 3D Anatomy—Kenneth J. Lossing, DO, course director—Rosen Shingle Creek, Orlando, Florida</td>
</tr>
<tr>
<td>March 13-15</td>
<td>Pre-Convocation course: Brain 2—Brain Tissue, Nuclei, Fluid and Reticular Alarm System (RAS)—Bruno J. Chikly, MD, DO (France), course director—Rosen Shingle Creek, Orlando, Florida</td>
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<tr>
<td>March 13-15</td>
<td>Pre-Convocation course: Fascial Distortion Model—Treatment of the Upper Extremities, Lower Extremities, and Head Region—Todd A. Capistrant, DO, MHA, course director—Rosen Shingle Creek, Orlando, Florida</td>
</tr>
<tr>
<td>March 16-20</td>
<td>AAO Convocation—Somatic Dysfunction and Emotional Well-being: An Osteopathic Approach to Mental Health—Millicent King Channell, DO, FAAO, program chair—Rosen Shingle Creek, Orlando, Florida</td>
</tr>
<tr>
<td>March 20</td>
<td>Post-Convocation—Residency Program Directors’ Workshop—Michael P. Rowane, DO, FAAO, course director—Rosen Shingle Creek, Orlando, Florida</td>
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<tr>
<td>April 29–May 1</td>
<td>Fulford’s Basic Percussion Hammer—Richard W. Koss, DO, course director—University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth</td>
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President’s message (continued from Page 3)

residencies, while the AAO Postdoctoral Training Committee is assisting program directors in transitioning neuromusculoskeletal medicine residencies to the new GME-accreditation system.

In addition, the AAO Osteopathic Medical Economics Committee is beefing up its efforts to support AAO members when Medicare carriers and other third-party payers challenge coding for osteopathic manipulative treatment. The AAO Louisa Burns Osteopathic Research Committee is exploring ways for the Academy to contribute more to the evidence base for osteopathic manipulative medicine. And the AAO’s new Public Relations Task Force is focused on working with the AOA to make the public more aware of osteopathic physicians and their contributions to health care.

All of these efforts and more are directed at changing the Academy so that it remains relevant now and in the future.

As Parisse warned, we need to watch out for the “lure of the familiar.” We don’t want to be like the English settlers of the Southeastern colonies in North America who built kitchens in their basements because that is the way homes were built in Great Britain. In Great Britain, Parisse explained, basement kitchens helped warm rooms in the floors above. In the South, those floors were plenty warm on their own, and basement kitchens only turned the homes into ovens.

Doris B. Newman, DO, FAAO 2015-16 AAO president

Executive director’s message (continued from Page 1)

script, I am confident that few moviegoers in 1940 thought Russell was referring to fully licensed physicians who practice in all specialties and who integrate osteopathic manipulative treatment into the holistic care of patients. Instead, the vast majority of those watching Russell and her co-star, Cary Grant, thought an osteopath was a kind of chiropractor or naturopath with less training than an MD.

Paying attention to the connotation of words is critical when you are trying to accurately convey your message to others. And connotations change depending on your audience.

For example, at the Academy’s Convocation and in other settings in which AAO members meet, the words osteopath and osteopathy carry their true meaning. These words convey quickly and emotionally what is at the heart of osteopathic medicine—the principles and practices that make osteopathic medicine unique, special and revolutionary. In such settings, these words deserve to be cherished and preserved, and they should be used to educate and inspire future generations.

Unfortunately, the connotations of these two terms are dramatically different for the public, the media and government officials. The American Osteopathic Association (AOA) realized this early on. In 1938, for example, the AOA wrote its members to encourage them to use the term osteopathic physician instead of osteopath. The AOA argued that osteopath suggested that DOs practiced a sideline profession, not a complete healing art.

Twenty-two years later, the AOA House of Delegates adopted a policy statement that called for the terms osteopathic medicine and osteopathic physician and surgeon to be used in place of osteopathy and osteopath.

That 1960 policy was resurrected by the AOA House in 1994 and revised by the Academy’s 1992-93 president, Judith A. O’Connell, DO, MHA, FAAO, and the AOA’s 1994-95 president, William G. Anderson I, DO. Since then, the policy has
Executive director’s message
(continued from Page 5)

Five former SAAO and AAO members are featured in the AOA’s new brand awareness campaign, including Alice I. Chen, DO, who belonged to the National Undergraduate Fellows Association when she was a student. (Image from the American Osteopathic Association)

been reviewed and approved by the AOA House four times, most recently in 2015.

Terms Critical to Building Awareness
That AOA policy has gone hand in hand with the AOA’s public relations efforts for more than a half-century. With each new PR campaign, the AOA has reminded its leaders, its media ambassadors and its rank-and-file members that the terms osteopathic physician and osteopathic medicine have positive connotations for patients, the press and policymakers compared with osteopath and osteopathy.

With the launch of the AOA’s newest brand awareness campaign at the Osteopathic Medical Conference and Exposition in October, the AOA’s communications staff is once again driving home this point to DOs and osteopathic medical students.

For the new campaign to succeed in increasing public awareness of osteopathic medicine beyond what the AOA’s previous campaigns did, all DOs and osteopathic medical students must do their part to spread the news about the profession. They will need to deliver a uniform message in language that the public easily understands.

What the AOA is asking is akin to translating medical jargon for patients. While you might use the terms myocardial infarction and cerebrovascular accident when talking with other physicians, you are more likely to use heart attack and stroke when talking with patients. Similarly, in choosing to use osteopathic physician and osteopathic medicine, you are ensuring that patients better understand your meaning.

Admittedly, there will be times when osteopathic medicine does not convey to patients all that osteopathy means to you. In such cases, you can turn to osteopathic manipulative medicine and osteopathic principles and practice. Other alternative terms are likely to gain acceptance with time. In 2014, for example, the council that oversees the Glossary of Osteopathic Terminology agreed to make osteopathic cranial manipulative medicine the preferred term for osteopathy in the cranial field in part to have a term that adheres to the AOA’s long-standing policy on osteopathy.

Osteopathy Still Has Its Place
Although osteopathy and osteopath are poor terms for increasing the public’s awareness of this profession, they still deserve to be honored in the hearts and minds of Academy members. In fact, the AOA’s policy recognizes three appropriate uses for these terms.

One is for “previously named entities within the osteopathic medical profession.” That provision applies to the name of the American Academy of Osteopathy and its component societies.

Another provision prescribes using osteopath to describe practitioners with limited scope of practice. That specifically refers to non-physicians trained in osteopathy outside the United States.

The remaining provision allows for osteopathy and osteopath to be used in historical, sentimental and, most pertinent, informal discussions. That covers what Academy members say to each other at Convocation and through other means of communicating as peers.

It is certainly difficult to adopt new terms for cherished concepts. But to some extent, we do it all the time. Those of us who grew up using policeman, fireman and stewardess have learned to use police officer, firefighter and flight attendant. And those who once used osteopathic lesion recognize somatic dysfunction as a better term.

Despite having 141 years to figure out what osteopathy and osteopath mean, the public still misinterprets them as referring to a lesser form of health care. So when speaking in public, Academy members will want to use terms that convey to their audience the true meaning of the care they provide. Fortunately, the profession has 77 years of experience with terms that do just that.

Michael E. Fitzgerald
AAO executive director

Learn more
To learn more about terminology, see the Glossary of Osteopathic Terminology developed by the American Association of Colleges of Osteopathic Medicine’s Education Council on Osteopathic Principles. Use the Glossary Submission Guidelines to recommend a term for inclusion in the glossary or to comment on a term in the current glossary.
Introduction to Osteopathic Manipulative Medicine

Jan. 14-17, 2016 • University of North Texas Health Science Center
Texas College of Osteopathic Medicine in Fort Worth

This is the first in a series of courses that the American Academy of Osteopathy (AAO) will be conducting to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME). This course will also be valuable for DO and MD faculty in these residency programs.

In addition, osteopathic physicians who do not use osteopathic manipulative treatment (OMT) daily will find this course useful, as will other health care professionals with limited or no experience with manipulative techniques.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT. The content will be applicable to adult and pediatric patients.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; joint play; myofascial release; and high-velocity, low-amplitude thrust.

This course is supported in part by the AAO’s Samuel V. Robuck Fund.

Course Director
Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth edition of the textbook Greenman’s Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd., Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Continuing Medical Education
28 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Registration Form
Introduction to Osteopathic Manipulative Medicine
Jan. 14-17, 2016

Name: ____________________________ AOA No.: __________

Nickname for badge: ____________________________

Street address: ____________________________

City: __________ State: _____ ZIP: ______

Phone: __________ Fax: __________

Email: ____________________________

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

Registration Fees

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Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Clinically Coordinated Counterstrain

Feb. 12-14, 2016 • Midwestern University/Arizona College of Osteopathic Medicine in Glendale

Course Description
In this course, seven clinical innovators will teach attendees how to identify dysfunctions that can be corrected using counterstrain, a system of osteopathic diagnosis and treatment that uses opposite forces to relieve strain. In the process, the faculty members will demonstrate how they integrate counterstrain into clinical practice for both adult and pediatric patients.

Course faculty will present lectures and conduct workshops on applying counterstrain in the postural-biomechanical model, the respiratory-circulatory model and the neurological-autonomic model.

This course is supported in part by the AAO’s Samuel V. Robuck Fund.

Course Director
An internationally recognized educator, William H. Devine, DO, is a 1970 graduate of what is now the Kansas City University College of Osteopathic Medicine in Missouri.

Since 1996, Dr. Devine has been a professor of osteopathic manipulative medicine at the Midwestern University/Arizona College of Osteopathic Medicine (MWU/AZCOM) in Glendale, which he also serves as the director of postgraduate osteopathic manipulative medicine, the director of the musculoskeletal medicine residency and the coordinator of the osteopathic specialty clinic. He is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine.

Dr. Devine serves on boards and committees for national, state and local organizations. He is the president of the Arizona Academy of Osteopathy, and he currently is serving his second stint on the American Academy of Osteopathy’s Board of Governors. He has served on the national AAO’s Education Committee since 2010.

In addition, Dr. Devine was a member of the American Osteopathic Board of Neuromusculoskeletal Medicine from 2003 to 2009. Since 1996, he has served on the Educational Council on Osteopathic Principles of the American Association of Colleges of Osteopathic Medicine.

Course Faculty
John C. Glover, DO, FAAO; Christian Fossum, DO (Norway); Edward Keim Goering, DO; Michael L. Kuchera, DO, FAAO; G. Bradley Klock, DO, FAAO; and Paul R. Rennie, DO, FAAO

Course Location
Midwestern University/Arizona College of Osteopathic Medicine
19555 N. 59th Ave.
Glendale, AZ 85308

Course Times
Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to noon

Meal Information
Continental breakfast will be provided each day. Lunch will be provided on Friday and Saturday. Please contact the Academy with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Continuing Medical Education
20 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

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The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ________________________________
Cardholder’s name: ________________________________
Expiration date: __________/________/________ 3-digit CVV No.: __________
Billing address (if different): ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ________________________________

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Who could be better qualified than an accomplished violinist with a DO degree to explain how instrumentalists develop somatic dysfunction? With his credentials in both music and medicine, David William Shoup, DO, of Scottsdale, Arizona, described the toll that bad habits reinforced by hours of practice have on musicians’ musculoskeletal systems.

As he kicked off the AAO’s didactic program at the 2015 Osteopathic Medical Conference and Exposition (OMED 2015) in Orlando, Florida, Dr. Shoup picked up his own violin and demonstrated good and bad posture so that his audience would know what markers to look for and what questions they should ask string musicians.

A clinical associate professor of osteopathic manipulative medicine for the Midwestern University/Azna College of Osteopathic Medicine in Glendale, Dr. Shoup encourages patients to bring their instruments to their appointments so that he can conduct thorough evaluations.

To further demonstrate good and bad habits for musicians, Dr. Shoup asked a trombonist and a pianist to perform during the afternoon workshop he conducted on the same day as his opening lecture.

From Music to Dance
With its theme of “Osteopathic Contributions to Performing Arts Medicine,” the AAO’s program attracted more than 180 DOs and osteopathic medical students who rotated in and out throughout the first three days of OMED 2015. Chaired by Sajid A. Surve, DO, of Fort Worth, Texas, the AAO’s Oct. 17-19 program focused on how osteopathic manipulation benefits patients who have sustained injuries in the course of performing in such arts as dancing, singing, acting and playing musical instruments.

Aubrey M. Olson, DO, and Melanie Stewart, MFA, from the Rowan University

(continued on Page 10)
Spotlighted at OMED (continued from Page 9)

School of Osteopathic Medicine (Rowan-SOM) in Stratford, New Jersey, got attendees moving in their workshop, “Role of Improvisation in Osteopathic Medical Education.” Laughter filled the lecture hall and built camaraderie as attendees tossed a ball around a circle as they learned one another’s names and practiced the “yes and” rule of improvisation.

Based on a seminar offered to second-year students at Rowan-SOM, the workshop focused on how improvisation skills improve physicians’ intentional listening and speaking skills and how improvisation helps physicians manage unexpected situations. The session was particularly enlightening for David Scott Abend, DO, of Oradell, New Jersey, whose son attends Rowan-SOM. “Oh, so my son will do some of these same exercises when he takes your class,” Dr. Abend observed.

Former professional dancer and actor Rebecca Fishman, DO, taught attendees about the most common injuries for dancers and explained how to treat patients for such injuries. Currently practicing physical medicine and rehabilitation in Long Beach, New York, Dr. Fishman understands the importance of identifying and working within the limitations of each individual’s body. Because Dr. Fishman has anteverted hips, she learned to strengthen her leg muscles to compensate so that she would reduce her risk of becoming injured while dancing.

During both her morning lecture and her afternoon workshop, Dr. Fishman demonstrated her concepts on her 15-year-old son, Matthew Herman, who is a student at the School of American Ballet in New York City.

Also during her workshop, Dr. Fishman invited one of her mentors, former AAO president Dennis J. Dowling, DO, FAAO, to describe some of his most-used techniques. Another former Academy president, Michael L. Kuchera, DO, FAAO, also shared ideas. In addition, Dr. Surve, who works with several performing arts groups in the Fort Worth area, demonstrated the osteopathic structural examination he uses to assess dancers.

Letter to the Editor: Thanks to OES Volunteers

R. Clay Walsh Jr., DO, Chair of the AAO Osteopathic Education Service Committee

I would like to take this moment to personally thank all of the individuals—DOs and AAO staff alike—who spent their valuable time to help make the Osteopathic Education Service (OES) a huge success at the American Osteopathic Association’s 2015 Osteopathic Medical Conference and Exposition (OMED) in Orlando, Florida.

Physician volunteers at the OES provide personalized hands-on demonstrations of palpatory diagnosis and osteopathic manipulative treatment (OMT). For many attendees, OMED is the one and only time each year that they get to be on the treatment table. While the OES is an awesome teaching opportunity, it also gives back to DOs who tirelessly care for patients day in and day out.

As always, my goals for the OES are to make it easier for more DOs to experience OMT and to provide educational opportunities for students and DOs alike.

In the 2½ days the OES was open at OMED 2015, the following 27 physicians provided 156 demonstrations:

- Murray R. Berkowitz, DO, MHP, of Lawrenceville, Georgia
- Juanita M. Brown, DO, of Harrogate, Tennessee
- Warren W. Chin, DO, of Center Conway, New Hampshire
- David Coffey, DO, FAAO, FCA, of Dadeville, Alabama
- Nate DeLisi, DO, of Hooksett, New Hampshire
- Dennis J. Dowling, DO, MA, FAAO, of Syosset, New York
- Richard A. Feely, DO, FAAO, FCA, FAAMA, FAADEP, CIME, of Chicago
- Claire M. Galin, DO, of Las Cruces, New Mexico
- Heather P. Ferrill, DO, MS MEdL, of Parker, Colorado

AAO Trustee Michael P. Rowane, DO, FAAO, FAAFP, of Richmond Heights, Ohio, evaluates Kenneth C. Yun, OMS II, of Berkeley, California, during the AAO’s Osteopathic Education Service at OMED 2015. (Photo by Lauren Good)

(continued on Page 13)
Touro University California, a rapidly growing university offering graduate programs in health sciences and education, has an excellent opportunity for an Assistant/Associate Professor for Touro University College of Osteopathic Medicine/Osteopathic Manipulative Medicine Department on our Mare Island campus. The university is part of the Touro College and University System and is located on the northern tip of San Francisco Bay in Vallejo, California. Touro University California is an independent, non-profit Jewish-sponsored institution. It has 1,403 students in three graduate professional colleges (Osteopathic Medicine, Pharmacy, Education and Health Sciences).

POSITION DESCRIPTION: is not intended to cover every work assignment a position may have. Rather, they cover the broad responsibilities of the position.

Typical department duties will be designed to fulfill OMM department goals and priorities in delivering OMM curriculum in the preclinical and clinical periods of TUCOM curriculum. Personal and professional development faculty development will be considered in the assigning of duties in the effort to create a rewarding collegial work environment Duties will include but not be limited to the following:

• Generation and delivery of OMM didactic lectures, preclinical and clinical lab experiences

• Weekly participation OMM Laboratories (or Practical exams)

• Weekly approved clinical service

• Weekly attendance to OMM Department Meetings

• Weekly administrative Time

• University Service as assigned by Department Chair

• Other Assignments as required by the Department Chair

REPORTS TO: Chair of OMM Department

SPECIFIC RESPONSIBILITIES: are those work assignments which are predominant, regular and recurring.

These categories and times may be modified in consultation with the department chair to better meet the needs of the department and the faculty member. It is the responsibility of each faculty member to keep the department chair informed of work activities and projects. This should be done by consultation with the chair and/or submission of monthly activity reports within two weeks of the end of the month. Each faculty member is also responsible for submitting a monthly leave report within two weeks of the end of the month. It is expected that every faculty member will behave and interact with students, staff and faculty in a collegial and professional manner.

• All efforts will be made to distribute among the department the lecture/lab teaching load in an equitable manner, although the exact numbers of each may vary. First year faculty with limited academic experience are expected to attend departmental lectures as determined by the departmental chair. Variation from this standard may be given at the discretion of the department chair to meet departmental needs.

QUALIFICATIONS: is the Education, Training and/or related experience needed by the person to perform the job.

Applicant should be committed to the support and development of the next generation of enthusiastic Osteopathic physicians. This would include (but not necessarily limited to) modeling applied Osteopathic philosophies, OMM clinical integration, sound clinical decision processes, and moral/ethical sensitivity into clinical practice through the use of competent palpatory diagnosis and treatment.

° Active board certification in OMM/NMM or board eligible or

° Active other applicable specialty board certification with demonstrable OMM skills

° Practice experience

° Licensed or ability to be licensed in the State of California - Required

° Unrestricted DEA licensure - Required

° Graduate of an AOA-approved osteopathic college - Required

° Residency training and teaching experience desirable

° Research experience or interest desirable

RANK, SALARY, AND BENEFITS:

• Assistant or Associate Professor as determined by Touro Rank and Promotion Committee

• Salary based on experience and credentials

• Touro University faculty benefit package

• Clinic stipend and bonuses available

• Relocation assistance available

• Informal interest/inquiries may be directed to:

R. Mitchell Hiserote, DO
Associate Professor and Chairman
Department of Osteopathic Manipulative Medicine
Touro University - California
(707) 638-5945, Fax (707) 638-5946,
e-mail: mitchell.hiserote@tu.edu
Salary is competitive and commensurate with background and experience.

If you are interested in learning more about faculty opportunities at Touro University California, College of Osteopathic Medicine, please e-mail your CV and a letter of interest to:

Search Committee
Email: Apply@tu.edu
Subject: Your Name, Assistant/Associate Professor OMM

For more information please visit our website http://apprtkr.com/694378

Touro University California is an Equal Opportunity/Affirmative Action Employer

Touro is a system of Jewish-sponsored non-profit institutions of higher and professional education. Touro College was chartered in 1970 primarily to enrich the Jewish heritage, and to serve the larger American community. Approximately 19,000 students are currently enrolled in its various schools and divisions. Touro College has branch campuses, locations and instructional sites in the New York area, as well as branch campuses and programs in Berlin, Jerusalem, Moscow, Paris, and Florida. Touro University California and its Nevada branch campus, as well as Touro College Los Angeles, are separately accredited institutions within the Touro College and University System. For further information on Touro College, please go to: http://www.touro.edu/media/
Osteopathic Approach to Mental Health
Register for the AAO’s 2016 Convocation Now

Attend the AAO’s 2016 Convocation to learn how patients with mental health disorders benefit from osteopathic medicine. Chaired by Millicent King Channell, DO, FAAO, “Somatic Dysfunctions and Emotional Well-being: An Osteopathic Approach to Mental Health” will focus on the first tenet of osteopathic medicine—the body is a unit; the person is a unit of body, mind and spirit.

The Convocation’s lectures and breakout sessions will explore how lifestyle and life challenges affect patients’ overall health, explains Dr. Channell, who chairs the Department of Osteopathic Science at the Rowan University School of Osteopathic Medicine in Stratford, New Jersey. Attendees will learn to apply what they learn to diagnosing and treating patients with mental disease, chronic health conditions and somatic dysfunction.

The 2016 Convocation will be held from Wednesday, March 16, to Sunday, March 20, at Rosen Shingle Creek in Orlando, Florida. The AAO anticipates the Convocation will be approved for as many as 31.5 credits of AOA Category 1-A continuing medical education. Most, if not all, of those credits are expected to be specific for neuromusculoskeletal medicine and family medicine for purposes of board certification, re-certification and osteopathic continuous certification.

For more details, download the full brochure. Descriptions of the breakout sessions will be added online as they become available.

Pre-Convocation Courses Available
The AAO also will conduct three pre-Convocation courses in 2016. Save 10 percent on a pre-Convocation course when you register for Convocation. You can use the hyperlinks below to register for the pre-Convocation courses:

- “Evidence-Based Visceral Function and Dysfunction With 3D Anatomy” with Kenneth J. Lossing, DO.
- “Fascial Distortion Model—Treatment of the Upper Extremities, Lower Extremities and Head Region” with Todd A. Capistrant, DO, MHA.
- “Brain 2: Brain Tissue, Nuclei, Fluid and Reticular Alarm System (RAS)” with Bruno J. Chikly, MD, DO (France).

For the early-bird rates, register for the pre-Convocation courses by Jan. 11, 2016, and for the Convocation by Jan. 16.

During the pre-Convocation courses and the Convocation, stay at Rosen Shingle Creek for as little as $199 per night. Call (866) 996-6338, and mention that you are attending the AAO Convocation to get the Academy’s rates.

Encourage Vendors to Exhibit at the AAO’s 2016 Convocation

The Academy’s Education Committee seeks your assistance in recruiting exhibitors for the AAO’s 2016 Convocation at Rosen Shingle Creek in Orlando, Florida. Convocation is the premier gathering of gifted clinicians in osteopathic manipulative medicine.

All exhibitors will receive the choice of booth space on a first-come, first-served basis; a list of Convocation attendees; free advertising in the Convocation’s digital workbook; a listing in AAO Member News and on the AAO’s website; an invitation to the exclusive opening reception in the exhibit hall; and security when the exhibits are closed.

For more information, potential exhibitors can download the Convocation’s exhibitor prospectus. Any vendor interested in exhibiting at the Convocation can contact AAO Associate Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, or at SQuarles@academyofosteopathy.org.
Thanks to OES volunteers (continued from Page 10)

- Allison L. Hetland, DO, of Orono, Maine
- Jeffrey William Johns, DO, of Fort Myers, Florida
- Virginia M. Johnson, DO, MBA, FAAO, of Pacific Palisades, California
- Richard W. Koss, DO, of Maple Valley, Washington
- Michael A. Landrum, DO, of Wheat Ridge, Colorado
- James L. Laub, DO, MPH, of Beavercreek, Ohio
- Whitney D. Lynch, DO, of Meridian, Mississippi
- Marla M. Mead, DO, of Lewisburg, Pennsylvania
- George J. Pasquarello, DO, FAAO, of East Greenwich, Rhode Island
- Michael Shane Patterson, DO, of Clinton Township, Michigan
- Stacey L. Pierce-Talsma, DO, MS, FNAOME, of Vallejo, California
- David L. Redding, DO, of Pomona, California
- Michael P. Rowane, DO, FAAO, FFAFP, of Richmond Heights, Ohio
- Richard G. Schuster, DO, of Indianapolis
- William Harry Stager, DO, MPH, FAAO, FACOFP, FFAFP, FAAMA, of West Palm Beach, Florida
- R. Clay Walsh Jr., DO, of North Richland Hills, Texas
- Kenneth Alan Zaremski, DO, of Cincinnati

Special thanks to Kathleen Brennan; Diana L. Finley, CMP; Sherri L. Quarles; Lauren Good; and Debbie Cole for providing volunteer and staff support to the OES at OMED 2015.

Thank you again to those who volunteered. I respectfully ask that you continue to support the OES with your time and dedication. The OES will be offered next at the AAO’s 2016 Convocation in Orlando. Please volunteer in advance by contacting AAO Associate Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, or at SQuarles@academyofosteopathy.org. And bring a colleague along to help out the next time you volunteer.

OES Volunteers Receive CME and More

Volunteer for the Academy’s Osteopathic Education Service during the AAO’s 2016 Convocation to provide personalized hands-on demonstrations of palpatory diagnosis and osteopathic manipulative treatment.

Volunteers receive 0.5 credit of AOA Category 1-B continuing medical education for each demonstration they provide, and they are entered into a drawing for complimentary registration for the 2017 Convocation at The Broadmoor in Colorado Springs, Colorado.

In 2015, Nate DeLisi, DO, who provided 27 demonstrations at the AAO’s 2015 Convocation, won the drawing for the 2016 Convocation.

At the 2016 Convocation, the service will operate from 8 a.m. to 5 p.m. on Thursday, March 17, and Friday, March 18, and from 8 a.m. to noon on Saturday, March 19. DOs from all specialties are invited to volunteer.

To volunteer in advance, contact AAO Associate Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, or at SQuarles@academyofosteopathy.org. Please note that volunteers must have their own professional liability coverage.

DO-Touch.NET’s Annual Meeting at Convocation

The A.T. Still Research Institute in Kirksville, Missouri, will conduct the annual meeting of its practice-based research network, DO-Touch.NET, just before the Academy’s 2016 Convocation. DO-Touch.NET’s annual meeting will be held Wednesday, March 16, 2016, from 8 a.m. to 5 p.m. at Rosen Shingle Creek in Orlando, Florida. Anyone interested in conducting or promoting practice-based research on osteopathic manipulative medicine is welcome to register for DO-Touch.NET’s meeting. Registration for this meeting is separate from that for Convocation. All arrangements for this meeting are being made by the Still Institute, not the Academy.

Give to the Future

Support the future of osteopathic medicine with a donation to the AAO’s Nicholas S. Nicholas Fund. Founded in honor of Nicholas S. Nicholas, DO, who devoted his life to osteopathic medical education, this fund offsets costs of the Student American Academy of Osteopathy’s Convocation program.

Send your news or news about your colleagues to AAO Publications Liaison Lauren Good at LGood@academyofosteopathy.org.
Academy Members Make Connections at OMED 2015

The American Osteopathic Association’s 2015 Osteopathic Medical Conference and Exposition (OMED 2015) provided a wealth of opportunities to make and renew relationships with osteopathic colleagues.

Photos by Lauren Good, Michael E. Fitzgerald and Michael P. Rowane, DO, FAAO, FAAFP

John M. Jones, DO, of Hattiesburg, Mississippi, encourages osteopathic physicians to unite in osteopathic philosophy while delivering “The Power of One,” the Academy’s 68th annual Thomas L. Northup Lecture.

Hanalore Alvarez Alupay, OMS IV (left), of Auburn, Washington, consults with Eric Todd Morrison, OMS III, of Tulsa, Oklahoma, during the AAO’s leadership forum. Alupay chairs the Executive Council of the Student American Academy of Osteopathy (SAAO), while Morrison serves as the SAAO’s national coordinator.

Margaret Moore, DO (left), of Quakertown, Pennsylvania, practices osteopathic manipulative treatment on Chau Hoang Minh Nguyen, DO, of Whitehall, Pennsylvania, during “Osteopathic Techniques for the Injured Dancer” with Rebecca Fishman, DO.

Former AAO president Dennis J. Dowling, DO, FAAO (left) of Syosset, New York, guides Sujal Singh, OMS I, of Vorhees, New Jersey, as she palpates the lower back.

AAO Secretary-treasurer Judith A. O’Connell, DO, MHA, FAAO (left), welcomes AOA President John W. Becher, DO, FACOEP, to the AAO Board of Trustees’ meeting on Thursday, Oct. 15, in Orlando, Florida. AOA Chief Executive Officer Adrienne White-Faines, MPA (background), accompanied Dr. Becher to the meeting, as did AOA President-elect Boyd R. Buser, DO, FACOFP (not shown).

Participants in improvisation exercises led by Melanie Stewart, MFA (not pictured), act out a story as it’s told.
The chair of the AAO’s Education Committee, Richard G. Schuster, DO (seated), of Indianapolis demonstrates osteopathic manipulative treatment during “High-Yield OMT for the Upper and Lower Extremities,” a joint session of the AAO and the American College of Osteopathic Family Physicians led by Shawn R. Kerger, DO.

William Harry Stager, DO, MPH, FAAO, FACOPF, FFAFP, FAAMA (left), of West Palm Beach, Florida, catches up with AAO President Doris B. Newman, DO, FAAO, of Wilton Manors, Florida. Dr. Stager is the 2015-16 president of the Florida Osteopathic Medical Association.

At the Academy’s leadership forum, AAO Trustee Stefan Hagopian, DO, FAAO (left), of Santa Monica, California, discusses characteristics of good committees with committee chairs Michael Aaron Chipman, DO, of Carbondale, Illinois, and R. Clay Walsh Jr., DO, of North Richland Hills, Texas.

AAO Trustee Heather P. Ferrill, DO, MS MEdL (left), of Parker, Colorado, helps an attendee palpate the ankle during “Pediatric OMM of the Lower Extremities,” a workshop conducted by the American College of Osteopathic Pediatricians.

AAO Trustee Catherine M. Kimball, DO (standing), of Waterville, Maine, treats the AAO’s 2015-16 president-elect, Laura E. Griffin, DO, FAAO, of Pikeville, Kentucky, during a break in the AAO’s leadership forum.

Using her son, Matthew Herman (left), as her model, Rebecca Fishman, DO, of Long Beach, New York, points out potential problem areas for ballet dancers.
In the DVD *Dissection of the Brain and Spinal Cord (Neuraxis)*, Bruno J. Chikly, MD, DO (France), and Alaya Chikly, LMT, present a detailed and explicit evaluation of the specific structures of the central nervous system. They start by helping viewers to orient themselves to a brain model before shifting to a systematic explanation of each dissection cut. Each structure is carefully labeled with English and Latin anatomical terminology. The 14 chapters of this DVD are an amazing introduction to the complex structures and terminology of neuroscience.

Dr. Chikly is a graduate of the medical school at St. Antoine Hospital in Paris. A registered osteopath in France, Dr. Chikly received an honorary DO degree from the European School of Osteopathy in Maidstone, Kent, in the United Kingdom and a doctoral degree in osteopathy from the Royal University Libre of Brussels in Belgium.

Alaya Chikly, LMT, is the developer of Heart Centered Therapy, an approach that addresses the emotional component of disease.

1 hour, 38 minutes; $85

AAO members receive a 10% discount. • www.academyofosteopathy.org
Course Director
When Richard W. Koss, DO, completed his undergraduate degree at Springfield College in Massachusetts, he planned to teach physical education, but an encounter with Bertha Miller, DO, changed his focus to osteopathic medicine. In 1982, Dr. Koss graduated from what is now the A.T. Still University-Kirksville College of Osteopathic Medicine (ATSU-KCOM) in Missouri, after which he served in the U.S. Air Force Medical Corps for four years as a general medical officer, first at McChord Air Force Base near Tacoma, Washington, and then at Robins Air Force Base near Warner Robins, Georgia.

Course Location
University of North Texas Health Science Center
Texas College of Osteopathic Medicine
3500 Camp Bowie Blvd.
Fort Worth, TX 76107

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Course Description
Based on the work of the late Robert C. Fulford, DO, this course introduces Dr. Fulford’s concepts of vibration, love and breath as they relate to osteopathic philosophy and practice.

Strongly influenced by Andrew Taylor Still, MD, DO, and William Garner Sutherland, DO, Dr. Fulford emphasized how the energy of the body affects the physiology of the body. He was a proponent of the percussion hammer, which sends oscillating energy waves through the body to encourage healing.

Attendees will learn about Dr. Fulford’s life and practice, and they will come to understand how life energy, fascia and piezoelectricity affect anatomy.

By the end of the course, attendees will be able to evaluate their patients, diagnose dysfunctions and apply vibratory treatment following Dr. Fulford’s teachings on the percussion hammer.

Prerequisite
Attendees must have completed a 40-hour introductory cranial course approved by The Osteopathic Cranial Academy or undergone equivalent training as determined acceptable by the course director.

Course Times
Friday and Saturday from 8 a.m. to 6 p.m.
Sunday from 9 a.m. to 3 p.m.

Meal Information
Breakfast and lunch will be provided each day. Please contact the Academy with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Continuing Medical Education
22 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Registration Fees
<table>
<thead>
<tr>
<th>Registration Fees</th>
<th>By March 28, 2016</th>
<th>After March 28, 2016</th>
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<tbody>
<tr>
<td>Academy member in practice*</td>
<td>$914</td>
<td>$1,064</td>
</tr>
<tr>
<td>Resident or intern member</td>
<td>$714</td>
<td>$864</td>
</tr>
<tr>
<td>Student member</td>
<td>$514</td>
<td>$664</td>
</tr>
<tr>
<td>Nonmember practicing DO or other health care professional</td>
<td>$1,114</td>
<td>$1,264</td>
</tr>
<tr>
<td>Nonmember resident or intern</td>
<td>$914</td>
<td>$1,064</td>
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<tr>
<td>Nonmember student</td>
<td>$714</td>
<td>$864</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Repayment
Credit card No.: ___________________________
Cardholder’s name: _________________________
Expiration date: _________________ 3-digit CVV No.: _____________
Billing address (if different): ________________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: ____________________________

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to EventPlanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.
Rachel Grimmer, OMS III, received the Paul S. McCord, DO, Memorial Scholarship. This $1,500 scholarship is awarded annually to a student at the Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois, who is committed to providing medical services to underserved or other disadvantaged populations and who has provided volunteer services beyond those required by the school.

Brandon Wayne Crawford, OMS III, received the inaugural Thomas A. Quinn, DO, Osteopathic Scholarship. Established for second-year students at the Lake Erie College of Osteopathic Medicine-Bradenton (LECOM-Bradenton) in Florida, this scholarship rewards students who have a strong enthusiasm for and proficiency in osteopathic manipulative medicine. The award is named after Thomas A. Quinn, DO, who serves on the family medicine faculty at LECOM-Bradenton and who wrote the book *The Feminine Touch: Women in Osteopathic Medicine.*

More than one-third of those whom the AOF honored as Welch Scholars this year are SAAO members. The AOF established the Welch Scholars Grant program to honor Sterling Welch, DO, for his outstanding generosity to the AOF and his desire to support osteopathic medical students. One Welch Scholar is selected from each osteopathic medical school based on academic achievements, participation in extracurricular activities, commitment to osteopathic medicine, and financial need. The 12 SAAO members who were named Welch Scholars for 2015 are:

- Michael Z. Allen, OMS II, of the Western University of Health Sciences College of Osteopathic Medicine of the Pacific in Pomona, California.
- Priyal Vinod Bhagat, OMS III, of the Touro College of Osteopathic Medicine in New York City.
- Thomas David Buford, OMS III, of the William Carey University College of Osteopathic Medicine in Hattiesburg, Mississippi.
- Tessa Barbara Burton, OMS III, of the Edward Via College of Osteopathic Medicine–Virginia Campus in Blacksburg.
- Carisa R. Champion-Lippmann, JD, OMS VI, of the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida.
- Ashley Reichelle Coleman, OMS IV, of the Ohio University Heritage College of Osteopathic Medicine in Athens.
- Amanda Gwen Emmert, OMS II, of the Western University of Health Sciences College of Osteopathic Medicine of the Pacific-Northwest in Lebanon, Oregon.
- Clayton Sidney Farahani, OMS III, of the Oklahoma State University

Position Available: Full Time OMM Faculty Member

The Midwestern University Chicago College of Osteopathic Medicine, located in Downers Grove, Illinois, a suburb of the greater Chicago area, is seeking a full-time faculty member for the Department of Osteopathic Manipulative Medicine (OMM). The OMM Department provides a strong foundational knowledge of musculoskeletal medicine through its four-year curriculum as well as its post-doctoral programs. The OMM department at CCOM has established core faculty members, a comprehensive symptom-presentation curriculum, strong leadership, and robust research activity. This full time faculty member will assist the department chair and oversee the pre-doctoral education as presented in years 1-4, assist with the post-doctoral integration of OMM, and work with the student scholars mentoring their research pursuits. Candidates must possess a Doctor of Osteopathic Medicine degree from a COCA-accredited college of osteopathic medicine and be board certified. Neuromusculoskeletal medicine certification is desirable, but not required. The successful candidate will have proven clinical, faculty and administrative experience.

Please submit your application, letter of intent and CV through MWU’s online job board by visiting [www.midwestern.edu](http://www.midwestern.edu). In the “Quick Links” section, select “employment at MWU.” Then select “employer opportunities.” Applicants may email inquiries to: Greg Pytlak, MS, MBA, Education Specialist, at [gpytlak@midwestern.edu](mailto:gpytlak@midwestern.edu).
Pay Your Dues Online

If you have not had a chance yet to pay your 2015-16 Academy dues, you can get that out of the way today by logging in to your account on the AAO’s website and paying online. So far this year, approximately 63 percent of those who have paid their dues have taken advantage of the Academy’s online option.

Sarah Jean James-Miner, DO, of Verona, Wisconsin, found the online payment system easy to use, writing, “Just wanted to let you know that the online payment option worked SO well! Love it.”

If online payments are not for you, you can use the paper invoice the Academy sent to you in early June, or you can contact AAO Membership Liaison Susan Lightle, CPS, by calling (317) 879-1881, ext. 217, or by emailing SLightle@academyofosteopathy.org.

Whatever your preferred means of submitting your dues payment, be sure to renew today to receive uninterrupted benefits like AAO Member News, The AAO Journal, and discounts on books and courses.

Have It Your Way: It’s Your Name

Does your name read the way you want it to on correspondence from the Academy and on the AAO’s “Find a Physician” service at www.FindOMM.org? Or does it have your full middle name when you prefer to use your middle initial? Does it have a hyphen between your two last names instead of the space you prefer? Is it missing one of your doctoral degrees or fellowship designations? If so, let the Academy know, and we will fix your name to your liking.

Just log on to the “Edit My Information” page on the Academy’s website using your primary email address and your AAO password. You can then modify the name fields so that your name appears the way you want it to.

While you are editing your name, take a few minutes to make sure that all of the contact information the Academy has for you is up to date on the “Edit My Information” page.

If you would rather have the Academy modify your name or contact information, call AAO Membership Liaison Susan Lightle, CPS, at (317) 879-1881, ext. 217, or email her at SLightle@academyofosteopathy.org.

The Academy recommends that you be consistent in how you list your name with the Academy and the American Osteopathic Association (AOA). So log in to the AOA’s website or check your name on the AOA’s “Find a DO” page. If the AOA’s version of your name does not match what you asked the Academy to use, contact the AOA’s Member Service Center at msc@osteopathic.org or (800) 621-1773, ext. 1. Be sure to provide your AOA ID number when you contact the AOA.

Leadership

Daniel A. Clearfield, DO, MS, CAQSM, was named the AOF’s James M. Lally, DO, Emerging Leader. This award recognizes an osteopathic physician who has been in practice less than five years who has made a positive impact through teaching, administration, committee work, political action or work with national associations. A 2007 graduate of the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth, Dr. Clearfield is board certified in neuromusculoskeletal medicine, family medicine and sports medicine. He joined UNTHSC/TCOM as an assistant professor of orthopedic surgery in 2011, and he has developed relationships with local schools to provide care to their athletes. Dr. Clearfield has worked with athletes of all levels, including professionals, Olympians, and athletes in NCAA Divisions I, II and III. He is currently a team physician for USA Wrestling.

AOF honors

(continued from Page 18)

Center for Health Sciences College of Osteopathic Medicine in Tulsa.

• Joshua William Harbaugh, OMS IV, of the Kansas City University College of Osteopathic Medicine in Missouri.

• Jessica Joan Nu, OMS IV, of the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth.

• Sharanah Gabriel Ridore, OMS II, of the Rowan University School of Osteopathic Medicine in Stratford, New Jersey.

• Max A. Schaefer, OMS III, of the Marian University College of Osteopathic Medicine in Indianapolis.

(continued on Page 21)
Members in the News

The October and November 2015 issues of *The Journal of the American Osteopathic Association* published three contributions co-written by Academy members, which are described in the chart below.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Month</th>
<th>Title of article</th>
<th>Description</th>
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<tbody>
<tr>
<td>Leanne Marie Iorio, OMS II, of the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida</td>
<td>October 2015</td>
<td>Effects of Stem Cell Treatment in Human Patients With Peyronie Disease</td>
<td>With the connective tissue disorder Peyronie disease, fibrous plaques form in the tunica albuginea, creating a chronic state of inflammation that causes increased curvature of the penis and erectile dysfunction. In this prospective study, five patients with Peyronie disease were injected with placental matrix–derived mesenchymal stem cells. The patients were followed for six months to assess changes in plaque volume, penile curvature, and erectile function. Iorio and her co-authors found that seven of the patients’ 10 plaques disappeared completely. However, none of the other changes were statistically significant. The authors concluded that their study results suggest that stem cells may be effective as a nonsurgical treatment for patients with Peyronie disease.</td>
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<td>Michael D. Lockwood, DO, FCA, of Liberty University College of Osteopathic Medicine in Lynchburg, Virginia</td>
<td>November 2015</td>
<td>Feasibility of Using Ultrasonography to Establish Relationships Among Sacral Base Position, Sacral Sulcus Depth, Body Mass Index and Sex</td>
<td>The authors designed this study to determine how well first-year osteopathic medical students can establish sacral base position (SBP) and sacral sulcus depth (SSD) using ultrasonography, as well as to determine how well the students were able to identify the relationship of SBP and SSD to body mass index (BMI) and sex. Although the researchers concluded that the study yielded repeatable and reproducible results for establishing SBP and SSD with ultrasonography, the only positive findings they reported were that SBP was significantly different between patients in normal and overweight BMI categories and that SBP was significantly different between men and women.</td>
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<td>Erica L. Waddington, DO, of the Alpert School of Medicine at Brown University in Johnston, Rhode Island; Karen T. Snider, DO, FAAO, of the A.T. Still University–Kirkville College of Osteopathic Medicine in Missouri; and Michael D. Lockwood, DO, FCA, of the Liberty University College of Osteopathic Medicine in Lynchburg, Virginia</td>
<td>November 2015</td>
<td>Incidence of Somatic Dysfunction in Healthy Newborns</td>
<td>How common is somatic dysfunction in newborns, and what patterns does it have? The authors assessed 100 newborns aged 6 to 72 hours and found at least one sphenobasilar synchondrosis strain pattern in 99 of the 100 newborns, with sidebending rotations being the most common. Condylar compression was found in 95 newborns, temporal bone restrictions in 85, motion restriction of cervical vertebral segments in 91, motion restriction of lumbar vertebral segments in 94, and a posterior sacral base in 80. The researchers calculated a somatic dysfunction severity score (SDSS) for each newborn by assigning one point for each identified finding. While the scores were not associated with mode of delivery or labor augmentation, they were positively associated with the duration of labor: Each additional hour in labor increased the predicted SDSS by 0.12 point.</td>
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Delegates and others at the AOA House of Delegates’ July meeting describe what attracted them to osteopathic medicine in *The DO*’s Aug. 26 video *Why Did You Choose Osteopathic Medicine?* Michigan delegate Ryan T. Christensen, DO, of Pontiac values how osteopathic physicians look at the whole person. “Instead of just asking about social history and moving on … they said, ‘The patient is a 55-year-old farmer who enjoys golf and is married with three children,'” Dr. Christensen explained. Adam Cassella, OMS II, of Whitestown, Indiana, appreciates osteopathic physicians’ willingness to use “lifestyle change or preventative medicine.” Kentucky alternate delegate Vishnukant Joshi, DO, of Louisville praises osteopathic medicine as “the only field of medicine that actually involves the natural human touch.”

In *The DO*’s Sept. 29 article titled “’Nobody Lives Forever’: DOs Share Their End-of-Life Care Preferences,” osteopathic physicians discuss how their careers may have influenced their end-of-life choices. AAO member Joseph P. McCue, DO, of Columbus, Georgia, told *The DO* that he has colleagues who have provided critical care for

*(continued on Page 21)*
Members in the news (continued from Page 20)

30 years or more who have binders of documents that address the care they want under various end-of-life scenarios. “They’ve been around this most of their lives, and they don’t want things happening to them that they’ve seen happening to other patients,” Dr. McCue said.

OSU-COM Students

Serve Rotation in Uganda

In September, eight students from the Oklahoma State University Center for Health Sciences College of Osteopathic Medicine (OSU-COM) in Tulsa participated in the college’s first rotation in Uganda. Five of the eight participants are SAAO members, namely Nicole Leigh Abel, OMS III; Elizabeth Diane DeWitt, OMS III; Rebekah Jean Martin, OMS III; Eric Todd Morrison, OMS III; and Claudia M.N. Nkeih, OMS III.

“Opportunities like this are important,” observed AAO member Robin R. Dyer, DO, OSU-COM’s associate dean for academic affairs and its chair of osteopathic manipulative medicine. “Students who are part of an international medical trip … tend to gravitate toward primary care and rural areas to practice.”

While they were in Uganda, the OSU-COM students provided medical care to adults and children during clinics conducted at a primary school in Nyenga, at St. Monica’s Girls Vocational School in Gulu and at a school in Jinja sponsored by the Tim Case International Ministries of Tulsa.

The group took a portable ultrasound machine so that they could tell pregnant Ugandan women more about the health and genders of their unborn children.

The two-week rotation was an activity of an international educational partnership that OSU-COM entered into with Sister Rosemary Nyirumbe and the St. Monica’s Girls Vocational School.

AOF honors Academy members (continued from Page 19)

and USA Judo, and he has worked with the National Football League, the National Hockey League, USA Volleyball, US Amateur Boxing, and World Wrestling Entertainment. In addition, he is a member of the American Osteopathic Academy of Sports Medicine’s Board of Directors, the American College of Osteopathic Family Physicians’ Osteopathic Principles and Practice Committee, and the American Medical Society of Sports Medicine’s Fellowship Committee and its Professional Development Subcommittee.

Humanitarian service

The AOF’s 2015 HumanTouch Student Leadership Project took osteopathic medical students back to the profession’s roots with a visit to the birthplace of Andrew Taylor Still, MD, DO, in Lee County, Virginia. In partnership with the Appalachian Community Action and Development Agency and the Junction Center, students provided wheelchair-accessible ramps to families who were unable to afford them. The following SAAO members worked on this project: Jeffrey Scyler Barnett, OMS II; Lindsey Allison Bierle, OMS II; Zachary Stephen Bugos, OMS III; Owen Goldsworthy, OMS II; Mathew Harris Grace, OMS II; Helen Suzanne Hill, OMS IV; Rajeswari Murugan, OMS III; Christian Beth Potter, OMS II; and Austin D. Rutledge, OMS II.

The AOF’s Rossnick Humanitarian Grant Program helps osteopathic physicians, residents and students provide much needed care to people in underserved areas of the world by offsetting the cost of travel and housing. In 2015, the AOF provided 29 grants totaling $29,000. The recipients included four Academy members: Marissa Jean Haberlach, OMS II; Millie Liao, OMS II; Austin D. Rutledge, OMS II; and Taisei Suzuki, DO.

Gautam J. Desai, DO, FACOPF, took a Ready Relief Box to Kenya this year. Each of the AOF’s Ready Relief Boxes contains $7,500 worth of essential medicines and supplies commonly used to treat the world’s poor and medically underserved. Each suitcase-like box can help up to 400 people. Dr. Desai was one of seven members of the profession to receive AOF boxes in 2015.

Find the AAO’s 2015 Posters Online

The winning posters and abstracts for the American Academy of Osteopathy’s 2015 poster competition can be viewed online at www.academyofosteoopathy.org.

Conducted by the AAO’s Louisa Burns Osteopathic Research Committee and the National Undergraduate Fellows Association, the 2015 competition was open to osteopathic medical students, interns, residents.

The 2015 competition drew 35 posters on topics ranging from cranial oscillation to nontraditional teaching of osteopathic manipulative medicine.

The online versions of the posters and abstracts have not been edited to conform to the style guidelines of either AAO Member News or The AAO Journal.

Submissions for the 2016 poster competition are due Jan. 18, 2016. Learn more at www.academyofosteoopathy.org.
In Memoriam

Donald V. Hampton II, DO

Donald V. Hampton II, DO, 87, of Madison, Ohio, died Thursday, Aug. 13, 2015, at home.

Born in Euclid, Ohio, Dr. Hampton was a third-generation osteopathic physician. He followed in the footsteps of his father, Donald V. Hampton, DO; his mother, Helen Hampton, DO; and his grandfather Mead Kelly Cottrell, DO, by attending what is now the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri.

Dr. Hampton's father was the American Osteopathic Association's 1952-53 president. His mother was the osteopathic medical profession's first board-certified female pediatrician, and she was a founding member of the American College of Osteopathic Pediatricians. His grandfather graduated from the Kirksville college in 1905, when Andrew Taylor Still, MD, DO, was still alive.

After he earned his doctor of osteopathic medicine degree in 1954, the junior Dr. Hampton returned to Ohio to establish a general practice. He was affiliated with Brentwood Hospital in Warrensville Heights, Ohio, which is now the Cleveland Clinic's South Pointe Hospital.

In 1970, Dr. Hampton joined the staff of Doctors Hospital in Erie, Pennsylvania. In addition, he joined the osteopathic manipulative medicine (OMM) faculty at the Lake Erie College of Osteopathic Medicine (LECOM) in Erie, and he was instrumental in developing LECOM's OMM curriculum. Dr. Hampton assisted in opening LECOM's Bradenton campus in Florida and its Seton Hill campus in Greensburg, Pennsylvania.

Dr. Hampton received the the Andrew Taylor Still Medallion of Honor, the Academy's highest award for osteopathic physicians, in 2009. In addition, he served as an examiner for the National Board of Osteopathic Medical Examiners.

Dr. Hampton is survived by three daughters; one son; three brothers, including Robert James Hampton, DO, of Chagrin Falls, Ohio; one sister; 12 grandchildren; and 25 great-grandchildren.

Memorial contributions may be made in Dr. Hampton's name to LECOM's scholarship fund.

Adapted from the Star Beacon of Ashtabula, Ohio.

William F. Morris, DO

William F. Morris, DO, 75, of Smithfield, North Carolina, died on Thursday, Nov. 5, 2015, at home after a protracted battle with prostate cancer.

Although Dr. Morris joined the osteopathic medical profession later in life, he was one of its biggest advocates. He discovered osteopathic medicine in his 40s when a DO used osteopathic manipulative treatment to relieve years of back pain.

Dr. Morris graduated from the University of New England College of Osteopathic Medicine (UNECOM) in Biddeford, Maine, in 1992, and he served a residency in physical medicine and rehabilitation at the University of Minnesota in Minneapolis. He was certified by the American Osteopathic Board of Neuromusculoskeletal Medicine, the American Osteopathic Board of Physical Medicine and Rehabilitation and the American Board of Integrative Holistic Medicine. In addition, he earned a certificate of competency from The Osteopathic Cranial Academy.

Dr. Morris practiced in Minnesota and Virginia. While he enjoyed treating patients, his true passion was osteopathic medical education, and he ended up teaching at six osteopathic medical colleges.

He chaired the Department of Osteopathic Manipulative Medicine (OMM) at what is now the Kansas City University College of Osteopathic Medicine in Missouri, and he was the founding chair of the OMM departments at the Touro College of Osteopathic Medicine in New York City and at the Campbell University Jerry M. Wallace School of Osteopathic Medicine (CUSOM) in Buies Creek, North Carolina. Dr. Morris also taught at UNECOM, at

(continued on Page 23)
In memoriam
(continued from Page 22)

the A.T. Still University–School of Osteopathic Medicine in Arizona in Mesa, and at the Oklahoma State University Center for Health Sciences College of Osteopathic Medicine in Tulsa.

Dr. Morris served on the American Association of Colleges of Osteopathic Medicine’s Educational Council on Osteopathic Principles, and he was a Level II item writer for the National Board of Osteopathic Medical Examiners.

When Dr. Morris announced his retirement from CUSOM in June 2015, CUSOM inaugural class’ student body president, Phillip Deal, OMS III, observed, “He is a man who wears his passion on his sleeve. … We are blessed to have seen that passion and, for lack of a better word, to have been infected by it every day.”

“Our hearts are grieved by his passing,” said CUSOM’s founding dean, John M. Kauffman Jr., DO, FACOI, FACP. “CUSOM is honored to have a fantastic OMM curriculum as part of his legacy here.”

Before Dr. Morris became an osteopathic physician, he served as a paratrooper in the U.S. Army. He also was a photographer, and one of his photos was featured on the cover of Life magazine. Additionally, while serving as a senior policy analyst for the Social Security Administration in Washington, D.C., Dr. Morris helped to create the first low-income energy-assistance program.

An avid motorcyclist, Dr. Morris co-founded the Motorcycle Safety League of Virginia, and he taught motorcycle safety to police officers in Virginia and to Peace Corps volunteers in Central America and West Africa.

Dr. Morris is survived by his wife, Carol; three sisters; one brother; his stepfather, former “Tonight Show With Johnny Carson” bandleader Carl “Doc” Severinsen; two half-sisters; and one stepbrother.

Memorial donations may be made to the William F. Morris CUSOM Scholarship.

Adapted from Caring Bridge and Campbell University’s website.

Bo Michael Rowan, DO

Bo Michael Rowan, DO, 34, of Marquette, Michigan, died on Friday, Aug. 28, 2015, at home following a three-year battle with a rare form of cancer.

Born in Fort Myers, Florida, Dr. Rowan grew up in Detroit. At age 10, while reading his mother’s nursing textbooks, he decided to become a physician. After graduating cum laude from Northern Michigan University in Marquette in 2003, Dr. Rowan attended the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida.

(continued on Page 26)
2015-16 Golden Ram Campaign Continues

Donations to the 2015-16 Golden Ram campaign, which started on June 1, are off to a good start. As of Nov. 30, contributions from 55 individuals totaling more than $14,000 had been received. That is 40 percent of the $35,000 goal for 2015-16.

Since 1987, AAO members’ generous contributions to the Golden Ram Society have augmented the Academy’s operating budget, enabling the AAO to keep dues and other fees down. AAO member dues, for example, have remained the same for four years.

Donations to the 2015-16 Golden Ram campaign can be made online by logging on to www.academyofosteopathy.org. Donations also may be mailed to the Golden Ram Society, American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136.

If you desire, you can set up recurring monthly donations of $25 or more. You can call AAO Associate Executive Director Sherri L. Quarles at (317) 879-1881, ext. 214, to set up your recurring donation.

President’s Club—$2,500 or more
Damon Matthew Whitfield, DO

A.T. Still Club—$1,000 to $2,499
Robert E. Kappler, DO, FAAODist, FCA
Gary L. Ostrow, DO
Akiyoshi Shimomura, DO (Hon.) (Japan)

T.L. Northup Club—$500 to $999
Juan F. Acosta, DO
Robert N. Agnello, DO
William J. Garrity, DO, MPH
Mikhail Gleyzer, DO
Stefan Hagopian, DO, FAAO
Huy Kim Hoang, DC, MD
T. Reid Kavieff, DO

Louisa Burns Club—$250 to $499
Michael Aaron Chipman, DO
Gregory Craddock, DO
Hannah M. Eucker, DO
Sharon Gustowski, DO, MPH
Sonia Rivera-Martinez, DO, FACOFP
Ralph Schuerer, DOM (Germany)
Sandra L. Sleszynski, DO, FAAO
Adrian Lynne Woolley, DO

Vicki Dyson Club—$100 to $249
Richard H. Armond III, DO
Charles A. Beck, DO, FAAO
Joel Berenbeim, DO
Thomas R. Byrnes, DO
Haifan Chen, DO
Joan F. Dawson, DO

Supporter—up to $99
Brian William Abbott, DO
John D. Capobianco, DO, FAAO
Robert W. Foster, DO
Stamatia F. Gockel, DO
John H. Juhl, DO
R. Paul Lee, DO, FAAO
Cathy R. Lindsay, DO, PS
Merideth C. Norris, DO
Sandra Jean Robinson, DO
Ann M. Sousa, DO
Negesh K. Tesemma, DO

OMM Video Available to Educate Public

To educate their patients and other visitors to their practice websites, AAO members can embed a hyperlink to an AAO-commissioned video about osteopathic manipulative medicine (OMM). The video, which debuted as a two-minute segment of “American Health Front!” on New York City’s WCBS-TV on Sunday, May 18, 2014, features 2014-15 AAO President Kenneth J. Lossing, DO.

As the sponsor of this “American Health Front!” segment, the Academy has obtained the rights to use the segment for whatever purposes the AAO sees fit. The Academy has posted the segment to the “What Is Osteopathic Medicine?” page on the Academy’s website at www.academyofosteopathy.org so that patients around the country can access it. The YouTube video has been viewed more than 1,400 times since it was posted on July 23, 2014.

At the end of the segment, viewers who become interested in OMM are directed to the Academy URL www.FindOMM.org, which takes them to the Academy’s “Find a Physician” page.

Besides linking to the OMM segment, Academy members can take advantage of the segment’s script when being interviewed by the media or speaking at public events.

Follow the AAO online

Follow the AAO online
Walking Toward Health: New Evaluations in Gait
July 29-31, 2016 • The Pyramids, Indianapolis

Course Description
Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, will present research data that support using a functional approach to treat patients for gait dysfunctions.

During the past few decades, gait concepts have evolved from using a leg-propelling model to using the trunk-driving model that Serge Gracovetsky, PhD, outlined in his book The Spinal Engine. Dr. Stiles suggests that combining these two models with the floating compression pelvic model and the Mitchell axes model will provide a comprehensive understanding of gait mechanics. With traditional approaches to osteopathic manipulative treatment, sacral- and innominate-related gait dysfunctions can persist. By employing the clinical approach presented in this course, physicians can be confident that their patients are walking toward health.

Course Location
Pyramid Three (two buildings away from the AAO’s office)
3500 DePauw Blvd., lower level, Conference Rooms A and B
Indianapolis, IN 46268
(317) 879-1881, ext. 220

Course Times and Meal Information
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact the AAO’s event planner with special dietary needs at (317) 879-1881, ext. 220, or EventPlanner@academyofosteopathy.org.

Continuing Medical Education
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated.

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Registration Fees

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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Click here to view the AAO’s cancellation and refund policy.
Click here to view the AAO’s photo release statement.

Register online at www.academyofosteopathy.org, or contact the Academy at EventPlanner@academyofosteopathy.org or at (317) 879-1881, ext. 220.

Course Directors
A 1965 graduate of what is now the A.T. Still University–Kirksville College of Osteopathic Medicine in Missouri, Edward G. Stiles, DO, FAAO, has a rich and deep understanding of numerous pioneering concepts, events and personalities in osteopathic medicine.

While an osteopathic medical student, Dr. Stiles trained with George Andrew Laughlin, DO, a grandson of Andrew Taylor Still, MD, DO. Early in his medical career, Dr. Stiles took over the Cambridge, Massachusetts, practice of Perrin T. Wilson, DO, an internationally recognized osteopathic physician and the second person to lead the American Academy of Osteopathy. Dr. Stiles established the first hospital-based osteopathic manipulative treatment (OMT) service in the United States, and he helped develop the first OMT billing codes. Additionally, he has been recognized by the American Osteopathic Association as a Great Pioneer in Osteopathic Medicine.

Dr. Stiles has taught at the osteopathic medical colleges at Oklahoma State University, Michigan State University and the University of Pikeville in Kentucky. He has delivered the American Osteopathic Association’s Andrew Taylor Still Memorial Address, as well as the Academy’s Thomas L. Northup Lecture, its Scott Memorial Lecture and its Harold A. Blood, DO, FAAO, Memorial Lecture. Dr. Stiles also is a recipient of the Academy’s highest award, the Andrew Taylor Still Medallion of Honor.

Like Dr. Stiles, Charles A. Beck, DO, FAAO, is board certified in neuromusculoskeletal medicine. He earned his DO degree from the University of Pikeville-Kentucky College of Osteopathic Medicine (UP-KYCOM).

Dr. Beck has received many awards, including the Edward G. Stiles Award for Osteopathic Manipulation from UP-KYCOM, and he serves as an adjunct faculty member for several osteopathic medical schools, including the Lake Erie College of Osteopathic Medicine and the Marian University College of Osteopathic Medicine. Dr. Beck is in private practice in Indianapolis at the Meridian Holistic Center.
After earning his doctor of osteopathic medicine degree in 2008, Dr. Rowan returned to Michigan to serve a family medicine residency at Marquette General Hospital. While training at Marquette General, Dr. Rowan was named Resident of the Year, and he received the hospital’s Resident Research Award and its Faculty Recognition of Outstanding Resident Award.

In 2011, Dr. Rowan relocated to Erie, Pennsylvania, so that he could serve a Plus One residency in neuromusculoskeletal medicine and osteopathic manipulative medicine at Millcreek Community Hospital.

When he returned to Marquette in 2012, Dr. Rowan became the assistant director of Marquette General’s family medicine residency program.

Dr. Rowan was dedicated to medical education, and he shared his love for medicine with new physicians. In December 2013, he earned a master’s degree in medical education from the Lake Erie College of Osteopathic Medicine in Erie. He had hoped to establish an osteopathic manipulative medicine service at Marquette General.

Dr. Rowan’s favorite part of being a physician was bringing new life into the world. He delivered more than 100 babies in his short career.

Outside of the profession, Dr. Rowan enjoyed spending time with his family and attending sporting events. He also was an avid crossword puzzler and trivia buff.

Dr. Rowan is survived by his wife, Nicole; his newborn daughter; his parents; his parents-in-law; three of his grandparents; three brothers; and several nieces, nephews, aunts and uncles.

Memorial donations to establish a scholarship fund at Northern Michigan University may be directed to Dr. Bo Rowan in care of U.P. Catholic Credit Union in Marquette.

Adapted from www.tributes.com.

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**ICD-10 Is Here**

The American Osteopathic Association has developed a guide titled *ICD-10-CM Transition Workbook: The Next Generation of Coding* to assist DOs in adopting ICD-10 coding, which became mandatory for all new invoices as of Oct. 1.

In addition, the federal Centers for Medicare and Medicaid Services (CMS) has named William Rogers, MD, as the ICD-10 ombudsman to address challenged claims that cannot be resolved by Medicare administrative contractors. See CMS’s clarifying questions and answers for more information.

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**Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter**

**Michael P. Rowane, DO, MS, FAAFP, FAAO**

**Paul Evans, DO, FAAFP, FACOFP**

Michael P. Rowane, DO, MS, FAAFP, FAAO, and Paul Evans, DO, FAAFP, FACOFP, have designed *Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter* for the primary care professional who wants a basic guide to managing patients with common clinical problems that are amenable to musculoskeletal manipulation. The assessments and techniques presented are ideal for this situation. They are both rapid and efficient, and they are specifically designed for use during a 15-minute office visit. All chapters provide objectives, illustrative cases with answers, clear illustrations to highlight clinically important anatomic landmarks, assessment tips, treatment techniques, and key summary points. All photographs focus on critical elements of examination and treatment techniques for rapid review at the point of care.

239 pages, hardcover; $99.95

AAO members receive a 10% discount. • www.academyofosteopathy.org
UPCOMING WEBINARS

The following list of webinars is provided as a courtesy to our readers. The AAO is not responsible for the content of these webinars.

American Osteopathic Association and the American Osteopathic Information Association

**Latest Practice Trends to Increase Profitability**
Jan. 13, 2016—8 p.m. Eastern time

This seminar will focus on new strategies to increase profitability, including the miniretainer and membership model, the full concierge model, cash-only model and out-of-network models. Corporate sponsorship also will be discussed. This webinar has been approved for one credit of AOA Category 2-B CME.

American Osteopathic Association

**Micro Practice and Other Strategies for Reducing Overhead Costs**
Jan. 20, 2016—8 p.m. Eastern time

Learn how the micropractice model can reduce overhead costs and result in a more personalized practice with fewer or no staff, fewer management headaches, and increased net income. This webinar has been approved for one credit of AOA Category 2-B CME.

American Osteopathic Association

**Physician Extenders: Working With a NP or PA to Increase Profitability**
Jan. 27, 2016—8 p.m. Eastern time

Learn how nurse practitioners and physician assistants can enhance the efficiency and productivity of your practice and increase your practice’s profitability. This webinar will focus on how to manage physician extenders to reduce costs, increase efficiency, and improve patient satisfaction while reducing your malpractice exposure. Both primary care physicians and specialists can benefit from employing physician extenders. This webinar has been approved for one credit of AOA Category 2-B CME.

Dozens of webinars that the American Osteopathic Association and the American Osteopathic Information Association have conducted during the past three years are available on demand at www.osteopathic.org.

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Register now and receive access to the full video presentations of our speakers until Jan. 24, 2016!

View ICROM1 on our free ICROM app available on Google Play or in the Apple store.

Let us know your opinion by rating the conference and lectures.
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<td>The Osteopathic Cranial Academy</td>
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<td>March 4-6, 2016</td>
<td>Michigan State University College of Osteopathic Medicine</td>
<td>Advanced Clinical Pearls</td>
<td>Edward G. Stiles, DO, FAAO</td>
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<td>April 15-19, 2016</td>
<td>Michigan State University College of Osteopathic Medicine</td>
<td>Muscle Energy: Part I</td>
<td>Carl W. Steele, DO, PT</td>
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<td>May 6-8, 2016</td>
<td>Osteopathic Center, San Diego</td>
<td>Intermediate Cranial Course: Expanding the Osteopathic Concept Into the Cranial Field</td>
<td>Raymond J. Hruby, DO, MS, FAAODist</td>
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<td><a href="http://www.the-promise.org">www.the-promise.org</a></td>
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<td>Rancho Bernardo Inn, San Diego, California</td>
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