Our Future Has Been Mapped, and It Looks Exciting

Whether paper or electronic, maps guide you from where you are to where you want to go. When you find yourself on a side road by design or accident, maps get you back on your planned route. And they constantly remind you of your ultimate destination, especially if they are built on GPS technology and you have not muted them.

On Thursday, March 12, the AAO Board of Governors approved a new three-year map for the Academy, called our 2015-18 strategic plan. This plan will guide the Academy in where to concentrate its volunteer, staff and financial resources in the following four major areas:

• communications and technology
• education
• membership and mentorship
• advocacy and partnership

How Comprehensive Is the Plan?
The goals and action items of the new strategic plan run the gamut from improving our infrastructure to promoting the Academy and its members to the outside world.

For example, to use technology more effectively to reach our members, the strategic plan calls for such achievements as launching a mobile app, doubling our Facebook fans each year of the plan, converting the Academy’s membership-application process so that it is completely online, and developing a website template for AAO members to use in promoting their practices.

On the other side of the spectrum, the plan calls for increasing the public’s understanding of osteopathic medicine by commissioning at least one YouTube video per year that promotes osteopathic manipulative medicine (OMM), piggybacking on at least two public relations efforts a year spearheaded by the American Osteopathic Association, and issuing at least two news releases per year on research articles published in The AAO Journal that are likely to be of interest to the public.

(continued on Page 2)

Members Elect 2015-16 Leaders

During the AAO’s annual business meeting on Thursday, March 12, in Louisville, Kentucky, Academy members elected members to the AAO Board of Trustees, the AAO Board of Governors and the AAO Nominating Committee (see the list on Page 3 of newly elected and re-elected leaders). In addition, last year’s president-elect, Doris B. Newman, DO, FAAO, assumed the office of the president, and Kenneth J. Lossing, DO, began a one-year term as the Academy’s immediate past president.

(continued on Page 3)
In between those two extremes, the plan addresses a wide range of concerns shared by Academy members.

Among the weightiest of those is the proposed single accreditation system for graduate medical education (GME). Our new strategic plan calls on the Academy to restructure its basic-level OMM courses to constitute a curriculum that MD students and residents can use to meet the prerequisites for all osteopathic-focused residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME).

Also in response to the ACGME’s new system, our plan calls for inviting MD graduates who enter osteopathic-focused residencies in all disciplines to join the Postgraduate American Academy of Osteopathy, as well as for changing the Academy’s bylaws so that those MD graduates can become full AAO members.

Also of substantial weight is the strategic plan’s emphasis on grooming Academy members to be educators, researchers and other leaders in the osteopathic medical profession. To that end, the plan calls on the Academy to continue to conduct a leadership conference on an annual basis for Academy leaders. The plan calls for the AAO to sponsor select Academy leaders to join organizations to groom leadership skills, such as the American College of Physician Executives and the profession’s own Osteopathic Healthcare Policy Fellowship. And the plan calls for the AAO Louisa Burns Osteopathic Research Committee to conduct programs at Convocation for members interested in becoming clinical researchers or enhancing their research skills.

What Makes the Plan Tick?

In developing the strategic plan, the AAO’s Board of Trustees, its Board of Governors and its committee chairs made a conscious choice to include just the most critical goals and actions. No matter how large, no organization can achieve everything its members want. History shows us that when organizations try to do everything, they end up achieving very little because they stretch their resources too thin. So your leaders worked hard to select what was most important for the Academy to accomplish in the next three years.

But we did not blindly handcuff the Academy to this new strategic plan. We will be treating the plan as a living document and reprioritizing our goals and resources as circumstances change. Two years ago, we would not have envisioned that the profession would bless a single GME-accreditation system, but when it did in July 2014, we adjusted our new strategic plan to greatly increase the chances that the Academy would flourish in that new environment.
Members Elect 2015-16 Leaders
(continued from Page 1)

Newly elected and re-elected leaders are:

President-elect
Laura E. Griffin, DO, FAAO

Board of Trustees
Stefan Hagopian, DO, FAAO
Richard G. Schuster, DO
Jessica B. Smith, DO (resident member selected by the PAAO)

Board of Governors
Kurt P. Heinking, DO, FAAO*
Boyd R. Buser, DO, FACOFP*
Mark S. Cantieri, DO, FAAO*
Walter C. Ehrenfeuchter, DO, FAAO*
Richard A. Feely, DO, FAAO, FCA*
John C. Glover, DO, FAAO*
Sharon Gustowski, DO, MPH
David C. Mason, DO
Claudia L. McCarty, DO, FAAO*
Stacey L. Pierce-Talsma, DO
Richard L. Van Buskirk, DO*

Nominating Committee
Dennis J. Dowling, DO, FAAO, chair*
Boyd R. Buser, DO, FACOFP*
Jane E. Carreiro, DO*
John C. Glover, DO, FAAO*
Kenneth J. Lossing, DO, ex officio

*denotes incumbent

Laura E. Griffin, DO, FAAO, Voted President-elect

Academy members elected Laura E. Griffin, DO, FAAO, to the office of president-elect at the AAO’s annual business meeting on March 12. She will serve in that office for one year before becoming the Academy’s president in March 2016.

“At I am so honored to be given the opportunity to lead such a wonderful and important organization,” said Dr. Griffin.

A co-director of the integrated neuromusculoskeletal medicine (NMM) and family medicine (FM) residency at Pikeville Medical Center in Kentucky, Dr. Griffin has a keen interest in the new single accreditation...
Mark your calendar for these upcoming Academy meetings and educational courses.

All times are Eastern.  

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tr>
<td>May 5</td>
<td>AAO Membership Committee's webinar, 9 to 10:30 p.m.</td>
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<tr>
<td>May 25</td>
<td>AAO offices closed for Memorial Day.</td>
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<tr>
<td>July 11-12</td>
<td>AAO Board of Trustees' meeting in Indianapolis</td>
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<tr>
<td>July 15-16</td>
<td>American Osteopathic Association's annual meeting of its Board of Trustees in Chicago (AAO will send a delegation)</td>
</tr>
<tr>
<td>July 17-19</td>
<td>American Osteopathic Association's annual meeting of its House of Delegates in Chicago (AAO will send a delegation)</td>
</tr>
<tr>
<td>July 24-26</td>
<td>Cranial: A Sutural Approach—Edward G. Stiles, DO, FAAO, and Charles A. Beck, DO, FAAO, program chairs—Pyramid Three, Indianapolis</td>
</tr>
<tr>
<td>Sept. 7</td>
<td>AAO offices closed for Labor Day.</td>
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Inaugural Address

President Newman Calls on AAO Members to Imagine Their Role in a New Future

Doris B. Newman, DO, FAAO, was installed as the AAO’s 2015-16 president during the president’s banquet on March 14 at the Academy’s annual Convocation in Louisville, Kentucky. Recently appointed the executive director of clinical education at the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida, Dr. Newman is a 1998 graduate of the University of New England College of Osteopathic Medicine in Biddeford, Maine.

Imagine with me for just one moment, a society in which every physician evaluates his or her patients based on the teachings of Andrew Taylor Still and in which every man, woman and child has knowledge of and access to osteopathic assessment and treatment, particularly the incorporation of osteopathic manipulative treatment (OMT). What would that society be like?

I am thankful beyond words for the opportunity to serve as your president at such an auspicious and crucial time in the history of osteopathic medicine. I am indebted to so many wonderful and steadfast mentors—many of whom are in the audience tonight here in Kentucky—not only for teaching me osteopathic manipulative medicine (OMM) but also for challenging me to accept leadership roles I felt somewhat ill-prepared to take on. With their support, I have been able to develop into the best leader I can be, and, consequently and intentionally, a better mentor.

I must thank my teachers and mentors from the University of New England College of Osteopathic Medicine (UNECOM): Boyd R. Buser, DO, FACOFP; Jane E. Carreiro, DO; Kenneth H. Johnson, DO, FAAO; Guy A. DeFeo, DO; George J. Pasquarello, DO, FAAO; and Associate Dean Patricia A. Kelley, MS. I scarcely feel worthy of their dedicated support and mentorship. It is not lost on me that the five incredible DOs in that list are all former presidents of this Academy. None of us succeeds alone.

I thank the Academy’s Board of Trustees and Board of Governors because leadership, like a well-functioning machine, is only as good as its component parts. This organization has amazing volunteer leaders who dedicate their precious time due to a common spirit—a love and a deep appreciation of osteopathic medicine and the power of healing as elucidated by Andrew Taylor Still, MD, DO.

I want to also thank the Academy’s dedicated staff members under the leadership of Michael Fitzgerald for this wonderful Convocation and for their incredible support and work throughout the year. Michael has had a busy first year as the executive director, and we hope it is the first of many.

In addition, words do not express my gratefulness for the leadership and “hands-on” mentorship from our immediate past president, Kenneth J. Lossing, DO. Ken is well-known for his in-depth knowledge of and excellent instruction in visceral assessment and treatment, but what you may not know about Ken is that he’s a “political animal.” Ken led your Academy this past year with purpose, drive and direction. When he needed guidance, he reached out to former Academy presidents, to leaders of the American Osteopathic Association (AOA), to other mentors and friends and, I am certain, to his beautiful and talented wife. And he taught me again that none of us succeeds without the help and guidance of our supporters and mentors and that success is not accidental.

Chief on Our Minds

The most significant change that has happened since you and I were at this banquet last took place at the AOA House of Delegates in July of last year, when by an overwhelming majority, the representatives of the osteopathic medical profession passed a historic policy ushering in a “single accreditation system” for graduate medical education (GME).

The Academy’s leaders supported the measure. And since July, your leaders have been very active in nominating and supporting key Academy members for positions within the structure of the Accreditation Council for Graduate Medical Education.

(continued on Page 6)
In addition, the AAO Board of Trustees made certain that the Academy's voice was heard in developing the now-approved inaugural ACGME osteopathic-recognition requirements that will govern osteopathic-focused residencies in all specialties, as well as the ACGME's initial program requirements for residencies in osteopathic neuromusculoskeletal medicine.

Please thank those physicians for their willingness to step up at a moment's notice and work diligently on creating an infrastructure that can move osteopathic residency training forward in a new system.

Neither we nor the ACGME’s leaders are fools, and we know that many obstacles are unforeseen. We know that the early successes are promising but that we have a long way to go to ensure that every osteopathic and, soon, every allopathic graduate who chooses to learn the teachings of our founder will have a quality residency program with talented educators to bring each new graduate along, just as our residency programs did.

Expanding Our Influence Through Advocacy

It is difficult for me to believe, but there were major issues and concerns this year other than the single GME-accreditation system. This January, Geraldine T. O’Shea, DO, of the AOA Board of Trustees testified before the Subcommittee on Health of the U.S. Congress’ House Energy and Commerce Committee, urging lawmakers to pass bill HR 4015 to permanently reform Medicare’s physician payment system to avoid deep cuts in physician reimbursement.

It is imperative that the Academy be involved in political advocacy in concert with our osteopathic colleagues if we hope to be part of the solutions. Such involvement also supports our primary care and rural physicians and their patients, as well as all our other members who practice the full breath of OMM. I know I am speaking to the choir.

After all, more than 90 Academy members served as delegates and alternate delegates during the AOA House of Delegates’ 2014 meeting. The Academy’s leaders were able to connect with every one of those delegates and alternate delegates to express the Academy’s stance on resolutions before the House.

We celebrate the successes of such advocacy, but we can’t take our eyes off of the bouncing ball for very long. In its capacity as a Medicare-administrative contractor, National Government Services (NGS) sent out sweeping Medicare audits to nearly 20 Academy members in Maine who specialize in neuromusculoskeletal medicine (NMM).

All of these specialists were audited by late 2014, and they were threatened with large financial paybacks.

I know what you are thinking: “the -25 modifier issue again.” No, as it turns out, this NGS auditor did not touch the -25 modifier but instead had an issue with the OMT procedure code No. 98929, which is the code for providing OMT in nine or 10 areas. The auditor had this concern despite the fact that the physicians provided proper documentation.

We commend the DO leaders of the Maine Osteopathic Association (MOA); Angela Cole Westhoff, the MOA’s executive director; and AOA leaders and staff for their coordinated efforts to assist these physicians—our members—during a time of great turmoil.

Through research, the MOA discovered that despite Maine being the 41st most populous state in the United States, more than 10% of AOBNMM-certified practicing physicians live and practice in the state. Our members in Maine were able to logically present this disparity to the NGS medical director. And they were able to educate him.
about osteopathic evaluation and treatment focusing not on the patient’s complaint but “on the whole patient” and the interrelationships of structure and function.

At the end of the conversation, the medical director acknowledged that “regional variance” was likely a factor for the greater frequency at which Maine DOs used higher-level OMT codes to bill for Medicare services.

You will be happy to hear that as of mid-February, many of these physicians began receiving letters informing them that all further inquiry is rescinded and that no further action is required. As one Maine DO put it, “The MOA has taken on the big fish and the big issues and prevailed.”

The only way to expand our influence in a changing world is specific and directed political advocacy. We also must connect with and increase our members. This includes redoubling our efforts to retain our students and residents as active members. I encourage all of you to get more involved in your state osteopathic medical organizations, to become more active in the Academy with the goal of serving as mentors to our students and residents, and, as always, to give as generously as you can.

Our New Guiding Plan

In the coming year, I will lead your board and committees guided by our new strategic plan, which focuses us on the four areas your leaders chose as the “work” of the Academy:

- communications and technology
- education
- membership and mentorship
- advocacy and partnership

It will take all hands on deck, but with your participation, we can DO it.

At the Academy, we see opportunities for growth through the single GME-accreditation system. Just today, your Board of Trustees formed a task force to produce a document that will outline what we believe the important elements are that must not be lost in the new postgraduate training system.

Additionally, we developed a task force to restructure the committee rosters so that the Academy can welcome interested members onto committees more easily.

Yet a third task force was formed to continue the public relations efforts begun this past year under Dr. Lossing’s leadership.

We must stay involved. You must stay involved.

Imagine again with me, if you will, a world in which quality osteopathic health care is the norm and the definition of best practices in health care includes osteopathic assessment and treatment. Because of this new world order, osteopathic-focused residency training is in high demand among our DO graduates and previously excluded MD graduates. Physician training in the United States means teaching the principles set forth by A.T. Still: The body is a unit, structure and function are inherently interrelated, and all rational treatment is based on this knowledge.

We at the Academy do imagine such a world, and we invite you to join us in bringing that world into sharper focus. The Academy’s outlandish new vision statement is what we imagine: All patients are aware of and have access to osteopathic medical care and osteopathic manipulative medicine for optimal health.

The Academy must lead this change. You must lead this change. Together, we must create the standards by which future physicians will demonstrate competency in OMM. The vision is now. The time is now. The work is at hand now.

Many of you do not need this speech—this pep talk—this call for engagement. You are already steeped in these changes far more than I am. The Academy’s Louisa Burns Osteopathic Research Committee, for example, is made up of such individuals. Through its many subcommittees, LBORC is leading the way to educate and engage DOs in research. The annual research poster competition conducted by LBORC and the National Undergraduate Fellows Dallas Osteopathic Study Group presents

Ligamentous Articular Strain Techniques
Basic Course

August 1-2, 2015
Dallas, Texas
Course limited to 40 participants.

16 credits of Category 1-A CME from the American Osteopathic Association anticipated.

For more information, contact Conrad A. Speece, DO, at (214) 321-2673 or cjspeece@yahoo.com.

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Dr. Newman’s Inaugural Address  
(continued from Page 7)

Association was once again a great success this week. We congratulate all of the poster presenters, and we thank the judges and organizers.

The Academy has so many hard-working committee members that I can’t begin to mention them all. But I want us to take a moment and thank them for their work.

My Families

As the ninth of 11 children in a big Texas family, I would find it impossible to speak to you without talking about family. Unfortunately, in the life of busy physicians, family often takes a back seat. I know that in my family, I could not do what I do without the support, guidance and editing skills from my wife, Sam Allen. Thank you, Sam. I am forever in your debt.

I would also like to thank my sisters, two of whom are here: Theresa Perry and Barbara Norris. I want to thank them both and Tracy LaRue from the bottom of my heart for caring so graciously and unfailingly for our mother as she enters perhaps the most difficult time in her life, the nonagenarian decade. Without your dedication to Mom, I would have neither the time nor resources to serve as president of this organization in the coming year.

Further, I would like to thank my nieces and nephews here tonight for your support, and I would like to recognize my other 22 nieces and nephews who are not present. Whitney and Brodie Black, Mitchell Wheeler and Cassia Norris, please accept my thanks.

In addition, we have our work families. I am lucky enough to count two such work families. I began my osteopathic medical career and was educated and nurtured by many wonderful DOs, PhDs, and other mentors and colleagues at the University of New England College of Osteopathic Medicine. Despite the fact that many of us have moved on from UNECOM, each of you is only a phone call, text, email, PM, IM, Skype, post, Instagram, pin, Flickr or tweet away. And for that, I thank you.

Presently, Florida and the Nova Southeastern University College of Osteopathic Medicine (NSU-COM) are home. Through the leaders at NSU-COM, the next phase of my osteopathic training is in full swing as I embark on my new position as executive director of clinical education. I would like to recognize and thank NSU-COM’s leaders Mark Eric Sandhouse, DO, MS, assistant dean, and David R. Boesler, DO, the chair of osteopathic principles and practice (OPP). Although she isn’t here tonight, I want to express my gratitude to Elaine M. Wallace, DO, MS, MS, MS, our newly appointed dean, for supporting my professional growth at Nova for the past five years.

I would like to recognize NSU-COM’s 2014-15 OPP predoctoral fellows. Our young osteopathic trainees challenge us as teachers to be at the top of our game so that they can be at the top of theirs, and we thank you for keeping us sharp.

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AAO President Doris B. Newman, DO, FAAO (third from left), is one of 11 children. Six family members traveled to Louisville, Kentucky, to support Dr. Newman. From left are sisters Theresa Perry and Barbara Norris; nieces Cassia Norris and Whitney Black, MS; and nephews Brodie Black, MS, and Mitchell Wheeler. Dr. Newman’s tiara was a gift from Ms. Black. (Photo by Michael E. Fitzgerald)
CRANIAL: A SUTURAL APPROACH

July 24-26, 2015 • The Pyramids, Indianapolis

Course Description
This introductory cranial course will focus on a biomechanical approach to cranial diagnosis and treatment that can be used to quickly and effectively treat patients for suture dysfunctions. Often when a key suture dysfunction is released, secondary sphenobasilar strain patterns resolve. This sequencing cranial approach has been effective in teaching osteopathic cranial manipulative medicine to osteopathic medical students, residents and practicing physicians. Unlike the membranous cranial approach, the suture approach is not hindered by suture dysfunctions. In addition, the suture approach can be integrated into a busy clinical practice. This course will address suture dysfunctions of the vault, base and facial bones.

Participants should have a basic understanding of osteopathic manipulative medicine prior to taking this course.

Program Chairs
As a student at what is now the A.T. Still University-Kirksville College of Osteopathic Medicine in Missouri, Edward G. Stiles, DO, FAAO, was introduced to the sutural strategy by George Andrew Laughlin, DO, a grandson of Andrew Taylor Still, MD, DO. Dr. Laughlin attended the first cranial course led by William G. Sutherland, DO. Dr. Stiles graduated from the Kirksville college in 1965 and worked in private practice in such places as Cambridge, Massachusetts, and Norman, Oklahoma. He has taught at the Oklahoma State University Center for Health Sciences College of Osteopathic Medicine, the Michigan State University College of Osteopathic Medicine and the University of Pikeville-Kentucky College of Osteopathic Medicine. Dr. Stiles has delivered the American Osteopathic Association’s Andrew Taylor Still Memorial Address, as well as the Academy’s Thomas L. Northup Lecture, its Scott Memorial Lecture and its Harold A. Blood, DO, FAAO, Memorial Lecture. Dr. Stiles also is a recipient of the Academy’s highest award, the Andrew Taylor Still Medallion of Honor.

Like Dr. Stiles, Charles A. Beck, DO, FAAO, is board certified in neuromusculoskeletal medicine. He earned his doctor of osteopathic medicine degree from the University of Pikeville-Kentucky College of Osteopathic Medicine (UP-KYCOM). Dr. Beck has received many awards, including the Edward G. Stiles Award for Osteopathic Manipulation from UP-KYCOM, and he serves as an adjunct faculty member for several osteopathic medical schools, including the Lake Erie College of Osteopathic Medicine, the West Virginia School of Osteopathic Medicine, the Touro University College of Osteopathic Medicine and the Marian University College of Osteopathic Medicine. Dr. Beck is in private practice in Indianapolis at the Meridian Holistic Center.

Course Location
Pyramid Three (two buildings away from the AAO’s offices)
3500 DePauw Blvd., lower level, Conference Rooms A and B
Indianapolis, IN 46268
(317) 879-1881, ext. 220

Travel Arrangements
Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

Continuing Medical Education
24 credits of NMM- and FP-specific AOA Category 1-A CME anticipated. Please note that this course does not count as a 40-credit basic course in osteopathic cranial manipulative medicine.

Course Times
Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m. Breakfast and lunch will be provided. Please contact AAO Event Planner Sherrie Warner with special dietary needs at (317) 879-1881, ext. 220, or S Warner@academyofosteopathy.org.

Registration Fees

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<tr>
<td>Academy member in practice*</td>
<td>$816</td>
<td>$1,016</td>
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<tr>
<td>Member resident or intern</td>
<td>$616</td>
<td>$816</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: ____________
Cardholder’s name: __________________________
Expiration date: ____________ 3-digit CVV No.: ____________
Billing address (if different): ____________________________

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: __________________________

Register online at www.academyofosteopathy.org, or submit the registration form and payment by email to swarner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax to (317) 879-0563.
Announcing Exciting and Innovative Opportunities for NMM Specialists in New Mexico

The Burrell College of Osteopathic Medicine at New Mexico State University, in Las Cruces New Mexico, is seeking osteopathic physicians who are interested in becoming members of the founding faculty of a new, private college of osteopathic medicine with a mission to serve the population of the southwest United States and northern Mexico.

We are looking for visionary, creative, NMM board-certified specialists to impact the future of our profession through:

» developing and running an NMM residency program.
» developing and teaching all four years of a predoctoral, fully integrated OMM curriculum.
» developing an inpatient OMM service at a local medical center.
» bringing osteopathic manipulative medicine to the people of southern New Mexico and the surrounding region.

Competitive salary and benefits dependent on experience. The Burrell College of Osteopathic Medicine is an equal opportunity employer.

For further information please contact:
Claire M. Galin, DO
Assistant Dean for Osteopathic Integration
Burrell College of Osteopathic Medicine
3655 Research Drive, Genesis Building C
Las Cruces, NM 88003
Email (preferred): Info@bcomnm.com

The Burrell College of Osteopathic Medicine at New Mexico State University is a free-standing, privately-funded, separately licensed and independently operated entity and is not a part of NMSU.
Catherine B. Donahue, DO, Named AAO Resident of the Year

At the conclusion of her year of serving as the first official resident member on the AAO Board of Trustees and chairing the Postgraduate American Academy of Osteopathy’s Executive Council, Catherine B. Donahue, DO, was honored as the AAO Resident of the Year during the Academy’s annual business meeting on Thursday, March 12, in Louisville, Kentucky.

The award recognizes a resident who has contributed to the Academy, who has contributed to osteopathic principles and practice (OPP) at his or her residency program and who has participated in Academy events, including the AAO Convocation, the AAO’s program at the AOA’s annual conference or other AAO educational programs.

Dr. Donahue is a resident in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM-OMM) at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing. She teaches small groups and weekly didactic sessions, serves as a preceptor at MSUCOM’s student OMM clinic, and lectures to more than 300 first- and second-year students on OMM.

As a member of MSUCOM’s Osteopathic Principles and Practice Committee, she helps ensure that OPP is integrated into all the MSUCOM residency programs across the state of Michigan.

When treating patients, Dr. Donahue employs the four tenets of osteopathic medicine by approaching each patient with the mind-set that “the body is a unit,” “the body is capable of self-regulation,” “structure and function are reciprocally interrelated,” and “rational treatment is based upon an understanding of the basic principles of body unity, self-regulation, and the inter-relationship of structure and function.”

Dr. Donahue was nominated for Resident of the Year by Jonathan N. Bruner, DO, the NMM-OMM residency director at MSU-COM; Lisa Ann DeStefano, DO, who chairs MSUCOM’s Department of OMM; and Timothy John Francisco, DO, a faculty member in MSUCOM’s Department of OMM.

To nominate candidates for the 2016 Resident of the Year, download the nomination form from the AAO website.

Previous Residents of the Year and their training institutions are as follows:

- **2014** Eileen M. Conaway, DO, Florida Hospital in East Orlando
- **2013** Michael Aaron Chipman, DO, Kingman Regional Medical Center in Arizona
- **2012** Leslie M. Ching, DO, Doctors Hospital Family Practice Residency in Columbus, Ohio, and the Oklahoma State University Center for Health Sciences in Tulsa
- **2011** Sarah Jean James-Miner, DO, Columbia St. Mary’s Osteopathic Family Medicine Residency in Milwaukee
- **2010** Teodor Huzij, DO, University of New England College of Osteopathic Medicine in Biddeford, Maine

Dr. Newman’s Inaugural Address (continued from Page 8)

Finally, I would like to recognize all of the students and residents in the audience. You are the leaders of the future of osteopathy. It is for you that our AOA leaders are putting forth tireless effort to create the single GME-accreditation negotiations. It is you who will benefit from leveling the playing field with allopathic medical students by giving you increased access to ACGME-accredited postdoctoral fellowships. You must come forward and demonstrate and support the unique characteristics that an osteopathically trained physician can and should have.

The future—in fact, the survival of osteopathy—is in your hands.

I ask you all once again to imagine with me for just one moment a world in which every physician evaluates his or her patients based on the teachings of Andrew Taylor Still and a world in which every person has knowledge of and access to osteopathic assessment and treatment, particularly OMT. What would that society be like, and what is your role in creating this reality?
Fred L. Mitchell Jr., DO, FAAO, FCA, Receives Distinguished Service Award

The Committee on Fellowship in the American Academy of Osteopathy honored Fred L. Mitchell Jr., DO, FAAO, FCA, as the eighth recipient of the FAAO Distinguished Service Award at the FAAOs’ March 13 dinner in Louisville, Kentucky.

For much of his 56 years as an osteopathic physician, Dr. Mitchell has been devoted to refining and teaching muscle energy technique. The osteopathic philosophy and methods he learned from his father, Fred L. Mitchell Sr., DO, FAAO, during Fred Jr.’s first four years in practice in Chattanooga, Tennessee, provided the framework on which he built an evolving science and art.

After learning from his father to “think like an osteopath,” Dr. Mitchell joined the faculty of what is now the Kansas City University College of Osteopathic Medicine in Missouri in 1964. At the Kansas City school, Dr. Mitchell taught osteopathic manipulative treatment and clinical osteopathy for nine years. He also began developing muscle energy beyond its origins, and the Kansas City school became the first osteopathic medical college to include muscle energy in its curriculum.

Upon becoming the acting chair of the college’s Osteopathic Principles and Practice Department, Dr. Mitchell was empowered to appoint and train as graduate teaching fellows Neil Pruzzo, DO; William Hadcock, DO, and Erwin Archibald, DO.

In 1973, Dr. Mitchell joined the Department of Biomechanics at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing. Although he had been studying cranial osteopathy for 10 years, it was at MSUCOM that he pursued it with intense study and research. With Ernest W. Retzlaff, PhD, Dr. Mitchell edited The Cranium and Its Sutures: Anatomy, Physiology, Clinical Applications and Annotated Bibliography of Research in the Cranial Field, which was published in 1987. Six years later, MSUCOM made Dr. Mitchell a professor emeritus.


In 1990, Dr. Mitchell gave the Sutherland Memorial Lecture for The Osteopathic Cranial Academy, and he received the AAO’s highest award, the Andrew Taylor Still Medallion of Honor, in 2005. Two years ago, the Museum of Osteopathic Medicine and the A.T. Still Research Institute in Kirksville, Missouri, selected Dr. Mitchell to participate in The Legacy Project.

During his professional career, Dr. Mitchell taught approximately 200 postgraduate courses in North America and Europe. Through the Mitchell Institute for Advanced Osteopathy, Dr. Mitchell and his son, Kai, offer postgraduate courses in osteopathic manipulative treatment, including muscle energy, cranial osteopathy, intrasosseous technique and the respiratory-circulatory model of J. Gordon Zink, DO, FAAO.

The Academy created the FAAO Distinguished Service Award in 2008 to honor those FAAOs who have distinguished themselves by contributing to osteopathic literature; by developing osteopathic theory, method or procedures; by conducting research; by engaging in osteopathic medical education; by serving the AAO on boards, committees and other decision-making bodies; by engaging in public relations; by contributing to public health; by contributing to osteopathic medical economics; and by engaging in advocacy activities to promote osteopathic medicine.

Previous recipients of the FAAO Distinguished Service Award are:

2014 Raymond J. Hruby, DO, FAAODist
2013 Robert E. Kappler, DO, FAAODist, FCA
2012 Stephen D. Blood, DO, FAAODist, FCA
2011 Philip E. Greenman, DO, FAAODist*, FCA
2010 Viola M. Frymann, MB, DO, FAAODist, FCA
2010 Isabelle A. Chapello, DO, FAAODist*, FCA
2008 Anthony G. Chila, DO, FAAODist, FCA

*denotes deceased
Two Members Named Fellows of the American Academy of Osteopathy

Virginia Marie Johnson, DO, and Karen Teten Snider, DO, were inducted as the AAO’s newest fellows at the March 14 president’s banquet at the Academy’s Convocation in Louisville, Kentucky.

Both Dr. Johnson and Dr. Snider successfully completed a thesis, three case histories, an oral examination and a practical examination administered by the Committee on Fellowship in the American Academy of Osteopathy prior to the AAO’s 2015 Convocation. Dr. Johnson and Dr. Snider were honored at the Committee on Fellowship’s dinner on Friday, March 13. The following evening, the committee’s vice chair, David B. Fuller, DO, FAAO, officially conferred fellowship on Dr. Johnson and Dr. Snider at the president’s banquet.

Dr. Johnson was sponsored by one of the Academy’s new trustees, Stefan Hagopian, DO, FAAO, and Dr. Snider was sponsored by former AAO president Karen M. Steele, DO, FAAO.

AAO members interested in applying for fellowship in the Academy can obtain the application and explanatory materials from the AAO website, or they can contact the committee’s staff liaison, Debbie Cole, at (317) 879-1881, ext. 215, or at dcole@academyofosteopathy.org. The next deadline for fellowship applications is Jan. 1, 2016.

FAAO candidates scheduled for induction in March 2016 should note these upcoming deadlines:

- July 31, 2015—Final deadline for edits and corrections to all documents.
- Oct. 1, 2015—$1,000 test fee due.
- Oct. 11, 2015—Oral and practical examinations will be conducted between 8 a.m. and 5 p.m. at the AAO’s office in Indianapolis
- March 19, 2016—Induction of approved candidates at the Convocation in Orlando, Florida.

Upon being inducted as an AAO fellow, Karen Teten Snider, DO (left), is congratulated by 2014-15 AAO President Kenneth J. Lossing, DO. (Photo by Harry D. Friedman, DO, FAAO)

Fellowship in the AAO is an earned postdoctoral designation. Recipients must demonstrate that they have actively advanced osteopathic medicine in clinical practice or in research

For more information on fellowship in the American Academy of Osteopathy, please visit www.academyofosteopathy.org.

ACGME Hiring Staff With Advance Degrees

The Accreditation Council for Graduate Medical Education (ACGME), which will ultimately accredit all residencies under the new single GME-accreditation system, has listed several job openings on its website. Open positions include director of institutional outreach and collaboration, executive director of the Institutional Review Committee (IRC) and the part-time position of clinical learning environment review program field representative.

Academy members interested in these positions should consider that they would be additional means of promoting osteopathic principles and practice in the ACGME’s operations beyond the work being done by Academy members on such key ACGME committees as the Osteopathic Principles Committee and the Osteopathic Neuromusculoskeletal Medicine Review Committee.

Virginia M. Johnson, DO (left), is introduced as a new fellow of the AAO by her sponsor, Stefan Hagopian, DO, FAAO. (Photo by Harry D. Friedman, DO, FAAO)
OMM Is Awesome

The real Millicent King Channell, DO, FAAO, and her animated lookalike starred in a video that promoted the AAO’s 2015 Convocation in Louisville, Kentucky.

Created by the Department of Osteopathic Manipulative Medicine at the Rowan University School of Osteopathic Medicine in Stratford, New Jersey, which Dr. Millicent chairs, the video was aimed at osteopathic medical students.

Through a computer-animated segment that parodies the theme song from 2014’s The LEGO Movie and through videotaped interviews with previous Convocation attendees, Rowan’s video explained why students and others should attend the Academy’s 2015 Convocation.

“Networking is a huge part of the experience of Convocation,” Dr. Channell noted during her interview. Sajid A. Surve, DO, of Fort Worth, Texas, observed that the small-group setting of Convocation’s “Evening With the Stars and Stripes” is “how knowledge should be passed down in our profession.” And Knic C. Rabara, DO, of Rowan called the AAO’s annual event “the Mecca of OMM. It’s the Super Bowl and the World Series.”

Other AAO members who participated in the video were Elan L. Goldwaser, DO, of Rowan; Nina Carmela R. Tamayo, DO, of Long Beach, New York; Danielle L. Cooley, DO, of Rowan; Rose Antoinette Parks, OMS IV, of Rowan; and Mukarram S. Razvi, OMS IV, of Rowan.

Dr. Channell is the program chair of the Academy’s 2016 Convocation in Orlando, Florida, and Dr. Surve is the chair of the AAO’s didactic program at the American Osteopathic Association’s 2015 Osteopathic Medical Conference and Exposition in Orlando.

Make plans now to attend the Academy’s 2016 Convocation, March 16-20, at the Rosen Shingle Creek Resort in Orlando, Florida. Learn more about the AAO’s annual Convocation at www.academyofosteopathy.org.

Members in the News

Meghan Anastasia Cooper, OMS IV, of the Lake Erie College of Osteopathic Medicine-Bradenton in Florida is among the authors of the review article “Adult-Acquired Hidden Penis in Obese Patients: A Critical Survey of the Literature.” Published in the March 2015 issue of The Journal of the American Osteopathic Association, this article examines published research for the most effective surgical techniques for adult-acquired hidden penis in obese patients.

In February, the Board of Directors of the Accreditation Council for Graduate Medical Education (ACGME) appointed John R. Leuenberger, DO, of Orono, Maine, as the resident representative to the ACGME Review Committee for Osteopathic Neuromusculoskeletal Medicine (ONMM). This committee will set the standards for ACGME-accredited ONMM residencies. The 2013-15 chair of the Postgraduate American Academy of Osteopathy’s Executive Committee, Dr. Leuenberger is the new chair of the AAO Membership Committee, and he is a member of the AAO Education Committee.

Membership Announcements

Are you listed in the Academy’s “Find a Physician” online directory? This service allows patients to find specialists near where they live. If you are not listed, log in to your profile at www.academyofosteopathy.org, uncheck the “Do Not Publish Info Online” box, and provide the street address of your practice so that patients can find you. Only practicing physicians who belong to the Academy are included in “Find a Physician.” Direct questions to AAO
OSU Center for Health Sciences is located in Tulsa, the second-largest city in Oklahoma with a population of 961,561 in the metropolitan area. Tulsa offers numerous entertainment venues, including the Philbrook and Gilcrease museums, the Brady Arts District, the Oklahoma Aquarium, the Performing Arts Center, Brady Theater, music venues including the BOK Center and Cain’s Ballroom, the Tulsa Zoo and local professional baseball, hockey, soccer and basketball teams.

ODEPARTMENT OF
OSTEOPATHIC MANIPULATIVE MEDICINE

Oklahoma State University Center for Health Sciences’ College of Osteopathic Medicine is seeking to fill a full-time faculty position in the Department of OMM. This position is actively involved in patient care and teaching medical students and residents, as well as hospital inpatient services. The successful candidate must have earned a D.O. degree, be proficient in a variety of osteopathic manipulation techniques, eligible for licensure in the state of Oklahoma and possess a devoted interest in education. Board certification or eligibility by the AOBNMM or AOBSPOMM is preferred, but not required. Salary and faculty rank commensurate with experience and qualifications. May or may not be tenure track.

Located on historic Route 66 in Tulsa, OSU Center for Health Sciences is part of the Oklahoma State University System. OSU Center for Health Sciences provides both undergraduate and graduate medical education and trains osteopathic physicians, research scientists and other health care professionals with emphasis on serving rural and underserved Oklahoma. The academic health center operates OSU Physicians Clinics and is affiliated with OSU Medical Center managed by Mercy, the largest osteopathic teaching hospital in the nation.

Please send cover letter and curriculum vitae to tulsa.hr@okstate.edu.

Oklahoma State University is an EEO E-Verify employer and all qualified applicants will receive consideration for employment without regard to age, race, color, religion, genetic information, sex, sexual orientation, gender identity, national origin, disability or veteran status.
The Maine Osteopathic Association (MOA) has announced that it intends to nominate former AAO and MOA president Boyd R. Buser, DO, FACOFP, as a candidate for president-elect of the American Osteopathic Association during the AOA's House of Delegates' meeting in July 2015.

A member of the AOA Board of Trustees since 2004, Dr. Buser led the AOA's negotiations on creating a single accreditation system for graduate medical education under the Accreditation Council for Graduate Medical Education. His work at the AOA has included such other high-profile assignments as serving on the AOA Blue Ribbon Commission on the Advancement of Osteopathic Medical Education and the AOA Bureau of Osteopathic Graduate Medical Education Development.

Dr. Buser continues to serve the Academy on the AAO Board of Governors and the AAO Nominating Committee, which he chaired from 2009 until this March.

Upon learning in February of the MOA's decision to nominate Dr. Buser, 2014-15 AAO President Kenneth J. Lossing, DO, commended the Maine association in a letter to its president, Academy member Leigh “Jack” Forbush, DO.

“Like the MOA, the Academy can attest to the outstanding abilities of Dr. Buser to serve an organization as president-elect and president,” Dr. Lossing told Dr. Forbush. “And we have witnessed firsthand Dr. Buser's undying loyalty to the associations he once led....

“Throughout his years in the Academy, Dr. Buser has provided Academy leaders with wise advice that contributed greatly to the Academy's ability to meet the needs of its members and its efforts to advance our profession....

“And in the past few years, everyone in the osteopathic medical profession has witnessed Dr. Buser's steady, reasoned and grounded leadership skills as he spearheaded the AOA's negotiations on the proposed single accreditation system for graduate medical education.”

Dr. Buser has also served the osteopathic medical profession by representing the profession on the American Medical Association's Current Procedural Terminology (CPT) Editorial Panel, the CPT Advisory Committee, the Relative Value Scale Advisory Committee and the Correct Coding Policy Committee.

Dr. Buser has also chaired the National Board of Osteopathic Medical Examiners' Board of Directors, and he is a founding member of the Board of Directors of the Osteopathic International Alliance.

Dr. Buser is employed as the vice president for health affairs and dean at the University of Pikeville-Kentucky College of Osteopathic Medicine.

**PRACTICE FOR SALE**

Well established OMM practice for sale in the seaside town of Lewes, Delaware.

Includes half-acre commercially zoned land and building with 3 offices, 2 bathrooms, a kitchen/copy room and reception area.

Medicare and cash patient base.

**Come live and work at the beach.**

Contact Richard Appleby, DO rapplebydo@me.com
The Edward Via College of Osteopathic Medicine (VCOM) is seeking a board-certified NMM/OMM physician to serve as Chair of the Department of Osteopathic Manipulative Medicine for the Carolinas campus in Spartanburg, South Carolina. Spartanburg sits comfortably at the foothills of the Blue Ridge Mountains in upstate South Carolina. It’s nestled between both Atlanta and Charlotte and is only a short drive from Asheville. This beautiful community possesses a rich culture, delicious food and a breathtaking landscape.

**CLINICAL CHAIR POSITION**

**Osteopathic Manipulative Medicine Chair:** The position of Osteopathic Manipulative Medicine Chair is one that organizes the Osteopathic Manipulative Medicine department at the College and the College-affiliated practices. The position participates in the delivery of the educational and research programs related to osteopathic manipulative medicine and primary care. Teaching responsibilities would include conducting medical school courses using a blend of traditional lecture, innovative case-based student-directed and/or faculty led presentations, clinical skill laboratories, and simulated medicine experiences. The position advises students on osteopathic manipulative medicine as a specialty and is expected to take part in the development of an NMM fellowship training program. Interviews are open immediately and will remain open until the position is filled. Board certification in OMM (either through residency or through the family medicine +1 OMM) is required. Pay commensurate with training and expertise.

**Inquiries:** Please visit our website at [www.vcom.edu](http://www.vcom.edu) and click on the Human Resources/Employment link for full details of this position. Often times clinical faculty have unique interests and varied questions. Therefore we welcome your inquiries concerning this position. Feel free to email Matthew D. Cannon, D.O., Chair of Family Medicine, VCOM Carolinas Campus at MCannon@carolinas.vcom.edu.

*VCOM is an Affirmative Action/Equal Opportunity Employer and seeks a diverse faculty.*
I first became aware of osteopathic medicine while working in a research laboratory at Temple University in Philadelphia. A colleague mentioned that he was applying to the biomedical science master’s program at the Philadelphia College of Osteopathic Medicine (PCOM). He stated that the program helped students to prepare for medical school. I thought this would be a great opportunity, so I applied and I was accepted. Only having been exposed to allopathic medicine, I had no understanding of osteopathy, but if it was a way to prepare me for medical school, then I was open to it.

One day in class, I was complaining about a chronic shoulder pain, and I was encouraged to get osteopathic manipulative treatment (OMT). Although clueless about OMT, I went and was treated by one of the undergraduate fellows. It was the first time in two years I was pain free. I was intrigued, and I decided to investigate osteopathic medicine. I soon realized that I would be exposed to aspects of patient care not found in an allopathic medical curriculum. I decided to apply to PCOM and was accepted.

The mentor who made the greatest impact on my future medical career is Michael L. Kuchera, DO, FAAO, who influenced me from the very beginning of my studies. He is one of the pioneers of present-day osteopathic medicine. It is common to hear students and residents refer to Viola M. Frymann, MB, DO, FAAODist, FCA, as “Yoda” and Dr. Kuchera as “Obi-Wan Kenobi.” Dr. Kuchera was one of my table trainers during my second year of osteopathic medical school, and he seemed to realize that some of us had a knack for osteopathic manipulative medicine (OMM). He began spending extra time with our group, helping with any difficulties we were having and showing us techniques that were beyond those taught in class.

One example of this occurred when we were learning a high-velocity, low-amplitude cervical technique. I am only 5 feet 4 inches tall, and I had difficulty holding my large partner’s heavy head in the position being taught in class. Dr. Kuchera revealed that he sometimes ran into the same difficulty due to his small hands and that he learned to use certain leveraging positions that enable the patient’s body to help deliver such techniques. Dr. Kuchera then showed me how to compensate by using slightly different positioning. When he shared this insight, something clicked for me, and from that point on, I had little difficulty using this technique.

Dr. Kuchera taught me how to think outside of the box so that I could compensate in various treatment situations. He taught me that you can reposition a patient in a way that may differ from what you were originally taught as long as you understand the principles and the concepts of what you are trying to achieve. I have put his teachings into practice many times, especially when dealing with tall basketball players during sporting events.

As I progressed through clinical rotations, my attending physicians permitted me to use OMT on their patients as long as they felt confident that I had a clear understanding of my intent for each treatment. I remember working in an intensive care unit in which a patient was recovering from bowel resection surgery. Despite attempts to stimulate the patient’s intestine with various drugs, he had no bowel sounds with auscultation, and my chief resident agreed to allow me to treat the patient. I was a student at the time, and I used only simple techniques, such as colonic stimulation, mesenteric release and rib raising. By the time I finished, the patient had audible bowel sounds. He was discharged two days later to an outpatient facility for recovery.

(continued on Page 19)
When the orthopedic residency program in which Precious L. Barnes, DO, MS (left), was training had a hold placed on it, Richard A. Feely, DO, FAAO, FCA, guided her to a family medicine residency. She has enjoyed great success in that program.

Passing on the Tradition (continued from Page 18)

Shortly thereafter, an allopathically trained attending physician approached me and said, “I’ve been having some back problems. Would you try and help me?” I said, “Sure, let’s go and find a table!” He felt much better, and he was satisfied with his treatment. Later during that rotation, I heard myself paged on the public address system. I thought to myself, “I am a student. Why would anyone page me?” It turned out that my attending had “thrown out” his back, and he needed me to treat him before his next surgery.

Because I especially enjoyed my orthopedic rotation and because I liked surgery and the musculoskeletal aspects of that specialty, I started to think seriously about orthopedic surgery as I moved toward graduation. The orthopedic rotation gave me the opportunity to help with knee replacements, and I was able to use OMM to help patients after surgery.

When my attendings would send me in to do a patient assessment, I would take the opportunity when I reported back to tell them that a particular treatment would help the patient. But often they would say, “Well, we don’t have time to do that.” I would then tell them, “I already did it. While I was assessing the patient, he told me where the problem was, and since I still had some time before you came in, I treated the patient.”

When the attending asked these patients how they felt, they would consistently say that they felt better after the treatment. For example, one patient complained about sciatic pain. Because the patient pointed to the exact spot, I knew immediately that it was the piriformis muscle, and I treated the patient for it.

After graduating from PCOM, I went to University Hospital Richmond Medical Center in Richmond Heights, Ohio, to do a traditional internship with an orthopedic focus. Although my attending physician did not use OMT, he was very open to me using it. This very good experience set me apart from many of my counterparts.

Unfortunately, because of a freezing hold placed on the program, I was unable to complete the orthopedic residency. When it became clear I would not be able to transfer to another orthopedic program, I transferred to University Hospital’s family medicine residency. My work in this residency has been so successful that I was given the opportunity to have my own OMT wellness clinic at the hospital.

I advise students to study hard and rock out on their national boards but to also find time for themselves. This might mean finding some time to read a nonmedical book, to go dancing or to visit family once a month. Do something that is not medically related so that you can keep a balance in your life. It is easy to lose perspective when you are working so hard to achieve your goals.

To my peers, I would offer this advice: At this point in our careers as young physicians, we are closest to the students. We have the most “inside track” knowledge, and we should mentor students and otherwise help them along, especially when they are on their clinical rotations. Teach them, for example, how to write a correct progress note when you see that their notes are deficient so that they will shine when they go.

NMM/OMM Faculty

Campbell University Jerry M. Wallace School of Osteopathic Medicine (CUSOM) is seeking NMM/OMM faculty. We are looking for motivated team players committed to the opportunity to participate in changing the landscape of healthcare in beautiful North Carolina.

Located less than an hour from downtown Raleigh, and just a few hours from the beach and the mountains, this new osteopathic medical school is in an ideal location. CUSOM joins the Campbell tradition of excellence in professional degrees—law, divinity, pharmacy, physician assistant, and physical therapy and is fulfilling its mission to serve underserved and rural populations by training the next generation of primary care physicians and through community and global outreach.

The department of osteopathic manipulative medicine is currently seeking individuals for full-time faculty positions to work in undergraduate and graduate medical education. The curriculum is clinically oriented and integrated throughout the students’ education.

Responsibilities include: teaching, clinical activities, and other scholarly activity.

Candidates must be B.C./B.E. in Neuromuscular Medicine/Osteopathic Manipulative Medicine. B.C./B.E. FP/OMM and NMM/OMM would be a significant asset. CUSOM is committed to affirmative action, equal opportunity, and diversity. Interested candidates please contact: William F. Morris, DO, Chair of OMM at morrisw@campbell.edu or (910) 893-1794; Brian Kessler, DO, Associate Dean for Clinical Affairs at kesslerb@campbell.edu or (910) 814-4903. For a complete job description and to apply, visit http://www.campbell.edu/about/employment.
on to their next rotation. Stay humble, for we still have a long way to go to reach the level of our great mentors. We should keep studying hard to advance our careers, and we should enjoy life.

I encourage those physicians who are more advanced in their careers to keep giving back. I know there have been so many physicians who have imparted so much knowledge, a great deal understanding, and a helping hand to me: Michael L. Kuchera, DO, FAAO; Michael P. Rowane, DO, FAAO; Louis D. Leone, DO, FAOASM; and Richard A. Feely, DO, FAAO, FCA, have been rock steady for me, giving me good advice and helping me along just as so many senior mentors have supported other generations of osteopathic physicians. We need this support. We depend on your guidance.

OMM Video Available for AAO Members’ websites

To help educate their patients about osteopathic manipulative medicine (OMM), Academy members can add to their practice websites a hyperlink to an AAO-commissioned video.

Featuring 2014-15 AAO President Kenneth J. Lossing, DO, the Academy-commissioned “American Health Front!” segment on osteopathic manipulative medicine initially ran on WCBS-TV on Sunday, May 18, 2014. (Photo courtesy of Media Medical Group)

Featuring the AAO’s 2014-15 president, Kenneth J. Lossing, DO, the video debuted as a two-minute segment of “American Health Front!” that ran on New York City’s WCBS-TV on Sunday, May 18, 2014, just before the Byron Nelson Championship golf tournament.

As the sponsor of this “American Health Front!” segment, the Academy has obtained the rights to use the segment for whatever purposes the AAO sees fit. The Academy has posted the segment to the “About the AAO” page on the Academy’s website at www.academyofosteopathy.org so that patients around the country can access it. In addition, Academy members are free to add the segment on their practice websites using the hyperlink http://youtu.be/Py0H52pz2AU.

The YouTube video has been viewed more than 930 times since it was posted on July 23, 2014.

“‘This segment of ‘American Health Front!’ hits key points that the Academy believes the public needs to know about DOs and OMM,” Dr. Lossing explains. “For example, the segment describes DOs as ‘among the best-trained physicians in American medicine today.’ And it quotes me as saying, ‘As an osteopathic physician, I focus on finding dysfunction that impedes the body’s self-healing system from working properly. This integrative method is one of the safest approaches to medicine today.’”

At the end of the segment, viewers who would like to receive OMM are directed to the Academy URL www.FindOMM.org, which takes viewers to the Academy’s “Find a Physician” landing page.

Produced by Media Medical Group, “American Health Front!” has become a leading independent medical news television program. Episodes of the program run on CBS, NBC, ABC, and Fox stations around the country. The May 18, 2014, broadcast reached viewers in New York, New Jersey and Connecticut.

Besides linking to the OMM segment, Academy members can take advantage of the segment’s script when being interviewed by the media or speaking at public events.
Membership Liaison Susan Lightle at (317) 879-1881, ext. 217, or slightle@academyofosteopathy.org.

Don’t make a move without notifying the AAO. We don’t want to lose track of any of our members when they relocate. Please remember to inform the Academy’s membership liaison, Susan Lightle, of any changes in your business or home contact information. You can reach Lightle at (317) 879-1881, ext. 217, or slightle@academyofosteopathy.org.

To make sure that emails from the AAO are not going into your junk folder, adjust your spam filter to allow emails from the domain @academyofosteopathy.org and the email address aaoorg@multibriefs.com so that you can receive The AAO Journal, AAO Member News, OsteoBlast and other Academy content.

Attention 2015 graduates. As you prepare to enter graduate medical education, consider rejoining the Academy as members of the Postgraduate American Academy of Osteopathy (PAAO). The membership in the Academy you enjoyed as members of the Student American Academy of Osteopathy does not automatically roll over into PAAO membership. PAAO membership is open to interns, residents and postdoctoral fellows in all specialties, not just those training in neuromusculoskeletal medicine. To learn more about staying connected to the AAO and continuing to receive its membership benefits, visit the PAAO website.

UPCOMING WEBINARS

The following list of webinars is provided as a courtesy to our readers. The AAO is not responsible for the content of these webinars.

American Osteopathic Academy of Addiction Medicine
PTSD and TBI Comorbid Opioid Abuse Risk
April 29, 2015—9 a.m. Eastern

Funding for this initiative was made possible (in part) by Providers’ Clinical Support System for Opioid Therapies (grant no. 1H79TI025595) from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

American Osteopathic Academy of Addiction Medicine
Office-Based Treatment for Opioid Use Disorder
May 16, 2015—8 a.m. Eastern

This combined webinar training and computer-based self-study will provide the required eight hours needed to obtain a waiver to prescribe buprenorphine in office-based treatment of patients for opioid dependence.

You can watch dozens of on-demand webinars that the American Osteopathic Association conducted during the past three years at www.osteopathic.org.
An essential guide to the cranial nerves for osteopathic physicians and manual therapists, *Manual Therapy for the Cranial Nerves* incorporates new techniques that affect the most precious part of the cranium, the brain. *Manual Therapy for the Cranial Nerves* will teach you how to manipulate this delicate neural system safely, and it will make you aware of the brain as the primary target of your action as a clinician.

The book focuses on the practical application of cranial nerve manipulation. Thanks to its wealth of illustrations, it is also an excellent guide to visualizing the cranial nerves and to understanding their many functions.

By Jean-Pierre Barral, DO (France), and Alain Croibier, DO (France), 320 pages, hardcover, $80.95

Jean-Pierre Barral, DO (France), and Alain Croibier, DO (France), introduce their new evaluation and therapy concept for the peripheral nerves in *Manual Therapy for the Peripheral Nerves*. Examination and treatment techniques are described step by step and are clarified with a multitude of photographs and illustrations. This book offers all osteopathic physicians and manual therapists the perfect guide to putting this new concept into practice.

By Jean-Pierre Barral, DO (France), and Alain Croibier, DO (France), 288 pages, hardcover, $72.95

The techniques presented in *New Manual Articular Approach; Upper Extremity* are simple and precise, and they are not at all forceful. Entirely original, these techniques represent the fruit of many years of clinical experience. Derived from the rich experiences of its authors, this work presents a selection of effective techniques to help physicians and therapists bring relief to their patients. This book is for osteopathic physicians, osteopathic medical students, physiotherapists and manual therapists wishing to enrich their practices and broaden their skill sets.

By Jean-Pierre Barral, DO (France), and Alain Croibier, DO (France), 263 pages, hardcover, $79.95

*At the Still Point of the Turning World* by Robert Lever, BA, DO (United Kingdom), is an important contribution to the ongoing debate on the scope and approach of osteopathy (mechanistic versus psychological). The author looks at the dichotomy between the spirit and the science within osteopathy and argues that the most effective care is given when a skilled clinician combines technical skill with empathy, compassion and a still, listening attitude. The author suggests that while hard research and clinical evidence provide important underpinnings, it is the human qualities of wisdom and compassion that can develop osteopathy into an art.

By Robert Lever, BA, DO (United Kingdom), 204 pages, paperback, $45

AAO members receive a 10% discount off listed prices. 
Download the Academy’s book order form or visit www.academyofosteopathy.org to place your order.
Honing treatment into three basic steps, *Healing Pain and Injury* illuminates the underlying and often mysterious causes of pain and dysfunction and charts a path to recovery.

Many patients suffer from terrible headaches, insomnia, weight gain, sexual dysfunction, neck and back pain, immune disorders, cognitive problems, and many other conditions. With *Healing Pain and Injury*, Dr. Nerman helps those who are suffering needlessly, letting them know that there is hope by providing critical tools for their healing.

By Maud Nerman, DO, CSPOMM, CA, 383 pages, paperback, $24.95

*Exploring Osteopathy in the Cranial Field* is designed for the interested physician and for the beginning to intermediate student of this topic. It can easily be used as an accompanying manual for a first or second course in osteopathy in the cranial field, and some topics are useful for more advanced study. *Exploring Osteopathy in the Cranial Field* is especially suitable for use in a 40-hour first or second level course on this topic.

By Raymond J. Hruby, DO, FAAODist, 164 pages, spiral-bound, $59.95

Drs. Evans and Rowane have designed *Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter* for the primary care professional who wants a basic guide to managing commonly seen clinical problems that are amenable to musculoskeletal manipulation. The assessments and techniques presented are ideal for this situation. Both are rapid and efficient, and they are specifically designed for use during a 15-minute office visit. All chapters provide objectives, illustrative cases with answers, clear illustrations to highlight clinically important anatomic landmarks, assessment tips, treatment techniques, and key summary points. All photographs focus on critical elements of examination and treatment techniques for rapid review at the point of care.

By Michael P. Rowane, DO, MS, FAAFP, FAAO, and Paul Evans, DO, FAAFP, FACOFP
239 pages, hardcover, $99.95

AAO members receive a 10% discount off listed prices.
Download the Academy’s book order form or visit www.academyofosteopathy.org to place your order.
Component Societies and Affiliated Organizations
Calendar of Upcoming Events

April 24-26, 2015
Rocky Mountain Academy of Osteopathy
**20-Hour Introduction to Visceral Manipulation**
Course directors: Adrienne M. Kania, DO, and Dana C. Anglund, DO
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
20 credits of AOA Category 1-A CME anticipated
Learn more and register at rockymountain.wix.com.

May 1-3, 2015
American Fascial Distortion Model Association
**Introduction to the Fascial Distortion Model, Module 1**
Course director: Todd A. Capistrant, DO, MHA
Pacific Northwest University of Health Sciences College of Osteopathic Medicine, Yakima, Washington
20 credits of AOA Category 1-A CME anticipated
Learn more and register at www.afdma.com.

May 4-8, 2015
Rocky Mountain Academy of Osteopathy
**40-Hour Introduction to Osteopathy in the Cranial Field**
Course director: Adrienne M. Kania, DO
Rocky Vista University College of Osteopathic Medicine
Parker, Colorado
40 credits of AOA Category 1-A CME anticipated
Learn more and register at rockymountain.wix.com.

May 6-10, 2015
Arizona Osteopathic Medical Association
**93rd annual convention**
Arizona Grand Resort in Phoenix
35.5 credits of AOA Category 1-A CME anticipated
Learn more and register at www.az-osteo.org.

May 14-17, 2015
Michigan Osteopathic Association
**116th annual spring scientific convention**
Adoba Hotel Dearborn in Michigan
30 credits of AOA Category 1-A CME anticipated
Learn more and register at www.mi-osteopathic.org.

May 15-17, 2015
Ohio Osteopathic Association
**Visceral Osteopathy Level I Course: Gastrointestinal**
Course instructor: Bernhard Ewen, MD, DO (Germany)
Ohio University Heritage College of Osteopathic Medicine
Athens, Ohio
17 credits of AOA Category 1-A CME anticipated
Learn more at www.ooanet.org.

June 4, 2015
Indiana Osteopathic Association
**Preconference OMT workshop:**
*Counterstrain for the Upper Half of the Body*
Crowne Plaza at Union Station, Indianapolis
8 credits of AOA Category 1-A CME anticipated
(317) 926-3009 • www.inosteo.org

June 5-7, 2015
Indiana Osteopathic Association
**118th annual spring update**
Crowne Plaza at Union Station, Indianapolis
25 credits of AOA Category 1-A CME anticipated
(317) 926-3009 • www.inosteo.org

June 13-17, 2015
The Osteopathic Cranial Academy
**Introductory course: Osteopathy in the Cranial Field**
Course director: Eric J. Dolgin, DO, FCA
Assistant director: Michael J. Porvaznik, DO
Naples Grande Resort in Florida
40 credits of AOA Category 1-A CME anticipated
Learn more and register at www.cranialacademy.org.

June 18-21, 2015
The Osteopathic Cranial Academy
**Annual Conference:**
*Traumatic Brain Injury: “The Whole Person”*
Course director: Simeon John Hain, DO
Associate director: Ali Marie Carine, DO
Naples Grande Resort in Florida
20.75 credits of AOA Category 1-A CME anticipated
Learn more and register at www.cranialacademy.org.

Aug. 5-9, 2015
Texas Osteopathic Medical Association
and the Texas chapter of the American College
of Osteopathic Family Physicians
**8th annual joint conference**
Omni Corpus Christi in Texas
28 credits of AOA Category 1-A CME anticipated
Learn more and register at www.txosteo.org.