Message from the President

Surround yourself with good people, empower them to accomplish a goal, and except for support, get out of the way. This is a formula which breathes life into successful projects for many organizations, including our American Academy of Osteopathy.

I would like to thank Executive Director Diana Finley, President-elect Kenneth J. Lossing, DO, and Secretary-Treasurer Judith O’Connell, DO, FAAO, for a delightful year that included two leadership seminars, the signing of a 10-year lease with the Pyramids, the extension of Immediate Past President Jane Carreiro, DO’s work involving the restructuring of the AAO’s committees, and the good fortune of signing Michael E. Fitzgerald, AOA’s Associate Editor of the JAOA, to succeed Diana. As you know, the Academy’s office moved from the eighth floor to the tenth floor of The Pyramids office complex in Indianapolis. The 10-year lease contract with The Pyramids included a free build-out for the 5,800 sq. ft. space. The added space was much needed due to the increase in the staff and will allow us to hold board and committee meetings in-house versus at a hotel. The cost savings proves to be substantial.

A wealth of gratitude is owed to the current Board of Trustees, Dennis Dowling, DO, FAAO, and Mark Cantieri, DO, FAAO, for their assistance in the selection process of the Executive Director, which was spearheaded by Dr. O’Connell.

Dr. Lossing will lead the strategic planning meeting on February 1. Many thanks for Denise K. Burns, DO, FAAO, who is program chair for the 2014 Convocation in Colorado Springs. It is an outstanding program examining an osteopathic approach to trauma. It is a must-see event!

The influence of a father on his children should never be underestimated. Whether the bond is love or fear, the imprinting of character is as infused as the breath we breathe. My fathers in Osteopathy, Nicholas Nicholas DO, FAAO, and David Heilig, DO, FAAO, taught me excellence, commitment and service to others. My own father, Ellis Coffey, served as a seaman on the S.S. Tuscaloosa at both Normandy and Okinawa. He always said there was no sense in doing something unless you did it right. He passed away on October 21, 2013, at age 89 and will be missed. May “Pop,” Dr. Nick and Dr. Dave all rest in peace.

AAO Hires New Executive Director

AAO President David Coffey, DO, FAAO, is pleased to announce the hiring of Michael E. Fitzgerald, BA, as Executive Director of the American Academy of Osteopathy. He will join the AAO staff effective March 10, 2014, meeting with staff members, reviewing their duties and responsibilities and attending the AAO Convocation in Colorado Springs. The current AAO Executive Director, Diana L. Finley, CMP,
will remain in the position of Executive Director until she retires on April 11. Mr. Fitzgerald will succeed Ms. Finley who will retire after 21 years of service to the Academy, the last five as the Academy’s CEO.

Michael is well-known throughout the osteopathic family for his dedication and loyalty to the osteopathic profession and his honesty and integrity as a person. For the past 32 years, he has worked for the publications of the American Osteopathic Association (AOA). After graduating from Marquette University in 1980 with a Bachelor of Arts in Journalism, Mr. Fitzgerald started working at the AOA as a staff writer and photographer for The DO magazine. From 1986 to 1998 he worked on The DO magazine as managing editor, where he edited final drafts of articles, designed monthly columns and orchestrated the AOA’s annual convention and program books. Then, as associate editor, he served as the chief editor of The DO and oversaw the production of the AOA Conventioneer. Promoted to Assistant Director for Publication of The DO magazine in 1998, Mr. Fitzgerald continued to serve as the chief editor of The DO and supervised staff responsible for custom publications, including the AOA’s Women and Wellness and AOA Health Watch as well as the AOA convention publications and AOA staff directory.

From 2001 to 2004, he served as the AOA’s Director of the Division of Publications and executive editor, overseeing the editing and design of all AOA publications, including assisting in the launch of The Journal of the American Osteopathic Association’s (JAOA) website and sharing responsibility for orchestrating the AOA’s annual report videos. In 2004, as Director of Publications and Publisher, Mr. Fitzgerald oversaw the editorial direction of all AOA publications, coordinated interactions with the editor-in-chief and the AOA Board of Trustees, oversaw business affairs of AOA publications, including a staff of 15, drafted AOA publications’ business plan and the JAOA Realignment Task Force’s strategic plan, and served as the secretary to the AOA Committee on Professional Publications, the JAOA Editorial Advisory Board, and the AOA Bureau of Osteopathic History and Identity.

Currently, Michael is the Publisher of the AOA and associate editor of the JAOA. Some of his responsibilities include staffing the AOA’s Great Pioneers in Osteopathic Medicine program, and history essay competition; overseeing the AOA’s A.T. Still Library and Research Center; orchestrating efforts to obtain educational grants to support JAOA supplements and other AOA publications; as well as developing and promoting relationships between the AOA and other osteopathic medical profession publications.

In March 2013, during the Academy’s Annual Convocation in Orlando, The AAO Board of Trustees presented Mr. Fitzgerald the Academy Award to recognize his contributions and support of the osteopathic profession through:

• demonstrating his commitment to osteopathic principles and to the osteopathic profession;
• exhibiting outstanding efforts and special contributions to promote osteopathy;
• continuously showing support of, and collaboration with, osteopathic organizations; and
• with a vision that is complementary to the Academy’s Mission.

Please join President Coffey and the AAO Board of Trustees in welcoming Michael Fitzgerald to the staff of the American Academy of Osteopathy.

The Broadmoor: Site of 2014 Convocation

*Have you made your Hotel Reservations? Deadline Approaching*

Come join Denise K. Burns, DO, AAO Program Chair, at the 2014 Convocation at the beautiful Broadmoor in Colorado Springs, CO. She has centered the educational theme around trauma. Lectures and workshops will address mechanisms associated with trauma, the biodynamics and its effects on the total body. Participants will learn how to identify and address all the components of trauma that the osteopathic physician commonly encounters in clinical practice.

Convocation will consist of three days of lectures and breakout sessions. The breakout sessions will include five to seven hands-on workshops each day to complement the lecture material.

Additional CME credit may be earned by attending the pre-Convocation courses listed on Page 5. Keep in mind that there is a pre-Convocation course registration discount when bundled with Convocation registration.

*Negotiated Hotel Rates Available Through February 19, 2014*

Rooms are limited and space will fill up quickly! Please register early to be sure you secure the negotiated rates.
The Broadmoor, superbly located near the southern edge of the Rockies, is surrounded by stunning natural beauty and has been described as the gateway to the West. Colorado Springs was originally a small mining town but now counts itself as one of the top destinations in the U.S. for vacations and conferences due to its picturesque mountain backdrop, 300 days of sunshine and friendly locals. From the top of Pikes Peak to upscale shopping, Colorado Springs offers an abundance of natural beauty as well as a variety of attractions, art galleries and activities for guests of all ages.

The Broadmoor welcomes guests to Colorado Springs with impeccable service and distinctive amenities. Here, the spirit of the West inspires the adventurer within, with endless opportunities to explore the picturesque mountains, streams and canyons. Experience a truly one-of-a-kind resort where personalized luxury offers an escape from the ordinary and modern details blend seamlessly with the timeless elegance of our historic hotel.

The Broadmoor is the longest-running consecutive winner of both the AAA Five-Diamond and Forbes Travel Guide Five-Star awards. Since first opening in 1918, The Broadmoor has offered guests a unique way to experience the beauty of the American West, and continues that tradition through its Forbes Travel Guide Five-Star day spa as well as its restaurants (including the only Five-Star, Five-Diamond restaurant in Colorado, Penrose Room), 54 holes of championship golf, six tennis courts, indoor/outdoor pools, distinctive retail shops, activities and programs for guests of all ages and interests.

At The Broadmoor, 754 guest rooms, suites, cottages and ranch accommodations offer the elegant touches and thoughtful amenities that have made this resort a distinctive destination for nearly 100 years. Each luxuriously appointed retreat features either one king or two double beds, plush furnishings and an array of modern amenities ideal for leisure or business travel.

Many of the spacious guest rooms and suites also offer stunning views of Cheyenne Mountain and the resort's own Cheyenne Lake. From wireless Internet access and eco-friendly amenities to flat-panel televisions, these signature Colorado Springs accommodations offer everything necessary for an unforgettable stay.

## CLASSIFIED ADVERTISEMENTS

### SEEKING OMM SPECIALISTS IN SAN FRANCISCO AND NEW YORK CITY

Innovative primary care practice seeks full-time OMM Physician. Balanced lifestyle, work with academically trained MDs, started by original designer of Epocrates. Opportunities in San Francisco and New York City. If interested, please send a brief intro and CV to ermoses@onemedical.com or visit www.onemedical.com/jobs.

### GROWING FL PRACTICE SEEKS FP/DO/DERMATOLOGIST

Reliant Family Practice in Gainesville, FL, seeks specialist in Family Practice/OMM and/or Family Practice/Dermatology for its growing, close-knit, supportive practice under the direction of Erik Schabert, DO. Call Mika Harris, Office Manager, for first contact at (352) 514-6452 or email mika@reliantfamilypractice.com.

### NMM PLUS 1 RESIDENCY PROGRAM IN NEW YORK

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Denise K. Burns, DO, FAAO, at drdenise@optonline.net or Education Department Secretary Karen Roberts at (631) 726-0409.

### NMM PLUS 1 POSITIONS AVAILABLE IN SUNNY SOUTH FLORIDA

Residency program at Larkin Hospital. Contact Joel D. Stein, DO, FAAO, at (954) 563-2707 or ommdoc@aol.com for more information.
Pre-Convocation Courses Still Available!

**An Introduction to the Fascial Distortion Model (FDM)**  
March 17–18, 2014

**Course Description**  
FDM is an additional model used in the diagnosis and treatment of musculoskeletal pain. This course will cover the ankle, shoulder, and knee. FDM is a model of thinking that provides a framework to view the function of the body and the expression of pain. Fascia can be viewed as the “wrapper” of our bones, muscles and organs. Fascia is an integral part of the body’s nerve network. Dr. Still identified the importance of the fascial system when seeking health. Treatments in the FDM are directed at the fascia and restoring its function by focusing on correcting distortions in the fascial system and thereby eliminating pain. The FDM provides practitioners another model in which to view the body and another tool in the battle against musculoskeletal pain. FDM expands the capability of traditional osteopathic modalities by specifically addressing the fascia and the distortions which are identified. Treatment of the fascial distortions can provide dramatic results by addressing the biotensegrity of the body. The FDM is driven by a patient’s body language, verbal description, and the provider’s underlying understanding of the fascial distortions and their impact on the whole system.

**CME**  
16 hours of AOA Category 1-A credit are anticipated.

**Course Times**  
Monday and Tuesday: **8:00 am - 5:30 pm**  
Breakfast and lunch on your own, coffee provided.

**Todd A. Capistrant, DO, MHA, Program Chair**  
Dr. Capistrant is a board-certified Family Medicine physician specializing in Osteopathic Manipulation. He has been with Tanana Valley Clinic in Fairbanks, AK, since 2006, where he first began attending to patients in their 1st Care Center. In June 2013 he was selected as the Medical Director of Tanana Valley Clinic and oversees the thirteen different departments that comprise the clinic. Dr. Capistrant received a B.S. in Biology from the University of Minnesota and a D.O. at Des Moines University in Iowa. In addition to his medical education, Dr. Capistrant received a master’s degree in Healthcare Administration from Des Moines University in Iowa. He is one of three physicians in the U.S. certified to teach seminars on the FDM model.

**Course Location**  
The Broadmoor  
1 Lake Avenue, Colorado Springs, CO 80906  
Reservations: 7am to 9pm (MT), seven days a week.  
(800) 634-7711 (Mention AAO event.)  
https://resweb.passkey.com/go/aoa14

---

**Osteopathic Approach to Common ENT Complaints of Children**  
March 17–18, 2014

**Course Description**  
This course is designed for participants with intermediate to advanced skills in OMM and those who have taken intermediate-level Cranial courses. We will take an in-depth look at the anatomical and structural influences of the pediatric ENT patient, taking a close look at the cranial and facial anatomy and its influences on health and function of the middle ear, sinuses and temporomandibular joint.

**CME**  
16 hours of AOA Category 1-A credit are anticipated.

**Course Times**  
Monday and Tuesday: **8:00 am - 5:30 pm**  
Breakfast and lunch on your own, coffee provided.

**Course Location**  
The Broadmoor  
1 Lake Avenue, Colorado Springs, CO 80906  
Reservations: 7am to 9pm (MT), seven days a week.  
(800) 634-7711 (Mention AAO event.)  
https://resweb.passkey.com/go/aoa14

---

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org). For travel arrangements, Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).
ADA Accessibility
ADA Accessible rooms are available by request and are equipped with the following:

- 35" doorway clearance;
- roll-in shower or tub/shower combination with handrails;
- 36" of clearance around the bed;
- handrails in toilet area;
- low closet bar and shelf;
- bathroom vanity area appropriate for wheelchair access;
- visual and auditory alarms.

Please call (800) 634-7711 to inquire about specific room availability, or when booking online, please note your need for an ADA-accessible room. The Broadmoor happily accommodate service animals at no additional charge.

Transportation
Colorado Springs Airport: approximately 8.3 miles or 15 minutes from The Broadmoor.
Denver International Airport: approximately 89 miles or 75 minutes from The Broadmoor.

Colorado Springs Airport One-Way Transportation: $24.00
Denver Airport Shuttle: available by reservation only, may stop once or twice on the way.
Limosine Service: private sedans and SUV’s available by reservation.
Valet Parking: Valet parking is available to all overnight guests for $18 per night.
Parking Garage: Self-parking for a 24-hour period is $16 per night, with in and out privileges. Day charges are $4 for the first hour and $2 for each additional hour up to a maximum of $8 per day.

Have You Registered for Convocation?
If not, do so today by clicking here: Physicians or Students.

Pre-Convocation Courses— March 15–18, 2014

Separate Registration Required for Additional CME
New Approach to Osteo-articular Manipulations, including the Superior and Inferior Limbs by featured speaker Jean-Pierre Barral, Diplomate in Osteopathic Medicine, and Kenneth J. Lossing, DO, Program Chair, Faculty and AAO President-elect; March 15-18, 2014; 32 CME hrs. (Class full; waiting list only.)

Osteopathic Approach to Common ENT Complaints in Children, by Heather P. Ferrill, DO, Program Chair; Doris B. Newman, DO; and Lisa A. DeStefano, DO; March 17–18, 2014; 16 CME hrs.

An Introduction to the Fascial Distortion Model, by Todd A. Capistrant, DO; March 17–18, 2014; 16 CME hrs.

Additional Convocation Information
Mentors/Protégés: If you elected to become a mentor or requested to be assigned to a mentor, you will be matched to a student/mentor by geographic location and specialty. If you did not select this option and would like to be a mentor or want to be a protégé, please complete the appropriate form and send it to Sherrie Warner at swarner@academyofosteopathy.org.
AAO Calendar of Events

Mark your calendar for these upcoming Academy meetings and educational courses.

All times local.

2014

February 1-2  Board of Trustees' Strategic Planning Meeting—AAO Offices, Indianapolis, IN
February 4  Membership Committee Teleconference—8 p.m. EST
February 7-8  Education Committee Meeting—1 p.m., AAO Offices, Indianapolis, IN
February 14-16  Basic Percussion Course—Richard W. Koss, DO—TCOM, Fort Worth, TX
March 15-18  New Approach to Osteo-Articular Manipulations Including the Superior and Inferior Limbs (Pre-Convo), Jean-Pierre Barral, DO (France); Kenneth J. Lossing, DO—the Broadmoor, Colorado Springs, CO
March 17-18  Osteopathic Approach to Common ENT Complaints of Childhood (Pre-Convo)—Heather P. Ferrill, DO, The Broadmoor, Colorado Springs, CO
March 17-18  Fascial Distortion Model (Pre-Convo)—Todd A. Capistrant, DO, The Broadmoor, Colorado Springs, CO
March 18  COFAAO Meeting—the Broadmoor, Colorado Springs, CO
March 19  Board of Trustees Meeting—8 a.m., The Broadmoor, Colorado Springs, CO
March 19  Board of Governors Meeting—1 p.m., The Broadmoor, Colorado Springs, CO
March 19-23  AAO Convocation—Trauma: An Integrated Osteopathic Approach
  Denise K. Burns, DO, FAAO, Program Chair—the Broadmoor, Colorado Springs, CO
March 20  AAO Business Meeting of the Membership—12 p.m., The Broadmoor, Colorado Springs, CO
May 30-June 1  Muscle Energy with Sally Sutton, DO, FAAO—Richard G. Schuster, DO—MUCOM, Indianapolis, IN
June 13-15  Osteopathic Considerations in Sports Medicine—Kurt P. Heinking, DO, FAAO—CCOM, Downers Grove, IL

AAO Closes for President's Day

The AAO headquarters will be closed Monday, February 17, to commemorate President's Day. The staff opted to forego the traditional January Martin Luther King, Jr., holiday since the office had recently been closed for the holiday celebrations and the winter storms which hit Indianapolis the second week of January. The group rescheduled its January holiday for February 17. We appreciate your understanding and trust that this schedule will not present any inconvenience to you.
Attention Employers: PAAO Mixer to Provide Networking Opportunity

Are you looking to hire an NMM/OMM specialist? If so, the Postgraduate American Academy of Osteopathy (PAAO) would like to invite you to its annual mixer, which will take place from 4:30 to 6 p.m. on Wednesday, March 19, at the AAO Convocation in Colorado Springs, CO. It will be located in Broadmoor Hall E, right next to the exhibit hall. This event gives potential employers the chance to meet and greet NMM/OMM residents from around the country.

If interested, please send RSVP to attend the mixer to paaovicechair@gmail.com with your information. PAAO Vice Chair, Dr. Catherine Donahue, will introduce you to the resident body and allow you a few moments to discuss your opening. If you are not able to attend the AAO Convocation, please email your information to paaovicechair@gmail.com. The PAAO will compile a list of available positions and distribute it to its resident members. You do not want to miss this great networking opportunity!

Attention Resident PAAO members: PAAO Mixer to Provide Networking Opportunity

We would like to invite all Postgraduate American Academy of Osteopathy (PAAO) members to attend the annual PAAO mixer, which will take place from 4:30 to 6 p.m. on Wednesday, March 19, at the AAO Convocation in Colorado Springs, CO. It will be located in Broadmoor Hall E, right next to the exhibit hall. Light food will be served, and a cash bar will be available. Potential employers from around the country will have a chance to share job openings at the event. If interested, simply attend. Raffle tickets will be sold for various very popular OMT books. This is your chance to meet and greet with potential employers and other residents; you do not want to miss this great networking opportunity!

AAO Seeks Osteopathic Education Service (OES) Volunteers

Each year at Convocation, the Academy offers free Osteopathic Education Service (OES) sessions to program participants, including students, guests and exhibitors. The OES will be offered during Convocation Thursday, March 20, from 9 to 11:30 a.m. and from 2:30 to 4 p.m.; Friday, March 21, from 9 a.m. to noon and from 2 to 4 p.m.; and Saturday, March 22, from 9 a.m. to 12:30 p.m. The sessions are provided for educational purposes only, and not for medical treatment. Volunteers are encouraged to invite students to observe their techniques. However, the decision to allow others to be present during treatment sessions belongs to you and your educational subject.

Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter

Michael P. Rowane, DO, MS, FAAFP, FAAO
Paul Evans, DO, FAAFP, FACOFP

Drs. Evans and Rowane have designed this book for the primary care provider who wants a basic guide to managing commonly seen clinical problems that are amenable to musculoskeletal manipulation. The assessments and techniques presented are ideal for this situation. Both are rapid and efficient, and specifically designed for use during a 15-minute office visit. All chapters cover objectives, illustrative cases with answers, clear illustrations to highlight clinically important anatomic landmarks, assessment tips, treatment techniques, and key summary points. All photographs focus on critical elements of examination and treatment techniques for rapid review at the point of care, enhancing the rapid application of information.


Place your order in the AAO Bookstore at www.academyofosteopathy.org

*AAO Member: $89.95
*AAO Non-Member: $99.95
*Shipping not included in price
Your friends, colleagues and students will appreciate any time you can donate. In addition, physicians receive a ½ Category 1-B AOA credit for each person they treat! The OES will have a drawing at noon on Saturday. For every person a physician treats, his/her name will be added to a drawing for complimentary registration at the 2015 Convocation in Louisville, KY! If you treat 25 patients, you have 25 opportunities to win! The AAO prefers advance notice from osteopathic physicians who would like to volunteer but will accept volunteers on site. The OES will be located in the exhibit hall at Broadmoor Hall B at The Broadmoor. Volunteers must have their own professional liability coverage. If you are interested in volunteering, please contact Lauren Good at (317) 879-1881 or lgood@academyofosteopathy.org. As always, thank you for your participation and support!

Research Forum
You are invited to attend a research forum sponsored by the Louisa Burns Osteopathic Research Committee (LBORC) during the upcoming AAO Convocation in Colorado Springs, CO. We will have presentations from LBORC, the Student Osteopathic Academic Research (SOAR) group, Foundation for Osteopathic Research and Education (FORCE) and the Council on Research (COR) to raise awareness of the research resources available to you. We will also lead a networking discussion.

Whether you are an experienced researcher or trying to figure out how to get started with research, you are welcome to join us for this convivial and social event at The Broadmoor on Friday, March 21, at 5:30 p.m. Please RSVP to Debbie Cole at dcole@academyofosteopathy.org.

Dr. Greene Requests Interviews at Convocation
Charlotte H. Greene, PhD, invites Academy members to sign up for interviews to be conducted during the AAO Convocation in Colorado Springs. She encourages physicians to share recollections related to techniques and philosophy imparted to them by mentors and colleagues. The purpose of the project is to preserve the accounts of physicians who reflect the perspective of osteopathic physicians toward their profession; these accounts would otherwise be unavailable to their students and colleagues. Dr. Greene has collaborated with the Academy to publish these accounts in the AAO Member Newsletter and perhaps as a compendium of members’ stories down the road.

Muscle Energy Course - Featuring Sara (Sally) Sutton, DO

May 30–June 1, 2014 • Marian University College of Osteopathic Medicine

Course Description
This course on the Muscle Energy Model of osteopathic manipulation will be led by Sara E. Sutton, DO, FAAO. She is a 1953 graduate of (now) DMU, and was in Family Practice in Renwick and Fort Dodge, Iowa, from 1954 until 1988. As President of the American Academy of Osteopathy (AAO) in 1969-70 she hosted the first tutorial given by Fred L. Mitchell, Sr, DO, in March 1970 and assisted him in one tutorial before his death. She was subsequently appointed by the AAO to chair a committee to document what was unique about Dr. Mitchell’s work. Over a five-year period the committee developed the curriculum for three 40-hour courses and then served as faculty for future tutorials. Dr. Sutton has developed an organized structural exam for this model, as well as how to do a sequential total body osteopathic manipulation using the Muscle Energy Model. This will be a hands-on, How To Do MET conference.

CME: 20 hours of AOA Category 1-A credit are anticipated.

Course Times
Friday and Saturday: 8:00 am – 5:30 pm
Sunday: 8:00 am – 12:30 pm
Breakfast provided everyday. Lunch provided Friday and Saturday.

“Muscle Energy Technique is one of the most universal techniques we have -- it’s gentle, effective and time-efficient; Dr. Sutton changed how I looked a muscle energy in a half-hour of working with her”, says Richard G. Schuster, DO, is an associate professor in the OMM department at Marian University College of Osteopathic Medicine in Indianapolis and is faculty along with Dr. Sutton for this course.

Course Location
Marian University College of Osteopathic Medicine
3200 Cold Spring Road
Indianapolis, IN 46222
(317) 955-6000

Click here to register.
Interviews will take place during the AAO Convocation in Colorado Springs from Wednesday, March 19, through Saturday, March 22. To schedule your interview, contact Dr. Greene directly at (215) 871-5892 (Philadelphia College of Osteopathic Medicine); (610) 458-5855 (home); charlotte@pcom.edu; or send mail to C.H. Greene, PhD, Department of Neuroscience, Physiology and Pharmacology, PCOM, 4170 City Avenue, Philadelphia, PA 19131.

Convocation Features New and Returning Exhibitors
Please join us in welcoming the numerous exhibitors supporting the AAO 2014 Annual Convocation. Be sure to visit the exhibit hall located in Broadmoor Hall B next to the AAO Registration Desk. Many of your favorite companies, programs and institutions will be represented, as well as several new ones.

We have just a few booth spaces left to fill, so if you know of a company that would benefit from exhibiting, please direct them to this link (Exhibitor Prospectus) and ask them to complete the exhibitor agreement and return it to us as soon as possible. Here is a sneak peek of some of the exhibitors you can expect to see:

American Fascial Distortion Model Association
Assist-Tables
ATSU Museum of Osteopathic Medicine
Boards Boot Camp
Boiron
Books & Bones/Pacific Distributing
Combank Medical
DO-Touch.NET
Flexible Footwear Company
Foundation for Osteopathic Research and Continuous Education (FORCE)
Gebauer Company
The Gideons International
Guthrie/Robert Packer Hospital Family Medicine Residency Program
Herbalix Restoratives
Kiss Life, LLC
Lippincott Williams & Wilkins
Maine Dartmouth Residency Program
National Undergraduate Fellows Association
Osteopathic Cranial Academy
Osteopathic Integrative Medicine
Postdoctoral American Academy of Osteopathy
Student American Academy of Osteopathy
Sutherland Cranial Teaching Foundation
United Allergy Services
UNT Health Science Center

Osteopathic Considerations in Sports Medicine

June 13–15, 2014 • MWU/CCOM, Downers Grove, IL

Course Description
This course will outline a manipulative approach to common sports medicine injuries and conditions of the spine, upper extremity and lower extremity. The program will have a balanced content of didactic material and hands-on OMT workshops.

CME
20 hours of AOA Category 1-A CME credit are anticipated.

Course Times
Friday, 8:00 am to 5:30 pm
Saturday, 8:00 am to 5:30 pm
Sunday, 8:00 am to 12:30 pm

Course Location
MWU/Chicago College of Osteopathic Medicine
555 31st Street
Downers Grove, IL 60515

Program Chair
Kurt P. Heinking, DO, FAAO, is a 1994 graduate of Chicago College of Osteopathic Medicine, where he currently serves as Chair of the Department of Osteopathic Manipulative Medicine. He is board certified in Osteopathic Manipulative Medicine, Family Medicine and Sports Medicine, and has a private musculoskeletal medicine practice in Willowbrook, IL. Dr. Heinking is Program Chair of the AAO Sports Medicine course and serves on the Awards Committee.

Faculty
Mark McKeigue, DO, graduated from Chicago College of Osteopathic Medicine in 1977 and completed internship and residency programs at Chicago Osteopathic Hospital. He is currently in family practice in Orland Park, IL.

Click here to register.
AACOM Announces 2014 Annual Meeting

Osteopathic Medical Education: Keys to Success will be the theme of the American Association of Colleges of Osteopathic Medicine (AACOM) 2014 Annual Meeting, which will take place April 2–5 in Washington, DC. Sessions were designed to address contemporary issues and concepts seen throughout the osteopathic medical education continuum—from matriculation through practice readiness.

General topics will include scientific posters and presentations addressing how osteopathic medical colleges and their faculty members are establishing best practices in:

• curricular development and innovative curricular models;
• faculty development;
• health and wellness;
• teaching and learning milestone assessment;
• and leveraging technology in medical education.

The conference program extends over three days and is prefaced with a day of pre-conference workshops focusing on various hot and timely topics from across the osteopathic medical education community.

A keynote session, daily plenary speakers, and additional breakout sessions will highlight current national and international trends in medical education and will provide attendees with opportunities for engagement with highlighted speakers and your professional colleagues.

Click here to view the meeting program.

Click here to register, or call Beth Martino at (301) 968-4189. Please note that if you've already registered for the meeting, you can still sign back in and add a pre-conference workshop to your online registration. (Source: AACOM website 01/20/2014.)

News from the AOA

Share your Mentoring Programs and Resources

Mentoring is an important and effective way to keep the osteopathic culture strong now and for future generations of physicians. In an effort to stay informed of current mentoring practices throughout the profession, we ask that you share with us what types of mentoring programs and/or resources your organization offers to pre-meds, osteopathic medical students, interns/residents and new physicians. Please email Kaitlin Baril at kbaril@osteopathic.org with any updated information.

Announcement from CMS: ICD-10 Testing Week is March 3–7, 2014—Contact Your Medicare Contractor to Register.

On October 1, 2014, the ICD-9 code sets used to report medical diagnoses and inpatient procedures will be replaced by ICD-10 code sets. To help you prepare for this transition, CMS announces a national testing week for current direct submitters (providers and clearinghouses) March 3–7, 2014. This testing week will give trading partners access to the Medicare Administrative Contractor’s (MACs) and Common Electronic Data Interchange (CEDI) for testing with real-time help desk support. The event will be conducted virtually. Registration is required.

What you can expect during testing:

• Test claims with ICD-10 codes must be submitted with current dates of service (i.e. October 1, 2013, through March 3, 2014), since testing does not support future dated claims.
• Test claims will receive the 277CA or 999 acknowledgement as appropriate, to confirm that the claim was accepted or rejected in the system.
• Testing will not confirm claim payment or produce remittance advice.
• MACs and CEDI will be staffed to handle increased call volume during this week.

More information is available in MLN Matters® Article MM8465, “ICD-10 Testing with Providers through the Common Edits and Enhancements Module (CEM) and Common Electronic Data Interchange (CEDI).”

Aetna Agrees to Approximately $120M Payout: File No Later Than March 28, 2014

Aetna Inc. agreed to settle a class action lawsuit that alleged the insurer used a flawed database to reimburse out-of-network providers. According to the lawsuit, the Ingenix database consistently understated the “usual,
SAAO is Looking for You at Convocation!

The 2014 AAO Convocation is upon us! SAAO had a blast in Orlando, Florida! SAAO members gained experience, connections, and mentorship from the field’s top osteopaths. The Executive Board of SAAO would like to personally thank all Osteopathic Physicians for their dedication to the students. We truly appreciate your dedication and expertise.

Convocation does not happen overnight. SAAO knows that the dedication of physicians and AAO staff guide the success of each and every Convocation! We ask that you, the present osteopathic leaders provide assistance to our futures as others have invested in you. Here is how you can help at each event!

A. Hollis Wolf Case Presentation Competition:
   - BE a JUDGE!  We need you on the judges’ panel! We need that vast expertise.
   - MAKE a DONATION!  Help reward the top six presenters!

Vicki Dyson Scholarship Program:
   - BECOME a PRECEPTOR  3rd & 4th Year Medical Students at each school have a chance to WIN a scholarship for an approved NMM/OMM elective rotation!

Evening with the Stars:
   - BECOME a STAR!  Earn CME credits! Pass on that brilliance!

SAAO Auction:
   - OUTBID!  Outbid your colleagues on Osteopathic Memorabilia!
   - DONATE!  Support SAAO by donating Osteopathic Memorabilia!
   - LEGACY is EVERYTHING!  Provide your FAAO signature for The Legacy Treatment Table!

SAAO Student Mixer:
   - BE a HERO!  Donate funds to the SAAO Student Mixer! Support the future of osteopathy!

We are the future of the American Academy of Osteopathy! We thank you for everything you do as a leader in osteopathy! We appreciate your continued support. You move us forward! Contact the AAO Staff at (317)879-1881 to help out.

Cheers,
Joseph Lewis, OMS-III
SAAO Vice Chair, Executive Council
University of Pikeville - Kentucky College of Osteopathic Medicine
customary and reasonable” rates. These understated rates triggered providers to be under-reimbursed and subscribers to have higher out-of-pocket expenses. The Aetna Out-of-Network Class Action Lawsuit Settlement forms were mailed to physicians and subscribers in late December 2013. The documents include the notice of the proposed settlement, instructions for filing a proof of claim and the claim form. The completed proof of claim form should be postmarked no later than March 28, 2014, and sent to the Settlement Administrator at Aetna UCR Litigation, c/o Berdon Claims Administration LLC, P.O. Box 15000, Jericho, NY 11535-0001. Class counsel, Whatley Kallas LLP, has summarized the settlement forms to make filing a claim easier. Visit the settlement website at http://aetnaucrsettlement.com/ for additional information.

Medicare EHR Incentive Program Attestation Deadline
If you are participating in the CMS Medicare Electronic Health Record (EHR) Incentive Program, you have until Feb. 28, 2014, to attest to demonstrating meaningful use of the data collected during the reporting period for the 2013 calendar year. You must attest by 11:59 p.m. Eastern time on Feb. 28 to demonstrate meaningful use. If you are participating in the Medicaid EHR Incentive Program, please refer to your state’s deadlines for attestation information.

Has the Flu Hit Your Practice Harder than Anticipated?
Continue Seasonal Flu Vaccination through January and Beyond
Seasonal influenza activity is increasing in parts of the United States and is expected to continue to increase across the country in the coming weeks. As long as flu viruses are circulating, flu vaccine can still offer protection. The Centers for Disease Control and Prevention (CDC) urges individuals not yet vaccinated to get their flu vaccine now. With each office visit, health care professionals should continue to assess patient vaccination status. For patients who haven’t received the seasonal flu vaccine, encourage vaccine usage by discussing the benefits and importance of flu vaccination, offer to vaccinate, or refer to a vaccine provider when appropriate. As a reminder, generally, Medicare Part B covers one influenza vaccination and its administration each influenza season for Medicare beneficiaries without co-pay or deductible. Note: The influenza vaccine is not a Part D-covered drug.

For more information on coverage and billing of the influenza vaccine and its administration, please visit:

MLN Matters® Article #SE1336, “2013–2014 Influenza (Flu) Resources for Health Care Professionals.”

While some providers may offer flu vaccines, those that don’t can help their patients locate flu vaccines within their local community. The HealthMap Vaccine Finder is a free online service where users can search for locations offering flu and other adult vaccines.

Free Resources can be downloaded from the CDC website, including prescription-style tear-pads that will allow you to give a customized flu shot reminder to patients at high risk for complications from the flu.

2014 AOA Webinar Schedule
March 19 – Quality Measurement 101: What Providers Need to Know about CMS Quality Programs. Register now!
April 16 – What is the Direct Project? Register now!
May 21 – Administrative Simplification and eHealth: What Providers Need to Know. Register now!

ICD-10 Q & A
Question: What type of training will providers and staff need for the ICD-10 transition?

Answer: The American Health Information Management Association (AHIMA) recommends training begin no more than six to nine months before the October 1, 2014, compliance deadline. Training needs will vary for different organizations, but it is projected to take 16 hours for outpatient coders and 50 hours for inpatient coders.

Coders in physician practices will need to learn ICD-10 diagnosis coding only, while hospital coders will need to learn both ICD-10 diagnosis and ICD-10 inpatient procedure coding. Take into account that ICD-10 code training may be integrated into the CEUs that certified coders need to maintain their credentials. Go to osteopathic.org for more resources on ICD-10.
Golden Ram Donations Campaign Year

AAO members’ “dues check-off” donations to the Golden Ram Society have begun to build the foundation of the 2013–2014 campaign. The Academy’s leadership encourages all members to support this annual fundraising program. As of Jan. 27, 2014, 84 donors have contributed a total of $23,361—66 percent of the $35,000 goal. Thanks to all for their loyal support!

Golden Ram donations can be made online by logging on to www.academyofosteopathy.org. Click “Contribute” in the left-hand column, select the appropriate donation category and enter the exact amount of your contribution. The AAO leadership hopes this system will ease your ability to donate to the Academy. Keep in mind you can also make a recurring monthly donation of $25 or more. Call Sherri L. Quarles at (317) 879-1881 to set up your rolling donation today!

**Presidential Club $2,500 or more**

Anthony G. Chila, DO, FAAODist, FCA

**A.T. Still Club—$1,000–$2,499**

John Evan Balmer, DO & Patricia Balmer

Boyd R. Buser, DO

Haifan Chen, DO

Robert E. Kappler, DO, FAAODist

Gary L. Ostrow, DO

Akiyoshi Shimomura, (Japan)

**T.L. Northup Club—$500–$999**

Stephen Patrick Cavanaugh, DO

Hugh M. Ettlinger, DO, FAAO

William J. Garrity, DO, MPH

David B. Hagie, DO

Huy Kim Hoang, DC, MD

John M. Jones, DO

T. Reid Kavieff, DO

Tim Mosomillo, DO

David D. Musgrave, DO

Jeanne R. Roll, MD

Edward G. Stiles, DO, FAAO

**Louisa Burns Club—$250–$499**

Dennis A. Burke, DO

Gregory Craddock, DO

Jackson Friedman, DO

John Mark Garlitz, DO

Mikhail Gleyzer, DO

Jacey Elizabeth Goddard, DO

Sharon Gustowski, DO

Donald V. Hankinson, DO

Adrienne Marie Kania, DO

Tamara M. McReynolds, DO

Candace Nowak, DO

Sonia Rivera-Martinez, DO

Sandra L. Sleszynski, DO, FAAO

Sheldon C. Yao, DO & Melissa M. Ventimiglia, DO

**Vicki Dyson Club—$100–$249**

Keith R. Barbour, DO

Stephen D. Blood, DO, FAAODist, FCA

Michael Aaron Chipman, DO

Richard Chmielewski, DO

Maria A. Coffman, DO

R. Todd Dombroski, DO & Jessica Dombroski

Edward R. Douglas, DO

Stephen M. Ellestad, DO

J. Yusuf Q. Erskine, DO

Paula L. Eschtruth, DO, FCA

Hannah M. Eucker, DO

Catherine L. Ferrara, DO

Jерel H. Glassman, DO

Sherman Gorbis, DO, FAAO

Mark R. Gugel, DO

Eric Alexander Hegybeli, DO

Paul K. Hume, ND, DO (New Zealand)

John H. Juhl, DO

Michael Z. Kuschelewski, MD (Poland)

Carol L. Lang, DO

Richard C. MacDonald, DO

Doris Bernice Newman, DO

**Vicki Dyson Club (cont’d.)**

Pierre Duby, DO (UK)

Barry Stephen Rodgers, DO

Daniel A. Ronsmans, DO

Mark E. Rosen, DO

Eric L. Schneider, DO

Alice R. Shanaver, DO

Wendy S. Neal, DO, ND

Sun F. Pei, DO

Therese Marie Scott, DO

Dr. med. Ralph Schuerer, DOM (Germany)

David E. Teitelbaum, DO

Negash K. Tesemma, DO

**Supporter—Up to $99**

Charles A. Beck, DO, FAAO

Joel Berenbeim, DO

Kathryn E. Calabria, DO

Josephine A. Conte, DO

Tom Esser, DO

Steven T. Fosmire, DO

Ellie Anna Griffin, DO

Laura Liles, DO

Ramona A. Miller, DO

Merideth C. Norris, DO

Benjamin Neil Paschklles, DO

Joy L. Palmer, DO

Stacey L. Pierce-Talsma, DO

Jana H. Prevrastka (Canada)

Bradley D. Rosen, DO

Ian Schofield, DO (UK)

Heather A. Sharkey, DO & Jason Weymouth

Brian M. Walters, DO
HIPAA Q & A

Question: What is a covered entity?

Answer: For purposes of the Rule, “covered entities” are health plans, health care clearinghouses and health care providers that transmit health information in electronic form as part of a transaction covered by the HIPAA electronic transaction standards. A HIPAA electronic transaction is the electronic transmission of information between two parties to carry out the financial or administrative activities related to health care, including but not limited to: health care claims or equivalent encounter information; health care payment and remittance advice; coordination of benefits; health care claim status; eligibility for a health plan; and referral certification and authorization. Go to osteopathic.org for resources on HIPAA.

Something You Should Know: Transitioning to ICD-10 Can’t Be Done Overnight

Transitioning to ICD-10 can’t be done overnight. However, the Professional Association of Healthcare Coding Specialists (www.pahcs.org) has verified that professional coders can learn how to use ICD-10 in a couple of hours. According to PAHCS most of the conventions used for deciding which code to use and how to find them are almost identical between ICD-9 and ICD-10. Providers, insurance companies and coders in the U.S. have been using ICD-9 since it was published by the World Health Organization (WHO) in 1978. Physicians are comfortable documenting to ICD-9 standards. ICD-10 represents a major change, and change is never easy. Start learning the ICD-10 codes and using ICD-10 documentation standards now so mistakes can be made, found and fixed. Waiting to make or fix these mistakes till ICD-10 codes go into effect on October 1, 2014, will cause reimbursement issues. START NOW! The National Director of PAHCS, Lee Browder, provided the above messaging regarding ICD-10. Visit www.pahcs.org/content/icd-10-cm-information for additional information on PAHCS or to read the full article. Also visit the AOA website at www.osteopathic.org/ICD-10 for educational resources on ICD-10.

2014 CMS Outpatient Therapy Cap

The Centers for Medicare and Medicaid Services (CMS) announced that the annual therapy cap for 2014 will increase from $1,900 per beneficiary to $1,920 per beneficiary for physical therapy and speech language pathology services combined. Occupational therapy services also saw the increase to $1,920. New in 2014 is that Critical Access Hospitals (CAHs) must also abide by these therapy caps. For additional information refer to MLN Matters Article MM8407.

Lighting the Flame of Knowledge.

Philadelphia College of Osteopathic Medicine (PCOM) brings to light a rich tradition of excellence in education and leadership. Currently, the Georgia Campus—Philadelphia College of Osteopathic Medicine, in the greater Atlanta area, has the following exciting positions available:

Faculty Position: Department of Osteopathic Manipulative Medicine

Full time faculty position in the Department of Osteopathic Manipulative Medicine. This individual will be expected to teach osteopathic medical students in both lecture and laboratory sessions in all four years of the curriculum, see patients and develop an outpatient clinic for M-3 month long rotation, plan and supervise OMM Inpatient Student Service, assist in preparation of OMM video clips and tutorials, participate in existing research and initiate new OMM research, assist in planning and production of new publications, and assist in planning and supervision of the OMM Residency. The successful applicant will have a D.O. degree and proficiency in osteopathic manipulative medicine. The candidate needs to have or be eligible for a license to practice Osteopathic Medicine in the State of Georgia. Board Certification or eligibility by the AOBNMM or AOBSPOMM is required. Additional Board Certification or eligibility by the AOBFM is desirable. The review of applications will begin immediately and continue until the position is filled. Salary for this position will be commensurate with experience and qualifications.

Clinical Education Coordinator

Seeking qualified Osteopathic Physician for a full-time Clinical Education Coordinator. This full time position reports to the Chair of Undergraduate Clinical Education. This individual will be responsible as the Director of the Advanced Clinical Skills Program. He/She will supervise the Clinical Adjunct Faculty’s participation in the didactic educational programs and assist the Chair in management of the Clinical Clerkship program. Minimum of five years in a clinical practice. Experience in clinical education as a Clerkship Director, Program Director, Didactic Educator, or similar activities. Must be Board Certified in a Primary Care specialty.

To apply for these positions, send via E-mail a personal statement describing interest in and qualifications for this position, a curriculum vitae, and names and addresses of three references, preferably from current or former supervisors.

All inquiries must include salary requirements and should be directed to: Department of Human Resources, GA-Campus, 625 Old Peachtree Road, Suwanee, GA 30024, Call (678) 225-7515; Fax (678) 225-7519; Email: hr@pcom.edu EOE
Michigan Osteopathic Association Recognizes National Winter Sports Traumatic Brain Injury Awareness Month

Osteopathic physicians offer tips on how to prevent and identify brain injury

Okemos, Mich.—Almost one-half of winter sports injuries in children are head injuries, according to the National Pediatric Trauma Registry. The CDC reports traumatic brain injury (TBI) as a leading cause of death and disability among children and young adults in the United States.

The sobering statistics don't end with children. The American Academy of Neurology estimates 20,000 to 30,000 brain injuries are sustained each year during winter sports activities like skiing, ice skating and sledding.

The Michigan Osteopathic Association (MOA) advocates for the prevention of these injuries by offering the following tips:

- Use good judgment; avoid dangerous situations and trying things beyond your ability to remain in control.
- Wear certified protective gear and use well-maintained, safe equipment.
- Participate in winter sports with a group or using the buddy system.
- Check recreational areas for potentially dangerous elements like trees or fence posts.

Further, the MOA encourages you to seek professional help, even after a simple fall involving the head, if the following symptoms are experienced:

- memory issues;
- significant or prolonged headache;
- imbalance;
- prolonged dizziness or vertigo;
- double vision;
- nausea or vomiting;
- distinct mood swings;
- sleep issues;
- any experiences that relate to sustained loss of consciousness, significant arm or leg weakness or progressive neurological symptoms requiring urgent attention following head trauma.

About the MOA

The Michigan Osteopathic Association represents more than 8,000 osteopathic physicians and students and promotes osteopathic medicine in Michigan by shaping the health care delivery system to better serve the community. To learn more about the MOA and osteopathic medicine, visit the MOA website at www.mi-osteopathic.org.
February 15-19, 2014
Midwinter Introductory Course in Osteopathy in the Cranial Field
Course Director: Zina Pelkey, DO
Holiday Inn, Lake Buena Vista, FL
CME: 40 Category 1-A AOA credits anticipated
Phone: (317) 581-0411 • Fax: (317) 580-9299
Email: info@cranialacademy.org
Website: www.cranialacademy.org

February 21-23, 2014
Key Elements in Effective Osteopathic Practice
Course Director: Rachel Brooks, MD
Holiday Inn, Lake Buena Vista, FL
Phone: (317) 581-0411 • Fax: (317) 580-9299
Email: info@cranialacademy.org
Website: www.cranialacademy.org

April 10-13, 2014
Orthopedic Neurology
Course Director: Maurice Bensoussan, MD, DO, FCA
Associate Director: R. Paul Lee, DO, FAAO, FCA
Holiday Inn, Lake Buena Vista, FL
Phone: (317) 581-0411 • Fax: (317) 580-9299
Email: info@cranialacademy.org
Website: www.cranialacademy.org

May 1, 2014
Indiana Academy of Osteopathy Preconference OMT Workshop: “The Principles of Muscle Energy Diagnosis”
French Lick Resort, French Lick and West Baden, IN
CME: 8 Category 1-A hours anticipated
Phone: (317) 926-3009
Website: www.inosteo.org

May 2 - 4 2014
Indiana Osteopathic Association 117th Annual Convention
French Lick Resort, French Lick and West Baden, IN
CME: 25 Category 1-A hours anticipated
Phone: (317) 926-3009
Website: www.inosteo.org

May 6–10, 2014
The American Osteopathic Association of Prolotherapy Regenerative Medicine’s Spring 2014 Training Seminar & Conference
Marriott Country Club Plaza, Kansas City, MO
CME: 34 Category 1-A AOA credits anticipated
Phone: (302) 530-2489
Email: lindapavina@verizon.net
Website: www.prolotherapycollege.org/Training.html#Fall

June 14-18, 2014
June Introductory Course in Osteopathy in the Cranial Field
Course Director: Eric J. Dolgin, DO, FCA
Sheraton Indianapolis City Centre, Indianapolis, IN
Phone: (317) 581-0411 • Fax: (317) 580-9299
Email: info@cranialacademy.org
Website: www.cranialacademy.org

June 19-22, 2014
Osteopathic Cranial Academy Annual Conference: Beyond Sutherland’s Minnow: Anatomy, Perception and Treatment
Conference Director: Melvin R. Friedman, DO
Sheraton Indianapolis City Centre, Indianapolis, IN
Phone: (317) 581-0411 • Fax: (317) 580-9299
Email: info@cranialacademy.org
Website: www.cranialacademy.org

July 14–July 18, 2014
Expanding Osteopathy into the Cranial Field: Viola M. Frymann Basic Course
Program Chair: Ray Hruby, DO
American Academy Of Pediatric Osteopathy with Osteopathy’s Promise To Children, San Diego, CA
CME: 40 Category 1-A AOA credits anticipated
Website: www.the-promise.org

July 19–21, 2014
Intensive Course in Pediatric Osteopathy
Program Chair: Shawn K. Centers, DO
American Academy Of Pediatric Osteopathy with Osteopathy’s Promise To Children, San Diego, CA
CME: 24 Category 1-A AOA credits anticipated
Website: www.the-promise.org