The American Academy of Osteopathy will offer a didactic program at the American Osteopathic Association’s 119th annual Osteopathic Medical Conference and Exposition (OMED), which will be held Oct. 25-29 in Seattle.

When you register for OMED, remember to register as a member of the Academy. When you do so, a portion of your registration fee goes toward funding the AAO program at OMED. In addition, up to 22 of the continuing medical education credits you earn at OMED will count as neuromusculoskeletal medicine credits for NMM board certification and osteopathic continuous certification if you register for the Academy’s program.

Titled “Get Your Osteopathic Hands ON!” this year’s AAO program will be devoted to hands-on learning. With plenty of time, tables and table trainers to facilitate learning, each session will allow participants to both refresh their skills and learn new and exciting techniques. Some of the exciting topics that will be covered include osteopathic manipulative treatment for child athletes, yoga for patients with repetitive use injuries, and kinesiotaping (complete with tape for practice).

### Topics and Speakers

#### Sunday, Oct. 26

**9:45 to 10 a.m.**
Welcome by Heather P. Ferrill, DO, AAO program chair

**10 to 11 a.m.**
Workshop: “Five-Minute OMM for Headache” by Millicent King Channell, DO, FAAO

**11 to 11:30 a.m.**
Thomas L. Northup Memorial Lecture: “Are We Ready to Lead?” by Judith A. O’Connell, DO, MHA, FAAO

#### Joint session with AAO and ACOFP

**1:30 to 5:30 p.m.**
Workshop: “OMT for the Family Physician” by Gregory Ahern Thompson, DO, and Kevin D. Treffer, DO

#### Monday, Oct. 27

**8 to 9:30 a.m.**
“Yoga for the Repetitive Use Injury” by Stacey Pierce-Talsma, DO

**10 to 11:30 a.m.**
“Kinesiotaping” by Guy A. DeFeo, DO

**Joint session ends**

**2 to 3:30 p.m.**
Workshop: “Traditional Approaches to Diagnosing and Treating the Key Lesion” by Richard Gordon Schuster, DO

**4 to 5:30 p.m.**
Workshop: “An Osteopathic Approach to Neck and Upper Extremity Pain” by Laura E. Griffin, DO, FAAO

### Academy’s FORCE Co-sponsors OMED Empathy Seminar

The AAO’s foundation, the Foundation for Osteopathic Research and Continuous Education (FORCE), is orchestrating a one-day seminar on empathy in collaboration with the American Osteopathic Association and the Cleveland Clinic Foundation. Scheduled from 9:15 a.m. to 5:30 p.m. on Sunday, Oct. 26, the session is titled “Osteopathic Patient-Centered Care in the 21st Century: Empathy, Mindfulness and Advanced Communications.”

Using empathy research published in the December 2013 issue of *The Journal of the American Osteopathic Association* as a starting point, this seminar will explore evidence that currently exists and future research options for comparing empathy scores of graduates of osteopathic medical schools against those of allopathic medical schools.

Among the seminar speakers will be four of the five authors of the *JAOA’s* December 2013 empathy article: Leonard H. Calabrese, DO, of the Cleveland Clinic; Joseph A. Bianco, PhD, of the Ohio University Heritage College of Osteopathic Medicine in Athens; Mohammadreza Hojat, PhD, of the Sidney Kimmel Medical College at Thomas Jefferson University in Philadelphia; and David J. Massello, the vice president of FORCE.

The seminar is anticipated to offer up to 6.5 credits of AOA Category 1-A continuing medical education and up to 6.5 AMA PRA Category 1 Credits™.