

# VISCEROSOMATIC RELEASE: A SYSTEMIC MODEL FOR NEUROMUSCULOSKELETAL MEDICINE

Feb. 22-24, 2019 • UNTHSC Texas College of Osteopathic Medicine in Fort Worth

## Course Description

This course is designed to enhance attendees' palpatory skills (tissue texture, asymmetry and restriction of motion of both somatic and visceral interconnected structures); enhance knowledge of related somatic/visceral anatomy with fascial continuity via TCM Energy Channel mapping; and provide a framework for cross-organ symptomatology and somatic dysfunction, bridging gaps between internal medicine subspecialties and neuromusculoskeletal medicine.

## Prerequisite

Registrants should have completed a basic cranial course and have a grounding in balanced ligamentous tension, ligamentous articular strain and visceral techniques.

## Course Times

Friday and Saturday from 8 a.m. to 5:30 p.m.  
Sunday from 8 a.m. to 12:15 p.m.

## Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated.

## Meal Information

Morning coffee and tea will be provided. Lunch will be provided Friday and Saturday. Notify AAO Event Planner [Gennie Watts](#) of any special dietary needs no fewer than seven days in advance.

## Course Location

UNTHSC Texas College of Osteopathic Medicine  
3500 Camp Bowie Blvd., MET – 470 Lab  
Fort Worth, TX 76107

## Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

## Course Director

**John P. Tortu, DO**, graduated from the Philadelphia College of Osteopathic Medicine in 2000. He spent 17 years in private practice, and in 2009, he developed the viscerosomatic release (VSR) concept. Since then, Dr. Tortu has presented the VSR concept to a multitude of audiences, including at the AAO's 2014 Convocation in Colorado Springs, at the Michigan State University College of Osteopathic Medicine in East Lansing and at the University of North Texas Health Science Center Texas College of Osteopathic Medicine in Fort Worth. A 2017 case report published in *The AAO Journal* detailed how the authors adapted the VSR concept as described by Dr. Tortu to address Sindig-Larsson-Johansson syndrome in a pre-teen athlete, noting the safe and effortless treatment reversed the need for a surgery.



Registration Fees	On or before Dec. 17, 2018	Dec. 18, 2018– Feb. 14, 2019	On or after Feb. 15, 2019
Academy member in practice*	\$910	\$960	\$1,160
Resident or intern member	\$710	\$760	\$960
Student member	\$510	\$560	\$760
Nonmember practicing DO or other health care professional	\$1,210	\$1,260	\$1,460
Nonmember resident or intern	\$1,010	\$1,060	\$1,260
Nonmember student	\$810	\$860	\$1,060

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

## Registration Form

### Viscerosomatic Release: A Systemic Model for Neuromusculoskeletal Medicine

Feb. 22-24, 2019

Name: \_\_\_\_\_ AOA No.: \_\_\_\_\_

Nickname for badge: \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

- I am a practicing health care professional.
- I am a resident or intern.
- I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: \_\_\_\_\_

Cardholder's name: \_\_\_\_\_

Expiration date: \_\_\_\_\_ 3-digit CVV No.: \_\_\_\_\_

Billing address (if different): \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: \_\_\_\_\_

View the [AAO's cancellation and refund policy](#).

View the [AAO's photo and video release statement](#).



Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to [GWatts@academyofosteopathy.org](mailto:GWatts@academyofosteopathy.org); by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

