This course will:

- provide basic and refresher knowledge and skills for program directors and core teaching faculty who supervise osteopathic manipulative treatment (OMT) in clinics.
- help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies.
- be valuable for clinicians interested in adding OMT to their skill set.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articulatory techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of Greenman’s Principles of Manual Medicine, 5th edition.

**Course Director**

Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook Greenman’s Principles of Manual Medicine. A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine.

**Travel Arrangements**

Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

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**Registration Fees**

<table>
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<th>On or before April 30, 2019</th>
<th>May 1–May 30, 2019</th>
<th>On or after June 1, 2019</th>
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<td>Academy member in practice*</td>
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* The AAO’s associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

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**Registration Form**

Introduction to Osteopathic Manipulative Medicine  
June 13-16, 2019

Name: ___________________________ AOA No.: __________

Nickname for badge: ____________________________

Street address: ____________________________

Phone: __________________ Fax: __________________

City: __________________ State: _____ ZIP: __________

Email: ________________________________

By registering for this course, you agree to abide by the AAO’s code of conduct, photo and video release, and cancellation policy.

Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.