# Muscle Energy Course

**May 30–June 1, 2014**  
Marian University College of Osteopathic Medicine

## Course Description

This course on the Muscle Energy Model of osteopathic manipulation will be led by Sara E. Sutton, DO, FAAO. She is a 1953 graduate of (now) DMU, and was in Family Practice in Renwick and Fort Dodge, Iowa, from 1954 until 1988. As President of the American Academy of Osteopathy (AAO) in 1969-70 she hosted the first tutorial given by Fred L. Mitchell, Sr, DO, in March 1970 and assisted him in one tutorial before his death. She was subsequently appointed by the AAO to chair a committee to document what was unique about Dr. Mitchell’s work. Over a 5-year period the committee developed the curriculum for three 40-hour courses and then served as faculty for future tutorials. Dr. Sutton has developed an organized structural exam for this model, as well as how to do a sequential total body osteopathic manipulation using the Muscle Energy Model. This will be a hands-on, How To Do MET conference.

## CME

20 hours of AOA Category 1-A credit are anticipated.

## Course Times

- **Friday and Saturday:** 8:00 am – 5:30 pm
- **Sunday:** 8:00 am – 12:30 pm

Breakfast provided everyday. Lunch provided Friday and Saturday.

## Travel Arrangements

**Contact Tina Callahan** of Globally Yours Travel at (800) 274-5975 or globallyyourstravel@cox.net.

**Richard G. Schuster, DO, Program Chair**

Dr. Schuster joined the Marian University College of Osteopathic Medicine in 2013, as an associate professor in the Department of Osteopathic Manipulative Medicine. He attended the Ohio University College of Osteopathic Medicine, graduating in 1994, after completing a fellowship in Osteopathic Principles and Practice. He completed a residency in family medicine at Firelands Regional Medical Center in Sandusky, Ohio, and a fellowship in sports medicine at the Toledo Hospital in Toledo, Ohio. He served two years aboard USS Frank Cable as medical department head, and one year as head of the Sports Medicine and Rehabilitation Team for Recruit Training Command, United States Navy. Dr. Schuster’s academic interests include musculoskeletal medicine, biomechanics, and functional anatomy, with particular emphasis in how the body transmits and organizes information to coordinate movement.

## Course Location

Marian University College of Osteopathic Medicine  
3200 Cold Spring Road  
Indianapolis, IN 46222  
(317) 955-6000

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### Registration Form

**Muscle Energy Course**  
May 30–June 1, 2014  
Marian University College of Osteopathic Medicine

Name: ___________________________ AOA#: ___________________________

Nickname for Badge: ___________________________

Street Address: ___________________________

City: ___________________________ State: ______ Zip: ___________

Phone: ___________________________ Fax: ___________________________

E-mail: ___________________________

By releasing your fax/e-mail, you have given the AAO permission to send marketing information regarding courses to your fax or email.

Billing Address (if different): ___________________________

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### *Registration Rates*

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The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: ___________________________

Cardholder’s Name: ___________________________

Expiration Date: ___________________________ 3-digit CVV# __________________

I hereby authorize the American Academy of Osteopathy® to charge the above credit card for the full course registration amount.

Signature: ___________________________

Click here to view the AAO’s Cancellation and Refund Policy.

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Please submit registration form and payment via mail to the American Academy of Osteopathy,

3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.

Or register online at www.academyofosteopathy.org.